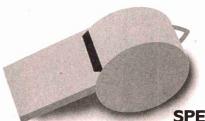
YMOUT

BLOWING THE WHISTLE



Officiating ranks take a hit

SPECIAL REPORT, B1

THURSDAY 03.31.16 II HOMETOWNLIFE.COM II PART OF THE USA TODAY NETWORK

P-CCS superintendent outlines budget goals

Joanne Maliszewski Staff Writer

As planning for a new district budget winds up, Plymouth-Canton Community Schools interim Superintendent Monica Merritt is looking at how the positions in central

office shape up to meet school board goals. "I think we have a window

to get things right," said Mer-ritt, who in February was appointed superintendent, effective June 30, when former Superintendent Michael Meissen's contract expires.

Merritt

Merritt's appointment was

one of a number of goals and objectives set by the board at a February governance meeting. Providing time for Merritt to review the existing cadre of positions in the district's central office, as well as appointing an interim human resources manager - Merritt was assistant superintendent of human resources and labor relations - are among board

Other goals include a budget balanced and spending management and improving the climate and culture of the district, including employee engagement and customer

"I'm not looking to create new FTEs (full-time equivalent employees)," Merritt told the Observer recently.

During Meissen's tenure as superintendent, he created a regional-type of governance at the board office with three regional directors over designated areas in the district. During last year's budget process, two of the regional positions were eliminated. Kay Elaster, who was the third

See GOALS, Page A2

EGGS-TRADORDINARY



KELLY DOBSON

Gavin Novak, 5, of Plymouth has more than one use for his Easter basket.

More than 400 kids hunt for eggs at annual Lions event

> **Danielle Alexander** Staff Writer

More than 400 kids had an eggstraordinary time Saturday collecting eggs at the annual Plymouth Lions Club Easter egg hunt for children 10 and under at Plymouth Township

Event chair Jo Ellen Hincker said

MORE INSIDE

Turn to page A3 for more photos.

the event went "very well" and had

more than 400 children in attendance. The children, who were encouraged to bring baskets for their findings, were divided into age groups of 3 and under, 4-6, 7-8 and 9-10.

In addition to the egg hunt, the Kid-Sight program set up a special hightech camera to take pictures of children's eyes to detect early eye diseases for free immediately after the event. To attract more parents and children, this was located near the prize tables this year and 18 children took advantage.

"KidSight is a wonderful, wonderful program," Hincker said. "They've done it at the library and gone into schools, too. It's really something.'

The hunt was free, but donations were welcome. Collection boxes were also available, since the Lions Club collects used or unwanted eye glasses, cellphones and hearing aids.

Woman turns childhood tragedy into motivation

Sharina Jones still remembers how small rocks and hot pavement felt to her bare feet on the last day she could walk.

Only 5 years old, she had accompanied her older sister Kimberly, 14, to babysit two neighbor children when one of them, a 7-year-old boy, walked into the room holding his parents' .22-caliber handgun.

He pointed it at her and told her to run.

"I got up to run and he pulled the trigger," Jones said, recalling that day.

It was a tragic moment that left her unable to walk. She

persevered with strong family support and learned to dress herself, play wheelchair basketball and swim.

Now, at age 36, Jones is an author, power-lifter, businesswoman and former Ms. Wheelchair Michigan who, with husband Grover Jones III, is raising an 8-month-old son, Grover Jones IV.

"He's the light of my life and our life," she said. Jones, who lives in Mundy

Township, brought her story of courage and achievement to the Canton Public Library, where two of her best friends, Tisha Pate and Kathy Dresser,

See JONES, Page A2



BILL BRESLER | STAFF PHOTOGRAPHER

Sharina Jones talks about her life after a gunshot at age 5 left her unable to walk.

Plymouth Township teen gets prison in murder plot

Robert Allen Michigan.com

At an age when most kids are thinking about graduating from high school and heading to college, Roksana Sikorski only has prison to look forward to for the next 10-20 years of

While her former classmates in the Plymouth-Canton Community Schools district are enjoying spring break this week, the waifish 17-year-old sat Monday trembling in a chair in the middle of a Wayne County courtroom, handcuffed and attired in an orange jail jumpsuit, waiting to hear the judge pronounce his sentence.

Sikorski was only 15 in October 2014, when she plotted with an adult boyfriend to kill her family inside their Plymouth Township home in what the county prosecutor called a "truly haunting" plan. She got a fish fillet knife, sneaked into her 12-year-old brother's room, put her hand over his mouth and put a knife to his throat. As he reacted, the knife cut deep into his flesh.

The boy screamed, alerting the rest of the family. Sikorski dropped the knife and fled outside, where her then 23vear-old boyfriend - who police say had been texting her instructions on how to carry out the killings — was waiting. They were soon arrested.

Despite being the target of the plot, Laurene and Jeff Sikorski have stood firmly behind their daughter from the start, even hiring an attorney to represent her. They said the teen - who stands 4-foot-8 and weighs 95 pounds - suffered from depression and was manipulated by her older boy-

Sikorski's parents adopted her and two siblings from Poland more than a decade ago after the children endured an abusive early childhood. They say her co-defendant, Michael Rivera, now 24, coerced her into the conspiracy, and they blame law enforcement for not arresting him sooner after he had illegal sex with her.

"She's in desperate need of continued psychological help,' Laurene Sikorski told the court Monday before sentencing. "She is still fragile and an adult prison would shatter her del-

See PRISON, Page A2



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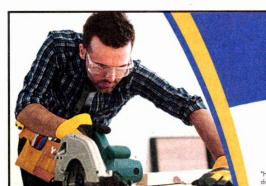
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JONES

Continued from Page A1

sat in the audience.

born," Pate said.

high school.

and even-

it for her

of a Push

Goddess.'

She has

second

first in-

Pate fought back tears as she spoke of

"She was there for me when my children were

Dresser, who is hearing-impaired, said Jones

has been an inspiration

to her since they met in

ever since," she said.

After she became

paraplegic, Jones recalls

her father encouraging

her to be strong and see

herself as a queen. She

"We've been friends

PRISON

Continued from Page A1

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REGINA H. BOONE | MICHIGAN.COM

Roksana Sikorski of Plymouth Township cries as she apologizes to her family in court, standing with Matthew Evans, her court-appointed attorney. She was sentenced to 10-20 years in prison for cutting her brother's neck with a knife in a plot to slay her family in October 2014.

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Worthy's office opposed that decision, but the appeals court ruled with Callahan.

'The prosecutor had the discretion to look at the facts and the background of the defendant and the very serious nature of the offense to determine that she should be charged as an adult in this matter,' prosecutor's spokeswoman Maria Miller said after sentencing Monday.

Matthew Evans, Roksana Sikorski's attorney, said he hopes this case leads to the laws being reconsidered.

"The problem that we had here is that the juvenile laws in the state of Michigan give the prosecutor tremendous latitude in who they charge," he said, adding that in this situation, it would be more appropriate for the judge to decide whether to charge his client as an adult.

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chose the title goddess tually used spirational book, "Life

Jones

penned a book, but it hasn't yet

been released. Jones became Ms. Wheelchair Michigan in 2011 and was first runner-up among 46 women in the Ms. Wheelchair America 2012 competition. She used her crown as a platform to help

others and started a nonprofit, www.ThinkBeyond TheChair.org. It focuses on providing social activities, events, support, education and advocacy for people with disabil-

One of the nonprofit efforts involved a trip to mentor students with disabilities in the Republic of Panama. She and her husband visited a school where parents carried their children to class because they had no wheelchairs.

"I knew at that moment that was where we were supposed to be," Jones said.

She had 273 wheelchairs delivered to the school in late 2014 after she enlisted help from service clubs, medical equipment providers and friends who raised money from garage sales.

Jones developed her business acumen, too, after getting an education that includes a master's degree in business administration from Wayne State University in 2008. She started www.PushGoddess.com, where visitors can find wheelchair apparel, Push Goddess clothing, nail polish and her book, among other products intended to encourage people with disabilities.

dclem@hometownlife.com Twitter: @CantonObserver 734-972-0919

GOALS

Continued from Page A1

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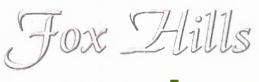
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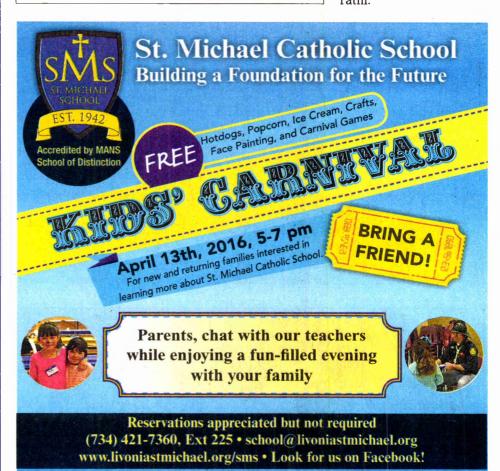
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CORRECTION

A Sunday, March 27, story about the Plymouth-Canton Community Literacy Council's adult spelling bee should have said that competition winner Nehal Sanghvi speaks three Indian languages, including Hindi, Gujarati and Marathi.



Plymouth Township teen gets prison in murder plot

Michigan.com

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The parents, meanwhile, continue to raise the two younger siblings in hopes of giving them a bright future.

'I would never trust the legal system, frankly, to protect my family again," Jeff Sikorski said.

BLUEPRINT

Continued from Page A1

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Ask the Expert

THE TRUTH ABOUT COCHLEAR IMPLANTS

Straining to hear each day, even when using powerful hearing aids? Feeling frustrated and sometimes even

exhausted from listening? Whether it happens suddenly or gradually over time, hearing loss can affect you physically and emotionally. Being unable to hear impacts your ability to communicate with your loved ones, hear in noisy environments, talk on the phone, and may force you to become more reliant on your family members to interpret for you.

Cochlear implants work differently than hearing aids. Rather than amplifying sound, they use sophisticated software and state-of-the art electronic components to provide access to the sounds you've been missing. They are designed to help you hear better and understand speech in all situations, including noisy environments.



David C. Kelsall, M.D., Cochlear Medical Advisor

Dr. David C. Kelsall, a cochlear implant surgeon and medical advisor to Cochlear, the world leader in cochlear implants, answers questions about cochlear implants and how they are different from hearing aids.

Q: How are cochlear implants different than hearing aids?

A: Hearing aids help many people by making the sounds they hear louder. Unfortunately, as hearing loss progresses, sounds need to not only be made louder, they need to be made clearer. Cochlear implants can help give you that clarity, especially in noisy environments. If you suffer from high frequency hearing loss but maintain your hearing in the low frequencies, there is a solution called Hybrid™ Hearing that may be able to help as well. Be sure to discuss your options with a Hearing Implant Specialist in your area.

Q: Are cochlear implants covered by Medicare?

A: Yes, by Medicare and most private insurance plans.

Q: How do I know a cochlear implant will work for me?

A: The technology is very reliable. In fact, it has been around for over 30 years and has helped change the lives of over 400,000 people worldwide.

Q: Is it major surgery?

A: No, not at all. In fact, the procedure is often done on an outpatient basis and typically takes just a couple hours.

Q: Am I too old to get a cochlear implant?

A: No, it's never too late to regain access to the sounds you're missing.

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Custody dispute leads to alleged gun, death threats

A man involved in a child custody dispute with his child's mother allegedly told her that he had bought a gun and would be visiting her in coming days, a police report said.

Police went to the Sherwood Village mobile home park, near Michigan Avenue and Haggerty, the afternoon of March 17 after the child's mother reported the alleged threat.

She told police she and the child's father had been fighting over custody of their 4-year-old son and that the father, a Jackson resident, wanted to pick up the boy in Canton. She told him to wait until they appear in court April 4 for a custody hearing.

That's when she said he advised her that he had bought a gun and would be paying a visit to her. She said he also has made previous threats about putting her "six feet under" which she said left her scared.

Police contacted the suspect and he denied making any threats. Police advised him to

stay away until the court hearing and advised the woman how to get a personal protection order.

Factory site break-in

Canton police have been asked to patrol the old Henry Ford Village Factory site near Cherry Hill and Ridge roads, amid reports of intruders forcing open a wooden door and entering one of the buildings.

Work has begun on the site to transform it into the Village Arts Factory with artist studios, programs for war veterans and walking and biking trails, among other amenities. The project is being led by the Partnership for the Arts and

A partnership official notified police that a series of break-ins have occurred on the site. She speculated it could be teenagers using the property to drink alcohol at night.

The door frame was damaged during the latest break-in, which occurred between 5 p.m. March 18 and 7 a.m. March 20. Nothing is stored in the building, so nothing was missing. The official asked police to

patrol the property at night until a surveillance camera can possibly be installed.

CANTON CRIME WATCH

Teen domestic violence

Police were investigating reports that a 16-year-old Canton girl's ex-boyfriend had assaulted her, despite a court order that he stay away from her because of earlier, similar incidents, a police report said.

The report indicated the girl had been the victim of domestic violence involving her 17year-old boyfriend on three occasions this month and last although he had been ordered in January to stay away from her. The girl's father contacted authorities.

Police also were investigating allegations the ex-boyfriend had made some 50 phone calls to the victim. Police were planning to speak with the suspect after he returns from a trip out of town with his father to discuss accusations he violated the court

'Huffing' reported

Police went to the Academy/ West Point mobile home park

after receiving reports of a man inhaling — or "huffing" air duster, a can of compressed air used to clean computers.

Police went to the residence, near Michigan Avenue and Haggerty, shortly before 11 a.m. Friday after a relative reported the 34-year-old man had become violent after he inhaled the can's contents. The man was taken to a hospital for treatment.

Disorderly students

Two high school girls apparently fighting over a boy have been cited by Canton police for disorderly conduct after they got into a fight after a class had been dismissed at Plymouth High School, a police report said.

The incident unfolded shortly before 2:30 p.m. March 22 when two girls, both 17, exchanged punches and pulled each other's hair, leaving one girl's face scratched and her lip bloodied, the report said.

One of the girls screamed at another girl who allegedly had been paying attention to her boyfriend, the report said. The incident escalated and school

employees summoned police amid accusations the girls were assaulting each other.

One educator was unintentionally hit in the face when he tried to separate the two girls. School personnel finally managed to separate the girls.

Police also reviewed school surveillance video that captured part of the fracas. Police issued citations to both girls for disorderly conduct, the report said.

Online scam

A 55-year-old Canton man told police he ordered a camera lens through eBay and received a small envelope that merely had a postcard and a note in it, a police report said.

The man said he ordered the lens from a purported seller in Hong Kong. He paid for it, but it wasn't in the envelope he received by mail.

The man told police eBay was planning to refund his money. He filed a police report to document the incident.

- By Darrell Clem

Lead by example when dealing with inexperienced drivers

e often think of teens being inexperienced behind the wheel. With today's technology, we can see where they are and how fast they are going. The thing we can't see is if they are driving while distracted.

Are they playing with the radio, texting, talking on the cellphone or eating something on the way to their destination? Parents always tell their kids: two hands on the wheel, eyes on the road, don't use your phone until you get to where you are going and no eating in the vehicle.

Inexperience behind the wheel makes them more susceptible to distractions. According to the National Highway Traffic and Safety Administration, 10 percent of all

Sgt. Michael Sura ASK A TROOPER drivers ages 15-19 involved in

fatal crashes were reported as distracted at the time of the crash. The percentage of driver's text messaging or visibly manipulating hand-held devices increased from 1.7 percent in 2013 to 2.2 percent in

Since 2007, young drivers have been observed manipulating electronic devices at higher rates than older drivers. This age group has the largest proportion of drivers who were distracted at the time of the accident. On any given

daylight moment across America, approximately 660,000 drivers are using cellphones or manipulating electronic devices while driving, a number that has held steady since 2010. One in three teens who text report they have done it while driving. Dialing a phone while driving increases your teen's risk of crashing by six times and texting while driving increases the risk by 23 times. Talking or texting on the phone takes your teen's focus off the road and the task of driving.

Hold on, I had to catch my breath after typing all that. Wow, huh? With all that, someone should talk to teen drivers.

What about you though? Are you taking the same advice? You have more experience, right? You're a better driver,

ransitions

right? What do you show your teens and pre-teens when you are driving? Do you talk on the phone? Do you eat in the vehicle? What are your kids learning from you as far as acceptable behavior? One more thing: When you are driving, do you do these things with someone else's child or teenager in the vehicle? Do you want someone texting or talking on the cellphone with your child in the vehicle?

The month of April starts Distracted Driver Awareness Month. It's time to start a conversation. Parents talk to your teen drivers; teens talk to your parents. Familiarize yourself with the Michigan graduated driver's license program. Create your own rules if necessary, like you would for your

teenagers. Talk about the consequences of distracted driving, and ensure you and your teen are aware of the Michigan Laws and penalties for talking or texting on the phone.

Parents, remember to set the example by keeping your own eyes on the road and your hands on the wheel while driving. Be consistent between the message you tell your teen and your own driving behaviors. Kids learn from watching their parents.

If you have questions or comments, email them to askatrooper12@ gmail.com or mail to Ask A Trooper, Michigan State Police Brighton Post, 4337 Buno Road, Brighton, MI 48116.

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The robotics team 6190 from Canton Preparatory High School is prepared for the robotics competition that was held last weekend in Livonia.

Robotics challenge 'like a giant community' for high school teams

Julie Brown Staff Writer

The Plymouth-Canton Lightning 862 robotics team was on hand to set up, tear down and inspect robots, as well as to serve as technical advisers and to keep score while other teams competed in the FIRST in Michigan District competition Saturday in Livonia.

But the Lightning 862 team will in the spotlight this coming weekend when it competes in Troy, said Jay Obsniuk, adviser and Canton High School teacher.

Meanwhile, Novi Detroit Catholic Central High School students Mark Didonato and Keaton Mulcahy were glad to be at the FIRST in Michigan District Event, competing among 40 high school robotics teams.

"We're doing very well," said Didonato, 17, a CC senior who lives in Ann Arbor. The event ran March 24-26 at Livonia Churchill High School; early Saturday, Catholic Central was eighth of the 40 teams.

"We have a certain amount of ranking points. We still have a couple competitions left," said Didonato, who plans to study electrical engineering at Kettering University and pursue a General Motors intern-

ship.
The CC team has about 22 students and its members worked to get the FIRST program in school with sponsors and school support. "At first, there was a lot of math involved," Didonato said. "You got a lot of experience in the field.

He noted it helps with engineering study and college scholarships. Added freshman Mulcahy, a Canton resident, "I like the experience and I like how everyone works together. It's like a giant community.

Mulcahy is mulling Michigan State University for engineering and of robotics noted, "I love the hands-on." The CC team is the Shambots.

FIRST stands for For Inspiration and Recognition of Science and Technology. For more information, go to www.firstinmichigan.org

"I would say it's a lot more friendly than I thought it would be,' Didonato said of the Churchill-based competi-



TOM BEAUDOIN Robots took over Churchill High School last weekend.

tion. "Even on the opposing team, they would

help us out." Nearby were the Hackbots of the Farmington Public Schools, from Harrison, North Farmington and Farmington high schools. Mark Skodack, a Wixom resident and their teacher and coach, and is on the staff at Farmington

The Hackbots have about 70 students, Skodack said, and are in their fourth year as a unified team. "This is our fourth robot," he said.

The FPS team has been to Worlds competition in St. Louis, Mo., four years ago and is striving to return. "It was a good experience," Skodack said. "It's a lot of connecting the dots with their core classes They're in there, they're problem-solving. They're owning it. Our kids this year are taking an outstanding initiative.

The FPS team now has some college students in engineering, FPS grads who assist. Skodack noted multiple teams from pneumatics to safety.

'It's almost like a small business," he said. "A business has to market, a business has to be safe. Six weeks to build a robot is tight for these kids. It gets their focus

razor sharp." Avery Cosier, 17, is a

iunior at Farmington High and a Hackbot. This is her second year on the

"There are so many different subgroups," Cosier said. "You get to be really creative and apply things you've learned." Her plans are biochemistry study in college for a dentistry career.

Cosier is the team brand manager, including marketing, imagery, graphics and the business plan.

In competition, remote-controlled robots, piloted by students and cheered on by fans, go head-to-head in short games on the floor of a sports arena, battling it out to earn points during a round.

Isolina Carlini is the team leader and coach for Livonia Public Schools, whose Warrior team includes Stevenson, Churchill and Franklin high schools. The Warriors have 52 kids and 31 mentors, said Carlini, a Livonia resident.

This is the sixth tournament hosted at Churchill. "It has a perfect layout for the competition," she said, noting some 2,000-2,500 people attend, including students, volunteers and



Catholic Central/St. Catherine of Siena students won first place ,along with Clarkston and Bedford High School, at this year's robotics competition.



TOM BEAUDOIN

Thurston students Raj Patel, Chad Fletcher, Tyree Gregory and Jay Pettis and coach Heather Staley pose in the "pit" as they are ready for the robotics competition at Churchill High School.

spectators.

"Everyone here is trying" to get to Worlds in St. Louis, Carlini said. "We are bantering for the position."

She teaches English at Holmes Middle School in Livonia and noted the three district middle schools feed into high school-level LPS robotics. "I think it gives them a hands-on experience that simply is not possible in the classroom," Carlini said. "It positions kids for success and scholarships and internships. Kids that like this kind of stuff, it really appeals to them.

Among enthused students is Joshua Johnson, 16, a Wayne Memorial High School junior on the Bionic Zebras team. "I actually think it's really good," Johnson said, adding of the FIRST event compared to other competitions, "I would say so far it's the best. I like the theme of it, the

medieval theme."

