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PIPELINE



Organizers are looking for volunteers for the Plymouth Township picnic, where Joe Gatzek and Dave Lozier have helped out with the hot dogs.

Help wanted

Plymouth Township Trustee Bob Doroshewitz, who captains the annual Plymouth Township Fourth of July picnic, is looking for help.

According to Doroshewitz, most volunteers for the picnic, scheduled for July 4 at Plymouth Township Park, will work two hours or less, and suitable roles for the volunteers (who should be 13 and older) will be found based on age. Students can earn service credits, and volunteers get a free T-shirt and food. Those who volunteer for four or more hours get special access to the VIP Viewing area at the July 3 township fireworks.

Volunteers are also needed July 3, to help prepare food. "With apologies to Mark Twain, it's far more fun to work the picnic than to merely sit in the shade eating ice cream," Doroshewitz said. "It's a good family activity to teach kids the importance of community service."

Volunteers can call Doroshewitz at (734) 459-8473 or e-mail bdoroshewitz@plymouthtpwp.org.

More movies

The Compuware Arena Drive-In Movie Theatres go seven days a week starting Monday.

The daily shows, which run through Sept. 4, start with Monday's screenings:

- Screen 1 - "Pirates of the Caribbean 4: On Stranger Tides" (PG-13); "I Am Number Four" (PG-13).

- Screen 2 - "Kung Fu Panda 2" (PG); "Thor" (PG 13).

- Screen 3 - "The Hangover Part II" (R); "Bridesmaids" (R).

Price is \$9 for adults, \$6 for kids 4-12, kids 3 and younger free. The drive-in is located at 14900 Beck (between Five Mile and M-14) in Plymouth Township.

For more information, call the Compuware Arena Drive-In Movie Hotline at (734) 927-3284 or go online to <http://www.compuwarearena.com/drivein.html>.

Party plans

The Senior Party Committee for the Class of 2011 members are inviting adults and sponsors (no students) to Salem High School 6:30-7:30 p.m. Sunday, June 12.

With generous donations from local businesses, you will see how the school has been converted for the last night for the seniors. For more information, call (734) 306-5296.

Breakfast spots are hidden jewels



PHOTO BY ANN ESPINOZA

Chris Meachem, son of Bode's owners Rick and Pam Meachem.

'Fresh food, friendly service, good conversation, great value'

BY JILL HALPIN
CORRESPONDENT

It has been said that breakfast is the most important meal of the day. Nutritionists even claim that eating a good breakfast starts the day off right by providing fuel and energy for your body.

Many Plymouth residents seem to agree, but for many of them, however, the breakfast ritual is about much more than healthy eating. It is about community, fellowship and friends.

Lucky for them, Plymouth is home to a host of restaurants and coffee shops, many independently owned, offering a wide assortment of delicious, fresh food in addition to friendly service, good conversation and great value. From busy drive-through windows to cozy cafes to elaborate buffets, most local breakfast hot spots boast a regular and growing customer base.

Some are new, hidden jewels, tucked along side streets throughout town. Others have been Plymouth landmarks since the turn of the century. Either way, there is no doubt about it breakfast in Plymouth is a serious and fun business.

A recent Friday morning at Bode's Corned Beef House in downtown Plymouth found the restaurant's back room crowded with women eating fresh pancakes and waffles while talking across the room about the Britain's Royal Wedding. The mood was



The Omelette and Waffle Cafe's easy-to-reach downtown location is popular with locals.

Please see **BREAKFAST, A6**

Cancer crusaders

Relay for Life will take place next weekend at new location

BY MATT JACHMAN
OBSERVER STAFF WRITER

Laura Compton got involved with Plymouth's Relay for Life in 2007, the same year she lost her father, Henry Wayne, to colon cancer.

"That was my motivation, to put my emotions to a positive energy and do something about it," said Compton, the chairwoman of the local Relay for Life committee. "Hopefully, a family can avoid going through what we did."

It was the inaugural year for a solo Plymouth Relay — the fundraiser had previ-

ously been combined with one in Canton Township — and Luann Andes, owner of the Defining Image Salon in Plymouth, jumped in to organize it. Andes lobbied her customers for their help.

"I got a whole lot of yeses," said Andes on Friday, recalling how the Plymouth Relay got started in 2007. "We all did it."

The cause unites people of all ages and backgrounds whose lives have been affected by cancer.

"It's hard to find someone who isn't touched by it," said Compton.

Please see **RELAY, A2**



Laura Haldane and Kathleen Salata walk during a past Relay for Life in Plymouth. This year's local Relay, a fundraiser for the American Cancer Society, begins at 10 a.m. Saturday at West Middle School.

Legendary Cadillac dealer Don Massey dies at age of 83

BY MATT JACHMAN
OBSERVER STAFF WRITER

Don Massey, whose folksy radio commercials helped propel his Plymouth Township dealership to become one of the top Cadillac dealers in the country, died early Friday at the age of 83.

Massey, reportedly in declining health for several years, lived in Northville. No cause of death could be confirmed.

Massey was remembered as a savvy businessman and a friend to the Plymouth area.

"He was a strong busi-

nessperson who had some commitment to the local community, and we were able to accomplish some things," said Jim Anulewicz, the township's former public services director.

"He was a great friend to Plymouth Township when he owned the dealership, before he sold it," said Kay Arnold, an 18-year member of the township Board of Trustees.

Starting out with a used-car lot in Detroit, Massey built a chain of new-car dealerships around the country, including the one in the

Please see **DON MASSEY, A2**



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AROUND PLYMOUTH

"Around Plymouth" is designed to announce upcoming events taking place in the community. Items will run on a space-available basis. Send details to bkadrich@hometownlife.com

Heise hours
Date/Time: Monday, June 13, 3-4 p.m.
Location: Plymouth District Library, 223 S. Main, Plymouth
Details: State Rep. Kurt Heise invites residents to meet with him locally during district office hours. Heise is also available to meet with constituents by appointment either in the district or at his Lansing office.
Contact: Toll free (855) REP-KURT or e-mail kurtheise@house.mi.gov to schedule an appointment.

Electronic waste
Date/Time: Monday, June 13, 3-7 p.m.
Location: VFW Post 6695, 1426 S. Mill
Details: The VFW Post 6695 will host an electrical waste collection. There is no charge or residency requirement. Anything with a power cord will be accepted (please, no refrigerators). The Post is also looking for old cell phones

and any related equipment to turn in for calling cards.
Contact: (734) 459-6700

Crafters wanted
Date/Time: Oct. 15
Location: West Middle School in Plymouth
Details: Organizers of the Delta Kappa Gamma Craft Fair at West Middle School are looking for crafters. Proceeds go for scholarships for future educators from the Plymouth/Canton high schools. The fair general draws some 1,500 customers and features food and drawings.
Contact: Judy, (734) 347-1001 or Alice (248) 348-5561 or dachrenko@hotmail.com

PCA preschool
Date/Time: Now
Location: 43065 Joy Road, Canton (between Lilley and Morton Taylor)
Details: Plymouth Christian Preschool, a division of Plymouth Christian Academy, is now enrolling for fall classes. Visit the website for a virtual tour and more information.
Contact: (734) 459-3505 or www.plymouthchristian.org



GREG SADLER

RELAY
 FROM PAGE A1

NEW RELAY LOCATION
 Plymouth's 2011 Relay, a fundraiser for the American Cancer Society, is 10 a.m. Saturday to 10 a.m. Sunday on the grounds at West Middle School. It's the event's first year at that location.

The walkathon — the idea is to have at least one member of each participating team walking the grounds for the entire 24 hours — will also feature entertainment, refreshments, games, tips on preventing and fighting cancer, and ceremonies to honor those battling cancer and those whose lives it has claimed. The public is invited to walk laps, participate in the memorials, offer moral support to team walkers and enjoy the festival atmosphere.

This year's local Relay has a fundraising goal of more than \$78,000. Last year, it netted nearly \$75,000, according to Compton.

"It's going to be a challenge this year but we're hoping we can make it," Compton said. Much of the fundraising

takes place ahead of the walking event; there are 19 teams participating this year, ranging in size from just a few members to more than 20.

For Andes, the cause couldn't be more personal. A cancer survivor herself, Andes lost both parents to cancer, plus two cousins, her father-in-law and her best friend (at age 37). Andes said her own cancer is well under control, but that a younger sister is battling it now as well.

She said she's not shy about asking for help.

"I tell people, 'This is my crusade, and if you'd like to jump on, great,'" said Andes. "It's more personal when it's in your family."

FIGHTING BACK

The event in Plymouth quickly caught on and has grown every year, Andes said. "Plymouth really likes to embrace their own, help their own," she said.

Relay highlights will include the survivors lap at 11 a.m. Saturday, followed by a brunch for cancer survivors; a "fight back" event at 3 p.m., during which participants will pledge to urge family

and friends to, for example, give up smoking, get regular mammograms, and adopt healthier lifestyles; and a luminaria ceremony at dusk Saturday. With a silent lap, a bagpiper and dozens of candles lighted to honor those touched by cancer and those lost to it, the luminaria ceremony is particularly moving, Compton said.

Entertainment will include dancers from the Metro Dance Co., a disc jockey who will play tunes and also act as master of ceremonies, and local Zumba instructor Shyam Thakker, who will lead the crowd through some of the Latin-inspired dance and fitness steps at 5 p.m. Saturday.

"This guy has some energy, and he's just bringing our community together," said Andes.

For more about the Plymouth Relay for Life, or to participate or donate, visit the website www.relayforlife.org/plymouthmi. West Middle School is on the southwest corner of Ann Arbor Trail and Sheldon.

mjachman@hometownlife.com (313) 222-2405

On the run

St. Mary Mercy Hospital is hosting its fifth annual 5K run/walk for cancer 9 a.m. Sept. 11, and registration is now open. Nearly 600 people participated in last year's 5K, raising over \$20,000. Proceeds support Cancer Services at St. Mary Mercy Hospital. This year, run alongside Lila Lazarus, Detroit's always smiling, energetic, award-winning health reporter. Also, meet and greet Lila Lazarus after the race for autographs and photos (bring your camera).

DON MASSEY
 FROM PAGE A1

township that still bears his name. He sold his chain of 16 dealerships in 2002.

Anulewicz got to know Massey when the two worked on the clock tower behind the Massey dealership, which doubles as a cellular tower. The tower is now a landmark for the township.

"Without his cooperation, without him agreeing to it ... that would not have happened," Anulewicz said.

Massey "loved to sell," Anulewicz said. "He loved the business," he said. "He had a knack for it."

When he'd arrive at the dealership for a meeting regarding the tower project, Anulewicz said, Massey would make a point of tempting him by taking him by the new Cadillacs. "Both of us knew ... that was not going to happen," Anulewicz said with a chuckle.

Massey also donated money for the baseball field on Plymouth Road at Haggerty, which was named after him, and sold land at Haggerty and

Ann Arbor Road to the township for its new township hall, which opened in 2006.

Massey's local radio spots urged listeners to visit his dealership and told them he was "selling Cadillacs and very, very happy to be doing so."

Few details, including survivor information and funeral arrangements, were available Friday afternoon. Calls to Massey Enterprises were not returned.

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Hope for Hunter: Fundraiser to help family struggling with cancer

BY BRAD KADRICH
OBSERVER STAFF WRITER



Hunter Donegan, 10, faces amputation of her left leg after a tumor was detected following a playground fall.

When Dale and Pat Bennett took their 10-year-old granddaughter, Hunter Donegan, to urgent care that March Sunday morning, they were sure Hunter's left leg was still bothering her because of a playground fall she'd suffered two days earlier.

But when the doctor came out with the X-ray of Hunter's leg and said, "We've set you up with an appointment at Mott Children's Hospital," they knew they were wrong.

When doctors X-rayed Hunter's leg, they found a large cancerous tumor that was eating away at the bone and urged the family to get to Mott straight away.

"(The doctor) didn't do anything (medically) except an X-ray," Pat Bennett said. "We couldn't believe it."

Pat Bennett made the drive to Ann Arbor that afternoon, and Hunter was diagnosed with bone cancer in her left tibia. A 10-week course of chemotherapy didn't do much to stem the tide, and left the Bennetts, retirees living on a fixed income, and their 10-year-old granddaughter with a horrible decision: They could insert a tube into the bone and stabilize the leg, or they could amputate from the knee down

and fit Hunter for a prosthetic. The Bennetts, who became legal guardians for Hunter and her 12-year-old brother, Dominic, gave the facts to their bright, active granddaughter.

AWFUL CHOICE

For the little girl who loves to play soccer, ride her bike and swim, the decision was easy after doctors told her soccer wouldn't be possible with the tube. She decided to let them amputate.

"I really like soccer ... if I had chosen (the tube), I couldn't do it," said Hunter, an effervescent Hulsing

Elementary School student. "It was a really easy decision."

Not everything about it has been easy. Hunter sat with her Hulsing classmates and talked about the decision, answering as many questions as classmates needed to ask. And then there was the little girl who bumped into Hunter, causing the fall that eventually led to the diagnosis.

On a card written by her classmates, that little girl wrote, "Hunter, I'm sorry I made you fall and gave you cancer."

The inscription drove a knife into Pat Bennett's heart.

"Can you imagine the guilt

HELPING HUNTER

What: Fundraiser to help the family of Hunter Donegan
Where: The Crow's Nest, 6166 N. Canton Center, Canton
When: 6-10 p.m. Thursday, June 16

How: The Crow's Nest will donate 10 percent of food and drink proceeds; T-shirts and wrist bands, 50-50 raffle and silent auction will be available

Why: To help the family of 10-year-old Hunter Donegan, who has to have her left leg amputated because of bone cancer
Other fundraisers: July 14, 6-8 p.m. at Skatin' Station, entry \$6 admission goes to Hunter; September (date to be determined) at Jungle Java; Nov. 5, Super Bowl, adults only, 9 p.m.
To help: Send checks to Lisa Misenko, made out to either "Hunter Donegan" or "Help for Hunter," at 7631 Kingsbridge, Canton, MI 48187

that poor little girl was feeling, and (the fall) actually probably saved Hunter's life," Pat Bennett said. "We made sure

to talk to that little girl right away."

It hasn't been easy for the Bennetts, retirees with medical problems of their own — Pat Bennett has a bad back problem, among other things — living on a fixed income. Their Canton home will need extensive remodeling to accommodate Hunter's new life. They'll need a new car, because the one they've got isn't conducive to transporting a wheelchair.

ANGEL AMONG US

The Bennetts have already sunk pretty much all of their life's savings into their grandchildren, and money has become a concern.

Lisa Misenko saw that, and decided to help. Misenko's daughter, Devon, is a classmate of Hunter's and the youngsters are good friends. Devon Misenko even went so far as to cut off her long red hair to donate to charity to be made into wigs for children with cancer, in honor of Hunter.

Misenko, meanwhile, has organized a fundraiser Thursday at The Crow's Nest in Canton. The Crow's Nest

will donate 10 percent of their profits from food and drink that night. There will be T-shirts and wrist-bands — in Hunter's favorite lime-green and adorned with Hunter's name — for sale.

A silent auction will also include autographed Red Wing and Detroit Tiger paraphernalia, and a variety of baskets with goodies from places like Zap Zone, Imagine Theater and other local businesses. A 50-50 raffle will also be held.

"They need it, and it's something I can do," Misenko said. "Patty and Dale took Hunter and Dominic in seven years ago, and they provided a warm, and loving environment. They have a lot on their plate. You have to give back to those in need. It's what you do."

Misenko's fundraiser is expecting to be a godsend to the family, and Dale Bennett thinks that's exactly where Misenko came from.

"Every once in awhile, God dumps an angel in your lap," Dale Bennett said. "That's what God did for us with Lisa."

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Sunday, June 12, 2011

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Retirement beckons for PCA chief

BY BRAD KADRICH
OBSERVER STAFF WRITER

This time, it's for good. David Butler, the head of school at Plymouth Christian Academy, announced he'll retire with the close of the school year, the second time Butler, who served a total of 13 years at the school, has left.

Butler and his wife, Gail, who has taught at the school for 23 years (most of it as a fourth-grade teacher), decided the time has come.

"You know when it's time," said Butler, who taught for more than 30 years in the Southfield district before coming to PCA. "It has run its course."

Butler had been the secondary principal at PCA for nine years before leaving seven years ago when the school's board decided to "go in a different direction." That decision didn't work out as well as officials had hoped and, three years later, Butler came back.

Butler said he left because the "philosophy of the school" had shifted and changes were made. He said the intervening years before his return weren't easy.

"It was a hard three years ... we weren't ready for retirement at that point," he said. "Gail and I came back to help stabilize the school, and we did that. Now (the school) is at a point where they can bring someone in, and they have."

The last 13 years of his career have been different from the first 30. In one graduating class at Southfield, some 1,100 students graduated. PCA, meanwhile, has a total enrollment of some 620 students.

The pupil-student ratio at PCA is a very cozy 14:1. "Southfield was very impersonal, more dispensing knowledge than actual learning because there were just too many kids," Butler said. "There's a lot more personal interest in the kids here. It's a different world."

Some of the challenges, though, are the same. PCA has had tough budgetary times, like most schools. In Michigan's tough economy, many students who wish to go to PCA simply can't afford it. And PCA teachers, like many public school teachers, end up reaching into their own pockets to help with things like supplies.

"There are a lot of people who want to come here, but they can't because they've lost their job or whatever," Butler said. "This is a place where their kids are safe."

It's also a place where their kids excel. According to Butler, 75 percent of the entire student body is



BILL BRESLER | STAFF PHOTOGRAPHER

Plymouth Christian Academy Head of School Dr. David Butler, here congratulating graduate Caleb Michael York during last week's commencement, has announced his retirement after a total of 13 years in two stints at the school.

on the honor roll, and a whopping 88 percent of the junior class is on the honor roll.

"We have a great, very loving staff, and they want to take these high-quality kids and have an impact for eternity," Butler said. "And the kids themselves have high expectations."

With all that, the couple looks forward to retirement this time.

"I love the kids, and I love the staff, but it has to stop sometime, and it's time," Gail Butler said. "We're a team. When my husband said he was retiring, I said, 'So am I.'"

The Butlers aren't sure what they'll do with their new retirement.

"We're people of faith, and we trust in God," Butler said. "We see how God has worked things out in our lives, so we know it'll be OK. He'll have something for us."

bkadrich@hometownlife.com | (313) 222-8899

Students face court after park pranks

BY BRAD KADRICH
OBSERVER STAFF WRITER

The last day of school for seniors at the Plymouth-Canton Educational Park could end up being a costly one, though apparently not for any seniors.

As many as 10 or more students — according to district administrators all of them underclassmen — face potential disciplinary actions, which could include a trip to 35th District Court, after a series of incidents that included a food fight in the Salem High School cafeteria Wednesday.

The pranks started with students getting into the library and rearranging all the furniture, then escalated into what appeared to be an organized food fight in the cafeteria, before spilling out onto park grounds, where a variety of items — including what appeared to be full plastic bottles of drinking water — started flying across the sky.

Ironically, although it was the last day of school for the seniors, park Principal Bill Zolkowski said none were involved in any part of the fracas.

