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LOCAL NEWS, A10

SPORTS BARS GEAR UP FOR MONDAY NIGHT FOOTBALL, B5

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RENA LAVERTY
Whalers defenseman Austin Levi in pink hair last season.

Pink Out!

The Plymouth Whalers Pink Out! for Breast Cancer Awareness is set for Saturday, Oct. 15, when the Whalers host the Sarnia Sting at 7:05 p.m. at Compuware Arena.

The Whalers kick off the week with the players getting their hair dyed pink Tuesday, Oct. 11, at the Lucky Hair Co. in Canton. On Wednesday, Oct. 12, the Whalers will be working as waiters at CJ's Brewing Co. after 5 p.m. at Compuware Arena. The tips will go to the Karmanos Cancer Institute.

The Whalers will work the rest of the week with pink hair, playing in Windsor on Thursday, Oct. 13, and hosting Niagara on Friday, Oct. 14, before the Pink Out! game Oct. 15.

Pumpkin Palooza

A new Halloween activity event — Pumpkin Palooza — for kids of all ages comes Sunday, Oct. 23, to downtown Plymouth. Streets will be closed and kids will have some fun at Pumpkin Palooza, which will feature games, contests, activities and trick-or-treating. There will be age-based costume contests and even a pet costume contest.

The event replaces the former Great Pumpkin Caper. For details, contact the Plymouth Community Chamber of Commerce at (734) 459-5340.

Scary sight

Plymouth District Library



BILL BRESLER | STAFF PHOTOGRAPHER

The bride wore black in this setup, sponsored by Bridal Couture of Plymouth. It's one of more than two dozen participants in the annual Plymouth Chamber of Commerce Scarecrows in the Park promotion. For more sights from the campaign, please see page A3.

Downtown Plymouth astir for Sunday's chili fest

By Matt Jachman
Observer Staff Writer

A newly crowned world-champion chili cook will help launch the next season of international chili competition Sunday in downtown Plymouth.

Gary Ray of Livonia, a long-time cook at Plymouth's annual Great Lakes Regional Chili Cookoff, won the 2011 world championship in the chili verde — that's green chili — category Saturday in Manchester, N.H. Ray, whose wife Lauren won the same title in 2008, was tops among about 140 chili verde cooks in the International Chili Society-sponsored competition.

This Sunday, Ray and more than 50 other cooks will be competing in the red chili category at The Gathering. The winner, along with the winners in the chili verde and salsa categories, will be eligible for next October's



Gary Ray of Livonia, right, was the top winner Saturday in the chili verde category at the International Chili Society's 2011 world chili championship in Manchester, N.H. Ray, a longtime participant in Plymouth's Great Lakes Regional Chili Cookoff, is returning to the cookoff this Sunday to compete in the red chili category. His wife, Lauren, a 2008 world champion in chili verde, will also be participating. Presenting Ray with his trophy last weekend is Daniel B. Uskert, a product manager at Hormel Foods, a major ICS sponsor.

world championship meet.

The ICS competition at The Gathering represents just a portion of the chili to be served up downtown Sun-

day, along with live music, performances by local dance troupes, vendors' booths, a

Please see CHILI, A5

New master plan details city's future

By Matt Jachman
Observer Staff Writer

A new blueprint for the future of Plymouth calls for strengthening residential areas, diversifying the economic base, increasing pedestrian safety and unifying the overall look, especially at key entrance points.

Those goals, and eight others, were included in an updated master plan approved Monday by a 6-0 Plymouth City Commission vote.

While its objectives are not binding, the plan provides a framework for planning discussions, serves as a legal basis for zoning decisions and offers a broad vision of where officials want to take the city.

Commission members praised the 40-page master plan, which was researched and written by the Planning Commission, with help from an outside planning consultant, over a period of months.

"Overall, it's a great package, good for the future," said Commissioner Gerald Sabatini, a former Planning Commission member.

"That is an outstanding document," Mayor Dan Dwyer said. "I think it's a product of a lot of work."

The master plan's other goals include maintaining a high-quality downtown business district, providing trees on all streets, promoting land use that complements existing conditions and promoting low-impact, sustainable development and energy conservation. The plan includes maps, zoning definitions and inventories of parks and public facilities.

The plan also highlights four parts of town, which it calls "sub-areas," that planners agreed deserve special attention. The four areas are: Main Street, both north and south of downtown; South Mill; Old Village; and downtown itself.

Planners looked at the characteristics of each of those areas and came up with guidelines for future development that build on those characteristics and on each area's strengths.

Old Village, for example, should maintain a "compatible mix" of residential, office, commercial and light industrial districts, while intensive commercial uses should be discouraged because of the potential impact on residential areas, the planners said. The neighborhood's walkability, the plan says, should be promoted, the historic character of its architecture should be preserved, and Liberty Street, between Starkweather and Mill, with its taverns and shops, should function as the center of Old Village.

Please see MASTER, A6

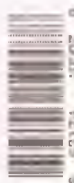
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District offers reward after pair of threats

By Brad Kadrich
Observer Staff Writer

For the second time in three days, students at the Plymouth-Canton Educational Park found themselves in lockdown mode after school district officials said a second note was found Wednesday threatening damage at the three-school park.

Canton Police said the second note was found by a student just before first hour in an open area of Plymouth High School.

"Shelter-in-place" put students in lockdown mode as a precautionary measure, but sent them back to class later in the morning.

Please see THREATS, A5



BILL BRESLER | STAFF PHOTOGRAPHER

Cars lined up at Salem High School after the announcement of early dismissal following what police called "a credible threat" of violence.

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AROUND PLYMOUTH



JULIE YOLLES

"Around Plymouth" is designed to announce upcoming events taking place in the community. Items will run on a space-available basis. Send details to bkadrich@hometownlife.com

SINGING HYMNS

Date/Time: Sunday, Oct. 23, 4 p.m.

Location: Plymouth First United Methodist Church, 45201 N. Territorial, between Sheldon and Beck

Details: Plymouth First United Methodist Church hosts "A Calendar of Hymns," a hymn festival led by the combined choirs of Plymouth First United Methodist and Chelsea United Methodist Church, with the Liberty Brass Quintet. You'll have lots of opportunity to join the choirs in singing well-loved familiar hymns and a few newer ones, too. This event is part of the NOTEworthy concerts with a cause series. Admission is free;

a free-will offering will be received to benefit future concerts and a charitable cause.

Contact: For more information call (734) 453-5280.

GARDEN CLUB

Date/Time: Monday, Oct. 10, 12:30 p.m.

Location: Plymouth District Library, 223 S. Main in Plymouth

Details: The monthly meeting of the Plymouth Garden Club will include a discussion regarding the annual greens sale.

Contact: For more information, go to <http://sites.google.com/site/plymouth-gardenclub/>.

MOPS MEETINGS

Date/Time: First-third Fridays, 9:15-11:30 a.m.

Location: St. Kenneth Catholic Church, 14951 Haggerty, Plymouth

Details: The St. Edith/St. Kenneth Catholic Parishes' Mothers of Preschoolers (MOPS) group invites all mothers with children aged newborn through kindergarten to join. The group provides the encouragement, nurturing, and support and features a schedule of activities that include speakers, crafts, and group discussions.

Contact: Heather at (734) 437-9517 or e-mail stekmops@gmail.com, or visit www.stekmops.org

Forum provides platform for school candidates

By Brad Kadrich
Observer Staff Writer

For an even dozen of the 14 candidates running for the Plymouth-Canton Community Schools Board of Education, Monday's candidates forum sponsored by the League of Women Voters of NW Wayne County was a chance to get their message out to prospective voters in the Nov. 8 election.

The forum included three incumbents — board president John Jackson and trustees Steven Sneiderman and Nancy Eggenberger — and nine challengers. It offered experienced candidates in former board presidents Mike Maloney and Mark Horvath; active community members like Sheila Paton, co-founder of the district's Legislative Action Network, and Stephanie Goecke; and first-time school board candidates Mike Andro, Abdul Muhiuddin, Mike Redman, Matt Dame and John Barrett.

First-timer Clifton Nealey declined the invitation, and Angie Williams-Chehani cancelled due to a death in the family, accord-

ing to league officials. A 15th candidate, John Nichols of Canton, will be on the ballot, but has suspended his campaign.

First-time candidate Sheila Paton, said she stuck to her message about doing what's best for kids.

"It was an interesting experience," Paton said. "I felt comfortable sticking to my message and think the forum was an excellent opportunity to connect with voters."

With that many candidates on the dais and some 75 people in the audience, league officials had to alter their usual question-and-answer format. Candidates were asked to answer some questions with a simple yes or no, and were given 30 seconds to answer other questions. Each candidate got a two-minute closing statement.

At 26 the youngest candidate in the field, Muhiuddin said the forum will provide needed exposure.

"It was a real honor to share my viewpoints and hear from the other candidates," Muhiuddin said. "I'm certain that there is a lot of synergy among the candidates and I feel that whomever is elected will do a great job of upholding the position. As a first-time candidate, it was new and exciting to be part of the process, and I believe it helped me articulate what I'd like to accomplish as a board member."

Crush gala

Sola Obayan of West Bloomfield and Kevin Coyford of Plymouth attended the biggest wine-tasting yet. This year's CRUSH gala, to benefit the Children's Leukemia Foundation, brought in nearly 400 people to the Townsend Hotel in Birmingham and raised more than \$200,000 for patient programs and services.

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CORRECTION

A front-page story in Sunday's *Plymouth Observer*, titled "Locals have vision for tech park," listed state Rep. Kurt Heise of Plymouth Township as a Democrat. Heise is a Republican.

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Living Peace Church meets Sunday mornings at Field Elementary School, 1000 S. Haggerty in Canton. Worship begins at 10:45 am following a short coffee and fellowship time at 10:30. We look forward to seeing you.

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PHOTOS BY BILL BRESLER | STAFF PHOTOGRAPHER

Eight-year-old twins Izzie and Kenny Lashaway check out the Scarecrows in Kellogg Park. They are students at Spiritus Sanctus Academy and spent a morning off from school with mom, Veva Lashaway.

Not so scary sight

There's no telling how many crows they're driving off, but there's daily evidence that the lineup of scarecrows lining the perimeter of downtown Plymouth's Kellogg Park are attracting crowds.

More than two dozen scarecrows, decorated by local businesses and other groups as part of the Plymouth Community Chamber of Commerce's annual Scarecrows in the Park campaign, are getting the attention of passers-by.

"It's a very popular program," said Teri Fry, the chamber's event manager. "We could easily sell twice as many as we do."

The scarecrows are generally sold and decorated in late September. Each has its own individual identity, depending on the whim of the folks decorating it.

"I think it's where they're located," Fry said of the popularity of the program. "Those who've decorated them have made them to fit their particular business. They catch the eye of anyone who walks by."

The scarecrows will be on display through Nov. 1.



Two-year-old Brooke Mitchell and her Grandma, Janice Palis, look at the Trailwood Garden Club's scarecrow. Brooke lives in Novi, Grandma Janice lives in Canton.



Team M's 3 Days For A Cure scarecrow.



Zapata's Mexican Kitchen scarecrow.



The team from the RIO Group, Megan Wild, Jerrud Falor, Dennis Malesky and Mike Sachs, stuff straw into Gumby.

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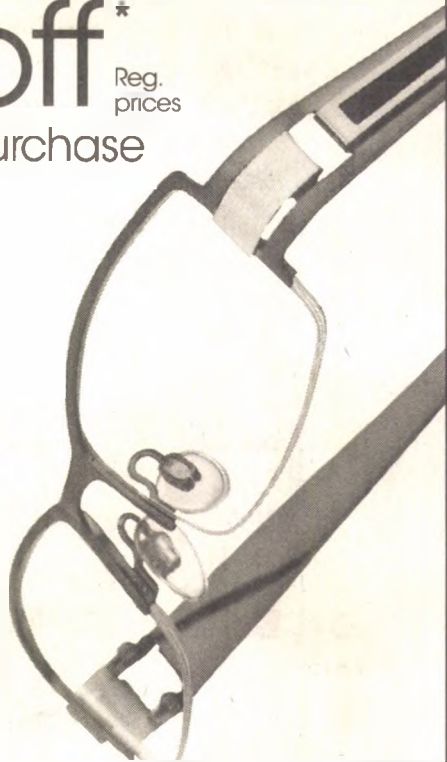
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Bill widens use of drug forfeiture money

By Brad Kadrich
Observer Staff Writer

Plymouth Township Police Chief Tom Tiderrington likes the idea behind the bill Gov. Rick Snyder signed into law this week that allows police departments to use drug forfeiture money to supplement their budgets.

As long as municipalities stick to the letter of the law.

Snyder signed Public Act 161, authored by state Rep. Kurt Heise, R-Plymouth, which allows local police to use money from the sale of forfeited property for more than drug-related investigations and activities.

"It's a good thing, as long as it's used to



Gov. Rick Snyder signs legislation sponsored by State Rep. Kurt Heise, R-Plymouth, which allows police departments across the state to use proceeds from the sale of forfeited property as alternative funding for all law enforcement activities.

increase the budget," Tiderrington said. "It's

more in line with what federal forfeiture law mandates, as well. The key is not to supplant (existing) money, and increase the budget."

The law allows police departments across the state to use proceeds from the sale of forfeited property as alternative funding for all law enforcement activities. These funds can only be used to supplement, not replace, budgeted amounts for police protection.

"This legislation gives agencies the option to responsibly use the funds where they see fit," Heise said of his first bill to be signed into law. "Michigan's local governments are struggling financially, as local police agencies face tough budget deci-

sions that impact public safety, this is an important alternative source of funding to keep police on the streets."

The bill was suggested to Heise by Canton Supervisor Phil LaJoy, a former state representative. Canton's Director of Public Safety, Pat Nemecek, said the bill gives departments and municipalities more options when it comes to spending money.

"It gives us more flexibility in spending that money, especially in this economic crunch," Nemecek said. "It allows us to do more things and could help ease the budgets in other departments, as well."

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CRIME WATCH

Theft of wallet, cash, captured on video

With the help of a security video, police are investigating the Sept. 28 theft of a wallet, and the \$400 cash the victim said was inside, from a Plymouth Township gas station.

The theft occurred that morning at the Shell station on Beck Road at Five Mile, a Plymouth Township Police Department report said.

The victim told police he left his wallet on the counter there, and later realized he had done so. He called the station and asked about the wallet, he said, and was told it hadn't been turned in.

Later, he said, he received a call from the station telling them the theft had been captured on a surveillance video.

A station manager told police a man took the wallet at left in a red van that was towing a utility trailer.

The victim told police there was \$400 in the wallet, in addition to his driver's license.

worth just south of Ann Arbor Trail. A navigational device was reported stolen from a Ford Focus, police said.

Theft attempt

Someone rifled through a vehicle parked outside a house on Mill Race Circle, south of Five Mile and east of Ann Arbor Road, late Sunday or early Monday.

The victim discovered the incident early Monday morning, a police report said. The Jeep, parked in the driveway, had been left unlocked, the report said.

FIRE RUNS

The Plymouth Community Fire Department responded to the following runs during the period Sept. 28 through Oct. 4:

- Tuesday, Oct. 4 — Rescue runs on southbound I-275 south of Joy, on Haggerty, on Lorenz Way, at Heritage and N. Territorial, on Woodlands, on Ann Arbor Road, on Northville Road, on Insbrook, on Sheridan and on southbound I-275 at M-14.

- Monday, Oct. 3 — Rescue runs on Lilley, on Plymouth Road and on Tuscon.

- Sunday, Oct. 2 — Rescue runs on Ann Arbor Trail, on Haggerty, on Northville Road, on Harding, on Plymouth Ridge, on Lindsay and on Plymouth Oaks.

- Saturday, Oct. 1 — Rescue runs on Five Mile, on McClumpha, on Jackson, on Ford, on Oak, on Mill, on Ann Arbor Road, on Union and on General.

- Friday, Sept. 30 — Rescue runs on Birchwood, at N. Territorial and Wendover, on Newporte, on Mill, on Main, on Hilltop, on Haggerty, on Postiff and on Brook.

— By Matt Jachman

Grieving mom 'feels better' after plea deal

By Darrell Clem
Observer Staff Writer

Though she still grieves for her 32-year-old Canton daughter nearly a year after a drunken driver killed her, Pamela Lawson has found a certain comfort after the confessed murderer faces prison for the horrific crash.

Though she still cries over daughter Stephanie Stone's death last Oct. 26 in Ypsilanti Township, Lawson said she was relieved after Bradley Wayne Howard pleaded guilty Monday to second-



Howard

degree murder and numerous other charges. "I feel better because I think he's

going to be an old man when he gets out of prison, if he ever comes out at all," Lawson said.

Howard, 35, faces 22 years/six months to 50 years in prison when he is formally sentenced Nov. 16 by Washtenaw County Circuit Judge Archie Brown, a court clerk confirmed.

Howard, accused of repeatedly driving drunk, sped through a red light and crashed his Ford Mustang into Stone's Ford Taurus, killing her, critically injuring her 13-year-old son Brandon and causing minor injuries to her daughter Savannah, 12.

Washtenaw County authorities have said Howard was driving 70-80 mph when he crashed into Stone's car.

Stone, a Dairy Queen employee described by Lawson as "a good mother," was driving home to Canton after visiting rel-

atives when the crash occurred at Ecorse and Harris roads. Stone and her children were wearing seat belts.

Howard had been scheduled for trial Monday, but he opted to plead guilty to second-degree murder; operating while intoxicated causing a death and serious injury; a third drunken driving offense; failing to stop at an accident causing a death and serious injury; driving with a suspended license causing death; driving a second time with a suspended license; and having an open alcohol container in his car.

Lawson said Stone's children now live with their father in Ypsilanti.

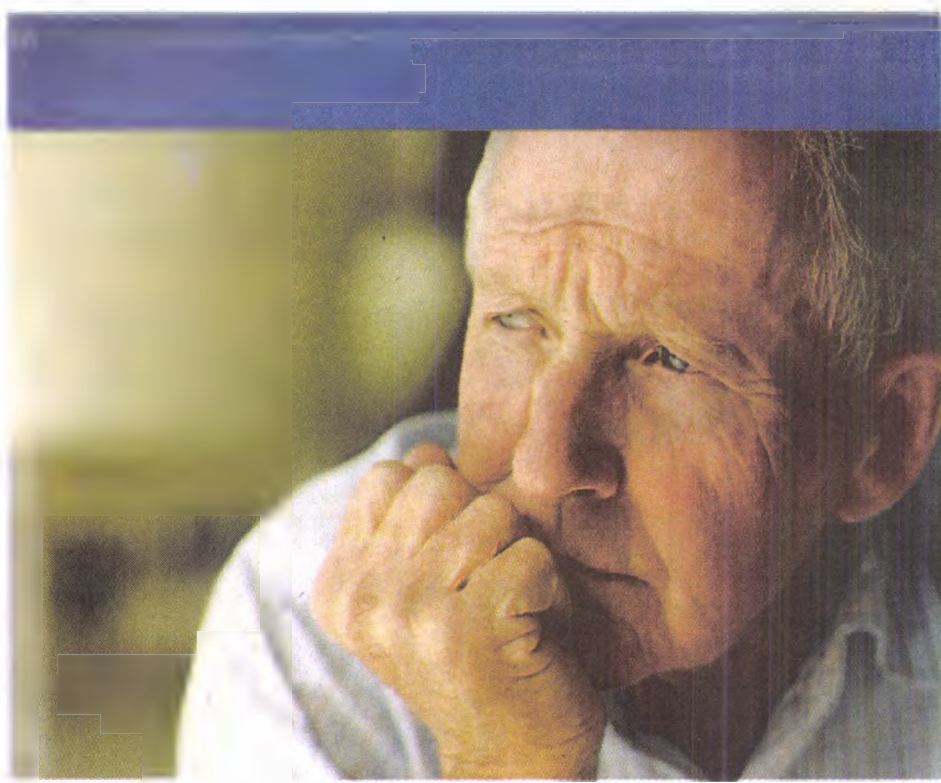
Vehicle burglaries

Three vehicles parked outside houses on Southworth Avenue in the township were burglarized on the night of Sept. 29, with a navigational device reported stolen from each of them.

All three vehicles had been left unlocked, according to police reports.

Two burglaries occurred outside a house on Southworth near Ann Arbor Road. One navigational device was reported stolen from a Lincoln Mark LT pickup truck, and another from a Ford Focus, a police report said.

The third occurred outside a house on South-



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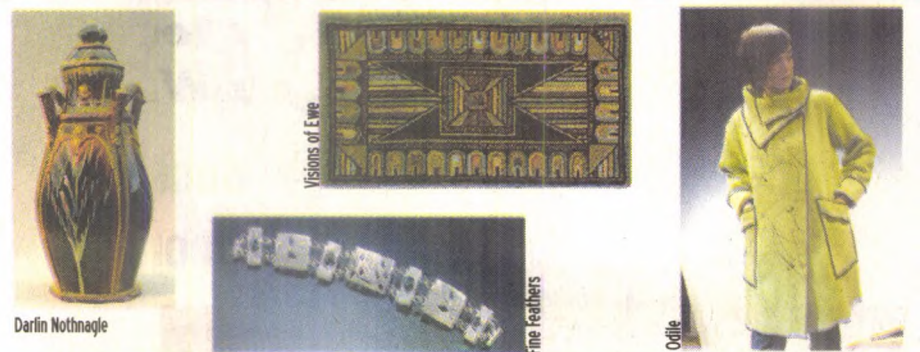
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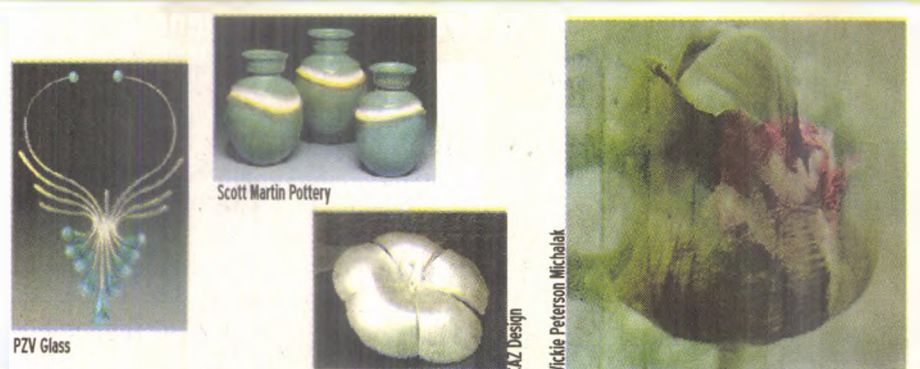
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CHILI

Continued from page A1

motorcycle show and a dog dressup contest — The Hottest Dog in the Coolest City.

"We plan on record crowds for this one," said Annette Horn, board president of the Great Lakes Regional Chili Inc., the nonprofit that organizes the festival. The weather forecast for Sunday looks good, she added. "We look forward to a fabulous day."

In addition to the ICS competition cooks, People's Choice cooks will also be cooking and serving chili at The Gathering, while local restaurants will be offering chili (made off-site and trucked in) at Kellogg Park.

The chili events will raise money for Habitat for Humanity of Western Wayne County, which is based in Plymouth. Money from motorcycle-related events — a motorcycle show and two "chili rides" from area motorcycle dealerships — will benefit the Penrickton Center for Blind Children in Taylor.

Great Lakes Regional Chili has raised more than \$220,000 for local organizations in its previous 15 festivals.

The event is from 11

a.m. to 5 p.m.; visitors can begin sampling chili from restaurant chili challenge participants, in Kellogg Park, right at 11 a.m.

At noon, non-restaurant-affiliated cooks in the people's choice category will begin serving their chilis at The Gathering, and ICS competitors will have their chilis available later, also at The Gathering, starting with chili verde at 1:30 p.m. and followed by red chili at 3 p.m.

Samples of chili are \$1 each; bowls are \$4 each. The winners in each category will be announced at 5 p.m.

Other festival highlights include:

- A motorcycle show on Ann Arbor Trail, from 11 a.m. to 4 p.m. The winners in 18 different categories will be announced at 4:45 p.m.
- A play area for children that will be open from noon to 5 p.m.
- Live music by Steve King and the Dittilies, from noon to 5 p.m.
- Dance performances by seven different troupes, beginning at noon.
- The Hottest Dog in the Coolest City contest, with judging taking place at 2 p.m.

For more information, visit the website www.greatlake-chili.com.

THREATS

Continued from page A1

The first note, found Monday morning, contained actual threats which district officials have not discussed. Wednesday's note was "similar in nature," officials said, but deemed to be not credible.

"We worked with police and it was determined that the schools are safe and we will continue classes as usual," Supt. Jeremy Hughes said. "Student safety is always our top priority and the district has zero tolerance for behavior that affects student achievement."

In the first incident, the threatening note was slipped beneath a teacher's door at Salem High School. The second note was found in a public area at Plymouth High School, suggesting to officials it was less credible.

"There seemed to be less desire to make sure this got into somebody's hands, since it was not deliberately delivered," Hughes said.

Plymouth-Canton Community Schools officials are offering a \$1,000 reward for information leading to the arrest of the person or persons responsible for leaving the threats. The first one was reportedly a hand-written note threatening damage at all three high schools.

The first note was found before school started Monday, and administrators put students on "shelter-in-place" mode, meaning students were confined to their classrooms,

but that normal lessons would take place. District officials then decided to dismiss students around 10 a.m.

Parents were locked off-campus, and students who normally ride the bus were transported home. Students who are generally driven to school were moved by school bus to Pioneer Middle School, where parents were allowed to pick them up. Students who typically drive to school were allowed to drive themselves home.

In a release Monday afternoon, district officials said that, while Canton Police would continue to investigate the case, both police and district officials felt "confident that we can hold classes safely" Tuesday.

Students, officials said, will notice an increased police and adult presence over the next several days.

"District and police officials will not be satisfied until the person or persons responsible for the threatening note are brought to justice," officials said in the release. "We would like to thank the students, staff and parents who cooperated with us today as student safety is our top concern."

Hughes said park Principal Bill Zolkowski called a meeting Wednesday with all the high school teachers. He was unsure at press time whether students would be offered counseling.

"I know that is on the mind of the staff there," Hughes said.

"The faculty has gone through a lot also, and they need to be able to talk about that, and also to talk about the students and how we're going to be dealing with these kinds of things in the future."

Anyone with information is being encouraged to call the Canton Township Department of Public Safety at (734) 394-5400. In addition to the reward offered by the district, Crime Stoppers will pay up to \$1,000 for a tip that leads to an arrest. Anonymous tips can be submitted to Crime Stoppers via text (text "CSM and your tip" to 274637 or CRIMES); call (800) SPEAKUP; or go online to www.1800speakup.org.

bkadrich@hometownlife.com
(313) 222-8899

ROADS CLOSED

Several streets in downtown Plymouth will be closed to traffic Sunday for the Great Lakes Regional Chili Cookoff and related events.

The streets will close early Sunday and are expected to reopen no later than 7 p.m.

Expected to be closed are: Main Street between Fralick and Wing, Ann Arbor Trail between Harvey and Union/Deer, Penniman between Harvey and Union, southbound Union between Roe and Ann Arbor Trail and Forest between Ann Arbor Trail and Wing.

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MASTER

Continued from page A1

Along South Mill, the planners said, are opportunities for redevelopment that could include multi-family housing, recreation, commercial and industrial uses. Any industrial areas, the plan says, should be buffered from residences.

The plan calls upon Wayne County to rebuild South Mill as a four-lane road with bicycle paths, curbs and sidewalks. It also urges officials to consider putting a connection for pedestrians to North Main through the abandoned Bathey industrial site, which it highlights as a redevelopment opportunity.

The plan also explores ways to improve traffic circulation, pedestrian safety and parking convenience in each of the four sub-areas.

The release of the new master plan comes more than two years after the budget for developing it was cut from \$12,000 to \$6,000 by the commission, in a split vote, as a response to cuts in state aid. The budget cut meant the planning board had to take a bigger role in developing the plan, which is required by the state.

The planning commissioners who worked on the document are Chairman Conrad Schewe, Jennifer Frey, Meg Dooley, John King, Keith MacDonald, Jim Mulhern, Tara Parks, Joseph Phillips and Christopher Harden, who recently resigned when he moved out of the city. The commissioners were assisted by the planning firm Carlisle/Wortman Associates.

mjachman@hometownlife.com
(313) 222-2405

Gandhi honored with song, dance

By Darrell Clem
Observer Staff Writer

Canton paid a stirring birthday tribute Sunday to slain civil rights icon Mahatma Gandhi, a once-shy schoolboy who rose up through peaceful protest to help lead India to independence even as he inspired oppressed people worldwide to follow his path.

A large crowd gathered inside the Village Theater at Cherry Hill to celebrate Gandhi Jayanti, a holiday in India dedicated to honoring an esteemed leader revered as the Father of India. The audience applauded and watched with pride as young Indian children sang songs, danced, performed skits and played traditional instruments such as the sitar and tabla, or small drums.

"I thought it was good," 7-year-old Rhea Venkatesh said, standing with her parents, Sri and Asha Venkatesh, after the celebration had ended.

Sri Venkatesh and others described the event — sponsored by the Canton Commission for Culture Arts & Heritage — as a way for the community to proudly honor Gandhi, who was born Oct. 2, 1869, and whose teachings of peaceful civil disobedience have survived



Rishabh Iyer, 12, plays "Ram Dhun" on sitar at the 2011 Gandhi Jayanti Celebration at the Village Theater at Cherry Hill.

long after he was assassinated Jan. 30, 1948.

"It's all about truth and friendship," Sri Venkatesh said as he left Sunday's celebration.

Dr. Syed Taj, Canton Township trustee, said before he entered the theater that Gandhi helped lead his homeland to independence from one-time British rule. Taj said Gandhi, who led a simple life with few belongings even as he changed the world stage, also is honored on his birthday with an International Day of Non-Violence, declared in 2007 by the United Nations Gen-



Dancers Navya Kopeusetty and Niki Chittelal check their earrings backstage before the program begins.

eral Assembly. Taj said. "Gandhi was a very selfless man."

Taj and others recalled how Gandhi, a lawyer known more for helping the oppressed, was once ousted from a train while he was in South Africa, where he also fought injustice. Taj and others recalled that Gandhi believed so strongly in civil disobedience as an inherent right that he spent time in prison for it.

During one dance Sunday, children carried placards containing one-word teachings by Gandhi — words such as equality, peace, freedom, virtue, justice and truth. Young performers Rishabh Iyer on sitar and Nikhil Iyer on the tabla drew warm applause, as did other performers, from the audience.

Vidhya Kantharaj said Gandhi taught tolerance, religious equality, purity, peace and other messages of unity and hope. Kantharaj's husband, Kiran Kantharaj, said it was important for the couple to bring their children Rishi, 11, and Maya, 3, to Sunday's celebration.

"We would like our children to get exposed to a great person, his achievements and all he has done — not only for India, but for the rest of the world," Kiran Kantharaj said.

dclcm@hometownlife.com
(313) 222-2238

Tipping Point helps with Toys for Tots

Canton-based Tipping Point Education will partner with its media partner, WMGC FM-105.1, to help the annual Toys for

Tots campaign.

TPE's first event takes place 4-10 p.m. Wednesday, Oct 12, at Sean O'Callaghan's Irish Pub in downtown Plymouth.

TPE founder, Trish Brown, of Canton, said, "It is important for those working with our founda-

tion to understand what it means to be a good corporate citizen and that sometimes means helping other foundations to meet their goals," said TPE founder Trish Brown of Canton. "We see a need for others and determine how can we help."

Adam Zientarski of Commerce Township, a University of Michigan freshman who serves as vice president of www.TippingPointEducation.com, said local college students are learning about community service by taking part in this event.

"That is an important goal of TPE," Zientarski said. "We are current-

ly talking with four area California Pizza Kitchens in the Metro Detroit area to arrange drop off locations for those shopping at Twelve Oaks, Laurel Park, Somerset and Briarwood Mall."

Sean O'Callaghan's is located at 821 Penniman Ave. in Plymouth. For more information, visit TPE's website at www.TippingPointEducation.com.

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PUBLIC NOTICE

Published in accordance with Public Act 331 (1966), as amended.

Schoolcraft College announces that the financial audit for the fiscal year ending June 30, 2011, has been completed by Plante & Moran, LLP, Southfield, Michigan. It has been presented to the College Board of Trustees and has been accepted by them.

Notice is hereby given that the audit is available for public inspection in the Office of the Vice President and Chief Financial Officer in the McDowell Center at the College, 18600 Haggerty Road, Livonia, Michigan, on weekdays, between the hours of 8:00 a.m. – 4:00 p.m.

