



**GOV. GRANHOLM TOUTS HELP FOR SMALL BUSINESS VISITING LOCAL SHOP**  
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Hometown Life  
**WOMAN**  
SPECIAL SECTION INSIDE



**THURSDAY**  
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**PLYMOUTH**  
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**PIPELINE**

**Everyday essentials**

State Rep. Marc Corriveau (D-Northville) launches the 2010 "Everyday Essentials" donation drive from 11 a.m. to 1 p.m. Saturday, Oct. 23, in downtown Plymouth's Kellogg Park. The goal of the drive will be to collect household and personal care products for local residents in need.

"Many of our families are struggling to make ends meet in these tough times and they need our support," Corriveau said. "There are many everyday items we all use and often take for granted that are simply too costly for our families who are having difficulty just putting food on the table and keeping a roof over their head. I hope residents will join our effort and contribute whatever they can to give our friends and neighbors a helping hand in their time of need."

The drive runs Oct. 23-Nov. 6. Residents are encouraged to donate household and personal care items such as toilet paper, facial tissues, diapers, baby wipes, paper towels, hand soap, dish soap, laundry detergent, dental care items and feminine care products. The products collected from the drive will be distributed to the Wayne-Westland Salvation Army, the Plymouth Salvation Army and Northville Civic Concern. Donations can be dropped off at any of the following locations:

- Canton Public Library, 1200 S. Canton Center Road in Canton
- Northville District Library, 212 W. Cady St. in Northville.
- Plymouth District Library, 223 S. Main St. in Plymouth.

For more information about the Everyday Essentials drive, please contact Corriveau's office toll-free at (877) 208-4737 or send an e-mail to MarcCorriveau@house.mi.gov

**Focus groups**

Plymouth-Canton Community Schools staff, parents and community members are being asked to participate in focus groups this month to solicit their reactions to the work of the Dynamic Planning Committee.

The meetings will take place Monday, Oct. 25, and Wednesday, Oct. 27, at the E.J. McClendon Education Center. The sessions will last no more than an hour, and interested individuals can participate by calling (734) 416-3048.

Volunteers should register for one of the following:

- Oct. 25 - parents, 1-2 p.m.; staff, 3-4 p.m.; parents/community members, 6-7 p.m.
- Oct. 27 - parents, 1-2 p.m.; staff, 4-5 p.m.; parents/community members, 7-8 p.m.

It has been more than 10 years since Plymouth-Canton Community Schools engaged in a strategic planning effort. A steering committee was developed to help the district create its guiding goals. Additional meetings of the committee are scheduled for Oct. 4 and Nov. 1.

**City votes to end fire pact**

BY MATT JACHMAN  
OBSERVER STAFF WRITER

With officials citing a need to find savings — but vowing to not compromise safety — the Plymouth City Commission voted Monday to end the agreement with Plymouth Township that provides the city with firefighting and emergency medical services.

The unanimous decision puts the township on notice that the city will withdraw from the shared Plymouth Community Fire Department, as it's now organized, after the end of next year. However, in light of a recent

study that proposes several alternatives for public safety services, officials from both communities have entered discussions that could result in a reorganized fire department and a new agreement.

The vote was another step in Plymouth officials' years-long effort to trim costs and balance budgets in a time of cuts in state aid and falling property values that have reduced tax revenue.

"Almost every community in Michigan is facing the same problem," Commissioner Ron Loiselle said before Monday's vote. "We're actually getting

less dollars every year."

The city's general-fund budget this year is nearly \$7.15 million, about \$400,000 less than last year. A budget deficit of \$365,000 is forecast for the 2011-12 fiscal year, which begins next July; by 2014-15, it's predicted that will grow to \$700,000.

**CITY DOWNSIZING**

City government has been undergoing a downsizing for years. Plymouth currently has the equivalent of 57 full-time employees, down from 73 eight years ago.

Mayor Dan Dwyer said officials

haven't decided how firefighting and emergency medical service will be provided once the current agreement is terminated at the end of next year. But, he said, the city and township have been having productive discussions. The city currently contributes about \$1 million a year to the PCFD, which has a total budget of about \$4.1 million.

"It's going to change," Dwyer said after Monday's meeting. "I don't know how it's going to change, but it has to change."

Please see **FIRE PACT, A4**



Helen Zorn blows out the candles on the cake marking her 100th birthday. Zorn celebrated with family at Heartland of Canton.

**Family helps woman celebrate 100th birthday**

BY BRAD KADRICH  
OBSERVER STAFF WRITER



Helen Zorn at age 18.

Helen Zorn has learned one thing during her lifetime: Time flies.

And Zorn should know, since she's seen so much of it fly by. Zorn celebrated her 100th birthday last week with a party attended by some 50 family members at Heartland of Canton.

"I cannot believe where 100 years have gone!" she told her family at her party. "It is not as long as you may think."

She was born Helen Glabicki Oct. 10, 1910, in Philadelphia, and later moved to Detroit in early childhood. She worked at the main

Sander's store on Woodward in downtown Detroit for four years, then married the love of her life, Homer Zorn. They were wed in 1930 and were married for 63 years until he passed away in 1993.

The couple had three children. Daughter Sharon Tonak and her husband, Ralph, have lived in Canton for 37 years. Son Richard (Carolyn) Zorn lives in Flushing, while daughter Shirley Knudsen and her husband, Ronald, live in Riverview. Helen Zorn has 14 grandchildren, 26 great-grandchildren and 15 great-great-grandchildren.

All that family has watched Helen Zorn

Please see **BIRTHDAY, A5**

**Jury convicts mother of baby's murder**

BY MATT JACHMAN  
OBSERVER STAFF WRITER

A Plymouth Township woman was found guilty of second-degree murder Wednesday, nearly two years after her newborn daughter was found wrapped in a towel inside a tied garbage bag in the woman's bedroom.



A jury Wednesday convicted 30-year-old Emily Portellos of second-degree murder in the death of her infant daughter.

Emily Portellos, 30, was also convicted of first-degree child abuse. A jury returned the verdict Wednesday morning in Judge Dan Ryan's courtroom in Wayne County Circuit Court after deliberating over four days.

Portellos, who has been jailed since her arrest in November 2008, is scheduled to be sentenced by Ryan on Wednesday, Oct. 27. She faces a sentence of up to life in prison on the second-degree murder conviction.

Lora Weingarden, the assistant Wayne County prosecutor in charge of the case, was pleased with the verdict.

"I feel like justice was done for the baby," Weingarden said. "Obviously, we can't bring the baby back, but justice was done for the murderer."

Portellos had been charged with

Please see **MURDER, A5**

**Jobs, taxes top issues at Senate forum**

BY DARRELL CLEM  
OBSERVER STAFF WRITER

Jobs, taxes and efforts to reverse Michigan's economic decline emerged as dominant issues as four candidates competing for the 7th District state Senate seat squared off for an hour Monday night during a sometimes-heated forum inside Canton's Village Theater at Cherry Hill.

Amid sporadic applause and groans from a crowd estimated by theater employees at

**House hopefuls square off, too, A3**

125 people, candidates occasionally steered away from audience-submitted questions to attack an opponent or lob criticism toward a political party.

The forum, sponsored by the League of Women Voters of Northwest Wayne County, came just 29 days before voters Nov. 2 will choose the successor to term-limited state Sen. Bruce Patterson, R-Canton, whose sprawl-

ing district includes Canton, Plymouth, Northville and Downriver communities.

Senate hopefuls seeking a four-year term include Republican Patrick Colbeck; Democrat Kathleen Law, a former state representative who missed Monday's forum; two independent candidates, former state Rep. John Stewart and business manager Michael Kheibari; and Libertarian Marlin Brandys, a

Please see **SENATE, A3**

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"Around Plymouth" is designed to announce upcoming events taking place in the community. Items will run on a space-available basis. Send details to bkadrich@hometownlife.com

**Council on Aging**

• Flu shots will be offered for seniors 55 and older on Friday, Oct. 8, at the Plymouth Cultural Center, 525 Farmer, in Plymouth. Appointment times are still available from 9:15 a.m. to noon.

Call the Plymouth Council on Aging Office at (734) 453-1234, Ext. 236. Hap, Care Choices, Medicare, Priority Health, Blue Cross Network and BC Advantage accepted. The cost of all others will be \$25. Shots will be given by The Visiting Nurse Association.

• The Plymouth Council on Aging will hold a presentation, "How to Look, Act & Feel 20 Years Younger," on Wednesday, Oct. 13, at the Plymouth Cultural Center from 10-11 a.m.

The presentation will be given by Dr. Hicks from Canton Center Chiropractic Clinic.

Call the PCCA office at (734) 453-1234, Ext. 236 and sign up.

• On Wednesday, Oct. 20, at 10 a.m., at the Plymouth Cultural Center, the Council on Aging will host Wynwood Senior Living who will have a presentation on "Managing

Diabetes." There will be light refreshments and coffee served.

Call the PCCA office at (734) 453-1234, Ext. 236 to sign up.

**Hats for homeless**

The Plymouth Community United Way is preparing to kick-off a new clothing collection drive, "Hats for the Homeless," for the fall of 2010.

During the months of October and November, community residents can donate any new hats, gloves, mittens and scarves for all genders and sizes.

All donations can be dropped off to the Plymouth Community United Way located at 960 W. Ann Arbor Trail, Suite 2 in Plymouth or arrangements can be made for items to be picked up.

For additional information, e-mail Krista Strobel at kstrobel@ameritech.net or call (734) 453-6879.

**Democratic rally**

There will be a six club rally sponsored by the Community Democratic Club and similar clubs in Northville, Plymouth, Livonia, Westland and West Oakland Oct. 11 from 6-9 p.m. at Schoolcraft College's Vis Ta Tech Center. This gathering is free and open to the public.

Invited candidates include candidate for Lieutenant Governor, Southfield Mayor Brenda Lawrence; David Leyton, Genesee County Prosecutor, Candidate for Attorney General; Wayne County Executive Robert Ficano; Wayne County Sheriff



**Wish you were here!**

Gary and Pat Paja of Plymouth took this picture with their Plymouth Observer on a beach in Kauai, Hawaii, last month. They were celebrating their 30th wedding anniversary by cruising the Hawaiian Islands.

Benny Napoleon; State Senator Glenn Anderson, and Congressman John Conyers. For more information contact Jim Amar at (734) 776 1763

**Chili volunteers**

The 15th annual Great Lakes Regional Chili Cook off is scheduled for Sunday, Oct. 10. This annual event draws thousands of spectators in downtown Plymouth.

Organizers are scheduling volunteers for 3- to 4-hour shifts throughout the day. To register to volunteer, phone the Habitat for Humanity office at (734) 459-7744, or e-mail GLRChiliCookoff2010@yahoo.com. Volunteers will

receive an e-mail response confirming their spot as a volunteer. In exchange, volunteers will receive lunch and a T-shirt.

**Wrestling boosters**

The Salem Wrestling Boosters are sponsoring a Euchre Tournament Saturday, Nov. 6, 2010 at The Elks Club in Plymouth, located at 41700 Ann Arbor Road.

Players must be 21 years of age to participate. The player/registration fee is \$25 and includes cash prizes, 50/50 drawing, raffles and complimentary food along with a cash bar. The top (3) individuals will share 30 percent of the total entry fees. Limited space

is available.

Contact Rich Rohn at rrohn@tmgwest.com or visit the Salem Wrestling web site at "wrestling.salemrocks.com" for more information.

**Bug hunt**

Friends of the Rouge will hold their annual Fall Bug Hunt 9 a.m. to 4 p.m. Saturday, Oct. 16, at Schoolcraft College, located at 18600 Haggerty Road in Livonia.

The Fall Bug Hunt is an excellent way to help assess the health of the Rouge River by joining a team of volunteers to search for critters in the streambed. Twice a year, teams of volunteers visit sites throughout the headwaters of the watershed and search for mayflies, stoneflies and other aquatic invertebrates. The presence or absence of these streambed creatures reflects the quality of the water and habitat.

To register or for more information, please call (313) 792-9621 or e-mail monitoring@therouge.org.

**Hazardous waste**

The Wayne County Department of Environment's Land Resource Management Division will be holding a Household Hazardous Waste Collection 8 a.m. to 2 p.m. Saturday, Oct. 23, at the Downriver Community Conference Center, 15100 Northline Road in Southgate. This free event is open to Wayne County residents only and is an excellent opportunity to make your home and environment safe by properly disposing of waste that is considered toxic, flammable or corrosive.

Only household generated products from Wayne County

residents will be accepted. Items that will not be accepted include; commercial waste, industrial waste, radioactive materials, explosives, ammunition, shock sensitive materials, household trash, 55-gallon drums, refrigerators, microwaves or other appliances, tires, yard waste and concrete.

For more information on the October 23 collection or to obtain a complete list of what will and will not be accepted, call (734) 326-3936 or visit www.waynecounty.com.

**Garden club meets**

The Plymouth Garden Club will be meeting Oct. 11 at 12:30 PM in the Plymouth Library. The library is located at 223 S. Main Street. The club will hold a business meeting with focus on the annual greens sale.

Light refreshments will be served. Public is welcome.

For more information please visit the club's website at sites.google.com/site/plymouthgardclub.

**Seeking vets**

The American Legion Beasley-Zalesny Post 112, located at 344 Elizabeth St. in downtown Plymouth at the corner of Ann Arbor Trail, is seeking veterans from all wars.

The post meets 7 p.m., the third Monday of each month, September through June. The active post, along with its Womens Auxiliary, works a number of programs both in Plymouth and at the VA Hospital in Ann Arbor. The post's efforts are geared toward doing all they can to take care of needy veterans.

For more information please call Joe Burman at (734) 459-7324.

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Phone: **734-207-7930** E-mail: **panw@hlcmail.com**

All interested parents are invited to attend. Admission is \$10 per person/family. All proceeds will go to the Liberty Kids charity. Liberty Kids is a Michigan non-profit charity aimed at helping children with Autism and other related challenges and disorders in making their needed therapy more affordable.

**Space is limited, so please call ahead to reserve your seat(s).**

**Detail of Workshop:**  
Understanding the Individual Education Plan (IEP) process can be difficult and intimidating for both parents and education professionals. But all agree that the IEP is a critical element in the special needs student's success story.

Staci Bockmann offers insight to help parents navigate the unknown world presented at the IEP meeting. She also offers tactics that encourage Educators and parents to become true partners with a common goal.

Presentation:

- How to prepare for the IEP meeting
- Strategies to consider during the IEP meeting
- What's next? Steps to take after the IEP meeting

Staci Bockmann is the mother of Blake, who is 12 years old, mainstreamed in school and on the Autism Spectrum. Staci is also a Parenting Coach, and Advocate for IEP's. Additionally, Staci and her husband Steve created www.MyGreatKid.com, a web site to provide resources for parents of children with Autism. Staci can also be heard every Sunday morning (8-9 AM) Live on WAAM Talk Radio 1600, The MyGreatKid Show, a radio show that talks about real life family issues.

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# State House hopefuls face off in candidate forum

BY DARRELL CLEM  
OBSERVER STAFF WRITER

Michigan's ailing economy, Tea Party politics, abortion and partisan bickering surfaced as four state House candidates made their pitch to voters Monday night during a forum at Canton's Village Theater at Cherry Hill.

Theater employees estimated a crowd of 125 people watched as 21st District Democratic incumbent Dian Slavens faced Republican challenger Lori Levi — and as 20th District GOP nominee Kurt Heise and Democrat Joan Wadsworth squared off — during a one-hour forum.

With the Nov. 2 election less than a month away, candidates responded to audience-submitted questions during a House candidates forum sponsored by the League of Women Voters of Northwest Wayne County.

Slavens is trying to fend off a strong challenge from Levi, while Heise and Wadsworth compete to replace departing state Rep. Marc Corriveau, D-Northville. The winners will earn two-year terms.

The 21st District includes most of Canton, Belleville and Van Buren Township, while the 20th District includes Plymouth, part of Northville, Northville and Plymouth townships, part of eastern Canton and the city of Wayne.

Levi, a small business owner and Canton resident, called for diversifying Michigan's economy by creating a business friendly climate, dismantling government roadblocks, creating a stable yet reduced tax structure and halting efforts to choose certain industries over others.

"What we need most are jobs," she said.

Slavens, a Canton resident, called for an end to partisan bickering and a willingness to reach a consensus to move Michigan forward. She touted her efforts to create jobs by getting an advanced battery bill passed, saying Michigan can now become the nation's "electric car capital."

Wadsworth, like Slavens, cited a so-called aerropolis as a way to use certain tax incentives to lure new business and industry to a swath of land roughly between Detroit Metro and Willow



Heise



Levi



Wadsworth



Slavens

Run airports. Wadsworth, a Northville resident and long-time school board member, also challenged universities to translate their research efforts into new jobs.

Heise, a Plymouth Township attorney and small businessman, said Michigan needs to boost efforts to export agriculture, "green" technology and products it manufactures, but he said Democrats have "shut out" the world.

Heise cited high unemployment and said Democrats have led the state on the wrong path for eight years. "I'm fed up."

Levi told the audience she is campaigning "to be a voice of common sense," and she called for efforts such as eliminating the Michigan Business Tax, slashing wasteful government spending, prioritizing services and returning control to local communities.

Slavens cited her 100 percent voting record and her efforts to set the bar for trimming expenses by slashing lawmaker's pay by 10 percent and seeking to eliminate lifetime health care for legislators.

"There is no question that Lansing is broken," Slavens said, "and I'm committed to fixing it."

Wadsworth said she supports reducing the Michigan Business Tax, streamlining regulations, cutting wasteful spending, investing in education and seeking a way to allow local school districts to ask voters for a tax increase for schools. As a state legislator, she said she could weigh the interests of residents without bowing to partisan bickering.

"I know what it's like to sit in the hot seat and balance the

interests of different constituencies," she said.

Heise spoke against new taxes or fees, which he said would only strangle job creation, and he called for scrapping the Michigan Business Tax and other impediments to business.

"We are driving away the job providers from other states and around the world," he said.

Responding to other questions:

• Slavens and Wadsworth described themselves as pro-choice, while Levi and Heise said they are pro-life. Levi also said she supports "traditional marriage."

• Questioned about the Tea Party movement, Slavens and Wadsworth both indicated they largely oppose it. Many Democrats have labeled the Tea Party as divisive.

Levi and Heise said they support lower taxes, a less-bloated state government, conservative spending and free enterprise — goals cited by many Tea Party activists.

"If that's what the Tea Party stands for," Heise said, "so do I."

• Slavens and Wadsworth said they favor stem cell

research, with Slavens saying it holds promise for curing diseases such as cystic fibrosis and diabetes.

Heise and Levi said they oppose embryonic stem cell research but accept it for adult research.

• Levi and Heise said they vehemently oppose what they called a federal takeover of health care. Levi said Michigan should review what Indiana has done to broaden health coverage and reduce costs, while Heise said he supports pooling coverage among employers and prohibiting trial lawyers from driving up costs.

Wadsworth said ways to provide health care as efficiently as possible should be sought, and she said programs aimed at helping low-income residents make a "big difference" in quality of life.

Slavens, a respiratory therapist by trade, said preventative medicine is needed for everyone, but she said she has fought to curb costs for legislators who have better coverage than the constituents they represent.

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## SENATE

FROM PAGE A1

military retiree and businessman.

Colbeck, who announced his candidacy in April during a Tea Party rally, called himself a "big advocate" of making Michigan a right-to-work state where union-shop employees could choose to opt out.

"Our No. 1 issue is getting jobs back into the state," Colbeck, a Canton resident, said.

Colbeck, dedicated to free enterprise and smaller government, said efforts such as eliminating the Michigan Business Tax will lead to job growth, and he said pay levels will increase on their own as worker demand spikes.

Stewart called for efforts to revamp Michigan's tax structure and repeal the personal property tax on businesses, and he labeled himself a moderate who believes organizations such as the United Auto Workers have worked hard to protect Michigan jobs.

"I'm here to talk about putting Michigan workers first," said Stewart, a Plymouth Township resident.

Brandys called for budget cuts and making government more efficient, saying he would "definitely not raise taxes during a recession when times are tough." He said the state corrections budget could be slashed, and he suggested outsourcing violent inmates to prisons in Peru that are tough on criminals.

Brandys, a Plymouth resident, said he supports elimi-



Stewart



Colbeck



Brandys



Kheibari

nating the Michigan Business Tax, property taxes and income taxes while increasing the sales tax to 9 percent. He said the size of state government should be reduced.

Like Colbeck, Brandys said Michigan should become a right-to-work state. In a stance that set him apart from other candidates, Brandys said states could dramatically increase revenues by decriminalizing marijuana and taxing it.

Kheibari, a Northville

resident, said he would save Michigan \$1 billion a year by slashing the corrections budget, which he said is three times the national average. He also suggested waiving certain taxes for businesses that create new jobs.

Kheibari said more money is needed for education and said efforts are needed to reverse a trend in which huge numbers of young people leave Michigan for better opportunities elsewhere.

Stewart cited his six-year stint as a former state repre-

sentative and said he worked to balance budgets in his role as an appropriations committee member. He said state leaders should explore early release for non-violent prisoners to trim soaring prison costs.

Colbeck called for restoring limited government and said "government control has never worked," regardless of the political party in power. Moreover, he said he supports personal liberty and personal accountability, and "we need to elect leaders that respect these principles."

Rather than legislating in a vacuum, Kheibari said he would take time if elected to talk with teachers, firefighters and other employees to get their ideas on making government work better.

Brandys vowed to stand up for Libertarian values and "be

transparent and accountable." He took aim at Republicans and Democrats, saying both political parties have fallen short on actions best for their constituents.

Stewart criticized Colbeck's voting record, saying Colbeck has failed to vote in numerous elections. Stewart, in an apparent swipe at the Tea Party, also called "despicable" the political rallies, such as one in Plymouth's Kellogg Park, in which people carried signs offensive toward President Barack Obama.

After the forum had ended, Colbeck said he has voted in most general elections, though he conceded missing some primaries and school elections. Moreover, he said Stewart, as a former state legislator, had missed votes on certain issues.

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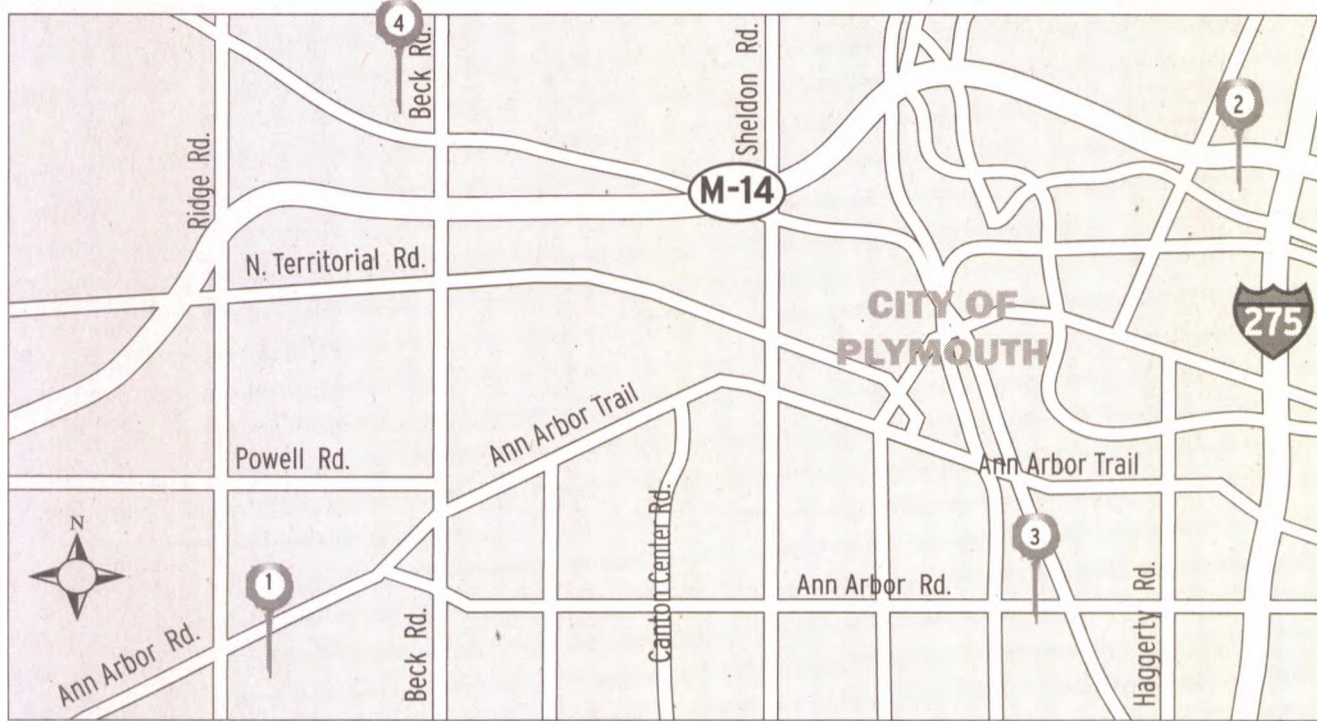
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## CRIME WATCH



### Pumpkin-thrower vandalizes Audi

Someone threw a pumpkin that tore off the driver-side mirror on an Audi A-4 that was parked outside a house on Quail Run Drive in Plymouth Township early Friday.

The vandalism occurred just after midnight, the complainant, who had heard a noise outside, told police. The Audi had been parked in the street, where police found the remains of a pumpkin, according to a Plymouth Township Police Department report.

### Cars, boat vandalized

Windows were recently broken out from three cars and a boat parked on Minehart Drive, in the northeast corner of the township, according to a police report.

The vandalism occurred between Sept. 24 and Sept. 29, the complainant told police.

### Car attacked

The driver's seat of a car was slashed Sept. 29 as the car sat in a lot on General Drive south of Ann Arbor Road.

The car had been left unlocked, a police report said. Nothing was reported stolen from the car and nothing else was damaged.

### Generator gone

A 45-foot by 3 feet by 32 inches, was reported stolen from outside a business on Galleon Drive last week.

Police said a forklift parked at the scene had apparently been used to lift the generator. The theft occurred between about 2 p.m. on Sept. 25 and just before 9 a.m. on Sept. 27, police said.

— By Matt Jachman

### Fire Runs

The Plymouth Community Fire Department responded to the following runs during the period Sept. 29 through Oct. 5:

- Tuesday, Oct. 5 — Commercial rescue run on Main; vehicle accident at Ann Arbor Road and Sheldon; residential rescue runs on Rucker, on Northville Road, on Pineridge Court and on Sheldon.
- Monday, Oct. 4 — Rescue runs on

Ann Arbor Road, on Plymouth Oaks Boulevard, on Farmbrook and on southbound I-275 over Hines Drive.

- Sunday, Oct. 3 — Rescue runs on Northville Road, on Jener, on southbound I-275 south of M-14, on Cambridge, on Meadowhill, on eastbound M-14 east of Northville Road, on Quail Circle and on Mill.

- Saturday, Oct. 2 — Rescue runs on Main, at Main and Fralick, on Shadywood, on Beck, at Ann Arbor Road and Gold Arbor, on Redbud, on eastbound M-14 at Sheldon and on Six Mile.
- Friday, Oct. 1 — Residential rescue runs on Rucker, on Haggerty, on Mayflower and on Junction; rescue run on Main; rescue run at a public building on Beck; smoke investigation on Sheldon; single-family fire on Hunters Park; mutual-aid-received on Haggerty.

- Thursday, Sept. 30 — Rescue runs on Haggerty, on Main, on Northville Road, on General, on Evergreen, on Brentwood and on Shadywood.
- Wednesday, Sept. 29 — Rescue run on Main; residential rescue run on Sheldon, on Hampton and on Maple; mutual-aid-given run on Six Mile.

## FIRE PACT

FROM PAGE A1

The public safety study, by the International City/County Managers Association, proposed five different models for providing firefighting and paramedic service in Plymouth.

Three options call for cuts in full-time fire department personnel, and a supplementary staff of part-time and on-call firefighters. Annual savings for the city are projected at up to \$580,000.

### PUBLIC SAFETY?

The other two options would have the city cross-train police officers in firefighting and first-response medical care, and they would become public safety officers.

Under one public safety option, savings are estimated at \$500,000 a year, excluding startup and training costs. Under the second, in which three officers would be added to the force (currently at 15), savings are estimated at \$229,000 a year, excluding one-time costs.

A private paramedic service would continue to play a major role in providing emergency medical care in all five scenarios. Currently, the nonprofit Huron Valley Ambulance serves both communities, backing up fire department paramedics and providing a majority of patient transports to hospitals in medical emergencies.

Township Supervisor Richard Reaume said the commission's move was no surprise.

Subcommittees of both the commission and the township Board of Trustees have been meeting to brainstorm for ideas for alternatives to the present system, Reaume said, and have more meetings planned. As of now, he said, they've discussed broad ideas, not specifics.

The township, which laid off three PCFD firefighters earlier this year, is also in a quest for savings.

"We continue to talk with the city of Plymouth" and other neighboring communities, Reaume said. "We can't leave any stone unturned."

### GAMBLING WITH SAFETY

PCFD Lt. Rick Tefend, president of the International Association of Fire Fighters Local 1496, criticized the decision, saying cost-cutting could lead to risky conditions. Firefighters blasted the options in the ICMA study when it was released in August.

"It's unfortunate that they did it," Tefend said of Monday's vote. "I think that gambling with the safety of their citizens to save money is deplorable."

Nevertheless, Tefend said he was "cautiously hopeful" that officials would rely on fire department expertise as they hash out a new plan for providing firefighting and emergency medical services. City officials said Monday that they would seek department advice.

Tefend said he was also optimistic "they can come to an agreement that leaves us running the same type of situation we're in now."

He renewed his call to have the fire department, rather than HVA, provide most patient transports to hospitals during medical emergencies, saying the revenue generated from such runs could solve budget problems.

"The fire-based EMS (emergency medical service) is even better for the citizens," Tefend said.

Township officials, however, have in the past rejected such arguments, saying firefighters are over-estimating the revenue that would be generated by ambulance runs, and that having firefighters traveling to and from hospitals more frequently would leave department staffing gaps that would ultimately cost money to fill.

Tefend said firefighters are willing to take on an expanded transport role with no additional personnel.

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# Time Banking plan eyed to combat slump

BY DARRELL CLEM  
OBSERVER STAFF WRITER

Plymouth-Canton Citizens for Diversity and Inclusion has initiated an effort to combat an economic slump by pooling resources of disabled people, local businesses, at-risk youth, retirees, food pantries, religious leaders and others willing to give help to get it.

Perhaps a single mother might offer a disabled woman a ride to the doctor's office and, in return, get a broken sink repaired by a licensed plumber.

Maybe a struggling student might get after-school help with math from a laid-off banker who needs help sprucing up a job resume.

PCCDI has announced plans to bring Time Banking — a social change movement found in 22 countries on six continents — to western Wayne County,

## BANKING PLAN

The Plymouth-Canton Citizens for Diversity and Inclusion have scheduled four informational meetings where people can sign up, ask questions or learn how they can help its planned Time Banking program:

- Pioneer Middle School:** 7-9 p.m. Wednesday, Oct. 13, 46081 Ann Arbor Road, Plymouth.
  - Big Boy Restaurant:** 9-11:30 a.m. Saturday, Oct. 30, at 45250 Ford Road, Canton.
  - Karma Coffee Shop:** 6:30-8 p.m. Monday, Nov. 1, 3015 S. Wayne Road, Wayne.
  - Panera Bread:** 9:30-11:30 a.m. Wednesday, Nov. 3, 400 S. Main, Plymouth.
- Potential members also may send an e-mail to PCCDI at pplycand@gmail.com.

starting in Plymouth and Canton.

It's a way people can share their talents with others and get favors or services they need. It's also an effort that Anne Marie Graham-Hudak, who chairs PCCDI's strategic planning board, said can dismantle barriers and lead to better understanding among residents regardless of culture, religion, age, race and other differences that, at times, can divide rather than unite.

"We hope to get it kicked off in January," Graham-Hudak said. "We hope to build friendships and get people to start working with each other."

Organizers say the goal is to build an inclusive community of residents who help each other, especially during a tough economy that has left an increasing number of people in need for help they can't afford.

"Time Banking is a simple idea that

has powerful ripple effects in building community connections," said Kim Hodge, director of the Michigan Alliance of Time Banks. "The tool speaks very well to these economically challenged times we're in and is an exchange system that is similar to 'pay it forward.' There are so many people who are unemployed or hurting and who need to do something to feel valued and meet people in their community. We really need to rely on each other more right now."

Graham-Hudak said the Web-based program will allow people to go through an application process, sign up and earn a "time dollar" for every hour they spend helping others in need. Then they can cash in their earnings for help with cooking, cleaning, piano lessons, house painting and other tasks.

Already, PCCDI has been awarded a grant of more than \$10,000 from

the Michigan Disability Rights Coalition to defray costs for disabled residents, Graham-Hudak said. Other participants are asked to pay \$25 a year for an individual or \$45 for a family — a cost that, while needed to pay a coordinator, amounts to much less than out-of-pocket expenses for labor and tasks.

Graham-Hudak said PCCDI plans to collaborate with the Michigan Disability Rights Coalition, Michigan Alliance of Time Banks, a University of Michigan social worker graduate class and the Starkweather Education Center — an alternative and adult education facility — for the project.

Local organizers say Lathrup Village already has a Time Bank program that won the 2009 Michigan Municipal League Community Excellence Award.

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## BIRTHDAY

FROM PAGE A1

live a relatively healthy life, which has allowed her, according to her family, to continue to live independently — until recently. Zorn underwent surgery after suffering a blood clot in her leg in February 2008, but returned to living independently at Plymouth's Independence Village.

However, she fell and broke a hip in August and has been staying temporarily at Heartland Canton.

That's where everyone gathered for her 100th birthday party. Helen, who family members agree devoted her life to her children and grandchildren and to the "love of her life," as granddaughter Linda Brehmer put it, said it herself at the party.

"What I have realized all these years is that the most important things in life are the good times and love you share with your friends and family," Zorn said.

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Tell us your story in 150 words or less (attach photos in a jpg format as large as possible and be sure to identify everyone in the photo).

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each month.

## MURDER

FROM PAGE A1

first-degree murder, which carries a mandatory sentence of life in prison without parole.

The former child-care worker gave birth in her bedroom at her mother's house Oct. 15, 2008, and was taken to St. Mary Mercy Hospital later that day because of severe blood loss.

When doctors determined she had given birth, police began an investigation that located the baby girl. Police and the prosecution said Portellos, while in the hospital, confessed to smothering the infant and told police where to find the girl. An autopsy report found the baby had been smothered.

Weingarden argued

Portellos killed the girl in order to avoid the social stigma, in her conservative Greek Orthodox community, of being an unwed mother.

The defense, however, challenged the confession, criticizing police for not documenting it and suggesting Portellos, having just undergone a difficult birth and emergency surgery, was not in a position to rationally make such a statement. The defense suggested the baby was the victim of a difficult breech delivery and blood loss from an umbilical cord that was cut without being clamped.

Defense attorneys Gerald Evelyn and Juan Mateo did not respond Wednesday to a request for comment. Weingarden said she expects the defense to appeal.

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PHOTOS BY THOMAS BEAUDOIN

Lisha Gupt of Northville and Archana Menawat of Canton sing India songs.

