

**BY TONY BRUSCATO** STAFF WRITER

fears.

is slated for demolition, is

expansive, with old equip-

ment, debris, broken glass

and graffiti spray-painted

to the scene, with drawn

"The building is huge,

and the first thing we had

to do was locate them," said

Detective Lt. Al Cox. "There

are some places in the building

you can't even see your hand in

weapons of their own.

came in of people with guns

inside, police officers rushed

Plymouth police moved quickly into action when the report came in about 5 p.m. Tuesday of several people entering the abandoned Bathey factory on Mill Street," dressed in camouflage and carrying rifles.

Fortunately for all involved, the potentially dangerous situation ended peacefully. However, officers are also aware how close it came to ending in a way every cop

#### front of your face."

The rundown factory, which Five Plymouth police officers and one from Plymouth Township eventually located the group, careful to stay about 75 yards away. throughout. When the report

"We were trying to sneak up on them, to get close enough, but so they wouldn't see us," Cox said. "You're hoping they're not real guns, but you have to assume they are, especially after getting the call of people going into the factory with long guns.

"When we started screaming, they looked over and saw real guns pointed at them," he said. "They did what they were supposed to do. But, if they had been stupid and turned and pointed a gun at us ...."

What police discovered were seven teenagers – ages 17 and 18 -with realistic-looking weapons for war games inside the abandoned factory. All were ticketed for trespassing and their "toys" confiscated.

Police officers were at first relieved to discover the teens' weapons weren't real. However, they were also con-

Please see GUN-TOTING, A2



TOM HOFFMEYER | STAFF PHOTOGRAPHER

A police-issue .40 caliber Glock handgun (left), next to one of the toy weapons (right) that was being used by teenagers when approached by local police officers.

## Protesters urge end to war in Iraq

#### BY TONY BRUSCATO STAFF WRITER

The turnout was small, but that didn't make it any less significant to the dozen people who gathered for a peaceful demonstration at Kellogg Park Thursday afternoon, calling for an end to the war in Iraq.

While several people held a banner that read (U.S.) Rep. (Thaddeus) McCotter End the War, others carried signs proclaiming Support the Troops-End the War. Debra Brown of Belleville read the names of the communities representing the 138 Michigan soldiers killed in Iraq — including Canton on Sept. 14, 2003, and Garden City on Nov. 9, 2006. Red and yellow roses representing each were placed in a wreath, which was delivered to McCotter's office in Livonia after the demonstration. **Renee Allen of Plymouth** help put each rose in the wreath, with the help of her daughter, Cayla, 16. 'I'm lucky that I'm free and not in the war," Renee Allen said. "I appreciate what the soldiers are doing, even though I don't understand or believe in what they're being made to do." Cayla, who followed her



On the move

#### New office helps keep local look

The Observer Newspaper office has moved to 1100 S. Main St. (at Hartsough) in Plymouth. The office serves the Canton and Plymouth Observer news staffs.

The new office is just a few blocks south of the current location.

"We have always taken a great deal of pride in the fact we are a local newspaper," executive editor Susan Rosiek said. "Times" D are tough all over Michigan, but we wanted to maintain our identity as the chief source of local news, sports, features, happenings and advertising in the communities we cover."

The new office will allow customers and readers to still have one-on-one access to Canton and Plymouth Observer staffers. It also gives customers the opportunity to purchase extra copies of their Canton or Plymouth newspaper and drop off items

Renee Allen of Plymouth hands a flower representing a soldier killed during the war in Irag over to be inserted into a wreath delivered to Rep. Thaddeus McCotter during a demonstration held at Kellogg Park in downtown Plymouth Thursday afternoon.

mother's footsteps in becoming politically active, said it made her sad to put so many roses on the wreath. "There are too many people

focus on the customer.

BY BRAD KADRICH

STAFF WRITER

Now that he's the new president and CEO

of Plymouth's locally owned bank, Krupka

has no plans to change that, only deepen it.

Krupka, a Saginaw native who earned

a degree in business administration from

the University of Michigan, replaces Ray

Reame, who had served in the same capac-

ity on an interim basis following the departure of former president/CEO and founder

who have lost their lives, and it's important we get the troops back home," said Cavla Allen. "There are too many moms who have seen their

sons and daughters die." Nancy Melke, 50, of Westland said she's appalled

Please see **PROTESTERS**, A2



BILL BRESLER | STAFF PHOTOGRAPHER

Robert J. Krupka Jr., new president/CEO of New Liberty Bank , wants to focus on its customers.

## **Concentrating on customer** New chief wants bank to remain community-friendly

#### Mike Weaver.

As the new guy on the block, the first thing Krupka said he noticed was the staff One of the things Bob Krupka likes about was experienced and had "seen the banking the atmosphere at New Liberty Bank is the industry on very high levels."

The thing you notice here is the staff has a very strong service orientation," said Krupka, who started his banking career in 1983. "When you have a bank very interested in serving their customers, it's easier to go out and get more (customers) into the bank."

Krupka took his business degree and

Please see BANK, A2

such as wedding, engagement, anniversary and birth announcements.

In addition to being located in the new office, Observer staffers are available via e-mail:

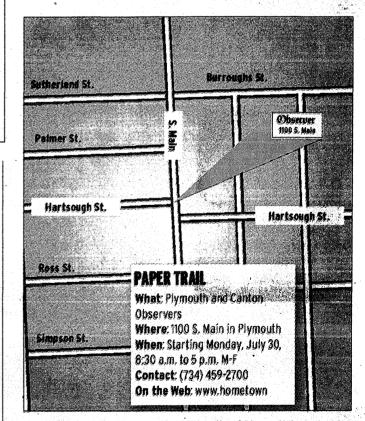
Plymouth editor Brad Kadrich at bkadrich@hometownlife.com

Plymouth reporter Tony Bruscato at tbruscato@hometownlife.com

Canton editor Kurt Kuban at kkuban@hometownlife.com Canton reporter Tiffany Parks at tlparks@hometownlife.

com

The Observer's hours are 8:30 a.m. to 5 p.m., Monday-Friday. For more information or to contact the news staff by phone, call (734) 459-2700.



The new Observer office location in the city of Plymouth is designed to make the Plymouth and Canton papers as local as possible. Plymouth and Canton staffers Brad Kadrich, Kurt Kuban, Tiffanv Parks and Tony Bruscato can be reached at (734) 459-2700.



Observer & Eccentric | Sunday, July 29, 2007

#### **CONTINUED FROM PAGE A1**

got into banking because he thought it would expose him to a lot of businesses. He said it allows him to play to his strengths and desires - financial analysis and "the ability to manage and run things.'

Krupka came to New Liberty from Sky Bank in Farmington Hills where, as senior vice president, he started that bank's loan production office.

"The best thing about banking is it gives you a real feel for what's happening in your community," Krupka said. "It's fun, for instance, to see one of your customers' trucks go by or pass a building and think, 'I helped someone get a mortgage on that."

Krupka's 20-plus years of experience and his approach to community banking made him an attractive candidate to New Liberty's Board of Directors.

"We think Bob has a firm grasp on what community banking is," said board chairman Don Soenen. "He has the talent, experience and management capability to effectively lead the bank in achieving its objectives. The board is excited about Bob joining the New Liberty Bank team."

When he's not banking, Krupka and his wife of 18 years, Dawn, like to travel, with the New England area high on their list of potential destinations. Krupka also is an avid woodworker who exercises regularly and recently finished the YMCA's annual Father's Day Run.

"I was able to finish and walk off under my own power," said a smiling Krupka, who ran the 5k race. "It was a lot of fun."

But his big focus now is the bank, which he believes has been and will continue to be a big part of the community. The bank sponsors a concert series in Kellogg Park and is heavily involved in other local endeavors.

"It's community banking in the purest sense of the word," Krupka said. "You're right in the community and you're actively involved. Decisions are made locally, and we know our customers. Every bank says it's a community bank, but bigger banks have a very different definition of what that its."

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#### **GUN-TOTING** FROM PAGE A1

scious of what could have been very different consequences.

Officers say the \$300 replica rifles were as real as they come, shoot rubber pellets, and the small orange tip that signifies a toy gun might not be distinguishable in a fast-moving police situation - just like they weren't initially at Bathey.

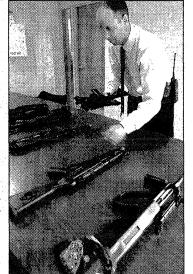
"When we confronted them. we couldn't tell they weren't real," Cox said. "We saw the silhouette of the gun, but we couldn't see the orange tip. If they had pointed the laser sight on us, they could have been shot."

Cox pulled a 40-caliber Glock from his holster, and the only distinguishable difference from it and the "toy" gun was a small section of orange.

"The only difference between these and ours is ours fire real bullets," Cox said. "If you're in a situation like we were, all you're going to see is the gun."

**Plymouth Detective Jeff** Jones said it's not unusual for gang members to either color the orange with black, to make it look like a real weapon, or put orange on a real weapon to trick police.

"When you have something like that you see from the car or the street, you have to make a quick judgment to determine if it's fake or real," Jones said. "Kids and adults don't realize what we have to do when we come across something like this, especially when you see how similar they are to real weapons. There's a lot of pressure to



TOM HOFFMEYER | STAFF PHOTOGRAPHER

**Detective Jeff Jones of the Plymouth** Police Department displays some of the toy weapons that were being used by a group of teenagers playing at the abandoned Bathey factory on Mill in Plymouth.

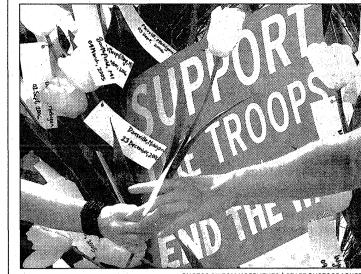
make sure we're making the right decisions."

Plymouth Police Chief Wayne Carroll said parents need to be aware of the dangers when their children play with reallooking guns in public.

"If they're playing on their own property, we can't regulate that," Carroll said. "But, in the public, just being in a situation where we don't know where the fantasy begins and ends ... parents don't know the danger they're kids are putting themselves in.

'We just know there are people out there with guns so realistic it's downright scary."

tbruscato@hometownlife.com



PHOTOS BY TOM HOFFMEYER | STAFF PHOTOGRAPHER

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Flowers for the Michigan soldiers who have been killed during the war in Iraq are inserted into a wreath that was delivered to U.S. Rep. Thaddeus McCotter during a demonstration at Kellogg Park in downtown Plymouth.



Protesters hold up a sign addressed to U.S. Rep. Thaddeus McCotter during a demonstration at Kellogg Park in downtown Plymouth Thursday afternoon.

## FROM PAGE A1

138 soldiers from Michigan and more than 3,000 nationwide have died in Iraq. We need our legislators to come to terms with it and take the action necessary to stop the killing," she said. Michael Johnson of

Plymouth Township said his

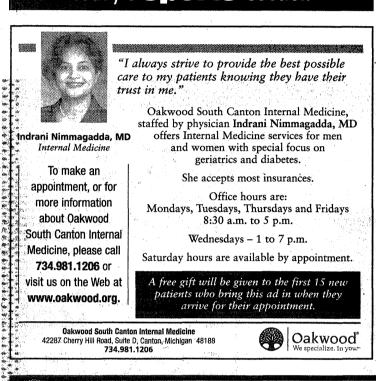
son, Jonathon Hogan, has suffered mental disabilities as a result of his four-year tour in Iraq, which is scheduled to end soon.

"They're sending these boys over and they're coming back worse than the Vietnam vets did," said Johnson. "I'm sick and tired of it. The war has to end."

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#### Fife & Drum car wash

The Plymouth Fife & Drum Corps holds its annual car wash 9 a.m. to 3 p.m. Saturday, Aug. 4, at the Walgreens (corner of Ford and Sheldon roads) in Canton.

The corps is asking for a \$5 donation per wash. The money raised will go into the PFDC general budget to offsite expenses such as new uniforms and repairs to the drum truck.

For any donations or car wash questions, call Brad Stabler, (313) 231-2432.

#### Public safety Web site

The Canton Public Safety Department has a new Web site, www.cantonpublicsafety. org, designed to be more user-friendly with access to a variety of resources. The Web site includes information on the police, fire and emergency management divisions. Some new items of interest

include:

Crime alerts – Providing timely information about local crime or crime trends occurring in the community.

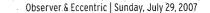
Crime mapping -Providing selected crimes on a geographical map of Canton. Statistics by geographical

area - Providing crime and accident statistics by geographical areas. Videos – Providing vid-

eos of local public service announcements and police and fire shows aired on Canton's community access television.

The department has also expanded and organized a new safety tip section including a various brochures, handouts and presentations, as well as

#### **PLYMOUTH PIPELINE**



band has earned the honor of top band in the Nation three times, with a combined list of 500 awards in the last two decades. In 2006, PCMB was named regional champions of the Bands of America competition held at Eastern Michigan University, and finished ninth in the nation at the National Bands of America event.

Canton High School is located at 8415 Canton Center Road (at the intersection of Joy and Canton Center Roads).

#### **Good Grief golf**

New Hope Center for Grief Support hosts its ninth-annual "Good Grief" golf outing Saturday, Sept. 8, at St. John's Golf & Conference Center in Plymouth with a 10 a.m. shotgun start. Proceeds from the outing will benefit New Hope Center for Grief Support, a bereavement outreach center located in Northville. New Hope provides free grief support services and resources to men, women, teens, and children throughout southeastern Michigan.

The cost for this four-person scramble, which includes 18 holes of golf with a cart, lunch, dinner, contests and prizes, is \$125 per golfer. Dinner-only is \$35 per person.

For information about sponsorship opportunities or for registration information, visit New Hope's Web site at www. newhopecenter.net or call Pattie Bingham, (248) 348-0115.

#### YMCA camp

The Plymouth Family

YMCA is still accepting registrations to its state-licensed summer day camp held at the First Baptist Church of Plymouth.

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The day camp program, which offers swimming, field trips, character development, outdoor education and more, runs through Aug. 31. Each ' week has a unique theme, such as Justice League of the Y, Castaway Cove and Ancient Adventures.

Camp hours are 9 a.m. to 4 p.m. Monday through Friday, with drop-off between 7-9 a.m. and pick-up between 4-6 p.m.,, included in the price. Part-time and full-week options are still available. There is a camp for everyone between the ages of 5–12. Financial aid is available.

For more information, go on the Web to www.ymcadetroit. org or call the YMCA office, (734) 453 - 2904.

#### Senior Olympics

Canton Township is the host for the 2007 Western Wayne County Senior Olympics, set for Aug. 20-24.

Registration forms are available at the Plymouth Community Council on Aging office, Friendship Station and township hall.

Deadline is July 31 for reg<sup>2</sup> istration, most events are \$2 with the exception of golf (\$10) and bowling (\$5). Opening Day (Aug. 20) will feature a light breakfast with Wayne County Executive Bob Ficano, the opening ceremony, Fun Walk and much more. For more information, call\* (734) 453-1234, Ext. 236.

Marching Band (PCMB) is hosting its annual "PCMB Car deductible. Wash-A-Thon" on Saturday, Aug. 4 at the Canton High School parking lot in Canton, Mich. from 9 a.m. to 5 p.m. The car wash is free. Money is

band members. Individual band members of the not-for-profit organization

raised through pledges gath-

ered by approximately 200

links to many related resource

Public Safety Director John

"Our goal is to raise commu-

nity policing to a higher level

information to the public," he

familiar items from the previ-

ous Web site, including pub-

lic safety press releases and

the police and fire monthly

reports, and more. The depart-

ment's Web site will be updat-

ed frequently so residents can

Public Safety staff also plan

find out what's new in their

to use the new web site as a

forum to provide a variety of

information and resources on

"We would like to make

our Web site a one-stop shop-

looking for crime prevention

resources in regards to their

tion we come across will go

children. Any useful informa-

on our Web site," Community

Relations Sgt. Deb Newsome

The Plymouth-Canton

Band fund-raiser

said.

tips, information, and links to

ping place for parents who are

crimes against children.

neighborhood.

by providing readily accessible

The site also includes many

Santomauro sees the entire

project as plus for the com-

Web sites.

munity.

said.

are accepting between one half band camp in August. The car

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Panera BREAD

#### Raising the dough

As part of its Operation Dough-Nation program, Panera Bread locations in southeast Michigan have raised \$3,346 during the Get a Kids Meal, Give a Kids Meal special promotion to benefit Forgotten Harvest and hungry children and families across metro Detroit. Members of the Plymouth community helped the Plymouth Panera Bread sell 576 kids meals in June, and the store also raised the highest amount of money. The promotion ran June 5 through July 5. Throughout the promotion, Panera donated 10 percent of proceeds from all Kids' Meal purchases to Forgotten Harvest. The promotion's purpose was to raise awareness in our community that every meal counts, especially to local children who are hungry. Forgotten Harvest distributes Panera's food donations to 135 emergency food providers in the tri-county areas, same-day and free of charge.

cent to two cents for every car washed or a donation prior to the day's activities. The band expects to wash about 1000 vehicles. Donations are tax

"The Car Wash-A-Thon" is one of the biggest fund-raisers of the year," said Mark Stamper, president of the 2007 Plymouth Canton Music Boosters. "The money raised helps the kids with participation fees to be in the band, including uniforms, instruction, and the cost to attend

wash itself is fun for the kids and parents alike. The award-winning high

school band is comprised of students at the Plymouth-Canton Educational Park. The group of nearly 200 student musicians and performers is led by Marc Whitlock.

PCMB has won the State

**Competing Band Association** 

Competition for 19 of the

last 21 years. The marching

Championship at the Michigan

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#### LOCAL NEWS

Observer & Eccentric | Sunday, July 29, 2007

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# Losers are winners: Contestants win by losing in gym contest

No one knows how good it feels to be a loser more than Sherry Rize.

The Dexter native was the winner of Fit Zone for Women-Canton's "Biggest Loser" contest, shedding almost 39 pounds in 16 weeks.

Sherry wasn't the only big loser in the competition, which began back in January. Fran Rhode-See of Canton was a close second, losing 38 pounds, while Christine Weiland and Beth Petty, both from Plymouth, lost 25 pounds each.

Similar to the television program, the winners' success was actually calculated using the percentage of weight lost rather than actual pounds, according to Fit Zone owner Larry Bird.

"This leveled the competi-

The winners' success was actually calculated using the percentage of weight lost rather than actual pounds, according to Fit Zone owner Larry Bird.

tion among participants of varying sizes," Bird said. "Though not used to determine the winner, members lost over 325 pounds during the program through hard work

and attention to nutrition." Mini-prizes were awarded along the way to keep contestants motivated. Monthly seminars emphasizing the importance of healthy eating and exercise were also offered.

"The Biggest Loser competition was a great idea," said Ilona Baciak, one of the contest's participants. "It provided motivation, great support and feedback on a regular basis."

