

WOI DELL

INJURED STORE OWNER IMPROVING PAGE A3

A BETTER BROWN BAG LUNCH

FOOD, B7

THURSDAY

January 6, 2011

The Observer & Eccentric Newspapers

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PIPELINE

Sworn in

Wayne County Commissioner Laura Cox, R-Livonia, has been unanimously elected vice chair pro tempore for the 2011-12 term. Cox, whose district includes Plymouth and



Wayne County Commissioner Laura Cox is sworn in as Vice Chair Pro Tempore by Michigan Third Circuit Court Judge Christopher Dingell.

Plymouth Township, was sworn in Tuesday by Michigan Third Circuit Court Judge Christopher Dingell.

Most recently, Cox served as the chair of the commission's powerful Committee on Ways and Means, which primarily deals with budgetary issues within the county. Prior to that, she chaired the Committee on Government Operations.

Flu shots

The Salvation Army and Kroger are working together to provide flu shots to the uninsured with a program that runs through Feb. 28 or until the local supply of flu vaccines runs out.

To qualify for this assistance the families or individuals will first be screened by the Salvation army and receive a voucher. A separate voucher is required for each family member ages 6 month and up. The vouchers can then be presented to the pharmacy at the Kroger store of the bearer's choice. Officials note this program is for non-insured individuals only and the flu shots will be administered by Kroger personnel at times indicated at the pharmacy.

For more information, call the Plymouth Salvation Army at (734) 453-5464.

Utility grant

The Plymouth Community United Way provided a \$20,000 grant to The Salvation Army Plymouth Corps in December for rent and utility assistance.

Capt. Dan Hull of The Salvation Army Plymouth Corps requested the grant as a result of the increased number of requests and increased dollar level of families asking for rental and utility assistance in The Salvation Army's service area.

"Many times families have emergency situations arise and find themselves in a crisis with their rent and/or utilities," Hull said. "We are their last hope as they have exhausted all other avenues of assistance, including state assistance, and this grant will allow aid for additional families."

Plymouth Community United Way president Marie Morrow said the funding for this grant is important as it will provide aid for residents in need in the Plymouth community.

"We fully support The Salvation Army Plymouth Corps' work in assisting many members of our community with their rent and utilities during these challenging economic times," Morrow said.



PHOTOS BY BILL BRESLER | STAFF PHOTOGRAPHER

Jack Johnson, a Livonia resident, bought his Mega Millions ticket at the Old Village Market on Starkweather Street

Ticket to riches

Players shoot, miss \$355 million lottery jackpot

BY BRAD KADRICH OBSERVER STAFF WRITER

Jaimee Magyaros had never purchased a ticket for the Michigan Lottery's Mega Millions jackpot game.

Until Monday. With the jackpot estimated to be some \$355 million, Magyaros, a Canton resident, joined the millions of people hoping to strike it rich with one of the richest pots in lottery history. Only two people did though - winning tickets were drawn in Idaho and Washington.

"Because it's so high, and there might be some possibil-ity (of getting rich)," Magyaros said with a smile, explaining her first foray into the lottery. "I'm feeling lucky today."

So, apparently, were a lot of people. Lottery participation generally increases exponentially the higher the jackpot goes, with countless players hoping for the big hit.

At the Plymouth Super Center, for instance, store manager Crystal Ford estimates lottery participation jumps 30-40 percent when the Mega Millions jackpot climbs this high. It is natural, she said, for players to be attracted to the larger amounts.

"It always spikes," Ford said. "They see a chance to win



Debbie Kovacich, a resident of Plymouth, shows off what might be a ticket to paradise. Dana Jenkins, behind the counter at the Old Village Market, sold her the ticket.

huge amounts of money, and they want to get involved."

That's what attracts lottery player Jeff Korreck of Plymouth. He said he doesn't spend his money on the lottery, which resets to \$12 million after someone wins, until it climbs to more like \$75 million.

He said the cash option where the winner takes half the pot (minus taxes) rather than spreading it out over 20 years — makes playing with such a high jackpot attractive.

"Why wouldn't I?" he said. "If I can leave the lottery office with \$120 million, why wouldn't I try? I don't play when it's low, but when

it hits around \$75 million, I definitely start getting interested."

The fact the much greater number of players actually lowers the odds of winning doesn't deter players, according to Sheryl Stacey, the general manager at Plymouth Super Center. Players, she said, don't make the connection between the number of players and the odds of winning.

"They just think the bigger the jackpot, the more they can win," Stacey said. "They don't put it together that the more people, the less chance (of winning). They're excited."

bkadrich@hometownlife.com | (313) 222-8899

Ice Festival: Expanded hours, more activities

BY MATT JACHMAN **OBSERVER STAFF WRITER**

Had enough of the holidays? New year already testing your resolve?

You'll have a chance to chill out when the Plymouth Ice Festival returns to town.

The 29th annual ice festival, a three-day weekend of carving events, sculpture displays, food and drink and free entertainment, opens Friday, Jan. 21, at Kellogg Park and in parts of downtown Plymouth.

Sam Walton, whose Signature Professional Group is in its second year of producing the nonprofit event, said he's planning to give festival fans more activities this year — and more time to enjoy them — as an escape from the wintertime blues.

"People have been cooped up inside for a couple of months," Walton said during an interview last week. "People are looking for an excuse to get out.'

Kellogg Park is the heart of the festival, and booths and activities typically line Main Street and Ann Arbor Trail, but last year's festival was expanded to include Forest Avenue, which offered sculptures, live music and a petting zoo for children, and this year's event will include Forest plus Penniman Avenue. The streets will have similar attractions, but each will also have its own theme,

"just to give the people a little bit of a different feel as they make their way around," Walton said.

Walton said his goal is to gradually expand the festival over the next few years to include all of downtown's major streets, in order to draw visitors to parts of town some haven't seen.

That paid off on Forest last

year, he said, when business pooled resources to help pay for activities and sculptures, and some attendees reported to Walton that they hadn't been on that block before. "They see a restaurant or

a store that they'd maybe never see otherwise." Walton

While Walton is focusing on offering a wider variety of festival activities, the sculptures aren't being forgotten. This year will feature some 250 blocks of ice, up from about 200 last year.

This year's show also boasts expanded hours until 11 p.m. both Friday and Saturday (Jan. 21-22). Previous festivals typically ended at 6 p.m. Friday and Saturday, but people tended to stick around to enjoy the sculptures and the atmosphere, Walton said.

Highlights of the festival will include a 7 p.m. Jan. 21 opening ceremony with the cutting of an "ice ribbon," carving demonstrations, an individual collegiate carving

Please see FESTIVAL, A3



Stephen Wald put the finishing touches on his sculpture with a torch during last year's Plymouth Ice Festival. The festival returns Jan. 21-23 to downtown Plymouth.

Tea Party parties for one of its own

BY MATT JACHMAN **OBSERVER STAFF WRITER**

Organized less than two years ago, the Plymouth area's Tea Party movement celebrated a major victory Monday as one of its own took elected office.

Freshman Michigan Sen. Patrick Colbeck, R-Canton Township, was sworn in during an informal, but very public, ceremony at the Plymouth Cultural Center,

where the Rattle With Us Tea Party meets regularly. State Supreme Court Justice Robert Young Jr., who on Wednesday was chosen as the high court's chief justice, administered the

"Patrick is one of us," Rattle With Us co-founder Maribeth Schmidt of Salem Township told the crowd of nearly 200 people. "He decided that, Enough is enough. I'm going to take a stand."

Colbeck, 45, is an aerospace

engineer and management consultant who advocates smaller, less-expensive government and lower taxes. One of the early Rattle With Us members in 2009, he formally announced his candidacy during a rally at Kellogg Park last April 15 — the income tax filing deadline. He was the top Republican vote-getter in a four-way race in the August primary, and won

Please see COLBECK, A5



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Local home care agency donates to First Step

The employees of United Home Health Services in Canton got into the spirit of the season this year by reaching deep in their pockets and donating \$300 worth of Walmart gift cards and \$300 worth of teenage appropriate clothing for First Step fami-

Plymouth-based First Step is a local not-for-profit organization that offers free services for domestic violence and sexual assault victims and their families.

Kelly Byrne,

First Step director aims to keep families safe, please see page A8.

Observer & Eccentric | Thursday, January 6, 2011

Communication Specialist at United and coordinator for the project this year, noted that their goal was to collect \$250 originally.

"Then the money just kept pouring in," Byrne said. "Our staff was so generous and so passionate about our cause. It was fun to see how much we could collect. We are honored that we can help First Step's mission with these donations."

Every year United chooses a different local organization, group, or family to be the recipient of their "Holiday Cheer." Theresa Bizoe, Associate Director at First Step, said the agency is "so grateful" to UHHS for being chosen the beneficiary of their donations this holiday

"I was blown away by all the nice items and financial support that came from United's employees," Bizoe said. "We so appreciate the thoughtful gifts for our families."



Theresa Bizoe, Associate Director First Step, Kelly Byrne, Communication Specialist United Home Health Services, Anne Smith and Julie Fiandt of First Step.

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AROUND PLYMOUTH

"Around Plymouth" is designed to announce upcoming events taking place in the community. Items will run on a space-available basis. Send details to bkadrich@hometownlife.com

Chili cookoff

VFW Post 6695 and its Ladies' Auxiliary host "Winter Warmup Chili Cookoff" to benefit the Ladies' Auxiliary Saturday, Jan. 15.

The cookoff takes place 5-8 p.m. at the VFW Post, 1426 S. Mill in Plymouth, Cost is \$5

for chili and three votes. For more information, call Susie Wagner, (734) 934-6867.

Genealogy workshop

On Saturday, March 5, the Plymouth Historical Museum will hold the first in a series of genealogical workshops to help family historians of all levels research their 19th-century American ancestors.

The workshops all contain topics relating to Civil War era research, in commemoration of the 150th anniversary of the beginning of the Civil War. The first workshop features Curt Witcher, a popular genealogical lecturer on the local, state, and national level. He is the Genealogy Center Manager of the Allen County Public Library in Fort Wayne, Ind.

The workshop begins at 9:30 a.m. and will end at 3:30 p.m.

The \$50 fee includes the four lectures, lunch, and the option of touring the Museum's special exhibit, "Rediscovering the Civil War," during lunch and the afternoon break. Tickets are available at the Plymouth Historical Museum or on its website at www.plymouthhistory.org/Events.html.

The Plymouth Historical Museum is located at 155 S. Main Street in downtown Plymouth.

Charity event

United Home Health Services, a local home care company in Canton, hosts its fifth annual charity event 6:30 p.m. Friday, Jan. 28, at Hawthorne Valley Country Club in Westland.

The evening consists of an all-you-can-eat buffet dinner followed by the comedy of Dwayne Gill, by day a police officer and by night a professional stand-up comedian. Known for his engaging personality and stage presence, Gill has been performing comedy since 1993. His topics range from current events and male/female relationships to the crazy situations he's encountered as a police officer.

Reservations are \$50 per person and can be made by calling Mary Jane Swanson at (734) 981-8820 by Jan. 18. All proceeds go toward United's

Patient Support Fund, which is used to provide home care to patients who do not have health insurance or whose needs go beyond insurance coverage. It is also used to provide food, clothing, emergency medications, transportation, and medical equipment for patients in need.

One-act festival

TLC Productions has organized Canton's first One Acts Festival, Jan. 21-23, at The Village Theater at Cherry Hill in Canton.

Six original plays have been chosen from among more than 100 nationwide submissions. Three of the one-acts are by Michigan playwrights, including Canton's David Lew Cooper and Jacob A. Zinke, and Randy Wyatt of Grand Rapids. Note to parents: this production is PG-13.

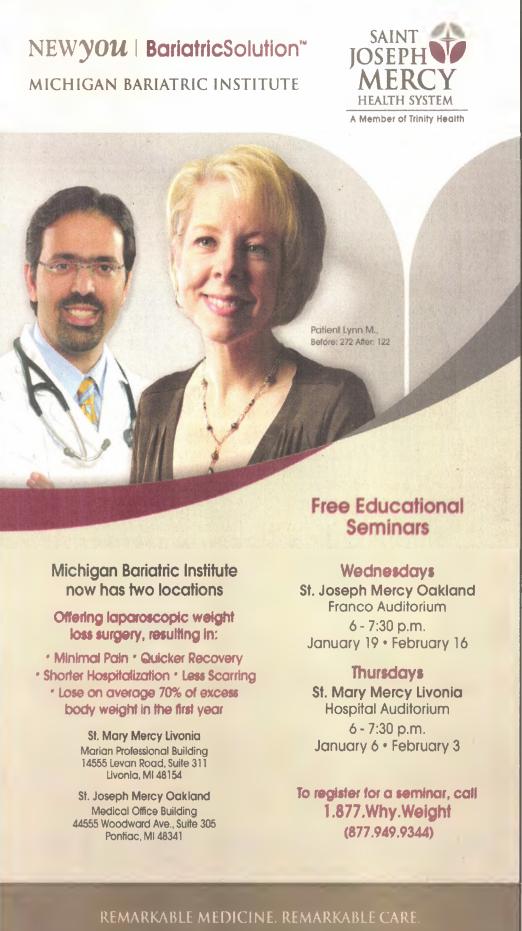
TLC Productions is made up of Canton's own Tim Chanko, Linda Pohl and Christopher Tremblay.

Show dates are Jan. 21-22 at 8 p.m., and 2 p.m. Jan. 23.

The One Acts Festival is organized by TLC Productions, sponsored by the Partnership for the Arts and the Humanities, and offered in partnership with The Village Theater at Cherry Hill.

Tickets are \$10 each. Go to tlcprod.wordpress.com/the-festival or call the Village Theater Box Office at (734) 394-5300.





competition Saturday, Jan. 22, and collegiate team competition Sunday, Jan. 23, and the "dueling chainsaws" speed-

carving contest the night of

Jan. 23. There will also be a

Jan. 21-22, at the Party Lot

and live music.

thicefestival.org.

"Hot Spot" warming tent and,

behind E.G. Nick's, a separate

event for adults offering drinks

Sponsorship opportunities

for businesses and individu-

als will be available through

Saturday, Jan. 15; information

on sponsorships is available at

the festival's Web site, plymou-

Walton has a fund-raising

goal of \$85,000 for this year's

festival, and is confident that

really have a great sponsorship

As far as the weather, don't

Suffice it to say that with last year's festival plagued by melting sculptures and puddles of water, they're praying for cold. "We're keeping our fingers crossed for colder temps,

mark can be reached. "We

base this year," he said.

Walton said.

Injured store owner is still hospitalized, but improving

BY MATT JACHMAN OBSERVER STAFF WRITER

Badly injured on Dec. 29 in the explosion that leveled his business and killed two employees, the owner of the William C. Franks Furniture Store appears to be improving.

Paul W. Franks of Plymouth Township was listed in fair condition Wednesday at the University of Michigan Hospital in Ann Arbor, a spokeswoman said. He had earlier been in critical condi-

Franks, 64, was hurt in the explosion, blamed on a gas leak, that occurred around 9

a.m. Dec. 29 as the store on Wayne Road in downtown Wayne opened for business. Bystanders helped free him from the rubble minutes after the blast, and he was airlifted to the U-M Hospital's burn center.

The bodies of two employees, secretary Leslie Machniak, 54, and salesman James Zell, 64, both of Westland, were discovered in the destroyed building later that day.

Franks' store was a fixture in Wayne, and he is described as a thorough professional who is active in the Wayne business community. An investigation

into the blast is ongoing.

A benefit dinner to aid those affected by the explosion is being planned for 5 p.m. to 9 p.m. Monday, Jan. 17. The \$10, all-you-can-eat buffet will be at the Avenue Sports Grille, 3632 Elizabeth Street in Wayne. Gift baskets and other donated prizes will be auctioned off. A Facebook page has been set up to provide event details.

The William C. Franks Disaster Fund account has been opened through the Wayne/Westland Credit

mjachman@hometownlife.com | (313) 222-2405



mjachman@hometownlife.com | (313) 222-2405 Last year's dueling chainsaws competition drew a large, enthusiastic crowd.

Ice festival adds nighttime hours

The 29th annual Plymouth Ice Festival opens at 3 p.m. Friday, Jan. 21, and continues through the weekend at Kellogg Park and downtown Plymouth.

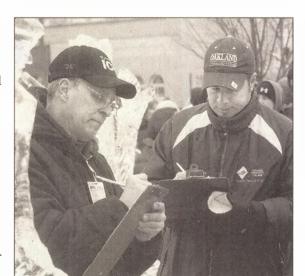
Some 250 blocks of ice are being prepared for the show, which features professional as well as collegiate ice-carvers, carving demonstrations, competitions, refreshments, live music, and the sculpture garden at the park. Activities for children will include

hunt. Admission is free. A formal opening ceremony, with the cutting of an "ice ribbon," is planned for 7 p.m.

a petting zoo, pony rides and a scavenger

Jan. 21 at Kellogg Park. Festival hours, expanded this year, are 3 p.m. to 11 p.m. Jan. 21, 10 a.m. to 11 p.m. Jan. 22, and 10 a.m. to 6 p.m. Jan. 23. The sculptures will be on display around the clock.

Return to The Plymouth Observer as the event nears, or visit the festival website, plymouthicefestival.org, for details and updates.



BILL BRESLER | STAFF PHOTOGRAPHER

Judges Richard Teeple of Henry Ford Community College and Doug Ganhs of Oakland Community College looked over the college entries at last year's festival.

BILL BRESLER | STAFF PHOTOGRAPHER

Representatives from local nonprofits gathered at The Summit for a philanthropy meeting sponsored by the Canton Community Foundation, which is about to launch its Lunch & Learn initiative.

Foundation rolls out Lunch & Learn initiative

BY DARRELL CLEM OBSERVER STAFF WRITER

In hopes of helping nonprofit organizations develop a blueprint for financial stability, the Canton Community Foundation plans to roll out its inaugural Lunch & Learn initiative next week.

More than 140 nonprofit groups have been invited to attend the first of what will be quarterly gatherings — this one set for noon Thursday, Jan. 13, at the foundation office, 50430 School House Road, northwest of Cherry Hill and Ridge roads near the Village Theater at Cherry Hill.

The new program underscores the foundation's commitment to work with nonprofits to help them survive

tough economic times and establish sound financial plans, foundation President Joan Noricks said.

"Our goal is that all local nonprofits are sustainable. By working to maintain a strong network of local nonprofit organizations, we can ensure that all charitable needs are being met," she said. "We want to assist local groups to reach their potential."

For more information or to register, call (734) 495-1200 or send an e-mail to info@cantonfoundation.

Lunch & Learn comes just two months after the foundation sponsored its second annual Philanthropy Summit in Canton — an event intended to link nonprofits, charitable organiza-

tions and financial donors while helping them learn how to become more financially savvy.

Every three months, Lunch & Learn programs will be devoted to a specific topic. The Jan. 13 event focuses on how to establish a planned giving program by using charitable gift annuities. A planned giving program offers donors information about gifts from estates for charitable purposes in the community.

Noricks has said the foundation's role in helping nonprofits and charitable organizations has become more critical as economic woes have forced more and more people in the community to seek out help, placing a greater strain on groups that give.

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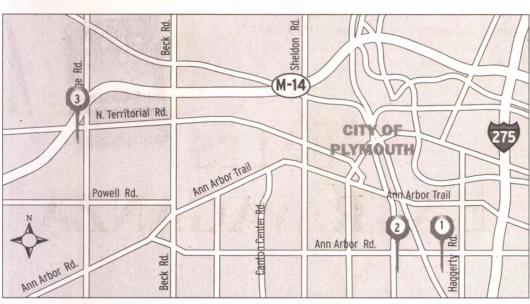
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HAVE A STORY IDEA?

Contact Editor, Brad Kadrich Voice Mail: (313) 222-8899 E-mail: bkadrich@hometownlife.com Comment online at hometownlife.com

CRIME WATCH



Device stolen

4 A 300-pound device for lubricating a specific piece of machinery was reported stolen Monday from outside the Absopure Water Corp. facility on General Drive in Plymouth Township.

The theft of the "lube manifold" occurred between about 2 p.m. New Year's Day and 6:30 a.m. Monday, according to a Plymouth Township Police Department report. The latch on a storage box had been broken, police said.

Also at a business on General Drive, two spare tires to a semi truck were reported stolen Monday from underneath the parked truck trailer. That theft occurred between 11 a.m. Friday and early Monday morning, police said. There was no reported damage to the truck.

Car break-in

A woman's leather coat was reported stolen after the break-in of a car parked at Zack's of Plymouth, a restaurant on Main Street south of Ann Arbor Road, early Sunday.

A Livonia woman told police

she arrived at Zack's about 11 p.m. Saturday, parking her Chevrolet Aveo in the lot. When she left two hours later, a window on the car had been broken and the coat was gone.

Police said the lock on a door to the Aveo had also been damaged.

Vandalism

3A lighted outdoor display was reportedly vandalized recently outside a house on Cooke Avenue, south of North Territorial and west of Ridge Road.

The power cord to a lighted deer figure had been cut, a police report said. The incident was reported on Friday afternoon; it was unclear exactly when the vandalism occurred.

- By Matt Jachman

FIRE RUNS

The Plymouth Community Fire Department responded to the following runs during the period Dec. 29 to Jan. 3:

• Monday, Jan. 3 -Investigation on Sunset; residential rescue runs on Hill, on N. Territorial, on Lorenz Way, on Brookline and on Micol; commercial rescue run on Napier.

• Sunday, Jan. 2 — Rescue runs on Haggerty, on Van Buren, on Sheridan, on Beck, on Newporte, on Mill, on Ross and on Tavistock.

• Saturday, Jan. 1 — Residential rescue runs on Haggerty, on Ann Arbor Trail, on Dogwood, on Terry, on Northville Road, on Gloucester and on Grant; special run on Joy; open burning violation on Minehart.

• Friday, Dec. 31 — Rescue runs on Grant, on Northville Road, at Joy and Beck, on northbound I-275 at M-14, on Trailwood, on Eckles, on Clair and on Ann Arbor Trail.

• Thursday, Dec. 30 - Residential rescue runs on Arthur, on Brentwood, on Wilcox, on Northville Road, on Clare and on Heritage; vehicle accidents at Ann Arbor Road and Lilley; commercial rescue run on Starkweather.

• Wednesday, Dec. 29 — Rescue runs on Maria, assistance on the explosion on Wayne Road in Wayne; on Haggerty; on Old Pond Circle, on Sheldon, on westbound M-14 at Sheldon, on Northville Road, on Woodgrove and on eastbound M-14 at Sheldon.

Lion's relative faces charges in gun case

BY DARRELL CLEM OBSERVER STAFF WRITER

Canton police say Detroit Lions safety Louis Delmas didn't receive any preferential treatment when he wasn't charged - though his relative was - following a road rage incident involving a gun in December.

"The investigation was conducted, and (Delmas) was listed as a witness," police Sgt. Mark Gajeski said. "The gun was registered to him, but he has a concealed pistol license out of Florida."

Ravelle Sadler, a 20-yearold Cincinnati resident, faces trial on five weapons charges amid allegations he pointed a .40-caliber semiautomatic handgun at three teens while he was driving a silver Nissan Titan pickup truck on Ford Road about 2:15 a.m. Dec. 21. Delmas was a passenger in the Nissan.

Delmas, 23, told police Sadler was his brother, Gajeski said. Delmas lists his address as Miami, Fla., but lives in Canton during the football season, Gajeski said.

Sadler is accused of pointing the gun at the Garden City and Canton males - ages 16, 17 and 18 — after the teens drove alongside the Nissan near Ford and Lilley as one of them wore a Michael Myersstyle Halloween mask while traveling west on Ford Road in Canton, police said. One of the teens told police the mask was worn as "a joke," according to a police report.

Delmas wasn't charged even though the gun was his,



Sadler

There has been no indication that he gave (Sadler) the gun. We do not foresee any charges against (Delmas) in the

Gajeski said.

future." Detective Sgt. Dave Schreiner said police investigated the incident and turned the information over to the Wayne County Prosecutor's Office, which decides criminal

"Our job is to do what's right and make sound decisions that are not based on public opinion or somebody's popularity as a public figure," Schreiner

Just this week, Sadler was ordered to stand trial in Wayne County Circuit Court on three counts of assault with a dangerous weapon, one felony firearm charge and one count of carrying a concealed weapon.

If convicted, he could face penalties ranging up to five years in prison. The felony firearm charge carries a mandatory two-year term upon conviction.

Some people, including some readers of the Observer's online edition, have said the teens shouldn't have been involved in donning a mask for a prank after 2 a.m.

According to a police report, the teens feared Sadler was going to fire the gun, but they trailed the Nissan and called 9-1-1, prompting police to stop the truck near Ford and Ridge

Police handcuffed Sadler

who, according to the police report, initially denied knowing anything about a gun being inside the vehicle. Police said Delmas confirmed there was a gun in the truck, that it was his and could be found in a passenger side door panel.

The police report said the gun's chamber was clear of any rounds, but the weapon had a magazine containing 12

rounds.

One of the teens told police Delmas could be seen looking at their car, though a police report said Delmas told authorities he was half-asleep until he woke up and saw Sadler with a gun. The report said Delmas told police he reached over to take the gun from Sadler and wasn't sure if, during the process, the weapon may have been inadvertently pointed at the teens' car.

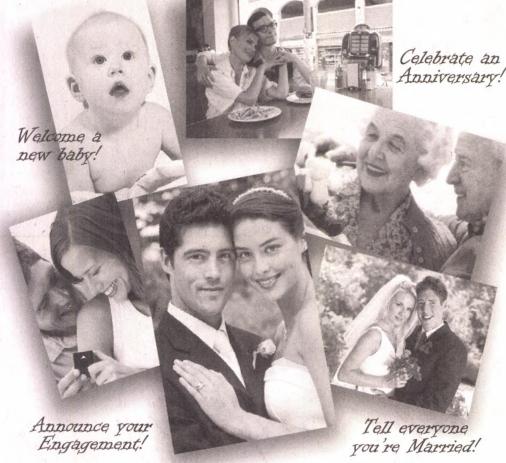
Delmas told police he carried the gun for personal protection. The report said he earlier had two alcohol beverages and decided to let Sadler drive. Delmas initially told police the gun was in the driver's side door and remained there after Sadler got behind the wheel.

However, the police report indicated Delmas later made another statement saying Sadler had only pointed his fingers at the teens' car and that the gun was in the passenger door panel the entire time.

Meanwhile, Sadler was bound over Monday during a preliminary examination in Plymouth 35th District Court. His bond was set at \$30,000/10 percent.

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NEWS BRIEFS

Chef Jesse cooks

Chef Jesse Gales will offer a taste-testing opportunity at the Canton Township Weight Watchers center Thursday, Jan. 20.

The meeting is open and free to the public so anyone who is interested in learning more about Weight Watchers, without having to pay a meeting fee, is welcome.

Chef Jesse, the official chef of Weight Watchers Group, will also share tips on healthful eating and cooking techniques, as well as answer questions about the new PointsPlus Program.

The Canton Township Weight Watchers center is located inside the Willow Creek Plaza at 41814 Ford Road. Meetings will begin at 10:30 a.m. and at noon.

PLAV recruiting

PLAV Post #166, located at 39375 Amrhein in Livonia (at the corner of Amrhein and Eckles) is seeking veteran members interested in joining a vibrant post, restructuring itself in the 21st century. The Post goal is to have a significant and meaningful impact within the veteran community.

The post meetings are the second Monday

of every month at 7:30 p.m., with the exception of July and August, and a light lunch with refreshments follows. Free beverages are provided throughout the meeting's. Those interested in additional information are welcome to call Roger L. Kehrier at (734) 453-2031 or stop in the night of a scheduled

Nuns in charge

"Put the Nuns in Charge," a long-running comedy from the author of "Late Night Catechism," is coming to St. Thomas a Becket Catholic Church in Canton 7 p.m. Friday, Jan.

Ticket prices range from \$20 for nonreserved seating and go up to \$75 for front row seats. All tickets include a dessert afterglow. All proceeds will go to two great causes - St. Pat's Food Pantry in Detroit and World Youth Day.

Child care will be provided for a small donation. Tickets must be purchased in person with cash or check at St. Thomas a Becket, located at 555 S. Lilley Road in Canton, south of Cherry Hill Road. Contact the church at (734) 981-1333 for further infor-





Darlene Stevenson of Plymouth Township greets Patrick Colbeck before the in-district swearing-in ceremony begins.

in November over Democrat Kathleen Law, a former state representative.

Colbeck said he's been working — picking a staff, setting priorities, planning strategy and preparing bills - since the day after the November election. Priorities, he said, include job creation, government transparency, and getting rid of the state's structural deficit by cutting the cost of government.

He said he's optimistic that progress can be made, and that his new colleagues – including many Democrats - have shown a willingness to work toward those goals.

"I think they're ready to make the tough choices," Colbeck said.

Colbeck briefly introduced his wife, Angie, and his staff, which includes Sharon Lollio of Plymouth, who will manage the senator's office in Lansing and handle constituent relations.

"For the first time in a long time, I feel really optimistic about our future," said Lollio, a key Rattle With Us organizer.

Colbeck also tipped his hat to his predecessor in the state Senate's 7th District, Republican Bruce Patterson of Canton, who was in the crowd. Patterson was a defender of the Constitution, and "I plan to serve likewise," Colbeck said.

Young, who was welcomed upon his late arrival with a standing ovation, seemed taken aback at the attention.

"This is Patrick's day. I just came down to swear him in," he said.

He congratulated Rattle



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The ceremony begins with the Pledge of Allegiance.

With Us members on their efforts in Colbeck's campaign, and warned, "Do not go to sleep or the government will be eating your lunch again."

He also told Colbeck to be careful about what he puts into laws, because "I'm going to enforce it."

Many Rattle With Us members enjoyed cake and punch after the swearing-in, and Colbeck, family members and supporters posed for photographs.

Tea Party member Midge Prybyla of Romulus, who did not work on Colbeck's campaign, said her advice to the new senator would be to "be true to himself" and not let Lansing change him. Creating jobs, she said, should be his top priority.

Bill Kostin of Plymouth Township, a campaign volunteer, said he'd recommend Colbeck "stick to Tea Party ideals: limited government."

"Cut spending, the taxes. Streamline regulations," said Kostin. "We've got to help business out, small businesses, because that's where 65 percent of the jobs are."

Kostin said "this is just the beginning" and that the Tea Party movement will be a force in the 2012 election.

We've got to save our republic," he said. "That's what this is all about."