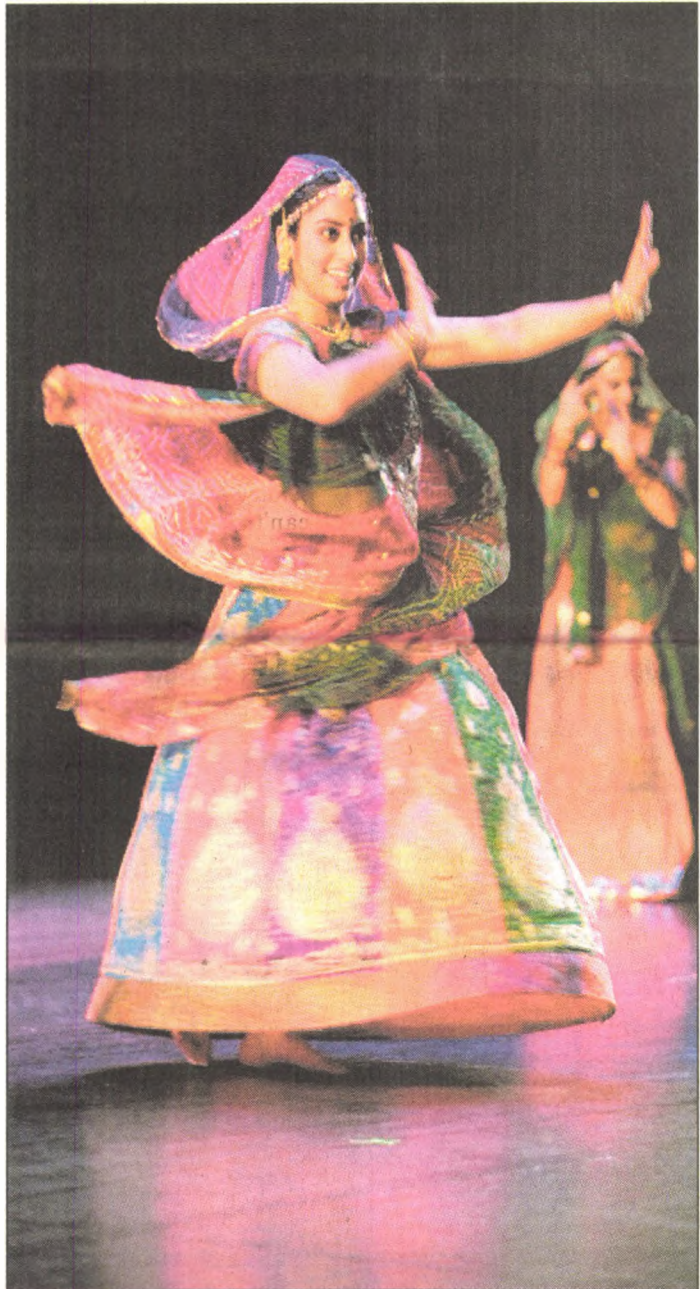
# A time for celebration

It was a time of celebration Saturday as hundreds gathered at the Village Theater at Cherry Hill in Canton to celebrate Diwali, the Festival of Lights, and the anniversary of Mahatma Gandhi's birth.

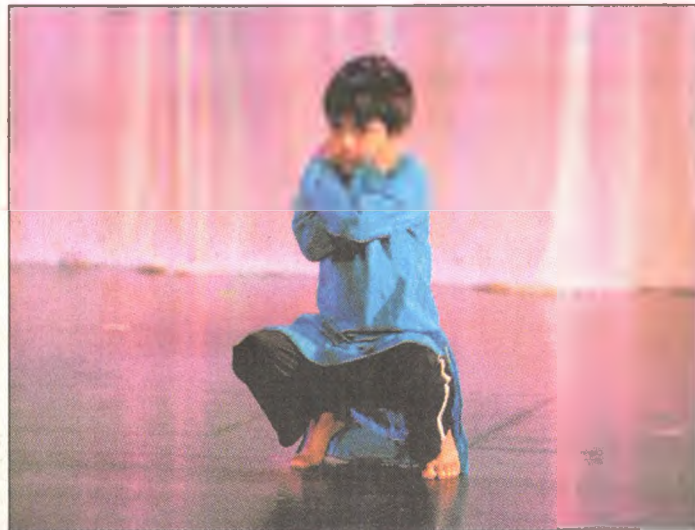
Canton Supervisor Phil Lajoy kicked off the event with a welcome and introduction, and the program included songs, skits, dances, displays and speakers.

Diwali is a Hindu festival celebrated over five days, with the third day regarded as the most important celebration day. Lighting candles during the Festival of Lights is meant to illuminate the darkness of the New Year's moon and strengthen close friendships and personal knowledge.

The program also honored the life and legacy of Mahatma Gandhi by celebrating the values that he lived every day.



Radhika Menawat of Canton performs as part of the Family Folklores Dance.



Ashu Acharya of Canton doing a Yoga demonstration.



Anchit and Radhika Menawat from Canton sing the U.S. National Anthem.



The crowd got in on the Festival of Lights action by taking part in some yoga.



Viji Sunil of Farmington Hills and Bindu of Ann Arbor perform the State of Kerala, India Folklores Dance.



Vivek Iyer plays the Tabla and Nandint Rawal plays the Sitar during Saturday's celebration. Both are from Canton.

# Cold drizzle couldn't dampen musical marching extravaganza

BY DIANE HANSON  
CORRESPONDENT

With steaming mugs of coffee and cocoa and piping hot kielbasa, some 4,000 musical marching fans from across the state and even from Illinois huddled onto the varsity home bleachers of the Plymouth-Canton Educational Park on Saturday to cheer on 11 top high school marching bands at the annual Great Lakes Invitational.

"This is one of the biggest fund-raisers for the band," Plymouth-Canton Music Booster president John Noss said. "But it's more than money for us. It's a community time. It's a time to demonstrate and show off our sport, to invite the community in to see all these young and passionate kids that are playing music. It's our time to show off our band and other bands to the community."

And show off they did, with colorful costumes, flags and uniforms, masterful music, marching and choreography, not to mention intriguing show compositions.

The evening's competition started off with the Plymouth Fife & Drum Corp leading local seventh- and eighth-grade musicians onto the home gridiron for the playing of the national anthem.

This year's competition lineup included the Lincoln-Way North Marching Band from Rockford, Ill., that captured second place in Flight I (flights are determined by school enrollment, not band size, with the largest schools in Flight I).

The Plymouth-Canton Marching Band performed its 2010 show, "The Source," in exhibition as host of the event. It was the first time the 215-member band performed before an audience this year and it wowed



PHOTOS BY DIANE HANSON

Chris Leach (left), Sarah Kadish, Jamie Aneshansal and Jake Noss are among the percussionists creating an outstanding effect during the Plymouth-Canton Marching Band's performance of 'The Source' Saturday at the Great Lakes Invitational.



Kaitlyn Tracy, senior drum major, directs the Plymouth-Canton Marching Band from the high scaffolding Saturday at the Great Lakes Invitational on the P-CEP varsity field. Junior drum majors Michael Wolf and Grace Wine assist from lower scaffolding on either side of Tracy.

the hometown crowd that cheered its appreciation. "It's great to be out here



Percussionists Thomas Berry and Hailey Heath concentrate on their musical performance.

performing in front of our home crowd and it was a really good first show," said a pleased Kaitlyn Tracy, senior drum major. "The weather worked against us today, but we did the best we could and it was great to come out and show everyone what it is to be Plymouth."

The inclement weather prevented some of the props from making it onto the field and the choir from singing, but all that and more should be in place by Saturday's Bands of America Regional competition at the Pontiac Silverdome.

Freshman tuba player



Percussionist Chris Moore's mallets fly over the keys of the marimba.

Madelyn Momano is looking forward to next week and was relieved to have completed her first performance.

"I was really nervous to begin with," she said, "but it got a lot better. All the long practices were definitely worth it."

Award presenters at GLI included Dr. Craig Fiegel, superintendent of the Plymouth-Canton Public Schools, Plymouth High School Associate Principal Erin MacGregor and Board of Education Trustee John Jackson. Area awards went to Livonia Franklin, sixth; Lakeland, fourth; and Walled Lake Central, first, all in Flight I. Central also marched off with the Lundy Memorial Trophy for the

highest score, 77.46, in the competition.

Some 150 volunteers including band parents, alumni and friends kept Saturday's show running smoothly, Noss noted. For him, the best part of his job as booster parent and president is "the interaction with these kids who work so hard and are so passionate about their craft."

"You can see bad press all day long," he said. "If you want to see the good — this is good. A lot of these kids go on to music careers. And even if they don't, they pick up time management, they pick up work ethic and much more. And they have a passion for what they do. You can't work this hard and not have a passion for it."



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# Don't be spooked by flash crash into rash decisions

Last May we experienced a flash crash, when in less than a 15-minute period the Dow Jones Industrial Average dropped nearly 1,000 points. Within a short time, the market bounced back and what could have been a catastrophe turned out to be a bad day.

The day of the flash crash — and for a time afterward — there was speculation as to what caused the crash. There were people who speculated it was an error in entering an order to something more sinister, suggesting that someone was trying to manipulate the market.

The variety of speculation on Wall Street and in the media resulted in fear on behalf of investors. In fact, many investors, fearful that we were about to enter another period of extreme volatility, decided to liquidate their portfolios. The good news is the report showed there was nothing sinister about the flash crash nor was there any attempt to



**Money Matters**  
Rick Bloom

manipulate the market. Rather, it was a series of events that all came together in the proverbial perfect storm.

According to the report, the epicenter of the crash was a trade done by a mutual fund company.

According to the report, the mutual fund company, believing that the market was set for a downturn, employed an aggressive selling strategy. Although, the strategy itself is not that unusual, what was unusual is the timeframe used to employ the strategy. As opposed to spreading out the transaction over a period of time which is normal, the company employed the strategy over a very short period of time. This event triggered other transactions and suddenly the Dow was down

nearly 1,000 points. After certain market controls were triggered, the markets were able to stabilize and it turned out to be just a bad day.

This is not the last of the flash crash. Most likely there will be congressional hearings, new regulations and, of course, a fair number of conspiracy theories. As investors, we should focus on what we can learn from this event.

The obvious is that speculation doesn't do anyone any good. Immediately after the flash crash, the talking heads were on TV with all sorts of theories. Although it was entertaining, it was pure speculation. Crazy things happen in the market over short periods of time and investors need to recognize that. As difficult as it may be, investors must be disciplined. It's been shown that investors who act out of fear or greed inevitably end up making the wrong decision. When market volatility occurs, it almost always pays to take a step back and let things settle

down.

Another lesson is that we ought to discount the people who claim that upon any irregularity there is some sort of sinister conspiracy. People who claim the markets are fixed and controlled behind the scenes generally have no clue what they are talking about.

As investors, it behooves us to avoid any information coming from people who lack credibility. It's tough enough being an investor without having to deal with people who have no clue. Of course, that doesn't mean that you should turn a blind eye to the gyrations of the market. However, make sure that before you radically change your portfolio, you're not relying upon speculation and hearsay. Rely on the facts. Good luck.

**Rick Bloom** is a fee-only financial adviser. Observer & Eccentric readers can submit questions at [moneymatters@hometownlife.com](mailto:moneymatters@hometownlife.com). For more information, visit Rick's Web site at [www.bloomassetmanagement.com](http://www.bloomassetmanagement.com).

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# Share your Halloween photograph and win

Share a photo of your favorite Halloween decoration (your home, your pumpkin, your costume, other) with readers at hometownlife.com (see the Reader Submitted Photo Gallery on the homepage) and you could win a prize!

Post your photo, then we will ask hometownlife.com visitors to vote. The top three vote-getters will win a prize. First prize is two tickets (in a suite) to the Nov. 29 Carrie Underwood "Play On Tour" concert at the Palace with special guests Sons of Sylvia and Billy Currington.

Second prize is two tickets to Rock of Ages, Nov. 9, at the Fisher Theatre featuring Constantine Maroulis - the American Idol finalist who was nominated for a Tony Award for his starring role in the Broadway production.

Third prize is four movie passes to Emagine Theaters in Canton or Novi or the Palladium/Birmingham Theater in downtown Birmingham.

Readers can view the Halloween gallery and recommend your photo. Be sure to include a first and last name



Share your scary, spooky or kooky Halloween photos with us and win prizes. Those who share photos that receive the most "recommend" votes as of midnight, Oct. 31 win prizes and will be published in the *Plymouth Observer* and the *Canton Observer*.

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# Craft time: Annual show provides fun for the family

BY LINDA ANN CHOMIN  
CORRESPONDENT

Looking for a snowman to decorate your home this holiday season? Or a witch to haunt Trick-or-Treaters this Halloween?

The Delta Kappa Gamma Craft Show offers seasonal items as well as American Girl doll clothes, dog accessories like Snuggle Sack sleeping bags, metal wall sculpture, candles, and jewelry Saturday, Oct. 16, at West Middle School in Plymouth.

Doris Brailean of Livonia and Geraldine Perkovich of Canton delight little girls with the outfits they sew for American Girl dolls. Plymouth's Ellen Schroeder makes tutus, scarves and pillowcases. Diane Dunne of South Lyon, returns with her children's books. She's authored a new release *Harp Mouse Adventures - Book II*.

The daughter-mother team of Beverley Reading and Irene Lock create everything from soft sculpture wall hangings to crocheted items in their Westland home. Beverley has made snowmen, witches, turkeys, and Santas for the last 25 to 30 years. Irene's been crocheting all her life and brings pillows, towels, dishcloths, and baby blankets.

"My mother's 101 and does beautiful work," said Beverly Reading. "Her work would put anybody else's to shame. She grew up with a crochet hook in her hand, crochets every day. We have done this together all of the time. It's our hobby."

Sarah and Glen Waldman started getting crafty about three years ago when she was diagnosed with lung cancer and he retired. Today, the Garden City couple enjoys every minute of every day by living life to the fullest. Sarah recently completed a 5K walk at St. Mary Mercy Hospital. She helps raise funds for lung cancer Oct. 30 at the LUNGevity walk at Drake Sports Park in West Bloomfield.

Sarah knits and crochets shawls, baby outfits, and toys for children. The items are mostly one-of-a-kind as she bores easily "making things over and over again." She's probably best known for her Christmas gnome, a 1 1/2 foot tall figure also available in University of Michigan and Michigan State University colors.

Glenn makes soy candles. It's obvious Sarah is quite proud of her husband.

"He does pillar style, jar candles and votives," said Sarah Waldman. "Soy burns cleaner, cooler and is better for the environment. It's a renewable and supports the American farmers and you can wash out the jars with soap and water."



Dog diners, available from Stylin' Doggies of Canton, are all oak wood sealed twice and topped with Formica. They'll be available at the Oct. 16 Delta Kappa Gamma craft show.

## DELTA KAPPA GAMMA SHOW

**What:** Delta Kappa Gamma Craft Show

**When:** 9 a.m. to 4 p.m. Saturday, Oct. 16

**Where:** West Middle School, 44401 W. Ann Arbor Trail, Plymouth

**Why:** The Delta Kappa Gamma Craft Show raises money for scholarships to send graduating seniors to college to become teachers. Admission is \$2.

**Details:** Call (734) 495-9327 or e-mail Judy Stone at jbstone@comcast.net.

Gordie Anderson became interested in making metal sculptures after his welding teacher at Bentley High School encouraged him to apprentice with a Southfield artist in 1979. Anderson's copper and brass wall pieces feature birds, leaves, the tree of life, and state of Michigan and can be seen in the Art is in Market at Laurel Park and Twelve

Oaks malls.

"I've done metal on and off through the years, welded and brazing," said Anderson of Whitmore Lake. "Right now I'm gearing up for the holidays."

Sharon Bida usually shows her jewelry in galleries so she's especially looking forward to the Delta Kappa Gamma show. She brings brooches and bead necklaces and bracelets in a rainbow of colors. Bida recently won the Award of Excellence at Sharing the Gift Within presented by First Presbyterian Church in Northville. She has been a working artist for 25 years.

"It's a chance to get people's response to your work and for prices to be much lower," said Bida of Plymouth.

Machelle Grech's work is for the dogs. Inspired by her two Italian greyhounds, Lance and Maggie, the items evolved when Grech started making sweaters for them 3-years ago. Stylin'

Doggies took off and are thoroughly tested by her furbabies before items are sold to the public.

"I believe all dogs, no matter their size, should have style," said Grech of Canton.

Grech and husband, David bring bandanas, collar covers, Snuggle Sacks, and feeding stations or Dog Diners he crafts from oak with formica tops.

"They love the Snuggle Sacks," said Machelle Grech. "It makes them secure and warm. The collar covers give it a different look and are an inexpensive way to have a different color."

This is the Greches first year in the show. Maggie is sure to be there in spirit. The 5-year old dog died in May from stomach cancer. As always the couple donates part of the profits from sales to the Michigan Humane Society.

"I've been to their shows before," said Machelle Grech. "I know it's a big and popular show and wanted to get into that show."

# Craft show raises funds for scholarships

BY LINDA ANN CHOMIN  
CORRESPONDENT

No one wants to be left behind when it comes to putting on the annual Delta Kappa Gamma craft show.

All 40 members of the Gamma Gamma branch of the international organization are volunteering their time to prepare for the Oct. 16 event at West Middle School in Plymouth.

According to Bev Brooks, it takes hours of work just to organize the nearly 70 crafters who make jewelry, American Girl doll clothes, dog accessories, seasonal soft sculptures, soy candles, and knit and crochet items.

Gamma Gamma members are always looking for ways to support young women pursuing degrees in education. All profits go to scholarships for seniors graduating from Plymouth-Canton Community Schools.

Members of Gamma Gamma have devoted their lives to education and are currently retired or still working in schools.

"It's a massive project with all of the people it takes to pull off," said Bev Brooks, an active member of Gamma Gamma. "We've ordered more signs to go out the Sunday before."

Established in 1929, Delta Kappa Gamma Society

International promotes professional and personal growth of women educators and excellence in education. Women from Plymouth, Canton, Livonia, and Northville are part of the local branch.

Brooks was a speech pathologist who worked in special education then as an administrator for 30 years in Wayne-Westland Schools.

"We're always trying to provide the opportunity for growth," said Brooks of Livonia. "We currently have 5 students we're giving scholarships at college level. We maintain them for five-years, try to mentor them by sending cards and cookies. Some of them work at the craft show."

Visitors to the show have the chance to speak with students and see how their \$2 admission is being spent. The event raises between \$9,000 and \$11,000 annually from booth rental fees, sales at food concessions and drawings. This year's prizes include a handmade Amish quilt, four box seat tickets to a Detroit Tigers game, golf for four on the Golden Fox Course at Fox Hills, and an airplane ride over the Wayne County area.

This is the 26th year for the craft show. Over the years Gamma Gamma has not only provided scholarships but supported organizations such as First Step and the Salvation Army.

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## Division title awaits winner

BY TIM SMITH  
OBSERVER STAFF WRITER

Last Friday, two football games were played at Plymouth-Canton Educational Park — with the home teams each racking up 48 points.

Canton smoked Livonia Churchill, 48-7, on the junior varsity field, clinching an automatic Michigan High School Athletic Association playoff

### PREVIEW

birth with the team's sixth victory of 2010.

Over at the varsity turf field, amid homecoming festivities, Plymouth's Wildcats (5-1) put a 48-0 hurting on Westland John Glenn.

Now comes two campus teams on a KLAAs South Division collision course, as the Chiefs and Wildcats will knock heads at 7 p.m. Friday (also at the varsity turf field).

Please see **PREVIEW, B3**



BILL BRESLER | STAFF PHOTOGRAPHER

Canton quarterback Ben Merbler (No. 3) looks to keep his team's motor running against Plymouth.



PHOTOS BY BILL BRESLER | STAFF PHOTOGRAPHER

Getting their KLAAs South dual meet started Tuesday at Cass Benton Park are the Plymouth and Canton boys cross country teams.

## Rivals each settle for one win

BY TIM SMITH  
OBSERVER STAFF WRITER

Canton and Plymouth got together Tuesday for their annual cross country dual meet at Cass Benton Park and each school left with one victory and one defeat for the day.

The Plymouth boys cross country squad got off to a fast start and featured pack running in a 21-38 win over the Chiefs.

Meanwhile, Canton's girls harrisers grabbed a 25-33 win.

Plymouth standout Joe Porcari, just as he did at Saturday's Legends Invitational, took the top position with a time of 16 minutes, 43 seconds, with teammate Derek Gielarowski's 16:56 good for the No. 2 spot. They maintained a solid edge over Canton's top runners, Mitch Clinton (third, 17:22) and Miles Felton (fourth, 17:45).

"Joe and Derek got out from the start and didn't look back," Wildcats head coach Jon Mikosz said. "To be able to break 17 minutes at Cass without anyone pushing you is pretty impressive."

Plymouth — which Saturday will look to make it a three-peat at the



Maintaining a steady pace Tuesday is Canton's Bianca Kubicki.

Wayne County Invitational — benefited from having a strong grouping of runners to keep the heat on Clinton and Felton.

Those included Brandon Dalton (fifth, 17:31), Jimmy Maciag (sixth, 17:36) and Liam Cardenas (sev-

enth, 17:39). Deadlocked in eighth place with a time of 17:45 each were Plymouth's Justin Heck and Canton's Bradon Conley.

Rounding out the list of finishers were Plymouth's Nick Eiben (10th, 17:48) and Canton's Keegan Sullivan (11th, 18:00), Tom Walkinshaw (12th, 18:15), Jeff Molchan (13th, 18:36) and Zach Cox (14th, 18:37).

"Brandon, Jimmy and Liam ran great as a pack," Mikosz said. "Brandon had a great kick at the end and almost got Miles (Felton) at the line. "Justin Heck is starting to run consistently well and Nick Eiben is right up with him. I am extremely proud of this team and the way they have been stepping it up when I ask them to."

### KUBICKI PACES GIRLS

On the girls side of the campus rivalry matchup, Canton's outstanding Bianca Kubicki was the lone harrier to finish under 20 minutes. Kubicki's first overall time of 19:35 was 29 seconds faster than the second-place runner, Plymouth's Breanna Lax (20:04).

Please see **RIVALS, B2**

## Driven to succeed

### Plymouth 1-2 punch in sync as pals, teammates

BY TIM SMITH  
OBSERVER STAFF WRITER

One could be a majestic tee shot and the other a well-struck drive off the fairway toward the green. Put them together, and it spells another par or birdie — sheer excellence.

Just as complementary are Plymouth varsity golfers Kelsey Murphy and Sarah Thompson, two very skilled players and best buddies who don't take anything for granted — even the low numbers they typically write on their team scorecard.

"Sarah is my best friend and we spend a lot of time together hanging out at the course and at each other's houses," said the 15-year-old Murphy, now a sophomore. "We spend a lot of time practicing together and we push each other to get better."

Concurring was freshman Thompson, also 15 years old

and just as tireless of a worker. "Kelsey and I push each other a lot because we both want each other to do our very best," Thompson said. "And we also want to push each other and our teammates so we can make it to the state tournament as an entire team."

### TIRELESS EFFORT

The Plymouth 1-2 punch also could very well represent a bucket of balls at the driving range — because their continuing success is not by accident.

"They put in a lot of hours beyond what we already practice," Wildcats girls golf coach Chris Moore said. "They're there before we practice, they're there after we practice, they're practicing on the weekends."

"They put in a lot of time and it's paying off this year, obviously."

Murphy is averaging 39 strokes per nine holes and

finishes first virtually everywhere, while Thompson isn't far behind (41). On Tuesday, at the KLAAs Kensington Conference tournament, Murphy (who else?) took medalist honors with an 18-hole total of 74.

Thompson tallied a respectable 88 at Pheasant Run Golf Club in Canton, posting Plymouth's second-best score. The Wildcats finished fourth in the team standings.

On Thursday, both will look to enjoy big days at the Division 1 regional at Tanglewood.

### MORE KUDOS AWAIT

According to Moore, another All-State berth awaits Murphy "and if Sarah's playing well, she will definitely be considered. If she continues (playing) the way she's at now, she'll make the state tournament for sure. She's playing solid, solid golf."

Please see **TEAMMATES, B3**



JOHN KEMSKI

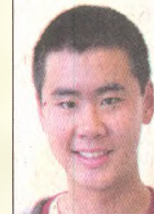
Their smiles say it all. Plymouth golf teammates Sarah Thompson (left) and Kelsey Murphy love being on the course.

## SIDELINES

### He's No. 1

Congratulations go to Plymouth varsity boys tennis player Aaron Zhang.

Thanks to his 6-2, 6-1 win at No. 1 singles over top-seeded Kevin Renehan from South Lyon East, Zhang became the school's first KLAAs Kensington Conference champion.



Zhang

The triumph took place Tuesday in Novi; the tournament was originally scheduled

for Saturday, but was postponed due to rain.

Plymouth head coach Tom Kimball said his team is perhaps headed for a three-way tie for third place with Canton and Salem. Final matches weren't to have taken place until Wednesday, after this issue of the Observer went to press.

### Salem grid fund-raiser

A fund-raiser for the Salem football program takes place Saturday at the Plymouth Elks Lodge No. 1780. Proceeds from Saturday's Michigan-MSU Sibling Rivalry Game Party will go to the football team.

There will be big-screen TVs, food, drinks, cash bar, auction, raffles and door prizes — not to mention a lot of football fun. Tickets are \$12 each, good for food and one drink. Contact Igarardot@gmail.com or football.salem-rocks@gmail.com. The party gets going at 2:30 p.m. with the opening kickoff slated for 3:30 p.m. Only persons age 21 or older can attend.

Plymouth Elks Lodge is located at 41700 Ann Arbor Road E., between Mill Street and Haggerty Road. Checks should be made payable to "Salem Linebackers."

### Canton kickers romp

Phil Baciak, Dan Ovesea and Scott Piwowar each scored two goals Tuesday to spark Canton's varsity boys soccer team to a 9-1 victory over Livonia Franklin.

The Chiefs (13-2-2 overall, 7-1-1 in the KLAAs South) also received single tallies from Garrett Derian-Toth, Shean Krolicki and Bobby Budlong.

Contributing two assists each were Ovesea and Piwowar, with Bryan Ren chipping in with three.

### Salem nabs Ida tourney

The Salem varsity volleyball team won last weekend's Ida Invitational after a 22-25, 25-23, 15-8 triumph over Tecumseh in the finals.

To get to that point, the Rocks defeated Jefferson (25-18, 25-22) and Ann Arbor Pioneer (20-25, 25-7, 15-11) in the quarters and semis and posted a 2-0-1 mark in pool play.

Strong performances were registered by Nicole Merget (61 kills, 36 digs, 13

Please see **SIDELINES, B2**



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# STRICTLY BUSINESS

Thursday, October 7, 2010

hometownlife.com

## HAVE A STORY IDEA?

Contact Editor, Brad Kadrich

Voice Mail: (313) 222-8899

E-mail: bkadrich@hometownlife.com

Comment online at hometownlife.com



Core Sport Pilates Fitness Studio owner Jaime White has expanded to a second space, above Compari's in downtown Plymouth.

## Studio shakes off sluggish economy

After three years of being in business and tripling its client base, Core Sport Pilates Fitness Studio has more than doubled its studio space in downtown Plymouth to enhance course offerings and fulfill increasing demand.

Studio owner Jaime White moved part of the studio's operations to a second space located at 346 S. Main, which is directly above Compari's Restaurant in downtown Plymouth.

To meet demand, White said, the second studio space will offer services at reduced rates and will enable a more diversified service portfolio for Core Sport clients. Private, duet and small group exercise sessions will be offered there while the existing space (located at 829 Penniman) will host larger group workout sessions. Some of the new classes offered will be Pilates mat training, TRX Suspension Training through a full body core conditioning class, restorative classes such as Core and Restore which offers a mix of Pilates, yoga and other restorative movements, a Pilates equipment Tower class and a creative movement class for pre-schoolers.

White has also chosen a green approach for the new space by using earth-friendly options such as energy efficient lighting, 80-percent recycled rubber flooring, 60-percent recycled GreenWorks tile in the bathroom and recycling an existing wood floor. Core Sport is also using water-saving showers, faucets and toilets in its facilities.

### CORE SPORT PILATES

**Business:** Core Sport Pilates Fitness Studio

**Address:** 346 S. Main and 829 Penniman, Plymouth

**Owner:** Jaime White

**Hours:** See the website for class schedules

**Phone | website:** (734) 459-1547 | www.coresportstudio.com

White opened Core Sport Pilates Fitness Studio in October 2007 after training for her Teacher of Teachers certification from the United States Pilates Association. Core Sport is a personalized fitness gym that tailors to its clients' fitness goals. Core Sport utilizes authentic Pilates, contemporary full body training methods and Gratz Pilates Equipment to ensure that clients reach their fitness goals. Other services include functional personal training, half functional/half Pilates training, golf fitness training and therapeutic massages.

White is excited about what the new space will do for her customers. "When you feel better about yourself, it changes your perception of the world around you and that brings change to the community as a whole," White said. "Up to this point, Core Sport has mainly specialized in private and duet training and we have never had the space to offer a more affordable group class. With the expansion, we will now be able to offer the same talented private trainers to teach small affordable group classes."

More information can be found on the studio's website at www.coresportstudio.com.

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More information can be found on the studio's website at www.coresportstudio.com.

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## CHAMBER CHAT

### After hours

Participants have the chance to be a millionaire at the Plymouth Community Chamber of Commerce's After Hours 5-7:30 p.m. Wednesday, Oct. 27 at Monroe Band & Trust, 706 S. Main, in Plymouth.

Each person who arrives prior to 7 p.m. will be given an envelope that could give you the opportunity to win millions of dollars. Ten of those envelopes will contain a lottery ticket and, hopefully, a few winners. Participants can open the envelope if they leave early or open them with everyone else at 7 p.m.

The event will also provide members a great opportunity to network with each other in a relaxed setting. The sponsor, Monroe Bank & Trust, will provide hors d'oeuvres, beer and wine.

Anyone interested in attending can e-mail [teri@plymouthmich.org](mailto:teri@plymouthmich.org) or call (734) 453-1540. There is no fee to attend this event.

### Auction excitement

It's time to go to the movies this year for the Chamber of Commerce's Annual Meeting, Dinner and Gala Auction, set for 6-11 p.m. Friday, Nov. 5, at Laurel Manor in Livonia. Walk the red carpet with over 400 attendees and join the chamber for a star-studded

night at a Hollywood style party with live and silent auctions and raffles. Tickets are \$75 and include food, drinks, and dancing.

New this year:

- Pay for your tickets prior to Oct. 15 and receive \$10 of free auction raffle tickets.
- Guests can dress in cocktail attire or come as their favorite movie character. There will be a costume contest with an "Oscarete" for the winner.
- New types of sponsorships are available that provide added recognition and include tickets to the event. Platinum table sponsorships are still \$975.

To RSVP or inquire about sponsorship opportunities, contact the Chamber at (734) 453-1540.

### Penn classics

October is "Shocktober" month at the Penn Theatre for their Thursday Classics.

This month's features include:

- Oct. 7 — Dracula (1931)
- Oct. 14 — The Invisible Man (1933)
- Oct. 21 — The Wolf Man (1941)
- Oct. 28 — Abbott and Costello Meet the Mummy (1933)

The box office opens at 6:30 p.m. with movies starting at 7 p.m. All seats are \$3. For more information, visit [www.penntheatre.com](http://www.penntheatre.com).



PLYMOUTH COMMUNITY CHAMBER OF COMMERCE

## Open for business

September 30, 2010 the ribbon was cut for Staffers cut the ribbon at Michigan Financial Companies' new Plymouth office, located at 409 Plymouth Road, Suite 126, in Plymouth. The financial planner overseeing the Plymouth office is Carl Carter, whose company offers a full array of financial planning services. Pictured with Carter and his wife are Plymouth Community Chamber of Commerce ambassadors, friends and clients. Carter can be reached at (734) 414-9140. More information is available on the company's website at [www.michiganfinancial.com](http://www.michiganfinancial.com).

## BUSINESS NEWSMAKERS

### Burroughs VP

Burroughs Payment Systems has hired award-winning sales executive Mark Mellinger as its new Vice President-International Sales to manage sales in Europe, Asia and Latin America. He reports directly to Burroughs President and CEO Alan Howard.



Mellinger

Mellinger comes to Burroughs from Lexmark International, where he managed a 40-person sales team as its Director of Sales for Commercial, Sales & Local Government and Educational Accounts. His performance won him top Lexmark Sales Director honors in both 2008 and 2009. He previously was Lexmark's Vice President-Marketing responsible for leading a staff of 60 marketing professionals. He joined Lexmark in 2000 from Valvoline Company. He was with Valvoline from 1989 to 2000 as Division Manager with responsibility in international sales.

Mellinger earned his Bachelor of Science degree in Engineering from the University of Kentucky.

"We have seen tremendous growth in Europe, Asia and Latin America and we are very excited to have Mark Mellinger heading our international-sales efforts," said CEO Howard. "He is a highly experienced and successful sales professional and he

helps further enhance our already strong team here at Burroughs."

Burroughs is a Plymouth-based global provider of document and payment processing image technology, cash automation solutions and services to financial institutions and retailers. The company's products provide banks and commercial customers with safe, secure and prompt document and cash processing which improves operational efficiencies and payment security.

For more information, visit [www.burroughs.com](http://www.burroughs.com).

### Pet Costume Contest

The Plymouth Howl-Ween Pet Costume Contest is set for Thursday, Oct. 28, from 5-6 p.m. in Kellogg Park in downtown Plymouth.

The contest is free to enter, and registration takes place 5-5:20 p.m., with the contest beginning at 5:30 p.m. The costume contest will consist of first-, second- and third-place winners. Prizes will be given to the top three winners. Pets must have current vaccinations and be people- and animal-friendly.

Visitors can stay downtown for The Great Pumpkin Caper, which includes trick-or-treating and a kid-costume contest starting at 6:15 p.m.

For more information e-mail [dda@ci.plymouth.mi.us](mailto:dda@ci.plymouth.mi.us) or visit [www.downtownplymouth.org](http://www.downtownplymouth.org).

### Panera pink ribbons

Panera Bread is inviting its customers to join in the fight against breast cancer by eat-

ing a bagel for breakfast during National Breast Cancer Awareness Month during October.

Panera's signature Pink Ribbon Bagels will be sold in all of southeast Michigan's 48 bakery-cafes during the month of October. Panera Bread will donate a portion of the proceeds from each Pink Ribbon Bagel sold to a variety of breast cancer causes throughout the country, including the Susan G. Komen Race for the Cure, locally presented by the Barbara Ann Karmanos Cancer Institute.

The Panera Pink Ribbon Bagel is baked fresh daily at Panera Bread bakery-cafes and features cherry chips, dried cherries and cranberries, vanilla, honey and brown sugar. The product follows the tradition of 'thinking pink' during the month of October in the quest to eradicate breast cancer disease. Sue Stees, one of Panera Bread's first franchisees and a breast cancer survivor, developed the idea for the Pink Ribbon Bagel in 2001 as a way to help support the cause.

"Panera Bread is committed to serving the members of the local community, many of whom have had their lives touched by breast cancer," said Lee Carmona, area director for Panera Bread of the Great Lakes Region. "We are honored to support Karmanos in the fight to find a cure for breast cancer."

The Plymouth Panera Bread is located at the corner of Ann Arbor Trail and Main in downtown Plymouth.

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# ENTERTAINMENT

Thursday, October 7, 2010

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**HAVE A STORY IDEA?**

Contact Editor, Sharon Dargay

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E-mail: [sdargay@hometownlife.com](mailto:sdargay@hometownlife.com)

Comment online at [hometownlife.com](http://hometownlife.com)

## Beatles, Bob Dylan influence music styles of local songwriters

BY SHARON DARGAY  
O&E STAFF WRITER

Expect to hear a lot of original songs when Pennock/Stephens Project performs a reunion show Thursday, Oct. 14, at Blue Fish Music in Plymouth's Old Village.

The band that includes Bobby Pennock of Plymouth, Mike Stephens of Wayne and Terry Birkett of Livonia, played together for about a year and a half before taking an extended hiatus to work on individual projects two years ago.

Pennock, who teaches literacy intervention in Plymouth Canton schools, formed a four-piece band and released *10,000 Stories*, a CD of his songs. The band included Birkett, director of collections management at the Detroit Institute of Arts. Stephens continued to host a program called *The Open Mike Cafe*, first on the Web as a podcast and now from 2-4 p.m. Saturday on WCXI 1160 AM. The show promotes local singer/songwriters and their music.