Said Fit Zone member Sarah Kirkish: "The contest happened at a perfect time in my life. It made me accountable while providing the support I needed."

Winners of the "Biggest Loser" competition were honored at a short program held at the gym. The grand prize winner received a one-year free membership to Fit Zone for Women-Canton. The second place prize was a \$250 gift certificate to Gabriala's in downtown Plymouth. Both third prize winners received certificates for therapeutic massages compliments of Plymouth Chiropractic Wellness Center.



Fit Zone-Canton members lost more than 325 pounds during the gym's 'Biggest Loser' contest, with the winner, Sherry Rize of Dexter, shedding almost 39 pounds in 16 weeks.





A4 (CP)

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#### **COUNTY NEWS**

## Minimal IRA distribution can come from any account

We have IRAs in a variety of different funds with a number of different companies. This is the first year that we have to begin taking money out of our accounts and my question is, do I need to take a distribution from each separate account or can I take them from whatever?

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ou are not required to take a minimum distribution from each and every retirement account you own. The IRS doesn't care which account you take it from. They are concerned that the total dollar amount is correct. If you



and you want to take the total minimum required distribution from one of those

people over

have four sepa-

rate accounts

**Rick Bloom** 

70½ should consider is whether they convert some of their IRA money from a traditional IRA into a Roth IRA. The advantage is the money you are converting is not part of the required minimum distribution. It could stay

invested into a Roth IRA for as long as you choose and, more important, will grow tax-free not tax-deferred.

If you are over 70<sup>1</sup>/<sub>2</sub>, you are not allowed to convert your required minimum distribution, however, you can convert anything above that number. My recommendation for people over  $70\frac{1}{2}$  is if you meet the following criteria it may make sense to convert some money from your traditional IRA into a Roth IRA.

You must have the money to pay the additional tax that the conversion would cause without touching the money converted, by converting the money it will not place you in a higher tax bracket and you can invest the money long term at least five to seven years.

One last note. The penalties are severe if you do not make your required minimum distribution. If you are over 701/2 you need to make sure to take the required distribution prior to Dec. 31, 2007.

I graduated from college last year and I took your advice and paid off my charge card debt before investing in my company's 401(k) plan. I now can begin investing. Should I invest in a 401(k) (my company does not match) or a Roth IRA? Another

possibility - I have been approached about buying a variable annuity. By the end of the year I should have \$3,000 to \$4,000 to invest. What do you recommend? Congratulations on getting a

handle on your debt. Let's first review the pros and cons of your alternatives. The first is a 401(k) plan which has a double tax advantage because you are investing pre-tax money. That money, along with all the earnings, grows on a taxdeferred basis. The downside of 401(k) plans is when the money is distributed to you, it does not receive the favorable capital gains tax rate. It is taxed at your ordinary income bracket. In addition, some 401(k) plans have limited and sometimes high fee investment

alternatives. 'In a Roth IRA, money invested and all its accumulations grow income tax-free. When money is withdrawn from the account, no taxes are due. Furthermore, with a Roth IRA you have endless investment options so you can invest in high-quality, low-cost investments.

The downside of a Roth IRA is money contributed is posttax money. In other words, it's money that you have already paid taxes on.

The last alternative is a variable annuity in which money grows on a tax-deferred basis. However, the downside of a variable annuity is significant. First, the money you contribute is typically post-tax money. It is possible, but not recommended to use a variable annuity within an IRA. The typical variable annuity also has very high cost, limited investment options and severe penalties if you terminate the policy before a preset number of years.

My first recommendation

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for you would be a Roth IRA. There is an initial adverse tax consequence to using the Roth IRA but you're taking a shortterm hit for a substantial long-term gain. Just think, 40-50 years from now or even longer when you withdraw the money, the Roth IRA will have no tax consequences.

Observer & Eccentric | Sunday, July 29, 2007

Of course, if your company had matched the 401(k) my solution would probably have been to put money into the 401(k) up to the match and then use the Roth IRA for additional money.

Here are a couple of alternatives for your initial investment – T. Rowe Price

Spectrum Growth Fund ((800) 225-5132 or www.troweprice. com) and S&P 500 Fund such as the Vanguard S&P 500 ((877) 662-7447 or www. vanguard.com).

A5

(\*)

Roth IRAs are great investment options and it's something more and more investors should take advantage of if eligible.

Rick Bloom is a fee-only financial adviser. Observer & Eccentric readers can submit questions at moneymatters@hometownlife.com. For more information, visit Rick's Web, site at www.bloomassetmanagement.com. You can hear Rick noon to 3 p.m. Sundays on WDTK 1400 AM.



**Arthritis Today** JOSEPH J. WEISS, M.D. RHEUMATOLOGY 18829 Farmington Road Livonia, Michigan 48152 Phone: (248) 478-7860

#### **OSTEOARTHRITIS OF THE KNEES**

The most common arthritis you face with aging is osteoarthritis of the knees. The sons are (1) the knees are the joints most subject to injury over a lifetime and (2) the extra wear on knees that comes with pivoting that, makes loss of cartilage inevitable

At present no medicine, exercise or way of life will forestall the development of knee osteoarthritis. The only preventives are keeping our weight within reason and, insofa possible, avoiding injury to the knees.

. If you develop osteoarthritis of the knees, you should not curtail your physical activity. Keeping active, particularly as you grow older, is of such importance it trumps doing less to preserve your knees. If the arthritis interferes with activity, your doctor will do more to treat it.

Therapy includes use of non-steroidal medications to counter pain, finding activities such as swimming and bike riding that allows you to remain active. At times, it helps to go for physical therapy to strengthen the quadriceps muscle and realign the knee cap. Intraarticular injections are useful to remove fluid and counter the irritation that osteoarthritis

Medical experience indicates glucosamine and condition do little to preserve knee joint function. The use of artificial synovial fluid injections remains controversial; my view is that hey do little gond.

Bracing the knes doesn't help, but knee surgery is always an option and a good one.

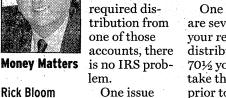
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#### **COUNTY NEWS**

#### (CPLRe) Observer & Eccentric | Sunday, July 29, 2007

# with Coco from WJLB-FM98

The Observer & Eccentric and Mirror Newspapers are teaming up with Buddy's to present "Dining With the Stars" featuring Coco of "The Coco, Foolish & Mr. Chase in the Morning Show," which airs weekdays from 6-10 a.m. on FM98 WILB.

The show is known throughout metro Detroit for its laughs, amazing prizes, hot topics, celebrity gossip and interviews, news and more.

In 100 words or less, tell us why you're a fan of Coco and would like to have lunch or dinner with her at Buddy's Pizza in August.

Send your fan letter to BuddysDiningStars@gmail. com and be sure to include your name, address, daytime phone number and e-mail address.

Deadline to enter the August contest is 5 p.m. Tuesday, Aug. 21

A photograph of you and Coco will be published in the Observer & Eccentric and Mirror Newspapers and online at www. hometownlife.com.

We want our winners to dine with their favorite stars and feel like a star, too," says Marcy



The Observer & Eccentric and Mirror Newspapers are teaming up with Buddy's to present "Dining With the Stars" featuring Coco of "The Coco, Foolish & Mr. Chase in the Morning Show" on WJLB-FM.

Brontman of Buddy's Pizza. Buddy's will also present at check for \$500 to the Detroit Recovery Project, the charity of Coco's choice which supports individuals in identifying and resolving barriers to achieving a healthy and productive drug-free lifestyle.

The August winners will be treated to a limo ride, courtesy of Pro Tran Transportation, makeover from "Beauty Salon by J.Lyle Lmt. featuring stylist and makeup artist Christine Fitzpatrick, a \$100 gift certificate to the Reaver Diamond Co. in Southfield and a dance exhibition courtesy of Fred Astaire Dance Studio in Bloomfield Hills.

Other upcoming "Dining With the Stars" include Chuck Gaidica of WDIV-TV (Channel 4), Attorney Geoffrey Fieger, Florine Mark of Weight Watchers, health and fitness guru and  $O \mathfrak{SE}$ columnist Peter Nielsen, Ruth Spencer of WDIV's "Ruth to the Rescue" and Trudi Daniels of WRIF-FM.

No purchase is necessary to enter. Buddy's Pizza will review all entries and select the top four "fan" letters.

The stars featured for the month will make the final selection. Lunch and/or dinner date is to be determined with the winner and star by Buddy's representatives.

# Here's your chance to dine We want to hear from you

We value our readers - in print and online – and want to hear from you. Tell us what you think about your Observer Newspaper and our Web site at name and address will receive. www.hometownlife.com. Fill out the survey below and mail to the Observer, 36251 Schoolcraft, Livonia, MI 48150 or fax to (734) 591-7279 ATTN:

EDITOR or go to www.hometownlife.com and fill out the survey online.

Responders who provide a a small gift and be entered in a random drawing to win tickets to an upcoming Tigers game and concerts at DTE Music Theater or The Palace.

"Tell us what you want to read about in your Observer," said Susan Rosiek, executive editor. "Your opinion matters to us as we strive to improve our newspaper and online coverage."

www.hometownlife.com

Deadline to submit survey information and be eligible for the ticket drawing is 5 p.m. Monday, Aug. 6.

## userver 2007 SURVEY

Name

\*Address:

Gender: 🗌 Female • 🔲 Male

Age: ☐ 19 and under • ☐ 20s • ☐ 30s • ☐ 40s • ☐ 50s • ☐ 60s• ☐ 0lder Education: High School Graduate • College Graduate • Post grad degree Other: Total household income: S30,000 and under • S31,999-\$49,999 • \$50,000-\$74,999 □ \$75,000-99,999 • □ \$100,000 and over **Employed:** Full-time/Part-time • Retired • Other: How many people live in your household? How many are under age 17? Do you currently subscribe to the Observer? h time de veu energi reading  $2 \Box 20$  minutes or more  $\Box$  less than 20 minutes

(Street Number, City/Township and Zip Code)

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On a scale of 0-5, (0 being the lowest; 5 the highest) rate your delivery?	0	1	2	3	4	5
If you are not currently a subscriber, have you ever subscribed?		Y	ES	Ľ		NO
On a scale of 0-5, how satisfied are you with your Observer?	0	1	2	3	4	5
On a scale of 0-5, how easy is it to find items/sections in the paper?	0	1	2	3	4	5
On a scale of 0-5, rate the relevancy of content in your Observer?	0	1	2	3	4	5
On a scale of 0-5 rate the accuracy of The Observer:	0	1	2	3	4	5
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#### Rate your level of interest in the topics and/or sections below on a scale of 0-5 (5 heing very interested: () not at all)

News and features about your city/township/village	0	1	2	3	4	5
News about local government	0	1.	2	3	4	5
School news and features	0	1	2	3	4	5
News about police and crime	0	1	. 2	3	4	5
Food and cooking features	0	1	2	3	4	5
Society news	0	1	2	3	4	5
News about religion	0	1	2	3	4	5
Calendar listings of local events	0	1	2	3	4	5
FILTER (Weekly section with news about music, art, local	1. 1997. 1997.	ţ.			-15	
and regional entertainment, restaurants and movies)	0	1	2	3	4	5
PINK (Thursday PINK page and Monthly PINK Section featuring fashion, beauty, women's health)	0	1	2	3	4	5
High school sports news and features	0	1	2	Ĵ.	4	5
Letters to the editor	0	1	2	3	4	.5
Advertisements of stores in your community	0	1	2	3	4	5
Editorials	0	1	2	3	4	5
Opinion columns	0	.1	2	3	4	5
News/Features about the environment	0	1	2	3	4	5
Classified Advertising	0	1	2	3	4	5
News/Features about health and fitness	0	1	2	3	4	5
News/Features about local business	0	1	2	3	4	5
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## Fall Registration In Progress **Classes Start Sept. 4th**

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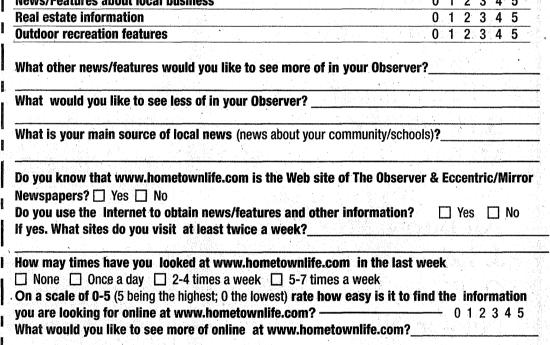
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What would you like to see less of online at www.hometownlife.com?

\*Respondents who provide a name and address will receive a small gift for filling in the survey and will be entered into a random drawing for tickets to an upcoming Detroit Tigers game and/or concert at DTE Music Theater.



THAT'S IT! Go to HometownLife.com for details.

Observer & Eccentric | Sunday, July 29, 2007

(CP) A7

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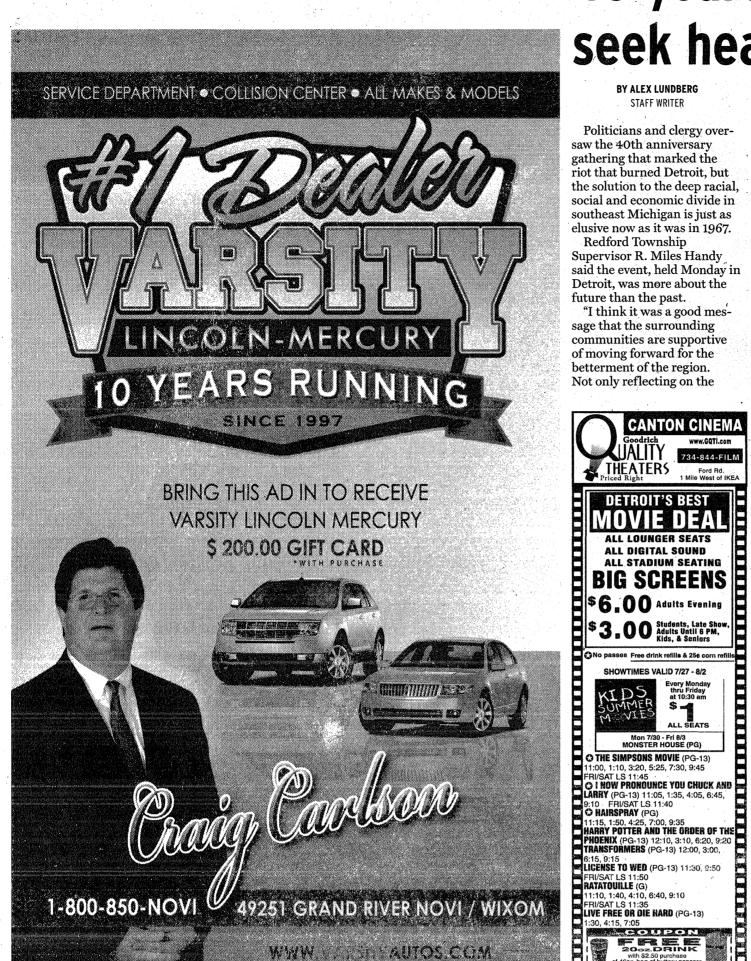
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#### LOCAL NEWS

A8





## 40 years later: Leaders seek healing after riots

**BY ALEX LUNDBERG** STAFF WRITER

Politicians and clergy oversaw the 40th anniversary gathering that marked the riot that burned Detroit, but the solution to the deep racial, social and economic divide in southeast Michigan is just as elusive now as it was in 1967. **Redford Township** 

Supervisor R. Miles Handy said the event, held Monday in Detroit, was more about the future than the past.

"I think it was a good message that the surrounding communities are supportive of moving forward for the betterment of the region. Not only reflecting on the

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past, but looking into the future, how we can help our region," Handy said. "We're all Detroiters one way or another. We all are, no matter where we go, if you're from the metro region you're a Detroiter."

Livonia Mayor Jack Engebretson called the occasion "a good first step" by political and church leaders to promote healing.

We had a cataclysmic event and for years and years people have had their personal takes on what happened," he said. "As a result, fears and mistrust still go on."

But 40 years after the city erupted in flames, there's still a lingering distrust radiating in both directions across Detroit's border. Ramon Hernandez is a member of the Livonia Human Relations Commission. He said it's unrealistic to think 40 years is enough time to bury hatchets this large.

"You have to consider the history before the riot," he

said. "It was a culmination of a lot of frustration by a lot of people."

He said time needs to pass before people can understand events, especially ones as volatile as the riot. Sheltered, white Americans need to understand that people of color want the same things: Peace, prosperity and safety,

he said. It's not just that the media pushes images of nonwhites involved in crime, he said. Older generations of Americans have also neglected to tell their children that great people have gone before.

"Mature Americans have failed their children by not teaching them about people in the early rights movement, before 1960," Hernandez said. "Ethnic people, white people, hippies, musicians - people who didn't accept the status quo. The message they were trying to give has not been explained to young Americans."

The conference was an outgrowth of conversations between clergy all around the Detroit area. The Rev. Allen Kannapell of the Anglican Church of Livonia said the event was a success.

"There was a spirit of reconciliation and repentance there," he said. "We need to forgive each other and live together."

He said he's lived in 10 states in his life and has never seen an area as segregated as southeast Michigan. Other American cities had riots in the late 1960s but no other city is struggling the way Detroit is. He said the riot is an untended wound, one that can't start to heal until people start addressing it.

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## **Tiresome column tows** discredited union line

another tiresome example of towing discredited union lines. The "buy union or else" people certainly have a friend there. His editorial contains many inaccuracies and a curious sort of bluster wherein points appear to be made with numbers flying around and researchers being quoted, but much of it is plainly rambling and somewhat disconnected.



The catchphrase "Right To Work For Less" is found in virtually every leftist playbook and typifies the use of ridicule or intimidation as a substitute for analysis of facts. These are the same folks who brought us the "Real Americans Buy American" bumper stickers that let union people simultaneously drive, wrap themselves in the flag and berate others.

Tom Bedell

Churchill accuses others of "hacking at unions" with "misleading" information, but fails to provide specifics. It

would seem that holding opinions different from the union has become almost un-American somehow. I tried to source some of his studies and research on the Web, with little success. The only information I found that corresponded to numbers Mr. Churchill attributed to the Center for Automotive Research was an analysis of the 2003 contract between the UAW and the Big Three. It was published in 2004 and the statistics that seemed close to Churchill's claims were not facts, but projections about the effects of the ratified contract. ("The Meaning of the 2003 UAW-Automotive Pattern Agreement" Author: Sean P. McAlinden, Ph.D.") His may be "facts," but I have yet to find the unidentified study he cites.