This year's theme included use of a catapult arm to throw a ball through a target. The Bionic Zebras are mainly Wayne Memorial students in the Wayne-Westland district, plus a John Glenn High student. Johnson is at the William D. Ford Career Technical Center for welding.

He was working at Churchill with Trevor Davis of Garden City, a mentor who works at the Suburban of Garden City car dealership as a lube technician. Davis graduated from Wayne Memorial in 2007.

"Getting to teach the students about electrical and networking," Davis said of what he likes. "To teach students about networking and programming, it's fun." This is his seventh year as a mentor, with the Bionic Zebras having 21 stu-

'We tend to help out a

lot of the new teams," said Johnson, who has found new friends through robotics. He's

his team's safety captain. The volunteer mentors, often engineers, are key to team success. Andy Monique of Farmington is an engineer at FANUC with a son, Jay, 16, a sophomore at Farmington High, on the Hackbots team. "He just likes the whole program," Monique said. "I think it's very good for the kids and their future."

Monique is an electrical/software engineer. "There's a lot of opportunity out there in the engineering field," said Monique, in his first year as a mentor.

"There's a big presence from Bosch," he said. "A lot of people

contribute." AISIN Group was the title sponsor for the FIRST in Michigan District Event at Churchill.

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BUSINESS BRIEFS

Owner honored

Jason Miller, broker and owner of RE/MAX Home Sale Services in Plymouth, was recently honored at the annual RE/MAX of Southeastern Michigan Awards Gala. The event was held at the San Marino Club in Troy and celebrated the accomplishments of RE/MAX's highest performers in southeast Michigan.

Miller received the prestigious Showcase Award during the event. Showcase Awards are based on agent growth, average yearly commission per agent and percentage of productive agents. RE/MAX Home Sale Services was recognized for achieving the highest average agent commissions for an office category of 11-25 agents.

"Jason Miller has built a team of dedicated professionals with a great passion for serving their clients," said Magnus Sublett, chief executive officer, RE/ MAX of Southeastern Michigan. "It is a pleasure to recognize RE/ MAX Home Sale Services for their hard work and excellent results.

RE/MAX Home Sale Services is at 1200 S. Sheldon Road, Suite 200, in Plymouth.

Free buyers workshop

In preparation for the busy home buying season ahead, Catholic Vantage Financial will host a free home buyers workshop 6-8 p.m. Wednesday, April 13 The workshop will be at



Pictured (from left) are Magnus Sublett, chief executive officer, RE/MAX of Southeastern Michigan; Joe Sabatini, vice president, RE/MAX of Southeastern Michigan; and Jason Miller, broker and owner, RE/MAX Home Sale Services in Plymouth.

the credit union's Plymouth branch, 8817 Sheldon Road, at the northwest corner of Sheldon and Joy roads.

Cherylene Jackson of the Mortgage Center will talk about navigating the mortgage process, different home financing options, what costs are real and what fees you need to watch out for, along with differences between a home appraisal and

inspection.
"This is an excellent

home buyers and it's also very helpful for people who want to learn about recent changes in credit and financing requirements," said Emma Teller, vice president of marketing and business development for Catholic Vantage Financial.

To ensure adequate seating for the workshop, advance reservations are requested by calling 734-432-0212, ext. 301, or by email to eteller@mycfv.org.

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Canton Leisure Services recreation and facility supervisor Jon LaFever (left) and operations manager Greg Hohenberger.

Two Canton recreation employees certified

Greg Hohenberger, operations manager, and Jon LaFever, recreation and facilities supervisor, of Canton Leisure Services were recently certified as Certified Park and Recreation Professionals by the National Certification Board and the National Recreation

and Park Association. The CPRP certification is granted to individuals employed in the recreation, park resources and leisure services professions who meet the eligibility requirements — including a combination of higher education and/or work experience — and who successfully complete the national CPRP examination.

The examination tests knowledge in all aspects of general administration, programming and operations management for parks and recreation. CPRP certifications are valid for a period of two years, and professionals who wish to re-apply are required to complete professional continuing education unit requirements or equivalent academic course work.

"We're very proud that these employees took the initiative to achieve this certification," said Debbie Bilbrey-Honsowetz, Canton Leisure Services director. "It is hard work and dedication like this that contributes to the on-

going success of our Department and ultimately enables us to better meet the changing needs of our communi-

Individuals certified as CPRPs meet high standards of education, expertise and experience established in the field for park and recreation professionals and many agencies recommend or require CPRP certification when hiring for professional positions.

Hohenberger has worked in Parks and Recreation for more than 15 years and has been in his current role as operations manager with Canton Township for the past six years. Through his work with Canton Leisure Services, he currently oversees operations at several leisure services facilities, including the Summit on the Park community center, The Village Theater at Cherry Hill, The B.L.O.C.K. Youth & Teen Center and Recreation

Hohenberger also assists with oversight of golf operations. In addition, he has led development of initial business plans for the department and the cost recovery program, as well as training and development of Leisure Services staff. Hohenberger is currently a member of mParks (formerly known as Michigan Recreation

and Park Association). presenting at numerous conferences and trade shows, and has previously served as its treasurer.

Since 2001, LaFever has worked in a variety of parks and recreation capacities with Canton Leisure Services and currently coordinates operations at several facilities. In addition, LaFever and his staff are responsible for the planning and execution of leisure services large-scale special events. An mParks member since 2001, he has been a frequent presenter at the annual mParks Conference & Trade Show, a member of the Youth & Teens and Programming Committees, served as the mParks Michigan Youth Symposium Chair and was recognized as the organization's New Professional of the Year in 2006. He is currently an mParks director at large.

The CPRP program is offered by the National Certification Board in coordination with NRPA and the CPRP Certification Committee. Hohenberger's and LaFever's recent certifications demonstrate the continued professional commitment shared by other Leisure Services staff members, including Bilbrey-Honsowetz and Jeanette Aiello.

Dangers may lurk when co-signing a loan

he other day, a client contacted me with an issue. Unfortunately, I had to give the client some bad news. The client's situation is that about five years ago, after her daughter got married, she co-signed a loan so that her daughter and her new son-in-law could start a business. The loan was for 10 years and, for the first few years, payments were made on time. Unfortunately, about a year or so ago, the daughter and son-in-law got divorced and closed their business. According to the divorce settlement, the husband assumed re-

sponsibility for the loan. Not unexpectedly, about six months after the divorce, they each filed for bankruptcy; as a result, their liability on the business loan was discharged. Unfortunately, no one in the divorce proceedings took into consideration that my client had co-signed the loan. As a result, the bank contacted her and informed her that unless she paid the loan, they would begin legal proceedings.

My unfortunate job was to inform my client that she is responsible for the loan. Although her now ex-son-in-law and daughter were legally discharged from the loan, that had no effect on my client. As a result, as I informed her she

1



services.

Rick Bloom MONEY MATTERS

was responsible for the loan

At least a few times a year, I am faced with the issue of having to inform a co-signer that they are responsible for a loan. Many people are under the misconception that if the primary signer of the loan goes into bankruptcy and receives a discharge, that somehow that discharge applies to the co-signer; it does not. In fact, if you take a step back, that is the reason why banks and other financial institutions many times will require a co-signer in order to approve the loan. I always tell people before you co-sign a loan, you have to accept the very real possibility that you can legally be on the hook to repay that loan. That is why I always say you better thoroughly think it through.

I recognize that family and friends want to help each other and, obviously, that is a good thing. However, when it comes to co-signing a loan, you definitely have to think through the consequences. If you are forced to repay the loan, how will it affect you financially? If it would

cause financial distress, then you probably should pass on the co-signing. If it would have minimal impact, then that is an-

other thing. There is a reason why banks and financial institutions ask for cosigners — they're not sure that the individual requesting the loan has the wherewithal and the financial resources to repay the loan. You always have to think twice before you co-sign. If the bank doesn't think that they have the wherewithal to repay the loan, it should cause you to seriously think about

your decision. When it comes to dealing with banks or financial institutions, you can negotiate some of the terms. For example, I recently dealt with a client who was co-signing a loan for one of her children. We were able to work with the bank to limit my client's obligation to the first two years of the loan. If the loan was paid on time for the first two years, she would be removed as a co-signer. We were able to limit her liability and that's something that you may want to consider.

Rick Bloom is a fee-only financial adviser. His website is www.bloomasset management.com. If you would like him to respond to questions, email rick@ bloomassetmanagement.com.





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OPINION

Our fundamental purposes are to enhance the lives of our readers, nurture the hometowns we serve and contribute to the business success of our customers.

Reader reaches out to Nancy Seaman: 'Never give up hope'

ear Nancy Sea-

My heart goes out to you. I read Aileen Wingblad's story about you in the Birmingham Eccentric and I can only imagine what courage it took for you to meet with her. It's a good thing you did, because her story could possibly lead to some positive things in your life, such as people like myself thinking about your plight, hoping there will be someone who can help you get a new trial or a hearing which will ultimately lead to your freedom.

As the daughter of a woman who was physically and psychologically abused by her second husband, I am aware of the damage done to one's psyche over years of volatility. She never knew what little thing it would take to trigger his temper.

One moment he could be loving and the next gnawing his finger like a

Pat Hardy **GUEST** COLUMNIST

bone before going into a rage. She put up with it for years, sadly dying a natural death before he did. I always hoped he would go first, so she could have some years of peace. It didn't happen.

I vowed never to marry a man like my stepfather. I know now that he suffered some kind of mental illness and so did she. She lost her confidence in the ability to take care of herself and chose financial security over a peaceful life. It was her choice, for which she paid a heavy price.

I think the saddest part of your story is that you wake up every day of your life crying and that you have denied any visits from your loved ones. I wonder how many times you have relived

every moment of the day you "lost it." Wasn't that one day enough? Why would you continue to relive that moment over and over when it's over. It's done. The "vou" that was then is no longer. You are a totally new person and, even though you are physically in-carcerated, you don't have to be mentally or spiritually incarcerated.

Your studies in the library are probably the only times you are not living in the past. Then, your mind is fully engrossed in the subject and that is a clue as to how you might derive some happiness in life. While in that library, search for some books by noted spiritual writers such as: Buddha, Eckhart Tolle, Wayne Dyer and Deepak Chopra. They all know the power of our thoughts. You can change your reality, because you are not just your body you are body, mind and spirit. You may not have

given much thought to these ideas and they could be very helpful and uplifting for you.

I'm currently listening to an online 21-day free meditation given by Deepak Chopra and Oprah Winfrey. You could subscribe, if you have access to a computer. I could purchase it for you, if you are interested and then you could listen as often as you wish.

In yesterday's session, two statements reminded me of you. Deepak said, "You are not the person you used to be." (The Nancy of today is not the Nancy of 11 years ago.) He also said, "I am endlessly renewed in the present moment." Have you ever thought about being in the present moment - this very moment, so different from every other moment you have lived? It's a new and productive way of living life, Nancy.

I am a former junior high school English

teacher, married to one of the kindest people to walk this Earth for 55 years this coming April l. Had I been married to someone like Bob, I probably would be where you are today.

There would come a day when I would lose my mind and retaliate for years of pain ... not really wanting to kill anyone, but wanting to get even for all the pain, the hurt, the trauma, the theft of my life. Whatever you did had to be done when you were totally out of your mind. Those who have never been abused or witnessed abuse do not know what it is like. They don't realize there is a horrific

breaking point. The new you, the woman who exists today, should waste no more time not seeing your loved ones. It's time for them to know you, because you are transformed, much stronger now than ever before. I

also think you should contact Wingblad and begin writing the whole story together.

One of the dearest and wisest people to enter my life was the Rev. Jay Samonie. He said, "There are no accidents in life and everything happens for a reason." He also said, "You are where you are supposed to be." Give these two statements some serious attention. See what you think.

I would be happy to send you books, tapes, whatever you wish, all because Wingblad wrote that story. I remembered reading about you at the time our friend, retired Judge Jack McDonald, heard your case. I remembered, also, that he tried to help you afterward. I am joining you now in never giving up hope that you will be able to really begin living life again.

Pat Hardy is a Bloomfield Hills resident.

LETTERS

A third candidate

A letter in the opinion page of this paper, March 24, 2016, shows how low Republican politicians are willing to sink to win office in this election year. Term-limited Kurt Heise rakes appointed

Plymouth Township Supervisor Shannon Price over the coals. Heise signs his letter as state representative, 20th District. He fails to mention that he is a candidate

for Price's position. This isn't a state official exposing local misdeeds, it's just one rightwinger using his title to get a jump on another right-winger.

Now, I am not a fan of either of these men. Price, as I understand it, is continuing the dysfunction of his predecessor during board meetings. Heise can mark a new milestone attained during his three terms in Lansing.

It was reported this week that more children then ever live in poverty in our state. But the rich got richer. So thank you, Rep. Heise.

Maybe a third name will appear on the ballot for the August primary.

WRITE US

We welcome your Letter to the Editor. Please include your name, address and phone number for verification. We may edit for clarity, space and content. Submit letters by the follow-

ing formats: Web: www.hometownlife.com

Mail: Letters to the Editor, Canton and Plymouth Observers,

29725 Hudson Drive, Novi, MI 48377 Fax: 248-668-4547

Email: jmaliszews@hometownlife.com

If not, even though it

James Huddleston Canton

President chooses nominee

The U..S. Constitution prescribes the president choose a nominee when a vacancy on the Supreme Court occurs. Congress must interview the person and vote yes or no.

President Barack Obama nominated Judge M. Garland to replace the late A. Scalia. Extreme Republicans in Congress refuse to fulfill the duty as written in the Constitution. Is democracy alive? This is inexcus-

Nina Tottenberg, well known female journalist on National Public Radio, interviewed President Obama recently. I recommend reading it or listening to it.

Hannah Provence Donigan Commerce Township



Joanne Maliszewski, Community editor Larry Ruehlen, Managing editor

Jani Hayden, Advertising director

would be considered heresy by the hard liners, Plymouth Township voters might take a cue from their Canton neighbors and vote for Democrats in November.

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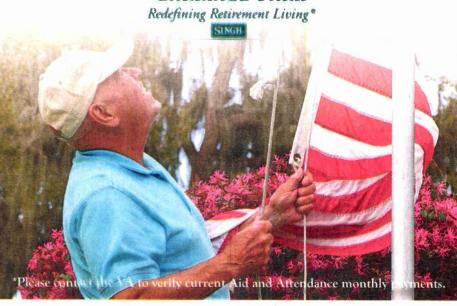
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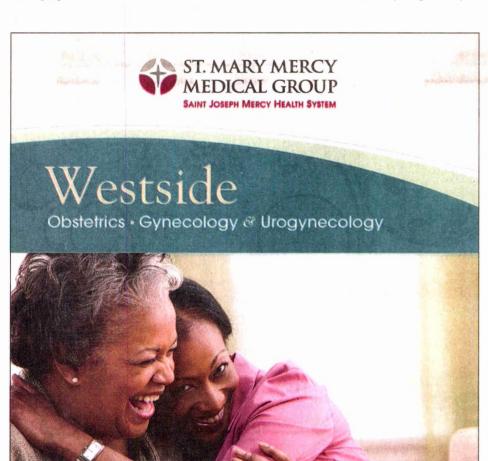


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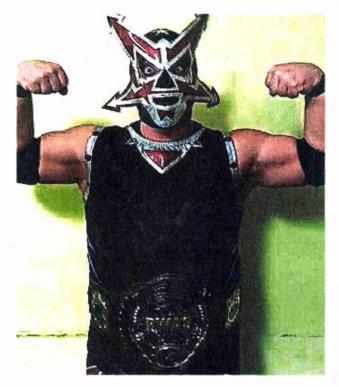
Mysterious Movado wrestler to visit Canton library

The Mysterious Movado is showing off some new moves along with other local wrestlers when they visit the Canton Public Library.

Wrestlers are stepping into the ring to demonstrate some literary linguistics with area fans during a program set for 7-8 p.m. Monday, April 4, at the library, 1200 S. Canton Center.

During the library's Wrestlers Read program, fans can listen as wrestlers read stories, talk about what it's like to face off in the ring and hang out for photo opportunities.

"Our Wrestlers Read program was inspired by the WWE Wrestlemania Reading Challenge, an annual initiative that encourages kids to read,' said Jack Visnaw, children's librarian. "With Wrestlers Read, we want to show kids that everybody reads, including athletes, and that reading can be fun, whether you know how to perform a



The Mysterious Movado is coming to the Canton Public Library.

vertical suplex or not." The program is free and all ages are welcome. For more information, go to www.cantonpl.org or call 734-397-0999.

Group announces voter registration drives

The Northwest Wayne County League of Women Voters has announced three sites in Canton where it will host voter registration drives.

Voters from any community may register here:

» 12:45-2 p.m. Friday, April 1, at the Muslim Community of Western

Suburbs, or Canton Mosque, 40440 Palmer Road.

» Noon to 2 p.m. Sunday, April 10, at the Gurdwara Sahib Singh Sabha of Michigan, 3310 S. Canton Center.

» 10 a.m. to noon Sunday, April 10, at the Hindu Temple of Canton, 44955 Cherry Hill Road.

Check us out on the Web every day at hometownlife.com

PUBLICATION OF NOTICE OR HEARING

In the matter of name change petition for Brandon David Brewer TO ALL INTERESTED PERSONS including: address whose unknown are whose interest the matter may be barred or affected by the following TAKE NOTICE: following. hearing will be held on 5/3/16 at 9:30 a.m at Michigan 3rd Circuit Court before Judge Charles S. Hegarty for the following purpose: To change the name of Brandon David Brewer to Cecilia Anne Brewer.

Published: March 31, 2016



The Canton Historical Society is looking for volunteers for tours at the Bartlett-Travis House in June to coincide with the adjacent Canton Farmers Market.

Canton Historical Society seeks volunteers for house tours

The Canton Historical Society is seeking volunteers to work as tour guides at the historic Bartlett-Travis House, in Preservation Park on Canton's west side.

Tour guides are needed from 9 a.m. to 1 p.m. each Sunday starting June 5. The historic house is located on

Ridge, north of Cherry Hill

The tours will coincide with hours for the adjacent Canton Farmers Market. Volunteers don't have to work for four hours or every Sunday, a move that provides some flexibil-

Bill Tesen, a longtime

Canton Historical Society member, said training will be given about the Bartlett-Travis House's history and its contents.

Anyone who is interested in Canton's history and who wishes to help the society should send an email to cantonhist@comcast.net.



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INSIDE: CLASSIFIED, B6-7 • ENTERTAINMENT, B10 • FOOD, B11

SECTION B (CP)

THURSDAY, MARCH 31, 2016 **OBSERVER & ECCENTRIC MEDIA** HOMETOWNLIFE.COM **SPORTS**

TIM SMITH, EDITOR

TSMITH@HOMETOWNLIFE.COM

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MICHAEL VASILNEK Canton's Noah Spencer, shown taking a swing during a 2015 game, is one of the Chiefs' top

returnees



Pitching key to Chiefs' hopes

Up-the-middle strength could spark Canton

Tim Smith Staff Writer

Veteran Canton High School baseball coach Mark Blomshield subscribes to the tried and true adage that winning teams are strong up the middle.

Blomshield sees that scenario playing out for the 2016 Chiefs, looking to improve from a 19-15 season last spring.

"During this off-season, we understood we have a few holes to fill due to graduation and our staff is confident that we have made the necessary adjustments to be a solid allaround ball club," Blomshield said. "We are strong up the

See CHIEFS, Page B4

BLOWING THE WHISTLE

ABOUT THIS SERIES

Go to any scholastic, club-level or rec league athletic event in any city or town across Michigan and you will find one constant: one (or more) referee who is there to ensure fair play and following of the rules. A team might be short of players or lack an assistant coach, but without a man or woman in the proverbial striped shirt, there is no game or match or meet.

In recent years, officials in all sports have come under fire, whether from overheated parents, increased social media or disrespectful players and coaches. Many leagues and governing bodies are having a difficult time finding enough adults to act as officials for youth sports events.

Observer & Eccentric reporters conducted a variety of interviews in the last several weeks, with referees, officials, executives and others who are involved in the recruitment and training of sports officials. We found that, while many still enjoy the unique thrill of being part of the game, others are being driven from the playing field, some haunted by the killing two years ago of local soccer referee John Bienowicz.

Today begins a two-part package of stories, "Blowing the Whistle." Come back April 7 for the second installment.

INSIDE

- » Young official says education key to improving attitudes, B2
- » Former player, coach sees his sport from a new angle,

COMING APRIL 7 » 'You don't have a horse in

- the race,' referee says » Former prep player moves
- straight into officiating » Teenaged umpire talks
- about leaving game for good » MHSAA makes recruiting, retaining officials top priority

KICK IN THE GUT



BILL BRESLER | STAFF PHOTOGRAPHER

As much as Mario D'Agostino (left) and Keyin Winningham love calling soccer games at High Velocity Sports in Canton and at other area venues, their patience is being tested by parents and others who jump at any chance to criticize dedicated refs.

Veteran soccer refs blame social media, culture of disrespect and 'win-at-all-costs' mentality for dwindling pool of officials

Tim Smith

Staff Writer

Mario D'Agostino's hands trembled as he held them up, presenting the ultimate irony. One of his wrists was adorned with a yellow and orange wrist band with a simple but direct message: "Respect the Game."

The veteran youth and high school soccer official — the referee coordinator at High Velocity Sports in Canton had just witnessed a troubling incident in which a young female soccer ref was verbally abused following a game by off-the-rail parents and coach-

"I got parents up there that are just berating the referee and it's a young girl," D'Agostino said during a recent interview at the Michigan Avenue soccer facility. "They're just going crazy. There's a coach who just is ripping into me, telling me 'Have you ever played soccer? Have you ever been in a stadium? That has absolutely nothing to do with youth soccer.