Glenn Cerny
Vice President and CFO

Publish: October 6, 2011 ©E00755931 - 2x2.5

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Saturday, October 15th
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The Thomas Dooley Council of the Knights of Columbus, in conjunction with Madonna University, invites the public to join in this opportunity to pray for world peace, in keeping with Our Lady's promises to the children of Fatima in 1917.
Led by Father Alex Kratz OFM, rosary will begin promptly at noon.
ALL ARE WELCOME!
Gather in the Madonna parking lot between 11 and 11:45AM. Chairs are allowed; restroom facilities are available; carpooling is suggested.

For further information: 734-591-0360

MADONNA UNIVERSITY
KNIGHTS OF COLUMBUS

Local symphony expanding horizons with 'HD' season, new venue

By Matt Jachman
Observer Staff Writer

The Michigan Philharmonic, known until last spring as the Plymouth Symphony Orchestra, has picked a fitting slogan for its upcoming season as it continues to redefine itself and reach beyond its local roots.

Music in HD — that's High Definition — is the name adopted for the 2011-2012 season, which will offer movie music favorites, a Latin-themed concert, its traditional holiday show, and works by Claude Debussy, Gustav Mahler and Dmitri Shostakovich as well as a premiere of a contemporary work by a native Michigan composer.

"We chose that title for the season because we think, as the new Michigan Philharmonic, our concert season is colorful, brilliant, cutting-edge and high-def," said Beth Stewart, the orchestra's executive director, in an e-mail.

The Michigan Philharmonic will also be extending its range with an appearance at Detroit's Music Hall for the Bollywood Music Festival, which was held at the Village Theater at Cherry Hill in years past. The festival's music comes out of the film industry, nicknamed Bollywood, in India.

The orchestra has also lowered ticket prices, for general admission and those 62 and older, by \$2 each. This season will be conductor Nan Washburn's 13th with the orchestra.

The group has a new



The Michigan Philharmonic's 2012 season will offer movie music favorites, a Latin-themed concert, its traditional holiday show, and works by Claude Debussy, Gustav Mahler and Dmitri Shostakovich as well as a premiere of a contemporary work by a native Michigan composer.

concertmaster, Joe Deller, a five-year member of the orchestra and a 2003 graduate of Hope College, with a degree in violin performance. Deller takes over for Anicka Skalova, who graduated from the University of Michigan and is now studying at Indiana University.

Skalova, however, can still be seen in the season opener, 7:30 p.m. Saturday at the Village Theater at Cherry Hill in Canton Township. Skalova will be the violin soloist for John Corigliano's music from the movie *The Red Violin*. The concert will also feature Peter Tchaikovsky's Symphony No. 2 and *An American Symphony*, which is from another movie, *Mr. Holland's Opus*.

The rest of the 2011-2012 season, the orchestra's 66th, will consist of:

- *Musica de las Americas*, 2 p.m. Sunday, Nov. 13, at the Village Theater. A Latin-inspired concert, featuring special guest Gabriela Lena Frank, who has a doctorate in composition from U-M, for the performance of her work *Elegia Andina*.

- *Home for the Holidays*, 6 p.m. and 8 p.m. Thursday, Dec. 15, at the Penn Theatre. A traditional Christmas show, with pop favorites from *A Charlie Brown Christmas* and *The Polar Express* as well as classical works like George Handel's *Hallelujah Chorus*. At the 6 p.m. show, the Michigan Philharmonic Youth Orchestra's string ensemble will join the Philharmonic on Georges Bizet's *Farandole*.

- *Miniature Masterpieces*, 2 p.m. Sunday, Jan. 15, in the chapel at The Inn at St. John's. The Philharmonic's chamber ensemble will perform works by Debussy, Mahler, Sergei Prokofiev and others, and will premiere a new work, *Changes*, by Andre Myers, a Michigan native.

- *Sunday with Schubert*, 2 p.m. Sunday, Feb. 12, at the First United Methodist Church. Franz Schubert's *Symphony No. 5*, written when he was 19, will be performed, and principal clarinetist Lisa Raschiatore will be the soloist on Aaron Copland's *Clarinet Concerto*.

- *Russian Fireworks*, 7:30 p.m. Saturday, March 3, at the Village Theater. Works by Shostakovich, Mikhail Glinka and Alexander Borodin. A new work by Michael Gilbertson, *Polovitsia: Music to an Imaginary Ballet*, based on themes by Borodin, will be premiered.

- *The Bollywood Music Festival*, 8 p.m. Saturday, May 19 at Detroit's Music Hall. A fusion concert of India-inspired music with the Philharmonic plus singers, soloists and percussion. The show is being organized with the help of a grant from the Knight Foundation.

Regular-season tickets to the Michigan Philharmonic are \$22 each, \$18 for those 62 and older and \$10 for students. Subscriptions and discounts for groups of 10 or more are available. To order tickets, call the Philharmonic at (734) 451-2112 or visit its website at www.michiganphil.org. Ticket information for the Bollywood Music Festival is not yet available.

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Be pro-active when it comes to banking fees

By Rick Bloom
Guest Columnist

I read that Bank of America and other banks are

going to begin to charge a monthly fee on their debit cards. Of course, when banks assess a new fee it never surprises me.

Banks are the most creative organizations when it comes to fees. The only thing that surprises me is the reaction of consumers, and that generally is no reaction at all. Unfortunately, when banks raise or assess new fees, customers are generally upset; however, the vast majority do nothing. It's about time that you and I react by considering taking our business elsewhere.



Money Matters

Rick Bloom

charge the same fees. That is a huge mistake. Different banks have different fees on different services. The key is for consumers to look at the services they use and then look at the bank's fees. For example, if your bank is going to charge a fee for a debit card and you don't use one, it's not a big deal. However, if you do use a debit card and your bank does assess a fee, then it should be important to you. My recommendation is to be proactive. Now is a great time to begin the process of reviewing your banking relationships and to look for ways to save money.

I recognize sometimes it is a hassle to change your bank. After all, you have automatic withdrawals from your checking account or direct deposit of your paycheck, and to change these things is a bit of a pain. Many of you are probably wondering whether it is worth changing banks for \$5 a month. However, does anyone believe banks that are now

going to start charging for debit cards aren't going to raise the fees in the future? You and I both know when the bank starts at \$5 a month, before you know it will be \$7.50 a month and then \$10 a month. Banks generally know that most of us are lazy and don't want to go through the hassle of changes. The only way you and I can send a loud message to our banks is to take our business elsewhere.

We should all be receiving our September statements from our bank, and therefore, it's a good idea to use this time to re-evaluate our banking relationship. Not only should you look at the fees you are paying, but also the interest you receive on savings and checking accounts. When you look at different banks, don't be afraid to look at credit unions and internet banks, as well. Credit unions, for example, have become very easy to deal with. It used to be they didn't offer some of the same services as banks that is no longer the case. Credit unions have become very user friendly and save consumers a substantial

amount of money. Keep in mind, however, that not all credit unions are the same. Some offer different services and also have different fee structures.

Many people are afraid to deal with internet banks, but that shouldn't be the case. As long as you deal with a federally insured internet bank, your money is going to be protected. One of the reasons that many people don't like to deal with an internet bank is that they like the idea of being able to go to a branch. However, take a step back and think about it. When was the last time you went into a bank? Many of you haven't been to a bank branch in years because you take advantage of the ATMs. That's how internet banks do business and many times you will find that their fees are a fraction of what traditional banks charge.

Rick Bloom is a fee-only financial adviser. Observer & Eccentric readers can submit questions at moneymatters@hometownlife.com. For more information, visit his website at www.bloomassetmanagement.com.

CHARTER TOWNSHIP OF PLYMOUTH ADVERTISEMENT FOR BIDS FIRE STATION #3 ROOFING PROJECT

Sealed proposals will be received for the construction of the Fire Station #3 Roofing Project by the Charter Township of Plymouth as Owner, until 3:00 P.M. Local Time on Friday, October 14, 2011 at the Office of the Clerk, Plymouth Township Hall, 9955 N. Haggerty Road, Plymouth, Michigan 48170 at which time and place all bids will be publicly opened and read.

Bidders shall review and comply with the instructions to bidders.

Description of Work

The project scope consists of roof and gutter replacement at Fire Station #3 located at the northeast corner of Beck Road and North Territorial Road in Plymouth Township.

Plans and Specifications may be examined at the Clerk's Office, Plymouth Township Hall, 9955 N. Haggerty Road, Plymouth, Michigan 48170 or online at www.plymouthtwp.org on or after September 15, 2011. Drawings and Specifications can be shipped by U.P.S. ground for no fee.

Proposals submitted by Bidders who have been debarred, suspended, or made ineligible by any Federal Agency will be rejected.

Each bidder agrees to waive any claim it has or may have against the Owner, the Architect/Engineer, Roofing consultant, and his or her respective employees, arising out of or in connection with the administration, evaluation, or recommendation of any bid.

Each bid proposal shall be submitted on the proposal forms provided. No bid security is required. No bid may be withdrawn after scheduled closing time for receiving bids for sixty (60) days.

The successful bidder may be required to furnish satisfactory Performance, Labor and Material, and Maintenance and Guarantee Bonds.

The Charter Township of Plymouth reserves the right to reject all bids and to waive irregularities in bidding.

No Proposal will be received unless made on bid forms furnished and delivered to the Township Clerk on or before 3:00 p.m., Local time, October 14, 2011.

A pre-bid meeting will be held on October 5, 2011 at 10:00 a.m. at the project site with the Roof Consultant and the Owner's Representative to review the scope of work and project conditions. It is recommended that a representative of the bidding contractor attend this meeting.

Joseph Bridgman, MMC
Township Clerk

Publish: October 2 & 6, 2011

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CANTON Leisure Services

PUBLIC INPUT REQUESTED

The Canton Leisure Services Five Year Master Plan will be available for public review starting October 11, 2011 on the Canton website at www.cantonfun.org.

Hard copies of the Master Plan will also be made available for review at: Canton Public Library, 1200 S. Canton Center Road; Summit on the Park Front Desk, 46000 Summit Parkway; Canton Leisure Services Administration Office, 1150 S. Canton Center Road.

All community comments can be submitted to Canton Leisure Services via email to leisure@canton-mi.org, or else hand-delivered or mailed to 1150 S. Canton Center Road, Canton, MI 48188. All comments must be received by November 8, 2011. Presentation of the Five Year Master Plan Draft will be given to the Canton Township Board during a Public Hearing on Tuesday, November 22, 2011. For additional information, call 734/394-5310.

Publish: October 6, 2011

NOTICE OF PUBLIC SALE OF PERSONAL PROPERTY

Notice is hereby given that the undersigned will sell, to satisfy lien of the owner, at public sale by competitive bidding on **Monday, October 17, 2011 at 9:30 A.M.** at the Extra Space Storage facility located at:

**6729 N. Canton Center Rd.
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The personal goods stored therein by the following may include, but are not limited to general household, furniture, boxes, clothes, and appliances.

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aka Brian Barker II
aka Cordell Barker II
- J346 Rene Kurtycz
aka Renee Kurtycz
- J359 Gary Powers

Purchases must be made with cash only and paid at the time of sale. All goods are sold as is and must be removed at the time of purchase. Extra Space Storage reserves the right to bid. Sale is subject to adjournment.

Publish: September 29 & October 6, 2011

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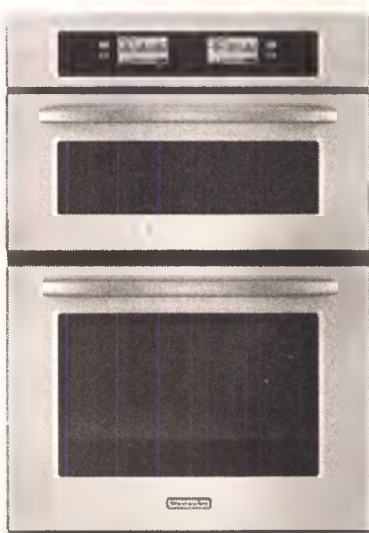
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Savings range 5-20%. Excludes countertop microwaves. Offer good thru 10/11/11.

plus extra **10% off** with Sears card on all appliances

Excludes Sears Commercial One® accounts. Sears Home Improvement Account™ merchandise only. Exclusions apply. See below for details. Offer good thru 10/11/11.



23% OFF kitchen & bath fixtures after 10% event savings

Additional savings excludes special order kitchen, bath & decorative hardware fixtures. Excludes clearance, closeout, red-dot and Everyday Great Price items. Offer good thru 10/10/11.

scan and see more Columbus Day deals at thegreatindoors.com



Columbus Day SALE

ONLINE & IN-STORE NOW THRU MONDAY, OCTOBER 10

EXTRA **10% off** ALMOST EVERYTHING

Prices shown reflect extra savings. Excludes appliances, cabinets, seasonal decor, patio furniture and grills. Excludes Karastan Month offers. Additional exclusions apply. See below for details.

PLUS EXTRA **5% OFF**

with Sears card on all purchases. Excludes countertops, installation, Sears Commercial One® accounts and appliances. Sears Home Improvement Account™ applies on installed merchandise only. Exclusions apply. See below for details. Offer good thru 10/10/11.

PLUS SPECIAL FINANCING AVAILABLE

See store for details. Offer good thru 10/10/11.

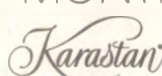
shopyourway rewards

join now. earn today. it's free!

Visit www.shopyourwayrewards.com or the great indoors store to enroll.*

NATIONAL KARASTAN® MONTH visit us now for great savings!

See store for details. Offer good thru 10/31/11.



HOT BUY \$519.99

final price queen set
Sealy® Hartline Ti after event savings per set Reg. 1299.99 Other sizes available.

50% off mattress sets

plus 10% event savings on mattress sets \$499 or more. Additional 10% off good thru 10/10/11.

plus even more offers in-store. See Store Associate for details.

up to \$1000 instant savings on Serta® Perfect Day mattress sets Savings range \$400-\$1000. Offer good thru 10/10/11.

FREE down blanket by mail with the purchase of any Stearns & Foster® mattress set

A \$100 value. Offer good thru 10/20/11. While quantities last. See store for details.



Free iPod Nano

by mail with the purchase of any Serta iComfort mattress set. A \$149 value. Offer good thru 10/10/11. While quantities last. See store for details.



Novi 44075 12 Mile Rd. 248-679-1000

www.thegreatindoors.com • for local store events visit www.thegreatindoors.com/storeevents

Offers good thru 10/10/11 unless otherwise noted. Valid only at The Great Indoors stores and at www.thegreatindoors.com. Offers exclude installation services. Everyday Price items. Great Price items. clearance/closeout, open box merchandise, special order kitchen, bath and decorative hardware fixtures, Weber, Viking, DCS, clearance grills, Serta Gazelle & Comfort mattresses, Sealy Abacus & Hartline Ti mattresses, Aga, All Clad, Asko, Bertazzoni, Best, Casablanca, Dacor, DCS, Dyson fans, Dyson vacuums, Electrolux, Electrolux Icon, Fisher & Paykel, GE Monogram, Henckels, Hunter Prestige, Jenn-Air, Le Creuset, Kichler products online, Liebherr, Marvel, Miele, Minka Aire, Monte Carlo Select, Thermador, U-Line, Vent-A-Hood, Viking, Zephyr and Karastan carpets and rugs. Limited offers and special purchases excluded from merchandise only. The Great Indoors shall not be held liable for errors. CONTRACTORS LICENSE NUMBERS: The following license numbers are held on behalf of The Great Indoors: AZ (Gen. Comm. Contr. Lic. ROC #1601778-1 and Gen. Res. Contr. Lic. ROC #1601788B); CA (Contr. Lic. #797513); MD (MHIC 321-47); MI (Res. Bldr. #2101175210); VA (Class A Contr. 2705 057009). Services and installation performed by The Great Indoors authorized licensed contractors. *Shop Your Way Rewards® offer not valid on Viking appliances in the State of Arizona. Members earn Points on Qualifying Purchases excluding sales tax and other fees. Subject to full program terms available at www.shopyourwayrewards.com. Must maintain a valid email address and remain opted-in to receiving promotional emails from Shop Your Way Rewards™ to earn Bonus Points.



Salem High School cheerleaders with a poster thanking the local businesses who made the after-party a success.

Seminar focuses on finding ancestors

The Livonia Civic Center Library and the Western Wayne County Genealogical Society will have Barbara Vines Little, a Certified Genealogist and a Fellow of the Virginia Genealogical Society, as the presenter at a day-long genealogy seminar Saturday, Nov. 5.

The seminar, "Finding that Elusive Ancestor" will be 8 a.m. to 5 p.m. at the Livonia Civic Center Library 32777 Five Mile, east of Farmington, Livonia. From finding that lost female ancestor to re-creating your ancestor's neighborhood, to finding un-indexed loose records and solving that one research problem, it will have something for every level of genealogy experience.

Little has been a professional genealogist since 1982. She specializes in Virginia record sources, land platting, neigh-

borhood reconstruction, as well as complete genealogies, lineage society applications and problem-solving.

She is a former president and board member of both the National Genealogical Society and the Virginia Genealogical Society, editor of the quarterly *Magazine of Virginia Genealogy*, author of *Virginia Genealogy in the States - Research in West Virginia* and former editor of the bi-monthly *Virginia Genealogical Society Newsletter* and *MidAtlantic Germanic Society's newsletter, Der Kurier*.

Seminar topics include "Identifying Women: The Ultimate Brick Wall," how to locate and decipher the clues that help us identify the unnamed women in our family tree; "Re-creating Your Ancestor's Neighborhood," how to use maps, land plats,

taxes and other records to put an ancestor on the land and identify his neighbors; "Chancery Records: The Secrets They Hold, The Families They Reveal," how to find these un-indexed loose records and how to interpret the information in them, and "Correlating Evidence," techniques for correlating genealogical evidence and demonstrate the power of correlated evidence in solving research problems.

The seminar costs \$27 per person, if preregistered by Oct. 27. If space permits, walk-in registrations will be accepted. After Oct. 27, the cost will be \$35 per person. A box lunch, which includes a sandwich, salad, chips, fruit, dessert and a drink, will be available for \$7.

For more information call Sue Cromwell at (248) 477-5846.

Party greets victorious Rocks

The Salem Rocks had a football party on the field Friday in their 42-7 pounding of South Lyon.

And when they were done, they were greeted by a party of a different kind, an after-party featuring a variety of food and high spirits for some 200 football players, coaches, cheerleaders, staff and parents in attendance.

Plymouth and Canton businesses and restaurateurs who made the after-party a success included Compari's, Happy's Pizza, The Roc (formerly Bolders), Benigan's, Lee's Chicken, E.G. Nick's, Pot Belly, Crow's Nest, Max & Erma's, Domino's Pizza, Subway, Mexican Fiesta, Red Olive, Buffalo Wild Wings, Unique Piz-

za, Palermo, Chili's, Village Coney Island and Outback.

"We want to thank all of the great businesses and restaurateurs who made this event possible with substantial gifts to the party," said Kathleen Nordstrom, who helped organize the event. "It was a wonderful time and such a great display of community spirit."

Chef plans Saturday cooking demo in downtown Plymouth

Reva Constantine, the chef at Joe's Produce Gourmet Market in Livonia, will offer a cooking demonstration at the Plymouth Farmer's Market on Saturday.

Constantine will prepare a seasonal dish and talk with the audience about cooking techniques. The demonstration, scheduled for 10 a.m., should last about an hour.

It will take place on



Constantine

in partnership with Distinctive Appliances, a distributor of the Viking appliance brand. "We have a great chef, and we can't wait to share our passion about season-

al food and cooking with all who attend," said Joe Maiorana Jr., the proprietor of Joe's Produce, in a press release.

Joe's Produce opened in 1967, but has its roots in an apple orchard on Seven Mile that Maiorana's grandfather, Gaspere, bought in 1945. Joe's features produce as well as cheeses, wines, specialty grocery items, catering and its own bakery.

By Matt Jachman

NOTICE OF PUBLIC HEARING
CHARTER TOWNSHIP OF PLYMOUTH
PLANNING COMMISSION

PROPOSED ACTION: Request Approval of a Class A Non-Conforming Designation
DATE OF HEARING: Wednesday, October 19, 2011
TIME OF HEARING: 7:00 pm
PLACE OF HEARING: Plymouth Township Hall, 9955 N. Haggerty Road

NOTICE IS HEREBY GIVEN that the Planning Commission of Plymouth Charter Township has received an application requesting APPROVAL OF A CLASS A NON-CONFORMING DESIGNATION for a Drive Thru Building Addition in the Ann Arbor Road Corridor District (ARC), on Tax ID R-75-063-04-0001-000 pursuant to Zoning Ordinance No. 99, Section 27.3. The property is located North of Ann Arbor Rd, South of Winesap, East of I-275, West of Tavistock Circle.

Application: 2057-0911 Applicant: Phil Haddad

LEGAL DESCRIPTION: For parcel description, see tax records based on Tax ID No. R-75-063-04-0001-000.

The application may be examined at the Plymouth Township Division of Public Services, Community Development Department, during regular business hours from 8:00 AM to 4:30 PM. Written comments will be received prior to the meeting and may be mailed to 9955 N. Haggerty Road, Plymouth, MI 48170 or call 734-354-3270, extension 6. The meeting will be held in the meeting room at Township Hall which is located at 9955 N. Haggerty Road, Plymouth, MI 48170.

PLEASE TAKE NOTE: The Charter Township of Plymouth will provide necessary reasonable auxiliary aids and services, such as signers for the hearing impaired and audio tapes of printed materials being considered at all Township meetings to individuals with disabilities at the meetings/hearings upon one week notice to the Charter Township of Plymouth by writing or calling the Supervisor's Office, 9955 N. Haggerty Road, Plymouth MI 48170. Phone 734-354-3201. TDD users: 800-849-3777 (Michigan Relay Service)

KENDRA BARBERENA, SECRETARY
PLANNING COMMISSION

Published: October 6, 2011

ENJOY TWO GREAT EVENINGS OF TOP ENTERTAINMENT!

The Village Theater at Cherry Hill Presents

MASTERS OF MOTOWN

Friday, October 7 at 8 p.m.

Celebrate this amazing music featuring stylishly costumed, fully choreographed tributes to "Motown greats" like The Four Tops, The Temptations, Smokey Robinson & The Miracles, Diana Ross.

Tickets: \$30; Use coupon code: "MTOWN" to receive \$5 off when you purchase tickets online at www.cantonvillagetheater.org

Join us for an unforgettable Sweetest Day!
Celebrate the Music of Rod Stewart

"You're In My Heart"
Featuring Danny D & The Vagabonds
Saturday, Oct 15 at 7 p.m.

Special Concert to Benefit the Partnership for the Arts & Humanities ~ Sponsored by Western Wayne Urgent Care
Includes one-hour pre-show reception featuring: appetizers from Main Street Catering and Fat Chef in a Little Coat; desserts from Mary Denning's Cake Shoppe and Carolyn's Cocktail Desserts; with specials and services from Showroom of Elegance, Indigo Salon & Day Spa and Ribar Florist. Visit www.partnershipforarts.org for gala details
Tickets: \$30; \$25 for groups of 15 or more

Village Theater AT CHERRY HILL

The Village Theater • 50400 Cherry Hill Road • Canton
To purchase tickets to these electrifying concerts or for additional information, please visit CantonVillageTheater.org or call 734/394-5300

STATE OF MICHIGAN
COUNTY OF WAYNE
CHARTER TOWNSHIP OF PLYMOUTH

ORDINANCE TO AMEND THE PLANNING COMMISSION ORDINANCE

SUMMARY OF ORDINANCE NUMBER C-2011-07

AN ORDINANCE TO AMEND ORDINANCE NUMBER C-2011-04 ESTABLISHING THE NUMBER OF PLANNING COMMISSIONERS FOR THE CHARTER TOWNSHIP OF PLYMOUTH PLANNING COMMISSION; PROVIDING FOR THE CONFIRMATION FOR THE ESTABLISHMENT UNDER THE MICHIGAN PLANNING AND ENABLING ACT, PUBLIC ACT 33 OF 2008, MCL 125.3801, ET SEQ., OF THE CHARTER TOWNSHIP OF PLYMOUTH PLANNING COMMISSION; PROVIDING FOR THE COMPOSITION OF THE PLANNING COMMISSION; PROVIDING FOR THE POWERS, DUTIES AND LIMITATIONS OF THE PLANNING COMMISSION; PROVIDING FOR REPEAL OF ANY ORDINANCE OR PARTS OF ORDINANCES OR RESOLUTIONS IN CONFLICT WITH THIS ORDINANCE; PROVIDING FOR PENALTY; PROVIDING FOR PUBLICATION AND EFFECTIVE DATE.

THE CHARTER TOWNSHIP OF PLYMOUTH ORDAINS:

Section 2, Establishment of the Charter Township of Plymouth Planning Commission Ordinance, Ordinance Number C-2011-04, is hereby amended to read as follows:

Section 1. Scope, Purpose and Intent. Unchanged.

Section 2. Establishment. This section provides for the establishment of the Planning Commission.

Sections 3 through 12. All remain unchanged.

Section 13. Violation And Penalty. This section provides that any person, or entity that violates the provisions of this Ordinance shall be guilty of a misdemeanor and may be fined not more than Five Hundred (\$500.00) Dollars or imprisoned for not more than ninety (90) days, or both, at the discretion of the Court.

Section 14. Repeal. This section provides that all Ordinances or parts of Ordinances in conflict herewith are hereby repealed only to the extent necessary to give this Ordinance full force and effect.

Section 15. Severability. This section provides that any unenforceable section can be severed from the rest of the Ordinance.

Section 16. Savings Clause. This section provides that adoption of this Ordinance does not affect proceedings, prosecutions for violation of law, penalties and matured rights and duties in effect before the effective date of this Ordinance, as amended.

Section 17. Publication. This section provides that the Clerk for the Charter Township of Plymouth shall cause this Ordinance to be published in the manner required by law.

Section 18. Effective Date. This section provides that this Ordinance shall take full force and effect upon publication.

Copies of the complete text of this Ordinance are available at the office of the Charter Township of Plymouth, 9955 N. Haggerty Road, Plymouth, Michigan 48170, during regular business hours.

Joe Bridgman, MMC
Township Clerk

Introduced: September 13, 2011
Adopted: September 27, 2011
Effective: October 6, 2011
Published: October 6, 2011



PHOTOS BY JOHN STORMZAND | STAFF PHOTOGRAPHER

Rick Bloom gave a financial seminar for seniors at the O&E sponsored Senior Fall Health & Living Expo held Tuesday.

Many enjoy O&E's health 'expo'-rience

By Stacy Jenkins
Observer Staff Writer

You might say seniors Shirley Friedman, Pearl Stephenson and Harley Wood enjoy expo-hopping.

The Oak Park residents were spotted at Tuesday's third annual Senior Fall Health & Living Expo, sponsored by the *Observer & Eccentric/Hometown Newspapers*, at the Wayne State University Oakland Center in Farmington Hills.

"We love the expos," Friedman said. "They're so entertaining and you can look around and get a lot of little things you need."

The trio had been to a senior expo Monday in Royal Oak and they have their eyes out for others happening in the area.

"I think there's a big market for things for senior citizens — and this gives seniors the opportunity to talk to the vendors," Stephenson said.

The expo included more than 40 vendors, representing everything from health service providers to senior retirement communities and more. Health screenings, including spinal checks and oral health checks, were also available.

This year's expo included free seminars on estate planning, identity theft protection, insurance planning and investment strategies.

Baby Boomers learned how to maximize their retirement income in a seminar led by O&E financial columnist Rick Bloom, of Bloom Asset Management in Farmington Hills.

Katie D'Avanzo and Samantha Moery were on hand from the Farmington Family YMCA, to let seniors know about the many exercise classes and water aerobics programs that are offered, as well as the SilverSneakers program at the Y.

SilverSneakers fitness program is designed especially for older adults, and is included as a covered benefit

by many health insurance plans. More information is available at www.silver-sneakers.com or at (888) 423-4632.

Moery said they're grateful to have been a part of Tuesday's expo, so they could share the information with a lot of people.

"We have something to offer the senior community that maybe they weren't aware of before," she said.

Kristine Anderson, community outreach coordinator for Fox Run retirement community in Novi, was among the vendors at the expo.

"We had a very nice turnout," she said. "People who come to these types of events are good planners."

She noted that this is a good thing for Fox Run, since planning is part of the decision to move into a retirement community.

Geraldine Hall, of Clawson, enjoyed taking a break with friends at the expo.

"I loved it," she said. "I like the different vendors and I like picking up all of the free information. I'll take it all home with me and read it later."

Sheldon Lubin, of Oak Park, was happy to say he was a big winner at the expo.

"I won movie tickets," he said, smiling.

Choya Jordan, expo organizer and marketing manager for the *Observer & Eccentric/Hometown Newspapers*, said this year's event was a success, drawing about 500 visitors.

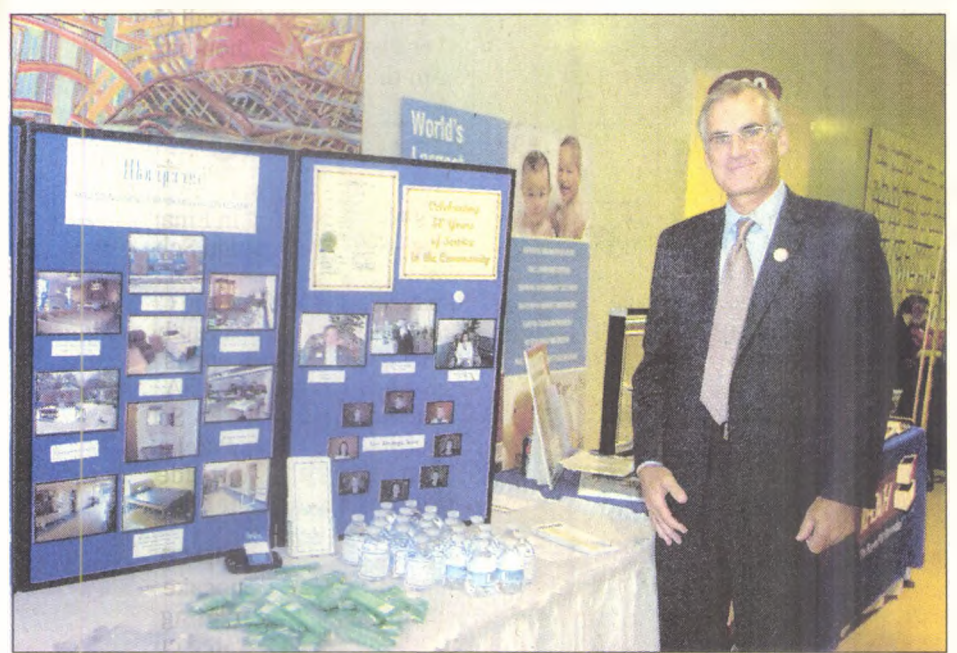
"The success was, in part, due to the Wayne State University Oakland Center, the wonderful vendors and the informative guest speakers," Jordan said. "Many of the attendees that I spoke with after the event indicated that they enjoyed many of the speakers and found the information very helpful. This is exactly the type of response that I hoped to hear."

sjenkins@hometownlife.com | (313) 222-2369

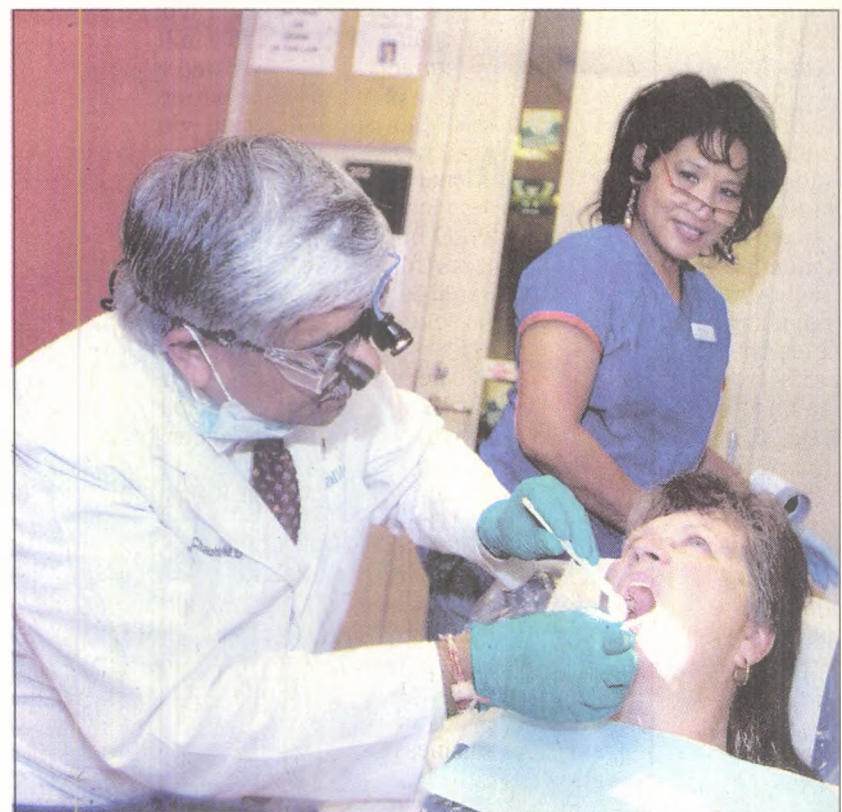
John Elkins of St. Mary Mercy Livonia Senior Services (at left) along with Dorothy and Bill Parmentie of Plymouth.