I challenge his assertion that each (union?) employee adds \$292,000 of "added value" to the "domestic automobile industry." Exactly what does that mean and where is this information to be found? Additionally, has anyone suggested that UAW members' paychecks should be reduced to a level that "allows for a diet of grits and bacon grease?" It seems to me that the only thing more absurd than that claim is paying \$66 an hour for the labor of a line worker when the domestic automobile industry is getting its lunch eaten.

Mr. Churchill dismisses union labor costs as a "non-issue." Well, that's a neat trick! I would suppose that the job bank, health care coverage and COLA are also unimportant. This is breathtaking stuff and should be taken seriously, though not for the reasons the author intends. Serious problems require more than these kinds of dismissals and clichés.

While I'm not a lawyer, I would encourage anyone who wants to understand American patent law to go somewhere other than the university of UAW or Al Churchill community college for their education. On the one hand, Mr. Churchill holds out the protection

l Churchill's editorial on the glories of unionism is of intellectual property as an example of a useful monopoly and then proceeds to show precisely why creating intellectual property is utterly different from the nature of production labor. While the foundation of patent and copyright law can be found in our (ever so coercive) Constitution, I didn't see a similar article about unions in there.

Thankfully, the founders saw the differences that escape Al Churchill. The marketplace of creative intellectual process is open for all of us to plumb at our peril or reward. Equating the production of a new composition of matter, a new machine or process with the work, albeit wholly honorable, of a UAW member, borders on the ridiculous. Perhaps the inventor of a cure for cancer or Parkinson's disease should receive the same pay as a UAW member running a CNC lathe? Just a last point: patents aren't forever; they expire.

To be clear, Steven Roach, who I believe is indeed the chief economist in Asia for Morgan Stanley, had been dubbed something along the line of Mr. Doom by Money magazine. He was recently reported, by www.tompaine.com, to have informed his clients to prepare for an "economic Armageddon." He has always been a reflexively negative economist. For example, CNN reported the following in early 2003:

"Morgan Stanley's chief economist in the United States, Stephen Roach, will formally advise clients Friday that he's forecasting a world recession in 2003.

His prediction was based, in part, on the SARS non-epidemic then being much in the public's mind. While Steven Roach may be a fine person and a better economist, he regularly gets it wrong. There are many sectors of the U.S. economy doing well and there are many in dire straits. The domestic automobile industry, and its union labor of which Churchill is so fond, is in the latter category. This sector needs real help from real problem solvers from management and labor, not platitudes, misinformation and foggy logic.

One point of general agreement I have with the author involves the clockwork precision with which elected representatives slither from Congress into the dizzying array of lobbying groups, PACs, consulting firms and foundations seen in our political landscape. Much as in the "Gilded Age" Churchill mentions, there is plenty of blame to go around and I feel no affection for either of the major political parties.

I certainly don't wish the UAW or any union ill, per se. I would simply suggest that his '70s rhetoric has outlived its usefulness. It's time that management and labor sit down and face some real, hard truths about what kind of industry they hope to have in the next 10 years. I personally give Ford and General Motors each a one in three chance of surviving the remainder of the decade.

Tom Bedell lives in Livonia.

## Leash laws are a good thing for dogs and their owners

he Livonia City Council is looking, again, at passing a leash law. This is a good idea, both for the pet and for the human at the other end of the line.

Currently, the city's ordinances require dogs to be "under reasonable control," which entails being with its owner, on the owner's property or under the control of someone the

Alex Lundberg

owner knows. The closest the ordinance comes to requiring a leash is a provision for vicious animals which calls for a muzzle and chain whenever the animal is off the premises.

At a recent legislative committee meeting, a number of

residents came forward to ask the council to enact some kind of leash law. There were a lot of impassioned stories about dogs running loose on the streets, harassing people and pets alike. If there were only some kind of controls, Livonia would be a safer place to live. The council had a brace of sample laws from neighboring communities and even the mayor said the issue had come up enough times in the past that it was time to seriously consider adding to the existing ordinance.

It was then that someone suggested creating a dog park as many other communities like Plymouth and Westland have. Often called a "bark park," these are enclosed areas where people (for a fee) can let their dogs run free with other dogs, make noise and do their business where they choose. I can back the leash law, but I can't get behind a dog park. It's part of a theory of pet ownership that's becoming more and more prevalent and has its roots in the delusion that the family dog is a person.

The subtext of my theory is this: "My dog is an angel, blameless as a babe and can cure warts by touch." Which of course was followed by

the companion sentiment, "Every <sup>1</sup>other dog on the street is a slavering monster, hungry for the blood of the innocent and can curdle milk at 100 paces.

See the disconnect? Between PetSmart and the people who market dog clothing, we've convinced ourselves that our pets are small people with occasionally embarrassing personal habits. This is dangerous because dogs are, in fact, dogs. Millions of years of evolution didn't give them those sharp teeth for crunching kibble or their group mentality because they like the family room.

Dogs are highly loyal and highly territorial. The combination means that Fluffy has the ability, and the inclination, to lunge at anyone if the circumstances are right. That unqualified love they radiate can turn to violence if they think there's trouble. Think of it, one of the reasons for owning a dog is for home protection; thinking the dog is going to choose the moment to get violent as wisely as you will is misguided.

I'm as guilty as anyone. My English bulldog, Georgie Girl, is lovable and funny. If I came home and found she had spoken her first words. I wouldn't be surprised. But she's also 55 pounds of muscle on a 30-pound frame that doesn't listen and doesn't fear anything. Her ancestors fought bulls for sport - I can do the math. If Georgie gets violent, it's not going. to be lovable or funny.

A leash law is a good thing for the owners of dogs rather than the dogs. themselves. The leash reminds the owner that they've got an animal under their control and the owner is responsible for what that dog does. The leash reminds the owner that no matter how wonderful, how loving, how integral to the family the dog is, a judge is not going to see it that way.

Alex Lundberg is a staff writer with the Livonia Observer.

Future Occtor

Abraham (Abe) Orabi

Abe Orabi's path toward becoming an M.D. began at Henry Ford Community College. "I came to HFCC because of the prestige of the Honors Program. People like Dr. Laura Yeakel, my chemistry instructor. She's really into what she's teaching. She made sure you got through - the course was difficult but designed to help you succeed." Abe also volunteered at the campus day care center. "I got to see the effect different cultural backgrounds have on kids. Volunteering is a requirement of the honors program." Visit us at **www.hfcc.edu** to find out how we can help you.



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Coach Daly will discuss his personal story with BPH and encourage



men to visit their healthcare professional to get screened. Attendees will be able to review a BPH symptom checklist and discuss their symptoms with an onsite healthcare professional.

Date: August 2nd

Time: 6:00 PM

Location: Garden City Hospital 6245 Inkster Road



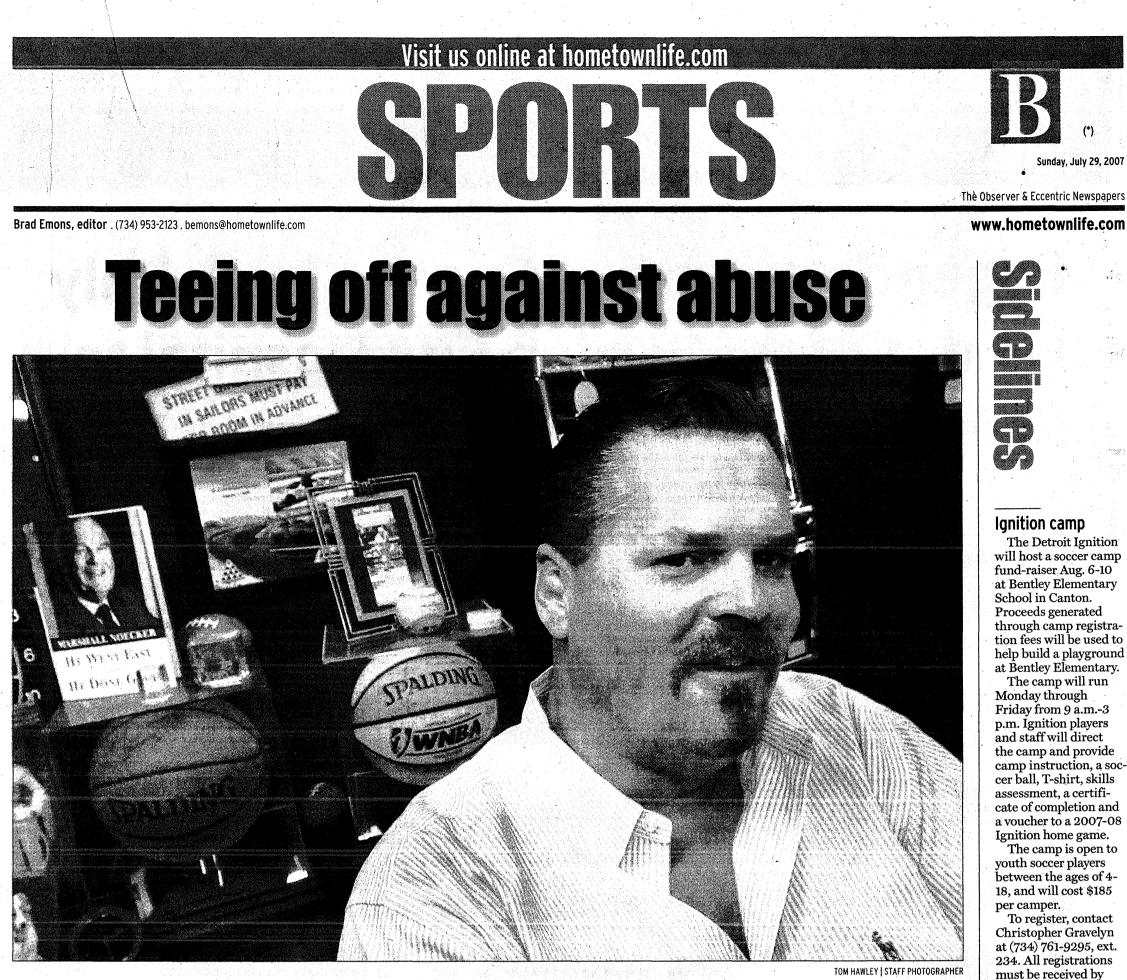
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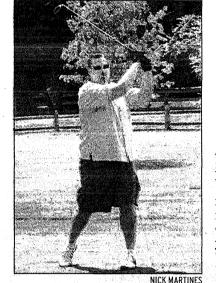
GARDEN

- CITY HOSPITAL



George Blaha High Hopes Golf Invitational co-chair Nick Noecker, of West Bloomfield, displays in his Garden City office several auction items he's successfully bid on over the years to help raise money for Vista Maria.

## He swings into action to help Vista Maria's cause



Emceeing the proceedings as usual was Blaha, the longtime Detroit Pistons broad-

caster "I think it's moving in an amazing direction right now, considering what's happening with charities all across the Detroit area," said Noecker, president of International Extrusions, Inc. and a volunteer co-chair for the High Hopes planning committee with Greg Roberts and John Jagels. "I believe we probably broke the record this year (despite) what's been happening with people's disposable cash." The sports-loving West Bloomfield resident noted that, the fact the event sold out (132 golfers hit the links at Forest Lake Country Club in Bloomfield Hills) and "raised more than ever" despite the ongoing economic slump in southeastern Michigan "is a testament to the work that the co-chairs

did as well as George and everybody involved from the Vista Maria organization."

step it up for truly important missions such

It also provided evidence that people will

must be received by Aug 1.

#### RU grid sales blitz

**Redford Union foot**ball players will be taking part in a different kind of blitz when they go door-to-door from 5:30-to-9 p.m. on Wednesday, Aug. 8.

The players will be offering to sell discount

Watching his shot fly during Monday's golf fund-raiser for Vista Maria is Garden City business owner Nick Noecker.

a corny cliche in the first decade of the 21st century. Everybody says it, everybody says they do it and everybody has a pet project to get it done.

BY TIM SMITH

STAFF WRITER

iving to those less fortunate is almost

But that's literally what Garden City business owner Nick Noecker and others connected with the George Blaha High Hopes Golf Invitational do every summer year after year, to help abused and neglected girls ages 11-17 who live at Vista Maria in Dearborn Heights.

Monday's 18th annual event, including silent and live auctions, raised approximately \$112,000 to help the 124-year-old facility which was founded by the Sisters of the Good Shepherd.

as Vista Maria's

Noecker, 40, certainly is at the front of the line of those totally committed to raising money and awareness that will lift the hopes and hearts of previously downtrodden young women who were rescued by the court system out of troubled homes and neighborhoods.

'That's probably the best thing about this school," he said. "It's an attempt at success in building esteem when they've been torn down completely their whole life." Doing more

There were plenty of fun things to bid on at

Watson bolts Whalers for **OHL's Spirit** 

**Plymouth Whalers** President, General Manager and Head Coach Mike Vellucci announced earlier this week that the team's Assistant General Manager



and Assistant Coach Todd Watson has resigned to take the head coaching position with the Ontario Hockey League's

Saginaw Spirit. "Todd and I have worked together for almost 11 years,' Vellucci said. "I appreciate everything Todd has done for the organization. But with success, there are opportunities for everyone. I've said it many times - I couldn't have done my job without Todd's contribution. Nobody works harder. He will be missed by

wish him well." Watson (from Brownstown) was about to start his fifth season in Plymouth and his 11th within the Compuware system. He was part of a

everyone in Plymouth and we

Please see WATSON, B3

## **Scin-Tee-lating finishes** Playoffs highlight Motor City Golf tourney

For complete results, please see Page B4.

Several of the top junior golfers in the Observerland area converged on Whispering Willows Golf Course in Livonia on Wednesday to compete in the annual Motor City Junior Golf Championship, which was sponsored by Caddy Shack and Top Flite Golf.

The one-day event was open to youngsters between the ages of 12 and 17 years old.

Three of the five flights (two girls and three boys) were decided in thrilling sudden-death playoffs. Livonia Churchill student Josh Proben won the Boys 16-17 Division when he bested Jordan Chisholm in extra holes.

Both players fired impressive 76's over the first 18 holes. Brian Bint, Matt Charnley and Dan Tamaroglio filled out the top five spots in the flight. Charnley also won the closest- to-the-pin competition in his age group.

Erica Mazur, a Northville resident and student at Livonia Ladywood High School, captured the girls 16-17 division with a solid round of 84, eight shots better than runner-up Paige Scarpace. Jessica Burdette, the third-place golfer, won the closest-to-the-pin contest.

The Boys 14-15 Division was also

Three of the five flights (two girls and three boys) were decided in thrilling sudden-death playoffs. Livonia Churchill student Josh Proben won the Boys 16-17 Division when he bested Jordan Chisholm in extra holes. Both players fired impressive 76's over the first 18

holes.

decided by a playoff when Kenny Banach, a North Farmington student, outlasted Thomas Cullum and Kevin Robinson in extra holes. All three fired rounds of 83 to qualify for the playoff. Robinson took the closest-to-the-pin honors.

Southfield resident Carmela Hawkins earned the Girls 14-15 Division title when she defeated Sarah Linder in a playoff. Both players fired 111's in regulation.

Livonia Frost Middle School student Brian Sexton earned a first-place trophy in the Boys 12-13 bracket with a sizzling 88, three shots better than Dante Cicchelli. Dominic DiLisi won the division's straightest-drive competition while Dominic Isopi took home the closest-to-the-pin award.

Sixty-nine players competed inthe tournament.



TOM HOFFMEYER | STAFF PHOTOGRAPHER

Thirteen-year-old Ben Proben of Livonia watches his putton the ninth green at Whispering Willows Golf Course during the Motor City Junior Golf Championship Wednesday. Proben placed eighth in the 12-13 age group with a round of 98.

cards for \$10 each. On the back of the cards are the names of 20 area businesses who will offer savings to card users. If they are used, the cards, which are valid until September 2008, will pay for themselves. said RU varsity football head coach Miles Tomasaitis. Anyone with questions should call Tomasaitis at (313) 575-4753.

#### Salem tennis

Salem High School will be holding a tennis camp Aug. 13-17 from 9:30 a.m. to noon at the Huron Valley Tennis Club in Ann Arbor. The cost of the Camp is \$130. All returning and incoming Salem tennis players are welcome. To register, call (734) 662-5514 no later than Aug. 1.

#### Vipers tryouts

The Vipers, a 12U Plymouth-Canton travel baseball team, is looking for pitchers for the 2008 season. Tryouts will be held at Plymouth Christian Academy, 43065 Joy Rd. in Canton on Saturday, Aug. 28, from 11 a.m. to 1 p.m. Eligible players must be 12 or younger by May 1, 2008.

For more information, contact Tony Boucher at (734) 454-4992 or Don Clark at (734) 455-1224.

#### Canton golf tryouts

Tryouts for the **Canton High School** girls golf team will begin Monday, Aug. 13, at 2 p.m. at Hilltop Golf Course in Plymouth. For more information, contact head

coach Dan Riggs at (734) 453-3163.

Please see NOECKER, B3

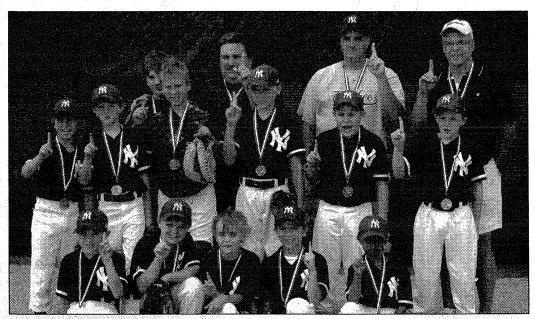
#### LOCAL SPORTS

Observer & Eccentric | Sunday, July 29, 2007 BZ (CP)



#### **History makers**

The Canton-Plymouth Little League 10-11 age group team became the first squad in the five-year history of the local Little League program to advance to the District tournament final. The tourney is on the path to the Little League World Series in Williamsport, Pa. each year. The C-P squad lost by one run in the final to Tecumseh. Pictured (front row from left) are Shane Raymond, Tyler Inzano, Jackson Downing, Garrett Figley, Jared Merandi, Nicholas O'Donnell, Brandon Wilson, Andrew Hunt, (middle row) Jordan Doddie, Brandon Waack, Nathan Michalik, Mike Downing, Alex Hastings, Jared Sexton, Shaheer Rabbaig, (back row from left) coaches Jason Hunt, Wade Figley, Jason Proudluck, John Doddie and Ray Waack.



#### Yankees take Blissfield by storm

The Canton/Plymouth Little League 10U Yankees recently captured a tournament in Blissfield, Mich., in resounding fashion, winning 16-2 and 12-9 over Clinton and Blissfield, respectively. Pictured (front row from left) are Parker Lindman, Josh Criscenti, Presley Shiminski, Kurt Gschiedle, Devon Patel, (middle row) Joe Lohrmann, Griffin Shiminski, Ryan Leskovitz, Evan Klenk, Connor Hook, Joshua Marianos, (back row from left) Coach Donnie Lohrmann, Manager Donald Lohrmann, Coach Vince Shiminski and Coach Jeff Klenk.