"My hands are shaking right now because I just got done with the confrontation. This is U-7 boys up here right now ... this is the problems we're having. The parents are up there all screaming and yelling at the referee.

According to D'Agostino and fellow soccer official Kevin Winningham, also a

See REFEREES, Page B2

Longtime official keeps things in Czech

Brad Emons

Staff Writer

With more than 30 years of experience, Bob Czech has virtually seen it all as a registered high school official.

The 60-year-old from Berkley, a retired Detroit police officer who also worked for Farmer's Insurance for 10 years in auto theft claims, remains as an active Michigan High School Athletic Association official while working behind the scenes as an assignor for the Metro Detroit Athletic Offi-

cials group.
The officiating landscape has changed dramatically over the past 30 years for Czech, who is now an assignor for the 24-school Kensington Lakes Activities Association in both basketball and football. He is also a baseball and softball assignor for the

23-school Oakland Activities Association.

"When I first started out, all the officials had to call the A.D.s and get their games, Czech said. "Then, a few years later, I got a call from George Lovich (former Livonia Franklin A.D.) and he wanted me to become an assignor.

"George Lovich, Ron Holland (former North Farmington A.D.) and Paul Cummings (Salem A.D.) - those guys mentored me and got me into it.'

Changes in the wind

Czech said the procedure for booking games took a different course during "the late 1980s and early 1990s."

"It's changed a lot ... how you get your games, how you get trained, coaches, behavior of parents, etc, etc," Czech

See CZECH, Page B2



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BLOWING THE WHISTLE

REFEREES

Continued from Page B1

familiar face at High Velocity as assistant head referee for the Canton Soccer Club, such attacks are on the rise almost every day.

Walking away

As unchecked attacks in social media now carry over to real life conflict, as venom escalates, the number of registered soccer officials across the board is plummeting.

Winningham said annual attrition is at about 25 percent. Just as troubling, fewer are signing up with the United States Soccer Federation.

"These kinds of problems we have with parents," D'A-gostino said. "Just verbally abusing these children to the point where they're not interested in being out there."

Who could blame them? No one would want to be faced with maximum abuse for a few bucks more than the minimum

"If a parent, if a player, would step in to become a referee," Winningham said, "they would have a greater understanding of a game, as well as a greater respect for those who are working games — whether it's an 11-year-old girl upstairs or a 50-year-old guy out on the field.'

Nodding emphatically in agreement was D'Agostino.

"I think one of the greatest things that I wish could happen is that every parent or coach could officiate a game," D'Agostino said. "Put them behind the whistle. And I guarantee you their perspective of the game would totally change, in all sports. To see what it's like to make that split-second deci-

Remembering John

Both Canton men always wear the "Respect the Game" wristband when they officiate contests. And they do plenty, at the youth and club levels and for the Michigan High School Athletic Association.

"I always make it a point to roll it up (almost to his fingers) during my captain's meeting, Winningham said. "Just to make a point: 'We're here to respect the game, gentlemen."

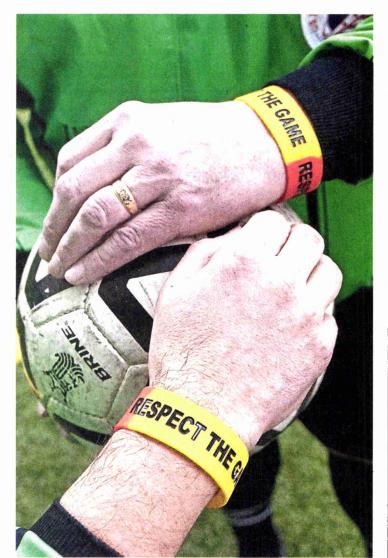
Yet there are times when both men can't help but wonder what's happening, why violence, trash talk and overall unruly behavior directed at refs of all ages is threatening the lifeblood of their sport.

That unwanted element already is costing much more than that. D'Agostino and Winningham also wear their wristbands as a constant reminder of dear friend John Bienowicz, a Westland man and longtime official who was fatally punched in the head in summer 2014 by an angry player during an adult amateur league contest in Livonia.

Bienowicz lost his life because the player, Bassel Saad, 36, of Dearborn, went berserk when Bienowicz issued a red card against him (thus ejecting him from the match).

Saad eventually pleaded guilty to involuntary manslaughter and is serving 8-15 years in prison.

Earlier this year, a player who had been kicked out of a men's game in Argentina reportedly was so upset that he



BILL BRESLER | STAFF PHOTOGRAPHER

Whenever and wherever Mario D'Agostino and Kevin Winningham go to officiate soccer games, they wear these wristbands to honor the memory of friend and fellow referee John Bienowicz.

retrieved a gun from his personal belongings, marched back on to the pitch and shot the referee to death.

Why should we be fearful for our lives now when we officiate games?" D'Agostino said. "We have our families telling us (to give up refereeing) ... my wife's saying that. But she knows and (Winningham's) wife knows, it's imbedded in us. It really means a lot for us to do these games.

"But yet we've got family members now who are telling us to slow down a little bit? When you need to be escorted to your car after a game by an athletic director, after a high school game, that's really, really bad. That's what it's getting to right now."

What now?

Another thing it's getting to is a crossroads for soccer lifers such as D'Agostino and Winningham, who routinely pack each Saturday with an endless string of games to call simply because not enough refs are in the mix.

"They want to limit us to three or four (games), but there's nobody there," Win-ningham said. "We keep saying yes. (This is) our weekend; we both work (regular jobs), we have wives at home ... I do it because I love this game. This is a beautiful game.

"There's nothing better than having a kid when he was 10-11 years old and then you get to see him play at 14 or 15 and then you get to watch him play in high school."

Chiming in was D'Agostino, agreeing that "there's not enough referees to officiate all these games. Guys like us, who it's meaning a lot, are doing way too many games than what we should be. We hate saying no; we love doing what we do. But by the sixth or seventh

game on a Saturday afternoon, we're exhausted."

But both men acknowledge they need some help on the pitch. Is it ever going to happen?

Winningham would like to see more parents consider give officiating a try, perhaps even the players as they mature. Doing just that was his own son Tyler, a member of Canton High School's 2011 state champi-

onship team. "I would love other parents, other people, who have worked the game, to come back," Winningham said. "They're just not anymore and the reason is, 'Why do I want to go stand out there and get yelled at for an hour-and-a-half and get belittled by people, when I could be doing something better?'

'We need re-education and re-commitment to what this game is all about, which is teaching kids life skills.

Basic values

That means people returning to tried and true values such as showing some respect for authority. Also putting cellphones into pockets instead of videotaping every move an official makes - good or bad.

And don't forget good old-fashioned communication rather than confronta-

Still, despite honest efforts to reverse the trend, nastiness continues.

"The clubs are doing a much better job compared to a decade ago, communicating what is expected," Winningham said. "But there's no accountability to what is expected.

See REFEREES, Page B3

College player says education the key to curbing anger

Tim Smith Staff Writer

It isn't just middle-aged guys such as Mario D'Agostino and Kevin Winningham that have some issues with the way soccer referees are treated in the anything goes world of

Yes, even 20-somethings don't like the current landscape where every perceived misstep by an official is videotaped for the social media masses to peruse. Or where every so-called soccer "expert" can anonymously rip a ref and start the snowball of anger rolling down the hill.

One of them is Tyler Winningham, a longtime soccer player even though he is in his early 20s. He was part of the Canton varsity boys soccer state championship team in 2011 and also competed with the Canton Soccer Club.

After high school, he's played at Schoolcraft College and Lawrence Technological University and also refs and coaches the sport at the club soccer level.

Although Tyler Winningham was unable to attend a recent roundtable discussion at High Velocity Sports, he responded via email to several questions that also were delved into by D'Agostino and Kevin Winningham.

Q: As a player, referee and coach, do you have a unique perspective in how you deal with game officials?

TW: I think being a player, referee and coach does give me a unique perspective towards how I deal with game officials. I think when you coach vs. play vs. ref at the different levels available, it makes things frustrating but enjoyable. At each level you have a different expectations of the referees. I coach U-9 and U-10 boys, so I will rarely yell at referees at that level because they are typically either new young referees who are nervous and do not know exactly what they are doing or they are older referees who only walk all game because they are far out of their prime. The expectation when I play in college or semi-pro, you are expecting to have top officials and you respect those game officials much more because for the most part, they are very competent but you do have to understand that referees will make mistakes at all levels.

Q: Have you considered stepping away from being a referee due to the increasing safety concerns, with highly publicized stories about soccer refs being killed or in-

jured by fans and players? TW: I have never considered stepping away from reffing due to increasing safety concerns. I understand the safety and understand that players and fans can be stupid, but I have also come to realize that when players and coaches and fans are yelling, there is usually a reason. Yes, some yell for stupid reasons because



JOHN KEMSKI | EXPRESS PHOTO Tyler Winningham works a soccer game during the 2015 Canton Cup. He also plays and coaches the sport, giving him a unique perspective on the way officials are treated.

they do not understand the game. But for the most part, certain coaches and players only yell because maybe you did mess up. One thing that I try to focus on when I am reffing is game management. When events happen and safety becomes an issue, it usually is because the build up of events. It isn't just a one time sporadic moment. When issues arise during the game, players/ parents/coaches yelling at the officials or each other, parents being disrespectful and ruining the atmosphere, those things need to be taken care of right away. When they are not properly taken care of or handled, they escalate to a point that is no longer controllable and the referee crew is then in danger. Game management starting from the moment you arrive at a game to the moment you leave a game is a key to staying safe and maintaining a smooth game.

Q: How much do you confab with your dad about these issues? Are you seeing these issues the same way or differently? Please explain why, either way.

TW: I think my dad and I partially agree with the issues. There are multiple aspects to the issues going on and the dwindling of referees. The two main things I see are the culture we live in and the thinness of skin my people now a days. I have thick skin. Kevin has thick skin. Mario has thick skin. Referees today have very thin skin. One small complaint from a coach or parent throws (other refs) off their game and they feel shaken up. After they feel shaken up, everything goes downhill from there and they keep making bad decision after bad decision and that escalates the situation and parents/coaches get heated

See EDUCATION, Page B3

CZECH

Continued from Page B1

The MDAO boasts more than 400 members, "but a lot of guys belong to two or three different associations," whether it's Downriver or the East Side, according to Czech.

Another challenge Czech and MDOA faced came in 2008, when the MSHAA lost its gender equity lawsuit, forcing coinciding girls and boys seasons. Volleyball moved from the winter to the fall, while girls basketball went from fall to winter, among other changes.

"They're working more than they have before," Czech said. "And obviously, if they're older, it's a little rougher on the body. Whereas before you'd work the girls (games) in the fall and the boys in the winter, so you only worked a couple of times a week. Some of these guys are working three and four times a week, maybe

Many officials have had to transition during the week back and forth between boys and girls basketball games, which can also be a challenge and an adjustment.

"The boys game is much faster, but the rules are the same," Czech said. "You have to interpret the rules the same. The boys game is obviously faster than the girls, so you have to adjust a little bit, but like I said, the rules are the same. We generally have to be neutral. Boys are stronger, so they're going to be able to take a little more hitting and bumping a little bit, whereas females aren't quite as strong, so you have to adjust a little

Knowing the rulebook

Officials also have to adapt year-to-year to rules changes and points of emphasis handed down from both the MHSAA and the National Federation of High School Associations.

"From the people in Lansing (MHSAA), Mark Uyl and Nate Hampton, they're the ones that kind of give us guidance, Czech said. "They're kind of like our bosses. They give us feedback and they just tell us what we need to do. Kind of like a teacher when a principal tells them to do something. Well, the principal is the boss,

In the KLAA, varsity football and basketball officials are paid normally \$60 to \$65



BRAD EMONS

Bob Czech (center) has been officiating for more than 30 years and heads the Metro Detroit Athletic Officials group. Working on his crew at a recent basketball game are Plymouth's Paul Woodard (left) and Southfield's Darcy Gitchuway.

per game, while it's \$45 to \$50 for freshman and JV.

"We're a little behind other states because we just haven't caught up, but hopefully we'll catch up eventually," Czech

Czech said his biggest challenge now is recruiting young-

er officials. "The problem is the average

age of the officials here is between 53 and 57, so we need some more young guys," he said. "We keep reaching out to the seniors and the coaches at the high schools. We talk to them and say, 'Hey, do you have any seniors that are going to graduate, stay in town and go to college, like Wayne (State), Oakland (University),

anywhere?' We say, 'Hey, want to become an official?' If you played high school sports, we want to train and mentor you. It's the local associations that have to go out and hustle the guys.'

Ongoing shortage

The shortage of officials remains an ongoing concern for Czech, particularly from an assignor's standpoint.

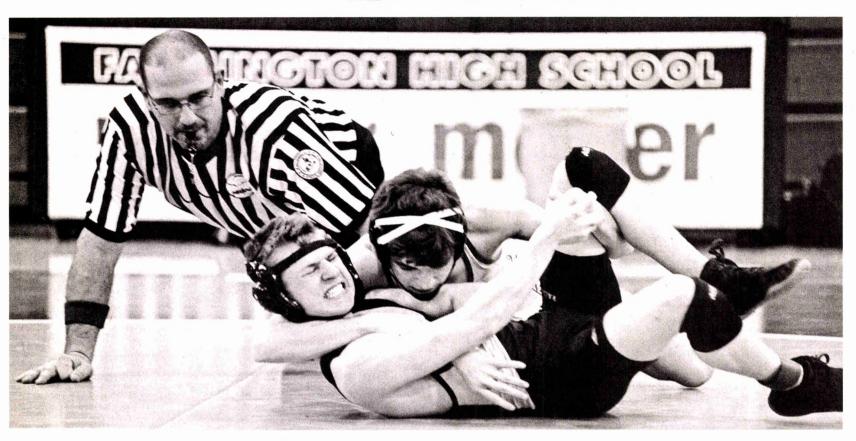
"Basketball, we're kind of OK, but we need more and football we need some more," he said. "The problem is baseball. We don't nearly have enough baseball umpires. It's at 4 o'clock and it's in the spring when it's cold. It doesn't warm up around here until the middle of May, so the first two or three weeks it's ice cold. And it's 4 o'clock in the afternoon and most people are working unless you're retired or work midnights.'

The MDOA assignor said there are a couple of necessary components to in becoming a registered MHSAA official.

"You got to have thick skin and common sense," Czech said. "And be like in your job ... flexible. It's an avocation, not a vocation."

bemons@hometownlife.com

BLOWING THE WHISTLE



JOHN STORMZAND | STAFF PHOTOGRAPHER Zaim Cunmulaj referees a match during the **Farmington Public** Schools tournament.

"It's a lot harder than what I thought it would be. Being an official now, I look at the game a lot differently." **ZAIM CUNMULAJ** high school wrestling official

This official has a new appreciation for the job

Former player, coach sees wrestling competition from a whole new angle

Dan O'Meara Staff Writer

When a friend pushed the idea of being a wrestling official, Zaim Cunmulaj decided to give it a try. He was not enamored with the job after his initial experience.

"By the time I was done, I said, "This not for me; it's too hard," Cunmulaj said. "He said: 'Don't worry; it's hard for everybody at first.

"I went home and was exhausted, mentally and physically. He pushed me into hanging in there. I came back. I'm very glad I did come

Cunmulaj, 45, recently completed his third season of officiating matches at the middle and high school levels.

An all-state wrestler at North Farmington High School and former college football player, Cunmulaj is still fit and looks as if he could compete today.

After a period of adjustment, Cunmulaj adapted to the rigors of being back on the

"Everyone thinks officiatng is easy" he said cult to do, to be in the right spot at the right time. In wrestling, you have to anticipate what the next move is going to

"It's a lot harder than what I thought it would be. Being an official now, I look at the game a lot differently. I'll go, 'Wow, that has to be hard on the referee, taking all that heat.

'We're human. Sure, I've made mistakes. But I totally look at the officiating differently than I did."

Playing experience helps

It helps in the case of Cunmulaj, who was a heavyweight wrestler and a defensive lineman at East Carolina University, to know the sport and have competed in it.

He also is an assistant football coach and was the wrestling head coach at North Farmington in the 1990s, but there's still more to being a good official.

"It's a challenge to know all the rules," he said. "You have to know them in a split second. You can't open the book. You have to be ready to go or coaches are all over you.

'They'll take advantage of you if they see you don't know the rules. They'll let you know and that will travel (throughout the coaching ranks).

"There was a lot of stuff I had to learn. A lot of stuff had changed since I had wrestled. There are changes every year to the rule book.'

Cunmulaj recalled one incident when an understanding coach took the time to share his knowledge with him.

"This what kept me in offiting." Cunmulai said, "I had made a mistake. He said, 'Let me open the book and explain it to you.' He was wonderful. He didn't scream at me: I didn't have to put my guard

"He said: 'Please, stay with it. We're glad to have you in the sport.' He was encouraging and it helped.'

The right balance

Cunmulaj tries to find the right balance between being an authority figure and a calm, understanding figure, too.

Other officials and coaches



Cunmulaj

have told him it helps to have the deep voice he does, he "I try to be as invisible as

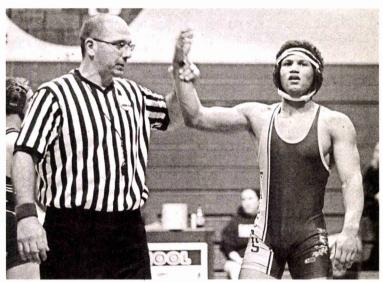
possible," Cunmulaj said. "If I make a mistake, I'll walk over and apologize and say, 'I'm sorry; I didn't see that.' I try to combine the two things and get the best of two worlds for the coaches and the referees.

"There was one incident this year at a tournament. A guy was hanging on the railing. He leaned over and screamed something at me. I said, 'Sir, if you want to stay in the gym, you might want to sit down.' He sat down.

"He came to me later and said: "I'm sorry about what I said.' I said: 'I understand; everybody gets upset sometimes.

Sometimes, Cunmulaj's reputation precedes him with coaches who've seen the tape of him wrestling a black bear 20 years ago at a promotional

"I look back and say, 'What was I thinking?" Cunmulaj



JOHN STORMZAND | STAFF PHOTOGRAPHER

Zaim Cunmulaj declares Farmington's Gyasi Davis the winner during a match this past season.

said. "A couple guys wrestled him before me. As soon I got up there, (the owner) told the bear to stand up. My eyes opened like half-dollars.

'We kind of wrestled around. He was just kind of playing. It was something to remember.

"As a young referee, you get a lot of good feedback from coaches. Some have said, jokingly, if I did make a mistake, they weren't going to tell

It's no good to yell

The worst thing an athlete or spectator can do is yell at an official, according to Cunmulaj, a resident of Walled Lake.

'I've never had a problem with that," he said. "Most coaches seem to do a good job of keeping spectators in line. It's something that happens in every sport.

"You walk into any gym and hear that. You just have to let it roll off your back. You just kind of block it out.

"I've seen kids sitting there

yelling at referees. I'll walk over to him and say, 'Coach, this guy or that guy needs to watch what he's doing or keep it to himself.' I've had very little problems with anybody."

As a former coach, a major motivation for Cunmulaj being an official is to encourage and help young people.

"When a match is over and a guy walks by with his head down, I'll ask, 'What year are you?' I'll say, 'I didn't do very well as a freshman, either. Keep your head up and stick with it. You're a very good wrestler," Cunmulaj said. "Most of the time, he'll pick his head up and smile."

Like most sports, the Michigan High School Athletic Association is in need of more officials in wrestling, he added.

"Some guys are getting ready to retire," Cunmulaj said. "We need to get more younger guys involved, guys younger than me or just out of high school.'

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EDUCATION

Continued from Page B2

when the referees are bad. At the same time the culture we live in now is ignorant. People feel the need to speak out about anything and everything. Most of the parents yelling have no idea what they are yelling about. Parents are competitive and get way into the game. Instead of enjoying the game and watching their son or daughter run around

and play soccer, they just want to win and yell as loud as they can for no real reason.

Q: In your opinion, what needs to happen for this current situation to be alleviated?

TW: Players, coaches and parents need to be educated. There is a current system in place, but it is a very loose and relaxed system. FIFA and U.S. Soccer has had movements like 'Say No to Racism' or 'Respect the Game.' The English Football Association released a commercial last year about parents yelling at youth games magnifying how embarrassing it is and how you ruin the entire game for everyone. But not enough is being done for referees. It either has to start from the top at U.S. Soccer or it needs to start from the clubs. Everyone knows that the treatment of referees is terrible. Referees are verbally abused, (and) physically abused in certain situations. But is has become a problem that no one wants to resolve. When an issue does come up

about a referee being assaulted, abused, killed, as a referee community we are aware. MSYSA is aware. But U.S. Soccer, the top dog, is not doing enough to protect soccer referees or educating parents and players. I do not include coaches in that because coaches nowadays have to take a referee portion test/module when they get new licenses so coaches are very knowledgeable on the laws of the game."

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"I understand the safety and understand that players and fans can be stupid, but ... when players and coaches and fans are yelling, there is usually a reason."



BILL BRESLER I STAFF PHOTOGRAPHER

On any given Saturday, Mario D'Agostino (left) and Kevin Winningham expect to work several games, at the very least. Every year, fewer are returning to officiate contests in youth, high school and adult rec leagues.

REFEREES

Continued from Page B2

"So they tell (the parents), don't approach your coach, have a 24-hour rule before you approach a coach about a problem with your son or daughter. Don't yell at the coach, don't yell at the players on the field. Let the coach coach the kids.

'So all of those are great things. But many times, during tryouts when they communicate that at the beginning of the season, once the season begins, all of that accountability goes out the window, it's just a free-fall for parents to say whatever they want to.'