"We've identified some of (students) involved, and they've been dealt with," Zolkowski said. "No seniors were involved at all. They were exemplary in every way."

Many of the others weren't, and Canton Police who were on hand, as they are every year near the end of school, said the ones who weren't face stiff penalties. Lt. Scott Hilden, the Canton Police lieutenant charged with overseeing the operation at the park as school nears its end, said there's an ordinance that specifically prohibits behavior that disrupts the school environment.

Students whose behavior rises to the level of violating that ordinance, once they're identified by district officials, could face issuance of an appearance ticket that will require them to report to court. Hilden said parents should take note.

"We've had some incidents the last few days of food fights, water-bottle throwing, fire alarm activation, etc.," Hilden said. "We are taking a zero-tolerance approach, and parents need to understand if their child is involved in any way ... he or she not only faces significant suspension from the administration, but could also be charged criminally."

Videos of the food fight and the bottle-throwing turned up quickly on YouTube. In the videos, hundreds of students can be seen milling around outside the school, with the bottles flying through the air. Some students can be heard screaming, others laughing.

Zolkowski said the trouble can be traced to newer students who haven't yet found their place in the park community.

"We'll deal with the egregious behavior swiftly and severely," he said. "We've got students who are new to our community. We've got to make them feel that this is their home."

Hilden, who has organized the police supervision at the park the last few years, said the vast majority of the park's 6,400 students are well-behaved. However, he said, there is a "group of kids who have no respect for authority, for the administration and staff." The problem, Hilden said, is with that number of children, things can get out of hand.

"The kids seem to think it's fun and games," Hilden said. "When you have thousands of people moving around that campus, it becomes dangerous to have this irresponsible behavior."

"We're dealing with it with the administration, and it'll come to an end," Hilden added. "Unfortunately, a lot of kids are going to get in a lot of trouble if parents don't get them to behave properly. You have a handful of kids making it difficult for the rest of the people up there. Those kids are going to eventually end up with some pretty heavy consequences."

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McCotter pre-empts Romney visit

BY MATT JACHMAN
OBSERVER STAFF WRITER

U.S. Rep. Thaddeus McCotter, whose recent complaint about the Republican presidential field sparked talk about his own possible White House bid, appeared at a Plymouth factory Wednesday with criticisms of GOP front-runner Mitt Romney.

The remarks came just ahead of Thursday's campaign appearance by Romney, a Michigan native and the former governor of Massachusetts, at the Seneca Coney Island in Livonia.



McCotter

McCotter told reporters he sees little difference, in some areas, between Romney and President Barack Obama, a Democrat whom Romney hopes to oppose in the fall 2012 presidential campaign. Romney is one of more than a half-dozen contenders and possible contenders for the Republican presidential nomination.

"President Obama and Mr. Romney are less rivals than running mates," McCotter quipped.

Particularly in the areas of health care reform and support for so-called cap-and-trade legislation to combat global warming, McCotter said, the president and Romney have similar views.

But he was coy about his own presidential ambitions when a reporter asked directly about them.

"I'm not here as a potential or current politician, I'm here as a resident of the United States," McCotter said.

When a reporter asked if McCotter would attend Romney's Thursday event with the same message, McCotter said he wouldn't, but added: "I suspect that some time we will have a little face time, and I will say the same thing."

Representatives of the Romney cam-

paign could not be reached Thursday or Friday for a response. Two e-mails were not answered, and the voice mailbox for the phone number of a campaign spokesman said it was full and not accepting messages.

Janda said he advocates a free-market approach to fixing the health-care system, and complimented McCotter by saying he's the only member of Congress he knows of who consults people who work on the "front lines" of the industry.

He blasted Romney for the Massachusetts health-care reform law he signed while governor, comparing it to the national health-care reform approved last year. "Whether it's Obamacare or Romneycare, they're both cancer," Janda said.

McCotter, 45, was first elected to the U.S. House in 2002. He is a former member of the Wayne County Board of Commissioners and a former state senator.

After the event, Smith elaborated on the struggles in recent years of automakers and their suppliers. While 2008 and 2009 were "awful" years for the business, he said, last year was a turnaround year, and he's optimistic.

However, "The industry is still very fragile," he warned.

The decline has been dramatic since the year 2000, Smith said. To illustrate, Smith said that between 1962, when E&E was founded, and 2000, just one of its customer businesses went bankrupt. Since 2000, however, 32 customer businesses have gone bankrupt.

"You've seen too many people just close up," he said.

E&E employs about 250 in Plymouth, where it is headquartered, and also has a factory in Athens, Tenn.

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Daddy plays doctor in son's delivery drama

BY BRAD KADRICH
OBSERVER STAFF WRITER

Yale Yee is not a doctor.

But after Thursday's early morning trip to the University of Michigan Hospital with his pregnant wife, Michelle Friend, which was interrupted long enough for Yee to deliver the Canton couple's baby, he just may be able to play one on television.

By Thursday afternoon Mom, Dad and baby Rylan were all resting comfortably. But the day didn't start that way.

The adventure began when Friend woke Yee around 3:30 a.m. with the words every expectant couple longs to hear: "It's time."

Yee woke Friend's 10-year-old son, Matthew, to let him know his grandmother would be there to take care of him and his 2-year-old sister, Evangeline.

"(Michelle) called the hospital, I called my mom, and woke my son up," said Yee, a computer technician at the Plymouth-Canton Educational Park.

Then Yee and Friend got into the car and headed for the hospital. Yee heard his wife listening to music, trying to stay calm, counting down from 100.

"I heard her get to 97, and then I heard, 'Uh-oh,'" Yee said. "She said, 'Pull over now.' I was like, 'Where?'"

But pull over he did. When he checked his wife's progress, he could see the baby's head.

After ascertaining the umbilical cord was not wrapped around Rylan's neck, Yee finished the delivery.

"We had some towels and blankets in the car, thank God," Yee said. "We wrapped the baby up and put him in his mother's arms, then drove to the hospital."

Friend, pregnant with her third child, knew quickly the couple wasn't going to make it to the hospital — "You just know," she said — and said her husband was "great" when it came to the delivery.

"Evangeline came fast, in about three hours, so we knew this one would be faster, but I didn't know it was going to be that fast," Friend said. "We had run through the (daddy delivery) scenario just in case, and (Yee) was great."

They made it to the hospital — eventually — but not before the 8-pound, 10-ounce Rylan, who checked in at 20 inches in length, was safely in his mother's arms.

Did the experience unnerve the new father?

"It happened so fast, there wasn't time to be scared," Yee said. "It was an adrenaline rush... fear didn't enter my head."

He paused, then added, "I did notice I was shaking a little bit afterward."

By Thursday afternoon, the couple was just happy it all turned out well.

"He's here, and he's healthy," Yee said of Rylan. "It's amazing."

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NO 2012 DECISION

Later, speaking about a possible presidential run, he added: "I don't worry about what I will or will not do until I decide to do it." After a brief press conference, McCotter said he expects

INTRA-PARTY RIVALRY

McCotter took issue with recent statements by Romney that suggested that the let-them-go-bankrupt approach was vindicated with the turnaround of GM and Chrysler.

"What you see is a rewriting of history," McCotter said. Romney didn't favor the type of structured bankruptcy that GM and Chrysler went through, he said.

When a reporter asked if McCotter would attend Romney's Thursday event with the same message, McCotter said he wouldn't, but added: "I suspect that some time we will have a little face time, and I will say the same thing."

Representatives of the Romney cam-

TURNAROUND 'FRAGILE'

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Good Company: Mr. Sponge Waterproofing

Business finds success through top service, cost-efficient methods

Michigan rains bring leaky basements. But what if this unwelcome harbinger of spring easily could be repaired, without breaking the bank? Mr. Sponge Waterproofing in Novi, an owner-operated company whose roots go back to a family business founded in 1969, offers that alternative.

While many waterproofing efforts are geared toward installing drain tiles, most leaks can be fixed using the high-pressure injection waterproofing method that Mr. Sponge specializes in, according to Dean Teaster, one of three company owner-operators who provide all basement repair services.

he says. Most leaks can be fixed in a matter of hours. For do-it-yourselfers, Mr. Sponge now is offering its patented TRX Compressed Swell Plug, which is available online.

Delivering Quality Service
Though they easily could have expanded, Teaster says remaining an owner-operated business with no additional employees — he and business partner Keith Potts do all on-site jobs while Shelley Kunz handles office and

BREAKFAST

FROM PAGE A1

light and jovial as jokes with comments on "Royal fashion" were exchanged between tables as customers traded comments on the wedding ceremony.

It was exactly this combination of a comfortable atmosphere and good food that drew Plymouth resident Linda Coughlin and her nieces, Kate Fortunata of New York City and Susan Coughlin of Orlando. Linda Coughlin and her husband, Jay, have lived in Plymouth for over 20 years and visit Bode's regularly.

"It's a good place to get together and talk about 'stuff,'" said Susan Coughlin, a former Plymouth resident in town to visit her aunt and her father. Gazing out the bright window as a train rumbled by, she commented, "It's a cool place with comforting food."

'GOOD FOOD, GOOD PEOPLE'

Brace cites the homey atmosphere with "good food and good people," as one of the restaurants winning attributes.

"Rick and his crew are fabulous people to deal with. The workers are happy and seem to like what they do. They treat the customers really well," Brace said, adding that owner Rick Meacham and his wife, Pam, are "really tuned into the customers."

Although the Meachams have owned Bode's for the 40 years, the restaurant has long been a Plymouth landmark dating back some 140 years. Originally built as a hotel in 1868, Bode's has served as a personal residence and a rooming and revival house prior to becoming a restaurant in 1959.

Around the block and down the street in Plymouth's Old Village sits Crawford's Kitchen, another husband-and-wife owned restaurant that has also built up a large following of morning regulars. Customers clamoring for distinct breakfast offerings such as chocolate or vanilla custard-stuffed French Toast or the "Old Village Breakfast" featuring eggs, sausage, bacon, ham, home-style potatoes and toast have become a familiar sight for owners Jeff and Ania Crawford of Canton. The Crawfords have owned the restaurant for five years and focus on using in-season local ingredients, Ania Crawford said.

"Our new apple, pecan and blueberry pancakes will be made with buttermilk from the Guernsey Dairy in Novi," Crawford said. "We make everything right on site," she said.

Customer Dee Martin of Plymouth visits Crawford's twice a week for breakfast, and is a big fan of chef Jeff Crawford's cooking. "The home-style potatoes are wonderful ... everything is always cooked fresh," she said over a plate of poached eggs and toast, "the usual."

'LIKE FAMILY'

"These people are like family. I feel like I 'grew up' with the waiters and waitresses. They're all so nice," she said. Just up the street from Crawford's in Old Village on North Main Street is the Grecian Cafe, a family restaurant with its own loyal following. Many customers note the heavy table settings and thick, bound menu that differentiate the Grecian Cafe.

"It feels like you're having a really nice meal," said Rick Brace, who also appreciates the extensive menu selections.

Longtime friends Alice Makara and Nancy Operhall, both of Plymouth, meet frequently for breakfast at the Grecian Cafe and appreciate the friendly service and good food.

"It's nice and bright and close to home ... a great meeting place," Operhall said. The big portions are always very good, she added.

Extensive menu selections at the Grecian Cafe range from steak and eggs to buttermilk apple pancake to the "kitchen sink omelette," made with bacon, sausage, ham, green peppers, onions mushrooms, tomatoes, hash browns and three different kinds of cheese.

Across town off Forest Avenue sits another local favorite, the Omelette and Waffle Cafe, under new ownership. The Omelette and



PHOTO BY ANN ESPINOZA

Cozy Café regulars John Avallone and his wife Kathleen and friend Charlie Gelardi of Plymouth.



Diners enjoy the outdoor patio at Crawford's Kitchen on Starkweather.

In addition to standard breakfast favorites such as eggs, bacon and potato pancakes, Nico & Vali offers a few eclectic items that have become fast favorites among patrons.

The breakfast panzerotti, similar to a deep-fried calzone, is filled with scrambled eggs, ham and mozzarella cheese. "The dough is much lighter than a typical calzone," said McMullen.

Breakfast is available 24 hours a day at Zack's of Plymouth and has long been a morning habit for Plymouth friends Joyce Stevenson and June Karker.

Stevenson and Karker visit the Main Street restaurant at least once a week and appreciate the special senior citizens menu.

"The prices are good and it's just enough food, especially for a senior," Karker said. Both she and Stevenson favor the around-the-world breakfast skillet, especially the Polish skillet, which features kielbasa, potatoes, green peppers and cheese with an egg on top.

"It's such a relaxed, family atmosphere. They don't rush you and you don't feel pressured to hurry up and leave," said Stevenson. "And they always come around with more coffee," she added. Both Karker and Stevenson enjoy the staff as much as the food, the two agreed.

Arta's Coney Island Restaurant has been a destination for Plymouth residents Dorcas and Michael Smith for 12 years.

"They make my breakfast the way I like it and it's fresh," said Dorcas Smith, adding, "It's also a great value."

The Smiths visit Arta's just about "five out of seven" days a week, citing the friendly, family environment as a plus.

"It's family-run here, and we've gotten to know the family. We celebrate all of their babies and graduations right along with them," she said of the staff. "And the food is delicious, too."

Arta's menu offers a wide variety of specialty omelets including the "Irish Omelette" featuring corned beef and swiss cheese and the "Hawaiian Omelet" with pineapple, ham and cheese. The restaurant also offers "Hungry Man Specials" with eggs, hash browns, toast and meat choices ranging from ham, sausage or bacon.

Across a busy parking lot from Arta's sits a familiar site to longtime Plymouth residents: Big Boy Restaurant, a Plymouth fixture for the past 35 years.

Big Boy may be a restaurant chain, but managers at the Plymouth location have taken care to personalize the popular breakfast buffet to meet the demands of its regular customers. Many people may be familiar with the traditional Big Boy breakfast buffet, but they will probably be surprised to see some of the unique breakfast additions.

For 25 years, the Cozy Cafe has been a part of the Plymouth restaurant scene, offering a relaxed, homey setting for customers to enjoy a freshly cooked meal, said Jerome Chapman.

Chapman has worked at Cozy Cafe, at Ann Arbor Trail and Forest, for the past five years and said that owners Doug and Beverly Read have created a comfortable environment for diners to "take a break from the hurried lifestyle" while they dine.

"We get a lot of regulars for breakfast," Chapman said, adding that cinnamon rolls area favorite of many.

The Cozy Cafe's Cinnamon Roll is legendary around Plymouth: fresh baked giant rolls made with cinnamon, walnuts, raisins and honey about twice the size of regular cinnamon rolls. They are available daily at this downtown

breakfast spot, along with a whole host of other breakfast items including egg specialties such as eggs benedict and eggs florentine, made with fresh spinach and hollandaise sauce.

The Cozy Cafe, on Ann Arbor Trail and Forest Place, offers many other breakfast specials that are popular with regulars including the "Cozy" breakfast, made up of two eggs, three pieces of meat, toast and hash browns and the "Cozy Cafe Special" of two eggs, corned beef hash and the famed cinnamon roll. A variety of omelets including veggie, western and southwest-style round out this breakfast menu.

COFFEE BEAN

The Plymouth Coffee Bean, which bills itself as a "Michigan's Longest Running Independent Coffee Shop," has been around since 1993. The unique menu features made-to-order crepes, pancakes, bagels, eggs and other sweets. In addition to coffee and tea, the Coffee Bean also offers a long list of specialty drinks including the popular "Kerry's Nutty Irishman Latte with Hazelnut and Irish Crème." Other beverage favorites include the "Honey Luv Latte" made with espresso, milk, and honey and the Goji Glory, a raspberry soy tea latte with extra raspberry flavor.

A longtime favorite meeting place for local music and poetry lovers, the Coffee Bean also has a stage for nightly concerts and poetry readings. Two comfortable patios offer additional outdoor seating in warm weather.

Other breakfast options in Plymouth include both Leo's Coney Island Plymouth locations, Steve's Family Dining in the Lake Pointe area and the Red Olive with two restaurants in Plymouth.

The Red Olive Restaurant is a relative newcomer to the area and has already developed a solid customer base, said waitress Lynn Amato.

Menu items include originals such as the breakfast burrito, a tortilla filled with scrambled eggs, cheddar cheese, grilled green peppers, onions, sausage and ham. Other customer favorites include a banana Nutella crepe and the spinach florentine crepe, Amato said.

Customers also seem to appreciate the well-decorated, spacious dining room that makes it very accessible for wheelchairs, Amato said. Plans are under way to open an adjoining space for a banquet room to accommodate large parties, she added.

The wide variety of pancakes makes Leo's Coney Island a morning destination for many in the Plymouth area. Leo's long breakfast menu features specialty pancakes including banana pancakes, walnut pancakes and chocolate chips among others, each served with ham, bacon or sausage. Patrons mention the warm service and wide, comfortable space at the Ann Arbor Road location.

Over in Plymouth's Lake Pointe area, Steve's Family Dining draws a large after-church crowd on Sunday mornings in addition to their weekday morning regulars. Breakfasts offering include omelets, French toast and pancakes as well as a daily breakfast special of two eggs, hash brown potatoes, toast and jelly or ham.

Early morning diners in search of a more luxurious twist in breakfast might enjoy 5ive Restaurant, located inside the Inn at St. John's. They offer both a regular breakfast menu as well as a breakfast buffet seven days a week. Standard buffet items including scrambled eggs, pancakes, French toast are available throughout the week, but the weekend menu is enhanced by the addition of Belgian waffle and omelet stations.

Quick-stop breakfast options abound

There is no shortage of options for a quick cup of coffee or bagel around Plymouth. Area restaurants offer drive-through or cafeteria-style dining for a quick breakfast. Whether a familiar chains or independently owned neighborhood cafe, they have a strong following of their own.

Popular choices include:

- Espresso Elevado
606 S. Main St.
(734) 904-8323

A brand new addition to the Plymouth coffee scene, this Artisan coffee roaster and brew bar in downtown Plymouth opened for business in March. In addition to fresh-roasted coffee that is ground on-site, they also offer a full espresso bar and organic pastries from a local bakery.

- Dunkin' Donuts
39600 Ann Arbor Road
(734) 459-5944

This well-recognized chain has expanded its breakfast offerings beyond coffee and doughnuts. Customers can also choose from breakfast wraps to hash browns and Danishes. Additional beverage items include both tea and espresso.

- Biggy Coffee
400 W. Ann Arbor Road
(734) 259-6230

Tucked inside the Plymouth Super Center gas station and car wash, Biggy Coffee offers a wide variety of coffees, lattes and smoothies. Breakfast seekers can also choose from fruit cups, yogurt parfaits and

bagel sandwiches.

- Coffee Beanery
1498 S. Sheldon Road
(734) 416-8310

In addition to coffee, tea and other specialty drinks, diners can choose from menu items such as muffin and scones. Breakfast sandwiches, wraps and bagels are also available.

- Tim Hortons
150 Plymouth Road
(734) 414-5818

Well-known throughout the United States and Canada for coffee and donuts, Tim Hortons also offers bagels, muffins and breakfast wraps, among other breakfast menu items.

