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**Central issue**

The Plymouth-Canton Board of Education has made the decision to close venerable Central Middle School and build a new middle school in Canton, if voters pass the \$114 million bond the district will seek in May.

Central Middle School is the oldest building in the school district, having served as the original Plymouth High School. School board members have begun to debate what to do with the building, and over the years options have been discussed ranging from selling the property to converting it to board office space.

So the *Canton Observer* wants to know from its readers: What would you do with Central Middle School? Please email your thoughts to *Canton Observer* editor Brad Kadrich at bkadrich@hometownlife.com.

**Bonny passes**

Bonny Dore, who founded the student radio station WSDP for Plymouth-Canton Community Schools, died Saturday after a long battle with blood cancer.

Dore, a graduate of the University of Michigan, had a long career in broadcasting. She was the general manager and founder of WSDP-FM (88.1). She also worked in public television. She helped create the award-winning children's series *Vegetable Soup* for PBS and went on to create and produce another award-winning kids' educational program, *Hot Fudge*, for ABC.

She was also a past president of Women in Film and co-chaired the Caucus for Television Producers, Writers and Directors.



Dore

**School board sets May 7 bond election**

By Brad Kadrich  
Staff Writer

Canton corporate attorney Kim Crouch brought new meaning to the phrase "out of the frying pan and into the fire" Tuesday night.

Crouch was chosen from among four finalists to fill the vacant seat on the Plymouth-Canton Board of Education. Three hours later, she cast one of

**Board picks new trustee, A3.**

the deciding votes on whether — and when — the school district will seek a \$114 million bond to, among other things, replace Central Middle School.

The board voted 4-3 to seek the bond, which administrators say will also make the district a leader in the use of technology, in a May 7 election. Crouch was

joined in approving the measure by President John Barrett, Secretary Adrienne Davis and Treasurer Sheila Paton.

Vice President Judy Mardigan, who sat on the board during failed bond elections in 2006 and 2007, voted against the date, as did Trustees Mark Horvath and Mike Maloney.

"The question is, do we want to be a good district or a great

district?" Crouch said. "Being a visionary requires you take a little risk."

**Lower amount**

The date was set after much discussion about the pros and cons of going after the bond so quickly. Brodie Killian, the district's executive director of busi-

Please see **ELECTION, A3**



Kelley Connelly (left) plays Laura, while Madeline Klozik takes on the role of Laura's mother, Amanda, in the Park Players' production of Tennessee Williams' "The Glass Menagerie," opening this weekend at the Canton Little Theater.

**'Glass' in the house**

Park Players take on Tennessee Williams

By Brad Kadrich  
Staff Writer



Sean Larson plays Tom, through whose memory *The Glass Menagerie* is told.

With a shorter-than-usual rehearsal period and a large-cast, over-the-top comedy coming up in the spring, Park Players director Paul Bird was looking for something on a smaller scale for the troupe's winter production.

That's why the Players will produce the Tennessee Williams play *The Glass Menagerie* beginning Friday on the stage at Canton Little Theater in Canton High School.

"The other show this semester is *Legally Blonde*, which has a huge cast and is a way-over-the-top comedy," Bird said. "I thought I'd like to do something

Please see **'GLASS,' A10**

**DETAILS**

**What:** Park Players' production of 'The Glass Menagerie'

**When:** Feb. 8-9, Feb. 14-16, all performances 7 p.m.

**Where:** Canton Little Theater, Canton High School

**Tickets:** \$10

**Cast:** Directed by Paul Bird; featuring Madeline Klozik as Amanda, Sean Larson as Tom, Kelley Donnelly as Laura and Joey Courtney as Jim.

**Township, clerical union settle contract**

By Matt Jachman  
Staff Writer

Unionized administrative support employees in Plymouth Township will get their first pay raises in several years, but also pay more toward their health insurance, with the approval of a new three-year contract.

The deal with the Technical and Professional Office Workers of Michigan was approved by a 6-0 Plymouth Township Board of Trustees vote during a special meeting Friday evening. It had previously been ratified by the union.

The TPOAM, a civilian branch of the union that represents township police officers, represents 13 full-time and seven part-time township employees: clerks, accountants, technology specialists and others. Pay averages about \$40,000 a year, with some specialists earning a top level of about \$54,000, township Supervisor Richard Reaume said.

The new contract does away with the unpaid furlough days to which the TPOAM had agreed several years ago as a cost-saving measure, Reaume said. It provides for a 2-percent pay raise this year, plus 2-percent raises in both 2014 and 2015. The contract expires at the end of 2015.

The unpaid furlough program had been curtailed in recent years, from 13 days per employee per year when it was instituted to just four days per employee last year, the supervisor said.

"Furlough days were a way to cut expenses during the down years," Reaume said, explaining that furlough days were staggered so

Please see **CONTRACT, A2**

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**Environmental record wins AWTEC 'green' award**

By Matt Jachman  
Staff Writer

After chalking up a 90-percent reduction in solid waste, a water savings of 29 percent and energy-efficiency measures that saved \$30,000 a year, a Plymouth Township supplier to the auto industry has been recognized for environmental stewardship. AW Transmission Engineering USA

Please see **AWTEC, A2**



AW Transmission Engineering USA Inc., a Plymouth Township company that remanufactures automatic transmissions for major automakers, was honored with a Clean Corporate Citizen Award from the Michigan Department of Environmental Quality on Friday. Pictured above, during a presentation at the company's headquarters, are township Supervisor Richard Reaume (left, front row), deputy DEQ director Jim Sygo, AWTEC president Eiji Kato, Clean Corporate Citizen program manager Jeff Spencer, and Bryce Feighner, chief of the DEQ's Office of Environmental Assistance. Standing behind them are members of AWTEC's environmental team.



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# Changes coming to downtown martini bar

By Matt Jachman  
Staff Writer

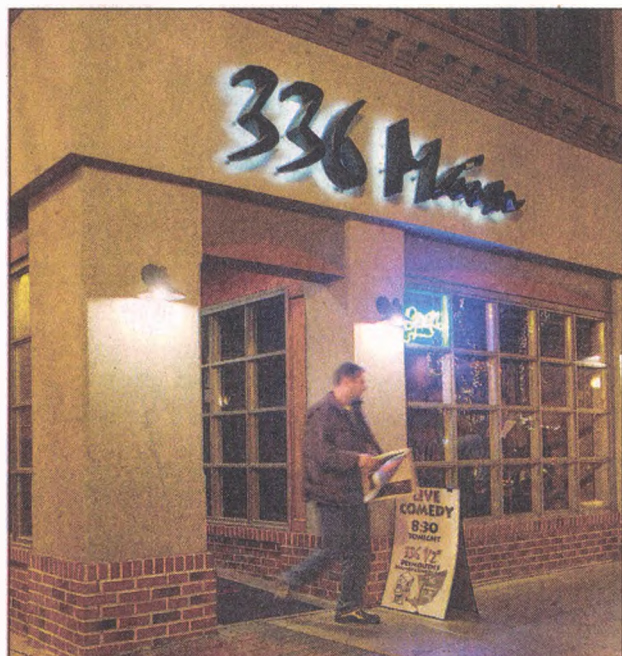
Changes are coming to 336 Main in Plymouth.

The downtown martini bar, named for its address on Main Street, is under new ownership, purchased recently by Ironwood Grill owners Dan Johnson, Landon Garrett and Joe Comiskey.

Garrett said the new team is remodeling the bar, expanding the menu and planning to offer live music — solo artists playing jazz or blues — up to six nights a week. The 336 Main idea, and the name, are staying, however.

“We’re going to keep the concept of a martini bar, a higher-end lounge,” Garrett said on Wednesday.

Garrett said a new menu is under development; 336 Main now only serves appetizers. The kitchen will pose a chal-



BILL BRESLER | STAFF PHOTOGRAPHER

The new ownership team at 336 Main is remodeling the bar, expanding the menu and planning to offer live music — solo artists playing jazz or blues — up to six nights a week.

lenge in terms of the menu, however, as there isn’t room for a full kitchen, Garrett said.

“We’re working all that (menu) out right now with the space that we have,” he said.

The drink menu is also being expanded, with more draft beers and more Michigan beers added, plus a wider variety of wines, he said.

With winter a slower time for the bar, 336 Main is now closed on Sundays and Mondays for remodeling, Garrett said. Some time later this month, or in March, the bar will close for about a week so the remodeling, including new seating and booths, can be completed.

“Our goal is to have it done by April, patio season time,” Garrett said. “That’s when we’ll be introducing the new 336.”

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## AWTEC

Continued from page A1

Inc., which will mark its 25th anniversary later this year, on Friday received the Michigan Department of Environmental Quality’s Clean Corporate Citizen award at company headquarters on Keel Street. The award comes with public recognition as well as regulatory pluses such as expedited permitting, according to the DEQ.

AWTEC USA’s core business is remanufacturing — recycling — automatic transmissions for automotive companies, including Ford Motor Co., General Motors Co., Toyota Motor Corp. and Volvo. The remanufacturing process, to standards that meet or exceed original specifications, according to a company press release, keeps the reused parts out of the waste stream.

### Carbon footprint

But AWTEC has taken a multipronged approach to reducing waste and its “carbon footprint” since implementing an environmental management sys-

tem just over a decade ago, said Dave Toeppe, the company’s environmental management representative, in a speech Friday.

Those steps include reusing in-plant equipment such as packing materials and parts containers when possible, recycling everything from used oil to electronics to plastics and newspapers, reducing water consumption by 29 percent, nearly 600,000 gallons, in one year, and installing energy-efficient lighting that not only saved on bills but offered a tax deduction, Toeppe said.

AWTEC has also reached out to the community, encouraging other companies to recycle and accepting recyclables from them, participating in Friends of the Rouge River and Johnson Creek maintenance projects and being a part of the Green Street Fair, an annual environmental fair in downtown Plymouth that ran from 2008 to 2012. AWTEC even donates used bubble wrap and packing “peanuts” to other companies.

### Reducing waste

Recycling and reuse measures helped AWTEC reduce the amount of waste its sends to landfills by more than 90 percent, from 26 tons a month in 2003 to 2.5 tons a month last year, Toeppe said.

The water savings, Toeppe said, was achieved in 2011 compared to 2010. The original goal was a 2-percent savings, but AWTEC achieved a 29-percent savings.

Toeppe said the company fixed leaks in its lawn-watering system, reduced watering times in some areas, installed rain sensors in the system and installed automatic-shut-off faucets in several company restrooms.

Accepting the award Friday was company President Eiji Kato; the DEQ was represented by Deputy Director Jim Sygo; Bryce Feighner, chief of the DEQ’s Office of Environmental Assistance; and Jeff Spencer, the DEQ’s Clean Corporate Citizen program manager.

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## CONTRACT

Continued from page A1

employees could cover each other’s duties to the extent possible. Still, some services suffered: phone calls weren’t answered as quickly, for example, he said.

Reaume said the TPOAM was the first township employee union to agree to concessions as township officials faced a drop in revenue during the Great Recession.

“I think they saw the wisdom of taking the furlough days then to keep all of their membership

employed with health care,” Reaume said.

The new contract also has TPOAM members paying 20 percent of their health insurance premiums, up from 10 percent, in keeping with a new state law that allows local communities to require that percentage. For an employee with a family insurance plan, that means a premium co-pay of about \$240 a month, Reaume said.

The deal also clarifies some contract language, Reaume said. The pay raises are not retroactive — that is prohibited by another new state law — so township officials

agreed to have the township board vote on the deal as soon as possible in order to start the raises, Reaume said.

Voting for the deal were Reaume, Clerk Nancy Conzelman, Treasurer Ron Edwards and Trustees Kay Arnold, Chuck Curmi and Bob Doroshewitz. Trustee Mike Kelly was absent from the special meeting.

TPOAM local President Kathy Pumphrey, the township ordinance officer, could not be reached for comment.

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# School board tabs new member

By Brad Kadrich  
Staff Writer

During her interview for the vacant seat on the Plymouth-Canton Board of Trustees, Canton corporate attorney Kimberley Crouch was asked how she'd recommend handling a potential budget shortfall.

Her answer was for the board to decide "what the district wants to be," then set the priorities for how to get there.

Now Crouch, who has a bachelor's degree in journalism from the University of Missouri and her juris doctorate from the University of Illinois, gets to help shape that vision after being chosen from a field of four finalists seeking to replace Barry Simescu, who resigned last month. She'll finish out Simescu's term, which expires in November 2014.

"I was very excited," said Crouch, an attorney for General Motors' Information Technology Process Team & Global Privacy Center in Detroit. "There were a lot of good candidates, so to think (the board) picked me out of those candidates was exciting."



Plymouth-Canton Board of Education President John Barrett swears in new Trustee Kim Crouch during Tuesday's board meeting. Crouch was chosen to replace the departed Barry Simescu, who resigned last month.

In addition to her legal background, Crouch also spent a few summers as a general assignment reporter for the St. Louis Post-Dispatch. Her legal career has included a stint with the research and development

division of Pfizer, Inc., in Ann Arbor.

Crouch was chosen after the board narrowed the 19-candidate field (26 people originally applied, but seven dropped out for various reasons or didn't

show up for interviews). Board president John Barrett cited Crouch's involvement with the district as a key factor in the decision.

"One of the factors was her history of involvement with

Plymouth-Canton Community Schools," Barrett said. "She's been involved with various committees and community projects. That was a key element."

Other finalists included Julie Rowe of Canton, a senior at the University of Michigan and the Midwest Public Policy Organizer for the American Association of University Women; Jeff Ames of Canton, a strategy/performance management professional with Six Sigma Leadership Experience; and Brian Jansen of Canton, who works for Ford Credit and who has a bachelor's degree in accounting from Michigan State.

Crouch was thrown into the fire on her first night. After being sworn in Tuesday by Barrett, Crouch had to immediately take part in a decision when to schedule a \$114 million bond election. The board is also wrestling with the hiring of a new superintendent.

"This is a really good time to be on the school board," Crouch said. "There are lots of important decisions to be made."

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## ELECTION

Continued from page A1

ness services, said waiting until the fall to give the district more time would be expensive.

Killian said the district could only seek \$80 million in a later election if it wanted to stick to its pledge to not raise taxes (the bond would hold the debt levy at 4.1 mills, rather than allowing for that millage rate to shrink as debt is paid off).

Mardigian said while she wholeheartedly supports the bond package, she thinks seeking it in 90 days leaves the district

too little time to convince voters.

"I'm totally in support of this package ... I have been a longtime proponent of replacing Central Middle School," Mardigian said. "I've been through two bonds that passed and two that failed, and I think May is really aggressive. I'm very concerned about not getting it right the first time."

But to Davis, the idea of waiting until the fall, when it would cost the district \$34 million, wasn't the way to go.

"I can't believe these trustees will walk away from \$34 million," Davis said. "Parents would

come screaming. It's about the kids."

### Technology roll-out

Board members made their decision after listening to presentations about technology, including the idea of buying computer devices for every teacher and student K-12 over the next five years, another about the budgetary affects of going for the bond in May versus waiting until later in the year, and about the timeline of building a new middle school.

"We're extremely excited about this," said Jeanne Farina, the district's assistant superintendent for instruction-

al services. "Our teachers are excited, our administrators are excited, and this is absolutely the right thing to do."

With the world in general — and Michigan standardized testing in particular — going the way of technology, Farina wants to start rolling out the computer devices to teachers next year, and then to more teachers and students each of the following years. By the 2017-18 school year, students would have technology on a 1:1 basis.

Killian said Plymouth-Canton was putting some \$15 million toward technology, with just under \$11 million going toward

the 1:1 initiative. By contrast, Superintendent Jeremy Hughes pointed out, Livonia's school board just approved seeking a \$195 million bond, with some \$30 million going toward technology.

Mardigian said she still isn't convinced the technology portion of the bond is the right way to go — "Of the entire bond, this is the part I'm struggling with the most," she said — but Paton said she believes "this is the way kids learn" today.

"My kids have their friends over, and they're all sitting on the couch with their devices," Paton said. "This is absolutely

the right thing to do. It's a no-brainer."

Maloney said he still has questions about the bond — the actual package and the timing — and voted against going ahead with it.

"I'm not ready to support going forward right now," Maloney said. "I had a lot of questions ... I'm concerned about the technology plan and the capacity. Right now, I would vote no to call for an election in May. I'm not ready to answer questions citizens will ask me."

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## Township house fire blamed on space heater

By Matt Jachman  
Staff Writer

A fire that extensively damaged a house on Plymouth Township's west side Monday is being blamed on a space heater that got too close to combustible material and ignited it.

Firefighters from the Plymouth Community Fire Department, with mutual-aid assistance from the city of Northville and Northville Township departments, were on the scene of the blaze, on Essex Court in the area of Ridge and North Territorial, for several hours beginning about 6 p.m. Monday. There were no injuries, and four adolescent children had evacuated the house by the time firefighters arrived, said PCFD Lt. Scott Gross.

The fire started in the walk-out basement of the two-story colonial, Gross said, and the basement sustained fire, smoke and water damage. The upper floors were damaged more by smoke than by fire, he said.

PCFD Chief Mark Wendel said Tuesday that while the investigation was continuing, the fire appeared to have started when a space heater ignited either a bed in the basement or the bedding on it.

"Indications are the space heater was too close to the bed and the bed and/or bedding caught on fire," said Wendel. "It was an accidental fire."

Gross said the children at the home pointed out the probable cause of the fire when fire crews arrived.

The fire was reported just before 6 p.m.; Wendel said he was not sure who reported it. Firefighters arrived about five minutes later, he said.

"That fire was pretty well going by the time we got there," Wendel said.

Engines from the PCFD's Station 1 and Station 3 responded, along with six firefighters who were on duty. Mutual aid was requested and received from the Northville and Northville Township departments; Northville firefighters responded from that department's station in the city of Plymouth.

Firefighters used water to put out the fire and broke open some windows to ventilate the building, Gross said. The mother of the children arrived home while firefighters were on the scene, he said.

Emergency services workers from the Plymouth Corps of the Salvation Army brought a canteen truck to the scene to supply firefighters with drinks and snacks during the incident. Firefighters were on the scene until at least 10:30 p.m.

Wendel said the house will need major repairs. "There's substantial damage throughout the entire house," including charred or scorched floor joists, burned flooring on the first floor, especially in the kitchen, and smoke and steam damage throughout the house.

"It's going to be a substantial repair job," Wendel said.

The house was secured by an emergency board-up company, and the family was staying with relatives on Monday night.

Wendel said the incident was "an extremely significant fire" and that he appreciated the assistance from the Northville and Northville Township departments.

"All the crews on this scene did an outstanding job," the chief said. "I'm very pleased with the operation, all aspects of it."

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### CANTON CRIME WATCH

#### Domestic dispute

Canton police went to a residence on Tyler, southeast of Cherry Hill and I-275, to investigate a domestic violence incident in which a woman's boyfriend allegedly stole her 2011 Lexus, cell phone, stereo and portable fireplace.

The incident unfolded about 10 a.m. Jan. 29.

The victim told police that her boyfriend entered her home through the garage. According to a police report, she heard him coming up the stairs of her residence, where she said he pushed her, ripped her cell phone away from her and began collecting some of his belongings.

The victim told police she started to call for help on her home phone, but her boyfriend ripped the cord out of the wall. She told authorities she tried to leave in her car in the garage, but she said her boyfriend shut the garage door, pulled her out of the car, took her keys away from her and then got in her car and fled in it.

The woman told police she used to live with the suspect. The incident remained under investigation.

#### Theft from car

A 21-year-old Canton woman notified police after someone smashed out the front driver's side of her Ford Escape and stole her purse and GPS unit.

She told police the incident happened between 3 p.m. and 8:20 p.m. Sunday while her vehicle was parked southwest of the McDonald's restaurant at Michigan Avenue and Canton Center. According to a police report, the purse containing an old identification card, along with the GPS unit worth \$150, had been placed in the center console area of her car.

Police have repeatedly advised drivers to make sure their valuables are protected as much as possible from would-be criminals who might see them.



### Serving Plymouth

Firefighter Scott Rice has been with the Northville/Plymouth fire department for three years. Before that, he served 21 years as a paid-on-call firefighter for both the Plymouth City and Plymouth Community Fire Departments. Over the years Rice has immersed himself in the Plymouth community, volunteering countless hours to numerous local causes. Rice is respected by his peers for his attention to detail, motivation, and love of the fire service. Rice began working as a vehicle mechanic with the United Parcel Service in 1986, and rose to his current position of Fleet Manager. He graduated from Plymouth-Salem High School and Ferris State University. Rice is married and has two children. He is certified Firefighter 1&2, Hazmat Operations, Medical First Responder and Fire Pump Operator 1&2.

### PLYMOUTH CRIME WATCH

#### Jewelry, cash stolen

A pearl necklace and a small safe with cash and documents in it were reported stolen following the Jan. 31 daytime burglary of a house on Edinburgh Drive, in the area of North Territorial and Beck.

The front door of the house had been forced in, according to a Plymouth Township Police Department report, and pieces of the door frame were lying inside the house.

The master bedroom had been ransacked, police said, while other rooms in the house appeared to have been undisturbed. The burglary occurred some time on the morning of Jan. 31 while no one was at home.

Police said the burglar or burglars appeared to have exited the house through the attached garage.

#### Garage burglary

A Toro snowblower was reported stolen from the attached garage of a house on Burning Tree Lane, in the area of Beck and North Territorial, after a burglary late last month or early this month.

The theft occurred between Jan. 28 and Sunday afternoon, a police report said. It was not reported whether the garage had been left unlocked, but police said there were no signs of forced entry.

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## Police ticket owners of ailing Wolfhound

By Darrell Clem  
Staff Writer

Canton police rescued an ailing Irish Wolfhound and issued a citation to its owner for animal cruelty after the dog was found staying outside in bone-chilling temperatures with no food or water and sores on its body, according to a police report.

Police and Huron Valley Humane Society officials are warning owners of dogs, cats, horses and other animals to make sure they are properly cared for during harsh winter conditions.

Police went to a house on Geddes west of Denton after receiving a complaint Friday that the dog had been left outside in 16-degree weather, but a police report said other conditions made the temperature feel like minus 2 degrees.

The dog was found under a tarp that was loosely attached to the house, and it had a cage behind the home that had no protective covering, the report said. It also wasn't on a leash.

Residents of the house gave conflicting statements about how long the dog had been outside, though one woman said it had been outdoors for two days. The police report indicated the dog had been sick.

The owner relinquished control of the dog and was issued a citation for animal cruelty. Detective Sgt. Dave Schreiner said police turned the dog over to the Huron Valley Humane Society.

"Our department has an arrangement with the Huron Valley Humane Society to house dogs for

us in that type of situation," he said.

Owners can in some cases still be required to pay for the expense of the animal's upkeep, he said.

Schreiner said the incident should serve as a reminder for pet owners to keep their pets safe during frigid temperatures — or they could lose them and face penalties.

The humane society gets calls every winter about dogs living in deplorable conditions.

"There are a lot of dogs who live their lives outside on a chain who are in complete misery right now," according to a statement issued by Matt Schaecher, Huron Valley Humane Society director of animal cruelty investigations. "Each year we have cases where dogs literally freeze to death. We want to reduce the unnecessary suffering of our companion animals.

"Unfortunately, Michigan state law does not prevent dogs from living outside," Schaecher said, "but the law does require proper shelter and bedding. During the freezing winter months we have zero tolerance for dogs found living outside without appropriate protection, and if found to be in danger, those animals will be removed for their own safety."

Suspected animal cruelty involving dogs, cats, horses or other animals may be reported to the humane society at (734) 661-3512 or to the Canton Police Department at (734) 394-5400.

Much more information is available online at [www.hshv.org](http://www.hshv.org).

[dclem@hometownlife.com](mailto:dclem@hometownlife.com)  
(313) 222-2238

## Canton opens winter market

Canton's Winter Market kicks off 10 a.m. to 2 p.m. Sunday at the Cady-Boyer Barn, in Preservation Park on Ridge Road north of Cherry Hill.

Market manager Tina Lloyd said nearly 20 local vendors will be selling their goods.

Among the highlights:

- Chef Paul will be cooking from 10:30 am to noon.

- The Miller Elementary Brownie Daisy Troop will be holding a pasta collection — and collecting cash donations — for Open Door Ministry, a Canton-based food pantry.

- Recipe cards will be available featuring Prochaska Farms Czech pork chops and mixed green salad. Mike Prochaska makes his own sauerkraut which is used in the recipe and will be available for sale at the Market.

- Goods will include fresh produce grown in hoop houses along with frozen blueberries, peaches and cherries.

- Food will include farm eggs, gluten free baking mixes, smoked fish, hand-blended tea, honey, artisan cheese, anti-biotic & hormone free, grass fed meats, conventional meats, pierogi, pasties, sauces, mustards, dressings, popcorn for popping, sauerkraut, hand cut jerky, meat sticks, granola, jam and baked goods including gluten free, sugar free and vegan.

- Arts and crafts are to include hand-crafted soap, soy candles and room sprays.

- Vendors set to attend include Bobilin Honey, Boyer Meat Processing, Captain John's



BILL BRESLER | STAFF PHOTOGRAPHER

Canton's Winter Market kicks off 10 a.m. to 2 p.m. Sunday at the Cady-Boyer Barn, in Preservation Park on Ridge Road north of Cherry Hill. Market manager Tina Lloyd said nearly 20 local vendors will be selling their goods.

Smokehouse, Cellar Door Soap, Classique Bakes & Gifts, Crunch Granola, Day Dream Café, Farmington Soap Works,

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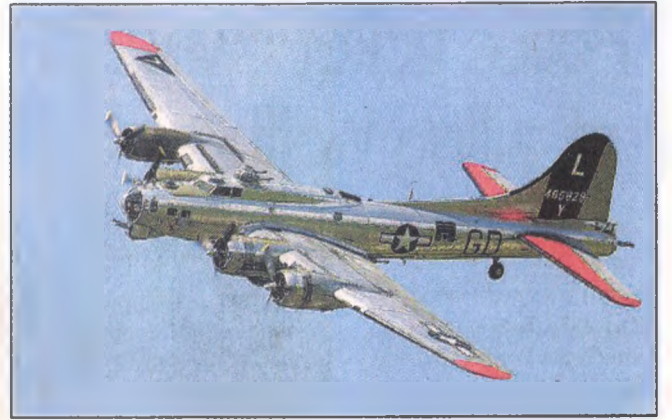
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# Shaping up

## Crew gets Yankee Lady ready for flying season



The pride of the Yankee Air Museum, the Yankee Lady, is one of nine of the World War II bombers still flying.

Like a champion prize-fighter, Yankee Lady, the meticulously restored Boeing B-17, spends the offseason strengthening and conditioning.

She has been in her hangar since late October, receiving attention from her handlers under the watchful eyes of Yankee Air Museum's B-17 Crew Chief Norm Ellickson and Chief Mechanic Paul Hakala. Together with teams of volunteer craftsmen and master mechanics they spend countless hours through these winter months to keep this Flying Fortress in top-flight shape.

Virtually every inch of the World War II four-engine heavy bomber is inspected and touched in preparation for the flying season beginning in April. There is a specific schedule for routine maintenance and overhauls, but this ground crew pours over the finest details to keep Yankee Lady in the award-winning condition her fans have come to expect.

"Since the Yankee Air Force completed the nine-year restoration of this B-17 in 1995, we've clocked about 2,500 hours of flight time at an average speed of 150 mph," said Ellickson, a Milan resident. "That's about 375,000 miles, or nearly 15 times around the world, without any serious problems."

### Hangar 1

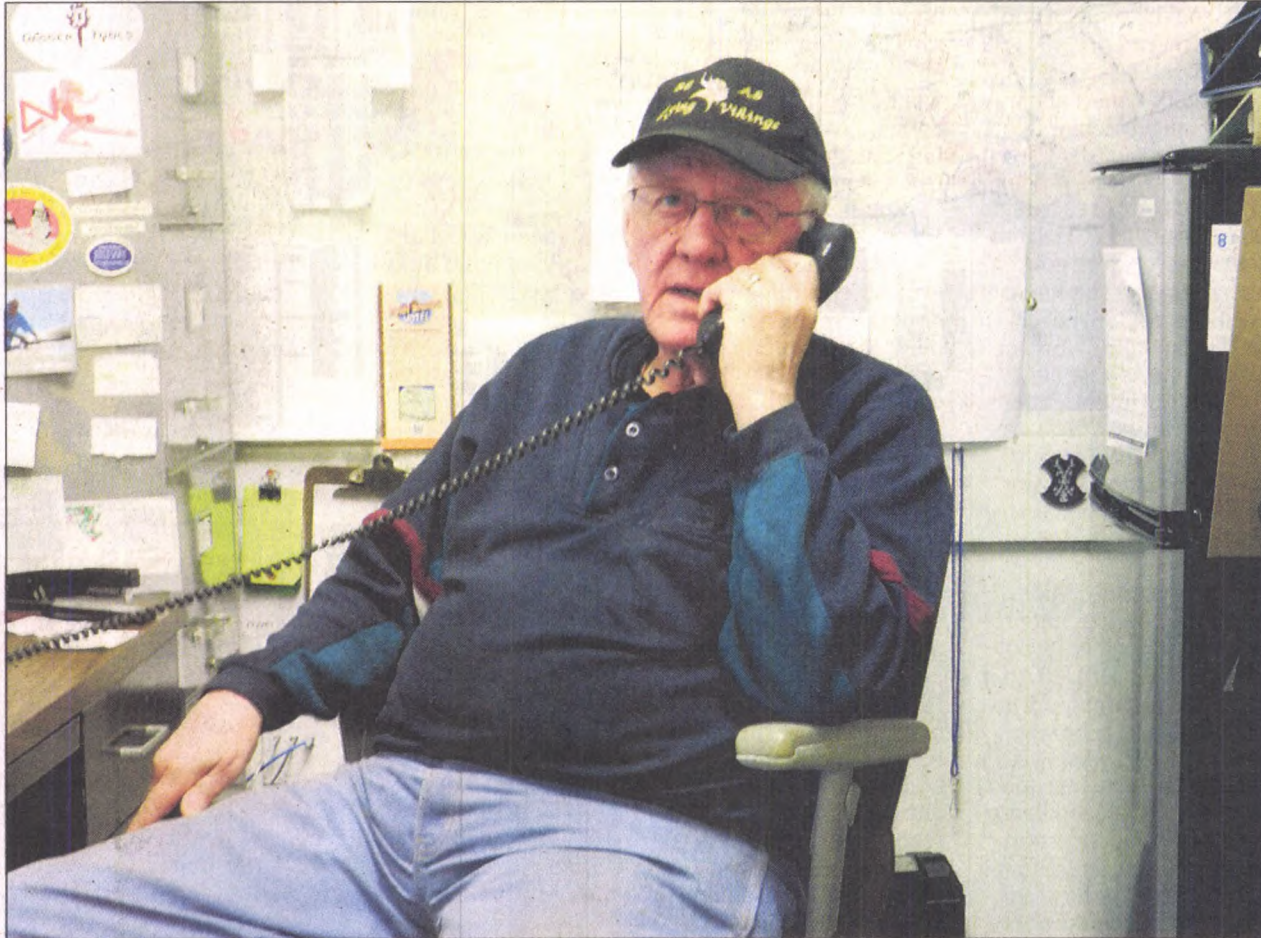
Ellickson explained that every autumn, after completing an FAA certified inspection and comprehensive maintenance list of more than 500 items, Yankee Lady is typically stored for the winter. This year, for the first time ever, the Yankee Air Museum has a full-time mechanic, and the plane is in the heated Hangar 1 at Willow Run.

