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J.J. Hull clears snow from the sidewalks in downtown Plymouth.

BILL BRESLER | STAFF PHOTOGRAPHER

Crews hit the streets to clear major snowfall

By Matt Jachman
Staff Writer

The third-deepest single-event snowfall on record in the Detroit area closed schools, halted trash pickup and frustrated drivers across the Plymouth community Monday morning.

The snowstorm Sunday and Monday – officially 16.7 inches at Detroit Metro Airport – brought out plowing crews in Plymouth and Plymouth Township. By late Monday morning, both communities reported significant progress in clearing major roads and residential streets. No serious traffic accidents were reported.

In Plymouth Township, which as a township is dependent on Wayne County for street maintenance, Supervisor Richard Reaume said the deep snowfall meant the township had to step in. The public works department, he said, had at least seven trucks on the road, with drivers working in shifts Sunday and early Monday.

“The health, safety and welfare of the community is at the front, so we’re going to do our part to take care of our residents,” said Reaume, who was out of town on vacation, but spent hours communicating with township staff via phone and text messaging.

Reaume said that in addition to keeping the driveways and lots at township properties, such as township hall and the police and fire stations, clear, crews were plowing major thoroughfares, such as Haggerty, North Territorial and Beck, plus going into residential areas, especially streets scheduled for Monday trash and recycling pickups, plus neighborhoods that don’t hire contractors to clear streets. Crews were even assisting some of those contractors, he said.

“It’s a small investment for the good of the community,” Reaume said, noting that fuel and employee overtime will make up the bulk of the cost.

The township made a spe-

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BILL BRESLER | STAFF PHOTOGRAPHER
Jerry Cross takes a break while shoveling snow in his shirtsleeves, in spite of the 15-degree temperature. “I’m waiting for it to get cold,” he said. He lives on Starkweather in Plymouth.

Craigslist robbery case ends in probation

By Darrell Clem
Staff Writer

A Van Buren Township man has been placed on probation for five years for robbing a Canton man after a yearlong relationship that police say evolved from a Craigslist encounter.

Eric Lee Taylor, 35, was sentenced Tuesday by Wayne County Circuit Judge James

Callahan, a court clerk said, after Taylor pleaded guilty in January to one count of unarmed robbery.

Taylor’s decision to accept a plea deal allowed him to avert a potential prison sentence of up to 15 years.

His plea came after authorities agreed to dismiss additional charges of identity



Taylor

theft, receiving and concealing stolen property less than \$20,000, theft of the victim’s car and using a financial transaction device, or credit card, without consent.

Canton police Lt. Chad Baugh said Taylor arranged for two other suspects, never captured, to go to the 42-year-old victim’s house on

an April night last year and rob him of his 2012 Ford Escape, laptop computer and credit card.

Baugh said the Taylor and the victim had met through Craigslist a year before the robbery unfolded on Hunters Way, near Geddes and Canton Center roads.

Canton police Lt. Craig

See ROBBERY, Page A4

Company’s donation helps boost fire safety

By Matt Jachman
Staff Writer

A donation from a worldwide automotive supplier with a local research center will help increase fire safety in Plymouth Township households.

ADVICS North America donated 50 smoke detectors Tuesday to the Plymouth Township Fire Department, which plans to install them in homes without smoke detectors, providing an early warning system and increasing occupants’ chances of escaping safely in the event of a fire.

“The bottom line is, we want to make sure everybody’s safe,” Fire Chief Dan Phillips said upon accepting the donation at Station No. 1.

The department has been giving away smoke detectors for years, Phillips said, and has often relied on donations for them.

Jason Ryan, a financial analyst at ADVICS, said the gift is in keeping with its goal

See DONATION, Page A2



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Snow comes, shovels, snow blowers appear

By Julie Brown
Staff Writer

Around 9 a.m. Monday, Don Glass of Canton was out with his snow blower, like many area residents.

"He likes the snow blower," said his wife, Kay Glass. "I'm the one that gets the shovel out."

She teaches French at Plymouth Salem High School, while Don is a Spanish teacher at Discovery Middle School, also in the Plymouth-Canton district. They found out Sunday afternoon that Plymouth-Canton and many other districts were canceling classes due to the heavy snowfall that began over-

night early Sunday.

She describes their snowfall as her doing what Don calls "mop-up." It's different on regular school days. "We both do it," she said of snow cleanup. "He's out there right now."

The Glasses, parents of a college-age daughter, Amanda, were impacted by last winter's heavy snowfall and cold. "We had a lot of snow days last year," Kay Glass said.

"It got to be a bit much last year. It does interfere with the schedule" of teaching.

She grew up in Plymouth, while Don grew up in Zeeland, Mich., "over in the lake effect

part of the state." This most recent snowfall didn't impact the couple's Super Bowl plans; she agreed this winter is an improvement over last year.

"The snow was taller then because we were shorter," she said of her growing up years and snow. Monday for them was "just shoveling out mostly. We've been really busy this weekend, so maybe we'll get some work done."

Over in Plymouth Township, John and Nancy Glodich were relaxing around 9:30 a.m. Monday. "I just asked her, 'Should we get out and shovel the snow?'" said John, director of credit for Mac-

quarie Equipment Leasing. His work was canceled for the day.

Nancy is children's ministry director at Geneva Presbyterian Church in Canton. She also teaches preschool, which was canceled Monday. "I didn't have to set my alarm this morning," she said with a laugh.

"That was nice. Now we're out making our third attempt at uncovering the cars in the driveway."

They had uncovered their cars twice Sunday. The Plymouth Township couple has two young adult children, Hannah and Ian. Ian is in Seattle.

"He said all it is is

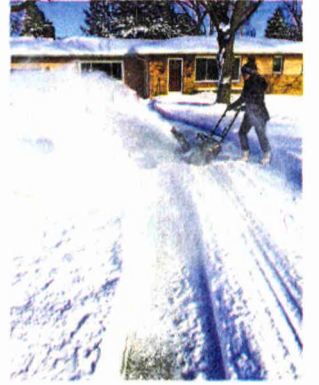
raining there," his mom said, noting he was disappointed by that. "We kept sending him pictures, updated pictures."

"I remember having more snow when I was little," Nancy Glodich said, adding her height may have been a factor. "It seemed like more."

She grew up in Plymouth "in this house I'm living in now, actually. John grew up in Warren."

She agreed this winter is "nothing compared to last year." Glodich had no problem with this snowstorm.

"I think it's beautiful," she said. "I just think it makes it look pretty. Nothing is pressing."



JULIE BROWN

Brandi Lindman of Plymouth Township uses the snow blower Monday morning at the family's home. "Oh, my gosh, this is crazy," she said of the snow, adding the couple's children wished Monday was Christmas.

CREWS

Continued from Page A1

cial request Sunday to have the county crews plow Ann Arbor Road and that was done, Reaume said.

Trash pickup delay

Despite the efforts, residential trash and recycling pickup were canceled in the township for Monday and expected to resume Tuesday, with the pickups delayed by one day for the week. Reaume said the recycling dropoff center the township's trash hauler uses was closed because of the snowfall, so he decided to delay both trash and recycling pickups. The one-day delay means streets where trash and recycling is normally picked up Friday will have Saturday

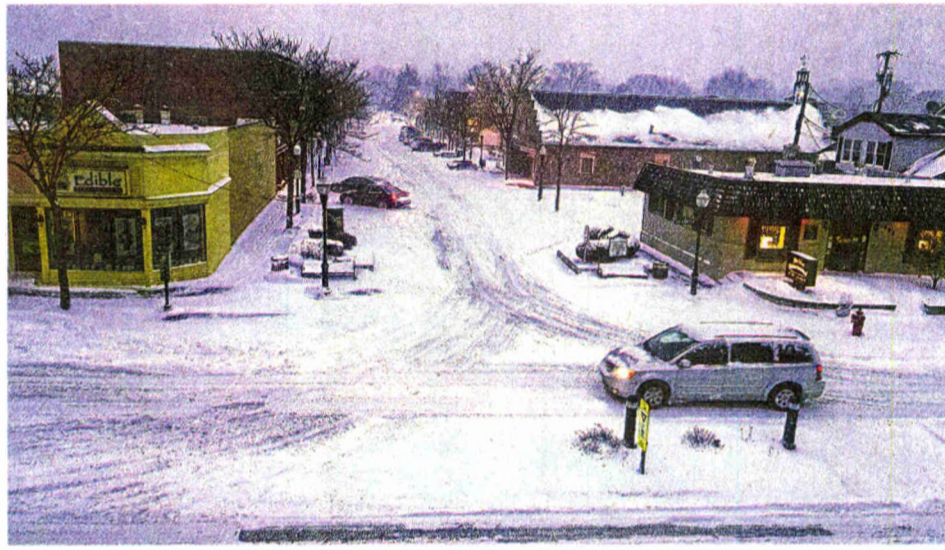
pickups this week.

Monday trash and recycling pickups in Plymouth were also canceled, but the contractor plans to get back on schedule by covering both the Monday and Tuesday routes Tuesday, said Chris Porman, director of the Department of Municipal Services.

At noon Monday, major Plymouth streets were cleared and salted and crews had also cleared 80 percent to 85 percent of residential streets, Porman said.

"We're not doing too bad out there," he said. The city had eight trucks out clearing streets, he said. A snow emergency was declared Sunday in Plymouth and people in both communities were warned not to park vehicles on residential streets so that they can be plowed.

The Plymouth DMS



WES GRAFF

This photo, by Wes Graff of the Plymouth Chamber of Commerce, shows a nearly abandoned Ann Arbor Trail and Forest Avenue on Sunday evening.

racked up some overtime as well, with two staffers brought in Sunday and the entire crew at 4 a.m. Monday, Porman said. Snow was just

being pushed into piles Sunday and Monday, he said; beginning at 4 a.m. Tuesday, crews will start hauling the snow piles away. The city stores

snow removed from its streets in piles alongside Theodore Street.

Porman asked that drivers leave plenty of room for snowplows and

"Please leave our crews some room to work so we can open the streets up ..."

CHRIS PORMAN
director, Department of Municipal Services

that people clearing driveway approaches not push or blow snow into the street.

"Please leave our crews some room to work so we can open the streets up and clear the streets," he said.

Plymouth-Canton Community School District schools were closed Monday and charter and private schools were closed as well.

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DONATION

Continued from Page A1

of giving back.

"We're really looking at being more involved in the community," Ryan said.

ADVICS North America's technical center in the township is focused on research and design of the brake systems the

company manufactures. There are about 90 employees at the site on Polaris Court.

The new Kidde brand smoke detectors have a sealed battery with a 10-year lifespan, a new feature in the smoke detector market, Phillips noted. That eliminates the need to change batteries twice a year, as the fire department recommends for traditional

smoke detectors.

Phillips said detectors should be tested regularly not only to test readiness, but to familiarize people in the household with their sound. Families should talk about what to do to safely escape their home should an alarm go off, the chief said.

The detectors typically retail for about \$30 each, but the fire department was able to negotiate with Home Depot for a better price, the chief said.

In a press release, Phillips offered statistics showing the effectiveness of smoke detectors, including a death rate of 0.53 per 100 reported fires in homes with a working smoke alarm, compared to a rate of 1.18 per 100 fires, more than twice as high, in homes without a working smoke alarm. Township residents



MATT JACHMAN

Firefighters (from left) Casey McCreedy and Greg Mangan, Inspector William Conroy, Jennifer Morse and Jason Ryan of ADVICS North America and Fire Chief Dan Phillips with smoke detectors donated to the fire department Tuesday by ADVICS. The department will install detectors in Plymouth Township households without them.

interested in having the fire department install a smoke detector free of charge in their home

should call Phillips' administrative assistant, Nancy Jowsey, at 734-354-3221.

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TEACHER

Continued from Page A1

seemed to be effective, he said, but by the fall, new tumors were discovered.

His wife faced her illnesses bravely, Jim Ryan said.

"She really wasn't afraid of dying and I think she was a great example," he said.

"She had such a loving and caring heart for

people," said the Rev. Jon Beyer, the pastor at the Ryans' church, Grace Canton.

Her faith, Beyer said, gave her the strength to face her illness and she often took on the role of supporting others who were going through their own trials.

Born Kathryn Eiden, Mrs. Ryan grew up in Taylor and earned a bachelor's degree and two master's degrees at Eastern Michigan University, returning to

teach in the Taylor public schools. She and Jim Ryan met at a wedding.

She was supportive of her husband's career in education, which took them to Reed City for his first job as a superintendent, then to the Lansing area and finally to Plymouth-Canton, Jim Ryan said. Mrs. Ryan taught in Reed City and then in Mason, near Lansing.

When Jim Ryan took the top job at the P-CCS in 2002 and the family moved to Canton, she continued to teach in Mason, making the long commute, for five years until retirement.

"She hated the drive, but she loved those kids," Jim Ryan said.

"She was there to give more than most people would have to give," Beyer said.

She was also just plain fun to be around, her husband said, enjoying conversation, shopping, lunches out and talking and coloring with the couple's young grandchildren. She liked to knit and rescued dogs and had a fondness for Boston terriers.

"She was a very special person," he said. "She was very kind and very calm."

"She was just a joy-filled person," Beyer said.

Jim Ryan said people

liked to joke that his wife was the "first lady" of Plymouth-Canton schools. She would often accompany him to public functions, he said.

"When you took Kathy with you, nobody cared that you were there. They just wanted to talk to Kathy," he said.

In addition to her husband, Mrs. Ryan is survived by a son, Michael, of Plymouth Township and his wife Irene; a daughter, Amy Hughesdon, of Canton and her husband Scott; two sisters, Debbie Bancroft and Sharon McGuckin, both of Taylor; two brothers, Greg and Paul Eiden, also of Taylor; and 12 grandchildren.

A gathering will be held 3-8 p.m. Thursday, Feb. 5, at Vermeulen-Sajewski Funeral Home, 46401 W. Ann Arbor Road, Plymouth Township. A memorial service is set for 10:30 a.m. Friday at Grace Canton, 46788 Cherry Hill, Canton; the family will gather at the church beginning at 9:30 a.m.

Memorial contributions can be made to Angela Hospice, 14100 Newburgh, Livonia, MI 48154, or to Grace Canton.

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Survivor of Human Trafficking
If you don't think human trafficking happens in your zip code, think again.

Survivor and author of "The Slave Across the Street", Theresa Flores shares her story of being a sex slave while a typical high school student in an upper-middle class suburb of Detroit. Drugged, raped, and tortured at 15, she was trafficked for 2 years to men in their 20's and 30's, all unbeknownst to her family. Now this victims' advocate is speaking out on the reality of human trafficking in the U.S.

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Crescent Academy seventh-graders Saima Siddiqui (from left), Zoha Khan and Arham Kaiser with Spira, their entry in the 2015 Future City competition. The three were the presenters for the team of 21 Crescent students who worked on Spira, which took fourth out of 22 entries in the contest sponsored by the Engineering Society of Detroit.

Local students capture Future City contest honors

By Matt Jachman
Staff Writer

A team of seventh-graders from Crescent Academy in Canton Township was among the finalists in the 2015 Future City competition, a science project in which middle school students plan, organize and write about a city of the future and build a tabletop model of it.

Crescent's Team One placed fourth out of 22 teams in a competition that culminated Jan. 26, when each team presented its model city to professional engineers acting as judges. The day-long event, sponsored by the Engineering Society of Detroit, was at the Suburban Collection Showplace in Novi.

The theme of this year's Future City was sustainable urban agriculture and the time frame was 150 years in the future. Students had to research and explain what their city would grow and how it would be grown, given the environmental and climate conditions in their city.

Each entry was judged in five categories: the computer design of the city, a research essay, a city narrative, the Future City model and the team's oral presentation.

A team from St. John Lutheran School in Rochester took first place, winning a chance to compete in the national Future City competition in Washington, D.C..

On stage

Placing in the top five meant Crescent's Team One repeated its presentation for hundreds of students from the competing schools, plus



Humnah Wasi (from left), Raiyan Ahmed and Yazen Alomary, all seventh-graders at Crescent Academy in Canton Township, with their model city, Kaizen, at the Future City contest at the Suburban Collection Showplace.



Kaizen, one of Crescent Academy's entries in the Future City contest, was set 150 years in the future in what is now China. The theme of this year's contest was sustainable urban agriculture and Kaizen's specialty was farming eggs and carrots.

teachers, engineers and professionals from the sponsoring companies and organizations. Students also got to hear from Andrew Humphrey, a WDIV-TV meteorologist and reporter, and from several engineering professionals.

Team One's presenters were Zoha Khan, Arham Kaiser and Saima Siddiqui. Their city, called Spira, specialized in growing a kale-broccoli hybrid they called brale.

Team One also took three special awards: the Best Waste Management

and Recycling award, the Sustaining Our Future award and the Incorporation of Plastic Materials award.

Another team from Crescent was also in the contest and took two special awards, the Quality Improvement award and the City of Tomorrow award.

The presenters for Team Two were Humnah Wasi, Raiyan Ahmed and Yazen Alomary. Their city, Kaizen, farmed eggs and carrots.

Crescent science teacher Duha Fahmy said each team was made up of 21 students and that the competition gave them lessons in patience, communicating with others and collaboration. The 2015 event marked Crescent's fourth appearance in the Future City competition.

Crescent Academy, with more than 400 students in preschool through eighth grade, is a private Islamic school that draws students from around the area, including from Plymouth, Canton, Westland, Livonia, Farmington and Northville.

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Home invasion defendants facing trial

By Darrell Clem
Staff Writer

Barring a plea deal, three home invasion defendants accused of stealing cash from a home on Stonetree are facing trial in Wayne County Circuit Court.

Ramon Michael Payne, 28, of Monroe and two 18-year-old Livonia women, Derricka Anne Allen and Milan Monet

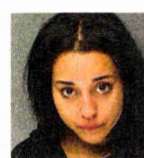
Hayes, could face penalties ranging up to 15 years in prison if they are convicted of second-degree home invasion.

Payne, Allen and Hayes are facing trial following a preliminary hearing in 35th District Court.

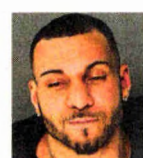
They are accused of stealing money from a home in the 6100 block of Stonetree, north of Ford between Lilley and Haggerty.



Allen



Hayes



Payne

Detective Sgt. Dan Traylor has said the incident, which occurred about 11 p.m.

Wednesday, Jan. 7, apparently wasn't a random home invasion. No residents were at home at the time.

Payne has been released after posting \$1,000 toward a \$10,000 bond, reduced in Wayne County Circuit Court from an earlier \$50,000 cash bond set in 35th

District Court.

Traylor has said "quick deployment" of Canton police led to arrests following the home invasion.

He said investigators "were relentless in getting the people we thought were responsible."

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Trial set for man in Redford driving death

By David Veselenak
Staff Writer

The trial for a Detroit man accused in the death of a Royal Oak woman last fall in Redford is set to begin early next week.

A jury trial for John McCallum, 27, of Detroit is scheduled to begin at 9 a.m. Monday in the Frank Murphy Hall of Justice before judge Cynthia Gray Hathaway, according to online court records.

McCallum is charged with: second-degree murder, reckless driving causing death, first-degree fleeing a police officer, operating while license suspended causing death, second-degree home invasion, attempted home invasion and habitual offender fourth offense. He was charged after an Oct. 6, 2014, accident that killed 25-year-old Francesca Weatherhead.

If convicted, McCallum faces up to life in prison. He has remained locked up in the Wayne County Jail, remanded without bond, since he was arraigned in October.

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Dying heroin user saved by Canton cops, paramedics

A 29-year-old Canton man who had stopped breathing after overdosing on heroin was rescued by Canton police and paramedics and taken to a hospital for treatment, a police report said.

The man's mother called for help after she found him lying on a bathroom room where he had stopped breathing, the report said. She told police her son's face had turned a bluish color.

The incident happened about 4 p.m. Monday in the Sherwood Village mobile home community, southeast of Michigan Avenue and Haggerty.

The mother told police she began shaking her son and patting his face, but he didn't respond. Police arrived on the scene and began efforts to resuscitate the unresponsive man, who finally began to take shallow breaths until Canton

paramedics arrived, began treating him for an overdose and took him to a hospital.

The police report indicated paramedics had stabilized the man. He admitted using heroin, the report said.

Job dangers

Sometimes a police officer narrowly avoids injury while trying to help others.

One officer en route to a mobile home fire shortly after 4 a.m. Jan. 28 was driving southbound on Barr, approaching Mott Road, when she hit an icy patch and couldn't stop, causing her to veer near a guard rail, drive into a ditch and steer onto the road again as she rushed to the fire, a police report said.

The officer continued to the the Wagon Wheel mobile home fire, where a woman was ultimately found dead amid the rubble of a fire that destroyed a residence, as earlier reported in the *Observer*.

The officer's patrol car

sustained minor damage. She notified other emergency personnel en route to the scene to use caution on the roads.

BB gun seized

Police seized a BB gun and pellets from a 21-year-old Redford man during a traffic stop that occurred shortly before 10:30 p.m. Saturday on south Haggerty, near Michigan Avenue, a police report said.

Police stopped a Chevy Avalanche after noticing it had a defective passenger-side tail light, the report said. Three young men in the Avalanche pulled into a gas station parking lot, with one of the men telling police he was driving his aunt's vehicle as he moved some of his belongings to a home where he was now living.

Police noticed the BB gun on the front passenger seat, prompting police to take the weapon and issue a citation to one of the passengers for possession of a BB gun that was a

replica of a real gun. The driver of the vehicle was ticketed for having a defective tail light.

Domestic dispute

A 72-year-old woman told Canton police her husband, one year older, threw a dinner plate at her during an argument that erupted about 12:20 p.m. Saturday in the 900 block of Chelsea, near Saltz and Canton Center.

The woman left the home and went to the police station. During an investigation, the suspect told police he became frustrated with his wife, who is supposedly suffering mental health issues, but he said he threw the plate after she already had walked away.

The suspect said the plate hit a wall. Police gave the woman information about how to seek help if she needs it from places such as a domestic violence shelter.

— By Darrell Clem

ROBBERY

Continued from Page A1

Wilsher has said the incident should serve as a warning for others to use caution when arranging a meeting of any

kind through a website, calling it a "risky proposition."

On the night of the robbery, Taylor was supposed to enter the Canton man's house through an unlocked door from the garage to the home. Instead, Baugh said, two other intruders went inside and

robbed the victim.

Police found the victim's vehicle in Ypsilanti and his laptop computer at Taylor's residence, Baugh has said.

Taylor was supposed to stand trial in early February, but chose to plead guilty. He had been taken into custody in

January after he missed an earlier trial date while free on bond.

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PLYMOUTH-CANTON COMMUNITY CALENDAR

Coaches needed



Coaches and other volunteers are needed for the spring and fall seasons of the Miracle League of Plymouth. The league provides opportunities for special-needs players to enjoy the game of baseball. Anyone interested in donating their time or who has questions can contact Shari Bilkie via email at shari@miracleleagueplymouth.org

OPTIMIST MEETING

Date/Time: Wednesday, Feb. 11, 6:30-7:30 p.m.

Location: Summit on the Park, 46000 Summit Parkway, Canton

Details: The Canton Optimist Club holds an organizing meeting in Arts Room 2. All planning to be discussed and prospective members as well as interested persons should attend. This will be an actual Optimist Club-type meeting for this new club, including discussions for potential service projects and more.

Contact: For additional information, contact Don Brose at 248-736-8833 or broseelectric@msn.com or Linda Brooks at 313-570-6046 or lybb_1999@yahoo.com

'DOWNTON ABBEY' TEA

Date/Time: Sunday, March 2, 2-4 p.m.

Location: Plymouth Historical Museum, 155 S. Main

Details: The Plymouth Historical Museum hosts a "Downtown Abbey Tea." The highlight of the afternoon, aside from the scrumptious tea delicacies, will be the fashion show of styles based on the popular *Downton Abbey* TV series. The fashion show will be presented by reenacting members of the Plymouth Living History Troupe of the Plymouth Historical Museum. Tickets are \$25 for members of the Friends of the Plymouth Historical Museum and \$30 for non-members, before March 20; after that date add \$5 to the price.

Contact: For more information, call 734-455-8940.

PARENTING TIPS

Date/Time: Thursday, Feb. 5, 7-8:30 p.m.

Location: Tonda Elementary School, 46501 Warren, Canton

Details: In "Top 10 Essential Parenting Strategies for Success," Dr. Pam McCaskill, owner/director of McCaskill Family Services, will present the "best of the best" parenting tips for managing behavior, improving self-esteem, and motivation. Free child care is available (call 734-416-2937).

Contact: To register, go to <http://communityeducation.pccs.k12.mi.us/>

COLBECK HOURS

Date/Time/Location: Friday, Feb. 6, 4-5 p.m., Wayne Public Library, 3737 S. Wayne Road

Details: State Sen. Patrick Colbeck and District Manager Penny Crider will hold office hours in Wayne. Colbeck will be available to answer questions and respond to concerns any residents of his district may have. This is an opportunity for local residents to meet with Colbeck to address issues related to state government. No appointment is necessary.

Contact: For more information or to contact Colbeck, go to www.senatorpatrickcolbeck.com or call 517-373-5713.

PAGAN HOURS

Dates/Times: Fourth Monday of the month, 7 p.m.; fourth Saturday of the month, 10 a.m.

Locations: Monday, Panera Bread, 41950 Ford Road, Canton; Saturday, Leo's Coney Island, 9624 Belleville Road, Belleville

Details: State Rep. Kristy Pagan, D-Canton, announces the schedule for her monthly coffee hours. Pagan invites residents to join her to discuss their thoughts and ideas about how she can best represent and address the needs of her constituents. Pagan encourages interested residents to sign up for her e-newsletter, which will provide updates of her work at the Capitol and in the community.

Contact: To sign up, interested individuals should go to pagan.house.dems.com. Residents can also contact Pagan in her Lansing office at 517-373-2575.

DROP-IN KNITTING

Date/Time: Third Tuesday of each month, 1-2 p.m.

Location: Plymouth Township Friendship Station, 42375

Schoolcraft, Plymouth

Details: The Plymouth Community Council on Aging offers drop-in knitting and crocheting classes. If you need help finishing a project or starting a new project, then this is the place to come. Beginners are welcome. Each class has a donation of \$2. Instructor is Dori Mefford.

Contact: For more information, call 734-453-1234, ext. 236.

U-M ALUMNI NETWORKING

Date/Time: Wednesday, Feb. 11, 6:30-9:30 p.m.

Location: Liberty Street Brewing Co., 149 W. Liberty, Plymouth

Details: The University Of Michigan Alumni Club of Greater Northville hosts a professional networking event for seasoned and new professionals. The featured speaker will be fellow Michigan alumni Sally Schmall, owner of the Coaching Academy. She will share simple strategies to help your message resonate with others, followed by small networking/discussion groups based on career interests. A light dinner and a drink will be provided. Cost is \$10 for members, \$20 for non-members.

CRAFTERS WANTED

Date/Time: Saturday, Oct. 17

Location: West Middle School, 44401 Ann Arbor Trail, Plymouth

Details: Delta Kappa Gamma, an international society of women in education, will host its 31st annual craft show to help provide scholarships for Plymouth-Canton students. There are still openings for crafters who are interested in joining the event. Join DKG along with the AAUW used book sale and

reserve a booth.

Contacts: For more information, contact Debbie Cortellini at debortellini@comcast.net or call 734-451-1525.

COACHES NEEDED

Date/Time: Saturdays in spring and fall

Location: Bilkie Family Field, downtown Plymouth

Details: The Miracle League of Plymouth, the league providing opportunities for special-needs players to enjoy the game of baseball, needs volunteer coaches for its spring and fall seasons.

Contact: Anyone interested in donating their time or who has questions can contact Shari Bilkie via email at shari@miracleleagueplymouth.org

OLGE GALA

Date/Time: Saturday, Feb. 7, 6:30 p.m.

Location: Italian-American Club of Livonia, 39200 Five Mile

Details: Our Lady of Good Counsel hosts "Women of Our Lady," the church's inaugural dinner-dance gala. Couples, families and singles are welcome to the family-style dinner, which features oven-roasted chicken and potatoes, vegetables and dip, green beans almondine and beverages. Dress code is after-5 attire; doors open at 6:30 p.m., dinner is at 7 p.m.

Contact: To register or for more information, email Marcella Corona at march1317@aol.com or call 248-305-7155.

CLOTHING BANK

Date/Time: Every fourth Saturday, 10 a.m. to 1 p.m.

Location: Canton Christian Fellowship clothing bank, 8775 Ronda Drive, Canton

Details: Canton Christian Fellowship sponsors a clothing bank every fourth Saturday. No documentation is needed. Drop-off is available from 10 a.m. to 3 p.m. each Wednesday.

Canton Christian Fellowship is located on at Joy Road, west of Haggerty.

Contact: For more information, email info@cantoncf.org or call 734-404-2480.

STONEFLIES SEARCH

Date/Time: Feb. 14, 9 a.m.

Location: U-M Dearborn

Details: Friends of the Rouge is looking for volunteers Saturday, Feb. 14, who want to help look for stoneflies in the Rouge River. Valentine's Day was chosen this year as it falls during the time organizers say stoneflies hatch from the river and go looking for love. Searchers meet at 9

a.m. at the University of Michigan-Dearborn. No searching is done in Dearborn; volunteers carpool out in 10-12 teams to Rouge streams located around metropolitan Detroit.

Contact: Volunteers must pre-register by Jan. 30 on the FOTR website www.therouge.org or by calling 313-792-9621.

PFLAG MEETING

Date/Time: First Sunday of each month, 3-5 p.m.

Location: St. John's Episcopal Church, 574 S. Sheldon, Plymouth

Details: Plymouth-Canton PFLAG meets for discussion, education and sharing. Founded in 1972 with the simple act of a mother publicly supporting her gay son, PFLAG is the nation's largest family and ally organization. Made up of families,

friends and straight allies united with people who are lesbian, gay, bisexual and transgender (LGBT), PFLAG is committed to advancing equality and societal acceptance of LGBT people through its threefold mission of support, education and advocacy.

Contact: Email laurie.mayers@gmail.com

LIBRARY BAG SALES

Dates: Feb. 20-23; March 27-30

Location: Canton Public Library, 1200 N. Canton Center Road, Canton

Details: The Canton Public Library hosts several Bag Sales to benefit Secondhand Prose, the Friends of the Canton Public Library bookstore. Visitors can shop during the monthly sale and fill a big with books for just \$5.

CITY OF PLYMOUTH PUBLIC HEARING NOTICE
Public Notice of Determined Uses of 2015
Community Development Block Grant Funds

Pursuant to Federal guidelines, the Plymouth City Commission, at the conclusion of the public hearing process on February 2, 2015 determined the following projects and respective funding levels for the 2015 Community Development Block Grant (CDBG) program. A public hearing will be held on Monday February 16, 2015 to review the determined uses. The following uses for Community Development Block Grant Funding Have been Determined:

1. ADA and/or Public Facility Improvements	\$ 44,578.94
2. Public Services-Senior Transportation	\$ 11,929.58
3. Grant Administration	\$ 6,278.72
TOTAL	\$ 62,787.24

Linda J. Langmesser, CMC
 City Clerk

Publish: February 5, 2015
 Observer & Eccentric Newspaper- Published Thursday February 5, 2015

CITY OF PLYMOUTH
ACCURACY TESTING FOR VOTING EQUIPMENT
TUESDAY, FEBRUARY 10, 2015, 9:30 a.m.

The City of Plymouth has scheduled and will be conducting the accuracy testing for the optical scan voting equipment, as well as the hearing impaired equipment for the General Election to be held on TUESDAY, FEBRUARY, 24, 2015. The test is scheduled for Tuesday, February 10, 2015 at 9:30 a.m. at the Cultural Center, 525 Farmer Street, Plymouth, MI 48170.

This is an open testing session and any interesting person is encouraged to attend. Election Source from Grand Rapids, Michigan, will be conducting the testing to assure equipment has been programmed appropriately.