"We've been apart for two years. Mike invited me to play his radio show last spring and Terry came with me," Pennock said. "We wound up doing songs we had done together and that was nice. We all enjoyed that. Mike doesn't perform live much. He's a mesmerizing performer and that's why I like to play with him. I was looking for a way to do that."

Pennock talked with Paul Murphy, owner of Blue Fish Music and they agreed to a reunion show. It's a free performance that will start at 8 p.m. at Blue Fish, located at gig. It's a free show that will start at 744 Starkweather.

### ORIGINAL MUSIC

"We're working on old songs. We're doing one cover tune. The sets are evenly split between my songs and Mike's songs," Pennock said.

"It's fun to hear Mike play by



Bobby Pennock of Plymouth is a teacher by day and singer/songwriter by night.



Mike Stephens of Wayne will perform as part of the Pennock/Stephens Project at a one-night gig in Plymouth.

himself. He is pretty captivating. He's Leonard Cohen, Bob Dylan and Tom Russell all wrapped into one."

The first time he heard Stephens perform, Pennock thought he was hearing a Cohen tune, but it was one of the folksinger's own works.

Pennock, who began writing and playing guitar while in high school, said his writing, especially song structure, is influenced by the Beatles.

He and Stephens began working on music together in spring 2007 in the basement at Pennock's home.

"How I met Terry was that he was the best Craig's List find ever. Mike and I were playing together and we put in an ad for a guitar player," Pennock recalled. "Terry came in and we've been together at least three years."

Its start wasn't without a few bumps, however. The band was fired from its first gig at a sports bar because it played original tunes and custom-

ers wanted to hear cover tunes.

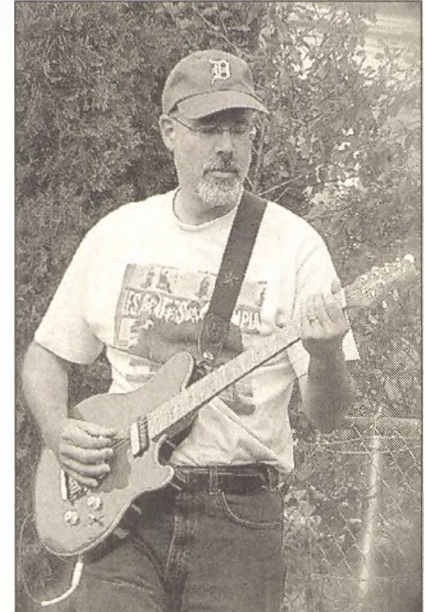
"It was not a good sign when a patron turned on the juke box during our set. We got a call later and the owner said 'you're fired.' He said 'I'm really disappointed in the patrons of my restaurant. I wanted original music but all the comment cards said they wanted to hear cover songs.'"

The experience didn't sour them on live performance. In fact, Pennock sees the Pennock/Stephens Project as a live performance band rather than a studio recording group.

"I think we knew we had the songs and the show we performed was good enough."

Pennock and Stephens also plan a show next month at Crazy Wisdom Bookstore & Tea Room in Ann Arbor.

For more information about Blue Fish Music call (734) 927-0051. For information about the Crazy Wisdom events schedule, visit [cwonline.squarespace.com](http://cwonline.squarespace.com)



Terry Birkett of Livonia will perform with Bobby Pennock of Plymouth and Mike Stephens of Wayne at Blue Fish Music in Plymouth.

## Senior Fall Health & Living Expo

Friday,  
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**Long Term Insurance**  
11 a.m. - 12 p.m.  
by Richmond Financial

**Guided Imagery and Aromatherapy**  
12 p.m. - 1 p.m.  
by Wings of Healing

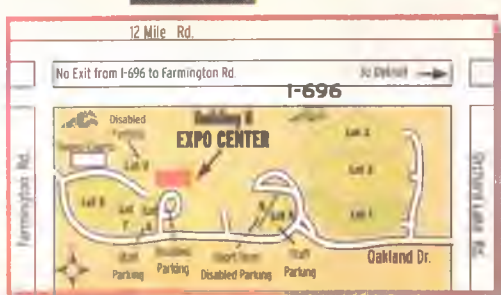
**Social Security Programs, Services and Updates**  
10 a.m. - 11 a.m.  
by Social Security Administration

**Scams Targeting Senior Citizens**  
11 a.m. - 12 p.m.  
by Better Business Bureau

**Emergency Preparedness**  
Small group 15 min. presentation on the half hr. 9:30; 10:30; 11:30; 12:30 at booth # 48



Entertainer  
**Del Grebe**  
(Female Vocalist)  
1 p.m. - 2 p.m.



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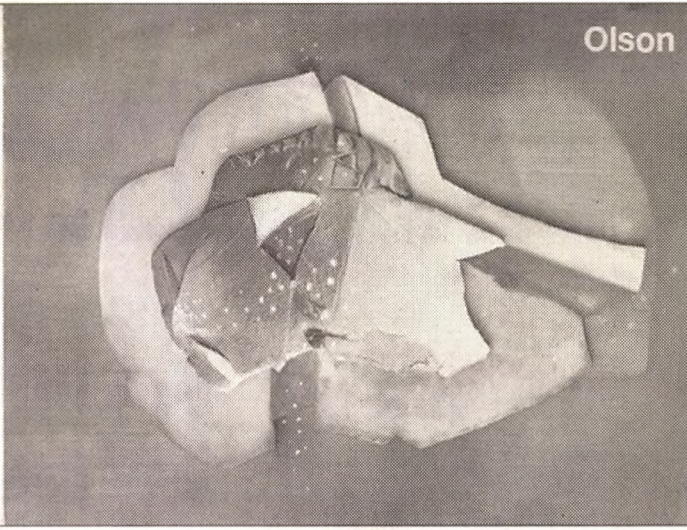


(866) 625-6161 ★ [HealthAndBeautyExpo.net](http://HealthAndBeautyExpo.net)

ART

Art & Ideas

Time/Date: Through Nov. 14
Location: 15095 Northville Road, south of Five Mile, Plymouth
Details: "Diverse Forms, Diverse Meanings," with works by Schoolcraft College Art Faculty, Robert Bielat, Sarah Olson and Ellen Moucoulis
Contact: (734) 420-0775



Works by Schoolcraft College faculty members Ellen Moucoulis, Robert Bielat and Sarah Olson, are on display through Nov. 13 at Art & Ideas in Plymouth Township.

City Gallery

Time/Date: Through Oct. 15
Location: Costick Center, 28600 W. 11 Mile, Farmington Hills
Details: Great Lakes Beadworkers show beads with "attitude."
Contact: (248) 473-1856

Northville Art House

Time/Date: Through Oct. 23
Location: 215 W. Cady Street, Northville
Details: Figurative juried exhibit with works by more than 60 artists
Contact: (248) 344-0497

COMEDY

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Time/Date: Various show times
Wednesdays thru Sundays
Location: 261 E. Nine Mile, Ferndale
Details: Improv most nights. Open mic/jam session show for improvisers is 10 p.m. Wednesdays
Contact: (248) 327-0575; www.gocomedy.net

JD's House of Comedy

Time/Date: Various show times
Wednesday-Saturday evenings
Location: 25333 W. 12 Mile, inside Star Theatre complex, Southfield
Details: Stand-up shows, 8 p.m. Thursday and 8 p.m., 10:30 p.m. Friday-Saturday; Apollo amateur night, 8 p.m. Wednesday
Contact: (248) 348-2420 or www.ticketmaster.com

Joey's Comedy Club of Livonia

Time/Date: 8 p.m. Mondays, Open Mic; 8 p.m. Tuesdays, Local Legends; 8 p.m. shows Wednesdays, Thursdays; 8 p.m. & 10:30 p.m. Fridays, Saturdays
Location: 36071 Plymouth Road, Livonia
Details: Steve Brewer, through Oct. 9; Eddie Gosling, Oct. 13-16; Shang, Oct. 20-23; Angel Salazar, Oct. 27-30
Contact: (734) 261-0555, www.kickerscomplex.com

Mark Ridley's Comedy Castle

Time/Date: John Heffron, Oct. 7-9; Tommy Savitt, Oct. 14-16; Kathleen Madigan, Oct. 21-23; Collin Moulton, Oct. 28-30; Dave Attell, Nov. 4-6; Mike Lukas, Nov. 11-13; Lisa Landry, Nov. 18-20; J. Chris Newberg, Oct. 26
Location: 269 E. Fourth, Royal Oak
Contact: (248) 542-9900, www.comedycastle.com

CONCERTS

The Ark

Time/Date: Raul Malo and Shannon Whitworth, Oct. 9; Justin Roberts & the Not Ready for Nap Time Players, Oct. 10; Willy Porter & Carpe Diem, Oct. 10;
Location: 316 South Main, Ann Arbor
Contact: (734) 763-8587; www.theark.org

Baseline Folk Society

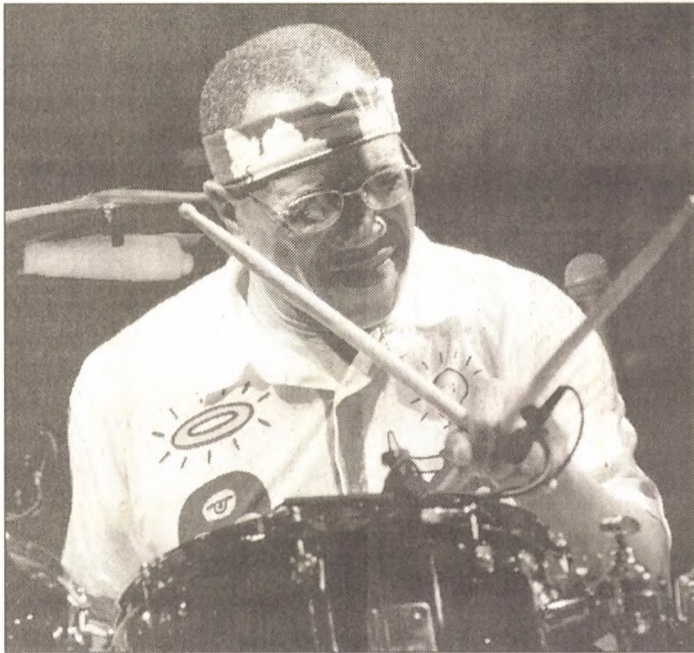
Time/Date: Third Saturday of the month
Location: The JWH Center for the Arts, Plymouth Community Arts Council, 774 N. Sheldon, Plymouth
Details: Eight "Open-Mic" performances plus a featured group perform. Individual membership is \$25 and includes monthly concerts from September through May. Otherwise, admission to each concert is \$5 at the door. Family memberships are \$50 and include monthly concerts
Contact: (248) 719-3464 or mjmmullen@yahoo.com

Detroit Institute of Arts

Time/Date: 6 p.m. Friday, Oct. 15
Location: 5200 Woodward Ave
Details: George Winston performs; tickets \$8
Contact: (313) 833-7900, www.dia.org

Farmington Player's Barn Theatre

Time/Date: 7:30 p.m. Oct. 22-23
Location: 32332 12 Mile, Farmington Hills
Details: "Three Men and a Tenor" perform a family-oriented comedy musical program; \$19 for adults and \$17 for seniors and students
Contact: (248) 473-1848



Drummer Billy Cobham and his band perform Oct. 10 at Jazz Cafe.

Jazz Cafe

Time/Date: 7 p.m. and 9 p.m., Oct. 10
Location: Music Hall, 350 Madison Ave., Detroit
Details: Billy Cobham Band; tickets \$30 in advance or \$40 at the door
Coming up: Carl Palmer Band interprets the music of Emerson Lake & Palmer 7 p.m. and 10 p.m., Oct. 24
Contact: www.ticketmaster.com; (313) 887-8500

Livonia Symphony

Time/Date: 4 p.m., Oct. 9
Location: Louis Schmidt Auditorium, Clarenceville High School
20155 Middlebelt, Livonia
Details: Program includes Tchaikovsky, Mendelssohn, Beethoven and more; adults, \$20, students of any age, \$5 and senior citizens, 60 and over, \$18
Contact: (734) 421-1111; www.livonia-symphony.org

Music Hall

Time/Date: 8 p.m. through Oct. 9
Location: 350 Madison, Detroit
Details: "The Merchants of Bollywood," a dance and music spectacular based on the real-life story of the Merchant family dynasty, whose members have been prominent choreographers and filmmakers since the beginning of the Hindi film industry in the 1920s; tickets are \$25-\$65
Contact: Ticketmaster.com, Ticketmaster Outlets or charge by phone at (800) 745-3000

Seligman Performing Arts Center

Time/Date: 8 p.m. Oct. 9
Location: 22305 W. 13 Mile, Beverly Hills, located on the campus of Detroit Country Day School
Details: Julliard String Quartet perform Haydn, Bartok and Brahms; tickets are \$43-\$75
Contact: (248) 855-6070

Trinity House Theatre

Time/Date: Rob Lute with Jo Serrapere, Oct. 9; Dana Cooper with Daphne Willis, Oct. 15; Daniel Martin Moore and Ric Hordinski, Oct. 21; David Nefesh with Delta Twins, Oct. 23; Roy Bookbinder, Oct. 29; Gaslight Square with Joel Palmer, Annie and Rod Capps, Jim Bizer and others, Oct. 30
Location: 38840 W. Six Mile, Livonia
Contact: (734) 464-6302, www.trinityhouse.org

FAMILY

Bakers Keyboard Lounge

Time/Dates: 2-5 p.m. Sundays
Details: Jazz for Kids Program
Location: 20510 Livernois Ave., Detroit
Contact: (313) 345-6300, www.bakerskeyboardlounge.com

Detroit Institute of Arts

Time/Dates: 2 p.m. Sundays
Details: Target Family Sundays, storytelling, performances, free with admission
Location: 5200 Woodward, Detroit
Contact: (313) 833-7900, www.dia.org

Detroit Zoo

Time/Date: 10 a.m. to 5 p.m. through Oct. 31
Location: I-696 service drive and Woodward, Royal Oak
Details: Admission is \$11 for adults 15 to 61, \$9 for senior citizens 62 and older, and \$7 for children ages 2 to 14; children under 2 are free
Contact: (248) 541-5717

FILM

Penn Theatre

Time/Date: 7 p.m. and 9 p.m. Friday, Oct. 8 and 5 p.m. and 7 p.m. Saturday-Sunday, Oct. 9-10
Location: 760 Penniman Ave., Plymouth
Details: "Ramona and Beezus" \$3 admission
Coming up: Shocktober series of horror films at 7 p.m. Thursdays through October beginning with "Dracula," Oct. 7, followed by "The Invisible Man," Oct. 14, "The Wolf Man," Oct. 21, and "Abbott and Costello Meet the Mummy," Oct. 28. Weekend shows of "Poltergeist" are 7 p.m. and 9:10 p.m. Oct. 30 and 5 p.m. and 7:10 p.m., Oct. 31
Contact: (734) 453-0870, www.penntheatre.com



Patrick Loos and Sienna Hassett perform in Bonstelle Theatre's production of "The Caucasian Chalk Circle" at Wayne State University.



Three Men and a Tenor perform Oct. 22-23 at the Farmington Players Barn Theater.

Redford Theatre

Time/Date: 8 p.m. Oct. 8 and 2 p.m. and 8 p.m., Oct. 9
Location: 17360 Lahser, Detroit
Details: "Three Stooges Festival" with six classic short films, live piano and organ; \$5
Coming up: "The Phantom of the Opera," with Lon Chaney, 8 p.m. Oct. 15-16; \$10 for adults and \$5 for children, 12 and under. Halloween double feature, 8 p.m. Oct. 22 and 2 p.m. and 8 p.m. Oct. 23, is "It Came from Outer Space" and "Abbott & Costello Meet Frankenstein." Tickets are \$6 and include 3-D glasses
Contact: www.redfordtheatre.com

MUSEUMS

Charles H. Wright

Time/Date: 9 a.m.-5 p.m. Tuesday-Saturday and 1-5 p.m. Sunday, through Jan. 2, 2011
Location: 315 E. Warren Road, Detroit
Details: Developed by the Smithsonian to celebrate the 75th anniversary of Harlem's Apollo Theater, this multimedia exhibition draws on wide-ranging materials, including historic photographs, film, recordings, and artist interviews, the exhibit includes one-of-a-kind artifacts, like James Brown's cape and jumpsuit, Michael Jackson's fedora, Louis Armstrong's trumpet.

Ella Fitzgerald's dress, Duke Ellington's score for "Black and Tan Fantasy," LL Cool J's jacket and hat, and much more. Admission is \$8 for adults, 13-61; and \$5 for youth, 3-12, and seniors, 62 and over. Members and children 2 and under are admitted free
Contact: (313) 494-5800

Cranbrook

Time/Date: 2 p.m., Thursday through Sunday
Location: 39221 Woodward, Bloomfield Hills
Details: Docent-guided public tours of Saarinen House, a rare integration of art, architecture, design and nature, depart from Cranbrook Institute of Science front desk. The tours are about 90 minutes long and take place rain or shine.
Contact: (248) 645-3200 for house tours; http://science.cranbrook.edu

Plymouth Historical Museum

Time/Dates: Through Oct. 24
Location: 155 S. Main, Plymouth
Coming up: "Margaret's 1910" honors philanthropist Margaret Dunning's 100th birthday with a look at life in 1910
Contact: (734) 455-8940, www.plymouthhistory.org

THEATER

Barefoot Productions

Time/Date: 8 p.m. Oct. 8-9, 15-16, 22-23 and 2 p.m. Oct. 17 and 24
Location: 240 North Main Street, Plymouth
Details: "Mindgame" is a suspense-driven play which places the audience in the room with an escaped, cannibalistic serial killer; tickets are \$16 general admission, \$14 for students and senior citizens and \$14 for groups of 10 or more
Contact: (734) 560-1493

Bonstelle Theatre

Time/Date: 8 p.m. Friday, Oct. 15-16 and 22-23; 2 p.m., Sunday, Oct. 17 and 24
Location:
Details: "The Caucasian Chalk Circle" by Bertolt Brecht; \$15
Contact: (313) 577-2960; www.wsushows.com

Fisher Theatre

Time/Date: 8 p.m. Tuesday-Saturday and Monday, Oct. 11; 1 p.m. Wednesday, Oct. 13; 7:30 p.m. Sunday; 2 p.m. Saturday and Sunday, through Oct. 16
Location: 3011 W. Grand Blvd., Detroit
Details: "West Side Story," with tickets \$39-\$89
Contact: (800) 982-2787 or www.ticketmaster.com for tickets; call (313) 872-1000 for more information

Hillberry Theatre

Time/Date: Oct. 1 through Dec. 4 in rotating repertory
Location: 4743 Cass, Detroit
Details: "Hay Fever," one of Noel Coward's earlier, notable comedies; tickets \$10-\$30
Contact: (313) 577-2972; www.wsushows.com

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WES CRAVEN, WRITER/DIRECTOR OF A NIGHTMARE ON ELM STREET AND THE LAST HOUSE ON THE LEFT, TAKES YOU CLOSER TO TERROR IN 3D MY SOUL TO TAKE ONLY ONE HAS THE POWER TO SAVE THEIR SOULS. ROGUE PRESENTS IN ASSOCIATION WITH RELATIVITY MEDIA A CORVUS CORAX PRODUCTION A WES CRAVEN FILM

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## HOMETOWN WEEKLIES



# Local Matters!

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## Winners in the 2010 Michigan Press Association Newspaper and Advertising Contest

### 2010 Better Newspaper Contest

Here is the list of winners and comments from the judges.

**The "Newspapers Fighting Cancer" contest**  
 Second place - Milford Times - Series of stories about Christopher Cooper  
 Aileen Wingblad

**Spot News Story**  
 Class B  
 1st Place Canton Observer - Questions Still Unanswered  
 Darrell Clem Well-written--good facts.  
 3rd Place Canton Observer - I'll Never Forget  
 Darrell Clem & Brad Kadrich

**Class C**  
 2nd Place South Lyon Herald - Primal Scream  
 Nathan Mueller  
 Hon. Men. Birmingham Eccentric - Groves Band Director Blasts...  
 Jay Grossman  
 Good details on story, but the spot story was actually the top story  
 "The presses roll on--for now."

**News Enterprise Reporting**  
 Class B  
 3rd Place Birmingham Eccentric - Parks Enhance Life  
 Jay Grossman  
 A great idea to show taxpayers what they're paying for.  
 Treated capably by the writer. Written with authority and good detail.

**Design**  
 Class B  
 Hon. Men. South Oakland Eccentric (Southfield)  
 Beth Jachman

**Class C**  
 2nd Place Novi News Bill Emerick  
 Lots of white space and very readable layouts.  
 Easy to read graphics and advertising

**Feature Story**  
 Class B  
 Class C  
 1st Place Northville Record - France Honors  
 Cal Stone  
 Captivating story. Well-told from beginning to end. Great quotes.  
 Editorial Writing

**Class B**  
 1st Place South Oakland Eccentric (Southfield)  
 Sandra Armbruster  
 Editorials should bring results--these did.  
 2nd Place Canton Observer Brad Kadrich  
 3rd Place Plymouth Observer Brad Kadrich

**Class C**  
 1st Place South Lyon Herald Kurt Kuban  
 These editorials handle with diplomacy and clarity a nasty mayoral race.  
 The writer doesn't flinch from entering the dialogue of personal politics  
 and in doing so underscores the rapid nature of negative campaigns.

#### Editorial Pages

**Class C**  
 1st Place Birmingham Eccentric Greg Kowalski  
 A note from the editor explained the emphasis placed on the opinion page, but it wasn't necessary.  
 From local editorials and columns to letters and an appealing editorial photo, it's clear that creating a good, local opinion page is a priority here.  
 2nd Place Milford Times Phil Allmen  
 Clearly from the same family as the winner with some nice touches of its own. "Town Talk" feature is nice and thank yous are a good source to the community.

#### Local Columnist

**Class C**  
 2nd Place Birmingham Eccentric Greg Kowalski  
 Engaging and entertaining. I liked the idea of Chinese workers basing their view of Americans on the products they were producing.

#### Picture Story

**Class B**  
 3rd Place Plymouth Observer - I'll Never Forget Bill Bresler  
 Photographer captured the tragic scene in a respectful manner--from both close and far perspective.

#### Sports Picture

**Class C**  
 3rd Place South Lyon Herald - Second Base Crash HqJ Gould  
 Way to capture a moment.

#### Sports Writing

**Class B**  
 2nd Place Redford Observer Jim Toth One Hour (Martin)-izing

#### Sports Feature

**Class B**  
 3rd Place Redford Observer Jim Toth - On Board

**Class C**  
 1st Place Birmingham Eccentric - The Week That Was  
 Marty Budner  
 Great looking package with strong writing. Sidebar 'Alexandra the Great' was a cute idea.  
 Overall, it stood out among the rest  
 3rd Place Northville Record Sam Eggleston

#### Sports Coverage

**Class B**  
 3rd Place South Oakland Eccentric (Southfield)  
 Marty Budner  
 Nice variety.  
**Class C**  
 1st Place Novi News Chris Jackett/Cal Stone  
 Very open, easy-to-read layout. Outstanding photos are displayed with nice color. Inside pages are well-executed.

#### Special Section

**Class B**  
 2nd Place Plymouth Observer - Hometown Life Inspire  
 Alison Bergsieker, Eron Powers  
 Nice variety of articles and ideas.  
 Hon. Men. Livonia Observer - 175th Anniversary  
 Karen Smith, Ken Abramczyk, Randy Masters and Dan Dean

**Class C**  
 3rd Place Northville Record - 21st Annual Victorian Festival  
 Cal Stone, Alison Bergsieker, Eron Powers  
 Clean, easy-to-read layout.

### 2010 Better Newspaper Advertising Contest



#### Winners are:

**Class 1: Best Ad IDEA**  
 First place - Livonia Observer  
 Joe's Produce (designed by Linda Rigdon)

**Class 1: Best ROP Auto Ad**  
 Third place - Milford Times Dick Morris  
 Chevrolet (designed by Deb Elwell)

#### Class 1: Best Color Idea

**First Place** - South Oakland Eccentric  
 Ice Cream Parlor  
 (designed by Linda Rigdon)

Third Place - Livonia Observer Grand Tavern  
 (designed by Lynn Sharpe)

**Class 1 Best Special Section**  
 Second Place - Northville Record Buy Michigan

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# Date added for Caberet night

Tickets for the Oct. 16 show of "The Great American Songbook from Tim Pan Alley and Beyond," have sold out and a second performance has been added on Friday, Oct. 15.

The Spotlight Players production will start at 8 p.m., at the Village Theatre at Cherry Hill, 50400 Cherry Hills, Canton. Tickets are \$15.

Cabaret night will transform the Biltmore Studio at the Village Theatre into an intimate night club. "The Great American Songbook from Tim Pan Alley and Beyond" will feature eight vocalists performing music from Ellington to Loesser, Berlin to Sondheim. The show is directed by Roy Sexton with musical direction and accompaniment by Rebecca Biber and choreography

and additional direction by Lauren London. "We don't want to tell you everything we'll be performing, because we want you to be surprised by some of the songs we present," Sexton stated.

The cast includes Plymouth and Canton residents Cathy Skutch, Rebecca Winder, and Christine Kapusky Moore; Brooklyn's Bruce Hardcastle; Farmington Hills' Matt Cameron; Ann Arbor's Rebecca Biber and Lauren London; and Saline's Roy Sexton.

The Village Theater has free parking is handicapped accessible. For tickets call (734) 394-5300 or (734) 394-5460 or online at www.canton-mi.org/village theater or at the door. Box office opens one hour before show time.

# Trio performs at Plymouth Elks

"Jazz at the Elks," the monthly music series at Plymouth Elks Lodge 1780 will feature Sven Anderson on keyboards, Dan Jordan on bass and George "Sax" Benson on saxophone, 7-10 p.m. Tuesday, Oct. 26.

There's no coverage charge for the show, although the Elks Lodge will accept donations. A cash bar and hors d'oeuvres will be available.

Space is limited. RSVP by calling (734) 453-1780.

The Elks Lodge is located at 41700 Ann Arbor Road; www.plymouthelksevents.com.

# Parks offer Halloween hike, festival



Costumed critters like this owl will tell their stories at a Halloween hike Oct. 22 at Nankin Mill in Westland.

Wayne County Parks will offer a free afternoon of games and activities, including hayrides, inflatables, costume parade, games and trick-or-treating, 1-3 p.m. Saturday, Oct. 16 at Nankin Mills Interpretive Center, located on Hines Drive east of Ann Arbor Trail in Westland.

Magician Ben Spitzer will perform and Richard Paul's "Ha Ha Halloween Show" also will be featured.

A spook-free Halloween Hike is set for Friday, Oct. 22 at Nankin Mills. Costumed characters will entertain and educate as they share nature stories with hikers.

Starting times will be 6 p.m., 6:30 p.m., 7 p.m., and 7:30 p.m. The hike will last approximately an hour and will be followed by a short live animal presentation.

Participants must pre-register before the day of the event. Cost is \$4 per person.

For more information call (734) 261-1990.

## PUBLIC NOTICE

### CURRENT AND FORMER WORKERS OF Hewlett Packard Company, Human Resources Division, Canton MI

In accordance with section 223 of the Trade Act of 1974, as amended, ("Act"), 19 U.S.C. § 2273, the Department of Labor issued a Notice of Certification on September 3, 2010 regarding eligibility to apply for adjustment assistance. All workers of Hewlett Packard, Human Resources Division, Canton Michigan (TAW 74,530C), who became totally or partially separated from employment on or after August 4, 2009 through two years from the date of certification, and all workers in the group threatened with total or partial separation from employment on the date of certification through two years from the date of certification, are eligible to apply for adjustment assistance under Chapter 2 of Title II of the Trade Act of 1974, as amended. Workers wishing to apply for benefits within the designated time limits should report to their local Michigan Works! Agency. Call: 1-800-285-Works to determine the Michigan Works! Agency nearest to your home.

Equal Opportunity Employer & Programs. Auxiliary Aids and Services are available upon request to Individuals with Disabilities. TTY 1-800-649-3777. Funded in part by the Michigan Department of Energy Labor and Economic Growth through SEMCA.

Publish: October 7, 2010

OE08716466 2x4

## PUBLIC NOTICE

### CURRENT AND FORMER WORKERS OF ROBERT BOSCH, LLC. INCLUDING ON-SITE LEASED WORKERS FROM AEROTEK, CUCOR U.S., INC., POPULUS GROUP, LLC, AND CONTRACT PEOPLE CORPORATION PLYMOUTH, MICHIGAN

In accordance with section 223 of the Trade Act of 1974, as amended, ("Act"), 19 U.S.C. § 2273, the Department of Labor issued a Notice of Certification on July 27, 2010 regarding eligibility to apply for transitional adjustment assistance. All workers of ROBERT BOSCH, LLC INCLUDING ON-SITE LEASED WORKERS FROM AEROTEK, CUCOR U.S., INC., POPULUS GROUP, LLC, AND CONTRACT PEOPLE CORPORATION PLYMOUTH, MICHIGAN (TAW 73,652), who became totally or partially separated from employment on or after February 10, 2009 through two years from the date of certification, and all workers in the group threatened with total or partial separation from employment on the date of certification through two years from the date of certification, are eligible to apply for adjustment assistance under Chapter 2 of Title II of the Trade Act of 1974, as amended. Workers wishing to apply for benefits within the designated time limits should report to their local Michigan Works! Agency. Call: 1-800-285-Works to determine the Michigan Works! Agency nearest your home.

Equal Opportunity Employer & Programs. Auxiliary Aids and Services are available upon request to Individuals with Disabilities. TTY 1-800-649-3777. Funded in part by the Michigan Department of Energy Labor and Economic Growth through SEMCA.

Publish: October 7, 2010

OE08716468 2x4.5

Notice is hereby given that on [October 18, 2010] TATE & CO. Auctioneers, Executive Administrator for Extra Space Storage, will be offering for sale under the judicial lien process, by public auction, the following storage units. The goods to be sold are generally described as household goods. The terms of the sale will be cash only. Extra Space Storage reserves the right to refuse any and all bids. The sale will be at the following locations: Extra Space Storage, 6729 N Canton Center Rd., Canton, MI 48187 at 9:00 AM.

C82	Angela Kolhagen	Furniture, Household items.
D111	Ryan Oddo	Furniture, Household items.
I333	Larry Siviter	Furniture, Household items.

Publish: September 30 & October 7, 2010

OE08715416 - 2x2

## CANTON POLICE AUCTION

THESE VEHICLES HAVE BEEN DEEMED ABANDONED AND WILL BE SOLD AT PUBLIC AUCTION. THE AUCTION WILL BE ON TUESDAY, OCTOBER 12TH AT 10:00 AM. THE AUCTION WILL BE HELD AT 6375 HIX, WESTLAND, MI 48185. THE VEHICLES WILL BE SOLD AS IS, THE STARTING BID IS FOR TOWING.

YEAR	MAKE	MODEL	VIN
1991	MERCURY	COUGAR	1MEPM6042MH654836
1992	GMC	JIMMY	1GKCT18ZKN0505942
1997	PLYMOUTH	VOYAGER	1P4GP44R2VB328344
1994	FORD	ASPIRE	KNJLT05H7R6113485

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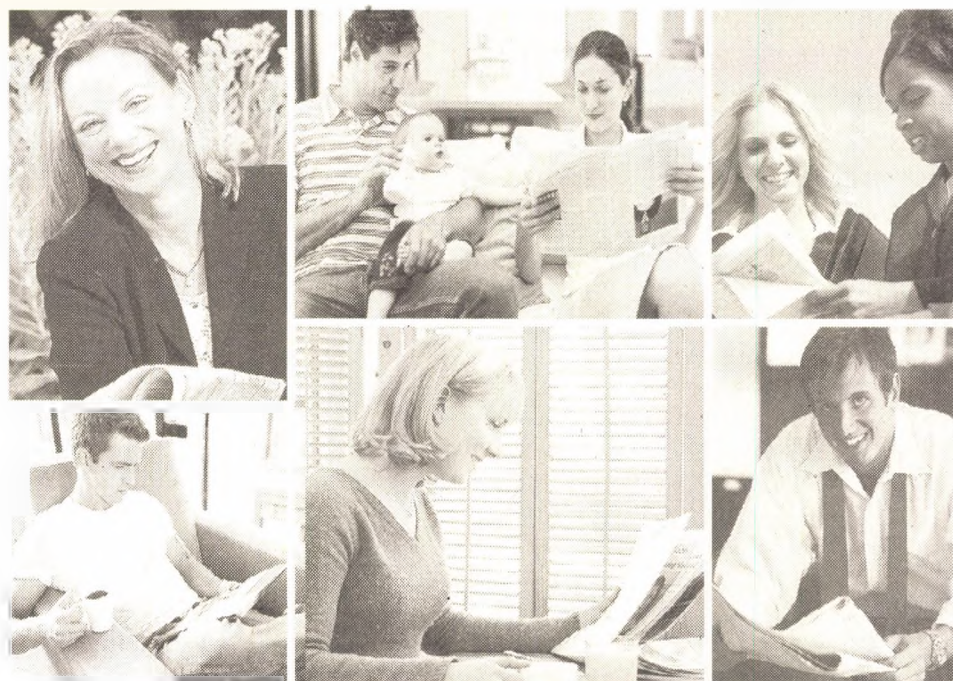
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- 7-Eleven 126 N Hix Rd., Westland
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- Amoco Gas / Burger King 45494 Michigan Ave.
- B.P.Amoco 8787 N Sheldon Rd.
- Big Ben's Party Store 38401 Joy Rd., Westland
- Blockbuster Video 10880 Belleville Rd., Belleville
- Bob Evans Restaurant 46080 Michigan Ave.
- Bob Evans Restaurant 41190 Ford Rd.
- BP Gas 125 N Canton Center Rd
- BP Gas 41345 Ford Rd.
- BP Gas 11175 Belleville Rd., Belleville
- Canton Coney Island 8533 N Lilley Rd.
- CVS Pharmacy 225 N Sheldon Rd.
- CVS Pharmacy 225 N Sheldon Rd.
- CVS Pharmacy 1791 N Haggerty & Palmer Rd.
- CW's Chicken 7337 N Lilley Rd.
- Dimitri's 11511 Belleville Rd., Belleville
- Dollar Store 5720 N Sheldon Rd.
- En-Joy Party Store 39409 Joy Rd.
- Holiday Market 520 S Lilley Rd.
- Kroger 1905 N Canton Center Rd.
- Kroger 45540 Michigan Ave.
- Leo's Coney Island 1735 N Canton Center Rd.
- L George's Coney Island 43711 Michigan Ave
- Marathon Gas 41479 Michigan Ave.
- Marathon Gas 42438 Warren Rd.
- Maria's 11700 Belleville Rd., Belleville
- Maria's Bakery 115 N Haggerty Rd.
- Meijer Gas Station 45003 Ford Rd.
- Meijer Gas Station 9701 Belleville Rd., Belleville
- Mobil Gas Station 41358 Ecorse Rd
- Mobil Gas Station 8773 N Haggerty Rd.
- Mobil Gas Station 42421 Cherry Hill Rd.
- Mobil Gas Station 44350 Warren Rd.
- Borders 43425 Ford Rd.
- Oakview Party Store 42256 Palmer Rd.
- Olympic Coney Island 43043 Joy Rd.
- Parthenon Coney Island 39910 Ford Rd.