"This is huge," said Ellickson. "A heated hangar and full-time mechanic means we can get at some projects we couldn't ordinarily do in winter. For example, we've been able to repaint the vertical stabilizer and wing tips, we're overhauling the main landing gear, replacing all brakes and much more."

Ellickson was among the original group of aviation enthusiasts who raised the \$250,000 to buy the aircraft in 1986. Originally built in 1945 by the Vega Division of Lockheed Aircraft (under license by Boeing), this "G" model B-17 was one of the last ever delivered to the U.S. Army Air Force. In fact, when the plane was delivered, World War II was drawing to a close, so it was never flown overseas. The combat strength of a B-17 is legendary, and Yankee Lady has always flown peacetime missions, contributing to her pristine condition.

"It's interesting to work on this plane, said Hakala, a Canton resident. "I'm impressed with the technology of the late 1930s and how much thought went into this craft. It's well built and should last many more years. One challenge I've found is finding replacements for damaged or worn parts. However, depending on the part, the museum's skilled craftsmen are able to repair or fabricate new ones."

Hakala should know. His interest in avia-



Yankee Air Museum B-17 Crew Chief Norm Ellickson spends many wintry mornings on the phone hunting up bomber parts and resources.



Yankee Lady Chief Mechanic Paul Hakala inspects the hydraulic lines within the landing gear housing.

tion dates back to when he was a teenager and obtained his private pilot's license. An Army veteran, he spent three years working on a variety of helicopters. Upon leaving the service he returned to school and earned his FAA Airframe and Powerplant License.

### Humbled by B-17

Hakala then went to work at Environmental Research Institute of Michigan. At ERIM, which was later acquired by General Dynamics, he maintained and flew as flight mechanic on a variety of aircraft used for research. His first was the De Havilland DHC-4A Caribou, now proudly displayed in the museum's airpark. For more than 26 years, he served

as a mechanic, then director of maintenance and chief inspector. Still, he seems humbled by the B-17 and the volunteers working along side of him.

"Once the plane was parked for the season, we drained the engines of oil and began working the inspection items, doing pressure checks and the usual electrical tests," said Hakala. "We found one engine cylinder to be a little under the specs in compression testing, so it was overhauled and replaced."

Hakala added that the Yankee Lady's Ground Crew, comprised of stalwart Yankee Air Museum volunteers, work on some major projects as well. The entire 36,000-pound aircraft was recently

put on jack stands so the wheels could be removed and brakes replaced.

"We noticed the trunnion bushings were slightly worn, so this is a good opportunity to replace them as well," he said.

The trunnion as a cylindrical shaft on which the landing gear shock strut assembly pivots when the landing gear is retracted after takeoff or extended for landing. A fully loaded, combat ready B-17 weighed about 65,500 pounds and the trunnion bears the weight. The bushings are the replaceable greased sleeves that provide the primary bearing surface at which the landing gear supports the aircraft.

### 'Significant'

"To me, the most sig-

nificant accomplishment has been painting the tail and wing tips," said Hakala. "It's the same as restoring an historic flag. We want people to see and respect the colors of the 381st Bombardment Group which this plane honors."

According to Hakala, a late G model B-17, the plane was originally delivered in natural metal finish. The aircraft has been painted in the markings of a typical B-17G assigned to the 8th Air Force, 381st Bomb Group as a memorial to the late Joseph Slavik who flew 35 missions as a pilot with the 381st. Mr. Slavik made a significant contribution to help purchase the plane.

The "Yankee Lady" name and nose art do not

replicate an actual combat veteran B-17, but are meant to be representative of the era. The wing tips, vertical and horizontal stabilizers have been repainted Spectramaster Red, making the gleaming skin and lettering really pop.

"I've seen the other B-17s, seven were here at Thunder Over Michigan in 2010," said Hakala. "I can truthfully say, Yankee Lady is the best, most true B-17 still flying. We aim to keep her that way."

### Network of friends

Keeping the Yankee Lady in her award-winning condition requires special talent and lots of financial resources. It also requires a network of friends who are engineers and artisans. Ellickson, began his career as an aircraft mechanic when he was 19. He retired from Northwest Airlines as regional maintenance manager at Detroit/ Wayne County Metropolitan Airport. He was the leader of the Yankee Lady restoration effort. His warm and affable nature is as legendary as the labors of love are focused.

"I'm a pretty lucky guy," he said. "I get to work on history's greatest airplane with the greatest people in the world. Whenever I need a rare part or advice, I can pick up the phone and help is there."

Ellickson talks about his friends all across the country with whom he shares aircraft parts and expertise. Whether it is sewing new, authentic seats, to fabricating major assemblies from blueprints, Ellickson seems to have a contact for everything.

"There are only nine B-17s still flying, and we stick together pretty well," he continued. "It's very costly though. We needed to overhaul the number four engine in July and that cost us about \$35,000."

Ellickson speculates that as more B-17s retire, the availability of parts will decrease and the costs will increase. Just a few years ago it cost \$400.00 to recap a tire. Today, that cost has risen to \$995. Ellickson just sent five tires out for recapping.

Ellickson said that every hour the Fortress flies costs about \$3,500 in fuel, supplies and maintenance, but sponsorships defray some of the cost. While on station or at an air show, the museum will also sell Flight Experience (FLEX) Rides, tours and items from the museum store to further raise funds.

"I don't mind a high-cost, high-maintenance lady at all," said Ellickson.

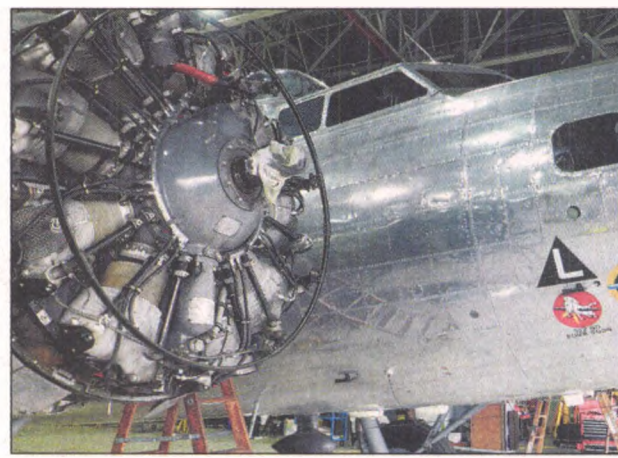
"When we're at an air show and we see a World War II B-17 veteran reunite with this airplane, the point of our freedom is driven home and all this effort is worth it," said Hakala.

"We'll keep her flying as long as humanly possible, our veterans deserve nothing less," Ellickson added.

Established in 1981, the Yankee Air Museum is a non-profit 501 (c) (3) organization. For more information about YAM, visit the [www.yankeeairmuseum.org](http://www.yankeeairmuseum.org) website.



The B-17 now sports freshly painted tail markings honoring the U.S. Army Air Force 381st Bombardment Group.



Yankee Lady with her engine cowlings removed and ladders in place for detailed inspections.

AROUND PLYMOUTH

"Around Plymouth" is designed to announce upcoming events taking place in the community. Items will run on a space-available basis. Send details to bkadrich@hometownlife.com.

**MEDICARE/MEDICAID COUNSELING**

**Date/Time:** Wednesday, March 6, 2-4 p.m.  
**Location:** United Home Health Services office, 2200 Canton Center, Suite 250, in Canton.

**Details:** United Home Health Services, a local home care company in Canton, is proud to offer the community free counseling with a certified MMAP (Medicare Medicaid Assistance Program) counselor. The Medicare Advantage disenrollment period (Jan. 1-Feb. 14) is when seniors are able to change to a Medicare D plan if desired. This process can be confusing so the MMAP counselor can help you review Medicare and Medicaid eligibility and the various plans, apply for Medicaid, research and enroll in Medicare Part D drug insurance, assist with Medicare supplemental plans, find pharmaceutical assistance programs, identify & report Medicare/Medicaid fraud and abuse issues, and explore long term care insurance options.

**Contact:** United Home Health Services at (734) 981-8820. You may also access the MMAP website at [www.mmapinc.org/pages/about.html](http://www.mmapinc.org/pages/about.html)

**TABLE-TOP GAMES**

**Date/Time:** Feb. 16, 2-4 p.m.  
**Location:** Plymouth District Library, 223 S. Main in Plymouth

**Details:** The Plymouth District Library is offering an afternoon of table top board and card games for adults. Games such as Settlers of Catan, Munchkin and 7 Wonders, will be provided or attendees can bring their own games. Treats will be provided by Friends of the Library.

**Contact:** Sign-up is requested online, in person, or by phone at (734) 453-0750, ext. 4.

**SNOW EVENT**

**Date/Time:** Saturday, Feb. 16, 10 a.m. to 2 p.m.  
**Location:** Lower Rouge River Recreation Trail

**Details:** Looking for a great way to get outdoors and enjoy a winter walk? Then Bundle up and join Canton Leisure Services Snow Skiing and Snow Shoeing event. Enjoy the great outdoors during this winter adventure, where you'll be able to investigate the trail by skis or snowshoes. The Lower Rouge River Recreation Trail, located off Michigan Avenue at Morton Taylor, is a great winter destination for the whole family. Participants are encouraged to bring their own equipment.

**Contact:** Call (734) 394-5460.

**SEWING GUILD**

**Date/Time:** First Thursday of each month, 10 a.m. to 1 p.m.

**Location:** First Presbyterian Church, 701 Church Street, Plymouth

**Details:** This Plymouth-Canton neighborhood group is open to sewists of all levels. The Feb. 7 meeting features "Machine Embroidery Primer," followed by "3D Flying Geese-hands on" on March 7; "Charity auction" April 11 (note date change); and "Machine or Hand Applique Quilt Block-hands on" on May 2.

**Contact:** For more information email [asgpc@comcast.net](mailto:asgpc@comcast.net)

**BIPOLAR SUPPORT**

**Date/Time:** Second and fourth Tuesday of the month, 6-7:30 p.m.

**Location:** Lincoln Behavioral Services Center, 14500 Sheldon, Suite 1608 in Plymouth.

**Details:** The Depression Bipolar Support Alliance is a



**Hats for cancer**

Fridays were extra special at Canton Charter Academy in the month of January as students wore hats to raise money for children with cancer. The school's National Junior Honor Society sponsored a fundraiser for the nonprofit organization Hats Off For Cancer. Students donated a dollar for the chance to wear a hat on Friday. Fifth-grade Teacher Ken MacKinnon said the response from the students has been incredible. "They proudly stroll into school sporting their hats," MacKinnon said. "I have even seen students donate more than they are required, or bring in fun hats for their classmates." Hats Off for Cancer uses donations to provide hats to children who have lost their hair due to cancer treatments.

self-help group for people suffering from depression and bipolar disorders. Meetings are open also to family members. All DBSA leaders are professionally trained and attend two trainings for every year to update their skills in leading the group.

**Contact:** Call Nancy at (734) 536-3457 for directions.

**HOSPICE SUPPORT**

**Date/Time:** Third Saturday of the month, 10-11:30 a.m.

**Location:** Compassionate Care Hospice, 5730 Lilley, Canton

**Details:** Compassionate Care Hospice conducts a grief support group, "Compassionate Words," providing emotional support to any adult grieving the loss of a loved one. The group focuses on the various stages of grief, and incorporates basic journal writing as a way to express feelings. The program is free of charge.

**Contact:** To register, contact Ann Christensen, Compassionate Care Hospice Bereavement Coordinator at (888) 983-9050, or email [achristensen@cchcnet.net](mailto:achristensen@cchcnet.net).

Flu season slowing flow of blood donors

By Darrell Clem  
Staff Writer

Walloped by flu season and snowy travel conditions, blood donations have fallen off and prompted an urgent round of Plymouth-Canton area blood drives organized by American Red Cross officials.

"Flu season and snow are creating havoc on blood collections," said Diane Risko, Red Cross donor resources representative for southeast Michigan.

The Red Cross had to cancel more than 30 blood drives in January due to weather.

Risko announced the following blood drives:

- 3:30-7:15 p.m. Friday, Feb. 15, at Dodson Elementary School, 205 N. Beck.

- 1-6:45 p.m. Monday, Feb. 18, at Plymouth Church of Christ, 9301 Sheldon Road.

- 1-6:45 p.m. Friday, Feb. 22, at the Canton Municipal Complex, 1150 S. Canton Center.

- 1:30-7:15 p.m. Monday, Feb. 25, at VFW Post 6695, located at 1426 S. Mill Street.

- 1-6:45 p.m. Monday, Feb. 25, at St. John's Episcopal Church, 574 S. Sheldon.

Risko said donors may contact her at (313) 549-7052 or at [Diane.Risko@redcross.org](mailto:Diane.Risko@redcross.org) to set up an appointment.

Risko released infor-

mation indicating all blood types are needed to help maintain a sufficient blood supply, though there is a more urgent need for types O negative, B negative and A negative as patient needs are outpacing donations.

Rh negative blood types can be transfused to Rh positive and negative patients. Type O negative is the universal blood type and can potentially be

transfused to patients of any blood type.

Moreover, donors who meet the eligibility requirements are encouraged to double their impact by giving double red blood cells where available.

Donating blood will not make donors more susceptible to flu symptoms, according to the Red Cross.

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## CHAMBER CHAT

### MAX membership

The Canton Chamber of Commerce sponsors "Membership to the MAX" 8:30-9:30 a.m. Thursday, Feb. 14, at the chamber office, 45525 Hanford.

To better serve you, Membership to the MAX will show you how to use the Canton Chamber to its full capacity. It is the chamber's goal to help its members redeem all of the advantages that accompanies their membership. Reservations are required, call the chamber office at (734) 453-4040 or email [admin@cantonchamber.com](mailto:admin@cantonchamber.com).

### Speed networking

The Plymouth Community Chamber of Commerce hosts a "speed networking" event Thursday, Feb. 14, from 7:45-9:15 a.m. at Panache 447, 447 Forest in downtown Plymouth.

Speed Networking is like Speed Dating (on Valentine's Day) for businesses. With Speed Networking, members will have the opportunity to meet 20-25 businesses in one hour. This structured networking event will allow you to meet most of the people in the room and within two minutes learn about each others companies.

The \$10 cost includes breakfast. To sign up for this event call (734) 453-1540 or email [teri@plymouthmich.org](mailto:teri@plymouthmich.org).

### Chamber map

The Plymouth Community Chamber of Commerce will be distributing 5,000 maps during 2013 and 2014. Valuable advertising space is available on the map for companies/organizations wanting to promote themselves to visitors and residents. These maps are distributed through the Chamber office (indoor and outdoor displays), local hotels, real estate agents, new resident welcome bags, apartment complexes, wedding parties for out-of-town guests and visitors to the community.

For advertisers the map uses full color advertising to promote the venues, products and services. Also, complimentary stands for easy distribution can be provided to advertisers for their own location.

Contracts for advertising need to be signed Feb. 16. Contact Mike Brace (Embrace Marketing) at 734-560-6642 or [mab746@yahoo.com](mailto:mab746@yahoo.com).

### Black tie

Bob and Sandy's Black Tie Fundraiser takes place starting at 6 p.m. Thursday, Feb. 14, at the White Castle on Telegraph just south of Michigan Ave.

All proceeds will benefit the Open Door Ministries Food Bank.

RSVPs needed by Feb. 7 to [slk@comcast.net](mailto:slk@comcast.net) or (734) 718-7991.



Karl Ehrenfield of Plymouth has his blood pressure checked with Joann Maddux, Heartland of Canton's director of nursing, during Friday's Heart Health Fair.

## Heartland health fair draws a crowd

For the second year, Heartland of Canton hosted a "Heart Health Fair" in conjunction with "Go Red for Women" day.

And, for the second year, it was a popular attraction.

More than 150 people took part Friday, taking advantage of blood pressure screenings, blood sugar checks, body mass index assessments, heart healthy cooking demonstrations, home exercise tips, target heart rate assessments, and education on health apps and the American Heart Association website.

The event was open to the Plymouth/Canton community, patients, and employees of Heartland of Canton, a 150-bed skilled nursing and sub-acute rehab facility.

Lindsay Charefour, CTRS Director of Therapeutic Recreation for Heartland, said the event was created to mirror



Heartland of Canton Administrator Renee Hamilton educates Canton resident Shirley Reynolds on blood pressure readings at Friday's health fair.

similar events people could find at the Summit in Canton or in downtown Plymouth.

"When recreation therapists assess patients upon admission to the facility, we find many of them are seeking more education on their diagnosis, utilizing technology, and community resources to pursue their leisure/recreation interests," Charefour said. "Participants are able to speak with our health care professionals about their symptoms and diagnosis, influencing factors such as their body mass index and blood pressure, and treatment interventions including exercise, nutrition, and pursuit of recreation interests."

## BUSINESS BRIEFS

### Obstetrics office

Westside Obstetrics and Gynecology recently relocated their Canton office to the St. Joseph Mercy Canton Health Building at 1600 S. Canton Center Road, Suite 350, Canton, with phone number (734) 398-0600.

Westside Obstetrics and Gynecology specializes in women's health for all ages. Each of the six physicians is board-certified in Obstetrics and Gynecology and all of them are committed to listening to needs, explaining treatment options, and delivering compassionate care.

The Westside Obstetrics and Gynecology physicians deliver at the Miracle of Life Birthing Center at St. Mary Mercy Hospital, Livonia, which has private and spacious labor, delivery, recovery and postpartum suites.

For more information about the services at Westside Obstetrics and Gynecology, please visit [stmarymercy.org/wsob](http://stmarymercy.org/wsob).

### New agents

Coldwell Banker Weir Manuel has recently welcomed a number of new sales professionals to the rapidly growing company, including Michelle Jarrait of Plymouth.

"We are very pleased that these exceptional people have chosen Coldwell Banker Weir Manuel," said John North, CBWM COO. "They bring with them unique and diverse business skills that will fit well into our 'next-generation' culture."

Founded in 1950, Coldwell Banker Weir Manuel is a Troy-based real estate brokerage with 15 offices and more than 400 real estate sales associates in

Michigan. For more information, please visit [www.cbwm.com](http://www.cbwm.com).

### Minute Clinic

MinuteClinic, the largest provider of retail-based medical clinics in the United States, has opened a new walk-in medical clinic inside the CVS/pharmacy store in Canton at 45300 Cherry Hill Road. It is the first clinic location in Canton and the third in Wayne County.

"Since opening our first store-based clinic in Michigan in 2006, we have helped expand access to high-quality, convenient and affordable care to thousands of residents who have visited us at convenient CVS/pharmacy locations near where they live and work," said Andrew Sussman, M.D., president, MinuteClinic and senior vice president/associate chief medical officer, CVS Caremark Corporation. "We believe MinuteClinic can be part of the solution to Michigan's efforts to broaden access to quality health services."

MinuteClinic nurse practitioners and physician assistants specialize in family health care and can diagnose, treat and write prescriptions for common family illnesses such as strep throat and ear, eye, sinus, bladder and bronchial infections. Minor wounds, abrasions and joint sprains are treated, and common vaccinations such as influenza, tetanus, pneumonia and Hepatitis A & B are available at most locations. Walk-in camp, sports, college and DOT physicals are available daily.

No appointments are required at MinuteClinic and most health insurance is accepted. The MinuteClinic operates 8:30 a.m. to 7:30 p.m., Monday through Friday; 9 a.m. to 5:30 p.m. on Saturday; and 10 a.m. to 5:30 p.m. on Sunday.

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## The Best Place for Valentine's Day Shopping? Come to Novi Town Center!

With so many new fashion stores, Novi Town Center is sure to have the perfect Valentine's Day gift for your special someone.

Shop new stores like **rue21**, **maurices**, **Dots** and **Torrid** for the latest women's styles at very affordable prices. Save on the latest in beauty products at **ULTA Beauty**. Or find a great gift for your man at **DXL**, **Golfsmith** or **Performance Bike**.

## Get "Something Extra" for Valentine's Day from ULTA Beauty!

Selected Novi Town Center stores will be giving away ULTA beauty creams with any purchase of \$50 or more. Look for the poster in the window for a "something extra" Valentine's Day gift.



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Westside physicians include (from left) Karol Otteman, Catherine Winslow, Michael Gatt, Ramneet Mangat, Karin Dimon and Timothy Johnson.



# Hines Park to get First Responders Memorial

Wayne County will honor its fallen fire/EMS and police officers with a new memorial that will be constructed in Hines Park in Plymouth Township.

"This memorial will stand as a beautiful tribute to honor and remember those brave men and women, whom, while on-duty for a Wayne County community, selflessly made the ultimate sacrifice to protect and serve us all," said Wayne County Executive Robert Ficano.

The First Responders Memorial will be located 1.5 acres of Hines Park at the corner of Hines Drive and Haggerty Road. Memorial elements include monuments, seat walls, concrete walkways, a paver plaza, parking, lighting, site furnishings and plantings. The

monument will display names of responders who lost their lives in the line of duty and will provide the opportunity to honor fallen responders in the future. Construction will begin on May 1.

Ficano made the announcement at a breakfast he hosted Tuesday. The guests included Wayne County commissioners, mayors, fire/EMS officials and police chiefs as well as their union representatives. Current drawings of the First Responders Memorial were unveiled at the gathering, held at the Warren Valley Banquet Center in Dearborn Heights.

In addition to the memorial project, Wayne County Parks will be hosting its initial First Responders Memorial Half Marathon and 5K

run on Saturday, Oct. 5. The run will take place on the western end of Hines Park and will end at the new memorial. Wayne County Parks is partnering with Running Fit in producing the event. Registration will begin on March 1 and is open to the public. Awards will be given to participants who win team challenges and competitions during the races. Half marathon finishers will receive medals.

Proceeds from the races will go toward the maintenance of the First Responders Memorial. The memorial is being funded through the parks millage. The millage is a tax levy that helps to ensure quality maintenance and upkeep for the parks throughout Wayne County.

# Determination helps teen drop 130 pounds

By Julie Brown  
Staff Writer

Henry Blicke's only 17, but he can definitely tell older people with New Year's weight loss resolutions a thing or two.

The Northville High School senior lost 120 pounds over 9 months in his junior year, and an additional 10 pounds over the next month and a half to two months. He's kept the weight off thanks to a good diet and exercise.

"Really, it's just eating healthy," said Blicke, who doesn't eat after 6 p.m. each day. "I run every day."

He's the son of Laura and Fred, and has three older brothers, Will, 23, Brody, 22, and John, 21, who were athletes at NHS.

Henry Blicke says he was thin as a young child, but slowly is weight progressively got away from him.

"As I got older, I gained weight. It was a progressive thing," he said.

"I'm a very motivated person," he added. "Once I start something, I'm not likely to quit."

He's in the Drama Club at NHS and his lower weight makes dancing easier, and increases the roles he can play. Blicke did "Hairspray," the spring musical last year after he'd lost weight, and had to wear a "fat suit" for the John Travolta role.

"It was kind of ironic," said Northville Township neighbor Shelly Bush, mom to Henry's best friend, Emily Bush, also an NHS senior. The two seniors run three or



JOHN HEIDER | STAFF PHOTOGRAPHER

Northville High School senior Henry Blicke lost about 130 pounds in the last two years thanks to a diet where he ate a lot less, and nothing past 6 p.m. Blicke also got a lot of motivation from his neighbor and running partner Emily Bush, right.

four miles daily. Henry used to accompany Emily on runs on his bicycle and remembers it was an effort to keep up even riding when he was heavy. She had exercises from being on the varsity soccer team for her friend.

"He's shocked me with his dedication," Emily Bush said. "I would offer him what I'm eating and he would never take it." Blicke, now a 30 skinny in pants, started at a size 46. When he couldn't fit into his 44s, he vowed to slim down.

When he was losing weight, he'd have a Slimfast, coffee, lemon water and vitamin for breakfast. Lunch was salad or a peanut butter and jelly sandwich. When rehearsing for the show, he'd have a Subway for dinner, or a sandwich from his mom. He often has soup and sandwich combos or a Caesar salad.

Blicke allows himself a small sweet treat, such as mini Reese's peanut butter and chocolate cups. Now at dinners, his mom has salad regularly

and a fruit bowl. He buys Lean Cuisine-type meals if she's not cooking.

"I've been told I have an infectious happiness. I don't think it's really changed the way I am, the way I view people," Blicke said. He recalled one bully in second grade who teased, but Blicke told his older brother about the bullying and it ended.

Blicke's been accepted at Western Michigan University, and will audition for The American Academy of Dramatic Arts in Los Angeles. He noted his family and friends supported him in weight loss, with "Do whatever makes you happy."

"It's stayed off for roughly a year now," he said. "It's just kind of a lifestyle."

Blicke summed up his accomplishment by encouraging others to lose weight for themselves, and not for other people. It's best to set small goals, he added, and work from there.

jbrown@hometownlife.com

# Station hosts annual record show

Student radio station 88.1 The Park, which serves Plymouth-Canton Community Schools, will present their fifth annual Record Show on Saturday Feb. 23, from 10 a.m. to 4 p.m. at the Salem High School Cafeteria.

Collectors will find thousands of vinyl records, CD's, import only releases, 45's and 78's, T-shirts, posters and other collectibles. The music will span many genres including rock, jazz, pop, country, R&B and folk. The show will also feature special giveaways and door prizes.

"We love presenting this record show," station manager Bill Keith said. "I enjoy being there when a person finds that special album they've been searching for. We have a lot of fun hanging out with people that love music."

Tickets are \$3, \$5 for early admission between 9-10 a.m. Students at Canton, Plymouth and Salem High Schools will receive free admission with a student ID.

All of the proceeds will benefit 88.1 The Park, and will help the station to continue serving the community with unique programming and broadcast training for students.

Salem High School is located at 46181 Joy Road in Canton. The Salem High School Cafeteria is located on the first floor, just inside the main entrance to the school.

The station is staffed by students at Canton, Plymouth and Salem High Schools. The station has been serving the community since Feb. 14, 1972. Listeners can find out more about the station at [www.881ThePark.com](http://www.881ThePark.com).

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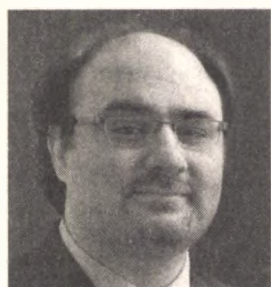
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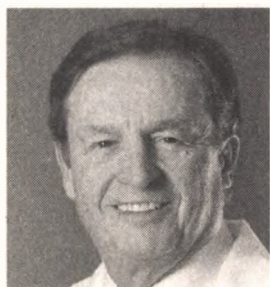
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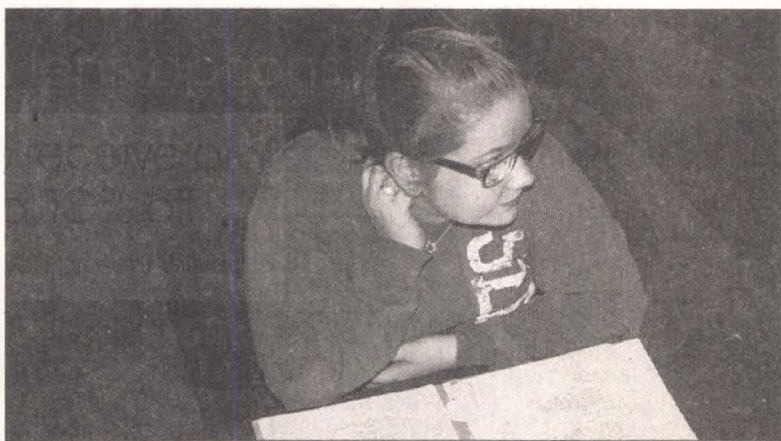


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Gentleman caller Jim (Joey Courtney) and Laura (Kelley Donnelly) share a dance in "The Glass Menagerie."

Canton High School senior Sara Kadish, the stage manager for "The Glass Menagerie," helps cast members through their lines during a Tuesday rehearsal.



Light crew chief Reilly Wong works her magic with the lighting board during a rehearsal of "The Glass Menagerie."



The play is rife with conflict between Amanda (Madeline Klozik) and Tom (Sean Larson).



Sophomore Madeline Klozik is Amanda, the matriarch of the Wingfield family, in "The Glass Menagerie."

'GLASS'

Continued from page A1

smaller, and (*Menagerie*) seemed like a perfect complement."

*The Glass Menagerie* is a four-character play detailing the struggles of Amanda Wingfield, a faded Southern belle abandoned by her husband who is trying to raise her two children under harsh financial conditions. Some believe the play is based on Williams' own life.

The cast and stage crew have only been rehearsing since mid-January, with practice cut short by a late return from the holidays.

"That's another reason I wanted a smaller play," Bird said. "We've only been rehearsing three and a half weeks, which is considerably shorter than we're used to."

Casting call

That hasn't deterred the cast, three of whom worked together previously in last year's production of *Hotel Peridiso*. Madeline Klozik, a sophomore at Salem High School, is cast in the role of Amanda, the key fig-

ure who is in nearly every scene.

"Amanda is one of those people who likes to her herself talk," said Klozik, last on the stage in a *Forever After* production of *A Christmas Carol* at the Village Theater in Canton. "She's worried about her family, trying to get (daughter) Laura some security in her life."

It's the daughter who is at the center of the play, as Amanda tries to find her security and enlists the help of son Tom, who brings home a "gentleman caller." A childhood illness has left her with a limp, and she has an inferiority complex that has caused her to be isolated from the outside world.

Portraying Laura's nearly anti-social personality was the big challenge for Kelley Donnelly, an outgoing Plymouth High School senior and one of three *Peridiso* alums.

"Laura is an introvert and my personality is very much an extravert," Donnelly said. "She's so shy in front of people, she has severe social anxiety. It's pretty hard (to play her) because it's so opposite of who I am as a person."

Sean Larson, a Plym-

outh High School senior who plays embattled son Tom, Laura's younger brother who works at a shoe warehouse to support his family but is frustrated by his job and aspires to be a poet. He escapes from reality through nightly trips to the movies and local bars.

Tough play

The play is rife with conflict between Amanda and Tom, something Larson found difficult to play opposite good friend Madeline Klozik.

"Mad and I were close before the show," Larson said with a smile. "To have that kind of friction with her isn't anything I'm used to."

Rounding out the cast is Joey Courtney, a Canton High School senior who plays the "gentleman caller" Jim, hoodwinked by Tom into calling on Laura. What Tom doesn't know is that Jim is actually engaged to be married.