If there are any questions, please direct them to the City Clerk's office at 734-453-1234, ext. 234. The Plymouth Cultural Center is in compliance with the American Disabilities Act and is handicapped accessible.

Linda Langmesser, City Clerk

Publish: February 5, 2015

CITY OF PLYMOUTH
NOTICE OF PUBLIC HEARING
CITY OF PLYMOUTH, MICHIGAN
(734) 453-1234

A Public Hearing will be held at the regularly scheduled City of Plymouth City Commission Meeting to be held on Monday February 16, 2015 at 7:00 P.M. in the Commission Chambers of the City Hall, 201 S. Main Street, Plymouth, MI, to consider the following:

Code of Ordinances Text Amendments-
 Chapter 18 Article VII-Sections 18-211 and 18-212 Property Maintenance Code

All interested persons are invited to attend.

In compliance with the Americans with Disabilities Act, the City of Plymouth will provide necessary reasonable auxiliary aids and services, such as signers for the hearing impaired and audiotapes of printed materials being considered at the meeting/hearing, to individuals with disabilities. Requests for auxiliary aids or services may be made by writing or calling the following:

Maureen Brodie, ADA Coordinator
 201 S. Main Street
 Plymouth, MI 48170, (734) 453-1234, Ext. 206

Publish: February 5, 2015

Complete Revocable Living Trust Package

\$595

Includes:

- Pour-over will
- Durable Power of Attorney
- Health care Durable Power of Attorney
- HIPPA Authorization
- Living Will
- Quit Claim Deed of Home to Trust

Call today to schedule your appointment!

734-927-1100

Estate and Tax Planning Group
 41081 Ann Arbor Road, Plymouth, MI 48170



Liberty Street looking south shows the place of business of Vivian (Daggett) Wingard and her husband Russell on the right.

COURTESY DAN SABO

Old Village chock full of rich history

By Daniel B. Sabo
Correspondent

Last week, I touched upon the ongoing Starkweather School situation and how it relates to the overall historic significance of the Old Village area. Today, I focus on some other important areas in Old Village or – if you prefer, as many folks do – Lower Town.

Vivian and Russell Wingard were very important to the effort to get a new ward (or elementary school) built on the east side of town.

The photo of Liberty Street looking south shows the place of business of Vivian (Daggett) Wingard and her husband Russell on the right. It was a small real estate and insurance firm on the southwest corner of Starkweather and Liberty, across from the Starkweather home where I once lived. It stills stands today.

Sam Hudson wrote an article about Russell and his involvement in an Aug. 25, 1986, O&E article and also referenced him in his book *Michigan's Tenth Largest*. Although I knew he was involved, after I did more research, I realized how very important he was to the effort.

Major detail

I believe I found a major piece of information that Sam did not have access to, nor my grandfather would admit to back then. After piecing it together as a jigsaw puzzle, I will start here.

As Hudson stated in his article, in 1923 Russell had a paralytic stroke. He was wheelchair-bound and the doctor told him he would never walk again. But he would not accept that, so he worked hard to regain his strength and finally was able to walk without cane. He did lose function of his right hand.

Fliers were distributed across town; these can be viewed on my Facebook page. Karl Starkweather wrote the content of the fliers, urging people to the polls to vote for the bond approval for funds to build the school. Although a stroke victim with heart and hearing problems, Russell was able to run his business and managed to pay out of pocket for an option on the land that was then called "the Walker Property" on Holbrook.

In writing

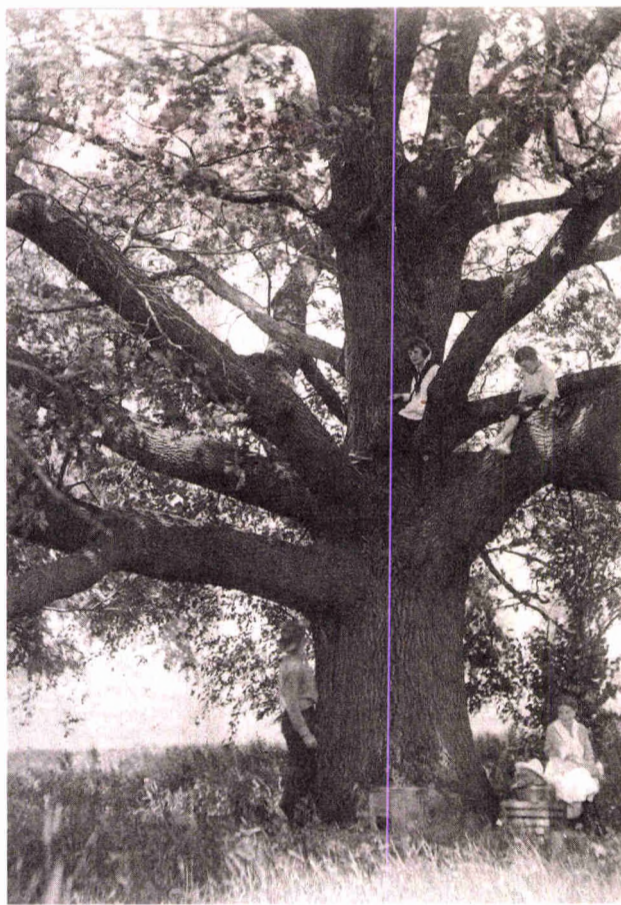
He got it in writing that he would have first dibs on the property if the town came up with the money to build the school. When the bond was voted on, it passed by a margin of 4-1. Russell and Karl were driving folks to the polls in their Model Ts as Hudson explains. Wingard then turned over the option to the school district so taxpayers could purchase the property.

The key that brought it all together is a little-known self-published paper for Old Village called *The Plymouth Pilgrim*. Our family has had a few copies of it since it was printed, yellow with age. I did not



A block of businesses on Liberty Street, circa 1913. Among the stores (left to right) starting from the team of horses: the Meat Market, Barber Shop, Beyer Pharmacy, Gayde Brothers and on the end the Dry Goods-Grocery Store. Hidden by trees is Heide's Greenhouse.

COURTESY DAN SABO



COURTESY DAN SABO

This mammoth Oak once stood on the eastern edge of Old Village, on the 35-acre plot located at the southwest corner of Plymouth Road and Haggerty, where Skyway Precision now stands. Photo circa 1930. That's Karl Starkweather looking up into the tree and his wife Mary on the right; in the tree are Karl's sister Gertrude and Eugene Starkweather, Karl and Mary's son.

realize until just a few days ago, the publish date being Oct. 28, 1926, that is when the school issue was coming up for a vote.

There were more than a dozen businesses in Plymouth that purchased ads in that little paper and it makes sense to me now. Although there was no reference in it about the school issue, I believe its sole purpose was to sell ad space and raise money to print up the fliers promoting a school in Old Village instead of downtown. The paper states that 2,000 were printed. Whether or not they intended to print other issues is not known to me.

Points of interest

Sadly, Russell Wingard died three years after the school was built, in 1930. He was

only 37 years old. His wife Vivian Wingard ran the insurance and real estate company out of her house for many years, until her son took over the business.

Below is a list of 16 points of interest that I believe deserve placement on the National Register of Historic Places in Old Village due to their historic significance. They are:

Pere Marquette Train Depot; Liberty Street Block of businesses; Plymouth Plank Road Toll Gate location on Mill Street and Main; Starkweather School; Wilcox House; Hadenberg Mill/Plymouth Mills/Ford Plant; Alter Car plant on Farmer Street; Gonsolly Mills Area, Plymouth Road/Rouge River intersection; Village Market (was blacksmith shop, next to it was locat-



COURTESY DAN SABO

The original church on this site, according to Sam Hudson's research, was a wood frame church that was once the Presbyterian church in downtown Plymouth (circa 1914).

ed a converted church used as harness shop; Baptist Church on Mill Street, where Carrie Nation once gave lectures; Home of Mary Davis (conductor on the Underground Railroad) on Starkweather; various very old homes attached to family histories and architecture as points of interest; Lutheran church next to the school; York Street Cemetery; gravesites of Mary, Jehial and Edwin Davis, as well as many early Plymouth residents; Starkweather-Heide Greenhouse, Mill and Spring Starkweather home, Starkweather and Liberty Street.

In my opinion, the entire neighborhood should be on the register for many reasons.

Gone forever

Our family, since at least as far back as 1948, has been involved in historic preservation in Plymouth. My great-grandmother and great-grandmother were among many charter members, founders of the Plymouth Historical Society and Museum.

Since 1948, ours and many good Plymouth families have contributed much time and effort in the creation of the museum, to preserve the past by donating much in

the form of local artifacts, photographs, papers, family heirlooms, volunteer time, all to make a great museum.

I have learned over the years that historic preservation should not stop at the museum exit. In my view, it should be carried to the outer bounds of the city, including preserving public land for the public good, rather than turning it over to private interests.

Once a historic neighborhood is gone, it is gone forever.

Daniel B. Sabo is a Plymouth resident who can be found at [Facebook.com/dbsabo](https://www.facebook.com/dbsabo).

Poll numbers show slight edge for Michigan sales tax hike

By Paul Egan
Michigan.com

LANSING — A plurality of likely Michigan voters would approve a one-cent increase in the state sales tax that will appear on the May 5 ballot. But the more voters hear about the complex proposal, the less they like it, according to a new poll.

The EPIC-MRA poll of 600 likely voters found that 46 percent would vote "yes" on the proposal, which among other changes would raise \$1.2 billion to fix roads and \$300 million to support K-12 schools. Meanwhile, 41 percent would vote "no."

But after hearing details of the complex plan, the results get flipped, with only 38 percent saying they would vote "yes" and 47 percent saying they would vote "no." The poll has a margin of error of plus or minus 4 percentage points.

Many experts say ballot proposals should start with support close to 60 percent to have a good shot at passing.

The poll numbers were coupled with two other developments that



A city crew patches potholes in Southfield. A proposal to increase Michigan's sales tax from 6 percent to 7 percent to raise money for road repairs will appear on the May ballot.

don't bode well for the plan pushed by Gov. Rick Snyder and a range of interest groups: Last week's decision to pull out of the project by the team of consultants selected to sell the plan and an economist's report that said changes to vehicle registration fees could cost Michigan taxpayers an extra \$102 million on their federal tax returns because they would no longer be tax-deductible if the proposal is approved.

EPIC-MRA President Bernie Porn said in a memo accompanying the poll numbers that with less than 50 percent of those polled saying they

will vote "yes," Snyder and other supporters of the proposal "will have an uphill battle finding a compelling message to convince a majority of Michigan voters to vote 'yes' on May 5."

He noted that the 46-41 percent edge for a "yes" vote was extrapolated by including both those who were definite about how they would vote and those who were leaning one way or the other. When only those who were definite about how they would vote were included, the proposal is supported by just 33 percent and opposed by 35 percent, Porn said. Snyder said that he's

not discouraged by the numbers. "It's early," and "polls are polls," he told reporters after a luncheon speech in Lansing.

"This is something important that I believe we will get passed in May," he added.

The details EPIC-MRA gave respondents included the hike in the sales tax from 6 percent to 7 percent, additional money for roads and transit, \$300 million extra for schools and \$95 million for local government, and the removal of the sales tax from fuel sales.

But the details EPIC-MRA provided poll respondents differed sharply from the proposed ballot language approved by the Legislature. For example, respondents were told of higher vehicle registration fees, an estimated 3-cents-per-gallon hike in the price of fuel, and full restoration of the Earned Income Tax Credit for low-income families.

None of those details is included in the proposed ballot language. The proposed ballot language, which awaits final approval by the Board of

State Canvassers, says a "yes" vote would raise additional money for transportation and schools but doesn't provide specific numbers.

Snyder said the proposal is mostly about "having safe roads and bridges in Michigan" and it's "scary" for motorists to drive beneath overpasses and risk falling concrete or face potentially damaging potholes.

In another development related to the ballot proposal, a team led by Lansing public relations firm Truscott Rossman, which was going to sell the sales tax hike to voters, pulled out last week over differences with Snyder's office over how to approach the task, Truscott Rossman President John Truscott said.

The team that withdrew also included veteran campaign manager Howard Edelson, pollster the Glengariff Group and advertising specialist Joe Slade White & Co., Truscott said.

"The ballot proposal is very winnable," Truscott said. "The front office wanted a slightly different approach" than the team of consultants did, he said.

Taking over the effort are Lansing consultants Martin Waymire and WWP Strategies.

Roger Martin, a partner in Martin Waymire, said the May ballot initiative will be the 11th he has worked on, and "I believe that once people understand why this is needed to restore and improve the safety of Michigan's roads, they will vote 'yes.'"

Snyder said the change in the consulting team is "just part of the normal process." He also downplayed a report issued Wednesday by East Lansing consultant Patrick Anderson that said one effect of the road package, if it passes, is that the cost of vehicle registration fees will no longer be deductible on personal federal income tax returns.

"I'm not taking his conclusion as certain," Snyder said. "That's one economist's opinion," and if Anderson turns out to be correct, the issue can easily be addressed. "This is not a big thing that people should dwell on."

Paul Egan writes for the Detroit Free Press.

Donation helps food program help others

Most of the food and other items handed out monthly at the Livonia distribution site for Wayne County's The Emergency Food Assistance Program come from the county's Office of Senior Services, although the Livonia site also partners with Forgotten Harvest.

The program serves needy families out of the former 16th District Court building, located at 15140 Farmington Road in Livonia.

Once in a while, though, a donation comes in that enhances

the program, much to the benefit of the folks who need it most.

Such a donation came in recently, when Motor City Pawn staffers saw a need and filled it, donating some 900 rolls of toilet paper to be distributed along with the emergency food the site normally hands out.

The donation came just before the Christmas holiday. According to Linda McCann, Livonia's director of community resources, the folks at Motor City Pawn called Monday and "asked how they could

help" low-income residents over the holidays.

Since Bridge cards for low-income families are can only be used for food, a donation of toilet paper was mentioned. Within hours, McCann said, 150 six-packs of toilet paper were delivered in time for the city's December food distribution the next day.

Nearly 500 residents from 324 households were given assistance that day.

For more information on the program, call Sue Anderson at 734-466-2673.

Survey will aid transportation plans

State officials are kicking off a yearlong household travel survey designed to provide vital information necessary to set transportation priorities for the next 20 years.

The survey, MI Travel Counts, is sponsored by the Michigan Department of Transportation and the Southeast Michigan Council of Governments. It will be conducted by Westat, a nationally recognized research firm.

"MI Travel Counts will paint a picture of

why people travel and how they plan their daily travel activities," state transportation Director Kirk T. Steudle said. "It will provide MDOT and its transportation partners with up-to-date information to identify where to invest limited transportation resources."

Transportation agencies will use the data to better understand changes in household travel and project citizens' future travel needs.

Beginning this week

and continuing throughout the year, randomly selected households will receive a letter inviting household members to participate in the study by providing some demographic information and filling out a travel diary.

The diary will detail household activities for 24 hours; information can be provided online or by phone.

For more information about MI Travel Counts, call 517-335-2956 or go to <http://www.mittravelcounts.com>.

PRESIDENTS' DAY

Sale

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APPLIANCES & MATTRESSES
LIVONIA

billandrodsappliance.com

Whirlpool INNOVATION IN FOCUS
Ice Collection

<p>Refrigerator: WRS325FDAM Reg. \$1299 Now \$1166 Save \$133</p>	<p>Microwave: WMH3107AS Reg. \$259 Now \$229 Save \$50</p>	<p>Dishwasher: WDF520PADM Reg. \$499 Now \$449 Save \$50</p>
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Whirlpool Suite Price
Now \$2,149
Saving \$607

Maytag, Whirlpool, KitchenAid and Amana
on sale now thru end of February 2015

POWER PERFORMANCE SAVINGS

Receive a Mastercard prepaid card by mail when you purchase select Maytag appliances. Up to \$600 on select kitchen appliances. Up to \$350 on select laundry appliances. Offer valid through 4-30-15.

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INVITATION TO SAVINGS

Save on appliances that complete your kitchen with this exclusive invitation

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\$1250

MasterCard Prepaid Card by mail with purchase of select KitchenAid® Brand appliances. Offer expires 2/28/15. See store for details.

What's Cooking in the Bill & Rods Live Kitchen

Saturday, February 14th

Free Cooking Class

You'll "Love" each dish

From our Valentine Theme

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North of Five Mile • Livonia

FOR THE WAY IT'S MADE!

Community Financial supports nonprofits

Forecasters are not predicting another polar vortex this winter, but Michigan temperatures have still been dipping below zero. Severe cold this time of year puts extra strain on families that are forced to choose between paying utilities and putting food on the table.

That's why Community Financial Credit Union started the Warming

Hearts & Homes campaign. This unique program engages community members on social media to help direct Community Financial donations to organizations that assist Michigan families in staying warm and well-fed during these cold winter months.

For every Facebook like, tweet and Instagram picture Community Financial received, the

credit union donated \$25 to select nonprofits in north and southeast Michigan.

When the campaign concluded in December, Community Financial donated \$40,000 to local nonprofits. Recipients were: The Heat and Warmth Fund, food pantries in north and southeast Michigan, The Salvation Army's Coats for Kids program and Habi-

tat for Humanity of Michigan. Each group received a \$10,000 donation.

Last year marked the third year of the Warming Hearts & Homes campaign. The program began in 2012 to enhance the well-being of the communities the credit union serves.

The entire Community Financial team is dedicated to supporting the

fight against cold and hunger in Michigan this winter.

"As the temperature drops," senior marketing representative Susan O'Connor said, "we can never take our warm coats for granted. Families all over Michigan can't just turn up their heat. They have to balance feeding their kids, providing them coats and having a safe, warm

home. This program is just another example of how Community Financial steps up to help our neighbors and why I'm proud to be a member and employee of the credit union."

For more information about Community Financial and Warming Hearts & Homes, go to www.cfcu.org or www.facebook.com/CommunityFinancial.

Veterinary hospital offers compassionate pet care

Observer: Tell us about your business, including the products and services you feature.

A: Preventative care (vaccinations, micro-chipping); medicine (diagnostic testing and treatments); dentistry, surgery, full pharmacy, including prescription diets.

Observer: How did you first decide to open your business?

A: It was a life-long goal after gaining experience in clinical medicine, zoo medicine and teaching.

Observer: Why did you choose Canton?

A: Canton is a wonderful, family friendly, pet-loving community.

Observer: What makes your business unique?

A: Our friendly, thorough approach, focus on client education and experience with exotic animals.

Observer: How has it changed since you opened?

A: A new business is



Animal Friends owner and veterinarian Dr. Heather Jones with Sadie.



The staff of Animal Friends with Abu.

DETAILS

Name: Animal Friends Veterinary Hospital
Address: 45271 Cherry Hill, Canton
Owner: Dr. Heather Jones, veterinarian
Hometown: Belleville
Opened: September 2014
Employees: 4
Hours: 9 a.m. to 7 p.m. Monday; 9 a.m. to 5 p.m. Tuesday, Wednesday and Friday; 11 a.m. to 7 p.m. Thursday; 9 a.m. to 1 p.m. Saturday
Specialty: Veterinary medicine, providing high-quality, compassionate care to dogs, cats and exotics.
Contact: 734-844-2088; www.animalfriends-vet.com

always evolving.

Observer: Do you have a funny tidbit or story to share with readers about your experience as a small-business owner?

A: We induced vomiting in a sweet basset

hound that ate two boxes of Raisinettes. Since both raisins and chocolate are toxic to dogs, we had to count all 175 raisins in the vomit. Happy to report she is fine.

Observer: How has the recent economy af-

ected your business?

A: Pet owners and vets have to make difficult decisions with a limited budget for pet medical care, especially in the event of unexpected emergency or illness.

Observer: Any advice

for other business owners?

A: Everything takes longer than expected, so patience and flexibility are a must.

Observer: What's in store for the future of your business?

A: Meeting lots of interesting pets and their people and helping our animal friends stay healthy and happy.

PLYMOUTH-CANTON BUSINESS BRIEFS

Free tax prep

Cole, Newton & Duran, certified public accountants in Livonia and Plymouth, are offering complimentary tax prep-

aration to all area reservist and National Guard members called to active duty, as well as regular military receiving combat pay.

The office is located at

1095 S. Main, Plymouth. Call 734-427-2030 to schedule an appointment.

Joint after-hours

The Plymouth Community Chamber of Com-

merce and the Canton Chamber of Commerce host a joint after-hours event 5-7 p.m. Wednesday, Feb. 12, at the 502 Grill.

The event is designed to provide businesses the opportunity to expand their network of professionals from business people in neighboring communities and with many chamber members at the same time.

The host, 502 Grill, is located at 50296 Cherry Hill, next to the Village

Theater, in Canton.

There is no cost to attend this event; RSVP to teri@plymouthmich.org by Feb. 17.

Coffee Connection

The Plymouth Community Chamber of Commerce hosts its next Coffee Connection 8-9 a.m. Thursday, Feb. 12, at The Center Massage, Yoga and Wellness Studio.

The Coffee Connection is designed for 20-40 members to meet in a comfortable setting

where they can get to know each other. Organizers call it "a great way to start your business day. You can enjoy a cup of coffee and breakfast treats while making new connections with other chamber members."

The Center is located at 1200 Ann Arbor Road, on the north side of the road behind Fitness Things. There is no fee to attend this event.

To RSVP, email teri@plymouthmich.org or call 734-453-1540.

	<p>Plymouth Canton Community Schools E.J. McClendon Educational Center 454 S. Harvey St. Plymouth, Michigan 48170 ATTN: "21st Century Classroom Project - Phase 2"</p> <p>Late bids/proposals will be returned unopened. Plymouth Canton Community Schools will not consider or accept a bid/proposal received after the deadline stated herein.</p> <p>PCCS reserves the right to accept or reject any or all Proposals and waive any informality or irregularities in any qualifications should the School District consider this right to be in its best interest.</p>	
Public Opening & Reading of Pricing	<p>Public Opening of RFP's. Location of the public opening shall be: Plymouth Canton Community Schools E.J. McClendon Educational Center 454 S. Harvey St. Plymouth, Michigan 48170</p>	Feb. 17, 2015 1:00 PM EST
PCCS RFP Review	Review of Proposals by PCCS Bid Evaluation Team.	Feb. 17, 2015
Post-Bid Review Conferences	Interview shortlisted candidates. Date(s) and time(s) are subject to change. Shortlisted candidates will be advised of their post-bid review conference either by phone or email. The decision to interview candidates is at the sole discretion of the Owner.	Feb. 18 - 19, 2015 (times to be determined)
Award Date (on or after)	Intent to Award Contract shall be conducted on or after this date.	Mar. 24, 2015

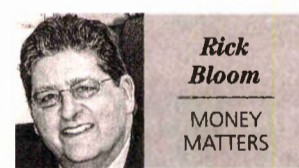
Living trust offers flexibility, certainty in estate planning

Q: Dear Rick: I am divorced with two children from my previous marriage. I have a significant other and we've been together for about five years. She also has two children. We have no children together. We each have wills that basically leave everything to each other and upon our deaths each of our wills say that the money should be divided equally among our four children. I am about 15 years older than my significant other and I recently had a conversation with a friend who told me that if I died first, she could eventually decide to change her will and cut my children out. I don't think she would do this, but her children are somewhat manipulative and I am concerned. Can she change her will? What can I do to protect my children?

A: Your friend is correct. Your significant other could change her will and leave everything to her children. If you survive her, you can change your will and cut out her children.

You can protect your significant other during her lifetime and assure yourself that whatever money is left over would go to your children with a living trust.

A living trust offers



greater flexibility on what you can do with your money. In addition, since you would be the settler, (the individual who establishes the trust - a person who settles property on trust law for the benefit of beneficiaries). You are the only one who could make changes. Therefore, upon your death, the trust would be irrevocable and your successor trustee would be bound to follow the terms of your trust.

Typically, a living trust for a husband and wife names both as co-trustees. Upon the death of either, the other would be sole trustee. This would make sure that the surviving spouse is always in control of their money.

However, in this situation you can consider not having your significant other as a trustee or have a co-trustee arrangement. Naming co-trustees is a good check and balance. If you are going to have a significant other be a successor trustee, it does make sense to have at least one other trustee.

It is important to decide how your affairs are handled after your death,

but also what happens if you become incapacitated. That is why a durable power of attorney and a medical durable power of attorney are important.

Considering your situation, it may be appropriate to have someone other than your significant other be named in the power of attorney. This could prevent potential family issues down the road.

My advice is that you and your significant other sit down with an estate planning attorney. Ask whether the attorney can represent both of you or if one of you should seek a different attorney. If there is a conflict of interest, all good estate planning attorneys are going to recommend that you each have your own attorney draft your estate documents.

The majority of Americans do not live in Ozzie and Harriett families. Our laws are geared to those families. For those who live in a non-traditional household, it is important to have the right estate planning documents.

Good luck.

Rick Bloom is a fee-only financial adviser. His website is www.bloomassetmanagement.com. If you would like him to respond to your questions, please email rick@bloomassetmanagement.com.

ADVERTISEMENT

Request for Proposals Plymouth Canton Community Schools "21st Century Classroom Project - Phase 2"

Sealed responses to a Request for Proposal (RFP) will be accepted for the 21st Century Classroom Project at the Plymouth Canton Community Schools E.J. McClendon Educational Center located at 454 S. Harvey St, Plymouth, Michigan 48170.

Bidders MUST comply with the Pre-Bid Process as prescribed below:

Bid Publication	<p>On or after the aforementioned date, an Invitation-to-Bid will be available to interested Vendors. Request for Proposals (RFP) drawings and documentation, which describes the project in detail, will be available by contacting Russ Gill russ.gill@stantec.com at Stantec Architecture (formerly SHW Group) email only.</p> <p>Site visitation shall be scheduled on February 4, 2015 at 3:00pm at West Middle School, located at 44401 West Ann Arbor Trail, Plymouth, MI 48170</p> <p>A second visitation will be scheduled on February 5, 2015 at 3:00pm EST (if required).</p>	Feb. 2, 2015
Pre-Bid Meeting	<p>A Non-Mandatory Pre-Bid Meeting shall be held at the following location: Plymouth Canton Community Schools E.J. McClendon Educational Center 454 S. Harvey St. Plymouth, Michigan 48170</p> <p>Attendees shall meet in the PCCS "Board Room" at the appointed date and time.</p>	Feb. 4, 2015 1:30 PM EST
Bidder's Questions	Deadline for all questions pertaining to this RFP shall be issued in writing (email) and directed to the Bid Administrator: russ.gill@stantec.com .	Feb. 11, 2015 by 12:00 Noon EST
Answers to Bidder's Questions	Responses to questions will be issued on an addendum and submitted through NewForma to the interested Vendors. Deadline for delivery of bids.	Feb. 12, 2015 by 3:00 PM EST
Proposals Due	Proposals shall be delivered as stated above to the following address:	Feb. 17, 2015 by 1:00 PM EST

Friend hopes to help local family in time of need

By Laura Colvin
Staff Writer

Janet Reed was known as a woman who would bend over backward to help anyone with anything.

That's the message from Tabitha Turner, a family friend from Reed's former home in Kalkaska, who is hoping to help her friend's family cope with tragic loss.

On Jan. 26, Reed, a 44-year-old Milford Township resident, was working as a pizza delivery driver and was preparing to make a stop near Pontiac Trail and Addington Drive in Commerce Township when her vehicle was rear-ended by a man police allege was intoxicated "well over the legal limit."

Reed's vehicle flipped on impact and caught fire, trapping her inside. She was pronounced dead at the scene, leaving

behind, according to her obituary, a beloved companion, five children and four grandchildren – with a fifth on the way – along with two sons-in-law, three brothers and a number of other loved ones.

"Right now her family needs more help than ever," Turner wrote on the fundraising page she set up at gofundme.com. "Not only did they lose their mother, they lost their vehicle and a source of income."

Funeral costs are also a concern for the family, Turner notes.

Reed's memorial service took place Saturday in Waterford. According to a representative from Coats Funeral Home, who handled arrangements, the family and others declined comment in order to abide by the wishes of their attorney in light of upcoming legal matters.

In public condolences

on Coats' website, however, Karen Pearson writes:

"Janet will be missed by so many. She always had a smile on her face (and) would help anyone with anything she could do. Janet would give you the shirt off her back, even if it was the only one she had. Never selfish or bitter about what life threw her way. Always found the good in life. Even when she was in pain. It didn't take her smile away. Loved her kids, my kids, any kid who ever met her ... she had such a kind heart for animals, too. It made Janet happy to make others happy, that was her daily goal. I will never forget her."

Reed's memorial fund, titled "Remembering Mama J" can be found at www.gofundme.com/kxb9fk

lcolvin@hometownlife.com
248-390-7396
Twitter: @MilfordReporter



Janet Reed, a 44-year-old Milford Township resident, was killed Jan. 26 by an alleged drunken driver in Commerce Township.

Humidity level inside the house matters during winter months

Q: Some people are telling me bad things can happen in my house if I have too low of humidity, while others tell me humidifiers don't do any good. What are your thoughts on this?

A: According to a publication from Research Products Corp., the average American home with no humidifier had a humidity level as low as 13 percent during the heating season. Thirteen percent is about half of the relative humidity in the Sahara Desert.

Here are some things you may have to deal with when the humidity in your house is too low:

- » Wood flooring and wood furniture shrinks and separates.
- » Walls can crack.
- » Your skin dries out.
- » You feel cooler than the actual temperature.
- » There's static electricity.
- » You can get sore throats, nose bleeds, etc.

If that isn't enough to make you shiver in discomfort, then you can bring in a few reptiles to keep you company in these desert-like conditions.

Having humidifiers will help preserve your home's furnishings, make you feel more comfortable and save you money. But humidifiers require maintenance. Ideally, they should be inspected and cleaned monthly during the heating season and should be the proper size



system for your house.

Your humidifier should have a humidistat to control the humidity level. For example, if you're getting dry, itchy throats, you'll want and need to turn the humidistat up. If you start getting ice on the windows, you'll need to turn the setting down. The relative humidity in your house is dependent on numerous variables that are always changing, such as:

- » The number of people in your home.
- » How much and how often is laundry being done.
- » The manner in which the dryer is vented.
- » How much cooking is done and how often.
- » The temperature in the house, as well as the outdoor temperature.
- » They type of heating system in your home.
- » The amount of insulation your home has.
- » Whether or not your home is properly caulked.

So don't be convinced by others that humidifiers don't do any good, because they do!

Q: The grout in my ceramic tile looks terrible. I have tried cleaning it, but to no avail. It still looks just as bad. Is there anything I can do to get it clean again or

do I have to replace the tile?

A: You won't have to replace your tile. There is a solution for your grout problem. If you couldn't clean the grout by using the zillions of grout cleaning products on the market, along with using a stiff brush, then it's time to re-grout.

Inexpensive grout saws can be purchased for a few dollars at home and hardware stores, as well as tile stores. The saw is carefully dragged back and forth over the stained grout until you have dug it out enough to apply the new grout between those tiles. Grout can be purchased ready-mixed or the type you mix with water. A rubber blade is used to force the grout between the tiles and then using soft rags immediately wipe off the excess.

When the grout is dry, seal it with a silicone grout sealer. To keep it looking new, rope off the bathroom and never use it again.

Q: I have a number of flies inside my house in the winter and it's driving me crazy. Why are they there?

A: Those "cluster flies" that won't die is not the name of a new country western hit. If you have numerous flies on the inside of your house all winter, you are experiencing cluster flies, which are slightly larger than common household flies. You are most likely finding them around all the windows,

especially on the south side of the house. Your house has become the flies' winter home. They enter through via cracks in the siding, loose fitting screens, un-caulked trim, etc. They search out dark wall voids and attics and just party all the time. They become attracted to light and migrate into the living areas through window

casings and wall openings.

The Michigan State University Cooperative Extension Service bulletin on cluster flies suggests spraying a pesticide, containing DVVP (also called Vapona) over areas the flies would pass over, such as electrical outlets, window pulleys and cold-air returns and in the attic.