The formal swearing-in for state senators is scheduled for Wednesday, Jan. 12, in Lansing.

mjachman@hometownlife.com | (313) 222-2405



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 How survivor benefits work • How divorced-spouse benefits work • How working affects benefits
- What to do if you have other income from pensions or IRAs
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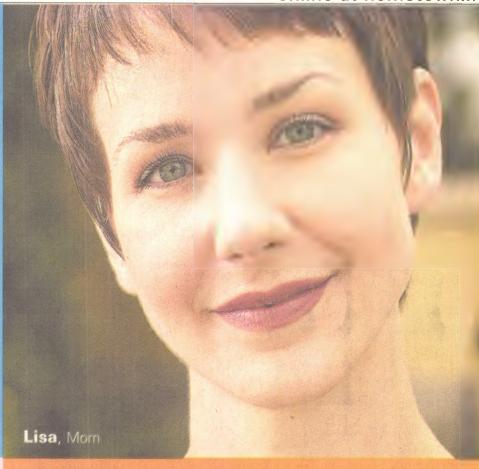
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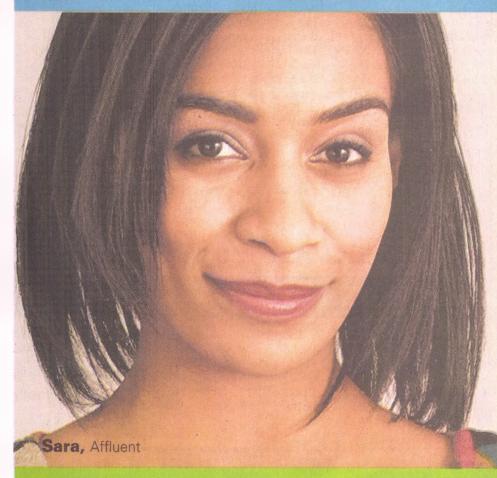
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IT'S YOUR BUSINESS Q&A



Local seniors Helen and Frank (with great-granddaughter Jordan) pose with Comfort Keepers co-owner Sarah Webb, caregiver Tricia, and co-owner Jeanne Trumpy.

Firm provides 'Comfort' for in-home care

Observer: Tell us about your business, including the types of services and/or products you

Comfort Keepers: Comfort Keepers provides In-home Care that makes a difference in the lives of Seniors and older adults. We provide meal preparation, laundry, light housekeeping, grocery shopping, errands, incidental transportation, medication reminders, grooming, 24hour care, and respite care. Our personal care services include: bathing, personal hygiene, mobility assistance, transferring, and toileting. We provide a free home visit consultation at your convenience.

We also install Safety Choice, which is a personal emergency response system, locally thru Guardian Alarm. Safety Choice offers an extra peace of mind to family members.

Observer: How did you first decide to open your business?

Comfort Keepers: I have always been involved in caregiving. The Comfort Keepers franchise provided further training and the opportunity to develop my experiences caring for the elderly into a business. My daughter Sarah agreed to join me and we work together—a truly great partnership. Observer: Why did you choose Plymouth?

Comfort Keepers: We went

COMFORT KEEPERS

Business name and address: Comfort Keepers of Plymouth, Canton and Westland, 965 N. Mill, Plymouth

Your name and title: Jeanne Trumpy, Sarah Webb, owners since April 2004

Number of employees: 35 employees, bonded and insured Hours of operation: Monday-Friday, 9 a.m. to 5 p.m.; afterhours, always on call for current and new customers

Your business specialty: Helping older adults with everyday needs; in-home care. Business phone | website: (734) 397-1111 | www.comfortkeepers. com/office-404

to Dayton, Ohio to hear more about the Comfort Keeper's franchise. We were thrilled to find that the franchise territory of Plymouth, including Canton and Westland, was available for purchase. We love Plymouth, and as the Chamber says, "Plymouth Rocks." Observer: What makes your

business unique? Comfort Keepers: We are able to provide oneon-one care to our clients. We promote Interactive Caregiving™ which tailors caregiving to the personality and unique interests and abilities of each senior client. Observer: Do you have a funny tidbit or story to share with our

Comfort Keepers: We cared for a patient whose father had a ticket for the Last Titanic Voyage. He was running late and missed the voyage. He felt his father was very, very lucky. Observer: How has business changed since you opened?

Comfort Keepers: The number of our Caregivers has grown seven-fold. We are getting more calls for people with Dementia and Alzheimer's Disease. We are providing more respite care to relieve stress associated with continuous caregiving by the family. Observer: How has the recent economy affected your business?

Comfort Keepers: We have a new source of employees. More people are finding that taking care of the elderly in their home is a very rewarding career. Observer: Any advice for other business owners?

Comfort Keepers: Choose a career and business that you have a passion for. Be a good listener, determine the customer's exact needs, and give more than they expect. Observer: What's in store for the future of your business?

Comfort Keepers: As Baby Boomers help their parents, they are seeing the advantages of ageing in their own home. New in-home care technology will further aid in making in-home care the ideal senior care solution.

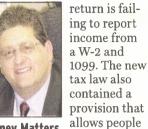
Tax planning important for new year

appy New Year! The holiday are over and it's time to get back to the real world. A couple things that happened over the last few weeks may have avoided reader attention so I thought it'd be a good idea to touch upon some of them.

Last month, Congress passed and President Barack Obama signed an extension of the Bush era tax cuts. Although, the main conversation about the extension was whether the tax cuts should go to the wealthy or not, there are some other consequences of the legislation that are impor-

The first deals with people who itemize deductions. If you itemize and get your return done early, you may not be able to do so this year. Because the tax bill was passed so late in the year, the Internal Revenue Service needs time to adjust to the changes. Therefore, if you itemize your deductions you will not be able to file your tax return until at least mid-February or later. According to the IRS this issue affects taxpayers who itemize deductions on Form 1040, Schedule A.

Over the next month or so you will receive a variety of tax documents including 1099s and W-2s. Save these documents. The one sure way to have the IRS scrutinize your



Money Matters

Rick Bloom

take a minimum required distribution from a retirement account to donate up to \$100,000 of the IRA directly to charity. This was allowed in 2009 but until the Bush era tax cuts were extended, this was not allowed in 2010. Unfortunately, by the time the president signed the legislation the great majority of people could not take advantage of this provision. However, it is available in 2011. As opposed to taking the minimum required distribution at 70½ or older, you can have that money directly transferred into a charity. Particularly, for those who are generous in nature and who do not itemize deductions, this could be an excellent tax-plan-

over age 701/2

and who are

required to

Another part of the new tax law deals with estates. Starting this year the first \$5 million of an estate is tax free.

ning strategy.

cent. In 2009, the first \$3.5 million of an estate was estate tax-free. In 2010, there were no estate taxes so you could leave an unlimited amount of money to your beneficiaries without any estate tax. Prior to the change in law, in 2011 the estate tax exemption was set to be \$1 million. This would have taxed more and more Americans. Now at least for the next few years there is some certainty in the estate

As a side note, for the majority of people there is no reason to pay estate taxes. A good estate plan that contains a living trust is one of the best ways for a family to avoid estate taxes.

There are lots of other changes to the tax law that are too numerous to mention. I guess you can analogize our tax laws to the weather in Michigan - constantly changing.

Therefore, my advice when it comes to taxes is never do long-term planning, never assume that you know the tax law and never be afraid to consult with a professional where needed. Good luck!

Rick Bloom is a fee-only financial adviser. Observer & Eccentric readers can submit questions at moneymatters@hometownlife.com. For more information, visit his Web site at www.bloomassetmanagement.com.



BUSINESS BRIEFS

Member Connection:

The Plymouth Community Chamber of Commerce hosts its first Ten Member Connection of 2011 8-9 a.m. Thursday, Jan. 13, at the chamber office, 850 W. Ann Arbor Trail in downtown Plymouth.

Make nine new valuable business contacts in one hour in addition to doing a short 3-4 minute presentation about your business. Afterwards everyone can stay to finish off the coffee while getting to know each other better.

To sign up for the 10 Member Connection, e-mail teri@plymouthmich.org or call (734) 453-1540.

New-member orientation

New members (since October 2010) and new contacts at member companies are welcome at the Plymouth Community Chamber of Commerce office for a pizza luncheon and a brief orientation to the chamber noon to 1 p.m. Friday, Jan. 21.

The event provides a great opportunity to network and to learn how to maximize your membership. There is no charge to attend the orientation that will be held at the Chamber office located at 850 West Ann Arbor Trail. To RSVP e-mail teri@ plymouthmich.org or call (734) 453-1540.

Social media workshop

The chamber brings back its popular Business Development Series with a workshop highlighting the legal aspects of social media's impact from a labor and employment law perspective 8-9:30 a.m. Tuesday, Jan. 25.

With this new frontier of social media learn what makes good employment policy and what crosses the line. Also, learn about laws surrounding endorsements and testimonials.

The seminar will be presented by Aaron Graves from the Workplace Law Group of the Law firm



Home Again

Brenda McManaway opened Home Again Consignment at 277 N. Main in Plymouth, with a ribbon-cutting ceremony last month. The store has all kinds of second-hand items. McMananway said they are also doing very well with their on-line store at www.homeagianconsignment. com. Anyone interested in consigning can call her at (734) 414-9270. Pictured with McManaway are staff members, family and members of the Chamber Ambassadors Committee. There's also a short video about the store on the Chamber YouTube Channel at http://www.youtube.com/watch?v=LmDSEJvWs5g.

Bodmann, LLC. To register for this workshop please e-mail teri@plymouthmich.org or call (734) 453-1540. There is no charge to attend the workshop, but space is limited to 30 reservations.

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Committed to change

First Step's Ellis aims to make every family safe

BY SUE MASON OBSERVER STAFF WRITER

udy Ellis remembers the day she volunteered to go to court with a woman who had been viciously attacked by her husband after she filed for divorce. The experience is why she has remained with First Step 30 years after answering an ad looking for volunteers.

"I know it's why I'm still here," said Ellis. "It was so horrific. We didn't get a chance to speak in court, there was no victim's rights."

The executive director of First Step for more than 25 years, Ellis has lead the Western and Downriver Wayne County Project on Domestic Violence and Sexual Assault from its infancy to a \$2.6 million nonprofit serving victims and their families in 36 communities.

In 2008-09, First Step touched the lives of 16,480 people. It provided 8,736 nights of safe shelter and through its community response advocates supported 2,586 survivors.

It's a far cry from the seven staffers and three active volunteers Ellis encountered in 1980, but her experiences then have kept her committed to one day having a community a county — free of domestic violence and sexual assault.

"We hope that by educating people that they will understand that it's every third house," said Ellis.

"What we're about is responsibility, accountability and safety."

HER MISSION

And that was what Ellis knew she needed to provide that victim the day she walked out of the courtroom with her.

The woman's husband had cut off her ear and slashed her hands and face. He had been charged with felonious assault out of the courtroom, all I



Judy Ellis started out as a volunteer, but 30 years later she is a champion for the victims of sexual assault and domestic violence as the executive director of First Step.

less than murder, and the prosecutor had assured the woman that he would get jail time. Instead, Ellis and the woman sat and listened in disbelief as the judge announced one year probation.

Active in his church, members of the congregation "showed up in their Sunday best" to support for him because had filed for divorce. The, even wrote letters on his beh. 4.

"He got away vith it all," Ellis recalled. "As we walked

could think was that I had to get her out of the state. She choked out, 'Judy, I don't think I'm worth anything.' At that time I made the commitment that things had to change.'

And a lot has. At that time it fell on the victim to pursue charges and most times assaults were deemed misdemeanors. Today, assault is no longer seen as the fault of the victim. Police officers receive training in handling domestic violence

and sexual assault. The legal

system pursues the charges.

There are laws on the books, however, there isn't the jail space or the resources to prosecute, Elllis said.

PARTNERS HELP

First Step, through partnerships like the one it has with the Oakwood Healthcare System, is there to provide free shelter, counseling, advocacy, assault response, 24-hour help line, legal information, children's counseling and programs, community response, food, clothing, tran-

sitional housing and other support to survivors of violence and their families.

It works with victims to understand what may happen.

'We don't tell them what to do, we help the individual see the lethality of it," said Ellis. "When we started, we saw women who were assaulted. It wasn't the same level of lethality you see today. You didn't see the children involved."

Admittedly, it's a constant challenge to raise money, especially in the current econ-

omy. And it comes at a time when more people are needing help. But First Step is able to offer more now, including 22 units to house victims and their families for up to two years. Sheltering is short term, transitional housing buys times so victims can get training and set goals, according to Ellis.

We have to help all people be empowered so they can take action and tell people what has happened," she added. "We need to let them know there are ways to keep them safe. The right adults will do whatever they can to keep them safe."

NEW FACILITY

While some might consider the construction of a 14,000square foot residential facility attached to the Family Center in Wayne as her crowning achievement, Ellis says it is volunteers who have helped the agency over the years. They are a "most powerful tool," people who have gotten involved and made it work.

"They get it, they understand and they're involved," she said. "It's a movement. Unfortunately, it should be further along. We're not there yet. We need zero tolerance, people need to be held accountable.

While she will be happy to see families move into the new facility, she admits the work is not done, not until every family is safe. In fact, it would be a "beautiful day when the phones aren't ringing not because they don't know us, but that the perpetrators know they will be held accountable."

'The most encouraging thing is that I'm working with the very best of people and their goal is to see change," ("Ellis said. "I'm honored to be a part of this agency."

smason@hometownlife.com | (313) 222-6751



The construction of the Karen Colina Wilson Family Center is expected to be completed by the first week in March. The 14-000-square foot facility will provide a place for victims and their families to stay in a home-like setting.

First Step looks for help to finish new facility in Wayne

BY SUE MASON **OBSERVER STAFF WRITER**

It goes without saying that First Step has come a long way since its humble beginnings in a small white house next to Nankin Mills in Hines Park more than 30 years

Formed in 1978 as an agency to assist survivors of domestic violence in western Wayne County, it now serves the victims of domestic violence and sexual assault in 36 communities, a 500-square-mile area stretching from Eight Mile Road on the north to Downriver in the south and from Redford on the east to Canton on the south.

According to First Step Executive Director Judy Ellis, the

role of First Step also has changed over the years. In the beginning, it reacted to cases of domestic violence and later sexual assault. Today, it is proactive by contacting victims, letting them know what First Step is about and the services it has available.

"A big part of what we do is helping families," she said. "Victims need immediate support, but so does the family members. They need support, they need to know what to expect."

First Step has offices in Plymouth and Redford and a Family Center in Wayne as well as community sites with advocates to work with victims in Westland, Redford, Wayne Taylor, Inkster, Dearborn, Dearborn Heights,

Lincoln Park, 33rd District Court in Woodhaven and 34th District Court in Romulus.

For Ellis, it has been "a dream for a very long time to have a building where people can live in dignity" and that is becoming a reality with the construction of the Karen Colina Wilson Family Center.

The new facility is a far cry from previous First Step emergency housing. Initially, the agency used a former group home at Five Mile and Sheldon and then bought a former nursing home on Ridge west of Beck in Canton Township. The latter facility, which First Step used for more than 20 years, was closed in 2008. Families are now in temporary housing until the new facility is completed "the first weekend

in March."

The new residential facility will be attached to the west side of the Family Center at 4400 Venov at Annapolis in Wayne. It will have 12 apartment-like suites with private baths, small kitchens and living

The walls are up, the roof is on and windows have been installed in the 14,000-square-foot addition which Ellis calls "amazing." But First Step is still looking for in-kind and financial donations to complete the \$5.5 million project. The push is on for funds to add the technology and security needed for the facility as well as a children's play area among other things.

"There will be no other facility like it in the state, but we need a

lot of financial support," she said.

The agency is looking for help in identifying potential donors, such as individuals, service groups, businesses, foundations and religious organizations, as well as gifts to its capital campaign.

Donations also can be dropped off at its offices at 44567 Pinetree Drive at Sheldon north of Ann Arbor Road in Plymouth and at its Wayne Family Center on Venoy south of Michigan Avenue.

For information about First Step's new building, to donate or schedule a tour, call (734) 416-1111. A more complete "wish list" also

can be found on First Step's website at www.firststep-mi.org.

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Pastors Ruby Beneteau and Michael Enerson share the same vision of helping the less fortunate and the homeless through the Lighthouse Home Mission housed at Enerson's Full Gospel Temple in Westland.

Center serves as beacon for needy, homeless of western Wayne County

BY SUE MASON **OBSERVER STAFF WRITER**

Ruby Beneteau remembers what it was like growing up in Detroit. Her father was an alcoholic and the family home lacked amenities. There was no hot water, so she took sponge baths. A pot belly stove provided heat, but not enough to keep icicles from forming inside.

And even shoes were lim-

"When you come from a life where you get one pair of shoes a year you can relate to people who are struggling," said Beneteau. "I see families come in with kids who literally share their coats and shoes and have no socks. I see it and it reminds me of my life."

The founder of Lighthouse Home Missions, Beneteau has been serving the needs of the homeless for 27 years, first at her small ranch-style home in Westland as the House of Refuge and now in facilities provided by the Full Gospel Temple on Palmer in Westland.

LHM operates a food pantry and clothing bank, a soup kitchen that provides hot lunches 11 a.m. to 3 p.m. Monday through Friday and a warming shelter for the homeless open 7 p.m. to 8 a.m. in January, February and March. The mission also works with the people who come through the doors, finding them the resources to get back on their feet and back into society.

HELPING PEOPLE

According to Beneteau, LHM has clothed 3,384 so far this year. The warming center housed 145 people, while the soup kitchen has served 8,466 meals. Another 8,795 have been helped through the food pantry. And the Churches United Against Hunger, a collaboration of 27 churches in the area, has helped 84,293 people. At Thanksgiving, 225 people received food baskets and the number for Christmas baskets was 235.

"We're seeing people come to us who used to give us help,' said Beneteau. "Many of the people coming here are working families. They're able to pay their bills but have little money for food. The main thing I'm trying to get across is that it's not about drugs and alcohol. We're seeing more families that are homeless."

Full Gospel Temple pastor Michael Enerson and his congregation reached out to Beneteau, first by helping clean and build racks for the donated clothing that filled her garage and putting up shelves in the basement for food. They also donated a freezer.

When the church built a new sanctuary, Enerson offered the old building to Beneteau. At the

LIGHTHOUSE HOME MISSION

Where: At the Full Gospel

Temple, 34033 Palmer, east of Wayne Road, Westland Details: LHM has a food pantry and clothing bank. It operates a soup kitchen open 11 a.m. to 3 p.m. Monday-Friday and a warming center for the homeless 7 p.m. to 8 a.m. seven days a week. Staff is also available to help with referrals 11 a.m. to 2 p.m. Tuesdays and Thursdays. Donations: The mission is in need of donations of socks, especially white tube socks that fit both men and women and all sizes of feet; any warm clothing in sizes medium to extra-large, including thermal underwear; men's clothing, especially blue jeans; sweat shirts and pants for men and women, which can be used for sleepwear at night and worn under clothing during the day; warm hats, gloves and boots and pillows with plastic sanitary covers.

Contact: For more information, call Lighthouse Home Mission at (734) 326-3885.

time she relocated to the former church, she was housing 78 people in her home. People saw what she was doing and started bringing her food and clothing. Her three sons would sell. candy for Michigan Elite Teens and use the money to buy food. Dinner sometimes was 300 kid-sized hamburgers.

"A lot of those who came to the house were young people who had been abused, a lot of people who were hurting came to us," she said. "We had older couples with us. They'd call us mom and dad like the young people. We house all ages, all races."

BIBLE IS GUIDE

As a pastor, he looks to the Bible to guide him, but knows there's a difference between religion and relations.

"Jesus said comfort the poor, but there's a difference," he said. "Religion talks about God, relations is acting like him."

Both Beneteau and Enerson realize the current setup is temporary. Most of the homeless are singles and youth 19-21 years old who are trying to make it on their own, but it's hard because the startup costs are so great.

Both pastors realize that the current building is inadequate in meeting the needs of the poor and homeless. A more permanent building is needed to help them get back on their feet. They would like to see the CUAH churches duplicate what's being done at Full Gospel Temple.

Making a house a home

Local Habitat office provides families with a hand up

BY MATT JACHMAN **OBSERVER STAFF WRITER**

Despite repeated blows to the local economy, and corporate donations that all but dried up during the recession, a local nonprofit is stepping up efforts to put needy families into stable environments.

Habitat for Humanity of Western Wayne County, which marked its 15th anniversary in 2010, built four new houses this year and rehabilitated two more. Along with three homeclosings that took place early in the year, the nine completed projects are roughly double the amount of work the affiliate did in all of 2008 and 2009, said Alice Dent, the executive director.

With an office in Plymouth, Habitat for Humanity of Western Wayne County is one of two Habitat affiliates in the area (the other is in Detroit) and one of 78 in the state. The office serves Plymouth and Plymouth Township, Canton Township, Livonia, Westland, Redford Township, Wayne and several other communities.

Dent has seen families flourish with Habitat's help.

"The house gives them a sense of security and pride and boosts their self-esteem," Dent said in a recent interview.

IMPROVING LIVES

New Habitat homeowners, she said, are motivated to improve their lives, such as by furthering their education, their children improve their grades and get into trouble less often, and even little things they couldn't do in rented housing, like putting up a Christmas wreath or running in the back yard, make a difference, she said.

"The things that we take for granted, it's life-changing for them," she said. "It doesn't stop with the house."

When she took charge in 2003, Dent said, the Plymouth Habitat affiliate wasn't building any houses and was in a regrouping mode. "We're excited," about the progress since then, she said.

With the nationwide housing crisis leading to a glut of vacant homes in the area, the affiliate is focusing more on rehabilitating existing houses, Dent said, but still retains is well-known home-building projects as a big part of its mission.

Families seeking a Habitat home must earn between 25 percent and 50 percent of the area's median household income (about \$42,400 in 2008, according to the U.S. Census Bureau).

A new or rehabbed Habitat home is not a giveaway - buyers pay market price, taxes and insurance, Dent said. But the loans, which are made through Habitat, are interest-free. "That's how they're able to get a break," Dent said.

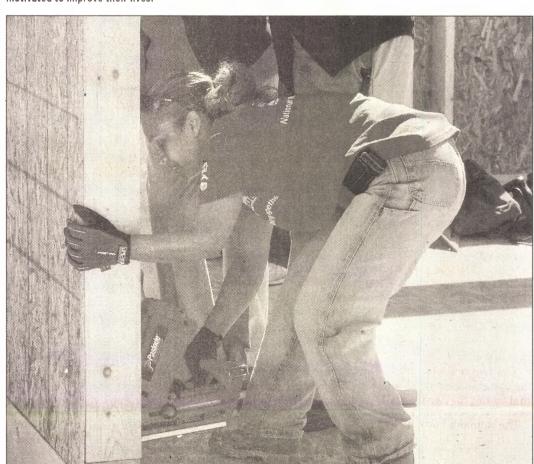
Money paid on the principals of Habitat homes, which Dent estimated at about \$50,000 a year for her affiliate, is put back into the program, going toward future projects for other families. 'You're actually going to help someone else" by making the mortgage payments, she said.

DONATIONS

The affiliate also relies on corporate and individual donations, money from local churches and federal grant funding — and more than 400 volunteers, Dent said. She estimated the office's budget for the current year



Schultz Kobylarz and new homeowner Angela Jackson at a Redford build last fall) said Habitat homeowners are motivated to improve their lives.



Diane Becton, Habitat for Humanity of Western Wayne volunteer supervisor, nailed a wall into place as construction began on a new home in Westland.

Dent described as a major

"I value the opportunity

She said the Habitat phi-

"economics of Jesus," that is,

working together for the com-

"I appreciate that aspect of

it, being able to work together

with some people from other

to put my faith into action,"

losophy is based on the

Habitat supporter.

Fichtenberg said.

mon good.



Angela Jackson and Andrea Yatooma, from the Yatooma Foundation for Kids, were overcome with emotion at the ceremonial wall raising for a new house in Redford. The tears, officials say, are a frequent reaction as new homeowners seek to better their lives.

at just over \$400,000; about \$80,000 for each new build, \$25,000 for each rehab and \$3,000 to \$4,000 a month to run the office and maintain properties slated for future projects.

Barb Fichtenberg of Canton is a Habitat volunteer of about 14 years. She is the chairwoman of Habitat's church relations committee and is involved with the Apostles Build project, in which area churches regularly join forces to provide funding and volunteers for a home-building

Fichtenberg attends Geneva Presbyterian in Canton, which denominations, and being able to display the unity we have in our faith," she said. Fichtenberg also likes con-

necting with the families that Habitat helps. "We see the impact, what

having a home in a stable community can do," she said.

"We have some folks in our church who really are pretty faithful in putting in lots of hours" for Habitat, said Geneva's pastor, the Rev. Bryan D. Smith. The pastor for 18 years, Smith said Geneva's involvement in Habitat predates his tenure.

His congregation, Smith said, understands that their faith is about helping care for people who are on society's margins.

"At the end of the day," said Dent, "it really feels good when you see people's lives change."

Contributions can be made to Habitat for Humanity of Western Wayne County, 638 Starkweather, Plymouth, MI 48170.

mjachman@hometownlife.com | (313) 222-2405

NOTICE OF PUBLIC SALE OF PERSONAL PROPERTY

Notice is hereby given that the undersigned will sell, to satisfy lien of the owner, at public sale by competitive bidding on January 17th at 9:00 A.M. at the Extra Space Storage facility located at:

6729 N. Canton Center Rd. Canton, MI 48187 734-459-4821

The personal goods stored therein by the following may include, but are not limited to general household, furniture, boxes, clothes, and appliances.

Bradd Rigoni

Cheryl Lawrence

Business & household goods, furniture, appliances, etc Household goods, furniture, appliances, etc.

Purchases must be made with cash only and paid at the time of sale. All goods are sold as is and must be removed at the time of purchase. Extra Space Storage reserves the right to bid. Sale is subject to adjournment.

Publish: December 30, 2010 & January 6, 2011

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OPINION

THURSDAY, January 6, 2011 PAGE A10 (P)

hometownlife

Our fundamental purposes are to enhance the lives of our readers, nurture the hometowns we serve and contribute to the business success of our customers.

PLYMOUTH

Brad Kadrich, Community Editor Susan Rosiek, Executive Editor Grace Perry, Director of Advertising

OUR VIEWS

Stand strong in 2011

Leaders, citizens work together on budget challenges

Another year of shrinking revenues for the Plymouths, Canton and Plymouth-Canton Community Schools is behind us, but forecasts show we're not in the clear for

As depressing as it sounds, it's a reality that property values will continue to decline, bringing precious revenue flows to a trickle for our communities and our schools. State economic forecasters say we won't see an uptick until at least 2012.

Given this reality, we can only think of one New Year's resolution for the City of Plymouth, Plymouth Township, Canton Township and Plymouth-Canton Community Schools: Keep on keeping on, with what you've got, in the smartest possible way.

Residents, students and parents of PCCS students may notice some more painful reductions in services - although those were kept to a minimum in 2010 - and other cost-saving and cost-cutting measures that could affect the hundreds of classrooms in Plymouth-Canton schools. The PCCS Board of Education has done a remarkable job - thus far - of keeping such cuts out of the classroom. If the economic picture doesn't improve, that may not be true for long.

We've seen evidence in our communities and in the school district of financial frugality and foresight in the past few years and we're confident this will continue in the new year.

It's important for leaders in each community and in the school district to keep communication with the public in the forefront during the tough decisions. They need to make sure they absolutely know the priorities of citizens, when it comes to services, before more cuts are made to their respective budgets.

We also urge officials to maintain the critical services of public safety. As evidenced in last week's explosion at a Wayne furniture store, you never know what's going to pose a very large public threat from day to day. This should be taken into account particularly in Plymouth and Plymouth Township, where the state of the community fire department is in flux.

We've seen many incidents in 2010 in which quick police response times have literally made the different between life and death, or the difference between a criminal getting away or being brought to justice. This must continue to be a budget priority in 2011.

In the school district, the 2010-11 school year so far has been one of change. We encourage the school board to continue to listen and communicate with parents and the public when making those major decisions.

And, we encourage the residents of our communities and our school district to continue being active in your community and we challenge residents to pay attention to your local government, participate in the debates by attending council meetings or by expressing your opinions through this newspaper, either in print by e-mailing editor Brad Kadrich at bkadrich@hometownlife.com or via our Story Chat element online at hometownlife.com.

Budgets can shrink, but the spirit of the community can remain strong. It just takes good leadership and an involved public in 2011.

ONLINE VOICES & VIEWS



The following are excerpts from readers participating in our online forum for discussing issues, In Your Voices. Find more comments or join the discussion on the Web at hometownlife.com.

• In response to "Local leaders hope smoke clears on medical marijuana law,"

On November 4, 2008 4,797,709 Michigan voters cast votes on Proposal 1, the Michigan Medical Marihuana Act. 3,006,820 (63 percent) of the voters supported and passed Proposal 1. Now that the people have spoken the vast majority of vocal Michigan politician's cry foul, complaining that the ballot language and subsequent law were/are poorly written or confusing.

Judge Peter O'Connell said the law is so confusing that users "who proceed without caution (could) lose both their property and their liberty."

It's about time for elected official's to boldly challenge their illiterate and ignorant constituents. 4,797,709 Michigan voters ignorantly voted for/or against a law they can't even comprehend. Perhaps voter based initiatives should be legislated out of existence in an effort to keep the voting public safe from themselves, instead leaving it to our elected representatives to do what is right and safe for all Michigan citizens.

zigmanfrued

COMMUNITY VOICE

What are your New Year's resolutions?

We asked this question at the Plymouth Coffee Bean Co. in downtown Plymouth.



just cold turkey." **James Darson**

Plymouth

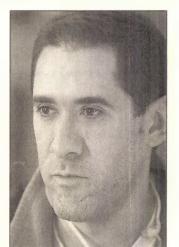


"Get into grad school." Farmington Hills



"I never really succeed when I make 'em. ... I just try to do things all year round, really."

Ellen Schultz Ann Arbor



"My goal is to sell one of my scripts."

Bob Fox Canton Township

LETTERS

Thanks for the assistance

On behalf of The Salvation Army, I wish to convey my thanks to the many local companies, churches and organizations that came alongside The Salvation Army as we served together at the site of the store explosion in Wayne last week. Throughout the day, our emergency services canteens received donations of food and drink to be shared with the first responders and families displaced by the

The Adult Rehabilitation Center of The Salvation Army responded quickly and provided hot soup to the many, many first responders from cities throughout the metropolitan area as well as family members of the victims and those evacuated from their homes.

The response to this tragedy speaks volumes to the sense of community that exists throughout the city of Wayne. We join with so many in extending our sympathies to the families of James Zell and Leslie Machniak and prayers to Paul Franks as he continues to

The Salvation Army Emergency Disasters Services is at the ready to assist with disasters, large and small. We consider it a privilege to come along first responders and other organizations in time of need to provide food, hydration and emotional and spiritual support.

George Aren, Director Emergency Disaster Services The Salvation Army

Warm welcome

Special thanks to our friends and neighbors in Canton and Plymouth for the warm welcome to their community. Our new store is a triumph in community spirit. Through the generous donations received we've been able to offer an upscale shopping experience in an affordable and socially conscious way.

By donating your gently used clothing and other items, you're taking part in a special kind of recycling. While you reduce the clutter around your home, someone else gets to reuse those items. By doing so through The Salvation Army we're able to offer recovery and redemption to the gentlemen who seek addiction treatment through our rehabilitation center. That bag of clothing you brought to our donation door improves over 100 lives. Thank you on behalf of every single one of those folks. Thank you for being a partner in Doing The Most Good.

At this time, The Salvation Army is facing an increased need for clothing. Your gently used clothing and other items can become a tax-deduction for you and a blessing for us. We'll be able to share that blessing amongst many fine people both locally and around the world. Two-thirds of the proceeds from our stores remain in the local community, with the remaining third extending a helping hand where and when it is needed around the world.

Those ill-fitting pants can bring someone's father back from the grips of addiction, and give a rewarding career to a member of your community. By bringing a donation to our new store at 43403 Joy Road at Morton Taylor, you'll receive a warm feeling that comes from knowing you're doing your part to help others, while also receiving a donor's receipt to deduct from your taxes.