As the young official found out first-hand on this particular day at High Velocity, that lowly standard applies to those whose kids are playing for a rec league participation trophy — those who probably never

will compete for a World Cup someday.

"We give little \$2 trophies to these little kids that are absolutely meaningless in a weird sense," D'Agostino said. "But it seems like it's so much for these parents."

Inexpensive trophies aside, today's "win at any cost" mentality is something that troubles both veteran refs

"That's something I just can't understand," D'Agostino said. "I just think it also comes with maturity and age. The younger (parents) tend to be a little bit worse because of the fact they are new to the sport and a lot think their (children) are superstars, that they're going to be playing in the big leagues someday.

"When it all comes down to it, it's just a game."

Win off the field

What's the big deal about 10-year-old kids winning when

there are so many other positives to be gleaned from an hour or two on a soccer field?

TYLER WINNINGHAM

'That shouldn't be the ultimate goal," Winningham said with a nod. "The ultimate goal should be fun, development of our kids, friendships, developing skills of communication, commitment, hard work and discipline. And it's all about the trophy."

Perhaps what should be doled out instead are those wristbands to respect the game — and each other.

They hope it isn't too late for that already.

"Unless some changes are going to be made, I don't see it getting better," D'Agostino said. "I really don't. ... Society changes. It really starts in the home."

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BASEBALL PREVIEW — PART 1

Heating up for the new season

Wildcats in Florida preparing to jump out of the gate

> **Tim Smith** Staff Writer

This week, Plymouth's varsity baseball players are soaking up the sun with spring workouts down in Florida.

And when they return to Michigan for Monday's season opener at Ann Arbor Skyline (4:30 p.m.), third-year head coach Jason Crain is as confident as ever that the Wildcats will bring the heat.

'We look forward to coming together as a team and building upon the strong base (that) previous classes have built," Crain said.

It doesn't hurt to have an outstanding nucleus of returning players who were key to the 2015 team going 27-13-1 and winning the KLAA South Division and first-ever Division 1 district title - not to mention establishing a new program record for victories.

Captains Pete Carravallah and Evan Claggett "look to lead



BILL BRESLER | STAFF PHOTOGRAPHER

Two key members of the Plymouth varsity baseball team are seniors Josh Sulak (left) and Kyle Wolter.

a strong group of returning starters, including Josh Sulak, Kyle Wolter and Ryan Elliott.

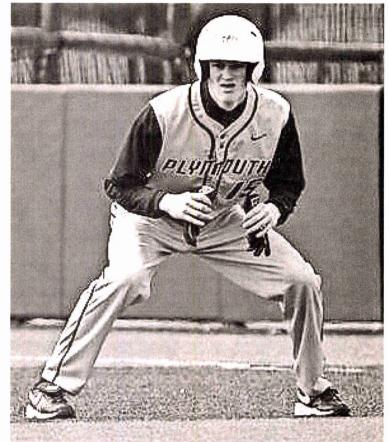
That standout quintet will be augmented by several other players who contributed to the 2015 success. Those include Owen Spryszak, Justin Raylean, Mike Farrere, Regan Fleisher, Taylor Burke and Josh Janovsky.

Add to the mix a group of newcomers in whom Crain sees big things to come, in Mike Matovina, Brenden Lac-

orato, Austin Scheffer, Chase Timko, Mike Wischer, Nik Patel, Jacob MacBrien, Max Marco, Evan Good and Chase Every.

After facing Skyline, the Wildcats will host Novi Detroit Catholic Central at 4 p.m. Friday, April 8, at Plymouth-Canton Educational Park.

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MICHAEL VASILNEK

One of the catalysts for Plymouth's 2016 attack will be senior spark plug Pete Carravallah

GIRLS SOCCER PREVIEW — PART 1

Rocks hope to hit the pitch running

Tim Smith Staff Writer

It never helps any team to lose an all-state performer like Kaitlyn Pelech, who was stellar in the back for the 2015 Salem varsity girls soccer team.

But second-year head coach George Tomasso is enthusiastic that the Rocks (10-6-2 last year in the Kensington Conference) can fill the void caused by Pelech's graduation - and then some.

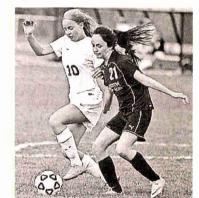
"I'm very excited for the upcoming season," Tomasso said. "Our program has a lot of returning varsity players, as well as some underclassmen that could make a tremendous

The Rocks do boast a trio of outstanding senior returnees and co-captains in Caroline Simko (midfield), Marisa Martin (forward) and Hailey Katul-

ski (defense). Simko, Martin and Katulski highlight a deep senior class.

Others include Pamela Beas (defense), Kamrey Dingelday (defense), Annalyse Drouillard (defense/midfield), Sara Hawks (defense/midfield). Miranda VanDerRoest (midfield) and goalies Casey Kotrba, Abbey Ozenaric and Jillian

Juniors on the roster include Olivia Harkins (midfield), Jayna Lenders (mid-



JOHN KEMSKI I EXPRESS PHOTO Hailey Katulski (left) is one of three Salem senior co-captains who will be called upon for ability on the

field), Nikki Pilon (forward), Bailee Soper (forward), Gabby Teodorescu (defense/midfield)

field and team leadership.

and goalkeeper Skyler Grant. Salem's lineup also will be dotted by some younger performers eager to gain playing

Those players include sophomore forwards Katie Coleman, Anna Faybrick and Ari Finn and sophomore defenders Gabriella Mazzuca, Rhona Nicol and Brittney Simpson.

"I'm looking forward in seeing how our team jells together," Tomasso said.

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USA HOCKEY NTDP UNDER-18 TEAM

Last chance to check future NHLers

Forward Clayton Keller, shown from a recent game, is one of several top NHL prospects on the U.S. NTDP

Under-18 team. Keller and his teammates will play their final home game at 7 p.m. Thursday

Top-level NHL prospects Keller, Bellows, Krys to play final home game Thursday

USA Hockey's National Team Development Program Under-18 team hosts the Muskegon Lumberjacks at 7 p.m. Thursday at USA Hockey Arena in Plymouth Township.

The United States Hockey League tilt will be the final home game of the season for the U18s, who will play April 14-24 in the upcoming U18 World Hockey Championships at Grand Forks, N.D.

Students with proper ID will be admitted to the game for \$5. Other specials will

include \$1 hot dogs and \$2 burgers. Call the USA Hockey Arena box office at 734-453-8400 for more information.

Thursday is the last chance to see top-rated NHL prospects Clayton Keller (U18 leading scorer with 29 goals, 56 assists, 85 points in 52 games), Kieffer Bellows (40-28—68) and Chad Krys (3-21— 24, in 43 games) at USA Hockey Arena.

The U18s come into Thursday's game with a record of 12-3-1 at USA Hockey Arena

against USHL and college

RENA LAVERTY | USA HOCKEY

teams. In addition, Muskegon (25-23-3-4) features the USHL's leading scorer, Rem Pitlick (43-38—81 in 51 games), and Dallas Starsdraftee Matej Paulovic (19-

29-48 in 44 games). Meanwhile, the U.S. NTDP Under-17 team does have another home appearance around the corner.

That contest is slated for 7 p.m. Friday, April 8, against Youngstown.

BOYS GOLF PREVIEW --- PART 2

Post-Trosper era beginning for Chiefs

Staff Writer

Donnie Trosper, an all-state Super Team member in 2015, is golfing at the University of Central Florida. Other ultra-talented golfers

such as Noah Lindlbauer, Chris Dooley, Hunter Schlampp and Josh Johnson also graduated not long after Canton's varsity boys golf team

finished last season with a third-place showing at the Division 1 state

Potluri

The Chiefs went 6-2 in the Kensington Conference and 4-1 in the KLAA South Divi-

Still, veteran Chiefs coach Tom Alles is looking forward

to this season to see how quickly a handful of returnees mesh with promising newcomers.

"I think it will be difficult to repeat the success that the 2015 team had, considering we graduated so many talented golfers from that squad," Alles said. "I anticipate that we will rely heavily on our three seniors, Brian Oldani, Phillip Conrad and Brenden Chan, for leadership."

One of the team's top performers could be junior Suhas Potluri, who already has extensive varsity experience.

Another junior to keep an eye on is Dominic Dimaya, who Alles said has performed well during tryouts. Other juniors include Curt Yun and Ryan Witczak.

Canton has plenty of young talent on the roster that could help the team fill the void of the graduations.

"Paul Maurer has the lowest average so far out of a promising sophomore class that also includes D.J. Jablonski and Patrick McDougall,' Alles said.

And another sophomore, Ben Samoy, along with freshman Steven Hess, posted the lowest average of first-year players coming out for tryouts.

"A lack of overall varsity experience could be an issue for the 2016 team," Alles said. "We lack the depth that the 2015 team utilized so well.

"If our veteran players can perform consistently and we can get some help quickly from a few of our less experienced players, I am hopeful that we can be competitive in our division and in the KLAA Kensington as a whole.'

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CHIEFS

Continued from Page B1

staff returns from last season. Seniors Greg Goodbred, Mitch Zelenak and Tyler Byers will head the pitching staff, with senior Noah Spencer (the

starting shortstop) another key

middle and our entire pitching

hurler when needed. 'Each threw significant innings last season," Blomshield said. "And we are expecting them to be solid con-

tributors." They will be augmented by senior pitcher Nick Sprosek (starting third baseman) and sophomore Lou Baechler, who will chip in as an infielder and pitcher.

Bar set high

Canton will have to make up for the graduation of standouts such as catcher Nick Romanauski, now playing for Schoolcraft College's debut baseball team. The Chiefs' pitching staff will now throw to senior catcher Mike Flaishans, one of three players new to the starting

'We return six of our nine starting position players," Blomshield said. "This ball club has very solid depth and we expect to be a highly competitive team this season. We have set the bar extremely high and it will be interesting to see how this group of seniors responds to the challenges of our confer-

"During this off-season, we understood we have a few holes to fill due to graduation and our staff is confident that we have made the necessary adjustments to be a solid all-around ball club."

MARK BLOMSHIELD Canton coach

ence and non-conference schedule.'

Spencer is viewed as an essential component both on offense and defense, providing a strong bat as well as range and athleticism at shortstop

His keystone partner will be either junior Justin Dolney or sophomore Andrew Krafft.

On the corners will be Zidzik at first base and Sprosek at third, both also expected to provide some thump for the Chiefs.

Blomshield will have some roster flexibility, too, with Baechler along with juniors Jake Dattilio and Justin Mattson, who "will also be expected to contribute" wherever they are needed on the field or in the lineup.

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SOFTBALL PREVIEW — PART 1

Chiefs will look to set the pace this season

Canton ready to push the envelope in 2016

Tim Smith

The "fast and the furious" could very well apply to Canton's varsity softball team, with a roster of players ready and able to spring to the top of the KLAA South Division standings.

That's the plan, as far as Chiefs head coach Al White is concerned. He is optimistic that his team will step it up even more from last season's 24-14 overall record.

"Good, but not up to Canton's standards," White, the longtime Madonna University softball coach, wrote in an email to the Observer. "We fought the injury bug last year. You got to be good and a little lucky and stay away from injuries."

The Chiefs feature a future Detroit Titans player in senior outfielder and co-captain Elizabeth Yager; she batted .513 and registered 30 stolen bases despite missing a month of action last year.

Another senior standout is co-captain Mackenna Payne, "who will be in the circle for us."

Payne and other Canton pitchers will throw to senior catchers Victoria Porter and Maddie Stowe (who also plays outfield) or sophomore catcher Hannah Hajdel as the Chiefs have a solid depth chart at the position.

White said four juniors are just starting to enter their own, with each player "playing a major part in our team success.'

That group includes cocaptain and shortstop Olivia Grant (the No. 2 hitter in the lineup), second baseman Sydney Dawson, third baseman/ pitcher Peyton Philbeck and outfielder/infielder Allayha

Heart of order

With a lineup of contact hitters and speed merchants that can put pressure on the opposing defense, another difference-maker is sophomore co-captain Izzy Dawson, who swatted 29 doubles last

"Izzy will be in the third slot of the lineup," White said. "She was our shortstop last year, but we will move her to first base this year."

Zajdel is set to bat cleanup and will be penciled in either at catcher, third base or designated hitter.

'She missed a lot of time last year with a shoulder injury, but she looks healthy this year and ready to go," White said.

Rounding out the team will be three sophomores up from junior varsity and intriguing freshman Nicole Dawson (cousin of Sydney and Izzy Dawson).

The sophomores are Samantha Mattern (outfield),



Canton senior outfielder Elizabeth Yager, shown in this undated file photo, brings a standout all-around game to the squad.

Morgan Stephens (outfieldfirst base) and Aja Penick (outfield), of whom White said "all have outstanding speed" and are ready to move up to the varsity level.

Perhaps the X-factor will be Nicole Dawson, a "very good athlete" who will pitch and play infield.

White said the Chiefs will need to handle a strong

schedule, including stateranked teams Plymouth, Northville, Clarkston, Waterford Kettering and Bay City Central.

According to the district website, the season opens Friday, April 11, at home against South Lyon.

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BOYS BASKETBALL STATE FINALS

Raiders fall short in first appearance in Class A final

Top-ranked Jesuit wins state championship with 69-49 win over North

Dan O'Meara

It was a disappointing finish for the North Farmington varsity boys basketball team and its fans Saturday after a great run through the Class A state tournament.

The Raiders, though they were considerable underdogs to top-ranked University of Detroit-Jesuit, had their hopes and sights set on winning it all. But so did the undefeated Cubs, who claimed the school's first state championship with a 69-49 victory at the Breslin Center in East Lansing.

With 11 seniors on this year's team, North made history by getting past the regional final to the last day of the season, finishing with a 24-3 record and a school mark for single-season wins.

"I can't say enough about this group of kids, what they've meant to our program, what they've meant to our school and the North Farmington community," coach Todd Negoshian said.

"They left an impression, not just from a basketball standpoint, but a life standpoint on how to behave, how to carry yourself. It goes way beyond the basketball court and there aren't enough words to say how proud I am of them."

Scoring wizard

U-D senior guard Cassius Winston showed the crowd of nearly 10,000 and a television viewing audience why he is the 2016 Mr. Basketball Award winner.

The Michigan State recruit scored a game-high 31 points on 14-of-16 shooting with two 3-point baskets and a free throw to go with nine assists and four rebounds.

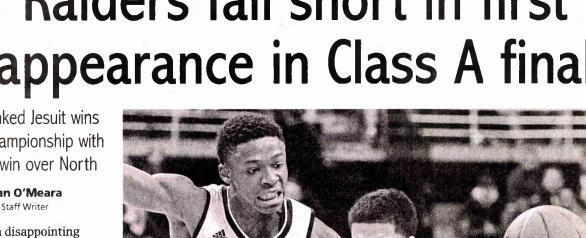
'We felt, if we could try to keep Cassius out of the paint, we'd give ourselves a chance to win," Negoshian said. "That's the best I've seen him play in four years.

"I don't know if it was the big stage, the final game, but that's the Cassius that's going to Michigan State and he was really damn good tonight."

Winston was able to penetrate the lane with his ballhandling skills and scored the majority of his points on drives to the basket.

"This one of those days I knew I would need my best performance," the 6-foot-1 Winston said. "It was going to be my last high school game, the last chance at winning a state championship.

"I had to go out and play



JOHN STORMZAND | STAFF PHOTOGRAPHER

North Farmington senior Billy Thomas drives past U-D's Elijah Collins in the state final.

my best game. I was zoned in, focused and ready to go. I was scoring the basketball, so my teammates kept going to

'A great season'

Junior guard Scott Nelson helped dash the Raiders' hopes, coming off the bench to hit a pair of threes and score 13 points on outside shooting.

Ikechukwu Eke, one of two 6-foot-9 starters for the Cubs, had 10 points and 13 rebounds. The other big man, Greg Eboigbodin, added eight points and eight boards.

Senior Billy Thomas scored 23 points for the Raiders, who were 5-of-24 from 3-point distance. Jacob Joubert scored eight points, Amauri Hardy six and Alex Darden five.

Cubs take charge

The Raiders got down early, but made a game of it in the first quarter, staying within one, 16-15, with a Thomas layup.

U-D (28-0) scored the last five points of the opening quarter and stretched its lead to a dozen at halftime, 39-27. That was as close as the Raiders got as the Cubs expanded the margin in the second half.

The Cubs finished the game shooting an amazing 63 percent (29-of-46). It would have been very difficult for the Raiders or any team to match that. North shot 34 percent (20-of-59).

"I can't be more proud of these guys and what they did today," Cubs coach Pat Donnelly said. "We hung our hat on what we do best and that's defend. It gave us a lot of great opportunities.

"Being named the state champion in Michigan is something we've dreamed of at U-D. In over 100 years of playing basketball, this is the first one.

There's a lot emotion and a lot of pride right now, sitting up here (in the postgame interview room) and being able to say we're state champions.'

Raiders perspective

Darden, who also had five rebounds, three steals and one block, appreciated the support the Raiders had throughout the tournament.

'It's been great with everybody in our community and our school wishing us luck, hearing from people you haven't talked to in a while," he said. "Everyone iust wants to see you succeed.

"The most special thing was that everyone was behind us and supported us to the end. Even when we were about to lose the game, they still cheered us on. I can't

thank them enough for that." He added the defeat was a tough pill to swallow, to get to the final game and not have the outcome the Raiders wanted.

'This is what I've been working for so hard for four years," Darden said. "We've put so much time, blood sweat and tears into it. To be so close and not take it, it's heartbreaking.

"As a senior, there are no more chances now; I'm out. It's disappointing, but then again we can't just throw out what we did all season. It's been a special season."

A key component

Thomas, who was at U-D and transferred to North, was a great addition to the program this season, averaging more than 20 points a game as the team's leading

"He grew up in our district," Negoshian said. "He's been friends with our kids, so he'd be at all of our open

"You can throw out basketball. I was just so happy to have another great kid in our program who does things correctly on and off the floor."

WOMEN'S SOFTBALL

Schoolcraft splits pair with Macomb

Plymouth graduate Gerou's complete game lifts Lady Ocelots to 8-2 win

> **Tim Smith** Staff Writer

Displaced from Ford Field due to last week's heavy rain, the Schoolcraft College softball team played Saturday's doubleheader at Macomb Community College instead.

And thanks to a complete game by sophomore pitcher and captain Elaine Gerou (Plymouth), the Lady Ocelots notched their first Michigan Community College Athletic Association victory, an 8-2 triumph over the Monarchs.

The win followed the day's opening contest, a 3-0 loss to the defending conference champions.

"Overall, I was pleased that we were able to go to Macomb and get the split," Schoolcraft head coach Rey Linares said. "We didn't do a good job of executing and moving our baserunners in the first game; we cannot strand all those base-runners and expect to win many games in this tough conference.

"But we made the necessary offensive adjustments in the second game with a good mix of strategic hits and small ball. accompanied by solid team defense.



Gerou's work in the circle was outstanding in Game 2. She allowed eight hits and two earned runs without walking a batter and fanning two.

Schoolcraft overcame an early 2-1 deficit, tying the contest in the fourth on a squeeze bunt by freshman outfielder Alaina DeFrain (Livonia Frank-

That hit scored sophomore shortstop and captain Katlyn McIntosh (Garden City), who had singled to open the inning.

A four-run fifth blew the game open for Schoolcraft, which loaded the bases on hits by Mackenzie Quinn, Shelby Shelton and freshman third baseman and Garden City product Kelsie Pow-

A sacrifice fly by freshman Mariah Coleman gave the Lady Ocelots the go-ahead run and Livonia Stevenson alum Kassidy Lipinski, a freshman second baseman, drilled a line drive home run to left-center, opening up a

Capping off the big game was a two-run sixth and Schoolcraft (4-9 overall, 1-1 in the MCCAA) had more than enough offense to prevail.

In Game 1, freshman pitcher Kerry Prowse threw a complete game and gave up just three runs and two walks while striking out three.

But the Lady Ocelots weren't able to provide her with much offense in the loss. Powell led Schoolcraft with two hits, with single hits by Quinn and Caitlin Fitzpatrick

Schoolcraft will visit Oakland Community College for a conference doubleheader set for 3 p.m. Friday.

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On or after April 12, 2016, Al Jazeera America will cease its operations and be dropped from

Bright House Networks utilizes a digital video delivery technology known as Switched Digital Video (SDV). SDV is a robust bandwidth management system that makes it possible to offer more digital video programming services than before including new HD channels. To be able to offer more new video services. Bright House Networks will be moving some existing programming services to the new SDV system as well as adding new services on the SDV system.