The bulletin reports it's best to try to prevent their entry, because once they are inside, they are difficult to eliminate.

Lon Grossman is president of Technihouse Inspections Inc., a southeast Michigan residential and commercial inspection company. Email questions to him at drdiy@comcast.net. Sign up for his blog at <http://drdiy.technihouse.com>.



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OUR VIEW

Cleaning up after snowstorm takes all of us

Have you noticed a driveway down the street that still has 16 inches of snow piled high? Most people in Canton and Plymouth have snow blowers, strong backs or a service to handle snow removal for them.

But that's not the case for everyone. Some, especially shut-ins, don't have a plan when it comes to clearing the snow. If you spent big bucks on a nice snow blower, do the neighborhood a favor by knocking on the door and volunteering to clear the snow. It will make life a bit easier for your neighbor and anyone who wants to use the sidewalk.

Does it surprise anyone that the day after Mother Nature dumped 16 inches of snow on us, her champion season prognosticator, Punxsutawney Phil, saw his shadow, predicting six more weeks of winter?

You could say that's heaping insult onto injury, but let's face it, we're halfway through the winter season in Michigan.

Winter in the Great Lakes state is always an adventure. A few years ago, spring arrived in February; last year, we got up close and personal with polar vortexes and 94.9 inches of snow, topping the previous record of 93.6 inches set in 1880-81.

And this weekend's snowstorm – unofficially named Linus, although no one bothered to tell us that so we could be more polite in talking about it – is the third heaviest snowstorm on record in Detroit. The 16.7 inches that fell at Detroit Metropolitan Airport as of early Monday morning was topped only by 24.5 inches April 6, 1886, and 19.3 inches Dec. 1-2, 1974.

Mark Twain noted that "Climate is what we expect, weather is what we get." In Michigan, we know winter will be cold and snowy, some years more than others. We have no control over what the weather brings us, just over how we respond to it. With Linus, there were no surprises. Thanks to technology, we knew well in advance it was coming and, by the time it got here, we knew how bad it would be.

We tip our hats to our local and county road crews that did a yeoman's job clearing the roads. While we were safe and sound inside, enjoying Super Bowl Sunday, road crews were at work. City offices and schools closed and garbage collection was canceled in some communities because of Linus, but the lights were on and everyone was home, not at public service facilities.

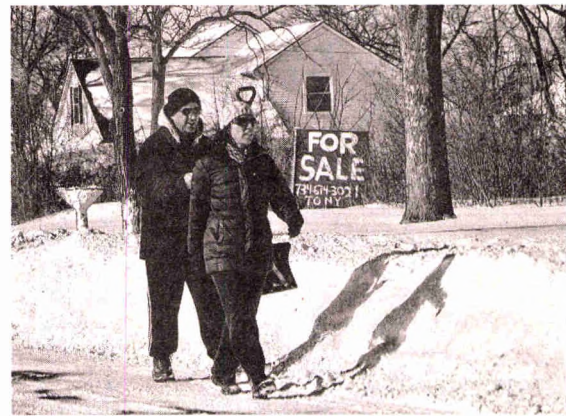
There's not an easy job and, more times than not, road crews take the brunt of criticism when streets don't get cleared in a timely fashion. That's why we also tip our hats to residents who heeded the communities' declarations of snow emergencies and moved their vehicles off neighborhood streets so plows could get through.

Shame on you to those who didn't. Your on-street parking creates a problem for the plows and for your neighbors. And don't say you didn't know. Common sense dictates that when the snow starts falling, it's best to move vehicles off the street.

We also want to remind residents and business owners to shovel their walks. Many businesses made sure their lots were cleared for their customers Monday, but many missed the sidewalks. People who walk past their businesses were forced to walk in the street. And sidewalks in residential areas also need to be cleared for children to get to school, especially at the crosswalks. Homeowners with corner lots need to clean the walk in front of their home and on the side of their property. It's especially important along busy thoroughfares that children cross to get to school.

And don't forget the fire hydrants. They tend to get lost in a major snowstorm, buried under the fallen snow and the snow removed from roadways. When there's a fire, every second counts. Fire officials recommend clearing at least three feet in all directions so firefighters can quickly gain access to a water supply during a fire emergency. That includes making sure that each hose connection is accessible and provides unobstructed access to attach a hose to the hydrant.

Linus is long gone and, according to Phil, we have six weeks' more of winter, but consider this: We made it all the way to February before getting an appreciable amount of snow. Maybe we can make it the rest of the way to spring the same way. If not, oh well, it's Michigan.



BILL BRESLER | STAFF PHOTOGRAPHER

When the sidewalks are not clear, people risk walking in the road, like this couple on the Schoolcraft service drive, west of Newburgh.

CANTON OBSERVER

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OUR VIEW

TOO GOOD TO PASS UP

PARC plan makes sense for community

Organizers of the Plymouth Arts and Recreation Complex are optimistic that a proposed purchase agreement for the Central Middle School property is close to being signed.

And that's a good thing for both sides.

The proposal is on the agenda for the Plymouth-Canton Board of Education meeting scheduled for Tuesday, Feb. 10, and Don Soenen, the man behind the PARC project, believes the sides "are very close."

It would be about time, quite frankly. The board last year passed a resolution saying the district would negotiate exclusively with PARC through Dec. 31. When nothing was in place by then, the board lifted the exclusivity of the agreement, but said PARC would still be the priority.

Soenen has said recently the sides have basically agreed on the selling price – likely something less than the \$4 million for which the property was appraised – but that some of the other points, such as district involvement, were still under discussion.

Plymouth-Canton is closing Central Middle School this year and building a new middle school at Cherry Hill and Canton Center in Canton. PARC wants to re-purpose the venue for athletics, concerts, classes and other cultural and community events.

Space at PARC is crucial for groups such as the Plymouth-Canton Cruisers swim program and the Steelers youth football team. The PARC agreement would preserve those programs, as well as the Miracle League of Plymouth special-

needs baseball program.

The Michigan Philharmonic, of which Soenen is a past president and board member, would move its offices into the building in July.

In the short term – two or three years – PARC and its tenants would be able to sustain the facility, but in the long term, organizers are looking toward a joint Plymouth-Plymouth Township public taxing authority that would raise money to remodel and rebuild the complex and run it as a recreation and arts center for both communities.

Plymouth officials have expressed support for the project, but the Plymouth Township board voted last year not to participate.

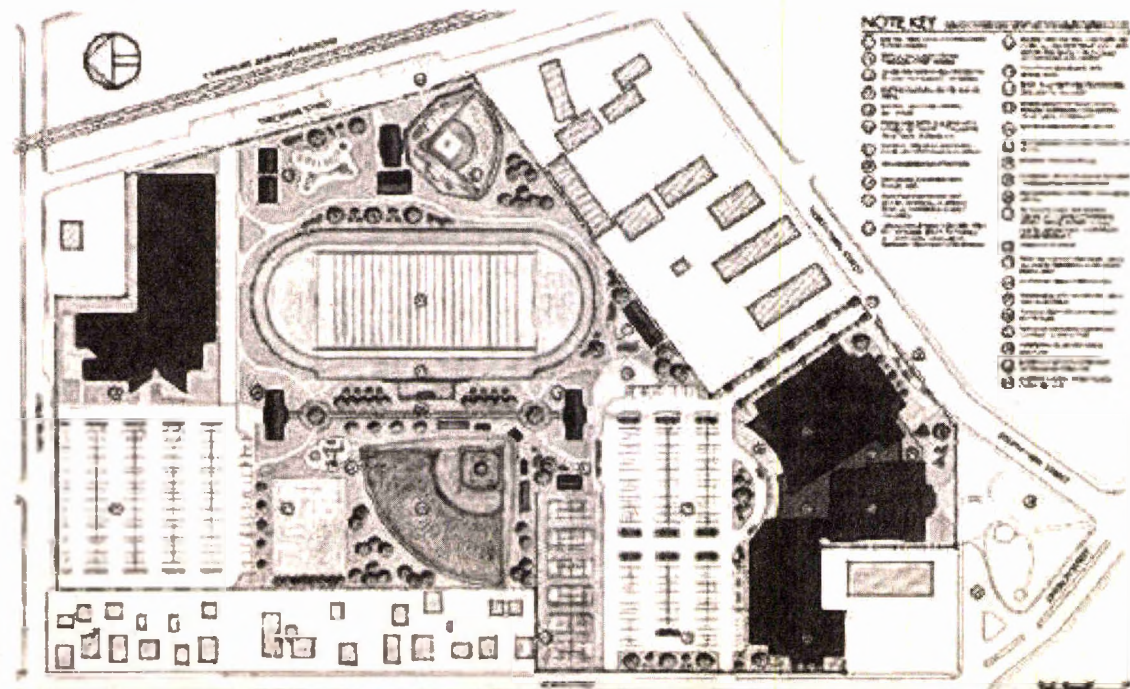
We said early on we hope the township board will reconsider and we still do. It really is time to stop thinking of the two communities as separate entities and this project would benefit everyone.

Township Treasurer Ron Edwards is not budging, saying the risks to township taxpayers would be too great. But we think, at a very minimum, township residents ought to be given the chance to voice their opinion.

A survey should be done; if residents don't want it, then so be it. We think they will, because we believe most residents – city and township alike – think of the Plymouths as one community.

First things first, though. The Plymouth-Canton Board of Education has to agree to the purchase agreement, something we think it should do.

The PARC project is too good an idea to let slip away.



PARC: PLYMOUTH ARTS and RECREATION COMPLEX - ADAPTIVE RE-USE / MASTER PLAN

LETTERS TO THE EDITOR

Enlightened residents

Thanks to the Recall 4 campaign, the people of Plymouth Township are beginning to see the light. They are looking at the actions of the Board of Trustees with new eyes and they are not liking what they see.

Citizens are questioning the spending tactics of these elected officials and wondering where their priorities lie. How much can you spend without raising taxes? A very good question.

Township residents did not realize that this board has been increasing spending at an alarming rate. The \$1.9 million bond issued for township park improvements does not appear to be enough to cover the outrageous costs being incurred at the park.

Of course, that bond will have to be paid back by the taxpayers. People were not aware that the new township facilities on Haggerty Road were so costly that we can only afford to pay the interest on that huge debt and no principal is currently being paid. There appears to be no end to the spending by this board.

If anyone thinks this can continue without an increase in taxes, they are not living in the real world. These bills will come due after this group is no longer in office, so why should the board be concerned?

People are taking note of the questionable transactions this board is involved in, specifically the DeHoCo land dealings and the delay in approving the L.A. Fitness building plan. These problematic decisions by the board could cost the township dearly if the township is sued.

Civil judgments and settlements could be disastrous to the township budget, let alone court costs that will have to be paid by the taxpayers. Perhaps board members should increase their own salaries again this year, since they are working so hard.

No matter what the outcome of the Recall 4 campaign, it has made the people of Plymouth Township sit up and take notice

of what this Board of Trustees has been doing. When people report that they have experienced bullying, intimidation, rudeness and verbal abuse when they go into the township offices, others become more alert. The board can no longer refer to the "few malcontents" who are questioning their actions. It is many hundreds of questioned citizens who are questioning and watching their actions.

Jackie Peters
Plymouth Township

Region endangered

While I was reading the license that the Nuclear Regulatory Commission has issued for the Fermi 3 nuclear reactor to be built, I could not help but think about Nazi Germany issuing new laws before they committed its crimes. Everything it ever did was legal.

And now it will be legal for DTE Energy to rapidly increase the algae blooms that Fermi 2 and DTE's coal fired operations are now causing. It will be legal for more cooling towers to suck in live fish and millions of fish larvae and fish eggs and then heat the waters to attract more invasive species.

During construction of Fermi 3, it will also be legal to block the entrances where fish and eels swim inland to spawn. It will be legal to store all the high-level radioactive waste on-site forever. It will be legal to kill Lake Erie.

So now that the government will license Fermi 3 – and the extension of Fermi 2's operating license will be coming shortly – one would think Citizens' Resistance At Fermi Two would just stand down and give up the fight. However, our whole region is endangered; therefore we have no option but to continue doing our part to save it.

Jessie Pauline Collins
Redford

Immigration reform

Immigration reform is not difficult. Here are 10 commandments for real reform, from an immigrant.

1. Place National Guard on the border (not miles inland) to turn back illegal crossings into the country (allow those wanting to exit leave) for a one year period or until No. 2 is accomplished.

2. Allow a one-year period for all undocumented immigrants to register and receive a picture resident alien green card. Those that do not register will be subject to deportation.

3. Issue all U.S. citizens a national ID card identifying them as citizens.

4. Pass legislation, once ID cards and Green Cards are issued, that imposes significant financial fines (including jail time for repeat offenders) on those that hire anyone without a green card or a national citizenship ID card. Establish provisions for eVerification of documents.

5. Establish and track a guest worker program to allow for guest workers to enter the country legally to provide labor for specific areas of national labor shortages. The sponsoring employer would be responsible for the employment and well-being of the guest workers without any form of governmental assistance.

6. Allow those with Green Cards to become citizens after waiting five years, provided they are able to pass a standard citizenship test administered in English. Those that pass the exam will be issued National Citizenship ID Cards.

7. Only citizens holding a National Citizenship ID Card will be issued a voter ballot and allowed to vote.

8. Voter ballots will only be issued in English.

9. Establish a quota system based on national need for those with critical skills and for family reunification.

10. Require that those sponsoring new immigrants guarantee the employment or support of the immigrant, without governmental assistance, for a minimum of three years.

Ben Di Ponio
Milford

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STUDENT HEART CHECK PROGRAM

Max's family 'overwhelmed'

Beaumont event at Plymouth High School huge, potentially life-saving success

By Tim Smith
Staff Writer

The spirit of Max Pardington is stronger than ever thanks to the efforts of a small army of volunteers and Beaumont Health System cardiologists who handled more than 450 free heart screenings at Plymouth High School.

In fact, at least two of the student-athletes from metro Detroit who took advantage left the building fully aware theirs was a life-saving visit.

"I was talking to my mom (Lisa Pardington) and within the first hour and a half there were two kids that were told to seek further medical support because of the results," said Jack Pardington, whose older brother Max died last June from an enlarged heart that went undetected. "That's two lives that we potentially saved already. It's just cool to know that now we're saving lives."

"Like all the raising money and raising awareness, it's all for this, the actual saving of

children and making sure no one has to die from this ever again."

It's all good

Others passed the test with flying colors, such as 16-year-old Ryan Wagner of Plymouth. His mom, Debbie Wagner, urged her son to take advantage of the electrocardiograms and echocardiograms that were doled out.

"It was just to make sure

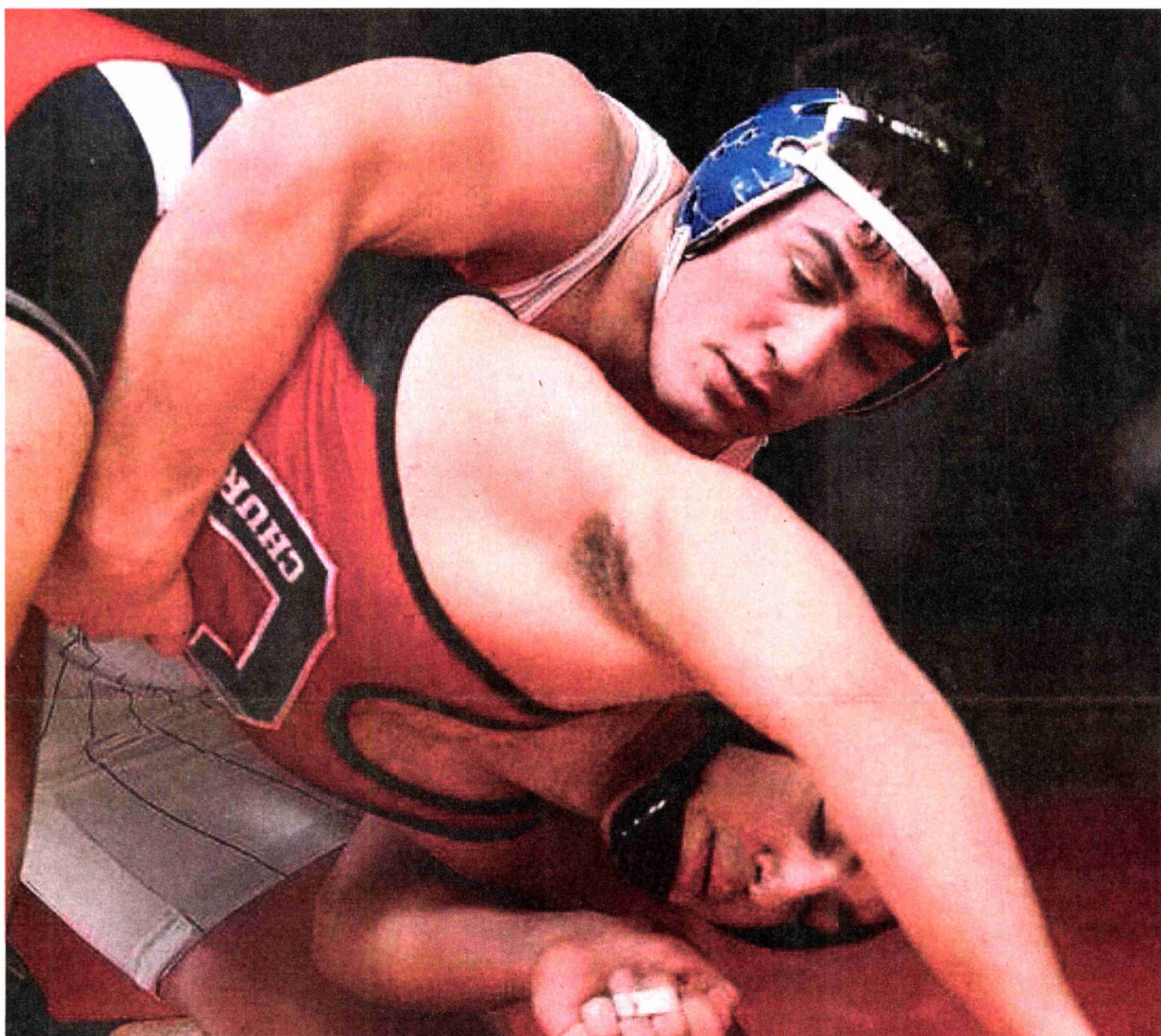
See EVENT, Page B3



BILL BRESLER | STAFF PHOTOGRAPHER

Loren Hitch, who plays for the Plymouth-Canton-Salem girls hockey team, stopped in Saturday at Plymouth High School for a heart checkup. She was one of more than 450 student-athletes who underwent free screenings at the Beaumont Health System-hosted event.

OBSERVERLAND TOURNEY



BILL BRESLER | STAFF PHOTOGRAPHER

Salem's Mitchell Gross gets the upper hand against Livonia Churchill's Baker Hadwin in the Observerland finals at 215. Gross won in an 8-3 decision.

STEPPING STONE

Salem wrestlers Gross, Foster win at Observerland, eye Palace podium

By Tim Smith
Staff Writer

Let's be clear, Salem senior Mitchell Gross has nothing against the Observerland Wrestling Tournament.

In fact, Gross won in the Observerland finals for the second straight year — defeating Livonia Churchill's Baker Hadwin 8-3 at 215 — and capturing the tourney's Upper Weights Most Valuable Wrestler Award in the process.

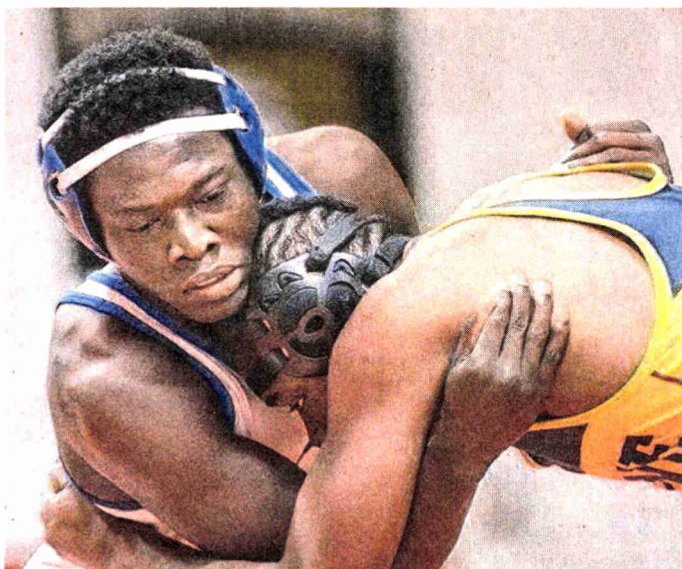
But Gross has his sights set on the Division 1 individual finals March 5-7 at The Palace of Auburn Hills. He placed last year, but now wants to stand on the top step.

"I think The Palace is calling my name, but I don't think I'm just there to place," Gross said, waiting for the finals Saturday at Livonia Churchill. "I think I'm going to be in the finals this year. I'm confident in that and I'm putting a lot of work in this year. That's my dream, ever since I came in the room when I was in fourth grade."

Early inspiration

Gross, younger brother of Tyler, another Salem wrestling standout, remembered staring at the wall in the Rocks' wrestling room when he was in fourth grade.

There was a photo of Jeremy Henderson, a 2006 state



BILL BRESLER | STAFF PHOTOGRAPHER

Going at it in the 189-pound bout Saturday are Salem's Roy Foster (left) and Wayne Memorial's Alex James. Foster needed overtime to get past James, 3-1.

See TOURNEY, Page B3

PREP BOYS HOCKEY



JOHN KEMSKI | EXPRESS PHOTO

Salem goalie Dillon Phillips dives to deny Plymouth's Josh Smith.

Plymouth icers again foil Salem

'Cats celebrate Senior Night with 4-3 win over Rocks

By Tim Smith
Staff Writer

With few exceptions, whenever Salem and Plymouth meet for a varsity boys hockey tilt, the Park rivals do not give any quarter.

And the Wildcats have usually skated away with the two points, including double-overtime victories in the 2013 and 2014 Division 1 pre-regionals.

Saturday's match-up at jam-packed Arctic Edge Arena in Canton was a bit more lopsided in terms of territorial play and scoring chances, but it still was another one-shot game — with Plymouth (No. 6 in Division 1) registering a 4-3 KLA South Division win.

"It's kind of a pain," Plymouth head coach Gerry Vento said, "because no matter how teams are doing going into that game, or what their records are, it's just always a battle and it's always a close game. I don't think it's ever going to change."

Four different players scored goals for Plymouth (13-4-1, 9-2-0) to demonstrate the balanced attack that has helped the Wildcats wear down opponents.

"Yeah, it's been like that all year," Vento said. "It's really been a team effort all year. You look at our stats, nobody has gaudy numbers. It's a workmanlike effort every night."

Great atmosphere

Salem coaching counterpart Ryan Ossennmacher, whose team was ranked 10th as of Saturday, wasn't thrilled to fall yet again to Plymouth.

But he was thrilled with the game environment itself, with the bleachers filled to capacity and fans lining up behind the glass at both ends.

"When you're here at a game like this, this really shows the high school atmosphere," said Ossennmacher, whose team dropped to 8-7-3 overall and 4-4-3 in the division. "Obviously it stinks for us to lose, but to have 500 people or so in the stands, it really shows what this is all about, community-based, high school-based sports."

After a scoreless first period in

See HOCKEY, Page B2

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OHL HOCKEY

Whalers' playoff hopes fading fast

Tough, 3-2 shootout loss to Windsor keeps Plymouth 11 points back of final playoff spot

By Tim Smith
Staff Writer

No longer are the Plymouth Whalers a team that controls its own destiny.

In order for the Whalers to extend their Ontario Hockey League-record playoff streak to 24 years, they'll need to pile up victories — and do a lot of scoreboard watching.

That's why Saturday's 3-2 shootout loss to Windsor before 2,506 fans at Compuware Arena was frustrating to players and coaches alike.

After both teams exchanged five dangerous shots during the five-minute overtime, Lucas Venuto scored the lone goal of the shootout to win the game for Windsor.

Scoring for the Whalers were Connor Chat-

ham and Will Bitten, both on the power play.

"I thought the effort was there tonight," Plymouth head coach Don Elland said. "We just had a hard time scoring five-on-five. I think in our last five games, we have eight goals and one of them is five-on-five."

"We got to start to create a little more offense. We're just having a hard time getting the puck in the net."

A big reason for that was the spectacular goal-keeping of Windsor's Brendan Johnston, the game's No. 1 star with 43 saves — including several clutch stops during overtime and the shootout.

Also stellar between the pipes was Plymouth's Alex Nedeljkovic. He stopped 33 shots and was named the night's third star.



Neatly snagging this Windsor shot Saturday night is Plymouth goaltender Alex Nedeljkovic. The Whalers donned specially designed jerseys for both games played during Military Appreciation Weekend at Compuware Arena.

The 10th-place Whalers (16-27-2-2, 36 points) remain 11 points behind the eighth and final playoff spot in the OHL Western Conference.

Saginaw (22-23-2-1, 47 points) lost in overtime Saturday against Belleville.

Windsor (20-25-1-1, 42 points) is in ninth place. And with 21 games to

play, chances to close the gap are dwindling.

"We just got to keep playing, right?" Elland said. "It is about the playoffs, but we got to keep getting better individually."

"Guys are playing for a lot of things here, more ice time, draft picks, contracts. We got to keep doing the right things."

The effort's there and we just got to hope that if we keep putting in the effort, eventually it will start to show."

Hard-nosed Plymouth defenseman Mitch Jones, who assisted on Bitten's go-ahead goal at 11:52 of the second (along with defenseman Mathieu Henderson) to put the Whalers up 2-1, isn't about to give up now.

"The Whalers aren't a quitting team. We're in a battle to the end," Jones said. "We still have four more games against (Saginaw) ... we're just going to keep battling."

Chatham opened the scoring at 19:34 of the first, from Bitten and newcomer Ryan Moore (Troy).

But Windsor netted the equalizer at 7:37 of the second, when Venuto scored.

After the Bitten tally, the Spitfires came back to even things up yet again when Hayden McCool beat Nedeljkovic

at 19:31.

"We just got to bear down on our chances," Jones said. "We had 40 shots or something like that. When it comes down to it, you just got to finish."

The Whalers were scheduled to play Wednesday at Sudbury and Thursday at North Bay. Plymouth returns to Compuware for a contest at 7 p.m. Saturday, Feb. 7, against Owen Sound.

NOTE: The game was the second part of a Military Appreciation Weekend doubleheader in which the Whalers wore specially designed, camo jerseys.

The American and Canadian flags were depicted in patches worn on opposite shoulders.

Jones said he liked the design of the jersey.

About 2,700 attended Friday's 3-0 victory over Belleville.

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HOCKEY

Continued from Page B1

which Plymouth outshot Salem 12-7, the Wildcats seemed to be in the Salem end of the ice most of the middle period.

With the Rocks still killing off a major penalty that carried over from the first, the Wildcats went up 1-0 (at 2:33) when senior defenseman Jake Zaborowski flung a wrist shot that Salem senior goalie Dillon Phillips never saw.

Drawing assists were senior forward and captain Josh Smith and senior forward Andrew Jossey.

"He's part of the reason why that power play's been doing so well," Vento said about Zaborowski. "He has a



Taking a shot for Plymouth on Saturday is Jake Zaborowski (right), while Salem's Noah Willer closes in.

good shot. A couple times he gets blocked, but you got to live with the good, live with the bad, because he usually produces."

Keeping it close

Phillips was outstanding to keep the deficit at one goal and the Rocks

evened things up with 9:15 left in the period.

Senior forward Noah Willer finished off a play started by linemates Matt Schaumburger and Evan Newel.

Before the end of the period, however, Plymouth's power play made it a 2-1 game.

This time, senior defenseman Jared Merandi — collecting the puck in front of the Salem net with Phillips down and out — swept in the rebound of junior defenseman Kyle Kozler's shot.

Salem could have been down more than a goal entering the third, but Phillips was on his game, stopping 16 out of 18 shots. The Rocks were outshot 30-16 through two periods and 38-20 for the contest.

Plymouth then went up 3-1 just 55 seconds into the third period, when Smith (one goal, one assist) fired a shot from above the right circle that beat Phillips cleanly. Assisting were junior forward Zack Wiener and Kozler (two assists).

"You just got to stay persistent and keep tak-

ing shots and doing what we know how to do," Smith said.

The Rocks needed only 35 seconds to get it back. Off the center-ice face-off, Schaumburger (one goal, one assist) raced into the Plymouth zone and roofed a shot from the left circle that beat Wildcats senior goalie Erik Vanden-Bosch.

The teams traded goals again. With 8:27 remaining, Plymouth junior forward James Baldwin one-timed a feed from Wiener (two assists). Also earning an assist was senior defenseman Ben Chafin.

Salem then made it 4-3 with 2:23 remaining. Senior defenseman Nate West snapped a shot from inside the blue line that eluded Vanden-Bosch. Collecting assists

were junior forward Zach Goleniak and sophomore forward Joey Driscoll.

The Rocks, however, were unable to get Phillips off the ice for an extra attacker until only 30 seconds remained.

Meanwhile, both squads have yet another match-up before the season is over, when they face off in a D1 pre-regional at Arctic Edge.

"Basically a month from today, it's do or die," Ossenmacher said. "From that standpoint, we just talked to our guys and said everything we do from now to then is just becoming a better team so we have a better chance against them."

FRANKLIN 4, CANTON 3: Following the Salem-Plymouth game at Arctic Edge, the Chiefs dropped a hard-fought KLAASouth contest. Canton goalie Nick Borg made 35 saves while Tommy Kiddle and Hunter Schlampp each tallied a goal and an assist for the Chiefs.

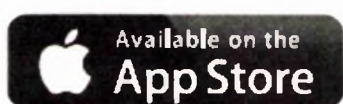
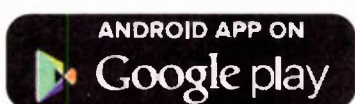
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EVENT

Continued from Page B1

that my heart is healthy and safe, no future incidents or anything," said Ryan Wagner, a recreational soccer player. "They attach electrodes to you and take pictures of the electrical impulses going through your body."

"And then you do an ultrasound, so they see how your heart is beating and everything. They told me that my heart looks fine."

Debbie Wagner said she pushed for her son to come out to the event.

"Actually my son wasn't all that thrilled about coming, but sometimes they're not as wise as they should be at their age," she said, smiling. "I was glad that we could do it and they give you the read-out right away, so you do have the results right away. So it was great."

Loren Hitch, a forward for the Plymouth-Canton-Salem Penguins varsity girls hockey team, said she and her sister Cecelia weren't about to miss out on the important event.

"My dad said it would be a good idea to come and get my heart checked," Hitch said. "I think it's important that (student-athletes) make sure that they're healthy, so that they can give it their all in their sports and just live a healthy lifestyle."

True testament

Both of Max's and Jack's sisters, Claire and Emily, were among many folks on hand from the Live Like Max Foundation, wearing their light blue and orange T-shirts and welcoming the stream of young men and women.

"I'm overwhelmed," said 26-year-old Claire Pardington, who lives in New York City. "I didn't know what to expect. So far, we've had two kids flagged with potentially serious heart problems."

Saturday's event was funded by the ongoing donations pouring in to the Live Like Max Foundation, which the Pardingtons established last year to support Beaumont Health System's Student Heart Check Program.

"It makes us very appreciative that we have the community support that we do," Lisa Pardington said. "I just know now what my passion is. I couldn't save my son, but I'm going to save yours. Just by coming out and being so open, people are responding."

"This is a true testament. Beaumont normally does between 200-250 students at one time for an event like this, a free heart check. But today they've got 450-plus."

Many of the donations came via Holiday Market customers (either in-store or via website); Lisa and John Pardington own the Canton market located at Cherry Hill and Lilley roads.

Max Pardington was a varsity athlete at Orchard Lake St. Mary's and an "extreme sports" enthusiast who might have been saved had there been events such as Saturday's for him to get screened.