- Caribou Coffee
44601 Five Mile
(734) 459-4473

An extensive selection of coffee, tea, hot chocolate, fruit coolers and other specialty drinks highlight this menu. Food items available include oatmeal, breads and muffins as well as a cinnamon coffee cake. Breakfast sandwiches are also available.

- Panera Bread
400 S. Main St.
(734) 459-4772

Located in the heart of downtown Plymouth, Panera offers a full morning menu of breakfast and brunch items including baked egg souffles and breakfast sandwiches as well as a wide variety of muffins and pastries.

- Starbucks
803 W. Ann Arbor Trail
(734) 459-3142

In addition to various

coffee selections, lattes, frappuccinos and smoothies abound on this menu. Starbucks also offers many breakfast foods ranging from frittata sandwiches, wraps and sandwiches to fresh fruit, oatmeal and pastries.

- Einstein Brothers Bagels (two Plymouth locations)
640 W. Ann Arbor Road
(734) 414-9889
15077 Sheldon
(734) 414-8567

Einstein offers 16 different varieties of bagels with different topping, including lox. Other breakfast items include muffins, pastries, fresh fruit, oatmeal and breakfast sandwiches.

- Burger King (two Plymouth locations)
40880 Ann Arbor Road
(727) 459-3730
44475 Five Mile
(734) 453-4010

Breakfast menu items include the many varieties of the Croissan'wich, Biscuit sandwiches, French toast sticks and miniature cinnamon rolls.

- McDonald's (three Plymouth locations)
220 Ann Arbor Road West
(734) 453-4760
15110 Beck
(734) 416-1551
39700 Five Mile
(734) 420-0033

Along with the EggMcMuffin and sausage biscuits, McDonald's expanded breakfast menu also includes pancakes, McSkillet wraps and hash browns.

Diners find many brunch options

Brunch, that wonderful combination of breakfast and lunch, is a favorite event among local residents. And most agree that there is nothing quite like a leisurely brunch with friends and family in a comfortable restaurant. Many local restaurants offer special brunches weekly or for special occasions and holidays. They include:

- The Sunday Brunch at Fox Hills Golf Course and Banquet Center, 8768 N. Territorial, (734) 453-7272, was voted one of the "Top 5 Brunches in Michigan" by *AAA Magazine*. The sumptuous buffet includes made to order omelets and waffles, fresh carvings of beef, turkey and ham, fresh fruits, breakfast foods, fresh salads as well as a variety of luncheon entrées. There is also an extensive dessert table with an ice cream sundae bar.

- In Plymouth's Old Village, Station 885, (734) 459-0885, also offers an extensive brunch on Sundays highlighted by a carving station and chocolate fountain. Other offerings include made-to-order omelets and crepes, eggs benedict, scrambled eggs, bacon, sausage, fresh fish, roast beef or roast chicken, fresh vegetables and fruit, seasonal salads, peel and eat shrimp, petite pastries

and many breakfast breads. In addition, a special area is set up for children.

- The Courthouse Grille (formerly Ernesto's), 41661 Plymouth Road, just west of Haggerty, (734) 453-2002 offers a special sit-down brunch twice a year on Easter and Mother's Day. Unique menu items include the Bistecca Benedict made with pan-seared beef tenderloin medallions and hollandaise sauce, served with potatoes, a Maryland Crab Cake melt and a "design-your-own" frittata.

- Although Sean O'Callaghan's, 821 Penniman Ave., Plymouth, (734) 459-6666, only offers its special Sunday brunch three times a year (Easter, Mother's Day and Christmas) it has become a holiday mainstay for many Plymouth families. The diverse buffet selections range from a smoked salmon platter surrounded by onion, pickled asparagus and capers to a make-your-own bloody Mary bar. Along with the usual breakfast standards, the buffet also features a chocolate fountain as well an extensive pastry table featuring a variety of cheesecakes, mousses and danishes.

-By Jill Halpin

Waffle Cafe's easy-to-reach downtown location is popular with locals, as evidenced by the tandem bicycle and stroller on the sidewalk outside the restaurant.

Owners Martin Amin and Jeff Alexander had worked together in restaurants for years and were looking for a place with a "great neighborhood vibe," when they stumbled across the Omelette and Waffle Cafe.

The pair took over in November 2010, and have made some changes in the restaurant that are garnering attention from customers and

staff alike, said Lisa Yarosz, a waitress that drives in to work daily from Jackson, some 50 miles away.

"It is really worth the drive. These are by far the friendliest people I have ever met, just excellent to work with. You can tell how much they love what they are doing," said Yarosz.

Just down Wing Street, tucked right off Main Street is one of the newest additions to Plymouth's restaurant scene, Nico & Vali Italian Eatery. Celebrating their third anniversary in June, this pleasant spot with outside seating also has already developed a

loyal local following due both in part to the great food and pleasant service, said diner Elizabeth Moore, a Plymouth resident.

Moore, who works nearby, frequents Nico & Vali a few times a week, sometimes alone, and other times with co-workers.

'BEST-KEPT SECRET'

"It's Plymouth's best-kept secret. They treat you like family here. I just love it," Moore said while chatting with waitress Christine McMullen over a plate of eggs and hash brown potatoes.

Antonio's celebrates feast day with fundraiser

BY LINDA ANN CHOMIN
CORRESPONDENT

The children at the Capuchin Soup Kitchen especially touched Anthony Rugiero Jr. as they waited in line. He had volunteered to serve meals at one of two locations in Detroit after last year's fundraiser at Antonio's Cucina Italiana restaurants in Canton, Farmington and Dearborn Heights. Proceeds from the event went to feed the men, women and families.

Anthony, or Antonio as he's known around his family's restaurants, has four "little ones" of his own.

"It was heart wrenching to see the kids come through. They're so innocent. I don't

'We even added soup in recognition of the good work the Capuchins do at the kitchen. We will have items like pizza, a variety of pastas like mostaccioli and covatelli and gnocchi with Rita, my mom's sauce, stuffed shells, meatballs, mini cannolis, salad and bread, and also vegetarian.'

ANTHONY RUGIERO JR.

think they understand," Rugiero said. "The Capuchins provide 2,000 meals a day. When I saw that, I got more involved."

This year, more than ever, the Rugiero family is determined to make the June 13 fundraiser a success. For the last 18 years, they have celebrated the Feast Day of St. Anthony de Padua by donating proceeds from their restaurants to various charities.

This Monday, the Capuchin Soup Kitchen is the sole recipient.

From 11 a.m. to 3 p.m., supporters choose from a lunch buffet of pastas, pizza and authentic Italian dishes for a donation, or order from the regular menu (11 a.m. to 10 p.m.) knowing that a portion of the proceeds help feed the hungry.

"We even added soup in recognition of the good work the Capuchins do at the kitchen," Rugiero said. "We will have items like pizza, a variety of pastas like mostaccioli and covatelli and gnocchi with Rita, my mom's sauce, stuffed shells, meatballs, mini cannolis, salad and bread, and also vegetarian."

FULL HOUSE

Last year's celebration drew a full house to the restaurant named after his father and St. Antonio. Anthony Sr. and Rita grew up in Italy hearing about the saint as Catholics. They later passed their strong faith and beliefs on to their children.

Today, Rita and sons Anthony Jr., Patrick, Mark and Robert not only continue to serve authentic Italian food, but support the community. The family has a long history of giving back. In the last 18 years, they have donated money to PIME Missionaries (Pontifical Institute for



Rita Rugiero and her son, Anthony, Jr., with a statue of St. Antonio.

Foreign Missions), diabetes research at the University of Michigan, Susan G. Komen Race for the Cure, leukemia and lymphoma and shelters.

"We had a lot of people calling and say we love the Capuchins," Rugiero said. "St. Antonio is my favorite saint and a Franciscan and known for feeding the poor. Capuchins are Franciscans. It only makes sense we support them."

Brother Jerry Smith, executive director of the Capuchin Soup Kitchen, will once again be on hand to thank patrons for their support. He spent the entire day at the Canton location last year.

The money goes to support programs of the Capuchin Soup Kitchen, including two soup kitchens, food pantry and programs that treat substance abuse, provide work opportunities for adults, tutoring for children and fresh produce for families through the Earthworks Urban Farm.

"We're best known for feeding people, but do so much more," Smith said. "We're trying to move people beyond the need for the kitchen, training people in urban farming and at the bakery to become more self-sufficient."

Last year, Smith said he felt a special bond with the celebration to honor St. Anthony.

"St. Anthony is a Franciscan saint, keeping in line with our Franciscan tradition which has always been to work with poor people, hungry people," Smith said. "We have a history of walking with common ordinary people."

Smith is grateful for the generosity of the Rugiero family and their patrons.

"We were very pleased last year. We have very faithful supporters, the people who live in the areas of Antonio's restaurants," Smith said. "We're proud of the fact our budget is \$7.5 million every year and none comes from government. We're extremely grateful to benefactors who make that

possible."

To encourage the success of the fundraiser, Rugiero has decided to add dates for organizations that shared the proceeds with the Capuchin Soup Kitchen last year. On Oct. 6, the restaurant will donate \$2 for every pizza sold to Shades of Pink, a nonprofit to help survivors of breast cancer. On Nov. 5, the family holds Rugiero Casino Royale to benefit diabetes research at the University of Michigan. Anthony Sr. died of the disease in October 2008. In his memory, his sons established the Antonio Rugiero Sr. Diabetes Research Fund.

"We want to help find a cure," the younger Rugiero said. "It's going to be a very lively and elegant night with strolling food stations at the Italian American Club in Livonia with different restaurants and businesses coming like Cantoro's Italian Market."

A July 1-3 weekend Salutes Our Heroes and was Robert's idea. Members of the U.S. armed forces receive 50 percent off entrees when they present military ID. The Gelato Festival July 5-10 rewards all patrons with free gelato. The family brought machines from Italy to make the authentic ice cream.

"In these times, people need to know there's good and hope," Rugiero said.

The St. Antonio fundraiser runs from 11 a.m. to 10 p.m. with the buffet from 11 a.m. to 3 p.m. Monday, June 13. The restaurant offers three locations: 2220 N. Canton Center Road, (734) 981-9800; 37646 W. 12 Mile, Farmington Hills (248) 994-4000; and 26356 Ford, Dearborn Heights (313) 278-6000.

PLYMOUTH TOWNSHIP POLICE DEPT.
734-354-3232
NOTICE OF PUBLIC SALE

Notice is hereby given that on 06/17/11, at 10:00 a.m., Mayflower Auto Transport, 1179 Starkweather, Plymouth, MI 48170, a public auction of the following:

1995	Dodge Ram 2500	2B7HB21Z4SK529619
1997	Ford Escort	1FALP13P8VW252967
1993	Toyota Corolla	1NXAE91AXLZ157254
2002	Ford F150	1FTRW08L72KA73975
1989	Ford Taurus	1FABP52U2KG183547
2000	Toyota	4T1BG22K0YU749931
1999	Chevrolet Venture	1GNDX03E0XD250305

Publish: June 12, 2011

PUBLIC NOTICE

The Plymouth District Library Board will hold its regular meeting June 21, 2011 at 7:30 p.m. at the Friends Room on the main level of the Library at 223 S. Main Street, Plymouth, MI 48170.

The Plymouth District Library will provide necessary reasonable auxiliary aids and services, such as signers for the hearing impaired and audio tapes of printed materials being considered at the meeting, to individuals with disabilities at the meeting/hearing upon seven (7) days notice to the Plymouth District Library. Individuals with disabilities requiring auxiliary aids or services should contact the Plymouth District Library by writing or calling the following:

Sandy Young, Library Secretary
Plymouth District Library
223 S. Main Street
Plymouth, MI 48170
734-453-0750
X217

Publish: June 12, 2011

WAYNE COUNTY DEPARTMENT OF PUBLIC SERVICES
NOTICE OF ABANDONMENT AND DISCONTINUANCE OF RIGHT-OF-WAY

In accordance with the provisions of Section 18, Act 283 of the Public Acts of 1909, as amended, the County of Wayne, Michigan, has determined that it was in the best interest of the public to absolutely abandoned and discontinued that portion of the following described road right-of-way, subject to a reservation of a easement for public utilities, county storm water conveyance and county drain purposes, situated in the Townships of Canton and Van Buren, Wayne County, Michigan, by Wayne County Commission Resolution Number 2011-205 passed on May 5, 2011.

All that portion of Yost Road, Northerly and Southerly halves astride the Township Line between the S.E. 1/4 of Section 34 and the S.W. 1/4 of Section 35, T.2S., R.8E., Canton Township and the N.W. 1/4 and N. E. 1/4 of Section 2, T.3S., R.8E., Van Buren Township, Wayne County, Michigan, said portion lying between a point distant 268.92 feet, Easterly from the Northwest Corner of said Section 2, and a point distant Westerly, 43.00 feet from the South 1/4 corner of said Section 35; said point being on the prolongation of the Westerly right-of-way line of Lilley Road, over and across Yost Road.

True copies of this notice are served and published in accordance with the provisions of said Act No. 283 of 1909, as amended.

WAYNE COUNTY DEPARTMENT OF PUBLIC SERVICES
Engineering Division, Real Estate, 3rd Floor
Attention: Sandra M. Martin
400 Monroe Street
Detroit, Michigan 48226

Publish: June 12, 19 & 26, 2011

CHARTER TOWNSHIP OF PLYMOUTH NOTICE

To all residents and other interested parties: Agenda's and Minutes for the Charter Township of Plymouth Board of Trustees Meetings are available for review under the Reference Desk Page of the Township Website: www.plymouthtwp.org. They are also posted in the Clerk's Office at Plymouth Township Hall, 9955 N Haggerty Road Plymouth, Michigan for public perusal.

Meeting dates: January 11, February 8, March 8 & 22, April 12, May 10 & 24, June 14

The public is invited and encouraged to attend the Board of Trustees Meetings.

Joe Bridgman, MMC
Township Clerk

Publish: January 9, February 6, March 6 & 20, April 10, May 8 & 22, June 12, 2011

PLYMOUTH-CANTON COMMUNITY SCHOOLS NOTICE TO BIDDERS

The Board of Education of the Plymouth-Canton Community Schools invites all interested and qualified companies to submit a sealed proposal to establish a contract through negotiations for custodial services for Plymouth-Canton Community Schools. Specifications for this Request for Proposal are available by contacting Jim Larson-Shidler in the PCCS Business Office at (734) 416-2740. The district will have a meeting at the E.J. McClendon Education Center, 454 S. Harvey St., Plymouth, MI on Monday, June 13, 2011 at 12:00 p.m. (noon) to answer questions for any interested Offerors. All proposals or other submissions in response to this RFP must be received by the District at E.J. McClendon Education Center, ATTN: Jim Larson-Shidler, Assistant Superintendent for Business, 454 S. Harvey St., Plymouth, MI 48170 no later than 12:00 p.m. (noon) Thursday, June 23, 2011. The Board of Education reserves the right to accept and/or reject all proposals, as they judge to be in the best interest of the school district.

Board of Education
Plymouth-Canton Community Schools
ADRIENNE DAVIS, Secretary

Publish: June 9, 12 and 16, 2011

PLYMOUTH-CANTON COMMUNITY SCHOOLS NOTICE TO BIDDERS

The Board of Education of the Plymouth-Canton Community Schools invites all interested and qualified companies to submit a sealed proposal to establish a contract through negotiations for bus driver and bus aide services for Plymouth-Canton Community Schools. Specifications for this Request for Proposal are available by contacting Jim Larson-Shidler in the PCCS Business Office at (734) 416-2740. The district will have a meeting at the E.J. McClendon Education Center, 454 S. Harvey St., Plymouth, MI on Monday, June 13, 2011 at 2:00 p.m. to answer questions for any interested Offerors. All proposals or other submissions in response to this RFP must be received by the District at E.J. McClendon Education Center, ATTN: Jim Larson-Shidler, Assistant Superintendent for Business, 454 S. Harvey St., Plymouth, MI 48170 no later than 12:00 p.m. (noon) Thursday, June 23, 2011. The Board of Education reserves the right to accept and/or reject all proposals, as they judge to be in the best interest of the school district.

Board of Education
Plymouth-Canton Community Schools
ADRIENNE DAVIS, Secretary

Publish: June 9, 12 & 16, 2011

NOTICE OF PLYMOUTH NOTICE TO BIDDERS

Notice is hereby given that the City of Plymouth, Michigan will accept sealed bids up until 10:30 a.m., Wednesday, June 29, 2011. The bid opening will be at 10:30 a.m., Wednesday, June 29, 2011 for the following:

PURCHASE OF SOCCER EQUIPMENT 2011 / 2012 BUDGET YEAR

Specifications and bid documents are available at the City Hall during normal business hours. You may also download a copy of the documentation from the City's web site at:

<http://www.ci.plymouth.mi.us>

The City of Plymouth reserves the right to accept or reject any or all bids, in whole or in part, and to waive any irregularities.

Linda J. Langmesser, CMC
City Clerk
City of Plymouth

Publish: June 12, 2011

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SOCIAL SECURITY

Many people are wrongly rejected when they apply for Social Security Disability benefits. Money was taken out of their paychecks for Social Security taxes to ensure that they would receive disability benefits if they could no longer work full-time. Sadly, the government denies approximately 60% of those who apply for disability benefits.

Attorneys J.B. Bieske and Jennifer Alfonsi have 42 years combined experience representing only Social Security disability clients. And they personally meet with all clients and appear themselves at all court hearings. Many large firms assign inexperienced attorneys to your case. And some of these firms are located thousands of miles away and only fly the attorney in the day of the court hearing. Attorneys Bieske and Alfonsi have vast experience before local Michigan judges.

Attorneys Bieske and Alfonsi can often make a winning difference at the application stage. And, if an appeal is necessary they have won several hundred cases before a court date is even set.

Those denied can appeal on their own but statistics for many years reveal that those represented by attorneys win a much higher percentage of appeals. And attorneys who specialize in Social Security Disability cases win a much higher percentage yet.

In addition to practicing only Social Security disability law

attorney Bieske has written a book for attorneys about the subject and has been interviewed on various television programs. Both attorney Bieske and Alfonsi have also been interviewed on radio programs and have given speeches to many groups.

Attorneys Bieske and Alfonsi offer free phone or office consultation. If they represent you, there will be **no fee charged until after the case is won.** The fee is a percentage of retroactive benefits.

Bieske and Alfonsi represent clients from all over the state of Michigan. Their Livonia office is on Six Mile Road just west of I-275. Their Novi office is located on Haggerty Road just north of 12 Mile Road. Call them at **1-800-331-3530** for a free consultation if you have been denied, or if you are thinking of possibly applying for Social Security benefits.

www.ssdfighter.com

Farmington Idol opens stage to all metro area singers

BY STACY JENKINS
OBSERVER STAFF WRITER

IDOL INFO

Auditions

When: 5 p.m., Thursday July 14
Where: Zap Zone Banquet Room, 31506 Grand River Avenue, Farmington MI 48336

Finals

When: 6 p.m., Friday July 15
Where: Farmington Founders Festival, Family Stage, Farmington Center Parking lot (Grand River, east of Farmington Road)

Calling all karaoke gurus and all of you singing-in-the-shower wanna-be's — it's Farmington Idol, coming to you live, from the Family Stage at this summer's Downtown Farmington Founders Festival. Auditions are open this year to anyone in Metro Detroit who is at least 14 years of age and they'll be taking place starting at 5 p.m. on Thursday, July 14 at Zap Zone Fun Factory on Grand River at Orchard Lake in Farmington. Those who make it to the final round will perform on the Family Stage at the Founders Festival, starting at 6 p.m. on Friday, July 15.