Network	Tler	Location	Network	Tler	Location
CNN East	Standard	27	CBET CBC	Basic	9
ESPN	Standard	29	WADL	Basic	19
Fox News	Standard	24	WDIV NBC	Basic	4
Freeform	Standard	59	WJBX FOX	Basic	2
FSN Detroit	Standard	32	WXBD CW	Basic	5
HGTV East	Standard	48	WMYD MyTV	Basic	6
TBS East	Standard	36	WPXD ION	Basic	21
TCM	Standard	37	WTVS PBS	Basic	11
TLC East	Standard	43	WWJ CBS	Basic	14
TNT East	Standard	35	WXYZ ABC	Basic	7

These services will not be available on uni-directional retail devices as of the date(s) noted above. If you want to subscribe to these services, you will need a digital set-top box or tuning adaptor from Bright House Networks. Customers may continue to use their uni-directional retail device and CableCARD to receive video programming other than the programming delivered on the SDV system. Customers who also utilize a digital set-top box or tuning adaptor will be able to receive video programming delivered on the SDV system. Customers will be notified in advance of any other programming changes

On or after May 1, 2016, Bright House Networks will change the frequency it uses to deliver the

following digital channe	els:				
Network	Tier	Location	Network	Tier	Location
WJBK (FOX) HD	Basic	2.1	WXYZ (ABC) HD	Basic	7.1
WDIV (NBC) HD	Basic	4.1	WXYZ (ABC) - Bounce	Basic	7.2
WDIV (NBC) - This TV	Basic	4.2	WXYZ (ABC) - Laff TV	Basic	7.3
WWJ (CBS) HD	Basic	62.1	WMYD (MyTV) HD	Basic	20.1
WTVS (PBS) HD	Basic	56.1	WADL (Ind) HD	Basic	38.1
WTVS (PBS) - Create	Basic	56.3	CBET (CBC) HD	Basic	9.1
WTVS (PBS) - Plus	Basic	56.2	WPXD (ION) HD	Basic	31.1
WKBD (CW) HD	Basic	50.1	l		

On or after May 20, 2016, Tennis Channel will be available on the Premier Channels tier on channels 553 and 653

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Accurate Mortgage Solutions	164511	(800) 593-1912	3.5	0	2.75	o
AFI Financial	2431	(877) 234-0600	3.49	0	2.75	0
Ameriplus Mortgage Corp.	127931	(248) 740-2323	3.625	0	2.75	0
Dearborn Federal Savings Bank	399721	(313) 565-3100	3.875	0	3.125	0
Fifth Third Bank	403245	(800) 792-8830	3.75	0.25	3.125	0.125
Ross Mortgage	107716	(248) 282-1602	3.875	0	3.25	. 0
Zeal Credit Union	408356	(734) 466-6113	3.75	0.25	3	0

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bsmt, GA, CA \$150,000
Sprawling Ranch
3bdrms, updated kitchen
w/appliances, bedroom has french
door that opens to huge deck in
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128 Alcoves

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ACROSS 51 Duncan of 95 Filmdom's 1 Pre-Easter dance Kazan 52 L.A. winter 97 Cookie 6 Confront hrs. baker in a 54 Bit of web boldly tree 12 Entrée video gear 100 Part of 56 Burrito kin accompanier UNLV 20 Into pieces 57 "American 102 Least 21 "- & Grea" Pie" actress confined (old sitcom) Reid 104 Horace's 58 Aesop's 105 Swimmer Roberto language with a long, 61 Robert Louis 23 Style for Stevenson flattened Twiggy or Halle Berry short story snout 25 Turned away with 'The' 110 Singer Marie 63 POW's place

26 Remove with 66 Difficult trial 68 Prize taker a dustpan, 69 Credits for say 27 Mate of currying Mom favor 28 Dead duck 72 World Series 29 Jesting sort month

31 Prelude 33 Kitschy lawn decoration 36 Blasting inits. 37 Matador 39 Low mark 40 Diet Coke alternative 44 Banios'

30 Kin of -ette

cousins, in 47 Boxer Roberto

55-Down: Abbr. 90 One issuing a revision 93 Deer daddies

112 Destroy the inside of 115 Lactodiet perfect games 76 Goal 117 Wide shoe 77 Yard dividers spec 82 Grimm story 119 With regard 84 Born earlier to pitch 121 New film's 86 Roof edge 87 Took a plane initial 88 - Z (the showings works) 123 Spago 89 Part of restaurateur 125 Licorice-

tasting liqueur 126 One way to serve cafe - Lauder

inserts 130 Performers DOWN 1 Little slip-up 2 Sweeping stories 3 Greek island 4 Duet + one 5 Enter by foot 6 Change to fit 7 Greek letter 8 One of four on a sedan 9 Kind of whale 10 Smear mark

11 Design on skin, in brief 12 Atlantic fish 13 Actress Graff 14 Rely 15 Appeared 16 Woodsy lair 17 Bisected 18 Iron output 19 Bush row 24 Stalking sort 28 Totally get 32 Artery: Abbr. 34 In — (mired) as a dog

35 Fix, **36** — wave 38 Lured 40 Is in session 41 Jr.'s exam

83 Online "Ha!" 42 - avis (oddity) 85 Wipe 43 Sharp turn 89 Jamie of TV 45 Green start? 91 Intend to do 46 The Devil 92 Crazy 48 Police action 94 Holy French 49 Crest ladies 96 "- all 50 "Negative"

possible ..." 53 BBQ pest 55 Weekday 98 Singer Gloria 99 Summer, in 59 Propel a Savoy boat 60 Golfer Fls 101 Hog noises 61 Tow-headed 103 Just manage 105 Really 62 Emit coherent succeed 106 Like lambs liaht 64 Big name in 107 Of the fifth

advice element 65 Garbo of film 108 Novelist 67 Hulking 109 Tap-dancer and dumb. Gregory maybe 70 Elocute 111 Les - - Unis 71 Mineral 112 Thighsuffix rotating 72 Does in muscle, informatly 73 City in Colombia 113 Peptic 74 Arena area disorder 114 Moppets 75 "1984"

78 Gets closer to Henri 79 Blanchett of 120 Lhasa -"Elizabeth" (small dog) 80 Stunt puller 122 Wind dir. Knievel 123 Used to be 81 Toiler of yore 124 "Shoo!"

23 30 63 93 115 121 125 128

For assistance or suggestions on the Puzzle Corner, contact Steve McClellan at (517) 702/4247 or smcclellan@michigan.com. Want more puzzles? Check out the "Just Right Crossword Puzzles" books at QuilIDriverBooks.com

SUDOKU 6 2 4 8 2 7 5 3 3 6 5 7

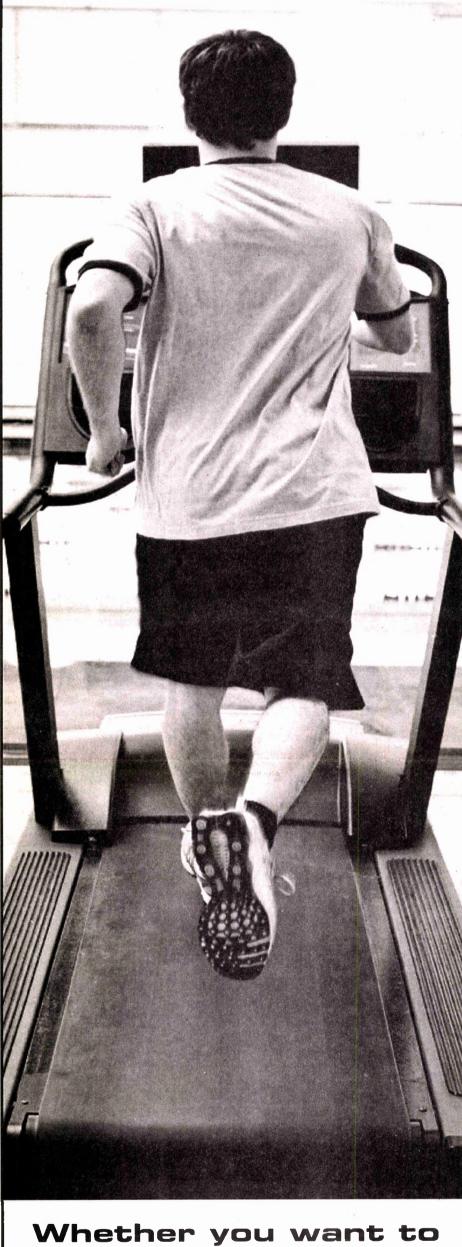
Here's How It Works: Sudoku puzzles are formatted as a 9x9 grid, broken into nine 3x3 boxes. To solve a sudoku, the numbers 1 through 9 must fill each row, column and box. each row, column and box. You can figure out the order in which the numbers will appear by using the numeric clues provided in the boxes. The more numbers you name, the easier it gets to solve the

9	6	7	L	9	t	2	3	8
3	G	L	8	9	5	6	7	Þ
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Þ	9	2	6	8	L	ε	9	Z
9	L	6	Þ	3	7	8	2	9
8	4	3	9	7	9	1	Þ	6

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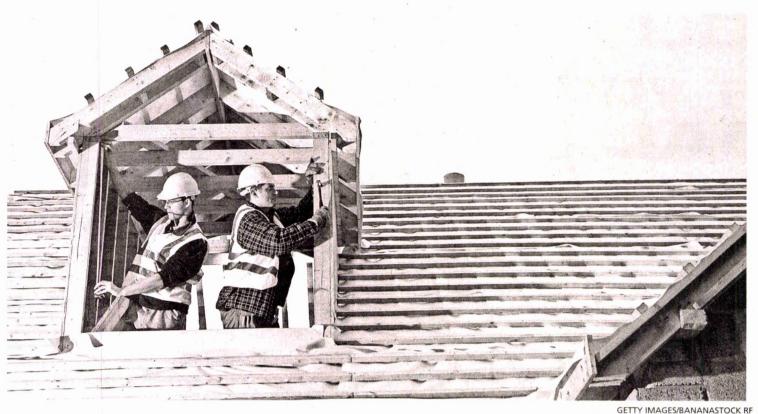




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Building of new homes is increasing.

SE Michigan new housing report shows upswing in building

Julie Brown Staff Write

With some late reporting by municipalities in the fourcounty area, the final total for new single-family home permits issued in 2015 (4,316) across Macomb, Oakland, St. Clair and Wayne counties nearly matched the total in 2014 (4,321). When multi-family activity is added to the totals, 2015 (5,658) saw its best year for permit activity dating back to 2006 (6,962).

"It is very encouraging," said Michael Stoskopf, CEO of the Home Builders Association of Southeastern Michigan. 'To have such a strong start to the calendar year. What a difference a decade makes. Now that we're on the upswing, that's very exciting four our builders and I'm sure the citizens of Michigan."

Based on single-family new home permit data compiled by the Home Builders Association of Southeastern Michigan and reported in the HBA Southeastern Michigan Residential Building Activity Keport, a total of 603 single-family permits were issued in Macomb, Oakland, St. Clair and Wayne counties in the two-month, January-February 2016 time frame. That's the highest two-month total to start a calendar year since

January-February 2006 (1,025).

Activity was 70 percent higher compared to January-February 2015's total of 354 permits, reflecting in-part the much milder weather this vear compared to last. Oakland County leads this year's fast start with 254 new home permits and 162 multi-family permits issued in January-February

Said Stoskopf of the encouraging news, "No. 1, it's people being em-ployed." Roofers, carpenters, those who lay carpet and others go to work when home building



Stoskopf

"There's people that need to work to do those jobs," he said. Also, the new homeowners begin to think about major retail purchases such as a couch or a refrigerator.

"It's showing up in retail outlets," said Stoskopf, adding, Typically, new nomes have a higher value for the unit because of newer materials" than do existing homes.

That translates to higher property taxes which in turn benefit school systems, he

"The more people you have

working, the more service jobs you have. That restaurant on the corner has people working," Stoskopf said. "The other benefit of people working is all the service jobs.'

Working people often need a place to go for lunch, he noted, boosting the local econ-

As for lessons to be learned from the Great Recession, Stoskopf notes it's his own opinion people got tied up in thinking "everybody was enti-tled to buy a home."

His daughter and son-inlaw, in their 20s, are now working out what a down payment on a home should be as well as their other expenses. Their question is "What can we afford and figure out the right number?"

He noted there were some predatory lending practices. "If we don't learn that from the Great Recession, we're doomed to repeat it." There are people on both sides of the political aisle now, Stoskopf said, who say home ownership should be unrealistically high, such as 70-80 percent.

Some people either don't want or can't afford a home, he said. There was a housing "bubble nationwide," in the Great Recession, he said, although auto sales were a major factor locally.

"People stop making cars,

they get laid off. It's really auto manufacturing that's the primary driver still in southeast Michigan," Stoskopf said.

Based on the econometrics used in the forecast calculations, the HBA/ASA New Housing Permit Forecast projects a total of 3,087 permits will be issued in the sixmonth, March-to-August time frame, which represents an increase of 23 percent over the actual permits issued during the same period in 2015 (2,504).

In the midst of that forecast is the projection for May. If the prediction holds, May 2016 would see over 600 new home permits issued in a single month. This would be the first time since July 2006 (718) that permits exceeded that threshold, according to the HBA.

The HBA's monthly new housing permit forecast is sponsored by ASA, asabuilderssupply.com, an area busi-

Stoskopf also encourages attendance at the April 1-3 Spring Home & Garden Show of the HBA, held at Suburban Collection Showplace on Grand River Avenue in Novi. You can get home ideas and talk to contractors there, he noted.

jcbrown@hometownlife.com Twitter: @248Julie

Management company needs to earn its keep

Q: Our board is considering a law firm who has indicated that they represent a magnitude of associations, but it is hard to get them to call us back. Our management company recommended them, and says that a lot of management companies recommend them; what are your thoughts on this?

A: Some management companies recommend the same law firm over and over again notwithstanding how well they perform because they have a "special" rela-tionship with



them. Accordingly, the law firm doesn't have to work very hard to get clients or, for that matter, retain them, because they know that they have a constant source of referral from management companies with whom they have a close relationship and, in many instances, the law firm will never pursue any claims that the association might have against the management company. You are best advised to consider another management company as well as another law firm who will give you service that you deserve and who need not be complacent in providing you with what you are entitled to when an issue arises within the management company.
Q: We have a Declaration

for our homeowners association but, unfortunately, it does not have any provision for amending the Restrictions Section. What is it going to take to amend our restrictions and can the board use its rule making power to impose any new restrictions?

A: Based upon a recent Michigan Court of Appeals decision, the absence of an amendment provision in the original Declaration of Restrictions for a subdivision lawfully precluded the HOA from later amending its Declaration with less than unanimous consent to impose additional restrictions on the homeowners. The court said that the amendment provisions and restrictive covenants and bylaws will be enforced as written and if there is no provision requiring less than unanimity, it will be required. Again, this is something that you should consult with your community association attorney about before engaging on this issue.

Robert M. Meisner is a lawyer and the author of "Condo Living 2: An Authoritative Guide to Buying, Selling and Operating a Condominium." He is also the author of "Condominium Operation: Getting Started & Staying on the Right Track," second edition. Visit bmeisner@meisner-law.com. This column shouldn't be construed as legal advice.

Realtor survey: Suburban homes hold their appeal

Over three-quarters of surveyed households would purchase a single-family home if they were to buy in the next six months, and 79 percent of renters would choose to buy outside of an urban area, according to the second installment of the National Association of Realtors new quarterly consumer survey. The survey also found that confidence about now being a good time to buy is waning amongst renters, particularly in the West where prices have solidly

In NAR's first quarter Housing Opportunities and Market Experience (HOME) survey, respondents were asked about their confidence in the U.S. economy and various questions about their housing expectations and preferences, including a question on if they were to purchase a house in the next six months, what type of home and in what area would they choose to buy.

The survey data reveals an overwhelming consumer preference for single-family homes in suburban areas. Most current homeowners (85 percent) and 75 percent of renters said they would purchase a single-family home, while only 15 percent of homeowners and 21 percent of renters said that would buy in an

Lawrence Yun, NAR chief economist, says the survey findings call attention to the glaring need for more supply of single-family homes. "The American Dream for most consumers is not a cramped, 500-square-foot condo in the middle of the city, but instead a larger home within close proximity to the jobs and en-

tertainment an urban area provides," he said. "While this is not a new discovery, supply and demand imbalances and unhealthy levels of price growth in several metro areas have made buying an affordable home an onerous task for far too many first-time buvers and middle-class families.

According to Yun, it's time for home builders to double their focus on constructing single-family homes. With millennials increasingly buying in the suburbs — as NAR reported earlier this month tight inventory and affordability concerns will likely worsen without significant headway made in housing starts in relation to job creation.

Renters lose optimism about now being a good time to buy

Heading into the spring buying season, NAR's survey found that compared to the December 2015 survey the same share of homeowners (82 percent) but fewer renters (62 percent versus 68 percent last quarter) believe that now is a good time to buy.

"A high number of homeowners are expressing that it's a good time to buy and this sentiment is no doubt being fueled by the \$4.4 trillion in housing equity accumulation in the past three years," Yun said. "On the other hand, accelerating home prices and the perceived difficulty in obtaining a mortgage appears to be tugging at the confidence of

Overall, respondents over the age of 65, those living in the Midwest and those with incomes over \$100,000 were

the most optimistic about buying now.

Among current homeowners, fewer (56 percent) believe it is a good time to sell compared to the fourth quarter of 2015 (61 percent). Amidst steep price increases and tight supply, respondents in the West were the most likely to think now is a good time to sell, while also being the least likely to think now is a good time to buy.

Slightly fewer households think the U.S. economy is improving

Among all households in the survey, less than half believe the economy is improving (48 percent), down from 50 percent in last quarter's survey. Renters, those living in urban areas and respondents with lower incomes were the most optimistic.

The HOME survey's monthly Personal Financial Outlook Index of all households has slightly dipped (to 58.1) since December (59.6), but is mostly unchanged from March 2015

reflecting stable confidence that respondents' financial situation will be better in six months. Currently, renters, younger and lower income households and those living in urban areas are more optimistic about their future financial situation.

Location matters depending on lifestyle

Across all age groups, when asked about their future buying preferences, survey responses were closely tied to each generation's typical lifestyle, with younger buyers

being more likely to consider buying a single-family home. Not surprisingly, renters and younger buyers would for the most part purchase larger homes, whereas older buyers would purchase similar or

smaller sized homes. Highlighting the apparent appetite for some older households to downsize and live in the city, respondents over the age of 65 were the most likely to consider a condo and nearly as likely as respondents under the age of 35 to consider purchasing in an urban area.

Most respondents indicated their preference to stay in a similar area to their current living situation if they were to buy in the next six months. Over two-thirds of those living in rural areas and 75 percent of those living in suburban areas would buy in a similar area. Only those living in an urban area would be more likely to move elsewhere, with a suburban area within 20 miles of the city being the most frequent choice of urban buyers moving to another type of area.

About NAR's HOME

In January through early March 2016, a sample of U.S. households was surveyed via random-digit dial, including half via cell phones and the other half via land lines. The survey was conducted by an established survey research firm, TechnoMetrica Market Intelligence. Each month approximately 900 qualified households responded to the survey. The data was compiled for this report and a total of 2,781 household responses are

represented.

REAL ESTATE BRIEFS

Investors

The Real Estate Investors Association of Wayne will have an open forum. Investors will answer questions and offer a market update. Meetings are from 6-9 p.m. the third Tuesday of each month at the Red Lobster on Eureka in South-

Members are free, guests \$20, which will be applied to their membership. The Red Lobster is next to 7-Eleven, near Trenton Road.

Any questions or concerns, call Bill Beddoes at 734-934-9091 or Wayde Koehler at 313-819-0919

Short sales

If you owe more than what your house is worth, you may be interested in a free informational seminar on short sale procedures.

Bonnie David, broker/owner of Quantum Real Estate, is the presenter. It will be 6-7 p.m. each Thursday at 129 N. Lafayette, downtown South Lyon.

Call the office at 248-782-7130 or email june.quantum@gmail.com.

APRIL CONCERT

Time/Date: 7 p.m. Sunday, April

Location: Trinity Episcopal Church, 28660 LaMuera, Far-

mington Hills **Details**: Benefit concert for Farmington Neighborhood House features Wayne State University's Motor City Cabaret. A free will offering and canned goods will be collected

Contact: 248-474-2860; trinityfarmingtonhills.org

CONCERT Time/Date: 7:30 p.m. Saturday,

April 16 Location: St. Hugo of the Hills Catholic Church, Bloomfield Hills,

2215 Opdyke, Bloomfield Hills Details: Features Aeolian Chorale, Carlos Seise, tenor, Ouinto Milito, baritone, Timothy L. Huth, ars musica doctoris organ, John Sittard, conductor. Presented by the church and Friends of the Opera of Michigan. Free will

Contact: 248-644-5460 **DEVOTIONS**,

offering will be accepted

SWIECONKA Time/Date: Starting at 12:30 p.m. Sunday, April 3

Location: St. Colette Catholic Church, 17600 Newburgh, just north of Six Mile, Livonia

Details: 12:30 p.m. Mass, 1:20 p.m. exposition of the /Blessed Sacrament, 1:45-3 p.m. silent adoration and Sacrament of Reconciliation, 3 p.m. praying the Divine Mercy Chaplet and a spiritual talk, 3:30 p.m. benediction; followed by Swieconka Polish Easter meal at 4 p.m. Menu includes ham, kielbasa, potato salad, blessed hard-boiled eggs, beet horseradish, rye bread, butter lambs, salad, babka, lazy perogi, beets, cheesecake and beverages. Cost is \$15 per person. Meals must be paid in advance. Send a check or money order payable to WSDPAHS, to Laurie A. Gomulka, 32040 Grand River Ave., Unit #47, Farmington, MI 48336. Include number of attendees Must be received by March 26. Sponsored by the West Side Detroit Polish American Histori-

Contact: 855-POLONIA; detroitpolonia.org

MOM-TO-MOM SALE

Time/Date: 8:30 a.m.-1 p.m. Saturday, April 23

Location: Connection Church, 3855 S. Sheldon, Canton

Details: Shop 100 tables of mom- and child-related items. Strollers welcome after 10:30 a.m. Admission \$2

Contact: 734-397-1777 **POMEGRANATE GUILD**

Time/Date: 1 p.m. Sunday, April

Location: Prentis Apartments community room, at the A. Alfred Taubman Jewish Community Campus, 15100 W. 10 Mile, Oak Park

Details: Judy Galperin will create a Huck-embroidered placemat and will teach the technique. The Pomegranate Guild of Southeastern Michigan studies and creates Judiac needlecraft. RSVP if interested Contact: Judy Galperin at

248-661-5337

RUMMAGE SALE Time/Date: 10 a.m.-6 p.m.