Hypertrophic cardiomyopathy, the condition that killed him at age 20, can be detected through a screening.

Growing need

According to Beaumont's Jennifer Shea, coordinator of the program, the Plymouth High School screening was fully booked weeks ago, with all 450 slots spoken for.

"The need for our program is so great," Shea said. "We are growing exponentially, so we're always trying to expand to new areas so we can reach more students for this life-saving screening that we're doing here today."

"What we tell parents is that today's screening gives them a snapshot of what's going on in their heart right now."

Shea thanked the 80-100 Beaumont volunteers and cardiologists that came out, as well as the generosity of the Plymouth-Canton community.

"There's been a few students that were told they need to stop sports immediately until they get some further checks done," Shea said. "You never know. You don't have symptoms going into this, just like Max."

"We want to spread the word that this isn't something you're going to get in an athletic physical, so being able to provide this to our community for free is absolutely wonderful."

Meanwhile, John Pardington, Max's dad, emphasized that the job to build awareness isn't about to be finished merely because of a successful heart screening event.

"There's no event that's going to bring this to a closure," he said. "Like success, it's not a destination, it's a journey. This is a journey we're on for the rest of our lives."

"Max has altered that; we gladly accept that mantle."

Yet parents could leave Plymouth High School with a peace of mind that "this isn't going to take down your child. Getting the awareness out, I think this is mushrooming."

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OBSERVERLAND WRESTLING TOURNAMENT

Patriots capture Observerland crown

By Ed Wright
Staff Writer

Livonia Franklin wrestlers Nick Robertson and Nathan Atienza were golden Saturday, but the rest of the Patriots were money, which was the primary reason the Patriots cashed in on their first Observerland title since 2012.

All 13 Patriots scored and 11 placed as Franklin piled up 198 points to out-distance runner-up Westland John Glenn by 17.

Detroit Catholic Central placed third with 171 points, just ahead of fourth-place host Livonia Churchill (153) and fifth-place Belleville (151.5). Salem (106) was sixth.

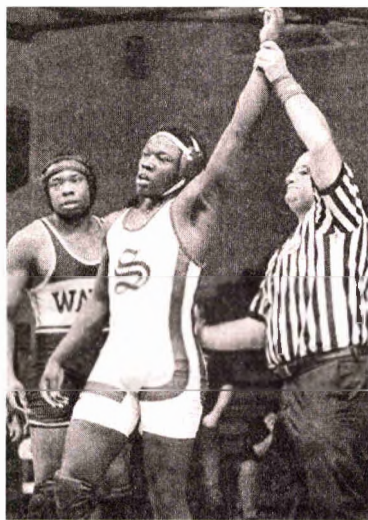
"This is nice because we really hadn't won anything of significance all year," Franklin head coach Dave Chiola said. "We lost the (KLAAs South) division to John Glenn and we lost the city meet to Churchill. We told the kids it was going to take a team effort and everybody did their part."

Robertson rallied from an early 4-0 deficit to upend Farmington's Jesse Jones, 10-5.

"When I was down 4-0, I just tried to stay relaxed and know that if I hung in there, I could get back into a comfort zone," Robertson said.

"Nick's been one of our best wrestlers all year," Chiola said. "He was wrestling at a competitive weight today. When he was down 4-0, he really showed his heart."

Atienza, a sophomore who won an Observerland title at 130 in his 2014 debut, steamrolled to the 140-pound title



BILL BRESLER | STAFF PHOTOGRAPHER

Victorious at 189 is Salem's Roy Foster, who defeated Wayne Memorial's Alex James (background) in the Observerland finals by a 3-1 tally.

with two pins and two technical falls, the second a 15-0 verdict in the final against Belleville's Brandon Bellant.

"I'm proud of this team," Atienza said. "We were down a little bit after losing the division to John Glenn, but we've bounced back well since then and come together as a team."

Rocks win twice

Salem chalked up back-to-back titles at 189 and 215 from Roy Foster and Mitchell Gross, respectively.

Foster won a tense 3-1 overtime decision over Wayne's Alex James, while Gross — an Observerland champion at 189 last year — ousted Churchill's

Baker Hadwan at 215. "I have pretty good ability on my feet, so my coach said if I shoot more, I'm going to score, so that's what I tried to do today," said Gross, who is following in the footsteps of two older brothers. "I credit my brothers for all of my success in wrestling."

"They beat me up pretty good in the wrestling room when I was younger, so I learned that I have to work hard if I'm going to go anywhere."

24TH OBSERVERLAND WRESTLING TOURNAMENT Saturday at Livonia Churchill
FINAL STANDINGS: 1. Livonia Franklin, 198 points; 2. Westland John Glenn, 181; 3. Detroit Catholic Central, 171; 4. Livonia Churchill, 153; 5. Belleville, 151.5; 6. Salem, 106; 7. Livonia Stevenson, 101.5; 8. Farmington, 78; 9. F.H. Harrison, 73; 10. Lutheran Westland, 65; 11. Northville, 54; 12. Garden City, 35; 13. Plymouth, 32; 14. Redford Union, 28; 15. Wayne Memorial, 27; 16. Redford Thurston, 9.

LOWER-WEIGHT MVP: Mike Volvanyuk (119 pounds), Farmington Harrison;
UPPER-WEIGHT MVP: Mitchell Gross (215 pounds), Salem.

103 pounds: 1. Mike Mars (WJG) d. Dan Manier (FRM), 6-0; 3. Antonio Herrera (LF) d. Davis Rastique (DCC), 10-6; 5. Isiah Berry (P) d. Sam Lymon (B), 6-1.

112: 1. Josh Mussen (LC) d. Johnny DiPonio (LF), 7-2; 3. Chase Walkowiak (FRM) won by major dec. over Akash Rai (S), 11-2; 5. Josh Filban (DCC) won by major dec. over Christian Zimmerman (LW), 13-5.

140: 1. Nathan Atienza (LF) won by tech. fall over Brandon Bellant (B), 15-0 at 5:22; 3. Caleb Richter (W) pinned Bruce Haslitt (S) in 1:40; 5. Andrew Lapins (RT) d. Ryan Boynton (FH), 4-2.

152: 1. Caleb Brown (B) won by major dec. over Chase Gardner (LC), 15-6; 3. Caleb McCabe (S) d. Bobby Brewer (DCC), 9-4; 5. Ricky Laurence (WJG) pinned Wes Warren (LW) in 1:20.

160: 1. Sam Giese (DCC) d. Derrick Lester (WJG), 11-7; 3. Ethan Shulaw (P) won by major dec. over Cody McAnalley (LC), 10-1; 5. Zach Burho (B) d. Derek Gilsbach (LS), 4-2.

189: 1. Roy Foster (S) d. Alex James (WM), 3-1 (OT); 3. Connor Curnutte (DCC) pinned Jawaun Peete (WJG) in 3:46; 5. Dan Huber (LF) pinned Gage Brent (FRM) in 1:37.

215: 1. Mitchell Gross (S) d. Baker Hadwan (LC), 8-3; 3. Brad Scott (LS) d. Nate Irvine (WJG), 3-1; 5. Josh Retting (LF) pinned Jack Ross (DCC) in 2:40.

285: 1. Jake Mercica (LC) d. Tyler Deniski (LS), 4-2; 3. Joe Fortin (LF) d. Tyler Moore (S), 7-3; 5. Dane Flynn (DCC) pinned Ewing Joyce (WJG) in 2:11.

TOURNEY

Continued from Page B1

champion at 189 who now is Salem's co-coach.

"I looked up at the wall and I saw my coach, Jeremy Henderson, and I wanted to be just like him," Gross said. "I wanted to be on the Wall of Champions. There's nothing more I want to do than win a state championship."

Another Salem wrestler will have the same opportunity as junior 189-pounder Roy Foster battled to a 3-1 overtime win over Wayne Memorial's Alex James.

"This was Roy Foster's first (Observerland) finals match ever, so I knew he might be a little nervous," Henderson said. "But he went out and took care of business."

"I am confident that if he keeps it up, he will make a run to states, but it won't be easy."

Both Gross and Foster will need to keep winning through the individual districts and regionals to have a chance at The Palace spotlight.

Always big

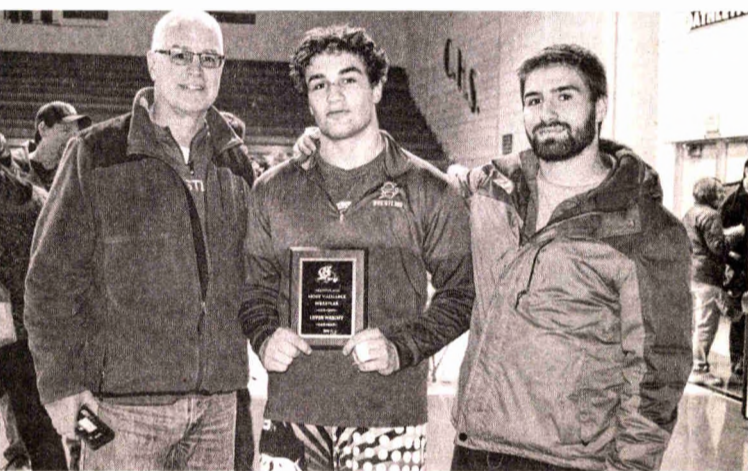
But Gross and others from Salem and Plymouth (who brought mostly 'B' team wrestlers Saturday due to a grueling double dual last Thursday against Novi-Detroit Catholic Central and Oxford) recognize that doing well at Observerland is a nifty launching pad.

Henderson certainly follows that stance.

"Since as long as I've known, this was always a huge tournament of the year," Henderson said. "It's all the local teams, it's kind of like how do you compare versus everyone else around your area."

Saturday was Gross' third year at the tourney, having lost in the semifinals as a sophomore and winning in 2014 at 189.

"To me, it's not even just



LISA BUSHAW

Observerland Upper Weights Most Valuable Wrestler Mitchell Gross of Salem (center) celebrates the honor with his dad, Lee Gross (left) and older brother Tyler Gross, a former wrestling standout for the Rocks.

about me winning for just me, it's about my teammates," Gross said. "Because I want to be able to show them how I work on the path to becoming a winner and how they can put it into their wrestling matches and in their life, so they can win on the mat and they can start doing good things."

Other top performers Saturday for the Rocks were senior Caleb McCabe (third at 152), junior Tyler Moore (fourth at heavyweight), sophomores Akash Rai (fourth at 112) and Bruce Haslitt (fourth at 140).

McCabe earned a 9-4 decision over Catholic Central's Bobby Brewer.

"I came here when I was in eighth grade and I got to see my brother (Jake) get to be in the finals," McCabe said. "It's been a tournament I've wanted to place high at."

The Rocks finished sixth in the team standings with 106 points, while the Wildcats took 13th with 32.

Good experience

Plymouth head coach Quinn Guernsey, however, said it was a worthwhile outing for a number of his younger wrestlers.

The only wrestlers who

made the trip to Churchill from the 'A' team, he said, were 160-pound sophomore Ethan Shulaw and 103-pound freshman Isiah Berry.

Shulaw finished third, thanks to a 10-1 major decision over Cody McAnalley of the Chargers. Berry placed fifth, having decided Belleville's Sam Lymon by a 6-1 score.

"I've learned that it's a good tournament. There's a few tough kids in here," Shulaw said. "You got to work hard and you can't overlook anyone."

Berry, meanwhile, said he thought he did well overall: "I took a loss in the second round, but I bounced back and finished all my matches hard."

The Wildcats already had competed in four tough matches over a two-day span, including a loss to the Shamrocks and a 36-33 win over Oxford (the latter two duals last Thursday).

"It's the time of year when you get a lot of nicks," Guernsey said.

Seven members of the 'B' team took part, mostly freshmen — along with first-year junior Darwin Filey, who fared well at 145, Guernsey noted.

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PREP BOWLING

Park bowlers enjoy spotlight at tourney

By Tim Smith
Staff Writer

Plymouth-Canton Educational Park bowlers were in the spotlight at Saturday's Wayne County Invitational at Cherry Hill Lanes in Dearborn Heights.

Canton's varsity boys bowling team won the tournament, winning a tourney for the fourth time this season.

But the day's top accomplishment was a 300 game by Salem's Tony Przytulski.

The Rocks' co-captain finished with a 744 series, following his perfect game with 233 and 211 scores.

Przytulski had company in the limelight, however. Also



COURTESY KARL BRUBAKER

Salem's Tony Przytulski (left) and Westland John Glenn's Nick Bell each rolled a 300 game at the Wayne County Tournament.

rolling a 300 was Westland John Glenn's Nick Bell.

The Chiefs were led by Mitchell Zelenak, who registered a 675 series with games of 245, 251 and 179. He sparked Canton to victory in all the match play rounds.

Salem had their boys and girls teams qualify for match play. The boys reached the second round.

Plymouth boys lost in the first round of match play. The Wildcats were led by Donald Blevins, who tallied a 151-257-220-628 scoreline.

Also qualifying for match play were Canton's girls, but they — like the Rocks — lost in their first round.

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BILL BRESLER | STAFF PHOTOGRAPHER

Nick Freda, a varsity boys soccer player at Plymouth High School, is prepped for an electrocardiogram by exercise physiologist Michele Bando.

SCHOOLCRAFT BOWLING PREVIEW

THEY'RE READY TO ROLL

Schoolcraft men's and women's teams feature several bowlers with area ties

By Tim Smith
Staff Writer

There's a new coach in charge of Schoolcraft College's bowling program and he is steadfast about continuing the positive momentum started under its founder.

Patrick Yelsik is taking over at the helm from program originator Greg Colling and he is understandably pumped up for the 2015 season, the first in which the Michigan Community College Athletic Association will sponsor a conference schedule for men's and women's bowling in 34 years.

"Sid Fox (Schoolcraft AD) and Greg Colling worked so diligently on getting the bowling program off the ground here and building it up to what it is today," said Yelsik, who also works in the Schoolcraft athletic department. "I want to take the ball from them and run with it and spearhead the charge in writing the pro-

gram's next chapter and lead it to new-found heights."

Yelsik noted that a number of people he talks to have "no idea that Schoolcraft had an actual bowling team."

With a nucleus of men and women from Observerland-area high schools, perhaps that perception will begin to change.

The formation of the MCCA bowling conference will help make that happen.

Schoolcraft's men and women bowlers competed in previous seasons as part of National Junior College Athletic Association independent teams.

"With us being part of a conference this year," Yelsik said, "it gives us something tangible to strive for and we have our sights firmly set on winning it and securing a berth in the (NJCAA) national tournament.

"We are focused on performing to the best of our ability each and every time out and, if we do that, the results



Ayers

Kearney

Richards

Rutenbar

will take care of themselves from there."

Blend of talent

Leading the men's squad will be returnees Kaylup Richards and Ricky Rutenbar, both members of Livonia Clarenceville's 2013 Division 3 state championship team.

Also back is Northville alum Colton Ma-Wu.

The Ocelots' roster includes Sam (returning after a two-year hiatus) and Ben Berger, who both were home-schooled.

"Ben Berger is shaping up as a real leader, both on and off the lanes," Yelsik said. "We are expecting big things from the other three returnees as well."

The coach is enthusiastically waiting to see how several talented newcomers mesh with the returnees.

Annapolis grad Leon Hutch-

craft is fresh off a Junior Gold Tournament spot, which Yelsik said could lead to an invite to Junior Team USA.

Other rookies include Ben Jakes (Dearborn Divine Child) and Josh Coffee (New Boston Huron).

"I will be very surprised if there is a men's team deeper than ours in the conference," he said. "We could very easily have a different (top-scoring) person at every tournament."

Women's preview

On the women's side, the Lady Ocelots will feature returning NJCAA All-American Angela Rodriguez, who placed eighth in the 2014 women's tourney with an average of 180.

Westland John Glenn product Yvette Ayers, a sophomore, returns to the fold.

Joining them will be new-

comers Ella Kearney (Farmington), Ameera Sirhan (Canton), Bethany McCormick (Huron Valley Lutheran) and Bianca Greco (Lakeland).

"Obviously, Rodriguez will be the anchor on this side, followed by Kearney, easily one of the hardest workers on the team," Yelsik said. "We will also look to Ayers for leadership and Sirhan could be a real wild card."

Both the Schoolcraft men's and women's teams began the season last Friday at the Muskegon Community College Invitational and will host an invite at 11 a.m. Friday, Feb. 13, at Merri-Bowl in Livonia.

At the Muskegon tourney, the Schoolcraft men finished second to Aquinas, falling short by 97 pins (7,032-6,935). Individually, Richards and Rutenbar were eighth and ninth with scores of 812 and 798, respectively.

For the Lady Ocelots (fifth in the team standings), Rodriguez tallied 765 to take third overall. In eighth was Kearney, with a 727 total.

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COLLEGE BASKETBALL

Panthers pounce on Madonna men's cagers

By Brad Emons
Staff Writer

Trying to hold on to the eighth and final seed in the upcoming Wolverine-Hoosier Athletic Conference playoffs has become the goal of the Madonna University men's basketball team.

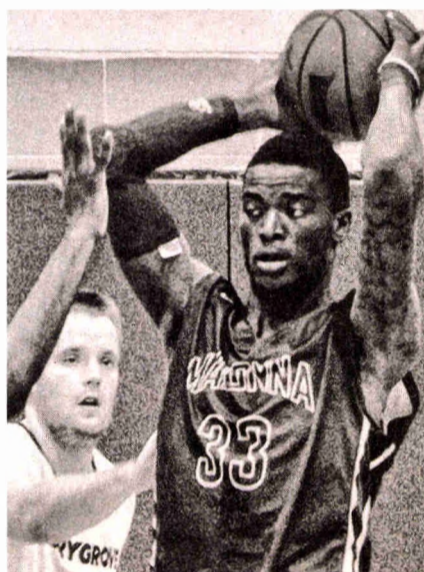
And with six precious games left in the regular season, the Crusaders have to make every one count, but it didn't happen Saturday as WHAC leader Davenport University led from start to finish en route to a 70-53 triumph over host MU.

Davenport, ranked No. 5 in the latest NAIA Division II poll, sprinted out to a 40-25 halftime lead and led by as many as 21 in the second half to improve to 21-3 overall and 15-1 in the conference.

The Panthers got a game-high 20 points from 6-foot-6 sophomore Kevin Rich, while Poland native Dawid Czerniawski, a 6-7 junior, chipped in 14.

Dominez Burnett, a 6-5 junior, added 13 points for Davenport's ninth straight win.

"They're big, they're athletic, they're skilled at every position," MU coach Noel Emehiser said of the Panthers. "They play at a higher pace than we were able to today. They just saw things before we did. They saw our mistakes on defense



MADONNA ATHLETICS
Madonna senior center Donald Owens (right) had 10 points in a losing cause against Davenport.

and made us pay for them. They saw what they were doing on offense and moved faster than we could move the ball. All in all, they outplayed us in every phase of the game."

No Madonna starter scored in double figures as Salem's Chris Dierker, a 6-7 red-shirt junior forward, led with 11 points and eight

rebounds.

Senior center Donald Owens added 10 points off the bench as the eighth-place Crusaders slipped to 10-14 overall and 6-10 in the WHAC.

The Crusaders shot only 2-of-21 from 3-point range and 19-of-63 for the game (30.2 percent).

Senior guard Shaun Duncan, who came into the game averaging a team-best 15.1 points per game, struggled from the floor, going 2-for-10, including 0-for-6 beyond the arc. The five starters combined for 6-of-31 shooting.

Emehiser hinted there could be some changes in the starting lineup. "We're going to look at everything," Emehiser said. "We don't necessarily start the guys who just give us the best chance to score. We're always looking for the best possible solution to helping us win. There's no doubt that we'll be looking at everything we're doing."

The Crusaders were scheduled to play Wednesday at home against ninth-place Siena Heights (8-15, 4-11) in a critical game for playoff positioning.

"Getting in is the first priority and get to the highest seed that we possibly can," Emehiser said. "It's going to take a lot of effort, a lot of commitment and a lot of sacrifice for us just to remain in position where we can have a postseason."

COLLEGE BASKETBALL

Ocelots turn it around

Men's cagers bounce back in second half to top Macomb, 80-64

By Tim Smith
Staff Writer

After a sluggish first half, Schoolcraft College men's basketball coach Abe Mashhour made a simple request of his team.

Start defending better and making something happen on offense. The Ocelots, who trailed 36-31 at halftime against visiting Macomb Community College, roared back for a 80-64 victory.

As of Tuesday, Schoolcraft (19-3 overall, 8-1 in the Michigan Community College Athletic Association), moved up in the national rankings to No. 3 from No. 6.

"I asked them very nicely to start playing better defense and they did," Mashhour said. "Like I said, we switched to zone and I think that threw Macomb off a little bit."

"We did a better job of contesting shots and we did a better job of limiting them to one shot on the defensive end."

The offense turned up the juice, too. After Schoolcraft shooters managed to hit just 12-of-30 attempts from the floor (40 percent), they canned just under 60 percent (16-of-27) after intermission.

"Offensively, we did a better job of attacking the basket," Mashhour said. "In the first half, they only had four or five fouls and in the second half, they had 11 or 12."

"We're a very good shooting team, but we rely on the three sometimes too much."

Providing energy

Guard Lito Booth had the hottest hand, hitting all but two of 11 field-goal tries and scoring 27 points.

Also in double figures was recent roster addition Javan Thomas, who tallied 14 points and nine rebounds as he continues to spark the Ocelots.

"Javan's been great for us," Mashhour said. "His energy is unmatched, really."

Contributing eight points each were Marcus Williams and Ja'Christian Biles, with Westland John Glenn product Dre Black adding seven.

Brandon Hicks led the Monarchs (10-10, 4-5) with 13 points and Chris Dorsey added 11. Meanwhile, Mashhour added that although it is nice to be near the top of the National Junior College Athletic Association rankings, such accolades are a "byproduct" of doing the right things on the court.

"I'm very big on telling them, focus on playing better," the first-year Schoolcraft coach said. "The wins will take care of themselves, the rankings will take care of themselves."

"The guys, obviously with social media, they're aware of what they're ranked. If it means something to them, makes them play harder ... than that's great. I have no problem with it at all."

The Ocelots were scheduled to play Wednesday at Alpena.

SCHOOLCRAFT WOMEN WIN: Also Saturday, the Schoolcraft women's basketball team earned a 51-48 win over Macomb.

The Lady Ocelots followed the same script the men's cagers would follow later in the afternoon, trailing 27-21 at halftime.

A 30-21 second half enabled Schoolcraft to rally and improve to 14-7 overall and 6-3 in the MCCA.

T'era Nesbitt (21 points) and Wayne Memorial product Ashley Bland (15 points) spearheaded Schoolcraft's attack. Helping the cause with eight points was Elise Tolbert (Birmingham Seaholm), while Chelsey Wesley contributed five.

Registering 14 points each for Macomb (15-6, 6-4) were Natalie Nowak and Sydney Morgan.

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COLLEGE BASKETBALL

Madonna women cagers crushed by Davenport

By Brad Emons
Staff Writer

Big stage, big game, big letdown.

That was the only way to put it Saturday afternoon for the host 23rd-ranked Madonna University women's basketball team, which was taken to school once again by Wolverine-Hoosier Athletic Conference leader Davenport University.

The NAIA's No. 2-ranked team from Grand Rapids brought its own snowstorm into town a little ahead of schedule with a resounding 78-51 victory.

And not much has changed since the Nov. 22 meeting, when Davenport beat the visiting Crusaders, 73-55.

The unbeaten Panthers, who improved to 22-0 overall and 16-0 in the WHAC, put the game away by halftime, building a 36-21 advantage despite shooting only 14-of-36 (38.9 percent) from the field.

The game was pretty much decided during the first 20 minutes, when

MU went without a field goal for more than nine minutes.

Davenport, sending players in waves, used all 17 on its roster with 11 scoring, led by 6-foot-3 Grand Valley State transfer Daina Grazulis, who finished with 14 points.

Kayleigh VanKeulen added 13 points, while Alex Law came off the bench to contribute 10. Brittany Johnson also had nine points and a game-high nine rebounds.

And speaking of rebounding, Davenport had double the total of Madonna's with a commanding 54-27 advantage.

"I was a little disappointed in our effort, to be honest with you," said MU coach Carl Graves, whose team slipped to 14-8 overall and 13-3 in the WHAC. "I thought we were really excited and had a couple of really good practices in preparation for this game and it kind of sucked of the life out of us to see them hit a few shots."

MU was unable to solve Davenport's dragnet zone defense, which frustrated MU's leading scorer Michele Hayes, a junior guard who came into the game averaging 20.6 points per game.

Hayes, an Oakland University transfer from Inkster, shot 6-of-20 from the field and finished with 16 points.

"We weren't anticipating they'd do a lot of zone stuff, but we've seen that from them before," said Graves, whose team trailed by as many as 32 points in the second half. "But we did an awful job on the boards and they were able to get second, third, fourth and fifth opportunities to score. And you can't give a team that talented opportunities to score like that at the basket."

Senior forward Rachel Melcher tallied a game-high 17 points to go along with eight rebounds, while freshman Lindsey Hernden, who got off to a hot start, finished with 11 as MU led 9-3 in the early going.

"We had a great start and defensively did a great job," Graves said, "but they started rebounding the ball really well on the offensive end and ended up with 20. You can't win like that."

The loss puts the Crusaders in a second-place tie in the WHAC with Siena Heights (18-5, 12-3).

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OHL board approves sale of Whalers

The Ontario Hockey League's Board of Governors approved Monday the transfer of ownership and relocation of the Plymouth Whalers to Flint for the 2015-16 season.

Next season, the Whalers will play with a new name at Perini Arena in Flint under the ownership of Rolf Nilsen of IMS Hockey Corp.

Peter Karmanos has enjoyed 30 successful years of OHL franchise ownership — first with the Windsor

Compuware Spitfires from 1984-89 and then with the Whalers (in Detroit, Auburn Hills, Oak Park and Plymouth) from 1989 to the present. The team's first season at Compuware Arena was 1997-98.

With the sale approved, the Whalers and their fans now begin a swan song of sorts over the next couple of months.

At the top of the list is a home schedule stacked with Western Con-

ference rival games against Sarnia, Saginaw and Windsor — all of which are chasing a playoff position, as are the Whalers.

Great promotions are already planned:

» **Feb. 7:** Trading Card & Autograph Night

» **Feb. 20:** Mascot Madness

» **Feb. 21:** Star Wars Night

» **Feb. 28:** Pucks & Paws Night to benefit the Michigan Humane Society

For more info, go to www.plymouthwhalers.com.



The Building Owners and Managers Association/Metro Detroit (BOMA/Metro Detroit) has named the 2015-16 Board of Directors.

SUBMITTED

Building Owners, Managers organization taps new leaders

The Building Owners and Managers Association/Metro Detroit (BOMA/Metro Detroit) named the 2015-16 Board of Directors. The Board of Directors serves as leaders of the organization in developing and implementing BOMA/Metro Detroit's strategic plan. The board also oversees the operations of the associations nearly 400 members and nine committees. Elected by BOMA's principal members, officers and directors hold their office for two calendar years.

The newly elected directors are Jon Brach, general manager of Caravan Facilities Management, LLC, and Jessica Furlong, CCIM, RPA, director of Commercial Operations at McKinley, Inc. They join directors Gregg McDuffee of Detroit Wayne Joint



Salliotte



Goldman-Spinner

Building Authority; Daniel Fitzgerald of Parajan Investments, LLC; James Vetter, MFE of Rickman Enterprise Group, LLC; Tim Grimske, LEED GA of Newmark Grubb Knight Frank; Todd Pardon, CCIM, RPA of CBRE and Immediate Past President Paul Magy of KManagement and Leasing.

Brian R. Salliotte, RPA of Dietz Property Group will serve as BOMA/Metro Detroit's president. Paula Goldman-Spinner, RPA of Schos-

tak Brothers and Co., Inc. will serve as the governor as well as the regional president.

Todd Pardon, CCIM, RPA, director of Asset Services at CBRE, was elected as vice president. Gregg McDuffee, executive director for Detroit Wayne Joint Building Authority, was elected secretary/treasurer.

"The dedication of BOMA's Board has always been a strength of the association," said Janet Langlois, executive director, BOMA/Metro Detroit. "Their ability to identify and advocate for key issues affecting commercial real estate has made BOMA a leader in the industry."

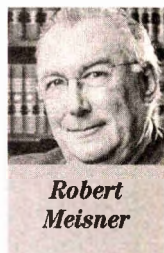
Founded in 1908, BOMA/Metro Detroit is a professional, nonprofit trade association whose nearly 400 members either own or manage com-

mercial real estate, or provide goods and services to the industry. BOMA Michigan members represent organizations managing more than 250 million square feet of office and industrial space, with employees and tenants totaling more than 1.25 million people in Michigan. Michigan members' annual expenditures contribute \$3.2 billion to the state's economy.

BOMA/Metro Detroit provides commercial real estate professionals the opportunity to work together for professional growth, advocacy rights, corporate profit, and the benefit of the nine South-eastern Michigan communities it serves. For more information on BOMA and membership, visit www.bomadetroit.org.

Tax woes appear unlikely on family property transfer

Q: I understand that under Michigan's General Property Tax Act, the taxable value for taxing purposes after adjustments for additions and losses may not increase from one year to the next by more than 5 percent or the increase in the Consumer Price Index, whichever is less, unless there is a transfer of ownership in effect. When the ownership of a property is then transferred, the property's taxable value is uncapped, i.e. it pops up to the state's equalized value which is 50 percent of its true cash value. I want to transfer my property to my son. Can I do it without an adverse tax consequence?



Robert Meisner

A: It appears that you can based upon a statute that became effective in Michigan on Dec. 31, 2013, which established that a transfer of residential real property to someone who is related to the transferor by blood or affinity to the first degree, and the use of the residence or property does not change following the transfer, would not result in a consequential tax change. That was amended in 2014 to include grandchildren, grandparents as well as persons taking by way of probate will or trust. This obviously is a benefit to taxpayers who wish to transfer their property to their relatives.

Q: Our association documents at our homeowners association permit the board to do a number of things regarding the maintenance of the exterior of the buildings, except that there must be a member vote for approval of any substantial alterations. Some of us believe there has been a change of appearance and certainly a cheaper replacement of roof shingles with terra-cotta shingles because they cost less. Do you think that requires a homeowner vote?

A: It, of course, depends on the documents, but in a case out of Florida in 2002, an association had to replace roof shingles and decided to substitute terra-cotta shingles for the pre-existing cedar shingles because they cost less. When an owner challenged the special assessment imposed, the court determined that the substitution constituted a substantial alteration which required a vote of the owners. Hopefully, your board has gotten a legal opinion from its counsel about the propriety of what it is doing, but if it has not, you should insist that they do so or face the prospect of a lawsuit.

Robert M. Meisner is a lawyer and the author of "Condo Living 2: An Authoritative Guide to Buying, Selling and Operating a Condominium." He is also the author of "Condominium Operation: Getting Started & Staying on the Right Track," second edition. Visit bmeisner@meisner-law.com. This column shouldn't be construed as legal advice.

HOMES SOLD/REAL ESTATE TRANSACTIONS-OAKLAND COUNTY

These are the area residential real estate closings recorded the week of Sept. 8-12, 2014, at the Oakland County Register of Deeds office. Listed below are cities, addresses, and sales prices.