#### ADVERTISEMENT FOR REQUEST FOR QUOTE

Date: July 26, 2007 **Owner**: Charter Township of Plymouth Randy Maycock (734) 354-3222 **Contact Name:** 

Fire Station #2 Roof Replacement **Project Name:** 

> Bid Due Date: Sealed bids will be received for the re-roofing of Fire Station #2 located at 41212 Wilcox, Plymouth, Michigan 48170 by the Charter Township of Plymouth, as Owner, until 3:00 pm on Thursday, August 16, 2007 at the Office of the Clerk, Plymouth Township Hall, 9955 N. Haggerty Rd., Plymouth, MI 48170. At which time and place all bids will be publicly opened and read.

**Bid Documents:** May be obtained online www.plymouthtwp.org or at the Office of the Clerk

Project Description: In general the projects consists of labor, material and equipment, disposal costs, fees and taxes necessary to demolish and remove the existing fire station building roofing and provide a new 45 mil EPDM fully adhered membrane roof system at Fire Station #2. There will be a pre-bid roof inspection on Wednesday, August 8, 2007 at 9:00 am.

The Township reserves the right to reject any or all bids or to waive any informality in the bidding. Bids may be held by the Township for a period not to exceed thirty (30) days from the date of opening the bids for the purpose of reviewing the bids and investigating the qualifications of the bidders, prior to awarding the contract.

> Marilyn Massengill, CMC Township Clerk Charter Township of Plymouth

> > OE8545640-2x

P-C Steelers golf outing The Plymouth-Canton

Steelers Golf Outing will be held Saturday, Oct. 6, at Fox Hills Golf Course in Plymouth

Township. For the \$100 entry fee, participants will receive 18 holes of golf with a power cart, a snack and beverage at the turn, and a post-outing steak

#### **PUBLICATION NOTICE** For a New Branch:

Notification is given that JPMorgan Chase Bank, N.A., 1111 Polaris Parkway, Columbus, Ohio 43271 has filed an application with the Comptroller of the Currency on or about 7/29/2007, as specified in 12 CFR 5 for permission to establish a domestic branch at 45220 Michigan Ave., Wayne County, Canton, MI, 48188-2427. Any person wishing to comment on this application may file comments in writing with the Licensing Manager, Large Banks Licensing Operations, Office of the Comptroller of the Currency, 250 E Street, SW, Mail Stop 7-13, Washington, D.C. 20219 within 30 days of the date of this publication.

Publish: July 29, 2007

2

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at

#### PLYMOUTH TWP. POLICE DEPT. (734) 354-3232 NOTICE OF PUBLIC SALE

Notice is hereby given that on 08-03-07. at 10:00 a.m., at Mayflower Auto Transport, 1179 Starkweather, Plymouth, MI 48

±0170,	a public auctio	n of the following:	
1997	TOYOTA	COROLLA	2T1BA02E6VC180158
2001	FORD	E250	1FTNS24L31HA42567
1994	PONTIAC	SUNBIRD	1G2JB14H1R7593414
1992	LINCOLN	TOWN CAR	1LNLM82WXNY615872
At Gai 10:30 a		N	., Plymouth, MI 48170 at
1996	DODGE	NEON	1B3ES22C5TD551185
Publish: Ju	ily 29, 2007		OE08545441_2x2.5

**SPORTS BRIEFS** 

dinner. The dinner only (with a three-hour open beverage format) will cost \$45.

To reserve a spot in the outing or for more information, contact Mark Gregor at (734) 416-1462; or send an e-mail to: ngregor@wowway.com.

#### **High Velocity**

#### Sports offerings

High Velocity Sports in Canton will be offering the following programs in the upcoming weeks:

HVS will host a Labor Day

weekend (Sept. 1-2) tournament for soccer, flag football and dodge ball.

www.hometownlife.com

Each sport will be 5-on-5 with a roster of five plus one sub. The team fee is \$150 and includes a four-game guarantee. Each game will be 30 minutes in length (two 12-minute halves).

The first-place prize per sport is \$1,000; second-place teams will net \$250 (based on a 16-team minimum per sport).

The registration deadline is Aug. 23 and the schedules will be distributed Aug. 29.

#### **LEGAL NOTICE CHARTER TOWNSHIP OF PLYMOUTH 2007 SUMMER TAXES**

Summer taxes are due July 1, 2007 and payable through September 14, 2007 without penalty. Additional information appears on the reverse side of your tax statement. MAKE ALL CHECKS PAYABLE TO: CHARTER TOWNSHIP OF PLYMOUTH. Payments can be made at the Plymouth Township Treasurer's Office during regular working hours, Monday - Friday, 8:00 a.m. - 4:30 p.m. Plymouth Township offices are located at 9955 Haggerty Road, Plymouth Township, MI After hours payments can be placed in 24 hr DROP BOX located on the circular driveway. LaSalle Bank, Plymouth Offices, will also accept payment for your convenience through September 14, 2007.

> RON EDWARDS Treasurer Charter Township of Plymouth

> > OE08545341 2x3

Publish: June 29, 2007

## **YOU ARE INVITED Representatives From HOWE MILITARY SCHOOL**

will be in Plymouth meeting with families to discuss fall and summer camp enrollment

LOCATION: The Inn at St. John's **Golf & Conference** Center 44045 Five Mile Road Plymouth, MI 48170

WHEN:

Publish: July 29, 2007

Thursday, August 2, 2007 7:00 - 9:00 pm

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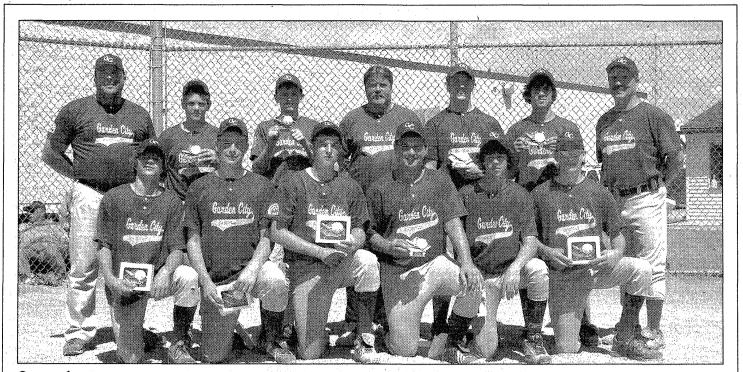
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#### LOCAL SPORTS



#### Sweet sweep

www.hometownlife.com

The Garden City 14U All-Star Pony baseball team recently went 3-0 to win the District 5 championship in Wayne. The squad was put together from Garden City house teams on short notice, and despite having just two practices, still swept to the victory. After defeating Wayne 13-9, the team routed Walled Lake 15-1 and followed up with the clinching 6-1 win against Wayne. Members of the district champs, listed alphabetically are: Kirk Barikmo, Chad Baumschat (not pictured), Brandon Hanley, Travis Kind, Steven Klisch, Philip Peters, Kody Richardson, Ricky Seremak, Zach Vera-Burgos, Johnny Vervier, Kyle Warnke (not pictured) and Chris Wasczenski. The coaches are Jim Anthony, Mike Hanley and Dave Vera-Burgos.

## FROM PAGE B1

Whalers' team that won the OHL championship last season and competed in the Canadian Hockey League's MasterCard Memorial Cup Tournament in Vancouver,

B.C. in May. Watson played collegiate hockey at the University of Michigan-Dearborn. Starting in the mid-90's, Watson joined the Compuware system and worked his way up the coaching ladder. Originally named the head coach of the Compuware Midget Minor Team, he also served as the head coach for the Compuware Midget Major Team for two seasons. From there, Watson ioined Vellucci as Assistant G.M./Assistant Coach for the Detroit Compuware Ambassadors of the North American Hockey League.

In 2000, Watson was named General Manager/ Head Coach of the

Todd Watson played collegiate hockey at the University of Michigan-Dearborn. Starting in the mid-90's. Watson joined the **Compuware system and worked** his way up the coaching ladder. Originally named the head coach of the Compuware Midget Minor Team, he also served as the head coach for the Compuware Midget Major Team for two seasons.

Ambassadors where he compiled a 115-37-6 record in three seasons.

In 2002, he led the Ambassadors to a United States Jr. A National Championship and was named NAHL Coach of the Year.

In 2003, Watson was named the NAHL Executive of the Year before joining the Plymouth Whalers at the start of the 2003-04 season.

#### DECKER FROM PAGE B1

the auctions. Noecker's business donated a package including tickets to watch all of Detroit's pro teams while a basketball autographed by Pistons Hall-of-Famers and weekend excursions to places like Lake Tahoe also were big draws.

It's a labor of love that began several years ago when, Noecker stepped in to fill a vacancy on the planning committee.

"I was looking for something to do, something to give back, said Noecker, whose aluminumshaping business on Venoy near Ford roads generates about \$60 million of North American sales annually. "I spent time in the school and saw what it does and the girls it affects. It's a pretty compelling story.

These are girls that come from homes where they've been sexually abused, or (where) there's a very high prevalence of drugs. They need a place to go and this is a school as well as a training facility on how to get them to live their lives the right way.'

But putting the golf tournaments and money-making auctions together - which takes months of diligent effort by Noecker and many other volunteers during so-called spare time - is only part of what he is now immersed in.



Enjoying golf and camaraderie for a worthy cause are George Blaha High Hopes Golf Invitational participants (from left) George Heineman, Robert Hill, Nick Noecker, Don Onesi and Nick Varnavas.

Noecker heard testimonials from Vista Maria residents who talked about how the facility turned their whole outlook on life around.

One young woman talked about wanting to go to college, and Noecker quickly pledged to help her and others by creating a scholarship fund.

The Vista Maria Scholarship

graduate from the program," he explained. "But then, they're 16, 17 years old and the state says 'There's no more funding for this person.' They just open up the door and she goes. She might not have a home to go back to, she might not have anything. She might not have real skills or the ability to get a job."

Now, thanks to Noecker and other community-minded volunteers, a few girls every year are getting the extra push they need.

als before the packed audience (which included Pistons legends Dave Bing and Chuck Daly, former Michigan State University basketball star Greg Kelser and MSU athletic director Ron Mason, among other celebrities).

"They talked about what happened to them, about how they didn't have anything, any kind of format for understanding what respect for yourself or for life was until they got to Vista Maria," Noecker continued. "That helped them build their confidence, build their

#### **SHOOTING HIGH TO HELP**

What: The 18th annual George Blaha High Hopes Golf Invitational at Forest Lake Country Club in Bloomfield Hills broke attendance and fundraising records Monday, with 132 attendees and \$112,000 in generated funds for Vista Maria.

Why: The exclusive event, spearheaded by the longtime Detroit Pistons broadcaster and pulled off thanks to the hard work of many volunteers, attempts to raise awareness and financial support for girls ages 11-to-17 who are living at Vista Maria in Dearborn Heights, while they recover from histories of abuse, neglect and trauma.

Auction: Many exciting prizes were up for bid during the silent and live auctions. A weekend trip to Lake Tahoe, Nev. and a basketball autographed by Detroit Pistons owner Bill Davidson and the team's Hall-of-Fame players were among top items on the block.

Prizes: There was a Chrysler Crossfire (made available by event cochairs Nick Noecker, Greg Roberts and John Jagels), designer golf attire and a Vintage Rolex Watch as hole-in-one prizes for par threes.

Vista Maria: Originally an orphanage founded in 1883 by the Sisters of the Good Shepherd, the agency moved to its current location at 20651 W. Warren in the 1940s. Executive Director Cameron D. Hosner gave the keynote address at the dinner program.

Noecker: The West Bloomfield resident is president of Garden Citybased International Extrusions, which produces custom aluminum shapes (such as stanchions between panes of Plexiglass at Joe Louis Arena in Detroit). The 40-year-old, whose wife is Danielly, also is cochair of the George Blaha High Hopes Golf Invitational and spearheaded a spinoff scholarship fund to help Vista Maria graduates attend college or trade school.

self-image and self-worth. They realized that they could be something if they had value in life." After hearing what these newly confident young women had to say, he is more than hopeful they will take those

all-important next steps toward doing something great with

**B**3 (\*)

While at the 2002 event,

Fund continues to help teens attend colleges and trade schools to help give them opportunities they never could have dreamed possible.

"These girls, they may

A couple of those recipients Monday night gave testimonitheir lives.

"Oh yeah, without a doubt, they're impressive girls," he said, beaming with pride. "It's a ragsto-riches story in self-worth, as opposed to (in) dollars."

## Area basketball players help lead Legends AAU squad

#### **BY MIKE ROSENBAUM** STAFF WRITER

It's been a busy summer for the R.E.A.C.H. Legends AAU basketball team, particularly for five players who've competed for both the Legends' 15under and 16-under squads.

Those five include two Orchard Lake St. Mary's underclassmen, Evan Webster and Juwan Howard (son of the former Fab-Fiver), plus Arthur Chene Phillips (Detroit Renaissance), Keith Appling (Detroit Pershing) and Gerald Bridges

a trophy this month, taking eighth place in a 16U AAU tournament in Tennessee. Then after a long, traffic-delayed drive home from that event, the quintet not only joined the Legends' 15U team the same day, but made up the starting five in the opener of the AAU national tournament at Lake Orion last week. The team literally unpacked its van, then drove to the site of the first game.

Upon arrival, the squad found its trophy still in the van, so the players brought it into the gym and played with

OE08545011 - 2x3.5

(U-D Jesuit). The Legends brought home the trophy sitting on the bench, perhaps inspiring the Legends to overcome their fatigue and win the first contest.

R.E.A.C.H. went 2-1 in pool play last week, losing once by two points, then lost twice in the playoff round, by a total of three points.

The Legends' strengths include "tough defense, ball control and unselfish play," according to assistant coach Marcus Webster, a Southfield resident. "And they execute well. This is a smart, intelligent group of kids...A guy may lead with 18 points, but you'll see seven, eight players

score. That's a tribute to them sharing the ball, finding the open guy and getting high percentage shots."

When the team is playing well, Webster adds, "It's a beautiful sight." When they're in sync it's pretty scary."

Less than a week after the Lake Orion tournament, the 16U Legends - including the busy quintet - left for Florida to participate in this weekend's AAU 16U Showcase, an invitation-only event, held in Orlando.

Other players on the Legends' 16U team include Dion Sims from St. Mary's, Blair Ramsey, Jeff Jones and Michael Wenderski from U-D High, Dorian Prather and Austin Anderson from Westland John Glenn, plus Marcus Jones (Redford Thurston), Grant Stone (Plymouth Salem), Devin Pankey (Romulus) and Nathan Clark (Detroit Southwestern).

The 15U Legends also include Michael Furlong (St. Mary's) Brandon Mungo (Wayne Memorial), Jordon Royal (Catholic Central), plus Jalen Smith, Brandon Williams and Edward Brown from Detroit.

## Youth grid camps on tap

A pair of football camps are slated for this week in Westland.

The Westland Comets are sponsoring a football camp to all ages (7-14) Tuesday, Wednesday and Thursday at Marshall Middle School, from 6-8 p.m. each night.

The cost is \$30. Also this week is the Westland Meteors' football camp, 6-8 p.m. Monday through Friday at Voss Park (located at Henry Ruff and Palmer). The cost is \$60. For further information, call Galen Huren at (734) 716-6047.

#### Get on the ball. **RTS** Read today's coverage!

#### Simply Self Storage

Notice is hereby given that on August 13th, 2007 on or after 10:00 a.m. that Simply Self Storage will be offering for sale under the Judicial lien Process by Public Auction the following units. The goods to be sold are generally described as household goods. Terms of the sale are <u>cash only</u>. Simply Self Storage reserves the right to refuse any and all bids. The sale will be at the following location: 34333 E Michigan Ave. Wayne MI. 48184. 734-728-8204.

Bruce Denson - A154 - TV, stereo, tools, totes

Iris Viera - C27 – China cabinet, speakers, TV, lamp, ice skates, totes, chandelier

Chaneca Shaw - A409 - Leather furniture, totes, rocking chairs, stereo, TV, mattress, misc items

Orlando Wells - A136 – Totes, bags, boxes

Donna Wagganer - D141 – Dresser, TV, computer, boxes, mattresses, Christmas decorations

Bernard Hicks - D167 - Dresser, TV, entertainment center, mattress. chair, air hockey, misc items

Publish: July 29 & August 5, 2007



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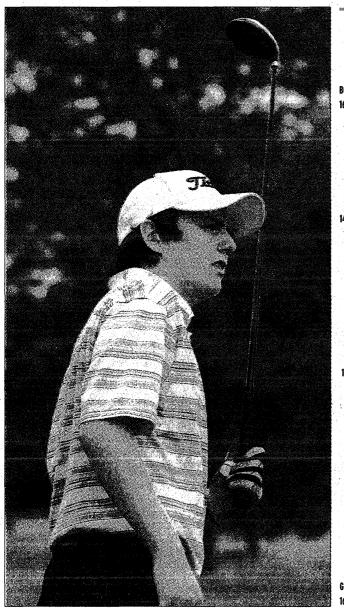
kewadin.com

TICKETS AT THE PALACE AND DTE ENERGY MUSIC THEATRE BOX OFFICES AND ticketmaster LOCATIONS. CALL 248-645-6666. PROGRAMS AND DATES SUBJECT TO CHANGE.

#### Observer & Eccentric | Sunday, July 29, 2007

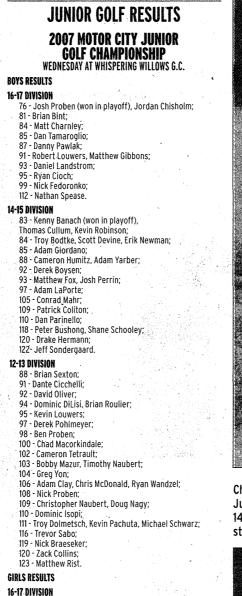
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(\*)



PHOTOS BY TOM HOFFMEYER | STAFF PHOTOGRAPHER

Redford's Derek Pohlmeyer, 13, keeps close tabs on his tee shot at the ninth hole at Whispering Willows Golf Course during the Motor City Junior Golf Championship Wednesday. Pohlmeyer placed seventh in his age group with a round of 97.



**LOCAL SPORTS** 

84 - Erica Mazur 92 - Paige Scarpace; 98 - Jessica Burdette;

111- Katie Worley, **14-15 DIVISION** 111 - Carmela Hawkins (won in playoff), Sarah Linder; 126 - Brynn Cavanaugh; 132 - Chelsea Phillips





Chipping onto the 16th green during the Motor City Junior Golf Championship is Livonia's Chelsea Phillips. 14, who finished fourth in her age group and also won the straightest drive contest.