To arrange a pick-up for large items, such as upholstered furniture, appliances or even automobiles call us at (800) SA-TRUCK. Thank you for your ongoing support and kindness.

WHAT DO YOU THINK?

We welcome your Letter to the Editor. Please include your name, address and phone number for verification. We ask your letters be 400 words or less. We may edit for clarity, space and content. Submit letters via the following formats.

E-mail: bkadrich@hometownlife.com.



Read or comment online: www.hometownlife.com

Deadline: Letters must be received by 10 a.m. Monday to be published in the Thursday edition.

Blog: You may also let your opinions be heard with your own blog at www.hometownlife.com.

Maj. John S. Aren Salvation Army

Thank you

Two days before Christmas, a check I had written was dropped in IKEA-Canton near the register at their restaurant. I'd like to thank the IKEA customer who found my check and turned it into IKEA's security department.

Thanks, also, to Jim in security who took the time to find my phone number, call me, and return my check. It's once again in my

This incident reaffirms my belief that people are inherently good and caring. How wonderful it also happened to be true during the Christmas holidays!

Marilyn Alimpich Plymouth

Need fire pros

I still remember a horrible scene from New York on 9/11/2001. What I can still see is frightened people running AWAY from the two towers and NY firefighters running INTO the burning buildings.

Firefighters are no different here. They risk their lives for me and for you. We need professional firefighters in the City of Plymouth. Men and women who fulfill their calling. People who are willing to lay down their lives because it's what they believe in.

Think about having your taxes done by a volunteer CPA. It's far too important and risky to leave to chance. Why would you want your firefighting and EMS done by any one but a professional?

> **Arthur Scott** Plymouth

'Lie of the Year'

Congratulations are in order for Rep. Thaddeus McCotter for his ardent promotion of a talking point that has been awarded the "Lie of the Year" for 2010.

According to the Pulitzer Prize-winning, nonpartisan fact-checking site, Politifact.com, McCotter and other Republicans were responsible for erroneously dubbing the Affordable Health Care Act "government run health care" insisting that it would ring in a "government takeover of health care."

The goal was to mislead citizens so that much-needed health care reform would be watered down or defeated. Politifact earlier in 2010 had awarded the winning falsehood a "Pants on Fire" distinction. This a lie of the highest order for those unfamiliar with how

the site ranks lies.

This marks the second year running that McCotter has been an outspoken proponent of what has been identified as the "Lie of the Year" by Politifact.com with his perpetuation of the "Death Panels" fabrication that became a large part of the Republican Party's antireform propaganda in 2009.

Again, kudos to Rep. McCotter. Keep up the good (?) work!

> Mitch Smith Canton

First responders

On Thursday, Dec. 16, I learned of a proposed Salem Township vehicle policy which requires fire department rescue/emergency response vehicles to be parked at the township hall property, rather than with the trained first responders assigned to the vehicle, resulting in emergency response times being increased.

Does this board believe that medical services will be provided in a faster, more efficient and safer manner by this policy? Apparently four of you do - the board voted to immediately enforce the new parking requirement pending a board vote on the new proposed policy.

Currently, there are three pickup-type trucks which are assigned to, and stay with, certain fire department first responder personnel. The purpose of this practice, should it not be obvious, is to quickly respond to any emergency experienced by our residents within our township.

This has been a policy for years because there is a life-and-death component to time delay: heart attack, stroke, accidents in the home or vehicle, children in danger of injury, or the initial stages of a fire where an immediate response may mean the difference between life or death, or permanent injury.

It should be obvious that any emergency response time is shorter when a trained first-responder can proceed directly to the emergency site without stopping, changing vehicles, and driving out of the way to do so.

The board could have a list prepared from over the last 10 years of calls answered by these vehicles where an immediate response (prior to arrival of the large Fire Department vehicles, or police or EMS) provided critical help to any resident. It will be apparent that this new policy, which removes the immediate use of an emergency vehicle, puts township

If any resident suffers harm as a result of this new policy, then it appears that the township will be liable for damages if the Township Board knowingly approved a policy that could result in such harm. Furthermore, if it is found that if such board action was deliberately taken that falls within a pattern of ongoing actions against certain fire fighters, then it appears the township could also be liable for punitive damages. Fulfilling vendettas and ruling personal fiefdoms does not make good governance. It only makes for liability, and ultimately, it is the residents that are harmed.

I hope that the four board members use this letter to recall their higher purpose of serving the public well, and vote in the best interests of the people of Salem Township. Please forward a copy of this communication to the township attorney who needs to be aware of these concerns and the potential liability to the township.

Fred Roperti

Plymouth

Welcome Boys and Girls

This month's contest features:

Happy New Year.

Share with us what 3 things you want to do in 2011.

OBSERVER & ECCENTRIC NEWSPAPERS

www.hometownlife.com

HOMETOWN

Scoop's Hound Dog Highlights!



Aey kids!

Youth ages 7 - 13 are invited to send a letter and photo on what 3 things you want to do in 2011. Scoop will pick lucky winners from entries received:

Deadline for submissions: 2/1/11

Everyone who enters will receive a letter from Scoop and a small gift!

Send your entries for the New Year Contest to:

Scoop the Newshound

c/o: Michele Austin 41304 Concept Drive Plymouth, MI 48170

Tell Scoop what you plan to do in 2011

Youth Name:

Youth Age:

Youth Community:

Parent's information to contact winning entry: (Phone, email, home address)

SELECTED WINNERS WILL HAVE THEIR NAME, AGE, HOMETOWN, PHOTO AND LETTER PUBLISHED IN THE NEXT SCOOP HOUND DOG HIGHLIGHTS.

G (cu) Clustoms

Scoop celebrated the holidays by visiting Santa at the Wayne County Lightfest at Hines Park, in Westland.



Angel Calhoun, 7 from Canton enjoys picking up her live Christmas tree.



Lucky winners from last month's contest

Send in your letter and photo, you may win a spot on Scoops Hound Dog Highlight page!

Abigail Said, 9, along with Sara, 1, Adam, 4, Cecilia, 14, Noah, 12 from Westland love to decorate their house for the holidays.

Maggie Mae Thompson, 9 from Northville saved up her own money from doing chores, to celebrate the holidays by giving gifts to the poor.



Observer & Eccentric | Thursday, January 6, 2011

Singer/songwriter Michael McDermott, who performs Saturday at the Village Theater at Cherry Hill in Canton, hopes to raise enough money to feed 100,000 hungry children this year.

Concert proceeds to feed hungry children

Singer/songwriter Michael McDermott (www.michaelmcdermott.com) has made a New Years resolution. For every performance, in 2011, McDermott will be donating to Feeding America (www. feedingamerica.org) providing meals for hungry children across the United States.

One of those concerts takes place in Canton Saturday, when McDermott kicks off his 2011 tour at the Village Theater at Cherry Hill with an 8 p.m. performance.

* The goal for McDermott, a newlywed and new father, is to generate 100,000 meals in 2011 through his shows, music and merchandise.

Toward this end he has launched a gourmet coffee line, which may seem odd for a folk/rock singer to do. When asked, McDermott laughingly said, "It certainly wasn't the first thing I thought I'd have my name attached to. I thought it'd be an Irish whiskey, but as a new father, coffee is the drink of choice."

When asked if he expects to reach his goal, a slight smile

creeped across McDermott's face. "I plan to exceed it," he

McDermott brings his music and stories to Canton for one night only on Saturday, January 8, 2011 at 8 p.m. Tickets to this acoustic smorgasbord are \$17 each. Groups of 15 or more are \$15 each.

McDermott has an immense catalog of cinematic and beautiful songs, often marred with questionable outcomes in life and love, with his romantic optimism worn on his sleeve ... the stand-off can only go two ways. Lyrically, McDermott takes listeners all over the map, from the farthest point from Heaven to a sentimental walk through Chicago at night, where his troubles began. Growing up in Chicago gave him the blue collar grind that leaves you no choice but to accept your place and get to work on whatever it is you can do.

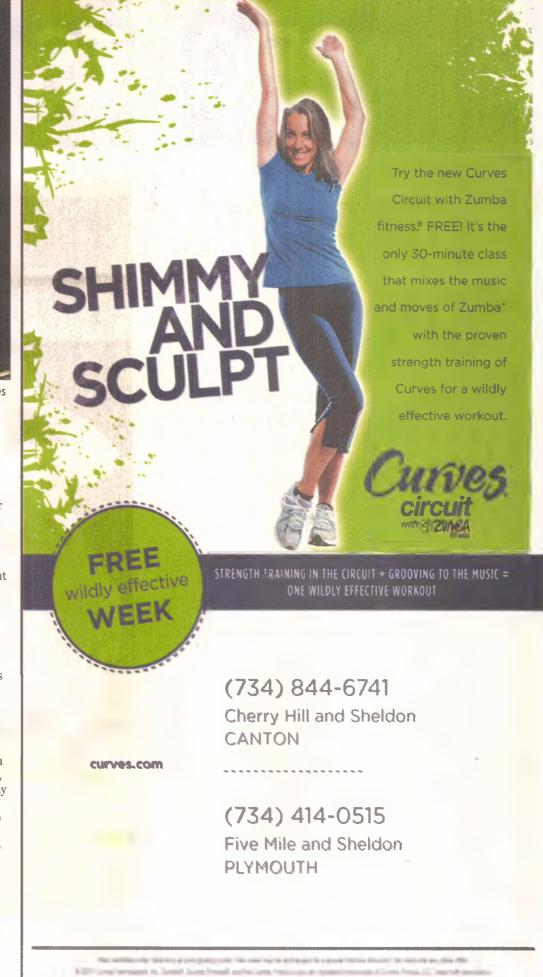
"These are difficult times and at the heart of it, as much as people are concerned with their own well being, a sense of fellowship is creeping back into our society," McDermott

said. "Knowing your neighbor is hurting just like you makes it easier to believe that. We're all in this together."

McDermott's previous releases include his 1991 debut "620 W. Surf," which featured the hit "A Wall I Must Climb," 1999's independently released "Bourbon Blue" and 2004's diverse "Ashes," which included "Everything I Got." This Chicago-based artist has also headlined on nationally syndicated radio programs World Cafe, Acoustic Cafe, Woodsongs and Studio C. He's also shared the stage with artists ranging from Van Morrison, Aimee Mann, Seal, The Wallflowers, among many others.

"I have been very blessed to follow my passion and I am motivated and truly driven to provide for those less fortunate," McDermott said.

For ticket information contact the Village Theater at (734) 394-5300 or at www. cantonvillagetheater.org. The Village Theater is located at 50400 Cherry Hill Road in Canton.



The people who live and work here are just wonderful Anyone who doesn't come to live at Waltonwood is missing out on life! Mary Margarel Cheff

Waltonwood at Cherry Hill

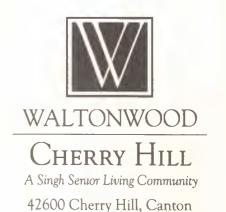
the perfect retirement, any day, any season!

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SECTION B (CP)

SPORTS

THURSDAY, January 6, 2011

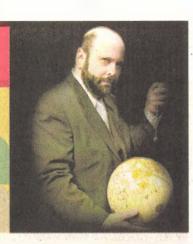
hometownlife (m) com



INSIDE

FOOD, B7

RELIGION, B8



Surge sparks PCA triumph

OBSERVER STAFF WRITER

After Plymouth Christian Academy head coach Keith Anleitner watched Lutheran Westland players sink four triples in the first quarter Tuesday night, it was time to change things on

Anleitner had the Eagles play man-to-man defense to start the second quarter, instead of zone cov-

With a string of steals that led to transition baskets, PCA went off on a 22-3 scoring spree to go up 38-20 at halftime. That catapulted the visiting Eagles to a 73-56 Michigan Independent Athletic Conference boys basketball victory.

"I thought our kids played well right out of the gate, we had a 8-0 run," said Anleitner, after his first win as PCA coach. "Then they came back and hit a bunch of triples.

"We kind of switched it off, we had a zone to begin with and we just ended up with man-to-man because we needed to put ball pressure on their shooters.'

Warriors' head coach Doug Haller, whose team dropped to 1-3 overall and 0-1 in the MIAC, said everything fell apart in that telltale second frame - which opened with his team ahead 17-16 thanks to a trey by junior Matt Sylvester as the horn sounded.

"There were turnovers, bad shots,

'Of course, with Eric Jipping inside, they had no answer for him.'

KEITH ANLEITNER, PCA coach

we didn't get back on 'D' and they got some easy buckets," Haller lamented. "It took us out of the

TOUGH TO DEFEND

Another problem for the Warriors was Plymouth Christian 6-5 center Eric Jipping, who muscled his way to 26 points and 11 rebounds.

"Of course, with Eric Jipping inside, they had no answer for him," Anleitner said. "Their tallest guy on the court was 6-2 and he's 6-5.

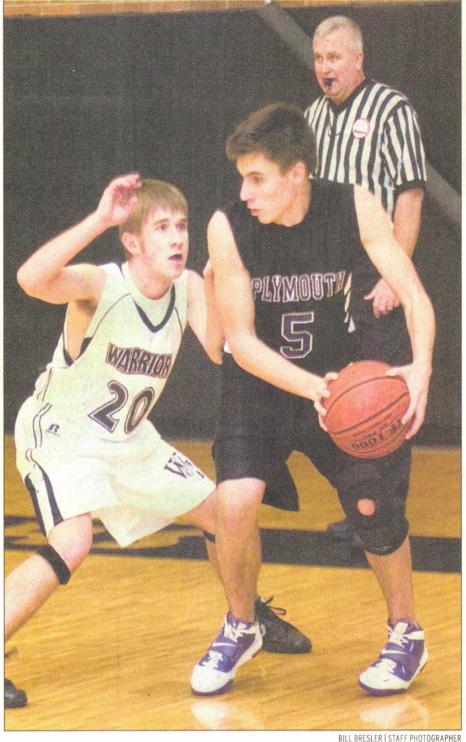
"Our guys did a great job getting him the ball inside, so that kind of set up a pattern for our guys to go inside and then as the defense collapsed we got some three-point

Also playing an excellent game for PCA (1-2) was sophomore point guard Mick Noel, who tallied 18 points, five assists and four steals.

"I just switched him to the point (from the wing) a week ago because we got to have him handling the ball," Anleitner said. "It's obvious when the ball's in his hands he creates good things."

The Eagles' defensive pressure forced 17 Lutheran Westland turn-

Please see PCA, B2



Looking to drive past Lutheran Westland's Marc Rosin (No. 20) during Tuesday's game is Plymouth Christian's Chris Scagnetti (No. 5).

Anleitner expects young Eagles to learn on the fly



First-year Plymouth Christian boys basketball coach Keith Anleitner (right) has some advice for sophomore point guard Mick Noel during Tuesday's game against Lutheran Westland.

OBSERVER STAFF WRITER

Last year, Keith Anleitner took a sabbatical from coaching to watch his daughter, Mary, play volleyball and softball at Plymouth Christian Academy.

But then, there was an opening to coach the 2010-11 PCA varsity boys team and Anleitner — who last coached in '08-09 for nowdefunct Canton Agape Christian jumped at the chance.

The Eagles' new coach collected his first victory with PCA on Tuesday at Lutheran Westland, after two season-opening defeats.

We're looking for development, I'm looking for improvement," said Anleitner prior to the game against the Warriors. "We want

to peak near the end of the season can get him the ball inside, we so we can go into the districts

and possibly make a run." Last year's squad, coached by Mike Doyle, finished 14-8 (including 11-1 to win the Michigan Independent Athletic Conference Red Division) and reached the Class D regional semifinals at Hillsdale College.

Many top players from that team graduated or decided not to return. But junior big man Eric Jipping (a bruising, 6-5 center) is back and that's as good a starting

point as any. "He (Jipping) has good footwork for a big man, he's got a nice outside shot," said Anleitner, an associate principal at Garden City High School. "Our expectation is to try to get him the ball. If we

can work it inside-out and come up with a pretty steady offense."

Also providing size and strength in the paint will be 6-2, 215-pound forward Richard Truhn, the team's only senior.

"He'll (share) playing time with (junior) Josh Witkowski and (sophomore) Drew Ibach,' said Anleitner, although he noted Ibach also can play a guard posi-

LEARNING CURVE

A key for the Eagles, who were bumped up a notch to the MIAC Blue, is sophomore guard Mick

"Mick is a sophomore, he has

Please see **EAGLES**, B2

Ready for prime time

Chiefs look to contend with talent, experience

BY TIM SMITH **OBSERVER STAFF WRITER**

There are so many quality athletes on Canton's girls gymnastics team that veteran coach John Cunningham sometimes struggles to decide who makes his A-team lineup.

But Cunningham's rivals in the Kensington Lakes Activities Association won't shed any tears over his predicament. After all, the 2009-10 Chiefs captured the KLAA championship and regionals and were No. 4 in the state.

His first such test comes Saturday, when Canton travels to the Grand Rapids area for the prestigious, 16-team Rockford Invitational

"We're going to Rockford and setting up a lineup where you can only use five girls is a killer," Cunningham said. "A good killer. Fortunately, Rockford is going to let me bring a second team, so I can split them up and give each of the girls experience as well as an opportunity (to win) medals."

Cunningham's lineups definitely will feature senior Robyn Piwowar, junior Ayana Lewis and state Division I balance beam

GYMNASTICS PREVIEW

champion Alex Fideler, a sopho-

"Robyn's going to be my No. 1 girl," Cunningham said. "She placed in almost all events (in) D1 last year ... She just had an exceptional year and she's much better this year."

Piwowar's best event is the vault, but her other events are virtually just as good, the coach

Lewis is another "quality gymnast" who tallied scores of 9.0 or better in every event at a mid-December tri-match.

"At state meet, (Lewis) was fourth all-around and medaled in every event," Cunningham said.

NO PRESSURE

Fideler, besides winning the state championship in balance beam, is poised to top the Canton record in uneven parallel bars.

"I've told her every year, 'Not to put any pressure on you, Alex, but this is the second year I expect you to break the bars record at Canton," said Cunningham, noting that Fideler reached 9.5

last season, just shy of the 9.55

"In each of the various events, she's just an exceptional gymnast," he said. "And, of course, balance beam, if you're a returning state champion that's not bad."

The Chiefs — whose only key departure from last year was co-captain Mallory Hudak, who graduated — should be buoyed by the talents of returning seniors Kali Pierce, Cathy Huang and Brooke Granowicz.

But Cunningham said both Pierce (beam, floor exercise) and Huang (bars, floor exercise) are coming off injury-plagued junior years and he'll be cautiously optimistic about what they'll be able to contribute.

Granowicz was a medalist on the balance beam at the state meet "so that has to be one of her strong events.'

Junior Marina Milad could be a prime performer, particularly on the balance beam.

"She's working on big tricks, like an aerial on beam," Cunningham continued. "She'll

Please see CHIEFS, B2



Canton's Robyn Piwowar, shown from a dual meet last season, is expected to be a premium performer in all events for the Chiefs.

(

SIDELINES

Wolfpack tryouts Tryouts are around the cor-

ner for the AAU Western Wayne Wolfpack girls basketball team. Girls now in grades fiveeight are invited to come out either 2-4 p.m. on Saturday, Jan. 15, or Saturday, Jan. 29, at Salem High School.

Participants are asked to bring a \$20 fee. For more information, contact coach Brian Samulski via e-mail at samulski@comcast.net.

Salem third in tourney

The Salem varsity boys hockey team went 2-1 at the recent Traverse City Central Tournament.

Coach Ryan Ossenmacher said his team nearly reached the tourney final, coming close to tying Orchard Lake St. Mary's in the late stages before giving up an empty netter as the Eaglets won 5-3.

But the Rocks blanked Traverse City West 2-0, behind shutout goalkeeping from senior Brandon Price. Salem also defeated the Traverse City Bay Area Reps 4-1.

Salem (6-3) will next visit Eddie Edgar Arena in Livonia to square off against Livonia Franklin, with the puck drop at 8 p.m. Wednesday, Jan. 12.

Meanwhile, the planned outdoor game at Detroit Clark Park with Livonia Churchill instead will take place at Canton Arctic Pond on Saturday, Jan. 15. Further details will be announced.

Hoop leagues forming

You'd better hurry to sign up for the YMCA winter basketball leagues. The deadline to register is Friday, for leagues that will run from the week of Jan. 17 through March 25. Signups are handled on a firstcome, first-served basis.

Spokesman Josh Landefeld said YMCA basketball programs build character and instill values of fair play and teamwork while providing important exercise and physical development.

There will be one practice a week and one Friday evening game per week. Fees are \$89 for YMCA members and \$121 for community participants.

For more information on this season or other YMCA programs, check the website at www.ymcadetroit.org or call the office at (734) 453-2904.

YMCA winter fun

The Plymouth Family YMCA is offering a variety of youth instructional programs this winter - designed for individuals of all ability levels to give kids a chance to learn or improve on life and sports skills.

In each lesson, staff and volunteer will focus on youth development elements such as teamwork and dribbling as well as healthy living components such as exercise and making good decisions.

The programs include Fun and Fitness Clinic (ages 3-5), Preschool School Clinic (ages 3-5) and Club Kickball (ages 6-8) and run from Jan. 17 through Feb. 28. For more information, contact the YMCA at (734) 453-2904 or visit www.ymcadetroit.org.

Free throw contest

The 2011 Knights of Columbus Free Throw Championship for boys and girls (ages 9-14) will be Sunday, Jan. 30, at St. Thomas a' Becket Church, 555 S. Lilley Road, Canton. Registration starts at 2 p.m. followed by competition at 2:30 p.m.

Winners will advance through local, district and state competition. International champions are announced at the K of C international headquarters base on scores from the state level competitions. For more information, call David Lengel at (734) 516-4930.



Observer & Eccentric | Thursday, January 6, 2011

Triumphant Flyers

The Canton Victory Honda Squirt B Flyers travel hockey team recently won the Big Bear Firebolt Tournament in Chelsea. The Flyers defeated the Ann Arbor Red Wings 5-3 in the championship game on Dec. 5. Proudly sporting their gold medals are: (back row, from left) Josh Organ, assistant coach Keith Sena, Will Skaggs, Ethan Sena, assistant coach Pat Dowd, Michael St. Jean, Matthew MacLeod and coach Dean Garber; (front row, from left) Rami Itani, Andy Skomra, Max Craggs, Josh Montroy, Jake Dowd, Devin Dowd, Kurt Faerber and Brandon Garber. Not pictured are assistant coach James Organ and Kaleb Brabbs.



Hot Dragons

The St. John Neumann Dragons dominated in the 2010 Mt. Carmel Christmas tournament held in Southqate. The boys varsity team won three straight games to clinch the tournament, winning the championship game 44-40 in the final minute against their CYO league rivals, the Blue Knights of Wayne St. Mary. Pictured are: (front row, from left) Nick Lanava, Collin Hurley, Broc Baechler, Peter Carravallah, Brayden Abundis; (back row, from left) assistant coaches Mike Marek and Mike Meagher, Derek Young, Gregory Williams, Anthony Merlino, Sean Meagher, assistant coach Tim Baechler and head coach Angelo Lanava.



Way to go, girls!

Going 3-0 and finishing first at the recent Chelsea Girls Basketball Tournament is enough to bring smiles to the faces of the Plymouth-Canton team, composed of players from the district's middle schools. The squad defeated Saline, Waterford and Napoleon. Pictured are: (standing, from left) coach Slominski, Maranda Armstead, Courtney LaValle, Leah Kliczinski, Jordan Church, Alanna Brown and coach Armstead; (kneeling, from left) Paige Slominski and Katie

FROM PAGE B1

overs, and ultimately cooled off the Warriors' hot hands of the first quarter.

Warriors' senior Marc Rosin scored nine straight points including a pair of back-toback triples from the left flank midway through the first — as his team clawed back from that early deficit to go up 11-10.

But Rosin would finish with 14 for the night. Also hitting two trevs in the first frame was Sylvester, but he would not score another point and finished with eight.

In the second half, Lutheran Westland came out more aggressively and diminutive senior guard Kent Krzyske fired up his team with 15 points (his total for the game).

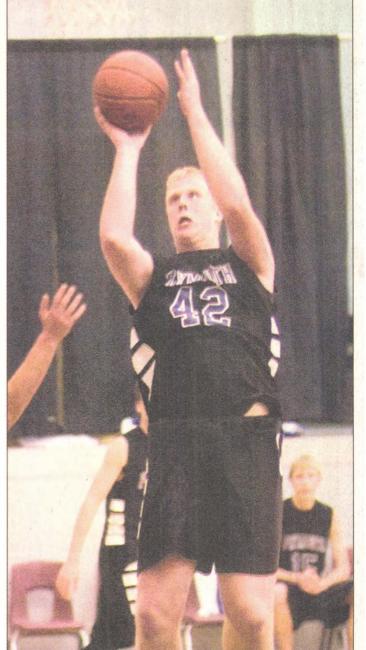
Chipping in with nine second-half points was senior Derrick Mozham. However, by that time, the Eagles had enough of a cushion.

"He (Krzyske) plays his butt off and that's how we have to play as a team," Haller said. "Everybody's got to have the energy that he does. If we do we're going to be fine."

Better shooting wouldn't hurt, either. The Warriors only hit 18 of 54 field goal attempts for the game.

Scoring seven points each for PCA were junior Christopher Scagnetti (also five assists) and sophomore Drew Ibach while sophomore Alexander Huber scored six and pulled down 10 rebounds.

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Although Plymouth Christian junior center Eric Jipping is shown taking a jumper Tuesday night, he scored most of his 26 points on layups.

FROM PAGE B1

tremendous ability, athleticism," Anleitner said. "He just has a knack for scoring ... And he's got a lot of different shots, little runners and short little jump shots."

Noel played wing guard as a freshman, but was recently moved to point guard because of his all-around playmaking

Anleitner stressed that it is a rebuilding season, but he is confident the team will keep progressing as it learns the uptempo kind of game he wants the Eagles to play.

"We have a whole new system" that the team is still learning, said Anleitner, stressing that he didn't take over the reins until preseason practices began in mid-November.

But, it helps that junior guard Daniel Mullett played for him in 2008-09 at Agape Christian.

"I had him at Agape when he was a freshman, so he knows all the plays inside and out," the coach said. "It's really been important to have him, to kind of communicate to the other guys from a player's point of

view how these plays work. "And, that if you stick with them you're going to see some improvement."

Mullett brings defensive savvy to the squad, but the Eagles have several goodshooting guards who will divide playing time among the three spots.

Besides Noel, those include juniors Chris Scagnetti, Josh Middleton and sophomore Alex Huber. On Tuesday, the starting lineup in the backcourt consisted of Noel, Scagnetti and Huber.

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be my first girl since Katie Gillis in 1995 that actually threw an aerial on beam."

Sophomore Nicole Lasecki is "much improved," following diligent off-season training and participation in various camps, Cunningham said.

"She's going to score nines on floor and probably on beam," Cunningham said. "And if she can get her vault together she'll score nines on vault, too."

TALENTED NEW TRIO

Where the quandary comes in for Cunningham's lineup juggling is the influx of outstanding freshmen Allie Archibald, Erica Lucas and Melissa Greene.

All bring club experience and can compete for the A-team, according to

Cunningham. "Erica is an excellent vaulter, good on bars, good on floor," he said. "Melissa is excellent on floor, good on beam. Each of them are quality gymnasts. It

makes it tough to set a lineup." Meanwhile, Cunningham said Saturday's tournament could help him gauge just how the Chiefs match up against



BILL BRESLER | STAFF PHOTOGRAPHER

Canton's Alex Fideler shows her technique on the uneven parallel bars during a 2009-10 dual meet. Fideler also is defending Division 1 state champion on the balance beam.

other top teams in the state. But he already is pretty confident about 2010-11.

"I'm really looking forward to this season," Cunningham added. "If I can get everybody well we'll be a challenger for the state championship."

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Madonna drops pair of games in holiday tourney

In a battle of Wayne County rivals, the Madonna University men's basketball team took Marygrove College to overtime, but it was the Mustangs who came out on top, 72-69, in the consolation game of the Russ DeVette Memorial Tournament last Thursday night at Hope College.

MU freshman point-guard Bobby Naubert (Livonia Stevenson) scored 19 points and added five assists en route to all-tournament honors but it couldn't keep the Crusaders from falling to 4-12 overall.

Senior center Geoff Gaylor posted a double-double with 15 points and 11 rebounds to go along with a career-high seven blocks.

COLLEGE BASKETBALL

Brandon Carlson, who also made all-tourney, paced the Mustangs (5-10) with 19 points.

Darryll Dixon added 13 points, while Justin McKinney contributed 11 points and 10 rebounds. Marcus Hopkins chipped in with 10 points.

McKinney's jumper with 43 seconds remaining in regulation tied the game at 59-all.

Travis Schuba's triple with only nine second left pulled MU to within one, 70-69, but Chris Sinagoga's made a pair of free throws to put the

Mustangs back up by three. Schuba's last-ditch three-point-

er to tie missed as Marygrove

held on for the victory.

MU led 36-29 at halftime and by as many as nine in the second half (51-42) before Marygrove charged back to tie it at 55-all with 3:17 remaining.

The rebounding was even at 39-all with MU shooting 27-of-67 from the floor (40.3 percent), while Marygrove connected on 28-of-64 (43.8 percent).

MALONE (OHIO) 74, MADONNA 65: Freshman Travis Schuba came off the bench to score a careerhigh 16 points Wednesday, but Madonna University (4-11) fell to Malone College (10-4) in the opening round of the Russ DeVette Memorial Holiday Tournament hosted by Hope College.

Eric Coblentz paced Malone

(10-4) with a game-high 19 points, while Isiah Elliott and Ebiowei Porbeni added 16 and 10, respectively.

With two of the team's top three scorers — Bryant Slaughter (academic issue) and Kevin Henry (no longer with the team) — missing from the lineup, Schuba earned extended minutes (26) and hit 5-of-11 shots from floor, including 4-

of-8 from three-point range. Redshirt junior Mitch Cieslak added 12 points, while senior center Geoff Gaylor and freshman point-guard Bobby Naubert (Livonia Stevenson) each added 10.

Naubert also dished out a teambest six assists for the Crusaders. who trailed 36-32 at halftime.

SPORTS ROUNDUP

Need baseball players

The Livonia Legends, a 10-and-under travel baseball team, needs a few players to complete their roster for the 2011 season. Evaluations will be at 2 p.m. Saturday, Jan. 8.

For more information, call Livonia Franklin varsity baseball coach Matt Fournier at (734) 968-0499.

MU softball camps

Madonna University women's softball coach Al White and his staff will hold two sessions of winter camps, specializing in individual instruction, including:

Fundamental Camp No. 1-9 a.m.-11:30 a.m. Saturdays, Jan. 8, 15, 22 and 29, at the MU Activities Center, 36600 Schoolcraft Road,

Livonia; Fundamental Camp No. 2 - noon-2:30 p.m. Sundays, Feb. 6, 13, 22 and 27, at the MU Activities Center. The cost is \$150 for each camp.

For more information, call White at (734) 432-5783; or Steve Gentilia at (734) 776-1716. You can also e-mail awhite@madonna.edu.

Stevenson baseball clinic

Learn the basics of throwing, pitching, hitting, infieldoutfield play at a youth baseball clinic (grades 2-6) from 10 a.m.-1 p.m. Saturday, Feb. 26 at the Livonia Stevenson High School fieldhouse. The cost is \$30 for the first 60 enrolled.