- Plato's Coney Island 42405 Ford Rd.
- Richardson Pharmacy 42433 Ford Rd.
- Rite Aid Pharmacy 2249 N Canton Center Rd.
- Rite Aid Pharmacy 4151 S Canton Center Rd.
- Shell Gas 5640 N Haggerty Rd.
- Shell Gas 40400 Michigan Ave.
- Speedway Gas 5596 N Lilley Rd.
- Speedway Gas 45350 Ford Rd.
- Sunoco Gas 42495 Joy Rd.
- Valero Gas 41350 Ford Rd.
- Valero Gas 40200 Michigan Ave.
- Valero Gas 44431 Michigan Ave.

- Kroger 44525 Ann Arbor Rd W
- Main Street Liquor 480 N Main St
- Marathon Gas 510 S Main St., Northville
- Marathon Gas 402 N Mill St
- Mayflower Party Store 824 S Main St
- Mobil Gas Station 1545 Ann Arbor Rd W
- Mobil Gas Station 39425 6 Mile Rd., Northville
- Mobil Gas Station 19090 Northville Rd., Northville
- Picnic Basket Market 49471 Ann Arbor Rd W
- Pilgrim Party Store 895 Ann Arbor Rd W
- Plymouth Super Center 410 Ann Arbor Rd W
- Podons Party Store 40522 E Ann Arbor Trl
- Red Olive Family Restaurant 47185 Five Mile Rd
- Rite Aid Pharmacy 800 Ann Arbor Rd W
- Shell Gas 47181 Five Mile Rd
- Speedway Gas Station 1490 S Sheldon Rd
- Speedway Gas Station 15255 N Sheldon Rd
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- Bode's Restaurant 280 N Main St
- BP Amoco 14888 Northville Rd
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- BP Gas 129 W Ann Arbor Trl
- Brother's Restaurant 8825 General Dr
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- Cannon Park (Corner Of Farmer) 554 Starkweather St
- Citgo Gas 42395 Ann Arbor Rd E
- Coney Island 15165 N Sheldon Rd
- CVS Pharmacy 133 E Dunlap St., Northville
- CVS Pharmacy 1400 S Sheldon Rd
- CVS Pharmacy 16855 N Haggerty Rd
- CVS Pharmacy 44300 5 Mile Rd., Northville
- CVS Pharmacy 40900 Ann Arbor Rd E
- CVS Pharmacy 49485 ANN ARBOR RD W
- Denny's Restaurant 39559 Ann Arbor Rd E
- Farmers Market 760 Penniman Ave
- Goodtime Party 567 7 Mile Rd., Northville
- Hiller'sMarket 15455 Haggerty
- Hiller'sMarket 425 N Center St., Northville
- Jazzercise 250 N Main St
- Jets Pizza 44465 Ann Arbor Rd W
- K-Mart 40725 Ann Arbor Rd E



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# FOOD

Thursday, October 7, 2010

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## HAVE A STORY IDEA?

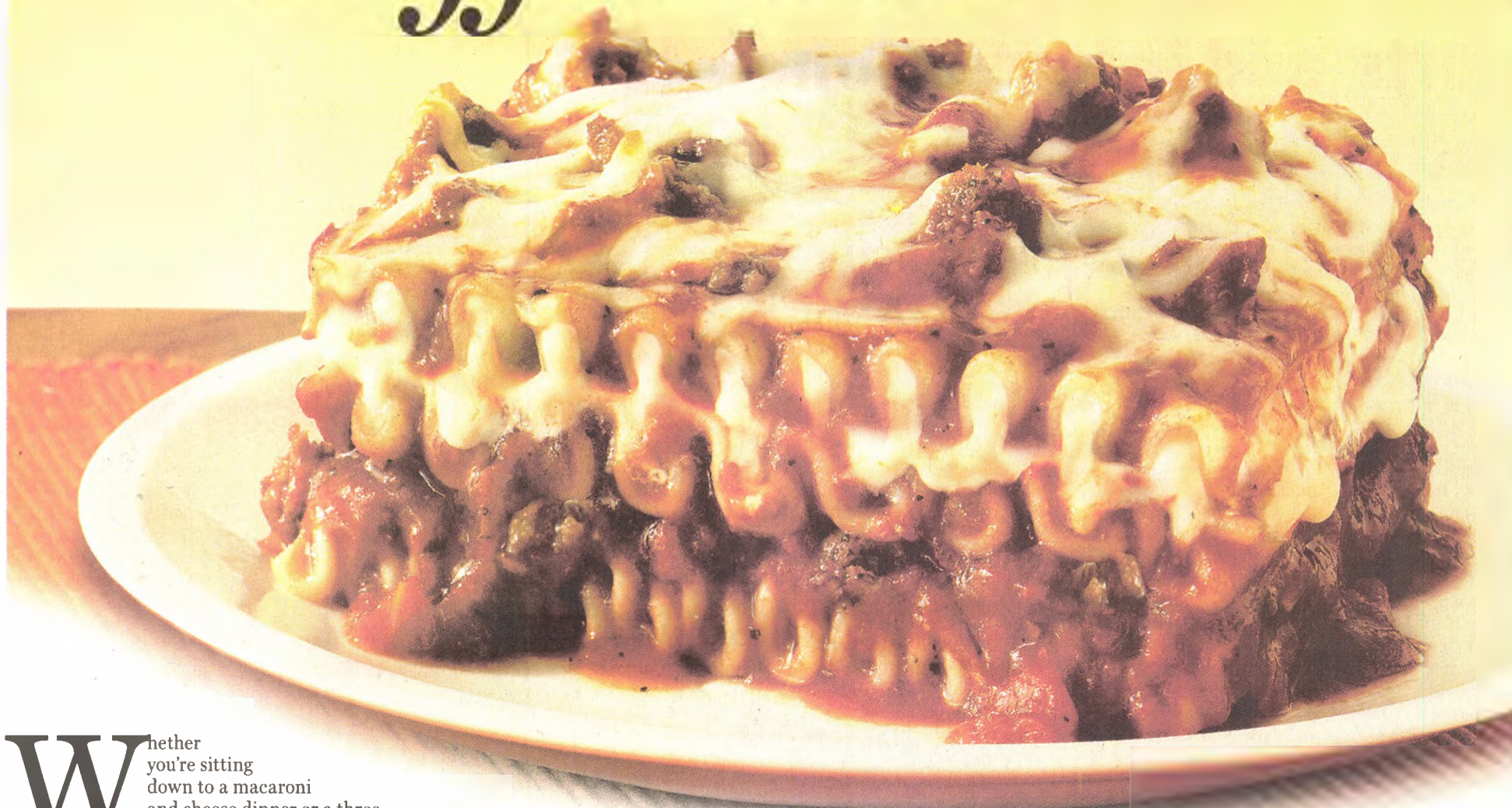
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E-mail: [sdargay@hometownlife.com](mailto:sdargay@hometownlife.com)

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# Dinners make a Difference



**W**hether you're sitting down to a macaroni and cheese dinner or a three-course meal, the simple act of eating dinner with your kids has a powerful impact on the whole family.

Almost two decades of research by The National Center on Addiction and Substance Abuse (CASA) at Columbia University has consistently found that the more often kids eat dinner with their families, the less likely they are to smoke, drink or use drugs.

Studies show that kids who have family dinner five times a week are:

- 45 percent less likely to drink and 66 percent less likely to do drugs.
- More likely to get A's and B's in school.
- More likely to think their parents are proud of them.

"The power of the family dinner comes not from the food on the plate, but from who's at the table and what's happening there. The emotional and social benefits that come from family dinners are priceless," said Kathleen Ferrigno, CASA's director of marketing and head of CASA Family Day — A Day to Eat Dinner with your Children. "Having dinner as a family is one of the easiest ways to create routine opportunities for parental engagement and communication, two keys to raising drug-free children."

Even with busy schedules, it's easier than you think to have a regular family meal. Here are some tips from CASA and Stouffer's:

- Plan meals together.
- Make a date — schedule it on the calendar.
- Cook together.
- Unplug during dinner and talk.

Save time making dinner with family-friendly entrees such as Stouffer's Easy Express Cheesy Garlic Lasagna. This dish of freshly made pasta layered between mozzarella cheese, seasoned beef and a rich garlic tomato sauce is ready in only 18 minutes. While it's cooking, make a Creamy Parmesan Romaine salad and a simple Fruit Salad for a delicious dinner the whole family will enjoy.

Remember, dinner makes a difference, so be sure to take your seat at the dinner table often. For more tips on raising drug-free kids and creative ideas for family dinners, visit these websites: [www.letsfixdinner.com](http://www.letsfixdinner.com) and [www.casafamilyday.org](http://www.casafamilyday.org).

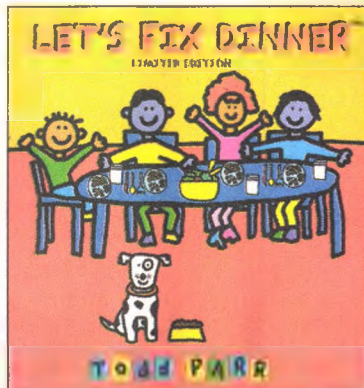
### CONVERSATION STARTERS

Looking for a way to engage in conversations with your kids? Use these conversation starters for a fun way to get everyone talking.

- Where would you go for a dream vacation?
- If you could have any superpower, what would it be?
- What is one thing you could absolutely not live without?
- If you could live in any time period, which one would it be?
- What is your favorite thing you learned today?
- What is one thing you want to accomplish in your lifetime?
- What book are you reading right now? What do you like about it?
- What do you dislike about it?

### A DINNERTIME STORY

*Let's Fix Dinner*, a new book by award-winning author and illustrator Todd Parr, will make you giggle, grin and think about all the ways dinner can bring families closer together. And since regular dinners and reliable housing are two of the best ways to help families — and especially kids — succeed, 100 percent of the net proceeds from sales of *Let's Fix Dinner* will support Habitat for Humanity. Order your copy of this limited edition book at [www.letsfixdinner.com](http://www.letsfixdinner.com).



### TAKE THE CHALLENGE

Take the *Let's Fix Dinner* Challenge and take it easy with time-saving and money-saving prizes. From now until Dec. 31, all you need to do is log in at [www.letsfixdinner.com](http://www.letsfixdinner.com) and track your family dinners each week, and you'll get another chance to win.

### CREAMY PARMESAN ROMAINE

Preparation Time: 10 minutes

Cooking Time: 12 minutes

Cooling Time: 10 minutes

Servings: 4

- 2 slices whole-wheat bread (about 2 ounces total), cut into ½-inch cubes
- 8 cups chopped romaine lettuce
- 1 cup sliced cucumber
- ½ cup thinly sliced red onion
- 3 tablespoons Original Nestlé Coffee-Mate Liquid Coffee Creamer
- 2 tablespoons fat free sour cream
- 1½ tablespoons light mayonnaise
- 2 tablespoons Buitoni Refrigerated Freshly Shredded Parmesan Cheese
- 1½ to 2 teaspoons cider vinegar
- ½ teaspoon salt
- ½ teaspoon ground black pepper

**PREHEAT** oven to 350°F. **PLACE** bread cubes in single layer on large baking sheet. Bake for 12 minutes or until lightly golden. Remove from oven; cool completely.

**PLACE** lettuce, cucumber and onion in large bowl; set aside.

**COMBINE** Coffee-mate, sour cream, mayonnaise, cheese, vinegar, salt and pepper in small bowl; stir until completely blended. Add to lettuce mixture; toss gently, yet thoroughly, to coat completely. Add bread cubes; toss gently.

### FRESH FRUIT SALAD

Preparation Time: 20 minutes

Cooking Time: 10 minutes

Servings: 6

- 6 cups assorted fresh fruit (berries, grapes, sliced mango, strawberries and/or kiwifruit)
- Juice from 1 lime
- 3 tablespoons Tropical Flavor Nestlé Juicy Juice All Natural 100% Juice
- 2 teaspoons finely chopped mint leaves

**COMBINE** fruit in large bowl. Add lime juice, Juicy Juice and mint; toss gently to coat. Refrigerate until ready to serve.

— Courtesy Family Features



# Chefs go head to 'chilihead' at annual festival in downtown Plymouth, Oct. 10

BY SHARON DARGAY  
O&E STAFF WRITER

Sun and Snow...and chili? The sports apparel store will add cooking to its list of services for a few hours Sunday, Oct. 10, when it sends a team to the Great Lakes Regional Chili Cookoff at Kellogg Park in downtown Plymouth.

It's the 15th annual Cookoff, but the first time that retailers and other non-restaurant businesses will vie for victory in the new "Battle of the Businesses" competition during the event.

In addition to Sun and Snow, Plymouth Popcorn Co., Kilwin's, and Barefoot Productions theater company are entered into the Battle category.

"Whoever gets the most votes is the winning business. It's based on the public voting," said Annette Horn, who together with her husband, Ken, founded the nonprofit Great Lakes Chili Inc., and its annual event in Plymouth.

Barefoot Productions will serve a Cajun-inspired chili, enhanced with smoked turkey.

Barefoot member Christine Steves enlisted the help of Ederique Goudia, a co-worker at Sysco Detroit, a Louisiana native and "true foodie and fabulous cook."

"E's secret spices are guaranteed to warm your heart and your innards," Steves noted in an e-mail to the *Observer*.

"We also wanted to work in the theme of our fall show, *Mindgame*, which opens Friday night. So, E and I will be the asylum nurses tending the simmering pots. Our booth will be sporting an old-fashioned crank-style meat grinder. We'll leave the rest to the imagination."

A mother-daughter duo will lead the team for Sun and Snow, which has stores in Plymouth and Ann Arbor.



A contestant chops onions for his pot of chili at a previous Great Lakes Regional Chili Cookoff in downtown Plymouth.

Heather O'Brien is a buyer for the store and her mother, Sandra Strek owns a company that creates store windows and other forms of visual merchandising. Sun and Snow is among her clients.

"I do a lot of cooking. They've had other events and I've done hors d'oeuvres," Strek said. Her red chili includes a few undisclosed ingredients "you wouldn't expect to find in chili."

"I think it's really important that there is a balance of ingredients. You need heat, but you also need to balance that heat out," she explained. On a scale of one to five, with five being the hottest, Strek describes her

chili as a three.

### TOUGH COMPETITION

The businesses to beat in the restaurant chili challenge this year are The Omelette & Waffle Cafe, which won the People's Choice award last year for a total four victories in five years, and The Picnic Basket Marketplace, which was judged "best of" in the restaurant competition in 2009.

They'll have plenty of challengers this year. Nineteen competitors have signed onto the event. Horn said some, including Red Olive Family Restaurant in Plymouth and Uptown Grille in Commerce, are new to the competition.

Others, like Doyle's Tavern, have won an award in a previous year and have decided to compete again.

"Compari's on the Park normally doesn't have chili on the menu but takes part every year," Horn said. "Sean O'Callaghan's love it. Liberty Street Brewing Company puts beer in their chili. It's whatever they want to serve."

### CONSISTENT WINNER

Julie Bardelli of the Omelette & Waffle Cafe said chef Dave Pawlowski enters the same recipe every year. It's a winner with the public and a regular menu item at the restaurant.

"People really like the heat that comes with our chili. It's a good mix and has a lot of good flavors in there."

Horn said heat is important but shouldn't overshadow flavor. The same recipe made by different chefs can vary depending on the freshness of their ingredients.

"I've learned over the years that if I gave you my recipe you wouldn't be able to make it the way I do," she added. "One of the secret ingredients we laugh about is salt. Salt is either too much or not enough. It can make or break the flavor."

She and her husband initially began entering chili competitions as a team.

They compete against each other now, using chili recipes called "Fireworks Chili 1" (Annette's) and "Fireworks Chili 2," (Ken's). The never compete in the Great Lakes Regional Cookoff, where Ken is chief judge. He cooked in the World's Championship Chili Cookoff last week in New Hampshire, after winning Michigan's state championship. Winners from regional and state events may compete in the world championship in red chili, chili verde and salsa categories.

### CITY BITES

#### Wine tastings

Livonia - Thursdays are wine tasting nights at d.vine wines, 17386 Haggerty.

A representative from Henry Fox wine importers will offer value wines from 7-9 p.m. today, Oct. 7, at the store. Cost is \$20 per person and \$15 for Wine Club members.

On Oct 14 John Sedestrom from Vintage wine company will have new releases from B.R. Cohn Estate. Admission is \$25 per person and \$20 for Wine Club members.

Lori Tepper, a level 1 som-

melier will talk about the growing region of Washington State at a session on Oct. 21. Cost is \$25 per person and it includes a tasting and study guide.

The session on Oct. 28, featuring Steven Duffy, vineyard manager of the Langtry Estate in Northern California, is open only to Wine Club members and costs \$25.

Reservations are required for all tastings with cash or credit card. Call (734) 432-3800 or e-mail to [www.dvinefinewines.com](http://www.dvinefinewines.com).

## Tell us why family dinners are important

The *Observer* wants to hear about your family dinnertime and to encourage and challenge local families to eat together.

Share your family's experience and you could win a \$25 Kroger gift card (to help fix that dinner) and other prizes.

Send a photo of your family eating dinner and short essay (100 words or less) explaining why your family's meal-sharing is important or how/why you plan to start a new tradition of family dinnertime to: **Sharon Dargay at [sdargay@hometownlife.com](mailto:sdargay@hometownlife.com). Attach the photo (jpg format only) and provide first and last names of everyone in the photo.**

The *Observer* will award three prizes - one for a child's essay and family dinner photo, one for a teenager's essay and family photo and one for a couple's essay and family photo.

Other prizes include a copy of *Let's Fix Dinner*, by award-winning author and illustrator Todd Parr (child's prize) and movie tickets to Emagine Theater.

Family Day - A Day to Eat Dinner with Your Children™, is a national movement launched by The National Center on Addiction and Substance Abuse (CASA) at Columbia

University in 2001 to remind parents that frequent family dinners make a difference.

Statistics show that eating dinner together every night keeps the doors of communication open. It's the perfect time and place to reconnect and to show your kids and/or your spouse that they are your priority.

Plan a meal, talk, turn off the television and put down the cell phone and eat together.

More than a decade of research by The National Center on Addiction and Substance Abuse at Columbia University CASA has consistently found that the more often kids eat dinner with their families, the less likely they are to smoke, drink or use drugs.

Family Day began as a grassroots initiative and has grown to become a nationwide celebration. In 2009 President Barack Obama, all the governors and more than 1,000 mayors and county executives proclaimed and supported Family Day.

For more information on Family Day, see [www.casafamilyday.org](http://www.casafamilyday.org). Sharon Dargay can be reached online at [sdargay@hometownlife.com](mailto:sdargay@hometownlife.com) or (313) 222-8883.

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# REAL ESTATE

SECTION C (\*) Thursday, October 7, 2010

hometownlife.com

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CLASSIFIED DEADLINES:  
 SUNDAY EDITION, 4:30 P.M. FRIDAY  
 THURSDAY EDITION, 4:30 P.M. TUESDAY  
 Julie Brown, editor, (313) 222-6755  
 jcbrown@hometownlife.com

## It's buyer beware for a bank-owned home purchase

BY JULIE BROWN  
 O&E STAFF WRITER

Buying a bank-owned home calls for consumer caution, said Patrick Bennett, director of community relations for the Better Business Bureau Serving Eastern Michigan.

"Buyers obviously should be aware of their options," said Bennett, a Livonia resident.

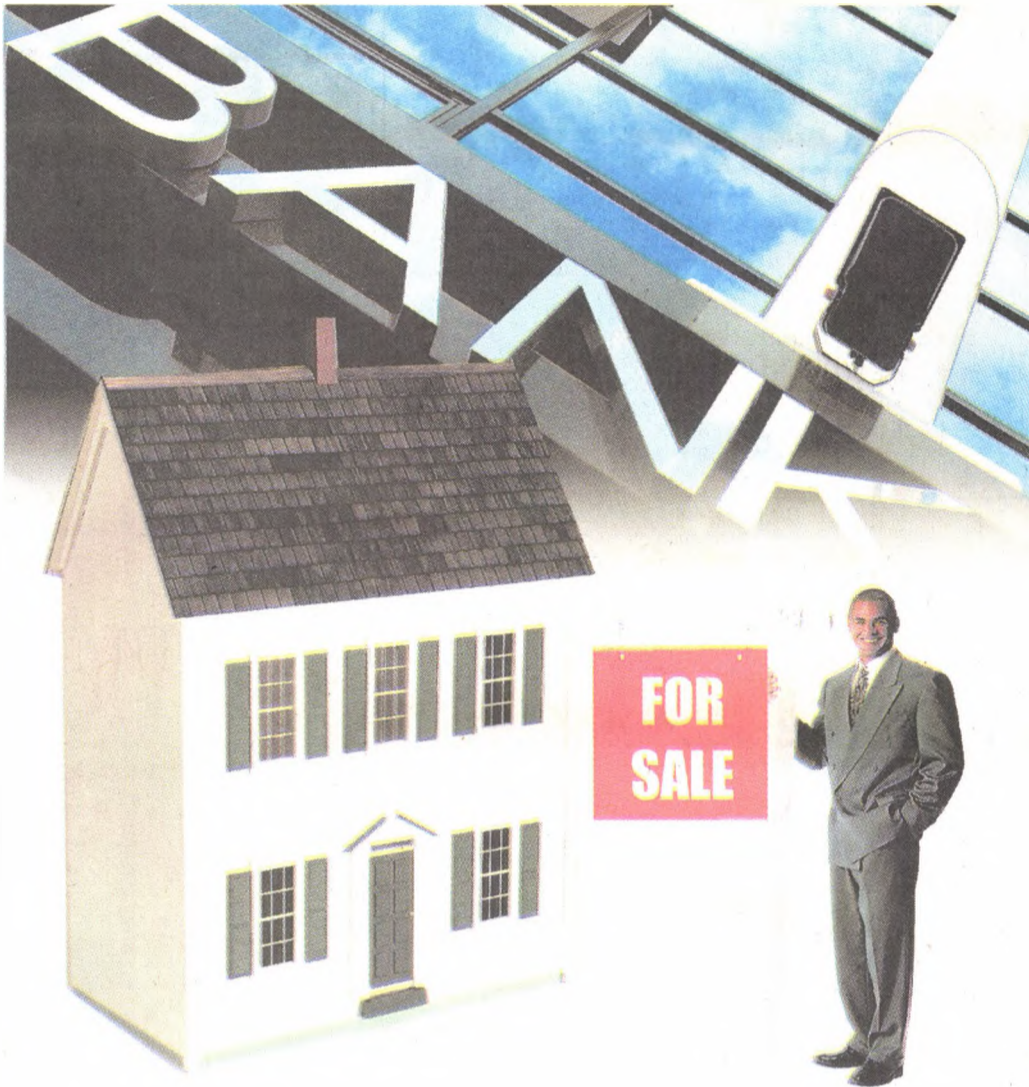
Sometimes a sale may be a pre-foreclosure directly from the homeowner, one option Bennett cited in which a buyer has more flexibility as the home isn't yet bank-owned. Others are owned by the bank, "which may pose some different situations. They're (the bank) in control of the costs and they're less likely to take care of any of the inspection pieces," Bennett said. "It is usually sold in an as-is situation."

After foreclosure, he said, a home becomes bank-owned. A homeowner may before foreclosure consider a short sale to avoid foreclosure.

"I would certainly recommend having an attorney look at their situation," he said of consumers in such circumstances.

The Southfield-based BBB recommends a title search for a bank-owned home. "That way you can find out if the property has a second mortgage or a lien against it," he said.

If it does have a second mortgage, the buyer may be responsible for paying that. "So that's something to be really cautious about," he said.



Even homes advertised as part of the Housing and Urban Development department of the federal government call for caution.

"You still want to do your homework" for a HUD home, Bennett said.

"Buyers want to get what is right for them." That's true,

he said, not only of home features, but also price. Your agent should check nearby comparable homes to see if an asking price is a bargain.

The mortgage industry gets a lot of BBB inquiries. For 2009 for his Michigan territory, the BBB had 23,992 inquiries on the mortgage industry,

"any company that's considered a mortgage company."

Of that number, 239 became complaints, so the majority were resolved. Inquiries only means a call, he said, whereas a complaint has been verified as legitimate against the business. You can check a business

with the BBB consumer number at (248) 223-9400 or online at www.bbb.org.

Noel Derr-Johnson, a Realtor with Century 21 Dynamic of Westland, noted foreclosed properties are sold as is.

"There is no disclosure," the Westland resident said. "A private inspection is well worth your money."

She said there may be multiple bidders on a foreclosed home, as many as five or six.

"The banks don't always take the highest bid," Derr-Johnson said. "There's a lot of factors." Lenders look for those who are most likely to be able to repay.

Mary McGaw, mortgage loan officer for Bank of America, agrees that potential buyers can get some good deals on foreclosed homes.

"Absolutely," said McGaw, a Westland resident. "It's pretty cut and dried, so you can't mess around with them" on price.

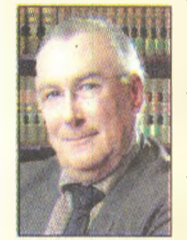
Derr-Johnson has found HUD homes are often a good buy, as prices make them so. There's information from the federal government available online at www.hud.gov.

A Sept. 22 online search of homes in Wayne and Oakland counties showed eight HUD homes for sale in Garden City, five in Livonia, one in Northville, one in Plymouth, nine in Redford Township, 10 in Westland, one in Farmington Hills and one in Novi. The www.hud.gov listings, by county in Michigan, include price, eligibility and number of bedrooms/bathrooms.

## Don't let purchase be 'Greek to you'

**Q: I enjoy going to the Greek Islands and I am wondering what it is like to purchase real estate in the more glamorous islands?**

**A:** I can only tell you based on my experience in Rhodes, Mikonos and Santorini that there are countless condominiums which they refer to as apartments and rental units available for sale. The prices, of course, are in Euros and in each instance the location of the residence will have a



Robert Meisner

bearing on its value. In Mikonos, for example, in the main city, there are a number of new hotels and apartments which can be purchased overlooking the Bay. In Rhodes, the Island is developed over a broader area, but, again, real estate in the downtown area, particularly in and around the Old City is available, but expensive. In Santorini, by way of example, homes and condominiums overlooking the cliffs are in excess of a million Euros but have breathtaking views. It is important in all of these Greek Islands to appreciate the need to obtain

"comparables" and hire an experienced real estate agent and lawyer, who can assist you in the process. The Internet can also be helpful in locating properties.

**Q: I am a landlord of residential property and I am wondering what my so-called statutory duty is with respect to common areas, and, particularly, in terms of ice and snow.**

**A:** The lessor of leased residential property has a statutory duty to keep all common areas fit for the use intended by the parties to the lease; the primary purpose or intended use of the common area stairway by way of example is to provide pedestrian access at different levels of the building or structure; a recent Michigan Court of Appeals decision has held that the statutory duty does not require perfect maintenance of such a stairway and the stairway need be in an ideal condition, nor in the most accessible condition possible but it must provide reasonable access to different building levels; finally the court in that particular case mentioned that the presence of black ice on a darkly lit unsalted stairway might pose a hidden danger that the ice and its reasonable access to different levels of a building and renders the stairway unfit for the intended purpose. While each case depends on its own facts, this should give you some idea of what your potential exposure is.

**Robert M. Meisner** is a lawyer and the author of Condominium Operation: Getting Started & Staying on the Right Track, second edition. It is available for \$9.95 plus \$1 shipping and handling. He also wrote Condo Living: A Survival Guide to Buying, Owning and Selling a Condominium, available for \$24.95 plus \$5 shipping and handling. For more information, call (248) 644-4433 or visit bmeisner@meisner-associates.com. This column shouldn't be construed as legal advice.

### HOMES SOLD-WAYNE

These are the area residential real estate closings recorded the week of June 21-25, 2010, at the Wayne County Register of Deeds office. Listed below are cities, addresses, and sales prices.

Canton	Price
1731 Bentley Ct	\$279,000
4030 Berkeley Ave	\$80,000
4102 Brookstone Dr	\$220,000
41693 Conner Creek Dr	\$230,000
250 Essex Ln	\$123,000
1697 Fern Ct	\$141,000
46743 Grand Oak Ct	\$351,000
3029 Greenwich Ct	\$239,000
43722 Hanford Rd	\$142,000
47801 Hastings Rd	\$350,000
39975 Hillary Dr	\$130,000
45657 Holmes Dr	\$175,000
40052 Koppernick Rd	\$115,000
1909 Lone Wolf Ln	\$119,000
48389 Manor Bridge Dr	\$105,000
8325 N Lilley Rd	\$93,000

Garden City	Price
28451 Beechwood St	\$18,000
29136 Bridge St	\$44,000
29483 Brown Ct	\$82,000
217 Henry Ruff Rd	\$70,000
5690 Henry Ruff Rd	\$76,000
28978 Leona St	\$70,000

Livonia	Price
30503 Six Mile Rd	\$180,000
36670 Angeline Cir	\$90,000
14085 Ashurst St	\$168,000
37652 Bloomfield Dr	\$225,000
14659 Blue Skies St	\$119,000
11301 Brookfield St	\$90,000
9364 Colorado St	\$105,000
9127 Danzig St	\$93,000
15558 Doris St	\$90,000

Northville	Price
16525 Farmington Rd	\$100,000
32687 Five Mile Rd	\$38,000
31731 Gable St	\$140,000
18420 Gillman St	\$74,000
14177 Hillcrest St	\$135,000
15241 Houghton St	\$145,000
12173 Inkster Rd	\$75,000
19903 Irving Dr	\$273,000
20689 Josie Ct	\$45,000
17226 Louise St	\$24,000
15161 Melrose St	\$60,000
14731 Newburgh Rd	\$82,000
37596 Northland St	\$221,000
15660 Oakhill Ct	\$195,000
29618 Orangelawn St	\$89,000
33030 Perth St	\$170,000
37132 Sunnydale St	\$172,000
18261 University Park Dr	\$64,000
18352 University Park Dr	\$47,000
18384 University Park Dr	\$53,000
18720 Vanderhaven Ln	\$140,000
35524 W Chicago St	\$123,000
15644 Westbrook St	\$190,000
34429 Wood St	\$150,000
43525 Six Mile Rd	\$383,000

Plymouth	Price
46920 Seven Mile Rd	\$130,000
46957 Curtis Rd	\$260,000
16302 Forest Lake Dr	\$233,000
50376 Mulberry Ct	\$20,000
18978 Oak Leaf Ln	\$780,000
17747 Parkshore Dr	\$505,000
49045 Rainbow Ln S	\$284,000
20197 Rippling Ln	\$213,000
17167 Spring Hill Ct	\$433,000
17391 Stonebrook Dr	\$522,000
45513 Tournament Dr	\$670,000
473 W Cady St	\$550,000

Westland	Price
12920 Mercedes	\$78,000
16596 Norborne	\$39,000
8841 Royal Grand	\$70,000
13501 Royal Grand	\$53,000
8816 Salem	\$50,000
20483 Wakenden	\$28,000
11322 Winston	\$52,000
13502 Wormer	\$28,000

### HOMES SOLD-OAKLAND

These are the area residential real estate closings recorded the week of June 21-25, 2010, at the Oakland County Register of Deeds office. Listed below are cities, addresses, and sales prices.

Beverly Hills	Price
16206 Beechwood Ave	\$190,000
18580 Devonshire St	\$248,000

Bloomfield Hills	Price
13 Oaks Ct	\$186,000

Farmington	Price
34252 Cortland Ave	\$170,000
23139 Farmington Rd	\$85,000
36666 Heatherton Dr	\$160,000
35516 Lark Harbor Ct	\$110,000
21235 Larkspur St	\$138,000
33115 Orchard St	\$69,000

Lathrup Village	Price
27860 Evergreen Rd	\$72,000

Milford	Price
518 Atlantic St	\$133,000
952 Hillside Dr	\$188,000
1640 S Milford Rd	\$425,000

Novi	Price
22155 Antler Dr	\$233,000
26052 Clark St	\$56,000
41541 Cypress Way	\$89,000
30877 Jasper Rdg	\$110,000
29899 Martell Ct	\$355,000
44525 Midway Dr	\$262,000
23914 Mondavi	\$50,000
30340 Pennington Ln	\$350,000
25526 Portico Ln	\$125,000
41626 Steinbeck Gln	\$400,000

### REAL ESTATE BRIEFS

#### 'Dressing Homes'

Deborah Chene of Staging Impressings will present "Dressing Homes for Holiday Guests and Buyers" 7-8 p.m. Tuesday, Oct. 12, at 23290 Farmington Road, corner of Orchard Street. Sponsor is Home Smart Realty. Call to reserve a seat (limited seating) at (248) 345-1268.

#### Investors

Andy Heller will explain his "Buy Low, Rent Smart, Sell High" strategy using bank-owned property, sponsored by Real Estate Investors Association of Oakland on Thursday, Oct. 14, 5:30-9:30 p.m.

at Club Venetian, 29310 John R, north of 12 Mile, Madison Heights. Free to members, \$20 nonmembers. Call (800) 747-6742. (www.REIAofOakland.com)

#### BIA

•Building Industry Association of Southeastern Michigan (BIA) will present a Real Estate Continuing Education Course on Tuesday, Oct. 12, from 8:30 a.m. to 3:30 p.m. at Association Offices, 2075 Walnut Lake Road, West Bloomfield.

Lori Chmura of Middleton Training will present an update on Real Estate law and practices as required for

Real Estate Continuing Education certification. Registration is \$60 per person for members of BIA's Sales and Marketing Council, \$80 per person for BIA members and \$125 per person for guests. Continental breakfast and lunch are included in the registration. For registration information, call (248) 862-1002 or register online at www.builders.org/events.php.

#### Real Estate Sales and Appraising

Learn about a career in residential real estate. Attend a free

one-hour seminar, or shadow a top agent to get an inside feel of the business. Seminars are at noon or 6 p.m. Wednesdays. To reserve a spot, contact Keller Williams Realty International, at (248) 893-2500, 27555 Executive Drive, Suite 100, Farmington Hills 48331.

#### Seminar on Tuesdays

A free Reverse Mortgage Seminar is 6:30 p.m. every Tuesday at Colonial Mortgage Corp., 33919 Plymouth Road, Livonia. No obligation. Learn about reverse mortgages. RSVP with Larry Brady at (800) 260-5484, Ext. 33.