## Rams win pre-tourney exhibition

www.hometownlife.com

The Michigan Rams edged the Metro Tigers, 3-2, Tuesday night in an exhibition game played at Madonna University.

The contest was the Rams' final game before heading off to Zanesville, Ohio, for the AAABA Regional Tournament that was set to start Saturday.

Wayne Memorial alum and current University of Toledo pitcher Justin Collop earned the victory on the mound as the Tigers were limited to just six hits. The game was called in the ninth inning due to darkness.

The Rams jumped out to a 2-0 lead in the first inning before adding the eventual game-winner in the third. Dan Dobbebowski, a former Ram, suffered the loss for the Tigers, an unlimited-age contingent based in Pontiac.

Leading the offensive attack for the winners were Eric Vojtkofsky, who went 2-for-3 with three RBI, Max Kelmigian (1-3, run), Kyle Hurtt (1-3) and Mike Wiseman, who walked three times and scored two runs.

Ex-Ram Mike Sasha knocked in the Tigers' only run. m. The Rams will take a 17-15-2 record to Zanesville.

## Lawrence Tech at Schoolcraft College

Thursday, August 2 Thursday, August 9 Thursday, August 16 4 — 7 p.m.

Saturday, August 25 10 a.m. — 2 p.m.

**VisTaTech Center 18600 Haggerty Road,** livonia

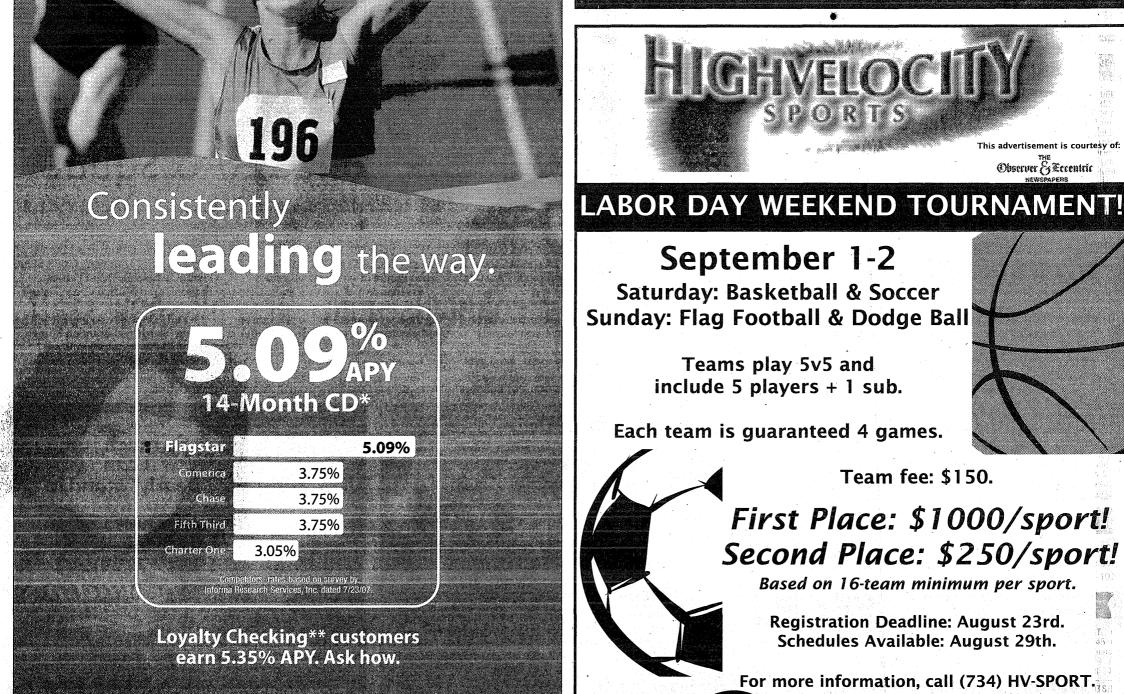
EXPLORE the Bachelor of Science in Mechanical Engineering and the Master of Business Administration offered at Schoolcraft.

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For more information call Lawrence Tech admissions at 800.CALL.LTU.





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## Teacher in Rome learns the Italian art of doing nothing, C2

HOMETOWN

Hugh Gallagher, editor . (734) 953-2149 . hgallagher@hometownlife.com

## Lead by example when guiding your children

"I have been a smoker since I was thirteen. I do not want my children to follow in these footsteps. What is the best way to keep them from being a smoker like their mother?'

- Linda, Garden City

"What is the best way to keep my daughter from becoming obsessed with her appearance and weight? She is only 3 and already asks me if she needs to go on a diet or if she looks fat in her clothing. How can I make her comfortable with who she is?"

-A.G., Livonia

"I used to think that it was funny when my son would



cuss but now that he's getting older it's not so funny. I know that he hears it from his Dad and me but how do we get him to use better language?" - Jennifer, Livonia

"I want to know how to get my son to stop being a couch potato like his father. It's impossible to do anything because all they want to do is stay on the couch and watch TV."

- Sarah, Canton

Terry Wilamowski

**Chat Room** 

#### Despite the differing concerns

expressed in these letters, the central issue is the same. Each and every one of them involves guiding a child, or children, away from an unwanted behavior and toward a more desirable one. There are a number of effective ways that this can be accomplished.

Most importantly parents and other care givers need to accept the fact that they are the child's primary role model and that actions really do speak louder than words. From the moment that a child is born he is learning from his environment. He is watching and listening to everything that is going on around him. Long before he understands the words spoken to him, he has learned through the behaviors of those around him. Some of these lessons get ingrained and are very resistant to change. In effect, they become building blocks on which later behaviors and attitudes are constructed.

For this reason, the most important action that a parent can take is to model the appropriate behavior for the child. A non-smoking parent is a much more credible source for anti-smoking information than one who smokes two packs a day. A parent who demonstrates a positive body image or active life-style is a more effective teacher than one that preaches to "do as I say and not as I do."

The next factor that is essential to this process is to establish and maintain appropriate communication from the time that your children are very young. If you wait until your children are exposed to peers who are smoking or dieting or swearing to begin talking about it ... you are starting too late. Once communication is established keep it alive by using it every day. This will increase the likelihood that your child will feel comfortable coming to you when they have questions or concerns. This will allow you, the parent, to provide booster sessions to reinforce the lessons that you feel are important for your child. Finally, we need to discuss the Pleasure Principle. Simply stated, this means that we will do things that feel good and avoid things that feel bad. All behavior management is based on this idea. With this in mind, we must decide how do we make it worth the child to act in an appropriate manner and not inappropriately. The most effective reinforcer is also the simplest: give them your attention, praise them, hug them, and tell them that you are proud of them. These are far more effective, and successful in the long run, than buying them toys or treats. When your daughter tells you that she likes the way her belly sloshes when it is full of lemonade, hug her and tell her that you love it too. When your son turns off the TV to go out and play, go out with him and play a game of his choosing and emphasize how much you enjoy spending this time with him. When your son uses a word like "shucks" or "fiddlesticks" in place of more colorful language, pat him on the back and compliment him on his creativity. I understand that there is a time and place for punishments and negative consequences, but positive reinforcers are so much more effective and enjoyable to administer. And as I stated above, verbal praise, attention and affection are the currency that children most desire. These commodities also have the distinction that they are as much fun to give as they are to receive and that they can be administered anytime and anyplace. The most important teachers in a child's life are his or her parents and other primary care-givers. It is a fact that children watch these adults to learn about themselves and their world. It is vital that we, as adults, watch ourselves to learn just what kind of lessons we are teaching.

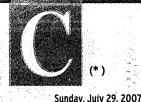


Former Livonia Mayor Bob Bennett and Dick 'Night Train" Lane at the 1997 Ben Celani Golf Outing.



Sister Mary Modesta (left), Bill Fried, Tom Celani, and Sister Janet Marie enjoy the Ben Celani Golf Outing in 2000.

Food as well as golf has been one of the main



**The Observer & Eccentric Newspapers** 

www.hometownlife.com

BY LINDA ANN CHOMIN STAFF WRITER

om Celani still remembers his father Ben handing a check for more than \$40,000 to the Felician nuns for St. Mary Mercy Hospital in 1978.

Hearts Hearts of Livania

Celani treasures the memories associated with Hearts of Livonia golf outings - and he has quite a few after 30 years. Started by Ben Celani as a benefit to purchase advanced life support equipment for the emergency center at St. Mary Mercy, the event has raised a total of \$2.6 million, not only for the hospital, but Livonia organizations such as Angela Hospice and scholarships for local students. Last year, Celani presented a \$255,000 check for the hospital's new cancer center, scheduled to open in early December.

"The nuns are still involved today. They come out and do registration," said Celani, who took over the Hearts of Livonia charitable organization after Ben died in 1982. "We used to do a black tie at Roma Hall. 🛬 This year we've made a few changes. We're going to keep the cocktail and reception at Fox Creek, something we used to do 15 years ago, but this is the first time we've brought. all the restaurants in. We have no cost, so there's more money for the charity (because the restaurants are donating the food)."

Celani and the Hearts of Livonia volunteers kick off the 30th anniversary Ben Celani Golf Outing with an 11 a.m. shotgun start Wednesday, Aug. 15, at Fox Creek and Whispering Willows in Livonia. Each course can accommodate 188 golfers, but you don't have to golf to support the community through Hearts of Livonia. Tickets are available for \$125 for the Taste of the Town and cocktail reception, or \$250 for golf and the reception. Call (248) 465-0083 for reservations. Visit www.heartsoflivonia. org for details. The feasting features more than a dozen restaurants, including P.F. Chang's, Giulio's; Uno's Chicago Grill, Fleming's Steakhouse,

Terry M. Wilamowski is a clinical therapist specializing in the treatment of children, adolescents and their families at Heron Ridge Associates in Plymouth. Questions and comments can be sent to terrywilamowski@yahoo.com.

attractions of the annual Hearts of Livonia outing. Pictured here are Sister Modesta (left), Sister Renetta, and one of the 400 golfers at the 21st annual fund-raiser.



Please see HEARTS, C4

## Former Observer columnist joins Dr. Phil show staff

#### BY LINDA ANN CHOMIN STAFF WRITER

Susan Collins admits she never watched Dr. Phil very much until her daughter Jennifer Sawalha landed a job as an associate producer for the talk show.

As curriculum director for Garden City Public Schools, Collins was too busy during the day, but now that the program is broadcast at 7 p.m. weekdays on CBS, she watches regularly. "I'm so proud of her and

excited for her, because entertainment's a tough field," Collins said. "She's worked so hard to get

to this point in her career. She's a long ways away. I would love to have her closer. However, that's where the opportunity is for her. It's been really interesting watching her career advance.'

Sawalha entered the entertainment field here in Detroit with Channel 95.5 FM's Mojo in the Morning radio show as an intern producer. During that time, Sawalha used her master's degree in psychology from the Center for Humanistic Studies to write the "Ask Jen" teen advice column for the Observer Newspapers. She continued to help young people through the column for about three years.

Sawalha originally proposed the Q&A format to Observer managing editor Hugh Gallagher while working with teens at the Michigan Automotive Academy, a charter school where she was school psychologist.

"(What made the column special) was that is was local. I think teens have different issues regionally. I grew up there. I was born at Annapolis Hospital," said Sawalha, who still returns to the area regularly, most recently in May for a wedding.

Sawalha resigned from writ-

Please see COLUMNIST, C2



Jennifer Sawalha recently began a new job as an associate producer for the Dr. Phil talk show originating from Hollywood, Calif. She formerly wrote the Ask Jen teen advice column for the Observer Newspapers.



Observer & Eccentric | Sunday, July 29, 2007

## Teacher in Rome learns the Italian art of doing nothing

The writer, Mary Shymanski, is a former Livonia resident, 1992 graduate of Stevenson High School and a former teacher at Churchill High School. She teaches at the American Overseas School of Rome. She was asked to Submit this article by the Livonia Rotary.

·C2

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#### BY MARY SHYMANSKI CORRESPONDENT

It's rather un-American, doing nothing. To lean out an open-shuttered window listenjing to birds and church bells, watching laundry flutter in the breeze, reflecting on life as the sun moves across the sky. Here in Italy, however, the art of doing nothing is practiced with great pride. I have seen volumes written about it, witnessed locals engaging in the art at any and all hours of the day and, after living here for 10 months, I have begun to study the art of doing nothing myself. Born and raised in the Midwestern suburbs of Detroit, getting in my car to run ·errands on a Saturday morning might involve driving to five places within a 15-mile radius and returning home before 11 -a.m. To juxtapose the movement and impermanence of the American culture with the traditional and deep-rooted

my North American mindset. Instead of getting in my car on a Saturday morning here, a typical Roman Saturday morning looks like this: I focus intensively on the creation of a perfect cappuccino, watch the goldfish in the fountain of the courtyard where I live, head out to the market, on foot, in search of sweet carrots and organic eggs, buy cheese, then pick up my dry cleaning. The art of slowing down, of doing what Romans call "nothing" has helped me to appreciate the beauty and culture that life has to offer.

Last year, I was hired to teach at the American Overseas School in Rome. The pre-K through 12th grade school near Nero's Tomb on Via Cassia (which is celebrating its 60th anniversary this year) has a U.S.-based curriculum and classes taught entirely in English. Our diverse student body consists of 635 students, 200 of whom are Americans, children of people who work for the U.S. Embassy or United Nations agencies in Rome. The remaining two-thirds are Italians and international students. In my high school writing class alone there are students from Burkina Faso, Azerbaijan, Iceland, France,

history of Italy is fascinating to my North American mindset. Instead of getting in my car on a Saturday morning here, a typical Roman Saturday morning looks like this: I focus intensively on the creation of a perfect cappuccino, watch the goldfish in the fountain of the

Italy is indeed a land of taking a breath, of slowing down. This lifestyle change has been a welcome relief to my Midwestern American personality of do, do, do. Here, I don't feel the rush of life like I feel in the States. Here, I feel calm, comfortable (except when I'm stuck in traffic, but that's another story).

I enjoy watching people who sincerely want to know how the other is doing stop and talk with each other. I enjoy watching parents laugh with their children — laugh so much with each other. It is common for extended families to eat fourhour weekend lunches.

Though women labor to ensure that everyone eats a healthy, fresh, balanced diet, the results of a Sunday meal are that families stay together all afternoon.

Men bond over soccer. Children play with their cousins. I watch, wide-eyed with pen in hand. For everyone who has been

for everyone who has been



Mary Shymanski, left, and her class at the American Overseas School in Rome.

to Italy, they know that art is everywhere. Store windows, market stalls and late-night flower shops overflow with aesthetic appeal. St. Peter's Square. Caravaggio. The Colosseum. Museums. The way people dress and carry themselves in public is an art unto itself. No sneakers or baggy jeans here. There is a pervasive appreciation of beauty and symmetry and culture seeps from the eaves of even the most mundane apartment buildings. I appreciate the history that Europe offers and its antiquities are a welcome change from the modernity of the New World. the United States. As much as I love slow Sundays and perfec cappuccinos, I can't pretend that I don't miss the thrill of productive errand-running on Saturday mornings, coffee in hand on a smooth Jeffries

I appreciate the scene so much here because I know it won't last forever. I have a twoyear contract at the American School and when my term is over, my plan is to return to I love slow Sundays and perfect cappuccinos, I can't pretend that I don't miss the thrill of productive errand-running on Saturday mornings, coffee in hand on a smooth Jeffries Freeway. If you haven't been to Italy lately, I do recommend a trip. Please come and find me so we can practice the art of doing nothing together.

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#### KNOW THE SCORE check out the numbers in today's SPORTS section



# Greyhound rescue group to hold adoption days

GreyHeart Greyhound Rescue and Adoption of Michigan has announced a number of Meet and Greet sessions for August. The first takes place 10 a.m. to 4 p.m. Saturday, Aug. 4, at Wal-Mart Store #2631, 13507 Middlebelt, Livonia. Call (734) 524-0577.

Meet and Greets for prospective human parents and hounds continue 10 a.m. to 4 p.m. Saturday, Aug. 11, at the Warren Petco, 2243 E. 12 Mile, Warren.

Call (586) 558-6810. Homeward Bound Hounds Car Wash (the GreyHeart Youth Group) holds a fundraiser 1-4 p.m. Sunday, Aug. 12, at the BP gas Station, Hall and Hayes roads, Clinton Township.

Meet and Greets return to Livonia 11 a.m. to 3 p.m. Sunday, Aug. 19, at ACO Hardware, 29567 5 Mile, Livonia. Call (734) 421-3400.

The last adoption day in August is scheduled for 11 a.m. to 4 p.m. Saturday, Aug. 26, at the Novi Petco, 43480 W. Oak Drive, Novi. Call (248) 735-4356.

## COLUMNIST

ing the column in late 2005 and left Livonia to work as an executive producer in radio in Phoenix and later for television station Channel 10 as morning producer for Fox 10 News.

It was while working in Arizona that Sawalha heard about an opening on *The Tyra Banks Show* in California. Collins encouraged her daughter "to go for it." Before long, Sawalha was packing for the move to Los Angeles.

That was 1½ years ago. After a season of producing *The Tyra Banks Show*, the decision was made to move the program to New York. It was then the *Dr*. *Phil Show* offered her a three-year contract. Now Sawalha spends her days on the phone interviewing prospective guests.

"As an associate producer, I work on a team to produce the show. You're assigned a topic and go out and research it. It's highstress. Today I'm going through letters and calling them to see if stuff is still going on. I get to call all day and get to find out their story. I use my knowledge in psychology on a daily basis," said Sawalha, who holds a limited license in psychology. "Producers work seven days a week. It's not uncommon to work a stretch of four months without a day off. Nobody knows how much work goes into that."

Through it all Marvin, her husband of nearly seven years, has supported Sawalha's career goals.

"I really like working in talk shows," Sawalha said. "They're fascinating. You work extremely hard and you're always helping people." It's obvious that Collins is very proud of her daughter, but then so is Sawalha's 10-year-old brother Diego. He especially enjoyed a trip to Hollywood to visit Sawalha on spring break.

"It was very exciting for him," Collins said of the young boy she adopted from Guatemala. "We went to the Tyra Banks studio, saw Hollywood Boulevard. He's very proud of his sister.

"Last week she started working on a project for Dr. Phil's son, *Newlywed Man Camp*. Jen always wanted to be involved with media, entertainment. As a girl she took dance classes, tap, ballet, modeling and acting classes, equestrian which is showmanship. We owned a horse farm and she showed Western and English.

"It proves you just have to keep persevering. She doesn't give up."

11

Ichomin@hometownlife.com | (734) 953-2145



## **Classic car show to raise money for Lions Club**

#### BY LINDA ANN CHOMIN STAFF WRITER

www.hometownlife.com

Debbie Dayton expects this year's classic car show to raise even more money than last for the Westland Lions Club, and Josh her Leader Dog won't have to get up early for the event unlike the golf outing in September which also benefits the club.