For more information, call Stevenson baseball coach Rick Berryman at (734) 455-8623.

NEWSPAPERS BSERVER

www.hometownlife.com



Knowledge, Experience, Dedication

The Observer Team has more than 100 years of experience covering youth, prep and local college sports teams. Our team is dedicated to providing what local readers expect - information about outstanding student athletes who compete in our hometowns and aim to be the best they can be in the classroom, on the field, on the court or in the pool.

Name: Dan O'Meara **Sports Editor**

Beat: Farmington/Farmington Hills youth/prep sports

Experience: Has covered sports in the Farmington community for the Observer & Eccentric Newspapers for more than 23 years and, for seven years, worked the same beat in Plymouth-Canton. Before joining the Observer, Dan worked for three daily newspapers - the Big Rapids Pioneer, The Daily News in Greenville and the Ypsilanti Press - from 1979 until early 1987.

Education: Graduate East Detroit High School; B.A. Journalism (minored in history and English) Central Michigan University in 1978.

Observer AII-Star

(BOT THO

Awards: Honored for sports writing, sport column writing and best sports sections by the Michigan Press Association and Suburban Newspapers of America

Personal: Lives in Westland. Attends annual homecoming reunions with former 'Shamrocks' from EDHS and enjoys covering the gridiron sport.

In his own words: "I enjoy reporting and making the Observer the go-to source for sports information, especially when covering big games and events of heightened interest in the community.

It's always been my objective to make the Observer the paper of record for Farmington sports and the place where readers go for more than game coverage."

Name: Brad Emons **Sports Editor**

Beat: Livonia, Westland youth/prep sports, Madonna University, Schoolcraft College.

Experience: Joined the Observer & Eccentric Newspapers in December 1977 and has covered the Livonia, Westland, Redford, Canton, Plymouth and Garden City sports beat for nearly three decades.

Education: Livonia Franklin High School grad where he played high school basketball on the Patriots' first district championship team B.A. Journalism, Franklin College, Franklin, Ind.

Awards: Catholic League Hall of Fame (1996) Basketball Coaches Association of Michigan Hall of Honor (2008)

O&E Journalist of the Year (1996) College Tennis MVP, Franklin College Michigan Interscholastic Track

Coaches Association Finish Line Award (2003) Honored for sports column writing by the Michigan Press Association

Personal: Lives in Plymouth and is an active distance runner with two local clubs (Northville and Downriver). He averages 30-35 miles per week.

In his own words: "Covering community sports is rewarding because it's remains the last bastion of amateur sports. The athletes and schools remain appreciative of the coverage."

Name: Jim Toth **Sports Editor**

Beat: Garden City and Redford vouth/prep beat

Experience: Has covered prep, youth and community sports at the O&E for 24 years in Troy, Rochester, Southfield, Royal Oak, Ferndale and Berkley, Before joining the O&E, Jim worked for the Dearborn Press & Guide from 1982-86.

Personal: Lives in Dearborn. An avid golfer, who enjoys covering football and basketball equally but knows the importance of reporting on all levels of athletic competition and the notoriety it brings to the community as a whole.

Education: Graduate of Dearborn Fordson High School, B.A. Journalism Michigan State University.,

Awards: Many state and national writing awards throughout his career from the Michigan Press Association and Suburban Newspapers of America. In 2010 he received MPA awards for sports writing and sports feature writing.

In his own words: "I enjoy covering the prep and youth sports scenes because of the excitement it generates, the life-long lessons learned, and the character it builds in facing life's ups and downs. In conversations with athletes, you find the passion within to reach the pinnacle and lay the foundation for success after athletics."

Name: Tim Smith **Sports Editor**

Beat: Plymouth and Canton youth/prep and Plymouth Whalers of the

Experience: Joined the O&E in 1986, as a news reporter for the Southfield Eccentric. He also covered news beats in West Bloomfield/Lakes (1991-97) and Farmington (1997-2001).

Joined the sports staff in 2001, covering the Redford-Garden City communities, Madonna University and Schoolcraft College.

Education: Graduate of Livonia Clarenceville High School, B.A. Mass Communication Wayne State University.

Personal: Lives in Livonia with wife Donna and 16-year-old daughter Elizabeth. He is the author of "Miracle Birth Stories of Very Premature Babies --Little Thumbs Up!" (1999). Is a longtime recreational ice hockey goalie.

Awards: Finalist for Society of Professional Journalist's (Detroit Chapter) Journalist of the Year Award in 1996, O&E Journalist of the Year 1998. Writing, reporting awards from the Michigan Press Association and Suburban Newspapers of America.

In his own words:

"I cover teams from year-toyear, all season long. You almost feel part of the teams yourself and can't help silently cheering when an athlete or team does something incred-

Another plus: When moms and dads thank us for what we do, chronicling the efforts of their sons and daughters in a way they can't get anywhere else. "

ENTERTAINMENT

Thursday, January 6, 2011

hometownlife mcom

HAVE A STORY IDEA?

Contact Editor Sharon Dargay Voice Mail: (313) 222-8883 E-mail: sdargay@hometownlife.com Comment online at hometownlife.com

Former film actress to speak at screening of 1962 classic

BY SHARON DARGAY O&E STAFF WRITER

Mary Badham starred in the 1962 film, To Kill a Mockingbird, but avoids watching it.

"I hear the score and I tear up," explained Badham, 58, who played "Scout," the daughter of Atticus Finch, roles that landed Gregory Peck an Oscar and Badham an Academy Award nomination.

"We really did become like a family," she added, recalling life on the

The former actress will talk about her experience working on the film, the message of the story penned by Harper Lee in 1960 and take questions from the audience Jan. 14-15 at the Redford Theatre in Detroit.

"For years I've been travelling around, teaching the lessons of Mockingbird and keeping it alive for children. I've been doing 'The Big Read' for a number of years and Mockingbird has been a number one pick," she said, referring to the National Endowment for the Arts program that encourages reading for pleasure and enlightenment. "It has been great fun to travel. It keeps me on the road and keeps me busy. They've even done it in Russia. I was sent to Russia a number of years ago. It was mostly adults and college students. I talked about what Birmingham, Alabama, was like when I was growing up and how it has grown and changed today. And in general, how the U.S. has grown as a country. Looking at race and equality and the opening up of our hearts to other human beings is so important."

Badham said she speaks about the importance of family while she's on the road championing the book and film. She's married, has two grown children and a granddaughter, and lives on a farm in Virginia when



Mary Badham played "Scout" in the film, "To Kill a Mockingbird" and will make a personal appearance Friday-Saturday, Jan. 14-15 at the Redford Theatre.

she's not travelling. And although she hasn't worked in the film industry since her teenage years, she has plenty to say about entertainment

"We need to turn off the violence

and the electronics. People don't know how to have conversations today. If you look at TV now, everyone is screaming at each other," she said. "They are pulling at the lowest common denominator."



Mary Badam at age 10 as "Scout" in the film, "To Kill a Mockingbird."

ROLE MODELS

Badham, the youngest child and only girl, was a tomboy in her family, but also grew up reading The Wall Street Journal to her father, a U.S. Army general. She said both he and her mother, a stage actress, stressed reading and made time for children.

"My parents were wonderful. I had the best," she said, also counting Peck and the other actors on Mockingbird as "strong role models."

"It's critical to take time to chill out and be one on one with children and give them the time they need, so they can learn how to deal with the world. This world is a crazy place to deal with."

MOVIE ROLE

It was her mother who took her to

Stay connected with

"TO KILL A MOCKINGBIRD"

What: Screening of the 1962 film and personal appearance by Mary Badham, who played "Scout" in the movie When: 8 p.m. Friday, Jan. 14 and 2 p.m. and 8 p.m. Saturday, Jan. 15; doors open one hour before show time Where: The Redford Theatre, northeast

corner of Grand River Ave. and Inkster, Admission: \$5 general admission

includes free parking Contact: Linda Sites at (313) 333-0080. GoodTimes@RedfordTheatre.com, or visit www.RedfordTheatre.com

a casting call in Birmingham for To Kill a Mockingbird when she was 9 years old. Badham said she had no previous acting experience and just went along with what seemed like

"It was five months of having a blast."

She did a few films after Mockingbird, but left the business to pursue college. Films by the late 1960s and early 1970s had too much "sex, drugs and rock and roll" and Badham, who had never planned to study acting, wasn't interested. She considered a career as a veterinarian, with a specialty in equine medicine, but left the university to marry and raise a family.

Now she savors her quiet time "off the grid" at her farm when she's not on the road.

"I love sewing and painting and I work in my garden and play with my pony," she said. "I've been so blessed. If I could just get people, especially these kids who say, 'oh, if I just had a lot of money,' to understand money is not the key. It's family and friends. If you have one close friend, you are doing well."





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Juice, an Ann Arbor ensemble, uses singing bike wheels, glowsticks, sound effect battles and music on invented instruments to create its signature songs in a one-of-a-kind show.

Ann Arbor ensemble returns to Canton theater

Juice, a percussion troupe that uses singing bike wheels, glowsticks, sound effect battles and invented instruments to create a one-of-a-kind show, will perform at 8 p.m., Friday, Jan. 7, 2011 at The Village Theater at Cherry Hill, in Canton.

The Ann Arbor group, which performed at The Village Theater in 2009, will bring allnew material to the stage. Its nine members come from many different backgrounds but unite around their shared love for making original music and exploring new ideas.

"I'm really excited to be back at the Village Theater and put on what will be our best show yet," stated Brandon Krieg, the group's founder. "We had a terrific audience last time and hope to see them here again."

Tickets are \$16 per person bought by Jan. 6, 2011. After that date they cost \$20 for adults, \$18 for seniors and students, and \$16 for groups for 15 or more.

Visit www.CantonVillageTheater.org and click on "box office" or call (734) 394-5460

Off-Broadway shows come to Novi with Andiamo dinner series

Steve Solomon's one-man comedy, My Mother's Italian, My Father's Jewish and I'm in Therapy, kicks off an 11-show series of critically-acclaimed Off-Broadway productions at Andiamo Novi Theatre.

Solomon's show runs
Wednesday-Sunday through
Jan. 23. Tickets for all shows
in the series, which ends in
June, are on sale now and
range from \$30-\$35. Dinner
and show packages are available for \$79.95 and \$89.95.

Performance times are 8 p.m. Wednesday-Friday, 7 p.m. Saturday and 5 p.m. Sunday.

There is something for everyone in the 2011 Off-Broadway Series. Shows bring to life such topics as the hilarity and upsand-downs of relationships between families and men and women, and an up-close-andpersonal (and humorous) look at many celebrities' memoirs. Audiences also will have mindgames played on them, will be taken to a galaxy far far away with one man's solo mission, and will feel like they are in the same room as the "Godfather" during a homage to Coppola's classic.

In addition to Soloman's show, other productions are: Jan. 26- 30: Marc Salem's Mindgames

Feb. 3-5: I Say Tomato, You Say Shut Up - A Love Story featuring Annabelle Gurwitch and Jeff Kahn

Feb. 9-20: Mike Dugan's *Men Fake Foreplay*

Feb. 24-26: One Man Star

March 2-20: The Godfadda Workout

March 23-April 10: I Love You, You're Perfect, Now



Marc Salem brings his "Mindgames" show this month to Andiamo Novi Theatre.

Change

April 13-24: Robert Dubac's

Male Intellect - An Oxymoron?

April 29-May 1: Celebrity

Autobiography
May 4-22: Bad Dates
May 25-June: The Last Five

Buy tickets at the Andiamo Novi Theatre box office; by phone at the box office (248) 348-4448 or at Ticketmaster at (800) 745-3000; or online at www.ticketmaster.com. Dinner and show packages may be purchase only at the Andiamo Novi Theatre box office. The Andiamo Novi Theatre is located at 42705 Grand River Ave., Novi.

In concert International recording artist

Singer/songwriter Michael McDermott performs at 8 p.m. Saturday, Jan. 8 at The Village Theater at Cherry Hill, 50400 Cherry Hill, Canton. McDermott's previous releases include his 1991 debut, 620 W. Surf, which featured the hit "A Wall I Must Climb," 1999's independently released Bourbon Blue and 2004's diverse Ashes that included "Everything I Got." The Chicago-based artist also has shared the stage with artists including Van Morrison, Aimee Mann, Seal, The Wallflowers, and many others. Tickets are \$17 per person and \$15 each for groups of 15 or more. Visit Cantonvillagetheater.org or call (734) 394-5300.

Movie series kicks off season with 'Raiders of the Lost Ark'

The 2011 Movies at the Marquis series, "Classics through the Decades" starts Jan. 15 with a screening of the 1981 adventure film, *Raiders of the Lost Ark*.

Tom Holzer Ford sponosrs the series at the family-owned Marquis Theatre, 135 E. Main, in downtown Northville. The series runs Saturdays through March 19.

Here's the upcoming schedule:

• Jan. 15 – Raiders of the Lost Ark (1981): Directed by Steven Spielberg and starring Harrison Ford, this epic adventure introduced the world to famous archaeologist Indiana Jones. Presented by Preservation Dental

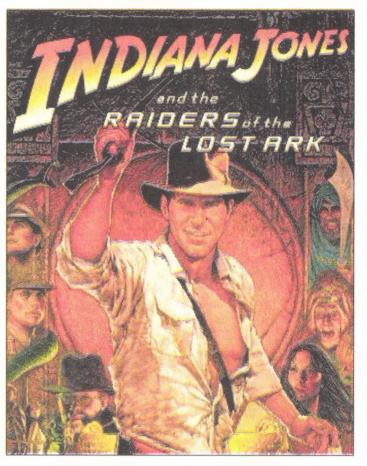
• Jan. 22 – Funny Face (1957) A fashion classic, Audrey Hepburn plays a reluctant model swept away to Paris by a handsome photographer. Presented by Next Chapter Bookstore & Bistro

• Jan. 29 – Tootsie (1982): Dustin Hoffman leads a star-studded cast as he plays an unemployed actor who dresses as a woman to land a soap opera role. Presented by Poole's Tavern

• Feb. 5 – Sunset Boulevard (1950): A former silent film star struggles with Hollywood obscurity in a dramatic classic starring William Holden and Gloria Swanson. Presented by Orin Jewelers.

• Feb. 12 – It Happened One Night (1934): Clark Gable and Claudette Colbert heat up the silver screen in this romantic comedy about a spoiled heiress and the roving reporter who courts her. Presented by Long Plumbing, Heating & Cooling, Kitchen & Bath Design.

• Feb. 19 – Love Story (1970): It doesn't get more romantic than this timeless tale of star-cross lovers played by Ali MacGraw and



See "Raiders of the Lost Ark" Jan. 15 at the Marquis Theatre in downtown Northville.

Ryan O'Neal. Presented by Stampeddler

• Feb. 26 - Guess Who's
Coming to Dinner (1967):
A couple (Spencer Tracy
and Katharine Hepburn)
confronts their preconceptions when their daughter
brings home her black fiance
(Sidney Poitier). Presented by
Sincerely Yours

• March 5 – West Side Story (1961): The feuding families become two warring New York City gangs- the white Jets led by Riff and the Puerto Rican Sharks, led by Bernardo. Presented by Starring the Gallery.

• March 12 – The Sting (1973): Paul Newman and Robert Redford play con men that team up to steal a fortune from a crooked banker. Presented by Urban Optiques

• March 19 - American Graffiti (1973): Ron Howard, Richard Dreyfuss, Cindy Williams and Harrison Ford got their start in this tale of high school grads cruising the strip one last time. Presented by Edward's Cafe & Caterers

Showtime for all screenings is 7:30 p.m.; with doors opening at 6:45 p.m. Tickets are \$3 and will be available at merchant-sponsor locations. For more information and updates on the 2011 Movies at the Marquis Series, visit www.downtownnorthville. com or call (248) 349-0345.

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— BroadwayWorld.com

- NYTheatre.com

Ticket

Hotline: (888) 880-4110 TicketMaster: (800) 745-3000 www.DetShows.com TicketMaster.com/ShenYunDetroit

ART

Art & Ideas

sections

Time/Date: Saturdays, 1-7 p.m., through Jan. 29 Location: 15095 Northville Road, Plymouth Township, between eastbound and westbound 5 Mile inter-

Details: "Time Tells All" holidayseason art exhibition, a multi-artist retrospective of 2010 exhibitions. Artwork on display through Jan. 29, 2011: free

Contact: (734) 420-0775 or visit

www.artandideasgallery.com

Northville Art House Time/Date: Jan. 7-29; artist recep-

tion 6-9 p.m. Jan. 7 Location: 215 W. Cady in downtown Northville

Details: Erik Olson shows oil portraits of homes and structures in various stages of repair in a show called "An Outside View" Contact: (248) 344-0497

CONCERTS

The Ark

Time/Date: Michael Smith, Jan. 6; Mountain Heart, Jan. 7; Jill Jack Birthday Bash, Jan. 8; Mississippi Heat, Jan. 9; David Francey & Craig Werth & Amelia Curran, Jan. 12; The Red Sea Pedestrians, Jan. 13; The Yellow Room Gang, Jan. 14; The RFD Boys, Jan. 15; BeauSoleil Avec Michael Doucet, Jan. 16

Location: 316 South Main, Ann Arbor

Contact: (734) 763-8587; www. theark.org

Seligman Performing Arts Center Time/Date: 8 p.m. Saturday, Jan. 8 Location: On the campus of Detroit Country Day School, 22305 W. 13

Mile, Beverly Hills **Details**: Chamber Music Society of Detroit presents The Emerson String Quartet. Tickets cost \$43-\$75; stu-

dents pay \$25 Contact: (248) 855-6070 or visit www.ComeHearCMSD.org

Jazz @ The Elks

Plymouth

Time/Date: 7-10:30 p.m., every fourth Tuesday **Location**: Plymouth Elks Lodge #1780 at 41700 Ann Arbor Road,

Details: Jazz musicians perform; no cover, but donations accepted Contact: (734) 453-1780 www. PlymouthElks1780.com

Baseline Folk Society Time/Date: Third Saturday of the month

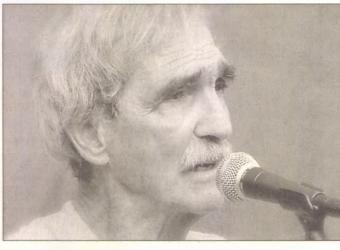
Location: The JWH Center for the Arts, Plymouth Community Arts Council, 774 N. Sheldon, Plymouth Details: Eight "Open-Mic" performances plus a featured group perform. Sign up for open mic from 6:15-6:45 p.m.; show starts at 7 p.m. Individual membership is \$25 and includes monthly concerts from September through May. Otherwise, admission to each concert is \$5 at the door. Family memberships are \$50 and include monthly concerts Contact: (248) 719-3464 or mjmmullen@yahoo.com

Music Hall

Time/Date: 8 p.m., Jan. 28 Location: 350 Madison, Detroit



Cafe in Detroit.



Pekka the puppet will entertain preschoolers Jan. 9, 2011 at Music Hall's Jazz Jay Stielstra will perform with Judy Banker and John Sayler Jan. 15 at Trinity House Theatre in Livonia.

Details: The Latin Jazz All Stars; tickets \$30, \$40 and \$50

Contact: (313) 887-8500

Observer & Eccentric | Thursday, January 6, 2011

Trinity House Theatre Time/Date: Chris Trapper, Jan. 7; Ruth and Max Bloomquist, Jan. 8; Dave Boutette and the Folk Brothers, Jan. 14; Jay Stielstra Trio, Jan. 15; Sheila Landis featuring Rick Matle and Blues in the Night, Jan. 21; Billy Bynum and Company with Billy

Brandt and Sarana Verlin, Jan. 22 Location: 38840 W. Six Mile, Livonia Contact: (734) 464-6302, www.trinityhouse.org

Village Theater at Cherry Hill Time/Date: 8 p.m. Friday, Jan. 7 Location: 50400 Cherry Hill, Canton Details: Annie & Rod Capps kick off the first concert of 2011 in the continuing First Friday Studio Series. The Capps are from Chelsea and will play American folk music in the Biltmore Studio at the theater. Tickets are \$12 each, general admis-

Also appearing: See Juice, an Ann-Arbor group that combines percussion, invented instruments, and humor in its performances, 8 p.m., Jan 8. Tickets are \$16 if purchased by Jan. 6. Tickets bought after Jan. 6 will cost \$20 for adults and \$18 for seniors and students.

Contact: (734) 394-5460 or visit www.cantonvillagetheater.org

Go Comedy!

Time/Date: Various show times Wednesdays thru Sundays Location: 261 E. Nine Mile, Ferndale **Details**: Improv most nights. Open mic/jam session show for improvisers is 10 p.m. Wednesdays Contact: (248) 327-0575; www. gocomedy.net

JD's House of Comedy Time/Date: Various show times Wednesday-Saturday evenings Location: 25333 W. 12 Mile, inside Star Theatre complex, Southfield Details: Stand-up shows, 8 p.m. Thursday and 8 p.m., 10:30 p.m. Friday-Saturday; Apollo amateur night, 8 p.m. Wednesday Contact: (248) 348-2420 or www.

Joey's Comedy Club of Livonia Time/Date: 8 p.m. Mondays. open Mic; 8 p.m. Tuesdays, Local Legends; 8 p.m. shows Wednesdays, Thursdays; 8 p.m. & 10:30 p.m. Fridays, Saturdays

ticketmaster.com

Location: 36071 Plymouth Road, Livonia

Details: Dan Cummings, Jan. 5-8; Steve White, Jan. 12-15; Kurt Metzger, Jan. 19-22; John Roy, Jan. 26-29 Contact: (734) 261-0555, www.kickerscomplex.com

Mark Ridley's Comedy Castle Time/Date: Jay Black, Jan. 6-8; Tom Simmons, Jan. 13-15; Tom Segura, Jan. 20-22; Ken Rogerson, Jan. 27-29; Louis Ramey, Feb. 3-5 Location: 269 E. Fourth, Royal Oak

Contact: (248) 542-9900, www.comedycastle.com

DANCE

Music Hall

Time/Date: 8 p.m. Friday, Jan. 14 Location: 350 Madison, Detroit **Details**: The Russian National Ballet Theatre stages Tchaikovsky's "Swan Lake." Tickets are \$30-\$50 Contact: www.ticketmaster.com; (313) 887-8500

Polka Booster Club of America Time/Date: Doors open 12:30 p.m., buffet dinner 1:30 p.m., dancing from 3-7 p.m.

Location: Msgr. Hunt K of C Hall, 7080 Garling Dr., Dearborn Heights **Details**: Inauguration of officers and dance to the music of Duane Malinowski and The polka Jamboree; admission is \$22.50 with beer, wine and pop included. Reservations required

Contact: Terry at (734) 422-1901 or Joanna at (313) 561-8389

FAMILY

Bakers Keyboard Lounge

Time/Dates: 2-5 p.m. Sundays **Details:** Jazz for Kids Program Location: 20510 Livernois Ave., Detroit

Contact: (313) 345-6300, www.bakerskeyboardlounge.com

Detroit Institute of Arts Time/Dates: 2 p.m. Sundays Details: Target Family Sundays, storytelling, performances, free with

admission Location: 5200 Woodward, Detroit Contact: (313) 833-7900, www.dia.

Detroit Zoo

Time/Date: 10 a.m.-4 p.m. daily Location: I-696 service drive and Woodward, Royal Oak Details: Admission is \$11 for adults

15 to 61, \$9 for senior citizens 62 and older, and \$7 for children ages 2 to 14; children under 2 are free Contact: (248) 541-5717

Jazz Cafe Time/Date: 2 p.m. in Spanish and 4 p.m. in English, Jan. 9

Location: Music Hall, 350 Madison. Detroit

Details: Pekka, puppetry for preschoolers. The show lasts 30 minutes and is aimed at youngsters, 2-5. Tickets are \$10 for children and \$20 for adults

Contact: www.ticketmaster.com; (313) 887-8500

FILM

Penn Theater

Time/Date: 7 p.m. Jan. 6-9 and 13; 9:15 p.m. Jan. 7-8 and 4:45 p.m. Jan. 9

Location: 760 Penniman Ave., Plymouth

Details: "The Social Network," all seats \$3

Coming up: "Secretariat" 7 p.m. and 9:15 p.m. Jan. 14-15, 4:45 p.m. and 7

Contact: (734) 453-0870; www penntheatre.com

p.m. Jan. 16 and 7 p.m. Jan. 20

Redford Theatre

Time/Date: Jan. 14-15, 2011 Location: 17360 Lahser, Detroit Details: "To Kill a Mockingbird," tickets \$5. Mary Badham, the actress who played "Scout" in the film will appear live at each showing Contact: www.redfordtheatre.com

MUSEUMS

Charles H. Wright

Time/Date: 9 a.m.-5 p.m. Tuesday-Saturday and 1-5 p.m. Sunday Location: 315 E. Warren Road, Detroit

Details: Exhibitions include Art of the Masters: A Survey of African American Images, 1980-2000 through Feb. 28; Crowning Glories: Status, Style and Self-Expression through Jan. 17; The Test: Tuskegee Airmen Project through June 19; Framed Stories: The Art of Carmen Cartiness Johnson and Jerome Wright through April 11. Museum Admission is \$8 for adults, 13-61; and \$5 for youth, 3-12, and seniors, 62 and over. Members and children 2 and under are admitted free Contact: (313) 494-5800

Cranbrook

Time/Date: 2 p.m., Thursday-Sunday

Location: 39221 Woodward, Bloomfield Hills

Details: Docent-guided public tours of Saarinen House, a rare integration of art, architecture, design and nature, depart from Cranbrook Institute of Science front desk. The tours are about 90 minutes long

and take place rain or shine. Contact: (248) 645-3200 for house tours; http://science.cranbrook.edu

Plymouth Historical Museum

Time/Date: Through Jan. 28 Location: 155 S. Main, just north of downtown Plymouth **Details**: The museum is closed for

exhibit change and will reopen Jan. 29 with "Rediscovering the Civil War" exhibit Contact: (734) 455-8940

SOMETHING DIF-

FERENT

Pete Escovedo and

other members of

Latin Jazz All Stars

will play Jan. 28 at

Music Hall Center for

the Performing Arts

in downtown Detroit.

Progressive International Motorcycle Show

Time/Date: 4-9 p.m. Friday, Jan. 7, 9:30 a.m.-8 p.m., Saturday, Jan. 8 and 9:30 a.m.-5 p.m. Sunday, Jan. 9 Location: Rock Financial Showplace, 46100 Grand River Ave.,

Details: Hundreds of motorcycles on display, vendors, stunt show and more; admission is \$15 for adults, \$6 for children, 6-11 and free for children under 6

Coming up: The Ultimate Fishing Show, 2-9:30 p.m. Jan. 13, noon-9:30 p.m. Jan. 14, 10 a.m.-9 p.m. Jan. 15 and 10 a.m.-5 p.m. Jan. 16; fishing tackle displays, boat dealers, fishing guides, outfitters, indoor lake packed with rainbow trout, fishing demonstrations, youth fishing clinics and more

Contact: (800) 331-5706 or visit www.motorcycleshows.com

THEATER

Farmington Players

Time/Date: Noon Sunday, Jan. 9 Location: Farmington Players Barn, 32332 W. 12 Mile Road, Farmington

Details: Auditions for "The Producers."Show dates are April 29-30 and May 1, 6-8, 12-15 and 19-21. Contact: www.farmingtonplayers.org

Grantland Street Players Time/Date: 7-8:30 p.m. Mondays,

Jan. 10-Feb. 21 Location: Grantland Street Playhouse, 27555 Grandland, Livonia

Details: In this readers theater workshop, participants will choose and work on a monologue from "Spoon River Anthology," by Edgar Lee Masters, with performance possibilities. Fee is \$35 for nonmembers and \$25 for members, due on or before Jan. 10. Send payment, made payable to Motor City Youth Theater, and registration to Nancy Florkowski, 15498 Meadowbrook Redford, MI 48239

Contact: (313) 535-8962 or www. mcyt.org

Trinity House Theatre Time/Date: Fourth Tuesday of the

Location: 38840 W. Six Mile, Livonia **Details**: Improvisation workshops for all levels; \$3 per session Contact: Laura Gumina at (248) 225-0160

Village Theater

Time/Date: 8 p.m. Jan. 15 Location: 50400 Cherry Hill, Canton Details: "Salute to the Great American Songbook" features Marcia Allen of Mt. Morris, Jymi Dill of Flint, Gary Errigo of Dearborn, Kim Hutchens of Dearborn, Jordan Mac of Wixom and Chris Scarlett of Novi crooning the classic standards of Frank Sinatra, Dean Martin, Nat King Cole, Ella Fitzgerald, Sammy Davis, Jr., and Peggy Lee. Tickets are \$20 with a \$5 discount for senior citizens, children 14 and under and groups of 15 or more Contact: (734) 394-5460 or cantonvillagetheater.org

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*www.afandpa.org/sustainability.aspx (How We Meet our Commitment)

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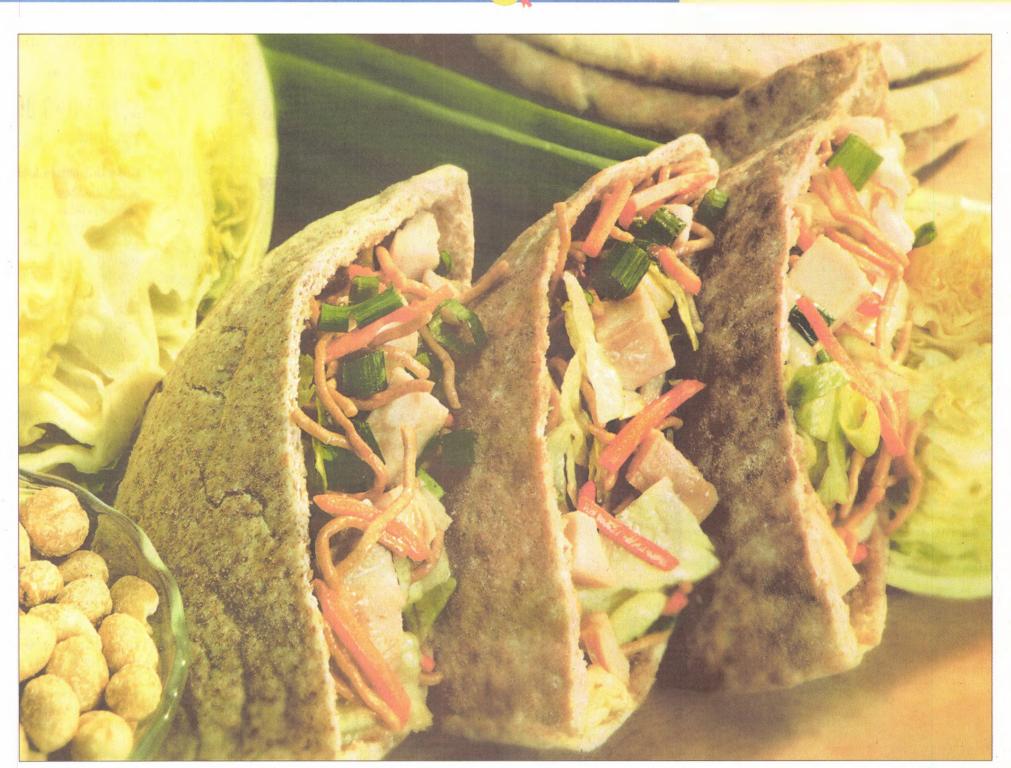
FOOD

Thursday, January 6, 2011

hometownlife mcom

HAVE A STORY IDEA?