# Challenging fun for ALL ages

## Thursday PUZZLE CORNER

### CROSSWORD PUZZLER

**ACROSS**

1 Wedge in  
4 Plunging neck-line  
7 Nuisance  
11 One who graduated  
13 Magda's sister  
14 Flock members  
15 Lavish party  
16 Catch on  
17 Frog step  
18 Flower product  
20 Stale and damp  
21 Trottled  
22 Zig's opposite  
23 Rush off  
26 Made fizzy  
30 Cry of disgust  
31 Prince Valiant's son  
32 — take me all day!  
33 Wrestling hold  
36 Piece of paper  
38 Keats opus  
39 Region of India  
40 Cringe at

**DOWN**

1 Snag  
2 Mr. Greenspan  
3 Bedroom slipper  
4 Human herbivore  
5 Nonstop  
6 Gobble down  
7 Caviar fish  
8 Totally amazes  
9 Uncluttered  
10 Spot  
12 Large, in combos  
19 Make doilies

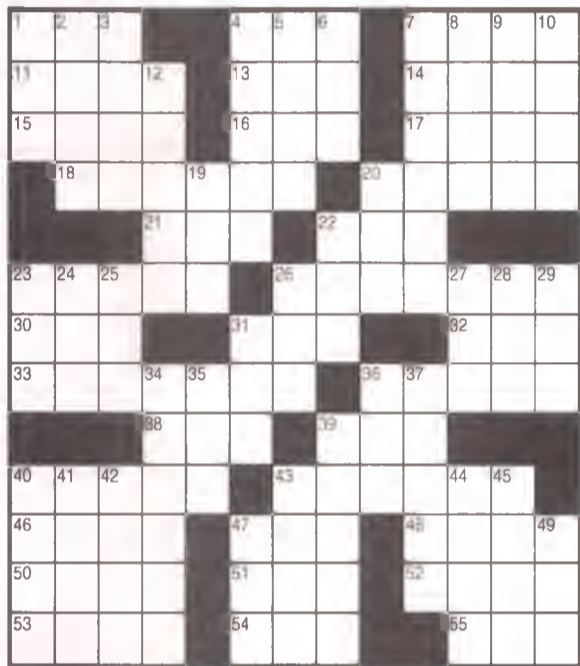
**43 Blows, as a volcano**  
46 Dappled horse  
47 Expert  
48 Fab Four name  
50 Basilla area  
51 Tall bird  
52 Long past  
53 Garden intruder  
54 Chat, slangily  
55 Fix the table

#### Answer to Previous Puzzle

C	B	S	N	O	B	B	E	A	M
W	H	A	M	B	R	A	L	A	N
H	A	L	O	C	P	R	O	R	A
O	M	E	G	A	H	E	R	B	S
A	P	R	B	L	A	D	E	H	O
A	L	A	N	S	O	D	A		
V	A	L	L	E	E	L	A	T	E
O	V	A	L	U	R	A	L		
L	E	D	G	A	N	G	S	T	A
D	R	I	P	S	T	U	R	B	O
A	M	I	E	P	A	L	L	E	A
D	E	E	T	L	I	B	N	A	S
S	A	S	E	Y	D	S	A	T	E

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20 Damage  
22 Buddhism in Japan  
23 Workout facility  
24 Wheels  
25 Electrical unit  
26 Ozarks st.  
27 Railroad track part  
28 Summer, to Pierre  
29 Banned bug spray  
31 Poker card  
34 Granted a mortgage  
35 Like some socks  
36 Not worth a —  
37 Carefree  
39 Cluster  
40 Gunslinger's dare  
41 Hawser  
42 Pave the way  
43 Humorist — Bombeck  
44 McCloud's hometown  
45 Certain  
47 Pricing word  
49 Endorse



## SUDOKU

3			4	6				1
2	4		1		8			
				3	7	5		8
1	5		2		6			
		4	7			9	8	
				3				
					1	4	2	
	6	3	5		2	7		
4	2		9		6	8		

#### Fun By The Numbers

Like puzzles? Then you'll love sudoku. This mind-bending puzzle will have you hooked from the moment you square off, so sharpen your pencil and put your sudoku savvy to the test!

#### Here's How It Works:

Sudoku puzzles are formatted as a 9x9 grid, broken down into nine 3x3 boxes. To solve a sudoku, the numbers 1 through 9 must fill each row, column and box. Each number can appear only once in each row, column and box. You can figure out the order in which the numbers will appear by using the numeric clues already provided in the boxes. The more numbers you name, the easier it gets to solve the puzzle!

## Word Search — Shelter Dog

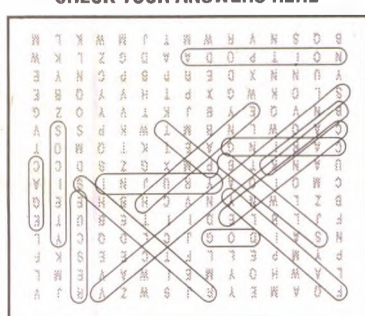
F Q A M E Y R J S W Z V R J V  
L A W H O Y M E I W A V E M L  
P Y M P E L L F T C E E S K F  
N S A I D O G J C L D Q C Y L  
F J L B L E D I I T E B U T E  
B Z L W N Y N V C H B H E E G  
C M O I O A Y R U J N I S I A  
U A N K T B P M X G Z S D C C  
C A R I N G A E T K T Q M O T  
C A O W L N B M T W K P S S V  
B N V Q E Y B J K T V Y O Z G  
S L O K W G X P T H V Y Q B E  
Y U N N X D E R P B P C N Y E  
N O I T P O D A A D G Z L K W  
B Q S N V R W M T J M W K L M

adoption cage dog injury shelter  
bark canine family pet society  
bowls caring humane rescue vaccinations

#### CHECK YOUR ANSWERS HERE

5	8	8	9	7	6	1	2	4
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#### CHECK YOUR ANSWERS HERE



# REAL ESTATE

[HOMETOWNLIFE.COM](http://HOMETOWNLIFE.COM)

**3000-3890**  
Real Estate

**Open Houses** 3030

NOVI OPEN Sun 1-4pm, Oct. 10. 4181 SYCAMORE DR. 4 BR, 2 bath, private, fenced, updates, Novi schools, clean. Move-in ready, \$220,000.

WESTLAND: Open Sun. Oct. 10, 1:30-4:30pm. 39229 Maes. 5 bdrm, 2 bath, 1772 sq. ft. Colonial. Move in ready! Great Schools! MARGIE TAURIANEN National Realty Centers 734-620-1444

**South Lyon** 3400

**COLONIAL ACRES SUB**  
3 bdrm, 2 baths, upgraded kit., carpeted & window treatments, appliances, fin. bsmt. c/a, brick paver courtyard. Co-op unit. \$79,900. Cindy Sinelli, 248-437-1159

**Oh Yeah!**  
Make your life easier... find it in your classifieds!

**Condos** 3720

**By Owner**  
NORTHVILLE - Exceptional & ready to move in! Brand new kitchen and updated baths. New carpeting throughout this 2 bdrm, 1.5 bath freshly painted condo. Ceiling fans, humidifier and partially finished bsmt. washer & dryer, brick patio. Great location! Please Call: (248) 982-5326

**Manufactured Homes** 3740

Most homes have been remodeled

**Save up to 50% on repossessed manufactured homes!**  
We finance with approved down payment!  
Participating based on credit/multi-credit  
Call Steve@ (734) 414-9760 in Plymouth Hills

**FIND IT ONLINE**  
HOMETOWNLIFE.COM

**CANTON - Own Your Own Manufactured Home For As Low As \$638/mo.**  
10% down with 12.5% APR includes lot rent warranty and insurance. 3 bed/2 bath, deck, fireplace, financing avail.

**SUN HOMES**  
Academy/Westpoint academywestpoint.com 1-888-658-5659  
\*Some restrictions apply. Expires 10/31/10. EHO

**Manufactured Homes** 3740

**CANTON HOMES FOR SALE**  
4 bed/2 bath, deck, fireplace, \$24,900. Financing available.

**SUN HOMES**  
Academy/Westpoint academywestpoint.com 1-888-658-5659  
\*Some restrictions apply. Expires 10/31/10. EHO

**LIVE IN PLYMOUTH w/ONLY \$3,000 DOWN!!!**  
3 Br, 2 bath for less than \$525 a month!!! Steven @ AJR Homes Sales 734-414-9760

**Northern Property** 3790

**By Owner**  
OSCODA, MI. 3 bdrm ranch home, 2 bath, 2 car garage, open floor plan, 1830 sq. ft. 1.7 acres. Beautifully landscaped, gated community with private restaurant, lake privileges, many extras. View on www.owners.com. TJA3106. \$154,000. Call: (989) 820-8182

# HOME & SERVICE

[HOMETOWNLIFE.COM](http://HOMETOWNLIFE.COM)

**0001-2450**  
Home & Service

**Brick, Block & Cement** 829

**QUALITY BRICK WORK**  
All brick work - New & Repairs. Porches, Chimneys, Etc. Free Est. 734-772-4656

**Drywall** 850

**COMPLETE DRYWALL SRV.**  
Plaster Repair. All jobs welcomed! Lic/Ins. Free Est. 27 yrs. exp. Mark: 313-363-6738

**Electrical** 3730

**FAMILY ELECTRICAL**  
City cert. Violations corrected. Service changes or any small job. Free est. 734-422-8080

**G & G ELECTRICAL**  
Reasonable Rates. Senior Citizen & UAW Dis. Free Est. 734-634-9104

**Garden Care** 0930

**Fall Cleanup • Yard Maint.**  
• Rototilling • Fall Land. Lic/Ins. Good's Nursery (734) 846-3736

**Hauling/Clean Up** 1030

**A-1 HAULING**  
Move scrap metal, clean basements, garages, stores, etc. Lowest prices in town! Quick service. Free est. Wayne/Oakland - Central location. 248-547-2764, 248-559-8138

**Hauling/Clean Up** 1030

**Clean-up/Hauling Srv. Cheap Rates!** Garages, bsmts, attics. Free Est. 248-521-8818 www.lacoureservices.com

**Landscaping** 1210

**COMPLETE LANDSCAPING BY LACOURE SERVICES**  
Spring clean-ups, landscaping, grading, sodding, hydro-seeding, all types retaining walls, brick walks & patios. Drainage & lawn irrigation systems, low foundations built up. Weekly lawn maintenance. Haul away unwanted items. Comm. Res. 37 years exp. Lic & Ins. Free Est. www.lacoureservices.com 248-489-5955, 248-521-8818

**Moving/Storage** 1980

**A1 Movers A+ Service**  
Lic. & Insured-Efficient for only \$65/hr. 866-633-7953

**Painting/Decorating Paperhangers** 1420

**PAINT IT!**  
Give yourself the look you always wanted. Neat, reasonable, insured. (248) 225-7165

**PAINTING**  
Int/Ext. 33 yrs of quality work. Wallpaper removal. Ref. Ins. Call: (734) 664-1034

**PAINTING BY MICHAEL • HIGHEST QUALITY Interior / Exterior**  
• Staining • Textured Ceilings • Faux Finish • Plaster/Drywall Repair • Wallpaper Removal • Deck Staining • Aluminum Siding Refinishing • Free Est. 248-349-7499 734-664-8147

**Roofing** 1640

**AFFORDABLE PRICES**  
• Tear Offs • Reroofs • Repairs. Lic/Ins. Weatherguard Roofing 734-425-9665 248-344-4966

**APEX ROOFING - Quality work completed with pride.** Family owned. Lic & Ins. BBB A+ Rating. For honesty/integrity. 248-476-6984, 248-855-7223

**LEAK SPECIALIST** Flashings, Valleys, Chimneys, etc. Warr. Member BBB. 30 yrs. exp. Lic / Ins. Call: (248) 346-4321

**Tree Service** 1960

**Affordable Res. Removals & Trim.** We beat written est. \$1,000,000 Ins. Top quality. J. Romeo 248-939-7420 or 248-978-1096. Fully insured.

# APARTMENTS

[HOMETOWNLIFE.COM](http://HOMETOWNLIFE.COM)

**4000-4980**  
Real Estate

**Apartments/Unfurnished** 4000

**FARMINGTON MANOR APTS.**  
1 bedroom, carport. Move-in Special Avail! \$505 move-in. 248-888-0868

**GARDEN CITY - SPECIAL**  
Lg 1 bdrm, \$500 + sec for ones that quality. 734-464-3847, 734-513-4965

**FARMINGTON AREA**  
Adult community, quiet country setting, heat/water incl. \$540/mo, pet okay. Call: (734) 564-8402

**FARMINGTON HILLS ANNGIE APTS.**  
NO APPLICATION FEE FREE HEAT! 1 bedroom \$505. 9 Mile/ Middlebelt 248-478-7489

**Apartments/Unfurnished** 4000

**Plymouth \$300 Moves You In\***  
1 Bedroom, \$597 per mo. Berber carpet, bookcase Laundry, extra storage Dogs welcome 734-459-6640 EHO www.cormorantco.com \*call for details

**Plymouth Rent Starting at \$549 FREE HEAT**  
1 & 2 Bedroom Apt's. Plymouth Manor Plymouth House 734-455-3880 www.yorkcommunities.com

**Apartments/Unfurnished** 4000

**PLYMOUTH-SHELDON PARK**  
Spacious 1 & 2 bdrms. C/A, pool, carport, from \$525. \$300 sec dep, 50% off 1st 3 months rent w/ good credit. Call: (734) 455-6570

**Apartments/Unfurnished** 4000

**Westland Park Apts.**

**LOOK**

**FREE RENT**  
2 Bdrm, 1.5 Bath, \$565, 936 Sq. Ft. 1 Bdrm, \$490, 728 Sq. Ft. \$200 Security Deposit Heat and Water Incl (New residents only) with approved credit No Pets, C/A, Vertical Blinds, Intercom. Appliances include dishwasher. Very clean Apartments Excellent Maintenance (734) 729-6636

**Westland VENOY PINES APTS. Rent Starting at \$479**  
• 1 & 2 bedroom apts. with fireplace. (734) 261-7394 www.yorkcommunities.com

## THE APARTMENT SPECIALISTS

Even in these trying times, we still have the best prices!

**Westland**

**Parkcrest Apts.** Designed with ROOMMATES in MIND! Across from Meijers Livonia Schools (734) 522-3013

**Plymouth**

**Carriage House** Move-In Specials! CENTRAL AIR Corner of Haggerty & Joy (734) 425-0930

**Wilderness** SPACIOUS!! 2 Bdrms, 1000 sq. ft. CARPORTS/POOL WASHER & DRYER inside unit Livonia Schools (734) 425-5731

**Garden City**

**Luna Apts.** Move-In Specials! Near Westland mall (734) 425-0930

Take advantage of one of these great specials today!

**Village Apts.** HUGE Bathrooms Bordering Westland (734) 425-0930

**734-451-5210**  
www.sleasing.com

**SUN HOMES**

**Manufactured Homes for Rent**  
Starting at \$729/mo.\*  
3 bedrooms, 2 baths, never lived in

**Academy/Westpoint**  
www.academywestpoint.com  
1-888-272-3099

\*Some restrictions may apply. Expires 10/31/10. EHO

# APARTMENTS

HOMETOWNlife.com

**Condos/Townhouses** 4020

**LYON TWP**  
2 Bedroom, 1.5 bath, full bsmt, 1.5 bath, carpeted, carport, \$950/mo. includes heat/water. 248-345-6544

**PLYMOUTH:** 3 bdrm, appli., full bsmt, 1.5 bath, carpeted, carport, \$950/mo. includes heat/water. 248-345-6544

**Duplexes** 4030

**Belleville Lakelant**  
Bring your kayak! 2 bdrms, dock, appli., 15 min to Ann Arbor! \$890/mo. incl. util. Call: (734) 274-0625

**Flats** 4040

**LIVONIA** - Spacious, cute 3 bdrm upper \$650 + sec./utilities. No pets. Immed. occ. 734-788-1643

**Homes For Rent** 4050

**AFFORDABLE HOMES FOR RENT!**  
3 BR/2 BA HOME ONLY \$629\*

Security Deposit \$299  
**College Park Estates**  
51074 Mott Road in Canton  
**Call TODAY!**  
(888) 284-9760

Apply Online at:  
www.relocatemyhouse.com  
\*Some restrictions apply for details. All applicants subject to credit & criminal check. Exp. 10/31/2010 EMO

**Homes For Rent** 4050

**DEARBORN**- Attractive 3 bdrm cape cod, fin bsmt, dining rm, 2 baths, \$850. Bad credit ok, option avail. 248-788-1823

**DETROIT** - West side near Greenfield & W. Chicago. 3 bdrm ranch, finished bsmt, option, \$550. 248-788-1823

**DETROIT**- Ford/Evergreen. Clean 2 bdrm, bsmt, new carpet. Nice yard. \$550/mo w/option to buy 313-820-2255

**GARDEN CITY:** Sharp 4 bdrm ranch, garage, 2 bath, kitchen appliances, option avail, \$800. 248-788-1823

**INKSTER:** 3 bdrm ranch, finished bsmt, 2 car garage, dining room, appls. Option available. \$650/mo. 248-788-1823

**NOVI**  
Homes from \$799/mo!  
Several communities in the area! 888-884-1339

**Homes For Rent** 4050

**PLYMOUTH** - 3 bdrm, 1.5 bath, bsmt, 2 car garage, appliances, air. \$1150/mo. Lease + sec. (734) 455-0391

**WAYNE**- 4 bdrm, 2 car gar., fenced yard, quiet neighborhood. \$850/mo, Sec 8 welcome. Call Eric 734-674-3093

**WESTLAND** - 2 bdrm, all updated, like new, no bsmt or garage. \$700/mo + security. 734-788-2929, 734-536-0060

**WESTLAND 3** Bdrms, 2 bath, garage, air, appliances, fenced yard. Middlebelt/Ann Arbor Trail, Livonia schools. \$1000. 734-255-8774

**WESTLAND:**  
Small 3 bdrm, c/a, garage, \$550/mo.

Ross Realty: (734) 326-8300

**Rooms For Rent** 4140

**GARDEN CITY**  
Furnished room, cable TV, a/c, microwave, fridge. No deposit. \$100/wk. 734-421-2326

**Garden City:** Working person drug-free, sleeping rooms, furnished. \$75-\$95 wk. Sec. 734-377-2796, 734-255-5909

**NORTHVILLE or PLYMOUTH**  
Downtown. 1st week with full deposit. Furnished sleeping rooms. Newly decorated. \$85/wkly. Security deposit. 734-355-6453, 248-305-9944

**Office/Retail Space For Rent/Lease** 4220

**REDFORD TWP.**  
OFFICE SUITES  
Small suites avail.  
From 1 room & up.  
Great rates incl. utilities.  
**CERTIFIED REALTY INC.**  
(248) 471-7100

**Garage/Mini Storage** 4300

**CANTON - 2.5 CAR GARAGE FOR RENT**  
Joy & Beck, \$150/mo. Call: (734) 320-7500

**Oh Yeah!**  
Make your life easier... find it in your classifieds!

**Lease/Option To Buy** 4580

**CANTON** - (Former real estate office) 2 private offices, 4 semi-private, conference room, secretary, lobby, full bsmt, next to hospital, \$1500/mo. also for sale. Call: (734) 320-7500

**It's All At Your Fingertips**  
**Observer & Eccentric Newspapers**  
Jobs!  
Autos!  
Real Estate!  
Apartments!  
Garage Sales!  
A Top Notch Service Directory!  
Comes Out Every Sunday & Thursday  
Look no further for the local classifieds!  
To Place Your Ad:  
1-800-579-7355

# MARKETPLACE

HOMETOWNlife.com

**6000-6990**  
**Announcements**

**LOOK HERE**

**Cards Of Thanks** 6300

May the Sacred Heart of Jesus be adored, glorified, loved & preserved throughout the world now and forever. Sacred Heart of Jesus pray for us. St. Jude Worker of Miracles pray for us. 3 Glories, 3 Our Fathers & 3 Hail Mary J.A.

**PRAYER:** Pray 9 Hail Marys for 9 days. On the 9th day make 3 wishes & publish this prayer. Your wishes will be granted. M

**"It's All About Results!"**  
hometownlife.com

**Found - Goods** 6350

**RING** Found ring on sidewalk Sept. 21 on McMunn, in South Lyon Please call 248-437-2401 to identify.

**6000-6990**  
**Announcements**

**LOOK HERE**

**Cards Of Thanks** 6300

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**"It's All About Results!"**  
hometownlife.com

**Found - Goods** 6350

**RING** Found ring on sidewalk Sept. 21 on McMunn, in South Lyon Please call 248-437-2401 to identify.

**Rummage Sale/ Flea Market** 7040

**FARMINGTON HILLS**  
Nardin Park United Methodist Church, 29887 W 11 Mile Rd. Tues., 10/12, 6-8pm; Wed, 10/13, 9-5pm; Thurs., 10/14 9-4pm. Bag sale.

**FARMINGTON HILLS**  
Rummage Sale - Holy Cross Greek Orthodox Church, 25225 Middlebelt Road, Farmington Hills, MI 48336. Fri., Oct. 8th, 12noon-6pm, Sat. Oct. 9th, 9am-12pm.

**FARMINGTON HILLS RUMMAGE SALE**  
The Birmingham Temple 28611 W. 12 Mile btwn Middlebelt & Inkster. Thurs., Oct. 7, 5-8pm, Fri., Oct. 8, 9am-4pm Sat., Oct. 9, 9am-noon Bag Sale!

**No matter what it is, I know I will find it in my O&E Classifieds!**

**RUMMAGE/BAKE SALE**  
Fri, Oct. 8, 9am-5pm & Sat Oct. 9, 9am-12noon Bag Sale. Prince of Peace Church, 12 Mile & Farmington Roads.

**7100 Estate Sales** 7100

**Bloomfield Hills Estate Sale**  
Thur. & Fri, Oct. 7-8, 10-4pm. Designer clothing: men's, women's and children's. Antiques and collectibles, art-work, jewelry, kitchen appli., electronics, TV's, radios, outdoor furniture & ceramic pots, toys, etc. 1741 Golf Ridge Drive S. S side of Long Lake, btwn Franklin & Middlebelt in Wabek Sub

**CANTON ESTATE SALE**  
Furniture, antiques, clothing, sewing machines/equip, light fixtures. 10/9-10/10, 10-4pm. 920 Tyndall, S/Ford & Lilley

**ESTATE SALE**  
FRI OCT. 8TH, 10 am-3pm  
SAT OCT 9TH, 9 am-3pm  
35877 LEON  
LIVONIA, MI  
House full to brim with decorative, household & tools. Check website for details: www.stefeksltd.com 313-881-1800 Street #'s honored 9:30 a.m. Fri. only. Our #'s avail. 9:30-10 Fri. only

**LIVONIA:** 29448 Oakley. Traditional furniture, oak china cabinet & table, bedroom sets, Ham radios, tools, jewelry, porcelain, office equip., holiday decor, general household & more. Sat. 9-4, Sun. 11-3.

**SOUTHFIELD ESTATE SALE**  
18202 Filmore, 10 Mile & Southfield area. Oct 7-9, 10-5pm. Piano, furniture and lots of misc items.

**BEVERLY HILLS:** Multi-Family Sale. Thomasville dining table, office furniture, equipment & supplies. Lamps, stands, heaters, jewelry, gardening pots, toys, board games, misc. items. Oct. 7 & 8, 8:30am-5pm. 3 bks. N. of 13 Mile. W. of Greenfield, off Pierce. W. of 16192 Marguerite. 48025

**BIRMINGHAM - 350 Shirley, W/ Southfield Rd, S side/ Maple.** Designer clothes, sports equip, household and children's toys! 10/7 & 10/8, 9-4pm

**BLOOMFIELD HILLS**  
Thurs.-Sat., Oct 7th-9th, 9am-4pm. 3802 Columbia Drive, off Long Lake, East of Middlebelt, Wabek Ridge Sub. Tons of adult & kid's clothes, most name brands. Shoes, household items, kid's bikes, new stuff too!

**BLOOMFIELD HILLS: MEGA-SALE! OVER 30 YEARS OF COLLECTING!**  
Tons of books, furniture, clothes, shoes, appliances, dishes, cookware, gas grill, outdoor equip., golf clubs, carpet cleaning machine. Esthetician equip, lamps & more! Oct 7-9th 9-5pm NO SUNDAY Absolutely no early birds! Please bring your own bags- we recycle 5839 Blandford Ct., 48302

**Garage Sales** 7110

**CANTON HUGE 2-Family**  
Garage Sale - October 8th (Fri.) & 9th (Sat.), 9am-5pm. Hundreds of Baby & Kid's Clothes. 667 Sorel Drive, Canton 48188

**CANTON:** Big yard sale! Sports, collectibles, antiques, depression glass, household, quilting supplies. From dress-ers. READY TO DEAL! 10/7-10/9: 9-5pm. 43417 Proctor, S of Cherry Hill, E of Sheldon.

**CANTON:** Furniture, household items, antiques, clothing, etc. 46205 Spinning Wheel Dr., Warren & Canton Center, Sunflower Sub. Oct 7-9, 9am.

**CANTON:** Oct. 7-10, Thurs-Sun, 10-6pm 1617 Marlowe. Btwn. Saltz & Ford Rd. Off Sheldon. Rain or shine.

**GARDEN CITY:** Multi-Generational Sale of Collectibles, Antiques & Quality Home Goods. No early birds. Oct. 8, 9 & 10, 9-4. 202 Lathers, W/Inkster, N/Cherry Hill.

**HIGHLAND - MOVING SALE**  
Household garden tools, tractor, generator, oak roll top desk, entertainment center, crafts, holiday, hot tub, much more! Oct 7 & 8, 9th. 2970 N. Hickory Ridge Rd.

**LIVONIA - 2 Family Sale**  
Oct 7-9, 9-5pm. Razor scooter, teen clothes, women's plus size, Halloween & Christmas decor, deluxe Santa suit, toys, books, much more!

**LIVONIA:** Household items, Christmas decor, pictures & CDs. Oct. 7, 8 & 9, 9-4. 14194 Barbara. 1/2 blk off 96 service drive, 1 blk E of Yale.

**LIVONIA:** Household, yard, tools, Nascar, Christmas decor. Oct. 7 & 8, 9-4. 14765 Ronnie Lane. S. of 5 Mile, W. of Farmington.

**LIVONIA:** Thurs-Sat. Oct. 7, 8 & 9, 9-4. 35938 Ladywood St. Misc. household & furniture. N. of 5 Mile, E. of Levan.

**MILFORD Large Garage/ Moving Sale-Thurs.-Sat. 9am-3pm.** Lots of girl's items, furniture, books. 323 E. Commerce St., downtown Milford.

**MILFORD - 2741 Waxom Rd.** 10/9 & 10/10, 10am. Riding lawn mowers, hunting items, lots of new stuff in packaging. Great for gift giving!

**NOVI: Huge Moving Sale**  
Fri, 9-6 Sat, 9-5 Sun, 1-6. TVs, refrigerators, carpet, custom furniture & accessories, clothes, tools & more. 22480 Darcy Ct. N. of 9 Mile, btwn. Taft & Beck.

**NOVI:** Moving! Furniture, household goods, toys, collectibles, yard, tools. 10/7-8, 9-3pm. 41306 Llewellyn Dr. NE corner 8/Meadowbrook

**Garage Sales** 7110

**NOVI:** Sat. only, Oct. 9, 9am-3pm. Mid century furniture, Wakefield hutch & buffet. Sofa. Dressers, Household items. 45540 Violet Lane.

**PLYMOUTH REAL HOME CONSIGNMENT SALE**  
Department-store style - easy to shop! Kids clothing infant to size 14, Toys, Games, Uniforms. Baby Equipment and more! No admission fee - strollers allowed! SATURDAY, OCT. 9TH, 2010, 8:30 am to 2 pm. Located at Plymouth Christian Academy Activity Center (behind Calvary Baptist Church), 43065 Joy Rd., Canton (between Main St. and Lilley Rd.). For more information, email MOPSSale@gmail.com

**PLYMOUTH:** Old wine press & grape grinder. 1930 baby bunnies. Puthough bike. Household, dishes, cubical wares & more! Oct 9th: 9-5pm. 44439 Brookside Dr. btwn Ann Arbor Rd & Ann Arbor Trl off Sheldon.

**PLYMOUTH:** 4 Homes - 8800, 8826, 8854 & 8857 Corinne. W of Main off Joy. Sat only Oct 9, 8:30-5pm. Great prices!

**REDFORD ESTATE SALE!!!**  
Dining set w/corner cabinets, bedroom set, roll-top desk, kitchen table & chairs, pool table, tools, antiques, much more! Fri./Sat. Oct. 8/9, 9am-4pm. 15929 Negaunee, Redford Twp. 248-672-5207

**ROMULUS:** Huge family sale. Misc. antiques. Stereo systems, lots of odds & ends. 10/8-10/9, 9-6pm. 34529 Wick, btwn Wayne & Vining Rd

**SOUTH LYON:** Lg Garage Sale Sat. Only! Oct 9th 9-6pm. 272 Courtney Ct. off 8 Mile in Country Estates. Large record collection. Low prices!

**WALLED LAKE:** Golf clubs/ bags, treadmill, bikes, household, designer purses, kayak & paddle boat, knee board, 10/8-10/9, 9-4pm. 826 Wolverine Dr., S Commerce & Pontiac Trl.

**West Bloomfield:** Household items, living rm & bdrm furniture, art/art supplies & more! 7040 Cottonwood Knoll, 14/ Middlebelt. 10/7-10/9, 10-4pm

**WESTLAND:** Glassware, some furniture, misc. Oct 8 & 9th: 9-3pm. 7680 Louise Ct., S of Ann Arbor Trl, btwn Merriman & Middlebelt enter on Gary

**WESTLAND:** 33341 Anita. Household goods, no tools. 38345 Timberland Dr. N/ Warren, S/Joy, off Hix Thrus. Fri., Sat. Oct. 7, 8 & 9, 9-4.

**Moving Sales** 7130

**BLOOMFIELD TWP:** Sat & Sun, 10/9 & 10/10, 1293 Ashover Dr., S of South Blvd & West of Adams. Furniture, household & misc.

**FARMINGTON HILLS MOVING SALE - 20 Years Accumulation.** Fri & Sat, October 8 & 9, 9am-4pm. 23450 Springbrook (SE 10 Mile & Orchard Lake).

**LIVONIA: Moving/Garage Sales** 16738 & 16722 Whitby. Oct. 8, 9 & 10, 9-6pm. Furniture, books, movies, clothes, tools, misc.

**NORTHVILLE MOVING SALE - Pool table with chairs and all accessories, entertainment unit, patio furniture, washer/dryer, TVs, clothes, home decor, etc. Fri, 10/8, 9am-4pm. 16941 Lochmoor Cir. E., S. of 6 Mile, E. of Beck.**

**NORTHVILLE:** Antiques, furniture, accessories & more! Piced to go! Oct 9th, 9-4pm. 46959 Grasmere, Northville Estates, off 8 Mile, E of Beck.

**PLYMOUTH:** All must go! Tools, kitchen & medical equip/electric wheel chairs. Fri-Sat, 10-6, 8200 Brookville, Weed & N. Territorial.

**REDFORD Moving Sale - Thurs., 9am -1pm. 9187 Mercedes, Redford.** Whole household must go! Furniture, accessories, pictures, all household items!

**REDFORD Moving Sale - Thurs., 9am -1pm. 9187 Mercedes, Redford.** Whole household must go! Furniture, accessories, pictures, all household items!

**GENERATOR - MITSUBISHI:** MGE 6700 - 2004 model - perfect cond. - never been used - rated 5800 W at 60HZ 13HP, 3600 RPM - 73 decibels at 5 ft. - anti-surge, runs electronics - PLUS rubber tired cart, 2 gas cans. \$850, call: (248) 547-8223

**BEK King Size Bed with Brass headboard.** Beautiful bedspread and wood quilt stand. Excellent condition! \$300. 248-885-0323

**Bedroom Set 5 pc., black laquer w/gold trip, headboard, chairs full or queen. Great cond. \$400. Entertainment Center, solid oak. \$350. 313-213-8637**

**DINING ROOM SET** Oak, table with leaf, 6 chairs, china cabinet & food bar, \$475/best. 313-383-6400 or after 6pm call 734-454-7514

**For Sale:** 27 inch Toshiba tube television-like new \$35.00 Tall solid oak entertainment center \$35.00. Call 734-637-9076

**HIGH END INTERIOR DESIGN CLEARANCE SALE**  
Various antiques and reproduction furniture, rugs, lighting, artwork & extensive accessories!  
3 DAYS ONLY!  
10/8 Fri 10:00-6:00  
10/9 Sat 10:00-5:00  
10/10 Sun 10:00-4:00  
Cash or checks accepted!  
933 S. Eton, Birmingham E of Woodward, S of Maple 248-593-8411

**Living Rm Furniture:** For social seating, 2 Henredon sofas: 6 ft., silk muted plaid earth tones. Matching wood round end tables, lamps, octagon cocktail table & gold chair. Price(s) neg. 734-455-5198

**Household Goods** 7160

**MISC ITEMS:** Thomasville bdrm set \$1500. Living rm set \$500. Sleeper sofa \$400. Ice cream maker \$25. Table awning \$30. Gas grill \$400. Deck furniture \$150. Self propelled mower \$200. Lawn aerator \$100. Tiler \$50. Photo equip \$50. 734-762-0428

**QUEEN HEADBOARD/FOOTBOARD**  
Ethan Allen, British Classics, Kingston, Cinnabar finish, new. Asking \$800. 248-505-1376

**SOFA,** 3 Lazy Boy chairs, oak cart, oak end table, Kawai digital piano, Radio Shack key board, air purifier. Call: (734) 522-0573

**SOFA:** Kanki green, 78" (l) x 35" (d). Sherrill. Barely used, looks brand new! Very comfortable! \$300. 248-755-1504

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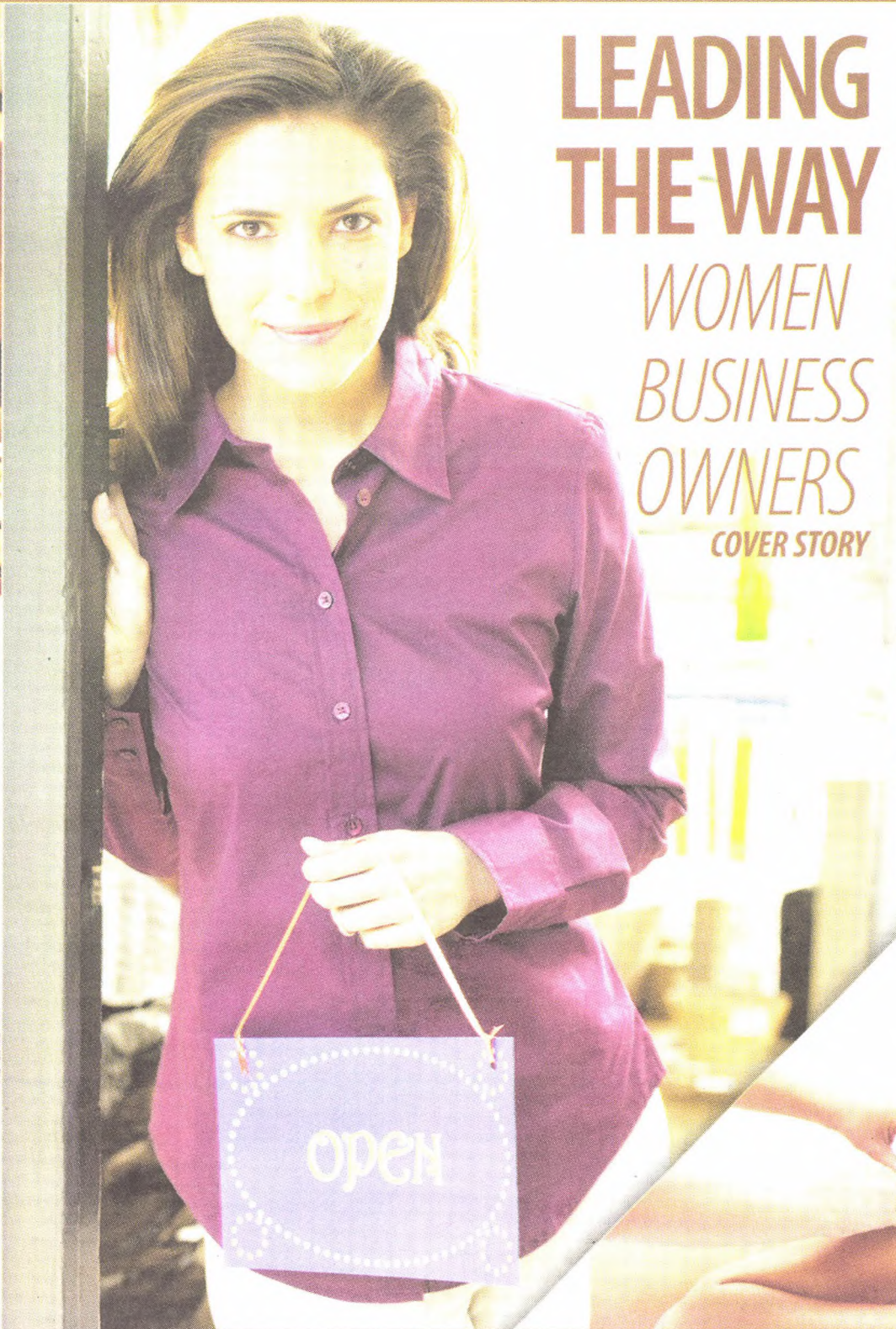
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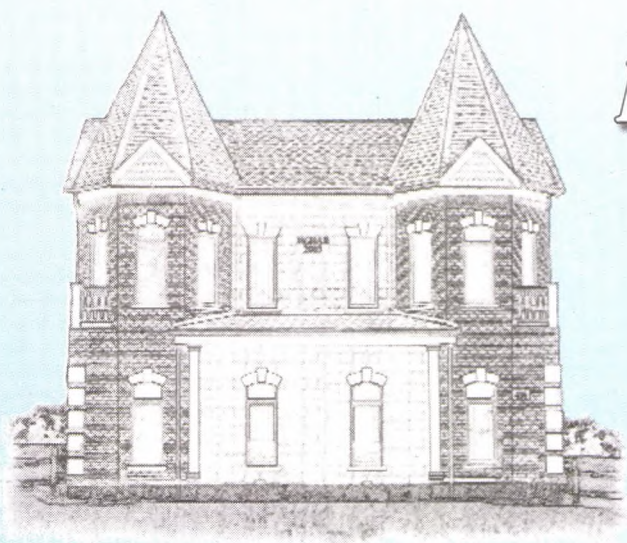
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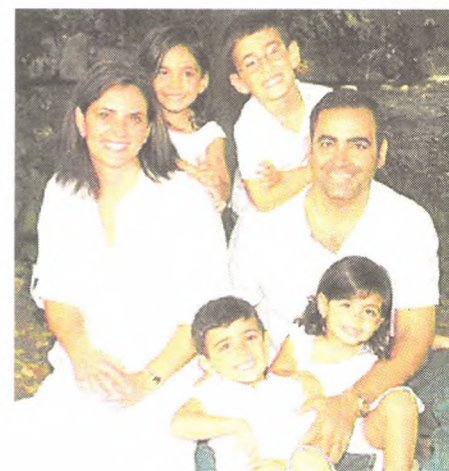
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# Remarkable women share their stories

We are proud and excited about bringing you this very personal and compelling October edition of Hometown Life Woman.