Sandra Johnson was a raffle winner at the expo.



Jim Reuschein, of Livonia, marketing consultant for Marycrest Heights Luxury Retirement Community, was one of more than 40 vendors at the expo.



Dr. Bharat Chauhan of Dental Works along with assistant Martha Grew and expo visitor Regina Iwata of Livonia. Oral health screenings were offered at the expo.

PLYMOUTH CHAMBER CHAT



Diners delight

A crowd of satisfied customers like these helped the Box Bar win the People's Choice Award for the best food at last week's Penn-Taste-Tic restaurant crawl, sponsored in downtown Plymouth by the Plymouth Community Chamber of Commerce. Other participating restaurants included Ironwood Grill, Panera, Perfectly Sweet/Boule, Sweet Afton Tea Room, E.G. Nicks, Compari's, Yogurt Palooza, Sweets 21, Cellar 849, Jimmy John's and Nico & Vali.

New member orientation

New members and new contacts are invited to an orientation at the Chamber of Commerce office at 850 W. Ann Arbor Trail noon to 1 p.m. Thursday, Oct. 6. Lunch will be served and attendees will learn how to maximize their memberships. If you are a new member or new to the Chamber and interested in attending, please contact the Chamber at teri@plymouthmich.org.

Coffee Connection

The next Coffee Connection, set for 8-9 a.m. Thursday, Oct. 13, is being hosted by Nico & Vali Italian Eatery. Enjoy a cup of coffee and breakfast treats while making new connections with other Chamber members. If you are interested in attending, call (734) 453-1540 or e-mail teri@plymouthmich.org.

Nico & Vali is located at 744 Wing St. one block east of Main St. There is no fee to attend this event.

Michigan Philharmonic

The orchestra opens its 2011-12 Season with The Red Violin featuring Anika Skalova on violin. The performance takes place at 7:30 p.m. on Oct. 8 at the Village Theater at Cherry Hill. Tickets are \$22-general, \$18-senior and \$10-student. Call (734) 451-2112 to purchase tickets.

After Hours

The Plymouth Community and Northville Chambers of Commerce will hold a joint After Hours at one of the area's most popular restaurants, Karl's Cabin.

This will give members from both Chambers the opportunity to meet each other in a relaxed setting, enjoying delicious food along with a cash bar. These

joint events with neighboring Chambers are always great opportunities to network with people who are right in our backyard.

There is no fee to attend this event; RSVP by Oct. 26 to teri@plymouthchamber.org or call (734) 453-1540. Karl's Cabin is located at 6005 Gotfredson.

Chocolate Affair

The Ladies Ancient Order of Hibernians is hosting this event to benefit First Step, the program for counseling and emergency housing for victims of domestic violence and sexual assault. The event begins with a luncheon followed by the Chocolate Affair featuring tastes of chocolates from area bakeries, restaurants and caterers. There will also be entertainment and prizes.

The event takes place at The Inn at St. John's (44045 Five Mile) on Oct. 9. The luncheon is from noon to 2 p.m. and the Chocolate Affair from 2-5 p.m. Tickets are \$25.00 for the luncheon and \$25.00 for the Chocolate Affair or \$45.00 for both. Call Barb at (734) 453-1459 for ticket information. Sponsorships and Advertising opportunities are also available.

Drop-in theatre

The Plymouth Community Arts Council is offering theater classes for kids and adults through Dec. 12. Theatrical Movement and the Art of Improv (school-age thru adult); Learn to Love Auditions (school-age thru adult) and Introduction to Acting Techniques and Methods (age 10 thru adult). Classes are \$15 for members and \$18 for non-members.

For more information call (734) 416-4278 or visit www.plymoutharts.com/drop-in-theatre-classes.

PLYMOUTH BUSINESS BRIEFS

Business News

From the desk of the Plymouth Downtown Development Authority:

• Avenue Market will be celebrating its two-year anniversary during the entire month of October. Check out their Facebook page for weekly specials or stop by the store to see what's on sale.

• E.G. Nicks hosts a Sweetest Day Spectacular Sunday, Oct. 16, with Frank Sinatra & Dean Martin from Las Vegas. Dinner at 6 p.m. followed by the show for \$40 per ticket. Call (248) 473-7777 to reserve a seat.

• Bagel Fragel is expected to begin renovations for its new restaurant. Look for it to open in the former Jeff Zak Catering space within a couple of months.

• Forest Computer Solutions is holding computer classes for senior adults (55+ crowd) Thursdays 11 a.m. to 12:30 p.m. On Oct. 6, it's Computer Basics & E-mail; Oct. 13, Photos; Oct. 20, Facebook; Oct. 27, Skype and Google Plus. Classes are \$20 each. Call Forest Computer Solutions to sign up at (734) 259-8611.

Senior Investment Officer Joins Bank of Ann Arbor Team

Bank VP

Bank of Ann Arbor hired Sonia S. Patel as Senior Vice President & Investment Officer. Patel has more than 13



Patel

years of investment management experience. She began her career in 1998 at M&I Investment Management Corporation in Milwaukee where she worked as an analyst for its equity and fixed income mutual fund offerings. Most recently, after relocating to Michigan in 2003 and beginning employment with J.P. Morgan, Patel was an investment relationship manager at J.P. Morgan Asset Management in Detroit working with institutional clients. She was responsible for managing a \$1.7 billion investment portfolio which generated \$4.8 million in annual revenue.

"I am pleased to be in an environment where I can combine portfolio management with direct client interaction," said Patel. "The autonomy of working in a smaller, growth oriented and progressive banking environment where I can have a positive and direct impact on the overall growth and development of the business was also very appealing."

Patel holds a BBA degree in Marketing, Management, and International Business from the University of Wisconsin-Madison and earned

an MSc in Finance from the London School of Economics. In addition, she holds the Chartered Financial Analyst designation and is a member of the CFA Institute and the CFA Society of Detroit. Patel and her husband reside in Canton with their two sons.

Pink cupcakes

The Cupcake Station is creating specially-decorated cupcakes to support Breast Cancer Awareness. For the whole month of October, the store will bake chocolate and vanilla cupcakes frosted with pink or white buttercream and topped with a pink breast cancer awareness ribbon.

The Cupcake Station will donate \$1 for each Breast Cancer Awareness cupcake sold. All Cupcake Station locations will join in this effort and all proceeds will go to help local Breast Cancer Foundations.

Owner Kerry Johnson says, "Breast cancer touches everyone in one way or another," owner Kerry Johnson said. "We have friends battling it right now. This is just one way to show our support. We did the same thing last year and our customers really stepped up. It felt good to be able to help."

The Cupcake Station is located at 318 S. Main, across from Kellogg Park.

How to survive the new Facebook changes

By Jon Gunnells
Guest Columnist

The social media giant has done it again. This fall, Facebook began rolling out news feed and profile changes that are drastically changing the user experience. At first the new features and profile redesigns may seem overwhelming — here's what you need to know.

Facebook's first change among this redesign was the addition of the "ticker," which appears directly to the right of the news feed. When I first saw the ticker, I thought it was clunky and unnecessary, but paired with the other changes, the ticker makes great sense.

The ticker provides a more detailed list of activity than your newsfeed. It updates more quickly and includes mundane facts denoting every time a friend of yours listens to a song, comments on a status or watches a show through the Netflix app.

By putting these updates in the ticker, newsfeeds are still the default destination for important information, but even the newsfeeds have been tweaked a bit. Instead of having links to most recent stories, or top stories at the top of the screen, Facebook automatically updates both lists for you.

Most popular updates show up at the top of the screen, while the most recent updates are located directly below those. The most popular updates



Tech Savvy

Jon Gunnells

now, you will easily be able to spot them.

The most dynamic update Facebook made this time around is the complete redesign of the Facebook profile page, which is now being called "Timeline."

If you have already started using Timeline, you may know its unique capabilities. If you haven't started using Timeline yet, be prepared to be blown away.

As I write this tech column, I have been using Timeline for a week and I love it. The new configuration has allowed me to create a new cover photo, which is basically a giant profile picture. The space was big enough for me to customize my cover photo to include information about myself such as my Twitter handle and URL. Not to mention, it makes the profile look great.

With Timeline, users are encouraged to upload their own cover photo (in addition to a profile photo) and start populating major events in their life and placing them on their Timeline. Since I have been on Facebook since 2004, my last seven years of Timeline were filled out.

Of course, I still had to filter through those seven years of posts, photos and videos to denote which ones I wanted to show on my Timeline.

Each person has complete control over their Timeline and can choose which items to show and which items to hide. All items are automatically applied to the Timeline just as they would to your profile.

The only privacy settings that have now changed are the settings that involve ticker. Facebook ticker privacy settings default to let everyone see your friend activity. You can customize those privacy settings by only allowing friends or friends of friends to view your activity (to do so, click on the account settings tab).

You may have already heard rumors about how the new Facebook means less privacy for users, but users still have complete control over their privacy settings.

Facebook is not making your data public, it isn't selling information to third parties and it has no plans to charge users.

Now that you know the truth about the Facebook rumors and what the new profile and newsfeed changes mean to you, it's time to go edit your own Timeline.

Jon Gunnells, a Northville Township resident, is a social media planner at a Detroit-based advertising agency. He can be reached at jonathan.gunnells@gmail.com. Follow him on Twitter @GunnSh0w.

Abbey Park

INDEPENDENT SENIOR LIVING

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SPECIAL
Save \$400 Per Month
For The First 12 Months
At Abbey Park.
Offer not available at Grand Blanc location.
Expires 11/30/11.

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Including services and style to rival a fine hotel

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- Luxurious Dining Room
- Coffee Shop
- Game Room
- Billiard Room
- Exercise Room
- Library
- Computer Room
- Beauty/Barber Shop
- Country Store
- Chapel
- Movie Theater
- Planned Activities and Outings
- Beautiful Indoor Lounge Areas
- Outdoor Court Yard

Our Extras Make the Difference

Services You Need	What You Can Expect at Abbey Park
Affordability	Monthly rental fee includes heat, central air, water, electricity, housekeeping services, two meals and 24-hour staffing. Veterans and surviving spouses may qualify for the VA Aid & Attendance Benefit.
Daily light housekeeping	We make the bed and take out trash everyday
Nutritious meals*	Continental breakfast and choice of lunch or dinner are included
Laundry service	We wash bed linens and towels every week
Full cleaning service	We vacuum, mop, dust and change linens every week
Transportation	Scheduled chauffeured transportation for doctors appointments, dinner and casino trips
Security	We provide 24-hour staffing, medical monitoring and the reassurance of a full facility generator
Professional care	Medicare certified services, physician visits, physical therapy, podiatry, hair salon available
Warm & friendly caregivers	From morning housekeeping to evening dinner service, your parents are attended by our caring staff
An active social life	Full time activity directors offer trips, games, and entertainment
Friendship	A vibrant community of seniors enjoy ice cream socials, movies, Happy Hour and live entertainment

For more information, please call:

Grand Blanc
at Genesys Health Park
3221 E. Baldwin Rd.
Grand Blanc, MI
(810) 606-1110

Lyon Township
Across from Coyote Golf Club
28413 Abbey Lane
New Hudson, MI
(248) 437-6550

www.abbeypark.com Find us on Facebook

*Rate quoted is applicable to a one bedroom, one bath apartment. This final blowout rate includes a special discount of \$400 applicable for first 12 months of residence. This rate does not include fees for additional occupants or optional services. Prices, incentives and dining room meal bonus valid at Lyon Township location only.

OUR VIEWS

Prevention

Use week to make your fire safety plans

Since 1922, the United States and Canada have set aside the Sunday through Saturday period in which Oct. 9 falls as Fire Prevention Week. It was the Fire Marshals Association of North America that sponsored the first National Fire Prevention Day in 1911, deciding to observe the anniversary of the Great Chicago Fire of 1871 as a way to keep the public informed about the importance of fire prevention.

One hundred years later, fire services around the country including here in Plymouth, are doing what they can to educate the public about fire prevention. Unfortunately, in Plymouth Township, the very popular fire department open house has been cancelled this year. It's tough to believe it's not the victim of political fallout from the debate over what should happen with the department.

Regardless of the reason, cancelling the annual open house, which drew hundreds of people, is a mistake. For the few dollars spent, it got tremendous bang for its buck.

Having said that, the message of protecting your family from fire is an important one. Just this past weekend, three people died as the result of a house fire in Oak Park.

The statistics tell it all. According to NFPA, on average, seven people die in home fires every day. Adults age 65 and over face the highest risk of fire death. Records for 2009 show that one home structure fire was reported every 87 seconds, and in the United States fire departments responded to 362,500 home structure fires, which caused 12,650 civilian injuries, 2,565 civilian deaths, \$7.6 billion in direct damage.

While the focus of this year's Fire Prevention Week will be on safe cooking, the importance of smoke alarms and home fire escape planning, the underlying message is for residents to take responsibility for fire safety in their own homes. Statistics show why that's so important:

- Cooking equipment is the leading cause of home structure fires and associated injuries, and was tied for the third leading cause of home fire deaths. Unattended cooking was by far the leading cause of these fires.

- Roughly two-thirds of home fire deaths happen in homes with no smoke alarms or no working smoke alarms. About one in five smoke alarm failures was due to dead batteries. Working smoke alarms cut the risk of dying in reported home fires in half.

- Less than one-fourth of Americans have both developed and practiced a home fire escape plan. Almost three-quarters of Americans do have an escape plan; however, less than half actually practiced it.

One-third of Americans households who made an escape plan estimate they would have at least six minutes before a fire in their home would become life-threatening. Recent studies have shown that fires are growing bigger and moving faster because of the amount of man-made products we are putting in our homes. Common items, such as upholstered furniture, carpeting, plastic audio/video media and toys, all contribute to intense fires. It can take less than three minutes for a room to flashover, which is when all of the exposed surfaces of all combustible materials within the room are ignited.

Winston Churchill once said that "he who fails to plan is planning to fail." No truer words have been spoken when it comes to home fire escape planning. Determining who will be responsible for young children, older adults and others who may need assistance is part of creating a home fire escape plan that works best for your household. Practice it regularly so that everyone knows what to do when the smoke alarm sounds.

Taking responsibility for your family's safety is important every day of the year.

Fire Prevention Week begins Sunday. We urge you to take some extra time to ensure smoke alarms are working and practice a home fire escape plan. Do it for yourself, do it for family. Fire safety is everybody's job.

COMMUNITY VOICE

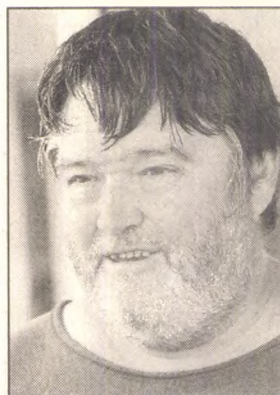
There's talk among some lawmakers of making Michigan a so-called right-to-work state, which would mean workers at companies with unions would not be forced to join them. Would you be in favor of such a policy?"

We asked this question at the Plymouth District Library.



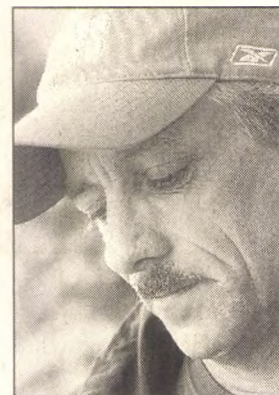
"I think it's personal choice, for the most part. ... I'm a nurse and I choose to work in a hospital that doesn't have a union."

Sharon Griffin
Plymouth



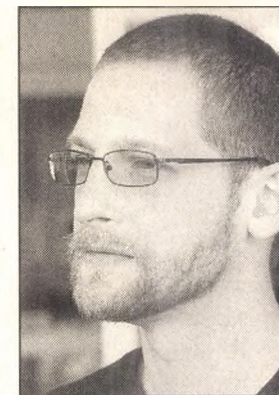
"I think we need unions. I think we need more labor protection."

Earl H.
Canton Township



"Yeah. 'Cause I always want to work."

Kevin Masterson
Plymouth



"Yeah, I think I would. ... I think the (union) organization's a little outdated. It's a great force, but, if anything, I think it needs more revamping."

Grant Higgins
Plymouth Township

LETTERS

Miracle League success

I would like to take this opportunity to thank all the wonderful people and organizations that worked tirelessly to make The Miracle League of Plymouth a reality for 63 special ball players this fall.

We began the season with some apprehension, wondering if our daughter, Ally, would really enjoy playing baseball. Now I am not sure how we will make it through the long winter months without this wonderful Saturday activity! I know she can't wait until spring season starts.

I cannot express the appreciation my husband and I have for our daughter to have such a wonderful opportunity to be a player instead of a spectator. Ally has watched her sister's swim meets and soccer games over the last 15 years, playing the role of a cheerleader. The roles have now switched, and it's hard to say who is having more fun — the fans or the players!

Again, thank you to all of you who made a miracle come true for these special kids!

Pam McLean
Plymouth

Trustee vendetta

After attending the 9-27-11 Plymouth Township trustees meeting, it's more than obvious that the Plymouth Township Board of Trustees has a huge "revenge" vendetta against the fire department.

They don't care about what the residents want, they only want revenge! Treasurer Ron Edwards lost his temper on more than one occasion. Trustee Kay Arnold (in a vengeful statement) stated "it's too little, too late" (regardless of the \$330,000 concessions that the firefighters have offered; and the 3,500 township resident signatures that were filed asking for a ballot referendum). And yet they're "hiring" police officers!

Retired circuit judge Marvin Stempien asked the board to keep the current fire service intact.

Resident Chris Hall asked them to simply put it on the ballot (which is within their power) and let the voters decide. They're afraid that the voters will vote to keep the current fire department intact.

Supervisor Richard Reaume stated that he had received "one" letter from a senior citizen, asking for their taxes not to be raised.

Treasurer Edwards stated that he has people coming into his office "all the time" asking that their taxes not be raised. He didn't provide 3,500 names of any of them.

WHAT DO YOU THINK?

We welcome your Letter to the Editor. Please include your name, address and phone number for verification. We may edit for clarity, space and content. Submit letters by the following formats:

Web: www.hometownlife.com

Mail: Letters to the Editor, Plymouth Observer, 615 W. Lafayette, Second Level, Detroit, MI 48226

Fax: (313) 223-3318

E-mail: bkadrich@hometownlife.com.

Blog: You may also let your opinions be heard with your own blog at hometownlife.com.

Deadline: Letters should be received by 9 a.m. Monday to be published in the Thursday edition.

Elections: Political letters that will be published in the Nov. 3 edition before the Nov. 8 election because candidates have no opportunity to respond.

Tom Kelly
Plymouth Citizens Action Committee

Questions MEA vote

The MEA leadership revealed its board endorsements last week, saying it wants a new direction for the board. Their endorsement of John Jackson speaks otherwise.

It is obvious the MEA wants the board power to stay exactly where it is right now. Anyone who ever publicly disagreed with the actions of the Gang of 4 was eliminated from consideration before their MEA interview ever even happened. Unfortunately, the selection of John Jackson brings all the MEA endorsements into question.

Who do you want on your board? Someone who has no opinion on the past year's actions, or someone who has said "no more?"

Tina Pierzynski
Plymouth

No status quo

While the union may be happy with John Jackson's performance this year, he has been anything but good for taxpayers. His mishandling of the superintendent's contract cost the district hundreds of thousands of dollars at a time when the district's budget, under his leadership, is facing unprecedented deficits.

He signed off on two teacher contracts, neither of which resulted in real concessions over and above those required by law. No wonder he won the union's endorsement!

Moreover, John Jackson has breached the trust of three fellow board members by going behind their backs to get agreements ahead of time on important issues, and then blindsiding them at public

meetings. Jackson's behavior has brought shame and disrespect to the entire district with his vindictiveness and his "my way or the highway" leadership style. His biggest victims are we, the taxpayers.

There are 11 non-incumbent candidates to choose from Nov. 8 to fill four open seats. A few of these candidates have devoted many years of their lives to making this district a better place and have no agenda other than to improve the schools. Do your homework and find out who they are. Please don't vote for the status quo, no matter where you fall on the political spectrum.

A wise person once said, "If I keep doing what I've always done, I'll always get what I always got."

Nancy Conzelman
Plymouth

Historical thanks

On behalf of the Canton Historical Society, I would like to take this opportunity to thank a number of organizations which made our Sept. 18 fundraiser — Brew, Brats and Bands at the Barn — a huge success.

First, I need to recognize all the effort and hard work that John Pardington and specifically Chris of Canton's Holiday Market. It is wonderful to live in a community where businesses such as theirs continue to offer support. Next I would like to thank Liberty Street Brewing Co. of Plymouth for being a sponsor and serving up some of the best beer made in this area.

Canton Townships Leisure Services Department was also very helpful and without its volunteers and staff helping set up and tear down this event, it would not have been nearly as successful. Finally, I would like to thank all of the guests of our event and I would like to extend an invitation to everyone to next year's event Sept. 15.

Cheers.

Gregg G. King
Canton Historical Society

Union factor

"Jobs" are not being honestly discussed. The current administration supports organized labor to the extent that small businesses fear being managed by union stewards. Politicians know the backlash of picket lines and hesitate to speak out, but competitiveness is hindered when managed by labor.

President Reagan fired striking aircraft fitters and business expanded immediately. This action is rarely discussed today — labor might be offended.

Hank Borgman
Farmington

PLYMOUTH
OBSERVER
A GANNETT COMPANY

Brad Kadrich,
Community Editor
Susan Rosiek,
Executive Editor

Grace Perry,
Director of
Advertising

We're out to prove canoeing Rouge River is no longer pipe dream

Did you ever wonder what Lewis and Clark must have been thinking as they embarked from St. Louis on their way into the great unknown and, ultimately,



Kurt Kuban

into the history books on one of the most ambitious explorations in the history of this nation?

Against major odds they mapped out most of the West as we know it — all the way to the Pacific Coast.

I've been pondering that question a lot lately. I'm also getting ready, along with a small group of people, to embark on what I think is an ambitious — though some might say crazy is the more accurate term — journey to map out a largely forgotten water course. Unlike Lewis and Clark, though, I'm not talking about in some far away place. Our goal is to paddle and canoe route through the heart of Wayne County.

On Friday morning, we will put our canoes into the water near Beck Road in Canton Township and begin paddling east, until we get all the way to Dearborn — some 21.6 river miles later. If you're scratching your head wondering what body of water I could possibly be talking about, I'll dispose of the suspense: It's the Lower Branch of the Rouge River.

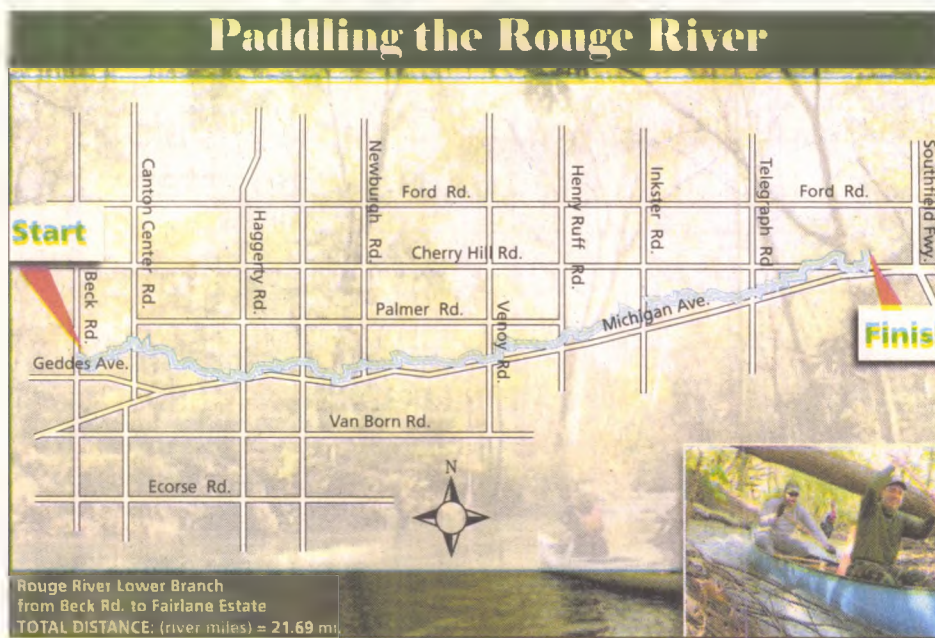
Dramatic changes

I realize many people, especially longtime residents to the area, may see the Rouge River as something to stay away from. That was once, not too long ago, probably true. But things have changed dramatically for the Rouge in recent years.

Led by the efforts of Friends of the Rouge, and countless volunteers, along with major municipal and federally-mandated improvements, the water quality of the Rouge is no longer something to fear in most parts of the watershed.

In fact, the very reason our group, which includes Friends of the Rouge members and some officials from Canton Township and the City of Wayne, is making this journey is to discover just how much of a recreational asset it is.

Canton Township officials certainly understand its value. The township has spent the better part of the last decade trying to reconnect its residents to the river. They have built an impressive trail system



along the Rouge, which is becoming more popular all the time, and they are very much interested in it becoming a canoe route as well.

Kind stewards

That can also be said for Wayne, which the river runs through east of Canton, on its way through Westland, Inkster, Dearborn Heights and finally Dearborn, where it empties into the Main Branch of the Rouge just downstream of Fair Lane — Henry Ford's impressive historical estate located on the campus of the University of Michigan-Dearborn.

Wayne, an older community dating back to the 1820s, wasn't always the kindest steward of the Rouge, but the community has in recent years completed many projects to limit the amount of pollution that enters the river. It too has a nice trail system along the Rouge. In fact,

the impetus of our trip has to do with a planned project to take out the only dam along the entire Lower Branch of the river, which lies under Wayne Road in downtown Wayne.

Friends of the Rouge and other Rouge River enthusiasts like myself see this dam removal project as an opportunity to tout the river's recreational possibilities. It's good news for the river, because it will allow fish communities to move up from the Detroit River all the way to headwater streams in Canton and beyond.

Some may find it hard to believe the Rouge River even has fish populations, but it is true. The Michigan DNR has conducted surveys of the fish communities throughout the Rouge system, and in many areas they are coming back strong and fairly healthy. Newburgh Lake, for example, is teeming with fish, including giant pike, wall-

eye, and catfish, not to mention plenty of panfish, which ice fishermen target each winter.

Salmon run

The Rouge River, to me, is even more exciting. A limited run of chinook salmon make their way up the river to spawn every fall — I know I've seen them in Wayne just downstream from the dam. In Canton, where the river is even cleaner, there are plenty of smallmouth bass, pike and even a thriving population of rainbow trout.

As the water quality continues to improve because of better management practices and reduced pollution, those fish communities will only get healthier. That is one of the main reasons the bevy of governments and organizations like Friends of the Rouge are targeting the dam for removal. The dam now prohibits all but the larg-

est, most persistent fish from getting up or down stream of it.

Once that dam is removed, it will also eliminate the only man-made impediment for canoeists to get from Canton all the way to the Detroit River. That's what our canoe expedition will try to determine — just how many impediments we're dealing with.

Much of the Lower Rouge, perhaps even most, is hidden away beneath a canopy of trees, out of sight for much of its path. So we're not even sure what we will find. I guess that's part of the excitement. We are breaking our trip up into three separate legs, beginning Friday morning at 10 a.m.

We will journey east from Beck Road to the Wayne County Department of Environment's office in Wayne just east of John Hix Road. Saturday morning, we will start back up there and make our way to Inkster Road, where there is a nice county-owned park in the city of Inkster. And on Sunday, we will go from there to the Ford Estate in Dearborn, where Henry and Clara Ford once even had a boathouse on the river.

Back in Henry Ford's day, it wasn't uncommon to see a canoe on the Rouge. We're hoping our own Lewis and Clark-like expedition convinces people that they could be a regular sight again. The communities that surround the Lower Rouge are home to more than a quarter million people. Yet, the river traverses a nat-

ural corridor that more closely resembles northern Michigan than a landscape of suburban sprawl. In Wayne, a group of volunteers including myself has been keeping the river open, and we have been able to canoe a number of years. In fact, Friends of the Rouge has been organizing a group float each fall, and in planning another on Oct. 29. Don't believe me, check out this YouTube video of a trip from a couple years ago: <http://www.youtube.com/watch?v=ELtSFLcZeqQ>.

We're out to show canoeing on the Rouge River is no longer a pipe dream. This is doable. This is our water. Why should we have to drive three or more hours north to be able to canoe or fish? We have a wonderful resource right here in our backyard. And we're out to prove it.

If you're interested in coming along — in a way — we are going to do our best to provide updates along our three-day journey on the river. Look for updates on the Hometownlife and Friends of the Rouge Facebook pages. We'll be posting some photos and writing about the more interesting things we encounter. While it won't be quite what Lewis and Clark found along their route, I have a feeling we will discover a few surprises.

Kurt Kuban is an editor with the Observer & Eccentric Newspapers and Hometown Weeklies. He welcomes your feedback at kkuban@hometownlife.com.

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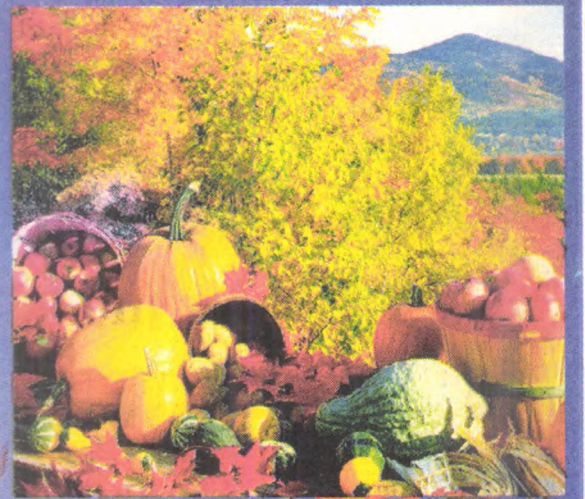
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Game on!

Anticipation growing for Friday's Canton-Plymouth grid clash

By Tim Smith
Observer Staff Writer

Anybody who calls the Plymouth-Canton school district home might want to buzz by The Park on Friday night.

At 7 p.m. Friday, two state-ranked varsity football teams kick it off at Plymouth-Canton Educational Park's varsity turf field. It promises to be an intense, all-hands-on-deck clash between Canton and the 2010 Division 1 finalist Plymouth Wildcats.

The Chiefs are coming into the KLAA South Division showdown after a shocking 27-26 loss Friday to Livonia Churchill, their only defeat of the season.

Meanwhile, the host Wildcats picked up where they left off in 2010, with a 6-0 record (already clinching a state play-off berth) and outscoring opponents by a staggering 262-48 margin.

By all accounts, the game figures to be must-see stuff — and that's underscored by Plymouth's upset 17-7 win to knock out Canton in the 2010 playoffs.

All business

"People want to try to play that revenge thing," Canton head coach Tim Baechler said. "We don't do that here. Redemption for sure. They played outstanding and we didn't play well."

"We'd like to redeem ourselves as far as how we play. But again, we don't talk about winning or losing, we just want



BILL BRESLER | STAFF PHOTOGRAPHER

Plymouth senior running back Donte Fox (No. 5) eludes Livonia Franklin defenders earlier this season. Fox could be a major thorn in Canton's side on Friday night.

to play well, and if it's well enough, the scoreboard should take care of itself."

Plymouth counterpart Mike Sawchuk, whose teams are 1-6 during the regular season against Canton (the Wildcats won 22-20 in 2007), is likewise taking a businesslike approach.

"We just prepare game by game," Sawchuk said. "We respect those guys over there. They do a great job and they've been doing a great job for years."

"So it's something that is a hurdle we have to get over and you just got to play tough, hard-nosed football to beat 'em."

Whatever happens Friday night will be in front

of a large crowd as the Plymouth-Canton football rivalry continues to build. To help ensure enough staff on hand to handle that crowd, the Salem-Livonia Stevenson contest at the P-CEP junior varsity field is starting two hours early at 4:30 p.m.

"People are finally waking up to it," Baechler said about the campus rivalry. "On the west side of the state this game would have been big like this all the time. Most of our games would be."

"But on this side ... I guess it's because people are busier, or for whatever reason, attendance at every game is not great

Please see CLASH, B2



Both Ryan Jones (No. 14) and Kevin Buford (No. 1) are Canton senior running backs with the capability to bust loose at any time.

SHOWDOWN AT P-CEP

What: Canton vs. Plymouth varsity football matchup.

When: 7 p.m. Friday at Plymouth-Canton Educational Park's varsity turf field.