Contact Editor Sharon Dargay Voice Mail: (313) 222-8883 E-mail: sdargay@hometownlife.com Comment online at hometownlife.com



A BETTER BROWN BAG

f you think that taking lunch to work has to be as boring as the brown bag you pack it in, think again. With a little planning and creative thinking, you can have a satisfying midday meal wherever you find a table.

Taking your lunch to work saves you money, helps you control calories and allows you to boost your daily nutrition. You control the portions and the ingredients, so you can customize what you carry, ensuring that you get a goodfor-you lunch that you'll enjoy.

Here are tips from the National Peanut Board that may inspire you to think outside the lunch box and create a brown bag meal you will be proud to carry.

• Plan ahead — put lunch items on your grocery list and gather lunch-style recipes for your meal plan.

• Balance choices — select a variety of foods from www.MyPyramid.gov, including whole grains, fruits, vegetables, low-fat dairy and lean protein.

• Think small — pack a variety of snacks to satisfy any craving that may hit during the day. • Pack whole grain crackers and sliced

• Pack a bag of snack peanuts for an energy boost any time of the day.

cheese as an alternative to a sandwich.

 Pack a banana for a sweet treat that may save you from a trip to the vending machine.

• Dress up fruits and vegetables with protein-packed peanut butter dip (see recipe). Repurpose leftovers — instead of simply taking last night's dinner for lunch, use the ingredients to make something new.

• Turn leftover roasted chicken into a tasty chicken salad (see recipe).

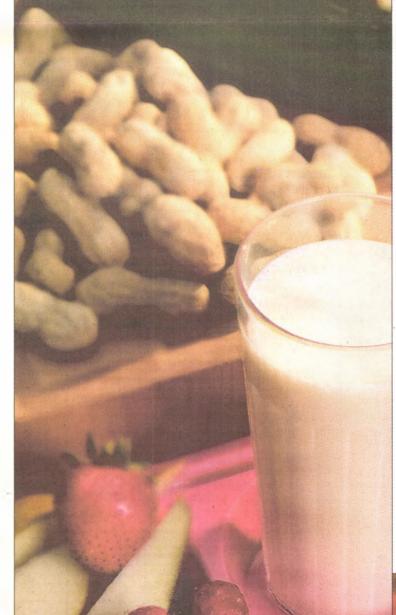
· Toss cold pasta with dressing and chopped veggies for a pasta salad.

For more delicious ways to upgrade your lunch, visit www.nationalpeanutboard.org.

KICKIN' UP KIDS' LUNCHES

Even kids can get tired of the same sandwich every day. Liven up their lunches with some of these creative ideas and recipes.

- Pack frozen yogurt or an ice cold water bottle as an edible ice pack.
- Mix peanuts, chocolate morsels and raisins for a
- Look for lunch boxes and food containers that keep foods safe and undamaged. Look for those with several compartments that keep foods sepa-
- · Present food in fun ways: fruit chunks on skewers, deli meats rolled up around sliced vegetables, breakfast for lunch.
- · Add a nonfood treat, such as a fun eraser, sticker or other prize that children will enjoy just as much as a sweet treat.
- · Pack individual sandwich ingredients and let the kids make their own creation at school



ROCK 'N' ROLL LUNCH

1 small whole wheat tortilla spread with 2 tablespoons peanut butter, sprinkled with ¼ cup granola, rolled up and sliced

Carrots and celery with Dazzling Peanut Butter Chocolate Dip (recipe follows) Blackberries

Drinkable yogurt

DAZZLING PEANUT BUTTER CHOCOLATE DIP

Yield: 4 (3-tablespoon) servings

2 tablespoons low-fat plain yogurt 1 teaspoon chocolate syrup

1 tablespoon peanut butter Chocolate sprinkles (optional)

In a standing mixing bowl, mix yogurt and chocolate syrup on

medium speed until well blended. In a microwave-safe bowl, microwave the peanut butter at 70% power for about 1 minute or until melted; stir half-way through. Pour peanut butter into chocolate yogurt mixture and mix until

smooth. Top with sprinkles if desired. Serve with 1 cup assorted carrot and celery sticks, sliced cucumbers, apples or pear slices.

PITA POCKETS WITH CHINESE CHICKEN-PEANUT SALAD

Yield: 6 pita pockets

2 cups chopped cooked chicken

1 cup grated carrots

head roughly chopped iceberg lettuce, (about 4 cups)

½ cup chow mein noodles ½ cup canned sliced water chestnuts

4 tablespoons peanut oil

3 tablespoons creamy peanut butter

3 tablespoons seasoned rice vinegar

1 tablespoon lite soy sauce 1 tablespoon sugar

¼ cup chopped dry-roasted peanuts

2 tablespoons chopped green onions 3 pita breads, halved

In large bowl, mix together chicken, carrots, lettuce, chow mein noodles and water chestnuts. Set aside. To make dressing: In separate bowl, mix together peanut oil, peanut butter, rice vinegar, soy sauce and sugar until

smooth. Stir in peanuts and green onions. Stir until blended. Pour dressing over salad and toss well. Fill pita pockets with even portions of chicken salad.



BREAKFAST FOR LUNCH

1 sausage link 3 mini peanut flour pancakes (recipes follows) Fruit cup

Greek yogurt with honey (for dipping pancakes and

PEANUT FLOUR PANCAKES

Yield: 24 (3-inch) pan-

Use your favorite whole grain pancake mix according to package directions for 12

full size pancakes. Add ¼ cup peanut flour* +

2 to 4 tablespoons milk. Let stand for 10 minutes

before cooking. *This low-fat, high protein,

gluten-free flour is available at supermarkets nationwide and online.

- Courtesy Family Features

Age 78; born on March 9, 1932 in Minneapolis, Minnesota and passed away on December 22, 2010 in Wayne, Michigan. Beloved mother of Vicki (Bill) Scott, Dorothy (Bob) Wallace, William (Jeanette) Black & the late Michael Balmer and Lynn Black; Loving grandmother of 9 grandchildren & 8 great-grandchildren; Dear sister of James (Rosie) Balmer. Memorial Service will be held on January 12, 2010 at 12:00 Noon at Cadillac Memorial Garden West Cemetery, 34224 Ford Road Westland, Michigan. Arrangements entrusted to the Harry J. Will Funeral Home Wayne Chapel

DAVID M. CROCKETT

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Age 88, died on January 3, 2011, after

a courageous battle with Parkinson's

Disease. He is survived by his loving

wife of 65 years, Mary, and four children, Jeffrey (Christine), Martha

(Horace) Sneed, Paul (Theresa) and

Amy (Ken) Carr. He also leaves four

grandchildren, Andrew Crockett, Nicholas Crockett, Ali Crockett and

Sarah Sneed, a sister-in-law, Martha (Leonard) Seale, and seventeen

nephews and nieces. David was prede-

ceased by his brother, Richard (June)

McCamman, and his sister-in-law, Marjorie (Warren) Maxey. David served his country honorably as a

Marine Corps Veteran of World War II

and Korea. His professional career

began with a Masters of Social Work from the University of Michigan. During his long career, he served as a

probation officer for the Juvenile

Court in Detroit, Director of St.

Peter's Home for Boys, a social work-

er at the Plymouth Center for Human Development and, after retirement, as

a probation officer for the Farmington

Hills Court. David will be sadly

missed by his family and his many

conege days at Wayne State University, his fellow parishioners at Meadowbrook Congression

Church, where he served as a charter

member and Life Deacon, and his fel-

low Kiwanians in Plymouth. David

loved to garden, run in marathons, read books, sing in the church choir

and follow Detroit sports teams. He

was admired for his optimism, faith in

God and his wonderful, dry sense of humor. He will always be remembered

by his family as a devoted husband

and father. Contributions can be made

to the Meadowbrook Congregational

Church Educational Endowment or

Music Program. Funeral service Thursday, January 6, 2011, 1pm from

the Meadowbrook Congregational

Church, 21355 Meadowbrook Rd,

Novi, with family receiving friends

beginning at 12pm. Arrangements

entrusted to the Schrader-Howell

Funeral Home, 280 S. Main St.,

schrader-howell.com

Plymouth. Share memories at

Crockett, his sister,



GLORIA JEAN DRABIK

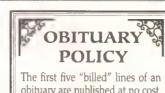
Age 68, of Westland. Beloved wife of John "Sy". Loving mother of John P. (Bonnie), Joseph (Kim), Laura (Michael) Protic and Kimberly Proud grandmother of eight grandchildren and one great-grandson. Dear sister of Alice, Dee Dee, Buddie, Rose, John, Arden, Darlene and Tommy. Memorial gathering Sat., Jan. 8, 2011 at 11 am until 1 pm Memorial Service at Vermeulen Funeral Home, 980 N Newburgh Rd (btwn Ford & Cherry Hill) Westland. Memorial Contributions may be made to St. Joseph Catholic Church, 3521 Fourth St., Wayne, MI 48184

To share a memory, visit: www.vermeulenfuneralhome.com



ROBERT (BOB) A. SMITT SR.

82, of Westland, MI, formerly of Venice, FL, passed away Wednesday, December 22, 2010 at Maple Manor in Wayne, MI. Robert was born October 1928 to Tony and Lottie Szmytkowski. Robert counted his blessings in loving friends and family who brought special joy and laughter throughout his life, especially during his illness. Robert enjoyed cars, golfing, playing cards with family and friends and always carried a tune in his heart. He was an extremely hard worker. He was employed at Ford Motor Company for 42 years. Robert will never be alone for he'll be embraced by all the family and friends he has ever known. All their hearts will beat as one, and the circle of their spirits will shine brighter than the sun. Robert leaves behind his loving wife Marge who was his best friend and soul mate for 61 years. He also leaves behind 1 sister, 8 children, 15 grandchildren and 6 great grandchildren. Robert will be missed dearly by all who knew him. Services will be held on Saturday, January 8th at 11:00am at St. Raphael Church in Garden City, MI. Father Ray Lewandowski will officiate.



obituary are published at no cost. All additional lines will be charged at \$4 per line. You may place a picture of your loved one for an additional cost of only \$6 Symbolic emblems may be included at no cost (example: American Flags, religious symbols, etc.)

Deadlines: Friday 4:15 PM for Sunday Wednesday 9:45 AM for Thursday

Obituaries received after these deadlines will be placed in the next available issue

> e-mail your obit to oeobits@hometownlife.com or fax to: Attn: Obits c/o Char Wilson

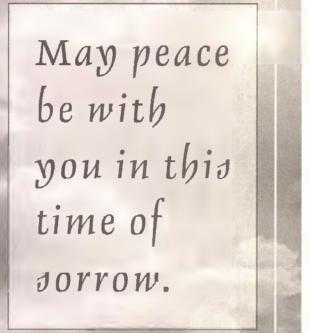
313-496-4968 For more information call: **Char Wilson** 586-826-7082 or Liz Keiser 586-977-7538 or toll free 800-579-7355

ask for Char or Liz



MARY V. MAURIN

Age 95, of Belleville, IL, formerly of Farmington Hills, MI, born November 7, 1915, in Baltic, MI, died Thursday, December 30, 2010, at Dammert Geriatric Center at the Shrine of Our Lady of the Snows, Belleville, IL. Miss Maurin worked in civil service for 35 years with the Department of the Army until her retirement. She belonged to the 50-Plus group and was a member of St. Alexander's Catholic Church in Farmington Hills, MI. Mary was preceded in death by her parents, Paul and Lucille, nee Rauh, Maurin; a sister, Frances VanGorp; and two brothers, Peter and Joseph Maurin. Surviving are her sister, Katherine Lanctot of Minot, ND; her nephew, David (Dottie) Lanctot of Belleville, IL; and other nieces and nephews, great-nieces and great-nephews. In lieu of all other gifts, memorials may be made to The Shrine of Our Lady of the Snows, 726 Community Drive, Belleville, IL, 62223, or in the form of Masses Condolences may be expressed to the family online at www.rennerfh.com Arrangements were by George Renner & Sons Funeral Home, Belleville, IL



RELIGION CALENDAR

Send calendar items to Sharon Dargay at sdargay@hometownlife.com, Feel free to include relevant photos as attached jpgs. Or mail items to Sharon Dargay, The Observer, 615 Lafayette, level 2, Detroit, MI 48226. Submit items at least a week before expected publication date. Be sure to include a contact telephone number for readers, as well as any ticket prices for an event.

JAN. 13-19

Concert

Time/Date: 7 p.m., Jan. 15 Location: St. John Armenian Church, 22001 Northwestern Highway, Southfield

Details: Oakland Choral Society presents "Rachmaninoff's "Vespers" in Church Slavonic. Carols and an original composition will be included in the program; tickets are \$15 and \$25, available in advance or at the door Contact: (248) 391-0184

Financial Peace University

Time/Date: 7 p.m., Jan. 18-April 12 Location: Clarenceville United Methodist Church, 20300 Middlebelt, Livonia

Details: Discover a world of freedom by using proven, biblical principles to permanently break free from the bondage of debt.

Contact: Register by calling (248) 474-3444 or by e-mailing to clarencevilleumc@att.net

Panel discussion

Time/Date: Approximately noon, after 9:30 a.m. Shabbat service and kiddush, Saturday, Jan. 15 Location: Congregation Beth Ahm, 5075 W. Maple, West Bloomfield **Details**: Five shul members who attended the recent annual international conference of the World Federation of Jewish Child Survivors of the Holocaust (WFJCSH), will share their thoughts about the conference Contact: Rene Lichtman at (248) 932-1834 or e-mail holocaustchild@ comcast.net

JAN. 20-31

Former Catholics Time/Date: 7 p.m., Jan. 25 Location: St. Michael the Archangel

Parish, 11441 Hubbard, just south of Plymouth Road, Livonia Details: Six-week series, "Catholics Returning Home," is designed for non-practicing Catholics who are seeking answers to questions about

the possibility of returning to the

Church. The sessions will be con-

ducted by former lapsed Catholics in a casual, non-threatening environment, with plenty of opportunities for questions and discussion. Contact: (734) 261-1455, Ext. 200; www.livoniastmichael.org

Widowed Friends

Time/Date: 2:15 p.m. check in; 2:30 p.m. Mass, Jan. 23 Location: St. Thomas a' Becket Church, 555 S. Lilley Road, just south of Cherry Hill, in Canton Details: Mass for widowed men and women, with refreshments and social time after

Contact: Pat at (734) 895-6246

ONGOING

AWANA

Time/Date: 6:30-8 p.m., Wednesdays **Location**: Faith Bible Church, 23414 Orchard Lake Road, Farmington Hills **Details**: AWANA program for children from kindergarten-fifth grade Contact: (248) 426-0096

Classes/study

Emmanuel Lutheran Church Time/Date: 7-8 p.m., second Monday of the month

Location: 34567 Seven Mile, between Farmington and Newburgh roads,

Details: Open Arms Bible class for adults with developmental disabilities and special needs. Includes songs, Bible lessons, crafts and activities, prayer, snacks and fun. Contact: Judy Cook at Emmanuel, (248) 442-8822 or e-mail to jcook59@ att.net

Livonia Unity

Time/Date: Monday movement Qigong, 7-8:30 p.m.; Thursday Qigong meditation, 10-11:15 a.m., and Friday Therapeutic Qigong, 7-8:30 p.m. Location: 28660 Five Mile, Livonia **Details**: Learn Qigong, the ancient form of Chinese energetic medicine - rid the body of toxic pathogens and

painful emotions Contact: (810) 813-4073 or gary@ energeticarts.org.

Men's Bible study

Time/Date: Breakfast at 7 a.m. and study at 8 a.m. Location: Kirby's Coney Island, 21200

Haggerty, Northville Township Contact: John Shulenberger at (734) 464-9491

New Life Community Church

Time/Date: Jobs seminar, 8-9 am., Fridays; reading program for students in grades K-12 and martial arts instruction, both at 10 a.m., Sundays Location: 42200 Tyler, Belleville Contact: (734) 846-4615 for informa-

Your Invitation to Worship

CATHOLIC

ST. ANNE'S ROMAN CATHOLIC CHURCH **Tridentine Latin Mass** St. Anne's Academy - Grades K-8 38100 Five Mile Road ia, MI 48154 • (734) 462-3200 | Mass Schedule: | First | Fri. | 7:00 p.m. | First | Sat. | 11:00 a.m. | Sun. Masses | 7:30 & 10:00 a.m. Confessions Heard Prior to Each Mass **Mother of Perpetual Help Devotions**

Tuesdays at 7:00 P.M.

UNITED METHODIST

ORCHARD UNITED METHODIST CHURCH 30450 Fermington Road • Farmington Hills 248-626-3620

Worship: 9:00 a.m. and 11:00 a.m. 10:00 a.m. Christian **Education for all ages** Pastors: Carol J. Johns, Jim Braid, Margo Dexter

PRESBYTERIAN (U.S.A.)

ROSEDALE GARDENS PRESBYTERIAN CHURCH (USA) 9601 Hubbard at W. Chicago, Livonia, MI (between Merriman & Farmington Rds.)

ं ग्राह

Friends in Faith Service 9:00 am Traditional Service 10:30 am

(734) 422-0494

Visit www.rosedalegardens.org For information about our many programs

GREEK **ORTHODOX**

NATIVITY OF THE VIRGIN MARY GREEK ORTHODOX CHURCH 39851 West Five Mile, Plymouth Twp., MI Sunday Services Matins 8:30 am, Divine Liturgy 10:00 am Rev. Fr. Demetrios Sean Govostes. Parish Office 734-420-0131 Office Hours M-F 10:00 am - 2:00 pm www.nativitygochurch.org

LUTHERAN CHURCH MISSOURI SYNOD

Christ Our Savior Lutheran Church

14175 Farmington Road, Livonia Just north of I-96 www.christoursavior.org

Sunday Worship 8:30 & 11:00 am - Traditional Staffed Nursery Available



Sunday School/Bible Class 9:45 am Early Childhood Center Phone 734-513-8413

Making disciples who share the love of Jesus Christ Pastors: Davenport, Bayer, & Creeden 734-522-6830

> **Risen Christ Lutheran** David W. Martin, Pastor 46250 Ann Arbor Road • Plymouth • Mile (734) 453-5252 Worship 8:15 & 10:45 am Sunday School 9:30 • Adult Bible Study 9:30 Nursery Care Available. All are welcome. Come as you are www.risenchrist.info

CHURCHES OF THE NAZARENE

PLYMOUTH CHURCH OF THE NAZARENE

45801 W. Ann Arbor Road • (734) 453-1525 Sunday School - 9:45 A.M. Sunday Worship - 11:00 A.M. Sunday Evening - 6:00 P.M. Family Night - Wed. 7:00 P.M. NEW HORIZONS FOR CHILDREN LEARNING CENTER (734) 455-3196

PRESBYTERIAN

Fellowship Presbyterian Church Adult Sunday School: 9:30 - 10:15 a m. • Worship: 10:30 a.m.

Childrens Sunday School: 10:30 a.m. Pastor: Dr. Jimmy McGuire Services held at: Saint Andrews Episcopal Church 16360 Hubbard Road in Livonia • South of Six Mile Road Nursery provided • www.fellowship-presbyterian.org

For Information regarding this Directory, please call Donna Hart at 248-437-2011, Ext. 247 or e-mail: dhart@dnps.com

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CONGREGATIONAL

North Congregational Church



Faith - Freedom-Fellowship **Ministers**

Rev. Mary E. Biedron Dr. Mark P. Jensen

REAL ESTATE

PAGE B9 (*) Thursday, January 6, 2011

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Julie Brown, editor . (313) 222-6755 jcbrown@hometownlife.com

Association party mixes business and pleasure

Fun was on the agenda Dec. 16 when the Western Wayne Oakland County Association of Realtors held its annual holiday party.

"This time we just had a good time," said Dale E. Smith, executive vice president of WWOCAR, of the event held at American Legion Post 32 on Newburgh in Livonia. WWOCAR had done a charitable bowling fund-raiser for the Farmington-Farmington Hills Foundation for Youth and Families in the spring.

The December party drew just over 200. "We had a lot of Realtors," Smith said. "We had a lot of people related to our businesses," including bankers and attorneys.

Fun was mixed with business talk as industry leaders look to 2011 and improvement in the housing market. "We have a lot of hope for what's going to be coming down the road," he said. A new governor of either party brings change.

"We have some hope that some of the programs in Michigan will be revitalized," Smith said. He noted home sales are comparable to the past but values have declined.

"They're coming back slowly but surely but they'll take a while," he said.

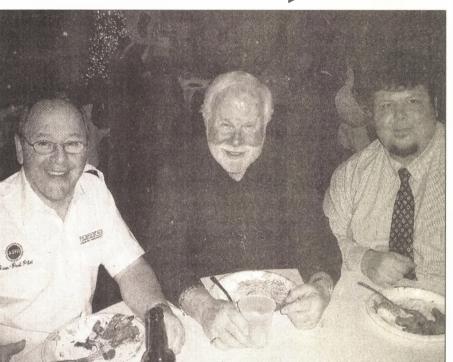
By Julie Brown



Cleveland Jackson of Brown Realty and Roxanne Fitzpatrick of Keller Williams Farmington Hills share a smile at the WWOCAR party in Livonia.



Nancy Austin of Keller Williams Ann Arbor, Sheila Grimes-Bhirdo of Coldwell Banker Preferred and Johnie Galens of Century 21 MJL catch up on happenings at the WWOCAR holiday party.



Jean Paul Pilot of P.R.O.S. Home Inspections, Neil McCloskey of Coldwell Banker Weir Manuel, and Jeff Zyck of CUTCO enjoy their time together at the recent WWOCAR party.

Fun was mixed with business talk as industry leaders look to 2011 and improvement in the housing market.

HOMES SOLD-WAYNE

These are the area residential real
estate closings recorded the week
of Sept. 20-24, 2010, at the Wayne
County Register of Deeds office.
Listed below are cities, addresses,
and sales prices.

Canton	
1316 Aberdeen St	\$125,000
43944 Bannockburn Dr	\$137,000
3571 Brooklyn Dr	\$230,000
6619 Brookshire Dr	\$154,000
8461 Chatham Dr	\$475,000
8504 Chatham Dr # C6	\$525,000
44264 Cherbourg St	\$137,000
110 Cherry Grove Rd	\$165,000
50494 Coolidge St	\$230,000
514 Country Club Ln	\$323,000
45536 Glengarry Blvd	\$320,000
42260 Gloria Dr	\$152,000
45941 Graystone Ln	\$150,000
368 Harbor St	\$235,000
8683 Holly Dr	\$126,000
385 Innsbrook Dr	\$260,000
46425 Inverness Rd	\$310,000

47822 Jake Ln	\$270,000
42661 Keystone Ln	\$152,000
4018 Kimberly Dr	\$175,000
1583 Mclaine St	\$334,000
45478 Muirfield Dr	\$288,000
45507 Muirfield Dr	\$305,000
6476 N Beck Rd	\$240,000
6151 Raintree Dr	\$142,000
43431 Saltz Rd	\$308,000
324 Savannah Dr	\$245,000
44455 Savery Dr	\$35,000
45245 Seabrook Dr	\$280,000
41543 Singh Dr	\$225,000
131 Village Way	\$87,000
1302 W Crystal Cir	\$185,000
Garden City	
623 Belton St	\$55,000
29624 Cambridge St	\$73,000
31424 Leona St	\$52,000

45245 Seabrook Dr	\$280,000		
41543 Singh Dr	\$225,000		
131 Village Way	\$87,000		
1302 W Crystal Cir	\$185,000		
Garden City			
623 Belton St	\$55,000		
29624 Cambridge St	\$73,000		
31424 Leona St	\$52,000		
33025 Pierce St	\$40,000		
32917 Rosslyn Ave	\$74,000		
28945 Rush St	\$76,000		
6567 Sterling Ct	\$110,000		
Livonia			
33063 Six Mile Rd	\$100,000		
14169 Bainbridge St	\$115,000		

3285 Brentwood St	\$70,000	
1305 Cranston St	\$164,000	
7479 Eagle Dr	\$50,000	
025 Fairfield St	\$90,000	
327 Fairfield St	\$126,000	
1824 Fairway St	\$139,000	
9150 Five Mile Rd	\$255,000	
3661 Floral St	\$56,000	
3515 Foch St	\$112,000	
3160 Glengarry Dr	\$278,000	
1108 Golfview St	\$119,000	
1555 Huff St	\$70,000	
250 Merriman Rd	\$95,000	
9025 Orangelawn St	\$104,000	
9902 Rensellor St	\$38,000	
5274 Schoolcraft Rd	\$124,000	
071 W Deborah Ct	\$153,000	
0059 Wayne Rd	\$223,000	
0295 Westfield St	\$79,000	
Northville		
6958 Boulder Dr	\$339,000	
10 N 04	A 15 000	

Northville	
6958 Boulder Dr	\$339,000
20050 Bryn Mawr Ct	\$45,000
5732 Crystal Downs E	\$500,000
10590 Delta Dr	\$315,000
16572 Greenridge Dr	\$309,000
6084 Morningside	\$110,000
,	

\$276,000

16316 Mulberry Way	\$20,00
17808 Parkshore Dr	\$1,200,000
340 Pennell St	\$100,00
17313 Rolling Woods Cir	\$429,000
42623 Savoy Ct	\$65,000
44632 Spring Hill Rd	\$490,000
16318 White Haven Dr	\$220,000
15828 Winding Creek Ct	\$466,00
Plymouth	
8897 Ball St	\$195,000
44542 Brookside Rd	\$235,000
41443 E Ann Arbor Tri	\$85,000
13800 Fawn Woods Ct	\$349,000
50403 Fellows Hill Dr	\$500,000
49204 Hunt Club Ct	\$375,00
720 Kallona St	¢E2.00/

738 Kellogg St	\$53,000
42430 Lakeland Ct	\$117,000
11888 Lorenz Way	\$288,000
11221 Maple Ridge Dr	\$510,000
1294 Maple St	\$330,000
565 McKinfey St	\$420,000
40718 Newport Dr	\$61,000
44425 Oregon Tri	\$128,000
305 Riveroaks Dr	\$129,000
11811 Talltree Dr	\$260,000
50212 Top Of Hill Dr	\$480,000

\$89.0

\$62.0

\$45,0

\$90.0

\$248.1

\$76,00

\$337.0

\$26,000

Milford

15861 Knight	\$52,000
11664 Marion	\$75,000
9191 Nathaline	\$54,000
9987 Rockland	\$50,000
8923 San Jose	\$59,000
Westland	
37101 Amhurst Dr	\$84,000
30869 Cherry Hill Rd	\$54,000
35243 College St	\$128,000
35714 Columbia St	\$40,000
308 Ethan Dr	\$150,000
29455 Hanover Blvd	\$19,000
8580 N Hubbard St	\$132,000
1424 S Berry St	\$72,000
151 S Crown St	\$55,000
1568 S Dowling St	\$110,000
433 S Marie St	\$83,000
34331 Somerset St	\$80,000

\$58,000

\$30,000

\$43,000

\$89,000

17632 Centralia

17729 Centralia

15906 Delaware Ave

These are the area residential real estate closings recorded the week of Sept. 7-10, 2010, at the Wayne County Register of Deeds office. Listed below are cities, addresses, and sales

risted below die	ities, addre	33C3, all	J :
prices.			
	Canton		
49529 Garfield Ln			\$
1712 Nowland Ct			¢

Cant	on
49529 Garfield Ln	\$389,000
1712 Nowland Ct	\$195,000

mage St	3115,000
45037 Seabrook Dr	Garden City
30941 Elmwood St 673 Inkster Rd	our den city
29205 Rosslyn Ave 29985 Curtis Rd	Livonia

	\$210,000
Garden City	
,	\$72,000
	,
	\$170,000
	\$36,000
Livonia	
	\$174,000
	\$100,000
	\$193,000
	\$20,000
	\$45,000

31424 Merriwood Park Dr
18009 University Park Dr
18467 University Park Dr
Northville
745 Randolph St
41696 Rayburn Dr
19991 Seabrook Ct
Plymouth
48571 E Normandy Ct
Redford

00	9207 Dixie	\$49,000
00	24650 Donald	\$55,000
00	19991 Garfield	\$42,000
	Westland	
00	32756 Mackenzie Dr	\$35,000
000	7335 N Middlebelt Rd	\$400,000
00	477 Ravencrest Ln	\$82,000
	463 S Bryar St	\$173,000
000	30893 Steinhauer St	\$64,000
000	30893 Steinhauer St	\$64,000

34046 Tomahawk Dr

HOMES SOLD-OAKLAND

17708 Brady

These are the area residential real
estate closings recorded the week
of Sept. 20-24, 2010, at the Oakland
County Register of Deeds office.
Listed below are cities, addresses,
and sales prices.

and sales pric	ces.	
21747 Gates S	Beverly Hills St Bingham Farms	\$230,000

31282 Old Stage Rd	\$250,000	
30505 Timberbrook Ln	\$215,000	
Birmingham		
969 Bennaville Ave	\$402,000	
1709 E 14 Mile Rd	\$27,000	
911 Smith Ave	\$450,000	
1726 Stanley Blvd	\$120,000	
622 Vinewood Ave	\$660,000	
1440 Webster St	\$268,000	
Bloomfield Township		
6715 Birmingham Club Dr	\$610,000	

3775 Millspring Rd

17326 Doris St 17730 Fairfield St

18928 Filmore St

20694 Laurel Ct

n gham	\$215,000	3418 Circle D
,	\$402,000	37600 Ambe
	\$27,000	23963 Creek
	\$450,000	28540 Golf P
	\$120,000	28272 Seclui
	\$660,000	21513 Wheele
	\$268,000	21640 Wheel
Towns	hip	
Dr Dr	\$610,000 \$259,000	30460 Stone Lathrup Vill

Commerce Township		
3418 Circle Dr	\$217,000	
Farmington Hills		
37600 Amber Dr	\$130,000	
23963 Creekside Dr	\$81,000	
28540 Golf Pointe Blvd	\$252,000	
28272 Secluded Ln	\$295,000	
21513 Wheeler St	\$100,000	
21640 Wheeler St	\$51,000	
Franklin		
10460 Stonegate Dr	\$640,000	
athrup Village		

300 Wilderness Lake Ct
Novi
23432 Argyle St
41801 Primrose Dr
50002 Streamwood Dr
42700 W 10 Mile Rd
42638 Whitman Way
South Lyon
297 Ash Ct
22985 Clarkshire Dr

28807 Somerset PI

1011	
	\$450,0 \$100.0
d Dr	\$212,0
	\$235,0
y t h Lyon	\$228,0
	\$165,0
r	\$180,0

\$114,000	57730 Drake Ct	\$342,000
	Southfield	
\$480,000	27715 Aberdeen St	\$100,000
	25041 Champlaign Dr	\$35,000
\$450,000	19811 Dorset St	\$62,000
\$100,000	30800 Pierce St	\$107,000
\$212,000	25230 Southfield Rd	\$85,000
\$235,000	25520 Southwood Dr	\$97,000
\$228,000	20360 Winchester St	\$80,000
	White Lake	
\$165,000	8450 Jamestown Dr	\$303,000
\$180,000		

These are the area residential real estate closings recorded the week of Sept. 7-10, 2010, at the Oakland County Register of Deeds office. Listed below are cities, addresses, and sales

ces.	
Birmingham	
996 Chester St	\$728,000
400 Hamilton Row	\$440,00
1481 Hazel St	\$110,000
1694 Holland St	\$410,000
411 S Old Woodward Ave	\$118,000
806 Smith Ave	\$460,00

Bloomfield Hills
1275 Kensington Rd
Bloomfield Township
7190 Cathedral Dr
443 Henley Dr
1924 Heron Ridge Dr
1,460,000
2770 Mackintosh Ln
1525 N Cranbrook Rd
1310 Sandringham Way
3141 Woodcreek Way
Commerce Township

7190 Cathedral Dr
443 Henley Dr
1924 Heron Ridge Dr
460,000
2770 Mackintosh Ln
1525 N Cranbrook Rd
1310 Sandringham Way
3141 Woodcreek Way
Commerce Township
1750 Fenwick Dr
1785 Fenwick Dr
2175 Glen Iris Ct

	Farmington
\$380,000	22746 Clear Lake Dr
	24410 Farmington Rd
\$176,000	28753 Hidden Trl
\$144,000	29855 High Valley Ct
	37464 Legends Trail Dr
	25488 Ranchwood Ct
\$278,000	33481 Stocker St
\$963,000	Farmington Hil
\$565,000	32432 Heatherstone Dr
\$530,000	Milford
	208 Cumberland Trl
\$50,000	855 Panorama Dr
\$55,000	Novi

D Clear Lake Di
Farmington Rd
3 Hidden Trl
5 High Valley Ct
4 Legends Trail Dr
8 Ranchwood Ct
l Stocker St
Farmington Hills
P. Heatherstone Dr
Milford
umberland Trl
anorama Dr
Novi

	42890 Clav Ct	\$260,000
\$233,000	25541 Dogwood Ln	\$475,000
\$100.000	25905 Glenmoor	\$325,000
\$234,000	2215 Novi Rd	\$160,000
\$205,000	South Lyon	***************************************
\$228,000	26100 Daria Cir W	\$60,000
\$225,000	1137 Polo Dr	\$160,000
\$139,000	26731 York Ct	\$226,000
	Southfield	
\$185,000	18811 Alhambra Ave	\$160,000
	28227 Fontana Dr	\$60,000
\$760,000	18444 Glenwood Blvd	\$125,000
\$86,000	25660 Southwood Dr	\$115,000
	White Lake	, ,
\$290,000	8137 Vanden Dr	\$125,000

REAL ESTATE BRIEFS

42056 Borchart D

Career Seminar

There will be a Real Estate Career Seminar 6:30-7:30 p.m. Thursday, Jan. 20, at Keller Williams Realty, 40600 Ann Arbor Road, Suite 100, Plymouth. For more information, contact: Lesley Aiello at (734) 459-4700 or laiello@kw.com.