"He's very self-centered," Courtney said. "In high school, he was a big shot, and he still thinks he's a big shot. It kind of carried over into his adulthood."

Cast members think the show's dark parts make it an unusual choice for a high school production, but they're eager to carry it off.

"Most (high school) shows are lighter and warmer," said Canton High School senior Sara Kadish, the play's stage manager. "This is definitely not a happy show." Williams' style also presented challenges.

"It's not an easy play to do," Bird said. "Tennessee Williams' style is very poetic, so it's not the kind of conversational speech they're used to. The fact they haven't had as much time to practice has also been a challenge."

But Kadish said the cast has been up to the challenge, and is ready.

"They have more of a struggle because there's only four of them, so they have more lines," Kadish said. "They come prepared, and with such a small cast it's easy to work together. They're a really great cast."

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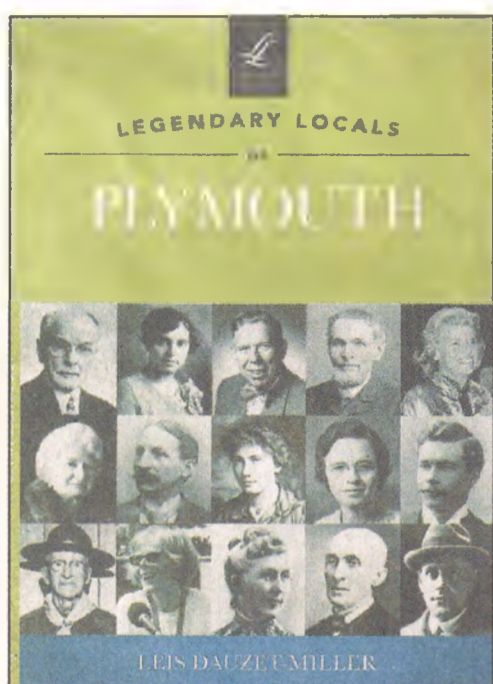
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Legendary Locals of Plymouth is a new Arcadia book about Plymouth by Leis Dauszet-Miller, released in January.



# Invest with a strategy, goals in mind

By Rick Bloom  
Guest Columnist

Last week for the first time since October 2007, the Dow Jones Industrial Average broke through the 14,000 mark. No doubt this is good news for investors. After all, just four years ago the Dow was in the 6,000 range. Obviously, it's much better when the market is rising as opposed to when it's in decline. That being said, the question is how should individual investors, like you and I react to Dow 14,000?

Investors should not change their course of action just because of this good run. Focus on what is important as opposed to what is currently happening in the market.

All too often, investors tend to focus on the market as to when they should buy and sell. As far as I'm concerned, this is not the way to be a successful investor. While the market is important, however, it's not nearly as important as what an investor is trying to achieve. It's not the market; it's your goals and objectives that determine how and when you invest.

Investors look at the market and if they think it's going up they buy. If they think it's going down, they sell. This strategy is a form of market timing and it does not work. The market is irrational over the short run. Good news is bad news and bad news is good news.

When you try to time the market you have to be correct twice — once when you buy and once when you sell. As far as I know, no one has been able to successful-



Money Matters

Rick Bloom

If you're a long-term investor you need to be in the market and stay with it despite all of the ups and downs. On the other hand, if you need your money in one or two years, it shouldn't be invested in the market. The market is too aggressive over the short run.

A successful investor in today's world needs

ly do this over any length of time. Therefore, my philosophy is do not try it.

Invest money for you are trying to achieve.

to manage risk. The best way to do this is to invest based upon goals and objectives.

I read a troubling story recently that said many individual investors had started to rush back into the market. These individuals are not investing based upon goals and objectives, they are trying to time the market. What eventually happens is when the market goes south, they will end up being among the first to bail out. Their strategy of buying high and selling low is not a prescription for success.

As many famous investors have said, it's not timing the market; it's time in the market that really determines success.

No doubt I am much happier when the Dow is over 14,000 than where it was four years ago. However, my individual portfolio and for those that I manage have a strategy and the discipline to stay with that strategy. Investors who don't have a strategy are at the mercy of the market. Investors who do have a strategy and the discipline to follow it will find that despite some occasional short-term pain, there will be long-term gains. Good luck!

Rick Bloom is a fee-only financial adviser. His website is [www.bloomassetmanagement.com](http://www.bloomassetmanagement.com). If you would like Bloom to respond to your questions, please e-mail him at [rick@bloomassetmanagement.com](mailto:rick@bloomassetmanagement.com).

## Lecture focuses on legendary locals

Legendary Locals of Plymouth is a new Arcadia book about Plymouth by Leis Dauszet-Miller, released in January.



Dauszet-Miller

The book draws upon numerous collections and stories of those in Plymouth's

past and current residents who affected change within the community.

According to Liz Kerstens, executive director of the Plymouth Historical Museum, the book focuses on people such as:

- The Houghs and Bennetts, "who helped put Plymouth on the map";
- Sanford Burr, whose family history runs deep in Plymouth and "who

loves sharing stories of the town's earlier days";

- Margaret Dunning, whose philanthropy has added to Plymouth's charm;

- and Joanne Winkelman Hulce, whose vision and love of the arts has added to the quality of life in Plymouth.

Dauszet-Miller will talk about the book at the Feb. 14 meeting of the Friends of the Plymouth Historical Museum, which begins at 7:30 p.m. The museum has copies of the book available for sale in the Museum Store and copies will be available during the meeting. The author will sign purchased copies.

Dauszet-Miller is a volunteer at the Plymouth Historical Museum and a long-time resident and educator. This lecture is free and open to the public.

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## OUR VIEWS

# Looking back Use February to explore black history

If you're tuned into the special observances that spring up throughout the year, you know that February is Black History Month, 28 days set aside to explore the contributions of black Americans to our country, our culture and our lives.

The observance dates back to 1926 when Dr. Carter G. Woodson launched Negro History Week as an initiative to bring national attention to the contributions of black people throughout American history. The son of former slaves, Woodson was disturbed that black Americans, even though they figured in, were ignored in history books and decided to take on the challenge of writing them into the nation's history.

Woodson chose the second week in February because of the birthdays of Abraham Lincoln and Frederick Douglass, who played important roles in the abolition of slavery. But February is filled with even more important dates. A few examples:

- The Underground Railroad providing black slaves with safe passage to freedom was established in February 1838.

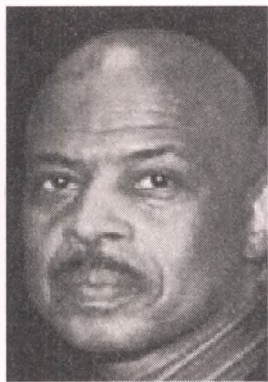
- Congress approved the 13th amendment ending slavery in 1865 and the 15th amendment giving African American men the right to vote in 1870.

- The National Association for the Advancement of Colored People (NAACP) was founded by a group of concerned black and white citizens in New York City in 1909.

- The first black U.S. senator, Hiram R. Revels, took his oath of office on 1870.

Our understanding of who we are is steeped in our knowledge of our past. We cannot know where we're going without knowing where we've been. We need to know all of the people who have played a role in shaping our country, everyone from George Washington to Abraham Lincoln and Barack Obama and everyone in between.

The Canton Public Library hosts a program honoring civil rights icons Rosa Parks and Dr. Martin Luther King Jr. among the programs the library is rolling out for Black History Month. Unfortunately, the Plymouth District Library isn't featuring any events to honor similar contributions.



Reed

In Canton, though, Detroit attorney and award-winning author Gregory J. Reed, who worked to secure Parks the Medal of Freedom and a postage stamp issued to honor the 100th anniversary of her birthday, brings a wealth of knowledge after he served as her lawyer, traveled with her and became her close friend.

Reed is set to speak at 7 p.m. tonight (Thursday), at the Canton library, 1200 S. Canton Center. The event is free and open to the public.

History is a living document, each day a new page is written, and as our country continues to evolve, more and more of the pages are being filled with the successes of all Americans. We look forward to the day when it's not black history or white history, but our history, where we identified with those who have shaped our country not by the color of their skin, but by their deeds and accomplishments.

Even Woodson looked forward to that day, when he wrote: "We should emphasize not Negro History, but the Negro in history. What we need is not a history of selected races or nations, but the history of the world void of national bias, race hate, and religious prejudice."

## COMMUNITY VOICE

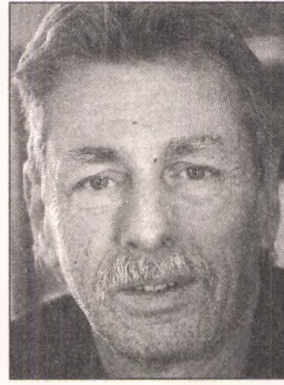
### What was your favorite Super Bowl commercial?

We asked this question at the Plymouth Coffee Bean in downtown Plymouth.



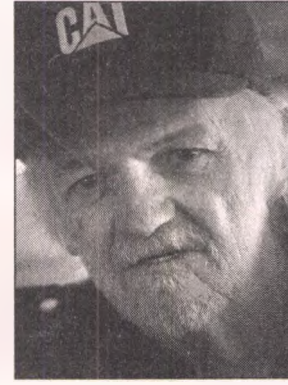
"I've seen the Chrysler 'farmer' commercial. I saw the Bar Refaeli commercial. ... I've only seen three. ... I saw the 'goat' (Doritos) commercial. ... I wasn't really crazy about any of them. ... I liked the goat commercial."

**Marty Shichtman**  
Plymouth Township



"You see those all year anyway. ... I saw a couple that made me laugh, but they were also kind of dumb."

**Dave Keith**  
Plymouth Township



"I didn't watch any of the commercials. ... I walked away from the TV to get something."

**David Spence**  
Livonia



"I suppose I took the opportunity to switch to other channels to see what was on."

**John MacDonald**  
Plymouth

## LETTERS

### Hats off to Slavens

I take my hat off to Rep. Dian Slavens, who chose not to endorse Jase Bolger for another term as state House Speaker.

While just about all the other representatives, including Rep. Kurt Heise, chose to turn a blind eye to the election-rigging scandal, Rep. Slavens embraced a higher code of ethics and refused to cave to political peer pressure.

Bravo! That's more than I can say for Rep. Heise, who I feel is best characterized by the three monkeys who "see no evil, hear no evil, speak no evil."

**John M. Vraniak**  
Plymouth Township

### Thanks for 'March' story

Thank you for your recent article (Jan. 27) in the Canton Observer about the "March for Life" in Washington.

I appreciate the educational aspect. Many people reading this article will now know the horrendous effect of the Supreme Court decision 40 years ago: 55 million abortions performed in the United States.

Although about 500,000 people were in attendance, there was

### WHAT DO YOU THINK?

We welcome your Letter to the Editor. Please include your name, address and phone number for verification. We may edit for clarity, space and content. Submit letters by the following formats:

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**Fax:** (313) 223-3318

**E-mail:** bkadrich@hometownlife.com

**Blog:** You may also let your opinions be heard with your own blog at hometownlife.com.

**Deadline:** Letters should be received by 9 a.m. Monday to be published in the Thursday edition.

nary a word from the media. Speaking for many, again, thanks so much.

**Barb Schmid**  
Canton

### Blame Clinton

The brutal murders/assassinations of four Americans in Benghazi were tragic and avoidable. Any logical American would have thought we would have had mas-

sive embassy security in the region. The liberal press minimized the incompetency of the Hillary Clinton-led State Department and submissively promoted the idiotic Obama administration claim that a video was at fault.

Heaven forbid that something would surface that could swing the election away from Obama. So as always, the Obama spin machine deflects, and the ill-informed drink the Kool-Aid, while this American tragedy is left on the back page news along with jay-walking tickets. Then we have to read idiotic comments such a recent Kool-Aid-induced "Cheap Point" about Rand Paul.

Hypothetically, if any logical American were President, someone should and would be fired over the inexcusable shortfalls of embassy security and that would be Clinton. Unfortunately, liberals are so blinded by their ideology that they let their leaders get away with Benghazi-type tragedies, deflect toward conservatives, and enjoy another glass of sugary drink. Hopefully, this political and logical divide will not lead to the doom of our country.

**Keith Costello**  
Farmington Hills

## STAFF COLUMN

# Toys lose in gun debate, but what about the real things?

An abundance of caution has become the response when it comes to children and toy guns.

This was illustrated recently in Plymouth when a boy with a toy pistol, playing with friends in a wooded area near an elementary school, was reported to police by someone who mistook the plastic gun for the real thing.



Matt Jachman

Responding police officers could not locate the boy, but were able to track him down the next day and ascertain the pistol was a toy — made of clear plastic so as not to appear real — that used air pressure to shoot plastic pellets with little force. No crime, no harm done, police said, but meanwhile rumors about the incident had gathered momentum on social media, and police were forced to explain what happened and quell the rumors.

With memories of the Sandy Hook, Conn., massacre and other mass shootings still fresh in the public's mind, and a highly charged atmosphere in general when it comes to guns, this was a completely appropriate response. One can't fault a witness for

reporting what she or he honestly thought was a gun — what if it turned out to be real, went unreported, and someone had gotten hurt? Neither can one fault the police for responding cautiously, following up and acting promptly to calm public fears. With so many real guns out there, they've got to take every such report seriously.

The fact that the kids were playing near a school — though it was not a school day, the witness may not have known that — may have made the situation as described sound even more urgent.

This isn't the first time police locally have responded to reports of guns that turned out to be fake, and news reports nationally show schoolchildren have gotten in trouble just for using their hands to make pistol gestures.

Perhaps, for the reasons above, this is as it should be. Plymouth Lt. Jamie Grabowski said it best last week: If kids want to play with these toys, they should keep them inside.

What seems odd, however, is the relative lack of alarm, in some Michigan lawmaking quarters, at the prospect of people carrying real, loaded pistols into crowded public places where they normally aren't found, such as stadiums, schools and

churches. (A lame-duck bill that would've allowed that for concealed pistol-license holders was vetoed by Gov. Rick Snyder just after Sandy Hook.)

What seems odd, when juxtaposed with the caution with which we address guns that turn out to be toys, is the sometimes ho-hum response to open-carry advocates' insistence on strapping their no-question-about-it real guns when they go out to dinner or head to the library or the contentious city council meeting.

Perhaps this, too, is as it should be — the Second Amendment, of course, talks about the people's right to keep and bear arms, not Timmy's right to keep and play with a plastic pistol.

But I suggest there is plenty of room in the Second Amendment (which links the keeping of arms to "a well-regulated militia") for limits that balance rights with common sense and safety, and that maybe we can talk about some of the real guns out there with the same kind of caution with which we talk about the toys.

**Matt Jachman** is a reporter for the Plymouth Observer. He can be reached at (313) 222-2405 or via e-mail at mjachman@hometownlife.com.

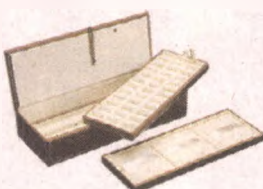


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# SPORTS

TIM SMITH, EDITOR  
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## Rocks' win sets up showdown

By Tim Smith  
Staff Writer

### BOYS HOOPS

Salem's varsity boys basketball team controls its own destiny after all in the quest for back-to-back KLAA Central Division championships.

The Rocks outlasted visiting Novi 55-53 Tuesday night and can claim the division crown outright if they can defeat co-leaders South Lyon on Friday.

Only a late 17-4 surge by the Wildcats — featuring a trio of 3-balls by Nelson Cagle — made the final score deceptively close.

"We kind of lost our composure late in the game," Salem head coach Bob Brodie said. "Thank goodness we had a pretty good lead. But I told the kids, you got to lock in at the end."

Both first-place teams

carry 7-2 divisional records into that winner-take-all contest at South Lyon. The Lions were upset 54-45 by Northville Tuesday night.

"We're going to try and defend our championship," Brodie said. "We're division champs and they have to take it from us. But like I said, it's not going to be easy."

"... At least we're at this point where we have a chance. I thought a couple times there we might not have had a chance."

### Stronger start

One of those times might have been after Friday's gut-wrenching overtime loss to Livonia Stevenson, a game Brodie said his team hurt itself with a sluggish start.



Salem boys basketball coach Bob Brodie and his team can win a second straight KLAA South title with a win Friday at South Lyon.

"We started slow against Stevenson and made sure we weren't going to come out of the blocks that slow this time," Brodie stressed. "And they didn't, they came out determined."

Salem (11-4, 7-2) indeed

did just that, building a 21-9 lead after one frame with senior forward Chris Dierker (17 points, 12 rebounds, three steals) muscling his way into the paint for rebounds and buckets.

The Rocks went on a

11-0 run to close out the frame, and there were plenty of players chipping in.

Dierker — whose work at both ends sparked Salem's 39-25 rebounding

Please see HOOPS, B3

### Senior softball

A newly formed team in the 65-and-over Western Wayne County Suburban Softball League is seeking slow-pitch players the summer season, which runs from May through August.

Games will be played at 10 a.m. Mondays and Wednesdays in the Livonia, Canton and Westland areas.

The league is governed by ASA senior slow-pitch rules. A nominal fee will be assessed to cover incidental team and league expenses.

For more information, call Bob Mosher at (734) 502-7477 or Doug Curry at (248) 767-0828.

### Hoop clinic for shooting

The Metro Basketball Association will offer a shooting clinic (grades three-eight) from 2-5 p.m. Sunday, Feb. 17, at Huron Valley Lutheran High School, located at 33740 Cowan, a half-mile east of Warren Road, Westland.

The cost is \$35 (if pre-registered by Feb. 15) or \$45 at the door for the Pro Shot Shooting System clinic.

For more information, visit [www.metrobasketball.org](http://www.metrobasketball.org).

You can also call Kevin Wilkinson at (313) 406-2722 (office) or (313) 247-5405 (cell).

### CANTON INVITATIONAL

## Nemesis nips Chiefs yet again

By Tim Smith  
Staff Writer

The Canton Chiefs continue to play bridesmaid to defending state champion Grand Ledge, with another second-place finish — this time at Saturday's Canton Invitational.

Grand Ledge trailed Canton by a .2-point margin entering the final event, where the Chiefs dropped the event and the meet.

Yet Chiefs' girls gymnastics coach John Cunningham isn't losing hope that the 2013 state finals will have a different result, despite the Comets edging Canton 147.675-to-146.700.

"I told the girls that it was fun making Grand Ledge sweat," Cunningham stressed. "But if we can only beat them once, I would choose at the MHSAA state meet."

Cunningham then added that the Chiefs "have lots of achievable areas to improve."

Several other Observerland teams cracked the top 10 (out of

19 teams), with Livonia Red finishing fourth with 139.300 points. In fifth with a 138.000 tally was Farmington, followed by Plymouth (seventh, 137.625), Livonia Blue (eighth, 136.550) and Salem (ninth, 136.300).

A key reason for Canton's near invite title was Melissa Green, who Cunningham said "led the medal charge" in Division 1 with nines on all four events and finished third in all-around scoring with a 37.150 total.

"Melissa Green is our reason for success," Cunningham said. "She is our most consistent high-level performer who always comes through."

Sophomore Jocelyn Moraw also had an excellent day, finishing fifth in D1 all-around (36.850), highlighted by a second-place showing on floor exercise (9.425).

Another Canton highlight in D1 was freshman Maddie Toal's 9.725 on balance beam. That was the highest score of the day for the

Please see INVITE, B2



Chiefs' senior Nicole Lasecki starts her vault routine at Saturday's Canton Invitational.

JOHN KEMSKI | EXPRESS PHOTO

## Springboard

### Swimmers look for MISCA success, state cuts

By Tim Smith  
Staff Writer

This weekend's MISCA boys swimming and diving meet promises participants a fast pool and a fast track for a spot in the Division 1 state meet in early March.

Several swimmers from Plymouth and Salem will compete at Saturday's Michigan Interscholastic Swimming Coaches Association meet at Eastern Michigan University's Jones Natatorium.

On Friday, also at EMU, Plymouth senior Connor McManus will be the lone Park participant at the MISCA diving competition.

To earn MHSAA cuts, swimmers must pare time off their MISCA cuts. For example, someone in the 200

freestyle qualifies for the MISCA meet with a time of 1:55.29 seconds; they'd need to clock in at 1:48.79 Saturday to earn a spot at the state meet in Holland (March 8-9).

"Swimming at Eastern's pool, it's the best experience you can have," Plymouth first-year head coach Kenn Forbes said. "It's one of the fastest pools in the country. They're almost guaranteed (to drop time at MISCA)."

"The one worry I have is (Thursday) we have our last dual meet against John Glenn. So I hope that they're rested."

### Little resistance

Veteran Salem head coach Chuck

Please see SWIM, B2

Nick Weber (above) is among several Plymouth Wildcats to compete at the MISCA meet. Salem also will have a contingent at EMU.



BILL BRESLER | STAFF PHOTOGRAPHER

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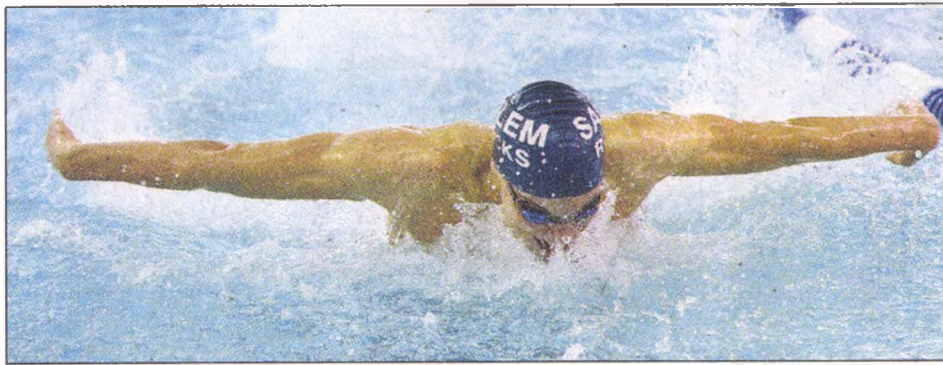
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## BOYS SWIM RESULTS

**DUAL MEET RESULTS CANTON 103 CHURCHILL 80 Jan. 31 at Canton**  
**200-yard medley relay:** 1. Canton (Kyle Bindas, Alex Bourdreaux, Trevis Majtara, Gerard Niermann), 1:52.63; 2. Livonia Churchill (Daniel Saltzmann, Franklin Qiu, Jose Melendez, Jackson Norwood), 1:55.79; 3. Canton (Anthony Garbarino, Ali Ghannam, Nathan Albin, Chris Jenner), 2:06.15.  
**200 freestyle:** 1. Qiu (LC), 2:03.52; 2. Michael Wilyard (C), 2:06.59; 3. Nathan Benjamin (C), 2:12.22.  
**200 individual medley:** 1. Bourdreaux (C), 2:21.21; 2. Melendez (LC), 2:27.60; 3. Jack Chaney (C), 2:40.34.

**50 freestyle:** 1. Majtara (C), 25.30; 2. Daniel Saltzmann (LC), 25.45; 3. Bindas (C), 25.67.  
**1-meter diving:** 1. Ethan Burke (LC), 192.20 points; 2. Austin Tetlow (C), 126.80; 3. Kameron Stancer (LC), 117.80.  
**100 butterfly:** 1. Melendez (LC), 1:03.90; 2. Niermann (C), 1:04.72; 3. Malhoit (C), 1:08.2.  
**100 freestyle:** 1. Qiu (LC), 54.43; 2. Majtara (C), 54.99; 3. Norwood (LC), 57.38.  
**500 freestyle:** 1. Kyle Reppenhagen (LC), 5:48.84; 2. Benjamin (C), 5:48.89; 3. Chaney (C), 6:16.25.  
**200 freestyle relay:** 1. Canton (Majtara, Bindas, Joy, Niermann), 1:41.30; 2. Canton (Jenner, Kyle Spence, John Everitt, Andrew Loehnis),

1:48.53; 3. Livonia Churchill (Kameron Stancer, Soules, Fetter, Reppenhagen), 1:56.77.  
**100 backstroke:** 1. Saltzmann (LC), 1:05.90; 2. Norwood (LC), 1:13.25; 3. Travis Alber (C), 1:14.72.  
**100 breaststroke:** 1. Bourdreaux (C), 1:08.13; 2. Wilyard (C), 1:13.80; 3. Grant Kurilli (C), 1:19.14.  
**400 freestyle relay:** 1. Livonia Churchill (Qiu, Melendez, Norwood, Saltzmann), 3:46.45; 2. Canton (Niermann, Jenner, Joy, Bindas), 3:51.48; 3. Canton (Albin, Spence, Noah Adams, Benjamin), 4:11.12.  
**Dual meet records:** Canton, 1-5 overall, 1-3 KLAAs South Division; Churchill, 2-7 overall, 1-3 KLAAs South.



BILL BRESLER | STAFF PHOTOGRAPHER

Salem's Turner Solterman will participate at the EMU-hosted MISCA meet.

## SWIM

Continued from page B1

Olson said the design of the EMU pool lends itself to fast swims. "It has very few waves," Olson said. "The design really cuts down on the wave action. And ... it's one of the deepest pools in the state, so you don't get that underwater turbulence."

He said Jason Zhang and Turner Solterman have already made their MHSAA cuts, but would still like to go for personal bests. Other Salem swimmers at the MISCA meet want to join them.

Those include Jason Basanese, Brian Kuang, Jerry Bai, Smaran Bhaktawara, Patrick Casey, Matt Pairitz and Charles Liu. "I would hope we would get three or four new state

cuts out of those," Olson said.

Plymouth's MISCA contingent includes Cameron Earls, Nick Weber, Benjamin Yang in individual events.

The Wildcats also have the 200 medley relay team (Earls, Garrett Beauprez, Weber and Alex Wilson) and 400 free relay team (Earls, Weber, Beauprez and Ryan Heinze) in action at EMU.

In order for the relays to make state cuts, times will need to be trimmed by nine and 17 seconds, respectively.

Canton did not have any swimmers qualify for the MISCA meet, head coach Dave Le said.

### Great preparation

Forbes emphasized that success at the MISCA meet helps swimmers gear up for the state meet. "The atmosphere is sim-

ilar and can help prepare them on how to handle the pressures of a 'big meet,'" Forbes said. "Especially for those who have not made a state meet before."

Meanwhile, he added that the dynamics of the EMU pool can boost swimmers' confidence that they can better their MISCA cuts.

"If a swimmer is stuck on a time for too long they can begin to doubt themselves in their ability to go faster," Forbes said. "EMU's pool is ideal for helping break those (mental) walls down."

"It's a fast pool to swim in, and I think being at a college/university may get them more hyped."

Friday's diving meet is slated for 6 p.m. Swimming events begin noon Saturday.

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PHOTOS BY JOHN KEMSKI | EXPRESS PHOTO

Sprinting into her vault routine in Division 1 competition at the Canton Invitational is Erica Lucas of the Chiefs.

## INVITE

Continued from page B1

Chiefs and Toal missed setting a new school record by .025.

Farmington's Carina Wright checked in at eighth in D1 all-around with a 36.125 total.

### D2 stalwarts

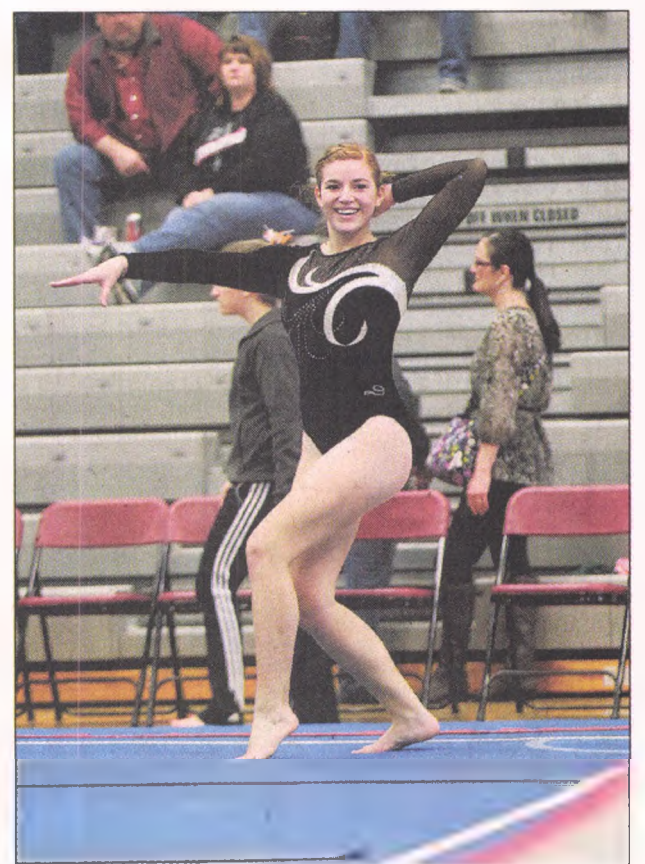
In D2, Canton senior Nicole Lasecki had an excellent tournament. She placed second on uneven parallel bars (8.95) and third in all-around (35.5) to lead all Observerland gymnasts.

Making the D2 top 10, in addition to Lasecki, were Livonia Blue's Bri Rhoad (fourth, 35.275), Canton's Erica Lucas (fifth, 35.150), Livonia Red's Marissa McVey (sixth, 35.025) and Shannon Diaz (tied for eighth, 34.725), Salem's Brittany Ramirez and Farmington's Alyssa Milinoff (tied for 10th, 34.700).

Cunningham said it was good to see Lucas perform well in her return to competition following injuries. She took first on vault with a 9.55 score.

Salem featured two others who finished among the top 20 in D2: Morgan Soper (18th, 33.625, highlighted by third place on floor, 9.250) and Andrea Merlotti (19th, 33.500).

The Rocks had success in D2 on vault, with three gymnasts among the top 10. Ramirez fin-



Plymouth senior Jane McCurry gets into it during her floor exercise routine at the Canton Invitational.

ished fourth (9.125), followed by Brooke Allgeyer (eighth, 9.050) and Merlotti (ninth, 9.0).

None of Plymouth's contingent scored high in D2 all-around, primarily because coach Pam Yockey limited each gymnast to two or three events.

Only senior Sarah Uhlman and freshman Rebecca Simu participated in three events, tallying 26.75 and 24.5, respectively. Uhlman placed fourth on beam with a 9.4 score.

Two other Wildcats nearly reached the 9.0 mark in an event. Katie Salanga's 8.925 on beam was good for ninth (just behind eighth-place Merlotti's 8.975) while Jane McCurry finished in ninth place on floor with a 8.9 mark.

Meanwhile, Canton freshman Hailey Hodgson's score of 8.9 earned her 12th place on vault in the D2 standings.