Records: Plymouth brings a 6-0 record (4-0 in the KLAA Central Division), outscoring opponents by a 262-48 margin. Canton is 5-1, including 3-1 in the KLAA South; the Chiefs have tallied 248 points and allowed 105.

Last time: During the regular season in 2010, Canton whipped Plymouth 36-0. But in the second round of the playoffs, the Wildcats turned the

tables with a 17-7 victory, which ended the Chiefs' season.

Extra point: Their win over Canton fueled Plymouth's march to the Division 1 final at Ford Field. Canton is looking for "redemption" from that loss.

Keys to victory: Canton will need better blocking and improvement on special teams, which hurt in Friday's 27-26 loss to Livonia Churchill. Plymouth must "play assignment football" on the line of scrimmage and keep the Chiefs' home run hitters at bay, according to head coach Mike Sawchuk.

Renzi Invite set for Oct. 15

The third annual Kim Renzi Memorial Tournament will take place Saturday, Oct. 15, at Plymouth High School and more junior varsity teams are being sought.

The invite honors the memory of the late Kim Renzi, who coached the Plymouth freshman volleyball team in 2008 before being diagnosed with the cancer which eventually took her life.

As was the case over the last two years, there will be a silent auction, 50/50 raffle, T-shirts and more. Games will likely begin at 8 a.m. and continue into the mid-afternoon.

JV teams interested in participating are urged to send an e-mail to Todd Renzi (Kim's husband) at trrenzi@wowway.com.

Salem lacrosse info meeting

Thursday, Oct. 20, is the date for a player/parent information meeting for the 2012 Salem girls lacrosse team.

The meeting, which will be in Salem High School Room 2112 (next to the library), begins at 7 p.m. and will last approximately one hour.

Topics will include season fees, schedules and junior varsity/varsity tryouts for the 2012 spring season. Go to www.salemgirlslacrosse.com for more info.

YMCA hoops

The YMCA Fall and Winter Basketball leagues are now forming for children ages 4-11.

The fall session will run from Oct. 31 through Dec. 16, while the two-month winter session opens Jan. 16, 2012.

There will be one practice and one Friday evening game per week. Cost is \$75 for program members or \$107 for community members who register by the Oct. 14 deadline.

Sign up for both seasons before the fall deadline and receive a free YMCA gift. All participants need a YMCA youth sports reversible jersey (\$15). Programs are filled on a first-come, first-served basis, so hurry in. For more information on this season or other YMCA programs, visit its website at www.ymcadetroit.org or call the office at (734) 453-2904.

Warner lifts EMU to title

Senior Shannon Warner (Livonia Churchill) helped the Eastern Michigan University women's golf team capture the weather-shortened Nittany Lion Invitational held Sept. 30-Oct. 2, on the par-72, 6,229-yard Penn State Blue Course.

The tournament's final round was cancelled due to snow on the course.

EMU shot a two-day total of 300-297—597 to finish ahead of the 15-team field, with host Penn State and Longwood (Va.) tied for second at 599 each.

Warner, a transfer from Michigan State, tied for third individually with 74-74—148. The former Michigan Miss Golf recorded her lowest career 36-hole score, bettering 166 while playing for MSU in 2008-09.



JOHN KEMSKI

Plymouth senior libero Lindsay Stemberger (No. 3, pink jersey) and teammates are pumped up following a big play against Canton on Tuesday night. Stemberger was outstanding, but the Wildcats lost in five games.

Chiefs top hit parade

By Tim Smith
Observer Staff Writer

Bodies were flying all over the gymnasium Tuesday night as host Plymouth and Canton literally left it out on the floor in a hard-hitting KLAA South Division varsity volleyball matchup.

Canton senior Lauren Martin, for example, tumbled over a row of chairs on the sidelines where her teammates were seated in order to keep a play alive.

Going far and wide to do the same for Plymouth was senior libero Lindsay Stemberger.

And as is becoming customary when the two teams face each other, the contest went five grueling games before the Chiefs eked out a 16-14 win in Game 5 to win the match by a 3-2 tally.

"Everyone was 'no ball hit the floor,'" Martin said about the Chiefs' mindset for the entire match. "Everyone was going for everything, and we all got really excited."

The clinching game was tied 14-14 with Plymouth (25-6, 4-3) at the serving stripe. But

Please see SPIKERS, B3

'Cats tops at KLAA tourney

By Tim Smith
Observer Staff Writer

Perfect records and conference titles are becoming old hat for Plymouth's varsity girls golf team.

But head coach Chris Moore and the Wildcats aren't minding that one bit, following Monday's championship at the KLAA Kensington Conference Tournament at Pheasant Run Golf Club in Canton.

Plymouth won the tournament — fulfilling one of the team's top goals for the season — with a score of 337, while boasting the top two finishers (overall medalist Kelsey Murphy, 73, and runner-up Sarah Thompson, 79) and five all-conference members.



Plymouth varsity girls golf coach Chris Moore (back row, left) and the Wildcats celebrate after winning Monday's KLAA conference championship at Pheasant Run Golf Club in Canton.

That followed a 10-0 dual-meet record in the regular season for the third consecutive year.

"Each golfer came prepared to play," Moore said. "They all knew what it was going to take to win and today they

executed. We still have a lot of room for improvement when it comes to the mental aspect of the game."

"But we know that if we want to compete with

Please see GOLF, B2

Salem netters best at KLAA Tier B tournament

By Brad Emons
Observer Staff Writer

The Kensington Lakes Activities Association decided it needed a change in format for its boys tennis tournaments this fall.

The top three dual-match team finishers in each of the KLAA's four divisions — South, Central, North and West — squared off Saturday and Tuesday at Novi High. (Tuesday's results were not available at press time.)

Meanwhile, the remaining schools (places four through six) staged a 'B'

BOYS TENNIS

bracket tourney at Plymouth-Canton Educational Park, with host Salem capturing the team title with 23 points to edge Pinckney (22), Brighton (20) and South Lyon East (19).

Rounding out the 11-school field were Livonia Franklin, 10; Milford and Walled Lake Western, eight each; Westland John Glenn, seven; Wayne Memorial, five; Waterford Kettering, one; and Waterford Mott, zero.

Franklin garnered titles at No. 1 singles (Stephen Payne) and No. 2 doubles

(Connor Benson and Nick Munro).

Payne, a senior, was seeded second and defeated top seed Kevin Renehan of South Lyon East for the first time in his prep career, 6-3, 7-6 (7-1).

It was the 100th career victory at Franklin for the two-time Division 1 state qualifier.

Payne reached the finals without dropping a single game, defeating Jacob Scott of Salem and Tommy Ruark of John Glenn by identical 6-0, 6-0 scores.

Please see TENNIS, B2

STAFF GRID PICKS

Week 7	Wright	Smith	O'Meara	Emons
Thursday, Oct. 6				
Avondale (4-2, 3-2) at North Farmington (4-2, 4-2), 7 p.m.	Avondale	North Farmington	North Farmington	North Farmington
Farmington (4-2, 3-2) at Stoney Creek (1-5, 0-5), 7 p.m.	Farmington	Farmington	Farmington	Farmington
Harrison (6-0, 5-0) at Rochester Adams (4-2, 3-2), 7 p.m.	Harrison	Harrison	Harrison	Harrison
Friday, Oct. 7				
Stevenson (2-4, 1-3) at Salem (2-4, 1-3), 4:30 p.m.	Salem	Salem	Stevenson	Salem
Churchill (4-2, 2-2) at Franklin (3-3, 2-2), 7 p.m.	Franklin	Churchill	Franklin	Churchill
John Glenn (2-4, 1-3) at Wayne (0-6, 0-4), 7 p.m.	John Glenn	John Glenn	John Glenn	John Glenn
Canton (5-1, 3-1) at Plymouth (6-0, 4-0), 7 p.m.	Canton	Plymouth	Canton	Plymouth
Harper Woods (3-3) at Clarenceville (2-4), 7 p.m.	Clarenceville	Harper Woods	Clarenceville	Clarenceville
Luth. Westland (3-3, 2-2) at Hamtramck (2-4), 7 p.m.	Luth. Westland	Luth. Westland	Luth. Westland	Luth. Westland
Redford Union (0-6, 0-4) at Thurston (5-1, 4-0), 7 p.m.	Thurston	Thurston	Thurston	Thurston
Robichaud (5-1, 3-1) at Garden City (5-1, 3-1), 7 p.m.	Garden City	Garden City	Garden City	Robichaud
Last week	10-3	8-5	11-2	10-3
Overall	64-17	54-27	67-14	71-10

Steelers still unbeaten

The Plymouth-Canton Steelers' junior football league squads remained unbeaten after sweeping Belleville on Saturday, Sept. 24, at Central Middle School in downtown Plymouth.

The junior-varsity Steelers thumped the Tigers, 42-7, led by Mason Phillips' three touchdowns. David Dart anchored the winners' offensive line from his center position.

The defense was paced by Jared Golles, Nick Saker and AJ Brazelton (interception).

The freshmen Steelers blanked Belleville, 30-0. The offense was led by strong running from Carson Miller, Jake Cain and

YOUTH FOOTBALL

Charlie Shreve.

The junior freshmen generated 13 first downs against Belleville. Luke Janack opened the scoring with an 8-yard run. He later scored from 36 yards out.

Nate Cain contributed TD runs of 52 and 60 yards, while Garrett Geyer bulldozed in from 5 yards out.

Providing excellent blocking were Seth Lynn, Acelino Villarini, Michael Booher, Michael Polydoros, Colin McAuliffe and Simon Saveski.

Defensively, the Tafelski brothers — Aidan, Justin and Luke — all performed well.

CLASH

Continued from page B1

until the community decides it is."

Litmus test

Spectators will want to find out whether Canton quarterback Kyle Adams and the Chiefs' typical triple-back set (featuring any of Kevin Buford, Ryan Jones, Zac Merilat and Kendall Scott) can put a dent into a Tyler Goble-captained Plymouth defense that has given up just 48 points in six games.

It all comes down to the trenches, as far as Baechler is concerned. "That (efficient blocking) and the backs have to block for each other, too," he said. "That's what a lot of people up in the stands don't realize. It's not just the offensive line. Our backs have to fake and block better."

"But yes, we do have a lot of weapons. We have a lot of speed back there." According to Sawchuk, the best way for his team to keep Canton's big guns from running wild is for each defensive lineman to handle his job on each play.

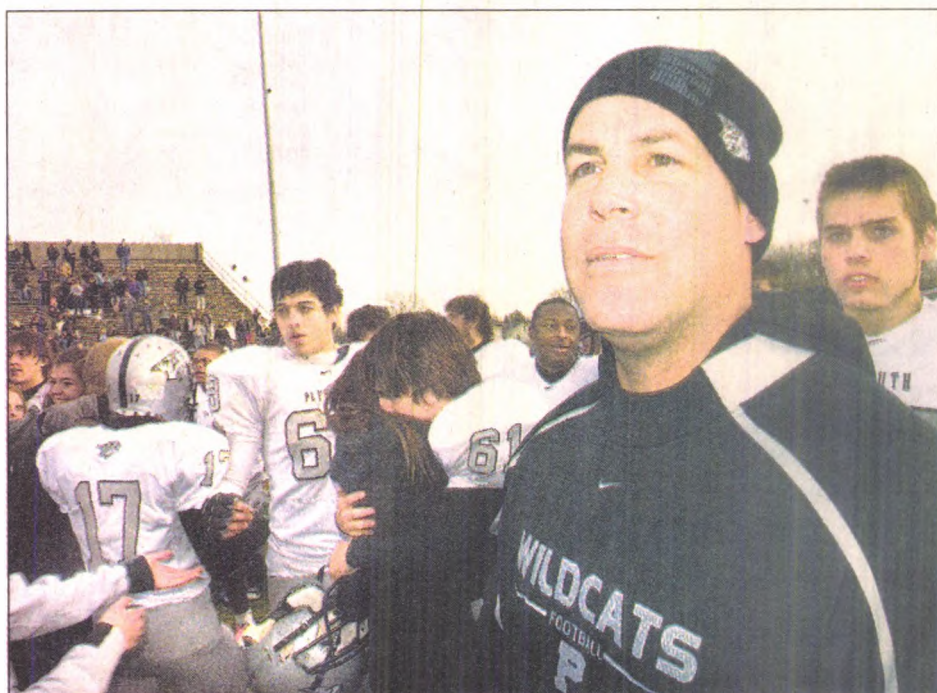
"They get you in the box and try to beat you up," Sawchuk said. So the first thing you got to do is match or overcome their toughness. You got to play assignment football. If you don't and deviate, they can break some long runs and big plays on you.

"We'll find out on Friday night. But we've been pretty tough so far. I'm pretty sure this will be our toughest game, our toughest litmus test."

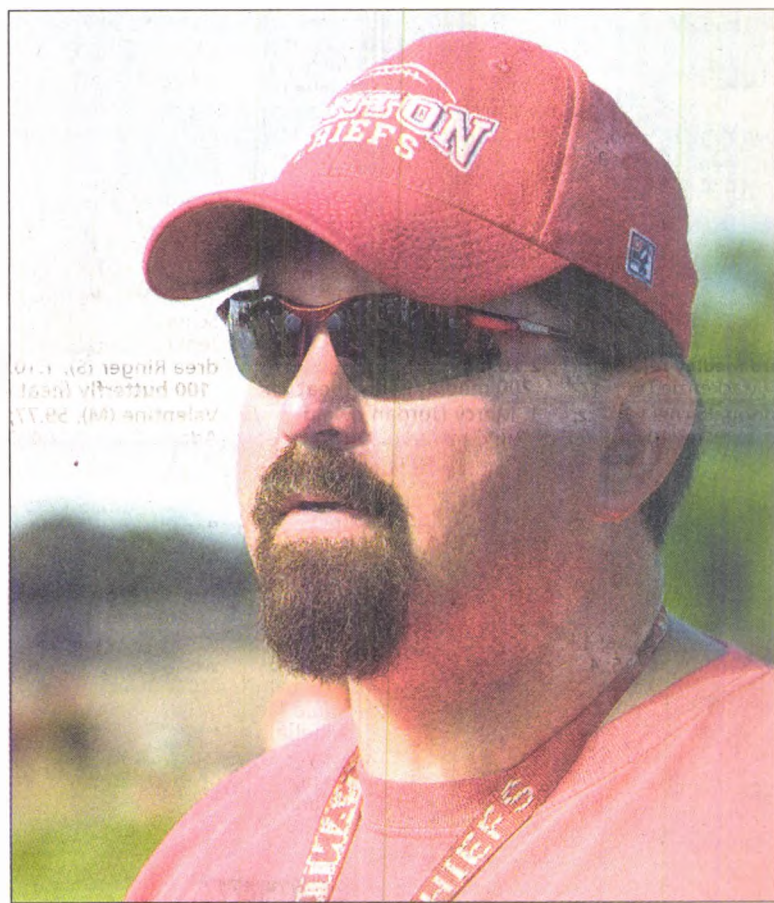
The Wildcats have plenty of offensive power, too, led by senior running back Donte Fox, senior quarterback Shaun Austin and a deep roster of talented receivers.

Back after it

Baechler said his team made some uncharacteristic miscues during the loss to Churchill, including a fumbled kickoff return, missed tackles in key moments and



Plymouth football coach Mike Sawchuk, shown in this file photo, is banking on his stellar defense as the Wildcats go up against Canton.



Canton football coach Tim Baechler expects his team to bounce back from last week's loss to Livonia Churchill when the Chiefs face Plymouth.

"botched" extra points. In subsequent meetings and practices, the Chiefs have been focused on the task at hand and not letting one loss getting the best of them, he noted.

"We had a good talk Saturday morning, a good talk last (Monday) night, a good walk-through last night," Baechler said. "We're still hurt, we're still a little angry about it and hopefully it helps us

jump up to another level of improvement."

Sawchuk is aware that the Chiefs might be a bit more testy than usual because of the loss to Churchill. He also sounded a bit disappointed that Friday's game wouldn't be between two undefeated squads.

"Obviously, we wanted them to be undefeated going into this game (and) for a couple reasons," he

said. "One, there's great kids here at the Park. Even with Salem, we want them to win, too."

"And two, a 6-0, 6-0 showdown is a lot of fun. But you know what? Sometimes a loss can really open your eyes and I'm sure they're going to be hungry, (they'll) come out and ready to play."

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TENNIS

Continued from page B1

Benson, a junior, and Munro, a freshman, went 4-0 on the day to win their flight despite not being seeded.

MHSAA rules allow only three matches in one

day except when three of those matches are straight-set wins, which Benson and Munro were able to accomplish.

After a 6-0, 6-0 win over a tandem from Kettering in the first round, Benson and Munro knocked off the second-seeded duo of Jesse Malinowski and Nick Skarrit of Milford,

6-4, 6-2, followed by a 6-3, 6-2 triumph over third-seeded Jordan Viaches and Harrison Kelbert of Brighton.

The Franklin duo then knocked off unseeded Mike Schmidt and Max Rose of Western in the finals, 6-4, 6-2.

In other Salem performances, Jake Sealy won

at No. 4 singles while the tandem of Amol Carvalho and Nick Ortiz was victorious at No. 4 doubles. Reaching the finals but falling short were Mike Kuem and Alek Zultowski at No. 2 and No. 3 singles, respectively.

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MEN'S PUBLINX GOLF

The Michigan Publinx Seniors Golf Association had its State Match Play Tournament Sept. 7-8 at the Huntmore Golf Club in Brighton.

The two day, 54-hole tournament, had five first place winners and 14 runners-up one championship scratch flight, one super senior scratch flight and three handicapped flights.

In the Championship Scratch Flight, Sam Nichols of Dearborn was the first-

place winner in a close final match, 2-up, over Mike Phillips of Bloomfield Hills. Kyu Kim of Bloomfield Hills won first place in the Super Senior Scratch Flight (age 65 and over).

The 19 match play winners are as follows (first place, three matches won and no losses; runner-up, two matches won and one loss).

Championship Scratch Flight — first place: Sam Nichols, Dearborn; run-

ners-up: Mike Phillips, Bloomfield Hills; Charles Mutz, Clarkston; Ron Zerner, White Lake.

Super Senior Scratch Flight — first place: Kyu Kim, Bloomfield Hills; runners-up: Jerry Fenby, West Bloomfield; Tom Ahern, Plymouth; Larry Brady, Shelby Township.

Flight 1 — first-lace: Jim Walainis, Bloomfield Hills; runners-up: Paul Kenzie, Plymouth; Terry Lanker, Rochester Hills; Bruce Jelison, Hartland.

Flight 2 — first place: Jim Derr, Dearborn; runners-up: Ron Williams, Auburn Hills; Bill Taylor, Northville; Dan Moore, Plymouth.

Flight 3 — first place: Mo Defever, Shelby Township; runners-up: Tom Kurczewski, Shelby Township; Don Masini, Plymouth.

The MPSGA's scramble and annual meeting will be Sept. 22 at the Links of Whitmore Lake Golf Club in Whitmore Lake. More information, see mpsga.org or call 734-207-7888.

GOLF

Continued from page B1

the best in the state, each golfer can't let their emotions get in the way."

No problem with that Monday, as the Wildcats were as cool as the other side of the pillow to edge South Lyon (343).

Chipping in

In addition to Murphy and Thompson, Kayla Whatley (91), Danielle Allen (94) and Sydney Murphy (95) all were named to the all-conference team.

Team captain Lindsay Dean finished with 100, but Moore said she hit the ball well but "she just was off a little bit with her yardages. She still did a good job to not let her round get away from her."

Murphy's first-place finish could have been even better, Moore said: "Kelsey had a great day with her ball striking. She just missed a couple of birdie putts which would have allowed her to finish under par."

Meanwhile, after Thompson registered

44 on the front nine, she bounced back with 35 over the final nine holes. "Her maturation over the past two years enabled her to have that great comeback," Moore said.

The other Wildcats battled, with Whatley's 91 a career best. Danielle Allen also did well, having "shown great improvement recently with her mental approach to the game."

Moore added that although Murphy did not have her best day, "she never gave up on her round, which shows a lot of maturity for a freshman."

The Wildcats also finished first at Saturday's Bedford Hills Tournament with a score of 331.

"It was a great win for us as we prepare for the regional tournament on Thursday at University of Michigan," Moore said.

Thompson placed second with a score of 76, followed by Murphy (third, 77), Murphy (22nd, 88), Allen (32nd, 90), Whatley (60th, 96) and Dean (64th, 97).

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GIRLS GOLF RESULTS

KENSINGTON CONFERENCE GIRLS GOLF TOURNEY

Oct. 3 at Pheasant Run G.C.
TEAM STANDINGS: 1. Plymouth, 337 strokes; 2. South Lyon, 343; 3. Northville, 364; 4. Livonia Churchill, 371; 5. Novi, 372; 6. Livonia Stevenson, 378; 7. South Lyon East, 397; 8. Canton, 399; 9. Livonia Franklin, 453; 10. Salem, 472; 11. Westland John Glenn, 498; 12. Wayne Memorial, 512.
Individual medalist: Kelsey Murphy (Plymouth), 73.

TEAM-BY-TEAM SCORING
Plymouth (337): Kelsey Murphy, 73; Sarah Thompson, 79; Kayla Whatley, 91; Danielle Allen, 94; Sydney Murphy, 95; Lindsay Dean, 100.

South Lyon (343): Caroline Harding, 81; Alex Fischer, 86; Lizzie Higgins, 87; Allison Ranusch, 89; Lauren Smith, 96; Sarah Thompson, 98.

Northville (364): Camilla Zhao, 84; Lindsey Matych, 86; Shannon Williams, 95; Bailey Winter, 99; Emily Foland, 100; Megan Ye, 101.

Churchill (371): Jordyn Shepler, 82; Nicole Kruse, 94; Maggie McGowan, 95; Jackie Burdette, 100; Taylor Cutting, 111; Claire Rose, 117.

Novi (372): Lauren Cojei, 85; Kathleen Koomen, 92; Katelyn Henry, 97; Ally Krick, 98; Hannah Wagenberg, 102; Anna Greulich, 113.

Stevenson (378): Becca Bubenheimer, 83; Mary Peltz, 96; Madie Omietanski, 97; Sarah King, 102; Laura Shureb, 108; Dana Smith, 132.

S. Lyon East (397): Elena Moore, 91; Brenna Bush, 97; Julie Helgemo, 104; Taylor Jones, 105; Sydney Jones, 112; Abbey Bullock, 116.

Canton (399): Paige Osler, 96; Kaylie Lobb, 100; Kelsey McDougall, 101; Chloe Luyet, 102; Rachel Pisanio, 106; Kayla Lagola, 117.

Franklin (453): Lexi Smith, 87; Kelsey Gregorio, 118; Ana Mozota, 122; Jamie Buchanczenko, 126; Kayla Buchanczenko, 130; Allison Karczynski, 162.

Salem (472): Gabby LeBlanc, 105; Christine Li, 110; Amanda Bennett, 123; Katie Vena, 134.

John Glenn (498): Michelle Bishop, 100; Olivia Cabildo, 115; Courtney Ditto, 124; Haley Aria, 135; Nicole Sherek, 148; Shay Jones, 150.

Wayne (512): Marion Castaldini, 121; Tera Williams, 123; Julie Thomson, 128; Alexis Shackelford, 148; Kaileen Horvath,

withdrew.

CATHOLIC LEAGUE GIRLS GOLF TOURNEY

Oct. 4 at St. John's G.C.
TEAM STANDINGS: 1. Bloomfield Hills Marian, 341 strokes; 2. Farmington Hills Mercy, 353; 3. Warren Regina, 367; 4. Livonia Ladywood, 372; 5. Ann Arbor Gabriel Richard, 389; 6. Bloomfield Hills Academy of Sacred Heart, 397; 7. Pontiac Notre Dame Prep, 417; 8. Dearborn Divine Child, 432.
Individual medalist: Macy Hudson (Marian), 77.

TEAM-BY-TEAM SCORING
Marian (341): 1. Macy Hudson, 77; 3. Kelly Lughamer, 83; 8. Ellen Manson, 89; 14. Bridget O'Hara, 93; 36. Carlee Bazil, 113; 44. Laurne Devine, 121.

Mercy (353): 2. Brenna Hammond, 79; 8. Eric Heath, 89; 10. Sarah Montone, 90; 19. Francesca Sovis, 95; 21. (tie) Allison Shaw and Gillian Hickey, 99 each.

Regina (367): 4. Tess Fredal, 83; 6. Natalie Didio, 87; 20. Sarah Cornwell, 98; 21. Letha Jones, 99; 26. Jessica Waldenmeyer, 103; 38. Lauren Vance, 114.

Ladywood (373): 12. Kayla D'Allesandro, 92; 14. (tie) Sara Evan and Michelle Nelson, 93 each; 17. Christina Briden, 94; 26. Katie Gubachy, 103; 38. Alex Parisot, 114.

Gabriel Richard (389): 7. Aspen Sims, 88; 11. Sam March, 91; 25. Ann Marie Reilly, 102; 33. Allison Pollock, 108; 34. Mackenzie Tulloch, 34; 47. Reagan Kanuit, 133.

Sacred Heart (397): 5. Sarah Dilts, 84; 26. Alisa Wilson, 103; 29. Elizabeth Fox, 104; 30. Emily Nash, 106; 38. (tie) Elizabeth Robbins and Kelsey Hildebrand, 114 each.

Notre Dame Prep (417): 17. Lexi Cipa, 94; 30. (tie), Kelly McElreath and Maddie Fiorini, 106 each; 35. Natalie Stroster, 111; 36. Kailee Pawlich, 113; 42. Whitney Lorenz, 115.

Divine Child (432): 12. Natalie Blazo, 92; 21. Amanda Andrysiak, 99; 43. Natalie Berry, 117; 45. (tie) Hailey Case and Olivia Doyle, 124 each; 48. Sam Moylan, 141.

ALL-LEAGUE
Marian: Hudson, Lughamer, Manson; **Mercy:** Hammond, Heath, Montone; **Regina:** Fredal, Didio; **Ladywood:** D'Allesandro; **Gabriel Richard:** Sims, March; **Sacred Heart:** Dilts; **Divine Child:** Blazo.



Miracle moment

Canton's Jesse "SuperJesse" Lindlbauer (in the wheelchair), is joined by his parents and brother Noah following Sunday's final game of the Miracle League of Plymouth debut season. Jesse, who attends Canton High School, participated on Team Brekke for the fall season. He suffered a brain abscess in December, 2010, which left him disabled and unable to play baseball for the Chiefs.

SPIKERS

Continued from page B1

two Wildcats — apparently because of a communications mixup — pulled up short to let a Canton shot fall in. Canton senior Alaina Turner drilled game and match point on the next serve.

To the limit

It cost Plymouth seniors Stemberger, Rachael Hille and Jessica Scott the chance to finally defeat Canton in a regular-season tilt. "I feel for them for the effort," Plymouth head coach Sarah Marody said about the senior trio. "They left skin on the floor. The girls have strawberries all over their legs.

"But there were costly errors, silly errors. I don't even know how to put it, (like) that lack of communication."

Marody said the seniors "knew what was on the line. It was the last time they could potentially face them in their career. We can hope to get to the district finals, where we could meet up with Canton again. But the seniors know this is it, the end of the line."

Hille, who served two aces during a three-point run to open Game 5 and briefly put the Wildcats in the driver's seat, contributed six aces and three blocks during the match.

Stemberger led Plymouth with 31 digs, while Scott had 11 digs. Other top players for the Wildcats were juniors Emilee Beyer (eight kills, 10 digs), Madelyn Betts (13 digs, 14 kills), sophomore Shayla Smalls (12 assists, 18 digs) and freshman Olivia Beyer (five blocks, seven kills).

According to Chiefs head coach Mary Kryska, whose team improved to 27-5 overall and 7-0 in the KLAASouth (heading into Wednesday's division match against Livonia Churchill), the way the match unfolded was no surprise.

"I knew it was going to be very, very aggressive," Kryska said. "It was really close and that didn't shock me at all. Every single year we come to Plymouth's gym and we go to five

games. So Plymouth is a team that never, ever gives up."

See-saw match

Plymouth got things rolling with a 25-18 win in Game 1, but Canton evened the match with a 25-17 win in the second set.

The Wildcats went up again following a 25-20 triumph in Game 3, but could not finish the deal. Canton won the fourth game 25-19 to extend the match.

Kryska said a key to the win was that a number of players were in the mix on offense and defense.

"I think a little bit of our team dynamic is getting better," she said. "We're mixing up the ball a lot. A lot of different players are getting touches on the ball, so we never give the other team a chance to stack up (on any players)."

Seniors Alaina Turner and Kristen Muir were outstanding as usual for the Chiefs. Turner had 24 kills and 18 digs, while Muir chipped in with 14 kills and 32 digs.

But both Maggie Deyo and Erica den Boer had nine kills and combined for 33 digs between them. Setters Martin and Jackie Waite had 25 and 22 assists, respectively. And Jordan Diederick helped the cause with three blocks.

PLYMOUTH CHRISTIAN 3, GREENHILLS 1: On Tuesday at Ann Arbor Greenhills, a 23-kill effort by senior middle blocker Kristin Malcolm sparked Plymouth Christian Academy to a big win over the second-place team in the Michigan Independent Athletic Conference Blue Division.

The first-place Eagles won 25-14 in the opener, but the Gryphons evened things up in Game 2. Undeterred, PCA finished the match with 25-10 and 25-23 victories.

Libero Jessica Rich had 10 digs for PCA (19-4-3, 6-0), while outside hitter Amy Zinn (12 kills, seven digs), setter Jennifer Malcolm (36 assists, five digs) and Kristin Malcolm (six digs, five blocks) also contributed.

PCA will host Rochester Hills Lutheran Northwest at 6:30 p.m. Thursday.

GIRLS DUAL MEET RESULTS

NOVI 102

SALEM 84

Sept. 29 at Salem

200-yard medley relay: 1. Salem (Maggie Sneiderman, Maria Radzwion, Claire Amin, Vincenza Zaia), 2:05.27; 2. Novi (Dana Morgan, Abby Downs, Kelsey Shurmur, Abby Hall), 2:06.16; 3. Salem (Stephanie Solterman, Kristy Rupp, Andrea Ringer, Nicole Kariotis), 2:08.90.

200 freestyle: 1. Lauren Seroka (S), 1:59.40; 2. Mallory Buha (N), 2:00.81; 3. Abby Aumiller (S), 2:05.14; 4. Maddie Gorman (S), 2:07.07; 5. Shurmur (N), 2:08.69.

200 individual medley: 1. Andrea VanderMey (N), 2:15.70; 2. Jocely Lamoureux (S), 2:27.76; 3. Amin (S), 2:27.84; 4. Solterman (S), 2:29.46; 5. Ashley Vaughan (N), 2:33.62.

50 freestyle: 1. Maranda Buha (N), 26.04; 2. Kara Berg (N), 26.63; 3. Julia Suriano (S), 26.95; 4. Hall (N), 27.42; 5. Sneiderman (S), 28.02.

1-meter diving: 1. Rachel Aepelbacher (N), 226.85 points; 2. Jillian Odom (N), 204.50; 3. Lina Davis (N), 179.15; 4. Bridget Maul (S), 148.85; 5. Nora Akcasu (S), 143.15.

100 butterfly: 1. Mallory Buha (N), 1:01.23; 2. Seroka (S), 1:01.86; 3. Amin (S), 1:08.41; 4. Ringer (S), 1:09.60; 5. Ziyang Huang (N), 1:12.19.

100 freestyle: 1. Maranda Buha (N), 56.40; 2. Suriano (S), 56.91; 3. Berg (N), 58.58; 4. Gorman (S), 59.52; 5. Kariotis (S), 1:02.60.

500 freestyle: 1. Shurmur (N), 5:37.35; 2. Lamoureux (S), 5:38.84; 3. Zaia (S), 5:46.54; 4. Vaughan (N), 5:59.10; 5. Meagan Cortez (N), 6:09.85.

200 freestyle relay: 1. Novi (Maranda Buha, Berg, Mallory Buha, VanderMey), 1:43.40; 2. Salem (Aumiller, Gorman, Suriano, Seroka), 1:46.67; 3. Novi (Hall, Downs, Huang, Janice Burnett), 1:52.92.

100 backstroke: 1. VanderMey (N), 1:00.64; 2. Aumiller (S), 1:03.35; 3. Morgan (N), 1:07.00; 4. Huang (N), 1:07.98; 5. Solterman (S), 1:08.05.

100 breaststroke: 1. Radzwion (S), 1:18.95; 2. Downs (N), 1:21.36; 3. Miranda Sherwood (S), 1:21.98; 4. Rupp (S), 1:24.05; 5. Danika Rodrigues (N), 1:24.29.

400 freestyle relay: 1. Novi (Maranda Buha, Berg, Mallory Buha, VanderMey), 3:46.66; 2. Salem (Gorman, Suriano, Aumiller, Seroka), 3:54.75; 3. Novi (Hall, Burnett, Morgan, Shurmur), 4:00.65.