Friday, April 15 Location: The Salvation Army, located on Main Street south of Ann Arbor Road, in Plymouth

Details: Proceeds benefit the "Older, Wiser and Loving Senior Group." Tables are available to rent for \$20

Contact: Major Colette or Sandy at 734-453-5464

VESPERS

Time/Date: 6 p.m. Sunday, through April 17

Location: Nativity of the Virgin Mary Greek Orthodox Church, 39851 W. Five Mile, Plymouth, April 3; St. Michael Russian Orthodox Church, 26375 W. Chicago Road, Redford, April 10; and St. George Antiochian Orthodox Church, 2160 Maple, Troy, April 17

Details: Members of the Clergy Brotherhood of St. John Chrysos tom of Metropolitan Detroit will conduct the services. An inter-Orthodox chorus will sing the responses

Contact: Olga Liskiwsky at 248-252-8184: Olgaliss0910@gmail.com

ONGOING CLASSES/STUDY

Our Lady of Loretto Time/Date: 6:30-7:30 p.m. Monday

Location: Six Mile and Beech Daly, Redford Township Details: Scripture study

Contact: 313-534-9000 St. Michael the Archangel

Time/Date: 7-8:30 p.m. second and fourth Thursday, through

Location: 11441 Hubbard, just south of Plymouth Road, Livonia Details: Gary Michuta, author and Catholic apologist, leads a study of Isaiah. Bring your own

Contact: 734-261-1455, ext 200 or on line at www.livoniastmichael.org

Faith Community Wesleyan Time/Date: 4-5 p.m. every

Saturday Location: 14560 Merriman,

Details: This informal class includes fellowship, discussion and question and answers. All ages welcome. Bibles available if you don't have one

Contact: pastor Tom Hazelwood at 734-765-5476

EXERCISE

Time/Date: 6:45-7:45 p.m. Tuesday and Thursday Location: Clarenceville United Methodist Church, 20300 Middiebelt, south of Eight Mile,

Details: Instructor Wendy Motta, a seven-year Zumba practitioner, teaches Zumba through drop-in classes. Each costs \$3. Participants should bring water, a towel and wear athletic shoes. For more information, email Motta through zumba.com

Contact: 313-408-3364

FAMILY MEAL

Time/Date: 5-6 p.m. every

Thursday Location: Salvation Army, 27500 Shiawassee, Farmington Hills

Details: Free meal Contact: 248-477-1153, Ext. 12

HEALING SERVICE Time/Date: Arabic service, 3-4 p.m. first Tuesday of the month; English service, 3-4 p.m. third

Tuesday of the month Location: The Antiochian Orthodox Basilica of Saint Mary, 18100 Merriman, Livonia

Details: The service includes prayers of petition and intercession, hymns, Scripture readings and the anointing of the sick. Offertory candles are available for a free will offering in the

Contact: Rev. George Shalhoub at 734-422-0010 or email Stacey Badeen at sbadeen@tbosm.com **MOMS**

vestibule of the church.

Christ Our Savior Lutheran Church

Time/Date: 9:30-11:30 a.m. second Tuesday, September-May Location: 14175 Farmington

Road, Livonia **Details:** Mothers of Preschoolers (MOPS) is aimed at mothers of infants through kindergartners Contact: Ethanie Defoe at 248-227-6617 and Jody Fleszar at

734-658-2463 **Dunning Park Bible Chapel** Time/Date: 9:30-11:30 a.m. first

and third Tuesdays Location: 24800 W. Chicago

Road, Redford Details: MOPS is a place where

moms can build friendships. receive mothering support. practical help and spiritual hope. Contact: Amy at 313-937-3084 or Kristen at 734-542-0767

PET-FRIENDLY SERVICE

Time/Date: 1 p.m. Sunday Location: Dunk N Dogs, 27911 Five Mile, Livonia

Details: All Creatures ULC sponsors the service, which is conducted in an informal setting. Pet blessings are available after the service

Contact: 313-563-0162

PRAYER St. Edith Church

Time/Date: 7-8:30 p.m. Thursday Location: Parish office, 15089 Newburgh, Livonia

Details: Group meets for singing, praying and short teaching. Fellowship with snacks follows Contact: Parish office at 734-

RELIGION CALENDAR

Location: 7000 N. Sheldon. Canton

Details: Praying silently or aloud together; prayer requests wel-

Contact: 734-459-3333 for additional information Recycling

urday of the month

Details: Recycle your cell phones, laser cartridges, inkjet cartridges, laptops, iPods, iPads, tablets, eReaders on the third Saturday of each month. Use the doors on east side of church.

734-466-9023 **SINGLES**

Time/Date: 4-6 p.m. Sunday

Details: Divorce Overcomers group is designed for individuals going through divorce, those who are divorced or separated.

Location: 15800 Middlebelt, 1/4 mile north of Five Mile, Livonia Details: Widowed men of all ages may attend the Widowed Friends Men's breakfast. This is

meet with others

fourth Thursday

SONG CIRCLE Congregation Beth Ahm

Time/Date: Noon to 12:30 p.m. every Shabbat

Location: 5075 W. Maple, West

Details: Sing zemirot (Shabbat songs) and celebrate Kiddush well as the original Hebrew.

nancyellen879@att.net. **SUPPORT**

daily Location: 29667 Wentworth,

Details: Adult day care program at the church's Woodhaven Retirement Community. Funding available from TSA, AAA 1-C

Contact: 734-261-9000: www.woodhaven-retirement.com

Connection Church

Location: 3855 Sheldon, Canton Details: Celebrate Recovery is a Christ-centered recovery for all hurts, habits and hang-ups. Child

Contact: Jonathan@Connectionchurch.info or 248-787-5009

Location: 23800 W. Chicago, Redford; Room 202

offers support for addictive behavior problems

Contact: 313-255-2222, Ext. 244 » Farmington Hills Baptist Church

Time/Date: 7-9 p.m. second January, July and August

Location: 28301 Middlebelt, between 12 Mile and 13 Mile in Farmington Hills

Parkinson Support Group Contact: 248-433-1011

Location: 2055 Merriman, Garden City

Contact: www.metrofibrogroup.com; or call Ruthann with

» Fireside Church of God Time/Date: 8 a.m. to 5:30 p.m. Monday-Friday

Location: 11771 Newburgh,

Contact: 734-464-1223

St. Michael Lutheran Church Time/Date: 6-7 a.m. Monday-

RISEN CHRIST LUTHERAN CHURCH

Time/Date: 1-4 p.m. third Sat-

Location: 46250 Ann Arbor Road, between Sheldon and Beck roads, Plymouth

Contact: Lynn Hapman at

Detroit World Outreach

Location: 23800 W. Chicago, Redford, Room 304

Contact: The facilitator at 313-283-8200; lef@dwo.org **Steve's Family Restaurant** Time/Date: 9 a.m. second and

an informal "peer" group where men have an opportunity to

Contact: 313-534-0399

Bloomfield following morning services. Lyrics are provided in transliteration as

Contact: 248-737-1931 or email

Apostolic Christian Church Time/Date: 5 a.m. to 11 p.m.

Older Americans Act.

care is available for free

Detroit World Outreach Time/Date: 7-8:30 p.m. Tuesday

Details: Addiction No More

Tuesday of the month except

Details: Western Oakland

» Merriman Road Baptist

Time/Date: 1-3 p.m. second and fourth Thursday

Details: Metro Fibromyalgia support group meets; donations

questions at 734-981-2519

Details: Fireside Adult Day Ministry activity-based program for dependent adults, specializing in dementia care. Not a

drop-in center Contact: 734-855-4056 or 734-

How to reach us:

CARTER

LILLIAN MARIE Age 82

former wife of the late Charles

Sr. "Sonny". Loving mother of Charles Jr. (Audrey), Debra, Robert (Laurie), Walter, John

Slone, Patricia, Bonnie (Daniel

Also survived by dear siblings Florence (Thomas) Eastin,

late Donald) Ciavone, Richard

Linda (the late Ronald) Jahlas

Memorial gathering Saturday

12 noon until time of service, 4 pm at the Harry J. Will

Madeline (the late Edward)

DiBartolomeo, Roberta (the

Peters, Carolann (Norman)

Techow, Earl (Terri) Peters,

and Calvin (Karen) Peters

Funeral Home, 37000 Six

Mile Rd. in Livonia, www.

JACK Age 88. Beloved husband of Peggy. Dear

father of Jack, Jann, Jill

(Robert) Forbes, Jeanne (Dale) Marble, Jeff (Cecilia).

Jennefer, John (Laura), James (Elena), Juliann (Rob) Joy,

Josh (Hannah), and Jereme

Great-grandfather of three.

Dear brother of Laura Jean Dupont and Ronald E. Dagg.

Jogg. Visitation Wednesday 3-8 p.m. at Charles Step

Daly Rd. (between 6 and 7

Mile) in Redford. Memorial

Service Thursday 11 a.m.

at St. James Presbyterian

Church, 25350 W. 6 Mile Rd.

Redford (E. of Beech Daly Rd.)

Interment Great Lakes National

Cemetery. Condolences to Charlesstepfuneralhome.com.

KEVIN PATRICK March 28,

Richard Diamond and Colleen Haggerty. Dear brother

Paula (the late Tom) Mies, Tim (Cathy) Diamond, Edward

Haggerty, James Haggerty, the late Patricia and the late

Michael. Also survived by

many cousins and niece Sofia. Kevin proudly served

his country in the U.S. Navy. Funeral Friday, 10:30 a.m. from the chapel of the L.J.

Griffin Funeral Home, 7707 Middlebelt (at Ann Arbor Trail).

His family will receive visitors Thursday, 2-9 p.m. Share a "Memorial Tribute" with the

griffinfuneralhome.com.

2016 Age 28 of Dearborn

of Caitlin (Steven Pauley)

Diamond. Loving nephew of David (Joyce) Diamond,

Heights Beloved son of

DIAMOND

Also leaves faithful companion,

(AJ) Ureel. Grandfather of 21

DAGG

harryjwillfuneralhome.com

(Deborah), Kathleen (John)

Jenkins) Carter-Jenkins and

Tina (Eric) Jenkins. Proud grandmother of 16 and

great-grandmother of 12.

March 26, 2016 Beloved

Passages

Oblituaries, Memorles & Rememberances

Holiday deadlines are subject to change.

1-800-579-7355 · fax 313-496-4968 · www.mideathnotices.com

464-0990; www.firesidechog.org; or email to adm@firesidechog.org

» St. Andrew's Episcopal

Church Time/Date: 10-11 a.m. Saturday

MORRISON

STUART JEROME Dr. Stuart

Ahwatukee, Arizona on March

J. Morrison passed away in

26 at the age of 81. Beloved husband of Martha (nee

Rummell), married 56 years. He is lovingly remembered by his five children: daughter

Catherine Morrison Wimer

(Tom) of Fairfax, Va, Marilyn

Morrison McCarthy (Dennis) of Glenview, IL, son John

by his grandchildren Rachel and Thomas Wimer, Collin

Globig Morrison, Morgan Swanson and Ryan and Jack

McCarthy. He was born in Parkhill, Ontario on October

2, 1934. He graduated from

The University of Guelph and started his life's work as a

veterinarian in Detroit. He was

the proud owner of Morrison Animal Hospital in Garden

City, Michigan for more than

family and friends. In lieu of

memorial donations may be

Blind, a 501(c) (3) nonprofit

that provides guide dogs to

as service dogs to children

people with vision loss, as well

SANDERSON

NANCY J. Age 75 passed away peacefully on March 28, 2016 at Rivergate Terrace

nursing home in Riverview. Nancy was born October 12,

1940. Beloved daughter of

the late Carl & Shirley (nee

Burkholder) Buchholz. Loving

mother of Pamela (David) Balfour of Garden City, Mark

(Scott) Downer of Palatine.

Cherished grandmother

of Jonathan, Jarred, Kendall and Evan. She was the oldes

of four children: the late Joan Mulligan, the late Carol Buchholz and is survived

by her brother, Carl (Nancy) Buchholz. She was a loving

owner to many furry friends. Nancy grew up in Dearborn

and graduated from Edsel

aunt, special friend and doting

Ford High School in 1959. She

married, raised her family, and

lived throughout the Michigan area. She lived in Florida for

16 years and later returned to

career in insurance, real estate,

interior decorating and certified nursing care. She loved all

family/social gatherings. Her passions included cooking,

gardening, music, shopping,

card playing, sketching and being near the water. Her

energy and enthusiasm will be

greatly missed by all whose life she touched. In lieu of services

and flowers, memorials can be made in Nancy J. Sanderson's

Garden City. She held a long

Larive of Waterford and Sandra

30 years. A private celebration of his life will be held with

flowers, and to honor the love

he had for his black labradors,

made to Guiding Eyes for the

Mary Morrison of Rochester, MN and Carolyn Morrison of Scottsdale, AZ. He was adored

Morrison of Phoenix, AZ,

Location: 16360 Hubbard.

Livonia Details: A twice-monthly dropin Food Cupboard (nonperishable items) is available

Contact: 734-421-8451

View Online www.hometownlife.com

SCHREIER

Deadlines: Friday, 4:00 p.m. for Sunday papers . Tuesday, 4:00 p.m. for Thursday papers

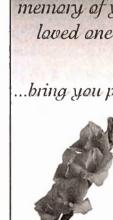


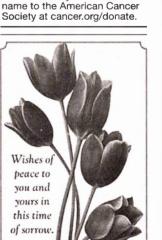
BARBARA HIRSCH 81, of Ann Arbor, died March 27 2016. She was a graduate of Cleveland Heights High School and Ohio State University. Barbara taught English as a Second Language for decades, the last 15 years at Jewish Family Services of Washtenaw County, positively influencing the lives of hundreds of immigrants to the U.S. She was also active in many organizations including AAUW and the Jewish Cultural Society. She was the cherished mother of Eric (Jaki) Schreier, Jordan (Shelly) Schreier, and Barry (Tom Birkenholz) Schreier Loving grandmother of Alayna, Rebecca, Haley, Abraham, Mallory, and Brooklyn Schreier Friend of her former husband, the late Leonard Schreier, M.D. Ms. Schreier was preceded in death by her parents, Robert and Sara Hirsch. In lieu of flowers, contributions may be made to the Barbara Schreier Citizen Education Endowment Fund at Jewish Family Services of Washtenaw County (ifsannarbor.org), or a charity of your choice. SERVICE 2:00 P.M. WEDNESDAY AT TEMPLE BETH EMETH OF ANN ARBOR. ARRANGEMENTS BY THE IRA KAUFMAN CHAPEL. 248-569-0020

www.irakaufman.com

SEOG

MARK A. 66 years old, formerly of Livonia, MI, passed away at his residence in Clearwater, Florida on March 17, 2016. He is preceded in death by his father, Joseph V. Seog; mother, Dorothy Belle Burk Seog; and brother, Bruce H. Seog all of Livonia, MI. Mark is survived by his son, Mark A. Seog of Leonard, MI; grandson, Zachary Seog; brother, William Seog (Wanda) of South Lyon, MI; brother Greg Seog of Tilton, New Hampshire; sister, Donna Clayton (Don) of New Bern, North Carolina: and sister. Lori Seog of Franklin, NH Arrangements were handled by The Neptune Cremation Society, Clearwater, FL. Mark will be placed with his parents and brother at a future date. The family requests any memorial donations be made to a charitable organization of your choice.





May the memory of your loved onebring you peace.

Your Invitation to Worship

For information regarding this directory please Call **Janice Brandon** at 248-926-2204 or email

jkbrando@michigan.com

EVANGELICAL PRESBYTERIAN

WARD 40000 Six Mile Road Northville, MI 48168 248.374.7400 Sunday Worship Services

8 a.m. | 9:30 a.m. | 11 a.m ent music styles from classic to www.wardchurch.org

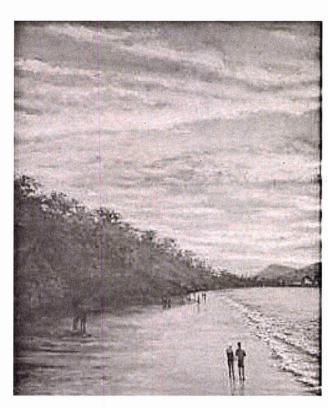
A Church for Seasoned Saints OPEN ARMS CHURCH Worship: Sunday 10:30 am Wednesday 7 pm Pastor Grady Jensen

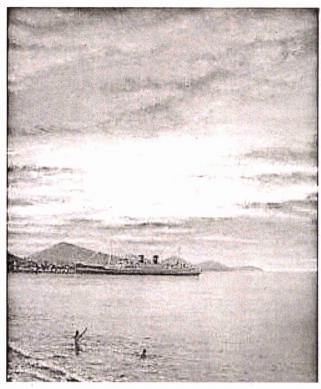
ASSEMBLIES

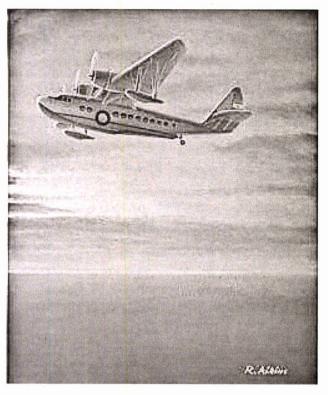
OF GOD

THURSDAY, RCH 31, 2016

OBSERVER & HOMETOWN







The photograph of a sunset, taken during a friend's vacation, inspired this triptych, "Hawaiian Air," by Robert Aikins. It features a Hawaiian Airlines 1935 Sikorsky S-43 flying boat.

Artist combines history, detail in aviation paintings

Sharon Dargay Staff Writer

Before Robert Aikins puts brush to canvas, the Farmington Hills artist opens his history books.

"It's research. I'm sitting in my studio and looking at books, a couple of hundred aviation books," said Aikins, whose detailed aircraft paintings resemble photographs.

"Aviation art is a specialtytype thing. People who like aviation art, they want details. Are you telling the right story? Are you showing it (the airplane) in the right part of the world?"

When he was chief designer for Ford Motor Company, Aikins made sure images showed vehicles as sellable and in the best possible light. Now 16 years into retirement, Aikins strives for realism in his avia-

tion paintings. "When you're doing aviation art, you're trying to represent something that appeared in history," he said, adding that a dirty or weathered-looking airplane may be acceptable in a scene. "People are more in-

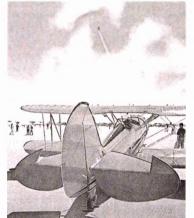
terested in authenticity. Aikins is flying high these days as an artist with some 200 oil paintings focused on airplanes, both in the sky and on tne runway.

His work will be on exhibit during Farmington Hills' Festival of the Arts, 10 a.m. to 9 p.m. April 14-15 and 10 a.m. to 4 p.m. April 16 at the Costick Center, 28600 11 Mile, Farmington Hills. Aikins is a former artistin-residence for the communi-

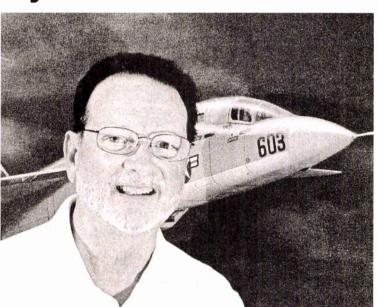
He also has an upcoming exhibit of 24 paintings at Dean Sellers Buick GMC, in Farmington Hills.

That is a first for me to exhibit in a dealership," said Aikins, who worked in automotive design for 35 years.

Three of his paintings will be shown June 1-July 25 during an aviation art exhibit at the

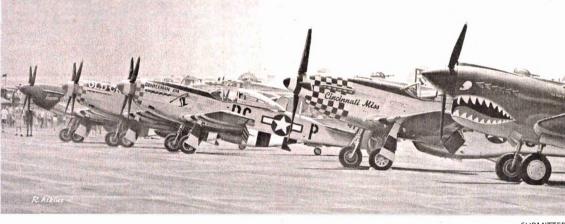


"Showtime," a 29-by-35-inch oil painting on canvass by Robert Aikins is a previous American **Society of Aviation Arts** competition winner. It shows a WACO biplane viewing aerobatics at the 2007 Columbus, Ohio air



SUBMITTED

Robert Aikins, an artist from Farmington Hills, will be the guest speaker Monday, April 4, at Three Cities Art Club in Canton.



"Flightline," showing planes on display at the 2005 Thunder Over Michigan air show at Willow Run Airport, will be on display June 1-July 25, at the James C. Weston Gallery at the Arts Council of Greater Kalamazoo.

James C. Weston Gallery at the Arts Council of Greater Kala-

His work also is on display at the National Naval Aviation Museum, the San Diego Air & Space Museum, the Gallery at Baltimore Washington International Airport, the Kalamazoo Air Zoo and the National Museum of the Mighty Eight Air

He'll be the guest speaker at Three Cities Art Club, 7-9 p.m., Monday, April 4, in the lower level of Canton Township Hall, 1150 S. Canton Center Road. south of Cherry Hill Road, in Canton. The event is free.

"This is the sixth art club I've been invited to," he said. "I let them know there is another

form of art out there. And some of the things we talk about with oil paint technique might help them in their own paintings.

Self-taught in oils Aikins, who is married and has two adult sons, worked with watercolor, gouache and other media while studying

industrial design at the Art Center College of Design in Los Angeles, Calif. He didn't use it at school nor on the job.

"Everything in the automotive industry is based on a timeline. Painting for fun is the opposite. I don't care when it's

done," he said.
"Oil painting takes a long time to dry and the way I work in oils is almost like watercolor. I put in thin washes and let it dry and then add another color or two. I've had no official training in oils. I read a book."

He tried oil paints because they represented "a challenge" and they offered brilliant colors. Aikins, looking for a creative outlet in retirement, bought a book on oil painting and a book on drawing aircraft "like a pro."