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## GIRLS GYMNASTICS RESULTS

**CANTON INVITATIONAL**  
Feb. 2 at Plymouth H.S.

**TEAM RESULTS:** 1. Grand Ledge, 147.675 points; 2. Canton, 146.700; 3. Forest Hills, 139.525; 4. Livonia Red, 139.300; 5. Farmington, 138.000; 6. Brighton, 137.725; 7. Plymouth, 137.625; 8. Livonia Blue, 136.550; 9. Salem, 136.300; 10. Freeland, 135.775; 11. Holt, 134.850; 12. Howell, 134.700; 13. Grosse Pointe, 132.375; 14. Northville, 129.725; 15. Sturgis, 126.950; 16. Western, 124.775; 17. Fraser, 112.325; 18. Troy, 112.300; 19. Pinckney, 37.075.

### DIVISION 1

**Vault:** 1. Ashley Hextall (Pinckney), 9.625; 6. (tie) Melissa Green (Canton), 9.400; 9. (tie) Carina Wright (Farmington), 9.350; 11. Jocelyn Moraw (Cnt), 8.925.

**Parallel Bars:** 1. Sara Peliter (Grand Ledge), 9.675; 4. Katie Kretzschmar (Liv. Red), 9.125; 5. Green (Cnt), 9.100; 7. Moraw (Cnt), 8.925; 11. Maddie Toal (Cnt), 8.725; 13. Wright (Fton), 8.625; 16. Rebecca Simu (Plymouth), 8.275.

**Balance Beam:** 1. Christina Shabet (Troy), 9.875; 2. Toal (Cnt), 9.725; 4. Moraw (Cnt), 9.575; 7. Green (Cnt), 9.325; 10. Kretzschmar (L. Red), 8.975; 12. Wright (Fton), 8.800; 19. Simu (Ply), 7.550.

**Floor Exercise:** 1. Shabet (Troy), 9.700; 2. Moraw (Cnt), 9.425; 5. Wright (Fton), 9.350; 6. Green (Cnt), 9.325; 12. Toal (Cnt), 8.850; 15. Simu (Ply), 8.675.

**All-Around:** 1. Shabet (Troy), 38.325; 3. Green (Cnt), 37.150; 5. Moraw (Cnt), 36.850; 8. Wright (Fton), 36.125.

### DIVISION 2

**Vault:** 1. Erica Lucas (Canton), 9.550; 4. Bri Rhoad (Livonia Blue), 9.225; 5. Maggie McGowan (Livonia Red), 9.150; 6. Brittany Ramirez (Salem), 9.125; 8. Brooke Allgeyer (Slm), 9.050; 9. (tie) Claire Saunders (Farmington), Alex Zukowski (L. Blue), Andrea Merlotti (Slm), 9.000; 12. (tie) Hailey Hodgson (Cnt), Alyssa Millinoff (Fton), 8.900; 15. Jamie Jasinski



JOHN KEMSKI | EXPRESS PHOTO

Salem's Morgan Soper, shown from earlier this season, competed in Division 2 at the Canton Invitational.

(L. Blue), 8.825; 16. Allison White (L. Blue), 8.800; 19. (tie) Deanna Burns (Fton), Marissa McVey (L. Red), Katie Salanga (Plymouth), 8.700; 26. Morgan Soper (Slm), 8.625; 27. (tie) Jane McCurry (Ply), Maddie Burt (Slm), 8.600; 34. (tie) Emily Chatterjee (L. Blue), Sarah Uhlman (Ply), 8.575; 37. (tie) Nicole Lasecki (Cnt), Kayla Janeveski (Ply), 8.550; 40. (tie) Sydney Grennier (L. Red), Emily Welch (Ply), 8.500; 46. Jackie Dzurigot (L. Red), 8.450; 51. Shannon Diaz (L. Red), 8.350; 59. Megan Campbell (Fton), 8.250.

**Parallel Bars:** 1. Lauren Clark (Grand Ledge), 9.075; 2. Lasecki (Cnt), 8.950; 3. Rhoades (L. Blue), 8.850; 5. Samantha Fontana (Ply), 8.775; 6. Ramirez (Slm), 8.750; 8. (tie) Lucas (Cnt), Millinoff (Fton), 8.625; 12. Haley Metz (Ply), 8.475; 13. Diaz (L. Red), 8.450; 16. Marissa Lapinski (L. Red), 8.350; 18. McVey (L. Red), 8.325; 19. Marissa Schuh (Fton), 8.300; 24. Welch (Ply), 8.175; 25. (tie) Campbell (Fton), Soper (Slm), 8.150; 33. McGowan (L. Red),

7.925); 35. Chatterjee (L. Blue), 7.875; 36. (tie) Jillian Zafarana (L. Blue), Dzurigot (L. Red), 7.825; 38. Paulette Martino (Slm), 7.775; 46. Zukowski (L. Blue), 7.525; 49. Merlotti (Slm), 7.400; 50. Molly McSween (Ply), 7.375; 51. Nicole Sokolowski (L. Blue), 7.250; 55. Allgeyer (Slm), 7.100.

**Balance Beam:** 1. Clark (GL), 9.575; 2. McVey (L. Red), 9.550; 3. Uhlman (Ply), 9.400; 6. Rhoad (L. Blue), 9.300; 7. Diaz (L. Red), 9.050; 8. Merlotti (Slm), 8.975; 9. Salanga (Ply), 8.925; 10. Lasecki (Cnt), 8.900; 11. Ramirez (Slm), 8.825; 16. (tie) Metz (Ply), Burt (Slm), 8.600; 18. Lucas (Cnt), 8.525; 20. Millinoff (Fton), 8.500; 21. Zukowski (L. Blue), 8.450; 22. Zafarana (L. Blue), 8.400; 26. Grennier (L. Red), 8.275; 29. Christina Franchi (Fton), 8.200; 34. Lapinski (Fton), 8.050; 36. White (L. Blue), 8.025; 37. McGowan (L. Red), 8.000; 39. Fontana (Ply), 7.950; 45. Jasinski (L. Blue), 7.800; 47. Martino (Slm), 7.750; 54. Soper (Slm), 7.600; 57. Schuh (Fton), 7.425.

**Floor Exercise:** 1. Clark (GL), 9.550; 3. Soper (Slm), 9.250; 5. Lasecki (Cnt), 9.100; 6. (tie) Chatterjee (L. Blue), McGowan (L. Red), 8.925; 9. McCurry (Ply), 9.000; 10. Diaz (L. Blue), 8.875; 13. Uhlman (Ply), 8.775; 15. Zukowski (L. Blue), 8.725; 20. Millinoff (Fton), 8.675; 21. Grennier (L. Red), 8.525; 23. Zafarana (L. Blue), 8.525; 24. Martino (Slm), 8.500; 25. (tie) Lucas (Cnt), McVey (L. Red), 8.450; 29. (tie) Saunders (Fton), Burt (Slm), 8.400; 35. (tie) White (L. Blue), Metz (Ply), 8.275; 39. Kennedy Lewis (Ply), 8.250; 41. Lapinski (Fton), 8.175; 47. (tie) Schuh (Fton), Merlotti (Slm), 8.125; 54. Ramirez (Slm), 8.000; 58. (tie) Rhoad (L. Blue), Dzurigot (L. Red), 7.900.

**All-Around:** 1. Clark (GL), 37.600; 3. Lasecki (Cnt), 35.500; 4. Rhoad (L. Blue), 35.275; 5. Lucas (Cnt), 35.150; 6. McVey (L. Red), 35.025; 8. Diaz (L. Red), 34.725; 10. (tie) Millinoff (Fton), Ramirez (Slm), 34.700; 14. McGowan (L. Red), 34.000; 16. Zukowski (L. Blue), 33.700; 18. Soper (Slm), 33.625; 19. Merlotti (Slm), 33.500.



# Canton boys eye KLAA South crown

Strong defense Tuesday lifted Canton to a 52-31 victory over Livonia Churchill and put the Chiefs in position to win the KLAA South Division championship.

Canton (10-5 overall, 8-1 in the KLAA South) can win the division with a win Friday at home, against Livonia Franklin.

The loss dropped Churchill's record to 5-10, 3-6.

The Chiefs built a 24-15 halftime lead and increased that to a 38-26 edge after three. In the fourth, a 14-5 scoring advantage turned the game into a rout.

"We started off slow, but played well defensively all night," Canton head coach Jimmy Reddy said.

Balanced scoring keyed the victory. Greg

Williams, Jordan Nobles and Ryan Planey each scored 10 points while Josh Mayberry and Scott Gring contributed six each.

Canton also played solid defense, forcing 16 turnovers (the Chiefs committed just seven) and making 13 steals.

The Chiefs outrebounded Churchill 27-18, with Gring's nine leading the charge.

**WAYNE 62, PLYMOUTH 57 (OT):** Wayne Memorial (3-11, 1-8) isn't going to make the Kensington Lakes Activities Association boys basketball playoffs, but the Zebras can certainly play the spoiler role.

Josh Lowry scored a team-high 16 points as Wayne earned its first KLAA South Division triumph with a 62-57 overtime win Tuesday against host Plymouth (6-9 overall, 4-5 in the KLAA South).

"We didn't show up to play for most of the first half," Plymouth head coach Mike

Soukup said. "We were trying to cut the deficit all night long."

"We finally were able to make some headway in the fourth quarter and took a five-point lead. But we promptly gave it back."

It took a layup by Jake Divens (game-high 21 points) to tie the game at 50-all and force OT.

The Zebras connected on 9-of-12 foul shots in overtime while outscoring the Wildcats 11-6.

Trouble at the charity stripe hurt Plymouth throughout the game, connecting on just 13 of 27 chances.

Josh Priebe scored 17 points for Plymouth, while Tyler Gamblin contributed five.

Top rebounders, with five each, were Deji Adebijoyi and Shane Clark.

**LIGGETT 77, PCA 53:** Mick Noel scored 23 points Tuesday for Plymouth Christian Academy (8-6), but it wasn't enough for the Eagles.

The leading scorer for Grosse Pointe Woods University-Liggett in the MIAC-Blue matchup was Collin Fannon, with 24 points.

## HOOPS

Continued from page B1

edge — canned a banker and a short jumper, with the latter resulting from a steal by Michael Hoover.

Nate Sass hit a field goal, Connor Cole (eight points) scored on a layup following a long outlet pass from Kevin "KJ" Mack (nine points, four assists).

Hoover's defensive rebound started a sequence capped off by Mack's layup-and-one for a three-point play.

### Bench strength

"It was all a team effort, there were a lot of players that came off the bench and gave us good minutes this time," Brodie said. "That didn't happen too much last week."

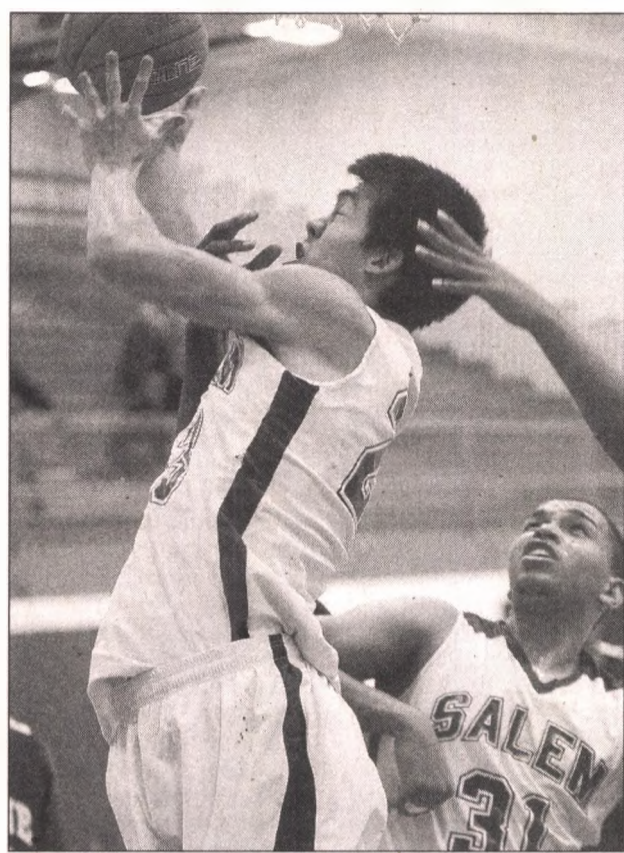
The offensive push by the Rocks in the first quarter didn't sit well with Novi head coach Brian Tass, whose team fell to 6-9 overall and 4-5 in the KLAA Central.

"They got out and got some layups and we didn't get back," Tass said. "They put some good pressure on us but we didn't rebound well in the first half and gave up some 21 points in a quarter. That's not acceptable."

Novi bounced back a bit in the second quarter, with the Rocks' offense cooling off.

The Wildcats kept the pressure going in the third, cutting the deficit to 41-36 before Salem's Cam Werner drained a jumper from the right corner at the buzzer to put the Rocks up by seven entering the fourth.

Salem played the final 2:22 of the third without Dierker, who took a seat



Chris Dierker (No. 23) and Ahmad Khalid (No. 31), shown from earlier this season, played key roles in Salem's victory over Novi Tuesday night.

BILL BRESLER | STAFF PHOTOGRAPHER

with three personal fouls.

Dierker did not return until midway through the fourth, after the Wildcats made it 51-44 following Cagle's back-to-back treys and a field goal after a bad in-bounds pass by the Rocks.

A Dierker field goal and two free throws by Mack put Salem up 55-46 with just under a minute to play.

But Novi finished the contest on a 7-0 run, including yet another Cagle triple. Blake Brown finished the scoring with a meaningless basket as time expired, with Salem's victory in hand.

Scoring leaders for Novi were Charles McKinney (13 points), Max Yanke

(12 points) and Cagle (11 points).

Other Salem players to chip in on offense were Ahmad Khalid (six points, six boards), Ankit Tiwari (five points) and Sass (four points).

According to Dierker, winning the division last year and going on to win the association championship is something he and teammates can draw on as the Rocks try for back-to-back banners.

"It would be good for us, we haven't done it too many times," Dierker said. "We learned a lot last year and we're trying to repeat it."

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# Chiefs keep rolling; Robb scores 20 for 'Cats

Another game, another defensive gem by the Canton Chiefs' varsity girls basketball team.

The Chiefs defeated host Livonia Churchill 35-19 Tuesday night in a KLAA South Division matchup.

With the victory, Canton improved to 11-4 overall and 7-2 in the division. The Chargers dropped to 5-10, 1-8.

"Overall, I thought we defended really well," Canton head coach Brian Samulski said. "We did struggle with scoring and attacking the zone."

Junior forward Paige Aresco had little trouble, however. She led all scorers with 16 points, continuing her season-long excellence on offense.

Chipping in with six points and four rebounds was junior center Taylor Hunley.



Canton's Paige Aresco (No. 14), shown from earlier this season, scored 16 points Tuesday against Livonia Churchill.

**PLYMOUTH 71, WAYNE 20:** Kylie Robb's 20 points lifted the Wildcats (7-8, 6-3) to a convincing KLAA South triumph Tuesday at Wayne Memorial (1-13, 0-9).

Jada Woody added 14 points, while Leah Kliczinski and Brooke Senkbeil added 12 points apiece.

"Kylie was fabulous, I'm really happy for her," Plymouth head coach Bob de Bear said. "She shot the ball extremely well but every aspect of her game was superb."

He also said Woody, Kliczinski, Senkbeil and Paige Slosinski all had strong games. The Wildcats burst out to a 50-7 halftime lead and never looked back.

Ashley Brand tallied eight points for the Zebras.

**NOVI 33, SALEM 21:** The visiting Rocks (6-9, 5-4) lost this KLAA Central Division contest to Novi (14-1, 9-0).

Head coach Fred Thomann said his team competed hard, but suffered through one tough quarter to get into too deep a hole. Novi outscored Salem 17-4 in the second frame, to go up 23-11 at halftime.

The teams each scored 10 points in the second half. "The one quarter really cost us," Thomann said. "What happened was we missed all of our free throws in that quarter and we had some great opportunities to score that we just couldn't put in."



Plymouth's Kylie Robb, shown from earlier this season, had a big night Tuesday, scoring 20 points to lead the Wildcats to a victory.

Kelly Whalen led Salem with eight points, with Bre Beaver tallying seven points and eight rebounds. Adding four points was Shara Long.

Amanda Geiger tallied 10 points to lead the Wildcats. Thomann said another plus was how guard Katie Kavulich (back after missing a game due to an ankle sprain) shadowed Novi guard Kerri McMahan (five points).

**LADYWOOD 43, GABRIEL RICHARD 15:** Andie Anastos scored 20 points as Livonia Ladywood (10-6) locked down

defensively with a Catholic League inter-sectional win Tuesday over Riverview Gabriel Richard (10-5).

Rachel Donabedian and Haley Lawrence each chipped in with eight points for the Blazers, who led 13-4 after one quarter and 29-12 after three.

"Across the board every single kid gave a great effort," Ladywood coach Anthony Coratti said. "We played with a lot of defensive intensity and it showed on the scoreboard. It was good to see."

The only negative was Ladywood's foul shooting (2-of-11).

**FRANKLIN ROAD 48, HURON VALLEY 34:** Junior Kristen Massey poured in a game-high 30 points Tuesday to lead Novi Franklin Road Christian (7-6, 7-1) to the Michigan Independent Athletic Conference Red Division triumph over Westland Huron Valley Lutheran (5-8, 2-6).

Sophomore Julie St. John scored 14 in a losing cause.

"Turnovers killed us tonight," said HVL coach Kris Ruth, whose team had 27 miscues. "When we turned the ball over and it seemed to instantly turn into points for them."

"Massey shoots the ball well for them. She was over 50 percent from the three-point line."

HVL was 8-of-21 from the foul line, while Franklin Road hit 10-of-21.

# Hartland best of KLAA

By Brad Emons  
Observer Staff Writer

Hartland was the runaway winner in Saturday's Kensington Lakes Activities Association wrestling tournament held at Eastern Michigan University's Bowen Fieldhouse.

The Eagles, who scored a team-high 327 points, boasted four individual champions.

Defending champion Brighton was runner-up with 232.5, while Westland John Glenn placed third with 195 as the Rockets got individual titles from Kyle Gillies (112 pounds), Jordan Brandon (215) and Dylan Morantes (285).

Other area teams in the 24-school field included Livonia Franklin, sixth (129.5); Wayne Memorial, seventh (120.5); Livonia Churchill, 13th (79) and Livonia Stevenson, 17th (47).

Gillies, a senior, remained unbeaten with a 7-2 win in the finals over Walled Lake Central's Daniel Shear, while Brandon improved to 44-1 with an 11-5 decision over Noah Hosking of Milford.

Morantes took the heavyweight crown when he pinned Pinckney's Zach Sieler in 5:30.

Franklin had a pair of individual champs including junior Jordan Atienza (152), who is now 46-0, and Allen Steele (189), who improved to 42-1 with a 7-1 decision over Howell's Chad Czzeneski.

Atienza defeated 2012 state placer Travis Mann of Glenn in the semifinals and downed defending 152-pound Division 1 state champion Aaron Calderon of Brighton in the finals, 11-9.

Atienza will be gunning for his 150th career win Saturday in the Division 1

individual district tourney at Southgate.

"The last time he (Atienza) wrestled Mann it was a pretty good match, but this time he pinned him," Franklin coach Dave Chiola said. "Mann's a tough wrestler, but he's been wanting that match all year. He's been wrestling 160 all year, but he told me the two times he wanted to wrestle 152 was Mann in the John Glenn meet and he wanted to wrestle Calderon in the KLAA. He wants to wrestle the best to get good matches and he's beaten them all so far."

Wayne's Allen Parker duplicated his title at Observerland by capturing the 140-pound crown with a 6-3 decision over Plymouth's Alec Breckenridge.

See tournament results.

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## BOYS WRESTLING RESULTS

**KENSINGTON LAKES ACTIVITIES ASSOCIATION WRESTLING TOURNAMENT Feb. 3 at EMU's Bowen Fieldhouse**

**TEAM STANDINGS:** 1. Hartland, 327 points; 2. Brighton, 232.5; 3. Westland John Glenn, 195; 4. Plymouth, 172; 5. Walled Lake Central, 131.5; 6. Livonia Franklin, 129.5; 7. Wayne Memorial, 120.5; 8. Howell, 120; 9. Waterford Kettering, 118.5; 10. Grand Blanc, 117.5; 11. Canton, 108.5; 12. Walled Lake Northern, 70.5; 13. Livonia Churchill, 79; 14. Milford, 76.5; 15. Salem, 59.5; 16. Northville, 50.5; 17. Livonia Stevenson, 47; 18. Waterford Mott, 41.5; 10. Novi, 37; 20. White Lake Lakeland, 33; 21. (tie) Pinckney and South Lyon, 30 each; 23. Walled Lake Western, 22; 24. South Lyon East, 13.

**CHAMPIONSHIP FINALS 103 pounds:** Noah Gosner (GB) defeated Mohamed Youssef (Ply.), 6-4; **3rd place:** Caleb Marion (WLC) dec. Eric Lundwall (Hartland), 7-4; **5th place:** Chase Spanos (WJG) won by void over Sawyer Hughes (Howell); **7th place:** Dan Denova (Novi) dec. Jackson Renicker (Brighton), 6-3.

**112:** Kyle Gillies (WJG) dec. Daniel Shear (WLC), 7-2; **3rd:** Kyle Bonsack (Brighton) dec. Sage Castillo (Hartland), 4-0; **5th:** Marco Lytwan (LS) dec. Nick Robertson (LF), 2:31; **3rd:** Kody Roy (LS) dec. Anthony Colaiane (Hartland), 4-1; **5th:** Hayden Hughes (Howell) dec. Alex Moorer (Mott), 5-2; **7th:** Hussein Youssef (Ply.) dec. Marcus Jordan (WV), 9-2.

**152:** Jordan Atienza (LF) dec.

Kevin Huynh (WJG) dec. Tim Way (Wayne), 7-5; **7th:** Nathania Felming (GB) dec. Scott Ries (Brighton), 9-2.

**125:** Ben Calandrino (Howell) dec. Ben Griffin (Canton), 6-1; **3rd:** Jacob Carley (GB) won by tech. fall over Brennan Munley (WK), 15-0; **5th:** Jon Locklear (LC) won by major dec. over Devon Chalut (Hartland), 10-3; **7th:** Spencer Schiffrar (Ply.) dec. Quinn Dupraw (WJG), 7-4.

**130:** Jacob Gorial (Hartland) p. Chase Kallil (Ply.), 1:14; **3rd:** Anthony Chudler (WLV) dec. Jose Ramos (Brighton), 3-0; **5th:** Brandon Conrad (WK) dec. David Joyner (Milford), 12-8; **7th:** Caleb McCabe (Salem) dec. Brett Quinn (WJG), 3-2.

**135:** Austin Eichler (Hartland) won by tech. fall over Ryan Foley (Brighton), 18-3; **3rd:** John Conn (Ply.) dec. Christian Lauderback (WLN), 9-4; **5th:** Marc Przybylski (Canton) dec. Pellumb Kurtage (GB), 4-2; **7th:** DeAndre Moore (WJG) dec. Jared Davidson (SL), 5-3.

**140:** Allen Parker (Wayne) dec. Alec Breckenridge (Ply.), 6-3; **3rd:** Justin Rollins (Hartland) p. Beau Mourer (Brighton), 3:51; **5th:** Dave Dolehantny (WK) dec. Max Mudar (N'ville), 5-3; **7th:** Justin Baker (LC) dec. Noah Holland (WLN), 9-4.

**145:** Jordan Amine (Brighton) p. Nick Frazier (LF), 2:31; **3rd:** Kody Roy (LS) dec. Anthony Colaiane (Hartland), 4-1; **5th:** Hayden Hughes (Howell) dec. Alex Moorer (Mott), 5-2; **7th:** Hussein Youssef (Ply.) dec. Marcus Jordan (WV), 9-2.

**152:** Jordan Atienza (LF) dec.

Aaron Calderon (Brighton), 11-9; **3rd:** Travis Mann (WJG) dec. Patrick Kern (WLN), 7-2; **5th:** Logan Vish (Hartland) dec. Jacob Stitely (WLC), 6-4; **7th:** Dean Honkala (Howell) dec. Alex Coe (N'ville), 11-5.

**160:** Mitch Craig (WLC) won by void over Carson Whaley (GB); **3rd:** Nate Smith (Hartland) dec. Luke Rea (Milford), 5-2; **5th:** Joey Shaver (Ply.) dec. Ben Landry (Novi), 3-2; **7th:** Michael Gorman (WLN) dec. Jordan Salmon (Brighton), 3-1.

**171:** Mitchell Thomas (Hartland) dec. Nicholas Brish (Brighton), 3-1; **3rd:** Sam Ekanem (Wayne) dec. Tyler Gross (Salem), 5-3; **5th:** Zak Carter (WK) dec. Brett Thrushman (LF), 10-8; **7th:** Jevon Hill (Canton) won by void over Andy Bovey (Lakeland).

**189:** Allen Steele (LF) dec. Chad Czzeneski (Howell), 7-1; **3rd:** Lucas Ready (Brighton) dec. Ryan Hill (Hartland), 8-7; **5th:** Alex Sovel (WLC) dec. Mitchell Gross (Salem), 8-7; **7th:** Lucas Hofbauer (Wayne) won by tech. fall over Nate Holsworth (WK), 20-5.

**215:** Jordan Brandon (WJG) dec. Noah Hosking (Milford), 11-5; **3rd:** Matt Okaiye (WK) dec. Chad Maki (Hartland), 7-4; **5th:** Graham (Lakeland) dec. Prince Onwenu (WLC), 9-2; **7th:** Luke Patterson (SLE) dec. K.J. Wooley (Canton), 1-0.

**285:** Dylan Morantes (WJG) p. Zach Sieler (Pinckney), 5:30; **3rd:** Aaron Mauldin (Wayne) won by void over Manny Haddad (LC); **5th:** Tommy Edwards (WK) p. Jonathan Dixon (SL), 0:30; **7th:** Joshua Charneski (Hartland) p. Jonathan Wines (N'ville), 1:30.

## THE WEEK AHEAD

**BOYS BASKETBALL**  
**Thursday, Feb. 7**  
Luth. Westland at HVL, 7 p.m.  
**Friday, Feb. 8**  
Franklin at Canton, 7 p.m.  
Plymouth at Glenn, 7 p.m.  
Salem at South Lyon, 7 p.m.  
PCA at Parkway Christian, 7 p.m.  
**GIRLS BASKETBALL**  
**Thursday, Feb. 7**  
Everest Academy at PCA, 7 p.m.  
**Friday, Feb. 8**  
Canton at Franklin, 7 p.m.  
Glenn at Plymouth, 7 p.m.  
South Lyon at Salem, 7 p.m.  
Luth. Westland at HVL, 7 p.m.  
**PREP HOCKEY**  
**Thursday, Feb. 7**  
**(MIHL Showcase at Trenton)**  
Plymouth vs. Country Day, 5:20 p.m.  
**Friday, Feb. 8**  
**(MIHL Showcase at Trenton)**  
Churchill vs. DC, 12:20 p.m.  
Stevenson vs. U-D, 8:20 p.m.  
Plymouth vs. Macomb Dakota, 10 a.m.

**Saturday, Feb. 9**  
Ladywood vs. Lahser at Arctic Pond, 5:30 p.m.  
PCS Penguins vs. Cranbrook, TBA.  
**PREP WRESTLING**  
**MHSAA TEAM DISTRICTS DIVISION 4 at LUTHERAN WESTLAND**  
**Thursday, Feb. 7:** Lutheran Westland vs. Newport Lutheran South, 6 p.m.  
**MHSAA INDIVIDUAL DISTRICT TOURNEYS (Saturday, Feb. 9)**  
Division 1 at Southgate, 10 a.m.  
Division 1 at Saline, 10 a.m.  
Division 3 at Richmond, 10 a.m.  
Division 4 at Blissfield, 10 a.m.  
**BOYS SWIMMING**  
**Thursday, Feb. 7**  
Franklin at Canton, 6:30 p.m.  
Plymouth at Glenn, 6:30 p.m.  
**Saturday, Feb. 9**  
MISCA Meet at EMU, TBA.  
**GIRLS GYMNASTICS**  
**Thursday, Feb. 7**  
Northville vs. Salem

at Plymouth H.S., 6:30 p.m.  
**PREP SKIING**  
**Thursday, Feb. 7**  
Division Championships at Alpine Valley, TBA.  
**GIRLS COMPETITIVE CHEER**  
**Saturday, Feb. 9**  
Fenton Invitational, 1 p.m.  
Woodhaven Inv., TBA.  
**MEN'S COLLEGE HOOPS**  
**Saturday, Feb. 9**  
S'craft at Henry Ford, 3 p.m.  
MU at Siena Hts., 7:30 p.m.  
**WOMEN'S COLLEGE HOOPS**  
**Saturday, Feb. 9**  
S'craft at Henry Ford, 1 p.m.  
MU at Siena Hts., 5:30 p.m.  
**ONTARIO HOCKEY LEAGUE**  
**Friday, Feb. 8**  
Barrie vs. Ply. Whalers at Compuware Arena, 7 p.m.  
**Saturday, Feb. 9**  
Owen Sound vs. Ply. Whalers at Compuware Arena, 7 p.m.  
**Sunday, Feb. 10**  
Ply. Whalers at Brampton, 2 p.m.  
**TBA** — time to be announced.

# Whalers let 'Ned' do it

By Tim Smith  
Staff Writer

The Plymouth Whalers had a collective chip on their shoulder and took it out on the Peterborough Petes with 27 shots and three goals in the opening period of Saturday's 4-1 victory at Compuware Arena.

Plymouth's foul mood stemmed from Friday's loss to Sault Ste. Marie, compounded by Whalers' top goaltender Matt Mahalak being knocked out of the lineup after he got run over in the first period of a 6-5 loss.

"I think we felt we deserved a little better last night, probably didn't get the result we felt we should have," Plymouth assistant coach Don Elland said. "And we couldn't afford to give this one up. It's a tight race and we got to win every chance we get, just got to get on a streak." Mahalak tested negative for a concussion, but he still didn't dress for the game.

No worries for the Whalers, however, as backup Alex Nedeljkovic playing a strong game. He stopped 38 of 39 shots, including all but one out of 28 directed his

## OHL HOCKEY

way during the final 40 minutes.

"Right now I'm just trying to grab a hold of the opportunity I was given," said Nedeljkovic, who improved his record to 7-1-1-1. "Matty got hurt, which was unfortunate, but now I got to step up and perform as the starting goaltender until he gets back."

"Definitely my forwards and defensemen really helped out a lot. They were a big part of 38 saves."

By the time Peterborough decided to test Nedeljkovic, however, the Whalers had a commanding 3-0 lead to the delight of nearly 2,700 fans.

## On the board

The OHL West Division-leading Whalers (26-15-5-4, 61 points) needed just 35 seconds following the opening puck drop to take a lead they wouldn't relinquish. Defenseman Gianluca Curcuruto scored on assists from blueliner Nick Malyssa and center Vince Trocheck.