Real Estate Sales and Appraising

Learn about a career in residential real estate. Attend a free one-hour seminar, or shadow a top agent to get an inside feel of the business. Seminars are at noon or 6 p.m. Wednesdays. To reserve a spot, contact Keller Williams Realty International, at (248) 893-2500, 27555 Executive Drive, Suite 100,

Farmington Hills 48331.

Tax appeals

Learn strategies for property tax appeals from David E. Nykanen. He will cover actions you need to appeal your assessed values at the local Boards of Review. Presented by Real Estate Investors Association of Oakland on Thursday, Jan. 13, 5:30-9:30 p.m. at Club Venetian, 29310 John R, north of 12 Mile, Madison Heights. Seminar free to members, \$20.00 nonmembers. Call (800) 747-6742. (www.REIAofOakland.com)

\$173,000

Seminar on Tuesdays

A free Reverse Mortgage Seminar is 6:30 p.m. every Tuesday at Colonial Mortgage Corp., 33919 Plymouth Road, Livonia. No obligation. Learn about reverse mortgages. RSVP with Larry Brady at (800) 260-5484, Ext. 33.

Free Foreclosure Tours

Free Foreclosure Tours are 1 p.m. every other Sunday. Meeting place is Panera Bread on the southeast corner of Middlebelt and I-96. E-mail Georgia@addedvaluerealty.com or visit FreeForeclosureTour.com.

Send Real estate listings to: Julie Brown, jcbrown@hometownlife.com, or Observer & Eccentric Newspapers, 615 W. Lafayette-

Law's aim: Protect brokers

Q: I understand that commercial brokers now have a lien on the property to satisfy their commissions. Do you have any information on that?

A: Michigan Public Act No. 201 of 2010 (Commercial Real Estate Broker's Lien Act) was signed by Gov. Jennifer Granholm on Oct. 5, 2010, to protect commercial brokers against losing rightfully earned



Robert Meisner

commissions. The Act allows a lien to be placed on commercial property for nonpayment of the commission. The legislation

is intended to prevent future lawsuits in regard to commissions. The Act only applies to written commission agreements executed after the Act's effective date of Oct. 5,

2010, to "commercial real estate," which is defined as any property that is not: (i) vacant property zoned for single-family use, (ii) property with four or fewer residential units, or (iii) property with more than four residential units if such units are single-family units that are sold, leased, or otherwise conveyed on a unit-by-unit basis.

With respect to leases, a broker may record a lien at any time within 60 days after a lease is signed, which attaches once the tenant takes possession of the property. The statute of limitations for a broker's lien is one year after the attachment of the lien and the parties can escrow an amount sufficient to satisfy the lien so that the buyer or seller cannot refuse to close a transaction due to the escrow account requirement. An escrow account is not required if either (i) alternative procedures are available that will allow the transaction to close and are acceptable to all of the parties to the transaction, or (ii) the proceeds from the transaction are insufficient to satisfy such lien.

Q: Our condominium has a prohibition on exterior attachments to the unit and several of the board members have been upset with pumpkins being put on the porches of our condominiums. I think this is unreasonable and irrational. What do you think?

A: Generally speaking, the Board of Directors has wide latitude in ensuring the aesthetic integrity of the condominium. Of course, that decision making process can be abused and it would appear that prohibiting pumpkins from being placed on the common elements for a limited period of time would be unreasonable unless there is a safety or other legitimate reason for doing so. However, the ultimate decision process rests with the board and your best recourse may be to elect board members who are more receptive to being neighborly.

Robert M. Meisner is a lawyer and the author of Condominium Operation: Getting Started & Staying on the Right Track, second edition. It is available for \$9.95 plus \$1 shipping and handling. He also wrote Condo Living: A Survival Guide to Buying, Owning and Selling a Condominium, available for \$24.95 plus \$5 shipping and handling. Call (248) 644-4433 or visit bmeisner@meisner-associates.com. This column shouldn't be construed as legal advice.

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CROSSWORD PUZZLER

Answer to Previous Puzzle

MIRY

ENSUE SEAGULL

DYELLOG

LUTISTSKYOTO

USURPEREFINED

OAFORD

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STAG

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EINWOE

REVIEWER

19 Unusually

bright

26 Crib filler

27 Jeannie portrayer

23 Messed up 25 Hello, matey!

member

horse

22 Cluster

THRASHED

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RAT

ACROSS

- Delt neighbor
- 4 Cab driver 8 Produced, as
- eggs 12 Shinto or Zen
- (abbr.)
- 13 Kind of surgeon
- 14 Look at amorously
- 15 Santa winds
- 16 Alert (hyph.)
- 18 Talking birds
- 20 Hydrocarbon suffix
- 21 Jab playfully 24 Locate, perhaps
- 28 "Simpsons" kid 31 Gun owner's
- org. 33 Not barefoot
- 34 Pub pint
- 35 Regal emblem
- quest
- 39 Util. bill

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6

Here's How It Works:

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- 36 Forty-niner's
- 37 Where Anna met a king

- 40 Gayle's sis 41 Famed violin
- 43 Display model
- ("Tao" author) 47 Garret
- 51 Common
- toiletry
- 56 Romance 57 Speck of dust
- 58 This, in Havana 59 - be an honor! 60 Large African
- 61 Radio part 62 - kwon do

DOWN

- 1 Tot's wheels 2 Counting-out
- word
- Big family
 Why? (2 wds.) 5 "Exodus"
- character
- € Lout 10 Class 7 Swiss painter 11 Fiddle-de- — 17 Social insect Paul
 - 28 Quartet 29 Got off a 30 Tail end 32 Competent

SHED

8 Reduces

9 Ottoman

official

- 38 Ice cream treat 40 Realty offering 42 Morse click
- 44 Taj 46 Felt grateful
- 48 Tease
- 49 Minute amount 50 - of ethics
- 51 XXI times C 52 Aah's com-
- panion 53 Ms. Hagen of
- films
- 54 Just suspected!
- 55 Depot (abbr.)

Fun By The

Like puzzles?

mind-bending

puzzle will have

you hooked from

the moment you

square off, so sharpen your

pencil and put

savvy to the test!

your sudoku

Then you'll love SUGOKU. I NIS

Numbers

6

5

3

8

4

6

8

6

9

Sudoku puzzles are formatted as a 9x9 grid, broken down into nine 3x3 boxes. To solve a sudoku, the numbers 1 through 9 must fill each

more numbers you name, the easier it gets to solve the puzzle!

row, column and box. Each number can appear only once in each row,

column and box. You can figure out the order in which the numbers will appear by using the numeric clues already provided in the boxes. The

3

1

3

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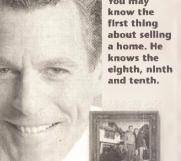
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mercial Kethii For (3755)

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Bela Sipos 734-669-5813, 734-747-7888 Reinhart Commercial

Observer & Eccentric NEWSPAPERS Recommends that you to contact a Realtor.* You may know the first thing



For everything you think you know about selling a home. there's always a handful of questions just under the surface. A REALTOR* helps you set a fair selling price, orchestrates improvements, conducts open houses, explains closing documents and a million other things that wouldn't even fit on this page.

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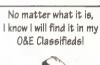
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7160

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Accurate Mortgage Solutions	(800) 593-1912	4.75	0	4	0	J/A
Ameliplus Mortgage Corp.	(248) 740-2323	4,875	0	4.25	0	J/A
BRINKS Financial Group	(800) 785-4755	4.5	0.75	3.75	0.75	J/A/V/F
Cason Home Ecans of Grosse Pointe	(313) 794-9001	4.75	0	4	0	MANIF
Client Services by Golden Rule	(800) 991-9922	4.625	0.75	4	0.5	J/A/V/F
Co-op Services Credil Union	(734) 466-6113	5.125	0	4.975	0	3
Dearborn Federal Savings Bank	(313) 565-3100	4.875	0	4.25	0	А
Fifth Third Bank	(800) 792-8830	4.875	0.5	4.25	0.375	JN/F
First Michigan Bank	(248) 498-2824	4.75	0	4.125	0	J/V/F
First State Bank	(800) 372-2205	4.875	0	4.375	0	E
Gold Star Mortgage	(800) 784-1074	4.75	0	4.125	0	J/A/V/F
Golden Rule Mortgage	(800) 991-9922	4.75	0	4.125	0	JANIF
Group One Mortgage	(248) 282-1602	4.875	0	4.25	0	J/A/V/F
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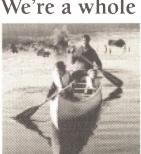


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hometown life

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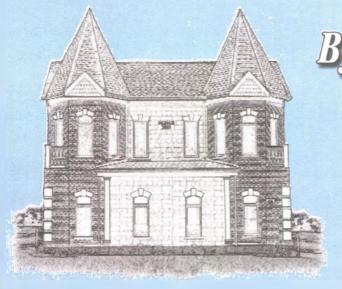
WISHES FOR 2011 PAGE 8

January 2011

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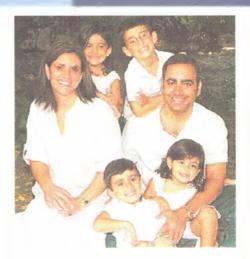
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Resolve to take care of yourself in 2011

Resolution 2011 (words and action to live by): If you want to take care of the people you love, you first have to love and take care of yourself.



Susan Rosiek

For many 21st century women this is a resolution unfulfilled. We find ourselves faced with a daily to-do list that makes the head spin. We often are just too exhausted to do even the smallest favors for ourselves. The danger — small neglects can turn

into major health and psychological issues that adversely impact our ability to take care of others.

With this in mind, the January focus for *Hometown Life Woman* is: "A New Year, A New You."

Contributing writer Mary Quinley looks at a variety of fitness opportunities. She guides us on a journey to show that an exercise regimen exists for every lifestyle. Exercise, of course, is essential.

But, come on, many of us find that even

with exercise the pounds just don't fade away. We provide an examination of several of the most successful weight-loss programs. Take a look and pick one that works for you. We'll look forward to the coming months when you write in to tell us your success stories in keeping fit and at a weight that allows you to fulfill your role as caretaker and chief.

And while being well on the inside is critical, looking good on the outside does a whole lot to maintain our self-esteem and is a reward just in itself. So turn to our "pamper" stories. You will learn how massages, facials, manicures and pedicures — even a new hairstyle — all help to rejuvenate and invigorate the body, mind and spirit. And, for those women who want more there's a primer on cosmetic injections and procedures that can help restore that fresh, youthful appearance.

And while this month's edition focuses primarily on body, mind and spirit, don't forget the practical and important issue of personal finance. Columnist Bill Lawton helps us to relieve the stress of wrestling with finances by offering a checklist for a new financial beginning.

Hometown Life Woman also realizes that community is more important than ever to many of us during the present economic downturn. Our hometown has become much more than just the convenient address it was during the boom days. More than ever, hometown is where our "family of support," entertainment and spirituality resides.

That's why *Hometown Life Woman* asked local women leaders what they wish for their cities, townships, local organizations and school districts in 2011. You'll find their comments interesting, uplifting and helpful reading.

So here's to your success in 2011 no matter what self-improvement plan you decide to adopt.

As always, I welcome your comments and suggestions for future editions of *Hometown Life Woman*.

Susan Rosiek
publisher/executive editor
srosiek@hometownlife.com

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A NEW YEAR, A NEW YOU

Getting fit, dieting and pampering for a refocused and rejuvenated you in 2011



A sample menu shows slimming secrets you can use every day



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SHEP LOCAL

Stay warm in 2011 — fashionably

By Mary Quinley

There's no better excuse than a new year for a fashion-conscious woman to add a little freshness to her wardrobe. From head to toe, no matter what your preference, Shop Local offers a slew of options. Here's a sampling to whet your shopping appetite.

On blustery morns, a pair of UggTM boots from Hershey's Shoes in Garden City or Novi, will keep your toes toasty warm. These practical, shearling-lined boots (\$140 plus) are available in several styles either in black, chestnut, gray or raisin. Most styles are slip on.

Need footwear for a fun festive affair? Check out the Halogen "Olivia" boots with the 3½-inch heels and exposed side zippers at Nordstroms at Twelve Oaks in Novi. Choose either taupe suede or black leather in these sleek boots fashioned from supple suede (\$169.95).

Ask an exercise buff what her favorite color of capri leggings is and she'll likely answer black. At **BodyFit in Northville**, black leggings by lululemon athletica (\$68) are hot. Tank tops and sweat shirts, too, are available in several colors. While you're there, check out the trendy, zip-up jacket

by Define. This lightweight jacket (\$99) features "cuffins," thumb holes attached to the end of the sleeves to help whisk away the cold.

Impress your high-tech friends — and keep your fingers warm — with a pair of Isotoner smarTouch gloves (\$19.99) from Parisian at Laurel Park Place in Livonia. Conductive threads in the index finger and thumb allow you to use your touch screen on any iPhone, Halogen "Olivia" boots iPod, iPad, BlackBerry or Android device. Gloves are made with 31/2-inch heels and exposed side zipper at of honeycomb nylon in black, gray, cobalt blue, fuchsia, violet, Nordstroms at Twelve Oaks Mall in Novi red or tan on the outside; and, comfy fleece close to your skin. One size fits all.

Head to Starring "The Gallery" in Northville to pick out a wrap-around-your-neck knitted "scarflet" by Redford artist Jennifer Xerri. Many of her popular chic scarves are made with either chinchilla wool/acrylic and metallic yarn, or chunky acrylic fleece with eyelash sparkle trim. Eye-catching antique glass or vintage buttons keep the scarlet secure. Prices range from \$55 to \$75.

Here's a savvy solution to the how-to-keep-my-head-warm-and-my-hairdo-intact dilemma. Slip on an ear muffler. The light-weight muffler — or headband — measures about five inches wide; covers your ears; and buttons at the nape of the neck.



The versatile Simply Vera Vera Wang ribbed cardigan, of soft silky cotton with a wide-ribbed design, can be found at area Kohl's. Shop Local found this one at Westland Shopping Center.

A selection of blacks, browns, whites,

purples and reds — some with sequins — at Nana's Niche and Corner in Milford cost \$12 each.

The versatile Simply Vera Vera Wang ribbed cardigan (\$36.99), constructed of soft silky cotton with a wide-ribbed design, is perfect for parties, lunch dates or the workplace. Find the trendy sweater in a variety of colors at Kohl's at Westland Shopping Center.

Not to worry if you can't find a hat, headband or scarf that's really "you." Knit your own at the Old Village Yarn Shop in Plymouth. Beginner lessons (\$45 for 10 hours of instruction) and advanced knit-

ting classes (fee varies) run year round.



A wrap-around-your-neck knitted "scarflet" by Redford artist, Jennifer Xerri, from Starring "The Gallery" in Northville.



Rebecca Studinger, MD
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A PASSION FOR HEALING

Expert surgical care to help you feel whole again

Many women feel a loss of femininity following mastectomy. Others are self-conscious about their appearance. For these women, breast reconstruction can help them to feel whole again. Seventy-five percent of women who have had mastectomies also have some type of surgical reconstruction. The right type of breast constructive surgery differs for everyone.



Choosing the right procedure and surgeon are important. Some of the most advanced procedures in breast reconstruction in the country are available in Michigan. Rebecca Studinger, MD, is among only a few surgeons in the state who provide these most sought-after reconstructive surgeries.

DIEP Flap Microsurgical Technique

The more advanced procedure, the DIEP (Deep Inferior Epigastric Perforator) Flap uses the patient's own tissue to recreate a natural-feeling breast. This tissue is taken from the abdomen, much like a "tummy tuck," without disturbing the abdominal muscles, preserving abdominal function and resulting in a quicker recovery.

As the reconstruction matures, it becomes part of the patient's body as the surrounding nerves and blood vessels grow back into the area.

The result is a new breast that may be similar in density and appearance to a natural breast.

The DIEP Flap procedure can be performed immediately at the time of mastectomy or three to six months following chemotherapy or radiation therapy. The best candidates for DIEP Flap reconstruction are patients who have sufficient fat tissue on the lower abdomen to reconstruct one or both breasts to the desired volume. Surgical time varies between four to 10 hours with a patient hospital stay of about four days. Patients can usually resume normal activities within six weeks.

Lymphedema and Lymph Node Transplantation

Lymphedema is the swelling of a portion of the body caused by the blockage or absence of lymphatic drainage. Some people are born with this condition and others acquire it from trauma, breast cancer, radiation or other diseases. In the U.S., lymphedema most commonly develops after the removal of the lymph node as part of breast cancer surgery.

Lymph node transplantation moves a small number of lymph nodes from a normal site to the area with lymphedema. This can help relieve symptoms of pain and tightness as well as some of the other problems associated with lymphedema.

Women with breast cancer can resume leading healthy, fulfilling lives after having a mastectomy. Speaking with a surgeon is the first step. For a consultation with Dr. Studinger, call 248-305-8400

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- Lymph Node Transplantation for Lymphedema
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- Blepharoplasty
- Browlift
- Otoplasty
- Septoplasty/Rhinoplasty
- Abdominoplasty
- Liposuction
- Body Lift after Weight Loss
- Brachioplasty
- Cosmetic Fillers
- Skin Grafts
- Laceration and Scar Treatment
- Lesion Removal
- Laser Skin Resurfacing
- And Other Procedures

A New Year, A New You

Focus on the moment: Enjoy every aspect of your 'new and improved' life in 2011

By Sally Rummel Contributing Writer

How about looking at New Year 2011 in a brand new way this year? Instead of making New Year's resolutions that you might not be committed to keep, why not work instead on improving the quality of your life — by choosing to live "in the moment?"

That's the New Year's advice offered by Stephanie Brady, nurse practitioner and administrator for Behavioral Medicine at St. John Providence Health Care, serving the health needs of metro Detroit residents.

SIMPLIFY

"Aim to simplify your life this year rather than putting yourself under more pressure with hard-to-keep New Year's resolutions," said Brady. "Learn to decrease your stress levels in your everyday life — maybe by taking a class in mindfulness, meditation, yoga or tai chi."

Massage therapy is another powerful tool to keep a person focused in the moment, and relaxed.

"Keep your shoulders away from your ears!" quipped Brady, meaning that women need to learn most of all, how to relax.

"All of these things will help you learn to slow down and teach you how to focus, so that you can enjoy the moments of your life, rather than always looking to the future for your happiness," she added.

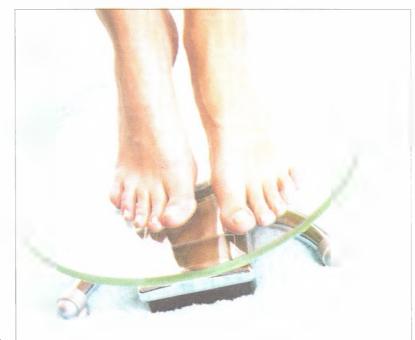
"You need to take care of yourself first, so that you have something left to give to someone else. That means scheduling mammograms, keeping up with annual physicals and visiting your dentist on a regular schedule."

Even emotional eating issues, which often result in obesity, can find rest in "mindful living." Focusing on tastes, smells and textures of what you're eating allows you to slow down and enjoy your food, and stop when you've had enough. There are a number of local classes available that teach these skills, according to Brady, through Eastwood Clinics associated with St. John Providence Health Care.

PAMPERING NECESSARY

Jan Eldon of Jan's Skin Spa in South Lyon echoes the same sentiments about women who need to learn how to take care of themselves. "Women need to stop looking at taking care of themselves as a luxury — it's not pampering, it's a necessity," said Eldon.

"Using skin care as an example, just think about your skin and what it does for you every single day," said Eldon. "Your skin is exposed to the elements 365 days a year, and yet most women don't do anything special



BEFORE YOU SIGN UP ...

Before committing to a particular weight loss plan, research the company, talk to your doctor and ask questions, such as:

- What are the costs for membership, weekly fees, food, supplements, maintenance and counseling?
- · What's the payment schedule?
- Are any costs covered under health insurance?
- · What is the refund policy?
- · What are the health risks?
- How many participants succeed in reaching their goal and keeping the weight off?
- What kind of professional supervision or counseling is provided?

to protect it. You end up spending a lot of money with a drawerful of skin products you hardly ever use, when you could get personalized products designed for your own skin type from an aesthetician and save lots of money in the process.

"In return, you'll get back years of skin protection, as well as a brighter, tighter and lighter complexion. In January, we'll be offering a series of 'Workouts for Your Skin,' making quality skin care an affordable option for most women."

How you feel about your appearance is another way to project "a more con-

fident you" in the New Year.

"If you're not happy with your face or body, you can make changes almost immediately with the proper skin care and body treatments," said Renee Jaber, aesthetician/manager at A New Face, A New Body in Canton Township.

"You don't have to wait, now is the time. It's never been more affordable than now to utilize some of our specialized treatments, including a laser and rejuvenation facial, which is like a 'miracle machine' for your face. Priced

Please see **DIET**, PAGE 17

How to pick a weight loss program that's right for you

By Sally Rummel

Lynn Favero, 48, of Livonia had spent her entire adult life battling her weight, and recently, the effects of type 2 diabetes. She decided in November to take control of her life — and excess poundage — by joining Physicians Weight Loss Center, which had opened just down the street in Livonia in October.

"It was time," said Favero, who has already shed 15 pounds and "quite a few inches" in the month since she joined. "I'm already feeling much better and my clothes are fitting looser." Favero estimates that she still has about 50 pounds to go to reach her goal weight, but she's very encouraged by her progress so far. The best part is that her doctor has taken her off all of her diabetes medications.

"That has really inspired me to stay on course,"

Favero is thrilled to have already gotten a "jump start" on weight loss in the New Year and is pleased with the method she's using at Physicians Weight Loss Center. She's on a low-fat, highenergy plan, eating grocery store foods totaling no more than 1,000 calories a day.

"There are a variety of different plans to suit each individual," said Physicians Weight Loss Center Livonia franchise owner Brett Horger. From low-fat and high-energy to low-carb and meal replacements for people "on the go," Physician Weight Loss Center is proud of its sensible approach to weight loss without pills or injections.

"Our diet programs are done the proper way," said Horger. "Each dieter is medically supervised and monitored, from the time they come in and have an EKG and blood panels drawn so that we're 100 percent sure they are healthy enough to diet."

Chances are that Favero isn't the only woman in metro Detroit that is interested in shedding a few pounds in 2011. With all the different weight loss programs available, how do you know which one will work best for you?

In order to stick with a weight loss plan, a dieter has to make sure she can follow it comfortably without disrupting her lifestyle and food hab-

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Local women leaders hope for business growth, jobs, strong schools in 2011

BY JULIE BROWN
STAFF WRITER

Women in government aren't all that new. President Franklin D. Roosevelt appointed Frances Perkins as the U.S. labor secretary in the 1930s, with Perkins the first woman to serve as a U.S. cabinet secretary.

Women leaders, however, have made their presence known in metro Detroit and environs going back years.

The past few years in southeast Michigan have been challenging, so Hometown Life Woman decided to ask area women civic leaders about their hopes for the region and their goals for 2011.



NAME: VICKI BARNETT STATE REPRESENTATIVE HOMETOWN: FARMINGTON HILLS

Vicki Barnett represents the residents of Farmington and Farmington Hills in the Michigan House of Representatives. She is a

former mayor of Farmington Hills, where she lives. Barnett is former president of the Michigan Municipal League.

"I'm very optimistic," she said of 2011 from the floor of the House of Representatives in the final days of the 2010 session. She's a founder of the bipartisan caucus, which she said has been successful in reaching across the aisle between Democrats and Republicans in Lansing.

"Those efforts have gone very, very well." January will bring in new members, with almost two-thirds to be in the caucus.

"All signs are pointing to a bipartisan approach to legislation," Barnett said, noting Gov. Rick Snyder had met with Democrats, her party, twice already as of Dec. 1.

Barnett's legislative goals remain. "No. 1 is creating jobs and supporting lending to our businesses." She's working on lending bills, and also future trends on business organization, a different class of corporation, a benefit corporation, focused not just on profits, "but doing good for the community."

"There's been a lot of support for that

bill already, across the board and across the state."

Barnett started at the University of Michigan in Ann Arbor, and transferred to UM-Dearborn for a bachelor's degree in psychology, anthropology and philosophy with honors. Her graduate work at UM-Dearborn led to a master's in business administration with distinction.

She's hopeful for 2011. "On a legislative score, I'm optimistic." On a global economic mindset, troubles in financial markets are beginning to abate, "although I still have concerns about some of them, especially what's going on in Europe right now."

Barnett sees the General Motors IPO as a great harbinger. "Ford Motor Co. is doing well, Chrysler had a very good showing. The major industries of Michigan are starting to move forward," she said, adding our state has a lot of natural resources.

Other women leaders share Barnett's views and have specific issues they care most about. Here's what some had to say:



Sandra Cicirelli

NAME: SANDRA CICIRELLI HOMETOWN: WESTLAND JUDGE OF 18TH DISTRICT COURT, WESTLAND

"I hope not only for Westland, but for the entire area that the economy turns around,"

Cicirelli said. "Our families are truly struggling out there." She hopes for an improved economy "so that there are enough jobs for everybody."

We're seeing more growth in service and medical areas in jobs. "I think it's going to take people having some retraining," Cicirelli said. Also, young people need to be steered in the right areas for jobs. Small business needs to grow, too, said the judge and former mayor of Westland, who received her law degree from Wayne State University juris doctorate and a B.A. in education from the University of Michigan-Dearborn.

"I'm not sure that it's going to be a good year economically," Cicirelli said of 2011.

Please see **LEADERS**, NEXT PAGE

LEADERS

"I think it will be a better year. I think we'll see a small improvement.'

Residents are seeing a lot of pay freezes and cuts. "But the cost of living continues to escalate. People are really struggling just to provide the necessities. I see it every day in the court. I'm hoping it's a better year," Cicirelli said.



Michelle Cline

NAME: MICHELLE CLINE HOMETOWN: GARDEN SUPERINTENDENT, **GARDEN CITY PUBLIC SCHOOLS**

'My hope is for our leaders in Lansing to be able to make thoughtful decisions on behalf of our

children and their educational futures," Cline said. "For Garden City, the public schools are a big piece of what makes the community.'

She and other district leaders hope to maintain independence "so the city can continue to prosper."

Cline graduated from Purdue University in Indiana with bachelor's and master's degrees. She received a master of arts degree at the University of Michigan, and is working on her doctorate at California Coast University.

"My professional goal would be to maintain the independence of Garden City schools."

She'd also like to bring additional programs and opportunities to Garden City, including some vocational programs.

"I hope it's going to be a good year. I am hopeful that things are going to be good this year. Our hope is tied to the decisions made in Lansing," Cline said.



Patty Carcone

NAME: PATTY CARCONE HOMETOWN: LYON TOWNSHIP TREASURER, LYON TOWNSHIP

'I wish I could create jobs. That's not really our function here, but that's what people need," Carcone said. "They need

to work so they can provide a home, to take care of their families. I just wish we could create more jobs for people. It's sad because people are still hurting in a lot of ways."

She believes people have "good generous hearts. They want to work hard and do the right thing. I'm hoping the new leadership will help Michigan to grow jobs so people don't have to leave our state."

She's served as treasurer nearly 20 years. Carcone began her work in 1991, and was elected in 1992. She's a Redford Union High School graduate who studied at Oakland Community College and Eastern Michigan University, where she earned an

associate's degree.

"I went to school as an adult," she said, and had planned to be an elementary teacher. Carcone has hopes for 2011 being

"I really feel it inside and out. I think the economy is starting to turn, if we can just keep the momentum going." There were more than 80 new residential permits in Lyon Township in 2010.

'Isn't that great? I think we live in a good place. I just wish good things for everyone," Carcone said.



Tracey Schultz-Kobylarz

NAME: TRACEY SCHULTZ-KOBYLARZ **HOMETOWN: REDFORD** REDFORD TOWNSHIP **SUPERVISOR**

"Each New Year presents a chance for women in business and professions to evaluate where they are and where they want to be. It is also a

symbol of change and commitment with the potential for growth and success," wrote Kobylarz in response to questions from Hometown Life Woman.

"Over the past few years, we have seen more women take on leadership positions and 2011 will be a year of preparation for women who are considering taking a run for an elected office in 2012.

"I resolve to help women continue to find their voice and encourage them to make a difference in their communities in whatever way is right for them," Kobylarz

"Locally, I resolve to continue building a better Redford through collaborative efforts that reduce costs and increase efficiencies with keen attention to those details that enhance the quality of life for our residents."

Kobylarz, a graduate of Redford Union High School, holds a bachelor's degree in community development from Central Michigan University. She's also a graduate of the Michigan Township Association's Governance Academy.



Triscia Pilchowski

NAME: TRISCIA **PILCHOWSKI HOMETOWN: HIGHLAND TOWNSHIP** HIGHLAND TOWNSHIP **SUPERVISOR**

Her wish: "To see our state government work cohesively so we can move forward productively," said Pilchowski, who

encourages business growth and businesses locating in Highland Township. "That will encourage growth."