BEVERLY HILLS	
15755 Amherst Ave	\$308,000
31619 Auburn Dr	\$185,000
31931 Carfelder St	\$255,000
BINGHAM FARMS	
31470 Coachlight Ln	\$520,000
BIRMINGHAM	
630 Chester St	\$1,375,000
1622 Graefield Rd	\$132,000
1859 Hazel St	\$185,000
1622 Holland St	\$145,000
1055 Lake Park Dr	\$2,200,000
1141 Lake Park Dr	\$850,000
435 Lewis Ct	\$335,000
1233 Maryland Blvd	\$450,000
675 N Eton St	\$85,000
537 N Old Woodward Ave	\$195,000
549 N Old Woodward Ave	\$240,000
662 Purdy St # 107	\$120,000
734 Southfield Rd	\$1,340,000
176 Suffield Ave	\$505,000
1036 Westwood Dr	\$685,000
BLOOMFIELD HILLS	
981 Dedham Ct	\$230,000
551 Hunters Xing	\$740,000
1958 Klingensmith Rd	\$117,000
Unit 29	
1120 S Timberview Trl	\$240,000
801 W Long Lake Rd # 18	\$96,000
4305 W Maple Rd	\$306,000
4784 Walnut Lake Rd	\$435,000
BLOOMFIELD TOWNSHIP	
2865 Aldgate Dr	\$265,000
2738 Brady Dr	\$259,000
946 E Square Lake Rd	\$333,000

888 Helston Rd	\$272,000
6124 Indianwood Trl	\$595,000
1962 Klingensmith Rd	\$100,000
1624 Mark Hopkins Rd	\$470,000
2882 Masefield Ct	\$398,000
4011 Meadowlane Dr	\$335,000
542 Newburne Pointe	\$217,000
4555 Quarton Rd	\$365,000
878 Shady Hollow Cir	\$525,000
3591 Shallow Brook Dr	\$610,000
2430 Thistle Pointe	\$500,000
6180 W Surrey Rd	\$350,000
42160 Woodward Ave	\$95,000
Unit 36	
3585 Roland Dr	\$530,000
COMMERCE TOWNSHIP	
3189 Adele Ter	\$360,000
5365 Barkley St	\$154,000
9075 Commerce Rd	\$188,000
2144 Golfcrest Dr	\$459,000
5341 Huron Hills Dr	\$295,000
4552 Ponderosa St	\$92,000
FARMINGTON	
31781 Lamar Dr	\$160,000
22836 Maple Ave	\$165,000
32013 Valley View St	\$209,000
FARMINGTON HILLS	
29470 Arlington Way	\$358,000
38819 Country Cir	\$120,000
30251 Essex Dr	\$287,000
32316 Hearststone Rd	\$224,000
21300 Juniper Ct	\$148,000
30276 Kimberly Ct	\$269,000
29486 Laurel Dr	\$122,000
31212 Leelane	\$140,000
25344 Lynford St	\$246,000
21116 Middlebelt Rd	\$144,000
26070 Pillsbury St	\$228,000
34661 Princeton St	\$220,000
21904 Purdue Ave	\$69,000
29443 Shenandoah Dr	\$265,000
29860 W 12 Mile Rd # 604	\$74,000
32251 W 13 Mile Rd	\$228,000
28425 Westerleigh Rd	\$198,000

28553 Wildwood Trl	\$160,000
HIGHLAND	
4091 Loch Dr	\$150,000
2805 Maple Rdg	\$334,000
395 Maplegrove	\$140,000
4685 N Duck Lake Rd	\$196,000
LATHRUP VILLAGE	
18130 Cambridge Blvd	\$137,000
MILFORD	
1009 Atlantic St	\$245,000
1466 Memory Ln	\$285,000
NORTHVILLE	
37807 Connaught Dr	\$275,000
51000 Park Place Dr	\$584,000
42156 Pellston Dr	\$155,000
37846 Rhonswood Dr	\$335,000
669 River Park Village Blvd	\$220,000
20936 W Glen Haven Cir	\$135,000
NOVI	
24484 Amanda Ln	\$430,000
24377 Bashian Dr	\$72,000
24694 Bashian Dr	\$125,000
27587 Belgrave Pl	\$314,000
25178 Birchwoods Dr	\$367,000
25623 Buckminster Dr	\$285,000
48145 Cedarwood	\$235,000
31129 Chatsford St	\$370,000
23469 Danberry Ln	\$106,000
51344 E Bourne Ter	\$270,000
43021 Emerson Way	\$298,000
45636 Irvine Dr	\$402,000
40976 Malott	\$130,000
23486 Meadowbrook Rd	\$165,000
23295 Mystic Forest Dr	\$410,000
23623 N Rockledge	\$92,000
22438 Paddington Ct	\$545,000
24439 Perceval Ln	\$533,000
24983 Reeds Pointe Dr	\$545,000
24452 Riverview Ln	\$232,000
44120 Settlers Creek Ct	\$405,000
1127 South Lake Dr Unit 202	\$79,000
23439 Stonehenge Blvd	\$115,000

24660 Taft Rd	\$240,000
24680 Thatcher Dr	\$450,000
27363 Victoria Rd	\$317,000
39675 Westminster Cir	\$335,000
29436 Weston Dr	\$216,000
SOUTH LYON	
58689 Carriage Ln	\$435,000
801 Challenging Trl	\$217,000
1317 Coach House Ln	\$375,000
26683 Daria Cir W	\$401,000
52693 Fremont Dr E	\$460,000
61206 Greenwood Dr	\$80,000
54812 Grenelefe Cir W	\$380,000
25550 Meadow Ct	\$370,000
54330 Meadow Ct	\$500,000
25462 Milford Rd	\$206,000
20919 Oak Tree Dr	\$325,000
22205 Quail Run Cir Unit 5	\$140,000
24430 Ravine Dr	\$443,000
53944 Springwood Dr	\$310,000
407 Whipple Cir	\$184,000
58588 Winnowing Cir S	\$73,000
SOUTHFIELD	
29880 Brentwood St	\$128,000
19434 Butternut Ln	\$44,000
19434 Butternut Ln	\$93,000
30423 Everett St	\$105,000
17381 Madison St	\$154,000
30082 Marshall St	\$79,000
19122 Melrose Ave	\$72,000
23822 Merrill Ave	\$143,000
20130 N Greenway St	\$175,000
23435 Russell St	\$147,000
30450 Shoreham St	\$200,000
5000 Town Ctr # 804	\$81,000
17409 W 13 Mile Rd	\$136,000
WHITE LAKE	
1354 Bayview St	\$162,000
432 Burgess Dr	\$290,000
500 E Oxhill Dr	\$175,000

HOMES SOLD/REAL ESTATE TRANSACTIONS-WAYNE COUNTY

These are the area residential real estate closings recorded the week of Sept. 29 to Oct. 3, 2014, at the Wayne County Register of Deeds office. Listed below are cities, addresses, and sales prices.

CANTON	
46612 Bartlett Dr	\$216,000
717 Cherry Orchard Rd	\$180,000
6428 Connaught Ct	\$324,000
47193 Eastbourne Rd	\$360,000
45395 Glengarry Rd	\$275,000
44622 Meadowcreek Ln	\$155,000
2679 N Woods Blvd	\$262,000
8368 Orhan St	\$120,000
8368 Orhan St	\$150,000
7046 Pittsford St	\$185,000
4332 Pond Run	\$202,000
802 Princess Dr	\$170,000
2990 River Meadow Cir	\$236,000
335 Savannah Dr	\$317,000
44495 Savery Dr	\$75,000
3955 Strathmore Ln	\$128,000
50042 Tottenham Ct	\$415,000
45076 Turnberry Ct	\$330,000
47781 Vistas Circle Dr S	\$250,000
GARDEN CITY	
6148 Belton St	\$83,000

410 E Rose Ave	\$77,000
31730 James St	\$83,000
653 Michelle Ct	\$120,000
29195 Sheridan St	\$97,000
LIVONIA	
11757 Alois St	\$155,000
31925 Balmoral Ct	\$324,000
9832 Blackburn St	\$170,000
29660 Clarita St	\$48,000
33950 Coventry Dr	\$85,000
8993 Crown St	\$122,000
9102 Danzig St	\$112,000
15354 Deering St	\$61,000
29034 Elmira St	\$72,000
16974 Fitzgerald St	\$235,000
9860 Flamingo St	\$144,000
8874 Fremont St	\$101,000
38679 Grandon St	\$175,000
15675 Hunter Grv	\$214,000
18994 Irving St	\$165,000
30561 Minton St	\$153,000
9048 Montana St	\$96,000
32488 Myrna St	\$336,000
18546 Norwich Rd	\$149,000
37825 Plymouth Rd	\$145,000
17342 Rougeway St	\$139,000
15048 Santa Anita St	\$55,000
19079 Shay Ct	\$325,000
19484 Stamford Dr	\$194,000

9303 Texas St	\$155,000
29966 Westfield St	\$125,000
18547 Williams St	\$290,000
NORTHVILLE	
42400 Bradner Rd	\$345,000
16318 Country Knoll Dr	\$316,000
525 Fairbrook St	\$40,000
16433 Lincoln Dr	\$434,000
20012 Longridge Ct	\$450,000
19596 Northridge Dr	\$110,000
16468 Ridgewood Ct	\$375,000
PLYMOUTH	
11583 Aspen Dr	\$184,000
13904 Covington Dr	\$525,000
42732 Gateway	\$220,000
11276 Hillcrest Dr	\$298,000
9359 Ivanhoe Dr	\$330,000
11825 Lorenz Way	\$475,000
9440 Marlowe Ave	\$148,000
261 N Evergreen St	\$330,000
40826 Newport Dr	\$107,000
1729 Old Salem	\$272,000
12325 Pinecrest Dr	\$200,000
234 Pinewood Dr	\$94,000
50997 Richard Dr	\$336,000
1199 S Sheldon Rd	\$53,000
1199 S Sheldon Rd	\$50,000
46701 Strathmore Rd	\$275,000
9380 Village Manor Dr	\$367,000

REDFORD	
13942 Centralia	\$60,000
18417 Delaware Ave	\$36,000
18610 Delaware Ave	\$45,000
18631 Delaware Ave	\$40,000
15931 Garfield	\$35,000
25398 Ivanhoe	\$70,000
13959 Mercedes	\$43,000
WESTLAND	
34307 Algonquin St	\$112,000
781 Alvin St	\$72,000
37065 Amhurst Dr	\$145,000
39340 Armstrong Ln	\$125,000
8222 Beatrice	\$89,000
7757 Carrousel Blvd	\$115,000
674 Easley Dr	\$107,000
35055 Fairchild St	\$28,000
36205 Farragut Ave	\$27,000
7610 Floral St	\$43,000
221 Larchmont Dr	\$130,000
35852 Manila Ave	\$72,000
31530 Parkwood St	\$35,000
8150 Ravine Dr	\$310,000
1621 Shoemaker Dr	\$54,000
2188 Stieber St	\$15,000
2145 Wilshire St	\$124,000

REAL ESTATE BRIEFS

Short sales

If you owe more than what your house is worth, you may be interested in a free informational seminar on short sale procedures.

Bonnie David, broker/owner of Quantum Real Estate, is the presenter. It will be 6-7 p.m. each Thursday at 129 N. Lafayette, downtown South Lyon.

Please call the office at 248-782-7130 or email june.quantum@gmail.com for your reservation or additional information.

THE OBSERVER & ECCENTRIC MORTGAGE MONITOR

	NMLS#		30 Yr.	Pts.	15 Yr.	Pts.
1st Choice Mortgage Lending	138560	(734) 459-0782	3.375	0.125	2.75	0
Accurate Mortgage Solutions	164511	(800) 593-1912	3.5	0	2.75	0
AFI Financial	2431	(810) 588-4424	3.375	0	2.625	0
Ameripius Mortgage Corp.	127931	(248) 740-2323	3.5	0	2.75	0
Dearborn Federal Savings Bank	399721	(313) 565-3100	3.5	0	3	0
Fifth Third Bank	403245	(800) 792-8830	3.625	0	3	0
Gold Star Mortgage	3446	(888) 293-3477	3.75	0	3	0
Gold Star Mortgage	3446	(888) 293-3477	3.5	0.75	2.75	0.75
Group One Mortgage	107716	(248) 282-1602	3.625	0	3	0
Zeal Credit Union	408356	(734) 466-6113	3.75	0.25	3.125	0

Above Information available as of 1/30/15 and subject to change at anytime. Rates are based on a \$200,000 loan with 20% down & credit score of 740 or above. Jumbo rates, specific payment calculation & most current rates available Fridays after 2:00 P.M. at www.rmcreport.com.

All Lenders are Equal Opportunity Lenders. Lenders to participate call (734) 922-3032

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CONTACT US AT:
800-579-7355
www.hometownlife.com
oads@hometownlife.com

DEADLINES:
Fri. at 4 pm for Sunday
Tues. at 3 pm for Thursday

NEWSPAPER POLICY
All advertising published in this Newspaper is subject to the conditions stated in the applicable rate card. (Copies are available from the advertising department: Observer & Eccentric Media, 615 W. Lafayette Blvd., Detroit, MI 48226, 866-887-2737. We reserve the right not to accept an advertiser's order. Our sales representatives have no authority to bind this newspaper & only publication of an advertisement shall constitute final acceptance of the advertiser's order. Advertisers are responsible for reading their ads the first time it appears & reporting any errors immediately. The Newspaper will not issue credit for errors in ads after the FIRST INCORRECT INSERTION. When more than one insertion of the same advertisement is ordered, only the first insertion will be credited. Publishers Notice: All real estate advertising in this newspaper is subject to the Federal Fair Housing Act of 1968 which states that it is illegal to advertise "any preference limitation, or discrimination." This newspaper will not knowingly accept any advertising for real estate which is in violation of the law. Our readers are hereby informed that all dwellings advertised in this newspaper are available on an equal housing opportunity basis. (FR Doc. 724983 3-31-72). Equal Housing Opportunity Statement: We are pledged to the letter & spirit of U.S. policy for the achievement of equal housing opportunity throughout the nation. We encourage & support an affirmative advertising & marketing program in which there are no barriers. DISCLAIMER: All classified ads are subject to the applicable rate card, copies of which are available from our Advertising Dept. All ads are subject to approval before publication. Observer & Eccentric Media reserves the right to edit, refuse, reject, classify or cancel any ad at any time. Errors must be reported in the first day of publication. Observer & Eccentric Media shall not be liable for any loss or expense that results from an error in or omission of an advertisement. No refunds for early cancellation of order.

Position Wanted

Excellent housekeeper 20 year experience, meticulous, honest & dependable with references. free estimates. Call Cinderella 734-772-2627

PERSONALS

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Card of Thanks

Michelle Figley @ ReMAX THANK YOU for being the most helpful, knowledgeable, and professional Realtor we've ever worked with! You went above and beyond and have our most enthusiastic recommendation!
Matt, Mitty, Mike, & Ron

SEEKING: Multi-Media Sales Representative michigan.com

The Observer & Eccentric, part of michigan.com, a Gannett Company, is seeking a Multi-Media Sales Representative for our Milford/Highland/White Lake territory who will be responsible for developing relationships and consulting with clients while providing an opportunity to contribute to the long-term success of a high growth and progressive company. Our ideal candidate will be an innovative, result driven, high energy, creative sales representative with the ability to think strategically and to assist clients by developing strategic, multi-media advertising campaigns.

Must be able to manage multiple priorities, requests, programs and be dedicated to exceptional customer service. Develop new business and grow market share by using a variety of customer centric sales programs and audience solutions. Make solid marketing presentations that sell the value, provide customer centric audience solutions and close the sale.

If you are seeking a position that will allow you to be a strategic seller working with a multi-platform, market leading team in a culture that thrives on creating and executing big ideas that provide solutions to benefit the prosperity of customers, then we encourage you to apply today to join our team!

Requirements:

- Bachelor's Degree in marketing, advertising or equivalent combination of education and experience.
- 3+ years of related experience is required.
- A strong understanding of digital media platforms to include search engine marketing, social media, online display, mobile & other digital solutions.
- Documented record of success in a goal-oriented, highly accountable environment.
- Ability to conduct a needs assessment, identify marketing and advertising solutions for clients, develop proposals and experience in delivering sales presentations.
- Technical proficiency in Microsoft Office especially PowerPoint and Excel.
- Experience with CRM technology, Salesforce.com preferred

This opportunity offers competitive compensation and benefits package including 401(k), health, dental, three weeks paid vacation, and more. If you meet the above criteria, we encourage you to apply for this position at: <http://bit.ly/1vmiEhu>. EOE

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7 ft Christmas Tree, Lit, Middle string out, Garden Views. 248-467-1149

Blu-ray Player. Good Condition (248)349-0076

Auction Sales

ESTATE AUCTION
Sat - Feb. 7th - 7pm
Plymouth Community Center
525 Farmer, Plymouth, MI
Antiques & Collectibles
Furniture, Glassware
Pottery, Musical Items
China, Prints
Tools, Outdoor Items
Cash/MC/Visa
Bank Debit Cards
No Checks
Doors Open 6pm
Joe Carl, Professional Auction Service
734.451.7444
www.jcauctions.com

Estates Sales

LOOK NORTHVILLE - Estate Sale
19326 Old Bridge
Court. Sat. 2/7 & Sun. 2/8
10am-6pm

Garage/Moving Sales

Farmington: 33613
Shiawassee Road, Thursday
Feb. 12-Saturday Feb. 14,
10am-4pm. Furniture, tools,
antiques, household and kitchen items. (517)242-4806

Hospital Medical Equip

ELECTRIC WHEELCHAIR:
Alanta Jr. Compact, 3 pcs take apart, portable, new battery, excellent condition, reduced to \$450/boob
313.543.3336 or 313.515.3330

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CASH PAID or CONSIGNMENT for Vintage, Antique and Other Valuable Items. Single items to storage units to entire estates and estate sales. Professional, courteous, fair, honest, discreet older gentleman. I drive to you. Coins, costume and fine jewelry, knick knacks, military, collections, books, toys, stereos, instruments, ephemera, clothing, Christmas, more. References Richard, BSE, MBA, (248)795-0362 richard.preston48@yahoo.com

Help Wanted - General

SALES ENGINEER

Tier One Automotive Supplier located in the Western Suburbs of Detroit, with a complete support staff is seeking a Sales Engineer to work on new opportunities and increasing our sales with the Automotive Companies.

Our goal is to add business in additional areas not presently covered.

We offer a competitive salary, comprehensive benefit package, paid holidays and vacation.

Please email cover letter with salary requirements and resume to: eresume@hometownlife.com Reference Box 6005

WAREHOUSE Full-Time

Entry level opening for Delivery Driver/Shipping & Receiving. Must have clean driving record. Will Train. Benefits. Daytime hours.
Call: 586-843-2313

Help Wanted - Office Clerical

LEGAL SECRETARY

Full-Time for Farmington Hills insurance defense litigation law firm. Email resume & salary requirements to: Box 6006 eresume@hometownlife.com

LITIGATION SECRETARY

Exp'd. Knowledge of court rules, docketing, e-filing & working in a team environment. Detail oriented, self-motivated with org. coordination & problem solving skills. Strong written/verbal communication skills a must. Email resume: HUMANRESOURCE@trottlaw.com

Payroll Specialist

Full-Time, Exp'd. Michigan Healthcare Professionals. Perform payroll processing accurately & timely. Knowledge & experience of deductions, payroll tax laws, prepare financial payroll reporting, track benefit deductions & payments accurately. Data entry & general math skills experience is req. Exp in working with ADP Payroll Software is preferred but not req. Farmington Hills. Respond with cover letter & resume. dhurren@MHPdoctor.com Visit us at: www.mhpdoctor.com

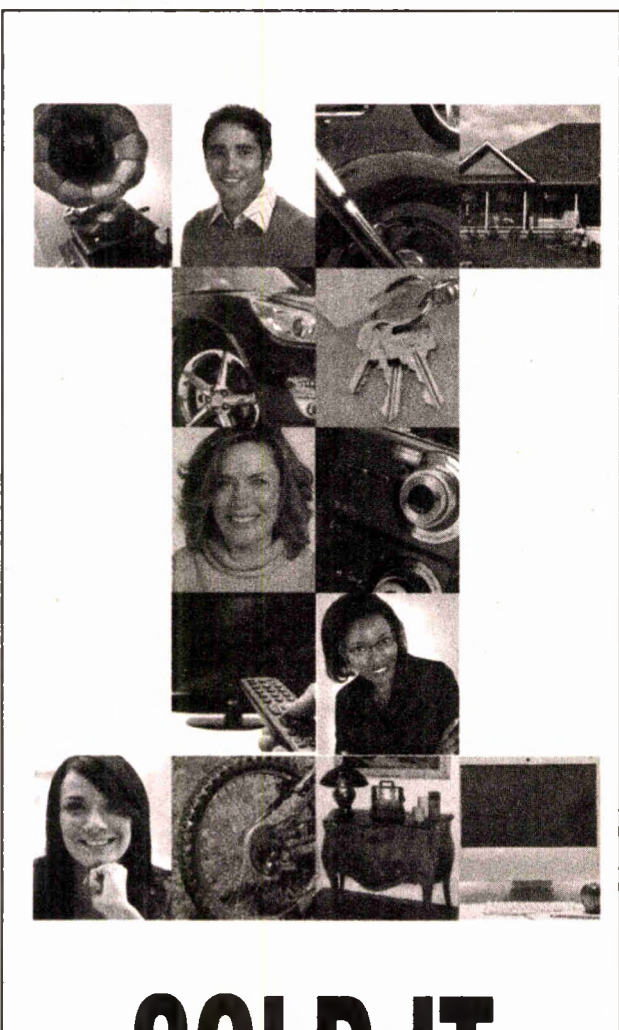
SECRETARY, PT

34 hrs for outpatient clinic in Livonia, (M, W, R: 2:30-8:30p; T: 12:00-8:30p; Alt. Fri. Sat. 8:30-5p). Behavioral health or medical exp desired. Strong customer relations, computer skills. RESUME: jgreec@opgmail.net or fax to: (734) 522-0280

Help Wanted - Dental

DENTAL SURGICAL

Needed with Surgical experience at a high quality specialty practice in Southfield. Excellent salary & excellent working conditions. **CALLS ONLY.** No resumes accepted. Full or part time. Call 248-357-3100



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800-579-7355

HOMES

apartments.com HomeFinder

Apartments For Rent

Farmington Plaza
Spacious 2 bedroom, central air, pool. Heat included with rent. 50% off 2 months rent with approved credit.
Call 248.478.8722

Condos & Townhouses

Plymouth MAYFLOWER COOP
2 bed apt Coop \$505
2 bed apt rent \$710
Call 734-386-0239

Rooms For Rent

REDFORD AREA:
Larger room in clean, peaceful home. Furnished. \$120/wk. Call: (313) 281-8129

JOBS

careerbuilder.com

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Help Wanted - General

COMPUTER ASSISTED TELEPHONE INTERVIEWERS PART-TIME

20 - 40 hrs./wk
PM & Weekends
Must have Computer & Phone experience.
\$10 - \$12 per hour
Resumes by email only:
srca1_lab2012@wayne.edu

Condos

Farmington Hills - Very nice 3br condo in Saratoga Farms with new kit. move-in ready 38198 Saratoga Cir. \$193,000. Mark MSL Realty-Auctions 810-513-5269

Cemetery Lots

1 Cemetery Lot - Section E, Garden of Lawn, Cadillac Memorial, Westland. \$1200. 248-427-9059

SERVICES

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Plaster Repair. All jobs welcomed! Lic/Ins. Free Est. 30 yrs. exp. Mark. 313-363-6738

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• Ext • Plaster/Drywall Repair
• Staining, 25 yrs exp. Free est. 248-349-7499, 734-464-8147

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This energetic, organized, detail-oriented person will be responsible for ensuring all accounts receivable functions are handled properly. Must have experience making collection calls, cash applications, invoicing, researching accounts, supervising others, and month end closing. Experience in the building industry and filling liens is a plus. Please submit your resume with salary requirements to: Human Resources Mgr., 50370 Dennis Ct, Wixom, MI 48393 Or fax to 248-769-6095

AUTOMOTIVE

North Brothers Ford is growing and seeking to hire for openings in a wide range of fields.

North Brothers Ford is hosting the North Brothers Ford Career Night on February 10th at 6:30 PM.

Please bring your resumes and be prepared to discuss your future at North Brothers Ford. Interviews and applications are kept in the strictest of confidence. North Brothers Ford Career Night is on Tuesday, February 10th, 2015 at 6:30 PM at North Brothers Ford located at 33300 Ford Road Westland, MI 48185

DRIVERS

For Non-Emergency Medical Transportation. Full & Part Time. 25 & up Chauffeurs License required. Clean criminal & driving record. Random Drug Testing. Starting pay \$8.50/hr. Email Resume: info@sandtransportation.com or call: 313-897-6200

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Janitorial Company seeks full-time General Maintenance person. Duties: cleaning & building coverage at multiple locations in the Detroit metro area (includes Novi/Wixom, Auburn Hills, Detroit, Canton areas). Must be able to lift 25+ lbs. Will receive gas allowance. \$10/hr for qualified candidate. Hours may vary. Must pass background check & drug screening. We are an EOE. Applicants may complete an online application at: www.usserico.com fax resume to: 248-926-9595

MAINTENANCE TECH

Full-Time, Wixom town home community. Must have 2 yrs. multi-family exp in HVAC, plumbing, electrical, carpentry, snow plow truck driving skills, w/clar driving record, drug test, background check. Benefits for the employee. EOE. Email intro letter, resume & wage request: jobopen0308@aol.com

RENTALS

apartments.com HomeFinder

Apartments For Rent

FARMINGTON HILLS MAPLE RIDGE APTS.
Spacious 1 & 2 bdrms. 2 baths, c/a, \$570-\$660. w/ special. 50% off 1st 3 mos. with approved credit. 248.473.5180

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SNOW SHOVELERS

Canton & Farmington Hills \$9-\$9.50/hr
248-528-1444

Stardock Systems, Inc. seeks a Multimedia Animator (work location: Plymouth, MI) for creating 3D artwork for computer software programs as well as custom artwork and/or desktop customization themes for computer software programs. Req. Bachelor Degree or foreign educ. equiv. & 3 yrs. exp. Send resume, cover letter, job code MASTAR08 to: A. Marshall, Stardock Systems, Inc. 15090 N. Beck Rd. Plymouth, MI 48170

PETS

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Dogs

JAPANESE CHIN AKC. 2 girls 1 boy 7wks, adorable must see. \$500 ea. M/F 231-468-2709 or 231-349-0569



Sports Utility

CHEVY EQUINOX 2011
FWD, 4 dr, 2 LT, heated lthr. seats, ABS, power sunroof, too much to list! \$15,995
BOB JEANNOTTE
BUICK, GMC
734-453-2500

GMC ACADIA 2010
FWD SLT1, Lthr, Bose stereo system, loaded! \$17,995
BOB JEANNOTTE
BUICK, GMC
734-453-2500

GMC TERRAIN 2010
FWD, 4 door, SLE-1, back up camera, privacy glass.
\$11,995
BOB JEANNOTTE
BUICK, GMC
734-453-2500

GMC TERRAIN 2011
FWD, 4 dr, SLE-1, 42K, 1 owner, extra clean! \$14,995
BOB JEANNOTTE
BUICK, GMC
734-453-2500

GMC YUKON 2011
4WD, 4 Dr, 1500 SLT, Leather, Pwr. Sunroof, 3rd Row Seat. \$30,000
BOB JEANNOTTE
BUICK, GMC
734-453-2500

GMC YUKON 2012
4wd, 4 dr, 1500 SLT, leather, heated seats, nav, system, power sunroof. \$31,995
BOB JEANNOTTE
BUICK, GMC
734-453-2500

JEEP LIBERTY 2012
4x4, 4WD, 4dr Spt. 1 owner, 40,000 miles \$17,000
BOB JEANNOTTE
BUICK, GMC
734-453-2500

Sports & Imported

CHEVY AVALANCHE 2011
4WD, LTZ, leather, back-up camera, remote ignition.
\$29,995
BOB JEANNOTTE
BUICK, GMC
734-453-2500

SCION IC 2009
2 dr hatchback, power sunroof, 1 owner, \$15,000
BOB JEANNOTTE
BUICK, GMC
734-453-2500

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Buick

BUICK VERANO 2014
1778 miles, rear camera, crumple zones, steering wheel cont. \$18,995
BOB JEANNOTTE
BUICK, GMC
734-453-2500

BUICK VERANO 2014
Driver info system, Bluetooth, rear view mirror in dash - lots more! \$18,995
BOB JEANNOTTE
BUICK, GMC
734-453-2500

LACROSSE 2010
CXL, 3.0 FWD, leather, heated seats, ABS. \$16,000
BOB JEANNOTTE
BUICK, GMC
734-453-2500

LACROSSE 2012
FWD, Premium 3, Leather, heated seats, power sunroof \$22,995
BOB JEANNOTTE
BUICK, GMC
734-453-2500

REGAL CXL 2011
CXL R1 Russelsheim, 48K, 3rd row seat, 1 owner, \$13,000
BOB JEANNOTTE
BUICK, GMC
734-453-2500

Chevrolet

COBALT 2008
2 dr Coupe Sport, ABS, air Sunroof \$8995
BOB JEANNOTTE
BUICK, GMC
734-453-2500

IMPALA LT 2011
30K, 1 owner, leather, heated seats, power sunroof. \$13,673
BOB JEANNOTTE
BUICK, GMC
734-453-2500

Chrysler-Plymouth

MALIBU 2014
1LT, 22K miles, 1 owner, loaded. Just like new except the price! \$19,995
BOB JEANNOTTE
BUICK, GMC
734-453-2500

TOWN & COUNTRY 2010
4 dr, wagon Touring, 4 wheel ABS, Solar glass, 1 year FREE maintenance (limited time offer), \$13,000
BOB JEANNOTTE
BUICK, GMC
734-453-2500

GMC

GMC TERRAIN 2011
FWD, 4 dr, SLE-1, ABS, Privacy Glass, \$14,995
BOB JEANNOTTE
BUICK, GMC
734-453-2500

Honda

CIVIC 2013
EX-L Auto Sedan w/nav. Leather, moonroof. \$17,995
BOB JEANNOTTE
BUICK, GMC
734-453-2500

Kia

CADILLAC CTS 2009
3.6L V6, AWD, Options galore! \$14,995
BOB JEANNOTTE
BUICK, GMC
734-453-2500

KIA RIO 2013
4 dr sedan, auto Ex, ABS, MP3 player, lots of extras! \$12,995
BOB JEANNOTTE
BUICK, GMC
734-453-2500

Lexus

LEXUS ES 350 2008
4 dr Sedan, Leather, Heated Seats, Loaded! \$17,000
BOB JEANNOTTE
BUICK, GMC
734-453-2500

Pontiac

PONTIAC SOLSTICE 2007
2 dr convertible, RWD, leather. Hurry! This one won't last! \$14,995
BOB JEANNOTTE
BUICK, GMC
734-453-2500

Looking to Buy A New Car? Need to sell the old one first?



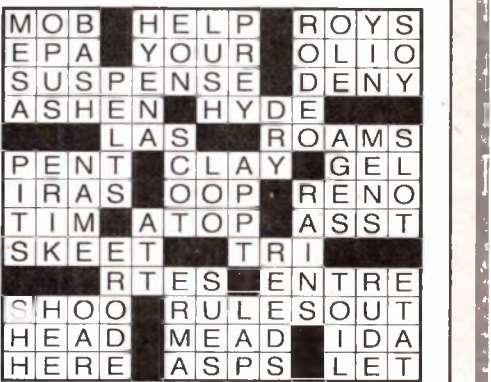
Place an ad with Observer & Eccentric Media, and let the Classifieds Sell it For You!
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Challenging fun for ALL ages
Thursday PUZZLE CORNER

CROSSWORD PUZZLER

- ACROSS**
- 1 Autumn flowers
 - 5 Freshwater catch
 - 9 Bout of overindulgence
 - 12 Creole veggie
 - 13 Found a roost
 - 14 Primeval
 - 15 Bothers
 - 17 Enlists again (hyph.)
 - 19 Ms. Hagen
 - 20 Swerve
 - 21 Tight-knit team
 - 24 Gift tie
 - 27 Receptive
 - 28 Burlap fiber
 - 29 Grounded bird
 - 30 Picture border
 - 31 Stopped a squeak
 - 32 Even so
 - 33 Subzero comment
 - 34 Recedes
 - 35 Toy building block
- DOWN**
- 1 Swab the deck
 - 2 Luau strummer
 - 3 Newlywed title
 - 4 Planet before Uranus
 - 5 Early movie vamp Theda —

Answer to Previous Puzzle



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12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31 32 33 34 35 36 37 38 39 40 41 42 43 44 45 46 47 48 49 50 51 52 53

Want more puzzles? Check out the "Just Right Crossword Puzzles" books at QuillDriverBooks.com

SUDOKU

		6			9			4
	1				3			2
				6				
9	3	2	4					7
					1		9	
						4		
	8	7	3					
6	2	1				3		
		9	2	5				

Level: Intermediate

Here's How It Works:
Sudoku puzzles are formatted as a 9x9 grid, broken down into nine 3x3 boxes. To solve a sudoku, the numbers 1 through 9 must fill each row, column and box. Each number can appear only once in each row, column and box. You can figure out the order in which the numbers will appear by using the numeric clues already provided in the boxes. The more numbers you name, the easier it gets to solve the puzzle!