"I still loved airplanes and I wanted to see if I could paint

As a youngster, growing up in Washington D.C., Aikins had spent many hours building model airplanes and entering contests. He eventually swapped out airplanes for cars and won several design scholarships. He credits his father, a World War 1 airman for inspiring his interest in aviation.

Today, inspiration comes from attending air shows, from photographs that friends send him, photos he takes, from watching a beautiful sunrise or sunset, or talking with men who flew during World War II. Sometimes he gives the veterans his completed paintings.

"There's nothing greater than seeing the joy of a guy in his 80s or 90s get something like that."

For more about the Three Cities Art Club call Marilyn Meredith at 313-231-3939 or email to marilynmeredit@wowway.com. Visit Aikins' website at aikinsaviationart.com.

sdargay@hometownlife.com Download our free apps for iPhone, iPad or Android!

Trinity House Theatre class teaches improvisation

Sharon Dargay Staff Writer

Gloriann Curley and Laura Gumina will teach a sixweek improvisation workshop for students, ages 9-18, beginning April 11 at Trinity House Theatre in Livonia.

Curley of Garden City, is an English teacher at a private school in Canton. She taught drama for three years at a Detroit middle school and has been involved in the

Detroit Creativity Project's program that teaches improv to students in De-

Laura Gumi-Curley na of Farmington Hills has acted, directed and taught theater for more than 30 years throughout southeastern Michigan. She also has

taught improv classes at



Gumina

Theatre. Curley said all ages will work together as an ensemble. The workshop,

which will run

Trinity House

4-6 p.m. Monday and Thursday, will include games and scene work designed to help

students think on their feet. Curley said she watched her students in Detroit become less self-conscious and more confident in their interactions with others after they began learning improvi-

sation skills. "One of the shyest kids I had got the confidence on stage to go on and attend a special improv camp," Curley said, adding that the student was one of only 20 improvisers selected for the program.

"And improv is a creative outlet. One fun thing about it

is that it's purely imagination, and students don't always get that any more. They'll learn the constructs of the games...and right away we'll have them jumping in to create their own scenes.'

Students will perform for family and friends at the end of the six weeks.

Cost is \$120. For more information call Gumina at 313-614-2406 or email to glorianncurley@gmail.com.

ANIMALS

DETROIT ZOO Time/Date: 10 a.m. to 4 p.m. through

March 31; 9 a.m.-5 p.m. beginning April

Location: I-696 service drive and Woodward, Royal Oak

Details: Admission is \$14 for adults 15-61, \$10 for senior citizens 62 and older, and for children ages 2-14; children under 2 are free. Parking for cars and vans is \$5. Detroit Zoological Society members get free admission and

Contact: 248-541-5717

ARTS AND CRAFTS CITY GALLERY

Time/Date: 8:30 a.m. to 4:30 p.m. Monday-Friday, through April 8

Location: Costick Center, 28600 W. 11 Mile, Farmington Hills Details: "Night and Day" exhibit

features new work, including landscape and portraits of other local artists, by Taurus Burns Contact: 248-473-1859

FARMINGTON HILLS CITY

Time/Date: Through April 22 Location: 31555 11 Mile, Farmington

Details: Works by local artists Pamela Alexander and Susan Warner Contact: 248-473-1859

NORTHVILLE ART HOUSE

Time/Date: Exhibit hours are noon to 5 p.m. Tuesday-Friday and noon to 4 p.m. Saturday, April 1-30

Location: 215 W. Cady, Northville

Details: The exhibit features the personal work of the late Richard Rochon, who was known in the field of architecture for his renderings of buildings.

GET OUT! CALENDAR

Includes a reception, 6-9 p.m. Friday, Contact: 248-344-0497 or

www.NorthvilleArtHouse.org **U-M MUSEUM OF ART**

Time/Date: 11 a.m. to 5 p.m. Tuesday-Saturday, noon to 5 p.m. through May

Location: 525 S. State Street, Ann

Details: First U.S. exhibition of Chinese artist Xu Weixin focuses on portraits of Chinese coal miners and of Chinese historical figures during the Cultural

Contact: 734-764-0395; umma.umich.edu

FILM

PENN THEATRE

Time/Date: 7 p.m. Thursday, March 31, 7 p.m. and 9:20 p.m. Friday, April 1, and 4:25 p.m. and 7 p.m. Saturday-Sunday, April 2-3

Location: 760 Penniman, Plymouth Details: "Joy," \$3 Contact: 734-453-0870;

REDFORD THEATRE

www.penntheatre.com

Time/Date: 8 p.m. April 1 and 2 p.m. and 8 p.m. April 2

Location: 17360 Lahser, just north of Grand River Avenue in Detroit Details: "Seven Brides for Seven Broth-

Contact: 313-898-1481; redfordtheatre.com

FUNDRAISERS GIVING HOPE

Time/Date: 6:30-9 p.m. April 13 Location: Fox Hills Golf & Banquet Center, 8768 N. Territorial Road, Ply-

Details: The "Giving Our All for Family, Fun and Fitness" event, presented by Giving Hope Women's Giving Circle, includes food, a cash bar, shopping, a fashion show from local shops and boutiques, a raffle and a silent auction. Admission is \$35 and pre-registration is required. Proceeds from the event will help bring ShapeDown, a family weight management program to the greater Canton and Plymouth area

Contact: cantonfoundation.org

For a complete listing of Get Out! visit www.hometownlife.com

Transform traditional dishes with seafood

ow more than ever, food choices matter. People want healthy, environmentally-friendly foods without sacrificing flavor. Substituting the traditional protein in your favorite dishes with seafood is one delicious way to satisfy these demands.

Seafood offers numerous health benefits. It's high in protein, omega-3 fatty acids and essential vitamins and minerals, but low in saturated fat and calories.

When it comes to the environment, seafood offers an advantage as well – it's the most envi-ronmentally friendly of all the animal proteins. In a comparison of environmental costs, wild-capture fisheries have a miniscule cost compared to foods such as beef, chicken, pork and

dairy.
Changing up traditional meals
to incorporate seafood is easier than you may think. Just pick a non-seafood protein dish that you regularly enjoy, and replace the protein with seafood. For example, replace yeal in yeal Parmesan with cod or the chicken in chicken Marsala with flavorful Alaska

Find more easy, meatless recipes and inspiration at wildalaskaseafood.com.

COD PARMESAN WITH ZUCCHINI NOODLES

Prep time: 15 minutes Cook time: 20 minutes

2 medium zucchini (5-6 ounces each), thinly sliced

1 tablespoon unsalted butter 1 teaspoon olive oil

salt and pepper, to taste ¼ cup freshly grated Parmesan

1 ½ tablespoons mayonnaise 1 teaspoon lemon juice

1/4 teaspoon dried basil 1/2 teaspoon dried oregano

1/2 teaspoon onion powder

4 Alaska cod fillets (4-6 ounces each) 2 tablespoons shredded Parmesan cheese, divided

In nonstick skillet, saute zucchini slices in butter and oil just until soft. Add salt and pepper, to taste. Keep

Heat oven to broil setting. Mix grated Parmesan cheese, mayonnaise, lemon juice, basil, oregano and onion powder together. Add salt and pepper, to taste. Divide and spread topping onto the top of each fillet. Place fillets on foil-lined broiler pan

Broil 5-7 inches from broiler element for 3 minutes, or until top is browned and bubbly. Reduce heat to 300 F and cook 3-5 more minutes. Cook until fish is opaque throughout.

To serve, place 1/4 of zucchini on each plate. Top with cod fillet and garnish with ½tablespoon shredded cheese.



SUBMITTED

Salmon Marsala

SALMON MARSALA

Prep time: 10 minutes

Cook time: 20 minutes

4 Alaska salmon fillets (4-6 ounces

salt and pepper, to taste 2 cups flour 1/2 cup olive oil

1 cup Marsala wine

2 cups mushrooms, sliced 2 cups chicken stock 2 teaspoons fresh thyme

2 tablespoons cold butter

4 fresh thyme sprigs, for garnish

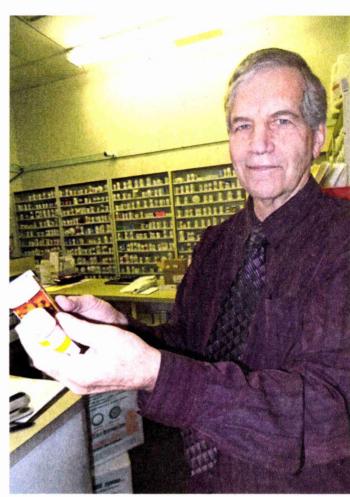
Season salmon fillets with salt and pepper, to taste. On plate, season flour with salt and pepper, to taste. Dredge both sides of each salmon fillet in seasoned flour, shaking off excess Heat large saute pan and add olive oil then place each piece of salmon in pan. Cook for 2-4 minutes, turn fillets over and cook until almost done. Remove fillets from pan; set aside. Off heat, add wine to pan, scraping bits off the bottom. Return pan to heat and add mushrooms. Season with salt and pepper, to taste, and cook for 1 minute. Add stock and thyme, and let liquid reduce by half.

Return salmon fillets to pan. Cook, while basting fish, until fillets are heated through. Remove fillets to 4 serving

plates. Return pan to heat, add cold butter and swirl until incorporated and sauce slightly thickens. Remove from heat and divide sauce evenly over salmon fillets. Garnish each plate with 1 thyme sprig, if desired.



Registered dietician and nutritionist Aarti Batavia begins to prepare a vegan and gluten-free sprouted mung bean salad in her Novi Providence Park campus office March 18.



Pharmacist Paul Krause, a vegan, said he believes most people could eliminate their need for medications by changing their diet.

NOT JUST LETTUCE

Vegan pharmacist, dietitian share nutrition tips

Susan Bromley

Pharmacist Paul Krause doles out medications daily to treat patients with high cholesterol, high blood pressure and other ailments, all while advocating a better, cheaper, drug-free way to stay

Most customers don't want to consider his alternative, however.

'People come in and I tell them, 'All you have to do is live a vegan lifestyle' and they say, 'No way, just give me the Lipitor,'" Krause said. "A lot of the disease states that occur are results from the way we live. If you switch to a vegetarian/vegan diet and exercise, 80 percent of cardiovascular diseases would go away, 95 percent of type 2 diabetes could be eliminated and a lot of specialists say 80 percent of cancers could be eliminated."

He isn't concerned about what such a change might mean for his business. He said he would happily close his store, The Medicine Cabinet in Southfield, if everyone switched to a vegan lifestyle, which avoids the consumption of animal products, including dairy.

Krause is president of VegMichigan. a nonprofit organization whose mission is "promoting awareness of the health, ethical and environmental benefits of a plant-based, vegan lifestyle.

The group will do that locally through a display April 1 at the Novi Public Library, as well as through Veg-Fest Vegan Tastefest and Expo. 10:30 a.m.-5 p.m. April 24, at Suburban Collection Showplace, 46100 Grand River, in Novi. The event features celebrity presenters, including former Detroit Pistons player and vegan John Salley, as well as samples from local restaurants and bakeries, exhibits with ecofriendly products, clothing, cookbooks, food demonstrations, children's activities and more.

More than 5,000 persons, including vegans, vegetarians and even meateaters are expected to attend VegFest.

"We have cooking demos there and people can get an idea of how to transition some of their cooking habits,' Krause said. "It's funny how we'll go into surgery and do all these dramatic things to our body because of our lifestyle, but consider it drastic to change our eating habits. It's not a difficult transition anymore."

The Troy resident, 69, made the change himself more than two decades ago after he was diagnosed with a cardiovascular blockage. Doctors wanted to perform an angioplasty. Krause declined, and after research, decided to pursue preventive measures to maintain his health.

Raised on pizza, chips, meat and dairy - or the standard American diet (SAĎ, as he likes to call it) — Krause set to work changing food habits and reversing the cumulative effects of lifetime consumption of animal products.

It worked.

Food as medicine

As a registered dietitian and founder of Nutrition and Wellness Consulting, LLC, in Novi, Aarti Batavia uses food as medicine to develop individualized plans for patients struggling with allergies, diabetes, weight management and cardiovascular, gastric, hormonal and neurological disorders.

'I believe in food as medicine," Batavia said. "We are what we eat, drink, think and touch. Eating whole foods and consuming more plant-based foods provides vitality and exuberance that we need to enjoy life. Food is not just calories. Food is information for your genes. It sends messages to your DNA, regulates hormones, your immune system, bacteria in the gut, neurotransmitters and even influences mood and

behavior.' Batavia believes the three biggest steps individuals can take to improve their nutrition are to eat mindfully, consuming whole foods, more vegetables and less processed foods while enjoying food flavors; knowing that food affects inflammation; and being aware that food speaks to genes.

The biggest mistakes people make about food is thinking of it only in terms of calories; assuming that foods promoted as "low-fat" or as "diet" are healthy; eating quickly on the go without savoring food; and assuming that food is not related to mood.

Decrease meat, fish and eggs

Batavia, a vegetarian, suggests turning to beans and whole grains as protein sources. Animal products have vitamins and minerals, but lack antioxidants that are crucial in preventing free radicals from damaging cells through a process called oxidation. Antioxi- dants are present in fruits and vegetables.

'If you are consuming animal-based proteins, be sure that it is antibiotic and hormone-free," she said. "The antibiotics used in animal farming do have an impact on our gut bacteria and the hormones can play as endocrine disruptors in our bodies."

Krause admits that switching from meat and dairy products to a plant-based diet can be challenging. But he notes the human species "is very adaptable." **Buying fruits** and vegetables



JOHN HEIDER | STAFF PHOTOGRAPHER Aarti Batavia's sprouted mung bean salad.

SPROUTED MOONG BEAN SALAD

Recipe developed by Aarti Batavia MS, RDN, CLT, CFSP, IFMCP. Prep time: 15 minutes Total time: 25 minutes

1 cup sprouted moong beans

1 small diced carrot 1 small diced cucumber

Servings: 2

½cup diced apple

½ cup halved grapes

½ cup blueberries 1 tablespoon pumpkin seeds

1/4 teaspoon black pepper powder ¼ teaspoon cumin powder

1/4 teaspoon salt 2 tablespoons lime juice

1 tablespoon finely chopped cilantro (optional)

In a bowl add sprouted moong beans. diced carrots, cucumbers, apples and blueber-

Add pumpkin seeds, black pepper powder,

cumin powder, salt and add freshly squeezed lime juice. Mix all the ingredients and garnish with

cilantro. Serve in a bowl and savor the flavor!

Variations:

» Add tomatoes and avocado. » Instead of fruits, add onions, tomatoes,

olives » Add a variety of beans either sprouted or

cooked or from a can (rinse canned beans) » Add ¼ teaspoon chili powder if you enjoy spicy foods

also can be less costly than buying

Helping picky eaters

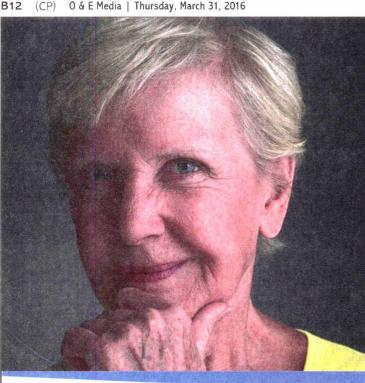
How can parents convince their children to enjoy eating vegetables? Batavia suggests a shopping trip to the produce section of the market where youngsters can select a few fruits and vegetables. She said not to force them to eat, but to create positive experiences around food and to be a good role

"You can't ask your kids to eat fruits and veggies while you're sitting with a bag of chips watching the television," she said.

To learn more, go to vegmichigan.org and aartibatavia.com.

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Featured Guest Speakers



Healthcare Decisions



9:20 -10:15 Maurice Cox, RN, CCE-MT-P/IC and Michelle Moccia DNP, ANP-BC, CCRN St. Mary Mercy Livonia



10:30 - 11:25 Rick Bloom, J.D., CPA

Bloom Asset Management **Everything you Need** to Know about Estate **Planning**



11:40 - 12:35 Dr. Sol Cogan, D.C. President and CEO

HealthQuest Management, Inc. New Technology in Pain Relief

Demonstrations and Workshops

9:00 - 9:30

Schoolcraft College Facts, Figures and Warning signs of Alzheimer's Disease and other **Dementias**

The Elder Care Firm How to protect yourself and loved ones from long-term care costs

Botsford Commons Why men don't listen and women can't read maps

12: 30 - 1:00 p.m.

Schoolcraft College Exercise for Easing Arthritic Pain

Senior Helpers Age in Place

Michigan Department of State Safe Drivers Smart Options: **Keys to Lifelong Mobility**

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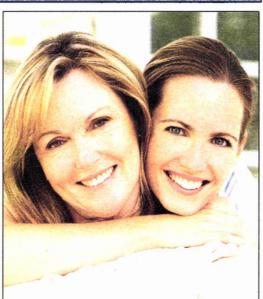
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Time again for the information-packed Spring Senior Expo at Schoolcraft College

rass is greening and the sun is setting a little later each day. Ah, it's spring time and that means it's time for the 13th annual Observer & Eccentric Spring Senior Expo.

The expo is set for 9 a.m. 1 p.m. Tues-



day, April 5, at the Schoolcraft College VisTaTech Center in Livonia. Some of the area's best and brightest businesses will exhibit and provide valuable resources to attendees. The Spring Senior Expo also features nine knowledgerich speaker sessions from some of the region's most respected

organizations. Three sponsored featured speaker workshop topics include, Healthcare Decisions presented by Maurice Cox and Michelle Moccia of St. Mary Mercy Livonia; Everything you Need to Know about Estate Planning by Rick Bloom of Bloom Asset Management; and New Technology in Pain Relief by Dr. Sol Cogan of HealthQuest Management, Inc.

Additional workshops and demonstrations include:

» Safe Drivers Smart Options: Keys to Lifelong Mobility, presented by Michigan Department of State

» Facts, Figures and Warning Signs of Alzheimer's Disease and other Dementias, presented by Schoolcraft Col-

- » How to Protect Yourself and Loved Ones from Long-term Care Costs, presented by The Elder Care
- » Exercise for Easing Arthritic Pain, presented by Schoolcraft College
- » Age in Place, presented by Senior
- » Why Men Don't Listen and Women Can't Read Maps, presented by Botsford Commons

A complete list of exhibitor locations and speaker session times can be found in the center display of this special Spring Senior Expo publication.

We will also have a little fun throughout the day, including a coupon for a free scrumptious four-square pizza from Buddy's Pizza to the first 100 attendees, free random hourly gift drawings and free refreshments sponsored by Twisted Rooster, Leo's Coney Island of Livonia and SMART.

Special thanks is extended to cosponsor Schoolcraft College; bronze sponsors St. Mary Mercy Livonia and The Elder Care Firm; and gift tote sponsors Crystal Creek Assisted Living and Catholic Funeral & Cemetery Ser-

We hope to see you at the Spring Senior Expo. Remember, admission and parking are free, so bring a friend or

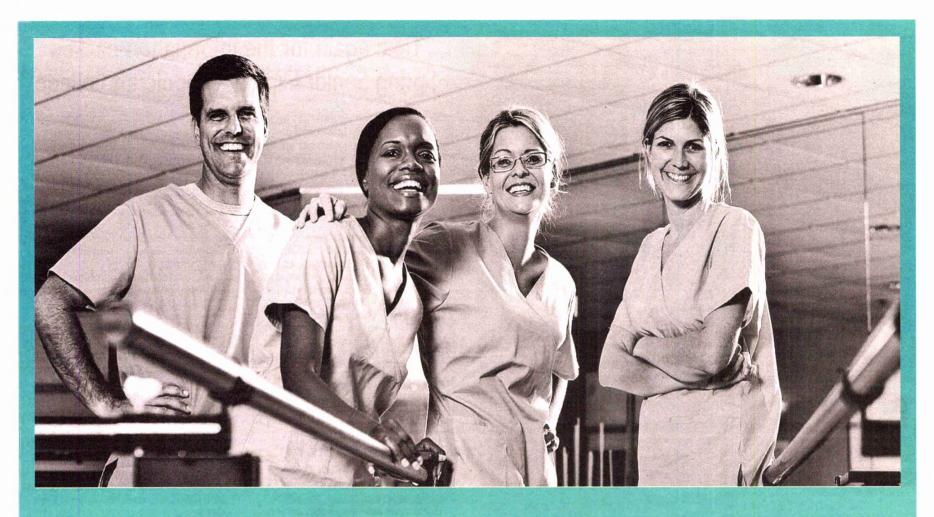
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The Manor of Farmington Hills

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Regency at Canton

45900 Geddes Road Canton, MI 48188 734-879-4100

2016 Senior Spring Expo speakers

Facts, Figures and Warning Signs of Alzheimer's Disease and Other Dementias

Time: 9-9:30 a.m.

Speaker: Debra Mittelbach, sponsored

by Schoolcraft College CEPD

Room: W210

Details: Alzheimer's disease is the sixth leading cause of death in the United States. It cannot be prevented, cured or slowed.

Join Mittelbach for a presentation on the current facts regarding Alzheimer's disease and other dementias. Learn the 10



Mittelbach

warning signs and what support and resources are available from the Alzheimer's Association.

Mittelbach has served as a dedicated speaker's bureau representative for the Alzheimer's Association-

Greater Michigan Chapter for more than five years. She holds a master's degree in organizational management blended with more than 25 years in geriatric wellness and development. For the past 10 years, she has been executive director of Arden Courts of Bingham Farms Memory Care Community. Mittelbach presents at numerous professional, academic and community education forums, including radio and television, focusing on best dementia practices and excellence in quality care.

Why Men Don't Listen and **Women Can't Read Maps**

Time: 9-9:30 a.m.