Salem's dual meet record: 3-2 overall, 0-2 in KLAASouth Division.

CANTON 101

WAYNE MEMORIAL 76

Sept. 29 at Canton

200-yard medley relay: 1. Canton (Mackenzie Dugas, Abby Madison, Rachel Barszcz, Erin Bensinger), 2:10.87; 2. Wayne (Janelle Schwartz, Holland Boertje, Emily Luke, Bailey Hart), 2:20.65; 3. Canton (Rachel Hughesdon, Grace Irwin, Kimberly Langolf, Emily Pettit), 2:29.68.

200 freestyle: 1. Destinee Barmore-Hicks (C), 2:04.35; 2. Delaney Adams (C), 2:05.06; 3. Shelby Lefferts (C), 2:22.15; 4. Kaycee Coffman (W), 2:23.44; 5. Amber Frost (W), 2:27.57.

200 individual medley: 1. Madeline Madison (C), 2:20.79; 2. Claire Green (C), 2:23.59; 3. Christine Pray (C), 2:34.23; 4. Emma O'Connell (W), 3:01.66; 5. Katie Carpenter (C), 3:02.92.

50 freestyle: 1. Caitlin Orr (C), 26.43; 2. Barszcz (C), 28.28; 3. Bensinger (C), 29.01; 4. Hart (W), 29.49; 5. Luke (W), 30.05.

1-meter diving: 1. Melissa Green (C), 129.30 points; 2. Emily Lang (C), 121.70; 3. Pia Simon (C), 106.75.

100 butterfly: 1. Barmore-Hicks (C), 1:05.48; 2. Pray (C), 1:09.24; 3. A. Madison (C), 1:10.69; 4. Gema Lopez (W), 1:27.04; 5. Brianna Wilson (W), 1:32.76.

100 freestyle: 1. Hart (W), 1:04.99; 2. Luke (W), 1:05.86; 3. Alexa Girouard (W), 1:07.93.

500 freestyle: 1. Coffman (W), 6:26.70; 2. Frost (W), 6:31.38; 3. Carpenter (W), 6:54.82.

200 freestyle relay: 1. Wayne (Lopez, Girouard, Frost, Coffman), 2:05.50; 2. Wayne (O'Connell, Boertje, Wilson, Carpenter), 2:08.78; 3. Canton (Sarah Ellis, Alexandria Elliott, Meredith White, Christa Williams), 2:19.59.

100 backstroke: 1. Faith Goodwin (C), 1:15.03; 2. Pettit (C), 1:18.92; 3. Schwartz (W), 1:19.96; 4. Bensinger (C), 1:24.10; 5. Aiyanna Moulton (W), 1:29.23.

100 breaststroke: 1. Adams (C), 1:13.83; 2. Green (C), 1:15.74; 3. Boertje (W), 1:27.36; 4. O'Connell (W), 1:30.93; 5. Camry Cain (W), 1:37.82.

400 freestyle relay: 1. Wayne (Luke, Frost, Coffman, Hart), 4:28.74; 2. Wayne (Girouard, Wilson, Lopez, Moulton), 4:49.23; 3. Canton (White, Hannah Turnbull, Molly Stanford, Natalie Rapson), 4:53.97.

Canton's dual meet record: 1-1 overall, 1-0 in KLAASouth Division.

PLYMOUTH 126

LIVONIA CHURCHILL 60

Sept. 29 at Churchill

200-yard medley relay: 1. Plymouth (Alexa Earls, Emily Toro, Lydia Plencner, Stephanie Matus), 1:59.12; 2. Churchill (Megan Lancaster, Amanda Washko, Allison Mayer, Christina Fox), 2:07.80; 3. Plymouth (Emily Weiner, Stacey Jedele, Casey Wing, Carolyn Stoddard), 2:14.16.

200 freestyle: 1. Linda Erick-

GIRLS SWIMMING & DIVING RESULTS

son (P), 2:09.10; 2. Lexi Ethier (P), 2:14.25; 3. Kristen Gilley (LC), 2:22.85; 4. Samidha Visai (P), 2:25.13; 5. MacKenzie Reid (LC), 2:31.09.

200 individual medley: 1. Matsui (P), 2:26.03; 2. Stoddard (P), 2:34.90; 3. Lauren Wischer (P), 2:42.08; 4. Madison Ytterrock (LC), 2:43.40; 5. Allison Hill (LC), 2:54.68.

50 freestyle: 1. Emily Toro (P), 25.92; 2. Washko (LC), 25.96; 3. Mayer (LC), 27.46; 4. Weiner (P), 27.65; 5. Plencner (P), 28.85.

1-meter diving: 1. Yumi Nozawa (LC), 156.85 points; 2. Sydney Grenier (LC), 155.10; 3. Katy Telega (P), 120.05; 4. Megan McKeenan (P), 115.35; 5. Ariel Magyar (P), 100.50.

100 butterfly: 1. Earls (P), 1:05.80; 2. Ytterrock (LC), 1:16.38; Mayer (LC), 1:18.39; 4. Kailley Morren (P), 1:20.00; 5. Lancaster (LC), 1:20.25.

100 freestyle: 1. Toro (P), 56.74; 2. Wing (P), 1:02.47; 3. Fox (LC), 1:03.77; 4. Caylin Waters (P), 1:04.36; 5. Erin McGarry (LC), 1:06.25.

500 freestyle: 1. Washko (LC), 5:27.26; 2. Matsui (P), 5:37.45; 3. Ethier (P), 6:05.80; 4. Plencner (P), 6:19.03; 5. Gilley (LC), 6:27.58.

200 freestyle relay: 1. Plymouth (Wing, Erickson, Ethier, Plencner), 1:50.35; 2. Churchill (Ytterrock, McGarry, Hill, Gilley), 1:58.47; 3. Plymouth (Wischer, Waters, Michelle Jaskolski, Abby Humphries), 1:58.51.

100 backstroke: 1. Earls (P), 1:05.56; 2. Weiner (P), 1:10.43; 3. Fox (LC), 1:14.83; 4. Stoddard (P), 1:14.86; 5. Lancaster (LC), 1:15.40.

100 breaststroke: 1. Erickson (P), 1:16.11; 2. Samidha Visai (P), 1:22.39; 3. Wing (P), 1:27.63; 4. McGarry (LC), 1:27.82; 5. Hill (LC), 1:31.27.

400 freestyle relay: 1. Plymouth (Matsui, Toro, Earls, Stoddard), 3:53.56; 2. Plymouth (Erickson, Weiner, Ethier, Waters), 4:04.37; 3. Churchill (Mayer, Molly Jarvis, Fox, Washko), 4:05.87.

Plymouth's dual meet record: 3-1 overall, 2-0 in KLAASouth Division.

ROCK MAUER INVITATIONAL

Sept. 24 at Salem

TEAM STANDINGS: 1. Farmington Hills Mercy (M), 352 points; 2. Northville (N), 249; 3. Livonia Stevenson (LS), 195; 4. Salem (S), 140; 5. Canton (C), 126; 6. Ann Arbor Pioneer (P), 120.

200 medley relay (heat 1): 1. Mercy (Alex Abowd, Hannah Knoop, Hannah Schmidt, Carlee Jackson), 2:02.89; 2. Canton (Emily Pettit, Jocelyn Moraw, Shelby Lefferts, Erin Bensinger), 2:20.49.

200 medley relay (heat 2): 1. Mercy (Jordan Ewald, Halie Zulch, Michaela Bargardi, Rachel Mack), 1:57.52; 4. Salem (Stephanie Solterman, Frenzi Taubach, Vincenza Zaia, Maggie Sneiderman), 2:03.79; 6. Canton (Mackenzie Dugas, Faith Goodwin, Rachel Barszcz, Caroline Wall), 2:10.41.

200 medley relay (heat 3): 1. Mercy (Christine Edwards, Maddy Loniewski, Annie Valentine, Elliott Schinella), 1:54.28; 4. Salem (Abby Aumiller, Lauren Seroka, Claire Amin, Julia Suriano), 1:58.79; 5. Canton (Caitlyn Orr, Hannah Jenkins, Delaney Adams, Abby Madison), 2:00.12.

200 freestyle (heat 1): 1. Roxanne Griffore (M), 2:04.56; 4. Emily Downs (C), 2:17.62; 5. Hannah Pollard (S), 2:17.99.

200 freestyle (heat 2): 1. Kathleen McGee (M), 2:00.12; 4. Christine Pray (C), 2:10.38; 5. Jocely Lamoureux (S), 2:10.53.

200 freestyle (heat 3): 1. Sato Kakiyama (M), 1:57.98; 3. Claire Green (C), 2:04.42; 4. Aumiller (S), 2:05.12.

200 freestyle (heat 4): 1. Olivia Samoray (M), 2:00.27; 4. Maddie Gorman (S), 2:05.40; 5. Madeline Madison (C), 2:05.80.

200 IM (heat 1): 1. Ewald (M), 2:22.55; 3. Dugas (C), 2:32.61; 4. Maria Radzwion (S), 2:35.48.

200 IM (heat 2): 1. Bargardi (M), 2:21.79; 2. Orr (C), 2:24.89; 4. Solterman (S), 2:29.73.

200 IM (heat 3): 1. Valentine (M), 2:17.27; 3. Jenkins (C), 2:22.45; 5. Amin (S), 2:28.46.

200 IM (heat 4): 1. Loniewski (M), 2:12.74; 2. Seroka (S), 2:16.49; 3. Adams (C), 2:18.48.

50 freestyle (heat 1): 1. Jensen Pecora (M), 27.64; 3. Nicole Kariotis (S), 27.67; 5. Emily Pettit (C), 28.87.

50 freestyle (heat 2): 1. Carlee Jackson (M), 27.18; 5. Amanda Nilles (S), 28.92; 6. Caroline Wall (C), 29.02.

50 freestyle (heat 3): 1. Emily Butler (N), 26.76; 4. Sneiderman (S), 27.76; 5. Abby Madison (C), 28.01.

50 freestyle (heat 4): 1. Destinee Barmore-Hicks (C), 25.72; 5. Suriano (S), 26.92.

1-meter diving (heat 1):

1. Erin Aquino (N), 228.50 points; 5. Sarah Rudelic (S), 111.05.

1-meter diving (heat 2):

1. Annie Rudisill (P), 237.85; 5. Pia Simon (C), 97.85; 6. Samantha King (S), 69.25.

1-meter diving (heat 3):

1. Mattison Boucha (N), 343.05; 4. Nora Akcasu (S), 157.55; 6. Melissa Green (C), 118.15.

1-meter diving (heat 4):

1. Christina Lu (P), 390.10; 4. Emily Lang (C), 117.70.

100 butterfly (heat 1):

1. Hannah Schmidt (C), 28.87; 1:06.48; 3. Natasha Consul (S), 1:15.52; 6. Shelby Lefferts (C), 1:20.24.

100 butterfly (heat 2):

1. Briana Schoenke (N), 1:03.17; 3. Rachel Barszcz (C), 1:09.73; 4. Zaia (S), 1:10.20.

100 butterfly (heat 3):

1. Schinella (M), 1:03.50; 4. Jenkins (C), 1:05.89; 6. Andrea Ringer (S), 1:10.99.

100 butterfly (heat 4):

1. Valentine (M), 59.77; 3. Adams (C), 1:03.04; 6. Amin (S), 1:09.92.

100 freestyle (heat 1):

1. Jackson (M), 58.21; 4. Erin Bensinger (C), 1:04.40; 6. Maddie Maikowski (S), 1:07.57.

100 freestyle (heat 2):

1. Pecora (M), 1:00.32; 5. Wall (C), 1:04.29; 6. Abi Collingwood (S), 1:05.24.

100 freestyle (heat 3):

1. Edwards (M), 56.42; 4. Lamoureux (S), 1:01.49; 5. Faith Goodwin (C), 1:02.39.

100 freestyle (heat 4):

1. Kakiyama (M), 55.29; 3. Su-

1:58.79; 5. Canton (Caitlyn Orr, Hannah Jenkins, Delaney Adams, Abby Madison), 2:00.12.

200 freestyle (heat 1):

1. Roxanne Griffore (M), 2:04.56; 4. Emily Downs (C), 2:17.62; 5. Hannah Pollard (S), 2:17.99.

200 freestyle (heat 2): 1. Kathleen McGee (M), 2:00.12; 4. Christine Pray (C), 2:10.38; 5. Jocely Lamoureux (S), 2:10.53.

200 freestyle (heat 3): 1. Sato Kakiyama (M), 1:57.98; 3. Claire Green (C), 2:04.42; 4. Aumiller (S), 2:05.12.

200 freestyle (heat 4): 1. Olivia Samoray (M), 2:00.27; 4. Maddie Gorman (S), 2:05.40; 5. Madeline Madison (C), 2:05.80.

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1-meter diving (heat 4): 1. Christina Lu (P), 390.10; 4. Emily Lang (C), 117.70.

100 butterfly (heat 1): 1. Hannah Schmidt (C), 28.87; 1:06.48; 3. Natasha Consul (S), 1:15.52;

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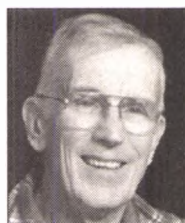
1-800-579-7355 • fax 313-496-4968 • oeobits@hometownlife.com

Deadlines: Friday 4:15 p.m. for Sunday • Wednesday 9:45 a.m. for Thursday



BURTON, MARY
(NEE GARBO)

Age 85, September 30, 2011. Beloved wife of the late William. Loving mother of Daniel (Joanne), Renee (Karl) Myrand, Richard (Marianne), Thomas (Tracie) and Curtis (Carol). Grandmother of Tony, Jeffrey, Lisa, Marie, Sarah, Lauren, Jennifer and Zack. Great grandmother of Hannah & Joey. Sister in law of Kathleen Garbo and Louise Garbo. She will be dearly missed by many family members and friends. Visitation Friday, October 7, 2011 2-9pm with an evening Rosary at the John N. Santeiu & Son Funeral Home, 1139 Inkster Rd., (between Ford Road and Cherry Hill). In state Saturday, October 8, 2011, 9:30am at St. Raphael Catholic Church, 31530 Beechwood (at Merriman Road, 2 blocks north of Ford Rd.) until 10am Mass. Family suggests memorials to Angela Hospice and Muscular Dystrophy Association.
www.santeiufuneralhome.com



GREEN, DAVID

75, entered the presence of the Lord Whom he loved and served, October 3, 2011, after a nine year battle with cancer. His devoted wife and loving family were at his side. David was born in Detroit, MI to Daniel and Leona Green. Surviving is his wife Ruth, daughter, Sandra (William) Dear, son Ronald (Barbara) Green, daughter Cathryn (Donald) Schlamb, son Daniel (Beth) Green, Son Landon (Breanne) Green, 12 grandchildren, 2 great-grandchildren, three brothers: Donald, Howard, Merrill and their spouses and one sister, Joyce and her husband. David was a long time volunteer for Meals on Wheels, P.E.T.S. (hand propelled carts for crippled people) and Nursing Home Ministries. He taught Bible classes for many years and was currently a devoted member of Clinton Assembly of God Church. He was a Ford Motor Company retiree. He enjoyed spending time with family, gardening, mentoring, camping, biking, Scrabble, crosswords, and playing clarinet and saxophone in the New Horizons Band. Visitation will be Wednesday 2PM to 8PM at Vermeulen Funeral Home, 46401 W. Ann Arbor Rd, Plymouth, and Thursday 9:30 AM to 11 AM, prior to the 11AM service at Clinton Assembly of God Church, 13080 Clinton Rd, Clinton MI 49236. In lieu of flowers memorial contributions may be made to United Methodist Church Saline--P.E.T.S. Project or Gideons International for the distribution of Bibles.
To share memories, please visit vermeulenfuneralhome.com



MCALISTER, MICHELLE RENEE

Age 44, of Plymouth, passed away Monday, October 3. Surviving is her husband, James P. McAlister of Plymouth; daughter, Madison R. McAlister also of Plymouth; mother and stepfather, Peggy (James) Coolman of Montpelier; sister, Kimberly Mosier of Bryan; brother, Richard Pollick II of Hicksville; two step-brothers, Jimmy (Lisa) Coolman of Montpelier, Greg (Sonja) Coolman of Fort Wayne, Indiana and stepsister, Christine (Billy) Summers of Fort Wayne, Indiana; four nephews, Dustin, Brock and Brandon Mosier and Aidan Pollick. She was preceded in death by her father, Richard Pollick. Funeral will be held at 11:00 a.m. October 6, 2011 in the Oberlin-Turnbull Funeral Home & Crematory, 206 North Lynn Street, Bryan. Interment will follow in Fountain Grove Cemetery, Bryan. Visitation held in the funeral home, October 5, 2011 from 2:00-8:00p.m. Please consider contributions to Community Health Professionals Hospice of Williams and Fulton Counties or to the family. Online condolences: www.oberlinturnbull.com

POWERS, DONALD R.

Age 87. October 3, 2011. Beloved husband of the late Sally. Loving father of Sherry (the late Richard), Bonnie Jean (Mahlon) Gregersen, Sally Kay (Nolan) Finley, Alan Roy (Lynn) and the late Patrick Roy. Grandfather of 8. Great grandfather of 4. He will be dearly missed by his many family & friends. Visitation was Wednesday at the John N. Santeiu & Son Funeral Home, Garden City. In state Thursday 10am until 11am Funeral service at Good Hope Lutheran Church, 28680 Cherry Hill. (Between Inkster Rd. & Middlebelt.)
www.santeiufuneralhome.com

THOMAS, STANLEY WARD

Age 83 of McCormick, South Carolina died September 29, 2011 in Royal Oak, MI. Formerly of Farmington and Cheboygan, Michigan. Stanley is the beloved husband of Nancy Greiner Thomas, married for 53 years. Dear father of Gayle (Dano) Love, Patricia Thomas and Suzanne (Keith) Shiven. Loving grandfather of Christopher and Suzanne Harris, Kristin Tonkovich, Jennifer and Steven Shiven. Brother of Emily Thomas Bayer. He was preceded in death by his parents Owen and Ethel and his brother Llewellyn Thomas. Stanley was a proud Korean war veteran and a University of Michigan graduate who never stopped learning. He was a cost analyst for E.I. Dupont for over 30 years, a life long Mason and a charter member of the Lutheran Church by the Lake in McCormick. His family selected a simple cremation with a memorial service to be held at a later date in South Carolina. Memorials may be directed to the Lutheran Church by the Lake Church Choir, attn Jim Klausman 100 12 Oaks, McCormick, SC 29835
www.thayer-rock.com

McFARLAND, TED A.

Age 44 September 30, 2011 of Wayne. Loving Son of Nancy Chambers and Raymond McFarland. Dearest Brother of Troy McFarland and Teri Phillips. Dear Grandson of Charlotte Stockmaster. Visitation Friday 1-9PM. Service Saturday, 11AM, John Molnar Funeral Home, 14032 Northline Rd, Southgate. www.molnarfuneralhome.com

PAYING TRIBUTE TO THE LIFE OF YOUR LOVED ONE

May peace be with you in this time of sorrow.

Classes aimed at updated missal

A series of four classes, beginning Oct. 10 at St. Aidan in Livonia, are designed to prepare worshippers for an updated English translation of the Roman Missal that parishes will begin using Nov. 27.

The Missal is the collection of prayers, chants, and instructions used to celebrate Mass.

The classes will be offered from 8:30-10:30 a.m. and 7-9 p.m. Mondays in October and November. Morning sessions will be held in Bixman Hall and evening sessions are set for the Activity Center Hall at the church, located at 17500 Farmington Road.

The first class will focus on what the words in the missal mean, issues of translation and changes in text. Other topics are "Capacitated for Liturgy," which will explain how to be "better able to engage in worship," Oct. 17; "The Historical Development of the Mass," with a focus on scriptural foundation and evolution of Mass, Oct. 24; and "Gestures and Postures, Soul and Body United in Worship," Nov. 7.

David J. Conrad will lead the sessions. Refreshments will be provided. The classes are free. Call (734) 425-5950 to RSVP.

Catholic women hold annual conference

The Archdiocese of Detroit will present its 9th annual Catholic Women's Conference, "Embraced by Mercy, Transformed by Love," Oct. 28-29 at the Best Western Sterling Inn, Banquet and Conference Center in Sterling Heights.

The program on Friday runs from 5:30-8:45 p.m. and will feature Sr. Mary Finn, HVM, from Sacred Hearth Seminary in Detroit. The Saturday session, from 7 a.m.- 3 p.m. will include speakers Catherine Lanni of Divine Mercy Center, the Rev. Joseph Horn

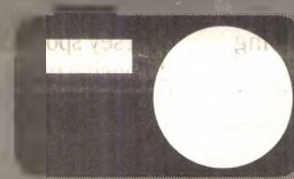
of Holy Family Catholic Church in Memphis; and Marjorie Gabriel-Burrow of Metro Catholic Gospel Choir, Detroit.

Saturday's keynote speaker and Mass celebrant will be Detroit Archbishop Allen H. Vigneron.

Adult admission is \$35 for Friday only, \$50 for Saturday only or \$70 for both days. Students pay \$30 for Friday only, \$45 for Saturday only or \$60 for both days. Register online at www.aodwomensministry.org or call (313) 237-4683.

Registration deadline Oct 20.

ONLINE PHOTO GALLERIES



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Your Invitation to Worship

<p>CATHOLIC</p> <p>ST. ANNE'S ROMAN CATHOLIC CHURCH Tridentine Latin Mass St. Anne's Academy - Grades K-8 38100 Five Mile Road Livonia, MI 48154 • (734) 462-3200 Mass Schedule: First Friday Mass 7:00 p.m. Saturday Mass 11:00 a.m. Sunday Masses 7:30 & 10:00 a.m. Confessions Heard Prior to Each Mass Mother of Perpetual Help Devotions Tuesdays at 7:00 P.M.</p>	<p>UNITED METHODIST</p> <p>ORCHARD UNITED METHODIST CHURCH 30450 Farmington Road • Farmington Hills www.orchardumc.org 248-626-3620</p> <p>Worship: 9:00 a.m. and 11:00 a.m. 10:00 a.m. Christian Education for all ages Pastors: Carol J. Johns, Jim Braid, Margo Dexter</p>	<p>PRESBYTERIAN (U.S.A.)</p> <p>ROSEDALE GARDENS PRESBYTERIAN CHURCH (USA) 9601 Hubbard at W. Chicago, Livonia, MI (between Merriman & Farmington Rds.) (734) 422-0494</p> <p>Friends in Faith Service 9:00 am Traditional Service 10:30 am</p> <p>Visit www.rosedalegardens.org For information about our many programs</p>	<p>LUTHERAN CHURCH MISSOURI SYNOD</p> <p>Christ Our Savior Lutheran Church 14175 Farmington Road, Livonia Just north of I-96 www.christsaviorsavior.org</p> <p>Sunday Worship 8:30 & 11:00 am - Traditional Staffed Nursery Available</p> <p>Sunday School/Bible Class 9:45 am Early Childhood Center Phone 734-513-8413</p> <p>Making disciples who share the love of Jesus Christ Pastors: Davenport, Bayer, & Creeden 734-522-6830</p>
<p>CHURCHES OF THE NAZARENE</p> <p>PLYMOUTH CHURCH OF THE NAZARENE 48801 W. Ann Arbor Road • (734) 453-1525 Sunday School - 9:45 A.M. Sunday Worship - 11:00 A.M. Sunday Evening - 6:00 P.M. Family Night - Wed. 7:00 P.M. NEW HORIZONS FOR CHILDREN LEARNING CENTER (734) 455-3195</p>	<p>PRESBYTERIAN</p> <p>Fellowship Presbyterian Church Adult Sunday School: 9:30 - 10:15 a.m. • Worship: 10:30 a.m. Childrens Sunday School: 10:30 a.m. Pastor: Dr. Jimmy McGuire Services held at: Saint Andrews Episcopal Church 16360 Hubbard Road in Livonia • South of Six Mile Road Nursery provided • www.fellowship-presbyterian.org</p>	<p>EVANGELICAL PRESBYTERIAN</p> <p>WARD CHURCH 40000 Six Mile Road Northville, MI 48168 248 374 7400 www.wardchurch.org</p> <p>Traditional Worship at 8, 9:30 & 11 a.m. Contemporary Worship at 9:30 & 11 a.m. Children's Programs available at 9:30 & 11 a.m.</p> <p>The Traditional Service is broadcast on the radio each week at 11 a.m. on 560 AM</p>	<p>LUTHERAN CHURCH WISCONSIN SYNOD</p> <p>ST. PAUL'S EV. LUTHERAN CHURCH & SCHOOL 17810 FARMINGTON ROAD, LIVONIA (734) 261-1360</p> <p>WORSHIP SERVICES SUNDAY: 8:30 A.M. & 11:00 A.M. THURSDAY: 6:30 P.M. website: www.stpaulslivonia.org</p>
<p>ASSEMBLIES OF GOD</p> <p>OPEN ARMS CHURCH Worship: Sunday 10:30 am Children's Programs Available Kid's Stop Preschool Now Enrolling 248.474.0001 Meet our New Pastor Grady Jensen & Assoc. Pastor Abe Fazzini</p> <p>33015 W. 7 Mile Rd. • Livonia 48152 Between Farmington & Merriman Across from Joe's Produce 248.471.5282</p>	<p>For Information regarding this Directory, please call Donna Hart at 248-437-2011, Ext. 247 or e-mail: dhart@dnps.com</p> <p>CONGREGATIONAL</p> <p>North Congregational Church 36520 12 Mile Rd. Farmington Hills (bet. Drake & Halsted) (248) 848-1750 10:30 a.m. Worship & Church School Faith - Freedom - Fellowship Rev. Mary E. Biedron Senior Minister</p>		

Sports bars gear up for Monday night football

by Sharon Dargay
O&E staff writer

Laurie Correll expects a big crowd Monday night at her Garden City business.

"For regular Monday nights we're not that busy. But I've had every one and their brother call about the Lions," said Correll, who owns Sports Venue Bar and Grill, at 6327 Middlebelt. "I've had people call to make reservations. We've taken reservations. I think we'll be packed."

Reservations at a sports bar? Correll usually doesn't accept them — and no one needs them — this early in the season, but with the Detroit Lions' 4-0 record and its first Monday Night Football appearance in 10 years scheduled for Oct. 10, football fans want to guarantee a great seat for the ESPN broadcast.

Two lucky customers won tickets to the game during a drawing Sunday at the bar. Other regulars will watch the action Monday on the bar's 20 television screens.

"This Monday we'll have a bunch of food and drink specials — \$5 for pitchers and \$2 for shots. There will be a ton of football food including pizza on special and calzones. And then we'll give away T-shirts and fun prizes during the night," Correll said, admitting she has jumped on the Lion's fan bandwagon "now that they're doing phenomenal."

She's not alone. Here's a sampling of other Monday Night Football specials planned around town:



Complimentary buffet

"To start the night, we'll put every one of our TVs on the game," said Anthony Crowley, night manager of Malarkey's Irish Pub, 35750 Warren Road in Westland. That includes 24 42-inch televisions and a projection screen.

"At the end of the third quarter we'll raffle off an authentic football jersey. We hand out raffle tickets. For every drink you buy you get a raffle ticket."

The winner will receive a jersey sporting Lions defensive tackle Ndamukong Suh's name and number, 90.

Wings, mini tacos and other fare will help quell munchies as fans take a

half-time break for the bar's complimentary buffet. Look for specials on domestic pitchers (\$6) and domestic buckets (\$10).

"It's a great time to come out, have a few beers, watch football and relax."

Michigan Monday

It's all about Michigan beer on Monday nights at Bailey's Pub and Grille, 1777 North Canton Center Road, in Canton.

"We've turned our Monday night football into Michigan Mondays," said Susie Capozzoli, service manager. Customers pay \$4 for any small Michigan draft beer. Look for deals on pizza with Bud Light and pizza with Stella Artois, a Belgian lager.

night at Thee Sportz Zone, at Inkster and Five Mile in Redford. But he'll add \$5 gourmet burgers to the menu on Oct. 10.

"Our signature is our burger and wings," he said. "We're going to be doing \$2 domestic beer all night long and \$3 cherry or grape bombs. We'll try to get a full house in here."

He also plans a 50/50 raffle, with half of the drawing proceeds going to the winner and half to a cancer-related charity.

Appetizer special

Michelle Cowley expects a bigger-than-usual crowd Monday at Cowley's Pub at Grand River Ave., and Farmington Road in downtown Farmington.

"Whenever there are big games, it does bring people out," said Cowley, manager. The first floor area brings in diners, but the upstairs bar area will be packed with football fans glued to the bar's five big-screen televisions and projector screen.

Look for a half-off special on appetizers after 9

p.m. and deals on Killian's, Labatt's and other brews.

From hockey to football

No doubt about it, with Compuware Arena just a puck's throw from CJ's Brewing Company in Plymouth, the restaurant-bar draws a lot of hockey fans. But Amy Taffinder, manager, suspects the Detroit Lion's home game will make it a football night at the tavern on Monday.

"Wings by the pound will be \$5 a pound and we tailgate sub sandwiches are \$5 for 8 inches and \$8 for 14 inches," she said. "We have 14 flat-screen TVs. All the essentials." Selected beers also will be on special.

100 television screens Docs Sports Retreat, 19265 Victor Parkway, in Livonia, boasts more than 100 television screens and 30 tap beers.

"We usually get pretty busy for big games, especially for their (the Lions') record," said hostess Alex Lenhart. Fans will find specials on Miller beer products Monday.

Not interested in watching the Lions and Bears? There's always beer pong.

"We hold it on the patio so it's out of the way. Anyone can play and there are prizes weekly," Lenhart noted. The pong tournament begins at 9 p.m. There's no cost to enter.

Orchestra opens season with film scores

The Michigan Philharmonic will open its 66th season Saturday, Oct. 8 with "The Red Violin," a program that will feature former concertmaster violinist Anicka Skalova as soloist.

A pre-concert reception will run from 6-7 p.m. The program will begin at 7:30 p.m. in the Village Theater at Cherry Hill, 50400 Cherry Hill Road, Canton.

Skalova, a native of the Czech Republic and a junior majoring in vio-



Skalova

lin performance at the University of Michigan,

will perform a solo on John Corigliano's Oscar-winning music from the movie, *The Red Violin*. The orchestra also will perform *An American Symphony* from the movie, *Mr. Holland's Opus*, and Tchaikovsky's *Little Russian Symphony No. 2*.

Tickets for the concert are \$22 general admission, \$18 for seniors and \$10 for students.

For tickets, call (734) 451-2112 or e-mail to info@michiganphil.org.

DETROIT ROCKS

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Halloween fun kicks off at mansion, zoo, park

Ghost Hunters of Southern Michigan (GHOSM) will talk about ghostly findings from locations they've investigated around the state at a presentation at 7 p.m. Friday, Oct. 7 at Longacre House, in Farmington Hills.

The program will include a tour and search for paranormal activity at the Longacre House, a Georgian mansion that is owned by the City of Farmington Hills, at 24705 Farmington Road. Coffee and doughnuts also will be served.

Members of Ghost Hunters of Southern Michigan share an interest in searching out spirits and abnormal occurrences. The group has conducted tours of The Whitney in Detroit, as well as cemeteries and houses in Flat Rock, Rockwood, Westland, Plymouth, West Bloomfield, Wayne, Redford, Monroe, and Freeland. They record and document ghostly sounds and other evidence as well as "true ghost stories" told by their patrons.

Admission to the tour and presentation is \$20 for residents and \$25 for non-residents. Participants must be age 18 or older.

Reservations are required. Visit <https://recreg.fhgov.com> or register in person at the Costick Center, 28600 W. 11 Mile, Farmington Hills.

For more information, call the Cultural Arts Division at (248) 473-1856.



annual "merry-not-scary" Zoo Boo celebration returns this Halloween season, featuring a festively decorated half-mile trick-or-treat trail through the front of the Zoo, 6-8 p.m. Oct. 14-16, 21-23 and 28-30.

Elaborate pumpkin displays will line the treat trail, where greeters will pass out goodies to children along the route. A trail of eerie fog will lead through a spooky graveyard to the Haunted Reptile House, where friendly witches, vampires and other monsters will take up residence for the Halloween season.

The live mini-musical "Zoo Boo Revue" will be performed in the Events Pavilion. The Ghouly Games Tent will feature Halloween-themed games, prizes, arts and crafts and a hay maze and The Zombie Zone will offer games, spooky activities and pumpkin-carving demonstrations.

Also returning for Zoo Boo is the limited-release pirate adventure "The Curse of Skull Rock" at the Wild Adventure 3-D/4-D Theater in the Ford Education Center. Tickets are an additional \$4 per person; children under 2 are free.

Advance tickets for Zoo Boo are available at

Booth One at the front of the Detroit Zoo or online at www.detroitzoo.org/zooboo. Tickets are \$7 per person ages 2 and up. Time slots for Zoo Boo are 6 p.m., 6:30 p.m., 7 p.m., 7:30 p.m. and 8 p.m. If a date and time slot is not sold out, a limited number of tickets may be available at the gate that day after 5 p.m. for \$10.