Plymouth kept peppering Petes goalie Michael Giugovaz, and went up 2-



MANDY GETSCHMAN

Plymouth Whalers goalie Alex Nedeljkovic (No. 39) makes a kick save Saturday to thwart a scoring bid by Peterborough's Eric Cornel (No. 10). At left is Stephen Pierog (No. 23) of the Petes.

0 at 8:23 on a power-play goal by forward Matt Mistele.

Trocheck whipped a centering pass to Mistele in the low slot and he made no mistake. Also assisting was forward Mitchell Heard.

Before the end of the first, Mistele jammed the puck past Giugovaz for his second of the

night and 25th of the season.

Assisting on the tally were forward Tom Wilson — back in the lineup after serving an OHL-levied suspension — and defenseman Austin Levi.

Elland said Wilson's return was a shot in the arm for the team. "It's huge. When Tom's not in the lineup there's a lot of

brave guys on the other team."

All it took was 41 seconds of the second period for Plymouth to pad the lead to 4-0.

Trocheck earned his third assist of the night on the play. He threaded a pass to Curcuruto who snapped a wrist shot from between the circles inside the right post.

In 10 games since coming over from Saginaw, Trocheck has been an offensive force with seven goals and 15 assists for 22 points.

A subsequent Peterborough power play fired up the Petes, who started to force the issue around Nedeljkovic.

## Good backup plan

But they didn't have much success against the youngster, who turned 17 in early January.

The Petes (16-28-3-4, 39 points) didn't break the shutout until 3:34 of the final period (on their 31st shot) when Nelson Armstrong one-timed a pass from Cody Thompson.

"It was a good confidence boost for him," said Elland about Nedeljkovic. "I think all the guys have confidence in either goalie but Ned played well tonight."

Elland said the Whalers are hopeful that Mahalak will be ready to play next weekend, when they host Barrie and Owen Sound (7 p.m. Friday and Saturday, respectively).

If not, they know they have a pretty good Plan B.

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(734) 469-4128

## Rocks grab share of KLAA South title

Jake Sealy and Alek Zultowski spearheaded Salem's offense Saturday night as the Rocks defeated Livonia Churchill 5-2 to win the KLAA South Division co-championship.

Sealy scored twice and had three assists to figure in all of the Rocks' scoring while Zultowski tallied a goal and two assists.

The victory gave Salem a 10-4-1 record overall and 7-3-1 mark in the division — tying for first with Plymouth as both

## BOYS HOCKEY

teams have 15 points.

Salem varsity boys hockey coach Ryan Ossenmacher said the two Park squads will officially be co-champions. But the Rocks won the tie-breaker for seeding purposes in the KLAA tournament.

"I thought we competed well against a good Churchill team," Ossenmacher said. "But there were points in the game that we did not match

their energy.

"I think the importance of the game may have led to some tentative play on our part."

The strong play of Salem goalie Parker Godfrey kept the Chargers (8-10-1, 4-6-1) from getting back in the game.

Godfrey stopped 19 of 21 shots and "made some big saves when we needed them," Ossenmacher said.

Churchill freshman netminder Alec Calvaruso made 15 saves.

## Salem keglers down Rockets

There's one team that seems to have Westland John Glenn's number when it comes to boys bowling.

For the second time this season, Salem knocked off the Rockets in a KLAA Central Division match at Vision Lanes, 18-12. The Rocks also beat Glenn on Jan. 19 at Super Bowl, 19-11.

Tyler Snyder paced Salem with 450 two-game series as the Rocks (13-2, 9-2) pulled even with Glenn (13-2, 9-2) for the divisional lead.

Glenn squandered a chance to seal the match victory after taking a 10-0 lead in the Baker games.

"We struck out in the 10th frame putting the pressure on their anchor," Glenn coach Ron Staples said.

But Salem's Kevin Williams was up to the task as he struck out to give the Rocks a 10-pin total count of 1,013-to-1,003 to close the gap to 10-7.

"That was the turning point," Staples said. "We had a chance to win the

match early and did not. We left the door cracked and Salem kicked it open.

"They (Salem) bowled very well in the second game and we never had a chance to clinch the match."

Steven White paced Glenn with a 411 two-game set.

"If there is such a thing as a good loss, this might be it," Staples said. "We have had things easy for the past few weeks and this will help us to really focus for the conference and regional."

### PLYMOUTH-CANTON COMMUNITY SCHOOLS NOTICE TO BIDDERS

The Board of Education of the Plymouth-Canton Community Schools invites all interested and qualified companies to submit a proposal for **Medical and Prescription Drug, Dental, Vision, Stoploss Carve Out Coverage (duplicate current coverage), Flexible Spending Account Administration and COBRA Administration**. Specifications and bid forms are available by contacting Matt Duprey, Account Coordinator, Gallagher Benefit Services, Inc. at (248) 430-2789 or [matthew\\_duprey@ajg.com](mailto:matthew_duprey@ajg.com). Technical questions should also be directed to Matt Duprey. Sealed proposals are due to the PCCS - E.J. McClendon Educational Center located on 454 S. Harvey, Plymouth, MI on or before 11:00 a.m., Friday, February 22, 2013. The Board of Education reserves the right to accept and/or reject all bids, as they judge to be in the best interest of the school district.

Board of Education  
Plymouth-Canton Community Schools  
Adrienne Davis, Secretary

Publish: February 7, 2013

AT8794301 - 3x2.5

### NOTICE OF PUBLIC SALE OF PERSONAL PROPERTY

Notice is hereby given that the undersigned will sell, to satisfy lien of the owner, at public sale by competitive bidding on Monday, February 18th, 2013 at 9:30 A.M. at the Extra Space Storage facility located at:

6729 N. Canton Center Rd.  
Canton, Michigan 48187  
(734) 459-4821

The personal goods stored therein by the following may include, but are not limited to general household, furniture, boxes, clothes, and appliances.

I338 LeAnn Decker (a.k.a. Leann Decker)  
D128 Bradd Rignoni

Purchases must be made with cash only and paid at the time of sale. All goods are sold as is and must be removed at the time of purchase. Extra Space Storage reserves the right to bid. Sale is subject to adjournment.

Publish: January 31 & February 7th, 2013

AT8794301 - 3x2

## Spartans' goalie stuns CC

By Brad Emons  
Observer Staff Writer

There probably were not enough superlatives to go around regarding the play of goaltender Connor Humitz following Livonia Stevenson's 1-0 hockey win Saturday afternoon over Novi Detroit Catholic Central.

The senior was certainly the straw that stirred the drink as he made 37 saves to propel the Spartans to a signature victory over the host Shamrocks at Compuware Arena.

"He (Humitz) is playing inspired hockey right now," said Stevenson coach David Mitchell, whose team improved to 14-5-1 overall. "Any time you have a third-year senior back there, he knows what it takes. He's really stepped up his preparation, you can tell. He's dialed in right now. I'm very proud of him and happy for him."

It was the third shut-out in four games for Humitz, who remained modest afterwards outside a jubilant Stevenson locker room.

"It's the same routine," he said. "I'm just going out there and trying to play my best. It's hard, I'm tired. It's a hard game to play."

It wasn't easy by any stretch as Humitz was under heavy pressure, especially in the second period when he made 17 stops against

the second-ranked team in Division 1.

"I was just thinking — one puck, one shot," Humitz said. "See every shot and cover everything you've got and try holding the puck."

### All they needed

Although outshot 29-10 through the first two periods, the Spartans picked up their pace entering the third.

And when CC took a penalty with less than a minute remaining in the second period, Stevenson was able to pounce as Devin Kelly knocked home a rebound shot past CC netminder Ryan Mulka just 24 seconds into the third.

Dominic Lutz, who took the initial shot from the point, drew an assist along with Tyler Irvine to give Stevenson a power play goal.

"It was a simple as getting a puck to the net and getting a rebound," Mitchell said. "I'd like to say I drew it all up, but we just had to get pucks to the net."

Bolstered by the game's first goal, the Spartans appeared to have even more jump its step during the final 17 minutes as they outshot the Shamrocks 9-8.

"We talked about just working on our process on what we do and how we play," said Mitchell, whose team is ranked in the top 10 in Division 2. "And then if we do

get to running around, get out of it and get back to our style. Try to do what we do and focus on what we do."

CC (13-6 overall) couldn't capitalize on its first two power play opportunities, but got one more chance when Stevenson defenseman Travis Harvey was called for holding with 9:52 remaining.

But the Spartans were able to fight off another CC power play effort and held on for the victory during the final 90 seconds after Mulka (18 saves) was pulled for the extra attacker.

"Give Stevenson all the credit in the world," CC coach Todd Johnson said. "They were blocking shots and they were great around the front of their net. They had a good plan through neutral ice to slow us down. They executed and their guys were committed."

Johnson also gave kudos to the Stevenson netminder. "He had a great game."

Afterwards, the Spartans sang the school fight song in the dressing room to celebrate their victory over a highly-acclaimed opponent.

"It means a lot," Humitz said. "They (CC) are a good team. We came in here, played great, it's awesome. It feels good."

bebons@hometownlife.com  
(313) 222-6851

### NOTICE OF PUBLIC SALE OF PERSONAL PROPERTY

Notice is hereby given that the undersigned will sell, to satisfy lien of the owner, at public sale by competitive bidding on February 18th, 2013 at 11:30 am at the Extra Space Storage facility located at: 38875 Grand River Ave Farmington Hills, MI 48335

Purchases must be made with cash only and paid at the time of the sale. All goods are sold as is and must be removed at the time of purchase. Extra Space Storage reserves the right to bid. Sale is subject to adjournment.

The personal goods stored therein by the following may include, but are not limited to general household, furniture, boxes, clothing, and appliances.

Farmington Hills:	Unit #	No description on lease
Luther W Glenn	A2	Household furniture
Miguel West	D221	Household furniture
Miguel West	D265	Household furniture
Miguel West	D350	Household furniture
Edith Fails	B27	Household
Shawnya Walker	B63	Clothes, furniture, tools, small appliances, and more.
Jacelyn Rokey	C227	Household items
Melvin Steed	A44	Household items
Julie Constantine	D6	General household items
E-Enterprises LLC	A56	General household items

Publish: January 31, 2013

AT8794301 - 3x2

# Church plans effective parenting workshop

The Mariam Center at St. Mary Orthodox Church will offer a parenting seminar 10 a.m.-2 p.m. Saturday, March 2, at the church, located at 1800 Merriman, Livonia.

Registration is \$10 and is available at [saintmarylivonia.com](http://saintmarylivonia.com). The cost includes lunch.

Guest speaker will be Dr. John Chirban, clinical instructor in psychology at

Harvard Medical School at The Cambridge Health Alliance. Chirban has a special interest in integrative studies of medicine, psychology and religion and was named Senior Fellow at the Center

for the Study of World Religions at Harvard University in 2003. He also serves as professor of psychology and chairman of the Human Development Program at Hellenic College.

He has authored several books and will sign copies at the conclusion of his lecture.

For more information, call the Rev. Jim King at (734) 422-0010.

## RELIGION CALENDAR

Send items for the religion calendar to Sharon Dargay at [sdargay@hometownlife.com](mailto:sdargay@hometownlife.com).

### February

#### BREAKFAST

**Time/Date:** 8:30-11:30 a.m. Sunday, Feb. 17  
**Location:** St. Theodore Social Hall, 8200 Wayne Road, Westland

**Details:** All you can eat pancake and French toast breakfast with ham, sausage, scrambled eggs, applesauce, coffee, tea, juice and milk. Sponsored by St. Theodore Men's Club. Cost is \$3 for adults and \$1.50 for children, 2-10  
**Contact:** (734) 425-4421

#### CONCERT

**Time/Date:** 1:30 p.m. Sunday, Feb. 10

**Location:** Sacred Heart Banquet & Conference Center, 29125 Six Mile, east of Middlebelt, Livonia

**Details:** Christian concert for children starring Rob Evans, "The Donut Man" and his sidekick, Duncan. The musician is nationally known for Bible story-songs. Admission is \$5 per person; kids, 3 and under are admitted free

**Contact:** Rev. Joseph Marquis, Sacred Heart Byzantine Catholic Church, at (734) 522-3166

#### DINNER DANCE

**Time/Date:** 6-11 p.m. Saturday, Feb. 16

**Location:** Prince of Peace Lutheran Church, 28000 New Market, Farmington Hills

**Details:** This Valentine's Day event will include a sit down dinner, DJ and dancing, and photo booth for special memories. Tickets are: \$35 per couple or \$20 per person. They're available by calling the church office

**Contact:** (248) 553-3380

#### DIVORCE SUPPORT

**Time/Date:** 7:30-9 p.m. Thursday, Feb. 14

**Location:** Our Lady of Good Counsel School, Junior High Commons, 1062 Church Street, Plymouth

**Details:** New Beginnings, support group for divorced Catholics, holds its next monthly meeting which will include a talk by the Rev. Ben Luedtke. Participants also will meet in small group discussions, giving them the opportunity to discuss issues related to divorce and faith in a safe, confidential, and prayerful environment. Pre-registration for this event is recommended and free of charge

**Contact:** [newbeginning-solgc@gmail.com](mailto:newbeginning-solgc@gmail.com)

#### FILM

**Time/Date:** 7 p.m. Feb. 20

**Location:** Northwest Unitarian Universalist Church, 23925 Northwestern Highway

**Details:** Reel Events Film Series features "Traces of the Trade: A Story from the Deep North." The film follows the descendants of the DeWolf family as they retrace the triangle of the slave trade from Ghana, to Cuba, to Rhode Island. Admission is free

**Contact:** (248) 354-4488

#### GRIEF SUPPORT

**Time/Date:** 7 p.m. Feb. 20, 27, March 6, 13 and 20

**Location:** St. Michael the Archangel Parish, 11441 Hubbard, Livonia

**Details:** The church and L.J. Griffin Funeral Homes present "Grieving with Great Hope," a five-week grief support series that offers a prayerful, practical and personal approach for people who are mourning the loss of a loved one. Presenters will include the Rev. Bill Tindall as well John and Sandy O'Shaughnessy from Good Mourning Ministry

**Contact:** St. Michael's at (734) 261-1455 or [www.goodmourningministry.net](http://www.goodmourningministry.net)

#### LECTURE

**Time/Date:** 7:30 p.m. Monday, Feb. 11

**Location:** The Berman Center for Performing Arts, on the campus of the Jewish Community Center of De-

troit, 6600 W. Maple, West Bloomfield

**Details:** Rabbi Shmuley Boteach, columnist and author of "The Fed-up Man of Faith," argues against Rabbi Harold Kushner's best-selling "Why Bad Things Happen to Good People" and boldly guides listeners to the conclusion that challenging God and his actions is not just a right but also a foremost obligation for human beings. Tickets are \$18 in advance and \$25 at the door

**Contact:** (248) 661-1900 or [www.theberman.org](http://www.theberman.org)

#### LENTEN SERVICE

**Time/Date:** 7 p.m. Wednesday, Feb. 13-March 20

**Location:** Lola Park Lutheran Church, 14750 Kinloch, Redford

**Details:** Free soup and sandwich supper served at 6 p.m. before the Ash Wednesday service on Feb. 13 and free treats after the other services. The theme is "Names of Wondrous Love"

**Contact:** (313) 532-8655 or (734) 968-3523

#### OPEN HOUSE

**Time/Date:** 2 p.m. Sunday, Feb. 24

**Location:** St. Damian Catholic School, 29892 Joy, Westland

**Details:** Take a guided tour of the school, which includes preschool-eighth grades, meet the staff members who will be available to answer questions/concerns and have conversation with other parents and students. St. Damian has interactive Smartboards in every classroom, Apple iPads and a technology lab. St. Damian offers latchkey programming, CYO sports, foreign language, music, computers, art, and physical education with more than 3 acres of outdoor sports fields. Bus transportation is available for Livonia residents and Westland residents within the Livonia School District

**Contact:** (734) 427-1680; [www.stdamian.com](http://www.stdamian.com)

## Passages

Obituaries, Memories & Remembrances

View Online [www.hometownlife.com](http://www.hometownlife.com)

1-800-579-7355 • fax 313-496-4968 • [oeobits@hometownlife.com](mailto:oeobits@hometownlife.com)  
Deadlines: Friday 4:15 p.m. for Sunday • Wednesday 9:45 a.m. for Thursday



**ATKINS, MARY ADA**

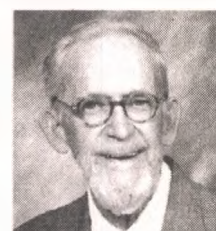
Passed away on February 2, of natural causes. She was born on June 29, 1929 in Mayfield, Kentucky. She moved to Michigan in 1946, and married Herman Atkins in 1952. After he enlisted in the U.S. Navy they lived in Key West, settling in Livonia in 1956. She was a long time member of Livonia Baptist Church. For years Mary volunteered at the Baptist Center in downtown Detroit and Ardmore Nursing Home in Livonia. She enjoyed quilting and spending time with her family. She was preceded in death by her beloved husband, Herman. She leaves behind her children: Dennis (Gail), Donald (Pam), Lynn (Van), Dwayne (Pat), and Diann (Dan). Twelve grandchildren: Brian, Laura (Aaron), Chad, Cody, Jeremy, Jordan, Emma, Drew, Joshua, Ashley, Chris, and Alysa. Great-grandmother of Orion. Services were held at Fred Wood Funeral Home Rice Chapel, Livonia. Memorial Donations may be made to Angela Hospice Development Office, 14100 Newburgh Rd., Livonia, MI 48154.

Please share memories at [Fredwoodfuneralhome.com](http://Fredwoodfuneralhome.com)

May peace be with you in this time of sorrow.

#### KIRKMAN, DORIS R.

February 3, 2013, age 95. Loving wife of the late Ernest. Cherished mother of Robert (Patience), the late Kenneth (Michele) and Donna (Terry) Cheney. Beloved grandmother of 9 and great-grandmother of 12. Visitation Thursday 3-5 & 6:30-9 at the Harry J. Will Funeral Home, 37000 Six Mile Rd., Livonia. Funeral Service Friday 11am at the funeral home. [www.harryjwillfuneralhome.com](http://www.harryjwillfuneralhome.com)



**MCCORMICK, JOHN F.**

Age 95, recent (2009) Plymouth resident, died Wednesday, January 30, 2013, in Ann Arbor's VA

Medical Center. He was born November 12, 1917, in Boston, MA, and served in the U.S. Navy from 1937 retiring in 1961 as an Aviation Ordnanceman Chief. On completing his Naval Reserve obligation John was promoted to the rank of Lieutenant Junior Grade which he held during WWII. He then worked in Old Dominion University's (Norfolk, VA) data centers from 1962 retiring again in 1980. John is survived by one sister Mrs. Agnes Sullivan of Quincy, MA; four sons Terry L. Merrifield & Danny B. Merrifield (VA) and Kenneth E. McCormick & Timothy B. McCormick (MI); four grandchildren Sandie, Molly, John, and Jacqueline; and five great grandchildren along with numerous nieces and nephews. He was preceded in death by one son, Joel F. McCormick and his loving wife of 55 years Mary T. (Fennell/ Merrifield) McCormick. A graveside service is planned, in May, at the Forest Lawn Cemetery in Norfolk, VA.

Donations can go to [www.FeedingAmerica.org](http://www.FeedingAmerica.org) in memory of John's food related-hobbies of fishing, crabbing, gardening, preserving, baking, and sharing a good meal in America which he so valiantly served as a young man. Local McCormick family members will receive friends, neighbors, & care-partners from 3 pm to 5 pm on Saturday, February 9th, at Bennigan's, 40441 Ann Arbor Rd. in Plymouth, MI

#### STEVENS, HOLLIS

Age 59, February 2, 2013. Dear father of Dale and Paul. Fiancée Joanne Bryant. Grandfather of Damon, Layla, Felicity and Skylar. Brother of Sharon Maker, Paulette (Bob) Sharon. Retired from General Motors and from the Garden City Police Reserve Unit and member of the Forbidden Wheels Funeral services were held at the John N. Santeiu & Son Funeral Home, 1139 Inkster Rd. (between Ford Rd. and Cherry Hill), Garden City. [www.santeiufuneralhome.com](http://www.santeiufuneralhome.com)



Check us out on the Web every day at [hometownlife.com](http://hometownlife.com)

# Your Invitation to Worship

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**ST. ANNE'S ROMAN CATHOLIC CHURCH**  
Tridentine Latin Mass  
St. Anne's Academy - Grades K-8  
38100 Five Mile Road  
Livonia, MI 48154 • (734) 462-3200

Mass Schedule:  
First Friday Mass 7:00 p.m.  
Saturday Mass 11:00 a.m.  
Sunday Masses 7:30 & 10:00 a.m.  
Confessions Heard Prior to Each Mass  
Mother of Perpetual Help Devotions  
Tuesdays at 7:00 P.M. [AT78822](http://AT78822)

### PRESBYTERIAN (U.S.A.)

**Rosedale Gardens**  
PRESBYTERIAN CHURCH (USA)  
9601 Hubbard at W. Chicago, Livonia, MI  
(between Merriman & Farmington Rds.)  
(734) 422-0494  
Friends in Faith Service  
9:00 am  
Traditional Service  
10:30 am

Visit [www.rosedalegardens.org](http://www.rosedalegardens.org)  
For information about our many programs

### EVANGELICAL PRESBYTERIAN

**WARD CHURCH**  
4000 Six Mile Road  
Northville, MI 48166  
248.374.7400  
[www.wardchurch.org](http://www.wardchurch.org)

Traditional Worship at 8, 9:30 & 11 a.m.  
Contemporary Worship at 9:30 & 11 a.m.  
Children's Programs available at 9:30 & 11 a.m.

The Traditional Service is broadcast on the radio each week at 11 a.m. on 560 AM

### LUTHERAN CHURCH MISSOURI SYNOD

**Christ Our Savior Lutheran Church**  
14175 Farmington Road, Livonia, Just north of I-96  
[www.christsaviorsavior.org](http://www.christsaviorsavior.org)

Sunday Worship 8:30 & 11:00 am - Traditional  
Staffed Nursery Available

Sunday School/Bible Class 9:45 am  
Early Childhood Center  
Phone 734-513-8413

Making disciples who share the love of Jesus Christ  
Pastors: Davenport, Bayer, & Creeden  
734-522-6830

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## For Information

regarding this Directory, please call Sue Sare at 248-437-2011 ext. 247 or e-mail: [ssare@hometownlife.com](mailto:ssare@hometownlife.com)

## Shakespeare to choral music

Laugh, cry, sing at local theaters this month

By Sharon Dargay  
Staff Writer

It doesn't matter if you love Shakespeare or hate Shakespeare, Sharon McNutt says she has the perfect play for you.

"You don't have to know anything about Shakespeare to have a blast with this," said McNutt, who is directing *The Complete Works of William Shakespeare (Abridged)* for Spotlight Players in Canton.

The comedy is among a variety of productions opening at local community theaters over the next two weeks. Barefoot Productions in Plymouth offers a romance in time for Valentine's Day; Farmington Players plans a drama starting Feb. 15; Inspire Theater in Westland mixes the wild west and an interactive murder mystery at a dinner theater show this weekend; and Paul's Players offers a vocal music show for its winter fundraiser.

Spotlight Players' show brings a bit of everything — comedy, drama, tragedy, history, improvisation — to the stage in a wacky look at all of Shakespeare's works.

McNutt, a former actress who teaches drama at Canton High School, expanded the original three-man cast to eight players, creating an ensemble that includes both men and women, in ages that range from 19-50.

"I love ensemble work where you don't have a star. Everyone shines and it's very collaborative," she said. "I love true collaboration and that's what drew me."

McNutt describes the comedy as "a fast-paced zany romp" with improvised moments, local references and audience interaction, with Shakespeare's plays interpreted through various art forms. All of his comedies are performed within a single monologue, for example. *Othello* is turned into a two-min-



Fifth Season will sing at a fundraiser for Paul's Players in Livonia.

ute rap song and *Titus Andronicus* becomes a cooking show segment. "There's a lot of dying and tons of props and pulling people on stage. You could see this show in 100 different cities and have 100 different performances because the audiences would be different and their responses would be different.

"You have a script and the script is memorized but it's open for improvisational moments. It's not an improvised show, but there are bits and pieces scattered throughout where you can make current and local references."

### In Plymouth

Barefoot Production's upcoming production of *Kind Sir* is more nostalgic with a slight edge than contemporary and provocative, according to Mary Tablac, Barefoot head of marketing and development. It tells the story of a commitment-shy diplomat and is set in high-society, 1950s New York.



The Complete Works of William Shakespeare (Abridged) interprets "Titus Andronicus" as a cooking show and turns his other works upside down. Spotlight Players perform the wacky show beginning Feb. 15 in Canton.

"It's a sophisticated show, but there's a lot of sharp humor. The show premiered on Broadway in 1951, so you see a lot of that screwball comedy vibe, where all the characters lob quick little bon mots at each other; they're all very clever people," Tablac wrote in an e-mail to the *Observer*. "Both of the lead characters are jealous and a little needy, but they don't want to let the other person know that. Maureen Paraventi (playing Jane Kimball) and Adam Weakley (Philip Clair) play them as people who've been around the block a few times, but then this moody teenager side comes out when either one thinks they have a romantic rival."

Chris Steves of Woodhaven, David Alexander of Redford, and Eric Bloch and Linda McCalister, both of Ann Arbor, round out the cast.

Steves, also a costumer, has an eye for period detail, Tablac noted. That helps recreate shows like *Kind Sir*, with accuracy. Appropriate props also round out the setting.

"We do have a fairly thorough — for lack of a better word — props room, but we're always on the lookout for hard-to-find pieces. Having worked as the props master in the past, I usually scour antique malls and estate sales. My favorites are Town & Country in Livonia and RePurpose in Westland," Tablac said. "Thankfully, Beth Duey is



Adam Weakley of Whitmore Lake and Maureen Paraventi of Redford take on the lead roles in "Kind Sir," opening Feb. 14 at Barefoot Productions in Plymouth.

taking time from her normal duties as props curator from Tipping Point Theatre in Northville to help us source items for this show, particularly the dozens of red and yellow roses Jane receives from her suitors."

### All music

Paul's Players' upcoming show is pure nostalgia — with a tuneful twist.

Jerry Smith, who developed the choral program at Bentley High School in Livonia, and then went on to create the Creative and Performing Arts Program (CAPA) at Churchill High School, will perform a benefit show for the Players' with his family and friends.

"We have known each other for a lot of years. My son was in his choir. Jerry helped me get a job in Livonia," said Pat Hutchison, Paul's Players' director and a retired Livonia teacher. "My first theater job was at Bentley. His daughter was my accompanist for one of the musicals there and his other daughter was a student."

Smith's daughter, Kimberly Swan, is among the performers in the show that also features Smith and his wife, Sharon, on piano; The Artists' Ensemble, a group Smith developed while at Tynedale College; and Fifth Season, a women's vocal ensemble directed by Sharon Smith.

Swan will sing operatic vignettes with students from her vocal studio. Fifth Season and The Artists' Ensemble will perform various kinds of chorale music.

"It's a very different kind of program. What I like about it is that it's so eclectic," Hutchison said.

A dessert buffet and coffee bar follows each concert, at 7:30 p.m. Friday, Feb. 9 and 2 p.m. Saturday, Feb. 10, at St. Paul's Presbyterian Church, 27475 Five Mile, Livonia. Admission is \$10.

*The Complete Works of William Shakespeare (Abridged)* opens at 8 p.m. Friday, Feb. 15 and runs at 8 p.m. Friday, Feb. 22 and Saturday, Feb. 16 and 23. Matinees are at 2 p.m. Saturdays and Sundays through Feb. 24. *Kind Sir* opens Thurs-

day, Feb. 14 and runs at 2 p.m. Sunday and 8 p.m. Friday-Saturday, through Feb. 24 at the Barefoot Productions Theater, 240 N. Main, Plymouth. Tickets are \$16 general audience and \$14 for students and seniors. Call (734) 560-1493; www.justgobarefoot.com.

### Other shows

• Inspire Theatre presents *Silver City*, an interactive murder mystery dinner theater by Anne and Christopher Mara. Audience members may dress in costume to blend into the "old west" as they dine and kick back at The Red Hat Saloon, while helping a cast of crazy characters solve a mystery. Doors will open at 6:30 p.m. and dinner is at 7 p.m. Friday-Saturday, Feb. 8-9 and 15-16, at 33445 Warren Road, Westland. Dinner and show tickets are \$35. Advanced ticket sales only at (734) 751-7057; inspiretheatre.com

• Farmington Players presents *Rabbit Hole*, 8 p.m. Thursday-Saturday, Feb. 15-March 2 and 2 p.m. Sunday, Feb. 17 and 24, at the Barn Theatre, 32332 W. 12 Mile, Farmington Hills. The drama looks at a couple as they try to put their lives together after their son's accidental death. Tickets are \$14 and \$16. Call (248) 553-2955 or visit farmingtonplayers.org.

• Two Muses Theater will donate a portion of proceeds from its children's show, *Who's Afraid of the Big Bad Wolf*, to Starfish Family Services. The show runs 11 a.m. and 2 p.m., Saturday, Feb. 9, 16, 23; 2 p.m. Sunday, Feb. 10, 17, 24, in the theater inside Barnes & Noble, 6800 Orchard Lake Road, West Bloomfield. The show is a combination of *The Three Little Pigs* and *Little Red Riding Hood*, with the big bad wolf stuck between the two stories. Each performance includes other child-friendly activities, a raffle drawing and post-performance autograph sessions during which parents will have the opportunity to take their children's pictures with the characters. Advance tickets are \$10 and \$8 for children, 3-10. No babes in arms or children under 3. Tickets at the door are an additional \$2. Call (248) 850-9919.

FROM THE DIRECTOR OF HORRIBLE BOSSES AND THE PRODUCER OF TED

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Farmington Players presents the drama "Rabbit Hole" beginning Feb. 15. Performers include Cynthia Tupper (left) of Farmington Hills, Kelly Voigt of Farmington, Laurel Stroud of Redford Township and Jay McNeil of West Bloomfield.



Members of the Harmonytown Chorus surprise a singing valentine recipient last year. The singers are Dan Latimer, (left, back row), Frank Adams, Howard Goldman, Mark Pritchard, Tony Pyrkosz, (left front row) and Bruce Jonasz.

## Send your sweetie a harmonious valentine

The Harmonytown Chorus is on a mission to spread a little love this Valentine's Day.

The group will deliver singing valentines Thursday, Feb. 14 as it has for the past 12 Valentine's Days. Recipients will receive two heart-felt, harmonious songs, a rose and a personalized card. The sender chooses the location and delivery

time when making the appointment. Cost is \$40.

The singers will travel to Plymouth, Livonia, Canton, Novi, Northville, Westland, Garden City, Inkster, Farmington Hills and surrounding areas to deliver singing valentines.

Call (734) 743-1764 or visit [wesingbarbershop.com](http://wesingbarbershop.com) to make arrangements.