Included in this section is our own staff member and remarkable woman — Pam Fleming. Pam, a reporter on staff of the *Northville Record*, is living and working with pancreatic cancer. I asked Pam a few months ago if she would share her story. Read



**Susan Rosiek**

about Pam's journey and her supportive team at the Karmanos Cancer Institute.

Pam's courageous story represents the spirit of this month's edition wherein we present our version of remarkable women.

Profiles inside today's section are women from throughout the area who take risks, juggle family life, give back to their communities and who own and operate small businesses. These women are emblematic of the backbone of our local economy and we're proud to share their stories today.

October is a special month for women. It marks National Business Women's Week™ and Breast Cancer Awareness Month.

To honor the contributions of working women and employers who support

working women and their families, the National Business and Professional Women's Foundation celebrates National Business Women's Week™ during the third week of October.

The special week provides an opportunity to call attention to women entrepreneurs, jump-start discussions on the needs of working women, share information about successful workplace policies, and raise awareness of the resources available for working women in their communities.

October 2010 also marks the 25th anniversary of Breast Cancer Awareness Month. Inside today's section, women from throughout our area share their stories about battling and surviving breast cancer. Medical professionals emphasize the need for regular mammograms and monthly self-exams as keys to early detection.

If you know someone — and we all do — who has battled breast cancer — a mother, a sister, a daughter, a wife or you yourself may be a survivor — be sure to read the profiles of these amazing, remarkable local women.

Speaking of occasions to honor remarkable women, last month, I attended Florine Mark's 11th annual Remarkable Woman Luncheon. The event showcases enterprising women. It combines food (Weight Watchers™ friendly,

of course), entertainment and fund-raising (the nonprofit event this year benefitted the Beaumont Ministrelli's Women's Heart Center, Barbara Ann Karmanos Cancer Center and the University of Michigan Cardiovascular Center).

Florine is herself a remarkable woman — savvy businesswoman, media personality, fund-raiser and advocate for healthy eating and living. She uses her influence, energy and resources to improve the lives of others.

It's a great event and the *Observer & Eccentric/Hometown Newspapers* is proud to be a media sponsor for many years.

Also inside today's special section are features on Shop Local, Halloween activities, Michigan wines and vineyards, pumpkin baking recipes and a sweet story on local book clubs.

I hope you enjoy this month's menu of features and are as inspired as I was by the women profiled inside *Hometown Life Woman*.

As always, I welcome your comments and suggestions for future editions.

**Susan Rosiek**

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## SHOP LOCAL

# Fall fashion finds

By *Wensdy Von Buskirk*  
Contributing Writer

Fall is here, and you're perfectly willing to spend tons of money on a Halloween costume you'll never wear again. Why not invest instead in a few key wardrobe pieces that will get you through the entire season in style?

We've been shopping local to help you find a few essentials, and number one on our list is suede boots. You can find fun options at **Village Shoe Inn** of Farmington and **Lorla's** in Northville. Or, stop by **Twelve Oaks Mall** in Novi and budget a couple hours to browse the boots at **Nordstrom** for suede in daring shades.

One of the best things about fall is shopping for a new coat. Go ahead, splurge. It's the finishing touch to your wardrobe, and you'll wear it all season long. The right outerwear can transform even the most casual look into a head-turner. We found a great ruffled trim car jacket at **The Clothing Cove** in downtown Milford, made from huggably soft preshrunk cotton. Best of all, it's machine washable.

**The Clothing Cove**  
414 N. Main St.  
Milford, MI 48381  
(866) 685-2500  
[www.theclothingcove.com](http://www.theclothingcove.com)

As fall breezes blow in, it's all about layering. We love Free People lace thermals at **Bella Mia** in downtown Plymouth. These lightweight waffle knits come in fun colors, and the lace trim around the v-neck looks ultra feminine peeking out from collars. **Bella Mia** has a fun, youthful selection, highlighted by brands like Roxy, Kensie, Billabong and Silver Jeans. The mother-daughter owned shop also is stocked with trendy handbags. Check out the Miss Me line, adorned with of-the-moment hardware and details, \$45-\$75.

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If there's one item every girl has a right to purchase this fall, it's the perfect pair of jeans. After all, you'll live in them. To find the right fit, try **Rock on Main** in downtown Northville. This vintage-inspired no nonsense shop is stacked floor to ceiling with more than 20 brands of premium jeans, most of them American-made. The staff are denim experts and with their help you're sure to find a pair that rocks.

**Rock on Main**  
134 E. Main  
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There's more good news when it comes to style — this season's hats mean much more than a bad hair day. Stylized fedoras, cloches and driving caps allow you to make an outfit uniquely your own. If you want to experiment with different looks without spending a lot of money, check out the accessories department at Target, including stores in Livonia, Canton, Westland and Farmington Hills.

[www.target.com](http://www.target.com)



Enzo Angiolini and Nine West suede boots at Nordstrom, Twelve Oaks Mall, Novi.



Neon Buddha ruffled trim car jacket at The Clothing Cove, Milford.



Free People lace thermals at Bella Mia, Plymouth.



Miss Me satchel at Bella Mia, Plymouth.



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# Friendship takes women from sidelines to center court

By Bill Emerick  
Staff Writer

Back in the mid-1970s, opportunities were more limited for women and girls than they are now in the 21st century. That was as true in sports and education as in the world of business.

It would have been no surprise to anyone at that time to find a pair of teenage girls prowling the sidelines of Franklin High School in Livonia as members of the cheerleading squad. Donna Williams and Debbie Kline, both students in the Class of 1974, were following a typical path available to girls then, cheering for the boys teams and enjoying the popularity that came with being on the squad.

Fast forward some 35 years, and the now Donna Inch and Debbie DeNapoli, have both crafted successful careers in the highest levels of industry, and managed to combine those careers with marriage and children along the way.

The two women, who remain fast friends still talk frequently, 40 years after entering Franklin High together as freshmen.

Inch, 54, is now chairman and CEO of Ford Land, the real estate division of Ford Motor Co., while DeNapoli, also 54, is safety director for Beaumont Hospitals. They've landed in remarkably comparable positions in 2010, but their paths have not always been mirror images despite starting from the same point as high school students.

Inch has worked for the Ford Motor Co. for 32 years, in a variety of jobs, before landing her current position in January. DeNapoli, meanwhile, has been at Beaumont for 16 years following stints with 7-Up/Canada Dry Bottling, the University of Michigan and, ironically, an internship at Ford while she was in college.

## GOAL-ORIENTED

Although neither had a clear vision of their working life while they were cheering on the Patriots, both knew even then they had a higher goal than was common for girls in those days.

"I thought I would be a successful, independent woman even back then, but I didn't know where I'd end up," said DeNapoli, who married husband, Paul (Franklin Class of '73). Together they raised two children — Danielle 23, a graduate of Western Michigan University who now lives in Chicago, and Chris, 19, a sophomore at WMU.

"Way back then, there were girls who wanted to graduate and get married and stay at home and have kids — and they did that. Donna and I were different — we wanted more. We were lucky to have parents that supported us and sent us away to get educated," said DeNapoli.

"I've said this before: A lot of people get out of college and know exactly what they want to do," said Inch, who with husband, Howard (Plymouth Salem Class of '76) has children Geoffrey, 23, a University of Michigan graduate, and Laura, 19, a student at U-M.

"I wasn't like that. I knew I was going to college, that was the expectation. I knew I liked business, but I didn't have a real good view of myself.

"We were real hard-working people and we were competitive," Inch added about her and DeNapoli. "We had the capability and the drive to excel, even when it wasn't some-



Debbie (Kline) DeNapoli was a varsity cheerleader for the Livonia Franklin Patriots.



Donna (Williams) Inch in her cheerleading days at Livonia Franklin.



PHOTO BY DAN ANDALOREO

Friends and successful career women, Donna (Williams) Inch, head of Ford Motor Land Development Corp., and Debbie (Kline) DeNapoli, safety director for Beaumont Hospitals, meet again on the Franklin football field.

Please see FRIENDSHIP, 18

Tony Kinsey, Leukemia Survivor

Terry Fornwall, Pancreatic Cancer Survivor

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# Survivor stories

## Early detection increases breast cancer recovery rate



By Linda Ann Chomin

National Breast Cancer Awareness month needs to be observed every month, not just October. According to the latest research, 98 percent of breast cancers are curable if diagnosed at an early stage. Local survivors of the disease attest to the importance of self-exams and mammograms.

### Evon Gray

Evon Gray was diagnosed with Stage 1 breast cancer in May 2010 after a routine mammogram. The 55-year-old Livonia resident remembers checking her breasts in March after attending a medical conference where Peggy Fleming spoke about early detection.

Gray works as a perioperative educator at St. Mary Mercy Hospital. She never felt the walnut-size lump until after a mammogram revealed cancer.

Today, she is grateful for Dr. Harmesh Naik, her oncologist at St. Mary Mercy Hospital. Gray's surgery was a success. She expects the radiation treatments to conclude by Christmas.

James, her husband of 22 years, provided support as have sons Phillip, 18, and Jonathan, 21.

It wasn't always easy to know what to say. Gray dealt with emotions ranging from anger and stress to denial and hurt as she asked: "Why did this happen to me?"

It helped to have her family as well as two of her co-workers at the hospital offering encouragement and hugs through the grueling journey that included two rounds of chemotherapy. Gray refers to them as her "Soul Sisters." Both survived breast cancer.

"My mantra has become when was your last mammogram? We're lucky to have the technology today to diagnose some disease process that could kill you," said Gray, an R.N. since 1979. "When I went to nursing school and they talked about cancer it was so different. The drugs at the time were so poisonous to the system that patients developed system breakdowns. They've developed new drugs. Thirty years ago it was still a death sentence and now it's not."



PHOTO COURTESY OF JEANNIE COX, ST. MARY MERCY HOSPITAL

Evon Gray, R.N. at St. Mary Mercy Hospital, gets ready to administer a flu shot to a fellow employee.



Kimberly Moore was diagnosed with Stage 2 HER-2 breast cancer in June 2009 after a routine annual mammogram.

### Kimberly Moore

Stay positive. That's the message of Kimberly Moore, a breast cancer survivor treated at Botsford Hospital Cancer Center in Farmington Hills. Moore, a Belleville resident, was diagnosed with Stage 2 HER-2 breast cancer in June 2009 after a routine annual mammogram at age 45. Except for six weeks after the lumpectomy, she continues to work as an intake counselor for a regional government agency serving people with disabilities in Wayne.

Her treatment consisted of six sessions of chemotherapy, and 33 rounds of radiation that she finished in May.

Moore's husband, Keith, and her mother were very supportive as was her mother-in-law, Flo, who Moore refers to as her chemo buddy.

"You can make it through. You have to believe that," said Moore. "Keep a positive outlook and maintain your personality as before you found out you had the cancer. Keep positive people around you. Stay positive."

One more piece of advice from this survivor.

"I definitely encourage readers to do the mammograms, self-exams. Breast cancer patients, I ask are you in a support group, reach out for that. If you don't have health care, go out and find those resources to find the breast cancer and treat it."

For more survival stories, see Page 10

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# Survivor stories



Cathleen Maurer of Livonia was diagnosed with Stage 2 breast cancer and went through chemotherapy that began December 2009 then a lumpectomy at Karmanos and radiation treatments that concluded Aug. 20, at St. Mary Mercy Hospital.

## Cathleen Maurer

Cathleen Maurer was able to receive a mammogram at the Weisberg Center of the Barbara Ann Karmanos Cancer Institute in Farmington Hills even though she had no health insurance. The 58-year-old Livonia woman was diagnosed with Stage 2 breast cancer and went through chemotherapy that began December 2009 then a lumpectomy at Karmanos and radiation treatments that concluded Aug. 20, at St. Mary Mercy Hospital. Maurer was diagnosed as a result of the Breast and Cervical Cancer Control Program for Wayne County for women without health insurance and in need of cervical or breast screening. The federal program is made possible in part with proceeds from the annual Komen Detroit Race for the Cure.

Maurer had no history of breast cancer in her family and couldn't afford health insurance so hadn't been screened for two years.

"I guess I was lax. It's not in my family and thought I didn't need to worry," said Maurer, who has the support of 25-year-old daughter, Megan Roslund and husband, Scott.

"The diagnosis was a total surprise and shock. Waiting for the results of the biopsy was torture. The breast cancer brought my daughter and I closer in terms of her being there for me. She took me downtown for the biopsy. She's a registered nurse. Support is important."

Maurer encourages women to do regular self-exams as well as schedule mammograms according to guidelines.

"Any sign of cancer go with people who deal with cancer every day," said Maurer. "Today I feel good. I was able to get Medicaid and receive treatment."

## Attend events: Show your support

Want to have fun for a good cause? Dye your hair pink?

The American Cancer Society (ACS) and the Plymouth Whalers are asking for your support during National Breast Cancer Awareness Month in October.

### ACS WALKS

•Detroit walk begins with a rolling start for the approximately five miles from 8-10 a.m. Saturday, Oct. 9, on Belle Isle.

•Howell walk 9 a.m. Saturday, Oct. 16, at the Howell Court House.

•Ann Arbor walk (3.5 miles) 9 a.m. Saturday, Oct. 23, at Gallup Park.

Registration for all walks begins at 7:30 a.m.

For more information about the ACS walks, call (248) 557-5353 or visit [www.cancer.org/stridesonline](http://www.cancer.org/stridesonline).

### PINK OUT

The Plymouth Whalers host the third annual Pink Out game at Saturday, Oct. 16, in Compuware Arena, 14900 Beck, Plymouth. For more information, call (734) 453-8400 or visit [www.plymouth-whalers.com](http://www.plymouth-whalers.com).

Doors open at 6 p.m. Proceeds go to the Barbara Ann Karmanos Cancer Institute.

Last year, the event raised \$8,000. If the Whalers can raise \$10,000 before the game vs. the Windsor Spitfires, head coach Mike Vellucci and associate coach Joe Stefan will dye their hair.

Players have dyed their hair pink every year before the game to show their support. For a donation, fans can join in the fun by having their hair sprayed pink by the staff of Lucky Hair Salon in Canton.

"We create pink jerseys for the team and auction them off after the game," said Denise Ronayne, director of marketing. "It's very exciting. You're not going to find these any place else. It's a very limited edition."

Several area businesses are contributing to the event as well. Meijer sponsors the game and is providing gifts for a 50-50 raffle. RSIG Security donates what they would charge for their services that night. Blue Cross Blue Shield is reaching out to the community with information about breast cancer.

"One of the things that make our team unique is the relationship with the community," said Ronayne. "The fans look forward to Pink Out, show up in pink. It gives them a way to get involved."

Fans are invited to make donations to Char Merkel at the Plymouth Whalers Box Office at (734) 453-8400.

For more information about breast cancer 24 hours a day, call the American Cancer Society at (800) 227-2345.

## Don't forget to check under your arms

By Linda Ann Chomin  
Contributing Writer

The medical experts at the Barbara Ann Karmanos Cancer Institute are reminding women to check the underarm area when doing their monthly self-exam.

Oculta breast cancer is undetectable by a mammogram and usually diagnosed after a woman finds a lump under her arm.

Medical professionals refer to oculta breast cancer as a patient presenting with axillary lymph node metastases meaning the cancer has spread without a primary in

the breast being found. Although oculta is a rare subtype of breast cancer, 2,000 women are diagnosed each year in the U.S.

"The cancer is so small we can't detect it with any radiation methods," said Elaina Gartner, M.D., a medical oncologist and assistant professor at the Barbara Ann Karmanos Cancer Institute and Wayne State University School of Medicine.

"By looking under a microscope we know it didn't begin in the lymph node but another site. Finding a marker like HER-2 in a lymph node tells us it originated in the breast."


Treatment is the same as for other types of breast cancer — surgery, radiation, chemotherapy — the prognosis similar as well with approximately 75 percent of patients surviving at five years.

Dr. Sharon Helmer has only seen a couple oculta breast cancer patients during her 30 years at the Karmanos Cancer Institute. Helmer, an M.D., is chief of the imaging department at Karmanos.

Please see CHECK, 37

For more survivor stories, see Page 14

—By Linda Ann Chomin



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JOHN HEIDER | STAFF PHOTOGRAPHER

Northville Record reporter Pam Fleming, center, meets with her Karmanos Cancer Weisberg Center oncologist Dr. Philip Philip and nurse practitioner Lynette Guziatek-Trojniak. Fleming has been treated at the center for the last year and a half for pancreatic cancer.

# My story:

## Hard-to-diagnosis disease comes as a shock

By Pam Fleming  
STAFF WRITER

I decided early on that I wasn't going to keep my health condition a secret. More people need to know the symptoms of pancreatic cancer since they are obviously so misunderstood by the medical community.

Patricia Ellis, manager of media relations at Barbara Ann Karmanos Cancer Institute, wrote the following to me when I told her I had agreed to write about my experience.

"Your story is a very important one for the following reasons:

- Your readers need to know that there is hope for all cancer patients, including those with pancreatic cancer.

- The importance of cancer research and clinical trials that offer other options when other traditional treatments are no longer effective.

- As you have experienced, each patient needs to find a supportive medical team willing to anything and everything they can to find the best treatment options for each individual patient.

- We can never stop fighting for cures."

Here's my story about living with cancer.

My symptoms started when I was vacationing in Cancun, Mexico, in December 2008 with my oldest sister and her family.

I was searching for antacids in the hotel store, and that pre-dinner margarita just didn't sound good this trip.



I was so exhausted the day I left I could hardly pack my bag, and my stomach was a wreck. When my niece, Bonnie, walked me out to the shuttle, she asked, "Are you all right?" My answer? "No. I feel terrible."

Little did I know that I had stage IV pancreatic cancer.

On the days leading up to New Year's Eve, other than working, I pretty much holed myself in my apartment, refusing friends' requests to visit or go out. On the evening of Jan. 4, I started passing brownish-colored urine and thought I must have a bladder infection.

The young doctor at Urgent Care the next day said there was just a trace of blood in my urine and that I just needed to drink more water. A visit to my family doctor four days later showed my bilirubin level was elevated (a sign that the bile duct is obstructed). My regular doctor's partner said, "You're fine," as she shut the door, telling me to come back in two weeks if I didn't feel better.

Eight days later I woke up on a Saturday morning so sick I was in tears and went to see my family doctor, who was out of the office on my earlier visit. I remember telling her, "There is something really wrong"

After ruling out diagnoses such as hepati-

Please see PAM'S STORY, 19

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# Getting flu vaccine prevents infection

By Linda Ann Chomin  
Contributing Writer

Just because the H1N1 pandemic never materialized during the 2009-10 season doesn't mean the crisis has passed.

Local infection prevention experts worry that many people will let their guard down and won't receive this year's influenza vaccine.

Last year, two vaccines were necessary to protect against H1N1 and seasonal flu. This year, one shot protects against three different flu viruses — H3Ns, an influenza B virus, and H1N1.

St. Mary Mercy Hospital started vaccinating employees the week of Sept. 20.

"We don't want infections to even happen. Our strategy is prevention," said Sharon McMahon, an infection prevention specialist and R.N.

"It's still important that we get the shot and echo the CDC campaign on Take 3. Take the shot. Take preventive measures — cover your mouth, wash your hands, avoid crowds and sick people. Take antiviral drugs if needed which shorten your length of being ill," added McMahon, who gets a shot every season.

"There's always that chance that some who get vaccine may get a different strain of flu," said McMahon of Canton. "The process for drug companies has been the same for years — look on the other side of globe and anticipate it spreading to us. We're still seeing reports of H1N1 around the globe."

This year, the CDC is recommending anyone age 6 months and older receive a flu shot.

Like McMachon, Laura Kehler worries that the public will be complacent this flu season.

Kehler is the Infection Prevention coordinator at Garden City Hospital where seasonal influenza cases starting showing up in August.

"We're encouraging staff and patients, everyone to get the vaccination to prevent influenza," said Kehler, an R.N. with a master's of nursing from Wayne State University and bachelor's degree from Madonna University.

"H1N1 is ongoing although the numbers dropped significantly since the peak. Those with H1N1 did have some issues associated with it, also fatalities. We sent patients to U-M because they were very sick and ended up on breathing machines. We did have some deaths. We always have deaths associated with influenza."

Kehler recommends that people who received vaccine last year do so again for the 2010-11 season. Each year 36,000 people die from influenza in the U.S.

"The vaccine is safe and does contain H1N1," said Kehler of Livonia.

Dr. Carrie Leff is still expecting H1N1 to be an issue in addition to seasonal viruses and says the incidence of illness "all depends on how much immunity is in the population."

Leff is an internist and pediatrician on staff at Providence Park Hospital in Novi. She recom-



Williams



Leff

mends two doses separated by four weeks for children ages 6 months to 8 years who never received a seasonal or H1N1 vaccine. Leff has two children, ages 4 and 2.

"Kids under 6 months cannot be immunized but parents should because they will spread.

Kids under 6 months are at risk for complications like pneumonia," said Leff, whose office is Novi Internal Medicine and Pediatrics.

"If they received a seasonal flu shot in the past and at least one dose of H1N1, they only need one shot. Age 9 or over only need one shot."

Leff encourages people to come in early as the vaccine is not fully effective for about two weeks.

"For those who don't want to get a shot because they never get the flu it's not necessarily about you. It's about protecting you so you don't pass it on to others," said Leff of Bloomfield Township. "You can be infected five days before any symptoms so if you have children under 5 or care for elderly parents or grandparents you're protecting them."

Dr. Joseph Williams admits he's not the most popular of dads when he brings home influenza vaccine for his five children ages 3-14.

"Influenza vaccine protects for about eight months," said Williams, a physician at Williams Family & Sports Medical Center in Farmington. Williams is on staff at Botsford Hospital in Farmington Hills.

"Every year, mutant strains occur so it's important to reboot. Strains do mutate."

Williams has concerns about the flu season every year but with H1N1 it was different.

"The challenging issue with H1N1 is it has no seasonality to it and I've seen it throughout the year, due to exposure and travel internationally. Seasonal is predictable, starts occurring in November, peaks in late January and may linger to April," said Williams.

"For seasonal, the fatalities are in the young and aged population and asthmatic, those with immunocompromised disease," he explained.

Williams says don't wait to call your primary care physician if there is sudden onset of sore throat, fever, headache, muscle aches, and dry cough as antiviral medication can be prescribed to shorten the duration of an influenza infection.

The flu vaccine is available at physicians' offices, pharmacies, grocery stores, VNA (Visiting Nurse Association) clinics, and local health departments.

For more information, visit the Centers for Disease Control and Prevention at [www.cdc.gov](http://www.cdc.gov).

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# Survivor stories



Heidi Haidar of Northville and her mother, Sobe Nasser, of Plymouth.

## Heidi Haidar

Every month is a good time for women to put one hand on top of their head and use the other hand to check for abnormalities. Heidi Haidar found the pea-size lump herself.

She had just turned 40 and had no history of breast cancer in her family. A biopsy at Karmanos revealed cancerous cells in one breast, precancerous cells in the other. In December 2009, Haidar underwent lumpectomies in both breasts followed by 33 rounds of radiation. Today, she works as a foster care specialist for The Children's Center of Wayne County, an agency that provides foster care, adoption services, and programs addressing therapeutic and mental health needs of children.

Haidar has no time for illness. She's not only raising a family but in the midst of reaching out to the Arabic community in search of foster parents. Born in Lebanon, Haidar moved to the U.S. in 1986.

"I was walking and talking and nothing was wrong," said Haidar of Northville. "That's why it's called a silent killer."

Haidar's family which includes husband, Mark, three children and three stepchildren ages 15 to 23 has been very supportive.

Haidar's mother, Sobe Nasser of Plymouth, was by her side through the surgery and all of the radiation treatments and took care of her and the children and the family home.

"On Dec. 17, my son was supposed to be in his graduation ceremony from Ferris, but I had surgery. My daughter graduated from Madonna and missed her deadline to apply for graduate school," said Haidar.

"I feel it was easier on me than the rest of the family. I've been getting flowers. I'm fortunate to be surrounded by loving family and good friends.

"People tell me I'm a walking miracle. I'm blessed to find it early enough. The big part of surviving is the support."

## Massages, manicures, mammograms, more

October is Breast Cancer Awareness Month and St. Mary Mercy Hospital is hosting "Massages, Manicures, Mammograms & More!" from 9 a.m. to noon, Saturday, Oct. 23, in the hospital's South Lobby.

Invite your mother, sister, daughter or best friend and enjoy a women's health excursion. Learn about women's health, including breast health, the latest in breast screening detec-

tion, cancer prevention and heart health, as well as pamper yourself with a manicure or massage.

This event is free, but registration is recommended. To register, call the Marian Women's Center at (734) 655-1182 or visit stmarymercy.org and click on Classes & Events. St. Mary Mercy Hospital is located at 36475 Five Mile (at Levan) in Livonia.

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# Healthy ways to help reduce risk of breast cancer

October is Breast Cancer Awareness month and an important time to shine a light on breast health for women. Maintaining a healthy lifestyle and diet may help reduce your risk of breast cancer, however, committing to change your habits is sometimes easier said than done. Here are a few tips that make it easy for women to take care of their bodies and may reduce the risk of breast cancer:

1. Don't be shy about breast health. Talk to your doctor and don't be afraid to ask questions.
2. Exercise regularly for at least 30 minutes daily to help maintain a healthy body weight.
3. Make sure that you are performing regular self-breast examinations at home, as well as getting yearly mammograms if you are over the age of 40.
4. Maintain a healthy diet by incorporating the right foods into your daily routine.

One food that is extremely important to include in a healthy diet is eggs, and Eggland's Best eggs can help provide several key nutrients most Americans lack in their diet.

"With increased amounts of Vitamin A, B2, B12, D, choline and Omega-3 plus lower saturated fat and cholesterol, Eggland's Best (EB) eggs are a tasty and convenient nutrient booster," said registered dietitian Julie Upton, M.S., R.D., co-author of "Energy To Burn: The Ultimate Food and Nutrition Guide to Fuel Your Active Life." "As a healthy breakfast or snack, EB eggs provide good nutrition and energy to help you stay nourished and active all day long."

EB supports Susan G. Komen for the Cure®, the world's largest breast cancer advocacy organization. For the first time in the brand's history, they will display the Komen for the Cure's running ribbon logo (along with a pink version of their iconic "EB" stamp) on all egg varieties during the autumn of 2010. EB is donating \$50,000 to support Komen for the Cure in its promise to save lives and end breast cancer forever.

See below for a healthy recipe to get you started on the right track. For additional information and other delicious and healthy recipes, visit [www.EgglandsBest.com](http://www.EgglandsBest.com).

## AUTUMN FRITTATA

Makes 4 servings

- 1/4 cups zucchini, thinly sliced
- 1 cup fresh corn kernels (or one 8-ounce can whole kernel corn, well-drained)
- 1/2 cup sweet red peppers, chopped
- 1/2 cup onion, chopped
- 1/4 teaspoon Italian seasoning
- 1/8 teaspoon crushed red pepper
- 1 tablespoon water
- 4 large Eggland's Best eggs
- 1/2 cup nonfat milk
- 1/2 cup (1 ounce) low-fat shredded cheddar cheese

In a 10-inch nonstick skillet, combine vegetables, Italian seasoning, crushed red pepper, and water. Cover and cook over medium heat, stirring occasionally until crisp-tender.

Thoroughly blend eggs and milk. Pour over vegetables. Cook over low heat until eggs are almost set. Sprinkle with cheese. Broil about 6 inches from heat until cheese is melted.

Cut into wedges and serve from pan or slide from pan onto serving platter.

Notes and suggestions: Can be prepared as a frittata or as an omelet, with a flatter fold-over shape.



Vegetable frittata, ready to serve. Italian-style omelette.

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## FRIENDSHIP

FROM PAGE 6

thing totally constructive. We weren't lazy and we had a good upbringing," said Inch.

### COLLEGE ROOMMATES

The pair began college as roommates together at Eastern Michigan University. DeNapoli, though, eventually transferred to what was then Ferris State College and graduated in 1980 with a degree in occupational therapy and safety. Inch stayed at EMU, earning a bachelor's degree in 1978 and eventually a master's in business administration in 1984.

Both have stayed close to home: DeNapoli still lives in Livonia, where her husband spent 27 years with the Livonia Fire Department before retiring. Inch and her husband moved to Dearborn, where they still live.

"Paul and I are the classic Livonia couple," DeNapoli said. "We met in high school, fell in love, got married and had the boy and girl, the dog and the house with the white picket fence. The typical ready-made family."

DeNapoli is now the head of safety for the Beaumont family of hospitals, responsible for a wide variety of concerns.

"The mission is for our employees to have a safe place to work, our patients have a safe place to recover and our visitors have a safe place to visit," she said. "I want to make sure we're in compliance with all local, state and federal regulations in regards to clean air and clean water. We want to have a nice, safe place."

She even finds herself using some of the skills she first acquired as a Patriot cheerleader.

"There's a lot of rules in this position, but 85 percent of it is public relations," she said. "I give tours and make presentations to groups. It's kind of like performing."

"Back then we were 'just' cheerleaders. We couldn't own or earn a varsity jacket. They didn't even let us keep our pompons. It wasn't a sport."

### CORPORATE LIFE

Inch has climbed the corporate ladder at Ford, starting out in industrial relations and working her way through senior finance positions until landing her final promotion earlier this year.

"After a few years, I determined I wanted to be in professional finance," she said. "I've been in product development and all around the automotive division as financial support in that group. It's similar today with people jumping from company to company, but all my jobs were under the same umbrella. I was lucky enough to advance along the way."

Inch is now responsible for all aspects of real estate in the Ford empire, some 29,000,000 square feet of it by one estimate, including things like new facilities, decommissioning shuttered plants, energy contracts and dealership design support.

"It wasn't a position I'd thought a lot about, but it's been a fabulous opportunity," she



PHOTO BY DAN ANDALOREO

Their enthusiasm for cheering on the Franklin Patriots carried over into their successful careers. Pictured are Debbie (Kline) DeNapoli, safety director of Beaumont Hospitals, and Donna (Williams) Inch, chairman and CEO of Ford Motor Land Development Corp.

said. "It's a new challenge and I wanted that."

Inch also occasionally harkens back to her days at Franklin.

"We both liked the popularity that came with that group (of cheerleaders)," she said, "but neither one of us slacked off on our academics. We just took fundamental characteristics that were instilled in us growing up and created our own opportunities."

At a time in life when many are looking to pull back and take on less responsibility, both women are pressing forward with their career.

"I like being successful at home and being successful at work," DeNapoli said.

Inch has had the chance to mentor other young women trying to make their way in a traditionally man's world and has enjoyed trying to change the culture.

"I feel more proud of that than anything I've done," she said. "You really do help a whole generation of women navigate the corporate world."

The crystal ball was never less than cloudy when the two became friends in their formative years, but they still remain close and fondly recall the days of cheering on their fellow students.

"We can still pick up the phone today and chat and it's like we pick up right where we left off in the last conversation," DeNapoli said. "We don't see each other every day, but we're friends. I know it's a cliché, but it's a great story."

One that's yet to be completed.

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# PAM'S STORY

FROM PAGE 12

tis A, she ordered an abdominal ultrasound to be done a few days later. It showed my bile duct was completely blocked. Things started happening quickly then, with an immediate visit to a nearby gastroenterologist, who ordered an emergency CT scan.

That was the first day I heard the words, "We think you may have a tumor."

## SCAN RESULTS NEGATIVE

The first CT scan showed no tumor, and the next gastroenterologist I saw was relieved.

"We think it's a gallstone that's blocking the duct," he said. I was scheduled for an ERCP, an endoscopic procedure in which a doctor pushes a flexible tube down the throat to unblock the bile duct. It was only then that the tumor was found.

After meeting with a surgeon at an area hospital, I learned the tumor could not be removed because it was wrapped around an important vein. Chemotherapy and radiation would be my only forms of treatment.

I decided to go to another hospital where clinical trials were available. CT and MRI scans there revealed small pancreatic cancer lesions on my liver, placing me in stage IV (metastatic disease) and making me ineligible for radiation therapy.

Probably the worst day of my life was when the doctor there patted me on my knee and said, "I'm sorry to have to tell you this. We don't think the chemotherapy will work, and a lot of patients in your situation don't even seek treatment. We'll talk about the numbers later."

The next morning I woke up and decided I couldn't go back there and had to get another opinion. I remembered that Nickie Bateson, former finance director at the city of Northville, who had a relative with pancreatic cancer, had told me about a doctor at the Karmanos Cancer Institute. The following day I called Karmanos and asked "Can you help me?" I had an appointment three days later.

From March 2009 until the end of May 2010 I was treated at the Weisberg Cancer



Amy Weise, D.O., is a member of Pam's multi-disciplinary team at Karmanos.

Treatment Center in Farmington Hills under the care of Dr. Philip Philip, Karmanos' world-renowned pancreatic cancer specialist. After three different chemotherapy regimens, I have exhausted FDA-approved drugs that they think would be effective. I will start in a Phase I clinical trial, using an experimental drug under the care of Amy Weise, D.O., at the Karmanos Phase I Clinic in Detroit.

I'll never forget the first day I met Dr. Philip, who I heard, ironically enough, had trained the doctor I had seen at the previous cancer center.



**Probably the worst day of my life was when the doctor there patted me on my knee and said, "I'm sorry to have to tell you this. We don't think the chemotherapy will work, and a lot of patients in your situation don't even seek treatment. We'll talk about the numbers later."**

"We don't care what they say," he told me. "There are three things that we see with stage IV pancreatic cancer patients — they are losing weight, they have a lot of pain, and they look sick. You have gained all of the weight back that you initially lost, you have no pain, and you don't look sick. We're going to treat you and see what happens."

I know my prognosis is not good. Less than 5 percent of stage IV pancreatic cancer patients live more than five years.

But Dr. Philip, my certified nurse practitioner, Lynette Guziatke-Trojniak, and the entire treatment team at Karmanos have already helped me live longer than many patients with my type of cancer, and my quality of life is still fantastic. I'm still working full time and golfing on a regular basis.