The Detroit Zoo is located at Woodward Ave., and the I-696 service drive, in Royal Oak.

At Hines Park Wayne County Parks' Halloween Festival 2011 will run 1-3 p.m. Saturday, Oct. 15 at Nankin Mills Picnic Area, located on Hines Drive, east of Ann Arbor Trail in Westland and offer free games, hayrides, inflatables, trick-or-treating, and entertainment. Youngsters may dress in "spook-free" costumes and participate in a costume parade.

Check out the first annual Howl-O-Ween from 10 a.m.-noon, Saturday, Oct. 15 at the Wayne County Dog Park, located at Hawthorne Ridge Park, located on Hines Drive east of Merriman, in Westland. There will be costume contests, pet related vendors, games and give-aways at this free event.

A spook-free Halloween Hike, with starting times of 6 p.m., 6:30 p.m., 7 p.m. and 7:30 p.m., will include a walk and nature-inspired costumed characters on Friday, Oct. 21 at Nankin Mills Interpretive Center. Cost is \$5 and pre-registration is required. Call (734) 261-1990.

Zoo Boo

The Detroit Zoo's

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For the last few hundred years, Germans brewed lagers, Brits ales and stouts, and Belgians focused on high alcohol ales fermented with spicy yeasts. These were the major brewing cultures, and any cross-pollination tinkering was considered blasphemy.



Beer Tracker
Nate Parsons

Fast forward to the 20th

century, the European beer culture remained largely static while American craft brewers marched forward blazing new trails. Their experimental mindset led to the creation of the American pale ale, American IPA, and American barley wine, more intense than their English counterparts. Further innovation had American brewers adding unusual ingredients like coffee, fruits, and grains never used in Europe.

After 20 or so years of watching American craft brewing from afar, perhaps shaking their heads

in dismay, Europeans finally started taking inspiration from the U.S. around the turn of the 21st century. One of the first American-inspired styles to hit the shores from Europe was the Belgian IPA. Tawny and opaque in appearance, this style comes with a billowy white head and often a staggering dose of alcohol. Various malts are used for the Belgian IPA, but the style usually will be infused with American hops and finished with Belgian yeast. This mud-blood approach delivers a complex sipper with a pronounced dry edge bal-

anced with a clean, toned down finish.

The Belgian IPA is not common fare in the States but worth seeking out by the beer enthusiast. Once committed to the experience, I highly recommend Piraat by Van Steenberget. This light amber ale with a full white head has the perfect interplay of malty, sweet flavors and hop bitterness. It's a well-balanced affair but with a 10.5 percent ABV not for the faint of heart.

Nate Parsons can be contacted at modevin@yahoo.com



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Power up your plate with vegetables

With only 6 percent of Americans getting the recommended amount of vegetables a day, access to delicious, easy and versatile veggie-powered meals is more important than ever. Marcus Samuelsson, an award-winning chef and cookbook author, has joined Birds Eye vegetables to help inspire individuals to think about vegetables as a pleasure, to shake up old habits and help bring vegetables back to the center of the plate — especially for the next generation.

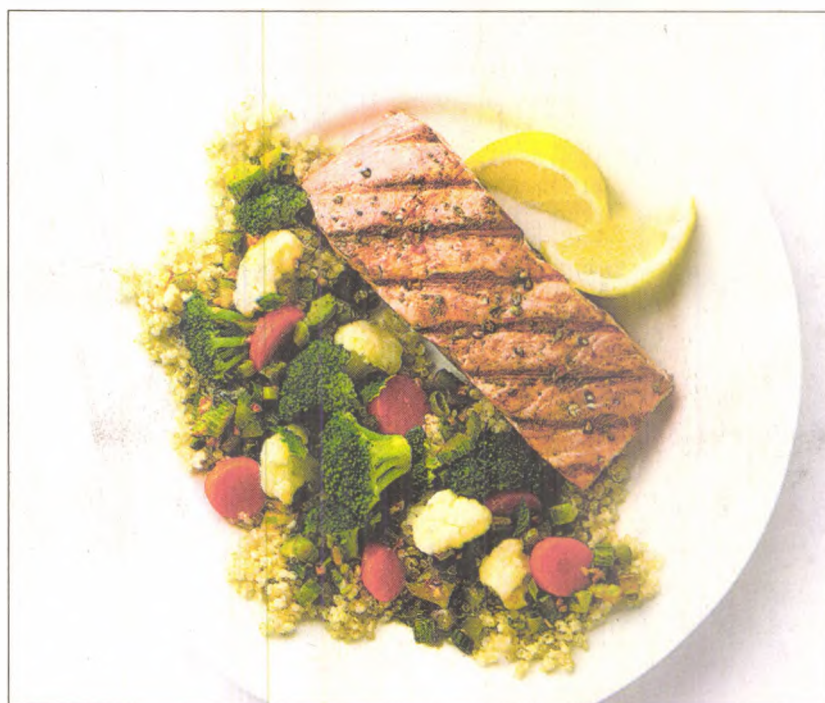
• **Don't Hide, Highlight Veggies**
Vegetables deserve center stage because they're amazing. They are delicious, colorful, good for you and taste great, too. Inspiring people — especially kids — to discover the wonder of vegetables starts with highlighting vegetables as the center of the plate, not as an understudy. "Vegetables are great for any meal, so put them forward as a gift to your family every day," Samuelsson says. "It's extremely important that we start making nutritious, veggie-powered meals for ourselves and the next generation."

• **Follow the 60/40 Rule**
Instead of thinking about dishes as 60 percent pasta and 40 percent vegetables, turn it around, serving veggies as 60 percent and pasta as 40 percent of the meal. "Flipping the proportions of your favorite meals is a quick, easy way to incorporate more veggies into meals your family already loves."

• **Mix and Match Colors, Textures and Flavors**

Enjoy a variety of veggies at the same time to truly showcase the wonder of a veggie-powered plate. Incorporating many different veggies brings flavor, crunch and a nutritious punch to almost any dish. "My ideal veggie-powered plate is a Vegetable and Quinoa Pilaf."

Build a customized veggie-powered plate at www.Facebook.com/BirdsEyeVegetables. For every veggie-powered plate created on Facebook, Birds Eye will donate vegetables for 10 meals as part of its Feed Kids Better initiative with Share Our Strength (up to 1 million meals through September 2012).



Vegetables add color and texture to a meal.

Vegetable Quinoa Pilaf

Makes 6 servings

1 bag of Birds Eye Steamfresh Broccoli, Carrot and Cauliflower Medley
1 cup quinoa
2 tablespoons unsalted butter
2 stalks celery, finely chopped
4 scallions, white and green parts, thinly sliced
1 tablespoon peeled and minced fresh ginger
2 garlic cloves, minced
1 tablespoon chopped parsley
½ teaspoon chopped fresh mint
1 teaspoon smoked sweet paprika
Salt
Freshly ground black pepper

Cook vegetable medley according to package directions; drain and set aside.

Meanwhile, rinse quinoa well under cold water in a fine wire sieve; drain.

Bring to a boil with 2 cups

water and ½ teaspoon salt in medium saucepan over high heat. Reduce heat to low and cover. Cook until the quinoa has absorbed the water, about 15 minutes. Remove from heat.

Melt butter in large skillet. Add celery, scallions, ginger and garlic and cook, stirring often, until fragrant, about 2 minutes. Add cooked vegetable medley and mix well. Stir in parsley, mint and paprika.

Transfer quinoa to serving bowl. Fluff quinoa with fork. Add vegetable mixture and mix well. Season with salt and pepper. Serve hot.

— Family Features

VegMichigan marks vegetarian awareness month

October is national Vegetarian Awareness Month, and VegMichigan, the state's largest vegetarian organization, is offering several local events designed to support those trying to eat less meat and include more plant-based foods in their diets.

More than 12 million Americans follow a vegetarian diet, which excludes meat, poultry and fish, or a vegan diet, which excludes those animal products as well as dairy.

Eating fewer animal products has been strongly correlated with a reduced risk of heart disease, diabetes, obesity, high blood pressure, many types of cancer and other chronic illnesses. A plant-based diet is easier on the environment, too. According to a 2009 United Nations report, animal agriculture is the leading cause of global warming — more than all transportation sources combined.

If you're thinking about following a vegetarian diet, check out VegMichigan's lectures, classes, social outings, and other membership activities at www.vegmichigan.org.

Here's a sampling of special events marking Vegetarian Awareness Month:

• **Animal Activism Art Project**, 6:30-8 p.m. Saturday, Oct. 8 at Art & Ideas Gallery, 15095 Northville Road, in Plymouth Township. Shaq Kalaj, the artist-in-residence at the gallery, will talk about her EAT ME art project, which connects animal activism and visual art. She'll talk about her life as a vegetarian and as an artist, and how she merged them together, focusing on themes related to animal rights, human health, over-consumption, and the environment. The event will start with vegan hors d'oeuvres at 6:30 p.m. RSVP by calling (734) 420-0775 or by e-mailing imshacha@me.com.

• **Simple Changes for A Healthier Lifestyle**, 7 p.m. Wednesday, Oct. 19, at Farmington Community Library, 32737 W. 12 Mile, Farmington. VegMichigan board member, Jamie Qualls, will present an informative talk and some tasty vegan refreshments. Call (248) 848-4312 for details.

For information about all VegMichigan events, visit vegmichigan.org or call (toll free) 877-778-3464.

CITY BITES

Pizza Palooza

FARMINGTON HILLS — Pizza is the star of Farmington Hills' new event Sunday, Oct. 9, but there will be plenty of other activities for families at Pizza Palooza. In addition to eating all the pizza and salad they want, ticket holders will get a chance to vote on their favorite pizza, enter a pizza eating contest, play games, make crafts and watch Sunday night football on television. The event will run from 6-8 p.m. with pizza served from 6-7:15 p.m. Cost is \$7 per person or \$10 at the door. Children three and under are free. Register online at <https://recreg.flhgov.com> by Friday, Oct. 7 or call (248) 473-1800 for more information. The Costick Center is located at 28600 11 Mile.

Top rating

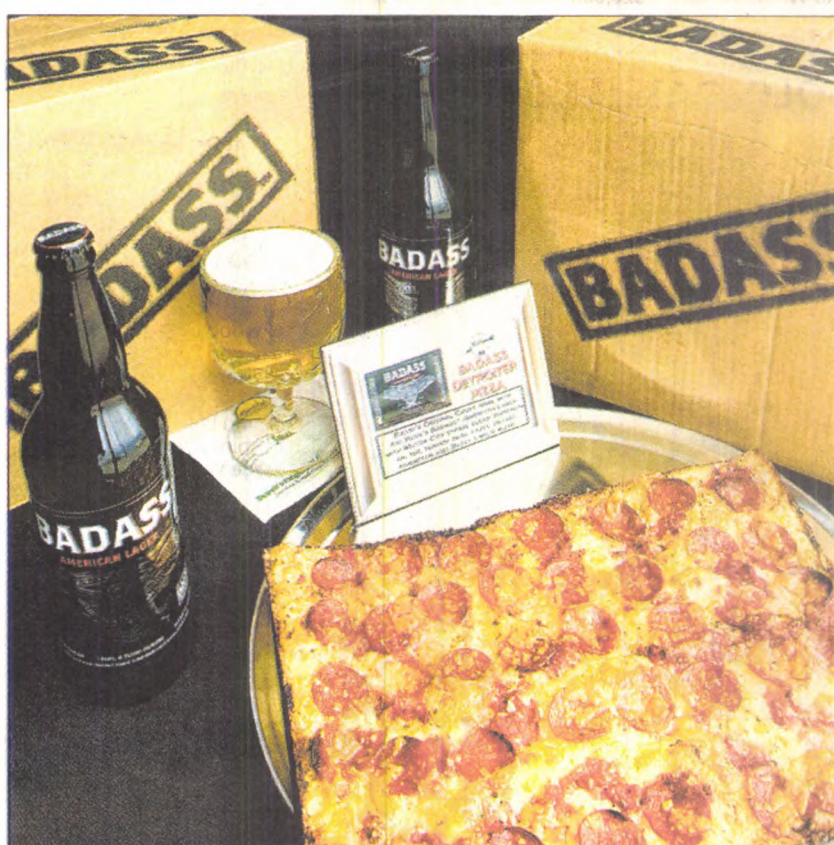
TRI-COUNTY — *Pizza Today* magazine in its October issue named Buddy's Pizza the top independent pizzeria in the country. The magazine's Hot 100 list was compiled from mailed surveys that ranked the 100 largest independent pizzerias from across the nation, based on sales. Earlier this year, Buddy's unveiled the Motor City Pizza Collection, four pizzas that benefit a nonprofit cultural institution in the metro Detroit area. When customers purchase The Detroit Institute of Arts; The Henry Ford; The Parade Company or The Detroit Zoo pizza, Buddy's donates \$1 to the nonprofit institution throughout 2011. The pizza also experimented with its first square beer crust this year by incorporating Kid Rock's Badass Beer into their Kid Rock's Badass Detroit pizza. It is only available at the original 6 Mile and Conant location in Detroit. Buddy's also has locations in eight other communities, including Farmington Hills and Livonia.

Spinach pie

FARMINGTON HILLS — Holy Cross Philoptochos, a philanthropic group at Holy Cross Greek Orthodox Church in Farmington Hills, is taking orders for spinach pie. Cost is \$35 per tray and pick-up will be in December. Make checks payable to Holy Cross Philoptochos and drop off or mail request and check to the church at 25225 Middlebelt, Farmington Hills, MI 48336.

African wines

COMMERCE TOWNSHIP — An evening of wine tasting and food pairing starting at 6:30 p.m.



Buddy's pizza with a square beer crust utilizing Kid Rock's Badass Beer is available at the original 6 Mile and Conant location in Detroit.

Wednesday, Oct. 12, at Uptown Grille, will benefit Farmington Hills-based charity, Helping Hands Touching Hearts. A percentage of the proceeds from the event will go toward mosquito nets, shoes, clothing and water conveyance for a village in Mozambique. The organization works with villagers in Mozambique. Tickets purchased by Friday, Oct. 7 are \$39.99 per person, with gratuity included. After that date they will cost \$45. The menu will feature South African wines and foods such as Sugar Bean and Fresh Sweet Corn Soup, Roasted Eggplant and Green Bean Salad and South African Curried Meat Casserole. RSVP at (248) 514-3022.

Death and tea

PLYMOUTH — Kim Parr, director of the Crocker House Museum and Macomb County Historical Society will dress in mourning clothes while explaining funeral and mourning culture at a Victorian-style tea, 2-4 p.m. Oct. 16, at the Plymouth Historical Museum, 155 S. Main. Mourning and funeral artifacts also will be on display. The tea will include scones, tea sandwiches and other fare. The Museum's own signature blend, "Mary's Blend," a tantalizing cherry and almond black tea in honor of

Mary Todd Lincoln, will be served. The tea also is available for purchase in the Museum's store. Ticket holders who come early that day may tour the Museum. Cost is \$25 for members and \$30 for non-members. Call (734) 455-8940.

Chocolate for charity

PLYMOUTH — The Ladies Ancient Order of Hibernians, Elizabeth Fagan Division, will present the 7th annual "A Chocolate Affair" to benefit First Step, 2-5 p.m. Sunday, Oct. 9 at The Inn at St. John's 44045 Five Mile. First Step provides comprehensive services to victims of domestic and sexual violence including temporary emergency housing, counseling, a 24-hour help line, children's programs and more. The chocolate event will feature tastes of chocolate specialties from area bakeries, restaurants, caterers, and chocolate makers, along with entertainment and prizes. A garden luncheon also will be held from noon-2 p.m. Tickets are \$25 for the chocolate event, \$25 for the luncheon or \$45 for a combined ticket. For tickets or more information on the Ladies Ancient Order of Hibernians, call Barbara Weir at (734) 453-1459. Tickets are also available at the offices of First Step. Call (734) 416-1111.



Apple Pecan Burger

Eat your veggies and fruit in a burger

There's still plenty of mild weather left for grilling this tailgate season.

The Michigan Apple Committee offers this healthful vegetarian twist on traditional football day fare:

Apple-Pecan Burger

1 cup shredded Michigan Apples
½ cup shredded carrots
½ cup finely chopped onion
½ teaspoon finely chopped garlic
1 cup cold, cooked brown rice
½ cup toasted pecan pieces
1 cup dry bread crumbs
2 egg whites
¼ teaspoon salt
¼ teaspoon coarse black pepper
5 hamburger buns, optional
5 tomato slices, optional
Lettuce, optional
Vegetable cooking spray

Place apples and remaining ingredients in food processor bowl. Using metal blade, process about 30 seconds or until evenly chopped and thoroughly combined. Using ½ cup measure, portion and shape mixture into 5 patties. Place these patties on the grill and cook until deep golden brown. Serve hot on bun with tomato and lettuce or with sweet and sour sauce, if desired.

Protect electronics from clever thieves

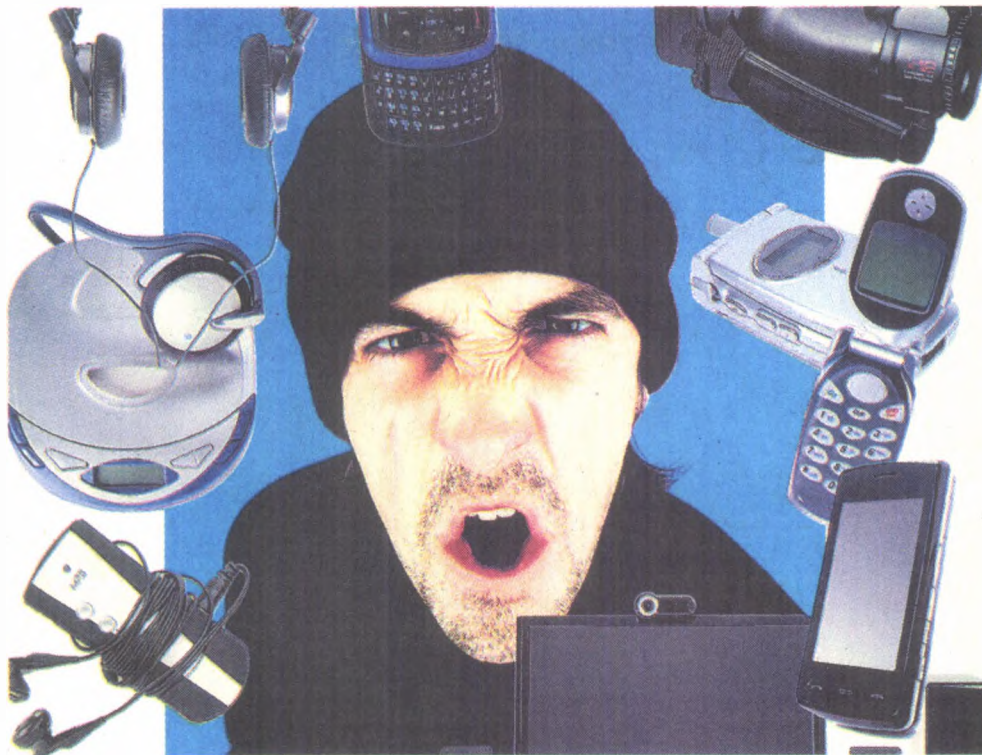
As students across the nation make their way back to school, many will carry cell phones, iPads, iPods, laptops and other electronic devices everywhere from the classroom to the car. Your Better Business Bureau (BBB) reminds students and their parents to talk about ways to keep electronics out of the wrong hands.

College campuses, cafeterias, local hangouts and even classrooms can be an easy target for those looking to snatch expensive electronic devices. Theft is common on any campus, alerts the Wayne State University Police Department. They advise students to never leave property unattended in any campus building or in your car. Not only can thieves steal your personal property, they could gain access to sensitive information such as e-mails, text messages, calendars, photos and even social media network logins.

"Students need to be on-guard when it comes to securing their electronics," said Patrick Bennett, BBB director of Community Relations. "Electronics are a huge investment and they shouldn't be treated any differently than carrying around a wad of cash."

BBB offers the following advice to students and parents on how to keep personal property safe at school:

- Keep it off the floor. No matter where you are in public — a large study hall in school, a conference, a coffee shop, or a registration desk — avoid putting your electronics on the floor. If you must put it down, place it between your feet or at least up against your leg, so that you're aware of it.
- Leave it at home. In some cases, school districts may have strict policies about students bringing electronic devices to campus. Be sure to find out what is allowed



while on campus and in the classroom. Also, determine if you really need your electronics during school hours or if they can wait until you get home.

- Get it out of the car. Don't leave your electronics in the car — not on the seat, not in the trunk. Parked cars are a favorite target of thieves; don't help them by leaving your property unattended.
- Don't leave it "for just a minute." Your classmates seem trustworthy, so you're comfortable leaving your electronics on the table while you go outside for a break. The people at the coffee shop seem nice, so you ask them to keep an eye out while you use

the restroom. Don't leave your laptop, iPad or other tablets unguarded — even for a minute.

• Use bells and whistles. Depending on your security needs, an alarm can be a useful tool. Some laptop alarms sound when there's unexpected motion, or when the computer moves outside a specified range around you. Or consider a kind of "lo-jack" for your laptop: a program that reports the location of your stolen laptop once it's connected to the Internet.

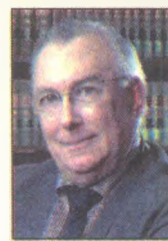
For more consumer tips and news, visit BBB's news center at <http://easternmichigan.bbb.org/bbb-news/>.

Utilities regulate solar panels

By Robert Meisner
Guest Columnist

Q: I am interested in what, if anything, you know about photovoltaic policies for townhouses?

A: What I think you are really talking about, with regard to the installation of photovoltaic systems for townhouses, is solar panels or things of that sort that can be installed on a limited roof space. Does the association have control over the side of the roof that can be utilized and, what if the optimum roof side faces the street? Can the manual shutoffs be located at each unit or altogether on a separate panel, and, can the association require the use of micro-inverters? Generally speaking, these issues are regulated by utility company tariffs or rules. In some states, there are statutory limits on the association's power to regulate placement of renewable energy facilities including PV panels. You are advised to do your own investigation and then confront the association with your request to the extent that you would need authority from the association to embark on this type of program or, for that matter, the association may wish to consider doing so itself.



Robert Meisner

Q: I have often desired to live around a mountainous National Park particularly, in Utah, and I am wondering what the economic situation is.

A: If you are thinking about moving around Arches National Park near Moab, there is a great deal of raw land available and you can buy a land cabin package for a base price of \$99,000.00. Another example is a 2000-square-foot three-bedroom, two-bath home, plus a guest apartment and a four car garage on 6.7 acres of land for \$425,000.00. Again, that gives you an indication of the price of property in this area which has not adversely affected by the downturn as has other resort locations in the country. If you are thinking about getting a central location near or between Bryce and/or Capital Reef National Park, there is lots of land available in Torrey, Utah, for construction and/or development. Also, commercial development has not been as great in the Capital Reef area because of the relatively lesser known familiarity with Capital Reef National Park, but I am sure, based upon my observations, that that will soon change and the economic potential for development, both commercial and residential in that area, is great.

Robert M. Meisner is a lawyer and the author of Condominium Operation: Getting Started & Staying on the Right Track, second edition. It is available for \$9.95 plus \$1 shipping and handling. He also wrote Condo Living: A Survival Guide to Buying, Owning and Selling a Condominium, available for \$24.95 plus \$5 shipping and handling. Call (248) 644-4433 or visit bmeisner@meisner-associates.com. This column shouldn't be construed as legal advice.

HOMES SOLD-WAYNE

These are the area residential real estate closings recorded the week of June 27 to July 1, 2011, at the Wayne County Register of Deeds office. Listed below are cities, addresses, and sales prices.

CANTON	
50548 Amberley Blvd	\$550,000
45608 Baywood Blvd	\$270,000
49651 Garfield Ln	\$65,000
4191 Lonebridge Cir	\$216,000
1625 Manton Blvd	\$150,000
4758 Sherwood Cir	\$184,000
47903 Stratford Ct	\$317,000
42282 Trotwood Ct	\$140,000
6134 Willow Creek Dr	\$160,000
40353 Winfield Rd	\$165,000
GARDEN CITY	
5741 Gilman St	\$67,000

30641 Pardo St	\$83,000
6507 Sharon St	\$78,000
LIVONIA	
11303 Cranston St	\$139,000
11325 Flamingo St	\$117,000
14135 Houghton St	\$130,000
29721 Hoy St	\$140,000
27855 Perth St	\$110,000
16450 Rougeway St	\$135,000
18310 University Park Dr	\$46,000
20211 Weyher St	\$50,000
NORTHVILLE	
42147 Brampton Ct	\$293,000
44617 Broadmoor Cir N	\$360,000
17047 Brooklane Blvd	\$450,000
44302 Deep Hollow Cir	\$425,000
17407 Deer Path Dr	\$475,000
46425 Pickford St	\$86,000
16123 Portis Rd	\$214,000
PLYMOUTH	
1450 Ann Arbor Rd W	\$20,000

278 Blunk St	\$214,000
466 Blunk St	\$110,000
11985 Leighwood Dr	\$285,000
15094 Thornridge Dr	\$155,000
REDFORD	
19635 Brady	\$34,000
20421 Dalby	\$29,000
18272 Gaylord	\$37,000
18697 Gaylord	\$25,000
17139 Grayfield	\$22,000
19354 Kinloch	\$20,000
18642 Lexington	\$41,000
19992 Norborne	\$14,000
11302 Sioux	\$46,000
20477 Sumner	\$35,000
WESTLAND	
8275 Melvin Ave	\$70,000
27595 Powers St	\$43,000
830 Summerfield Dr	\$52,000
850 Superior Pkwy	\$45,000

HOMES SOLD-OAKLAND

These are the area residential real estate closings recorded the week of June 20-24, 2011, at the Oakland County Register of Deeds office. Listed below are cities, addresses, and sales prices.

BEVERLY HILLS	
19481 Beverly Rd	\$272,000
17193 Buckingham Ave	\$216,000
16007 Elizabeth St	\$62,000
17005 Elizabeth St	\$180,000
32060 Waltham Dr	\$371,000
BIRMINGHAM	
267 Abbey St	\$425,000
1247 Bird Ave	\$197,000
375 Catalpa Dr	\$550,000
400 Hamilton Row	\$379,000
411 S Old Woodward Ave	\$270,000
955 Suffield Ave	\$506,000
BLOOMFIELD HILLS	
4906 Charing Cross Rd	\$633,000
340 Chesterfield Rd	\$450,000
149 Marblehead Dr	\$1,006,000
3 The Oaks	\$320,000
1560 Trailwood Path	\$90,000
718 Westview Rd	\$300,000
BLOOMFIELD TOWNSHIP	
1777 Alexander Dr	\$315,000
422 Fox Hills Dr N # 3	\$26,000

1287 Greenglen Ct	\$195,000
560 N Glengarry Rd	\$863,000
5595 Raven Rd	\$330,000
1214 S Timbervue Trl	\$215,000
COMMERCE TOWNSHIP	
1836 Alsop Ave	\$326,000
138 Demarist St	\$88,000
3749 Gulfwood Dr	\$256,000
9030 Marilyn Ter	\$384,000
1445 Woodcrest Ln	\$194,000
FARMINGTON	
33247 Cloverdale Ave	\$124,000
23194 Floral St	\$60,000
23036 Frederick Ave	\$87,000
34036 Glenview Dr	\$120,000
32000 Grand River Ave	\$22,000
25911 Power Rd	\$81,000
22511 Violet St	\$62,000
FARMINGTON HILLS	
22734 Ashley St	\$91,000
36083 Castlemeadow Dr	\$255,000
32240 Craftsby Rd	\$155,000
31710 Dohany Dr	\$157,000
32383 Farmersville Rd	\$100,000
38074 Halsted Road	\$464,000
29316 Laurel Dr	\$64,000
32000 Rocky Crst	\$182,000
32475 Scottsdale	\$420,000
30752 Tanglewood Trl	\$194,000
29482 Valley Bnd	\$200,000
30515 W 14 Mile Rd # 29	\$21,000
22159 W Brandon St	\$58,000

27231 Winterset Cir	\$250,000
FRANKLIN	
17023 Marguerite St	\$189,000
MILFORD	
400 Burns Rd	\$180,000
1488 Hunters Lake Dr	\$500,000
734 S Milford Rd	\$65,000
2601 W Buno Rd	\$330,000
NOVI	
24252 Bashian Dr	\$60,000
22646 Bertram Dr	\$335,000
22843 Brookforest	\$155,000
42038 Cherry Hill Rd	\$216,000
22619 Chestnut Tree	\$180,000
39450 Country Ln	\$70,000
22626 Deerfield Rd	\$180,000
1259 E Lake Dr	\$30,000
41588 Hamlet Ln	\$120,000
26000 Island Lake Dr	\$425,000
42878 Ledgeview Dr	\$261,000
26285 Mandalay Cir	\$115,000
27891 Middleton Dr	\$149,000
27893 Middleton Dr	\$154,000
27895 Middleton Dr	\$148,000
27897 Middleton Dr	\$152,000
27991 Middleton Dr	\$152,000
23503 N Rockledge	\$25,000
25584 Portico Ln	\$97,000
30971 Tanglewood Dr	\$149,000
23409 Whitehall Dr	\$450,000
42599 Whitman Way	\$234,000
28255 Wolcott Dr	\$84,000

28334 Wolcott Dr	\$160,000
SOUTH LYON	
777 Heights Ct	\$158,000
59894 Mulberry Ln	\$38,000
912 Oak Creek Dr	\$190,000
23676 Prescott Ln W	\$410,000
23422 Sawgrass Ct S # 6	\$300,000
358 Stanford Ave	\$135,000
52690 Trailwood Dr	\$2,000
52690 Trailwood Dr	\$83,000
388 Winchester St	\$124,000
SOUTHFIELD	
18660 Autumn Ln	\$129,000
27705 Berkshire Dr	\$70,000
15977 George Washington Dr	\$103,000
30515 Old Stream	\$125,000
30265 Spring River Dr	\$135,000
19305 Starlane St	\$82,000
29131 Stellamar Dr	\$110,000
15649 Stone Crossing Dr	\$33,000
16905 W 12 Mile Rd	\$30,000
16145 W 13 Mile Rd	\$55,000
WHITE LAKE	
8821 Arlington St	\$50,000
130 Huronview Ct	\$150,000
2228 Kingston St	\$242,000
11409 Lakehaven Dr	\$164,000
8112 Springdale Dr	\$75,000
411 Woodsedge Ln	\$220,000

REAL ESTATE BRIEFS

New face

Carlina (Carol) Boji, broker/owner of RE/MAX Classic, has announced that top-producing Realtor Delilah Milne has moved her business to the Farmington Hills office. Milne, who was previously affiliated with a local real estate brokerage, made the transition to a RE/MAX brokerage to access the educational programs, and for the benefits of working with the largest RE/MAX brokerage in Southeastern Michigan — RE/MAX Classic.



Delilah Milne

"RE/MAX is not only synonymous with real estate, but at RE/MAX Classic we are provided marketing assistance to grow our business and resources for technology," said Milne. With over 10 years of experience in the real estate industry, she specializes in residential and condominium sales, luxury homes and buyer representation.

"Delilah came to RE/MAX Classic this year and from the moment I met her she has been professional, educated, ethical, and caring about the clients she works for. Delilah is a full-time Realtor and makes sure she knows the real estate market for her clients," said Boji. "We are happy to have her

join our elite group of Realtors at RE/MAX Classic. Her knowledge and integrity are a perfect fit."

The firm of RE/MAX Classic encompasses four metro Detroit offices located in Farmington Hills, Novi, Canton and Milford.

Investors

Learn from Jerry Norton "How To Rehab and Flip Properties for Profit." Sponsored by Real Estate Investors Association of Oakland on Thursday, Oct. 13, 5:30-9:30 p.m. at Club Venetian, 29310 John R, north of 12 Mile, Madison Heights. Seminar free to members. \$20 nonmembers.

Real Estate Career Seminar

Keller Williams Realty will offer a Career Seminar 6:30-7:30 p.m. Thursday, Oct. 20, at 40600 Ann Arbor Road, Suite 100, Plymouth. Learn about the \$50,000 income guarantee and free pre-licensing course. For information, contact Lesley Aiello at (734) 459-4700 or laiello@kw.com.

BIA

• Building Industry Association of Southeastern Michigan (BIA) will present the Real Estate Continuing Education Course on Thursday, Oct. 13, from 8:30 a.m. to 3:30 p.m. at Association Offices, 2075 Walnut Lake Road, West Bloomfield.

Lori Chmura of Middleton Training will present an update on real estate law and practices as required for six hours of state-mandated Real Estate Continuing Education.