PET OWNERSHIP WORD SEARCH

WORDS

ADOPTION NUTRITION
BREED PAPERS
CANINE PARASITE
COMPANION PEDIGREE
CRATE PET
DYSPLASIA PUREBRED
EXERCISE QUICK
FELINE REGISTERED
FUR REINFORCEMENT
GENETICS SHELTER
KINDNESS SIRE
LICENSE SOIL
LITTER SUPPLIES
MANGE TRAINING
MITES VACCINATION
NAILS WASTE
NEUTER WHISKERS

CHECK YOUR ANSWERS HERE

Sudoku

9	7	1	8	5	2	6	7	3
5	8	1	4	6	7	2	3	9
6	4	2	9	1	3	7	5	8
8	2	7	4	3	6	5	9	1
3	6	5	2	1	9	7	4	8
1	7	9	5	8	4	2	3	6
5	1	9	2	7	8	6	3	4
2	6	9	3	4	5	8	1	7
4	3	8	1	7	9	6	5	2

Word Search

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Best of all, credit is available.
Look to your local dealer to find a high quality, fuel efficient vehicle. Your dealer knows your market and can help you get financing to meet your needs. If you need a new car, *now is the time.*

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Tractor Owner Operator, make \$4,000-\$5,000 weekly earnings.

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Become a Medical Office Assistant! NO EXPERIENCE NEEDED! Online training can get you job-ready! HS Diploma/GED & PC/Internet needed! 1-877-253-6495 (MICH)

AVIATION

Grads work with JetBlue, Boeing, NASA, others - start here hands-on training for FAA certification. Financial aid if qualified. CALL Aviation Institute of Maintenance 1-877-891-2281 (MICH)

RELIGION CALENDAR

FEBRUARY

ASH WEDNESDAY

Time/Date: 7 p.m. Feb. 18
Location: St. Michael Lutheran Church, 3003 Hannan, Wayne
Details: Worship service
Contact: 734-728-1950

ASH WEDNESDAY

Time/Date: 6 p.m. supper; 7 p.m. worship service, Feb. 18
Location: Lola Park Lutheran Church, 14750 Kinloch, Redford
Details: A free soup and sandwich supper precedes the service
Contact: 313-532-8655 or 734-968-3523

AUCTION

Time/Date: 4 p.m. Sunday, Feb. 15
Location: Hellenic Cultural Center, 36375 Joy, Westland
Details: Concordia Lutheran School's annual auction, Disney Dreams, will include appetizer, dinner, dessert, and beverages. Tickets are \$30 per table or \$270 per table of 10. Buy them at either campus, 20805 Middlebelt, Farmington Hills, 248-474-2488; or 9600 Leverne, Redford, 313-937-2233. Tickets must be purchased in advance by Feb. 9
Contact: Raeann Kusch at 734-432-7777

BREAKFAST

Time/Date: 8:30-11:30 a.m. Sunday, Feb. 15
Location: St. Theodore Social Hall, 8200 N. Wayne Road, Westland
Details: Pancakes, French toast, ham, sausage, scrambled eggs, applesauce, coffee, tea, milk, juice; \$3 for adults and \$1.50 for children, 2-10
Contact: 734-425-4421

DINNER/DANCE

Time/Date: 7-11 p.m. Saturday, Feb. 14
Location: Prince of Peace Lutheran Church, 28000 New Market, Farmington Hills
Details: Catered chicken dinner with dessert bar, music and dancing. \$20 per person. Buy tickets at the church in person or by phone before Feb. 9
Contact: 248-553-3380

CLOTHING COLLECTION

Time/Date: 10:30 a.m. to 12:30 p.m. Sunday, through Feb. 22
Location: Crossroads Church, at the Sacred Heart Conference Center, 29125 Six Mile, Livonia
Details: The church's Winter Survival Gear Drive is accepting men's used work boots, men's new and gently-used white socks, ladies' new and gently-used turtleneck shirts for homeless men and women. Cash donations will be used to buy additional winter survival gear. Send donations to the church at P.O. Box 51083, Livonia, MI 48151-1083. Additional drop-off times can be arranged
Contact: 248-890-5718; info@crossroadsnow.org

GRIEFSHARE

Time/Date: 6 p.m. Sunday, Feb. 22-June 7
Location: Faith Community Wesleyan Church, 14560 Merriman, Livonia
Details: This nondenominational program features Christ-centered Bible-based teaching that focuses on grief topics associated with the death of a loved one. Includes videos that feature grief experts and real-life stories of grieving individuals; support group discussion; and work-based personal study and reflection. Registration fee is \$15, which includes the workbook and other materials
Contact: Rev. Roger Wright at 313-682-7491; griefshare.org

GRIEF SUPPORT

Time/Date: 7-9 p.m. Wednesday, Feb. 25-March 25
Location: St. Michael the Archangel Church, 11441 Hubbard, Livonia
Details: Grieving with Great Hope workshop is for anyone who is mourning the loss of a loved one. Good Mourning Ministry, a local Catholic bereavement organization co-founded by John and Sandy O'Shaughnessy, presents the five-week series
Contact: goodmourningministry.net or St. Michael's at 734-261-1455

LIVONIA CARES

Time/Date: Noon, Monday, Feb. 9
Location: St. Colette Catholic Church activities center, 17600 Newburgh, Livonia
Details: Livonia Cares consists of social service agencies, churches, and Livonia city services that help persons in need. Representatives of various ministries and agencies will share different aspects of their work. There will be a time for questions and discussion. A lunch will be served.
Contact: RSVP to Nancy Ohman at 734-464-4433

MARRIAGE RETREAT

Time/Date: 9 a.m. to 3 p.m. Saturday, Feb. 14
Location: Crossroads Church at the Sacred Heart Conference Center, 29125 Six Mile, Livonia
Details: Cost is \$25 per couple by Feb. 8 or \$30 per couple at the door; \$12.50 per person in advance or \$15 at the door. Lunch provided. Mail a check, payable to Crossroads Church, to P.O. Box 51083 Livonia, MI 48187-1083. Write "marriage retreat" in the memo field
Contact: info@crossroadsnow.org

POMEGRANATE GUILD

Time/Date: 1 p.m. Sunday, Feb. 8
Location: Prentis Apartment Community Room, located on 10 Mile, east of Greenfield, Oak Park
Details: Meredith Goldberg will

lead a workshop on a Star of David fusible applique place mat or table runner. The Pomegranate Guild of Southeastern Michigan studies and creates Judaic needlework
Contact: Judy Galperin at 248-661-5337

WEDDING, COMMITMENT CEREMONIES

Time/Date: 10 a.m. commitment ceremony; 12:30 p.m. wedding, Feb. 14
Location: Unity of Livonia, 28660 Five Mile, Livonia
Details: The church offers a complimentary group wedding and group commitment ceremony on Valentine's Day. Couples must pre-register, and those participating in the wedding ceremony must deliver their license to the church no later than Wednesday, Feb. 11
Contact: 734-421-1760

WIDOWED FRIENDS

Time/Date: 5 p.m. Feb. 11
Location: Corsi's Italian Restaurant, 27910 Seven Mile, Livonia
Details: Widowed persons of all ages may attend a social hour at 5 p.m. followed by a buffet dinner at 6 p.m. Cards, games and conversation follow the dinner. Cost is \$15. Pay at the door with the exact amount but RSVP by Feb. 5.
Contact: Cookie at 248-357-2183 or Chet at 248-459-4316

WORSHIP

Time/Date: 7 p.m. Friday, Feb. 13
Location: In His Presence Ministries, 26500 Grand River Ave., Redford
Details: Praise, worship and music
Contact: 313-533-1956; detroitinhispresence.org

MARCH MISSIONARY OUTREACH CLINIC

Time/Date: 9 a.m.-3:30 p.m. Saturday, March 7
Location: Holy Trinity Lutheran Church, 39020 Five Mile, Livonia
Details: Tracee Swank will share new ideas about witnessing, discipling, and outreach to the community. Cost is \$25 per person. A group rate of \$75 for five or more is available. Register by March 1
Contact: 734-464-0211

ONGOING CLASSES/STUDY

Men's Bible study
Time/Date: Breakfast at 7 a.m. and study at 8 a.m.
Location: Kirby's Coney Island, 21200 Haggerty, Northville Township
Contact: John Shulenberg at 734-464-9491
Our Lady of Loretto
Time/Date: 6:30-7:30 p.m. Monday
Location: Six Mile and Beech Daly, Redford Township
Details: Scripture study
Contact: 313-534-9000

FAITH COMMUNITY WESLEYAN

Time/Date: 4-5 p.m. every Saturday
Location: 14560 Merriman, Livonia
Details: This informal class includes fellowship, discussion and question and answers. All ages welcome. Bibles available if you don't have one
Contact: Pastor Tom Hazelwood at 734-765-5476

CLOTHING BANK

Time/Date: 10 a.m. to 1 p.m. last Saturday of the month
Location: Canton Christian Fellowship, 8775 Ronda Drive, Canton
Details: No documentation needed
Contact: info@cantoncf.org

FAMILY MEAL

Time/Date: 5-6 p.m. every Thursday
Location: Salvation Army, 27500 Shiawassee, Farmington Hills
Details: Free meal
Contact: 248-477-1153, Ext. 12

HEALING SERVICE

Time/Date: Arabic service, 3-4 p.m. first Tuesday of the month; English service, 3-4 p.m. third Tuesday of the month
Location: The Antiochian Orthodox Basilica of Saint Mary, 18100 Merriman, Livonia
Details: The service includes

prayers of petition and intercession, hymns, scripture readings and the anointing of the sick. Olfactory candles are available for a free will offering in the vestibule of the church
Contact: The Rev. George Shalhoub at 734-422-0010 or email Stacey Badeen at sbadeen@tbosm.com

MOMS

Christ Our Savior Lutheran Church
Time/Date: 9:30-11:30 a.m. second Tuesday, September-May
Location: 14175 Farmington Road, Livonia
Details: Mothers of Preschoolers (MOPS) is aimed at mothers of infants through kindergartners
Contact: Ethanie Defoe at 248-227-6617 and Jody Fleszar at 734-658-2463

Dunning Park Bible Chapel

Time/Date: 9:30-11:30 a.m. first and third Tuesdays
Location: 24800 W. Chicago Road, Redford
Details: MOPS is a place where moms can build friendships, receive mothering support, practical help and spiritual hope.
Contact: Amy at 313-937-3084 or Kristen at 734-542-0767

PET-FRIENDLY SERVICE

Time/Date: 1 p.m. Sunday
Location: Dunk N Dogs, 27911 Five Mile, Livonia
Details: All Creatures ULC sponsors the service, which is conducted in an informal setting. Pet blessings are available after the service.
Contact: 313-563-0162

PRAYER

St. Edith Church
Time/Date: 7-8:30 p.m. Thursday
Location: Parish office, 15089 Newburgh, Livonia
Details: Group meets for singing, praying and short teaching. Fellowship with snacks follows
Contact: Parish office at 734-464-1223

St. Michael Lutheran Church

Time/Date: 6-7 a.m. Monday-Friday
Time/Date: 10 a.m. to 2 p.m. Saturday
Location: 7000 N. Sheldon, Canton
Details: Praying silently or aloud together; prayer requests welcomed.
Contact: 734-459-3333 for additional information

SINGLES

Detroit World Outreach
Time/Date: 4-6 p.m. Sunday
Location: 23800 W. Chicago, Redford, Room 304
Details: Divorce Overcomers group is designed for individuals going through divorce, those who are divorced or separated.
Contact: The facilitator at 313-283-8200; lef@dwo.org

First Presbyterian Church

Time/Date: 7-7:15 p.m., social time; 7:30 p.m., announcements; 7:30-8:30 p.m., program; 8:30-9 p.m. ice cream social, Thursdays.
Location: 200 E. Main St., Northville
Details: Single Place Ministry; cost is \$5
Contact: 248-349-0911 or visit www.singleplace.org

Steve's Family Restaurant

Time/Date: 9 a.m. second and fourth Thursday
Location: 15800 Middlebelt, 1/4 mile north of Five Mile, Livonia
Details: Widowed men of all ages may attend the Widowed Friends Men's breakfast. This is an informal "peer" group where men have an opportunity to meet with others.
Contact: 313-534-0399

SONG CIRCLE

Congregation Beth Ahm
Time/Date: Noon to 12:30 p.m. every Shabbat
Location: 5075 W. Maple, West Bloomfield
Details: Sing zemirot (Shabbat songs) and celebrate Kiddush following morning services. Lyrics are provided in translation as well as the original Hebrew.
Contact: 248-737-1931 or email nancyellen879@att.net.

SUPPORT

Apostolic Christian Church
Time/Date: 5 a.m. to 11 p.m. daily
Location: 29667 Wentworth, Livonia
Details: Adult day care program at the church's Woodhaven Retirement Community. Funding available from TSA, AAA 1-C Older Americans Act.
Contact: 734-261-9000; www.woodhaven-retirement.com

Connection Church

Time/Date: 7 p.m. Friday
Location: 3855 Sheldon, Canton
Details: Celebrate Recovery is a Christ-centered recovery for all hurts, habits and hang-ups. Child care is available for free
Contact: Jonathan@Connectionchurch.info or 248-787-5009

Detroit World Outreach

Time/Date: 7-8:30 p.m. Tuesday
Location: 23800 W. Chicago, Redford; Room 202
Details: Addiction No More offers support for addictive behavior problems
Contact: 313-255-2222, Ext. 244

Farmington Hills Baptist Church

Time/Date: 7-9 p.m. second Tuesday of the month except January, July and August
Location: 28301 Middlebelt, between 12 Mile and 13 Mile in Farmington Hills
Details: Western Oakland Parkinson Support Group
Contact: 248-433-1011

Merriman Road Baptist Church

Time/Date: 1-3 p.m. second and fourth Thursday
Location: 2055 Merriman, Garden City
Details: Metro Fibromyalgia support group meets; donations
Contact: www.metrofibrogroup.com; or call Ruthann with questions at 734-981-2519

Fireside Church of God

Time/Date: 8 a.m. to 5:30 p.m. Monday-Friday
Location: 11771 Newburgh, Livonia
Details: Fireside Adult Day Ministry activity-based program for dependent adults, specializing in dementia care. Not a drop-in center
Contact: 734-855-4056 or 734-464-0990; www.firesidechog.org; or email to adm@firesidechog.org

St. Andrew's Episcopal Church

Time/Date: 10 a.m. to noon Saturday
Location: 16360 Hubbard, Livonia
Details: A weekly drop-in Food Cupboard (nonperishable items) is available
Contact: 734-421-8451

St. Thomas a' Becket Church

Time/Date: Weigh-in is 6:15-6:55 p.m.; support group 7 p.m. Thursday
Location: 555 S. Lilley, Canton
Details: Take Off Pounds Sensibly
Contact: Margaret at 734-838-0322

Unity of Livonia

Time/Date: 7 p.m. Thursday
Location: 28660 Five Mile, between Middlebelt and Inkster, Livonia
Details: Overeaters Anonymous
Contact: 248-559-7722; www.aa.org for additional information

Ward Evangelical Presbyterian Church

Time/Date: 6 p.m. dinner (optional); 7 p.m. worship; 8 p.m. small group discussion; 9 p.m. Solid Rock Cafe (optional coffee/ desserts)
Location: 40000 Six Mile, Northville Township
Details: Celebrate Recovery helps men and women find freedom from hurts, habits and hangups (addictive and compulsive behaviors); child care is free.
Contact: Child care, 248-374-7400; www.celebraterecovery.com and www.wardchurch.org/celebrate

Way of Life Christian Church

Time/Date: 2-3:30 p.m. third Saturday from October through May
Location: 9401 General Drive, Lilley Executive Plaza, Suite 100, Plymouth

THRIFT STORE

St. James Presbyterian
Location: 25350 W. Six Mile, Redford
Contact: 313-534-7730 for additional information

Way of Life Christian Church

Time/Date: 10 a.m. Sunday, learning hour is at 9 a.m. for all ages
Location: 30000 Five Mile, west of Middlebelt, Livonia
Contact: Visit www.livonfaith.org

Faith Lutheran Church

Time/Date: 10 a.m. Sunday; learning hour is at 9 a.m. for all ages
Location: 30000 Five Mile, west of Middlebelt, Livonia
Contact: Visit www.livonfaith.org

Faith Community Wesleyan Church

Time/Date: Prayer service, 9 a.m., worship service, 11 a.m., Sunday school, 12:30 p.m., contemporary service, 1:30 p.m., Bible study, 6 p.m., Sundays
Location: 14560 Merriman, Livonia
Contact: pastor Roger Wright at 313-682-7491

Garden City Presbyterian Church

Time/Date: Adult Bible study at 8:15 a.m.; traditional worship service, youth Sunday school and child care at 10 a.m. Refreshments in the church fellowship hall immediately after service. Elevator and handicap parking
Location: Middlebelt, one block south of Ford Road
Contact: 734-421-7620

Good Hope Lutheran Church

Time/Date: 9:30 a.m. Sunday school followed by 10:30 a.m. worship service with Communion each Sunday; Bible study 10 a.m. Wednesday
Location: 28680 Cherry Hill, Garden City
Contact: 734-427-3660

Details: Women's fellowship is designed for women with a question to know God more in their lives.
Contact: 734-637-7618

TOUR

Time/Date: 10:30 a.m. to noon first Sunday of the month
Location: The Solanus Casey Center, a Capuchin ministry, at 1780 Mount Elliott, Detroit
Details: Led by Capuchin friar Larry Webber, the director of the Solanus Casey Center, the tour focuses on the spirituality and holiness of Father Solanus, a humble Capuchin friar credited with miraculous cures and valued for his wise and compassionate counsel. No reservations are needed, although the center requests an advance phone call for groups of five or more. No cost for the tour, although donations are accepted.
Contact: 313-579-2100, Ext. 149; www.solanuscenter.org

WORSHIP

Adat Shalom Synagogue
Time/Date: 6 p.m. Friday; 9 a.m. and 9 p.m. Saturday; 7:30 a.m. and 8:30 a.m. Sunday; and 6 p.m. weekdays
Location: 29901 Middlebelt, Farmington Hills
Contact: 248-851-5100

Bethlehem Lutheran Church

Time/Date: 10 a.m. Sunday service
Location: 35300 W. Eight Mile, Farmington Hills
Contact: pastor Terry Miller at tshelton@mi.rr.com; 248-478-6520

Christ Our Savior Lutheran Church

Time/Date: 8:30 a.m. and 11 a.m. services; 9:45 a.m. Sunday school and youth and adult Bible classes
Location: 14175 Farmington Road, just north of I-96, Livonia
Contact: 734-522-6830

Congregation Bet Chaverim

Time/Date: Services are held 7 p.m. the third Friday of the month
Location: At the shared facilities of Cherry Hill United Methodist Church, 321 S. Ridge, Canton
Details: Reformed Jewish Congregation with Rabbi Peter Gluck and Cantorial soloist Robin Liberatore
Contact: www.Facebook.com/betchaverim or email to betchaverim@yahoo.com

Due Season Christian Church

Time/Date: 10 a.m. Sunday, with 7:15 p.m. Tuesday Bible study
Location: Stevenson High School on Six Mile, west of Farmington Road, in Livonia
Details: Nondenominational, multicultural, full gospel church services.
Contact: 248-960-8063 or visit www.DueSeason.org

Faith Lutheran Church

Time/Date: 10 a.m. Sunday; learning hour is at 9 a.m. for all ages
Location: 30000 Five Mile, west of Middlebelt, Livonia
Contact: Visit www.livonfaith.org

Faith Community Wesleyan Church

Time/Date: Prayer service, 9 a.m., worship service, 11 a.m., Sunday school, 12:30 p.m., contemporary service, 1:30 p.m., Bible study, 6 p.m., Sundays
Location: 14560 Merriman, Livonia
Contact: pastor Roger Wright at 313-682-7491

Garden City Presbyterian Church

Time/Date: Adult Bible study at 8:15 a.m.; traditional worship service, youth Sunday school and child care at 10 a.m. Refreshments in the church fellowship hall immediately after service. Elevator and handicap parking
Location: Middlebelt, one block south of Ford Road
Contact: 734-421-7620

Good Hope Lutheran Church

Time/Date: 9:30 a.m. Sunday school followed by 10:30 a.m. worship service with Communion each Sunday; Bible study 10 a.m. Wednesday
Location: 28680 Cherry Hill, Garden City
Contact: 734-427-3660

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 Deadlines: Friday, 4:00 p.m. for Sunday papers
 Tuesday, 4:00 p.m. for Thursday papers
 Holiday deadlines are subject to change.



COSNER, JOHN D. "JACK"

Age 86. January 28, 2015. Loving husband of the late Millie. Cherished father of Karen (Mike) Steames, Janette (Larry) Cunningham and Deanna (Brian) Molnar. Devoted grandfather of Michael (Meg) Steames, Katie (Chad) Steames, Zachary (Stephanie) Steames, Sarah (Russell) Long, Jessica (Matthew) Marcinski, Brian Molnar, Alexander Molnar and Noah Molnar and great-grandpa of Emily, Dagny and Jackson Osos, and Steven, Jacob, Jayden and Raven Long. Also survived by beloved cousin Elaine. Visitation Saturday 2-8 p.m. and Sunday 9 a.m. until time of service, 1 pm at the Harry J. Will Funeral Home, 37000 Six Mile Rd. in Livonia.
 www.harrywillfuneralhome.com



KOHMESCHER, P. MATTHEW

Age 30 of White Lake, Michigan formerly of Canton passed away at home January 30. Matthew was a 2002 graduate of Plymouth Salem High School, Canton and attended Western University. He was most recently employed by CFI Medical Solutions. Matthew is survived by his loving wife, Lauren and parents, Paul and Susan Kohmescher. He is further survived by in-laws, aunts, uncles, cousins, and many friends, all of whom have provided support throughout his illness. We would like to thank everyone for their support. We are overwhelmed with the extent of their generosity. Close family and friends will be celebrating his life at a private gathering.

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 4 different music styles from classic to modern
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CATHOLIC

ST. ANNE'S ROMAN CATHOLIC

Canton Township resident features Indian culture, immigrants in new film

By Sharon Dargay
Staff Writer

When Arifa Javed began teaching college-level sociology 18 years ago, she found ample written and visual material on European immigrants.

But when it came to newer immigrants, specifically those from India, like herself, Javed's searches came up empty.

"You can't talk about American society without addressing immigration," said Javed, a Canton resident who taught at Wayne State University and is now a professor at the University of Michigan-Dearborn.

"My students would rely on me as a representative. Yeah, I'm a representative, but not for 1.2 billion people."

The lack of information fueled her desire to create a film that would focus on the Indian immigrant experience, and share Indian culture, not just with her students, but with the general public, as well. Javed's interest in film also was motivated by her son's and her daughter's experiences in school.

"When my children started school here in September 1995, they went to a private school and were the only Indian kids there at the time," she said. "They would be asked what nationality they were. They'd say, Indian. And the teacher would say, what tribe?"

What started as "a dream" for a newly-arrived immigrant nearly two decades ago, has turned into an independent documentary, now just starting to make the rounds of the film festival circuit.

Essential Arrival: Michigan's Indian Immigrants in the 21st Century premiered in November 2014 at the East Lansing International Film Festival in 2014 and was shown at the Indian Cine-14 Film Festival last year.

It will screen at 2 p.m. Saturday, Feb. 7, at the University of Michigan-Dearborn, 1500 Social Sciences Building, 4901 Evergreen, Dearborn. Tickets are \$7.50 in advance and \$10 at the door. For tickets, call 248-848-9306 or 734-578-5460.

Dream into reality

Javed taught at the college level in New Delhi, before she, her husband and two children, then ages 8 and 9, left India to "explore America" as immigrants. They settled in Michi-



Arifa Javed of Canton, film producer, watches as Merajur Rahman Baruah, director, handles the camera during filming of "Essential Arrival," a documentary about the Indian immigrant population in Michigan.

gan to be near family. Her husband is a social worker; her son is an attorney and her daughter is finishing a psychiatry residency.

"I completed my 25th year of teaching last year," Javed said.

She figured the film would remain a dream, but in 2012 she discovered that a former student, Merajur Rahman Baruah, had numerous independent films to his credit. She asked if he would consider directing her documentary. He obtained a visa, headed to Michigan and hired a local film crew.

"I broke all the rules of financing a film," Javed said. "The first thing they tell you is never tap your retirement account, never go into your own savings. That was the only way I could get it done. I had no track record in making

movies. And as it was, I had already waited two decades to make it."

Javed interviewed experts in law, public policy, sociology and government, as well as Indian immigrants, including politicians, businessmen, doctors, dance instructors, engineers and fitness teachers.

"It was fun. It was exhausting. I was on my feet sometimes 10-12 hours, but at the end of the day it felt rewarding," she said. "Filmmaking was a completely different learning experience. I had to polish my communication skills to fit everyone I was approaching ... not offend them with being too nosy."

She filmed mostly in southeastern Michigan — viewers may recognize shots of a Sikh temple and a Hindu temple, both in Canton — and interviewed individuals who had

established careers in India, are highly educated, but moved to the U.S. because it offered more opportunities.

Re-establishing careers

"One of my experts said Indian immigrants hit the ground running. Seventy-five percent of Indian immigrants have one or more college degrees," she said. "Most people see Indians as successful, but the reason is the tireless, hard work they are used to and the inspiration is, if you work hard, there's light at the end of the tunnel."

She pointed out that professionals, such as doctors who were well-established in India, must "become students again, study hard and prove themselves," as they re-establish medical careers in the U.S.

Although Javed admits that immigration is a "hot button"

issue in America, she said *Essential Arrival* has no political agenda.

"My target was cultural education. It talks about their (immigrants) challenge to establish in a new country, and at the same time it highlights the pluralism concept that American society practices, that allows them to survive and thrive and give back.

"When I talk to immigrants who have been to other countries and then have come here, that is what they tell me, that American pluralism is broader than in other countries in the world."

Javed is an "applied sociologist" and often leads workshops on cultural topics, such as bi-cultural parenting. Visit her website at transculturalbridges.com.

GET OUT! CALENDAR

ANIMALS

DETROIT ZOO

Time/Date: 10 a.m. to 5 p.m. daily
Location: I-696 service drive and Woodward, Royal Oak

Details: Admission is \$14 for adults 15-61, \$10 for senior citizens 62 and older, and for children ages 2-14; children under 2 are free. Parking for cars and vans is \$5. Detroit Zoological Society members get free admission and parking

On television: The Feb. 5 episode of *Morgan Spurlock Inside Man* (9 p.m. Thursday on CNN) visits the Detroit Zoo. Spurlock looks at educational benefits provided to visitors, takes part in the compassionate care of the animals, but also looks at the long-term effects of keeping them in a restrictive environment

Wild Winter Weekend: Celebrate African American history with an African drum lesson, hear stories by Kenyan naturalist and Detroit Zoo education specialist David Gakure, enjoy live entertainment, arts and crafts, games and educational experiences, 11 a.m. to 3 p.m. Saturday-Sunday, Feb. 7-8. Free with zoo admission
Contact: 248-541-5717

ARTS AND CRAFTS

DIRTY SHOW

Time/Date: 7 p.m. to 2 a.m. Thursday-Saturday, Feb. 12-14 and Friday-Saturday, Feb. 20-21

Location: Russell Industrial Center, 1600 Clay Ave. Detroit

Details: Exhibit of erotic art, with an appearance by John Waters at 8 p.m. Thursday, Feb. 12. Tickets are \$30 general admission, \$45 seated, \$75 VIP
Contact: dirtyshow.org

GALLERY@VT

Time/Date: 10 a.m. to 2 p.m. Monday-Friday and during public events, through Feb. 28

Location: Village Theater at Cherry Hill, 50400 Cherry Hill Road, Canton

Details: Art work and essays on Martin Luther King, Jr., by students in the P-CEP Arts Academy
Contact: 734-394-5300; cantonvillage.com



SUBMITTED PHOTOS

Kathleen Murray and her band will perform Feb. 10 at the Blues@the Elks series in Plymouth.

getheater.org

NORTHVILLE ART HOUSE

Time/Date: Noon to 5 p.m. Tuesday-Friday, noon to 4 p.m. Saturday, Feb. 6-27

Location: 215 W. Cady, Northville
Details: Ninth annual Member Exhibition features more than 70 works of art in all media. Opening reception, 6-9 p.m. Feb. 6
Contact: 248-344-0497

COMEDY

EMERGENT ARTS

Time/Date: 9 p.m. Friday, Feb. 13
Location: The Mix Studio Theater, 8 N. Washington Street, Ypsilanti

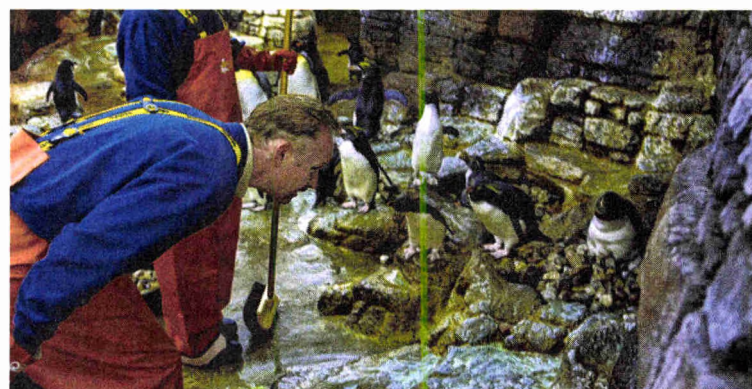
Details: The Laugh Riot Dolls present "Laugh at Love: an Anti-Valentine's Day Show, an all-female cabaret-style comedy show with stand-up comedy. The show also will feature the barbershop boogie-woogie sounds of The Little Dollies. All seats \$10
Contact: 734-985-0875; www.emergentarts.com

JOEY'S COMEDY CLUB

Time/Date: 8 p.m. Thursday, Feb. 5; 8 p.m. and 10:30 p.m. Friday-Saturday, Feb. 6-7

Location: 36071 Plymouth Road, Livonia

Details: Luke Ashlocke; tickets are \$12



Filmmaker Morgan Spurlock meets penguins at the Detroit Zoo. His visit to the zoo is featured in an episode of "Morgan Spurlock Inside Man." It airs at 9 p.m. Thursday, Feb. 5, on CNN.