Cruisin' with Culver's takes place 5:30-9 p.m. Wednesday, Aug. 8, at the frozen custard and butter burger restaurant at 6500 Newburgh and Warren, Westland. Culver's is partnering with the Motor City Muscle Car Club to sponsor the evening to benefit the Westland Lions Club, a nonprofit organization which supports Leader Dogs for the Blind in Rochester, Seedlings Braille Books for Children in Livonia, Penrickton School for Blind Children, and Bear Lake Camp for Blind Children as well as provides glasses and hearing aids to local residents who can not afford them.

Last year's event raised \$2,700 for Leader Dogs. This year Leader Dogs as well as other charities will benefit from the car show.

"We're expecting it to be bigger than last year. It was so successful," said Debbie Dayton, Westland Lions Club president. "We're still trying to keep it a family event. We're going to have coloring books and crayons including coupons from Culver's for a free lemon ice for the kids, special prize donations for kids – a backpack full of school supplies from Kroger in Westland, a remote control car. And we're expecting to have (Leader Dog) puppies at the car show." first car show last year. Nearly six years ago Dayton received Josh, the Golden Retriever who

Last year classic car owners drove from as far away as Cadillac to attend the show. This year, like last, exhibitors donate \$15 to participate. The first 100 cars receive a goodie bag of items such as car wash and cleaner. Trophies will be awarded courtesy of the car club.

"This year for the first time we're giving them a dash plaque with the date of the show. Car guys collect those," said Dayton who'll drive up in her and husband Bill's electric blue 1971 Dodge Charger. The Westland couple goes to car shows every week during the warmer months.

Dayton says everyone is welcome to come to the event whether or not they show a car.

"Anyone without a car is welcome to come out and enjoy the show and support the club. If they eat at Culver's that night, owner Bob Fitzpatrick gives a percentage to the Lions Club.

"The event's fun filled and fun packed with deejay Dave Holloway who tries to guess the year of each car as they pull in and usually gives something away. He's usually playing 50s and 60s music and makes it fun. What also makes it a family event is last year Bob and his wife Linda and their children greeted people. It gave it that homespun feeling. I've never been to a car show where you're welcomed."

It was only natural that Dayton combined her love of classic cars with Leader Dogs and the Westland Lions Club to hold the first car show last year. Nearly six years ago Dayton received Josh, the Golden Retriever who changed her life and brought her independence. On Aug. 5 she and Josh are going to Meadowbrook to mingle with the crowd as representatives of Leader Dogs. She could never have done that before as Dayton is legally blind.

Dayton and Josh are always on the move. On Sept. 29, they'll return to the Gateway Golf Club in Romulus for an 8:30 a.m. shotgun start to the 26th annual Golf Outing benefitting the Westland (Breakfast) Lions Club. Registration begins at 7:30 a.m. so that means Josh will have to rise at 5 a.m. to be able to greet golfers. The outing is just one of the club's fund raising events which includes candy cane sales the weekend after Thanksgiving and White Cane Awareness Week at the beginning of May.



Puppy raisers Pat Boyd (left) and Diana Weber with future Leader Dogs at last year's classic car show at Culver's in Westland.

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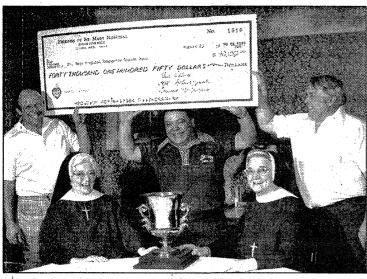
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Ed McNamara (left), Ben Celani and Art Kobierzyski present a check from the first Hearts of Livonia golf outing in 1978 to Sister Mary Calasantia (left) and Sister Mary Columbine for St. Mary Mercy Hospital.

#### HEARTS FROM PAGE C1

George's Senate Coney Island, Jimmy John's, Bravo's, Bacco Ristorante, Caribou Coffee, Burton Manor and Champps, and desserts from Mary Denning's Cake Shoppe. Jim Brandstatter is emcee during the reception and silent auction.

"Everybody volunteers. All the money raised over the years has stayed in Livonia. I grew up part of my life in Livonia," Celani said. "We've given scholarships to students going into medical fields. The original intent was the money was going to the hospital, but over the

years when there was not a need or project on board, it went to scholarships." The fund-raiser came about

when a friend of Ben Celani's, Nick Canzano, suffered a heart attack and was taken to St. Mary Mercy Hospital and discovered during his stay that the hospital was in need of cardiac care technology in the emergency center. Together with their friend Art Kobierzyski, the three men organized the first golf outing. Tom Celani was 21. At the time his family owned a Miller beer distributorship. The Celanies have been the major sponsor for Hearts of Livonia from the beginning, but most recently as

owners of Motor City Harley Davidson in Farmington Hills, formerly in Westland. The dealership sponsors a number of charitable events, but the extra work is worth it. "The days when they're

breaking ground at St. Mary's makes me happy," Celani said. "When I received an honorary doctorate from Central Michigan, I told the graduates it's not all about making money. You need to give back. We look for volunteers all the time. We have a very active board. We're always looking for sponsors and people we can donate to in Livonia."

Betty Jean Awrey became involved with the outing the second year, even though she already volunteered on several boards of nonprofit organizations in the community. Awrey came up with idea for the Culinary Extravaganza held every year at Schoolcraft College.

Later she helped organize the annual tasting event to benefit the Livonia Symphony Orchestra's operating budget.

"The first year my husband golfed in the outing. I'm one of those old-timers who's been raising money for St. Mary and that's a very good cause," Awrey said. "I was on the scholarship committee and interviewed students at high schools. A lot of them went on to become doctors and sent us letters on how the heart fund gave them their push. It was a heart-warming experience for me. We've

given to a lot of good causes in Livonia – the family Y. We gave to the symphony early on. Hearts of Livonia has done an awful lot for the community and we get a lot of support from the community.'

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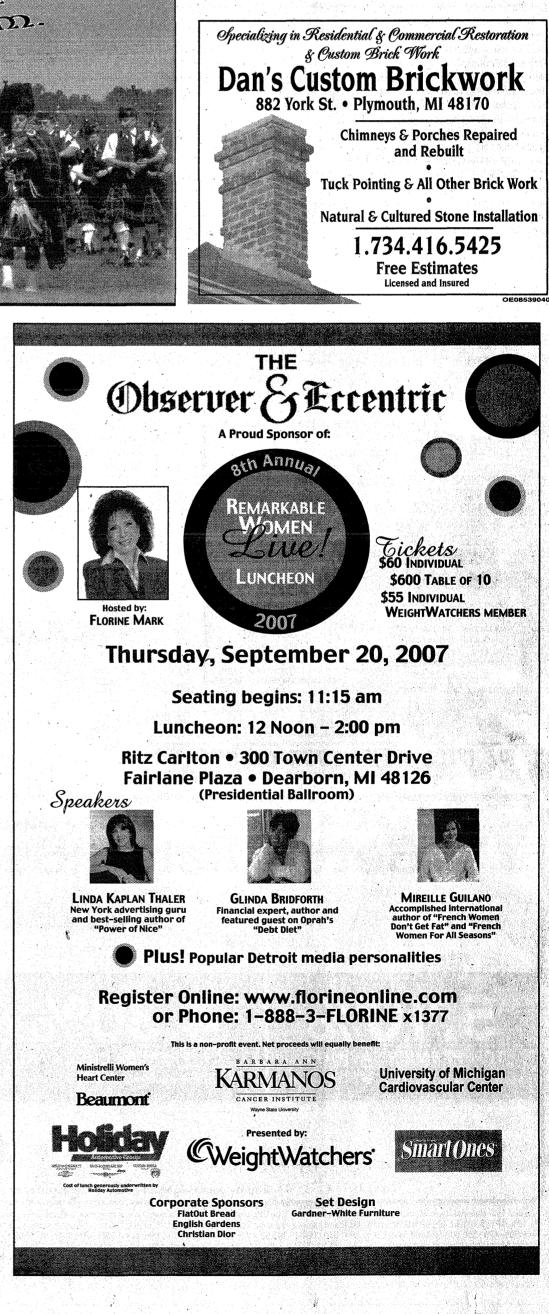
Over the years, sports celebrities such as Bobby Orr, Bo Schembechler and Steve Yzerman have come to the outing and signed autographs.

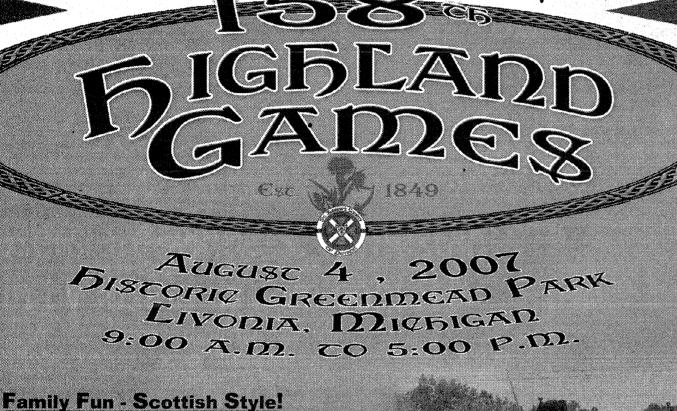
'This year, Alex Delvecchio is coming out to golf. Jeff Daniels is looking at his schedule," said Awrey, who serves on the board of Daniels' Purple Rose Theatre in Chelsea. "We just have a good day. It's a lot of camaraderie 'cause a lot of city people support the day.'

Donna Hammar is especially looking forward to the silent auction. She has been on the board 14 years, but active with the outing for 17 years.

"A hundred percent of the money has gone back to the community," said Hammar, who works on the event nearly all year long. Hammar is Celani's administrative assistant at Luna, which handles all of his entities from casino gaming to power sports. "We have an auction each year at the golf course with sports memorabilia, bottles of great wine, jewelry, trips, dinner tickets. It's a pretty fun event and people always look forward to it."

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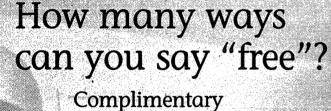


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#### Observer & Eccentric | Sunday, July 29, 2007

#### **COMMUNITY CALENDAR**

#### AROUND TOWN

#### Real estate expo

The Greater Detroit Real Estate Expo featuring Taniya Nayak of HGTV's popular show "Designed to Sell," shares valuable information from real estate experts, including professional home stagers, real estate agents, mortgage brokers, home insurance agents and many more, on everything there is to know about buying and selling a home to get the most for your money. The free expo takes place noon to 5 p.m. Sunday, July 29, on the Lower Level, Center Court at Fairlane Town Center, Dearborn. For more information, call (313) 593-1370 or go to www.shopfairlane.com

#### Gardeners meet

The Gardeners of Northville & Novi meets the second Tuesday of the month September through May at 6:30 p.m. Locations rotate between Novi Civic Center and the Northville Library. Visitors are welcome. For more information, call (248) 231-2334 or visit our Web site www.gardenersnorthville-novi.org

#### **Fall Harvest Festival**

Plans for the Grass Lake Regional Chamber of Commerce's Fall Harvest Festival, which takes place Sept. 15, in this quiet farming community are progressing. Artists, crafters, and businesses will line the village main street, while five farms will be open for tours from the Jackson County Family Farm Fest event. The Michigan's Center for the Photographic Arts Fall Focus Festival will feature the photographic art of 800 children from the area, as well as hayrides, fresh cider and donuts, and horse and buggy rides through the village. Quality live musical entertainment including the "The Shyguys," winners of the Grass Lake Third Annual Battle of the Bands, will play during the entire event in the gazebo/ depot park area, and food vendors will be available at the site throughout the day. For more information on this event, visit www.dalefisherphoto.com and view or download a brochure with more information.

#### Sherrus First Friday

Sherrus Gallery will hold its monthly First Friday exhibit and reception featuring the work of Timothy Orikri Aug. 3. Orikri's work is said to be a fusion of simplicity and complexity. Orikri's artistic philosophy includes using bold colors to capture and create human emotion. His experimentation with texture, color, light, shadow, and threedimensional form produces a distinctly complex and unique quality. Since his arrival in the United States in 1995, Orikri's work has been featured at the St. Louis Zoo, the St. Louis Science Center, the Ethical Society of St Louis, the State Capitol Building in Jefferson City, MO., and the Birmingham Civil Rights Institute in Birmingham, AI., among others. Orikri's show will run through Aug. 31. For more information on the exhibit, call Sherrus Gallery of Fine Art, (248) 380-0470, or visit www.sherrusgallery.com

#### Mercy scholarships

Mercy High School is granting \$170,600 in scholarship money to students for the 2007-08 school year. Ten fulltuition scholarships from the Sisters of Mercy and 19 named scholarships are being awarded along with \$20,000 in scholarships provided by the Mercy Alumnae Association. Scholarships are awarded based on applications and student-written essays. For information on donating to the Mercy High School Tuition Assistance Fund, or establishing a new named Mercy scholarship, contact Director of Development Nadine Maynard at njmaynard@mhsmi.org or call (248) 893-3538. **Travel clinics** 

When traveling to a foreign country, a vaccination and travel consultation could be just as important as a passport. From diseases you may have already heard of such as hepatitis, to the more exotic illnesses like Japanese encephalitis, Visiting Nurse Association of Southeast Michigan's TravelWise Travel Clinic can provide the vaccinations and information you need to consider. This new service from VNA provides inoculations for many common diseases including influenza, pneumonia, meningitis, tetanus and diphtheria, in addition to vaccinations specific to your travel destinations such as hepatitis A and B and typhoid. Additionally, VNA is a certified provider of the yellow fever vaccine. In order to prepare for VNA's travel consultation, individuals should bring their anticipated travel dates, itinerary and lodging plans. Past immunization records and a list of allergies and current medications will also help. For appointments, cost, on-site clinics and general information, contact the VNA TravelWise Travel Clinic at (248) 967-8755 or visit www.vna.org.

#### Heartland Hospice

Heartland Hospice, located in Southfield and serving the tri-county area, is looking for caring and compassionate individuals to register for volunteer training. Evening and day-time classes are available for anyone interested in being a support person for clients and their families during their end-of-life journey. Office support is also needed. To register, call Mary, (800) 770-9859.

#### Register for St. Genevieve School

St. Genevieve Catholic School is accepting applications for the 2007-08 school year. The school, preschool through eighth grade, is accredited by the Michigan Association of Nonpublic Schools. It's at 28933 Jamison in Livonia, east of Middlebelt, south of Five Mile, and offers full academic curriculum, full- and half-day preschool and kindergarten, extended-day program before and after school, CYO program and more. (734) 425-4420.

#### Card party/luncheon

Victoria Chapter #290, OES, Livonia Masonic Temple hosts a card party/luncheon noon-3 p.m. the second Tuesday of each month. Admission is \$6; event features table prizes and door prizes. The temple is located at 27705 W. Seven Mile in Livonia. For more information, call (734) 459-6063. Hospice training

Heartland Hospice is looking for caring and dedicated people with an interest in serving terminally ill patients and their families in Washtenaw, western Wayne, Monroe and Livingston counties. Volunteers provide a variety of services including companionship, light housekeeping, errand running, grief support and clerical services. For more information, contact volunteer coordinator Candice Jones, (888) 973-1145.

#### Literacy Council tutors

The Community Literacy Council (CLC) is looking for volunteer tutors in Western Wayne County to help adults improve their reading, writing and communication skills. The CLC will provide training to interested volunteers. Previous experience or a bachelor's degree is not required. The council will provide free training and materials, and then match you with an adult student in your area. Call (734) 416-4906 for more information.

#### Toastmasters meet

Do you have a fear of public speaking? Do you need to do presentations at work and don't know where to start? Or are you terrified of the thought of standing in front of a group of people to present that report? If you answered "yes" to any of these questions, then Toastmasters is for you! Canton Communicators Club meets every Wednesday at 6:30 p.m. at the Canton Coney Island on Lilley, just south of Joy, in the Golden Gate Plaza. For additional information, contact Bonnie at (734) 646-2237.

#### Grief support

New Hope Center for Grief Support is a Christian-based bereavement outreach and resource center located in Northville. Age appropriate groups for widows and widowers are provided in various locations in southeastern Michigan including groups for young widows and widowers and their children between the ages of 4 through the teen years. Groups for parents who have lost a child, adults who have lost a parent, pet loss, and other specialized groups are offered at various times of the year. All services for adults and children are offered at no cost to the participants. If you are grieving or know someone who is, please call the office at (248) 348-0115 for further information about services provided by New Hope Center for Grief Support, or visit www.newhopecenter.net. **Post Polio Clinic** 

Easily fatigued? New, inexplicable physical complaints? History of paralytic or non-paralytic polio? Contact the Post Polio Clinic, 13850 E. 12 Mile, Warren, or call (586) 778-4505. The clinic sponsors support group meetings the fourth Saturday of every month (March through October) at 4328 Livernois in Troy. For more information you can also call (734) 765-8384.

#### CLUBS

#### Rotary A.M.

The Plymouth Rotarý Club of Plymouth A.M. meets at 7 a.m. every Tuesday at the Plymouth Cultural Center, 525 Farmer. New members are always welcome. Contact Beth Stewart, president, Rotary Club of Plymouth A.M., by calling (734) 420-4094.

#### **Canton Newcomers**

The Canton Newcomers meet the first Wednesday of each month (September-May) for an adult evening of socializing, a speaker or an activity. Additionally, the group hosts more than 20 events during the month including Book Club, Bunko, Playgroups, Creative Kids, Ladies Day and Night Out, Scrapbooking, Walking and many more. Request a complimentary newsletter at cantonnewcomers.org or call Jennifer at (734) 981-1715. You don't have to be "new" to be a Newcomer!

#### **Kiwanis** Club

The Plymouth-Canton Kiwanis Club meets every Tuesday at 7:15 a.m. at the Plymouth Cultural Center on Farmer. The Club invites you to their morning meetings to discuss community projects and activities. Be part of the solution and not just a spectator. For more information, call (734) 981-0460 or see the Web site (www.pckiwanis.org).