Registration is \$80 per person for BIA members and \$125 per person for guests. Continental breakfast and lunch are included in the registration. For registration information, call (248) 862-1002 or register online at www.builders.org.

AAM

• Apartment Association of Michigan (AAM) will sponsor Leasing 101, a seminar for apartment leasing professionals, on Tuesday, Oct. 11, from 9 a.m. to noon at Association Offices, 2075 Walnut Lake Road, West Bloomfield.

Kathleen Mabie of Ann Arbor-based Success On Site will provide guidelines to increase occupancy immediately. The entire leasing process will be covered with emphasis on these topics: outsmarting the competition; closing starts at the beginning; being the best people and product; building trust; know your non-verbal communication.

Registration fees are \$75 for AAM or Building Industry Association members and \$95 for guests. For registration information, call (248) 862-1002 or register online at www.builders.org.

Challenging fun for ALL ages

Thursday PUZZLE CORNER

CROSSWORD PUZZLER

ACROSS

- 1 Splotch
- 5 Amorous murmur
- 8 Sports channel
- 12 Himalayan sighting
- 13 Time divs.
- 14 Franc successor
- 15 Indigo plant
- 16 Creamy pastry
- 18 Questioned
- 20 Hwys.
- 21 Tended a squeaky hinge
- 23 Alphabet ender
- 26 NE state
- 29 Half-shell items
- 31 Quote from
- 32 Home-heating fuel
- 33 Dinghy's need
- 34 Mended
- 36 Torne and Blanc
- 37 Pooh's pal
- 38 Follow

DOWN

- 40 At the stern
- 41 Picasso's first name
- 45 Chamber music ensembles
- 49 Warn loudly
- 51 Part of BTU
- 52 Vane dir.
- 53 Unlikely story
- 54 Whirlpool
- 55 Tolerate
- 56 Epochs
- 1 Win --- nose
- 2 Al Capp's "Hyena"
- 3 Elevator pioneer
- 4 Defraud
- 5 Ms. Lauper
- 6 A feast --- famine
- 7 Fish hawks
- 8 Underwater shockers
- 9 "Croc" Dundee's girl

Answer to Previous Puzzle

G	L	O	B	S	T	M	Y	T	H
R	A	P	E	S	A	I	O	W	A
O	V	A	R	O	O	T	C	A	N
G	A	L	E	N	U	H	S		
	L	E	A	D	E	M	A	I	L
W	A	L	K	F	R	A	L	L	Y
A	G	A	F	R	A	N	B	E	N
I	N	I	T	O	N	T	A	S	S
L	I	N	E	R	K	I	W	I	
	R	E	M	A	L	V	I	N	
H	O	U	R	G	L	A	S	S	I
U	N	T	O	V	S	O	P	E	E
B	O	A	R	I	O	N	S	W	A

6-8 © 2011, Dist. by Univ. Uclick for UFS

- 10 NFL player
- 11 Persona --- grata
- 17 Bookie's figures
- 19 Many millennia
- 22 Great quantities
- 23 Fanatic's feeling
- 24 Drops the ball
- 25 Hairpin curve
- 26 Aloha in Rome
- 27 Sarge's pooch
- 28 IBM rival
- 30 Boot part
- 31 ER practice
- 32 Refined
- 35 Test the weight of
- 36 "Cry --- River"
- 39 Win unexpectedly
- 40 Affectively creative
- 42 Eight bits
- 43 Nonsense verse writer
- 44 Earthen jar
- 45 Montreal's prov.
- 46 Kiel conjunction
- 47 Assistance
- 48 Mao --- tung
- 50 Brown of renown

1	2	3	4	5	6	7	8	9	10	11
12				13				14		
15				16				17		
18				19				20		
21				22				23	24	25
26	27	28		29				30		
31				32				33		
34				35				36		
37				38				39		
40				41				42	43	44
45	46	47		48				49		50
51				52				53		
54				55				56		

Want more puzzles?
Check out the "Just Right Crossword Puzzles" books at QuillDriverBooks.com

SUDOKU

				2	9			
2		9	8		7		1	
			1	9		3	5	
7	1				3		6	
					5			
9			6			7		
		4				1	7	
5	3				6	8		9
	9		2	7				4

Level: Beginner

Here's How It Works:

Sudoku puzzles are formatted as a 9x9 grid, broken down into nine 3x3 boxes. To solve a sudoku, the numbers 1 through 9 must fill each row, column and box. Each number can appear only once in each row, column and box. You can figure out the order in which the numbers will appear by using the numeric clues already provided in the boxes. The more numbers you name, the easier it gets to solve the puzzle!

Fun By The Numbers

Like puzzles? Then you'll love sudoku. This mind-bending puzzle will have you hooked from the moment you square off, so sharpen your pencil and put your sudoku savvy to the test!

Word Search — Shelter Dog

F	Q	A	M	E	Y	R	J	S	W	Z	V	R	J	V	
L	A	W	H	O	Y	M	E	I	W	A	V	E	M	L	
P	Y	M	P	E	L	L	F	T	C	E	E	S	K	F	
N	S	A	I	D	O	G	J	C	L	D	Q	C	Y	L	
F	J	L	B	L	E	D	I	I	T	E	B	U	T	E	
B	Z	L	W	N	Y	N	V	C	H	B	H	E	E	G	
C	M	O	I	O	A	N	Y	R	U	J	N	I	S	I	A
U	A	N	K	T	B	P	M	X	G	Z	S	D	C	C	
C	A	R	I	N	G	A	E	T	K	T	Q	M	O	T	
C	A	O	W	L	N	B	M	T	W	K	P	S	S	V	
B	N	V	Q	E	Y	B	J	K	T	V	Y	O	Z	G	
S	L	O	K	W	G	X	P	T	H	V	Y	Q	B	E	
Y	U	N	N	X	D	E	R	P	B	P	C	N	Y	E	
N	O	I	T	P	O	D	A	A	D	G	Z	L	K	W	
B	Q	S	N	V	R	W	M	T	J	M	W	K	L	M	

- | | | | | |
|----------|--------|--------|--------|--------------|
| adoption | cage | dog | injury | shelter |
| bark | canine | family | pet | society |
| bowls | caring | humane | rescue | vaccinations |

CHECK YOUR ANSWERS HERE

Sudoku

1	9	6	7	8	2	7	9	6	1
6	2	8	9	1	4	7	3	5	8
9	7	1	6	5	3	2	2	8	6
8	4	7	2	1	9	5	8	6	3
1	6	4	7	4	7	2	9	6	8
5	9	2	3	6	2	7	8	1	4
2	5	3	4	1	9	6	8	1	4
7	8	9	2	6	1	5	3	8	7

CHECK YOUR ANSWERS HERE

Word Search

R	T	K	M	R	F	L	A	M	R	N	S	D	O	G
A	X	T	Z	O	G	V	C	E	C	L	I	O	N	A
E	S	T	O	G	G	V	C	E	C	L	I	O	N	A
G	T	S	O	A	A	J	F	S	O	M	C	A		
S	H	O	K	K	R									
C	O	N	S	Z	Z									
I	L	L	E	G	E									
L	A													

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2 BATHS
College Park Estates Sun Homes
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All applicants subject to credit & income check.
Exp. 10/31/11 EHO

Brick, Block & Cement

Brick, Block & Cement

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*3 years with a \$50.00 increase in years 2 & 3 4th year Market rent.

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is seeking professional(s) to fill Senior Product Design Engineer position(s) in Plymouth, MI to complete tech. process, & fin tasks during devel. of projects; devel. cust. bus. case; analyze components & syst. design; create CAD 2-D/3-D built process or financial tasks; build cost estimate & scope of work; assist in prep. proposals & customer comm. docs.; perform eng. or fin. analysis; assist in tech. or fin. benchmarking; assist in presentations to tech. buyer. Utilize exp. w/ CAD Design; GD&T fundamentals; drawing layout; MS Excel, MS Project, Recs BS (3 or 4 yr degree) or equiv. & 3 yrs. exp. Send resume to: Elizabeth Barth, JCI, 5757 N. Green Bay Ave., Milwaukee, WI 53209. Must reference job code SPDE-PMI when applying. EEO.

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No phone calls please

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Walker, \$40; shower chair, \$40; wheel chair alarm system, \$20; home intercom system, \$50. Call: (734) 722-6665

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With 2 yrs min exp. to join our team. Take impressions & make temporary crowns. Knowledge of Dentrix preferred. Detail oriented & organized. Mon & Tues. Royal Oak area. dfovetee@yahoo.com

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hometown life

MOMS GO BACK
TO SCHOOL
PAGE 6

PUT YOURSELF FIRST!
PAGE 10

OCTOBER 2011

woman



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October is Breast Cancer Awareness Month

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Awareness: First step in fight against breast cancer

Early detection is the best defense. Experts agree it is the most effective weapon in the war against breast cancer.

October is Breast Cancer Awareness Month and in this edition of *Hometown Life Woman* we are asking you to join us in urging friends, sisters, daughters, moms and grandmothers to get a mammogram.

Contributing Writer Linda Chomin leads the charge by talking with local experts who encourage all women to schedule a breast screening. During these tough economic times, experts are concerned that many women who are uninsured or underinsured will forgo the

annual exam. Today's story outlines local programs and services offered by area health organizations that are stepping up to make sure women don't avoid this very important preventative measure.

While early detection offers the best results for a cure rate, research is a major key in finding a cure. Many companies make it easy and fun to go "pink for the cure." See today's story on Pink Products that help the cause.

Also inside today's edition, Contributing Writer Val Olander introduces us to area women who are reinventing themselves through education. Read about their successes and challenges along the way.

Meet Barbara Deyo, owner of Deyo Studio in Birmingham, who reminds women that they need to care for themselves if they expect to care for others.

Put yourself at the top of the "to do" list, says Deyo, a single working mom and successful businesswoman.

Special thanks to Debbie Maloni of Plymouth Township, who used last month's recipe for "Whole-Wheat Dark Chocolate Zucchini Brownies." Maloni, a teacher at Allen Elementary School, shared the treats with this writer. Great job, Debbie — a recipe with all the important food groups: vegetable, fiber and, of course, chocolate.

Thanks for sharing. The brownies were delicious.

Enjoy today's edition of *Woman* and, as always, I welcome your comments and suggestions for future editions.

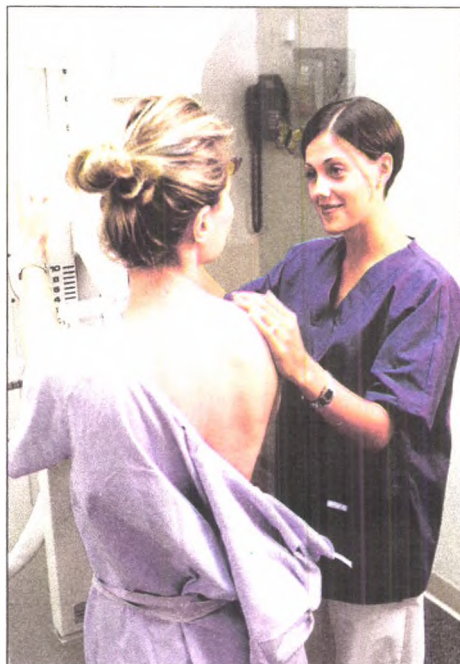


Susan Rosiek

Susan Rosiek
executive editor
srosiek@hometownlife.com

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Whole Grain Caprese Sandwich Bites

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Susan O'Connor, 32, of Redford and her daughter, Mya, age 7, who is showing off her second-grade school work. O'Connor is in the second year of a two-year nursing program at Schoolcraft College.

Area moms head back to school, too

By **Valerie Olander**
Contributing Writer

After Susan O'Connor, 32, of Redford, puts her second-grader, Mya, on the school bus, it's time to grab her own 40-pound book bag — a suitcase on wheels — and head off to the classroom as well.

O'Connor is studying to be a registered nurse at Schoolcraft College's intensive two-year program. She hopes to be finished in April. In addition to a six-hour

lecture class and two eight-hour days of clinical training at Huron Valley-Sinai Hospital, she works weekends as a bartender and recently picked up a second job working a 12-hour shift as a nurse's aide at St. Mary Mercy Hospital in Livonia.

"For every hour of lecture, they say two hours of studying is needed," she said.

O'Connor has managed school and work for the most part as a single mom.

Her husband of two years, Dan, returned home from the Army in August. She relied heavily on a supportive group of family members to help with child care.

"Sometimes I get stressed out just thinking about all of it," she said. "I know I'm not the only one. Others in the program are working 40 hours a week."

O'Connor is one of a growing number of moms returning to college for better

Reinvent your future: How to stand out in a tough job market

(ARA) — Whether you are looking for work or working at a job where you want to advance to the next level, staying relevant in the current job market can be a challenge. Here are some top tips from employment insiders about how to create your own brand and stand out above the competition.

1. Education

If you want to hear "you're hired" or "you're promoted," a great place to focus your efforts is on education. Keeping your skills current in your industry is crucial if you want to stand out above other candidates. Getting an advanced degree, taking college classes and other job training can be a big differentiator.

Luckily for the 21st century workforce, attending college isn't just for those fresh out of high school. With online degrees, flexible scheduling, and more variety of courses than ever before, you can take the exact class to get the skills you need to make a difference in your career. Research colleges like University of Phoenix, which is known for its innovative approach to curriculum flexibility for students who need to balance education with family and job commitments.

2. Industry networking

Sometimes finding the right job is all about who you know. The best way to increase your networking is to join a professional organization in your industry. Some organizations are free and others may require a small membership fee, but the investment can have high returns. You'll get the opportunity to attend meetings, stay current on what's happening in your field, and also mingle with others who might have the career connection you're seeking.

Social media is another great channel when expanding networking efforts. Consider joining LinkedIn and connect to colleagues as well as industry insid-

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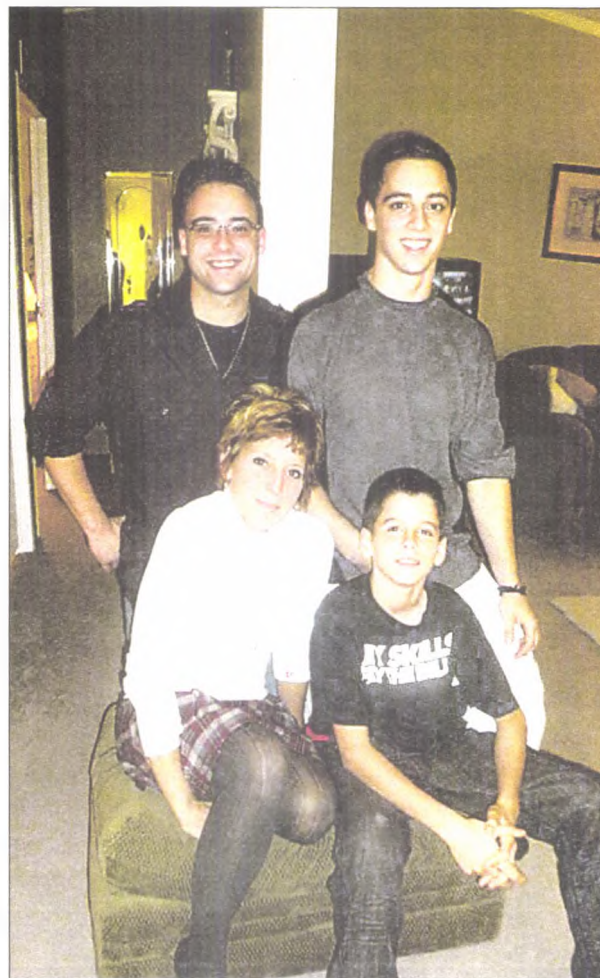
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Janice Keyes, of Northville, went back to school after working 17 years in the marble and tile sales industry. Pictured are Keyes and her sons (from left standing) Patrick Baumgardner, 23; Kris Baumgardner, 21 and Leo Keyes, 13.

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SCHOOL

Continued from page 6

career opportunities. Moms are working twice as hard to make a brighter future for their families. Some are making changes as the job market requires a better educated work force. Others are forced to switch to a second career due to a job loss in the faltering economy.

The nursing program at Schoolcraft is booming, said Debi Vendittelli, assistant dean of nursing. About 240 students are enrolled in the two-year program.

"A lot of people really want to help others," she said. "Nursing is a science and an art. It takes caring people to do this and it allows people to work flexible hours for good pay and good benefits."

The national median salary for a registered nurse is about \$51,500.

"Nursing is multi-dimensional. There are many options and different avenues a nurse can take, such as home health care, hospice, geriatrics and OB/GYN," Vendittelli said.

For Janice Keyes, 47, of Northville, heading back to school was a decision she made after working 17 years in the marble and tile sales industry. She was

laid off after a 14-year stint with one company that closed when the economy nosedived. Two other successive jobs resulted in pink slips because of downsizing.

"I enjoyed it and I was good at it, but I was just getting burnt out," she said.

A new career

It was time to look for another career, Keyes said. The medical field looked promising and stable. The health care industry is expected to grow throughout the decade, mostly because of the aging baby boomer population.

Keyes began taking classes at Schoolcraft last year, taking the prerequisite courses to get into the nursing program. She felt like the oldest student in class.

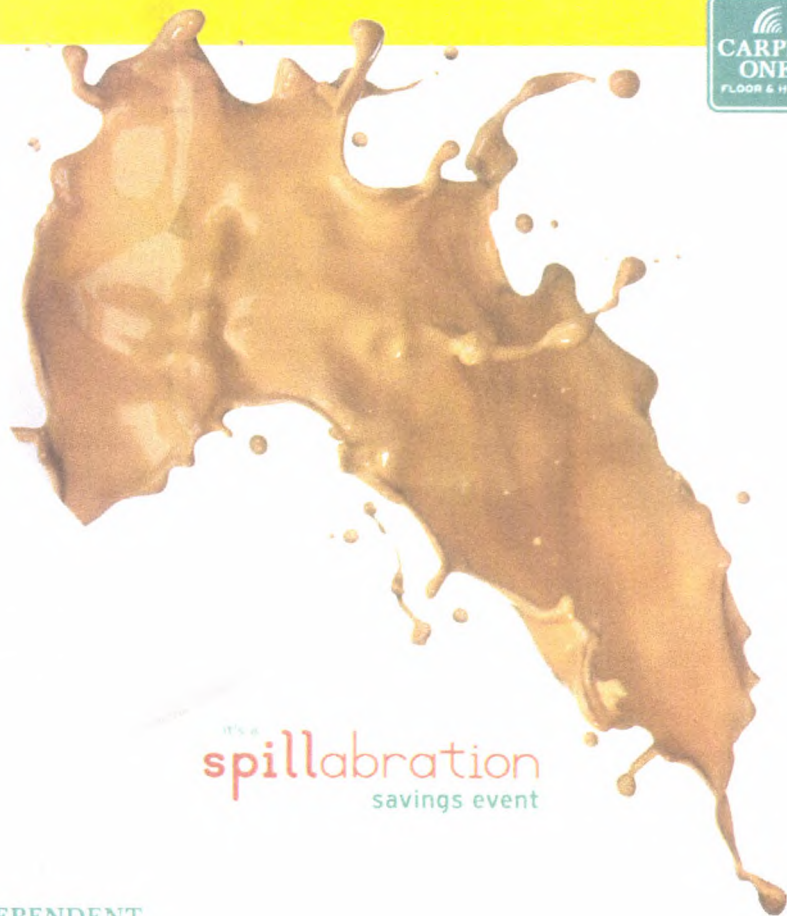
More than 25 years out of high school, Keyes was taking a full load of courses alongside her son, Kris Baumgardner, 21, who left Schoolcraft to attend Michigan State University this year.

"We never had classes together and I never ran into him on campus, but we always texted during the day to check up on each other and find out how classes were going," she said.

Please see SCHOOL, 26

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How to get a longer stick

By **Barbara Deyo**

Guest Columnist

If you are a busy, working mom, like me, you know, at the end of the day, the one who gets the short end of the stick is you. And if you are a single mom to boot, like me, you know that stick gets even shorter. I manage to bring home the bacon, fry it up in a pan and take care of every other detail in my life — except for me. Besides my peace of mind, my hair and nails suffer just as badly. So if I have overgrown roots and shaggy cuticles on the outside, what the heck must be going on the inside?

“Stress is the body’s reaction to any change that requires an adjustment or response. The effects of stress can be positive, keeping us alert and ready to avoid danger. On the other hand, stress can also become negative. This occurs when a person faces continuous challenges without relief or relaxation between challenges and physical illnesses related to stress develop as a result.” — www.deal-withstress.com

Stress is a major factor contributing to the cause of irritable bowel syndrome, heart attacks, high blood pressure, ulcers, rheumatoid arthritis, insomnia, chronic fatigue syndrome, obesity, muscle aches and, last but not least — yup, you guessed it — cancer. Stress weakens the immune system, and when that happens, we open the door to Pandora’s Box of illnesses. So what can we do to make ourselves relax and feel better?

Put yourself at the top of the “to do” list. Taking care of yourself is not selfish. People often think of massages and facials as decadent indulgences, rather than essential health management. Both improve lymph flow, which rids the body of bacteria, viruses and toxins, which in turn helps to reduce fatigue and stress and helps the body maintain its natural defense system. It also boosts the immune system, reduces the heart rate, lowers blood pressure and improves blood circulation and overall skin health.

“Unfortunately, a lot of people only think of massage when they want to pamper themselves when, really, we need to reduce stress on a continual basis as preventative medicine,” said Nicolena Inniss, massage therapist at Deyo Studio.

“More and more, we are seeing the use of integrated medicine, where the goal is to treat the mind, body and spirit, all at the same time.”

Karen Halkey, Deyo Studio’s resident esthetician, specializes in organic facials that help detoxify the body and nourish the skin.

“I incorporate aromatherapy into all of my treatments,” Halkey said. “Essential oils have a powerful effect on our entire sensory system, and have been proven to have a deeply calming effect on the limbic system in our brain, the area that controls our emotions, including our ‘flight or fight’ response.”

One of the hardest things to do is just be and accept who you are and where you are at this moment. I found my way back to yoga and my favorite teacher, Raina Nemeth, this past year.

“Yoga not only has the ability to change the body, but it changes the mind,” Nemeth said. “Yoga retrains the brain so that instead of reacting to stress with tension, we actually learn to soften around those emotional and physical stressors, creating a sense of calm and strength.”

She shared a moving story with me about her experience working with a friend who passed away from stage 4 breast cancer this past January. When she first started working with her, it was her second time being diagnosed.

“She could barely walk, but we kept doing yoga at her home, and she actually became cancer-free for six months,” Nemeth said. “The third time she was diagnosed, it was too late, but before she passed, I sat with her and we did yoga breathing together, as by this time she had lost her sight. She knew she was going to die and was afraid. After some time, just breathing together and talking about our universal light, she told me she could see a rainbow and that she knew she would be OK. She passed two days later.”

I’m not sure what to say after that, except stop neglecting you before that shortening stick becomes a nail.

Barbara Deyo, owner of Deyo Studio for face and body, is an internationally acclaimed makeup artist, having groomed the faces of Paul McCartney, Bob Seger, Kerrie Washington, Shaun Robinson and more. She has been named Best of the Best by Allure, Hour, Real Detroit and WDIV-TV. Deyo Studio is located at 576 N. Old Woodward Avenue, second floor, in Birmingham. Contact her at (248) 203-1222 or go to www.deyostudio.com.



Barbara Deyo

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Women need to get involved in retirement planning, saving

By **Cindy Szymanski, CFP®**
Guest Columnist

With statistics showing that married women on average become widowed at age 58, it is vital for women to get more involved in retirement planning and prepare to sustain their lifestyle without a spouse. Yet statistics also show that women save a third less than their male counterparts for retirement. Add in the factor that women generally earn less than men, and you can see why the ability of many women to achieve a financially secure retirement is in jeopardy.



Cindy Szymanski

Unfortunately, the old adage that a woman can live on 50 percent less income if they are widowed is not true in today's world, where the cost of health care and other rising expenses can quickly deplete a widow's retirement portfolio. No matter what our marital status, we more than likely will need at least 80 percent of what we are currently earning.

So whether you are single or married, you need to develop a financial plan that will help meet your retirement goals. For example, it is important to start keeping track of the benefit projections that Social Security has calculated for you. Whether this income is your's and/or your spouse's, women need to understand what percentage of your retirement income may come from Social Security. If you are over 25, the Social Security Administration sends out an annual Social Security Statement that shows an estimate of your benefits and a summary of your work history that is used to calculate these benefits. If you haven't received this statement, you can request it online at www.ssa.gov. You can also use their online calculators to estimate benefits at www.ssa.gov/planners/calculators.htm.

If you are employed, make sure you know if your company or organization offers a retirement plan such as a 401(k), SIMPLE or 403(b) and if you are eligible to contribute to the plan. The earlier you start to save, the more time your sav-

ings will have to accumulate for your eventual retirement. These plans allow you to contribute from your earnings before taxes, which will reduce your taxable income. Currently, if you are under 50 you can contribute a maximum of \$16,500 to a 401(k) plan and \$11,500 to a SIMPLE plan. If you are 50 or older, you can contribute a maximum of \$22,000 to a 401(k) and \$14,000 to a SIMPLE.

Even if you can't contribute the maximum, a systematic savings deducted from your payroll check is a good way to start a retirement savings account. Your employer may also offer an "employer match" which is like free money to you. For example, some 401(k) plans will offer as much as 50 percent of whatever you contribute. Whatever the amount, these monies can accumulate to a substantial savings over time. If you have a spouse, you should also be aware of his retirement benefits and what he currently is contributing.

If your employer (or spouse's) offers a defined benefit plan (a pension plan) that is good news, because these plans are becoming rare due to the higher costs to the employer. When you retire, one common way to receive these retirement funds is in a lump sum that you can roll into an IRA. By rolling it to an IRA you keep it tax-deferred until you take a distribution.

Another very important option to be aware of, especially if your spouse has the pension, is what is called the single or joint/survivor option. If your spouse were to choose the single option that amount would be higher, which at first glance, looks good — you are receiving more income either on a monthly, quarterly or annual basis. However, if your spouse were to die, the pension would stop and you receive nothing. The joint/survivor option is usually a lower amount, however, it will continue when your spouse dies, so you will continue to have an income stream from his pension if he were to die before you.

Cindy Szymanski is a financial adviser at Bloom Asset Management in Farmington Hills. She has worked in the financial industry since 1988 and holds the designation of Certified Financial Planner (CFP®). She can be reached via e-mail at cindy@bloomassetmanagement.com.

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Friends (from left) Lisa McBride, Carrie McAllister (back), Becky Rousseau (foreground), Tracy Kenney and Samantha Vanderlist taste wine at Black Star Farms winery on the Leelanau Peninsula near Traverse City.

Gals' getaways:

Traverse City, Cleveland and Chicago

By **Mary Quinley**

Contributing Writer

When gals just want to have fun — sans the kids, significant others and work — a get-away-from-it-all adventure is the perfect remedy. Whether you crave a yackety-yak all night gab session; a shop-til-you-drop outing; or, you just need a change of scenery, now's a great time to get out of town.

Can't decide where to go? No worries. Here's a trio of possibilities to consider.

Traverse City

Comfy and snug in a man-size robe, I slipped into a cushy chair in the relaxation area; exchanged a few hushed words with a friend; and, sipped a cup of Earl Gray tea.

A couple of minutes later, happily anticipating my cherry-infused massage session, I was whisked away to a private room. My friend, an avid runner, stayed put to wait for her deep tissue massage.

Here, in the northwest nook of Michigan's Lower Peninsula, gals gather at the Grand Traverse Resort and Spa in Acme, a tad northeast of Traverse City, for the ultimate in pampering.

"The spa is a perfect girlfriends' getaway," said Dawn Olsen, spa manager.

"It's a way for women to get together, relax and de-stress, while making time to socialize with their friends. Just getting away from the craziness of every day life and completely un-plugging from the outside world for a while can provide a sense of renewal," Olsen said.

Some women like to take advantage of the resort's non-spa amenities: boutiques, eateries, tennis courts, swimming pools and fitness classes, to name a few. And, depending on Mother Nature's temperament, three golf courses are available. There's also a shuttle that transports guests to and from the nearby Turtle Creek Casino & Hotel.

But, if you're a gal who's curious about what's happening beyond the resort, there's plenty to see and do.

For starters — one of my favorites — explore the wine trails on the two peninsulas that jut out from Traverse City.

Some of the peninsula wineries offer tours. Many provide complimentary wine

Please see **GETAWAY, 18**

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Breast screening programs reach out to women



By Linda Ann Chomin
Contributing Writer

Health professionals say there is no excuse not to get a mammogram. Local hospitals provide screening to women even if they're uninsured or underinsured. It's one of the ways health care providers are reaching out to women to catch breast cancer early.

St. Joseph Mercy in Ann Arbor offers several options. A low-cost mammogram day takes place Friday, Oct. 21. The \$50 fee helps women with a high health insurance deductible afford screening. For those 40 and over who are underinsured or uninsured, a Susan G. Komen for the Cure grant funds Breast Friends Forever = Life. BFFL is available to women (and men) who receive mammograms at St. Joseph's Washtenaw and Livingston County facilities. The program has screened 150 women since it started in January 2010. Three were diagnosed with breast cancer.

"Early detection is the key," said Andrea Barksdale, mammography manager and mammographer at St. Joseph Mercy Hospital in Ann Arbor. "I've been in mammography 16 years and technology has changed tremendously. We're able to identify potential cancer the size of a grain of sand."

Michelle Morris lost her mom to breast cancer 12 years ago. Morris, 44, started having mammograms in her 30s due to family history. After losing her health insurance, Morris called to cancel her annual screening. That's when the physician's office receptionist told her about St. Joseph's BFFL.

"It's given me peace of mind," said Morris, who needed ultrasound and a biopsy after an abnormal mammogram. "The biopsy and ultrasound were even covered."

Morris's biopsy was benign but the fear persists that one day she will be diagnosed with breast cancer. "I lived it with my mother," said Morris. "She was late stage and fought it for 10 years."

Dr. Nayana Dekhne, director of Beaumont Breast Care Centers in Royal Oak and Troy, agrees "early detection is the best defense" especially as the number of women with breast cancer continues to increase. When Dekhne started practicing medicine as a breast surgical oncologist 15 years ago, one in 12 women were diagnosed. Today, one in eight will have breast cancer at some time in their life.

Dekhne is concerned about the decrease in women receiving screenings nationally. She hopes women take advantage of Beaumont's Breast Care Health Fairs Tuesdays, Oct. 11, in Royal Oak, and Oct. 18, in Troy, to learn about the disease. The event features materials about nutrition and genetics, and a booth to learn self-exam.

The American Cancer Society (ACS) estimates 7,890 Michigan women will be diagnosed in 2011 and 1,320 will die.

Breast health events

• Beaumont Health System hosts community health fairs 10:30 a.m. to 1 p.m. Tuesday, Oct. 11, at the hospital in Royal Oak, and Tuesday, Oct. 18, at the hospital, Troy. Events include information on breast cancer prevention, treatment, support, research trials, and survivorship programs. New support group for patients with metastatic breast cancer (stage IV) starts Oct. 13. For information, call (248) 551-8585

• Making Strides Against Breast Cancer Walk Oct. 15 at Belle Isle, Detroit. Registration begins 7:30 a.m. for walk between 8 a.m. and 10 a.m. To sign up, visit www.cancer.org/stridesonline or call (800) 227-2345. Howell walk takes place Oct. 15, and Ann Arbor Oct. 22.

• St. Joseph Mercy Hospital offers low-cost mammogram screening day Friday, Oct. 21, \$50. Call (734) 712-1313. Free breast screening for uninsured and underinsured women available through Breast Friends Forever = Life. For information, call (734) 712-2695.

• Botsford Hospital presents Walk with the Doc physician lecture 10 a.m. Thursday, Oct. 27, in Heritage Park in Farmington. Topic is cancer prevention and treatment. Pre-register by calling (877) 477-Doc1, option 1.

Screening matters

"With the current economic situation women are avoiding preventive health care services," said Dekhne of West Bloomfield. "We're probably going to see later stages."

"This year we're starting to reach out to patients with metastatic breast cancer (stage IV) with a support group that starts Oct. 13."



Health professionals say breast screenings are the best way to detect cancer early.

Jennifer Valenti has seen a decrease in screening at St. John Providence breast imaging centers in Southfield, Novi, Livonia and Farmington Hills, and blames conflicting information on routine mammograms released by the U.S. Preventive Services Task Force in 2009. St. John Providence adheres to ACS guidelines. Women should be screened starting at age 40 and every year after, or earlier if they

have a family history of breast cancer.

St. John Providence offers "Because We Care." The program enables women under 40, who are at risk for breast cancer due to family history, to receive breast imaging if they're uninsured. For those ages 40-64, the Breast and Cervical Cancer Control Program (BCCCP) imple-

Please see SCREENING, 16

Pink products 'for the cure'

October is Breast Cancer Awareness Month and going pink is easy, especially with these items that also benefit breast cancer research and awareness.