### GET OUT!

#### Arts Crafts

##### DETROIT INSTITUTE OF ARTS

**Time/Dates:** 10 a.m. to 4 p.m. Wednesday-Thursday, 10 a.m. to 10 p.m. Friday; 10 a.m. to 5 p.m. Saturday-Sunday

**Location:** 5200 Woodward, Detroit

**Family Sundays:** 2 p.m. Sundays; storytelling, performances; free with admission

**Exhibits:** Hidden Treasures: An Experiment, through March 3; Motor City Muse: Detroit Photographs: Then and Now, through June 16; Shirin Neshat, includes eight video installations and two series of photos, April 7-July 7

**Contact:** (313) 833-7900, [www.dia.org](http://www.dia.org)

##### GALLERY@VT

**Time/Date:** 10 a.m.-2 p.m. Monday-Friday, Feb. 1-24

**Location:** Village Theater at Cherry Hill, 50400 Cherry Hill Road, Canton

**Details:** Mixed media by Sabrina Nelson

**Contact:** (734) 394-5308

##### LIBERTY STREET BREW PUB

**Time/Date:** Artist reception, 5-9 p.m. Friday, Feb. 8; exhibit through March 30; pub hours are 3 p.m.-midnight, Monday-Thursday; 3 p.m.-1 a.m. Friday; 11 a.m.-1 a.m. Saturday; and noon-midnight, Sunday

**Location:** 149 W. Liberty St., Plymouth; Upper Hall Gallery

**Details:** Second annual group show by Art Circle Six. This year's show features the artist challenge "Icons, Myths and Legends"

**Contact:** (734) 207-9600

##### NORTHVILLE ART HOUSE

**Time/Date:** 1-5 p.m. Wednesday-Saturday, through Feb. 23

**Location:** 215 W. Cady, Northville

**Details:** 7th Annual Member Exhibition is an all-media, non-juried show.

**Contact:** (248) 344-0497

##### PLYMOUTH COMMUNITY ARTS COUNCIL

**Time/Date:** 9 a.m. to 4 p.m. Monday-Thursday and during public events, through February; artist reception, poster print sale and signing, 7-9 p.m. Saturday, Feb. 9

**Location:** Plymouth Community Arts Council, 774 N. Sheldon, Plymouth

**Details:** Rock music poster graphic design from Gary Grimshaw, former artist at the Grande Ballroom, will be on display along with poster works by artists for the San Francisco Band, Moonalice. Proceeds from sale of the Moonalice poster prints will go toward PCAC programming

**Contact:** (734) 416-4278

#### Film

##### CONGREGATIONAL CHURCH

**Time/Date:** 7 p.m. Feb. 19

**Location:** Congregational Church of Birmingham, UCC, 1000 Cranbrook Road, Bloomfield Hills

**Details:** "Carbon Nation" is a documentary about climate change and what the world needs to do to slow it down. Admission is free

**Contact:** [ccbucc.org](http://ccbucc.org)

##### MAPLE THEATRE

**Time/Date:** 7 p.m. Thursday, Feb. 7

**Location:** 4136 Maple, west of Telegraph, Bloomfield Township

**Details:** Meet seven survivors of profound loss in the documentary, "Transforming Loss," by Judith Burdick, licensed psychotherapist. Learn what the human spirit is capable of in times of trauma and tragedy. Burdick will be on hand for the premiere of her new film. The screening is sponsored by Temple Beth El. Tickets are free and available by pre-registering online at [www.transforminglossdocumentary.com](http://www.transforminglossdocumentary.com). Click on the "register" tab

**Contact:** (248) 808-5569

##### PENN THEATRE

**Time/Date:** 7 p.m. Thursday, Feb. 7 and 14, 7 p.m. and 9:25 p.m. Friday-Saturday, Feb. 8-9, and 4:15 p.m. and 7 p.m. Sunday, Feb. 10

**Location:** 760 Penniman Ave., Plymouth

**Details:** "Life of Pi," \$3

**Contact:** (734) 453-0870; [www.penntheatre.com](http://www.penntheatre.com)

##### REDFORD THEATRE

**Time/Date:** 8 p.m. Feb. 8, and 2 p.m. and 8 p.m. Feb. 9

**Location:** 17350 Lahser, Detroit

**Details:** "Pillow Talk," \$4

**Contact:** (313) 537-2560; [www.redfordtheatre.com](http://www.redfordtheatre.com)

#### Music

##### 10 NORTH BAR & GRILLE

**Time/Date:** 9 p.m. to approximately 1 a.m.

**Location:** 24555 Novi Road, Novi

**Details:** Free live music series with The Party, '80s cover band, Feb. 8; Soul Hustler, Motown, classic covers and current hits, Feb. 16. All ages welcome. Food and drink specials all night long

**Contact:** (248) 365-4720; [10northbar.com](http://10northbar.com)

##### BASELINE FOLK SOCIETY

**Time/Date:** Sign up for open mic, 6:15-6:45 p.m.; performances, 7 p.m., the third Saturday of the month

**Location:** The JWH Center for the Arts, Plymouth Community Arts Council, 774 N. Sheldon, Plymouth

**Details:** Admission is \$5. Individual and family annual memberships also are available

**Contact:** Scott Ludwig at [BFSpresident@aol.com](mailto:BFSpresident@aol.com) or call (734) 453-0869



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## Bring a taste of New Orleans to your table at Mardi Gras

It's time to don colorful beads, a costume and celebrate Mardi Gras.

Feb. 12 marks "Fat Tuesday," the day before Ash Wednesday, the beginning of Lent.

In New Orleans, La., revelers will mark the end of the carnival season Tuesday with Mardi Gras masks, costumes, beads and elaborate parades. In Cajun country masked participants on horseback, foot or trailer go from house to house singing and dancing for the owners, while begging for ingredients for a communal gumbo.

What brings both city and country celebrations together is hearty party food. Try a gumbo or jambalaya for your own weekend Mardi Gras party and don't forget the traditional King Cake with the doll tucked inside.

For more Mardi Gras recipes visit [www.tabasco.com](http://www.tabasco.com).

### Spicy Grilled Shrimp Skewers With Creole Mustard Dipping Sauce

Makes 6 servings

Creole Mustard Dipping Sauce:

- ½ cup Creole mustard or stone-ground mustard
- 1 tablespoon orange marmalade
- 2 teaspoons Tabasco Original Red Sauce

Skewers:

- 2 bunches scallions
- 1 pound large shrimp, peeled and deveined
- 1 pound andouille sausage
- 2 tablespoons Tabasco Original Red Sauce

Soak skewers completely in water at least 30 minutes.

Combine mustard, orange marmalade and Tabasco Sauce in small bowl. Set aside.

Preheat grill or broiler.

Divide scallions into individual strips. Blanch strips in boiling water for 30 seconds. Drain skewers.

Thread 2 shrimp and 1 sausage slice onto each skewer, twisting a scallion strip around each skewer. Repeat with remaining skewers, shrimp, sausage and scallions. Brush shrimp with Tabasco Sauce.

Place skewers on grill. Grill 5 to 8 minutes, turning once until shrimp are cooked through.

### Eula Mae's Sausage and Shrimp Gumbo

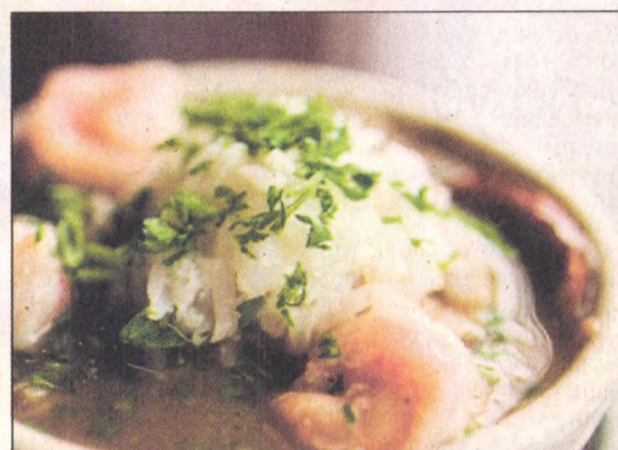
Makes 8 servings

Recipe from "Eula Mae's Cajun Kitchen Cookbook"

- 2 tablespoons vegetable oil
- 1 pound andouille (or other spicy smoked sausage), cut crosswise into ¼-inch-thick slices
- 2 tablespoons all-purpose flour
- ½ cup chopped yellow onions
- ½ cup seeded and chopped green bell peppers
- 1 garlic clove, minced
- 2 cups chicken broth
- 2 cups sliced fresh okra or one (10-ounce) package frozen sliced okra, thawed
- ½ teaspoon salt, or more to taste
- ½ teaspoon cayenne, or more to taste
- ½ teaspoon Tabasco Original Red Sauce
- 2 bay leaves
- 1 pound medium-size shrimp, peeled and deveined
- ¼ cup chopped green onions (green part only)
- Hot cooked long-grain white rice

Heat 1 tablespoon of the oil in a large skillet over medium-high heat. Add the sausage and cook, stirring frequently, for 5 minutes. Remove the sausage with a slotted spoon and set aside.

Heat the remaining 1 tablespoon oil in the same skillet over medium-high heat. Stir in the flour and



cook, stirring constantly, until the roux is light brown, about 2 minutes. Add the onions, bell peppers, and garlic, and cook, stirring frequently, until soft, about 5 minutes. Gradually stir in the broth and blend until smooth. Bring to a boil. Add the sausage, okra, salt, cayenne, Tabasco Sauce, and bay leaves, cover, reduce the heat to medium-low, and simmer for 20 minutes.

Stir in the shrimp and green onions and simmer until the shrimp turn pink, about 5 minutes. Remove the bay leaves and serve in soup bowls over rice.

### Buffalo Chicken & Sausage Jambalaya

Makes 12 to 14 servings

- 1 tablespoon olive oil
- 1½ pounds andouille sausage, cut into ½-inch-thick rounds
- 2 pounds boneless, skinless chicken thighs or breasts, cut into ¾-inch pieces
- 1 teaspoon salt, divided
- ½ teaspoon pepper, divided
- 2 large bell peppers, seeded and chopped (about 4 cups)
- 5 ribs celery, chopped (about 1½ cups)
- 3 onions, chopped (about 3½ cups)
- 2 jalapeños, seeded and chopped
- 5 cloves garlic, minced
- 4 tablespoons Tabasco Buffalo Style Hot Sauce, divided
- 4 dried bay leaves
- 3 (14.5-ounce) cans diced tomatoes
- 3 cups long-grain rice
- 6 cups chicken stock

Heat a large Dutch oven over medium-high heat.

Add olive oil and heat 30 seconds. Add sausage and cook, stirring occasionally, until browned, about 5 minutes. Transfer sausage to a large bowl. Add chicken, sprinkle with ½ teaspoon of

the salt and ¼ teaspoon of the pepper, and cook and stir until just cooked through, about 5 minutes. Transfer chicken to the bowl with the sausage.

Add bell peppers, celery, onion, jalapeño and remaining salt and pepper to Dutch oven, and cook over medium-high heat until vegetables start to soften, about 8 minutes. Add garlic and 2 tablespoons of the Tabasco Buffalo Style Sauce to the pan and cook 3 minutes more. Return the meat mixture to the pan. Add bay leaves and tomatoes and cook and stir, about 5 minutes. At this stage the mixture can be refrigerated for several hours or overnight.

When ready to proceed, heat meat mixture over medium-high heat. Stir rice into hot meat mixture and cook 3 minutes. Add the stock and bring to a boil. Reduce heat and simmer 30 minutes. Stir in remaining 2 tablespoons Tabasco Buffalo Style Sauce and let sit covered for 10 minutes.

## Local residents cook up winning party food recipes

By Sharon Dargay  
Staff Writer

Kristin Dolmetsch of Northville scored a first place win for her taco and hot sauce creation in the Joe's Produce "Super" Recipe contest.

"It combined my two favorite things, food and football," said Dolmetsch, in an e-mail to the *Observer*. "I'm an avid cook and love sharing my recipes."

The contest challenged cooks to create an appetizer, side dish, main entree or dessert appropriate for a Super Bowl party.

Dolmetsch prepared her winning tacos in a cooking segment with Jay Towers on Fox-2 and won a \$50 gift card to Joe's Produce, a gourmet and produce market in Livonia.

Second place winner and recipient of a deli tray certificate was Valada Sargent of Farmington Hills for her shredded chicken and corn cakes. Third prize, of a \$25 gift certificate, went to Michelle Voineag of Northville Township for her chili.

Dolmetsch, who writes a food blog called "Dolo's Kitchen" said she figured the contest would be fun and would give her an opportunity to share the recipe beyond her blog if she won.

"It was a lot of fun getting to share one of my favorite taco recipes. I hope others find them just as delicious as I do," she said.

What sets her Chorizo Street Tacos apart from others?

"These tacos are simple Mexican street food. They aren't masked by sour cream, cheese, and other guilty pleasures. The ingredients are really able to shine. They're quick, spicy, smoky, and fresh. I make these at least

once a month, if not more. They are definitely in our dinner rotation, they're so easy, it's nice to have in your back pocket when you want something quick and delicious."

Dolmetsch is engaged and plans to tie the knot this July.

"Not sure what we are more excited about, being married or Joe's Produce catering our wedding."

Sargent said she was pleased that the market sponsored a recipe contest.

"This was my first recipe contest, but it won't be my last. Never in my wildest dreams would I have imagined entering a recipe contest. It was fun to get out of my comfort zone and do something different. I'm no chef or professional, but I really do enjoy cooking fresh and healthy food."

She entered her recipe for Duper Super Shredded Chicken and Corn Cakes because the food is filling, tasty and easy to make.

Voineag, owner of Super-Slow Zone, a health and exercise franchise in Northville, hoped her Super Bowl Super Black Bean Chili would appeal to her clients, but also be versatile enough to serve to anyone. Voineag said the recipe makes use of produce from Joe's, is easy to make and a healthful dining choice.

"I never entered a contest before. I love to cook new and healthy creations but I usually do not write them down. I had to make a test batch and carefully keep track of the ingredients," she said. "On Sundays I like to spend time eating healthier versions of tasty dishes. I share recipes and food with my clients and they have been begging for more and encouraging me to write a cookbook."

### Chorizo Street Tacos with Chipotle Hot Sauce

By Kristin Dolmetsch, first place winner  
Makes about 20 tacos

Tacos:

- 1 pound of Joe's Produce Housemade Ground Chorizo
- ½ white onion, minced
- ¼ cup of cilantro, chopped
- Juice of ½ lime
- Salt and pepper to taste
- 20 corn tortillas
- ½ teaspoon corn or vegetable oil
- Chipotle Hot Sauce (recipe below)

1. Brown chorizo in a skillet over medium high until browned and cooked throughout (about 10 minutes). Turn heat down to low to keep warm until you are ready to assemble your tacos.

2. In a small separate bowl, combine onion, cilantro and lime

3. Mix onion/cilantro mixture until well-incorporated and season with salt/pepper to taste. Set aside until ready for taco assembly.

4. To heat tortillas, place corn/vegetable oil in a non-stick skillet and heat over medium-low heat.

5. Place 1 tortilla in the skillet 1 minute on each side until warm and soft. Repeat until all tortillas are heated, adding extra oil if the skillet gets too dry.

6. To assemble the tacos, place chorizo in warm tortilla, top with onion/cilantro mixture, squeeze chipotle hot sauce.

7. Devour!

Chipotle Hot Sauce

- 3-4 Chipotle peppers in adobo sauce
- 1 large beefsteak tomato sliced in half
- 2 cloves of garlic, peeled and left whole
- ½ large, white onion
- ¼ cup of water
- Salt to taste

1. Place all ingredients in a small saucepan over medium heat.

2. Cover and simmer for 30 minutes until soft, stirring occasionally.

3. Place saucepan contents into a blender or food processor.

4. Blend until smooth.

5. Set aside to cool.

6. Store hot sauce in air-tight Tupperware container or plastic bottle for up to two weeks. Great on just about everything!

### Duper Super Shredded Chicken and Corn Cakes

By Valada Sargent, second place winner  
Yields: About one dozen small chicken corn cakes

- 2 cups cooked OR rotisserie chicken breast, shredded
- 1 teaspoon diced garlic
- ½ teaspoon kosher salt
- ½ teaspoon black pepper
- 1 cup salsa (I recommend Michigan-made "Chuck and Dave's Sweet Onion Salsa — yummy!")
- ½ cup fresh corn from the cob
- ¼ cup diced tomatoes with green chilies
- 2 eggs
- ½ cup cornmeal

Preheat oven to 350°F. Thoroughly mix egg and cornmeal. Combine all other ingredients with egg/meal. Use an ice cream scoop to place mixture in greased muffin pan. Bake for 15 minutes or until golden brown. Top with a dollop of chilled salsa, serve hot and enjoy.

### Super Bowl Super Black Bean Chili

By Michelle Voineag, third place winner  
This recipe is inspired by my recent trip to Joe's Produce.

- 2 tablespoons of olive oil
- 1 large onion, chopped
- 2 yellow bell peppers, chopped
- 2 teaspoons cumin
- ¼ teaspoon salt
- 3 15-ounce cans black beans, rinsed & well drained
- 1 can tomato with green chilies
- 1 can tomato with roasted garlic & onion
- 2 cups low salt tomato juice

Heat the oil in a large pot over medium high heat. Add the chopped onion, pepper, cumin and salt. Saute until onion & peppers are soft, approximately 10 minutes. Add all other ingredients, bring to a boil and then reduce heat to medium and cook for 30 minutes, stirring occasionally. Remove approximately half of the chili and place in blender or food processor. Blend and return to pot. Can be made in advance; refrigerate, then reheat.

Serving options: Eat a bowl of chili, as is, or add toppings such as chopped tomato, chopped onion, chopped jalapeño peppers, cheddar cheese. Also great with corn chips or on a hot dog or a Not Dog.

## Housing affordability favors Midwest, including the Detroit region

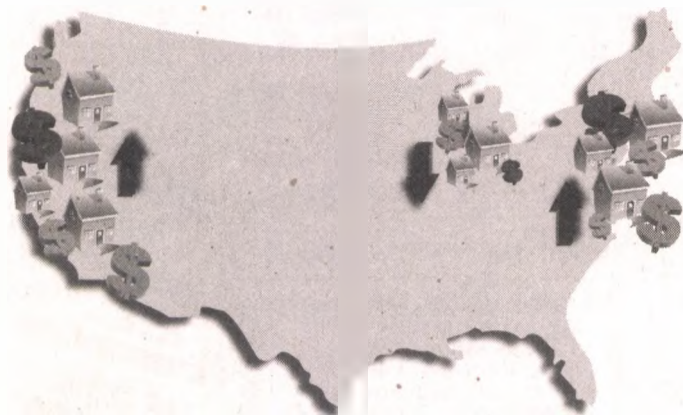
With 11 months of data reported, 2012 will clearly go down as a record year for favorable housing affordability conditions, and a great year for buyers who could get a mortgage, according to the National Association of Realtors.

NAR's national Housing Affordability Index stood at 198.2 in November, based on the relationship between median home price, median family income and average mortgage interest rate. The higher the index, the greater the household purchasing power; record-keeping began in 1970.

An index of 100 is defined as the point where a median-income household has exactly enough income to qualify for the purchase of a median-priced existing single-family home, assuming a 20 percent down payment and 25 percent of gross income devoted to mortgage principal and interest payments. For first-time buyers making small down payments, the affordability levels are relatively lower.

For all of 2012, NAR projects the housing affordability index to be a record high 194, up from 186 in 2011, which was the previous record. November's reading was 2.5 index points below October, but up 1.5 index points from a year earlier.

Lawrence Yun, NAR chief economist, said home buyers are able to stay well within their means. "Although 2012 was highest on record, the excessively tight underwriting precluded many would-be homebuyers from locking-in generational low interest rates," he said. "Rising home prices



and a gradual uptrend in mortgage interest rates will offset improvements in family income, but 2013 likely will be the third best on record in terms of household buying power. A window of opportunity remains open for buyers who can qualify for a mortgage."

Tony Schippa, Coldwell Banker Preferred of Plymouth Realtor and past president of the Greater Metropolitan Association of Realtors, said, "I think because the market is turning around, people are employed. I think people are realizing now is the time to go out and buy a house."

"Right now, we have a shortage of inventory," Plymouth resident Schippa said. He cited a condo in Northville at \$130,000 that sold recently within 48 hours.

"Even in the \$300, \$400s, you're getting multiple offers. I think you're going to continue to see that grow."

Schippa thinks interest rates on home loans may rise. "As we know, things don't stay low

forever, unfortunately. Now is definitely a good time to get in the market and get yourself a home."

It's also been Schippa's experience that the Midwest is traditionally more affordable than the East and West Coasts. "The Midwest is kind of a more stable market. I think you have more transients on the coasts."

"We were the first ones to go down with the manufacturing jobs going away," a few years ago. The Upper Peninsula, even during recent down times, "they have a more stable economy with so many jobs relying on the auto industry. They still kept pretty steady numbers."

The shortage of housing inventory has impacted both sellers and buyers, Schippa said. "Offering 80 cents on the dollar isn't working anymore." Some buyers now fear appraisal issues, and are willing to pay.

"We will continue to move forward," he said of Michigan's economy. Realtors and their Political Action Committee are contributing to the business cli-

mate in Michigan, Schippa added.

NAR projects the housing affordability index to average 160 during 2013, which means on a national basis that a median-income family would have 160 percent of the income needed to purchase a median-priced existing single-family home. Conditions vary widely, with the highest buying power in the Midwest. Even in the West, where the regional index is lower, they typical family is well positioned in most markets.

NAR President Gary Thomas, broker-owner of Evergreen Realty in Villa Park, Calif., said the minor erosion in affordability conditions moving forward could be mitigated by bank and regulatory policies. "Clearer rules from the government regarding future lawsuits and buybacks of Fannie and Freddie loans could encourage banks to use their massive cash holdings to originate more loans," he said.

"A more sensible lending environment that makes it easier for other financially qualified buyers to get a mortgage would allow many more households to enter the market, boosting home sales as much as 10 to 15 percent," Thomas said.

The National Association of Realtors, "The Voice for Real Estate," is America's largest trade association, representing one million members involved in all aspects of the residential and commercial real estate industries.

Staff writer Julie Brown contributed to this report.

## Downtown Minneapolis on the grow

By Robert Meisner  
Guest Columnist

Q: I am in the commercial real estate business with respect to large skyscrapers. I

am wondering if you have any information about Minneapolis in terms of its investment potential.

A: I am advised that a major California



Robert Meisner

real estate company has invested over \$200 million dollars in buying a 50-story tower in downtown Minneapolis. Basically, most of the buildings in the downtown area are occupied in the high 90 percentile being a secondary market. Minneapolis, based upon my recent analysis and visit, is thriving in the downtown area, particularly, because of the Target Center. It may well be a growing commercial center because of the rapid transit.

Q: I am finding it difficult to find a good Realtor who is willing to give me the time I need to look at various homes in the community in which I strive to live. Do you have any recommendations on how we can find a good Realtor?

A: Like finding a good lawyer, the best way to find a good Realtor is by word of mouth from someone who has had an opportunity to work with that Realtor. Of course, not everyone gets along with someone else the same way, and that is not an absolute guarantee. Obviously, the major firms have websites that provide the credentials for their real estate agents. You are best advised to have a real estate broker, who is affiliated with a company that has a good record of accomplishment and does not have any complaints filed against it with the state regulatory body. In any event, once you find a prospective Realtor, you should ask for references from that Realtor in order to check out their experience and ability to give you the service to which you are entitled.

Robert M. Meisner is a lawyer and author of *Condominium Operation: Getting Started & Staying on the Right Track*, second edition, available for \$9.95 plus \$1 shipping/handling. He also wrote *Condo Living: A Survival Guide to Buying, Owning and Selling a Condominium*, \$24.95 plus \$5 shipping/handling. Call (248) 644-4433 or visit [bmeisner@meisner-law.com](mailto:bmeisner@meisner-law.com). This column shouldn't be construed as legal advice.

### HOMES SOLD/REAL ESTATE TRANSACTIONS-WAYNE COUNTY

These are the area residential real estate closings recorded the week of Oct. 8-12, 2012, at the Wayne County Register of Deeds office. Listed below are cities, addresses, and sales prices.

CANTON	
6979 Becky Dr	\$182,000
43732 Belleauwood Ct	\$165,000
6607 Burnham Dr	\$160,000
7797 Chichester Rd	\$205,000
7638 Corbin Dr	\$176,000
44974 Danbury Rd	\$258,000
8190 Elmhurst Dr	\$205,000
408 Elmington Ct	\$431,000
2134 Fairway Cir	\$158,000
44947 Forest Trail Dr	\$195,000
43737 Fredericksburg St	\$121,000
42339 Glencove Ct	\$200,000
6905 Harvard Ln	\$81,000
1149 Heatherlea Ct	\$30,000
1935 Hendrie	\$297,000
7393 Hillsboro Dr	\$160,000
6648 Kennesaw Rd	\$410,000
46453 Killarney Ct	\$180,000
50336 Lansdowne Rd	\$77,000
142 Madison Ct	\$421,000
41500 Metaline Dr	\$177,000
227 Nassau Ct	\$160,000
49061 Northampton Ct	\$445,000
1712 Nowland Ct	\$196,000
4067 Palace Ave	\$176,000
1606 Peninsula Ct	\$174,000
4642 Pond Run	\$202,000
3100 S Lilley Rd	\$140,000
42161 Saratoga Cir	\$145,000
44237 Southampton Dr	\$140,000
2918 Stanton St	\$235,000

43509 W Arbor Way Dr	\$60,000
48650 Wildrose Dr	\$355,000
GARDEN CITY	
29133 Alvin St	\$100,000
27559 Cambridge St	\$15,000
30433 Dawson St	\$160,000
6431 Golfview St	\$100,000
5834 Helen St	\$40,000
7031 Helen St	\$55,000
7139 Middlebelt Rd	\$274,000
28515 Pardo St	\$260,000
33645 Rosslyn Ave	\$73,000
30513 Sheridan St	\$39,000
32527 Sheridan St	\$41,000
LIVONIA	
32456 Barkley St	\$126,000
11405 Cranston St	\$145,000
36200 Fairway Dr	\$350,000
36380 Fairway Dr	\$30,000
18234 Farmington Rd	\$56,000
18939 Flamingo Blvd	\$83,000
14087 Golfview St	\$145,000
11025 Ingram St	\$139,000
18646 Irving St	\$136,000
18973 Irving St	\$125,000
37937 Jamison St	\$92,000
11408 Melrose St	\$155,000
19631 Melvin St	\$109,000
37524 N Laurel Park Dr	\$110,000
37553 Newburgh Park Cir	\$198,000
37654 Northfield Ave	\$220,000
35416 Northgate Dr	\$230,000
34334 Orangelawn St	\$144,000
35952 Parkdale St	\$108,000
20054 Parkville St	\$49,000
29526 Pickford St	\$110,000
29615 Ravine Dr	\$172,000
20265 Rensellor St	\$13,000
39320 Ross St	\$135,000
35112 Scone St	\$125,000
37255 Seabrook Dr	\$330,000
18486 Southampton St	\$238,000

14243 Sunset St	\$111,000
15346 Sunset St	\$132,000
18059 University Park Dr	\$60,000
9049 W Deborah Ct	\$129,000
32488 Washington St	\$130,000
19972 Weyher St	\$84,000
9918 Woodring St	\$65,000
NORTHVILLE	
18871 Bayberry Way	\$498,000
48252 Binghamton Ct	\$550,000
44406 Broadmoor Blvd	\$453,000
44420 Broadmoor Blvd	\$463,000
44426 Broadmoor Blvd	\$466,000
16148 Crystal Downs E	\$514,000
46543 Crystal Downs W	\$493,000
19373 Crystal Lake Dr	\$85,000
39571 Dun Rovin Dr	\$250,000
39773 Eagle Trace Dr	\$240,000
735 Grandview St	\$465,000
16093 Homestead Cir	\$340,000
16295 Horseshoe Dr	\$427,000
16828 Horseshoe Dr	\$427,000
19548 Manor Ct	\$30,000
48277 Manorwood Dr	\$477,000
16406 Mulberry Way	\$277,000
41882 Pul Meadow Dr	\$296,000
15361 Prestwick Cir N	\$477,000
43587 Prestwick Cir S	\$474,000
516 Rouge St	\$185,000
327 Saint Lawrence Blvd	\$225,000
20300 Spring Ln	\$800,000
41899 Waterfall Rd	\$287,000
16147 Westminster Dr	\$273,000
PLYMOUTH	
11524 Aspen Dr	\$142,000
11344 Bellwood Dr	\$315,000
693 Burroughs St	\$285,000
44763 Charnwood Dr	\$299,000
48080 Colony Farms Cir	\$132,000
14805 Farmbrook Dr	\$193,000
41059 Greenbrook Ln	\$153,000
13343 Hidden Creek Dr	\$254,000

40164 Newport Dr	\$68,000
40852 Newport Dr	\$60,000
9285 Northern Ave	\$135,000
9275 Tavistock Dr	\$103,000
REDFORD	
16583 Beech Daly Rd	\$37,000
18636 Brady	\$10,000
14242 Breakfast Dr	\$147,000
12073 Columbia	\$55,000
11356 Crosley	\$89,000
25251 E Deborah	\$70,000
17334 Garfield	\$18,000
20407 Garfield	\$26,000
20039 Indian	\$70,000
19996 Inkster Rd	\$15,000
14211 Mason Dr	\$145,000
16025 Negaunee	\$36,000
13949 Royal Grand	\$47,000
15134 Salem Ct	\$46,000
24547 Westgate Dr	\$40,000
WESTLAND	
33007 Akron St	\$5,000
30492 Birchwood St	\$60,000
34127 Birchwood St	\$41,000
8273 Bristol St	\$35,000
34870 Fairchild St	\$48,000
31025 Fernwood St	\$30,000
32240 Harvard Dr	\$41,000
35689 Hunter Ave	\$42,000
8230 Liberty Blvd	\$22,000
7806 Manor Cir	\$23,000
30149 Matthew St	\$45,000
33023 Merritt Ct	\$90,000
5826 N Globe St	\$60,000
32561 Palmer Rd	\$7,000
825 Patricia Place Dr	\$156,000
1626 S Dowling St	\$93,000
38588 Scott Dr	\$45,000
786 Summerfield Dr	\$65,000
33513 Unicorn Ct	\$67,000

### HOMES SOLD/REAL ESTATE TRANSACTIONS-OAKLAND COUNTY

These are the area residential real estate closings recorded the weeks of Sept. 24-28, 2012, at the Oakland County Register of Deeds office. Listed below are cities, addresses, and sales prices.