Pharmaceutical companies are developing new drugs all the time to treat pancreatic cancer, and the Karmanos Phase I Clinic staff has a wide selection from which to choose.

I've learned you can't wake up every day thinking you're going to die. You live, you fight the disease, and you accept what comes.

Here's hoping I live long enough to go on that trip to Ireland I've dreamed about since I was a girl. Life is for the living, and we must all continue to dream, hope and believe.

Who knows? Maybe I'll even get back to Cancun this December.

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# Tour Wine Country



PHOTO BY CAROLINE SCHAEFER

Brys Estate Vineyard and Winery, 3309 Blue Water Road, Traverse City, is a family owned boutique winery. It is situated on 80 acres with breathtaking views of East Grand Traverse Bay.

## Michigan wineries and vineyards make perfect fall attractions

By Alison Accavitti  
Contributing Writer

Michigan winemakers are offering so much more than basic red and white table wines.

Producing more than one million gallons of wine annually, statewide winemakers have increased production of cordials, ports, brandies, eau de vies (water of life), dessert wines, meads and more.

With fall colors expected to peak a little earlier this season due to a warmer summer, wine tours are a great retreat for autumn hues, gorgeous backdrops and, of course, delectable wines.

"Because this is harvest season, people combine their color tours with their winery visits, especially up north," said Karel Bush of the Michigan Grape and Wine Industry Council.

"During the fall season, the wineries are lush and full and beautiful to look at."

Michigan boasts 75 commercial win-

Please see WINE, 25



PHOTO COURTESY OF THE TRAVERSE CITY CONVENTION VISITORS BUREAU

Visitors to Peninsula Cellars sample some of the winery's popular "Hot Rod Cherry" wine. Like many Traverse City vintner, the owners of this small Old Mission Peninsula winery started out as cherry farmers – and they haven't abandoned their past.

### FALL WINE TOUR EVENTS

#### "Toast the Season"

Leelanau Peninsula

Nov. 6-7, Nov. 13-14

On the Leelanau Peninsula, the Leelanau Peninsula Vintners Association's "Toast the Season" wine tour takes place Nov. 6-7 and Nov. 13-14. The event features two weekends of tasting and self-guided tours of eight of the peninsula's 18 wineries and features a special wine pour accompanied by a holiday themed gourmet food at each of the locations. Tickets include one gift basket and ornament and are \$50 per person or \$75 per couple.

Visit [www.lpwines.com](http://www.lpwines.com) for more information.

#### Great Macaroni & Cheese Bake-Off

Old Mission Peninsula

Nov. 27

The Wineries of Old Mission Peninsula will host local restaurants who have turned the classic comfort food dish of Macaroni and Cheese into culinary marvels. This rich and creamy fare is paired with wines from Old Mission - Rieslings, Pinot Grigios, Chardonnays and more. Tickets are \$25 and available at [www.wineriesofoldmission.com](http://www.wineriesofoldmission.com).

### 33RD ANNUAL MICHIGAN WINE AND SPIRITS COMPETITION

Forty-four of the state's 73 wineries entered a record 399 wines for this year's competition held in East Lansing Aug. 3.

#### The top award-winners are:

Best of Class Dry White: Black Star Farms

- 2009 Arcturos Pinot Gris

Best of Class Dry Red: Bowers Harbor Vineyards - 2007 Cabernet Franc, Erica Vineyard

Best of Class Semi-Dry White: Black Star Farms - 2009 Arcturos Riesling

Best of Class Semi-Dry Red: Lawton Ridge Winery - AZO

Best of Class Sparkling Wine: Black Star Farms - 2008 Sparkling Wine

Best of Class Dessert Wine: Fenn Valley Orchards - 2008 "42" Ice Wine

Best of Class Fruit Wine: Uncle John's Fruit House Winery - Franc-N-Cherry

Best of Class Rose: Forty-Five North Vineyard & Winery - 2009 Blanc de Pinot Noir

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Best of Class Rose: Forty-Five North Vineyard & Winery - 2009 Blanc de Pinot Noir



# Enterprising women

By Sally Rummel

Don't be surprised if the company you do business with in Michigan is headed by a woman. Michigan is among the Top Ten in the U.S. for majority women-owned companies.

Ranked as No. 9, Michigan is joined by California, New York, Texas, Florida, Illinois, Pennsylvania, Ohio, New Jersey and Georgia, according to statistics from Women's Business Research in Washington, D.C.

The rank is based on a combination of the number of firms, sales and employees.

Women-owned businesses are making an impact in the American economy, representing almost a third of all people involved in entrepreneurial activity. It is estimated that more than 10 million U.S. businesses are owned by women and that the number of women-owned businesses continues to grow at twice the rate of all U.S. businesses (23 percent, according to Gaebler.com, an Internet resource for entrepreneurs).

That doesn't surprise many Detroit metro area female entrepreneurs, who have stepped up to the plate of business ownership in an economy that has brought out their most skilled, professional instincts.

## STARTING OUT

At 29, Melissa Huetter of Canton has already learned a lifetime of business acumen. As a former certified coach in the "dog-eat-dog" salon industry, she decided at the tender age of 24 to apply her teachings to her own professional career — with the vision of opening a salon that would create an environment for salon profes-

Please see **BUSINESS, 24**

**NAME:** Geri Turnbull

**BUSINESS:** Your Michigan Connection — Made in Michigan products, gift baskets.

**HOMETOWN:** Wayne. Her store is located in Northville

**FAMILY:** She is widowed with five children, ages 41 to 50, and 13 grandchildren.

**YEARS IN BUSINESS:** 12 years

**HOW SHE GOT INVOLVED IN THIS BUSINESS:** She was offered a buyout from Kmart Corp. after many years of working at Kmart and Kresge's, where she learned how to merchandise. Her dream was to open a coffeehouse, but fell in love with a six-foot wide space that housed a gourmet basket company in downtown Northville. Twelve years later, she's still there six days a week.

**ADVICE:** Keep a smile on your face and treat each customer as if he or she is the most important person in the world.

**HER PASSION:** To have people remember her as a nice person. "I love to talk and visit," she said. "This is the perfect business for me. I have no plans to retire!"



Geri Turnbull of Your Michigan Connection — Made in Michigan says: "This is the perfect business for me. I have no plans to retire!"

**NAME:** Cheryl Bowker  
**BUSINESS:** Cheryl Bowker All-State Insurance Agency

**HOMETOWN:** Lives in Canton, business is located in Livonia

**FAMILY:** Husband Scott, twins Brandon and Amanda, 25; Jason, 28. Her adult children all work at the agency

**YEARS IN BUSINESS:** Agency ownership 12 years; she has worked for All-State for 32 years.

**HOW SHE GOT INVOLVED IN THIS BUSINESS:** She started out working as a secretary at All-State during college, then "grew up with it" through the ranks of management positions. When agents she worked for retired, she became an exclusive agent with a contract with All-State and started her business completely from scratch.

**ADVICE:** Learn how to hire good people and get involved with the community so you have a base for referrals.

**HER PASSION:** Working with children in "Passport to Safety," a community program she began — she was recognized for her community involvement nationally as one of 10 honorees out of 15,000 agents by All-State.



Cheryl Bowker of All-State Insurance Agency in Livonia



Mary Denning says: "I love to create unique cake designs!"

**NAME:** Mary Denning

**BUSINESS:** Mary Denning's Cake Shoppe

**HOMETOWN:** Westland

**FAMILY:** Her husband, Charles, works at the shop as a baker; Daughter Jennifer, 39, son Jerry, 38, and four grandchildren.

**YEARS IN BUSINESS:** 18 years

**HOW SHE GOT INVOLVED IN THIS BUSINESS:** She has always loved to bake, and when her kids started school, she began to work in several bakeries, then opened her own.

**ADVICE:** Learn everything you can about the business before you get into it. It's not all about baking cakes, it's how many cakes you have to bake to pay the bills.

**HER PASSION:** Decorating cakes. I love to create unique cake designs!

**NAME:** Linda Robin

**BUSINESS:** Showroom of Elegance — retail jewelry store.

**HOMETOWN:** Whitmore Lake, and her store is located in Canton.

**FAMILY:** Husband, David and two grown daughters, Kimberly and Shaunda, both in Arizona; a 2 1/2-year-old grandson, Connor.

**YEARS IN BUSINESS:** Celebrating their 10-year Diamond Decade Birthday Bash on Oct. 14.

**HOW SHE GOT INVOLVED IN THIS BUSINESS:** Her family has been in the jewelry manufacturing and wholesale business for many years, then decided to open this retail location 10 years ago.

**ADVICE:** You have to be willing to work long hours, not only in your business, but also in the community.

**HER PASSION:** She's a "people person." She says it's fun to help people celebrate their happy milestones in life with jewelry.



Linda Robin of Showroom of Elegance in Canton.

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(Sept. Observer Woman Magazine)

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# Make big economic impact

**NAME:** Jennifer Duda-Imamura

**BUSINESS:** The Velvet Plum, full-service interior design studio.

**HOMETOWN:** Plymouth

**FAMILY:** Husband Fred (Japanese name: Shinichi); two daughters, Tatiana, 21, and Sabrina, 19

**YEARS IN BUSINESS:** 15 years.

**HOW SHE GOT INVOLVED IN THIS BUSINESS:** She has been in interior design for 25 years, including time spent in Massachusetts, Los Angeles, and Japan, where people were always asking her to help them decorate their homes. She decided to use her education and professional skills to open her shop in 1995. Her mom came up with the business name and it felt “right” the first time she used it.

**ADVICE:** Perseverance! Expect to work hard with long hours. You have to really love what you do.

**HER PASSION:** To be moved by the beauty of art and music. In college, she wanted to be a concert pianist.



Jennifer Duda-Imamura owns The Velvet Plum, a full-service interior design studio in Plymouth. She has been in interior design for 25 years.

**NAME:** Chris Meredith

**BUSINESS:** Your Nesting Place, eclectic home decor/Flexsteel gallery.

**HOMETOWN:** Milford

**FAMILY:** Husband Jason, daughter Anna, 13, and son Tommy, 10.

**YEARS IN BUSINESS:** Eight years.

**HOW SHE GOT INVOLVED IN THIS BUSINESS:** She had a dual major in marketing/interior design, which led her to a corporate career in advertising. When she moved to Milford, Your Nesting Place became her favorite store and the opportunity came to buy it. Since that time, she has moved the store and doubled its size.

**ADVICE:** From the beginning, a business owner needs both process and procedures that will make daily operations clear and concise. Expectations need to be clear. Have confidence in your talents and their worth in the marketplace.

**HER PASSION:** The vintage end of the business. She willingly gets up at 5 or 6 a.m. on a Saturday morning to scout real estate sales for furniture and accessories she can put together in a fresh way.



Chris Meredith owns Your Nesting Place, an eclectic home decor store in Milford.



Melissa Huetter of Indigo Spa & Boutique.

**HER PASSION:** To create her own masterpiece and show others the road to their own success.

**NAME:** Melissa Huetter

**BUSINESS:** Indigo Salon, Spa & Boutique

**HOMETOWN:** Canton

**FAMILY:** Husband Christian, daughter Savanna, 12 and son Braedan, 6.

**YEARS IN BUSINESS:** Indigo has been open for five years. Prior to that, Huetter worked as a certified salon industry coach, teaching others to be successful in this type of business.

**HOW SHE GOT INVOLVED IN THIS BUSINESS:** Huetter decided to use the skills she was teaching other people, to be successful herself with her own salon. Her mission has been to grow others into the type of professionals they dream of being.

**ADVICE:** Stay true to your original mission and vision. Align yourself — rather than compete — with successful people in your industry. Have an action plan for the inevitable challenges.

**NAME:** Laurie Smalis

**BUSINESS:** Positive Attitude Dance Academy/Productions.

**HOMETOWN:** Farmington

**YEARS IN BUSINESS:** Going into her ninth season.

**HOW SHE GOT INVOLVED IN THIS BUSINESS:** She has been teaching dance since her teens in four different studios, then decided she should do this for herself. The timing was right.

**ADVICE:** Learn as much about dance as you can. You have to have very good people/communication skills. Have a positive attitude!

**HER PASSION:** Teaching and directing. She loves working with kids and adults alike at both her dance studio and the new youth theater program.



Laurie Smalis has been teaching dance since her teens.

**NAME:** Sue Stowe

**BUSINESS:** Grande Trunk Home — home decor.

**HOMETOWN:** South Lyon, store is located downtown.

**FAMILY:** Husband Jerry, sons Austin, 17, Alex, 14, and daughter Emma, 11.

**YEARS IN BUSINESS:** Three years.

**HOW SHE GOT INVOLVED IN THIS BUSINESS:** She was downsized from the Ford Motor Co. after 20 years, but it was always her dream to open a home decor business. “It just happened 10 years sooner than I had expected!” she said.

**ADVICE:** Do your research before you locate the store. Have enough capital to sustain your business before it starts to turn a profit. Hook up with a successful mentor.

**HER PASSION:** Home decor! She loves the fact that it’s always changing and enjoys keeping up with the trends.



Sue Stowe, owner of Grande Trunk Home in downtown South Lyon, has a passion for home decor.

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# BUSINESS

FROM PAGE 22

sionals that she could never find for herself.

Today, she considers Indigo Salon, Spa & Boutique to be "her Taj Mahal," ranked No. 11 overall and No. 2 in the category, "Best in North America," according to *Salon Today* magazine.

Many of the businesses started by women are related to service industries rather than technological fields, keeping some of today's businesswomen from making the same revenues as their male counterparts. But many women are seeking different goals when it comes to business ownership, according to business experts. Some are looking for the flexibility that comes with owning their own business, allowing a woman to more successfully juggle the demands of work and family.

"That's really the challenge," said Chris Meredith, owner of Your Nesting Place in Milford. "You're responsible for everything — even the nonglamorous parts of owning a business, like emptying the trash and folding down cardboard boxes. It all has to be done in a day's work, including family obligations, too."

Higher-earning women are more likely to enter the world of self-employment than their lower-earning peers. Women with advanced degrees are more likely to become business owners, especially in the financial, education and health sectors, and other service jobs, according to a study by the Small Business Administration.

### NETWORKING KEY

Women can be very successful in business, using their natural abilities to multitask and network — areas in which they are stronger than their male counterparts. Networking is especially important when a woman is researching the demographics and other points of her business plan before embarking on her venture.

"You need to research your business for at least six months," said Sue Stowe, owner of Grande Trunke Home in South Lyon. "It's also helpful to hook up with a mentor in your same field who can help you learn how to work with vendors."

She also stresses the importance of having enough capital to be able to survive for the first three to five years of owning a business.

This is an area where women sometimes fall short when pitching their business in a financial setting. Funding decisions are heavily influenced by relationships — someone who knows someone, etc. — and while women tend to excel in relationship-building, they don't always have a financial network built among people who have money to invest in a start-up business.

### CHALLENGES

Some of the challenges of female business ownership includes the discrimination that many women come across, especially when dealing with sales representatives and members of the financial community.

"I remember going to trade shows when I first started my business, and people wanted to talk with my husband, not me," recalls Mary Denning, owner of Mary Denning Cake Shoppe in Westland.

Jennifer Duda-Imamura, owner of The Velvet Plum in Plymouth, has run into discrimination



## 5 tips for starting your own business

1) Research your ideas, interests and goals. Educate yourself about your future customers, your competition and the market in which you hope to work. Learn about other companies in the field of your interest, and see which business ideas have worked and which have not.

2) Network with others in your field. Learn about people who already work in your industry. Meet industry leaders or attend events at which they speak.

Something worked for them to be so successful — networking will be one way for you to discover what that is.

3) Create a detailed plan for your business. A thought-out business plan is not a guarantee that your business will take off, but it can say that you are ready for success. Developing a business plan will detail your business and its goals, and it may also show you the areas that still need consideration.

4) Be patient with the process. You could start a business in a week or a few months — but when you want it to last years, it may require years of planning to start it the right way.

5) Seek reliable opportunities and funding. Don't waste your passion for starting a business on dead-end, "get rich quick" schemes. Beware of services that charge you to search for funding. Hard work is your most reliable tool when starting a business.

(source: [www.michigan.gov](http://www.michigan.gov))

during her many years as a business owner.

"It's amazing to me how some people conduct themselves when dealing with a woman business owner," said Duda-Imamura. "Even sales reps treat a woman differently than they would a man."

Most women business owners would agree that the biggest determination of success is perseverance.

"You have to really love what you do," said Duda-Imamura.

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PHOTO BY STEVE SADLER

Bowers Harbor Vineyards.

## WINE

FROM PAGE 20

eries and about 2,000 (out of 14,600 total) acres of vineyards devoted to wine grapes, making it the eighth largest state in wine production. Most of Michigan's wine grapes grow within 25 miles of Lake Michigan, where the "lake effect" protects the vines with snow in the winter, retards bud break in spring helping avoid frost damage and extends the growing season by up to four weeks.

Around 51 percent of Michigan's wine grapes grow in four federally approved viticultural areas (AVAs) — in the northwest part of the state, near Traverse City, in the Leelanau and Old Mission Peninsulas.

"October is probably the biggest month for wine tours, and I think it's because the scenery here is so gorgeous in the fall, that people just kind of naturally think wine and fall," said Michael Norton of the Traverse City Visitors Convention and Bureau.

Traverse City is one of the world's largest ice wine-producing regions. Ice wine is a sweet, aromatic drink prized for the

intensity and complexity of its flavors and is made from grapes that are allowed to freeze on the vine and harvested in mid-winter, yielding a juice that's extremely concentrated in sugars, natural acids and minerals.

In the southwest part of the state lie the Lake Michigan Shore and Fennville appellations, where 45 percent of Michigan's wine grapes are grown.

Michigan wines are typically "cool climate" — clean, crisp, balanced wines that exhibit real variety and character.

"One of the most widely planted grapes is Riesling — a white grape that is cold hearty and thrives in our environment," Bush said. "Most of the wineries in Michigan do at least one Riesling wine, and they're wonderful."

With mild weather, gorgeous fall color and internationally awarded wines, local winemakers are gearing up for an exciting fall harvest and tourist season.

"It looks like this could be the harvest we've been waiting for since 2007," Norton said. "It's been very hot this summer, and this fall has been very mild. The reds are going to be very full bodied and deep. This is the year I think the reds are really going to take off again."

### SPICED WINE

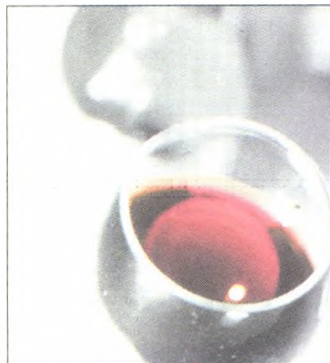
Courtesy of Black Star Farms

#### Ingredients

- 1 bottle Cherry, Pear or "Red House Red" Wine
- 2 cinnamon sticks
- 3 cloves, whole
- sprinkle of nutmeg
- to 1 cup sugar
- 1 orange, sliced
- ground cinnamon

#### Directions

Add cinnamon sticks, cloves, nutmeg and orange to large plan or crockpot. Pour wine over spices and fruit. Heat gently, but do not boil. Garnish with a sprinkle or cinnamon and serve warm.



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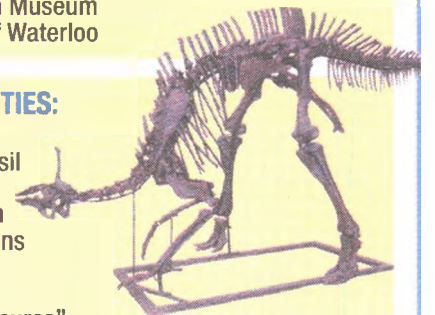
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- Peter Russell- "Mastodon in a Bisquet Box"
- J.R. Arnold- "Amateur Fossil Collecting"



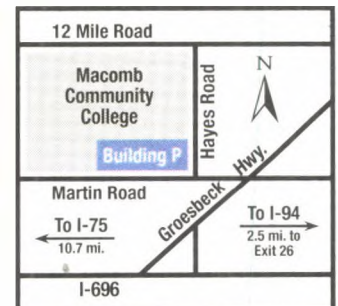
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# Neighborhood book clubs offer friendship, food for thought

Some are newer and some quite a bit older, but neighborhood book clubs have at least one thing in common. Members enjoy getting together to talk about books they've read.

We asked residents about their book clubs, and this is what we heard:

## DANISA SALTARELLI WROTE:

Livonia Neighbors and Friends is a woman's group that started out as part of the Livonia Welcome Wagon back in 1975. The Book Discussion Group started in 2004 as an activity for our membership.

Unlike other discussion groups the members are not responsible for purchasing the book read. We are blessed to have the aid of Cecilia at the Civic Center Library. Without her assistance, we would be unable to obtain the books needed for our club.

The book group also does not concentrate on a specific classification of book. In past years, selections from various categories have been chosen for the season, such as Women Authors and Michigan Writers. Members have had the opportunity to pick books that they would like to read as a group too.

Another difference in these women strives to include the many different categories of novels into each season. Our readers have to opportunity to read their favorite book form. The group selects from; mysteries, romance, historical, biographical, travel journals, comedies, westerns and fantasy.

To be part of the book group, each woman must first be a member in good standing of Livonia Neighbors and Friends. The book group meets monthly in the evening at Busch's Market located at the corner of Newburgh and Six Mile. Interested in joining, please contact Marianne Gelarden at (734) 591-2589 or for more information visit our website [livonianighborsandfriends.tripod.com/](http://livonianighborsandfriends.tripod.com/).

## THIS CAME FROM THE ROSEDALE GARDENS' WOMEN'S DISCUSSION BOOK CLUB:

Exactly when Livonia's Rosedale Gardens' Women's Discussion Book Club began, even the longest member, Thelma Ruckhaber, does not recall. Thelma believes it was a 1960s era spin-off from the Livonia Women's Cultural Group formed as Livonia became a city. Both Thelma and Carlette Horn do remember that members attended wearing hats and white gloves!

Dress has become casual for the current 10 members who include Thelma, Margie Harris and Marilyn Thayer still residents of Rosedale Gardens; Carlette, Susan Cooper, Dolores Moran and Jean Schwartz from Livonia; and Shirley Knight, Sarah Measel and Jackie Saito from nearby communities. One constant has been the 12:30 p.m. starting time originally set so they could meet while their children were in school. As more mothers worked outside the home, some found jobs that still allowed that important afternoon Book Club meeting. Now all retired, there are grandchildren to greet after school.

After an August book selection meeting, the Club gathers monthly at members' homes taking turns as discussion leader. The chosen 10 books include literary fiction, a biography and a classic. Charles Dickens' "Great Expectations" is the September book to be followed by "Mister Pip" which uses characters and themes from "Great Expectations" in a modern setting. Fiction choices enjoyed last year were "The Story of Edward Sawtelle," "The Elegance of the Hedgehog" and "Hotel on the Corner of Bitter and Sweet."



The Rosedale Gardens' Women's Book Discussion Group includes: back row: Carlette Horn, Jackie Saito, Shirley Knight, Jean Schwartz, Sarah Measel; front row: Marilyn Thayer, Margie Harris, Thelma Ruckhaber, Dolores Moran. Susan Cooper was absent.

Book Club members are a diverse group joined by their enthusiasm for reading and the enriching discussions of each book. Occasionally, members arrive disliking a selection, but after hearing other opinions, see it in a different way. Also, Club members say they have had to read a book they would not have chosen and discovered that it expanded their interests. A final benefit, according to Margie Harris is that, "The people to people connection becomes a real sharing and learning experience."

## ESTHER ROGERS WROTE:

I am the leader of a Book Group sponsored by the Plymouth Newcomers and Neighbors organization. Our group is a mix of women who all enjoy reading and discussing literature. We meet the third Wednesday of each month at 7:30 at The Coffee Bean in downtown Plymouth. We read and discuss mostly contemporary fiction with some classics and nonfiction thrown in occasionally. We decide as a group what books we will read and then establish a monthly schedule based on those suggestions. One of the books we recently read and enjoyed was "The Help" by Kathryn Stockett. It was fun to read and raised a lot of issues that made for an

interesting and informative discussion. Our next meeting will be Wednesday, Oct. 20, and we will be discussing, "We Need to Talk about Kevin" by Lionel Shriver.

If you would like more information, please contact Rogers at [estherrogers@sbcglobal.net](mailto:estherrogers@sbcglobal.net).

## PAMELA GIROUX WROTE:

The Tyler Book Divas (TBDs) was formed in June 2007, the year after Tyler Elementary School closed due to the Legacy restructuring in Livonia. A group of "Tyler moms," the soon to be book club members, gathered at Cathy Lambert's house to celebrate the conclusion of a busy and successful school/PTA year. We decided that forming a book club would be a great way to stay connected with each other, as well as an opportunity to read some good books. Our group thought it would be appropriate to incorporate "Tyler" into the name of our book club, where we were friends involved together with our kids' school for many years!

Please see BOOK CLUB, 36

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See who we're featuring in upcoming editions:

**October**

**Inspire**, Oct. 21  
— Holiday Home Improvement & Decor

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**Woman**, Nov. 4  
— Senior Care & Communities  
\*Also our special Money Matters edition!  
**Inspire**, Nov. 18  
— Holiday Entertainment

**December**

**Woman**, Dec. 2  
— Financial Professionals  
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Does your business not fit into a theme? We'll create a custom advertorial for you regardless of theme for any edition! Inquire with your sales associate for details. To advertise, call (734) 582-8363 (Plymouth) or (248) 437-2011 (South Lyon).

*Local medical professionals thrive with technology and personal service*

This month's special advertorial edition of Hometown Life Woman focuses on medical professionals that make our local communities healthier and happier places to live.

**Optimum Hearing Care** of Novi offers general pediatric and advanced audiology services that have helped numerous people improve their quality of life. Licensed Audiologist Rosalind Leiser, M.A., CCC-A, has more than 30 years experience treating hearing implants of all kinds. *Learn more on Optimum Hearing Care on page 30.*

**Brigidanne Murphy, D.D.S.** is celebrating 13 years in Novi this month. Dr. Murphy is known by many local families for her extensive experience, compassionate personality and use of cutting edge dental technologies. *Learn more about Brigidanne Murphy, D.D.S on page 30.*

**Personalized Hearing Care** with locations in Westland and South Lyon goes "pink" this month by hosting a special event Oct. 12-13 to raise money for breast cancer awareness. Participants will meet Dr. Karissa Jagacki and her team, enjoy refreshments, giveaways and raffle prizes, and a chance to win a pair of TV Ears — a wireless TV listening device.

*Learn more about Personalized Hearing Care on page 31.*

**Masri Orthodontics** of Livonia is pioneering the use of Incognito™ orthodontic braces for adults, braces that are hidden on the back side of the teeth and customized for every patient. The practice is highly referred for its expertise, friendliness and offerings for patients of all ages. *Learn more about Masri Orthodontics on page 32.*

# Sudoku

Sudoku puzzles are formatted as a 9x9 grid, broken down into nine 3x3 boxes. To solve a sudoku, the numbers 1 through 9 must fill each row, column and box. Each number can appear only once in each row, column and box. You can figure out the order in which the numbers will appear by using the numeric clues already provided in the boxes. The more numbers you name, the easier it gets to solve the puzzle!

7	9				5		8	
			9		6	7	2	4
6		2	7	4		3		9
		6			1	5	9	
3	5				2	1		
		1	8		7			
5						8	7	
					9	4	6	
		7	5	8				

Level: Beginner

		4	9			8		
		8			5	6		
5						7		9
		5		7		2		
			8			1	6	7
	8							
1		3			4			
6					7			
					6	9		1

Level: Intermediate

				2	1			3
		7		3				8
	8		9		6			
1					7			
				4			1	5
	6		2			8		
	9		7			2	5	
							3	1
5								

Level: Advanced

Answers found on page 42

## Optimum Hearing Care turns up the volume on hearing health care



Rosalind Leiser, M.A., CCC-A  
Licensed Audiologist

Many local residents have *heard* the good news.

Optimum Hearing Care in Novi, open since March 2009 at its location on 12 Mile Road in the Stoneridge Office Park, offers general, pediatric and advanced audiology services that have helped numerous people improve their quality of life.

Licensed Audiologist Rosalind Leiser, M.A., CCC-A, has more than 30 years experience treating hearing impairments of all kinds, including hereditary, elderly, noise induced, pediatric and hearing loss resulting from diabetes and other conditions. She also treats tinnitus, a ringing in the ears that is sometimes caused by hearing loss.

"Hearing loss has a real impact on our community, both economically and emotionally," Leiser said. "As an audiologist and individual passionate about treating hearing loss, my biggest job is to dispel mistruths about hearing loss, encourage everyone to be educated and get their hearing tested regularly."

Many conditions associated with hearing impairment and hearing loss are actually quite manageable. Optimum

**"As licensed audiologists, we are the best source for making good decisions on appropriate technology and offer competitive pricing in a low-pressure professional environment."**

— Rosalind Leiser, M.A., CCC-A  
Licensed Audiologist

Hearing Care can help those who are beginning to experience the first signs of mild hearing loss or those already wearing hearing aids but looking to explore some of the latest new technologies.

Basic hearing services offered include comprehensive hearing testing for all ages, counseling on hearing loss, hearing protection (custom swim molds, noise and musician earplugs), assisted listening devices (ALDs) such as vibrating alarm clocks, amplified phones, TV Ears and more, and education on hearing care and the prevention of hearing loss.

"As licensed audiologists, we are the best source for making good decisions on appropriate technology and offer competitive pricing in a low-pressure professional environment," Leiser said. "Through hearing tests we help patients understand their hearing loss and if appropriate help them overcome it using technology. Then comes the parts we love, seeing the immediate

positive life change it has and working with our patients after they've purchased their aids to make sure they fit their lifestyle. We constantly hear our customers comment they had no idea they could hear like that again with the use of hearing aids and that they could be that comfortable and that the process could be as easy as it truly is."

**Optimum Hearing Care**  
44150 W. 12 Mile Road #200  
Novi, MI 48377  
(248) 305-3355  
[www.optimumhearingcare.com](http://www.optimumhearingcare.com)

Optimum Hearing Care offers a wide selection of hearing instruments in a variety of styles from major manufacturers and a full range of hearing aids plus in-house service and repair for most manufacturers. The purchase of a hearing aid includes hearing aid batteries, quarterly cleanings and adjustments, yearly audiometric screenings, two-year loss and damage coverage, and repair or loss and damage replacement/renewal options.

Optimum Hearing Care is open Monday through Friday 9 a.m. to 5 p.m.; closed from noon to 1 p.m.; evening and Saturday appointments are available.

— By Alison Accavitti

## Brigidanne Murphy, D.D.S. celebrates 13 years in Novi



Photo by Alison Accavitti

Brigidanne Murphy, D.D.S.

One Novi dentist is giving local residents lots to smile about.

Brigidanne Murphy, D.D.S. is known by many families in Farmington Hills, Milford, Northville, Novi and other neighboring communities for her extensive experience, compassionate personality and wide array of offerings for patients of all ages.

Practicing at her Grand River Avenue location since 1997, Dr. Murphy and her team are celebrating 13 years in Novi this month.

A passion for technology and people led Dr. Murphy to a career in dentistry. Conveniently located just east of Meadowbrook Road, Dr. Murphy offers a full package of family dentistry services including cosmetic dentistry, teeth whitening, implants, braces, non-surgical preventive gum therapy and more.

"I like helping people, and I like technology," Dr. Murphy said. "I offer my patients both a friendly office atmosphere and the most up-to-date dental procedures. I'm rewarded often when patients say they have a nice smile or appreciate the work we've done."

Dr. Murphy offers traditional braces and is certified to offer Invisalign® — the invisible way to straighten teeth with a series of clear removable aligners instead of metal wires or brackets.

**Brigidanne Murphy, D.D.S.**  
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[www.novidentistry.com](http://www.novidentistry.com)

Educating patients about their oral health and preventative care is a priority for Dr. Murphy. She stresses regular check-ups and cleanings are critical to maintaining a healthy smile. With a new laser instrument called DIAGNOdent, Dr. Murphy is able to scan for hidden tooth decay/cavities that may not be clinically detected otherwise. A regular visit to the dentist could even detect or prevent cancer — Dr. Murphy offers ViziLite Plus, a mouth rinse that reveals the presence of cancer cells by marking suspicious lesions.

For patients with moderate gingivitis through severe periodontitis (gum disease), Dr. Murphy offers Perio Protect treatment, proven in clinical studies to kill harmful bacteria within 72 hours.

"A lot of diseases are affiliated with periodontal diseases, including heart attacks and strokes," Dr. Murphy said.

The latest technology and dental offerings aren't the only things that set Dr. Murphy apart. She is known for her friendliness, attentiveness to patient needs and flexible scheduling.

"It is in Dr. Murphy's nature to be passionate," said Hygienist Karen Shaw, who enjoys working with Dr. Murphy and her team. "She has a really big heart and wants to see her patients out of pain. She takes the time to see each patient and takes each consultation seriously. She'll go out of her way to take care of you!"

Dr. Murphy graduated from the University of Michigan School of Dentistry and is a strong advocate of continuing her education. She also is a graduate of Nash Institute of Advanced Cosmetic Dentistry and is currently pursuing training from the Las Vegas Institute for treating TMJ headaches and more cosmetic dentistry training. Her previous residencies focused on restorative and placement implants as well as mini implants.

To accommodate her patients' busy schedules, Dr. Murphy offers evening appointments Monday and Tuesday; Wednesday from 9 a.m. to 3 p.m.; early morning appointments on Thursday; and appointment times one Saturday every month.

— By Alison Accavitti

**"Dr. Murphy, Elaine, Karen and Lorna are awesome! This office has truly helped bring me back to going to the dentist. Of course, not just any dentist, but this one in particular."**

— Ashley,  
Farmington Hills resident

# Personalized Hearing Care goes pink

## Hearing device proceeds support breast cancer research, better hearing

Personalized Hearing Care invites the public to attend a special event Oct. 12-13, as the staff teams up to raise money for breast cancer awareness. All scheduled participants will enjoy refreshments, giveaways and raffle prizes, and a chance to win a pair of TV Ears — a wireless TV listening device!

This October, Breast Cancer Awareness Month will celebrate 25 years of making a positive difference for women and their families in communities around the world. Dr. Karissa Jagacki of Personalized Hearing Care Inc., in both Westland and South Lyon, is proud to support this worthy cause in a way that will also make a positive difference for people with hearing loss in the Metro Detroit Area.

Dr. Jagacki is among a select group of U.S. hearing care practitioners to offer the new Oticon Agil "Think Pink," a sleek, distinctively pink hearing device.



Submitted Photo

Dr. Karissa Jagacki of Personalized Hearing Care Inc.

During National Breast Cancer Awareness Month, Personalized Hearing Care Inc. will participate in the national "Pink with a Purpose" campaign to help raise funds for breast cancer research.

Throughout October, leading hearing care manufacturer Oticon will donate a portion of proceeds from the sale of Agil "Think Pink" and all other Agil hearing devices to the National Breast

Cancer Coalition.

New Agil is designed to enable people with hearing loss to minimize the cognitive energy expended in typical listening situations — without compromising sound quality and speech understanding. Agil preserves natural speech cues so less energy is needed to translate and interpret the meaning of sounds.

"Agil takes much of the hard work out of organizing, selecting and following sounds so that people with hearing loss can stay engaged and active in everyday activities," Dr. Jagacki said. "With the addition of the Streamer, a sleek companion device that resembles an MP3 player, Agil connects wirelessly to TVs, cell and landline phones and other popular communication devices."