Those who audition will receive a T-shirt and will sing a 90-second acapella piece in front of a panel of judges. The top 10 will move on to Friday's final round. All contestants must be amateurs. Finalists must submit a prerecorded tape or CD, no longer than three minutes in length, to the sound crew one hour prior to Friday's competition.

A new panel of judges will be on hand for the final round to pick the 2011 Farmington Idol winner, who will walk away with a basket of goodies from the downtown merchants, along with a hotel stay and dinner for two, plus other gifts. The audience will select the People's Choice winner

by casting their \$1 votes in the container of their favorite singer. The People's Choice gets to keep the cash that's in his or her container and all other proceeds will go to the festival.

To apply, stop by Zap Zone, 31506 Grand River, to pick up an application or visit www.zapzone.com to download one, then return it to Zap Zone. The deadline to apply is July 10.

Community event
Mary Johnston, group events coordinator at Zap Zone, said they're happy to be involved in Farmington Idol again this year.

"It's a community event," she said. "I like to be able to foster the musical talent in the community. It's a perfect fit to be a host of an event like this."

Jenny Fernandez, 18, a 2011 graduate of Harrison High School, won the 2010

Farmington Idol competition with her rendition of *Beautiful Disaster* by Kelly Clarkson.

Fernandez, who will major in vocal performance at Baldwin-Wallace College, near Cleveland, said she likes that the Farmington Idol competition is held during the Founders Festival.

"It's a hometown thing," she said. "And, it's a really great chance to showcase the talent here in Farmington."

Fernandez will not compete this year. She'll be staying busy with projects such as recording with a Christian techno dance group called God's DJs.

Angelica Payne, 17, of Farmington Hills, who won last year's People's Choice, will enter Idol for the third time.

"I just love to perform," she said. "That rush that you feel



PHOTO BY STACY JENKINS

From left, Farmington Idol coordinator Michelle Vennix, 2010 Farmington Idol Jenny Fernandez, 2010 Farmington Idol People's Choice winner Angelica Payne and Zap Zone group events coordinator Mary Johnston.

when you're up on stage. You're singing a story for everybody."

Payne, a 2011 Farmington High School graduate, sang in her school's choir and she competed in Miss Oakland County Outstanding Teen and the

Miss Farmington pageants.

Michelle Vennix, who grew up in Farmington and now lives in Wixom, will run this year's Farmington Idol. She's learning from the best — Ginny Morris, who brought

the event to Farmington and has run the show each year.

"Ginny's always helping people, so I thought I'd help her out," said Vennix.

sjenkins@hometownlife.com(313) 222-2369

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Cherry title on top

The Plymouth Reign-White U11 girls' soccer team won their division at the Cherry Capital Cup Tournament...

FAST-TRACK

FROM PAGE B1

All I know is we're happy that we have recognition for all athletes on campus. The unique boards were up for public perusal last month...

MEASURE OF EXCELLENCE

It's nice to know that you're going to be remembered, said Canton senior All-Stater Nick Alaniva...

CHIEFS

FROM PAGE B1

Chiefs senior goalkeeper Kayla Bridges. She (Bridges) got a hand on it, but it went in, Ventimiglia said. It was good positioning on all our parts.

UNABLE TO FINISH

It wasn't so much for the Chiefs (12-6-2), who could not sustain the strong play shown during district victories over Salem, Plymouth and Northville.



MARTY SCHEDEL

Celebrates their district soccer win over Salem on May 31 are Canton sophomore Natalie Schmidt (No. 18), seniors Melanie Pickert (No. 14), goalkeeper Kayla Bridges (orange jersey), Rachel Rohrbach (No. 2, right) and junior Kaly Berinti (No. 11) after Berinti scored the game-winning goal.

They can't believe it's all over

BY TIM SMITH
OBSERVER STAFF WRITER

Melanie Pickert sat in a golf cart next to the soccer field following Wednesday's 1-0 loss to Grosse Pointe South in the Division I district semifinals.

Jeannine Reddy estimated that Pickert played all 80 minutes on a hot, humid evening despite only being about 75 percent physically.

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Victory's in the Cards

The 12U Cardinals travel baseball team won the championship trophy for the second year in a row at the Cass River Showcase in Frankenmuth...

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COMMUNITY LIFE

Sunday, June 12, 2011

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Pink fight



PHOTOS BY BILL BRESLER | STAFF PHOTOGRAPHER

Livonia woman bikes, golfs to support breast cancer research

BY SHARON DARGAY
OGE STAFF WRITER

Mary Huyck plans to party after her Mary's Pink Fight Golf Outing on June 25.

"I have a DJ that's coming and we're going to celebrate. We're going to have some dancing, everyone's going to dance," said Huyck, 54, of Livonia.

The celebration will mark the end of her chemotherapy and the start of training for a 27-mile "Ride for the Cure," bike ride on Aug. 6 in Ann Arbor. She hopes to pedal a tandem bike with her husband, Gary, alongside friends and family members on her cycling team. The golf outing this month will raise money to pay for entry fees and donations to the August ride, which is organized by the Mid-Michigan Affiliate of Susan G. Komen for the Cure.

Next month, sandwiched between the two big events, she'll also undergo surgery for the aggressive breast cancer that was diagnosed last December.

But right now, she's just happy to kick up her heels.

"I've always been of the deep philosophy to keep moving, not to sit around. I always tell people to get out in the sunshine and fresh air. That can be a natural healer for you. What I tell my patients I practice myself."

ATTENTION TO HEALTH

Huyck, a physician's assistant, has always taken a proactive approach to good health. When she was a single mom, raising two daughters and a son 30 years ago, she became a vegetarian and began eating organic foods. Exercise has always been a priority and over the past five years has included cycling in long-distance bike tours, some which have raised funds for diabetes and obesity research.

"I always get my exams. I

MARY'S PINK FIGHT GOLF OUTING

What: The golf outing helps Mary Huyck of Livonia and her cycling team raise money for the "Ride for the Cure," a bike ride set for August in Ann Arbor. It's organized by the Mid-Michigan Affiliate of Susan G. Komen for the Cure.

When: Registration at noon, 1:30 p.m. tee time, Saturday, June 25

Where: Salem Hills Golf Course, 8810 W. Six Mile, Northville

Details: 18 holes with cart; golf pro providing tips; use of range before the event; hot dogs, chips and pop at the turn; competition holes; dinner and dessert after golfing; two hours of free beer and soft drinks after the event; raffles and 50/50; DJ and music; dancing

Cost: \$100 per golfer for golf and dinner package; \$25 for dinner without golf. Both dinner-only guests and golfers are eligible for raffle prizes

Registration: Send checks, made payable to Mary Huyck Golf Outing, along with team member names, phone number and e-mail to Gary and Mary Huyck, 37596 Northland Street, Livonia, MI 48152-1036

Questions: Call Shon Murphy, event coordinator, at (734) 658-0250 or e-mail to him at suited_84@yahoo.com

take vitamins and eat well. I had a mammogram in late August last year and it was clear. Then after one of my exercise classes I developed a swelling under my arm."

Huyck worked for an oncologist before she began practicing medicine in Pontiac for the Oakland County Sheriff's Department, where she sees everything from diabetes to psychiatric cases at the clinic in the Oakland County jail.

She knew what to ask her doctor when the swelling failed to respond to hot showers and over-the-counter anti-inflammatory medicine.

"I called the Ob-Gyn and said 'I think I need an ultrasound.'"

A biopsy and ultrasound confirmed what seemed impossible.

"Dec. 17 is the day they called me and told me I had breast cancer. It was wild. I had no family history of breast cancer. It was a fluke."

She started six months of chemotherapy, administered every other week, to combat the "triple negative breast cancer."

EARLY DIAGNOSIS

According to the Triple Negative Breast Care Foundation, breast cancers are diagnosed based on the

presence or lack of three cell "receptors" that fuel most cancerous breast tumors. The most successful treatments for breast cancer

target estrogen receptors, progesterone receptors and human epidermal growth factor receptor 2. But none of those receptors are found

in women with triple negative breast cancer. Their form of breast cancer can be aggressive and more likely to recur and metastasize than other kinds, although it does respond to chemotherapy.

Huyck is thankful she and her doctors discovered the disease in its early stage. She said it underscores the importance of getting an annual physical exam, including a mammogram, and making healthy lifestyle choices.

"It was a complete shock for me because I did everything in life to avoid this. At least I caught it early enough."

Huyck suspects her personal experience with breast cancer may lead her back into oncology work in the future. She also recently formed Pink Fight X3, an organization designed to help triple negative breast cancer patients shoulder drug deductible costs, co-pays and other expenses.

"I am blessed with great health care insurance, but that's not the same for everyone. I can't imagine what it would be like to be diagnosed with breast cancer and not have available funds. My goal in the future is to help cover those expenses."

A life-long Catholic and a member of Our Lady of Loretto in Redford, Huyck also plans to form a Christian support group for breast cancer patients.

"My faith gives guidance and it always has. I believe God opened this door for me for a reason — and he has carried me through."

Huyck's Web site is www.pinkfightX3.org. E-mail her at Mary@pinkfightX3.org.



Mary Huyck plans to ride a tandem with husband Gary Huyck during the 'Ride for the Cure' in August. Her cycling team includes John Carey and Amy Van Eck (background). Other team members (not shown) are Alanea Van Eck, Murray Muscat and Krystle Price.

Just For You

A perfect blend of fun and information.

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Christmas in July
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Cash for Christmas contest.

August » Woman
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Savvy shoppers love a great
find at local resale shops.

September » Inspire
Fall home improvement
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HEALTH

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HAVE A STORY IDEA?

Contact Editor, Sharon Dargay

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Rehab clients exercise while beautifying therapy center

BY SHARON DARGAY
O&E STAFF WRITER

Theresa Fischer knelt on the concrete sidewalk Tuesday and planted impatiens in the landscape bed surrounding Valley Hill Therapy Center in Redford.

While she gardened in the record high temperature, the Farmington Hills woman — who has Chronic obstructive pulmonary disease (COPD) — barely seemed to break a sweat.

After three years in pulmonary rehab, Fischer is better equipped to climb stairs, swing a golf club and plant flowers during Valley Hill's annual "Gardening Day" event.

"On a whole I would not be as active without it," she said, referring to the physical therapy she receives at the Center, home to Botsford Hospital's outpatient rehab program. "I look forward to coming here. I feel it has helped me."

"I tell you a big plus. It improved my golf game. It was amazing to me because I didn't expect it. But I kept thinking, gosh that ball is going farther."

Gardening, like golf, gives Fischer an opportunity to apply breathing and energy conservation techniques learned at the Center to everyday activities.

During Gardening Day, patients plant flowers around the facility as a part of their supervised exercise treatment. Valley Hill offers a multidisciplinary treatment plan under medical direction. Therapy is designed to improve quality of life for individuals with chronic, emphysema, chronic obstructive pulmonary disease and other lung conditions. Respiratory therapists work with patients on controlling symptoms, slowing their disease's progression, increasing their ability to live independently and building endurance. Physical therapists help patients improve strength, balance, and muscle function.

DIFFERENT APPROACH



Dorothy Lehner of Farmington Hills plants flowers as a part of the fifth annual Gardening Day at Valley Hill Therapy Center in Redford.



Cindy Bailo, coordinator Respiratory Services at Valley Hill Therapy Center in Redford, talks with a client during the annual Gardening Day.



Bernard Smith of Detroit, his oxygen tank at his side, digs holes for flowers during Valley Hill's annual gardening day.

"We teach them to cope with their lung disease. Instead of stopping activities, we teach them to do it differently," said Cindy Bailo, therapist. "When we

interview them, that's one of their major complaints — that they can't work in the yard and garden any more. So we try to teach them that yes, you can. You just

have to do it differently. "You have to learn to breathe when you do it and do it slowly." Purse lip breathing is among the techniques they

use while tackling everyday activities such as gardening. Therapy patients learn to breathe in for a few seconds and then purse their lips to lengthen the time it takes to exhale.

"When they take longer, it keeps their lower airways open long enough for them to exhale carbon dioxide. We teach them to take their breath in before they exert themselves," Bailo said.

Working on treadmills and stationary bikes at the Center helps strengthen muscles. Bailo teaches patients that a "stronger muscle uses less oxygen than a weak muscle."

"When you become short of breath by doing simple things, you avoid doing those simple things and then your muscles tend to atrophy more. So we work their heart, legs, dia-

phragm." Georgia Cherry of Farmington Hills has pulmonary fibrosis and has attended therapy sessions for five years. In that time she has lessened her reliance on an oxygen tank and now uses one only at night. Techniques such as purse lip breathing come naturally.

"One of the reasons I've stuck with this exercise program is that you take your blood pressure, listen to your lungs, measure your oxygen levels. You don't get that in just any exercise setting."

She likes the camaraderie that has developed during sessions. Patients have become friends with each other and with the therapists.

"There is a social aspect to it. That's what is unique about this."

MEDICAL DATEBOOK

JUNE

Health care reform

Learn how health care reform applies to the day-to-day practice of medicine at "Health Care Reform, Accountable Care Organizations, and Physician Network... A Primer," 7:30 a.m. to 12:30 p.m. Saturday, June 11, at Henry Ford Hospital, 6777 Maple, West Bloomfield. Speakers will discuss topics such as health care reform's effect on medical schools, health care economics and accountable care organizations' impact on health care reform. Cost is \$75 for physicians and \$50 for other professionals. Offers 4.0 AMA PRA Category 1 credits. Register at www.henryford.com/cmeevents.

Kidney treatment

Individuals facing kidney failure can learn about the treatment options that best suit their health and lifestyle needs at a Treatment Options Program (TOPs) session, 10 a.m. Tuesday, June 14 at Fresenius Medical Care Sheldon Corners, 6064 N. Sheldon, Canton. Healthcare professionals will talk about managing chronic kidney disease, dialysis treatment options, kidney transplants, patient support services and more. The session is free and open to the public. For more information, call Christine Hilmer at (586) 431-5084.

Free fall risk screening
The screening will run 12:30-3 p.m. June 15, at The Recovery Project, LLC, 20000 Victor

Parkway, Suite 100, Livonia. A physical and occupational therapist, pharmacist and physicians will provide vision, balance, medication, blood pressure, and home safety screens. (734) 953-1745.

Summer camp

The American Cancer Society offers a camp for children being treated for cancer or for those who are in remission. Cancer survivors, 4-15 may participate in one of two camps offered by the Society's Great Lakes Division. Young Camper's Day is a one-day program offered to children 4-6 on Sunday, June 19. Camp Catch-A-Rainbow is a weeklong summer camping experience, held June 19-24, for children 7-15. Both camps are held at the YMCA Storer Camps

near Jackson, where children have access to activities such as swimming, horseback riding, archery, canoeing, arts and crafts. Health care professionals are available at the camp 24 hours a day, so most medical treatments, with the exception of radiation therapy, can be done onsite or at a nearby center. Get an application by calling (800) 227-2343 or by visiting www.cancer.org/campainbow.

Male Urinary Incontinence: An Embarrassing Problem (No Longer)

Springtime has many men thinking about golf. Consistent errant golf shots on the course may not be the only reason some men hang up the clubs. Many men may silently experience the frustration and embarrassment of leaking urine upon exertion with simple activities such as laughing, coughing, walking, swinging a golf club, etc.

The inability to control urine is a common problem affecting many men in America. When looking specifically at men over 60, 17% reported having an incontinent episode. There are many potential causes of incontinence in men but most stem from the gland associated with the male reproductive system—the prostate. As many as 30% of men who have undergone treatments for prostate cancer report some incontinence.

The positive news—male urinary incontinence is a treatable problem. Although pads to collect urine are an option, some medications or a minimally-invasive procedure can provide a permanent resolution to most individual's problems.

Now's the time to seek the answers and treatment you need. Believe it or not, an active summer is right around the corner!

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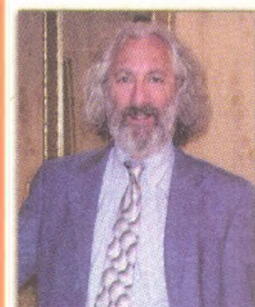
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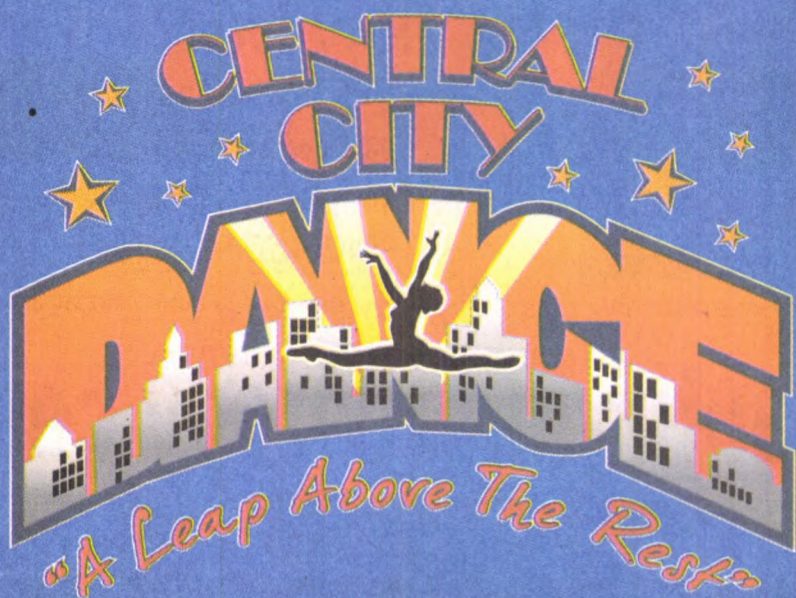
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How To Triple Your Chances Of Getting A Job

Paul G. Stoltz, Ph.D., co-author of "Put Your Mindset to Work"

As a job seeker or someone trying to flourish at work, ever wonder, out of the hundreds of "expert" tips, which ones are actually proven to work? Here's what 98 percent of top employers worldwide say and groundbreaking research studies prove makes all the difference.

Mindset trumps skill set
 Give employers what they want. When forced to choose, "Who would hire, A) the person with the perfect skills and qualifications, but lacking the desired mindset, or B) the person with the desired mindset, but lacking the right skills, 98 percent picked mindset over skill set.

Mindset means money
 When forced to choose, 91 percent of employers say they will grant a pay raise, as well as a promotion, to the person with the right mindset over the person with the right skill set. And, an independent study shows, those who score the strongest on mindset make the most money.

Use a winning mindset
 Mindset is not about attitude. It's deeper. It's the lens through which you see and navigate life. It therefore affects all that you think, believe, say and do. Breakthrough

research reveals that there are 72 qualities that make up a winning mindset, or "3G Mindset."