"There's definitely an effort by Gov. Snyder to bring different points to view to the table. Hopefully the effort will flourish. If there's a sense in the state there's an opportunity for businesses to grow,

Please see **LEADERS**, NEXT PAGE

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LEADERS

FROM PREVIOUS PAGE

that will encourage them to locate. We have prime properties and we're in a good location. It gives us a leg up. We're very welcoming, we want to see business come to the area."

That business growth will ensure residential growth, she said, avoiding vacant homes.

Pilchowski also has a professional goal for 2011: "To do my job the best I can." She's been with the township since 1987, working her way up through the ranks, and began filling a term for the previous supervisor when he was elected to state office. Pilchowski, now in her second full term, attended the University of Detroit and Wayne State University.

"I'm an optimistic person in the first place. I always see good coming out of each year," she said of 2011. "This is going to be a slow process."

She and the board she works with hope to maintain a budget "that isn't out of hand."

Civic leaders aim to have a climate to encourage a friendly environment for business, including aligning the Downtown Development Authority with new members.

She sits on the Huron Valley Chamber of Commerce board and sees a positive attitude there. "They're looking for a better year ahead."

Huron Valley Schools leaders are working hard, too, to align the district to population figures, she added. "They're making adjustments appropriately at the schools." The middle school curriculum will be more in line with the future, preparing for future jobs and college.



Doreen Durandetto

NAME: DOREEN DURANDETTO HOMETOWN: COMMERCE TOWNSHIP EXECUTIVE DIRECTOR, CARLS FAMILY YMCA (MILFORD)

"Job opportunities, expanding technology in our area for growth and

development," top Durandetto's list, as they do for many other women leaders. She has something on the lighter side as well.

"Laugh a little more, enjoy family and friends and be thankful for what we have," she said.

That's part of what the YMCA works to provide. The YMCA programs for ages 6 months to seniors, individual and group exercise among them, offer beneficial programming for all. "Healthy and happy for your family," said Durandetto, a Detroit Pershing High graduate who earned undergraduate and master's degrees in education from Eastern Michigan University.



Michele Fecht

NAME: MICHELE FECHT HOMETOWN: NORTHVILLE NORTHVILLE CITY COUNCIL

"I'm hoping we continue to weather the economic storm," Fecht said about the city of Northville. "It's sort of

that economic tsunami that hit us. I think probably the same thing for the region.

"We're on the right track in terms of looking at changing the business tax," Fecht said. She aims to help businesses in areas with a vital downtown like Northville.

"Obviously all businesses can benefit. I think we need to look at those Main Street businesses."

She's pleased there's a lot of effort to look at buying locally and buying Michigan products. "I hope people are cognizant of that. I think they are."

Fecht would like to pursue a cultural tax for places like the Detroit Institute of Arts and the Detroit Zoo.

"I'd like to see a broader cultural tax," such as funding for the Detroit Symphony Orchestra and Detroit Historical Society. "I think we need something to help these folks because they have taken a tremendous hir."

The same holds true for education — both K-12 and higher education, Fecht said. The current funding formula does not work. "We need a whole new mindset for funding education. Our future as a state depends on it."

Professionally, she writes a local column and works to keep local history at the fore-front. She just finished an Arcadia book on the history of Northville. "It really helps raise the profile of the Northville Historical Society," said Fecht, a graduate of Birmingham Groves High School who holds a bachelor's degree in journalism from Michigan State University.



Melissa McLaughlin

NAME: MELISSA MCLAUGHLIN HOMETOWN: CANTON CANTON TOWNSHIP TREASURER

McLaughlin sees "an attitude that we have to do business differently in Michigan. That is going to mean changing some of the iron-clad processes

that we've always done, and thinking in a broader way of how we're going to provide service."

She sees a message of belt-tightening coming down from the state to county, city and township governments, which have struggled close to home with limited resources for some time.

"I think there's going to be a new culture in Michigan in terms of the basic level

Please see **LEADERS**, NEXT PAGE



Jennie Schiller, circuit coach for Curves in Livonia, assists member Janet Stemen of Livonia, with the

Tips to get fit in the new year

By Mary Quinley

If "get fit" happens to be on your New Year's "resolutions" list, don't worry. There are oodles of fun fitness choices — from Pilates and yoga to Zumba and pole dancing — to help you reach your goal.

Here's a look at some of the options that are offered locally.

Check out Curves for its new Zumba routine. "It's a harder, more intense workout, but the time flies by. I love the combination," said Gayle Green of Canton.

Zumba — a high-energy Latin dance routine — has been added to Curves' 30-minute strength training/cardio/stretching workout.

This popular class is allowing "women of all ages and all sizes to move in new ways and throw all their inhibitions out the window." said Kim Scartelli, owner of the Canton and Plymouth Curves

Pat Rensberger, 73, credits her workouts at Curves in Livonia, with easing her back pain. "From the time I started going, I've not had any problem with my back," said Rensberger

The Curves' program, Rensberger said, "works well for me." Her goal: "to continue to go two-to-three flights (of stairs); and, bend over and tie my shoes."

Some women prefer the machine-free exercises at Jazzercise.

According to Jamie Martin, owner of Jazzercise in South Lyon, the safe and effective workouts help clients "lose body fat, gain muscle, be more flexible and have more energy."

"I was tired all the time, lacked energy and couldn't get rid of the baby weight," said Shannon Brown of South Lyon. Since she's joined Jazzercise, Brown feels motivated and invigorated and she's toned up and lost

For lots of women, socializing is a welcome side effect of their exercise regimen. Brown, 33, has made friends and considers her lazzercise pals "like family."

For some women, however, group fitness sessions are not appealing. Sandra Murray prefers a personal trainer.

"I feel awesome! I've achieved my weight loss goal and now I'm working on getting stronger and more toned," said Murray of

For almost a year, Murray has engaged the services of personal trainer Jeremy Daum, owner of Forever Fit Personal Training in

"When I'm working out, I need to focus on me. I can't do that when I'm at a gym. With Jeremy, I'm on task every second. I don't have to think about putting a plan together, because he knows what specific areas I need to work

Please see **WORKOUT** PAGE 14

Snap Fitness

Novi. Canton. Farmington Hills and South Lyon, snapfitness.com

The Sports Club of Novi com

Change Fitness Plymouth, chang efitnessllc.com

Koko FitClub Canton, kokofit-

Vixen Fitness Yosilanti and Detroit vixenfit ness.com

Jazzercise Westland, Farmington Hills Plymouth, Novi and South Lyon, jazzercise.com

Divine Yoga Massage: South Lyon, divineyoga-

Uptown Body Northville uptownbodyfitness.com

Personal Training Northville, foreverfittrainer.com

Plymouth, Farmington Canton, Livonia,

South Lyon and Westland, curves. Family YMCAs Livonia,

Farmington Hills, Plymouth and Milford, ymcade troit.org

Guardian Martial Arts & Fitness Garden City guardianmartialarts.com

Better Life Fitness Center Redford better

lifefitnesscenter. Bikram Yoga Northville, bikra-

myogadetroit.com. BodyFit Northville, (248)

It's healthy to pamper yourself

Livonia, Plymouth

By Linda Ann Chomin Vow to be good to yourself this year by massaging away the stress and pampering yourself from head to toe. A new hatrstyle, manicure and pedicure go a long way to creating a new

and walk away relaxed or re-energized

At LaVida in Canton certified therapists are trained in a facials and treatments to detoxify and heal skin, control and manage acne and rejuvenate aging skin. Spas in Farmington Hills, Northville, Novi, Milford, Plymouth and Canton offer these services as well.

"Massage balances the level of serotonin which can produce calm, get the blood flowing and ease tense muscles," said Jaime Baer, manager.

As an occupational therapist, Debra Madonna knows the benefits of massage. At QuixWorks Therapeutic Massage & Reiki in Plymouth she combines massage therapy skills with her medical training. Her clients run the gamut from athletes to construction workers and special needs children with

"Once someone says I'm going to take care of myself their body's already starting to cooperate," said Madonna. "Massage puts the body in a state of rest. The techniques applied depend on aches and pains or just relaxation. Massage helps regulate all the systems of the bodies. Once you slow down, everything just works better."

Madonna, in addition to massage, gives tips and techniques to take home. After breaking a leg about three years ago, she started working out at the Livonia YMCA.

"We're basically tweakers, just tweaking them and giving them exercise and stretching techniques to take home, selfhelp techniques," said Madonna.

"I do things such as eat well and do things I like. You can actually feel better at 59 than 39 by taking care of yourself. I get massages and exercise and do stretching. The goal is to be healthy. That's how I pamper myself."

Angela Avigne gets a massage every week at New Body Therapeutics in Northville. A former landscaper, Avigne opened the business after experiencing relief firsthand. New Body Therapeutics offers healing massage and repetitive injury therapy seven days a week.

"I used to get a lot of massages because I was always sore," said Avigne. "We're helping people get out of pain. People mostly come for their health and taking care of their health."

The herbal Thai massage allows clients to breathe the aroma of organic herbs while being massaged with oils.

"It's one of the most relaxing massages," said Avigne, who passes tips on to clients as well. "I tell them about change of diet, to drink more water and get more sleep. We offer meditation classes on Tuesday night. For carpal tunnel, chronic back pain, we teach stretching. We're not just rubbing and applying

Everything from massage to rosemary mint awakening body wraps and polishes with Dead Sea salts excite the senses at Salon Agape in Novi. Marilyn Sullins and her daughter, Gina, opened the business 10 years ago with Aveda products

Please see **PAMPER**. PAGE 14



Massage is a great way to relieve tension and re-energize.

Dr. Annette LaCasse, D.O.



Dr. Rebecca Studinger, M.D.

Cosmetic procedures can lift spirits inside and out

By Diane Gale Andreassi

If you think your neighbor looks more rested and refreshed lately. she might be using more than her pillow to soften those wrinkles.

In fact, many people are seeking help from dermatologists and cosmetic surgeons to freshen their look and gain a more vouthful appearance. In 2008, there were 10 million surgical and nonsurgical cosmetic procedures performed in the United States, according to the American Society for Aesthetic Plastic Surgery.

Some of those patients wanted to banish permanent frown lines, because they were tired of people asking them if they are angry, according to Dr. Rebecca

Studinger, M.D., a cosmetic plastic reconstructive surgeon affiliated with Beaumont and St. John Providence hospitals.

Cosmetic procedures can be as simple as tweaking lifestyle changes, like getting facials and applying skin care products, especially those with Retinol, said Studinger, who also recommends taking vitamins and practicing good nutrition so the good looks emanate from the inside out.

"We've all heard this, and it sounds trite, but it can make a difference," she said.

Sometimes, however, people want to go a little further. Erasing the effects of time on your skin can be done a lot of different ways, from applying creams to having

See page 22 for a list of terms and cosmetic procedures available.

peels and laser treatments, or fillers and other smoothing agents to a full surgical face lift.

Caroline Jezdimir, 80, said the payoff is the reaction she gets. Like the time she recently visited a friend in the hospital who is one year younger and people asked if the patient was her mother.

Before you consider cosmetic procedures, the first step is to start with a clear complexion, according to Dr. Annette LaCasse, of Commerce Institute of Skin and Jezdimir's daughter.

"The first thing I like to do is to

Please see **COSMETIC**, PAGE 16

PLACES TO PAMPER YOURSELF

Artistic Permanent Make-up

1257 S. Main, Plymouth (734) 455-6980 or artisticpermanentmakeup.com

Bodyworks Healing Center

(734) 416-5200 or bodyworkshealingcenter.com

Cosmetique Spa 435 N Main Milford (248) 684-9318

Divine Yoga and Massage

105 N. Lafayette, Suite 100, South Lyon divinevogacompany.com

Elements Therapeutic Massage 47220 10 Mile, Novi (248) 348-8770 or touchofelements.com

Gina Agosta Haircolor Design & Spa 39831 Grand River Novi (248) 477-2266 or agosta.com

Haircut House 35000 Warren, Westland

(734) 422-9912 Identity Salon & Spa 25875 Novi Road Novi

(248) 349-1800 or identitysalonspanovi.com

Indigo Salon, Spa & Boutique 50545 Cherry Hill, Canton (734) 961-3245 or indigosalonanddayspa.com

Jan's Skin Spa

105 N. Lafayette, Suite 205, South Lyon (248) 515-8987 or jansskinspa.com

Lasting Impressions 28244 Ford Road, Garden City

(734) 421-4473

LaVida Massage 42124 Ford Road, Canton (734) 844-1402 or lavidamassage.com

Main Street Massage 42977 Seven Mile, Livonia (248) 380-3500 or

mainstreetmassageofnorthville.com Margo's of Northville Salon & Spa

141 E. Cady, Northville (248) 348-9130 or margossalon.com

New Body Therapeutics 335 N. Center, Northville

(248) 348-2770 or newbodytherapy.com New Face New Body

45200 Ford Road, Canton (734) 455-3908 or newfacenewbody.com

One Salon 43236 W. 11 Mile. Novi

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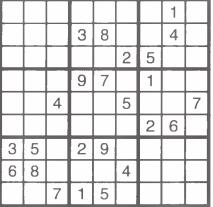
119 E. Washington, Milford (248) 685-9898 or polishedoutlook.com

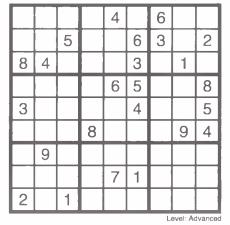
Please see **PLACES**, PAGE 14

Sudoku

Sudoku puzzles are formatted as a 9x9 grid. broken down into nine 3x3 boxes. To solve a sudoku, the numbers 1 through 9 must fill each row, column and box. Each number can appear only once in each row, column and box. You can figure out the order in which the numbers will appear by using the numeric clues already provided in the boxes. The more numbers you name, the easier it gets to solve the puzzle!

5		9	1	3				
6	1		8		4	3		
3	8		5		6		1	4
7				6		1		3
								2
4	5			8			7	
8		3	9					
	9			5			3	7
	6		3			8		9





Answers found on page 19

A New Year, A New You, A New Year, A New You, A New

WORKOUT

on," said Murray.

Folks who show up at Koko FitClub, said lay Little, owner, get "a new workout every time they come in," thanks to the Koko Smartraining SystemTM, an innovative, high-tech program.

The "smart" machine, which stores individual customized programs designed by personal trainers, coaches patrons as they go through their cardio and strength training sessions. Almost two-thirds of Koko's members are women.

For some, like Mary Anne Churan of Livonia, group settings are just fine, as long as the routine includes soothing backdrop music, and hefty dollops of stretching and strengthening movements and relaxation techniques. Yoga offers such a work-

"I've found that yoga increases my upper and lower body strength, flexibility and balance," said Churan, who has been practicing yoga for about 15

Churan encourages women to give yoga a try. "The rewards ... will serve you well as you get

There are many forms of yoga — the traditional physical and mental disciplines that originated in India — including Hatha (gentle, slow-paced), Vinyasa (vigorous, breathing synchronized), Ashtanga (power yoga) and Bikram (hot yoga).

Ernie Curnett, who owns Bikram Yoga in downtown Northville, with his wife, Melissa, calls yoga "the original form of physical therapy."

Bikram or "hot yoga" is where participants do yoga poses in a room heated up to 106 degrees. The heat allows for a loosening of tight muscles.

The "hottest new workouts for women are Zumba, Budokai Fusion and Bootcamps," said Kristi Lee, owner of Change Fitness in Plymouth. Lee suggests Budokai, a blend of Tai Chi, voga, Pilates, stretching and core work, for core strengthening and flexibility.

Whatever you choose, "do not skimp on strength training because it's anti-aging." The benefits are numerous, Lee added. Strength training speeds metabolism, tightens skin and strengthens bones and joints.

"All the classes (at Change Fitness) have been great. I personally need every method available for working my body since I sit all day at a desk," Martha Gardner said.

"After a cardio workout, I am energized, whereas after a muscle workout, I am pleasantly fatigued," said Gardner of Livonia.

Feeling adventuresome? Call a friend and sign up for a pole dancing class.

"It was easy, fun and I did get a workout," said Shannon Flagner of Canton, who enrolled in pole lessons at Vixen Fitness

Flagner, 31, really enjoyed the final class. "I felt sexy!" she said, recalling the different tricks she used in her pole performance.

Pole dancing, striptease and hula hooping are the latest fitness trends for women, with pole dancing being the most effective, said Danielle Green, owner of Vixen Fitness in Ypsilanti.

FROM PREVIOUS PAGE 13

from plant-based sources. One of their new services is Beauty on Demand, for women in need of a quick break.

"We have mini spa facials. Three, including an anti-aging, take 15 minutes," said Marilyn Sullins of South Lyon.

A neck and shoulder massage is 15 minutes long and costs \$10 or indulge in full-length services like the hot rock or Swedish massage. The 90-minute self-renewal face and body treatment is a complete facial with massage to feet, hands and scalp. The Green Science treatment cares for hands.

"We always take care of our faces, but hands are exposed more," said Sullins.

"Most women's hands show their age first because they don't care for them. This firms the hand, targets age spots and wrinkles."

Alina Medyanikova believes the first of the year is a great time to pamper the entire body at Polished Outlook in Milford.

"We get a lot of women who are exhausted especially in January after the holidays, the busiest season for everybody," said Medyanikova, salon director. "January is a great time to get a relaxing massage, a facial to hydrate their skin, a pedicure with foot and leg massage."

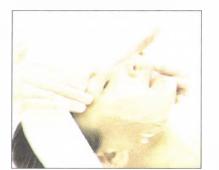
The environment can add to the experience. When Kimberly Myers and Tammy Cuppetilli were designing their Q Hair Studio in Plymouth's Old Village they wanted a homelike, calming atmosphere for clients to come for hair coloring, manicure, pedicure and therapeutic foot and scalp massage treatments.

"Everybody needs some down time to pamper themselves, really enjoy the atmosphere because it's peaceful and calming," said Myers.

On the other hand, a new haircut can revitalize. The latest trends are asymmetrical haircuts with sides cut differently and multidimensional hair coloring that can't be bought in a store. Push powder is one of Myers favorite Surface products as a sprinkle on the scalp creates volume without backcombing or spray.

"A new hairstyle gives people a new found energy, makes them rethink makeup and wardrobe, makes them feel like they have a fresh start," said Myers.

Tamara Friedman says the first step is deciding to do something for you. Her Tamara Spa in Farmington Hills treats women and men from head to toe with massages, pedicures, manicures, and facials. "A lot of women don't care enough about themselves to pamper themselves. They say, it's too expensive, not enough time.'



Vow to be good to yourself in 2011 by pampering yourself with a facial - a great way to relax and rejuvenate.

Simply Skin

43155 Main, Suite 310, Novi (248) 735-1584 or salonagape.com

Secretz 6522 N. Wayne Road, Westland (734) 728-9222 or secretz.com

696 N. Mill, Suite 105, Plymouth (734) 455-3465 or simplyskin.biz

Simply Sue's Nail Spa 995 N. Mill. Plymouth (734) 455-7484

Tamara Spa

32520 Northwestern, Farmington Hills (248) 855-0474 or tamaraspa.com The Q Hair Studio 630 Starkweather, Plymouth

(734) 927-6690 or qhairstudio.com QuixWorks Therapeutic Massage & Reiki

238 S. Main. Plymouth (734) 377-0914 or quixworks.com

Friedman suggests getting on a plan. She alternates massage with pedicures and facials every other week.

"I don't want people to think it's a luxury. This is a necessity. Have a massage, whatever works with your budget. Don't wait. Your body gives you signals. Headache? Exhausted and tired? You need to relax. Put everything aside," said Friedman who's been in business 30 years. "Health is your biggest commodity. A lot of time people feel guilty. It's a wonderful feeling when someone else takes care of you. It's like a vacation. You get away from everyday phones, texts, computers. I have so much tension in my neck and back, from holding the phone and having meetings. When I lay down on the massage table I feel such a relief. My massages are my getaway."

"Love yourself," said Friedman, who's in her early 60s. "In the morning, I take 10 minutes to plan my day. I say to myself, I'm going to be calm today, not going to rush to do everything. I'm going to live for today. Enjoy the present."

LEADERS

of service," McLaughlin said. "I'm looking forward to a more business-friendly economic engine for Michigan to re-energize some of the jobs and tax base."

She also has a professional goal for 2011 in Canton. "We've just completed our budget season with a two-year budget." The challenge is to find ways to economize and provide level of service, "but to do it as efficiently as possible.'

"It's a blueprint for us, but we will continue to modify and find savings where we can. Those are things we have to be willing to look at," said McLaughlin, a Salem High School graduate who holds a bachelor's degree in education from Eastern Michigan University.



CRAWFORD **HOMETOWN: NOVI** OAKLAND COUNTY COMMISSION; FORMER MEMBER, NOVI CITY COUNCIL

"My transition from a Kathy Crawford Novi City Council member to Oakland County

commissioner is packed with preparation that gives me the best opportunity to 'hit the ground running.' I plan to have as much background and training as possible in order to assure that I will quickly be an effective board and committee member beginning Jan. 1," Crawford wrote in response to questions from Hometown Life Woman.

are: vice chair of general government, finance and planning and building and I have also been appointed to two other general government committees — Area Agency on Aging (alternate) and board member of the Oakland/Livingston Human Service Agency (OLHSA). These committees are in addition to the regular commission meetings. Despite the increased number of meetings and prep work, I enthusiastically embrace the challenges of representing the city of Novi on the county level.

"My standing committee appointments

"My hope for the region in 2011, is that the (Oakland) county administration's focus on emerging economic sectors, creates unprecedented job growth. We cannot sustain critical programs and services or viable communities without job creation and business sustainability," Crawford concluded.

She retired from the city of Novi Parks and Recreation Department in 2004 to launch her business, Kathy Crawford Communications. Crawford, who worked in the field of aging for more than 30 years, is married to Hugh, a state representative. She's a graduate of Farmington High School with some college work.

'My hope for the region in 2011, is that the (Oakland) county administration's focus on emerging economic sectors, creates unprecedented job growth. We cannot sustain critical programs and services or viable communities without job creation and business sustainability." CATHY CRAWFORD, OAKLAND COUNTY COMMISSIONER



Lynda Scheel

BOARD OF EDUCATION: MEMBER. LIVONIA **PLANNING COMMISSION**

Prosperity and economic improvement are Scheel's hopes for the region in 2011.

NAME: LYNDA SCHEEL

HOMETOWN: LIVONIA

PRESIDENT, LIVONIA

"I think it's just being willing to review everything that's brought before us. Looking at new ideas, expanding on new ideas to work with different entities," said Scheel, who is serving her eighth year on the school board. She is also a member of the Livonia Planning Commission.

Scheel said with a new governor and many new lawmakers, school officials will need to work effectively to benefit students.

Livonia schools Supt. Randy Liepa is good about informing legislators, making sure they understand each decision, "as to how it will affect the students in Livonia," Scheel said.

Professionally, she'll stay involved "to learn as much as I can." When she worked in the benefits department at Redford Union Schools, the health care plan came out. "You're constantly learning things. To talk to people, to get different opinions, viewpoints on things.'

Scheel's a graduate of Livonia Stevenson High School, and has been active in PTA/ PTSA at state and local levels.

"To wish everybody well in planning for the new year," she added. "Everybody needs good quality time with their family. Good health, too."

NAME: LINDA LANGMESSER HOMETOWN: NORTHVILLE TOWNSHIP PLYMOUTH CITY CLERK

"I hope that the state will reinstate revenue sharing for the local communities so they're not experiencing all these financial shortfalls," Langmesser said. She's hopeful for better times.

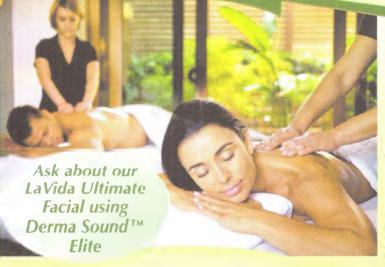
"We wait to see what they have to offer and what their plans seems to be for local units of government as well as state government."

She was just asked by Plymouth City Manager Paul Sincock her professional goal. It's to maintain local services as they are "and not have to do any more cutbacks," said Langmesser, a Wayne Memorial High School graduate with some college studies.



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A New Year, A New You, A New Year, A New You, A New Year, A New You, A New Yo

COSMETIC

take irregularities in pigmentation, like red blotches, red veins and freckles and give them one clear complexion without spots and blotches," said LaCasse, a D.O. and board certified dermatologist.

Rather than focusing on a wrinkle, LaCasse said, it's more important to make your skin look vibrant and healthy.

That can be achieved by a variety of methods, including prescribing creams patients apply on their own to laser procedures; microdermabrasion; and chemical peels.

"I did a peel on my own face Friday. because I had a party on Saturday and a friend said, 'What did you do to make

your skin so fresh?" LaCasse said.
A lot of LaCasse's patients ask for Botox®. While some of her Botox® patients are as young as 22, the average age is mid- to late 30s.

"A lot of people come in when they're in their 60s and they want it for the first time and it still works," she said. "Botox® and fillers can make a difference in getting them back to the base line and how they are feeling about what they look like. It's for those transitioning years and is the biggest response for your investment. People will say, 'Did you get your haircut or have you been getting more rest?' because they can't quite figure out why they look better," LaCasse said.

Botox® generally lasts about three months and the cost is approximately \$200 a treatment.

Jezdimir said she has had Restylene fillers, Botox® and laser treatments. as well as a mini-facelift. She mostly recommends Restylene fillers and laser treatments to anyone who asks because she likes the results.

Juvaderm® is another filler that can help soften or eliminate prominent lines or wrinkles. Latisse™ is another popular product that can make eyelashes longer.

Microdermabrasion costs approximately \$100 and medical mirodermabrasion is \$130.

Facial peels, costing around \$130, make the patient look fresher.

Studinger sees a trend in people asking for more injectable treatments, as well as an increase in the number of men seeking help.

"It's become more acceptable," she said. "There aren't the derogatory stigmas associated to it, like before.

Still in 2008, women had more than 9.3 million cosmetic procedures, which is almost 92 percent of the total, ASAPS reports.

FAST FACTS

From 1997 to 2008, surgical procedures increased by almost 80 percent. Nonsurgical cosmetic procedures increased by more than 233 percent. according to according to the American Society for Aesthetic Plastic Surgery.

Americans spent almost \$11.8 billion on cosmetic work in 2008 with Botox® injection; laser hair removal; hyaluronic acid; chemical peel; and laser skin resurfacing coming in as the top five proce-

People 35-50 years old had the most work done in 2009, with liposuction being the most common surgical procedure, ASAPS reports, Botox® injections were the most common nonsurgical procedure in this age group.

Among the 51- to 64-year-olds, eyelid lifts were the most requested surgical procedure and Botox® was the highest nonsurgical procedure.

Breast augmentation was the most common cosmeticskin can be done a lot of different surgery among 19- to 34-year-olds.



Erasing the effects of time on your ways including cosmetic injections such as Botox. & #174;

No matter what your gender is, cosmetic surgery isn't only for those obsessed with their looks.

"It's for whatever it is that is taking your focus away from living your life, because this is too startling of a feature or always looking to disguise something by sitting or standing the right way," Studinger said. "I don't find that it is vain at all to eliminate it. People are looking at how they are now and they're looking to fix things up."

Studinger also performs face lifts, rhinoplasties, blepharoplasties and abdominoplasties, as well as breast lifts, augmentations and liposuction, facial fillers and laser treatments. She performs surgery out of St. John Providence Hospital in Southfield and Novi.

Cosmetic surgery can be overdone, too, she said, adding that caution needs to be taken not to make the face look plastic-like.

"Most people when they come to me don't want to look unnatural," Studinger said. "I get a lot of people transitioning into the middle age group. They don't want to look so tired, drawn and they want something to help it

Sometimes when women are done having children, their breasts have been deflated and their mid-section is scarred by stretch marks and rolls that won't disappear no matter how many pushups they do. They sometimes turn to plastic surgery.

"I used to think you can get back into shape, but for most of us the skin doesn't like being stretched out that far," Studinger said.

LaCasse said she takes extra caution when working on patients' lips, because she doesn't want them to end up with the "balloon" effect.

"We do a little product, so they don't look silly," she added.

Whatever treatment you opt for, medical experts recommend evaluating what you are trying to achieve and learn as much as possible about the options.

WHERE TO GO

Here's a sampling of places that offer skin care, laser and cosmetic surgery services.

Aesthetic Plastic Surgery

27920 Orchard Lake Road Farmington Hills (248) 855-6030, plasticsurgery.org

Botsford Hospital

28050 Grand River Avenue Farmington Hills (877) 477-DOC1 for a physician referral

Commerce Institute of Skin

8906 Commerce Road Commerce Township (248) 363-5555 (248) 363-5519, Drannetteelacasse.com

Consultants in Facial Plastic Surgery

26850 Providince Parkway Suite 420 Novi (248) 344-7888 Offices in Southfield, Dearborn, Troy, Rochester Hills, St. Clair Shores and

Dr. Meena Moossavi, M.D.

Livonia Dermatology 15160 Levan Road Livonia (734) 542-8100

Dr. Rebecca Studinger, M.D.

Medical Office Building Providence Park Hospital 26850 Providence Parkway Suite 125. Novi (248) 305-8400

Garden City Hospital

6245 Inkster Road Garden City (734) 458-3300

St. Mary Mercy Hospital

36475 Five Mile Livonia (888) 464-9355

Permanent makeup lets you look good around the clock

By Linda Ann Chomin

If you're like many women, having to line lips and eyes before heading out the door in the morning is getting old. Never wake up tired looking again. That's the promise of permanent

Need a little help with uneven lips, thinning evebrows? This form of tattooing uses pigment to color and enhance eyes, lips and brows, and begins with a consultation to determine what's

"It's so nice to wake up and have a face," said Jacqui Burkowski, who opened her Artistic Permanent Make-up 21 years ago. The Plymouth business caters to ages as young as 16 and offers not only cosmetic enhancement but pigmentation techniques to cover scars caused by face lifts and surgeries, create eyebrows for those with alopecia (an autoimmune disease leading to hair loss), and remove unwanted tattoos without a

"As we get older, we fade, we gray. Liner makes evelashes look fuller," said Burkowski. "Permanent makeup can enhance a natural look. For eyebrows, we can customize shaping to enhance features, to make the eye look more almond."

Burkowski said as women age changes in hormones cause evebrows to thin.

"Evebrows lift the face and give the allusion of a younger appearance."

Expect to spend about one hour consulting with Burkowski or Carrie, her daughter-in-law, a half-hour to 45 minutes for the tattooing procedure. Discomfort is minimal, similar to waxing or tweezing. A topical cream numbs the area before Burkowski begins tattooing or implementing pigment under the skin.

"We design something for the individual, not the same look on everybody and custom mix colors, pick color according to skin tone, eye color," she said.

Burkowski suggests anyone considering permanent makeup do their homework and get referrals. She is a Certified Permanent Cosmetic Professional and her business has been inspected by the Wayne County Health Department and licensed by the state of Michigan.

"In spite of the economy we've been busy," said Burkowski. "This is a feel good thing. You might be stressed but you want to look good. For someone to say you look good today lifts you up and makes you feel good.'

Tamara Friedman is glad she opted for permanent makeup about 20 years ago. She offers the service at her Tamara Spa in Farmington Hills. The tattooing naturally defines her eyes, evebrows and lips.