BIRMINGHAM	
731 Chapin Ave	\$300,000
1495 Dorchester Rd	\$411,000
2497 Fairway Dr	\$1,300,000
575 Greenwood St	\$320,000
1221 Latham St	\$440,000
595 N Old Woodward Ave	\$172,000
1130 Wakefield St	\$297,000
272 Westchester Way	\$1,200,000
111 Willits St # 203	\$485,000
BLOOMFIELD HILLS	
4584 Kiftsgate Bnd	\$569,000
27 S Berkshire Rd	\$200,000
2729 Aldgate Dr	\$220,000
150 E Long Lake Rd # 5	\$95,000

1939 Eagle Pointe	\$165,000
4751 Haddington Dr	\$249,000
20 Hadsell Dr	\$202,000
135 W Hickory Grove Rd	\$496,000
5291 Woodview Dr	\$248,000
BLOOMFIELD TOWNSHIP	
4057 Hidden Woods Dr	\$282,000
1892 Pine Ridge Ln	\$215,000
820 S Pemberton Rd	\$175,000
100 W Hickory Grove Rd # H2	\$30,000
3836 Wedgewood Dr	\$310,000
COMMERCE TOWNSHIP	
626 Andrews St	\$105,000
2313 Brigantine	\$252,000
8215 Cooley Lake Rd	\$374,000
2207 Palmetto	\$40,000
FARMINGTON	
23886 Beacon Dr	\$40,000
21056 Birchwood St	\$110,000
32318 Shiawassee Rd	\$110,000
35564 Tall Pine Rd	\$70,000
FARMINGTON HILLS	
28601 Glenbrook Dr	\$272,000

28890 Hidden Trl	\$315,000
32318 Old Forge Ln	\$180,000
28770 Rockledge Dr	\$175,000
29404 Windmill Ct	\$290,000
FRANKLIN	
32535 Scottsdale	\$728,000
Lathrup Village	
27745 Lathrup Blvd	\$150,000
19292 W 11 Mile Rd	\$60,000
MILFORD	
3236 Hanover Dr	\$357,000
NOVI	
43073 Ashbury Dr	\$425,000
45224 Bartlett Dr	\$84,000
27652 Belgrave Pl	\$45,000
30165 Brightwood Dr	\$286,000
41905 Cantebury Dr	\$116,000
27866 Declaration Rd	\$92,000
22100 Edgewater	\$66,000
23757 Maude Lea St	\$152,000
21917 Meridian Ln	\$250,000
151 Penhill St	\$77,000
47284 Robin Ct	\$275,000
28248 Wolcott Dr	\$91,000

28254 Wolcott Dr	\$84,000
SOUTH LYON	
24731 Brompton Way	\$40,000
59086 Carriage Ln	\$233,000
1087 Colt Dr	\$271,000
23865 Copperwood Dr W	\$50,000
57680 Deere Ct	\$50,000
53792 Edgewood Dr	\$219,000
24492 Glenwood Dr	\$40,000
59008 Peters Barn Dr	\$76,000
940 S Parkwood Dr	\$171,000
53815 Springwood Dr	\$210,000
53890 Springwood Dr	\$216,000
23343 Spyglass Hill Dr	\$355,000
54561 Villagewood Dr	\$40,000
SOUTHFIELD	
27250 Bradford Ln	\$111,000
23734 Plumbrook Dr	\$75,000
28810 Tavistock Trl	\$145,000
25428 Woodvilla Pl	\$74,000
WHITE LAKE	
620 Kent Ln	\$285,000
158 McCatty Dr	\$162,000
8679 Morro Ct	\$250,000

### REAL ESTATE BRIEFS

#### Howard Hanna

In the New Year, Howard Hanna Real Estate Services has confirmed its commitment to the state of Michigan and specifically Ann Arbor with improved services.

Howard Hanna has solidi-

fied the management team in Michigan. This change means that the managers will no longer be listing or selling properties. The sole purpose of this full-time team will be to dedicate support to the locations and agents they serve.

President of Howard Hanna Ohio & Michigan, Howard W. "Hoby" Hanna IV looks forward to 2013 and the pending opportunities in the Southeast Michigan market. "We are pleased to have such a capable management staff who will help with the growth we foresee in 2013," he said.

"Through local offices, we

will be offering the Howard Hanna income advantage, incentive trips, 100 percent Money Back Guarantee and Homes of Distinction program. Additionally, Howard Hanna has achieved the well-respected Christie's International Real Estate designation in Michigan. This is an achievement enjoyed in Ohio, Pennsylvania, West

Virginia and New York."

For more information about Howard Hanna's Michigan properties or a career in real estate, visit: [http://www.howardhanna.com/real\\_estate/michigan/](http://www.howardhanna.com/real_estate/michigan/)

To learn more, visit [www.howardhanna.com](http://www.howardhanna.com) or [www.facebook.com/howardhanna](http://www.facebook.com/howardhanna). Nick Lacy is the Northville office manager.

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**OUTLOOK 2008**  
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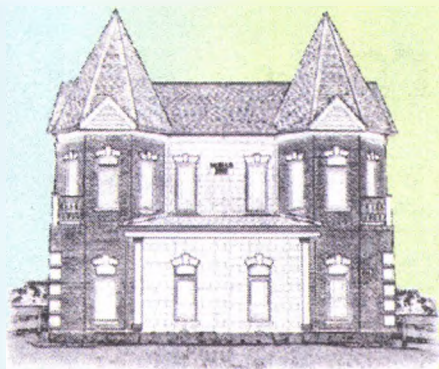
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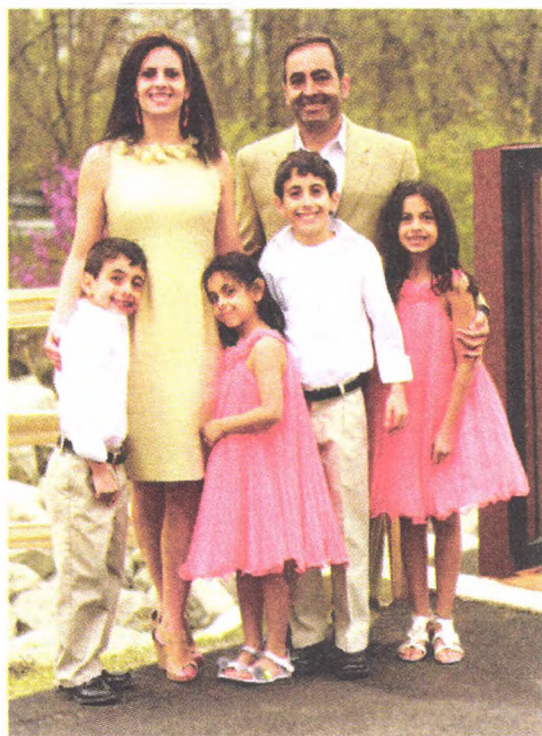


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# Health issues, causes color our world

**T**oday's *Woman* is full of red, green and pink causes. All important, all good and all worth your time and attention.

Red is for the American Heart Association's Go Red For Woman Campaign. Green focuses on healthy eating (look for the recipe inside) and pink is for a special Young Women Walking Program, part of the Susan G. Komen 3-Day in August.

It's a colorful edition, but the colors are reminders of important issues that affect all women and those who care about us.



Susan Rosiek

Heart disease is the No. 1 killer of women. One in three American women dies of cardiovascular disease each year.

The good news is that the AHA's Go Red For Woman Campaign celebrates its 10th year this month. The past nine years, which have put a focus on the issues, have made a difference in saving lives by educating women about healthy choices and health risks.

The metro Detroit Go Red For Women celebration is set for Friday, Feb. 15, at the MGM Grand Hotel. A morning expo and health screenings are planned, along with a luncheon featuring author, attorney and TV personality Star Jones. See page 15 for details.

And finally — if you are between the ages of 16-23 or if you have a daugh-

ter, granddaughter, niece or neighbor — read about the Young Women Walking Program. It's a chance for young women to share in one day of the Susan G. Komen 3-Day walk for breast cancer. Younger walkers participate, raise money and experience what it's like to take charge of their health and lives.

A great way to inspire the next generation of women.

Take time to read, react and be empowered to take action.

As always, I welcome your comments and suggestions for upcoming editions of *Woman*.

Susan Rosiek  
executive editor/publisher  
O&E Media

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# Auto prom queens

## — more than just pretty faces

By **Barbara Deyo**  
Guest Columnist

I'll never forget my first trip to the Auto Show. It was 1974. I was 5 years old. Glittering lights everywhere. A buzz of excitement filled the air. Lots of shiny things abound. I felt like we just stepped into The Magic Kingdom.

But there was nothing more fantastic than the Auto Queens — the elegant, classy women on the podiums. For a little girl, looking up, wide-eyed, into the backlit locks of these beauties — it was like seeing Cinderella come to life.

Fast forward 25 years to 1999 and somehow I found myself one of them. How could that be? I was a product specialist. I didn't quite make it to the podium —

but I was in. And come to find out, it's not so glamorous after all. After some serious intensive training I learned more about torque and horsepower and rack and pinion steering than I ever thought possible in my lifetime. And, my glittering gown turned into a smart black suit.

Huh? Let's just say, I didn't make it a full season. And I learned that's some things are better left unknown. I felt like I looked behind the curtain and saw the Wizard of Oz.

There are many cogs to make the wheels of the Auto Show stay in motion. I talked to a couple veterans to get the skinny.

Jamie Tripoli, an account executive at Gail & Rice (my former agency), has been in the business for the past eight years. She is responsible for hiring of said pretty faces. Much of her career life, she lives, eats, breathes and sleeps Auto Show.

**BD: These pretty faces — do you call them “models”? Or what is their official title?**

JT: It depends on what they are doing. The majority of the people working the show floor are either product specialists or presenters. Product specialists are highly trained

product experts and presenters are the individuals standing in front of a car on the turntable that are doing presentations or demonstrations. Not very many brands request “models” anymore but there are still a few.

**BD: What do you look for in hiring talent for the show?**

JT: This varies depending on the specific requirements as determined by the type of event or brand that the talent will be representing. As an account executive, we spend a great deal of time understanding the needs of our clients before selecting the proper person for the job. For example, product specialists must be able to learn, understand and retain extensive product knowledge. Many of our Auto Show's teams are required to attend weeklong trainings that entail driving courses, testing, extensive book work, etc. Other events may have other requirements such as different language abilities or height and hair color. We have a wonderful casting director at Gail & Rice who is totally focused on recruiting great people and matching the perfect person for each event.

**BD: What do you find is the average longevity in doing the shows?**

JT: There really is no “average longevity.” We have some people on our teams that do this type of work for a season while they are going to school and then there are people that have been in the industry for 10 or 15 years. This type of industry is a great fit for any amount of time and is a great experience for people to look back on.

**BD: Do you have women that just do local or do they all do the whole circuit?**

JT: Both. For the most part, our Auto Show teams travel from city to city because the brands spend so much time and energy training the team. They want to make sure they have the most informed staff at all of their shows so they send them from show to show during the season. If we are looking for hosts or greeters, we will usually use local people.

Please see **PRETTY FACES**, 26

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### HULA - HARMONY OF HANDS, HIPS & HEART (Thursdays, 5 - 6 p.m.)

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Hot Tops and Hot Pants from Zaggora.com

# Workout wear to inspire you!

Seeing the phrase “new year, new you” everywhere but still not inspired to get moving? Maybe it’s time for some cool, new workout wear.

Whether you are looking for something hot, cool, colorful or just different, there are some trends out there to try.

Zaggora.com sells an item called HotPants™ that are touted as a way to boost the effects of an exercise routine. They are “specially designed with Celu-Lite technology fabric lining, they enhance your natural body temperature to warm you up in the areas you want to target most (thighs, bottom and legs),” according to the zaggora.com website.

Zaggora has also introduced jackets, tanks and bra tops that keep you cool while you break a sweat and help maximize the results of

your workout, according to zaggora.com.

Another option to heat up your workout might be to buy some hot new neon or color-blocked items.

Lululemon at 101 S. Old Woodward in Birmingham and online at lululemon.com offers a variety of colorful items including running skirts and shorts as well as yoga wear.

Speaking of yoga, Free to be yoga tees®, brand of yoga apparel, is a Michigan-based business featuring eco-friendly shirts that are made in the United States.

Founded in June 2010 by Julie Geisinger of Bloomfield Hills, the sustainable tees feature sayings and designs,

and come in a variety of styles for men and women. Some free to be yoga tees® styles are made from organic bamboo,



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A new tank will be aster blue and available in small, medium and large and will go on sale around Valentine's Day. The baby-rib tanks are made from organic bamboo and they are super soft. Bamboo fabric is known to have natural wicking properties and is odor resistant — making it the perfect top to sweat in, according to Geisinger.

while others from the line feature a blend of organic cotton and recycled plastic bottles, according to the company's website, freetobeyogatees.com.

A new "be the change" tank top will be aster blue and available in small, medium and large. It will go on sale around Valentine's Day. The baby-rib tanks are made from organic bamboo and bamboo fabric is known to have natural wicking properties and is odor resistant, according to Geisinger.



Body Blazer (\$128) from Zaggora targets the arms, tummy, chest and back with a light-weight neoprene fabric.



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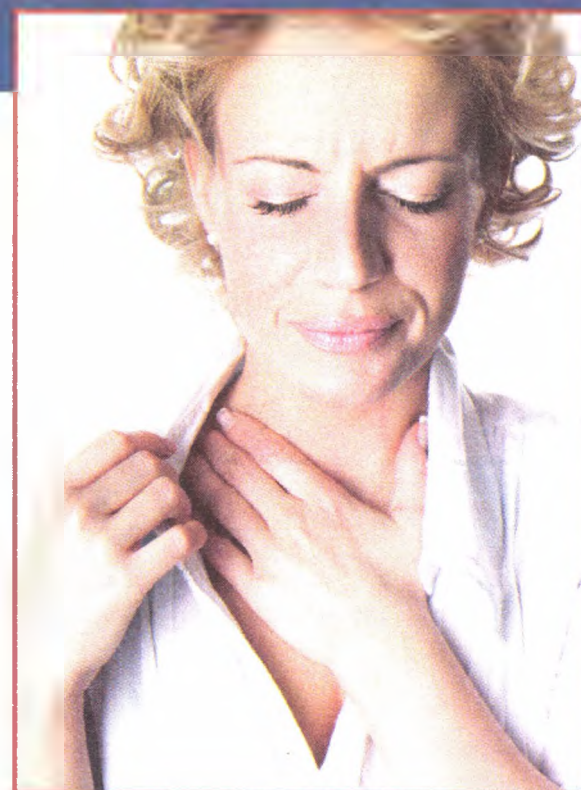
# Women and Heart Disease

## Did You Know? Nancy Briody RN, BSN

- Heart attacks strike more than 430,000 women annually and kill more than 260,000 according to the Women's Heart Foundation.
- In Michigan more than 15,000 women die from heart and vascular disease each year.
- 42% of women who have heart attacks die within the first year, compared to 24% of men.
- Women who smoke are at risk for having a heart attack 19 years earlier than women who do not smoke.
- 2/3 of heart attack deaths in women happen to those who have no history of chest pain.
- Women are being affected by heart disease at younger ages, with a significant increase in heart disease in women ages 35 to 55.

## Protect Your Heart

Learn the symptoms listed below. Get to the emergency room early! Take charge of your health by working with your doctor to address risk factors, and keep tabs on cholesterol levels, blood pressure and lifestyle.



## Heart Attacks - Identifying Symptoms

### Women

- Ranges from squeezing chest pain to no chest pain at all
- Shortness of breath
- Upper abdominal pressure or discomfort that feels like indigestion
- Nausea
- Arm pain
- Unusual fatigue or weakness
- Upper back or shoulder pain
- Dizziness

### Men

- Squeezing chest pain radiating to left arm
- Shortness of breath
- Nausea/vomiting
- Heaviness in chest, often described as an elephant on the chest
- Squeezing or stabbing sensations in center or left side of chest
- Racing heart

## FREE Cardiac Screening

DMC Huron Valley-Sinai Hospital is now offering free cardiac screening provided by our Professional Nurse Advisory Council. The tests will include cholesterol, blood pressure and body fat percentage. All tests are free of charge.

**Date: The 3rd Tuesday of every month**

**Time: 9 a.m. - 12 p.m.**

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## Fundraising specialist for the American Heart Association:

### Cheryl Cathcart

Cheryl heads up team "Wild Hearts" at Huron Valley-Sinai Hospital. In 2012 her team took first place in raising money over all the 7 hospitals in the DMC group by selling heart necklaces and more. Cheryl was inspired to start her mission 3 years ago by raising funds for the American Heart Association in the loving memory of her husband Glenn Cathcart who passed away from heart disease at an early age.



Check out Cheryl's online donation page at <http://miheartwalk.kintera.org/cherylcathcart>

Her passion and commitment to this cause has Cheryl networking with friends, family, co-workers and others by email and passing along information to them. She also participates in the Metro Detroit Heart Walk and was a Top Walker last year. This year the event will be held on June 8, 2013 at Ford Field to encourage others to help fight the ever increasing deaths from heart disease in women as well as men. For more details on volunteering opportunities or participating in the walk contact the American Heart Association at [www.miheartwalk.org](http://www.miheartwalk.org)

## Treat Your Heart This Valentine's Day

This Valentine's Day take care of the people you love by telling them about the new free online test they can take to assess their heart health. We understand how important it is to be aware of your health. DMC Huron Valley-Sinai Hospital offers a special service just for heart test awareness. Many diseases are preventable, and knowing your risk profile will allow you to make necessary adjustments to keep your heart healthy.

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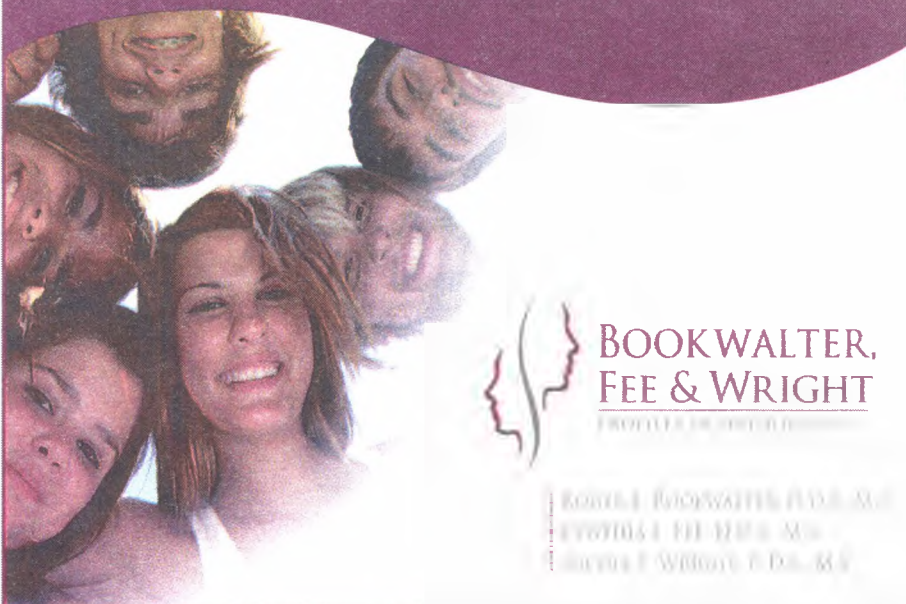
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Julie Hertzberg of Bloomfield Hills said her favorite automobile is a Ferrari F12. She likes it "because of its beautiful lines and powerful engine. You feel like you're floating on air."

## Preview party goers and their favorite cars

The auto companies acknowledge that women have a great deal of influence on all car-buying decisions.

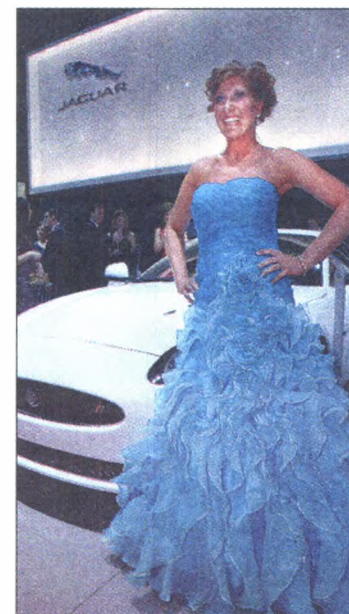
And, many of the companies are making subtle changes to meet their needs.

Style, value, comfort and easy to manage technology are just a few of the features the women want.

Erin Wolak, a product specialist for Dodge, said style and value are what's most important to her.

"That is what I like about the Dodge Dart, it's sporty but not too aggressive," she said.

For former Berkley resident Annalisa Bluhm, it's inside the vehicle that matters. She currently drives a Chevy Malibu, and "needs" a



Marie Anderson of Royal Oak likes the Jaguar.

Please see FAVORITES, 12

### SOCIAL SECURITY WORKSHOP



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The Young Women Walking, or YW2, invites 16- to 23-year-olds to put on their walking shoes and share in one day of the awe-inspiring Komen 3-Day experience.



# Komen 3-Day debuts Young Women Walking

Breast cancer knows no age, which is why the Susan G. Komen 3-Day®, with the support of the Val Skinner Foundation, is launching a program for tomorrow's breast cancer warriors. Young Women Walking, or YW2, invites 16- to 23-year-olds to share in one day of the awe-inspiring Komen 3-Day experience and take charge of their health and lives.

Young Women Walking provides young women the opportunity to walk on the Saturday of the Susan G. Komen 3-Day. The Michigan 3-Day is Aug. 16-18. The young women walkers will participate on Saturday, Aug. 17.

While Komen 3-Day participants raise \$2,300 and walk 60 miles in three days, YW2 participants will raise \$750 and walk 20 miles in one day.

For more information or to register, visit [The3Day.org/YW2](http://The3Day.org/YW2).

After devoting an entire day to the cause on foot, the YW2 participants will celebrate their accomplishment with a fun-filled pink party reception in the 3-Day campsite, where they will continue to learn about breast health education and enjoy festivities including, foot massages, inspirational speakers and a dance party.

"The Young Women Walking program aims to educate and inspire young wom-

en to be proactive about their breast health," said Sheri Phillips, national spokeswoman for the Susan G. Komen 3-Day. "We hope that with every step they feel empowered to advocate for their generation and share the important message with their peers."

The Val Skinner Foundation, founded by LPGA veteran and six-time tour winner Val Skinner, formed its first partnership with Susan G. Komen in 2000 to co-conceptualize the "Young Women's Initiative," a national campaign aimed to educate young women, their families and health care providers about breast cancer awareness, risks and early detection. Over the years, the Val Skinner Foundation has raised more than \$3.5 million for Susan G. Komen, and this year the organization will help launch the Young Women Walking program.

"The Val Skinner Foundation is pleased to partner with the Susan G. Komen 3-Day to offer a program that engages young women" said Val Skinner of the Val Skinner Foundation. "With one case of this disease being diagnosed in the U.S. every two minutes, it is increasingly important for women of this age group to educate themselves about breast cancer and play a role in the defeat of this disease."



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## FAVORITES

Continued from page 10

vehicle with connectivity features, Bluetooth, room for a stroller and comfortable seats that are heated.

Her ideal vehicle would be the Equinox.

"I'm a sucker for the small SUV," she said. "The versatility is nice."

Cristi Landy, a Novi resident and marketing director in the small car division of Chevrolet, said value and fuel efficiency are important to her.

Landy drives a Sonic RS with a six-speed manual transmission that is not only good on gas but fun to drive.

Women — and men — got a chance to sit in their dream cars and favorite cars at the recent Charity Preview. Staff photographer Bill Bresler and Social Scene columnist Julie Yolles captured some of these images of women at last month's Charity Preview in and around their favorite cars.



Staff writer Nathan Mueller contributed to this report.

Tania Rei of Canton loves the Mini convertible.

BILL BRESLER | STAFF PHOTOGRAPHER



Michelle Roeschke of DeWitt likes the Cadillac. "We had one of these in our driveway for a few weeks," she said. Her husband, Jeff Roeschke, is an engineer in the paint shop at Lansing's Cadillac Assembly Plant.



Renita Derrick's favorite auto fits her budget. It's the Hyundai Azera.

# Heart disease: Reduce your risks with healthy diet, exercise

By Jill Halpin  
Contributing Writer

If someone told you that by following a truly simple set of guidelines, you could significantly reduce the risk of falling victim to a disease known as “the No. 1 killer of women,” would you believe them?

More importantly, if you knew that you could diminish your chance of developing this condition, one that claims more women’s lives annually than all forms of cancer combined, would you do anything about it?

The year may have changed, but one thing remains the same: Despite developments in technology that make important health information instantly accessible with the click of a button, heart disease steadfastly remains the single biggest health threat to women.

“Despite popular belief, heart disease is not just a man’s disease. In fact, cardiovascular disease is the number one killer of women in the United States,” said Dr. Kathryn Pitone-Lipkin, a cardiologist at Huron Valley Sinai in Commerce Township.

Dr. Shukri David, chief of cardiology and medical director of cardiovascular services at Providence Hospitals in Novi and Southfield, agrees.

“There is no question about it: heart disease is the leading cause of death in women. One out of every four deaths among women is a direct result of coronary artery disease, more so than cancer or auto accidents combined,” he said.

While the implications of heart disease are enormous, the recognition of its symptoms and the steps to minimize risk fall under the radar of most women sometimes even their doctors, David said.

“Women’s cardiac symptoms are often neglected and ignored because they are different from what men experience,” states Dr. Amine Zein, a cardiologist at Garden City Hospital.

“Many women do not recognize the signs and symptoms of a heart attack, which result in delays in getting treatment that could save their life or minimize heart damage,” said Dr. Roy Misirliyan, medical director of non-invasive cardiology at St. Mary Mercy Hospital in Livonia.

Surprisingly, women are often responsible for the delay in obtaining the treatment they need, he said.

“Women themselves often either ignore the early warning signs or attribute their symptoms to other issues. Unfortunately, when you have a heart attack, failure to get treatment in a short period of time can lead to



PHOTO COURTESY OF THE AMERICAN HEART ASSOCIATION

Spokeswomen for the American Heart Association Go Red for Women celebrate 10 years of fighting heart disease. Janine Krowlikowski (back fifth from left) of Royal Oak is a heart attack survivor and travels the state sharing a message of heart health with other women.

organ damage, loss of heart function or even loss of life,” Misirliyan said.

Doctors agree that learning about coronary artery disease, including how to identify the early warning signs of a heart attack, can go a long way toward decreasing risk.

“Clearly, we need to do a better job of educating women about the dangers of heart disease,” David said.

## Symptoms

The fact that women sometimes exhibit different symptoms than men, combined with the other non-traditional symptoms women may display, further complicates matters and can result in delayed treatment, doctors say.

“We need a heightened awareness of the non-traditional presentations of women with symptoms by both the general public and the



medical community,” David said. Education is key to saving lives, he said.

According to Dr. Pam Marcovitz, medical director of the Ministrelle Women’s Heart Center at Beau-

mont Health Systems, there are many public misconceptions about coronary artery disease.

“For some reason, most women simply do not believe that it will happen to them. Women believe they have breast cancer — that is why they get mammograms every year — but for some reason, they still do not believe they can get heart attacks,” Marcovitz said. Unfortunately, they can and do,

according to numbers released from the American Heart Association. In fact, not only do more than one in three women have some form of heart and vascular disease, cardiovascular disease kills almost 450,000 women per year — 10 times the number of women killed by breast cancer.

If those facts are not scary enough, here is something even more shocking.

A large number of those of those deaths are preventable.

According to Nancy Briody, director of cardiology services at Huron Valley Sinai, “Some cardiovascular disease can be prevented by lifestyle modifications, regular exercise, a healthy diet, eliminating stress, and maintaining a healthy weight.”

“People don’t always have to die from heart disease; it does not have to be a death sentence. Knowing what to look for and understanding your risks can help you identify ways to improve your chances for living a healthy life — free of cardiovascular disease,” Marcovitz added.

Just recognizing the symptoms can be powerful, and may even save your life, as it did in the case of Cheryl Mattison of Novi (see related story).

Now, more than a year after her heart attack, Mattison is convinced that her ability to quickly identify the problem was an integral to her survival.

“I did hesitate for a moment,” she said. “I had just stepped into the shower and thought, ‘Well, I was just at the gym and should probably shower if I am going to the hospital,’ but then I took a step back and realized that this is how people die,” she said.

Her decision to call 9-1-1 was the right one, Misirliyan said.

“You’ve heard the saying that ‘time is money.’ With heart disease, time is muscle,” he said.

Zein added, “The common symptoms for cardiac problems include chest pain, shortness of breath, and arm and jaw pain. However women may experience back and/or shoulder pain, dizziness, indigestion and fatigue.”

Please see HEART DISEASE, 22



Cheryl Mattison of Novi (center) with her grown children, Alex Willson, 20, and Aluren Willson, 26. Mattison, slim and fit, had to convince EMTs that she was having a heart attack.

## Heart attack survivors share their experiences

### Cheryl Mattison, Novi

Looking at Cheryl Mattison, one might be surprised to discover that this Novi mother of two grown children was ever anything but healthy.

Slim, fit and trim after a lifetime of exercising and watching her diet, this 54-year-old year therapist appears to be the picture of health.

In fact, she looked so healthy in October 2011 that when emergency technicians came to transport her to the hospital via ambulance, she had to do a little convincing on her own that indeed, she was suffering from a heart attack.

“Even they thought that perhaps I might be having gas pains,” Mat-

tison said.

Mattison knew otherwise. Genetically predisposed with a strong family history of coronary artery disease, Mattison’s father died of a heart attack at 36.

As a result, she made it a point to take great care of herself in order to reduce her risk of developing the disease, working out some five days a week and eating healthy foods almost her whole life. She also made it a point to listen to her body, and know the signs of a heart attack.

One afternoon, she had just returned from the gym and jumped in the shower to get ready for a Detroit Tigers baseball game when she suddenly felt pain in her

Please see SURVIVORS, 16

## GO RED EVENTS

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### ST. MARY MERCY HOSPITAL

• 4:30 p.m. Thursday, Feb. 21  
“Women and Heart Disease”  
St. Mary Mercy South Auditorium  
Dr. Delair Gardi, medical director, endovascular services and interventional cardiologist, St. Mary Mercy Hospital. Learn everything you need to know about heart conditions. Get the facts on heart disease risk factors, how to prevent heart disease, and available treatment options. “Know Your Numbers” health screenings (blood pressure, cholesterol and Body Mass Index) and massages available. Program is free but registration is required. Call (734) 655-1182 or visit [stmarymercy.org](http://stmarymercy.org) and click on Classes & Events.

### GO RED FOR WOMEN LUNCHEON

• 9 a.m. Friday, Feb. 15  
The American Heart Association celebrates 10 years of fighting heart disease at the Go Red for Women Expo and Luncheon featuring Star Jones as the keynote speaker at the MGM Grand Hotel. Event starts at 9 a.m. with health screenings, expo, silent auction and keynote speaker. Tickets are \$175 per person. Visit [www.detroitgoredforwomen.org](http://www.detroitgoredforwomen.org) or call (248) 936-5835. The 2013 local sponsors include St. John Providence Health System, DMC Cardiovascular Institute and others. National sponsors are Macy’s and Merck & Co.

Star Jones: Attorney, author, TV personality and American Heart Association National Volunteer.