DANCE

BARN DANCE

Time/Date: 6-7 p.m. and 8-9:30 p.m. Saturday, Feb. 7

Location: The farm at Kensington Metropark, 4570 Huron River Parkway, Milford

Details: Early barn dance is for daughters and their fathers; later dance is for families. Tickets are \$8 in advance or \$10 at the door. A square dance caller will walk dancers through the basics. A Metroparks vehicle entry permit is required to access the park. Cost is \$7 daily, \$30 annually or \$20 annually for seniors
Contact: 810-227-8910

WAYNE STATE UNIVERSITY

Time/Date: 7 p.m. Feb. 14, 2 p.m. Feb. 15

Location: Allesee Dance Theatre, third floor, room 3317, Old Main, 4841 Cass at Warren Ave., Detroit

Details: See a performance of African dance and drumming by To Sangana, browse an African bazaar at 5 p.m. Saturday and noon Sunday, sample classes in African dance and drumming. Tickets are \$12 general admission; \$8 for students and seniors. Buy them at wsushows.com or at the Hillberry Box Office, 4743 Cass, Detroit. A limited number of tickets will; be available at the door for \$15

Contact: 313-577-2972

FILM

MAPLE THEATRE

Time/Date: 7:30 p.m. Saturday, Feb. 21
Location: The Maple Theater, 4135 Maple, just west of Telegraph, Bloomfield Hills

Details: Hosted by the Armenian Genocide Centennial Committee of Metro Detroit, the event includes screening of *Orphans of the Genocide*, an appearance by Bared Maronian, film director, discussion and a brief introduction of the film, *Women of 1915*. Free

Contact: 248-750-1030

PENN THEATRE

Time/Date: 7 p.m. Friday, Feb. 6, and Thursday, Feb. 12; 4 p.m. and 7 p.m. Saturday-Sunday, Feb. 7-8

Location: 760 Penniman, Plymouth

Details: *Unbroken*; admission \$3

Contact: 734-453-0870; www.penn-theatre.com

REDFORD THEATRE

Time/Date: 8 p.m. Feb. 6 and 2 p.m. and 8 p.m. Feb. 7

Location: 17360 Lahser, just north of Grand River Avenue in Detroit

Details: Alfred Hitchcock's *Spellbound*; \$5
Contact: 313-898-1481

HISTORY

KELSEY MUSEUM

Time/Date: 9 a.m. to 4 p.m. Tuesday-Friday, and 1-4 p.m. Saturday-Sunday, Feb. 6-May 3

Location: 434 State St., Ann Arbor

Details: "Death Dogs: The Jackal Gods of Ancient Egypt," will explore the mysterious ancient Egyptian jackal-headed gods associated with death and the afterlife. The exhibition will feature approximately 40 artifacts, some never before displayed and many coming from University of Michigan excavations in Egypt, along with archival photographs and explanatory photo-graphs. The exhibit opens at 6 p.m. Feb. 6 with a lecture by T.G. Wilfong, Kelsey Museum Curator. A reception follows.
Contact: 734-764-9304

MAKE MEALS THAT REDUCE RISK OF HEART ATTACK, STROKE



CHICKEN POT PIE

Serves 8
Note: This filling for the pie can be made a day or so in advance. Feel free to put an egg wash (one egg whisked with a tablespoon of water) on the finished pastry before baking if you prefer a sheen on your crust. This version of pot-pie is loaded with vegetables, gets rid of the cream or milk usually called for in other recipes, and the crust is trans-fat-free.

For the chicken:
2 tablespoons olive oil
6 cloves crushed garlic
1 tablespoon picked thyme leaves or 1 teaspoon dried
1 tablespoon chopped fresh oregano or 1 teaspoon dried
1 tablespoon chopped fresh tarragon or 1 teaspoon dried
1 bay leaf
1 teaspoon turmeric
2 teaspoons salt-free all-purpose seasoning
1 teaspoon ground black pepper
½ teaspoon salt
2 cups frozen pearl onions, thawed
1 cup carrots, peeled and cut into 1-inch cubes
1 cup celery, cut into 1-inch pieces
1 cup shiitake mushrooms, sliced ½-inch thick
1 cup crimini or button mushrooms, quartered
4 tablespoons flour
¼ cup Pernod (optional)
3 cups low-sodium chicken stock
1 pound skinless, boneless chicken breast, cut into 2-inch cubes
1 cup frozen sweet peas, thawed
½ cup chopped parsley
For the crust:
1 and ¼ cups flour
½ teaspoon salt (optional)
½ cup trans fat free margarine spread
3 tablespoons ice water

Prepare the chicken. In a large sauté pan over medium-high heat, heat the olive oil until hot. Stir in the garlic, thyme, oregano, tarragon, bay leaf, turmeric, salt-free all-purpose seasoning, pepper, salt and sauté for one minute. Add the onions, carrots, celery, and mushrooms and sauté for two minutes. Stir in the flour and coat the vegetables well. Add the Pernod, if using, and chicken stock and stir to blend well. Allow the mixture to come to a simmer. Stir in the chicken and simmer for five minutes. Stir in the peas and parsley. Remove from heat and pour the mixture into a 3-quart oval casserole. Cover loosely with foil and set aside. Preheat the oven to 375F. Line a rimmed baking sheet with foil and set aside. To make the crust, placed the flour (and salt, if using) in a medium-sized bowl and add the margarine spread, cut into in 1-inch pieces. Cut the margarine spread into the flour with a fork or pastry cutter (this can all be done in a food processor) until crumbly. Avoid over-working the dough. Add the ice water and mix (pulse in a food processor) until the dough just comes together. Roll the dough between two pieces of film wrap until it matches the size of the casserole. (Hold the dish above the dough to check for correct size.) Peel off the top layer of wrap and bring the casserole next to the dough. Lift the dough by the bottom wrap and use it to help invert the crust onto the casserole. Trim the outside edges of the crust and gently press the dough so that it fits perfectly around the inside perimeter of the casserole dough. Cut eight, evenly spaced 1-inch vents in the dough as demarcations of portions and to release steam while baking. Place the casserole on the foil-lined baking sheet and bake until the crust is golden brown and the juices are bubbling, about 45 minutes. Let the casserole rest for ten minutes before serving. Serve the pie in a soup plate over a small mound of mashed potatoes.

Nutritional Analysis per serving: Calories 295; total fat 9.0 g; saturated fat 0.5 g; polyunsaturated fat 1.5 g; mono-unsaturated fat 5.0 g; trans fat 0.0; cholesterol 33 mg; sodium 493 mg; carbohydrates 33 g; fiber 3 g; sugars 4 g; protein 19 g.

Dietary exchanges: 2 lean meat, 1 ½ starch, 2 vegetable, ½ fat

This recipe is brought to you by the American Heart Association's Face The Fats program. Recipe copyright © 2007 by the American Heart Association. Look for other delicious recipes in American Heart Association cookbooks, available from booksellers everywhere.

Don a red apron and cook your way to a healthier heart.

The American Heart Association's Go Red For Women campaign kicks off Friday, Feb. 6, with National Wear Red Day. The Association, which also celebrates American Heart Month in February, encourages everyone to wear red to help raise awareness of women and heart disease. According to the organization, one in three women die of heart disease and stroke, although 80 percent of cardiac and stroke events can be prevented by making lifestyle changes.

Women can reduce their risk of heart disease and stroke by reducing blood sugar and stress, managing their weight, engaging in physical activities and exercise, avoiding tobacco smoke, knowing which fats raise cholesterol and which don't, and cooking heart-healthy meals.

These recipes from the American Heart Association will get you on the road to healthier eating. Find more recipes, information on portion control

and a printable daily food diary from GoRedForWomen.org.

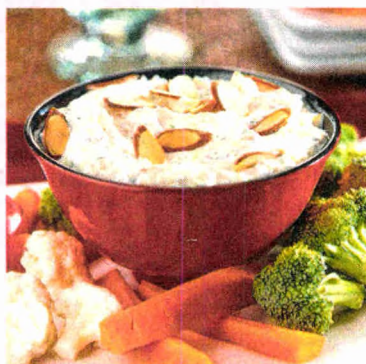
If you're looking for an activity to help exercise away a few calories, try these Go Red For Women events:

» Take a free Zumba class, 6:30-8:30 p.m. Thursday, Feb. 19, at the Arab American National Museum, 13624 Michigan Ave., Dearborn.

» Take free classes on Feb. 13 at Pure Ryde+Pilates, 7001 Orchard Lake Road, Suite 432, West Bloomfield. Try a Floor Core & More class at 7 a.m.; PureRyde+Pilates at 8:30 a.m. or 10:30 a.m.; Barre Intensity at 9:30 a.m.; Pure Beginner Reformer at 9:30 a.m.; or Barre Intensity Express at 11:30 a.m. Sign up at 248-862-2200.

» Learn several varieties of group dances, such as the hustle, and dance the night away at "2015 Hustle Your Heart Out, 7-11:30 p.m. Feb. 6 at the student center at Eastern Michigan University, Ypsilanti. For more information call Ebony L. Walls at 734-487-4708; ewalls@emich.edu.

— By Sharon Dargay



COOL CUCUMBER DIP

Serves 8; 2 tablespoons per serving

Crushed toasted almonds provide crunch, and the just-right seasoning blend adds zing to this unusual dip. It's convenient and stress-free for parties—you can make it up to four days in advance and serve it with colorful pre-cut vegetables.

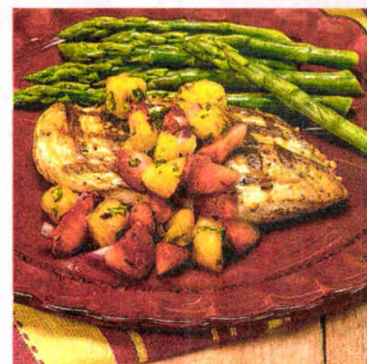
¾ cup plus 1 tablespoon sliced almonds
¾ cup fat-free sour cream
¼ medium cucumber, peeled, seeded, and coarsely chopped (about ½ cup)
2 medium green onions, cut into ½-inch pieces
2 teaspoons red wine vinegar
1 teaspoon salt-free extra-spicy seasoning blend
In a medium skillet, dry-roast the almonds over medium-heat for 3 to 4 minutes, or until golden brown, stirring occasionally. Put 1 tablespoon almonds in a small bowl. Set aside to use as a garnish.

In a food processor or blender, process the remaining almonds for 3 to 5 seconds, or until coarsely crushed (¼-inch irregular pieces). Transfer to a medium serving bowl. Process the remaining ingredients until the desired consistency, 5 to 10 seconds if you prefer a chunky texture, 15 to 20 seconds for smooth. Stir into the crushed almonds. To serve, sprinkle with the reserved almonds.

Cook's Tip: For a decorative presentation, peel a medium cucumber in lengthwise strips about ¼ inch wide and ½ inch apart, leaving ½-inch strips of peel intact. Cut the cucumber crosswise into ¾-inch slices. Using a melon baller or the tip of a small spoon, partially hollow out the slices, making little cups with enough of one end intact to hold the filling in place. Spoon the filling into the cups.

Nutritional analysis per serving: Calories 47; total fat 2.0 g; saturated fat 0.0 g; trans fat 0.0 g; polyunsaturated fat 0.5 g; monounsaturated fat 1.0 g; cholesterol 4 mg; sodium 20 mg; carbohydrates 5 g; fiber 1 g; sugars 2 g; protein 2 g
Dietary exchanges: ½ carbohydrate

This recipe is brought to you by the American Heart Association's Go Red For Women movement. Recipe copyright © 2005 by the American Heart Association. Look for other delicious recipes in American Heart Association cookbooks, available from booksellers everywhere or online at americanheart.org/cook-books.



GRILLED CHICKEN WITH STRAWBERRY AND PINEAPPLE SALSA

Serves 4; 3 ounces chicken and ½ cup salsa per serving

Grilled pineapple and fresh mint and strawberries combine with tangy lemon and a bit of hot pepper flakes to make an interesting salsa for grilled chicken.

1 teaspoon canola or corn oil
Salsa:
2 slices fresh pineapple, each ½ inch thick, patted dry
1 cup whole strawberries (about 5 ounces), diced
¼ cup finely chopped red onion
3 to 4 tablespoons chopped fresh mint leaves
1 to 2 teaspoons sugar
½ teaspoon crushed red pepper flakes
1 medium lemon
Chicken:
4 boneless, skinless chicken breast halves (about 4 ounces each), all visible fat discarded
2 teaspoons salt-free steak seasoning blend
¼ teaspoon salt

Preheat the grill on medium high. Brush a grill pan or grill rack with the oil. Heat the grill pan or rack on the grill for about 2 minutes, or until hot. Grill the pineapple for 2 minutes on each side. Transfer to a cutting board and let cool slightly, about 2 minutes, before chopping.

Meanwhile, in a medium bowl, stir together the remaining salsa ingredients except the lemon. Grate 1 teaspoon lemon zest, reserving the lemon. Stir the zest and chopped pineapple into the strawberry mixture. Set aside.

Sprinkle both sides of the chicken with the seasoning blend and salt. Grill for 5 minutes on each side, or until no longer pink in the center. Transfer to plates. Squeeze the reserved lemon over the chicken. Serve with the salsa on the side.

Nutritional analysis per serving: Calories 191; total fat 3.0 g; saturated fat 0.5 g; trans fat 0.0 g; polyunsaturated fat 0.5 g; monounsaturated fat 1.0 g; cholesterol 66 mg; sodium 223 mg; carbohydrates 14 g; fiber 2 g; sugars 10 g; protein 27 g.
Dietary exchanges: 1 fruit, 3 very lean meat

This recipe is brought to you by the American Heart Association's Face the Fats campaign. Recipe copyright © 2009 by the American Heart Association. Look for other delicious recipes in American Heart Association cookbooks, available from booksellers everywhere, and at delicious-decisions.org.



SWEET AND NUTTY STIR-FRY

Serves 4; 1 ½ cups per serving

When you crave takeout but don't want to load up on saturated fat and sodium, try this quick and crunchy meatless meal-in-one.

4 ounces dried multigrain vermicelli or spaghetti, broken in half
2 teaspoons curry powder
Sauce:
2 tablespoons sugar
2 tablespoons soy sauce (lowest sodium available)
2 tablespoons balsamic vinegar
1 teaspoon cornstarch
¼ teaspoon crushed red pepper flakes
½ cup fresh orange juice
2 teaspoons grated orange zest
Stir fry vegetables:
1 teaspoon canola or corn oil
½ cup thinly sliced onion
2 cups bite-size broccoli florets (about 5 ounces)
1 cup thinly sliced (not shredded) red cabbage
1 cup matchstick-size carrot pieces
½ cup unsalted peanuts, dry-roasted

Prepare the pasta using the package directions, omitting the salt and oil and adding the curry powder. Drain well in a colander.

Meanwhile, in a small saucepan, combine the sauce ingredients except the orange zest, stirring until the cornstarch is completely dissolved. Bring to a boil over medium-high heat and boil for 1 minute. Remove from the heat. Stir in the orange zest. Set aside.

In a large nonstick skillet, heat the oil over medium-high heat, swirling to coat the bottom. Cook the onion for 1 minute. Stir in the broccoli, cabbage, and carrots. Cook for 4 minutes, or until just tender-crisp, stirring frequently.

Transfer the pasta to a serving platter. Top with the broccoli mixture. Pour the sauce over all. Sprinkle with the peanuts.

Cook's Tip: Adding curry powder to the pasta water not only imparts flavor but also provides a bright yellow color.

Nutritional Analysis (per serving): Calories 305; total fat 11.5 g; saturated fat 1.5 g; trans fat 0.0 g; polyunsaturated fat 4.0 g; monounsaturated fat 5.5 g; cholesterol 0 mg; sodium 261 mg; carbohydrates 44 g; fiber 7 g; sugars 14 g; protein 12 g.
Dietary exchanges: 2 ½ starch, 1 vegetable, ½ very lean meat, 1 ½ fat
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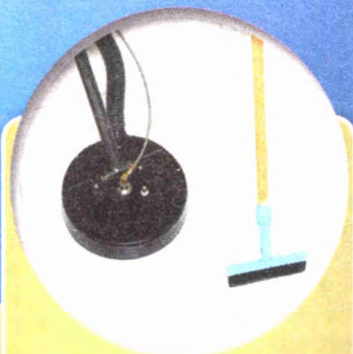
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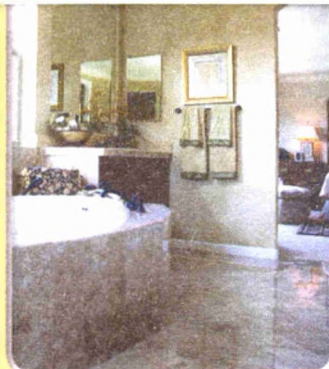
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'The Hour Lift' or mini-facelift now most popular cosmetic procedure

"I only charge \$2,900 because I want looking young to be affordable to everyone."

Dr. Eric Seiger

BY SALLY RUMMEL

She eats right, she works out and takes care of herself every day. She wants her face to reflect this same youthful vitality that the rest of her body shows.



A patient is prepped for a mini-facelift at the Skin & Vein Center in Fenton. Dr. Eric Seiger is assisted by nurse Amy Sowers and Dr. Kate Johnson.

That's why one local 69-year-old woman, who asked to remain anonymous, is in the pre-op area of the Skin and Vein Center in Fenton for "The Hour Lift," a mini-facelift procedure that's becoming more and more popular.

"We've been doing these for about 15 years, but they've become much more mainstream now since makeover shows on TV began to glamorize them about 10 years ago," said Dr. Eric Seiger, board certified dermatologist and cosmetic surgeon. "It's not a 'taboo' thing anymore."

Dr. Seiger estimates he has done between 2,500 and 3,000 of these procedures, on women as young as 24 and for a couple who was each 86 years old. "I'd say the median age for

this surgery is about 58, and 95 percent of my patients are women. The results will last between five and 10 years, depending upon the patient."

The difference between The Hour Lift and a regular facelift is that The Hour Lift involves cutting the skin and tightening the facial muscles, rather than moving the facial muscles. The areas primarily improved by a facelift are the jowls, cheeks and neck. There's a huge difference in recovery time and price. "It's the difference between a three-day recovery and a two-week commitment," said Dr. Seiger.

The price is also a huge factor in a person's decision to undergo this procedure. A full facelift will cost between \$6,000 and \$15,000 -



depending upon the scope of the procedure. I only charge \$2,900 because I want looking young to be affordable to everyone. These are elective cosmetic procedures and are not covered by insurance.

"The number one thing that patients say to me is, 'I don't want to look 20 years old again. I just want to look in the mirror and be able to look as

good as I feel inside. I want to feel refreshed," said Dr. Seiger.

For the 69-year-old patient who was waiting for her procedure, The Hour Lift was not only for her own self-esteem, but also for her success in the business world. "A youthful appearance validates your professionalism," she said. "This is how we get measured for our success."

Thinking about having 'The Hour Lift'?

Here's what to expect:

Q: What happens before the procedure?

A: Prior to surgery, you may be given a medication to help you relax. Local anesthesia is then administered to minimize discomfort.

Q: How long does the procedure take?

A: One to 1 1/2 hours.

Q: What actually happens during the "One Hour Lift"?

A: Dr. Seiger makes a short incision and gently lifts the tissue under the skin, removing the excess skin and tightening the muscles. He then drapes the overlying skin, leaving the patient wrinkle-free with a firm, more youthful jaw line.

Q: What can I expect during recovery?

A: Post surgery, patients wear an ice-containing head garment for 24-48 hours. They are likely able to shampoo and wear make-up the day after surgery. Sutures will be removed in six to eight days, resuming normal activities within three days.

Q: Does it hurt? Will I bruise or swell?

A: Approximately 85 percent of patients experience no bruising. There is minimal pain, controlled with oral medication.

Q: How long will the results last?

A: Look five to 10 years younger, with results lasting usually five to 10 years.

Q: Can I talk to anyone who has had the procedure?

A: The Skin and Vein Center can arrange for a contact with someone who has had the procedure and agrees to speak to prospective patients.

Q: Can I travel to one of your locations to have this done?

A: Absolutely! People come in from all over the state and country. Expect to spend one night locally after the procedure and you will need someone to accompany you.

Source: skinandvein.com



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HAPPY BIRTHDAY TO MOM AND CHILD

Each year on my son's birthday, it always brings me back to that moment. "It's a boy!" they said. They flashed him over me for a second and – POOF! – they were gone.

"But wait," I exclaimed. "I didn't see him!" My pleas were ignored as they whisked him off to clean him up. I was still wired up and strapped to the table, as they had to sew me up from my C-section, trying to lift my head up to see what was going on. But to no avail, all I could see were blue scrubs and bright white lights.

I was sent to recovery and I still couldn't see my son. First, they said my epidural had to wear off. Once I could wiggle my toes, they moved me to yet another recovery room. Family was in and out, showing me pictures of my newborn, huge smiles on their faces, congratulations all around.

I thought I was going to lose my mind, yet they wouldn't let me hold



**Barbara
Deyo**

him. Even though I had not physically touched my baby yet, my maternal instincts were on fire. Finally, they explained that my blood pressure needed to come down first. It was 190/104. I had no idea at the time what that meant. I was

fine, I insisted, I was just anxious to see my baby.

I later learned that I was at risk for a heart attack, stroke or even death. Childbirth is no joke. I was a high-risk pregnancy with a history of female issues and multiple previous surgeries, resulting in a "wall of scar tissue" according to my ob/gyn.

It took 20 minutes to get my little – er, big – guy out. He was 8 pounds, 13 ounces of solid future linebacker.

Finally after five hours, I was able to

woman

OBSERVER & ECCENTRIC
NEWSPAPERS

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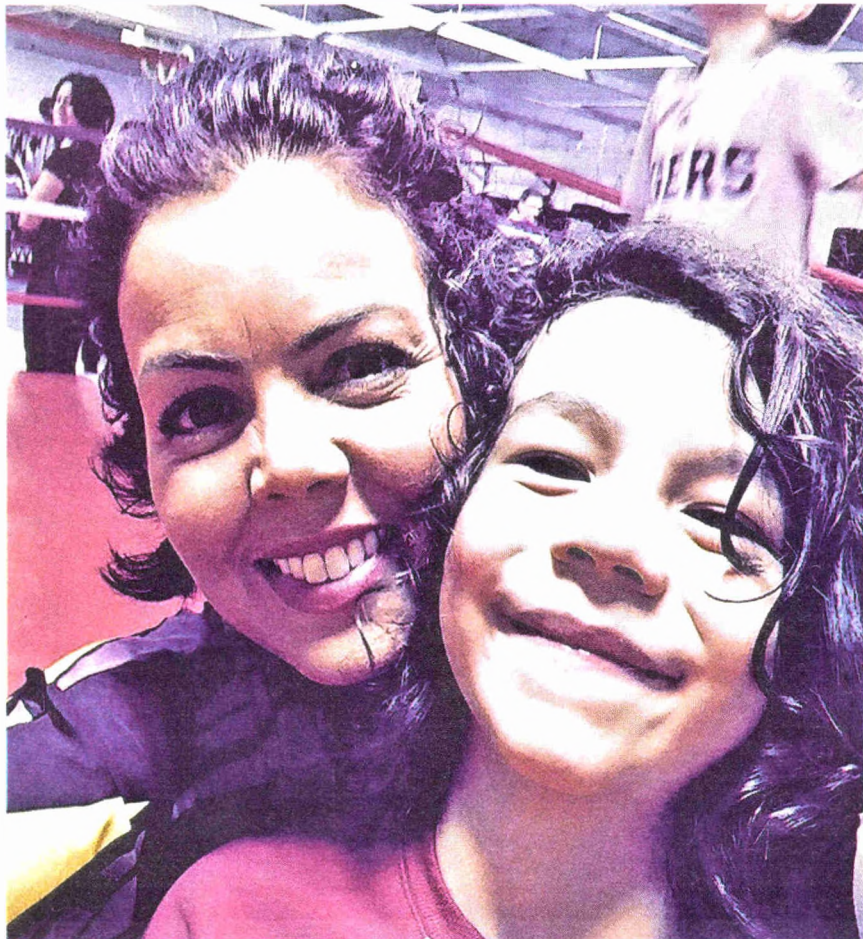
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Birthday buddies: Barbara Deyo and son Quin, 7, celebrate.

hold my sweet Quin. In an instant, tears flooded my eyes and an overwhelming love I didn't even know existed washed over me. A flood of memories also flashed before me. Slightly horrified, I looked at my mom and said, "I am so sorry for everything I have ever done – I didn't know." Of course, as a mother, she knew exactly what I meant and simply said, "It's OK."

And in that moment, my mother and I formed a new bond. I finally knew what she meant all those times she said to me, "When you are a mother, you will understand." And I did.

I write this on the heels of my son's seventh birthday, which was Jan. 18. We had a big party with 30 of his friends – about 50 people in all – at The Boxing Rink. As I watched Mike entertain the kids with ease and Quin look up at his "hero" with complete admiration, I am reminded of how blessed I am to have this wonderful, loving life.

The evening before the party, I found myself thinking about what I was doing the night before Quin was born. Unfortunately it was not the best of memories, as I was, at that time, in an abusive relationship with his biological

father and I was scrubbing the bathtub because he "asked me to." It's not a time I care to think about.

But this morning, I woke up to my beautiful child coming to snuggle with me, saying "I love you so much mommy. You are the best mom in the whole wide world. And I'm not lying."

And that's what makes it worth it. The 40 weeks of pregnancy with an aching back, swelled ankles and constant heartburn. Followed by sleepless nights, loads of laundry, brain fog and being in "mom mode" – probably forever. But I wouldn't change it for the world.

It's not only Quin's birthday, but it's mine, too: seven years since I became "mommy." Happy birthday to us.

Barbara Deyo, owner of Deyo Studio for face and body is an internationally acclaimed makeup artist, having groomed the faces of Paul McCartney, Bob Seger, Kerrie Washington, Shaun Robinson, Erin Cummings and many more. Deyo has been named Best of the Best by Allure, BRIDES, Hour, Real Detroit and WDIV. Deyo Studio is located at 576 N. Old Woodward Ave., 2nd floor in Birmingham. Contact her at 248-203-1222 or visit www.deyostudio.com.

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If you earned \$60,000 or less – and 70 percent of us do – you are eligible for Free File's brand-name software. If you made more than \$60,000, you still have a free option in Free File Fillable Forms. This is the electronic version of IRS paper forms. It's pretty basic, so this program is best for people comfortable doing their own taxes.

Free File's software programs will help you find the tax benefits you are due, help pick the right tax forms and do the math for you. This year, Free File also helps you complete information on your return that is related to the Affordable Care Act. When it comes to the health care law, almost everyone will need to do something new when filing a tax return this year. For each month in 2014, you and everyone on your return will need to do one of the following:

- » **Report** health care coverage
- » **Claim** an exemption from coverage
- » **Make** a shared responsibility payment with your tax return

Most people will simply have to check a box to indicate they maintained health care coverage for the entire year.

Free File software will ask all the right questions; you supply the answers. More than 43 million people have used Free File since it started in 2003. They have saved \$1.3 billion in tax preparation fees, simply by doing it themselves. Getting started is easy.

Gather your tax-related documents

Collect the tax materials needed to do your taxes. Here's what you'll need:

- » **A copy** of last year's tax return
- » **Valid Social Security numbers** for yourself, spouse and children
- » **All income statements**, i.e. W-2 forms, from all employers
- » **Interest and dividend** statements,

IRS freefile THE HEALTH CARE LAW AND YOUR TAXES
WHAT THE AFFORDABLE CARE ACT (ACA) MEANS FOR YOUR 2014 FEDERAL TAX RETURN

Almost everyone will need to do something new when filing a tax return this year. For each month in 2014, everyone must:

- A** Report Health Care Coverage
- B** Claim An Exemption From Coverage
- C** Make A Shared Responsibility Payment With Your Tax Return

TIP
Get help with free tax prep software through IRS Free File or from volunteer tax preparers at 12,000 locations nationwide.

HEALTH CARE LAW

Everyone needs to understand how the health care law affects tax returns. You will need to complete one of the following steps and using Free File, brand-name software makes it easier for you.

Reporting health care coverage

If you and everyone on your tax return had health care coverage for all of 2014, simply check the "full year coverage" box when completing your return in the Free File software. For most people, that's it!

Claiming a coverage exemption

If you did not have health care coverage for all or part of 2014, you may qualify for a coverage exemption. Free File will help you complete Form 8965 and file it with your tax return.

i.e. 1099 forms

- » **Form 1099-G** showing any state refunds
- » **Unemployment** compensation amount
- » **Form 1095-A**, Health Insurance Marketplace Statement, if you purchased coverage from a Health Insurance Marketplace
- » **Records** of your own and your family members' health care insurance coverage, including employer provided,

Making a shared responsibility payment

If you or your dependents had neither health care coverage nor an exemption, you may need to make a payment with your tax return. Free File will help you calculate your payment and report it on your tax return.

About the premium tax credit

If you or anyone on your return purchased insurance coverage from the Marketplace, you may be eligible for the premium tax credit. If you chose to have advance payments of the premium tax credit sent to your insurer in 2014, you must reconcile or compare the advance credit payments with the actual premium tax credit you are allowed to claim on your return.

government, Marketplace or private coverage

Choose a brand-name software product

Once you've gathered your materials, go to IRS.gov/freefile to review the 14 company offerings. Each company sets its own criteria, usually based on age, income or state residency. You can either use a "help me" tool that will match software with your situation or you can re-

view each of the company offerings. Most companies also offer state returns, some for free.

Again, if your income was higher and you are comfortable preparing your own taxes, Free File Fillable Forms may be right for you.

Find tax credits

Then, let Free File do the hard work for you. Free File software can guide you through finding tax breaks and help you receive a more accurate refund. Some people may not even be aware that they qualify for a tax credit.

For example, the IRS estimates that one out of every five taxpayers eligible for the Earned Income Tax Credit, a refundable credit for taxpayers with moderate income, fail to claim it.

If you or anyone on your return purchased health care coverage from the Health Insurance Marketplace, you may qualify for the premium tax credit. If you chose to have advance payments of the premium tax credit sent to your insurance provider in 2014, you must file a tax return. You must reconcile, or compare, the advance credit payments with the actual premium tax credit you are allowed to claim on your return. Learn more at IRS.gov/aca.

Get your refund faster

Once you've completed your return, you can also print a copy and e-file your federal taxes, absolutely free. With electronic filing, you will receive a confirmation within minutes that the IRS has accepted your return. Or, if it's not accepted, you can easily find out why. E-file helps make your tax return even more accurate, which means a quicker refund. To get your refund even faster, combine e-file with direct deposit.

The Free File software – designed to provide a fast, safe and free filing option – is available online 24/7, giving you the freedom to choose when and how you do your taxes.

– Courtesy of Family Features

SHOW YOUR HEART SOME LOVE

Wellness tips for body, mind and heart

Each day offers new opportunities to make choices that impact your health and overall wellness. Though hectic schedules can cause many of us to let healthy habits fall to the wayside, it is important that we give our bodies the attention and care they deserve.

Consider these small steps to gradually improve your whole body and heart health, which can help you enjoy a happier, longer life:

» **Strike a balance.** Take a simpler approach to the traditional idea of dieting. Balance calories in versus calories out with a combination of good food choices, such as fruits, vegetables and whole grains, and regular exercise, such as walking or hiking. Incorporate low-calorie, naturally fat-free foods into your diet, such as new Dole Red Grapefruit Sunrise Fruit Bowls, which bring all-

natural fruit together with 100-percent juice. They are a great way to start the day or just enjoy as a delicious snack. Grapefruit naturally offers a plentiful source of nutrients, including phosphorus, potassium and vitamins A and C.

» **Watch the middle.** According to the Mayo Clinic, that extra weight you carry around the mid-section can cause serious health problems, including cardiovascular disease, diabetes and certain cancers. Work to keep this common problem area in check by reducing caloric intake and increasing physical activity.

» **Skip the stress.** While a little stress is part of being human, too much can be taxing on the heart. Find activities that engage your mind and naturally relieve stress such as knitting, crafting or working on a puzzle.

» **Dine in the a.m.** Don't let a rushed morning routine get in the way of enjoy-

ing a heart-healthy breakfast. A complete morning meal includes a combination of whole grains, protein and fruits or vegetables. For a convenient, on-the-go option, throw an individually-sealed cup of Dole Red Grapefruit Sunrise in your laptop bag or purse. Each cup contains peak-of-ripeness, wholesome, peeled grapefruit and allows you to enjoy grapefruit all year around. Plus, they're gluten free, contain no GMOs (genetically modified or engineered ingredients) or artificial sweeteners and feature BPA-free packaging.