#### **Plymouth Newcomers**

Plymouth Newcomers & Neighbors playgroups for children ages 0-5 meet several times during the week at member homes and occasional special events. Come meet new parents while your kids meet their own new friends! For details, contact Janet Keller at (734) 451-1840 or robertplusjanet@aol.com

#### Fibromyalgia/Chronic Fatigue

The Great Lakes Fibromyalgia and Chronic Fatigue Syndrome Association will meet 1-3 p.m. on the first Thursday of each month at Merriman Road Baptist Church on Merriman south of Ford. There will be a guest speaker at each meeting and a variety of topics will be covered. There is no membership fee but a small donation will be accepted. For information call Lucy Rowley 734-462-1768

#### MOPS meet

MOPS (Mothers of Preschoolers) meets twice monthly from September-May, for moms and their children, newbornkindergarten, at Lakepointe Bible Church in Plymouth. For more information, call Crystal Johnson, (734) 459-1861. Mosaic

#### MUSAIC

MOSAIC is a group where Moms come together to be refreshed and equipped for the important task of mothering. It presents speakers on child and family issues, has small-group discussion time, crafts and brunch. Child care is provided, it meets at Plymouth Baptist Church, 42021 And Arbor Trail, on the first and third Tuesday mornings of each month, September to May. Contact Resha at (734) 207-0658 or resha@juno.com

#### Moms Club

Móms Club'of Livonia-S/Plymouth, Canton and Westland offers a variety of activities for stay-at-home moms and their children. For more details, call Birthe at (734) 458-8143 or Kimberly at (248) 231-5120.

#### DAR

The Sarah Ann Cochrane Chapter-Daughters of the American Revolution meets the third Monday of each month except January, July and August. A group with ancestors who fought in American Revolution. Members participate in community work involving veterans' hospitals, schools and community service. Call (734) 420-2775 for further inform.

#### German/American Club 6. Symouth

Meets on the third Thursday of the month at the Knights of Columbus Hall, located at 39100 Schoolcraft Road, Plymouth, Call Mary Ann at (734) 420-0857 for further information.

#### American Legion

Beasley-Zalesny Post 112 meets at the I.O.O.F. Hall on the third Monday of each month at 7:30 p.m. All veterans that served during any of the wars are eligible. Contact (734) 459-7324 for further information.

■ The Plymouth American Legion Passage-Gayde Post #391 conducts its monthly meeting the second Thursday of every month at 7:30 p.m. at the Plymouth Knights of Columbus Hall on Mill (next to the railroad tracks) in Plymouth Township. All interested military veterans should contact Commander Mike O'Malley, (7:24) 459-7890, for more information.

#### Women's Farm and Garden Club-Plymouth

Meets every second Monday of each month from September through June. Persons interested in joining may contact club president Linda Coughlin at (734) 459-7478.

#### Plymouth-Canton Civitan Club

Looking for energetic new members to participate in community service projects. This club meets the first Thursday of each month at 7 p.m. at the Plymouth Salvation Army Building on Main Street. The third Thursday is a dinner meeting with a speaker. Call (7:4) 981-7259 for further information.

#### Mothers & More

The Wayne County chapter of Mothers & More meets twice a month in Plymouth. Call (866) 841-9140, Ext. 4329, or visit Web site mothersandmore63@onebox.com.

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**Andover High School** 

Class of 1987

more details!

Class of 1957

class reunions. Send the infor-

mation to Reunions. Observer

36251 Schoolcraft, Livonia, MI

48170. Please include the date

son, and a telephone number.

7 p.m. to 12 a.m. Saturday, Aug. 11,

2007, The Fairlane Club in Dearborn.

Please register at Classmates.com for

A 50-year reunion is planned for Sept.

15, 2007, at Great Oaks Country Club

Call Mary Lou Norkiewicz (Ehrmann)

at (248) 375-5406, Jim Greenless at

(248) 642-0290 or Janice Turnbull

A 20-year reunion is planned for Nov.

24, 2007. Looking for all current con-

tact info for alumni from class of 1987.

Contact Kim (DeWilde) Everingham

at (734)422-0087 or e-mail info to

kimsliasophia@gmail.com. Reunion

for further information and details.

A 45-year reunion is planned for 7

at Camp Ticonderoga Restaurant,

at gfrontier@aol.com or Charlotte

Troy. For information: www.

p.m. to 2 a.m. Saturday, Aug. 18, 2007,

seaholm62.org. Contact: Greg Frontier

(Bosworth) Follis at cafollis@myblue-

A 30-year reunion Saturday, Sept. 8,

more information, call (248)685-8747

or by e-mail kharning@yahoo.com.

A 20-year reunion, Sept. 15, 2007,

at the Livonia Marriott. Contact

**Burt Elementary and Junior High** 

For information contact Contacts:

den2003@yahoo.com, Sue Smith

lagher@prodigy.net

**Clarenceville High School** 

Sunday, July 29 at Kensington

Sandy Rhodes Luoma at sandysgar-

Nykamp at suenykamp@yahoo.com or

Margaret Hadcock Gallagher at edgal-

borgess87@hotmail.com for more

2007, at George Murphy's, Livonia. For

Web site is www.BHSreunion1987.com

(Lane) at (248) 627-2447.

**Berkley High School** 

**Birmingham Seaholm** 

Class of 1962

light.com.

Class of 1977

Class of 1987

information.

Class of 1967

All classes

(Detroit)

**Bishop Borgess** 

Class of 1987

in Rochester, Looking for alumni.

of the reunion, one contact per-

REUNIONS

#### Observer & Eccentric | Sunday, July 29, 2007

#### ANNOUNCEMENTS

#### **ANNIVERSARIES**

#### ENGAGEMENTS

As space permits, the Metro park, shelter T, open to all **Observer & Eccentric** Clarenceville alumni - grads and non-Newspapers print, without grads.

Not open to current students unless they are the children of attending alumni. Lunch is potluck (email for division of stuff to bring). For more info. contact: clarenceville\_alumni\_ reunion@yahoo.com **Clawson High School** Class of 1962

REUNIONS

#### A 45-year reunion, 6 p.m. Saturday, Sept. 22, at the Hilton Detroit-Troy on Crooks Road in Troy. Dinner, dancing and cash bar. Other weekend events will begin on Friday, Sept. 21, and will continue through Sunday, Sept. 23. For information, e-mail ClawsonHS62@aol.com or call Mary at (248)593-6182. **Dearborn High School**

#### Class of 1952

A 55 year reunion on Sunday, Aug. 5, at the O'Kelly Banquet Hall, 23663 Park St., Dearborn. Reunion begins at 2 p.m. with buffet dinner at 4 p.m. Call Marianne Hoak (313)274-9064 or Carolyn Haseltine Chambon (734)420-.2591

#### **Dearborn Fordson**

Class of 1957 A 50th reunion picnic, 3 p.m. Aug. 4, 2007, at a party barn. Contact Betty (Minnielly) Reynolds at (248)553-7618.

#### Class of 1958

A luncheon at Park Place on Aug. 3, 2007, to celebrate 49 years. Reservations only. For information, call (313)562-3941 (Fran) or (313)278-4488 (Joyce or John).

#### Class of 1969

Planning a reunion for 2007. Please contact Kathy Nisun at (248) 363-5679 or e-mail: Kayninilu@aol.com or Kathy Shoebridge @ Klivingston@nu-core. com

#### Class of 1977

A 30-year reunion, Friday, Aug. 3 to Sunday, Aug. 5, 2007. Contact Val Schulte (Wrenbeck) at msugrad81@ cox.net with your current address and phone number

#### **Dearborn Edsel Ford** Class of 1967

A 40-year reunion 7:30 p.m. Saturday, Aug. 4, 2007, at Doubletree Hotel, Dearborn. Hors d'oeuvres and cash bar, approximately \$35. For information, call Cheryl Riske Brown at (313)336-0192 or e-mail efhs67@ yahoo.com

#### **Detroit Chadsey** Class of 1957

A 50th Reunion is being planned for Sept. 29, at Weber's Inn in Ann Arbor. Looking for January, June and Summer '57 graduates. If interested in attending or know of the whereabouts of other classmates, contact Pat Gorski-Zielinski, (989) 366-9288.

#### **Detroit Central High School** Class of 1947

A 60-year reunion, noon to 4 p.m. Sunday, Aug. 19, 2007 at Drake Park, between Maple and 14 Mile Road in West Bloomfield. Contact Jack (Jake) Ginsburg at (248)842-1738 or Paul Davidson at (248)851-2355. **Detroit Cody** 

#### Class of 1957

A 50th reunion at the Embassy Suites, Livonia Oct. 5. 2007. Cost is \$90 per person, complete with dinner, open bar, memory book, CD, champagne toast and much more. This invitation is to all 50s graduates. Call 800-859-9502 or email loret@wideopenwest for details. Cost is \$90 per person, complete with dinner, open bar, memory book, champagne toast and much more. Annual 1950s-60s

#### 11 a.m. to 6 p.m. Sunday, Aug. 5,

2007, at Hines Park, Merriman Road Pavillion. Call Jerry Marszalek at (313)532-0134 or Phil Varilone at (313)562-3579. Check Classmates.com for pictures. **Detroit Cooley** 

#### Class of 1957

A 50-year reunion, Sept. 28-29, 2007. Sheraton Novi Hotel. Contact: Sharon (248) 334-7641 or Sue (734) 632-0350 Email: shadden@med.wayne.edu. Classes of 1967, 1968

Reunion 6:30 p.m. Saturday, Sept. 29, 2007, at Laurel Manor, Livonia. Discounted tickets before March 1. Contact Dave Junguist at (810)667-9131, Web site www.geocities.com/ cooleyreunions67. All classmates are encouraged to register for inclusion in memory book at www.classreport. org/usa/mi/detroit/cooley/1967

#### **Detroit Cooley** Classes 1960-63

6 p.m. Saturday, Oct. 6, 2007, at St. John's Armenian Cultural Center, 22001 Northwestern Hwy., Southfield. For information and tickets, call Joyce (Karagozian) Obenhoff (586)754-3984, Sharon (Wiand) Witberg (586)977-1469 or (586)864-2352, Roger Avie (248)476-5400 or Robert Postoian (248)788-2746. **Detroit Denby** 

#### Class of 1947

A 60th reunion will be held noon to 5:30 p.m. Saturday, Sept. 15, at Lakeland Banquet Center. Contact Lucille at (734) 427-0579. Class of 1957

A 50th reunion is planned for Sept. 7, 8, and 9, 2007, at the Thomas Edison Inn, Port Huron. Seeking lost graduates, January/June classes. If you are not yet on the mailing list, please e-mail maroonfowl@aol.com or call (248) 642-0249.



#### Mondouxs celebrate 50th

Andre Mondoux and Delphine (Narbut) Mondoux of Westland celebrated their 50th

anniversary on July 6. The couple was married July 6, 1957, at St. Helena Catholic Church in Wyandotte.

They have nine children, 19 grandchildren and three greatgrandchildren.

Andre Mondoux has been retired from Chevrolet for 15 years. Delphine Mondoux has been retired as a nurse for 10 years.

She enjoys caring for her grandchildren. He enjoys golf and senior softball.

The family celebrated the anniversary at the Black Bear Resort in West Virginia.



The Mondoux family celebrated the 50th anniversary of Andre and **Delphine Mondoux at Black Bear Resort in West Virginia and took** their Observer along.



#### Waroneks celebrate 65th

Alexander W. Waronek and Margaret J. (Mitchell) Waronek of Garden City celebrated their 65th wedding anniversary June 20.

The Waroneks were married June 20, 1942, in Detroit. The Waroneks have three children, Camille Waronek of Taylor, Christopher Waronek of Ypsilanti and the late Mark

#### **Orozco-Reese**

Elizabeth Orozco and Joshua A. Reese plan to wed in October 2007.

The bride-to-be, daughter of Francisco and Donna Orozco of Livonia, is a 2001 graduate of Churchill High School and a 2005 graduate of Central Michigan University. She is a staff photographer for the Journal Newspaper in White Plains, New York.

Her fiance, son of Tony and Debby Reese of St. Clair Shores, graduated from Notre Dame High School in Harper Woods in 1998 and from Central Michigan University

#### Pitt-Tanner

Steve and Diane Pitt of Canton, Michigan announce the engagement of their daughter, Kristen Michelle Pitt, to **Raymond Christopher Tanner** of Bay City, Mich.

Kristen is a 2007 graduate of Eastern Michigan University, majoring in special education in the area of emotional impairment. Kristen taught last school year in Garden City at Burger School for Students with Autism. Raymond is the son of Stephanie Tanner of East Pointe, Mich., and the late

Raymond Tanner. Ray is

currently employed as a fire-

Hoduk-Coccia

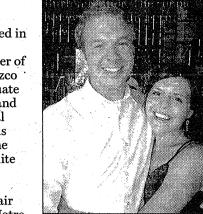
Diane Angela Hoduk of Dearborn Heights and Michael James Coccia of Livonia are planning to be wed May 16, 2008, at Lovett Hall at Greenfield Village. The bride-to-be is the

daughter of Czeslawa Hoduk of Dearborn Heights. She is a graduate of Eastern Michigan University.

The prospective groom is the son of Rebecca and James Coccia of Livonia. He is

#### Rzepka-Krass

Jerry and Colleen Rzepka of Livonia announce the engagement of their daughter, Amy Rzepka, to Rob Krass, son Bob and Chris Krass of South Lyon. Amy is a 1999 graduate of Ladywood High School and a 2003 graduate of Albion College. She is employed as a



www.hometownlife.com

in 2002. He is an art director at Calvin Klein Fragrances in



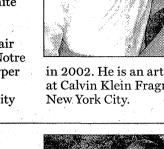
fighter with the Saginaw Fire Department.

An Oct. 20, 2007, wedding is planned at St. John's Evangelical Lutheran Church in Westland, followed by a reception at Woodland Hills Golf Course.



graduate of Eastern Michigan University and works as a wine representative for J. Lewis Cooper.







## assages

Obituaries, Memorials, Remembrances 1-800-579-7355 🗇 fax: 734-953-2232 e-mail: oeobits@hometownlife.com



#### **EARL J. MONFORTON**

July 25, 2007, Age 81, of Redford. Beloved husband for 59 years of the late Shirley. Dear father of Kenneth (Nancy), Linda Sharpe, Denise (Clark Dekett) Zuzow, Daniel (Susan), Philip (Jean), Mary (Terrance) Sandusky & the late Andrew. Loving grandfather of 16. Great- grandfather of eight. Brother of Leo, Joyce Petrosky & Joseph. Pre-deceased by Clarice Taylor & Gladys Bowen, Visitation at the Harry J. Will Funeral Home, 25450 Plymouth Rd., Redford, Wednesday 2-9 & Thursday 1-9. In-state Friday, 10:00 AM at St. Robert Bellarmine Catholic Church, 27201 W. Chicago Ave., Redford. Celebration of Life Mass at 10:30 AM. Interment at Cadillac Memorial Gardens West. Donations may be made to American Lung Association or Angela Hospice. www.harryjwillfuneralhome.com.



#### IN LOVING MEMORY **DONALD FORRESTER** July 30, 2006

We thought of you with love today, but that is nothing new. We thought about you yesterday and days before that too. Now all we have is memories, and your picture in a frame. God has you in his keeping, we have you in our heart. Death leaves a heartache no one can heal. Love leaves a memory no one can steal.

Love, Joyce, Donald (Stacey) Forrester II, Courtney, Brittney, Joshua, Timothy (Misty) Forester, Jesse, Zackery, Jason (Mellisa) & Karlee





#### ETTA CALL AGLI

Of La Jolla, CA passed away at Scripps Memorial Hospital from post surgical complications resulting from a very brief illness on June 23, 2007. She was born in NYC, Aug. 29,1918 and proudly remained a native New Yorker throughout her entire lifetime. She loved the theater, movies and Chinese cuisine. Her sophistication, grace, elegance and wit will be missed by all who knew her. She married her husband Alfred Agli on Sept. 7,1940. Etta and Alfred lived in Bloomfield Hills for over 60 yrs. Etta was a vibrant presence in the Saint Hugo Of The Hills parish and in school activities where all of her four children attended. Alfred Agli survives her along with her children Robert Agli and wife Susan of Bend, Oregon, Nancy Agli and husband Joe Geus of Malibu, CA, Carole Agli of Dallas, Texas, Christine Agli and husband David Trim of Santa Monica, CA, granddaughter Elizabeth Jackson and husband Simon and great granddaugh-ter, Laura Jackson, all of Helensburgh, Scotland. A memorial mass was celebrated for her June 26, 2007 at Mary Star Of The Sea Church in La Jolla, CA. In lieu of flowers please consider a contribution to abused and homeless children: In Memory of Etta Agli, Covenant House, 460 W.41st. St., New York, NY 10036

#### Let others know...

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Observer & Accentric

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The first five "billed" lines of an obituary are published at no cost. All additional lines will be charged at \$4 per line. You may place a picture of your loved one for an additional cost of only \$6. Symbolic emblems may be included at no cost (example: American Flags, religious symbols, etc.)

Deadlines: Friday 4:30 PM for Sunday Wednesday Noon for Thursday Obituaries received after these deadlines will be placed in the next available issue.

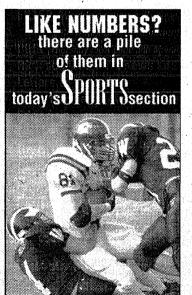
e-mail your obit to oeobits@hometownlife.com or fax to: Attn: Obits c/o Charolette Wilson 734-953-2232 For more information call: **Charolette Wilson** 734-953-2070 or Liz Keiser 734-953-2067 or toll free 866-818-7653 ask for Char or Liz

Waronek. They have seven grandchildren.



Weavers celebrate 50th Robert and Mary Lou Weaver of Sun City Hilton Head, S.C., formerly of Livonia, recently celebrated their 50th wedding anniversary with a cruise to Europe. They were married July 27,

1957, in Cleveland, Ohio. The Weavers have three children, Beth Creekmore of Plymouth, Jill Siegrist of Novi and Scott Weaver of New Baltimore and 10 grandchildren.





real estate analyst for Heitman Associates in Chicago.

Rob is a 1998 graduate of Brighton High School and a 2002 graduate of Michigan State University. He is employed as a key account

#### Smith-Rais

Rais were married July 7, 2007, at Henry Ford Estate in Dearborn, by the Rev. Bill Ritter.

of Sandy and David Smith of Westland. She is a 2001 graduate of Livonia Churchill High School and a 2005 graduate of Eastern Michigan University. She is a music education teacher with the Novi Public School District.

The groom is the son of Elaine Rais of Livonia and Ray and Sally Rais of Canton. He is a 2001 graduate of Livonia Churchill High School and a 2006 graduate of Wayne State University. He is a music teacher for the Livonia Public School District.

The bride was attended by Maid of Honor Carli Bryzs, best friend of the bride; her two sisters, Nicole and Melissa; Karli Cezat, Julie Kowalewski and Megan Edwards, close friends of the bride and groom. The flower

Michelle Smith and Michael

The bride is the daughter

manager for Judge & Dolph in Chicago.

An Oct. 26, 2007, wedding is planned for St. Edith Church in Livonia to be followed by a reception at St. Mary's Cultural and Banquet Center.

WEDDING



girl was Michelle's cousin Emma Whalen.