"I exercise every other night and if I run into someone at the gym I don't have to worry." said Friedman. "You always look good."

PROGRAMS

its. In a case where flexibility is important, a program like Weight Watchers with its new Points-Plus program could be a successful match to a dieter's lifestyle. To stick with a diet plan long term, a dieter has to work around her schedule, not against it.

The diet program selected has to be an affordable choice so that the person utilizing the plan can stick to it long term. Some weight loss programs charge by the number of pounds lost — for example, Medical Weight Loss Clinics, while others charge for special menus and packaged foods, for example, Nutri-System. Find out by calling the program you're most interested in, to see how varied the costs are before you decide to join. Many times, there are extra fees involved, especially in a medically-supervised program that includes tests, labs,

A weight loss plan should include one's favorite foods. Everyone has their own nutritional preferences and habits, which must be addressed for long term success. A vegan wouldn't fare well on the Atkins diet, and a pasta-lover wouldn't do well on a high protein, low-carb diet. Denying one's favorite foods forever is a guarantee of diet failure, experts say.

A person looking at weight loss programs has to assess his or her personality type. Some weight loss programs, notably Weight WatchersTM, are famous for their members' mutual support and encouragement. Others, like Jenny Craig Weight Loss Centers, pride themselves on one-on-one consultations. Others, like Nutri-System, offer a private, at-home plan with no on-site support or expectations of meetings, etc.

The most important aspect of any weight loss program is that more calories are expended than are taken in. As long as a diet plan guarantees an adequate calorie intake and offers a balanced choice of healthy foods, providing one with enough vitamins and minerals, the plan itself doesn't matter as much as the dieter's ability to thrive in its environment and succeed in keeping the weight off.

A program of healthy eating should be a pleasure, not a chore.

HERE ARE A FEW WEIGHT LOSS PROGRAM CHOICES

Weight Watchers™

Weight Watchers™ launched its new Points-Plus program on Nov. 28, now assigning points values based upon the way a person's body processes the major nutrients: protein, fat, carbohydrates and fiber, as well as how satisfying each of these nutrients are. All fruits and most vegetables now have a zero-points value and a group of Power Foods is encouraged for meal planning. The program is based upon the four pillars of food, exercise, behavior and support. South Lyon Weight Watchers™ leader Harriet Kofta is excited about the new program. "People are amazed at how much food they are able to eat now and still lose weight," she said. Cost: \$20 registration fee and weekly fees between \$10-\$15, depending upon location. An online Weight Watchers™ program is available at a reduced cost.

Jenny Craig

The weight loss brand marketed by celebrities including Queen Latifah, Valerie Bertinelli and Phylicia Rashad boasts a sensible approach to weight loss, advocating losses of about 1 to 2 pounds per week. The program addresses mindbody aspects of weight loss by helping clients adopt healthful eating and exercise habits, as well as encouraging them to examine the underlying causes of their weight problems.

Cost: Signup costs include weekly one-on-one counseling, personalized menus, motivational plans and assorted manuals and guides, depending on membership level. The prepackaged foods generally cost \$12 to \$18 per day, or \$84 to \$126 per week.

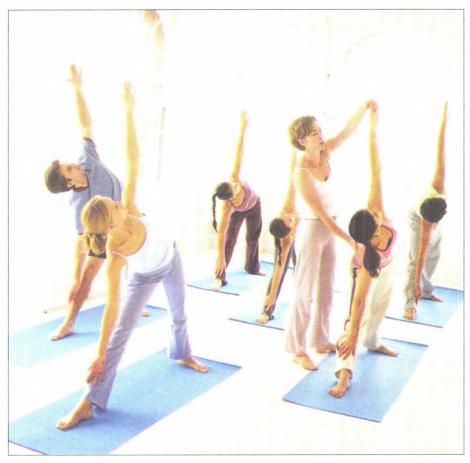
Nutri-System

This at-home system (no office visits or weighins) involves eating the company's prepackaged meals exclusively. The 28-day program includes breakfast, lunch, dinner and snacks (you may add fresh vegetables, fruit and dairy). Support is offered through a free website.

Cost: To lose about 30 pounds, a dieter would spend approximately \$1,199.80 for all prepackaged foods, except fresh fruits, vegetables and dairy.

Medical Weight Loss Clinics

Everyone knows their TV jingle, "the shape of things to come," but people may not know that this Michigan-based company has 34 locations in Michigan and Ohio. Medical Weight Loss Clinic is administered by Michigan Board-Certified physicians, who use an exclusive Behavior Education program and one-on-one counseling to help people lose weight for good. Cost: \$1 per pound lost, plus physical exam, lab work and supplements.



Stephanie Brady, nurse practitioner and administrator for Behavioral Medicine at St. John Providence Health Care, recommends taking a yoga class to help relieve stress.

at just \$99, you'll find this comparable service elsewhere for more than \$350," added laber.

FOCUS ON TODAY

Almost any example of "change" could result in a positive outcome by focusing on the moment. Rather than counting down the number of weeks it will take you to lose a certain number of pounds, begin to live as if you already are that normal weight person, and eat for your own good health. The weight will begin to come off slowly.

In order to begin an exercise habit this year, instead of making a resolution to exercise, why not just hop on the new exercise bike you got for Christmas "for the fun of it," not as an obligation, and begin to feel the exhilaration of moving your muscles, working up a sweat and challenging yourself a bit — all because it feels good right now.

If you'd like to try a more structured approach to exercise, you have many options to pick from — from local gyms and community education programs, to fitness classes from pilates to yoga, Jazzercize to kickboxing and more. Most fitness programs

and businesses gear up for an influx of new business at the start of the new year.

"We traditionally have a lot of new members who join in January," said Jan Tilchen, manager of Curves of Farmington Hills for owner Nancy Pardonette.

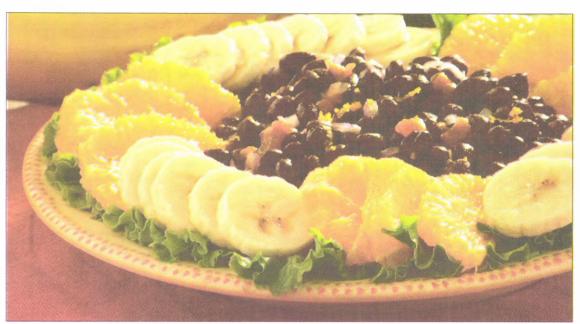
"Prospective members can come in for a free trial workout and see how they like it for themselves. It's a very fun atmosphere, especially for people who are new to exercise. In addition to building muscle and strength with our resistance machines, there's a cardio workout in between, plus a six-week program on nutrition for people who want to lose pounds as well as gain muscle."

Tilchen not only works at Curves, but also works out at Curves to maintain her 50pound weight loss. "I'm a 'walking billboard' for how effective this program can be," said Tilchen. "You can lose weight with a variety of different programs, but exercise is what will keep the weight off for good."

If changing your career is in your future this year, why not make that future a reality today? Talk with people in the field you'd like to pursue, learn what it takes to get that position, then mold yourself today to be that person. You don't have to wait until next week ... or next month ... you can start now.

"Make a decision to enjoy everything that you do and the people that you are with every day, and the rest of your 'resolutions' will fall into place," said Brady.

New Year SLIMMING SECRETS



PHOTOS COURTESY OF DOLE FAMILY FEATURES

wo years ago, Japanese supermarkets couldn't keep bananas on the shelves after a man revealed the secret of his weight-loss success on a leading social network. Now a healthier version of his diet is catching on in America, thanks to the fruit and nutrition experts at Dole.

The Go Bananas 2-A-Day Challenge was originally created in 2009 by the Dole Nutrition Institute as a healthier sequel to Japan's phenomenally popular Morning Banana Diet. Dole's expanded version for 2011 is part of larger multimedia initiative created by Dole Fresh Fruit for Americans looking for a healthy way to kick off the New Year. The Go Bananas Challenge substitutes well-balanced meals and nutritious recipes instead of the "all-you-can-eat" approach popular in Japan.

Going beyond the original two-banana morning routine, Dole nutritionists created a comprehensive two-week regiment of lunches, dinners and snacks to help participants boost their energy, increase their intake of fruits and vegetables, and improve their overall health while they lose weight.

"We know that increasing consumption of fruits and vegetables in general, and bananas in particular, can help support healthy, sustainable weight loss," said Nicholas Gillett, Ph.D., of the Dole Nutrition Institute. "What we did at Dole was expand this simple principle into a well-balanced, two-week plan that can serve as the basis for a long-term healthy lifestyle."

Go Bananas 2-A-Day Challenge participants begin each day with two bananas and at least eight ounces of water, a combination that specifically aids in weight loss.

According to Gillett, banana fiber creates extra bulk in the stomach, allowing participants to feel full longer — and less hungry overall. He says the fiber acts like an internal accelerator that pulls some of the fat in the stomach through the digestive system before it can be absorbed.

The Go Bananas Challenge follows the morning banana routine with a medley of 14 lunch and dinner recipes that combine lean chicken or fish with fresh Dole® fruits and vegetables, low-fat cheeses, wheat pasta, long-grain rice and salads.

While participants can choose among fresh fruit, vegetables and nuts for their daily afternoon snack, sugar-based desserts and alcohol are strictly off-limits. The plan also advocates that followers drink water only with every meal, finish eating by 8 p.m. each day and go to bed by midnight.

"Of course, those taking the Go Bananas 2-A-Day Challenge also benefit from the banana's status as a superfood. It doubles as an excellent source of vitamin B6 and a good source of potassium, fiber and vitamin C," added Gillett.

Special dishes included in the plan range from Curried Spinach Soup and Warm Thai-style Scallop and Mango Salad to Spinach and Chicken Stir Fry with Raspberries and Honey Mustard-glazed Salmon with Fruit Salsa.

For more information on the Dole Banana Diet, or Dole Bananas in general, including recipes, serving suggestions and nutritional information, go to www.dole.com/bananas. You can also follow Dole Bananas on Facebook at www.facebook.com/DOLEbananas.

Two popular recipes, Caribbean Black Bean and Fruit Salad and Pineapple Salsa Chicken, are featured in the sample meal plan. Remember that at least 8 ounces of water should accompany each meal.

Sample of a Day's Menu

Breakfast

- 2 Dole Bananas and 8 ounces of water Morning Snack
- 5 slices Dole Pineapple
- (3½ inches in diameter, ¾ inches thick)

Lunch

- Caribbean Black Bean and Fruit Salad
- 1 can (15 ounces) black beans, drained
- 2 tablespoons prepared salsa
- 1 tablespoon chopped fresh cilantro
- 1 tablespoon finely chopped red onion
- e teaspoon grated orange peel
- 1 tablespoon lime juice
- 4 teaspoon ground cumin
- 1 ounce feta cheese, crumbled (optional)
- 1 large Dole Banana, sliced
- 1 Dole Orange, peeled and sliced

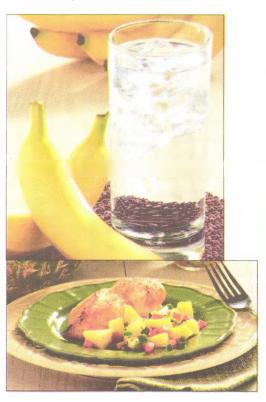
Combine beans, salsa, cilantro, onion, orange peel, lime juice and cumin in large bowl. Spoon onto lettuce-lined platter. Sprinkle cheese on top of salad, if desired. Arrange banana and orange slices alongside of salad. Squeeze additional lime juice over bananas.

$Afternoon\,Snack$

¼ cup almonds

Dinner

- Pineapple Salsa Chicken
- 6 boneless, skinless chicken breasts
- 2 cups chunked, fresh Dole Tropical Gold Pineapple*
- ¼ cup Dole Pineapple juice
- ½ cup finely chopped Dole Red Bell Peppers
- 4 cup finely chopped Dole
- Green Bell Pepper
- 1 tablespoon chopped Dole
- Green Onion



2 teaspoons chopped fresh cilantro or parsley 2 tablespoons chopped jalapeño chilies

Grill or broil chicken 5 to 10 minutes on each side or until chicken is no longer pink in the center. Combine pineapple chunks, juice, bell pepper, onions, cilantro and chilies in bowl. Serve salsa with grilled or broiled chicken.

*May substitute 1 can (20 ounces) Dole Pineapple, chunked, drained.

- Family Features

Eat your sweets and get slim, too

Weight loss is perennially one of the top New Year's resolutions amongst Americans, but achieving this goal can be difficult when faced with strict diets and bland food. The key to weight loss is enjoying healthful meals that are tasty and sustaining. This can be an easy feat when eating nutrient dense foods like sweet potatoes.

When baked plain and allowed to caramelize naturally without the sugary toppings we're accustomed to, sweet potatoes are a nutrition powerhouse. A mediumsized cooked sweet potato is an excellent source of vitamins A and C, a good source of fiber and only about 100 calories. Luckily, these rewarding roots are available year round with North Carolina producing nearly half of the country's supply.

Fiber plays an important role in maintaining weight by slowing down the digestion of food. The longer it takes your food to digest, the longer you'll stay full and the less snacking you'll do before your next meal. This slow digestion also makes sweet potatoes a low to medium glycemic food, so even those with diabetes can enjoy a touch of natural sweetness without causing blood sugar levels to spike.

Baking sweet potatoes with the skin on at a low 375°F for 35 minutes will produce a caramelized skin with a sweet fluffy center, but if you're short on time here are a few speedier cooking methods:

- Saute: cook and stir sliced or diced sweet potatoes in hot oil for about 10 minutes
- **Boil:** cook 1-inch thick slices in 2 inches of boiling water for about 12 minutes

• **Speed-bake:** cook whole sweet potatoes in microwave for 4 minutes, then bake at 450°17 for 5 to 10 minutes

This recipe for guilt-free Sweet Potato Burgers is a great alternative to the typical high-calorie all meat burger. For a lighter alternative, skip the bun and place the patty over a bed of greens with avocado slices and your favorite salad dressing.

For more sweet potato recipes and nutrition information, visit www.ncsweetpotatoes.com or www.sweetbytesblog. blogspot.com.

SWEET POTATO TURKEY BURGERS

Recipe adapted from The Bicycle Chef blog by Laura Curtis Yield: 8 burgers

2 cups mashed sweet potato (about 1 pound) 1 package ground turkey (about 1-/4 pound)

4 cup finely diced red onion

1 teaspoon salt

'a teaspoon ground cumin

Oil for sauteing

In small pan over medium heat, heat I teaspoon oil. Add onions; cook and stir until slightly soft, about I minute; set aside. In large bowl, mash together sweet potatoes, turkey, salt, cumin and reserved onion. Form eight 4- to 5-ounce patties. In large pan over medium heat, heat oil; cook until cooked through, about 5 minutes per side. Assemble burgers with your choice of toppings.

Per serving: 161 cal., 18 g protein, 16 g carb., 2 g fiber, 5 g sugar, 3 g total fat (0.4 g sat. fat) Diabetic exchanges: 0.8 starch, 0.3 fat, 0.2 vegetable, 1.7 lean meat

- Family Features

Sudoku Answers

Beginner								
5	4	9	1	3	7	6	2	8
6	1	7	8	2	4	3	9	5
3	8	2	5	9	6	7	1	4
7	2	8	4	6	9	1	5	3
9	3	6	7	1	5	4	8	2
4	5	1	2	8	3	9	7	6
8	7	3	9	4	2	5	6	1
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	8	1	4	6	2	5	3	9	7
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3 2 8	8	9	1	4	7	6	5
6 5	7	8	3	2	1	9	4
7 9 3	3	6	2	8	4	5	1
5 8 4	4	3	7	1	9	2	6
2 6	1	4	5	9	8	7	3

Masri Orthodontics offers something to smile about: Invisible IncognitoTM braces for adults



Photo by Alison Accavit

(From left) Dena Oesterwind, Sheri Lockey, Dolly Emmett, Ashley Bohms, Chrissy Censer, Nawaf Masri, Stacey Malkowski and Kendall Goddard make up the team at Masri Orthodontics.

"I had eight different consultations

(for braces). Other dentists gave me

conflicting information, some telling

braces. When I met with Dr. Masri, I

Incognito because), as an adult, you

want to hide the fact that you have

happy with the braces. I smile and laugh a lot. You don't notice them

unless I tell (that I have them), It's

the best investment I've made."

me I wasn't even a candidate for

liked him and his staff. (I chose

braces... with our jobs. I'm very

Completely invisible, appropriate for almost anyone and customizable to each patient, IncognitoTM orthodontic braces are giving many adults something to smile about.

Masri Orthodontics, a highly referred practice in Livonia. is offering Incognito™ orthodontic braces on a regular basis to adult patients who want the benefits of braces and not the clunky appearance.

"They are placed behind your teeth, so no one will ever know you are wearing braces unless you want them to know," said Dr.
Nawaf Masri. "We are one of the few offices in Michigan that offer IncognitoTM braces as an option. This is the future of orthodontics."

Dr. Masri offers family-based, technologically advanced dental care to patients from across the Metro Detroit area at his practice on Schoolcraft Road, just west of Farmington Road.

Dr. Masri continues to study and train, staying current on the latest developments in his field. Ample research and patient success has led him to recommend IncognitoTM braces to many adults.

"These braces are aimed at adult professionals who want the shortest treatment time possible and the cosmetic option is the main concern," Dr. Masri said. "They are roboticly engineered, customized, quicker and faster."

Dr. Masri prides his practice on being highly referred by local families. Including IncognitoTM, he offers the smallest and most effective advanced esthetic braces

on the market, self ligating Damon and Damon-like silver and clear ovation brackets, gold-plated and lingual. Orthodontic diagnosis is done through the

latest imaging techniques using digital radiography and digital photography.

"We recommend early treatment for children ages 7-9 for crowding, over- and under-bites," Dr. Masri said. "This allows them to have a better functioning bite early on and reduce the chances of extraction, developing poor muscular habits or the need for jaw surgery."

Masri Orthodontics offers a complimentary first visit to all patients, which includes an examination, discussion of treatment options, goals and estimated fees.

Visit www.masriortho.com for more information

To learn more about Incognito[™] orthodontic braces offered by Dr. Masri, visit www.hiddenbraces.com.

— By Alison Accavitti

– Marta Guerriero

Dr. Masri adult patient



Nawaf Masri, D.D.S., M.S.D., P.C. 35200 Schoolcraft Road, Suite 104 Livonia, MI 48150 (734) 261-8860 www.masriortho.com

Fitness tools track progress

By Jon Gunnells

The New Year is a time for a new approach to fitness. Whether you are looking to hit the gym, yoga mat, hire a personal trainer, or just count your steps, there are a number of gyms, trainers and fitness stores to help you accomplish your wellness goals.

American Home Fitness in Novi offers an array of fitness tools for women from free weights and pedometers to interactive cardio equipment.

"We carry soft goods like Bosu balls, Excertubes, and other products that don't require a major investment," store manager Kevin Kelsey said. "We also sell home gyms, cardio machines and our stores have resource centers with information on a variety of topics including heart-rate control and women's health."

American Home Fitness also carries a line of cardio machines equipped with interactive programs to help you track your lifestyle and create a personalized workout plan.

"Lifespan interactive health partner uploads all parameters of your life from your age to the food you eat," Kelsey said. "It spits out a program that's right for you. Down the road, charting your progress could save you money in health care costs."

A number of local fitness centers across Wayne and Oakland counties are also available to help you meet your fitness goals away from home.

Planet Fitness, which has locations in Novi, Northville, Farmington Hills, Livonia and across metro Detroit offers memberships as low as \$10 per month with a \$29 annual fee. The rates are also guaranteed for life.

"Planet Fitness has the unique judgment free zone that doesn't cater to body-builders or power lifters," said Planet Fitness owner Chris Klebba. "We are very comfortable for women. In fact, the majority of our members in all of our clubs are women."

Unlimited fitness instruction is included for members for the lifetime of their memberships along with a message chairs, and of course, a full range of free weights, cardio equipment, and weight lifting machines.

Other local gyms such as LA Fitness in Livonia or Lifetime Fitness in Canton and Novi offer additional member benefits, including pools and gymnasiums.

Personal trainers are available at all three gyms.

"Our trainer is a staff member and is available for our unlimited fitness instruction," Klebba said.

For women looking to skip the gym completely, yoga is another exercise option that could be completed in the home or at a local yoga studio. The Livonia Yoga Center and Northville Yoga Center offer yoga lessons for beginners to experts.

Serving southeast Michigan, Astarte Yoga also offers private yoga lessons, group lessons, or lessons at work.

Of course, yoga can also be done at home and all you need is a yoga mat, some floor space, and maybe an instructional video.

With the New Year approaching, you have no excuses. A new fitness regimen doesn't necessarily have to cost a lot of money, it won't take up a lot of space, and it could pay dividends over time.

New beginnings

Annual financial checkup

By Bill Lawton

It's that time of year for new beginnings and New Year resolutions. Our resolutions are the dream of what can be: "I can lose weight, I can stop smoking, I can be a better parent and I can take control of my finances." Unfortunately, we often are unprepared to do the hard work of turning our dreams into reality.

What can we do to make this year different when it comes to financial goals?

There are as many financial goals as there are people. Make sure what you plan is right for you.

Think about what you want to accomplish and where you want to be in the long term. Some examples of what you might want to think about are:

- How much savings do I need for retirement?
- Would I like to be debtfree? If so when?
- Do I have a charity or cause that I want to donate a certain amount of money to?

• Do I have children that I want to help through college or with weddings?

Now look at last year and next year as stepping stones for achieving your long-term plans. How are you doing? Are you on track? If so, great, you are probably all set. If not, think about what things need to change to get you on track.

Bill Lawton

Think about creating a budget and getting help from someone you trust to help you set goals for next year. People who achieve their long-term goals do so by making steady progress over the years. The choices they are making now are usually with their long-term goals in mind.

Some things that make sense no matter what are:

MONTHLY

- Pay off your credit cards every month.
- Review your checking account and credit card statements monthly to make sure all the transactions are yours.
- If working with a budget, make sure you are on track.

ANNUALLY

- Review your credit report and score.
- Look to see if there are ways you can restructure your debt to pay it off faster.
- Make sure you have an emergency reserve available.
- Determine if you need insurance to get you through emergencies.
- Consider tax-free investments, i.e. 401(k) and/or Individual Retirement Account (IRA).
- Review the allocation of your investments to make sure the allocation matches your risk tolerance.

Find a way to remind yourself about the resolution every day. Because the resolution will be difficult to achieve, it will require you to change the way you think and act.

• Review any trusts, wills or other documents that you have created.

Make a plan. Breaking things into smaller steps and setting deadlines can make a resolution easier to accomplish

Think about what life will be like when you make your resolution a reality. How will your life be different? What are you giving up? What are you gaining? Make sure your resolution is something that you really want and are willing to work for.

Choose a resolution that is reasonable and challenging. Pick something that you can control or at least influence. Envision achieving your resolution and make sure it is challenging enough that you'll feel good about yourself when you do.

Write your resolution down. This will help it be real.

Find a way to remind yourself about the resolution every day. Because the resolution will be difficult to achieve, it will require you to change the way you think and act. Old habits are hard to break, but you can change. Don't be afraid to fail. Because you have chosen something that is difficult to achieve, there will be road blocks, there will be days when you fall into your old ways and want to give up. This is where those reminders you create can be the most helpful.

Don't be afraid to ask for help. Since your resolution is difficult and will require you to change, it will be taking you into unchartered waters. If you can find someone who has been there, you can learn from them.

Celebrate the small steps you take toward accomplishing your financial resolution.
Celebrate the gift you are giving yourself by turning your dream into reality. Achieving your resolution will be hard, but that does not mean that it can't be fun.

Imagine how good you will feel about yourself as you celebrate, "I did it!"

Bill Lawton is president and CEO of Community Financial, a federally chartered credit union with offices in Plymouth, Canton, Northville, Novi and northern Michigan. He writes about financial issues and is a frequent contributor to *Hometown Life Woman*.





The Bee's Knees

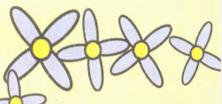
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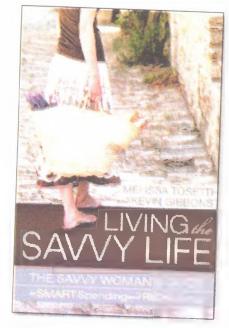
Self-help books show way to 'new you' in '11

The New Year is usually a time of introspection, when many people take stock of their lives and make resolutions to improve themselves in some way — weight loss, smoking cessation, a new exercise regime. Coincidentally (or not), this is the time of year many new books hit the shelves aiming to help folks realize their goals or simply keep the faith through the coming months.

The staff at Hometown Life Woman did an informal survey of area libraries and bookstores and came up with the following recommendations from those in the know on titles that are sure to help shape the "new you" in 2011.

DIET, HEALTH, EXERCISE

- "Eat This, Not That," by David Zinczenko (Rodale Press) — A new entry in the series of popular books that illustrates food swaps to assist with weight loss.
- "The 4-Hour Body: An Uncommon Guide to Rapid Fat Loss, Incredible Sex and Becoming Superhuman," by Timothy Ferriss (Crown Archetype) For all things physical, what are the tiniest changes that produce the biggest results? Thousands of tests later, this book contains the answers for both men and women. From the gym to the bedroom, it's all here, and it all works.
- "Change Your Brain, Change Your Body," by Daniel G. Amen (Harmony Books) When it comes to weight loss, one size does not fit all. One weight-loss program will never work for everyone, because being overweight is not one thing in the brain.
- "The Life You Wanted: Get Motivated, Lose Weight and Be Happy," by Bob Greene (Simon & Schuster) Practical tips and the latest science on emotional eating and lack of motivation.
- "Fitness Illustrated," by Brian Sharkey (Human Kinetics) Takes you inside each type of activity to show you what works, what doesn't and why.
- "Love Food and Live Well: Lose Weight, Get Fit and Taste Life at its Very Best," by Chantel Hobbs (Waterbook Press) Personal inventories, recipes and food plans, as well as detailed exercise plans to motivate readers to get fit without sacrificing taste.
- "Women, Food and God: An Unexpected Path to Almost Everything," by Geneen Roth (Scribner) The way you eat is inseparable from your core beliefs about being alive. No matter how sophisticated or wise or enlightened you believe you are, how you eat tells all. The world is



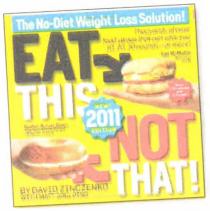
on your plate.

SELF-HELP, RELATIONSHIPS

- "Lighten Up: Love What Your Have, Have What You Need, Be Happier With Less," by Peter Walsh (Free Press) — Frequent Oprah Winfrey guest teaches readers how a life of less stuff can be more rewarding.
- "Live More, Want Less: 52 Ways to Find Order in Your Life," by Mary Carlomango (Storey Publishing) Simplify your life and both physically and mentally de-clutter with this one-week-attime philosophy.
- "Straight Talk, No Chaser: How to Find, Keep and Understand a Man," by Steve Harvey (Harper Collins) Zeroes in on what motivates men and provides tips on how women can use that knowledge to get more of what they need out of their relationships.
- "I Can Make You Confident: The Power To Go for Anything You Want," by Paul McKenna (Sterling Publishing) — The latest techniques to stop fear and desperation and create massive amounts of confidence and self-belief instantly.

MONEY, EMPLOYMENT

- "Money Girl's Smart Moves to Grow Rich," by Laura D. Adams (St. Martin's Griffin) — Quick and dirty tips that explain what you need to know without bogging you down with what you don't.
- "The Money Answer Book: Quick Answers to Your Everyday Financial



Questions," by Dave Ramsey (Thomas Nelson) — Questions and answers deal with the most-asked questions — everything from budget planning to retirement planning or personal buying matters, to saving for college and charitable giving.

- "Peace and Plenty: Finding Your
 Path to Financial Serenity," by Sarah Ban
 Breathnach (Grand Central Publishing)
 Focuses on the author's story of falling from financial heights and the struggle to maintain a happy home during a fiscal crisis.
- "Living the Savvy Life: The Savvy Woman's Guide to Smart Spending and Rich Living," by Melissa Tosetti and Kevin Gibbons (Morgan James Publishing) Learn how to be penny-wise on things that are not important to you, so you can spend money on things that are.
- "Over 40 & You're Hired: Secrets to Landing a Great Job," by Robin Ryan (Penguin) Addresses those entering the job market after a hiatus those recently laid off from a long-term position or who have been staying home with children.
- "Cracking the Hidden Job Market: How to Find Opportunity in Any Economy," by Donald Asher (Ten Speed Press) — The key to success in the current job market is breaking through to the hidden job market. Over half of all jobs go to someone who did not apply to a posted opening at all. What are they doing and how are they doing it?

STOP SMOKING

• "Easy Way for Women To Stop Smoking," by Allen Carr and Francesca Cesati (Arcturus Publishing) — Filled with inspiring stories and quotes from real women who have battled nicotine addiction, this follow-up addresses the unique difficulties women face when they decide to quit.

A New Year, A New You

COSMETIC SERVICES

Sometimes it's a struggle just understanding what's out there and what the procedures are called. Here's a short list:

Botox®: Botox is a drug that, when injected in the skin, can erase wrinkles produced by the overactivity of facial muscles. It is commonly used for crow's feet, frown lines and forehead line wrinkle reduction. Each treatment generally lasts three to four months.

Medical microdermabrasion: Smooths away wrinkles, lightens brown spots and freshens the skin painlessly, working on the skin through the use of aluminum oxide crystal and can only be found in physicians' offices. It creates a deep exfoliation providing a softer, more even skin tone, reducing fine lines and wrinkles. A combination microdermabrasion and glycolic peel are often used together for a more effective result. Glycolic Acid Peel: A series of highly concentrated glycolic facials is done on a gradual strength basis

Vitalize Peel: Renews dry, dull, damaged skin by combining the effects of alpha hydroxyl and retinoic acids to penetrate and exfoliate the skin, revealing a healthier, more youthful-looking skin with a smoother texture and more uniform color. Illuminizing Peel: Improves clarity, firmness and texture that is helpful with photo damaged skin, fine lines, wrinkles, and pigmentary changes. This is an ideal for first time chemical peel patients or patients looking for a gentle and very superficial peel.

Restylane® or Perlane® Injections: These collagen filler injections reduce wrinkles and can soften or even temporarily eliminate prominent smile lines and other wrinkles around the mouth as well as frown lines between the eyebrows. These procedures generally last several months. Eyelid lift (Blepharoplasty): Eyelid surgery removes fat and excess skin or bags.

Tummy Tuck (Abdominoplasty): The removal of excess fat and skin from the middle and lower abdomen. In some cases, the muscles of the abdominal wall are tightened.

Breast Lift (Mastopexy): This procedure is designed to lift or change the shape of a person's breasts.

Breast Augmentation (Implants): Breasts are surgically enlarged and contoured using implants. **Forehead Lift (Brow Lift):** Altering the muscles in tissues in the forehead, minimizing lines and wrinkles and elevating the eyebrows.

Face Lift (Rhytidectomy): Removal of excess facial skin with or without the tightening of underlying tissues.

Neck Lift (Submental Lipectomy): Removal of fat deposits under the skin, corrects muscle laxity or tightens sagging skin under the chin. **Injectables:** Fillers can plump lips, soften wrinkles and improve the appearance of scars.

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