Global mindset -- think big picture!
 It's not about multicultural sensitivity (which can't hurt). It's about time and distance. It's about pulling your head out of the weeds and tapping the horizon. Global is your vantage point, or how well you lift your eyes beyond the immediate here and now, employ curiosity and openness to reach out, connect with and draw from a broad array of ideas and people to arrive at superior solutions.

Good mindset - good guys finish first!
 Turns out integrity and kindness -- doing what's right and being good to others -- pays off, big time. Good is the bedrock of a winning mindset. When the news is packed with mounting immorality and ethical implosions, employees with a good mindset are gold.

Grit mindset - take on the tough stuff!
 This is the fuel cell of a winning mindset. It powers all the rest. See, it's all about adversity. Employers want people who flourish even in

the worst weather. Good news is, in most jobs, there's plenty of it. Your capacity to not merely survive or cope, but grow with and harness the tough stuff really sets you apart. Grit fuels pay, promotion, retention, performance, engagement, energy and more.

Tap the top hits -- mindset matters more
 Open, curious, big-picture, connecting, considerate, agile, adaptable, resilient, growing, focused, tenacious, moral, honest, trustworthy, authentic, kind,

compassionate, generous, other-minded, contributing, tenacious, improving, fair, courageous, creative and determined is a short list of winning mindset qualities. Embed them in all you say, think and do.

The 3X factor - give your résumé the mindset boost
 Which résumés win and which ones lose? Mindset gives you the edge. An independent study of 30,000 résumés shows A) the conventional wisdom (standard tips) do nothing. In some cases they backfire! But, the "Mindset-in-action" formula does.

Mindset-inaction
 Here's how it works:

Mindset quality>>>>put into action>>>>to achieve a specific outcome.
 Example (tenacity): Pioneered, piloted and proved a new customer response system and cut complaints by 87 percent.
 Example (generosity): Volunteered to mentor new hires before and after work hours and cut first 90-day turnover by 72 percent.

Triple (or better) your chances with 3G mindset
 Here's the breakthrough finding: Résumés with one "Mindset-in-action" statement are three times (3X) more likely to win the job. Those with two or more are 7X more likely to get the offer! The proof is in. Mindset helps you stand out from crowd, get paid more, be promoted sooner, be retained when others are cut and win the best jobs, even over people with better qualifications. Remember: skills matter, mindset rules!

Paul G. Stoltz, Ph.D., co-author of "Put Your Mindset to Work" (Portfolio, May 2011), is considered one of the world's leading experts and pioneering researchers on the winning mindset. He is founder and CEO of PEAK Learning, Inc, works with the top companies in the world, and is bestselling author of three books in 15 languages.



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Duhamel's
latest movie,
*Transformers: Dark
of the Moon*, is in
theaters July 1



Who's News



Just squeezing by in *Cupcake Wars*

Q On the Food Network's *Cupcake Wars*, what happens to the 1,000 cupcakes baked by the loser?

JEAN CASEY, Penfield, N.Y.

We got the scoop on what happens after the dust — er, flour — settles

on the weekly dessert dustup, whose third season starts Tuesday. "All the fresh ingredients that are still usable are kept for the next challenge, while the completed cupcakes left over are delivered to nearby charitable organizations, or given to our hardworking cast and crew," a Food Network and Cooking Channel rep tells us. "The set is a great place to work — especially if you have a sweet tooth." Yum — sounds as if there are no real losers!

Q The things Joan Rivers says on *Fashion Police* are hilarious. Do celebrities contact her to retaliate or ask for an apology?

Jared Scott Tesler, Rochester, N.Y.

"Very few," Rivers tells us. "The big ones always know it's in fun. No one who is making \$20 million cares that I didn't like her dress." That does not mean she hasn't gotten nastygrams (from Edie Falco and Kathy Bates, to name two). Hollywood is a small town, and when Rivers and her targets collide, it's awkward, she says.



"We had just done a thing on Sandra Bullock's bangs, and we ran into her on a plane on the way home. You feel terrible, but my job is to be a critic. That's why people tune in." Catch *Fashion Police* Fridays on E! at 10:30 p.m. ET.

Q Who puts together Bonnie Bedelia's Boho chic outfits on NBC show *Parenthood*?

Camille Thompson
San Ramon, Calif.

That is costume designer Diane Croke, who also has dressed the stars on *Friends* and *Crossing Jordan*. To dress *Parenthood* matriarch Camille Braverman as "a more current version of a past hippie life," Croke skips the hemp and starts with skinny black jeans ("She has great legs"), then adds staple tanks from Eileen Fisher and "flowy, colorful tops" from Citron and Harari.



"I like the circus life," Woodard says.

Like Camille's jewelry collection? Buy from local arts and crafts fairs, as Croke does. "Bonnie is an artist and a painter in her real life, so she wanted to have that feeling influenced in her clothes now," says Croke, who keeps a closet busting with pitch-perfect clothes for each character.

BIRTHDAY BUZZ

6.12
Kendra Wilkinson 26
George H.W. Bush 87

6.13
Tim Allen 58

6.14
Boy George 50

6.15
Neil Patrick Harris 38

6.16
Phil Mickelson 41

6.17
Venus Williams 31

6.18
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Who's hot in Hollywood



Andrew Rannells scored one of a whopping 14 Tony nominations for the hit Broadway musical *The Book of Mormon* by *South Park* creators Matt Stone and Trey Parker. Their subversive cartoon was a staple for Rannells when he was growing up in Omaha. "Who would have thought, watching *South Park* in high school, those are the guys who would change my life one day?" See if Rannells, 32,

wins the best-actor Tony Sunday on CBS. ... Alfre Woodard seems to have spent more time on the road than at home. "I've never been a suburban type. I like the circus life," says Woodard, 58. But her children, Mavis, 19, and Duncan, 17, (with husband Roderick Spencer) always came first. "Wherever we were, they became kids in that city. Then when they started playing organized sports, they said, 'Mom, we don't want to go to Zimbabwe. We have soccer games.'" Catch Woodard on TNT's *Memphis Beat*, which returns for its second season Tuesday.

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Lower Back Pain Relief So Effective, It's Guaranteed!

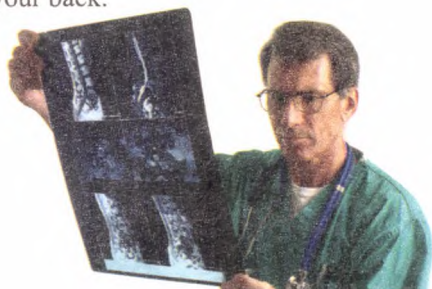
It's not just for pregnant women. It's not just for old people... It is Sciatica and millions of Americans suffer lower back and upper leg pain from it. You can usually diagnose the condition yourself:

The Pain of Sciatica

- An attack usually starts with a dull ache in your lower back.
- Soon the pain spreads to your buttocks and into the back of your thighs.
- The intensity of the pain increases, and it changes from a dull ache to a searing, burning sensation.

It seems to strike just before you have something important planned, such as travelling on a plane or train, an activity requiring hours of sitting or bending.

That's why there's no GOOD time for a BAD back. So, let's examine what might be happening to many of you. Let's look at your back.



Lumbar disk compression

Sciatica assaults the lumbar disk area of your spine. That is the area at the bottom of your spinal column. A slight hernia in the disk compresses the sciatic nerve. Until now, the most common treatment is restricted movement and warm compresses. Yes, good old *rest and heat!* But there is a new answer!

SciatiCalm™ alleviates the symptoms of Sciatica from the inside-out! It may be hard to believe, but **SciatiCalm** can reduce, even eliminate sciatic pain faster!

How? Simple.

SciatiCalm works as a homeopathic medicine that literally goes to the "root" cause of your pain!

As you have read, pain is caused by the compression of the sciatic nerve root. SciatiCalm tablets are specially formulated to speed directly to that area, working quickly and effectively to reduce the compression of the nerve.

SciatiCalm works on the subdermal pain receptors to reduce the pain and numbness, and you only take it as you need.

Our Clear Choice for Sciatica Relief

SciatiCalm™	Prescription Drugs	Steroid Injections	Physical Therapy	Surgery
Affordable	✓			
Safe	✓		✓	
No Doctors	✓			
Fast-Acting	✓	✓		
Effective	✓	✓	✓	✓
Convenient	✓			
Money-Back Guarantee	✓			

SciatiCalm gives you fast relief from acute sciatic pain attacks, plus it helps with long-term reduction in the frequency and severity of your attacks.

The SciatiCalm System breakthrough gets you back into the swing of things to enjoy the active lifestyle that is such an important part of a healthy life.

What makes SciatiCalm so unique, so powerful and so effective?

You and your back will enjoy the benefits of one of the most aggressive – yet gentle – complex recipe of all-natural ingredients to help your pain almost vanish and your

Effective Ingredients

- Arnica Montana: Reduces the feeling of being lame and sore.
- Belladonna: Reduces inflammation.
- Camomilla: Reduces those tearing and pulling pains in your lower back.
- Colocynthis: Goes right to your sciatic nerve to reduce pain.
- Gnapphalium: Reduces the pain transmitted by the sciatic nerve.

ability to perform normal tasks returns faster than you thought possible. If you want to feel good again, without the searing, numbing pain of a sore lower back and upper thighs, you need to try SciatiCalm.

With SciatiCalm you will...

- Feel Great • Enjoy Life More
- Love the Risk Free Guarantee!*

Yes, your satisfaction is 100% GUARANTEED.* If you are not completely satisfied with the results you see within the first 30 days of using the SciatiCalm System, just return any unused portion for a complete refund of the product price.

Take the first step now...

Call the **TOLL FREE** number below and ask for your 30-day supply of SciatiCalm.

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SPECIAL MEN'S HEALTH REPORT

Keep him fit

PROVEN STRATEGIES TO KEEP YOUR GUY HEALTHY NOW — AND FOR YEARS TO COME FROM

THE DOCTORS



Josh Duhamel: "I want to stay as young as I can"

Actor Josh Duhamel and his pop star wife, Fergie, apparently share everything, including their personal trainer.

And not by choice, Duhamel tells us.

"One day she comes down to the gym and she's like, 'So how do I get rid of this back here?'" says Duhamel, 38. "The next thing I know, she is working out

with [my trainer] every day — and now she takes him with her whenever she's gone. So I don't have a trainer."

To make matters worse, he adds, he sloughs off when left home alone. "When she's been gone for a week, I've been pretty bad about it," he says of working out solo. "I did a 15-minute workout today that was worthless. We

MEN LIVE A LOT LONGER than they used to: About 40 years ago, average life expectancy was 67 years; today it's almost 76. It's a definite improvement, but men still have work to do when it comes to their health: They tend to smoke and drink more than women, they see their doctor less often, and they are diagnosed with more cases of cancer and heart disease.

Step One to staying healthy: Get regular checkups and screenings. Here are more strategies to help prevent or treat the top threats to men's health:

Eat more fiber. Two recent studies suggest that doing so may help decrease your risk of developing and dying from heart disease. These findings add to the body of evidence that links fiber-rich diets to lower rates of high blood pressure, high cholesterol and obesity. The daily recommended fiber intake is 38 grams for men under 50 and 30 grams for men over 50. But most men don't even come close, averaging about 15 grams a day. Some of the best sources of dietary fiber are beans and peas. Others include fruits, vegetables,

whole grains and nuts.

Know signs of diabetes. According to the most recent statistics, 7 million Americans have the disease and don't know it. That's because symptoms often go undetected. But left untreated, diabetes can damage your heart, blood vessels, nerves, vision and kidneys, and it can lead to health complications such as erectile dysfunction. Diabetes is diagnosed with a simple blood test. If you are overweight and age 45 or older, ask for it at your next checkup. See your doctor sooner if any of the following signs seem familiar: frequent urination, unusual thirst,

Whole grains are wholly recommended.



definitely push each other."

But the hunky star of the blockbuster *Transformers* series manages. (The third film, *Transformers: Dark of the Moon*, opens June 29.) When both are at their L.A. home, the A-list couple like to work out together, either outdoors or in their home gym.

Duhamel also can fall back on a lifetime of fitness know-how. After all, he was raised in

North Dakota by a P.E. teacher mom, ran track, played basketball and baseball, and then was backup quarterback at Minot State University.

"You only have one body," the actor says. "I want to stay as young and athletic as I can for as long as I can."

Duhamel's routine includes weight training and hiking on a trail he carved out in the hillside behind his house.

Duhamel opts to have a

IMPORTANT INFORMATION ABOUT VIMOVO

Please read this summary carefully. It does not take the place of discussions with your doctor about the full Prescribing Information for VIMOVO and whether this drug is right for you.

WHAT IS THE MOST IMPORTANT INFORMATION I SHOULD KNOW ABOUT VIMOVO?

VIMOVO, which contains naproxen [a nonsteroidal anti-inflammatory drug (NSAID)] and esomeprazole magnesium [a proton pump inhibitor (PPI)], may increase the chance of a heart attack or stroke that can lead to death. This chance increases

- with longer use of NSAID medicines
- in people who have heart disease

NSAID medicines should never be used right before or after a heart surgery called a coronary artery bypass graft (CABG).

NSAID medicines can cause ulcers and bleeding in the stomach and intestines at any time during treatment. Ulcers and bleeding

- can happen without warning symptoms
- may cause death

The chance of a person getting an ulcer or bleeding increases with

- taking medicines called steroid hormones and blood thinners
- longer use
- smoking
- drinking alcohol
- older age
- having poor health

NSAID medicines should only be used

- exactly as prescribed
- at the lowest dose possible for your treatment
- for the shortest time needed

WHAT ARE THE POSSIBLE SIDE EFFECTS OF NSAIDS?

Serious side effects include

- heart attack
- stroke
- high blood pressure
- heart failure from body swelling (fluid retention)
- kidney problems including kidney failure
- bleeding and ulcers in the stomach and intestine
- low red blood cells (anemia)
- life-threatening skin reactions
- life-threatening allergic reactions
- liver problems including liver failure
- asthma attacks in people who have asthma

Other side effects include

- stomach pain
- constipation
- diarrhea
- gas
- heartburn
- nausea
- vomiting
- dizziness

Get emergency help right away if you have any of the following symptoms

- shortness of breath or trouble breathing

- chest pain
 - weakness in one part or side of your body
 - slurred speech
 - swelling of the face or throat
 - **Stop your NSAID medicine and call your health care provider right away if you have any of the following symptoms**
 - nausea
 - more tired or weaker than usual
 - itching
 - your skin or eyes look yellow
 - stomach pain
 - flu-like symptoms
 - vomit blood
 - there is blood in your bowel movement or it is black and sticky like tar
 - skin rash or blisters with fever
 - unusual weight gain
 - swelling of the arms and legs, hands and feet
- These are not all the possible side effects with NSAIDs.

WHAT IS VIMOVO?

VIMOVO is a prescription medicine used to

- relieve signs and symptoms of osteoarthritis, rheumatoid arthritis, and ankylosing spondylitis
- decrease the risk of developing stomach (gastric) ulcers in people who are at risk of developing gastric ulcers with NSAIDs

It is not known if VIMOVO is safe or effective in children under the age of 18.

WHO SHOULD NOT TAKE VIMOVO?

- Do not take VIMOVO**
- If you had an asthma attack, hives, or other allergic reaction after taking aspirin or other NSAID medicine
 - If you are allergic to any of the ingredients in VIMOVO
 - If you are allergic to any other PPI medicine
 - For pain right before or after heart bypass surgery
 - If you are in the third trimester of pregnancy

WHAT SHOULD I TELL MY HEALTH CARE PROVIDER BEFORE TAKING VIMOVO?

Before you take VIMOVO, tell your health care provider about all your medical conditions and all the medicines you take, including prescription and non-prescription, vitamins, and herbal supplements. Talk to your health care provider before taking any other NSAID-containing products.

- Using VIMOVO with other medicines can cause serious side effects
- Talk to your health care provider if you are pregnant or breast-feeding.

NSAID medicine should not be used by pregnant women late in their pregnancy

HOW SHOULD I TAKE VIMOVO?

- Take VIMOVO at least 30 minutes before a meal
- Swallow VIMOVO tablets whole with liquid. Do not split, chew, crush, or dissolve the VIMOVO tablet
- You may use antacids while taking VIMOVO
- Do not change your dose or stop VIMOVO without first talking to your health care provider
- If you forget to take a dose of VIMOVO, take it as soon as you remember. If it is almost time for your next dose, do not take the missed dose. Take the next dose on time. Do not take 2 doses at one time to make up for a missed dose
- If you take too much VIMOVO, tell your health care provider, go to the closest hospital emergency room right away, or call your Poison Control Center at 1-800-222-1222

WHAT ARE THE POSSIBLE SIDE EFFECTS OF VIMOVO?

Serious side effects may include

- **High blood pressure**
- **Heart problems** such as congestive heart failure, heart attack, or stroke

OTHER INFORMATION ABOUT NONSTEROIDAL ANTI-INFLAMMATORY DRUGS (NSAIDS)

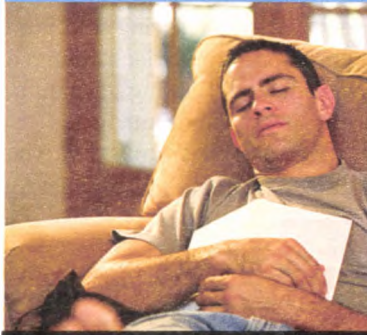
- Aspirin is an NSAID medicine but it does not increase the chance of a heart attack. Aspirin can cause bleeding in the brain, stomach, and intestines. Aspirin can also cause ulcers in the stomach and intestines
- Some of these NSAID medicines are sold in lower doses without a prescription (over-the-counter). Talk to your health care provider before using over-the-counter NSAIDs for more than 10 days

NSAID medicines that need a prescription

Generic Name	Trade Name
Celecoxib	Celebrex
Diclofenac	Cataflam, Voltaren, Arthrotec (combined with misoprostol)
Diflunisal	Dolobid
Etodolac	Lodine, Lodine XL
Fenoprofen	Nalfon, Nalfon 200
Flurbiprofen	Ansaid
Ibuprofen	Motrin, Tab-Profen, Vicoprofen* (combined with hydrocodone), Combunox (combined with oxycodone)
Indomethacin	Indocin, Indocin SR, Indo-Lemmon, Indomethagan
Ketoprofen	Oruvail
Ketorolac	Toradol
Mefenamic Acid	Ponstel
Meloxicam	Mobic
Nabumetone	Relafen
Naproxen	Naprosyn, Anaprox, Anaprox DS, EC-Naproxyn, Naprelan, VIMOVO
Oxaprozin	Daypro
Piroxicam	Feldene
Sulindac	Clinoril
Tolmetin	Tolectin, Tolectin DS, Tolectin 600

*Viciprofen contains the same dose of ibuprofen as over-the-counter (OTC) NSAIDs, and is usually used for less than 10 days to treat pain. The OTC NSAID label warns that long-term continuous use may increase the risk of heart attack or stroke.