Special edition Agil "Think Pink" is available in tiny mini behind-the-ear device that is almost invisible on the ear. Dr. Jagacki notes that the Agil family

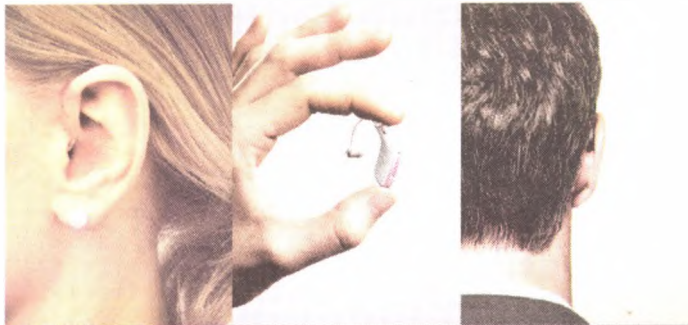
of hearing instruments can accommodate approximately 80 percent of hearing losses.

For more information on hearing loss, the Agil "Think Pink" or to schedule your demonstration appointment, contact Personalized Hearing Care at (734) 467-5100 in Westland, or at (248) 437-5505 in South Lyon or visit [www.personalizedhearingcare.com](http://www.personalizedhearingcare.com).

### Personalized Hearing Care

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### Personalized Hearing Care, Inc.

35337 Warren Road  
Westland, MI 48185

321 Pettibone Avenue, Suite 105  
South Lyon, MI 48178



Dr. Karissa Jagacki  
Audiologist



Kimberly Carnicom, M.A.  
Audiologist

## Masri Orthodontics offers something to smile about: Invisible Incognito™ braces for adults



Photo by Alison Accavitti

(From left) Dena Oesterwind, Sheri Lockey, Dolly Emmett, Ashley Bohms, Chrissy Censer, Nawaf Masri, Stacey Malkowski and Kendall Goddard make up the team at Masri Orthodontics.

Completely invisible, appropriate for almost anyone and customizable to each patient, Incognito™ orthodontic braces are giving many adults something to smile about.

Masri Orthodontics, a highly referred practice in Livonia, is offering Incognito™ orthodontic braces on a regular basis to adult patients who want the benefits of braces and not the clunky appearance.

"They are placed behind your teeth, so no one will ever know you are wearing braces unless you want them to know," said Dr. Nawaf Masri. "We are one of the few offices in Michigan that offer Incognito™ braces as an option. This is the future of orthodontics."

Dr. Masri offers family-based, technologically advanced dental care to patients from across the Metro Detroit area at his practice on Schoolcraft Road, just west of Farmington Road.

Dr. Masri continues to study and train, staying current on the latest developments in his field. Ample research and patient success has led him to recommend Incognito™ braces to many adults.

"These braces are aimed at adult professionals who want the shortest treatment time possible and the cosmetic option is the main concern," Dr. Masri said. "They are robotically engineered, customized, quicker and faster."

Dr. Masri prides his practice on being highly referred by local families. Including Incognito™, he offers the smallest and most effective advanced esthetic braces

on the market, self ligating Damon and Damon-like silver and clear ovation brackets, gold-plated and lingual.

Orthodontic diagnosis is done through the latest imaging techniques using digital radiography and digital photography.

"We recommend early treatment for children ages 7-9 for crowding, over- and under-bites," Dr. Masri said. "This allows them to have a better functioning bite early on and reduce the chances of extraction, developing poor muscular habits or the need for jaw surgery."

Masri Orthodontics offers a complimentary first visit to all patients, which includes an examination, discussion of treatment options, goals and estimated fees.

Visit [www.masriortho.com](http://www.masriortho.com) for more information.

To learn more about Incognito™ orthodontic braces offered by Dr. Masri, visit [www.hiddenbraces.com](http://www.hiddenbraces.com).

— By Alison Accavitti

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(734) 261-8860  
[www.masriortho.com](http://www.masriortho.com)

# Applying for Social Security easy online

By Frances Heimes-Savickis  
Guest Columnist

Planning to retire in early 2011? It may already be time to apply.

Applying for benefits is easier than you think especially if you do it online at [www.socialsecurity.gov](http://www.socialsecurity.gov). The Social Security website makes the process easy and convenient.



Frances Heimes-Savickis

Just log on to your computer and visit our website at [www.socialsecurity.gov/apply-online](http://www.socialsecurity.gov/apply-online). You can apply online for your retirement benefits from the comfort of your home or office. It can take as little as 15 minutes.

In most cases, once your application is submitted electronically, you're done. There are no forms to sign and usually no documentation is required. Social Security will process your application and contact you if any further information is required.

Regardless of when you plan to retire, you should consider doing it about three months ahead of time. Then you will know that your payments will make it to you on time.

If you are not quite ready to retire, but are thinking about doing so in the near future, you may want to visit Social Security's website to use our convenient and informative retirement planner at [www.socialsecurity.gov/retire2](http://www.socialsecurity.gov/retire2). Here you can find out just how close you are



to meeting your financial goals and then "bookmark" the website to file for retirement benefits when you are ready. From there, you can use our Retirement Estimator to get an instant, personalized estimate of your retirement benefits.

Remember that you are always first in line when you go online. Learn more about Social Security by visiting our website at [www.socialsecurity.gov](http://www.socialsecurity.gov).

Frances Heimes-Savickis is a public affairs specialist with the Social Security Administration, 26840 W. Seven Mile Road Detroit. She can be reached at [frances.heimes.savickis@ssa.gov](mailto:frances.heimes.savickis@ssa.gov).

## Key facts about women-owned businesses: the overall picture

- 10.1 million firms are owned by women (50 percent or more), employing more than 13 million people, and generating \$1.9 trillion in sales as of 2008.
  - Three quarters of all women-owned businesses are majority owned by women (51 percent or more), for a total of 7.2 million firms, employing 7.3 million people, and generating \$1.1 trillion in sales.
  - Women-owned firms (50 percent or more) account for 40 percent of all privately held firms.
  - One in five firms with revenue of \$1 million or more is woman-owned.
  - Three percent of all women-owned firms have revenues of \$1 million or more compared with 8 percent of men-owned firms.
- (2008-09 — most current statistics)

# MARVAC FALL **DETROIT** CAMPER & RV SHOW

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may not be combined with any other offers. Expires October 10, 2010.

Home-full

# Create a healthy work environment

By Linda Ann Chomin  
Contributing Writer

Are your neck and back aching? Do you have pain in your wrist after using a computer all day? Then it's time to create a healthier work environment.

Whether at home or on the job, the correct positioning of your chair, monitor and keyboard reduces risk factors for musculoskeletal disorders that affect the joints, muscles, tendons, and nerves.

Unfortunately, not much has changed since Elizabeth Hall, M.D., began treating neck and back pain as well as carpal tunnel syndrome patients at Garden City Hospital 11 years ago. As director of Physical Medicine and Rehabilitation, Hall continues to see individuals harmed by improper body mechanics and disregard for workplace ergonomics. She and a number of local experts offer advice to prevent the discomfort.

"The screen should be at eye level. Looking up and down creates neck problems," said Hall, who lives in South Lyon. "Holding the phone on their shoulder can create neck pain. Go hands free. Bending at the elbow on the phone stretches the nerve in the elbow and causes numbness in the fourth and fifth finger. At a desk, don't always lean on elbows. It can lead to irritated nerves and cause numbness."

Repetitive movements such as mousing and typing can cause tendonitis and carpal tunnel, a painful syndrome sometimes requiring surgery.

"There are new mouses for computers, ergonomically correct with a big arch where the second finger meets the thumb," said Hall. "It helps also to do different things, rotate your tasks."

## VARY TASKS

Sheryl Ulin recommends interspersing work activities like typing with reviewing notes and making phone calls. Ulin studies risk factors related to work-related musculoskeletal disorders at the University of Michigan Center for Ergonomics. A grant from the State of Michigan allows staff to provide office and industrial assessments for small and medium-size companies at no cost. The center also offers seminars, including an introductory ergonomics course open to the public.



Ulin

Ulin said the brand of furniture isn't as important as achieving the goal of eliminating risk factors.

"It can be as simple as placing a phone book under the monitor," said Ulin. "You can rearrange monitors. Many people exert much more force than necessary to type or use the mouse. They have a death grip on the mouse. You'd think the mouse was trying to get away."

Simple tasks such as cleaning out overstuffed file drawers, using a dolly or cart to move supplies, and placing documents on a holder prevent stress on the body.

"I've been working in ergonomics since 1985, received my Ph.D. in 1991. There's certainly much more awareness," said Ulin. "The larger corporations have sophisticated ergonomics programs, incorporate principles in the design stage. Smaller companies are trying. People need to take control of their work environment, change and evaluate. What works good today might not work next month. Volume changes with time. The first week of month you might have reports to do, or for an accountant December to April the workload changes."

## INJURIES ON THE RISE

An occupational therapist, Kevin Moore continues to see an upswing in workstation injuries. As a service to the community he gives presentations on creating healthy working environments.

Ergonomics comes from the Greek words *ergon* (to work)

# Employee wellness increases productivity

By Linda Ann Chomin  
Contributing Writer

Leigh Vogelsong believes employees who pay attention to their health tend to be more productive. That's why she goes the extra mile to promote good nutrition and exercise as part of employee wellness activities at St. Mary Mercy Hospital in Livonia.



Vogelsong

Vogelsong favors walking so it's only natural she chose the Start! Program developed by the American Heart Association to get employees moving. In January, staff had the opportunity to take advantage of cholesterol and blood pressure screenings, and presentations on health topics during Wellness Week.

"I wanted to help motivate employees to do more physical activity and gave an award to the team that logged the most miles for the walking challenge," said Vogelsong, health educator in the Community Outreach Department and a Novi resident.

"The goal is to provide health information for employees. By doing this, they will become more aware and take steps to improve their health. That tends to lower absenteeism and does help with employee moral anytime you promote team activities."

Wellness programs have encouraged a healthy lifestyle for Garden City Hospital employees during the last eight years. Classes on zumba and yoga occur with regularity. This March, acupuncture was added to screenings for diabetes and cholesterol during the annual wellness fair. The Oatmeal Bar is always a hit throughout the year.

Catherine Chamberlain, an R.N., is the employee health nurse orchestrating the events featuring fresh fruit, honey, nuts, and oatmeal. Past bars have featured whole wheat waffles and smoothies.

"In the cafeteria every day, we try to have two healthy options, heart healthy and a vegetarian choice," said



Chamberlain

Chamberlain. "I run a Weight Watchers program for employees and we put the points on different foods in the cafeteria. Throughout the year we have speakers talk about wellness, mental health and depression during the holiday season. We have a lot of middle-aged employees. It's never too late to get healthy and I'm enthusiastic. I lost 25 pounds. We need to be mindful of our health habits."

Barbara Palmer encourages employees to B-HIP by participating in Botsford's Health Improvement Plan. As part of the effort she conducts health risk assessments.

"Trends and comparisons now exist for employees. From that we put on programs including pilates, smoking cessation, healthy eating. We partnered with nutritional services for the cafeteria to offer healthy choices also in snack bars and coffee shops," said Palmer.



Palmer

A partnership with the fitness center allows the hospital to offer discounts. "It's all about raising awareness, engaging employees in taking care of their own health, giving them tools to help them live healthy," said Palmer. "It's increased participation. We have a vegan who

offered a lunch box series on how to cook vegan style. The Health Fair is promoting wellness. We partnered with some physician offices to do screenings and presentations on staying safe in the work environment for direct patient care, and how to know when the work area is ergonomically correct for you."

The workstations in Palmer's department were evaluated as part of a redesign.

"They adjusted monitor and keyboard heights. Small things add up and make a world of difference at the end of the day," said Palmer. "That doesn't always mean you have to spend a lot of money. It's about education."

up as a wedge to make sure they're maintaining the s-shaped curve of the spine when sitting down."

Slouching at a laptop causes problems as well. An occupational therapist, Kathleen Dunning sees orthopedic injuries of the back and shoulder at the therapy offices of Advantage Consulting in Redford, Howell, Keego Harbor, and Clinton Township.

"At least with a PC they can position the keyboard," said Dunning. "When you work, try to keep elbows in close proximity to your body. Sitting is harder on your body than standing. People don't take enough standing breaks to relieve pressure on the low back and thighs. They should change positions periodically, take a short walk and come back."

Dunning believes prevention is important in reducing workplace injuries.

Please see HEALTHY, 37



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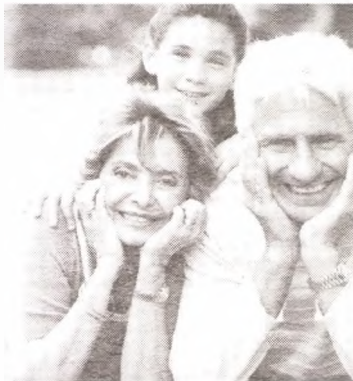
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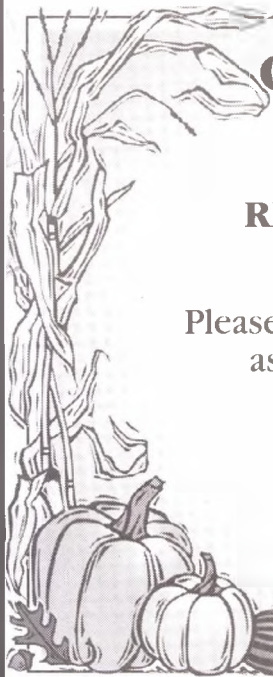
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The Tyler Book Divas were formed out of the closing of Tyler Elementary School in Livonia.

## BOOK CLUBS

FROM PAGE 26

There are 16 TBDs in our club that take turns hosting a monthly meeting. The TBD that hosts the meeting chooses the book to be read. This has exposed us to a variety of books, many we may not have chosen on our own! We all rate the book at the end of our discussions and some of our favorites include "Alice Cooper, Golf Monster" by Alice Cooper, "The Shadow of the Wind" by Carlos Ruiz Zafon, "The Help" by Kathryn Stockett and "The Memory Keeper's Daughter" by Kim Edwards. Other books we enjoyed are "Angry Housewives Eating Bon Bons" by Lorna Landvik, "My Sister's Keeper" by Jodi Picoult, "The Guernsey Literary and Potato Peel Pie Society" by Mary Ann Shaffer and Annie Barrows, and "Mudbound" by Hillary Jordan.

Many times the food and drink that members bring to the monthly meeting relates to a theme or topic in the book. This allows for a lot of creativity! Our December holiday meeting includes a white elephant gift exchange which is usually filled with surprises and laughter. The TBDs also have an annual BBQ at the Burton Hollow Swim Club where all family members are invited for fun in the sun together.

Members of the Tyler Book Divas are Kelly Bixby, Nancy Bogich, Leslie Brookman, Terry Bumpus, Pam Giroux, Yvonne Goryca, Liz Jarvis, Lisa Kitz, Annette Kleinhenz, Maureen Lagerstrom, Cathy Lambert, Lesia McQuade, Laurie Murray, Lisa Petro, Lois Scupholm, and Diane Tsaprazis.

### MEANWHILE, OVER AT THE CANTON PUBLIC LIBRARY:

"We really support these neighborhood book groups," said Laurie Golden, marketing and communications manager for the CPL.

Over 70 book clubs have registered with the Canton Public Library. The library on Canton Center Road south of Cherry Hill has 80-some book kits in a bag, with staff regularly adding

new titles. "Some of them are paperback, some of them are hardcover," she said. Those are searchable in catalog with "book club in a bag" in the subject search.

Canton patrons can have a librarian help you set up a neighborhood book club. "Generally, it hasn't been something patrons feel they need that much help with." There's a lot of interest in recommended titles, Golden said.

Canton has some book kits that are large print, popular with seniors.

October is National Book Club month and the CPL is doing some promotions with the Book-Club-In-A-Bag kits and the How To Start a Book Club brochure, Golden wrote. "Last year we had a special after hours event where they came in, had wine and cheese, looked through our book kits and had a photo taken. It was very well received, to say the least."

Canton's library website is cantonpl.org, the phone number (734) 397-0999.

Other area libraries also have book clubs and book club kits with paperbacks, discussion questions, author biographies and more. Library Director Doreen Hannon, of the Salem-South Lyon District Library, said, "We're in the middle of a community read." Hannon's library does have several book club sessions planned for the upcoming year.

Reference librarian Jill Essenmacher said the library came up with the Page Turners book club, following a Facebook contest to rename it. It will meet Thursday, Dec. 16, always 7 p.m. on the third Thursday of the month, February through May. She's still working on plans for next summer, with February May plans firm for now.

"Each month, we're going to read a new book. We're going to be all across the spectrum," she said. Book club kits at that library will be unveiled at a later date this winter.

For more, call the Salem-South Lyon District Library at (248) 437-6431 or visit sslld.info. Film showings are in the works the second Thursday of the month, related to the books, along with food being served.

"We're really looking forward to doing the book club," Essenmacher said.



## CHECK

FROM PAGE 8

"What's really important to understand is that there are more than 20 different subtypes of breast cancer and appearance on a mammogram vary extensively and sometimes is hidden by tissue," said Helmer.

"Many studies have shown that occult breast cancer can be found with MRI. A couple of studies show PET scans can be helpful and there are some new products in development. There are lots of tools. We approach every patient with multiple modalities. Breast cancer isn't one disease and all can look differently."

That's why Helmer believes self-exam is so important. Women in their 20s and 30s who find a lump in their breast or under-arm area don't fall into the guidelines recommending mammograms for women age 40 and up.

"They should do self-exams consistently so they know their breasts," said Helmer.



"Screening mammography is still the gold standard," stressed Helmer.

"Many trials have shown a decrease in breast cancer deaths in women who undergo screening. Early detection makes a difference. The American Cancer Society calls for self-exam starting at age 20, exams every three years with a clinician and 40 and above annual mammography is still recommended."

## HEALTHY

FROM PAGE 34

### PRACTICE GOOD POSTURE

"The majority of us do not know what good posture is. Keep your head, ears lined up with shoulders, shoulders even with hips. Try to maintain the curves of your spine, feet flat on the floor. Some people need a box under their feet."

It's Rebecca Donnelly-Hitch's job to detect problems before they cause injuries to employees at Botsford Hospital. An occupational therapist and certified ergonomics assessment specialist, she does worksite evaluations to prevent back injuries and cumulative trauma syndromes such as carpal tunnel.

"Twenty years ago, we didn't see as many cumulative trauma kinds of problems," said Donnelly-Hitch. "The more we're using advanced technology the more we see. Everything is focused on new technology. Everything has to be done faster so we're seeing more and more injuries from overusing, arm and neck problems from telephones."

Donnelly-Hitch recommends getting up once an hour for a stretch break. Back, arms, wrists, hands, everything needs to be stretched. Stretch into a position in which you haven't been sitting. Just a couple of minutes is enough but must be done throughout the day.

All of the experts agree the computer monitor should be close enough not to cause strain. The keyboard must be at proper height with the elbow bent 90 degrees, wrists in neutral positions. Ankles, knees and hips all need to be at 90 degrees. Armrests should be at proper height, the seat and back adjustable.

"It varies what you may need to do to counteract the discomfort," said Donnelly-Hitch.

Twenty years ago, there were fewer ergonomically furniture options on the market, according to Barbara Brockway, an interior designer at Kentwood Office Furniture in Novi. The Grand Rapids-based stores offer new, used and remanufactured office furniture.

"You have to give consideration to different body types to make sure their space accommodates them. Today there's a lot more product."

The Office Connection in Farmington Hills is able to match a specific request from a physical therapist.

"One of the newer things these days is adjustable height work surfaces, from sit to stand," said Ann Spitz, interior design and office planning. "You can raise the work surface by crank or with a motorized version which is more expensive. Cost is sometimes an issue. Should you be trying to adapt what you have or start from scratch? What we want to do and can afford to do is sometimes different."

The flat panel monitor has lessened the need for deeper work surfaces. Today, it's easier to keep equipment within arm's reach to prevent injuries.

"I've been in the industry for 25 years and there's a lot more manufacturers working to make features available in a variety of price ranges," said Spitz. "Price points have become more affordable. People's awareness has changed, but one thing hasn't changed is aesthetics. Many people make a decision as to how the office should look than what is ergonomically correct for them."

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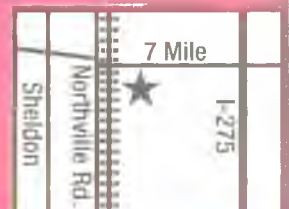
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# Homemade holidays

## Pumpkin Treats to Bake and Share

It's time once again to start baking some holiday cheer to share with friends and neighbors. These recipes make plenty of sweet treats to go around — and they're so good you just may want to keep some for yourself.

Make the holidays special by giving something fresh, homemade and from the heart. For more recipes you can bake and share, visit [VeryBestBaking.com](http://VeryBestBaking.com).



Pumpkin cranberry bread

### PUMPKIN CRANBERRY BREAD

Makes two, 9 x 5-inch loaves

Prep: 10 minutes

Baking: 1 hour

- 3 cups all-purpose flour
- 1 tablespoon plus 2 teaspoons pumpkin pie spice
- 2 teaspoons baking soda
- 1½ teaspoons salt
- 3 cups granulated sugar
- 1 can (15 ounces) Libby's 100% Pure Pumpkin
- 4 large eggs
- 1 cup vegetable oil
- ½ cup orange juice or water
- 1 cup sweetened dried, fresh or frozen cranberries

**PREHEAT** oven to 350°F. Grease and flour two 9 x 5-inch loaf pans.

**COMBINE** flour, pumpkin pie spice, baking soda and salt in large bowl. Combine sugar, pumpkin, eggs, oil and juice in large mixer bowl; beat until just blended. Add pumpkin mixture to flour mixture; stir just until moistened. Fold in cranberries. Spoon batter into prepared loaf pans.

**BAKE** for 60 to 65 minutes or until wooden pick inserted in center comes out clean. Cool in pans on wire racks for 10 minutes; remove to wire racks to cool completely.

- For three 8 x 4-inch loaf pans: Prepare as above. Bake for 55 to 60 minutes.
- For five or six 5 x 3-inch mini loaf pans: Prepare as above. Bake for 50 to 55 minutes.

### MINI PUMPKIN MUFFIN MIX

Makes 1

Prep: 15 minutes

- 3 cups all-purpose flour
- 4 teaspoons baking powder
- 1½ teaspoons salt



Spiced pumpkin fudge

- 1 cup granulated sugar
  - 1 teaspoon ground cinnamon
  - 1 teaspoon ground nutmeg
  - 1 cup raisins, sweetened dried cranberries, or chopped nuts (optional)
  - 1 can (15 ounces) Libby's 100% Pure Pumpkin
- COMBINE** all ingredients, except pumpkin, in large bowl. Pour into 1-quart resealable plastic bag; seal. Wrap muffin mix and can of pumpkin in fabric; tie with ribbon or twine.

### Recipe to attach:

Pour muffin mix into large bowl. Cut in ½ cup vegetable shortening with pastry blender until mixture is fine. Add 1 cup Libby's 100% Pure Pumpkin, 1 cup milk and 2 large eggs; mix until just moistened. Spoon into greased or paper-lined mini-muffin pans, filling ¾ full. Bake in preheated 400°F oven for 15 minutes; remove to wire racks. Sprinkle with powdered sugar, if desired. Makes about 5 dozen mini muffins.

### PUMPKIN CARROT SWIRL BARS

Makes 4 dozen

Prep: 20 minutes

- Baking: 25 minutes
- 2 cups all-purpose flour
- 2½ teaspoons pumpkin pie spice
- 2 teaspoons baking powder
- 1 teaspoon baking soda
- 1 cup granulated sugar
- ½ cup butter or margarine, softened
- ½ cup firmly packed brown sugar
- 2 large eggs
- 2 large egg whites
- 1 can (15 ounces) Libby's 100% Pure Pumpkin
- 1 cup finely shredded carrot



Pumpkin carrot swirl bars

Cream Cheese Topping (recipe follows)

**PREHEAT** oven to 350°F. Grease 15 x 10-inch jelly-roll pan.

**COMBINE** flour, pumpkin pie spice, baking powder and baking soda in small bowl. Beat granulated sugar, butter and brown sugar in large mixer bowl until crumbly. Add eggs, egg whites, pumpkin and carrot; beat until well blended. Add flour mixture; mix well. Spread into prepared pan. Drop teaspoonfuls of Cream Cheese Topping over batter; swirl mixture with spoon.

**BAKE** for 25 to 30 minutes or until wooden pick inserted in center comes out clean. Cool completely in pan on wire rack. Store in covered container in refrigerator.

For Cream Cheese Topping:

**COMBINE** 4 ounces softened light cream cheese (Neufchatel), 1 cup granulated sugar and 1 tablespoon milk in small mixer bowl until thoroughly blended.

### SPICED PUMPKIN FUDGE

Makes about 3 pounds

Prep: 10 minutes

Cooking: 20 minutes

- 2 cups granulated sugar
- 1 cup packed light brown sugar
- ¾ cup (1½ sticks) butter or margarine
- ½ cup (5 fluid-ounce can) Nestle Carnation Evaporated Milk
- ½ cup Libby's 100% Pure Pumpkin
- 2 teaspoons pumpkin pie spice
- 2 cups (12-ounce package) Nestle Toll House Premier White Morsels
- 1 jar (7 ounces) marshmallow creme
- 1 cup chopped pecans
- ½ teaspoons vanilla extract

**LINE** 13 x 9-inch baking pan with foil.

**COMBINE** sugar, brown sugar, butter, evaporated milk, pumpkin and spice in medium, heavy-duty saucepan. Bring to a full rolling boil over medium heat, stirring constantly. Boil, stirring constantly, for 10 to 12 minutes or until candy thermometer reaches 234° to 240°F (soft-ball stage).

**QUICKLY STIR** in morsels, marshmallow creme, nuts and vanilla extract. Stir vigorously for 1 minute or until morsels are melted. Immediately pour into prepared pan. Let stand on wire rack for 2 hours or until completely cooled. Refrigerate tightly covered. To cut, lift from pan; remove foil. Cut into 1-inch pieces. Makes 48 servings, 2 pieces each.

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# Michigan Health & Beauty Fitness Expo hits Novi this month

By Alison Accavitti  
Advertorial Writer

Get ready for a weekend of pampering, shopping and socializing at the Michigan Health & Beauty Fitness Expo Oct. 16-17 at Rock Financial Showplace in Novi.

This event hosts hundreds of local and national businesses that will help educate about the latest trends in the health, fitness, beauty and fashion industries.

"The emphasis of this expo is really on health," said Dean Taylor of Ohio-based Event Experts. "On average, 3,000 people attend this event depending on weather."

The expo began its tour in February, stopping in four times in Indiana and Ohio before making it to Novi.

Rows of vendors will be on hand showcasing products and services on a variety of topics, including:

- *Weight loss*
- *Clothing, accessories*
- *Fitness instructors*
- *Nutritionists*
- *Massage therapists*
- *Cosmetic surgeons*
- *Makeup artists*
- *Hair and skin care*
- *Laser vein specialists*
- *Chiropractors*
- *Jewelry*
- *Dentists*

Health and wellness vendors will focus on using traditional and nontraditional methods to help people live healthier and have a more balanced lifestyle. Beauty and style experts will be set up under the Beauty Pavilion, providing information on cosmetics, jewelry, clothing, skin, hair and nail care systems, cosmetic surgery and more. General beauty merchandise will be for sale.

Other vendors will showcase an extravaganza of fitness products, home gym equipment, exercise trends, sports apparel, workout supplements and offer advice from industry professionals.

Dozens of food and home vendors will offer up healthy food and beverage products and a vast array of vitamins and supplements.

Rock Financial Showplace is located at 46100 Grand River Ave. in Novi west of Taft Road.



Event coordinators estimate 3,000 attendees at this month's expo.



## Seminars & Workshops

### Saturday

- 10:30 a.m. Lose Fat & Get Healthy on the Mediterranean Life Style Program**  
Elizabeth Borg
- 11 a.m. Anti-Aging Skin Care**  
Denise Boulianne – Nu Skin
- 11:30 a.m. 30 Minute Meals**  
Marge Burns – Pampered Chef
- 12 p.m. Treatments for Neck & Back Pain**  
Dr. Elizabeth Baise – HealthQuest
- 12:30 p.m. Bikram Yoga Demo**  
Bikram Yoga of Northville
- 1 p.m. How 2 Eat Raw**  
Andrea McNinch
- 1:30 p.m. Hypnotherapeutic 101**  
Elaine Kissel's Hypnosis Center
- 2 p.m. Portion Distortion**  
Annette Sym
- 2:30 p.m. Building a Healthy Financial Future**  
Patrice Sinclair – Raymond James
- 3 p.m. Fashion Show**  
Alexis Kerr  
Shining Diamond Accessories
- 4 p.m. Overcoming Learning Obstacles**  
Dr. Jane Steward – OptiMinds
- 4:30 p.m. Take Every "Bite" Seriously**  
LaKeta McCauley

### Sunday

- 11 a.m. Yoga Demonstration**  
Fitness RX
- 11:20 a.m. Pilates Demonstration**  
Fitness RX
- 11:40 a.m. Zumba Demonstration**  
Fitness RX
- 12 p.m. Too Much On Your Plate?**  
Jane Stewart – OptiMinds
- 12:30 p.m. Anti-Bacterial Soap**  
Michael Clark
- 1 p.m. Get Your Finances in Shape**  
Terri Price
- 1:30 p.m. Hypnotherapeutic 101**  
Elaine Kissel's Hypnosis Center
- 2 p.m. How 2 Eat Raw Demo**  
Andrea McNinch
- 2:30 p.m. Eat Yourself Thin**  
Annette Sym
- 3 p.m. Fashion Show**  
Alexi Kerr  
Shining Diamond Accessories

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MAT stands for Muscle Activation Techniques. MAT is designed to find out what is causing the problem and extend the years that athletes could play their sport by addressing the repetitive stress on joints and muscles, biomechanics issues, and increase strength and stamina.

"Severe guarding/pain in my shoulder stopped me in my tracks. As a tennis instructor, I could not afford down time. My serve is now as strong as it was in my 20's, after Kim worked on my shoulder. I look forward to her help with my hips and knees!"

-Robbie, 46, Novi

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-Bob 49, Davison

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-Alek, 30  
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# Halloween traditions make for happy haunting

By Wersdy Von Buskirk  
Contributing Writer

Halloween is fast approaching, and it's high time to scare up some family traditions that will make the holiday extra spooktacular. Here are some ideas:

## HORROR DÉCOR

Nothing heralds Halloween like haunting decorations, and you don't have to spend a fortune to sprinkle a little spirit around the house. Stop by Dollar Tree (with locations in Livonia, Farmington, South Lyon, Canton, Garden City and Novi) to pick up spooky skeletons, ghoulish gravestones and severed limbs.

"I will always remember the excitement of coming home from school and seeing the Halloween decorations in the windows of our house," said Jill Teppe of Garden City, now 29. "That meant it was, you know, official!"

## FARM FUN

Instead of picking up pumpkins at the local grocery store, why not pick them directly from the patch? You'll build memories, along with an appre-

ciation for nature, as you explore the offerings at local farms. Kensington Farm Center in Milford, for example, offers hayrides to its pumpkin patch noon to 4 p.m. weekends through Halloween. At Erwin Orchards in South Lyon, kids can test their navigation skills in the corn maze, then head back to the mill for a doughnut and cider. Erwin's also has a Children's Spooky Barn complete with animated rooms.

## COSTUME SHOP

Michigan-based Halloween U.S.A. has changed its name to Halloween City, but its mammoth selection of Halloween costumes is still the same. Stop by the temporary store in Canton for a smorgasbord of outfits, props and party supplies. Popular costumes this year include Star Wars and super hero characters for boys and fairy tale princesses for girls. Whatever you choose, buy a size too big and keep the costumes handy even after Halloween. Children will have fond memories of trick-or-treating as they play dress-up all year long.

## MULTI-MEDIA

An easy way to build anticipation is to stock up on Halloween books and movies. Check your local library for titles like "In the Haunted House" by Eve Bunting, "Room on the Broom" by Julia Donaldson or "Skeleton Hiccups" by Margery Cuyler. Or, pick up some semi-scary movies at Family Video in Canton, Farmington Hills or South Lyon. Whether you choose something nostalgic like "It's the Great Pumpkin, Charlie Brown" or something new like "Nick Jr. Favorites: Happy Halloween," snuggle in, share some popcorn, and build traditions that make for years of happy haunting.

## SPOOKY TREATS

Part of the fun of Halloween is the sweet and spooky sweets. Children will look forward to these tricky treats every year.

### WITCHES FINGER COOKIES

- 1 cup butter, softened
- 1 cup confectioners' sugar

Witches Finger Cookies



- 1 egg
- 1 teaspoon almond extract
- 1 teaspoon vanilla extract
- 1 1/2 cups all-purpose flour
- 1 teaspoon baking powder
- 1 teaspoon salt
- 1/4 cup whole almonds
- 1 (7.5 ounce) tube red decorating gel

Combine the butter, sugar, egg, almond extract, and vanilla extract in a mixing bowl. Beat together with an electric mixer; gradually add the flour, baking powder, and salt, continually beating; refrigerate 20 to 30 minutes.

Preheat oven to 325 degrees F (165 degrees C). Lightly grease baking sheets.

Remove dough from refrigerator in small amounts. Scoop 1 heaping teaspoon at a time onto a piece of waxed paper. Use the waxed paper to roll the dough into a thin finger-shaped cookie. Press one almond into one end of each cookie to give the appearance of a long fingernail. Squeeze cookie near the tip and again near the center of each to give the impression of knuckles. You can also cut into the dough with a sharp knife at the same points to help give a more finger-like appearance. Arrange the shaped cookies on the baking sheets.

Bake in the preheated oven until the cookies are slightly golden in color, 20 to 25 minutes.

Remove the almond from the end of each cookie; squeeze a small amount of red decorating gel into the cavity; replace the almond to cause the gel to ooze out around the tip of the cookie. Source: www.allrecipes.com

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## Sudoku Answers

Beginner

7	9	4	3	2	5	6	8	1
8	3	5	9	1	6	7	2	4
6	1	2	7	4	8	3	5	9
2	7	6	4	3	1	5	9	8
3	5	8	6	9	2	1	4	7
9	4	1	8	5	7	2	3	6
5	2	9	1	6	4	8	7	3
1	8	3	2	7	9	4	6	5
4	6	7	5	8	3	9	1	2

Intermediate

2	7	4	9	6	1	8	5	3
9	3	8	7	4	5	6	1	2
5	6	1	3	2	8	7	4	9
3	1	5	6	7	9	2	8	4
4	2	9	8	5	3	1	6	7
7	8	6	4	1	2	3	9	5
1	9	3	2	8	4	5	7	6
6	5	2	1	9	7	4	3	8
8	4	7	5	3	6	9	2	1

Advanced

9	4	6	8	2	1	5	7	3
2	1	7	5	3	4	6	8	9
3	8	5	9	7	6	1	4	2
1	5	9	3	8	7	4	2	6
7	2	8	6	4	9	3	1	5
4	6	3	2	1	5	8	9	7
8	9	1	7	6	3	2	5	4
6	7	2	4	5	8	9	3	1
5	3	4	1	9	2	7	6	8

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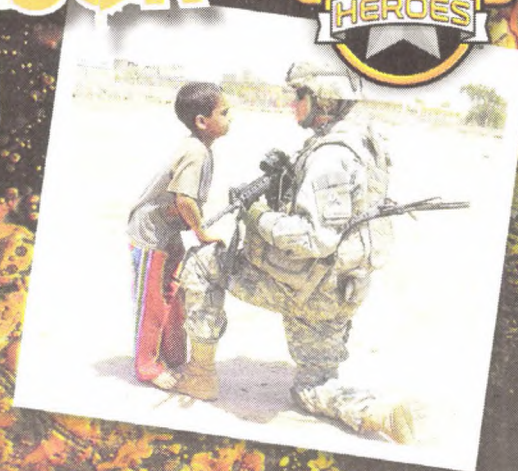
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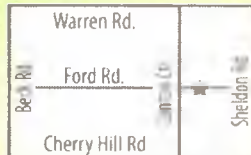
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