Speaker: Diane Zide, MS, CTRS, ACC, NHA, executive director of operations, **Botsford Commons Senior Community**

Room: 460

Details: This discussion will highlight the differences between men and women and how they think, feel and communicate. This session will be based on a book of the same name by Allan and Barbara Pease.

All this time, men thought women just prattled on non-stop and

didn't have a real purpose

words that they say each

day. Women thought men

ignored them on purpose,

behind the 6,000-plus



yet brain studies support the theory that men need

to focus on one topic at a time.

This will be an insightful opportunity for

How to Protect Yourself and Loved Ones from Long-term Care Costs

Time: 9-9:30 a.m.

Speaker: Christopher J. Berry, Esq., The Elder Care Firm

Room: 425

Details: Certified Elder Law Attorney



Christopher J. Berry, Esq., will cover six ways to pay for long-term care, including Medicaid and Veterans Benefits strategies and planning, and how to use legal strategies to protect assets, whether you are

planning for a loved one or yourself. Included in his talk will be a discussion on protecting the family home from estate recovery.

Exercises for Easing Arthritis Pain

Time: 12:30-1 p.m.

Speaker: Kathi Carzon, sponsored by Schoolcraft College CEPD

Room: W210

Details: Many individuals suffering from varying degrees of muscle and joint pain have found relief through yoga and therapeutic water workouts. Join Carzon, one of Schoolcraft's arthritis exercise instructors, to get an overview of two class offerings at Schoolcraft, Water Exercise for Easing Ar-



thritis Pain and Yoga for Easing Arthritis Pain. Participate in several chair exercises and find out more about how gentle movements can benefit you or someone you know who is dealing with arthritis.

Carzon, founder and owner of American Health and Fitness, has been providing fitness instruction for more than 30 years and is certified as a fitness specialist through the Cooper Institute for Aerobic Fitness in Dallas, Texas. Along with a staff of more than a dozen experienced, professional instructors, she offers a wide range of traditional and trendy fitness programs through Schoolcraft College's Adult Community Education program.

She has been instrumental in helping many people achieve an active and healthy lifestyle.

FEATURED SPEAKER SPONSORS

Health Care Decisions: Preparing Now, Inspiring Conversation

Time: 9:20-10:15 a.m.

Speakers: Maurice Cox, RN, CCE-MT-P/IC, injury prevention specialist, St. Mary Mercy Livonia, and Michelle Moccia, DNP,

ANP-BC, CCRN, program director, Senior ER, St. Mary Mercy Livonia

Room: Kehrl Auditorium

Details: What happens if you are unable to express your own wishes and beliefs? Making your health care preferences known in advance can help ensure your wishes are heard, even if your voice isn't. In this workshop, you'll learn what to consider, how to plan ahead and what to

do when minutes matter.

Everything You Need to Know About Estate Planning

Time: 10:30-11:25 a.m. Speaker: Rick Bloom, J.D., CPA, **Bloom Asset Management** Room: Kehrl Auditorium



Bloom

Details: Having an estate plan is the best way to guarantee your assets will be distributed according to your wishes upon death. Unfortunately, too many people

don't have an estate plan or may have one that isn't sufficient to protect their assets when they die.

Financial expert Rick Bloom, a financial columnist for the Observer & Eccentric Newspapers and a partner in Bloom Asset Management in Farmington Hills, will discuss the various aspects of an estate plan, including: wills and trusts, beneficiary designations, estate planning documents (including powers of attorney) and the HIPPA form.

New Technology in Pain Relief

Time: 11:40 a.m. to 12:35 p.m. Speaker: Dr. Sol Cogan, CEO/president, HealthQuest Management, Inc.

Room: Kehrl Auditorium

Details: Ouch, what a pain! You may not have to live with those pains any longer. Cogan discusses new technology



Cogan

available to relieve old pains that you thought you would have to live with forever. If you or someone you care about suffers from back pain, neck pain, bulging disc, hernia, neuropathy or

joint pain, this presentation is for you.

Cogan has been the Detroit Lions team chiropractor from 2002-15. He was also the Professional Football Chiropractic Society president from 2009-13, as well as a past chairman for the Michigan Chiropractic Board.

Safe Drivers, Smart Options: **Keys to Lifelong Mobility**

Time: 12:30-1 p.m.

Speaker: Eric Kabdebo, traffic safety programs analyst, Michigan Department of State

Room: 425

Details: Your independence is important



Kabdebo

and driving is a vital skill to get you where you want to go. Come learn what resources are available for active older drivers and for drivers who may be considering limiting their driving and finding other trans-

portation choices.

Helping maintain lifelong safe mobility is everyone's responsibility, including aging adults, families and friends and professionals who interact with aging adults. Your goal, and ours, is your safe, lifelong mobility.

Age in Place

Time: 12:30-1 p.m.

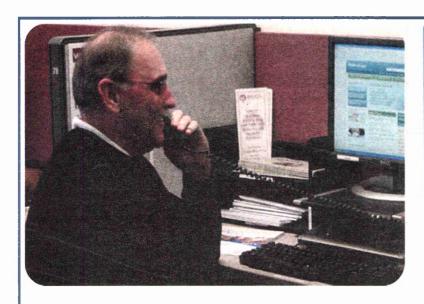
Speaker: Colleen McDonald, director of community relations, Senior Helpers

Room: 460

Details: Many families are not aware of



resources available to help their loved ones remain in their home as they age. McDonald shares various supportive care resources available to help enjoy the golden years at home.



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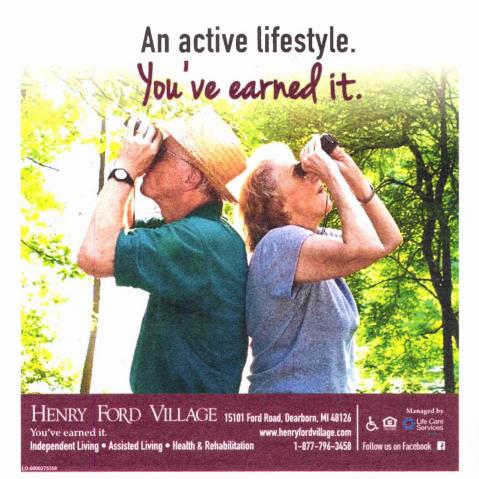
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Remember the saying: "You are what you eat?" If fueled properly, our incredible digestive system spurs healing throughout the body. The Oxford Nutrition Counseling program evaluates your nutritional needs and develops a customized diet for you.



Did you know that your brain can be trained to heal itself? The Oxford Neurofeedback Program helps teach you methods to retrain your brain for recovery from conditions such as anxiety, stroke, and depression. Physical disabilities such as stroke or brain injury are often related to disruptions in the brain's communication pathways. Oxford Physical Therapy improves your brain and body connection.

The Oxford Recovery Center helps your body return to its full healing potential. Our goal is your recovery.

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Botsford Commons Senior Community is a unique campus that looks like a neighborhood and feels like home. Passing over the river into our beautiful wooded setting, dotted with gazebos, street lamps and a vibrant community center, visitors and residents alike instantly feel a sense of peace and belonging. Here, aging is treated with dignity and respect.

Recognizing that older adults have unique needs for support and services at different times, ranging from exercise classes to extended care, Botsford Commons offers four distinct residential choices:

- Independent Living (condominiums and apartments)
- Senior Living Center (assisted living)
- Bridge to Home Program (bridging between short-term rehab and going home permanently)
- Botsford Rehabilitation and Continuing Care Center (short-term rehabilitation and long-term nursing care)

With all these residential options available, seniors are empowered, remain passionate about life, and enjoy each day.



www.botsfordcommons.org

It's all about relationships at Botsford Commons where we create a Fullness of Life through the joy of relationships, the art of caring, and the spirit of living. You have to see our neighborhood, residents and caregivers in action to truly appreciate its beauty

Botsford Commons Senior Community 21450 Archwood Circle Farmington Hills, MI 48336 248-477-7400

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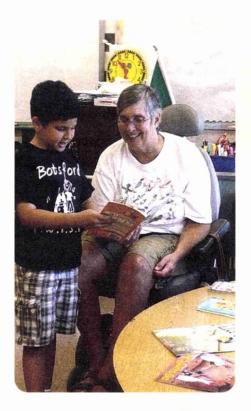
Botsford Commons Senior Community is a unique, historic campus that looks like a neighborhood and feels like a home – with a variety of living options and levels of care.

- Apartments and Condominiums
- Senior Living Center (Assisted Living)
- Sub-Acute Rehabilitation Care
- Continuing Care and Skilled Nursing

The **Bridge to Home** program creates an ideal recuperative environment for those who have had a hospital stay or similar rehabilitative experience and need more time to gain confidence and strength for independent living. The program features a fully furnished suite at Botsford Commons and three meals daily in the Bistro, as well as on-campus access to therapy services, events and activities. We invite you to see our neighborhood, residents and caregivers in action to truly appreciate its beauty.

- Schedule a tour
- Enjoy a meal or refreshments in our Bistro
- Attend one of our free Summer Concerts in the Garden
- Join one of our free upcoming Alzheimer's Education Events
- Learn about driving evaluations in our Senior Assessment Center
- Read our stories in Neighborhood News at www.botsfordcommons.org

For more information about Botsford Commons, please call (248) 426-6903. We look forward to speaking with you!





21450 Archwood Circle • Farmington Hills, MI 48336 • www.botsfordcommons.org

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- Get the Veterans Pension benefits you've earned
- Avoid probate and minimize taxes

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Certified Elder Law Attorney Christopher J. Berry, sq.

helps families protect what they've earned and preserve what they value through sophisticated Estate and LifeCare Planning techniques. He is one of only 17 Certified Elder Law Attorneys (CELA's) in the State of Michigan, which is the gold standard in estate planning and elder law.

Attorney Brandon S. Thomson

is a VA-accredited attorney, a member of the National Academy of Elder Law Attorneys (NAELA), the Elder Law and Disability Rights, and Estate Planning and Probate sections of the State Bar of Michigan.



UPCOMING WORKSHOPS

Friday, April 22, 2016 11:00 am - 1:00 pm

Wednesday, April 27, 2016 2:00 pm - 4:00 pm

Tuesday, May 3, 2016 9:30 am - 11:30 am

Livonia Americenter 39111 Six Mile Rd. Livonia, MI 48152

Seating is limited, call or email us today to reserve your family's place at the table.

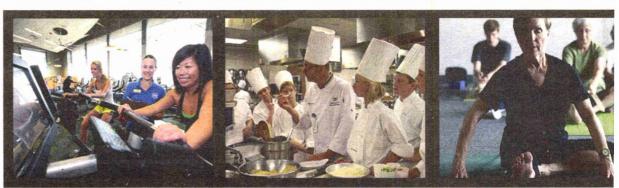
Call (888) 390-4360 or email contact@theeldercarefirm







EXPERIENCE



Demonstrations and Workshops

Schoolcraft College Continuing Education and Professional Development Staff, VisTaTech Center Staff, and Exhibitors

9:00-9:30

 Facts, Figures and Warning signs of Alzheimer's Disease and other Dementias (W210)

by Schoolcraft College

 How to Protect Yourself and Loved Ones from Long-term Care Costs (VT425)

by The Elder Care Firm

 Why Men Don't Listen and Women Can't Read Maps (VT460)

by Botsford Commons

9:20-10:15

 Healthcare Decisions (Kehrl Auditorium)
 by St. Mary Mercy Livonia

10:30 - 11:25

 Everything You Need to Know about Estate Planning (Kehrl Auditorium)

by Bloom Asset Management

11:40-12:35

 New Technology in Pain Relief (Kehrl Auditorium)

by HealthQuest Management, Inc.

12: 30-1:00 p.m.

- Exercise for Easing Arthritic Pain (W210) by Schoolcraft College
- Age in Place (VT460)
 by Senior Helpers
- Safe Drivers Smart Options: Keys to Lifelong Mobility (VT425)

by Michigan Department of State

All Seasons (18)

Ameriprise Financial - Mike Klassa & Associates (20)

Angela Hospice (17)

Beacon Square Northville (16)

Bloom Asset Management (21)

Botsford Commons Senior Community (2)

CareOne Senior Care (14)

Catholic Funeral Cemetery Services (28)

Cedarbrook Senior Living of Northville (44)

Ciena Healthcare (46)

ClearCaptions (39)

CSI Support & Development (6)

Enhanced Vision (19)

Francesca Nesi-Floff, M.D. (55)

Golden Home Health Care (57)

Harry J. Will Funeral Homes (56)

HealthQuest (4)

Heartland Healthcare (34)

Henry Ford Village (48)

Humana (23)

Jewish Senior Life (60)

Kelly & Kelly, P.C. (33)

Leo's Coney Island of Livonia (12)

Livonia Housing Commission (45)

Miller Vein (5)

National Board of Certified in Hearing Instrument Science (61)

Observer & Eccentric (36-37)

Olympia Group (27)

Oxford Recovery Center (22)

Patient Advocates MI (38)

Priority Health Medicare (58)

RetroFoam (3)

Right at Home (40)

Schoolcraft College (49-51)

Secretary of State (26)

Senior Helpers (29)

SMART (59)

St. Mary Mercy Livonia (7 & 10)

The Elder Law Care Firm (1)

The Senior Alliance (24)

Transitions Remodeling/

Forever Builders (47)

Twisted Rooster (11)

Unique Refinishers (15)

Visiting Angels (62)

Wheelchair Getaways of MI (35)

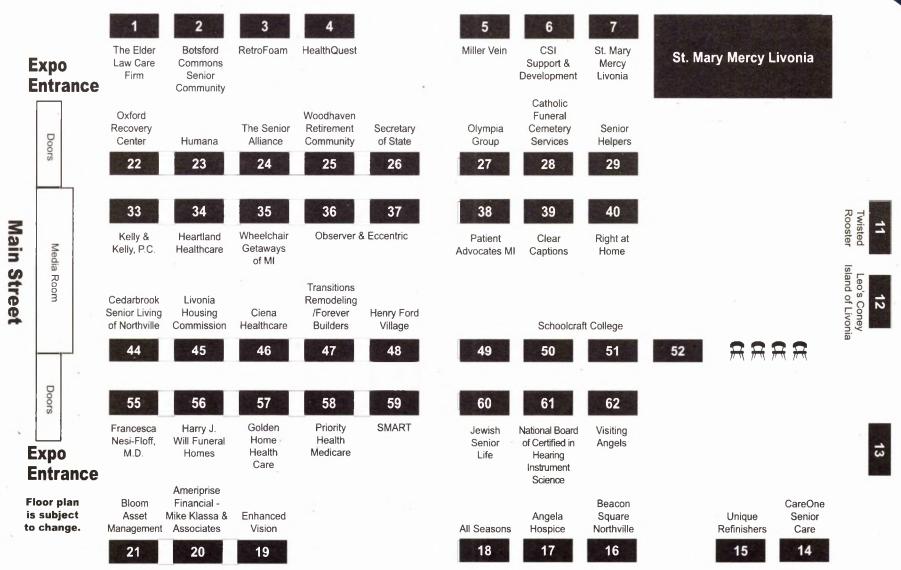
Woodhaven Retirement

Community (25)

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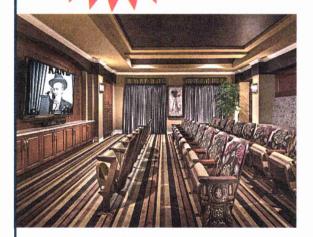




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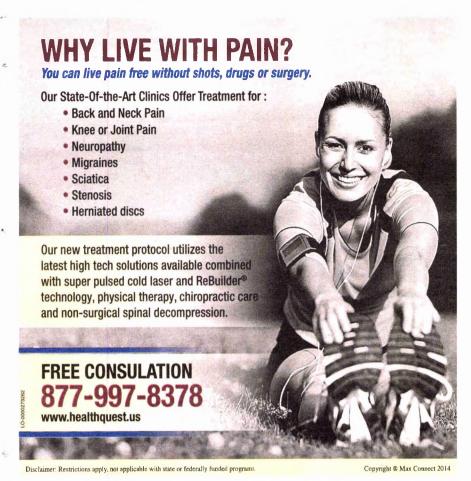
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- The state's first and most experienced Senior ER designed to reduce anxiety, promote comfort and provide high quality care focused on older adults
- Senior care services dedicated to quality care through our participation in the national senior health initiative, Nurses Improving Care for Healthsystem Elders (NICHE)
- Fitness and wellness programs to help seniors get and stay healthy through exercises, wellness education, health screenings and special events
- Disease prevention and management services to better manage chronic illness and prevent complications and injury



- Specially-trained staff on issues related to aging
- Protocols and initiatives addressing the prevention of delirium, falls, pressure ulcers, maintenance of mobility and function
- By-your-side volunteers who promote activity and engagement with patients
- Tools for the hearing or visually impaired
- Home health services to support patients who need care at home during illness or recovery
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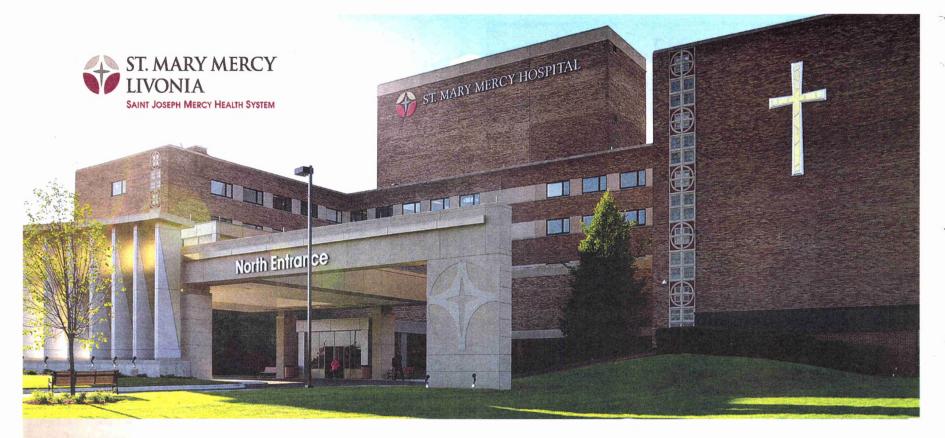
These initiatives lead to high-quality care, independence, wellness, safety and high patient and family satisfaction.

stmarymercy.org/seniorservices
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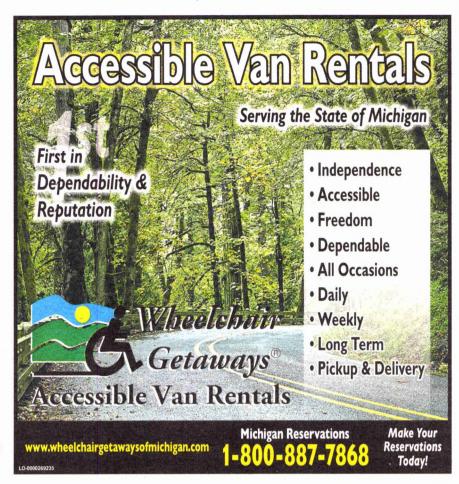
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When brothers and partners Ken and Rick Bloom of Bloom Asset Management, Inc. meet with a client, the discussion is a two-way street. They offer their investing expertise, of course, but just as importantly they carefully listen to the client's ideas, hopes and dreams.

"We believe that the way you invest money should be based upon what you're trying to achieve as an investor. Some people think their age is most important when making investment decisions, but we don't look at age as a material factor. We recommend a strategy based upon a person's individual goals and objectives," Rick says.

This approach—combined with a comprehensive knowledge base, high fiduciary standards and long-term investment strategies—helps the firm stand apart from the financial advisors who rely on a one-size-fits-all philosophy.

As a fee-only firm, Bloom Asset Management does not earn commissions on any investment products it recommends, which assures that advisors always act in clients' best interests. That is especially important with today's market volatility, where too often investors make bad decisions based on fear.

"When we manage a client's money, we not only build the type of portfolio based on their long-term goals, but we make sure we provide a steady hand in guiding their investments to help weather the market's volatility and stay the course," Rick says.

Founded in 1984, Bloom Asset Management manages more than \$1 billion in client assets and has been ranked #1 in Michigan on CNBCs listing of the Top 100 Fee-Only Wealth Management Firms in the U.S. Rick Bloom has also been named one of the Top Financial Advisors in the U.S. for 2015 and 2016 by Barron's magazine.

These are milestones Rick and Ken Bloom are extremely proud of because it was achieved while managing the personal investments of hard working men and women, in all walks of life.

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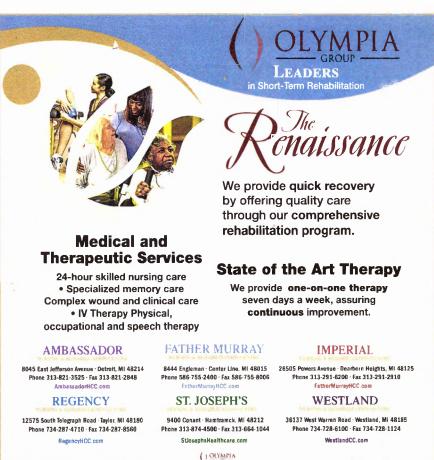
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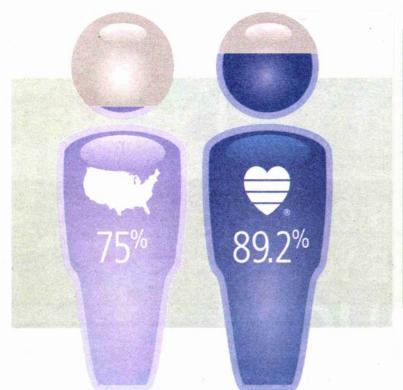




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