SPECIAL REPORT: MEN'S HEALTH



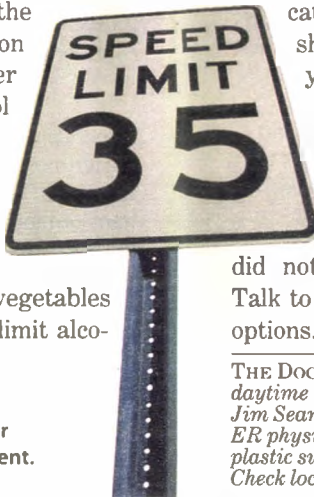
Short naps can help reduce high blood pressure.

continued from page 7

planation: Excess fat releases hormones and chemicals that may affect the brain's functioning. Normal weight equates to an 18.5 to 24.9 BMI. To measure yours, visit the National Heart Lung and Blood Institute website at nlhbsupport.com/bmi.

Take a nap. It's one way to help reduce high blood pressure, according to a study published in the *International Journal of Behavioral Medicine*. Hypertension is the leading cause, and the most controllable risk factor, for stroke — a top health threat for men. Researchers found that 45 to 60 minutes of midday sleep may help buffer the effects of stress on hypertension. Other ways to control blood pressure: Consume no more than 1,500 milligrams of sodium a day; increase your intake of fruits, vegetables and low-fat dairy; limit alco-

Follow the signs: Speeding can be your ticket to a fatal accident.



hol to two drinks a day; exercise regularly; and watch your weight. Your blood pressure goal: less than 120 over 80.

Lighten your lead foot. Car crashes are the leading cause of fatal accidents among men, and more than half are associated with aggressive driving, such as speeding. To stay safe on the roads, stick to the basics: Heed the speed limit, focus your attention on driving, signal when changing lanes and keep your cool.

Take a conservative path in treating prostate cancer. Most of the 217,000 men in the USA who are diagnosed every year with prostate cancer have a slow-growing, non-aggressive form of the disease. New research from Johns Hopkins Hospital concludes that taking more of a watch-and-wait approach may be a better treatment option for older men who have very-low-risk prostate cancer rather than immediately opting for tumor removal or radiation therapy — both of which

come with risks and complications. Studies have shown that even after 10 years of follow-up, about 40% of participants who chose "active surveillance," which involved semiannual checkups and annual biopsies, did not need any treatment. Talk to your doctor about your options. ☐

THE DOCTORS is an Emmy-winning daytime TV show with pediatrician Jim Sears, OB-GYN Lisa Masterson, ER physician Travis Stork and plastic surgeon Andrew Ordon. Check local listings.

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Vimovo
(naproxen/esomeprazole magnesium)

AstraZeneca

Notice

If you bought the weight-loss supplement Akavar 20/50, a class action lawsuit may affect your rights.

Si desea recibir esta notificación en español, llámenos o visite nuestra página web.

You may be included in a class action lawsuit about whether Akavar 20/50 ("Akavar") is sold as a proven weight loss product and whether there is clinical and scientific support for the manufacturer's claim that users of Akavar can "Eat all you want and still lose weight." The case in the United States District Court for the District of Utah is called *Miller v. Basic Research, LLC, et al.*, No. 2:07-CV-871.

The Court decided this should be a class action on behalf of a "Class," or group of people, that could include you. This notice summarizes your rights and options. More information is available in a detailed notice. There is no money available now and no guarantee that there will be.

WHO IS INCLUDED?

The Court decided that the Class includes any person who purchased Akavar after seeing or hearing the marketing slogan "Eat all you want and still lose weight."

WHAT IS THIS CASE ABOUT?

The case is about whether the manufacturer and other defendants engaged in fraudulent and deceptive advertising and marketing. The lawsuit says that Akavar has not undergone "scientific evaluation" by a "team of doctors" has not been tested in controlled random clinical trials and that there is no scientific evidence that users of Akavar can "Eat all you want and still lose weight." The lawsuit seeks money and other benefits for the Class. Defendants deny the claims and allegations in the lawsuit. The Court has not decided who is right. The lawyers for the Class will have to prove their claims at a trial set to begin on September 10, 2012.

WHO REPRESENTS YOU?

The Court appointed the law firms of Anderson & Karrenberg; Wilentz, Goldman & Spitzer, P.A.; and Shepherd, Finkelman, Miller & Shah, LLP, to represent you as "Class Counsel." If Class Counsel obtains money or benefits for the Class, they may ask the Court for attorneys' fees, costs and expenses. You don't have to pay any of these fees, costs and expenses. If the Court grants their request, the fees, costs and expenses would be deducted from any money obtained for the Class, or paid separately by Defendants. You may hire your own lawyer to appear in Court for you. If you do, you have to pay that lawyer.

WHAT ARE YOUR OPTIONS?

You have a choice of whether to stay in the Class or not, and you must decide this now. To stay in the Class, you do not have to do anything. If money or benefits are obtained, you will be notified about how to ask for a share. You will be legally bound by all orders and judgments of the Court, and you won't be able to sue, or continue to sue about the legal claims in this case.

If you exclude yourself, you cannot get money or benefits from this lawsuit if any are awarded, but you will keep any rights to sue about these claims and will not be bound by any orders or judgments in this case. The detailed notice explains how to exclude yourself. The deadline for exclusions is August 15, 2011.

HOW CAN I GET MORE INFORMATION?

Get a detailed notice and other information by visiting www.AkavarClass.com or calling 1-877-835-0768.

www.AkavarClass.com 1-877-835-0768

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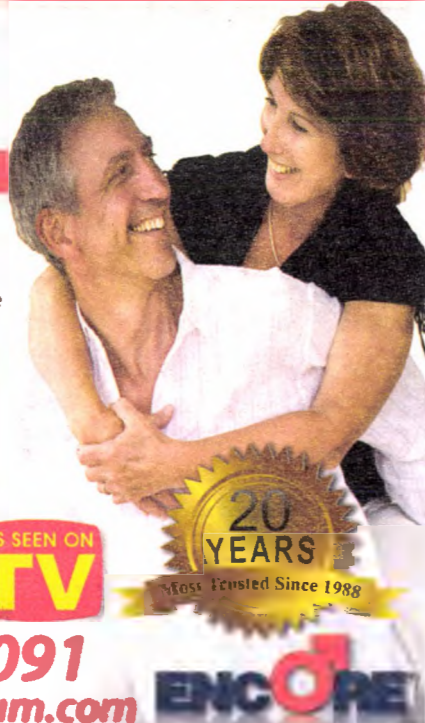
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FOODCOLLECTORSTOCKPHOTO

FATHER'S DAY TREAT FROM THE GRILL

A two-fisted Philly Cheese Steak Sandwich

- 1 Tb. olive oil
- 2 Tbs. steak sauce, such as A-1
- 1 Tb. soy sauce
- 1 tsp. each: garlic powder, paprika, coarsely ground black pepper
- 1 rib-eye steak (about 1 pound and 1 inch thick)
- 1 large sweet onion, halved and sliced into thick wedges
- ½ of a 12-ounce jar fried peppers, oil drained and reserved
- Salt
- 4 hoagie or sub rolls
- Olive oil and red wine vinegar for drizzling
- 4 slices provolone cheese, halved

Mix oil, steak sauce, soy, garlic powder, paprika and pepper in a small bowl. Place steak on a plate; prick all over on both sides with a fork. Spread half the marinade on one side; turn steak(s) over and repeat on remaining side; let stand while grill heats. (Can marinate at room temperature up to 2 hours or refrigerate overnight.)

Place a large cast-iron or heavy ovenproof skillet on grill grate. Heat gas grill igniting all burners on high for at least 10 minutes. Clean with a wire brush, then lubricate with an oil-soaked rag, the portion of grate

where steak will grill. Toss onions with reserved fried pepper oil and sprinkle with salt. Add onions to skillet and place steak on hot rack; cover and grill until impressive grill marks form, about 4 minutes. Stir onions and turn steak; close lid and continue to grill until onions are tender and steak is cooked to desired doneness, 4 to 5 minutes longer for medium. Stir peppers into onions, remove steak from grill, let rest 5 minutes, then slice thin. Reduce burners to low; add buns and grill until toasted and warmed through, 2 to 3 minutes.

To assemble, drizzle each bun with a little olive oil and vinegar. Fill with a portion of steak and peppers and onions; top with cheese. Return sandwiches to warm grill; cover and continue to grill until cheese melts, a couple of minutes longer. Serve immediately.

YIELD: 4 servings
Per serving: 590 calories, 43g carbohydrates, 37g protein, 30g fat (10g saturated), 70mg cholesterol, 5g fiber, 1138mg sodium



exhaustion, recurring skin, gum or bladder infections, blurred vision, and tingling or numbness in the hands and feet.

Keep BMI below 25. You know maintaining a healthy



Regular checkups, keeping BMI in check are keys to good health.

weight can lower your risk of heart disease and diabetes, but new research suggests it may also help prevent dementia. Scientists in Sweden followed more than 8,500 twins over 30 years and found that people who were overweight or obese in middle age had an 80% higher risk of certain types of dementia or Alzheimer's disease later in life compared with people who have normal body mass index (BMI). One possible exception on page 8

leaner physique than his blockbuster movie competitors (did you see *Thor*?) when fighting evil giant transforming robots. He tried to get big once for his first film role, 2004's *Win a Date With Tad Hamilton!*, but "that was just never going to happen. I'm too tall and gangly," says the 6-foot-3 actor, laughing.

— Brian Truitt

Go to usaweekend.com to find out how you can win Transformers toys from Hasbro



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Is your arthritis pain medicine putting you at risk for stomach issues?

Ask your doctor about VIMOVO. VIMOVO is a prescription medicine that combines a proven arthritis pain reliever with built-in medication that can help protect you from stomach issues common to NSAIDs.

NSAIDs (nonsteroidal anti-inflammatory drugs) can effectively reduce the pain of osteoarthritis. But they may also lead to stomach issues, which may keep you from taking the medicine you need.

VIMOVO combines a prescription arthritis pain medication with a built-in medicine that has been proven to reduce the risk of developing stomach (gastric) ulcers*

So if you're worried about potential stomach issues with your arthritis pain medication, ask your doctor about VIMOVO.

* In 6-month clinical studies, compared with enteric-coated naproxen.

Medicine on the outside of VIMOVO helps reduce the risk of stomach ulcers.



Medicine on the inside of VIMOVO helps relieve arthritis pain.

Get your VIMOVO prescription for only **\$10** each month

Sign up for a VIMOVO Savings Card today.

* Requires a prescription; subject to eligibility rules; restrictions apply.

Visit SaveOnVIMOVO.com

Approved Uses for VIMOVO

VIMOVO is approved to relieve the signs and symptoms of osteoarthritis, rheumatoid arthritis, and ankylosing spondylitis, and to decrease the risk of stomach (gastric) ulcers in patients at risk of developing stomach ulcers from treatment with NSAIDs. VIMOVO is not recommended as a starting treatment for relief of acute pain. Controlled studies do not extend beyond 6 months.

Important Safety Information

Like all medications that contain nonsteroidal anti-inflammatory drugs (NSAIDs), VIMOVO may increase the chance of a heart attack or stroke that can lead to death. This chance increases with longer use of NSAID medicines, and in people who have heart disease. NSAID-containing medications, such as VIMOVO, should never be used before or after a type of heart surgery called coronary artery bypass graft (CABG). As with all medications that contain NSAIDs, VIMOVO may increase the chance of stomach and intestinal problems, such as bleeding or an ulcer, which can occur without warning and may cause death. Elderly patients are at greater risk for serious gastrointestinal events.

VIMOVO is not right for everyone, including patients who have had an asthma attack, hives, or other allergic reaction with aspirin or any other NSAID medicine, patients who are allergic to any of the ingredients in VIMOVO, or women in late stages of pregnancy. Serious allergic reactions, including skin reactions, can occur without warning and can be life-threatening; discontinue use of VIMOVO at the first appearance of a skin rash, or if you develop sudden wheezing; swelling of the lips, tongue or throat; fainting; or problems swallowing. VIMOVO should be used at the lowest dose and for the shortest amount of time as directed by your health care provider. Tell your health care provider right away if you develop signs of active bleeding from any source.

VIMOVO can lead to onset of new hypertension or worsening of existing high blood pressure, either of which may contribute to an increased risk of a heart attack or stroke.

Speak with your health care provider before starting VIMOVO if you

- Have a history of ulcers or bleeding in the stomach or intestines
- Have heart problems, high blood pressure, or are taking high blood pressure medications
- Have kidney or liver problems

Review all the medications, even over-the-counter medications, you are taking with your health care provider before starting VIMOVO. Talk to your health care provider about your risk for bone fractures if you take VIMOVO for a long period of time. The most common side effects of VIMOVO include: inflammation of the lining of the stomach, indigestion, diarrhea, stomach ulcers, abdominal pain, and nausea. For further information on VIMOVO, please see the Brief Summary of full Prescribing Information, including Boxed Warnings on adjacent pages. You are encouraged to report negative side effects of prescription drugs to the FDA. Visit www.fda.gov/medwatch, or call 1-800-FDA-1088. If you're without prescription coverage and can't afford your medication, AstraZeneca may be able to help. Please visit www.astrazeneca-us.com for more information.

Vimovo
(naproxen/esomeprazole magnesium)
375/20•500/20 mg delayed-release tablets

AstraZeneca

How I Kicked the Mascara Habit

Say goodbye to the mess and misery of mascara and hello to luxuriously longer-looking lashes in as little as 2 weeks!

By Isabelle Busse

As long as I can remember, I've wanted longer, more glamorous eyelashes. Mine always came up short. I was forever jealous of my girlfriends, every one of them seemed blessed with long, dark and flirty lashes. Oh well, I thought, at least I have mascara.

Of course, I brushed on the black stuff for years hoping it would give my eyes that fabulous flutter that came so naturally to everyone else. What I got was smudges, flakes and smears. I was fighting a losing battle.

But then I found Lashatone™.

Wake Up to the Lashes of Your Dreams!

Now that I've found a way to enhance the beauty of my own natural lashes, I've fallen back in love with my eyes. I feel more confident and beautiful than ever, and the compliments keep coming. And the real luxury of Lashatone is that it's **effortless**. Within weeks I was waking up to visible results! Now I can face the morning mirror with luxurious lashes that look absolutely fabulous...without a drop of makeup! And best of all, no one knows my secret. My lashes look spectacular. And everyone thinks I was born with these beautiful eyes. No more clumps or black eyes.



The Luxury of Lashatone™

"Lashatone™ has made such a difference for me. My lashes appear longer and thicker and I feel so much more confident and beautiful."

— Samantha S., Chicago, IL



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Lashes appear longer in as little as 2 weeks with even more impressive looks after 6 weeks



Thanks to Lashatone, I have longer, fuller-looking lashes and I'm finally free of all that mascara misery!

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In as little as just 2 WEEKS, you could dramatically enhance the appearance of your natural lashes!



Before Lashatone



After 6 Weeks

*Results may vary

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Lashatone is a new breakthrough eyelash enhancer that will make your lashes appear thicker, fuller and longer. Dangerously sexy. Fabulously flirty. And 100% you. It can give you that same mascara-lengthening look without the mess. And with Lashatone, you can even start seeing results in as soon as two weeks!

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Lashatone is a unique blend of scientifically-proven ingredients created to help improve the appearance of your lashes using triple-function technology to amplify the look of lash length, thickness and volume with a proprietary peptide complex. Vitamins and botanicals nourish lashes from the base up and moisturize the skin for maximum hold. Most importantly, Lashatone is safe and 100% drug-free! Plus it comes in a proprietary pen brush that measures out the perfect amount every time...GUARANTEED!

Not Available in Stores

You won't find Lashatone behind the counter at high-end cosmetic boutiques and certainly not on drugstore shelves. It's only available in limited quantities direct from the laboratory. To ensure its integrity, Lashatone is produced in small batches using our unique formula of scientifically-proven ingredients. If you're truly serious about getting the lashes of your dreams, take the first step now and call the number below.

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The makers of Lashatone are so confident in the lash enhancing benefits of Lashatone they want to offer you a 30-day supply risk FREE, so you can experience the results first hand.... because seeing is believing! But this offer is limited, so you must call today to get your supply of Lashatone risk-FREE. If you're not 100% satisfied with the results, simply return the unused portion (less shipping and processing). This is a limited time offer and when supplies are gone, they are gone!

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KEVIN MAZUR/TNT

From the ER to aliens

Noah Wyle gets back to TV.

IN THE SIX YEARS since Noah Wyle regularly donned his scrubs on the TV phenomenon *ER*, the actor has been busy. Wyle, 40, got divorced and made a few movies.

But mostly, he has been on "daddy duty," he says; he has two children, Owen, 8, and daughter Auden, 5.

Where's he been? On 'daddy duty.'

We recently caught up with Wyle, who makes his biggest return yet in the new Steven Spielberg-produced sci-fi series *Falling Skies*, starting next Sunday at 9 p.m. ET on TNT.

On getting back to work: "This job serves one purpose only — and that's to make me look heroic to my son."

Helicopter dad: "I feel cheated [when the children are in school]. I drive them right to the door, and then I hang out for way too long. Then I get there a half-hour early with my book waiting for them."

Trust Spielberg: "If you are going to do an alien show, that's exactly the person to hitch your wagon to." ☐ — Gayle Jo Carter

Royal redemption

Duchess Sarah Ferguson, reinventing herself yet again, "finds" herself on reality TV.

BY GAYLE JO CARTER

SARAH FERGUSON GETS tough love from Oprah gurus Dr. Phil and Suze Orman as she goes "in search of understanding what self-hatred is [and] of finding self-worth" in a reality series premiering Sunday, *Finding Sarah* (9 p.m. ET, OWN). After facing her demons, the Duchess of York, 51, felt confident enough to give us some revelations about her old and new self.

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For more information or a Claim Form:

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www.FormulaSettlement.com



"Diana would be so proud" of Prince William.

ROBIN LAYTON / OWN

Low point: The infamous video from last May that appears to show Ferguson selling a businessman access to her former husband, Prince Andrew. Ferguson says the press "twisted" and "sensationalized" the story, and what she was really doing was offering the man an opportunity "to invest in a start-up company."

Before Oprah's intervention: She was at rock-bottom — "a place where you sit bolt-upright on a 12-hour flight to Los Angeles with an eye mask on with your eyes wide open."

Family ties: "We have a good relationship," Ferguson says about her ex, to whom she was married for 10 years and with whom she still shares a home. "He is my most special person I've ever met. The best day in my life was when I went down that aisle. We're a family unit, the four of us." (They have two daughters, Beatrice, 22, and Eugenie, 21.)

The newest royal couple: "She's learned about life in the royal family," she says of Prince William's bride, Catherine. "Diana and I [each] met and married very quickly. I hope and pray the mistakes we made can help William and Catherine with their future. Diana would be so proud."

Her princesses: "They both looked utterly beautiful, and to be called 'the ugly sisters' is outrageous," says Ferguson, referring to the drumming her daughters got in the press for their royal-wedding attire. "It's one thing to have a go at me, but keep away from young people who are trying their best in a very, very difficult environment."

The queen of England: "One of the greatest ladies I've ever met in my life is my mother-in-law, and I'm just very lucky to even be able to say that," she says. "I love her." ❏

Menswear: Play it close to the vest

BY MICHELE MEYER



Justin Bieber
rocked a
black velvet
vest in London.

DAVE HOGAN GETTY IMAGES

Finally, we're over weeklong casual Fridays!