## SURVIVORS

Continued from page 15

jaw and her left arm. She also felt pressure in her chest — “almost like a gas pain,” she said.

“The pain in my jaw and arm was consistent, different from anything I have ever felt before and I knew something was up,” she said.

She immediately called 9-1-1, and chewed two aspirin as she waited for the EMS to arrive.

She said that when the EMTs reached her home, they briefly considered the possibility of gastritis.

“I just didn’t look like I was having a heart attack,” she said.

She was.

Doctors at Beaumont Hospital in Royal Oak took her into the catheterization lab immediately and found that one of her main arteries was 90 percent blocked.

After undergoing surgery during which doctors inserted two stents, she soon began a cardiac rehabilitation program as she healed.

She is certain that her immediate recognition of her symptoms as well as quick action on the part of the emergency workers played a large role in saving her life.

“If my blood hadn’t have been thinned from the aspirin and my arteries hadn’t have been dilated from the nitroglycerin that was started the minute EMS got there, it would have been completely blocked. When that happens, a massive heart attack occurs and the consequences are pretty dire,” Mattison said.

It is so important that women know what to look for and then act without hesitation, she said.

“I wasn’t dizzy; short of breath; sick to my stomach and I wasn’t sweating. These are what we normally think of when we think of symptoms of a heart attack,” she said.

Mattison is hopeful that in sharing her story, she may be able to encourage other women to take the time to educate themselves and heart disease: what to look for and how to prevent it.

“As women, we tend to ignore ourselves. We are also undereducated on the warning signs of a heart attack and how to address it. Please, take the time and do not ignore it, she tells other women.

*“If I would have gotten to the doctor’s office earlier in the week of my symptoms, it is possible I could have averted the heart attack all together.”*

### Janine Krolikowski, Royal Oak

In 2003, Royal Oak resident Janine Krolikowski, 43 at the time, had not been feeling well for about a week. An avid gardener, this active mother of two daughters was determined not to let it get in the way of her yard work, however.

“While I worked in the yard, I developed this gnawing pain right between my shoulder blades in my back. I thought I had pulled a muscle, so I kept working,” she said.

As the week continued so did the pain. It was not until she was hauling a large bag of yard waste that she noticed something distinct about the pain: the more she exerted herself, the worse the pain; as she rested, the pain subsided.

With a family history of heart disease on both sides of her family — she lost both her mother and her father to the disease — and a strong knowledge of the signs and symptoms of a heart attack, Krolikowski did what she thought was the most logical thing to do: she ignored it.

“I was busy and I had things to do. I just did not think it could be happening to me. I thought it must be something else,” she said.

It was not until the pain started down her left arm and she began vomiting that she decided she needed some medical attention. Rather than call 9-1-1, she called her doctor’s office, took an aspirin and waited two hours for an appointment before driving herself to the office.

After a quick check, her doctor immediately transferred her to the hospital emergency room, but it was not until this former echo cardiographer glanced at the ultrasound screen that it began to sink in: “I am having a heart attack,” she said.

In the operating room, doctors discovered that one of her main arteries was 98 percent blocked, requiring the insertion of a stent that opened up the artery and allowed blood to flow to her heart.

As Krolikowski reflects on her experience 10 years later, she urges other women: “Do not wait.”

“If I would have gotten to the doctor’s office earlier in the week of my symptoms, it is possible I could have averted the heart attack all together. This is why advocating for ourselves is so important. Not only do we need to educate ourselves about heart health; when we have symptoms, we need to advocate for ourselves,” she said.

Becoming a self-advocate is not a selfish thing, she noted.

“We need to make ourselves a priority in health issues. In taking care of ourselves, it is not just about us. We do it for our children, our husbands, friends, parents,” she added.

“The one thing I did do right the day I had my heart attack, was taking the aspirin. I actually keep it in my purse always, just in case,” she said.

Passionate about spreading the word on women’s heart disease, Krolikowski is now a national spokeswoman for the American Heart Association’s Go Red for Women campaign, traveling the state to share the message of heart health with others.

She offers these words of advice for women, “Put you first. Educate yourself on what to look for and then act on it. Remember these two words: Advocate and Act. If we do not advocate, we don’t get what we need.”

### Carol Pyke, Bloomfield Hills

Carol Pyke, a retired elementary school principal and heart attack survivor, knows the importance of education.

That is one reason why she, at 76, spends a good part of her time educating women around the state about heart disease.

“It is all about paying attention to your body and believing that it can happen to you,” says the Bloomfield Hills mother of two and grandmother of three.

Pyke was paying attention to her body when she first had a heart attack at age 61 and again six months later when she had another heart incident.

Despite watching her weight, not smoking and living a very active lifestyle (three of the major risk factors for cardiovascular disease) Pyke was still in danger of developing the disease and she knew it.

A strong family history of the disease that claimed the lives of both her parents as well as her grandparents was something she could not escape.

And so, in 1998, when she was sitting poolside while vacationing in Florida with her husband, children and grandchildren and she felt the first tightness and her chest — “it felt like a pulled muscle” followed by jaw pain, she knew something was wrong.

She called her husband and son over, who quickly drove her to a nearby health clinic before she was transferred to a nearby hospital.

Although Pyke had listened to her body, she still had hard time believing that she was, indeed, having a heart attack.

“Although I was slumped over because the pressure was intense, I had no shortness of breath, no cold sweats, no pain in my arm,” she said.

Looking back, she realizes her first action should have been to call 9-1-1 and “they would have taken me directly to the hospital” but “I just wasn’t sure it really was a heart attack.”

It was: Doctors found that one of Pyke’s arteries was 97 percent blocked, and three others partially blocked, necessitating the insertion of a stent.

Six months later, she had recovered from her surgery and was vacationing in Hawaii when she felt a flutter in her chest.

“I felt something — not quite as severe” and she went directly to her doctor who discovered that scar tissue had built up around her first stent, blocking the flow of blood, she said.



Carol Pyke of Bloomfield Hills is a retired elementary school principal and heart attack survivor. She is active with Womenheart, an organization aimed at teaching women how to take care of themselves to avoid heart attacks.

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## SURVIVORS

Continued from page 16

Life has changed a bit since her heart attack, she said, although she refuses to give up her upbeat sense of humor.

"I take a lot of meds but they help control my blood pressure and cholesterol. I also stopped eating sugar and white flour and I exercise ... even though I don't love it," she said. "Exercise is just not optional for me."

### Elaine Horwath, Northville

After four heart attacks, Horwath can be considered something of an expert on cardiovascular disease.

So take note of the advice the Northville resident offers other women, both young and old: Take care of yourself.

"Had I taken better care of myself by exercising regularly and eating a better diet, I might not be in this position. It took me a long time to realize it, but I finally did," she said.

"Women need to pay attention to themselves and their bodies. It will tell you if something is wrong. We are always so busy taking care of our families and everyone else that we simply do not listen to our bodies," she said.

Horwath, now 75, was 61 when she had her first heart attack. Married with five children and 11 grandchildren, she has a very strong family history of heart disease: all of her siblings and her father have had heart bypass surgery.

Still, when she noticed herself tiring easily, becoming dizzy and short of breath, she brushed it off. It was not until she experienced some jaw pain that she decided to visit her physician's office rather than call 9-1-1.

Her doctor put her on the treadmill and then quickly stopped the test, informing her she needed to go immediately to hospital. Horwath insisted that she could drive herself.

She had a quadruple bypass that same afternoon, and it was a success.

However, that was not the end of heart trouble for Horwath.

In 2008, she had another heart attack, only visiting the emergency after much prodding from her family.

Then in 2010, she experienced another heart attack two days after undergoing

Pyke is very involved with Womenheart, an organization aimed at teaching women how to take care of themselves to avoid heart attacks, she said.

"Listen to your body and don't just assume it's nothing if you feel something is going on," she cautioned.

"Also be sure to align yourself with a physician who pays attention to your heart health so you can start treating something before it becomes an issue. Heart disease is out there and you don't have to be afraid to find it," she said.



Elaine Horwath of Northville has survived multiple heart attacks. She urges women to take care of themselves by exercising regularly and eating healthy foods.

gallbladder surgery and a colectomy.

In July 2012, only after experiencing "horrendous chest pain, jaw pain and pain in both arms" did she call 9-1-1 and had another stent inserted.

Then, this past December 2012, it started again. Although she first dismissed the mild discomfort in her chest as heartburn, when it continued into her jaw, she knew she needed medical attention.

Instead of calling 9-1-1, however, she drove herself to the emergency room just in time to avoid another heart attack.

She said she has learned her lesson.

"I need to take care of myself and listen to my body. As a mother and wife, I am used to taking care of people and I enjoy it. We are always so busy doing other things that we, as women, dismiss the idea that we may have something going on in our bodies," she said.

Her advice to other women is very similar to that of other heart attack survivors:

"Listen to your body, and act on anything concerns you may have."

And please, don't drive yourself to the emergency room. Call 9-1-1.



# Don't ignore symptoms of heart attack, stroke

By Jill Halpin  
Contributing Writer

When it comes to taking care of your heart, your mother's advice on healthy living may have been right on target.

Simple things like eating your vegetables, limiting the sweet and fatty stuff, being physically active and not smoking have more of an impact on your health — especially your heart — than you may think.

"Everything your mother told you about diet and exercise is true, and it can save your life," said Dr. Roy Misirliyan, medical director for St. Mary Mercy Hospital's Non-Invasive Cardiology department in Livonia.

Equally important is knowing the early warning signs and symptoms of a heart attack, which can vary greatly from those experienced by men.

Recognizing that females often exhibit different symptoms than males is a key to effective treatment, said Dr. Shukri David, chief of cardiology and medical director of cardiovascular services at Providence hospitals in Novi and Southfield.

In fact, knowing what to look for may save your life, he said.

Nancy Briody, director of cardiology services at Huron Valley Sinai said, "Women do not have the same symptoms as men when having a heart attack. This is no longer a disease that affects men; it is the number one killer of women." As "universal caregivers," it is key that women being to take care of themselves, she added.

"Not only is it important to be aware that females often present with different symptoms from males, it is important that your doctor recognizes the differences as well," David said.

Men typically display traditional symptoms such as chest pressure and chest pain, and "liken it to an elephant sitting on their chest," said Dr. Pam Marcovitz, medical director of the Ministrelli Women's Heart Center at Beaumont Health Systems.

Women may experience milder or no pain in their chest, she said.

It is crucial to understand these differences in order to identify symptoms properly.

The signs and symptoms of a heart attack in women can include:

- Uncomfortable pressure, squeezing, fullness or pain in the center of your chest that lasts more than a few minutes or goes away and comes back.
- Pain or discomfort in one or both arms, the back, the neck, jaw or stomach.
- Shortness of breath with or without chest discomfort.
- Other signs such as nausea, vomiting, light-headedness or breaking out in a cold sweat
- Unexplained feelings of anxiety, fatigue or weakness — especially with exertion

It is important to note that women may experience some or few of these symptoms. Most important is to call 9-1-1 immediately if you feel you may be experiencing a heart attack.

"If these symptoms are new in onset and limit your activity, do not delay in calling 9-1-1," Marcovitz said. Women can further educate themselves about the signs and symptoms of a heart attack as well as tips for good heart health at these websites: [www.heart.org](http://www.heart.org) and [www.womenheart.org](http://www.womenheart.org).



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*"I never knew what it was like to go completely numb until that moment. I could not even cry ... . I have done a lot of crying since."*

CHERYL CATHCART



# Painful loss

## Widow urges women to get their men to the doctor for heart check

By Jill Halpin  
Contributing Writer

Cheryl Cathcart has a message for women everywhere: Once you have addressed your own heart health, take the time to help your loved ones do the same.

"So many men do not take the time to go to the doctor — it's just too much bother for them. Do what you can to get your husbands, your boyfriends to a doctor and get checked out," said Cathcart, 52.

She is speaking from the heart.

Three years ago, she woke up in the middle of the night to find her husband of 13 years, Glenn, gasping for air: He was having a heart attack.

Cathcart called 9-1-1 immediately and followed instructions, attempting to revive him as she waited for the EMS to arrive at their Waterford home.

Upon arriving at the hospital, doctors informed her that it was too late.

At age 44, Glenn was gone, she said.

"I never knew what it was like to go completely numb until that moment. I could not even cry," Cathcart said, "I have done a lot of crying since."

Former co-workers, the two were close friends before finally marrying, said Cathcart.

She and Glenn, a brake mechanic for Bosch in Farmington Hills, had "worked together years ago at a car dealership and got along really well. We stayed in touch."

"I was visiting a restaurant near

his house and decided to give him a call to see how he was doing. We were together ever since," she recalled, fighting back tears at the memory of her husband.

Now an executive secretary at DMC-Huron Valley Sinai Hospital in Commerce Township, Cathcart has made it her mission to honor Glenn's memory in as many ways possible.

"Glenn always donated blood to the American Red Cross. Even though I have always been afraid of needles, I make it a point to donate blood whenever I can," she said.

She also makes an effort to educate others about the dangers of heart disease and is an active participant in the American Heart Association's Metro Detroit Heart Walk, raising close to \$3,000.

Her walking team, "The Wild Hearts," is composed of friends, family and co-workers from DMC-Huron Valley Sinai, all committed to raising awareness about heart disease and she looks forward to the participating in the event again this June.

"It is so important that people learn about the risk factors and the symptoms so that they can do something about them," Cathcart said.

She said that in addition to raising money for heart disease, she also enjoys the camaraderie and support of being with others affected by heart disease.

"I do it for Glenn," she said.

While her husband did have some of the other risk factors for cardiovas-



Cheryl Cathcart has made it her mission to honor her late husband Glenn's memory in as many ways possible. An executive secretary at DMC-Huron Valley Sinai Hospital in Commerce Township, Cheryl has a message for women everywhere: Once you have addressed your own heart health, take the time to help your loved ones do the same.

cular disease including smoking and high blood pressure, they were being addressed with the help of doctors.

Cathcart strongly believes that years of another unaddressed issue took a toll on her husband's heart: sleep apnea, a condition in which the person may experience pauses in breathing five to 30 times per hour or more during sleep. These episodes wake the sleeper as he or she gasps for air, preventing restful sleep.

According to the American Heart Association, it is associated with high blood pressure, arrhythmia, stroke and heart failure.

"Glenn had sleep apnea and he avoided getting help for it for years. It was so bad that he would have multiple episodes during the night where he would literally stop breathing. It was not until we were married that he finally took the time to get it diagnosed and started wearing a C-pap machine (a C-pap, or continuous pos-

itive airway pressure machine, is a device that uses mild air pressure to keep the airways open and can be used to treat sleep apnea patients) and that took care of it," she said.

"I spoke with one of his doctors about it afterwards and he agreed that it probably had impacted the condition of Glenn's heart," she said.

She now makes it a point to tell everyone she knows with sleep apnea to get it diagnosed and "wear a C-pap."

Life is short, Cathcart said, "We need to be sure and appreciate each moment we have with one another."

Looking back on her last evening with Glenn, she remembers looking over at him as the two lay in bed with their two dogs, watching television.

Cathcart said, "One of the dogs was lying just above Glenn's head on the pillow and another dog was one his chest. I looked over at him and thought, 'Life is good.'"

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Home

# Sudoku

Sudoku puzzles are formatted as a 9x9 grid, broken down into nine 3x3 boxes. To solve a sudoku, the numbers 1 through 9 must fill each row, column and box. Each number can appear only once in each row, column and box. You can figure out the order in which the numbers will appear by using the numeric clues already provided in the boxes. The more numbers you name, the easier it gets to solve the puzzle!

	7	3	9		5			8
	2			4				
			7		1			
	1	9	5			4		2
6	8				4			5
	4	7			2	9	3	
			2	8				
9		1						6
	5			1	9			3

Level: Beginner

6						1		
						6		8
			7	2				
			9					7
4						8	3	6
	1		2					
	2		8					
8		6			9	3	4	
		3						9

Level: Intermediate

		6						8
		2			7			4
	8	7	5		3			2
1	4							
					3			
	2	5	6					1
	6				2			
	7						5	
				4	5	9		

Level: Advanced

## HEART DISEASE

Continued from page 15

“Women should not ignore persistent chest pain, indigestion or shortness of breath,” Zein said. “Instead, they should go to the ER. When in the ER, women who have a history of cardiac issues should let the attending physician know, so they can take the necessary precautions needed to provide the appropriate care.”

David said that one of the of the first steps women can take is to learn their own cardiac risk factors and take steps to improve what they can through medication or behavior modification.

In fact, Marcovitz said, studies indicate that 83 percent of heart and cardio vascular disease is preventable with improvements in lifestyle, which means knowing your cardiac risk factors and addressing them.

### Know the risks

Cardiac risks factors include:

- **Genetics** — This is a non-modifiable risk factor. Having a first-degree relative who developed coronary artery disease at a young age (age 65 or younger for females; 55 or younger for males) puts you at a higher risk for developing the disease yourself.

- **High cholesterol** — Know your numbers and make sure they are in a healthy range. Not just your total cholesterol, either. Make sure you are aware of both your good and bad cholesterol levels, your triglycerides and fasting glucose, David said. If the numbers are not where they need to be, work with your physician to manage them through medication and/or lifestyle changes.

- **High blood pressure** — Make sure you are keeping your blood pressure at a healthy level, ideally around 120/80 or less for the best heart health throughout your lifetime, Marcovitz said. Losing weight and exercising can help bring your blood pressure down but, in some cases, medication is necessary.

- **Diabetes** — Make sure to have your doctor check your fasting glucose level to determine if you have diabetes, which can be managed using medications.

- **Weight** — Work toward keeping yourself at a healthy weight for your body according to your doctor. Marcovitz recommends using a BMI calculator (available online) to keep track of your body mass index to determine your amount of body fat. Aim for a BMI between 18.5 and 24.9, she said.

- **Physical inactivity** — Start moving and it could save your life, Marcovitz said. “I



PHOTOS BY ELAINA LANCASTER PHOTOGRAPHY

The Detroit Go Red For Women Executive Leadership Team at MGM Grand Detroit. MGM Grand is the site of this month's Go Red For Women Expo and Luncheon on Friday, Feb. 15.



Heading up the Detroit area's Go Red For Women campaign are (from left) Janice Uhlig, campaign chair and executive director of global compensation for General Motors; Janice Cosby-Bridges, campaign vice chair, chief marketing officer for Ascension Health Michigan; and Sharyl Smith, campaign vice chair and vice president of marketing, planning and public relations for McLaren Medical Center-Macomb.

tell people to start off wherever they are at, even if it is just 10-15 minutes a day,” she said. Then work your way up gradually to at least 30 minutes of physical activity three to four times a week, she advises.

- **Smoking** — Quitting smoking can greatly reduce your risk of heart attack. According to Briody, women who smoke are at risk for having a heart attack 19

years earlier than women who do not smoke.

Smoking is one of the main risk factors for women and one of the main reasons for an increase in heart attacks in younger females, Marcovitz said.

“If there is one thing you can do right now to reduce your chance of having a heart attack, it is to stop smoking,” she said.

Answers found on page 26



COURTESY OF GETTY IMAGES

Impress your Valentine with a romantic bottle of wine.

## Set the mood for your Valentine

Looking to set the romantic tone this Valentine's Day? Whether treating your sweetie to a night on the town, or staying in for a low-key date, Valentine's Day is the perfect time to plan something special for your someone special. Here are a few simple tips to help plan the most romantic day for your Valentine:

- **Toast your Valentine:** In a recent survey for Simply Naked Wines, wine was named the drink-of-choice on date night by more than two-thirds of respondents. Impress your Valentine with a romantic bottle of wine, like Simply Naked Wines' new Undressed Red. The wine's rich and silky flavors will pair well with dark chocolate and are sure to set the mood for your special night.

- **Turn off the technology:** Turn off your cell phones and TV, keep laptops closed and enjoy the company of your



beloved without checking your email or sports scores. With the exception of your favorite love ballad-filled playlist, Valentine's Day is the perfect day to give your technology a rest and share some uninterrupted time with your sweetheart.

- **Bring it home:** Want to take that special someone on an incredible date but are tired of the over-priced, prix fixe holiday menus dominating the restaurant scene? It's easy to create a special at-home dinner date with just a little extra planning: Plan a meal with your sweetie's favorite things, print a festive menu, get dressed to the nines, and give yourself the night off (the dishes can wait until Feb. 15).

- **X marks the spot:** Valentine's Day is the one day of the year where it's perfectly acceptable to be over-the-top and lovey-dovey. Create a personalized scavenger hunt for your love that sends them all over town to your favorite spots and ends right in your arms.

Happy Valentine's Day to you and yours, and for more information and results from the survey, visit [SimplyNakedWinesIn.com](http://SimplyNakedWinesIn.com).

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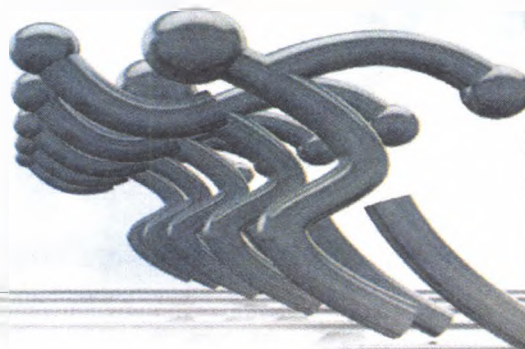
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## Eating green: Healthier dishes for your table

Bringing healthier foods to the table can be easier – and more delicious – than you might think. When you add high-quality proteins such as soyfoods to the menu, you open up the door to a wide variety of tasty and nutritious meals.

The plant-based proteins of soy are packed with benefits for your body. They:

- Have all the essential amino acids needed for growth.
- May help reduce the risk of heart disease by lowering blood cholesterol and increasing the flexibility of blood vessels.
- Are equivalent to animal sources of protein but have no cholesterol and little saturated fat.

In fact, both the national 2010 Dietary Guidelines and the MyPlate nutrition guidance recommend soyfoods such as soymilk, veggie burgers, soy nutrition bars, soy sausages, tofu, soy yogurt, soy protein shakes and edamame. You can easily enjoy soy proteins in a lot of different ways.

Meat and poultry lovers can enjoy soy, too, by incorporating soy crumbles and other soy products into their favorite dishes. This recipe for a Veggie Taco Salad makes a satisfying, nutritious entree for the whole family.

You can find more delicious recipes and information about soybeans and their journey from the farm to your plate at [www.soyfoodsmoth.org](http://www.soyfoodsmoth.org).

### Veggie Taco Salad

Makes 4 servings

2 cups soy crumbles (you can find these in your grocer's freezer section or refrigerated meat section)

¼ cup salsa

5 cups shredded lettuce

1 cup corn kernels

1 cup black beans

#### Topping Options:

¼ cup sliced green onions

¼ cup shredded reduced-fat cheddar cheese

2 tablespoons sliced ripe olives

2 tablespoons fat free sour cream

In large nonstick skillet coated with cooking spray, cook crumbles and salsa over medium heat about 5 minutes or until heated through, stirring frequently.

In large bowl toss together lettuce, corn and black beans. Arrange on 4 serving plates. Top with crumbles mixture. Sprinkle with toppings.

#### Nutrition Information

Per serving: 180 Calories, 4 g Total Fat, 14g Protein, 26g Carbohydrate, 8g Fiber, 600mg Sodium

— Courtesy of Family Features

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# Many benefits to eating red

If you're looking for ways to feel better and live healthier, you might want to pay attention to what's in your kitchen.

"More and more, people are searching for delicious, natural foods that offer functional benefits, and tart cherries rise to the top in my book," said David Grotto, registered dietitian. "Science continues to support the many health benefits of tart cherries such as helping regulate natural sleep patterns, which is especially important as the CDC now considers lack of sleep a 'public health epidemic.'"

A new book from Grotto, *The Best Things You Can Eat* (Da Capo Press, January 2013), reveals some of the best foods for healthier living, including tart cherries. Recognized for their powerful nutrient profile and functional properties, tart cherries appear several times in Grotto's book, including best foods for sleep, as well as best pain-fighting foods, best foods for muscle recovery, and best fruits overall.

Available year-round in dried, frozen and juice forms, tart cherries are a versatile ingredient to include as part of any diet. Here are some delicious ways you can enjoy the best of eating red:

- **Greens and Reds:** Toss grilled salmon, dried cherries and a dash of turmeric with salad greens for heightened flavor and pain-fighting nutrients.

- **Runner's Red Relief:** Blend low-fat chocolate milk, kefir or plain yogurt and frozen cherries for a quick boost pre- or post-workout beverage.

- **Spiced Red Snack Mix:** Try an easy, do-it-yourself trail mix using dried cherries, ginger, cinnamon, almonds, pistachios and whole-grain cereal.

- **Berry Cherry Breakfast:** Swap typical berries for dried tart cherries to top cereal, oatmeal, yogurt or pancakes.

To get more tips and recipes, as well as "The Red Report," a comprehensive overview of the body of research supporting tart cherries' health properties, visit [www.choosecherries.com](http://www.choosecherries.com).



## Warm Salmon, Cherry, and Arugula Salad

Serves 4

Prep time: 20 minutes

Cook time: 15 minutes

- 2 tablespoons red wine vinegar
- 1 teaspoon ground turmeric
- 3 tablespoons olive oil, divided
- Salt and pepper
- 6 cups loosely packed arugula (about 3 ounces)
- ½ small head radicchio, cored and shredded
- 4 salmon fillets, about ¾-inch thick
- 3 shallots, sliced
- ½ large jalapeño (halved lengthwise), seeded and thinly sliced
- 1 ½ cups thawed frozen tart cherries
- 1 ½ teaspoons grated fresh ginger
- ¼ cup tart cherry juice

In large bowl, whisk together vinegar, turmeric, and 2 tablespoons olive oil. Add arugula and radicchio, and toss. Add salt and pepper to taste and divide mixture among serving plates. Set aside.

Season salmon with salt and pepper. In large skillet over medium-high heat, warm remaining 1 tablespoon olive oil. Add salmon and cook until barely opaque throughout, 2 to 3 minutes per side. Arrange salmon on top of the salads.

Return skillet to medium heat. Add shallots and jalapeño, and cook, stirring occasionally, until tender, 2 to 3 minutes. Add cherries and ginger, and cook, stirring occasionally, until heated through. Add cherry juice; increase heat to medium-high, and cook, scraping up any browned bits, until juice is almost entirely evaporated, 2 to 3 minutes. Add salt and pepper to taste.

Spoon cherry mixture over the salmon and serve.

— Courtesy of Family Features

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## PRETTY FACES

Continued from page 4

**BD:** What advice do you give them to keep looking refreshed all day?

**JT:** This can be a stressful job. The people on the show floor come in to contact with thousands of people every day and can be standing for upwards of eight hours in heels on hard floors. We tell them to make sure they get a lot of rest, eat well and drink plenty of water so they feel their best each day but it is always important to keep a lip gloss or a brush handy to freshen up their look throughout the day as well.

Having a pretty face helps. I took a few minutes to talk to Nicolena Inniss-Stubbs, who started working the show in 1994. She traveled the circuit full time for seven years with Jaguar. Now she's more of a "VIP Queen" and makes special appearance at the most important events, Detroit included. She has been working with Mercedes for the past four years.

**BD:** After all these years, what keeps you coming back to work the Detroit show every year?

**NS:** I haven't missed a Detroit show in 19 years. Even when I was having babies, I still managed to do Detroit. As a native Detroiter, this is one of the biggest things we have. The whole town comes together and celebrates. It unites the suburbs and the city — and it's something to be proud of. I'm honored to be a part of that. The fun thing for me, at this point, I work with the press and Mercedes executives here from Germany. They appreciate us and we appreciate them, and they surround us with a different culture.

**BD:** So, in other words, the VIPs are taking care of the VIPs! What are some changes you have seen over the years?

**NS:** I do miss the days of the talent being dressed up. I think the suits are appropriate for the regular show, and I get it — but for preview night, I wish the girls were dressed up. I may get some heat for saying this but — can't we pull out those campy ol' sequin gowns for one night?

**BD:** What's the hardest part of doing the show?



JOHN STORMZAND | STAFF PHOTOGRAPHER

Erin Wolak models near a red Dodge Dart at auto show preview day last month.

**NS:** Your aching feet, for sure. Making sure you are as charming in hour 13 as you were in hour one. And of course, ensuring that your lipstick hasn't bled. My best makeup tip is one that I stole from you — put your concealer on your lips before you apply your lipstick. It worked like a charm. Stayed on all day and night.

One thing is for sure — the Auto Show would not be the same without the beloved Auto Queens. But do not underestimate these women. This is a tough job — and these women know their

stuff. And no, they do not come with a car.

**Barbara Deyo**, a health, wellness, and beauty writer, and owner of Deyo Studio for face and body, is an internationally acclaimed makeup artist, having groomed the faces of Paul McCartney, Bob Seger, Kerrie Washington, Shaun Robinson and more. She has been named Best of the Best by Allure, Hour, Real Detroit and WDIV. Deyo Studio is located at 576 N. Old Woodward Ave, second floor in Birmingham. Contact Deyo at (248) 203-1222 or visit her at [www.deyostudio.com](http://www.deyostudio.com).

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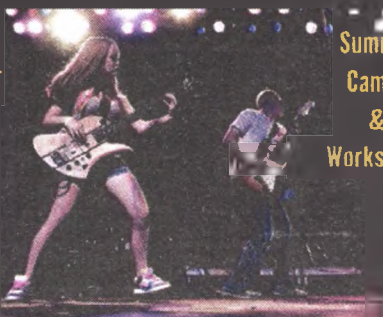
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## Sudoku Answers

Beginner

4	7	3	9	2	5	6	8	1
1	2	5	8	4	6	3	9	7
8	9	6	7	3	1	2	5	4
3	1	9	5	7	8	4	6	2
6	8	2	3	9	4	1	7	5
5	4	7	1	6	2	9	3	8
7	6	4	2	8	3	5	1	9
9	3	1	4	5	7	8	2	6
2	5	8	6	1	9	7	4	3

Intermediate

6	7	4	3	9	8	1	2	5
2	3	9	4	5	1	6	7	8
5	8	1	7	6	2	4	9	3
3	6	5	9	8	4	2	1	7
4	9	2	5	1	7	8	3	6
7	1	8	2	3	6	9	5	4
9	2	7	8	4	3	5	6	1
8	5	6	1	7	9	3	4	2
1	4	3	6	2	5	7	8	9

Advanced

3	1	6	2	9	4	7	5	8
9	5	2	1	8	7	6	4	3
4	8	7	5	6	3	1	2	9
1	4	3	7	5	8	2	9	6
6	9	8	4	2	1	3	7	5
7	2	5	6	3	9	8	1	4
5	6	9	3	7	2	4	8	1
8	7	4	9	1	6	5	3	2
2	3	1	8	4	5	9	6	7



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I've lived in Canton, Northville and now Dearborn. I don't care how far I am from them New Face New Body is my laser hair removal spot. The Brazilian wax is awesome too. I think I'll laser that next. —Kimmie K.

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