» **Drink more water.** For your body to function properly, it needs the right



Consider small steps to gradually improve your whole body and heart health.

GETTY IMAGES | ISTOCKPHOTO

amount of hydration. According to the Institute of Medicine, the average required intake for a male is about 13 cups, while a female requires about 9 cups. Switch out sodas and sugary drinks with water to reap its benefits and to shave off extra "empty" calories that may contribute to weight gain.

» **Get routine exams.** A yearly doctor's examination keeps you more informed of your body's ever-changing status and it keeps your health care provider in the loop, too. Educate yourself and understand the import numbers for your heart, including blood pressure, cholesterol and triglycerides.

A happy life starts with the right mindset and a few easy routines. For more ways to boost your body's wellness and healthy snack ideas, go to www.Dole.com.

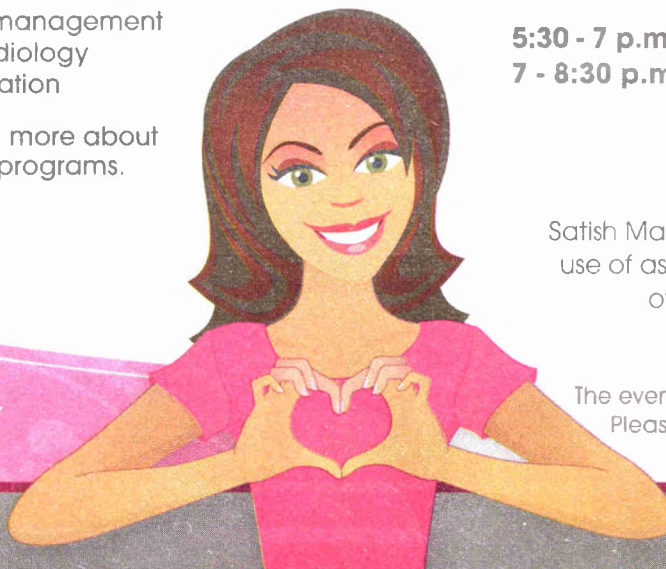
— Courtesy of Family Features



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Women's Health SERVICES

LADIES' NIGHT OUT

Women and Heart: Make Heart Healthy Choices

Thursday, February 19

St. Mary Mercy Livonia
36475 Five Mile Road, Livonia
South Auditorium

5:30 - 7 p.m. - Health Screenings & Massage

7 - 8:30 p.m. - Keynote Speaker

Satish Madiraju, MD

Vascular Medicine and
Endovascular Medicine



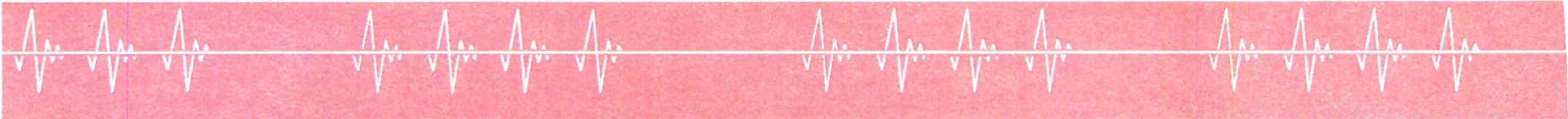
Satish Madiraju, MD

Satish Madiraju, MD will provide recommendations on the use of aspirin and cholesterol lowering medications and offer advice for preventing heart disease.

Prizes - Vendors - Light Refreshments

The event is free, but registration is required. Space is limited. Please call 734-655-1182 or visit stmarymercy.org and click on Classes & Events.

stmarymercy.org



Go red



Janice Cosby Bridges of Northville is 2015 chair of the Detroit Go Red for Women campaign for the American Heart Association.

Northville woman is passionate about her role as chair of Detroit area heart campaign

Stories by Jill Halpin, Contributing Writer

Janice Cosby Bridges is passionate about health and exercise. Not just her own – yours, too.

The Northville resident, 58, knows that taking care of her health by watching what she eats and exercising regularly pays off. She wants to share the message with others that “you are never too old or too young to be concerned about your health. You can always start on a different path. Taking care of yourself does pay off.”

It’s just one reason that Bridges, chief marketing officer for Ascension Health Michigan – parent company of St. John Providence Health System,

among others – is serving as chair of the 2015 Detroit Go Red for Women campaign.

Go Red for Women, an effort by the American Heart Association to raise awareness of the issue of women and heart disease, challenges women to know their risk for heart disease and take action to reduce their personal risk, as well as providing them with the tools they need to lead a heart healthy life.

“Women treat heart disease like it is a man’s disease, but it is the No. 1 killer of women. It kills more women every year than all types of cancer combined,” Bridges said.

The statistics are alarming: Cardio-

vascular diseases cause one in three deaths each year, killing approximately one woman every minute, according to the American Heart Association.

Health has been a concern of Bridges’ since she was a young girl growing up in Louisville, Ky. She was just 11 years old when her mother, only 36, died of cancer.

“I have always been afraid of cancer; always had the thought I would die of cancer ... but when I got serious about my health, imagine my surprise when I discovered I was more likely to die of heart disease,” she said.

See BRIDGES, Page 12



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Terri Davis of Novi had a heart that was functioning at only 26 percent.



Heart health special events

Area hospital systems and health organizations are offering special activities during the month of February to encourage women of all ages to Go Red and educate themselves on the risks of heart disease. Events include:

National Wear Red Day Friday, Feb. 6

Don your favorite red outfit and Go Red to signify the fight against the No. 1 killer in women – heart disease. For more information, go to www.goredforwomen.org.

Health screenings Monday, Feb. 9, 11 a.m. to 2 p.m.

Beaumont Hospital Royal Oak, 3601 W. 13 Mile Road. AED demos and student heart screening information. Event takes place in South Tower, outside entrance of Mackinac Dining Room.

Emagine Benefit Friday, Feb. 13, 7:15 p.m.

Special pre-screening of the movie *Fifty Shades of Grey* to benefit the American Heart Association featuring a cocktail reception at Emagine Entertainment, 200 N. Main Street, Royal Oak. Call 248-414-1000.

Women and Heart: Make Heart Healthy Choices Thursday, Feb. 19, 5:30-8 p.m.

This Ladies Night Out event will include health screenings, massage, prizes, vendors and a presentation by Dr. Satish Madiraju, vascular medicine and endovascular medicine, St. Mary Mercy, 36475 Five Mile Road,

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See TALE, Page 10

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Health up-close and personal: Woman shares story, experts offer advice

miracle for Terri

Something that the old Novi mother is used to is a part of everyday. In the ranks of an estimated 10 million women across the country affected by heart disease, she is not alone. The American Heart Association reports that one in four women over the age of 65 have had a heart attack.

“I have seen me last year, I was like the liveliest woman in the neighborhood,” said her brush with cardiomyopathy – a condition known as congestive heart failure, which doctors thought on by a virus that attacked her heart.

“I had all of the time,” she said. “I could get out of my car to the store without having to catch my breath. I was turning from a trip to the store in December 2013 and noticed her shortness of breath.”

“I noticed her shortness of breath, but I’ve always

had a lot of energy. I’m a singer, a dancer and all of the sudden I could barely walk through the airport,” she said.

Her symptoms, which she attributed to GERD, or gastro esophageal reflux disease, continued over the course of a month before she sought treatment in the emergency room of a local hospital.

“I did have bronchitis, but they also wanted to keep me at the hospital to do a CAT scan and look at my heart,” she said. “I refused the test in part because it was my son’s 14th birthday and I wanted to be home to celebrate it with him. But I could barely breathe. I was so sick.”

It was until she went back for the additional testing – at the insistence of her primary care physician – that she began to find some answers.

The news from her doctors caught her by surprise: Davis was suffering from congestive heart failure. Her heart, physicians told her, was only functioning at 26 percent. As a result, her lungs were filling with blood and other fluids, additionally impacting her ability to

breathe.

Davis said she was stunned when she realized that she was suffering from heart disease.

“I just couldn’t believe I was in that group,” she said. “I didn’t have a heart attack; my heart didn’t stop and yet ... I was lucky. My doctor took my hand and said, ‘Together, you and I are going to fix this.’”

With the addition of four medications to her daily routine and lifestyle changes that include slow and steady weight loss, Davis’ heart is now functioning at 50 percent, a huge improvement that has allowed her to start dancing again.

Recently, she said, “I was in a club with some friends and I just started dancing by myself – just because I was able to – and it felt so good.”

Looking back, Davis said she is hopeful that her story will inspire others to take the time to care for their own heart health.

“Women are always so busy taking care of everyone else that they

TALE

Continued from Page 8

don't pay attention to their own needs. We need to pay more attention to ourselves," she said.

Dr. Sujana Gundlapalli, a cardiologist and director of the Women's Heart Center at St. John Providence in Novi and Southfield, agrees.

"Women always tend to be the ones taking care of others, rather than themselves," Gundlapalli said, adding that what women really need to do is "become an advocate for themselves."

That includes educating themselves about the realities of heart disease, including the fact that heart disease is still the No. 1 killer of women and is more deadly than all forms of cancer combined, according to statistics from the AHA.

Unfortunately, many women are not aware of their risk of developing heart disease. According to the AHA, only one in five American women believes that heart disease – which includes heart attack, stroke, heart failure and more – is her greatest health threat.

Additionally, while 90 percent of women have one or more risk factors for heart disease or stroke, some 80 percent of heart disease and stroke events could be prevented, doctors say.


"Women aren't getting the message; there is no sense of urgency," Gundlapalli said. "We need to raise awareness about the importance of taking care of your heart, in your 20s, 30s and 40s, when it is off the radar. It is all about leading a healthy lifestyle; prevention starts early."

Prevention and education are the focuses of the AHA's Go Red for Women campaign, a movement aimed at reducing the risk of heart disease in women.

Davis said that Go Red for Women was helpful to her as she worked toward getting her health back on track.




The Go Red website at www.goredforwomen.org offers a helpful quiz for assessing risk, in addition to a variety of other helpful tools and tips on heart disease.

One of the best steps toward pre-




What Guidelines Mean to You

New cardiovascular prevention guidelines are helping doctors provide the **best treatment** focused on **four important areas**:

- OBESITY**
 1. Obesity treated like a disease
 2. Weight-loss strategies based on body mass index
 3. Diet, exercise still best bets
- CHOLESTEROL**
 1. Cholesterol "number" no longer main factor in treatment
 2. Overall health status is now main treatment factor
 3. More people may benefit from statins
- LIFESTYLE**
 1. 40 minutes of exercise 3-4 days a week
 2. Eat lots of fruit, veggies
 3. Reduce sodium in diet
- ASSESSMENT OF RISK**

(for heart disease, stroke and other cardiovascular diseases.)

 1. Calculators that assess risk used to start doctor discussions
 2. Risk in African-Americans and risk for stroke calculated for first time
 3. More thorough risk assessments for women

Here's what you need to know about the guidelines, released Nov. 12 by the American Heart Association and American College of Cardiologists:

1. IT ALL STARTS WITH DOCTOR-PATIENT **DISCUSSIONS**.
2. THOSE DISCUSSIONS DRIVE **PERSONALIZED** TREATMENT FOR EACH PATIENT.
3. DOCTORS SHOULD LOOK AT THE **OVERALL** HEALTH OF EACH PATIENT.

The guidelines were written based on years of scientific research to develop the best approaches to preventing heart disease and stroke—the leading causes of death in the world.

Heart.org

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vention, Gundlapalli said, is to know your own risk factors for heart disease, such as a family history of heart disease, diabetes, hypertension, smoking, cholesterol levels and obesity.

The next step, Gundlapalli said, is to begin trying to mitigate your risk by controlling your actions.

"I recommend a Mediterranean-style diet featuring olive oil, fruits, vegetables and nuts, as well as getting 30 minutes of exercise at least five

times a week," she said.

Knowing the signs of a heart attack are equally important, she said, noting that symptoms in women often differ from symptoms typically displayed by men.

In women, symptoms of a heart attack can include:

» Uncomfortable pressure, squeezing, fullness or pain in the center of your chest that lasts more than a few minutes or goes away and comes back.

» Pain or discomfort in one or both arms, the back, neck, jaw or stomach.

» Shortness of breath, with or without chest discomfort.

» Other signs such as breaking out in a cold sweat, nausea or lightheadedness.

"Don't try and diagnose this at home," Gundlapalli said. "Go to the emergency room and have it checked out."

EXAMINE YOUR LIFE INSURANCE NEEDS

If your spouse or significant other died today, what would happen to you financially? Could you pay the bills? Could you stay in your home? Maintain your current lifestyle? Put the children through college?

Whether you are married or single, a parent or without children, life insurance can play a key role in your financial plans. However, a lot of people have no

life insurance coverage whatsoever. Of those who do, many don't have enough. Do you have enough?

Many people obtain life insurance when they first have children or get married and then forget about it, except for when the premium bill comes due. But an

effective financial plan includes re-examining your life insurance needs continually throughout your life to ensure your family and the assets you've accumulated are protected.

Recently, I met with a couple to review their financial plan. When they were first married, 15 years ago, they purchased a \$100,000, 30-year term policy for both of them, which was what they could afford at that time.

Since then, their income has grown to \$350,000 annually. They have a \$250,000 mortgage and three children. What do you think would happen to their family if one of them were to die? Do you think the bills would be paid? Do you think they may have to change their lifestyle? Would they have to sell their home? What about the children's college education? How long do you think that \$100,000 death benefit would last?

How much is enough?

There are a lot of factors that play into how much life insurance you'll need. The amount of life insurance you need depends on factors such as your other sources of income, how many dependents you have, your debts and your lifestyle. Generally, you'll want a policy that will:

- » Replace your net income.
- » Cover any outstanding debts that you owe, such as a mortgage.
- » Fund an emergency account.
- » Cover future tuition bills for your children.
- » Pay for Funeral and/or potential uninsured medical costs.
- » Fund your surviving spouse's retirement nest egg.

Meeting with a financial professional to have a life insurance analysis completed could help you determine how much your family needs.

What type is right for you?

Once you have an idea of the amount of coverage you need, evaluate whether term life or permanent life insurance is more appropriate for you.

Term life is the more basic and less expensive form of life insurance, particularly for people under age 50.

A term policy provides coverage for a predetermined period of time, typically one to 10 years, but policies are also available for longer terms.

Premiums increase at the end of each term and can become prohibitively expensive for older individuals.

Unlike many other policies, term insurance has no cash value and benefits are paid only if you die during the policy's term.

Permanent insurance provides lifelong protection and the ability to accumulate cash value on a tax-deferred basis. Unlike term insurance, a permanent insurance policy will remain in force for as long as you continue to pay your premiums.

Another key characteristic of permanent insurance is a feature known as cash value or cash-surrender value. In fact, permanent insurance is often referred to as cash-value insurance because these types of policies can build cash value over time, as well as provide a death benefit to your beneficiaries.

How much will it cost?

The cost and availability of life insurance depends on such factors as age, current health and type and amount of insurance purchased. Determining the right type and amount of coverage you need is easier said than done. Your financial professional can help you make an accurate assessment of your needs.

I am dedicated to walking you through the steps you need to make to take control of your financial future and prepare you for a secure retirement. Now is the time to start focusing on your finances.

Paula Swain CFP® is a financial consultant at Swain Financial, LLC, 1225 S. Main Street, Plymouth. Contact her at 734-552-7610. Securities offered through LPL Financial, Member FINRA/SIPC. The opinions here are for general information and are not intended to provide specific advice or recommendations for any individual. Please consult with an advisor about your specific situation.



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EVENTS

Continued from Page 9

Livonia. Event takes place in the South Auditorium.

American Heart Association Benefit Friday, Feb. 21, 7 p.m.

Hosted by the World Missions Organization, Inc., this event features comedian Mark Armstrong at Canton's Summit on the Park, 46000 Summit Parkway. Tickets are \$125 and can be purchased via eventbrite.com. Call 313-701-5634 for more information.

Preventing Heart Disease Wednesday, Feb. 25, noon to 1 p.m.

Dr. Syamasundera Zampani will discuss preventing heart disease in North Auditorium in St. Mary Mercy (use north entrance), 36475 Five Mile Road, Livonia.

Heart Health Event Saturday, Feb. 28, noon to 2 p.m.



American Heart Association

life is why™

Garden City Hospital cardiologist Dr. William Nazzaro will speak on the latest guidelines for preventing heart disease, screening information for early detection, how to maintain a healthy heart and common and uncommon indications of a heart attack. This free event, in the East Court at Westland Mall, will also feature a Q&A session, a heart healthy lunch, a non-aerobic exercise demonstration to improve strength and flexibility, giveaways and raffle prizes. Westland Mall is at Wayne and Warren roads in Westland.

—Compiled by Jill Halpin

BRIDGES

Continued from Page 8

Her mother's death at such a young age left a lasting impression on Bridges, who is married to physician James Bridges and is mother of two grown sons, ages 31 and 26.

A graduate of Wayne State University with a degree in public relations and communications, Bridges has spent her entire career in the field of health care marketing, trying to get the message out that "health is not a commodity. You can't buy it, but you do need to have it."

A part of the Detroit Go Red for Women executive leadership team for three years, Bridges served as co-chair for two years before going solo for 2015.

"It is a great platform to influence women to take care of themselves," she said. "If you make the

changes in your lifestyle, you can prevent heart disease and stroke. I'm always amazed when I share the information with an audience. You can just look out at the women and see all of these light bulbs going off when they realize they can make positive changes. It is very encouraging."

Her personal tip for getting your body moving? Pick a partner – and make it fun.

Bridges, a self-described "exercise junkie," said that one of her biggest motivators is her friend, Rita Cargile of Lathrup Village, who "always challenges me."

"We are up for anything – Zumba, kickboxing, spinning, mall walking," Bridges said. "We try to keep it fun. In the warmer weather, sometimes we go to the River Walk in Detroit and then go run the stairs outside the Joe Louis Arena. We're crazy."

Having an exercise buddy keeps Bridges accountable, as well.

"We are good friends and we promised to be brutally honest with each other," she said. "I really try to take good care of myself."

Many would agree that she has succeeded. In 2012, Bridges was among two first-place winners in a *MORE* magazine beauty search for women who are aging with grace. She was selected out of nearly 1,500 entries.

There also was a grand prize winner and Bridges was the oldest of all three.

"The other two winners were in their 30s," she said.

However, for Bridges, it's about more than just looking good – it's about feeling good. That is why she feels so connected to the Go Red movement: "It is not just for women who already have heart disease, it is for all women."

Go Red offers an opportunity for all women to get involved, learn how they can start to take care of themselves and minimize their risk factors for developing heart disease, she said.

In addition to health and exercise tips, information on screenings and social events are available on the website www.goredforwomen.org.


"I just think it is so important," Bridges said. "When we get older, we think it's too late. The truth is that it is never too late."

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Many people don't realize what an important role life insurance* can play in planning for their future.

Whether your goal is family protection, charitable giving, wealth accumulation, retirement planning, or estate planning, life insurance can help. I specialize in developing innovative life insurance strategies to help investors work toward their goals. Call today for more information or to schedule a consultation.

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SWEET STRATEGIES FOR A HEALTHIER YOU

When celebrating the past and looking forward to the future, the new year is a perfect time to set goals for a better, healthier you.

Setting yourself up with a strong nutrition foundation is essential for long-term success. An expert on helping others attain healthy lifestyles, registered dietitian Elizabeth Somer offers these four time-proven skills for permanent weight loss and health management.

Balance calories

Seek the right mix of calories in from your diet, versus calories out from exercise and daily activity. Your goal is gradual weight loss of no more than two pounds per week, which ensures you lose fat weight, not water or muscle weight. Daily exercise is a must to maintain the loss. If you can't lose weight on at least 1,500 calories a day, you need to move more, not eat less.

Focus on plants

Emphasize fruits and vegetables, with at least half of every plate heaped with

WATERMELON PISTACHIO SUNDAE

Servings: 6

- 1 egg white, lightly beaten
- 2 tablespoons maple syrup
- 2 teaspoons brown sugar
- ¼ teaspoon salt
- 1 cup roasted, salted and shelled pistachios
- 6 watermelon scoops (using ice cream scooper)
- 6 scoops raspberry sorbet (using ice cream scooper)
- 1 cup marshmallow sauce

To candy pistachios, preheat oven to 300°F. In medium mixing bowl, combine egg white, syrup, brown sugar and salt. Stir in pistachios until evenly coated.



Spread on foil lined baking sheet and bake 15-20 minutes, stirring once, until crisp and lightly browned. Cool. Break apart.

Using ice cream scooper, arrange melon in six sundae cups or martini glasses. Top with scoops of sorbet. Drizzle sauce over sorbet and sprinkle candied pistachios over sundaes and serve immediately.

produce. Then complement with whole grains and moderate amounts of foods that are calcium-rich (non-fat or low-fat milk) and iron-rich (extra-lean meats, chicken, fish or legumes).

Eat regularly

When you eat these calories is also important. Large, infrequent meals result in big-time hunger, which can

cause you to lose control of your appetite. Eating regularly and when you are comfortably hungry keeps you in control of your appetite. Here is an example of a day's menu:

» **Breakfast:** 100-percent whole grain cereal topped with non-fat milk and berries

» **Mid-morning snack:** A bowl of watermelon with a six-ounce tub of low-fat yogurt

» **Lunch:** A turkey sandwich on 100-percent whole grain bread, baby carrots and an apple

» **Mid-afternoon snack:** One ounce of nuts with a glass of watermelon juice

» **Dinner:** Grilled salmon, baked sweet potato and green peas

» **Evening snack:** Two cups air-popped popcorn and one cup of fat-free hot chocolate

Commit to health

Keep in mind that your ultimate goal is not just a certain figure or a number on the bathroom scale – it is a lifelong commitment to be the best and healthiest you. This plan requires a lifetime commitment, not to lose weight and keep it off, but to modify habits.

For sweet recipes to help you stay on track, go to www.watermelon.org.

– Courtesy of Family Features

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SERVE UP COMFORT

With a mouthwatering pork stew

Comfort food is a staple in every kitchen – it's the perfect way to unwind with familiar flavors and aromas. But those moments that call for a soul-soothing dish are also great opportunities to spice up traditional favorites by introducing less common ingredients and preparation methods for an unexpectedly delicious twist.

Stewing, for example, is one method you might never have tried, but when you use a tender meat that's full of comforting flavor like pork, the result is well worth the adventure. Making a stew usually involves browning meat, adding liquid, simmering for a few hours and then adding vegetables – easy, proven steps that let you explore different ingredient combinations to keep dishes fresh and inviting.

Need inspiration to get started? Try Spanish Pork and Fennel Stew with Saffron Rice. This recipe uses a blade pork roast, simple seasonings and vegetables. To change it up, serve the stew with mashed potatoes instead of rice for soaking up the juices.

Find comfort and adventure in the kitchen with pork by visiting PorkBeInspired.com and Pinterest.com/PorkBeInspired for mouthwatering recipes, tips and more.

– Courtesy of Family Features

SPANISH PORK AND FENNEL STEW WITH SAFFRON RICE

Servings: 8

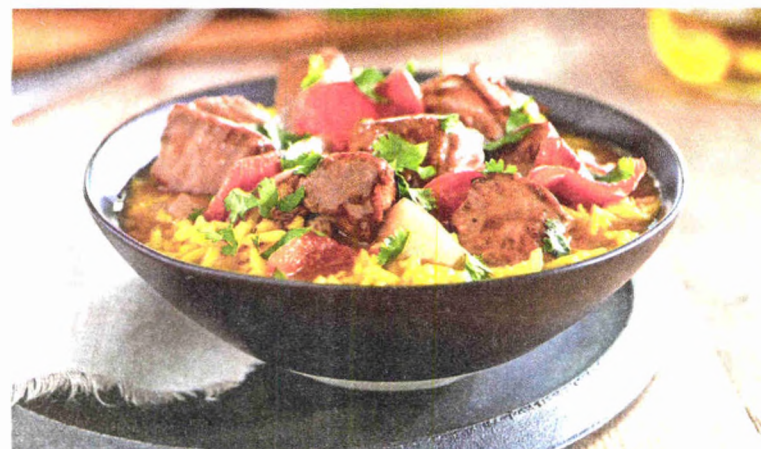
Stew:

3 pounds boneless blade (shoulder) pork roast, cut into 1½-inch chunks
4 tablespoons olive oil, as needed
Kosher salt and freshly ground black pepper
1 head fennel, cored and cut into ½-inch pieces
1 large yellow onion, chopped
1 large red bell pepper, seeded and cut into ½-inch pieces
6 cloves garlic, minced
½ cup dry sherry or apple juice
Chopped fresh cilantro

Saffron rice:

2 cups long-grain white rice
1 teaspoon kosher salt
½ teaspoon crushed saffron threads

For stew, heat 2 tablespoons oil in large Dutch oven over medium-high heat. Season pork with 1½ teaspoons salt and ½ teaspoon pepper. In batches, without crowding (and adding more oil as needed) add pork and cook, turning occasionally, until browned on all sides, about 6 minutes per batch. Transfer to plate. Add remaining 2 tablespoons oil



to Dutch oven and heat. Add fennel, onion, bell pepper and garlic; cover. Cook, stirring occasionally with wooden spoon, until vegetables soften, about 8 minutes. Add sherry; bring to a boil. Return pork with any juices to Dutch oven. Add enough cold water to just cover pork and vegetables, about 6 cups; bring to a boil. Reduce heat to low and cover. Simmer, stirring occasionally, until pork is very tender, about 1½ hours. Just before pork is tender, make saffron rice. Bring rice, 4 cups water, salt and saffron to a boil in medium saucepan over high heat. Reduce heat

to very low and cover. Simmer until tender, about 20 minutes. Remove from heat and let stand for 5-20 minutes. Fluff rice with fork. Using slotted spoon, transfer pork and vegetables to serving bowl and cover with aluminum foil. Let cooking juices stand for 3 minutes, then skim off fat on surface. Boil over high heat, uncovered, until cooking liquid is reduced by half, about 10 minutes. Season juices with salt and pepper. Pour over pork and vegetables and sprinkle with cilantro. Spoon saffron rice into bowls. Top with stew, sprinkle with cilantro and serve.

CURE CRAVINGS WITH SATISFYING SNACKS

When a snack attack hits you, your mood may influence the flavor you crave. Taking a more mindful approach will let you savor what you eat and give you a more satisfying snack experience.

Mindful eating is all about being more aware of what foods you choose, such as the connection to your senses and emotions.

Being more conscious of snacking habits can help you make smarter, well-balanced choices and be more intentional with your snacks to be sure you're truly answering your craving.

Hone in on your senses of taste and touch with these ideas so you can sit down and savor your next snacking session.

Sweet

» Enjoy the natural sweetness of fruit

with a parfait by layering your favorite fruits with plain or vanilla yogurt and topping with a handful of granola.

» Top a slice of banana bread with a smear of rich, creamy spreadable cheese, such as The Laughing Cow Creamy Swiss, and add a crunchy protein punch with walnuts.

Salty

» Slice a potato in paper-thin pieces and bake in a single layer at 400°F for about 15 minutes, flipping half-way. Sprinkle with a dash of sea salt before serving either alone or with dip.

» Jazz up plain popcorn with an assortment of lightly salted nuts and dried fruit.



FAMILY FEATURES

Banana bread with a smear of spreadable cheese and a crunchy protein punch with walnuts.

Crunchy

» Dip pretzel sticks in a light coating of melted chocolate (roll in crushed nuts while chocolate is still wet for extra crunch).

» For a fresh take on traditional veggies, top mini bagels with a creamy sun-dried tomato and basil spread, such as the Creamy Mozzarella, Sun-Dried Tomato & Basil Flavor by The Laughing Cow, and add your favorite veggies for a delicious white pizza.

Creamy

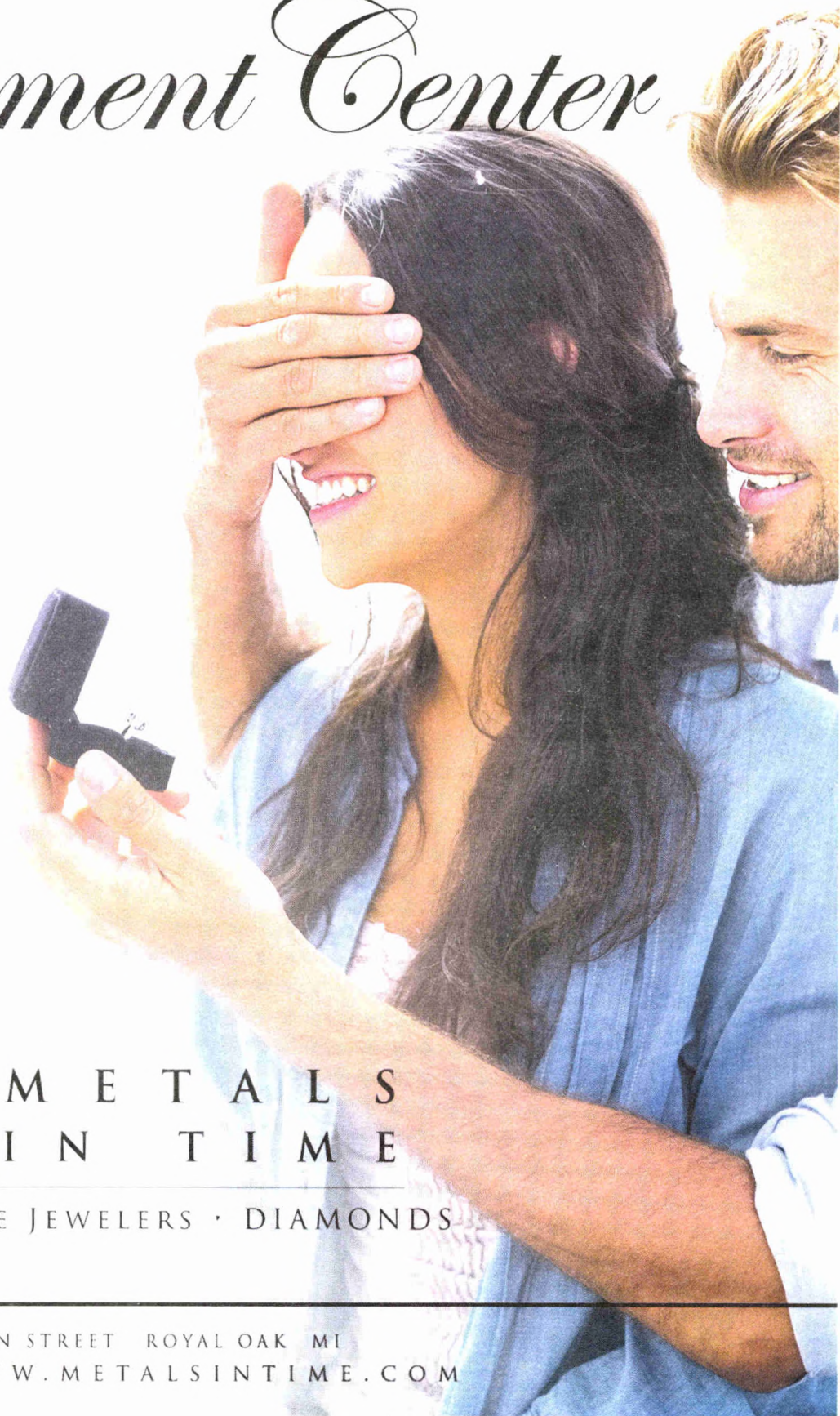
» Treat your taste buds with a richly flavored cheese spread, such as those available from The Laughing Cow, smeared over a thinly sliced baguette or multi-grain muffin.

» Mash an avocado with a dash of salt, pepper and garlic; add a squeeze of lime juice and some diced tomatoes for an instant guacamole dip to enjoy with corn chips or tortilla wedges.

For more satisfying snack suggestions, go to www.thelaughing-cow.com.

– Courtesy of Family Features

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