Spring's three-piece suits and sleeveless sweaters echo sardoniously smooth '30s star Clark Gable and TV's *Boardwalk Empire*. But dressing up is not just for old guys. Teen idol Justin Bieber and twentysomething

rocker Bruno Mars also play it close to the vest.

What draws today's dashing dandies to vests are price — less than sport coats or Savile Row suits — with greater panache than pullovers.

"Vests are hip, young and versatile," says Perry Ellis creative director John Crocco. "They sell better than matching slacks and jackets. So clearly, guys wear them other ways."

J. Crew pairs vests with loosened skinny ties, rolled-up sleeves and jeans.

No shirt is required for Perry Ellis argyle cotton sweaters and even Emporio Armani's neck-high waistcoats for fall.

You also can loosen your collar or completely unfasten a vest over a T-shirt — just not at work.

"But casual doesn't mean untucked shirttails," Crocco says; nor should ties hang farther than partly buttoned vests. "That's sloppy."

Otherwise, Crocco says, "Anything works if you wear it with confidence." ☐



There's a lot more great, affordable fashion advice at usaweekend.com

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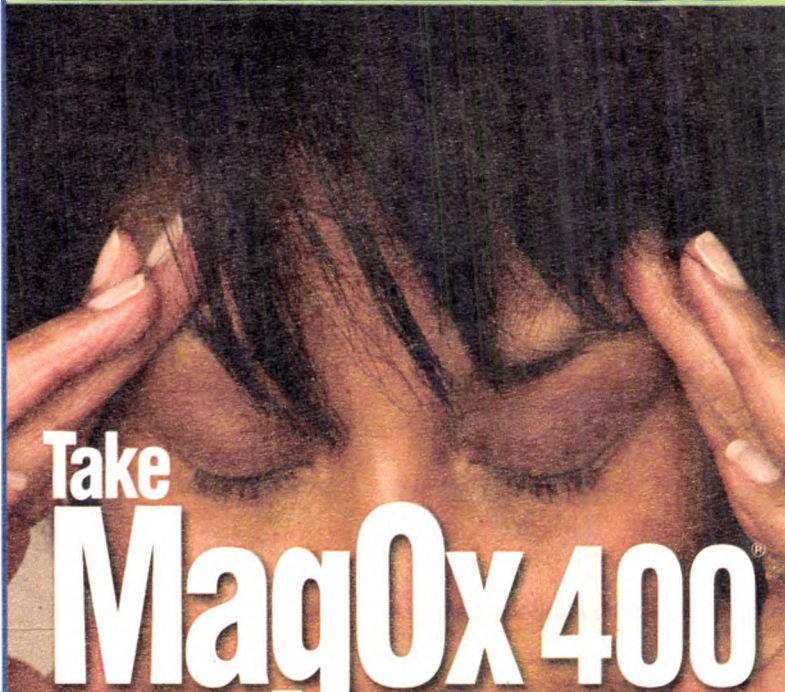
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Wit & Wisdom

STICKDOKU

BY TERRY STICKELS

Use your logic to find the correct number for each square. When finished, all nine rows across, all nine columns down and all nine 3-by-3 boxes must contain all nine numbers, 1 through 9, with no repeats.

Difficulty level: Easy

To print a larger version of Stickdoku, visit usaweekend.com.

	1	7						
	5			3	4			9
		6		2				
			6			9	4	
	3						6	
	7	1			2			
				4		1		
2			3	8				7
							2	5

FRAME GAMES

BY TERRY STICKELS

Can you solve these puzzles? Each communicates a well-known saying, person, place or thing. Answers below.

1



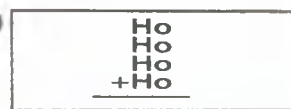
2



3



4



3	5	2	7	6	9	6	7	8	1
6	9	3	8	1	4	7	6	2	9
8	6	7	3	2	4	5	1	8	3
5	6	7	1	4	9	2	8	3	5
4	3	9	5	1	8	7	6	2	9
5	2	8	6	7	3	9	4	1	8
3	4	6	1	2	9	5	8	7	6
8	5	2	7	3	6	1	9	8	7
9	1	7	8	5	6	3	2	4	1

STICKDOKU ANSWERS:

- Tally-ho
- Jet black
- The coast is clear
- Blockhead

FRAME GAMES ANSWERS:



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He built 2,000 playgrounds

Non-profit founder shares a lifetime of helping kids.

Darell Hammond's work is all play. As founder and CEO of the non-profit KaBOOM!, he is leading a movement to assure that kids have a great place to play within walking distance of their home.

His goal: Give kids a safe place to play. In the past 15 years, Hammond, 40, has inspired more than 1 million volunteers and has recruited

hundreds of business leaders and corporations to build 2,000 playgrounds and improve thousands more. He chronicles the journey in his book *KaBOOM! How One Man Built a Movement to Save Play*.

His mission began in 1995 when he read a news story about the death of two children who suffocated while playing in a car during a heat wave. "This was the catalytic moment," he says. "I wondered why there wasn't a place for them to play."

Research shows that play helps kids physically, builds character and fosters creativity. "As a nation," he says, "we have to start taking play seriously."

Hammond and his seven siblings grew up in a group home near Chicago. It had a big campus, with plenty of space to play — a simple joy that Hammond wants every child to experience no matter his circumstances. ☐

— Katie Crowe

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The 20th Annual Canton Liberty Festival is
Thursday, June 16 through Saturday, June 18, 2011

20th Annual
Canton
Liberty
Festival
Guide





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BILL BRESLER | STAFF PHOTOGRAPHER

Canton's Liberty Fest is in its 20th year of providing family fun for all ages.

Festival marks 20 years of family fun

This year Canton celebrates 20 years of Liberty Fest fun. Every summer our community welcomes friends and neighbors to Heritage Park for a festival that is packed with great entertainment, delicious food, thrilling rides and toe-tapping music. This year's Fest offers all of that and more!

At 6 p.m. on Thursday, we will witness a fly-over by an F-16 jet fighter, during the opening ceremony of the Vietnam Traveling Memorial Wall, which will be on display in Heritage Park all weekend long. I encourage you to stop by and take a moment to honor those who served.

Thursday will also feature a special carnival sneak preview from 5-10 p.m. Visit www.cantonlibertyfest.com for discount ride armbands.

Friday evening will feature the annual Firefighters Charity Foundation Spaghetti Dinner, U2 tribute band, "Zooropa," and will close with the featured Movie Under the Stars, "Shrek Forever After." Families are encouraged to bring their blankets and chairs.

And although we are not having a parade this year, Saturday will still offer up plenty of fun for the whole family.

The Canton Lions Club will be offering their famous pancake breakfast in a new location this year. They will be serving a delicious breakfast in Heritage Park 7-11



Phil LaJoy

a.m. Kids will have a chance to meet a variety of fun characters such as Spiderman and Clifford 9-11 a.m.

I personally am very excited to see the Marine Corps Silent Drill Platoon in action on Saturday at 6 p.m. in the amphitheater. We are honored to welcome this 39-man platoon who will perform a breath-taking exhibition in crisp, dress-blue uniforms with bayoneted rifles flying from Marine to Marine.

As always, handcrafters will be presenting around the big pond on Friday and Saturday, and America's Most Wanted Car Club with cars of every shape, size and color on display for all to see.

The most memorable and popular Liberty Fest event is Saturday night's spectacular fireworks show. The Canton sky will be set ablaze by one of the largest and best fireworks displays in Michigan. Tens of thousands of spectators will be awed as they watch this outstanding aerial show.

Thank you, Canton, for making Liberty Fest a community highlight for the past 20 years. Here's looking forward to 20 more!

Phil LaJoy is the Canton Township supervisor.

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Canton celebrates landmark Liberty Festival

BY DARRELL CLEM
OBSERVER STAFF WRITER

Canton's Liberty Fest celebrates its landmark 20th year June 16-18, amid projections it will draw as many as 40,000 people to Heritage Park for live entertainment, carnival rides, a classic car show, diverse international performances and an event-crowning fireworks display.

And while local officials scrapped a festival kickoff parade due to budget cuts, they still expect a strong response to myriad events such as a Canton firefighters charity spaghetti dinner, a U2 tribute band, a Michigan Philharmonic performance and the touring Vietnam Traveling Memorial Wall.

Liberty Fest, anchored in Heritage Park off Canton Center between Cherry Hill and Palmer roads, has

become increasingly popular since organizers rolled out the first festival two decades ago as a way to celebrate community.

"It's part of our history. It's part of our community," Supervisor Phil LaJoy said. "It's part of families getting together and having an opportunity to enjoy entertainment. It's part of the local quality of life."

Due to a stubborn economy that has caused many families to scale back out-of-town vacations, LaJoy said Liberty Fest has come to play an even more crucial role as local residents seek ways to enjoy their leisure time closer to home.

"This day and age, a lot of people have had to curtail vacations," he said. "It's great when you go and see the smiles on the kids' faces



BILL BRESLER | STAFF PHOTOGRAPHER

Canton's Liberty Festival features a variety of cultural acts and performances.

Please see **LANDMARK, 25**

Marine platoon to drill at Liberty Fest

BY BRAD KADRICH
OBSERVER STAFF WRITER

The 20th annual Canton Liberty Fest will have a decidedly military feel when it kicks off next month.

Canton Township officials have landed an appearance by the prestigious U.S. Marine Silent Drill Platoon for 6 p.m. Saturday, June 18, the festival's final day.

The team is a 24-man rifle platoon of the U.S. Marine Corps which performs unique silent precision exhibition drill. The purpose of the platoon is to exemplify the discipline and professionalism of the Marine Corps. The team first performed in 1948 as a one-time show, but received such overwhelming response it became part of the routine parades at Marine Barracks, Washington, D.C., where the platoon is stationed.



The U.S. Marine Silent Drill Platoon 24-man rifle team which performs unique silent precision exhibition drill. The team first performed in 1948 as a one-time show, but received such overwhelming response it became part of the routine parades at Marine Barracks, Washington, D.C., where the platoon is stationed.

Washington, D.C., where the platoon is stationed.

"We're ecstatic to get them," Canton Township Recreation Coordinator Jon LaFever said. "We've been trying to get a military performance or display. It could be a once-in-a-lifetime chance to see them."

During their performance, the Marines execute a series of calculated drill movements and precise handling of their hand-polished, 10.5-pound M1 Garand rifles with fixed bayonets. The routine concludes with a unique rifle inspection involving elaborate rifle

spins and tosses. All drill movements are done with superfluous spins of the rifle, making the Silent Drill Platoon's drill unique from other Marine units' drill movements.

Members of the Silent Drill Platoon are handpicked to represent the Marine Corps. The platoon is based at the historic Marine Barracks Washington, D.C., "8th & I," the oldest active post in the Marine Corps.

LaFever said the request went out to the Marines in September. The process, he said, is an arduous one, during which the Marines consider a variety of factors, including their own schedule. LaFever said the scheduling of an appearance by the Vietnam Traveling

Please see **MARINES, 19**



The Canton Liberty Festival parade, which cost the township an estimated \$10,000 per year, was eliminated this year due to budget constraints.

Budget ax slashes Liberty Fest parade

BY DARRELL CLEM
OBSERVER STAFF WRITER

Canton's Liberty Fest parade became a casualty of local officials' efforts at swinging a budget ax that already slashed employee wages and ushered in \$1.8 million in spending cuts across township departments.

Supervisor Phil LaJoy said the community's milestone, 20th Liberty Fest will happen June 16-18 without the usual parade along Ford Road.

Abandoning the parade saved Canton an estimated \$10,000.

Trustee John Anthony said the parade, while popular with many residents, involves a large commitment of time and expense for local police, firefighters and other employees.

Canton Leisure Services Director Debbie Bilbrey-Honsowetz called the decision not to have a parade "very difficult" but added, "we are cognizant of our current economic challenges, and this is just one example of reducing a service when appropriate without negatively impacting Canton's identity."

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4

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CANTON LIBERTY FEST • June 2011 • 7

Liberty Fest first state stop for Vietnam wall



WELSH PHOTOGRAPHY

The Vietnam Traveling Wall will make its first Michigan appearance in Canton June 16-19.

BY DARRELL CLEM
OBSERVER STAFF WRITER

In its first trip to Michigan, the Vietnam Traveling Memorial Wall is coming to Canton's Liberty Fest in June, culminating the tireless efforts of local veterans and their supporters.

The V-shaped memorial — not to be confused with others such as The Moving Wall — will stand 6 feet tall and stretch 288 feet across ballfield No. 3 on the north side of Heritage Park.

The wall, three-fifths the size of the Vietnam Veterans Memorial in Washington, D.C., contains 58,227 names of Vietnam troops who died serving their country.

CRYING EYES

"When you see those names, it brings tears to your eyes and a lump to your throat to think of all these men and women who died," said John Spencer, a 66-year-old Vietnam veteran and Canton resident.

Spencer and Vietnam veteran Dennis Bielskis, members of the Vietnam Veterans of America Plymouth-Canton Chapter 528, discussed the project on a recent cold, overcast morning as they stood near the Heritage Park site where the wall will stand.

"The people I've talked to are all excited about this," Bielskis said.

The traveling wall is expected to draw large crowds from across south-east Michigan. Bielskis said the wall comes to Canton 11 years after The Moving Wall was here for Liberty Fest.

An opening ceremony is expected to occur about 6 p.m. Thursday, June 16 — the second day of Liberty Fest. A closing ceremony is tentatively set for 5 p.m. Sunday, June 19, the day

after Saturday night's festival-ending fireworks show.

Greg Welsh, the Florida-based wall manager, said Thursday he hauls the aluminum wall in a 32-foot trailer pulled by a Ford F-350 truck, and the memorial is assembled on site.

"This is our first trip to Michigan since we built the wall," Welsh said.

VETS FUNDRAISING

Veterans raised money to build the wall in 2005, and Welsh said it was publicly unveiled in April 2006 in Florida.

VVA Chapter 528 orchestrated the local effort, which Bielskis said comes 11 years after The Moving Wall made a local stop. Local veterans have raised the \$10,000 they need for the project, including a \$4,000 donation from the Canton-based America's Most Wanted Car Club, a Liberty Fest regular.

"A lot of their members come from the same generation we come from," Bielskis said.

Donations also came from VVA Chapter 528, the Plymouth-based Mayflower Lt. Gamble VFW Post 6695 and the Canton Veterans Memorial Association, among others.

Spencer chairs the traveling wall committee, and Bielskis serves as vice chair along with Al Dorey. Other committee members include Joe Agius, Gary Boucher, Bill Boudreau, Gordon Dorey, Ted Enright and Gary Pritchard, and they have had help from other supporters.

However, Bielskis said volunteers still are needed to help while the traveling wall is in town. To get involved, send him an e-mail to dbielskis@att.net.

While the wall is in

Please see **WALL, 24**

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Things to do at Liberty Fest

Thursday highlights

The carnival runs 5-10 p.m. Armband or tickets required; individual tickets are \$1, and sheets of 50 tickets are \$40 - sold during the event; Mega Bands cost \$40 each and are good all three days.

ENTERTAINMENT

- 7:30-9 p.m. Zooropa (U2 Tribute Band) on the Canton LIVE! Stage

- Adult Beverage Tent: Located near the Canton LIVE! Stage, the adult beverage tent will be open from 5-10 p.m. on Thursday and Friday and from 11 a.m. to 10 p.m. on Saturday.

- Festival Food from 5-10 p.m. Enjoy all the classic foods commonly found at festivals, including corn dogs, elephant ears, roasted almonds, kettle corn, gyros, fruit smoothies, pretzels, and so much more provided by more than a dozen different concession vendors throughout the Park.

- The Vietnam Traveling Memorial Wall opening ceremony 6 p.m. Thursday; open for viewing 2-9 p.m. Thursday, June 16, 9 a.m. to 9 p.m. Friday and Saturday and 9 a.m. to 5 p.m. Sunday, June 19.



PHOTOS BY BILL BRESLER | STAFF PHOTOGRAPHER

Canton Police do their part to keep the festival safe.

Friday highlights

Carnival & Family Zone runs 1-11 p.m. Armband or tickets required.

ENTERTAINMENT

- America's Most Wanted Car Club: Car & truck show Kick Off/Pre-Registration Party 5-8 p.m.

- Marketplace: 5-9 p.m. Consists of local artisans, crafters, businesses, and vendors set up in small tents around the large pond.

- 1-6 p.m., Axis Music Academy Musician Performances on the Canton

LIVE! Stage

- 4-6 p.m., Rick Leider's Marley-ritaville Band at the Amphitheater

- 7-7:45 p.m. The Jasen Magic Show at the Amphitheater

- 6-7 p.m. Detroit Singer Robin Horlock at the Amphitheater

- 8-10 p.m. Piano Man - A Tribute to Elton John & Billy Joel on the Canton LIVE! Stage

- 10 p.m. Movie Under the Stars Featuring "Shrek Forever After" on the big screen at the Amphitheater

FESTIVAL FOOD

- Taste of Canton, featuring area restaurants offering their signature menu items, runs 1-11 p.m.

- 5-9 p.m. Annual Spaghetti Dinner, hosted by the Canton Firefighters - Proceeds benefit families victimized by house fires through the Canton Firefighter's #2289 Charity Foundation. Prepared by Rose's Restaurant; tickets are \$7 for teens and adults, \$5 for children 5-12 (children under 5 are free).

Saturday highlights

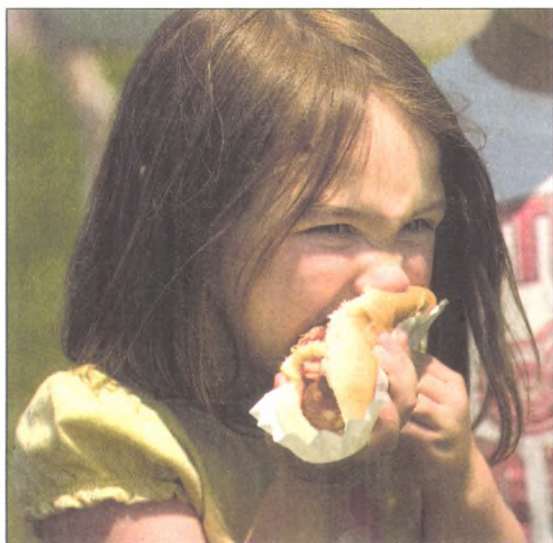
Carnival runs 10:30 a.m. to 11 p.m.; armband or tickets required.

ENTERTAINMENT

- America's Most Wanted Car Club: Car & truck show hours 8 a.m.-3:30 p.m. (onsite registration 8-11:30 a.m.)

- Marketplace: consists of local artisans, crafters, businesses, and vendors set up in small tents around the large pond.

Please see **SCHEDULE, 11**



The food is a big draw at Canton's Liberty Festival.