Customers of **Duncan Disposal System in South Lyon** can rent The Cart for the Cure, a bright pink 96-gallon garbage cart which features an awareness ribbon on the side, as part of the effort to raise funds for breast cancer research and awareness. Customers who want to participate agree to pay an additional \$5 per month on their bill which is then donated in their name to a breast cancer organization of their choice, according to Tom Duncan, one of the owners of Duncan Disposal. Along with the contribution, the pink cart also raises awareness when customers put it out by the curb, he said. The company which services communities such as South Lyon, Plymouth Township, Northville Township and Novi, raises more than \$25,000 a year "because of the impact of making these carts available and the generosity of our customers," Duncan said. Go to mygarbageguy.com for information.

Pandora has created a new pink ribbon enamel bead, according to Ken Hauser, manager of **Benson Diamond Jewelers in Westland Shopping Center** next to Kohl's, where the bead will be featured this month. Pandora is going to donate 5 percent of the \$45 cost to Susan G. Komen Foundation, Hauser said. "That's going to be the big, hot bead," he said.

Benson Diamond Jewelers in Westland is offering Pandora's new pink ribbon enamel bead.

Paul's Fine Jewelry in Canton carries Trollbeads and is featuring a Strength, Courage & Wisdom Ring that

Trollbeads will donate \$22 of a purchase of the Strength, Courage and Wisdom ring and Pink Prism bead gift set to the Breast Cancer Research Foundation.



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The Cart for the Cure for the Duncan Disposal System.

comes with a choice of two beads — a Pink Prism Bead or a Rose Ribbon Bead — to commemorate the fight against Breast Cancer, according to Helen Javahirian of Paul's Fine Jewelry, which is located at 42695 Ford Road in Canton. The new rings are like a puzzle ring and it's a gift set with a ring and a pink bead, according to Javahirian.

Home Sweet Home in Plymouth has Chamilia Beads benefiting breast cancer research. It is a sterling silver ribbon with a pink cz crystal and sells for \$45, according to Carol Uber, owner of Home Sweet Home, 852 W. Ann Arbor Trail in Plymouth. "When I buy the bead, a percentage is given to the breast cancer foundation," Uber said.



Home Sweet Home in Plymouth has Chamilia Beads benefiting breast cancer research.

Every year, Aveda offers a limited-edition Hand Relief moisturizer, according to Marilyn Sullins of **Salon Agape, 43155 Main St., Ste. 310, in Novi**. Retail price is \$22 and \$4 from each sale is donated to the Breast Cancer Research Foundation. Since 2006 Aveda has raised over \$1.8 million for research. In alignment with Aveda's mission, donations are used to explore environmental causes and links to breast cancer.

New Balance: Lace Up for the Cure

Please see PRODUCTS, 17

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SCREENING

Continued from page 15

mented by the Michigan Department of Community Health through a grant from the U.S. Centers for Disease Control and Prevention, picks up the cost of screening. At St. John Providence, call Cancer Care at (866) 246-2673. The service is also available through local health departments or by calling (800) 922-MAMM for the nearest BCCCP agency.

"Women who don't have insurance typically are not going for care. It is concerning because we know early detection is key," said Valenti, a Northville resident who manages all of the breast imaging centers for St. John Providence.

Hospitals and community health fairs offer not only information, but on Oct. 1, provided free screenings to detect breast cancer early.

"We do it annually," said Mary Jane Peck, coordinator for the Marian Women's Center at St. Mary Mercy Hospital in Livonia. "Women pay with insurance or qualify for the grant and it's free because it's funded with proceeds from our 5K runs."

In the last three years about five women have taken advantage of the event each year.

"We need to get the word out," said Peck of Novi. "We do send a reminder letter to regular patients plus a huge mailing twice a year to get their mammogram. Women tend to put their health on the back burner."

Peck is trying to change that by offering a Ladies Night Out three to four times a year through the hospital's women's center. The program focuses on a variety of health care topics including breast care. The next event takes place

February 2012.

"We have a self breast exam table with models. You'd be surprised how many women just don't know what they should be feeling," said Peck. "Women need to know what's a normal lump, what's a lump to be concerned with and to do it monthly."

Like St. Mary Mercy, Botsford Hospital in Farmington Hills offered an Oct. 1 health fair with free mammograms. Last year, 29 women were screened. One had breast cancer.

In addition to the annual event in October, Botsford has done nine health fairs this year including Lighthouse Worship Center in Farmington Hills, and the Livonia and Redford senior centers.

On Thursday, Oct. 27, the hospital holds the next Walk with the Doc physician lecture in Heritage Park in Farmington. The topic is cancer prevention and treatment.

"Our job is to get the word out about early detection," said Nicholle Mehr, director of the Botsford Cancer Center. "We try to decrease barriers, financial and time constraints, fears."

Last October, Botsford worked with a loosely formed group of crafters who raised awareness as well as \$1,500 for mammograms and transportation to and from treatment at the hospital's cancer center. Bonnie Berzins of Farmington Hills organized the effort. Crafters bought bras for \$15 each and then decorated the creations.

"We really aren't an organization, just a group of friends who meet every month or so and do a craft challenge," said Berzins. "It's important to catch cancer early. My aunt had breast cancer and she's fully recovered."

Please see **SCREENING, 17**

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SCREENING

Continued from page 16

The Oakwood Breast Care Center-Wayne has seen a 10-percent increase in screening since opening in May 2008. Peggy Law is encouraged by the trend.

"I attribute the increase to patients being better informed about their health and taking care of themselves," said Law, center coordinator. "Even if uninsured or underinsured they find a way to get their screening mammograms."

The Oakwood Health System also participates in BCCCP. During October everyone who receives a mammogram is given a gift tote bag. For information, call (734) 595-0316 or (800) 543-WELL, or visit www.oakwood.org.

Maggie Tucker of Westland started getting mammograms at age 30 after her sister was self-diagnosed with breast cancer.

"With the history it's so scary," said Tucker. "Early detection is better. My sister caught it at stage I when it's treatable and possibly curable."

Dekhne credits the designation of October as National Breast Cancer Awareness Month to saving lives.

"The pink month has made a huge difference," said Dekhne. "It used to be a taboo. Nobody spoke about it. The good news is treatments and outcomes have improved as well. With early detection you have a 95-percent cure rate. You can lead a normal life."

Dekhne says prevention is just as important.

"When patients come to me, I tell them to maintain a healthy body weight. Limit alcohol consumption. Live a healthy lifestyle. Eat healthy food, fresh fruits and vegetables, and exercise," said Dekhne.

The good news is the ACS is seeing an increase in survivorship, according to Mitzi Cardona, Health Initiatives manager. The nonprofit hopes to raise \$850,000 at its annual Making Strides Against Breast Cancer Walk Saturday, Oct. 15, on Belle Isle. The proceeds go to help women get access to mammograms, pay for rides to treatment or a place to stay during treatment, provide resources and support for patients and caregivers, and further research. ACS is also a partner in the state's BCCC program. For information, visit www.cancer.org or call (800) 227-2345, 24 hours a day.

In addition to Making Strides, ACS presents walks in seven southeast Michigan areas including Oakland, Howell and Ann Arbor as well as 72 local Relay for Life events, which fund programs for all types of cancer.

"We're the official sponsors of birthdays. We want more and more survivors," said Cardona.

New Balance will donate 15 percent of wholesale sales of its pink shoes to Susan G. Komen for the Cure.



PRODUCTS

Continued from page 15

Apparel lets you go ahead and run like a girl with these blushing New Balance sneakers. Fifteen percent of wholesale sales will be donated to Susan G. Komen for the Cure, with a minimum donation of \$500,000, up to \$1 million. See everything in the Lace Up for the Cure collection at Nbwebexpress.com.

At **Hiller's Markets** in Metro Detroit, a variety of items benefiting breast cancer research will be for sale, including Pepperidge Farms Milano cookies, Sutter Home wines, St. Julian Simply Pink wine, Sanders candy caramel hearts and non-pareils, Healthy Life breads, Musselmans applesauce, Ritter Sport chocolate candy bars, Evian water, Food Should Taste Good chips and crackers, Morton's salt, Dial soap, Lofthouse cookies, Two-Bites Cupcakes and Brownies, Yoplait yogurt, Dannon yogurt and Healthy Ones sliced ham.

Hiller's also is offering a charity register campaign for the month of October called "Making Strides Against Breast Cancer" that will benefit the American Cancer Society. With this campaign, shoppers will get the chance to donate \$1 at the checkout lane to this cause, according to Boti Nemeth, assistant director of operations for Hiller's Markets.

There's a lot going on at **Kroger** in support of breast cancer awareness. "Giving Hope A Hand," an annual program first launched by the Cincinnati-based grocer in 2006, will raise \$3 million to assist breast cancer programs in communities where the company operates. This year, Kroger will have donated a total of \$18 million to support breast cancer research, education and services.

Fifty-three Kroger associates from across the organization who are breast cancer survivors will appear on customized packages of both national and corporate-brand items that will be sold exclusively in the grocer's stores during the promotion. The survivors and their stories will also be featured on the interactive website www.sharingcourage.com.

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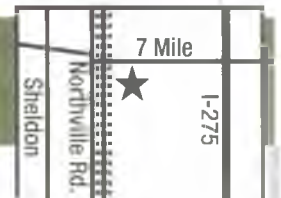
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Food and wine pairings at Chateau Chantal on the Old Mission Peninsula near Traverse City is a favorite activity for a girls weekend getaway.

GETAWAY

Continued from page 12

and juice samples. And most are open year round

Old Mission is the thin, elongated eastern-most peninsula. There are seven wineries, a handful of eating establishments and several bed and breakfasts here.

Just north of the midpoint of the peninsula — perched atop a gentle hill and tucked between two bays — sits Chateau Chantal. Wander inside to the tasting bar to sample wines — from an earthy red to a smooth, silky-sweet ice wine.

Food and wine pairings; a bed and breakfast; musical performances on the last Sunday of most months through the fall and winter; and, special wine dinners through Oct. 28 are winery highlights.

On Nov. 26, Old Mission plays host to the Great Macaroni & Cheese Bake-off. Peninsula wines will be paired with unique renditions of this traditional comfort fare. Tickets must be purchased in advance for the event.

The winding western peninsula, Leelanau, furnishes equally spectacular views of the bay and, as an added bonus, Lake Michigan. Touting almost 20 distinct wineries that offer a wide range of white, pink, red and sparkling wines, and, fruit brandies, the Leelanau Peninsula furnishes a soothing backdrop for a laidback excursion.

When we sauntered up to the tasting bar at Black Star Farms, a winery with a four-season inn, giggles and happy chatter emerged from the group to our left. Striking up a conversation with our newly found gal friends,

we were told — in between bouts of laughter — that the five pals had “escaped from their husbands and children!”

Traverse City, said one of the women, offered the “perfect day getaway.” She was right on.

Later, while tooling around on our self-guided wine trail, we craved a pick-me-up. The L. Mawby winery provided the ideal break as we sat overlooking the vineyards, nibbled on white fish pate and crackers, and, sipped a flight of sparkling wines with names like Fizz, Sandpiper and Sex.

Our final Leelanau stopover was the Cherry Republic in Glen Arbor. Cherry wines, cherry sodas and hard cherry cider are offered in the tasting room. Samples of jam, preserves, butter, barbecue sauce and salsa — all cherry flavored — are available to taste and/or purchase in the adjoining store and cafe.

If you're planning a visit to the Leelanau Peninsula the weekends of either Nov. 5-6 or 12-13, expect lots of merry-making at the annual Toast the Season affair. The celebration includes self-guided winery tours, tastings at eight wineries per day and gourmet food pairings. Purchase tickets in advance for this event.

Set aside a block of time to browse Traverse City's downtown gems. At Fustini's Oils & Vinegars, we sampled chocolate, peach and wild blueberry balsamic vinegars. The peach was a winner, so, I bought a bottle.

I must have been hungry while we popped in and out of shops, because I couldn't resist a mini slab of chocolate-cherry bark from Kilwin's Chocolate Shoppe and a bag of bacon-cheddar popcorn from Popkies.

In all, there are more than 150 downtown eateries, galleries, boutiques and coffee shops.

Before calling it a day, we headed to the Grand Traverse Commons, a 19th-century-asylum-turned-retail-district. A short drive from downtown, this treasure trove of intimate shops and galleries also features dining houses, a coffee bar, the area's first urban winery and bakeries.

Chicago

There's a common thread that links several local women who like to visit Chicago. It's the train ride. Once these gals arrive at their destination, their paths take different courses. Food, however, always manages to be a part of the journey.

“I've taken the megabus and I've driven. But, Amtrak is my favorite way to get to Chicago; the bus is a close second,” said Janet Buck of Livonia, who has visited the Windy City at least a handful of times.

Chicago is a hot spot for moms and daughters to meet. “We have a wonderful time,” said Buck, referring to visits with her

Please see GETAWAY, 19

At Ed Debevics in Chicago, spontaneous dancing on the counter by servers is the coolest part of the eatery's experience.



GETAWAY

Continued from page 18

daughter, Becky Buck of Chicago. Buck fondly recalled the “stunning and beautiful” displays that she and Becky admired at the Chicago Botanic Garden in Glencoe, about 20 miles north of the city.

When the two are together, shopping, eating and exploring are often favorite pastimes.

On a recent trek to Chicago, the pair wandered into a Mexican grocery store. “We bought things here that we don’t normally buy — like cactus,” said Buck, laughing. Nearly 80 diverse neighborhoods from Italian and Greek to Puerto Rican and Chinese provide the ingredients for a combo of learning and adventure.

Foodies — the Bucks are particularly fond of sushi — will discover a mind-boggling number of just under 7,000 eating establishments. An interesting side note: there are just over 7,000 cabs in Chicago.

Hugging the edges of Lake Michigan, in the South Shore Cultural Center, is the Parrot Cage Restaurant. Even if you don’t have time to dine — Sunday brunch is especially appealing — check out the elaborate furnishings in this century-plus-once-a-private-club landmark that excluded Jews and African Americans.

“It’s THAT way!” said a disinterested, bubblegum-chewing waiter, as he pointed to the ladies room. Expect a mild degree of rudeness — all done in fun — if you dine at Ed Debevics. By far, spontaneous dancing on the counter by servers is the coolest part of this eatery’s experience.

Kendall College isn’t just for students. Earlier this year, with a couple of gal friends, I toured The Culinary Curiosity Exhibition at the school. Almost 250 bakery, culinary and

confectionary artifacts line the halls.

“Check out the vegetable/meat chopper and the clockwork spring spit turner. These items show how far we’ve come and how cooks today don’t have to do as much work,” said Vicki Matranga, curator. The intricacy and ingenuity of these hand-powered devices — from the 19th and early 20th centuries — required a person to operate them, she explained. Thank goodness for modern day food processors and grills.

Lunch and dinner are prepared and served by Kendall culinary and hospitality students in the dining room. The public is welcome.

Chris Lareau, who also has a daughter residing in Chicago, enjoys visiting the city. The Amtrak is her preferred mode of transportation to get there and back.

“Chicago is so busy and alive. It’s a nice place to be where you can walk almost any place; take the “el” (elevated rapid transit); or, take a cab. And, there are so many little restaurants, bars and shops,” said Lareau.

In the recent past, Lareau and her two daughters enjoyed chow at the Elephant and Castle, a downtown pub. They then headed to Cadillac Palace, an elegant, French-influenced theater built in the mid-1920s, to see *Wicked*. “Excellent!” Lareau said, referring to the performance.

While in Chicago, on one of her visits, Lareau signed up for the Gangster Tour. She loved it. The tour, a combo of silly and serious, allowed visitors the opportunity to check out the city’s different ethnic neighborhoods. “It was a really fun way to see Chicago,” Lareau said.

And, while you’re in town, don’t miss the freebies, suggested Becky Buck. The Lincoln Park Zoo, the Lincoln Park Conservatory and Navy Pier’s fireworks (through Oct. 29) are admission free.

Please see GETAWAY, 20

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Sudoku puzzles are formatted as a 9x9 grid, broken down into nine 3x3 boxes. To solve a sudoku, the numbers 1 through 9 must fill each row, column and box. Each number can appear only once in each row, column and box. You can figure out the order in which the numbers will appear by using the numeric clues already provided in the boxes. The more numbers you name, the easier it gets to solve the puzzle!

		2	7					8
		1	8					9
4		5	1	2				7 3
				5	7			
			2		3			1
					8	3		9
1						4		7
7				9	6			
			4					8 5

Level: Beginner

	6	7						
							5	
9	8	2			6			3
				9	8			
				2		4	7	5
			1		7	8		
	2	3				7		
4								
	7	9						3 1

Level: Intermediate

4	5	7			1			
	9							
1			9					8
7				4	6			
			8		9		2	6
						7		
		9	5					1
					4			
	6			2		3		

Level: Advanced

Answers found on page 26

GETAWAY

Continued from page 19

Cleveland

It was all about the neighborhoods — with a detour or two — when a couple of gal pals and I decided to check out Cleveland. Our “must do” list was simple: shop, eat, explore, and, above all, have fun.

On day one, historic Tremont topped our itinerary. This culturally rich and ethnically diverse neighborhood, perched on a bluff that furnishes spectacular views of the city, lured us to chic and fashionable boutiques to hunt for one-of-a-kind apparel, art and accessories. We discovered eclectic galleries, sweets and treats shops, and, a must-revisit-when-the-sun-goes-down, 1930s art deco-inspired speakeasy.

We wandered into Lucky's Cafe. Here, sandwiches, salads, house-made pastries and, anytime-of-the-day breakfasts — try the fat, fluffy vanilla-bean waffles topped with strawberry-peach compote, whipped cream and caramel sauce — are served.

For supper, some folks enjoy meeting at Lolita, an eatery owned by television celebrity *Iron Chef* Michael Symon. And, on the second Friday of every month, the neighborhood is abuzz with activity during the Tremont ArtWalk.



Big Fun in Cleveland's Coventry neighborhood specializes in quirky nostalgic merchandise. An entire section is devoted to bacon.

Beer and chocolate? According to Amanda Montague, a chef and owner of Lilly Handmade Chocolates, the two unlikely matches are “fantastic.”

At Lilly's, craft beer and fine wine tastings are held each day. “Just like with wine, the best attempts (for matching) are beers that are a tad bit sweeter than what you're eating, or, vice versa,” Montague explained. For example, she said, the sweetness of a caramel balances the bitterness in the beer. Maybe I'll try that combo on my next visit.

Moving on to Ohio City, one of Cleveland's older neighborhoods, breweries, boutiques, glassblowers and a hodge-podge of other artisans, popcorn factories and a delightful selection of dining spots awaited.

West Side Market, in the Ohio City neighborhood, is the largest indoor/outdoor market in the country. The nearly century-old yellow-brick structure, houses more than 100-plus vendors.

When we opened the market's door, a potpourri of tantalizing aromas welcomed us. I wandered through the maze of booths, pausing to watch as giant-size gyros were smothered with tzatziki sauce; and, peanut butter was freshly ground.

Market food choices are plentiful from freshly baked European-style breads, delicate pastries and 12-plus dozen pierogi varieties, to hot sauces with names like Predator and Rhino, and fresh-from-the-farm produce. Suggestion: bring a cooler to transport your goodies home.

While still in Ohio City and continuing westward, we happened upon the ultimate for shopaholics — the Lorain Avenue district. Be sure to wear walking shoes if you visit.

There are almost 50 blocks to peruse of predominately curiosity, resale and antiques shops that carry wares from pottery and vintage clothing to furniture and art deco pieces.

Sweet Lorain is huge — the store overflows with designer '30s through '60s apparel, vintage jewelry and hats and, endless shelves of knick-knacks. At Bijou Antiques Gallery, gals enjoy moseying around in search of pretty purses, earrings, furniture

If you go

Cleveland: (800) 321-1004 or www.positivelycleveland.com Chicago: (312) 744-2400 www.explorechicago.org Traverse City: (800) TRAVERSE or www.traversecity.com

and a slew of other days' bygone keepsakes.

Looking for a quirky gift? Head to Big Fun in the Coventry neighborhood. From the 12-foot-high ceiling to the painted-like-a-yellow-brick-road entrance floor, this shop of nostalgia is a haven for all things silly and ridiculous — there's a pair of the “world's largest underpants” hanging from the rafters, pickled-flavor toothpaste, and, an entire section devoted to bacon. Retro toys, like G.I. Joe and Star Wars figurines are popular sought-after items.

City Buddha is another off-beat, hip shopping option in Coventry. I loved sauntering around in the shop checking out the big flower-shaped rings in red or turquoise; skull beads; carved wooden dragons; and, the assortment of Buddhas. The silk scarves in shades of silver, teal and violet, and the pretty display of multi-patterned sarongs were my favorites.

We needed to rest our weary feet — and craved something sweet — so, off we went to explore Little Italy.

Like many other nearby neighborhoods, Little Italy, aka Murray Hill, boasts a delightful collection of edible options, boutiques and galleries. Guarino's, the oldest continually operating eatery in Cleveland, opened in 1918. We only had time to peek inside, but, vowed to return at a later date and try the lasagna, a house specialty since the restaurant has been in existence.

At a friend's suggestion, we popped into Corbo's Bakery where I ordered my very first piece of cassata cake. Wow! The delicate Italian sponge cake, filled with fresh strawberries and custard and iced with whipped cream, was heavenly.

I wanted “seconds” on cake, but opted instead to browse the neighborhood's boutiques and galleries for a bit.

There were smatterings of Italian-themed shirts and mugs. But, the shops with vintage eyewear, clothing and jewelry, decorative art glass, imported linens and ceramics, and, Hispanic folk art and collectibles were the places we lingered.

Our adventurous getaway culminated with Brazilian-influenced chow at Servio's SARA-VA in yet another district, Shaker Square.

And, remember those detours I mentioned earlier? The Rock and Roll Hall of Fame and Museum was one of them. Through Feb. 26, 2012, an exhibit titled Women Who Rock: Vision, Passion, Power pays tribute to women in the musical field. During a weeklong celebration from Oct. 31 through Nov. 5, the Queen of Soul, Aretha Franklin, will be honored at the Rock Hall.

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Happy, healthy hosting

Healthy eating and great entertaining can go hand in hand when you have a few delicious tricks up your sleeve.

Appetizers, tapas, hors d'oeuvres — whatever you want to call them, small bites are a great way to help control portions while putting big flavor on the plate. Here are some ideas for a small bites menu that will leave guests so satisfied they might not even realize just how good they're really eating.

• **Raid the farmers market.**

Fresh produce looks, smells and tastes fantastic. Set out a colorful veggie tray, some berry skewers with a Greek yogurt and honey dip, and a bright caprese salad. You can even make a beautiful centerpiece with fragrant citrus in a pretty bowl.

• **Make your own dips.** When you make it yourself, you can control what goes in it. Try making a black bean salsa, fresh guacamole, savory hummus, or your own olive tapenade. You can adjust recipes for a lower fat content or lower sodium and still make sure they taste great.

• **Embrace whole grains.** From bruschetta breads and grain-based salads to crunchy dippers and ingredients in heartier recipes, whole grains add great taste and good nutrition. These party-friendly recipes use the natural whole grain goodness of Roman Meal bread to put a delicious spin on some traditional favorites, while also adding good-for-you complex carbohydrates and fiber.

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Raspberry Hazelnut Truffle Toast Bites

Raspberry Hazelnut Truffle Toast Bites

Prep Time: 10 Minutes

Servings: 12

- 4 slices Roman Meal bread, toasted
- 1 cup chocolate hazelnut spread
- 36 fresh raspberries

Trim crusts and cut each slice of toast into 3 even pieces for a total of 12 pieces. Spread 1 teaspoon chocolate hazelnut spread on each piece. Top with 3 raspberries.

Nutritional Information per Serving:
Calories: 53; Total Fat: 1.9g; Cholesterol: 0mg; Sodium: 47mg; Total Carbs: 8.4g; Dietary Fiber: 0.9g; Protein: 0.9g; Whole Grains: 2g

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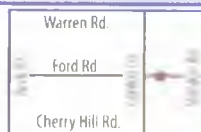
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Whole Grain Panzanella Bread Salad

Prep Time: 15 Minutes
Cook Time: 3 Minutes
Servings: 8

- 4 slices Roman Meal bread
- 3 tablespoons olive oil, divided
- 2 tablespoons Parmesan cheese, shaved or grated
- 3 cups cherry tomatoes, cut in half
- 2 cups cucumbers, seeded and diced
- 1 cup chickpeas, rinsed and drained
- ½ cup red onion, finely sliced
- ½ cup red wine vinegar
- ¼ cup fresh basil leaves

Preheat broiler to 400°F. Foil-line one baking sheet.

Brush bread lightly on both sides with 1 table-spoon olive oil; place on bak-ing sheet. Broil about 2 minutes, turning once, until golden.



Watch carefully to avoid burn-ing. Remove from oven. Sprinkle cheese on one side of toasted bread; return to oven for about 20 seconds until cheese is melted and bubbly; cool completely. Cut bread into 1-inch pieces.

Combine tomatoes, cucumbers, chickpeas, onion, vinegar, basil and remaining 2 tablespoons olive oil in large serving bowl. Sprinkle with salt and pepper to taste. Top with bread pieces just prior to serving.

Nutritional Information per Serving: Calories: 104; Total Fat: 6g; Cholesterol: 0mg; Sodium: 84mg; Total Carbs: 11g; Dietary Fiber: 2g; Protein: 2g; Whole Grains: 5.5g

Italian-Style Turkey Meatball Skewers

Prep Time: 15 Minutes
Cook Time: 25 Minutes
Servings: 12

- 6 slices Roman Meal bread, toasted
- 1 pound lean ground turkey
- 2 egg whites
- 1 small white onion, diced
- ½ cup fresh basil, chopped
- ¼ cup sun dried tomatoes, packed in oil, diced
- 2 teaspoons garlic, chopped
- ½ teaspoon ground black pepper
- ½ teaspoon sea salt
- 36 4-inch bamboo skewers
- 36 fresh basil leaves
- 18 cherry tomatoes, cut in half
- 2 cups marinara sauce

Preheat oven to 375°F. Foil-line one baking sheet.

Break bread slices into pieces; place in blender or food processor. Process until finely ground into crumbs. Remove ¼ cup, reserve remaining bread crumbs.

Combine turkey, ¾ cup bread crumbs, egg whites, onion, chopped basil, sun dried tomatoes, garlic, pepper and salt in medium bowl. Divide turkey mixture into 36 1-inch balls; roll in remaining bread crumbs. Place on baking sheet.

Bake 25 to 30 minutes, until cooked through. Remove from oven.

Assemble meatballs, basil leaves and tomatoes on skewers. Serve with marinara sauce.

Nutritional Information per Serving: Calories: 120, Total Fat: 3g, Cholesterol: 15mg, Sodium: 380mg, Total Carbs: 12g, Dietary Fiber: 2g, Protein: 12g, Whole Grains: 3g



Whole Grain Caprese Sandwich Bites

Prep Time: 10 Minutes
Servings: 4

- 8 slices Roman Meal bread, toasted or grilled
 - 2 tablespoons pesto
 - 8 ounces mozzarella cheese, cut into ½-inch pieces
 - 8 Roma tomatoes, cut into 4 slices each
 - 32 fresh basil leaves
 - 8 8-inch bamboo skewers
- Trim crusts and cut

each piece of toast into quarters for a total of 32 pieces. Spread pesto onto each toast quarter.

Assemble on each skewer: toast quarter, 2 basil leaves, 1 tomato slice, 1 cheese slice and toast quarter. Repeat for a total of 2 sandwich bites per skewer.

Nutritional Information per Serving: Calories: 325; Total Fat: 14.7g; Cholesterol: 39mg;



Sodium: 664mg; Total Carbs: 30g; Dietary Fiber: 3g; Protein: 19g; Whole Grains: 11g

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REINVENT

Continued from page 6

ers. Facebook is another popular option, but make sure you keep content and conversations professional.

3. Volunteer

Whether you are currently working or unemployed, volunteering helps keep your skills fresh and shows you're willing to go the extra mile. Plus you'll demonstrate your ability to work as part of a team. Volunteering is a great addition to any resume and is also a perfect conversation topic during an interview. Start by researching nonprofits that have openings that interest you and schedule a meeting to learn more.

4. Read

This advice may sound simplistic, but staying up to date on the news in your industry is crucial. With most industries changing at a rapid pace, being out of the loop for a couple months can mean you've fallen behind. Read newspapers, subscribe to trade publications, and check out books from your library. This knowledge will help you in so many ways, from knowing what companies are thriving and therefore hiring, to having subject matter to pull from during a tough interview.



Spend just 15 minutes a day reading industry news and you'll give yourself an edge against the competition.

Even though the job market remains competitive, that doesn't mean opportunities aren't available for those who are proactive. By doing things like attending an online college or networking at industry events, you'll be able to create a strong name for yourself and reach all your career goals.

SCHOOL

Continued from page 8

Keyes has another adult son, Patrick Baumgardner, 23, and a younger one at home, Leo, 13, an eighth-grader at Hillside Middle School.

As classes become more specific to the nursing program, such as psychology, nutrition and chemistry, Keyes noticed more students of similar age. Vendittelli said students within the registered nursing program range in age from 22-58, with 30 being the average age.

"By the time I finish, I feel like I'll be near retirement age. I guess I'll be able to get a job and AARP," she said.

Keyes will be nearing 50 when she completes her degree and have at least 15 more years in the work force if she plans to retire at the customary age of 65.

In November, she will take the admission exam to Schoolcraft's nursing program, called the Test of Essential Academic Skills. The results are crucial. Those with the best score are at the top of the admission list.

Once in the nursing program, the intensity multiplies, as nursing students, such as O'Connor, work to maintain high grades. A grade of 80 percent or better is needed to pass all classes, she said.

"There are times I yell at Mya because there's so much stress. I feel so bad afterward. But I think she knows in the long run this will be better for her. I'll have more time for her when I'm done," O'Connor said.

Before her husband, Dan, returned home from the military, O'Connor spent many days taking Mya to the park where she could play while mom studied. She also found a coffeehouse with an indoor playground, called Jungle Java, at 12 Mile and Middlebelt in Farmington Hills. It has another location in Canton.

"He has helped out a lot since he's

been home, doing the laundry and cooking dinner and keeping Mya busy while I'm trying to study," she said.

And Dan, who served two tours in Iraq and one in Afghanistan, said he has a new respect for all his wife has been doing while he's been gone.

His first-day transition from Army to Mr. Mom left him exhausted, he said. The day involved shopping, laundry and keeping an eye on Mya and a number of her neighborhood friends traipsing in and out of the house with two dogs on their heels.

He will have his turn in college, once his wife has graduated. He plans on studying to be an elementary teacher.

Keyes will have it a bit easier since her son, Leo, who is involved in a growing list of sports, is relatively self-sufficient, she said. Her husband, Bill Keyes, a Detroit firefighter, contributes to the household operations and chauffeuring Leo to practices. When Bill is at work, Leo carools with neighbors.

"I'm anal as far as structure goes. I have to have the house cleaned before I go (to school) or else I can't concentrate," she said.

Being organized is a good step for maintaining a home and family while juggling a college schedule, fellow students said.

Going back to school full time has been a new adventure for Keyes. She said her study skills have improved since high school, especially because now she has the desire to learn. The college courses have helped in other areas of her life, too.

"At least I can help Leo do his homework now," she quipped.

O'Connor, who started taking classes off and on before Mya was even born, not quite sure of what she wanted to do career-wise, can count down the months until she is done. It was a long road, but she can now see a diploma within reach.

"If you're determined to do it, you can," she said.

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4	8	5	1	2	9	6	7	3
3	1	4	9	5	7	8	2	6
8	9	6	2	4	3	7	5	1
5	2	7	6	1	8	3	4	9
1	5	9	3	8	2	4	6	7
7	4	8	5	9	6	1	3	2
2	6	3	4	7	1	9	8	5

Intermediate

5	6	7	3	1	4	9	2	8
3	4	1	2	8	9	5	6	7
9	8	2	5	7	6	1	4	3
7	5	6	4	9	8	3	1	2
1	9	8	6	2	3	4	7	5
2	3	4	1	5	7	8	9	6
8	2	3	9	6	1	7	5	4
4	1	5	7	3	2	6	8	9
6	7	9	8	4	5	2	3	1

Advanced

4	5	7	6	8	1	2	9	3
6	9	8	4	3	2	1	5	7
1	2	3	9	5	7	6	8	4
7	8	2	3	4	6	9	1	5
3	1	5	8	7	9	4	2	6
9	4	6	2	1	5	7	3	8
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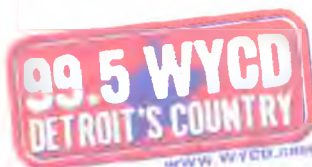


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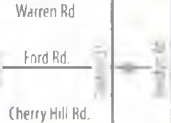
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