SCHEDULE

FROM PAGE 10

- 9:30 a.m.-11 a.m. Strolling Character Meet-and-Greet Pancake Breakfast (Spiderman, Belle, Snow White, Clifford, Buzz Lightyear, Woody)
- 11 a.m.-6:30 p.m. Canton International Stage Acts, Canton LIVE Stage
- 11:30 a.m.-7 p.m. Village Theater & Community Artists, Amphitheater Stage
- TBD United States Marine Corps Silent Drill Platoon, Amphitheater Stage & Weapons Display
- 6:45-7 p.m. Michigan Philharmonic, Amphitheater Stage
- 8-10 p.m. X-Generation: A 90s Rock Tribute Canton LIVE! Stage

- 8:15-10 p.m. Motown Rockin' Review Amphitheater Stage
- Dusk, FIREWORKS The first fireworks display in the area.

FESTIVAL FOOD

- 7-11 a.m. Canton Lions Club Annual Pancake Breakfast in a new location in the Heritage Park North Pavilions. Donation \$5 includes pancakes, coffee, milk, juice, water, sausage.
- 1-7 p.m. Canton Kiwanis Club "Chicken with the (Fire) Works" dinner in a new location in the Heritage Park North Pavilions. Purchase half a roasted chicken dinner with sides.
- Taste of Canton: Area restaurants are on hand offering their signature menu items.



The standard Midway fare will be available throughout the three-day Canton Liberty Festival.

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Fireworks headline Liberty Fest events

BY DARRELL CLEM
OBSERVER STAFF WRITER

When dusk falls over Canton on Saturday, June 18, a large fireworks show is expected to light the skies over Heritage Park — culminating another Liberty Fest — unless Mother Nature interferes.

Thousands of people are expected to converge on the park, off Canton Center between Cherry Hill and Palmer, to watch what township Treasurer Melissa McLaughlin has called “a signature event for Canton.”

Others will watch from farther away — from back yards, parking lots, driveways and anywhere they find a place with a view without immersing themselves amidst the crowds gathered on Liberty Fest grounds.

It's one of many events to define Liberty Fest, which marks its 20th year this season.

Though township officials axed this year's festival parade due to budget cuts, they decided to proceed with a fireworks show that costs about \$25,000 a year.

Officials could have rolled out a cheaper, lesser fireworks show, but the Canton Township Board of Trustees agreed earlier this year that residents have come to expect a crowd-wowing display.

It's one of many events to mark Liberty Fest. Among the others:

- A carnival sneak preview occurs 5-10 p.m. Thursday, June 16, and at 7:30 a U2 tribute band, Zooropa, performs on the Canton LIVE! Stage.

- On Friday, June 17, the Axis Music Academy has performances 1-6:30 p.m. on the stage.

- Starting at 5 p.m.



PHOTOS BY BILL BRESLER | STAFF PHOTOGRAPHER

America's Most Wanted Car Club's kickoff party 5-8 p.m. Friday in Heritage Park.



The carnival opens with a preview night Thursday, June 16.

Please see **EVENTS, 23**

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Visitors of all ages can enjoy the annual spaghetti dinner, which benefits the Canton Firefighter Charity Foundation Local 2289.

NONPROFITS

FROM PAGE 16

nity. Each year the Canton Firefighters #2289 Charity Foundation hosts a popular Spaghetti Dinner at Liberty Fest, thanks to the generous donations from Rose's Restaurant of Canton. For more information about the Canton Firefighters #2298 Charity Foundation, visit their website www.canton-firefighters.org/charity.htm

• The Canton Lions Club: Celebrating over 40 years of dedicated service in our community, the Canton Lions Club is a group that comes together and shares a common interest in community service, supporting the Lions motto "We Serve." Since establishing its charter in 1968, club members have raised and distributed over \$200,000 in charitable grants to nonprofit service agencies.

The Canton Lions Club's annual pancake breakfast on Saturday, June 18, from 7-11 a.m. at its NEW location in Heritage Park. This breakfast is just \$5 for adults and \$3 for children. All proceeds will benefit local Lions Club charities. For more information about the Canton Lions Club, visit www.cantonlions.org.

• The Kiwanis Club of Canton: The Kiwanis Club

of Canton performs many community service projects in Plymouth and Canton to help serve children. Individuals interested in performing community service and helping children in Canton and Plymouth are encouraged to learn more about the Kiwanis Club of Canton by attending a weekly meeting every Tuesday from 7:15-8 a.m. at Canton Coney Island, located on Lilley Road.

This year the Kiwanis Club of Canton presents "Chicken and the Works (Fireworks - that is)" at Liberty Fest. Ten dollars will get you a delicious finger-licking good half a roasted BBQ chicken, roasted potato wedges or chips, baked beans, roll and butter, pop or bottled water. Advance tickets are available for \$8 at www.libertyfestbbq.com. For more information, visit the Kiwanis Club of Canton website. www.cantonkiwanis.com

These certainly aren't the only nonprofit community groups participating in this year's Liberty Fest. Stroll around the Market Place and discover at least a dozen more groups on site connecting with the community and promoting their causes. For more information on any of these nonprofit groups, visit www.canton-libertyfest.com or call (734) 394-5460.



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The 24-man U.S. Marine Silent Drill Platoon will make an appearance at Canton's 20th annual Liberty Festival.

MARINES

FROM PAGE 6

Memorial Wall, which is also scheduled to be in town for the festival, may have played a role in the Marines' decision to come here.

"Bringing the Vietnam wall here certainly helped us," LaFever said.

The wall is coming to Liberty Fest during its first trip to Michigan, culminating the tireless efforts of local veterans and their supporters.

The V-shaped memorial — not to be confused with others such as The Moving Wall — will stand 6 feet tall and stretch 288 feet across ballfield No. 3 on the north side of Heritage Park.

The wall, three-fifths the size of the Vietnam Veterans Memorial in Washington, D.C., contains 58,227 names of Vietnam troops who died serving their country.

"When you see those

names, it brings tears to your eyes and a lump to your throat to think of all these men and women who died," said John Spencer, a 66-year-old Vietnam veteran and Canton resident.

Spencer and Vietnam veteran Dennis Bielskis, members of the Vietnam Veterans of America Plymouth-Canton Chapter 528, discussed the project on a recent cold, overcast Thursday morning as they stood near the Heritage Park site where the wall will stand.

The traveling wall is expected to draw large crowds from across southeast Michigan. Bielskis said the wall comes to Canton 11 years after The Moving Wall was here for Liberty Fest.

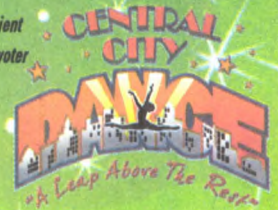
"The people I've talked to are all excited about this," Bielskis said.

Observer Staff Writer Darrell Clem contributed to this story.

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CE00741267

Familiar face brings carnival fun

BY BRAD KADRICH
OBSERVER STAFF WRITER

After a one-year hiatus, a familiar face returns to Canton's Liberty Festival for its 20th year.

Skerbeck Brothers Shows, Inc., the Escanaba, Mich., firm which held the contract for several years before losing it last year, is back for the 2011 festival to provide

the carnival attractions that have become such a huge hit at the festival.

Skerbeck replaces Wade Shows, which did a great job at last year's festival but lost out on the bid for the contract this year.

Organizers expect Skerbeck to enhance the festival's Family Zone, an area they wanted to expand this year.

"(Skerbeck) has great customer service, they're very family friendly," said Canton's recreation coordinator, Jon LaFever. "You don't have to worry about layers. You know you're talking right to the owners."

LaFever said the township was more than happy with Wade Shows, the same company that provides carnival rides to Livonia's annual Spree festival, among others. It was simply a matter of dollars, as Skerbeck came in with the lower bid for the multiyear contract.

The carnival will again be huge, part of an expanded Family Zone that will incorporate activities over all three days of the festival. Among many other attractions, the festival will feature:

- A variety of petting zoos and animal attractions, with several different animal groups on hand to provide entertainment.

- A Fine Arts Tent featuring interactive activities for kids of all ages.

- The Michigan Lego Club will be on hand.

"We decided to play up our entertainment over all three days," LaFever said. "It's what the people want. A majority of Canton is young families. That is reflected in the numbers of people who attend and the amount of revenue the carnival brings in."

The carnival runs 5-11 p.m. Thursday, 1-10 p.m. Friday and 11 a.m. to 11 p.m. Saturday.

bkadrich@hometownlife.com | (313) 222-8899



PHOTOS BY BILL BRESLER | STAFF PHOTOGRAPHER

Carnival rides have become a major attraction of Canton's Liberty Festival.



Thursday night features the sneak preview of the carnival midway.

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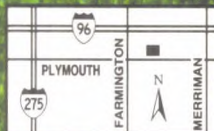


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Canton inks five-year fireworks deal with Pa. firm

BY DARRELL CLEM
OBSERVER STAFF WRITER

In a welcome reprieve from festival budget-cutting, the township board approved a five-year agreement with Pennsylvania-based Zambelli Fireworks to continue providing the festival-crowning fireworks show that erupts over Heritage Park.

The fireworks show costs about \$25,000 a year, but officials say some of the expense will be paid with a 5-percent pay cut accepted this year by the seven-member township board.

Zambelli — one of several companies that bid for the fireworks show — was rated higher based on the number and size of fireworks shells set off during the show.

Trustee Todd Caccamo noted that an alternate company, Wolverine Fireworks Display Inc., could have saved the township about 7 percent — a savings he said was appealing on the surface. Yet, he voted alongside his colleagues because Zambelli offered a larger fireworks show that officials say residents have come to expect.

“It’s a signature event for Canton,” Treasurer Melissa McLaughlin said.



Canton Township officials signed a five-year contract with Zambelli Fireworks earlier this year to produce the annual fireworks display for Liberty Festival.



BILL BRESLER | STAFF PHOTOGRAPHER

Kids of all ages get a chance to spend time with the animals during the festival.

EVENTS

FROM PAGE 12

that Friday, the Canton Firefighters Local 2289 Charity Foundation offers its spaghetti dinner, thanks to donations from Rose's Restaurant. At dusk, festival-goers can take in a movie in the park featuring *Shrek Forever After*. Bring chairs or blankets.

• From 11 a.m. to 8 p.m. June 17-18, a traveling zoo of sorts, Premier Animal Attractions, comes to Liberty Fest.

Other Friday events include:

• Rick Leider's Marley-ritaville Band 4-6 p.m., the Jasen Magic Show 7-7:45 p.m. and Detroit singer Robin Horlock 6-7 p.m. — all in the amphitheater area.

• Piano Man, a tribute to Elton John and Billy Joel, happens 8-10 p.m. on the Canton LIVE! stage.

• Area restaurants and other vendors will provide an array of food 1-11 p.m.

• America's Most Wanted Car Club's kickoff party 5-8 p.m. in the park.

Saturday activities

include:

• Children meeting characters such as Spiderman, Belle, Snow White, Clifford, Buzz Lightyear and Woody 9:30-11 a.m. near the Canton Lions Club pancake breakfast area.

• International stage acts take the LIVE! stage 11 a.m. to 6:30 p.m.

• The Village Theater and community artists are featured 11:30 a.m. to 7 p.m. at the amphitheater stage.

• The Michigan Philharmonic, with director Nan Washburn, performs at 6:45 p.m. at the amphitheater.

• A 90s rock music tribute happens 8-10 p.m. on the LIVE! stage.

• The Motown Rockin' Review plays 8:15-10 p.m. at the amphitheater stage.

• The Canton Kiwanis Club sponsors its Chicken with the (Fire) Works dinner 1-7 p.m. in the Heritage Park north pavilions.

• America's Most Wanted Car Club displays classic cars and trucks 8 a.m. to 3:30 p.m.

For more information, visit, www.cantonliberty-fest.com

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WELSH PHOTOGRAPHY

The Vietnam Traveling Memorial Wall will be in Canton Thursday, June 16, for the opening of the 20th annual Liberty Festival.

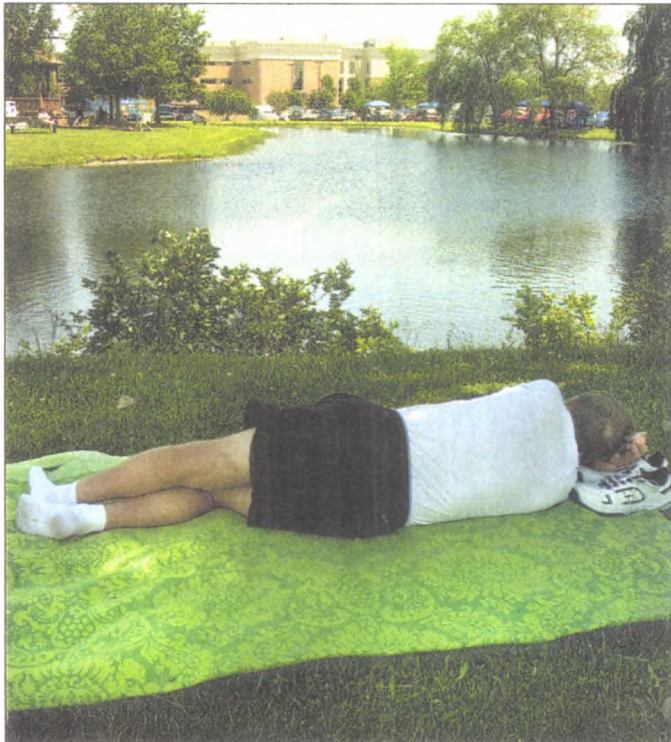
WALL
FROM PAGE 8

Canton, veterans expect to have an hours-long reading of all the names of Michigan servicemen and women who either died or were POWs in the war, though a precise time isn't yet known. Because the wall

elicits somber emotions among many people who see it, organizers decided to put the memorial on ballfield No. 3, on the far north end of Heritage Park.

"It's the farthest away from the festival carnival," Spencer said. "We're trying to keep it away from the noise."

dclem@hometownlife.com | (313) 222-2238



BILL BRESLER | STAFF PHOTOGRAPHER

There are many ways to enjoy Canton's Liberty Festival.

LANDMARK

FROM PAGE 6

and get all the positive feedback from the community.”

The fun starts Thursday, June 16, with a carnival sneak preview 5-10 p.m. and a performance by Zooropa, a U2 tribute band, at 7:30 p.m. on the Canton LIVE! stage. The festival continues 1-11 p.m. Friday, June 17, and from 10:30 a.m. to 11 p.m. Saturday, June 18.

The demise of the parade along Ford Road hasn't sparked a huge outcry, but the Canton Lions Club expects its pancake breakfast fundraiser, which coincided with the parade, to bring in less revenue this year as the group raises money for scholarships and services for the blind.

“We expect to lose a little bit because we don't have the parade,” Lions Club board member John Chew said.

Festival organizers have announced the pancake breakfast will be moved to the north side of Heritage

Park 7-11 a.m. Saturday, June 18, while starting at 9:30 a.m. children can visit with characters such as Snow White and Buzz Lightyear.

Jon LaFever, Canton recreation coordinator, said large crowds from Canton and surrounding communities are expected for the local festival.

“Each year Liberty Fest increases in popularity, attracting so many visitors to beautiful Heritage Park and bringing in about 40,000 festival-goers who enjoy three fun-filled days,” LaFever said. “This jam-packed festival showcases the best family friendly activities Canton has to offer, as well as outstanding entertainment the whole family will enjoy.”

Families can save by purchasing ride-all-day wristbands for \$16 through June 15 at www.cantonlibertyfest.com. The wristbands will be available on the festival grounds for \$17 June 16 and \$20 June 17-18.

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June
16, 17, 18

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(Carnival Preview)

Friday:
1 p.m. - 11 p.m.

Saturday:
10:30 a.m. - 11 p.m.



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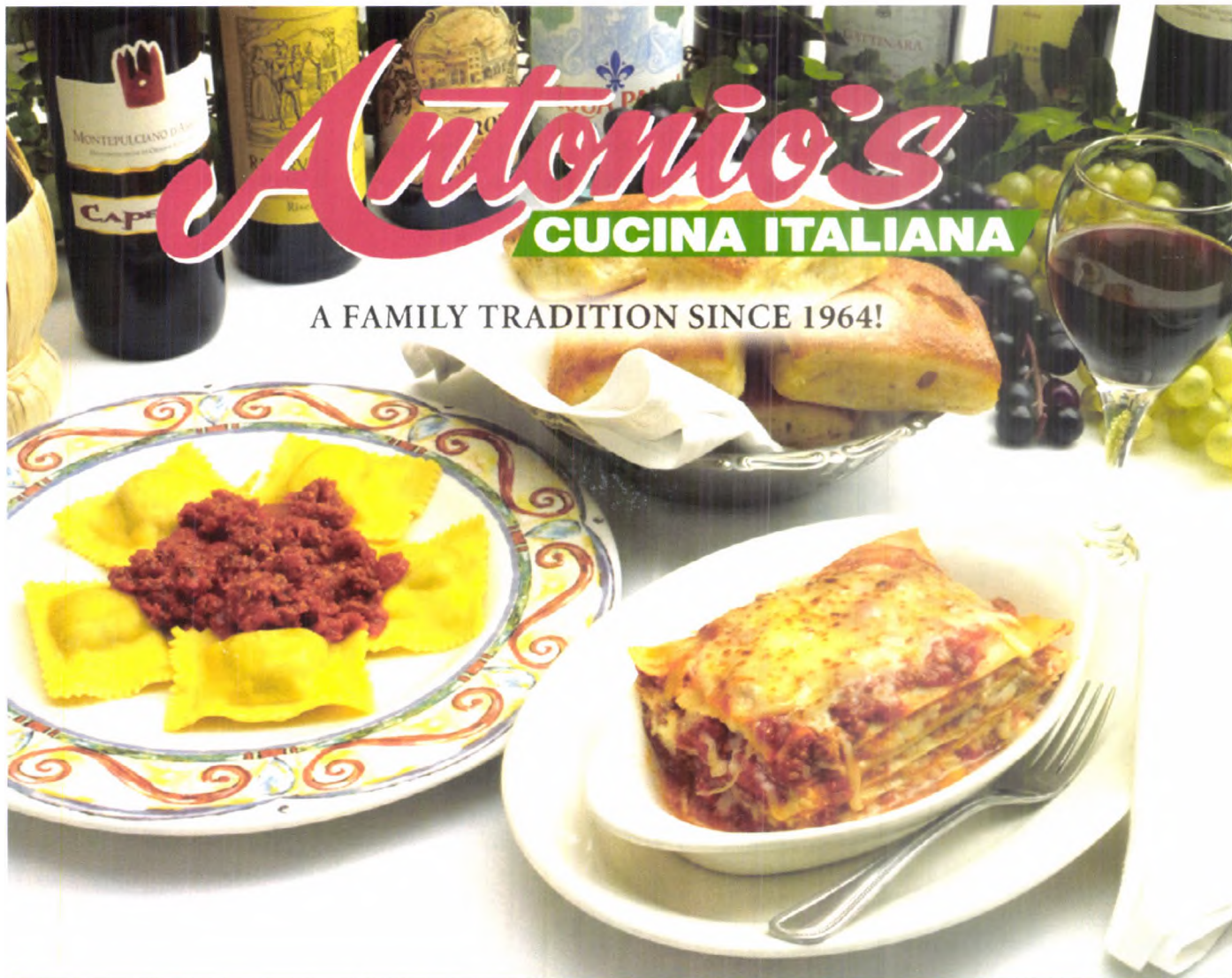


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