The groom was attended by Best Man Brandon Rais, brother and best friend; Aryn Auli Michaels, cousin; Drew Preece, Brian Grob, Joseph McGraw, Nady Benyamine, close friends of the bride and groom. Ring bearer was Michelle's cousin Ian Whalen.

A reception was held at Burton Manor. The couple honeymooned on a cruise to Hawaii.

#### BIRTH

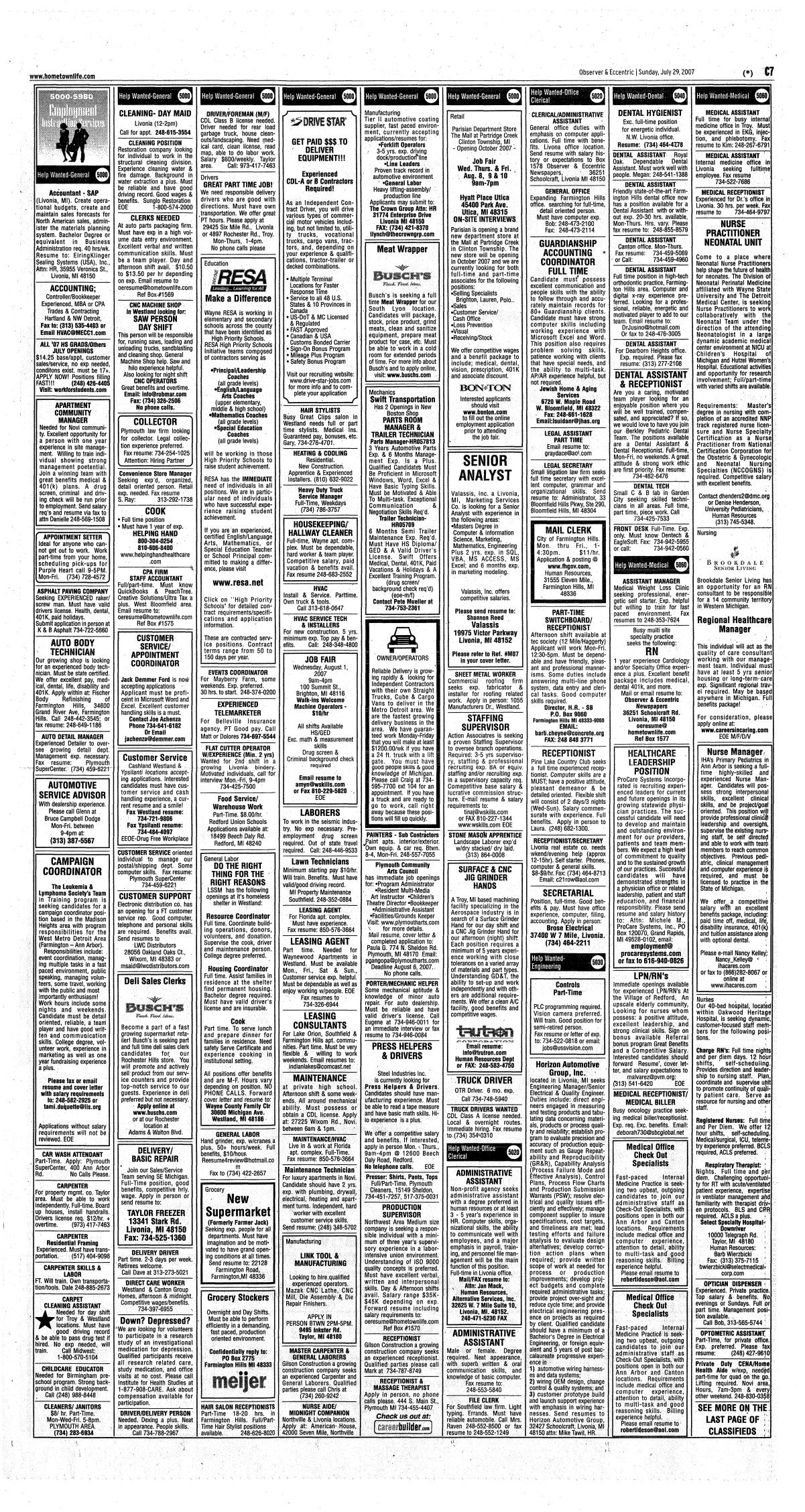
#### Raymond Dennis St. Clair

Raymond Dennis St. Clair was born on June 7, 2007, at 6:04 p.m. at Huron Valley Hospital, weighing 8 pounds, 12 ounces and measuring 21 1/2 inches long.

Parents are Donald and Dawn St. Clair.

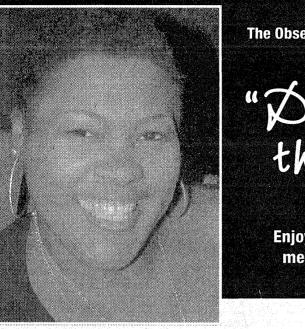
Grandparents are Dan and Carol Szelong of Redford Township, Dennis and Lois St. Clair of Grand Blanc, Mich. Great grandparents are Louise Denyer of East Pointe Mich., Edwin Wallace of Brooksville, Fla, and Margaret St. Clair of Levitown, Pa.





**C8** 

(CP)



**Buddy's Pizza and** The Observer & Eccentric and Mirror Newspapers present Dining with the Stars" Enjoy Detroit's best pizza and meet your favorite stars ----

all for charity

TO ENTER: In 100 words or less, tell us why you want to dine at Buddy's with CoCo of the CoCo, of FM98/WJLB Detroit's Foolish & Mr. Chase in The Morning Show. Even if you wake up on the wrong side of the bed, CoCo gets you moving in the right direction with laughs, prizes, hot topics, gossip and celebrity interviews. Email your entry to: BuddysDiningStars@gmail.com by 5 p.m. Wednesday, August 15

#### WINNER RECEIVES:

- Limo, courtesy of Protan Transportation, to and from Buddy's Pizza (original 6 Mile or Farmington Hills locations only) with the stars
- \$100 gift certificate from Reaver Diamond Co. in Southfield.
- Makeover courtesy of Beauty Salon by J.Lyle Ltd. of Birmingham featuring stylist and makeup artist Christine Fitzpatrick
- Dance exhibition courtesy of Fred Astaire Dance Studio in Bloomfield Hills.

#### **Buddy's Pizza** will donate \$500 to each star's favorite children's charity



No purchase necessary to enter. Buddy's Pizza will review all entries and select the top four "fan" letters. The star(s) featured for the month will make the final selection. Lunch and/or dinner date to be determined with winner and star by Buddy's representatives

## Authors: Book reveals truth about St. Valentine massacre

#### BY SUE MASON STAFF WRITER

Hollywood has its version of the St. Valentine's Day Massacre, so does the U.S. government. But first-time authors Rusty Oswalt and Eric Longnecker say their new book is the definitive story about who did it and who was involved.

"The movies that were made are an absolute joke," said Oswalt. "The one with Jason Robards has a disclaimer that it's based on fact, when more than half of it is wrong. They said Al Capone was born in Italy when he was born in Brooklyn, N.Y." Oswalt's interest stemmed from his childhood, filled with his great-uncle's stories about Detroit's Purple Gang and watching The Untouchables on TV.

When he met a man known as Irving "The Bulldog" Gold, an enforcer for the Purple Gang, he discovered his uncle's stories were based on fact.

"I asked him if he knew my uncle and he said he knew him very well, he said he was a tough little guy," the Wayne resident said.

That acknowledgment led him to co-author The Chi-town Slaughter Uncensored: The Story the Government Didn't Want Told with Longnecker, a Westland resident.

Oswalt, a retired tool and die maker as well as an artist and sculptor, spent more than three years researching the St. Valentine's Day Massacre, and Longnecker took another 12 months to write the book. It is self-published through Outskirts Press in Parker, Colo.

The 117-page tome includes 576 photographs of the people and places tied to the Feb. 14, 1929, gangland slayings of six members of George "Bugs" Moran's gang and a mechanic who were lined up against the rear inside wall of a garage in the Lincoln Park neighborhood of Chicago's north side and killed. Oswalt calls it "a surgical assassination."

"The book tells who did it, who was involved and how it happened," he said. "The story they tell isn't even close."

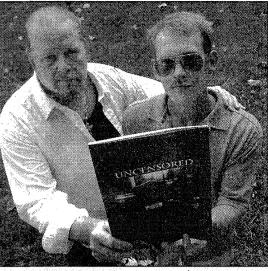
Oswalt's originally idea was to write about the massacre, but once they saw all the information he had gathered, the two men decided they needed to write about the events leading up to the massacre in order to understand what happened and why.

Longnecker wanted to tell the story in chronological order as much as possible, but some events had their place in a certain chapter.

"We had no idea we were going to thoroughly write about the massacre itself until near the end when all the pieces fell in place," said Longnecker who installed flooring and started his own lawn care and vending services before taking on the writing responsibilities.

Oswalt uses words like "a pack of lies and a coverup" in referring to the government's version of the events. While its focus was on Al Capone, Oswalt believes the culprits were out-of-towners, members of the Purple Gang, who did the killing. The proof, he added, is that Capone went to prison for tax evasion, not murder.

In researching the massacre, Oswalt talked to



TOM HAWLEY | STAFF PHOTOGRAPHER

www.hometownlife.com

Rusty Oswalt (left) of Wayne and Eric Longnecker of Westland spent four years researching and writing their first book, The Chi-town Slaughter Uncensored: The Story the Government Didn't Want Told.

the 90-year-old Chicago Times photographer who had photographed the scene only to have the film confiscated by police.

He also had a pathologist look at sanitized photos. The doctor told him it was obvious the crime scene had been altered.

"There were guys shot nine times with white shirts on and no blood," he said. "One guy was still wearing his hat. The photographer said they looked like jigsaw puzzles when he first saw them. The doctor said they should have cut in half, but were the best looking victims he'd seen."

Oswalt added that he talked to a lot of people in researching the book. Many wanted the story to come out, but a few weeks later were talking differently.

"One guy told me he got pressured from the government to not talk," Oswalt said. "No one wanted to admit to what was going on. These are not just our theories, they're proven facts."

Even when the book was done, the two men had difficulty finding a publisher. One that turned them down hinted that they could win the Pulitzer Prize "because we're changing history," Oswalt said.

"There's so much history in this book," he added. "It's wonderful how this got done, it's awesome."

Oswalt is already thinking about their next project, another book about organized crime. For now, they're busy hawking The Chi-town Slaughter. The book sells for \$19.95 and is available online through Amazon and Barnes & Noble. It also can be found on the Outskirts Press Web site - www.outskirtspress.com/webpage.php/ISBN=9781432700553.

"Everything is true," Oswalt said. "We back up what we say. People come up with theories, we come up with the facts."



Observer & Eccentric | Sunday, July 29, 2007

(CP)

C9



Family Wellness Care

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Examination

**EMG** Evaluation

Recommended "Action Plan'

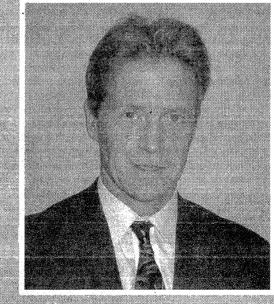
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Dr. Thomas Gerou

## **Back Pain?**

According to a recently released back pain relief report, most back pain sufferers have no idea how to eliminate their pain. Some use heat, others ice. from sleeping on the floor, to pillows underneath the legs, back pain relief techniques vary. But thanks to a free report, local back pain sufferers finally know exactly what to do.

Call toll-free to get a copy of the FREE "Back Pain Relief Report" 1-800-683-1680

(for a toll-free, 24-hour recorded message)

Page C10 (CPL) (C8-WReGc)

Sunday, July 29, 2007 The Observer & Eccentric Newspapers

Hugh Gallagher, editor . (734).953-2149 . hgallagher@hometownlife.com



Studies have shown that eating vegetables and fruits could prevent cancer.

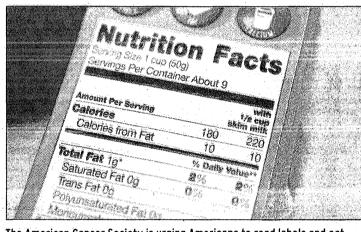
## Food for health

## American Cancer Society issues Eat Right Challenge

SY LINDA ANN CHOMIN STAFF WRITER

hen an American Cancer Society survey revealed that less than 1 in 10 people believed there was a link between cancer and being overweight, Dru Szczerba knew it was time for a challenge.

On Thursday, Aug. 16, the



The American Cancer Society is urging Americans to read labels and eat healthy to reduce the risk of cancer.

follow the health recommendations for people in this country, hearts would be functioning at a more effective rate," said Walker, director of breast radiation oncology for Henry Ford Health System. "It's eating healthy, make sure we get rest, decrease our stress. When the body is stressed it produces a lot of chemicals that are a burden on our heart and immune system. Fiber gets rid of carcinogens. Smoking and barbecuing food releases carcinogens that are going to put you at higher risk. There was a study on risks looking at breast cancer survivors. Regardless of whether

# Fish benefits outweigh the mercury risks

Penny from Waterford e-mails asking about mercury levels in fish. Do the health risks outweigh the benefits?

School of

**Public Health** 

of pollutants

in fish are

found the levels

below what the

Food and Drug

Administration

would consider

unsafe. The study also

determined

eating fish

A recent study by the Institute of Medicine and Harvard

8

Peter's Principles Peter Nielsen

is worth any minimal risk the contaminants may cause.

Fish is packed with omega 3 fats which can protect against heart disease. Experts suggest eating two 3-ounce servings of fish a week. This does not apply to pregnant women or nursing mothers. They should steer clear of certain types of fish like king mackerel, tilefish, shark and swordfish. But it is recommended to add 12 ounces of other types of fish to your diet to make sure you are getting the health benefits. Andrew from Detroit says his vision isn't what it used to be. Is he losing his sight as he gets older?

Unfortunately Andrew, it is possible. Almost 1 million Americans over the age of 40 are considered legally blind. Another 2.4 million have significantly reduced vision. The four eye disorders that pose the greatest risk of vision problems as you age are: cataract, glaucoma, age related macular degeneration, and diabetic retinopathy. But you may be able to help yourself. A new study found people with diabetes who kept their blood sugar at near normal levels cut their risk of developing eye disease by 75 percent. Exercise and proper nutrition is also key! Studies found fruits, vegetables and fish are full of nutrients that are good for your eves.

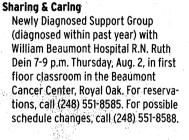
If you have a health or fitness question you would like answered in the Observer & Eccentric Newspapers, e-mail Peter through his Web site www.peternielsen.com. Contact him Peter Nielsen's Personal Training Club in West Bloomfield or Nielsen's Town Center Health Club in Southfield.

#### **MEDICAL DATEBOOK**

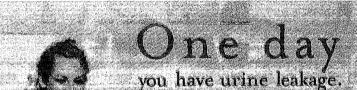
#### A STATE AND

Treating thyroid disorders naturally Dr. William Karl, a certified wellness doctor, presents a workshop at 6 p.m. Monday, July 30, at Livonia Civic Center Library, 33000 Civic Center Drive. Co-sponsored by the nonprofit Foundation for Wellness Professionals. No charge. Seating limited. Call (734) 425-8588 to reserve a seat.

JULY



UPCOMING



www.hometownlife.com

director of the cancer prevention and health care systems initiative at ACS is urging everyone to start eating to reduce their risk of cancer with the help of www. cancer.org.

Years of research led to updating information on the Web site and making it user friendly in time for the Great American Eat Right Challenge. The nonprofit has even published a cookbook available on the Web site or by calling (800) ACS-2345.

"We were looking at the population getting more unhealthy and heavier. When people go on drastic kinds of diets, they feel deprived and then go back to the way they used to eat. We're helping people with tips and tools to make easy, sustainable changes," said Szczerba of Bloomfield Township. "We really want people to make a plan. Our challenge is to make a decision on one tiny change to help them be healthier. We found with the Great American Smokeout (held annually to quit smoking) it is important for people to set the date to start. The Web site is set up like a planner. You can hear a virtual nutritionist talk, hear a trainer talk about fitness. You can learn about tips on stocking your kitchen for quick meals that are healthy, easy ways to add

healthy food to your diet, how to eat out or at home and make better choices, a healthier way to eat fast food."

Szczerba admits she likes her fast food because it's convenient with her busy job, but instead of a Sausage McMuffin in the morning she's trading the meat for egg and doesn't eat half of the bun. It's one of the small changes she's decided to make along with exercising and being physically active to lower her cancer risk.

"I integrated a routine of walking my dogs in the morning. Don't try to be a marathoner if you've never jogged. Walking is the most sustainable activity," said Szczerba. "For a snack I keep small packages of sunflower seeds in my desk and car. Those are just tiny changes I made, one small thing about my lifestyle that isn't a big thing but over time adds up."

Studies have shown a link to an increased risk for cancer in people who are obese or overweight.

"Two-thirds of adults are overweight or obese. With breast cancer the more fat in your body, the more circulating estrogen. If you have an estrogen receptor cancer, the cancer grows," said Szczerba. "We know there are protective factors when you eat a variety of vegetables and fruits. There's nothing wrong with a multi-vitamin, but the protection seems to come from interaction between food properties. Beta carotene is beneficial when eaten, but harmful with large quantities of supplements."

Food isn't the only culprit when it comes to packing on the pounds.

"People are drinking more calories than they think they are. A specialty coffee with cream could be hundreds of extra calories. Maybe we're drinking a lot of juice. We could eat fruit instead. With alcohol people don't realize the calories, but it's just like any drink like pop, fruit juice. I drink mostly ice water at work. Many people think they're hungry when they're actually thirsty."

Dr. Eleanor M. Walker knows first hand that excess weight can not only increase the risk for cancer but affect how the body responds to treatment for the disease. Walker is always looking for ways to improve patients' lives and reduce cancer risks. A radiation oncologist, she sees predominately breast and prostate cancer patients. Her advice to prevent the deadly disease is to eat healthy and quit smoking.

"We can not do anything about your genetics so the big thing is to be as healthy as possible. If we obese or not, if they did 30 minutes (of exercise), six days a week and ate a high fruit and vegetable diet, they did better. Only 25 percent of women with breast cancer do that."

Walker began the day eating a bowl of oatmeal with cinnamon, turkey sausage and a banana. Lunch was a Thai chicken salad. Twice a day Walker eats salad usually dressed with vinegar. She doesn't like sweets and does not eat red meat, but is not a vegetarian. To stay active she does pilates, weight lifting and dancing. Tonight from 5:30-7:30 p.m. she'll be kicking up her heels at a salsa social at the V.F.W. Hall in Farmington Hills.

"It's really good exercise," said Walker of Troy. "It's important to practice prevention for people who have never had cancer, but to let survivors know it's even more important for them. It does impact on their long-term survival. If you get cancer you want to be in your healthiest state because your body is better able to fight cancer."

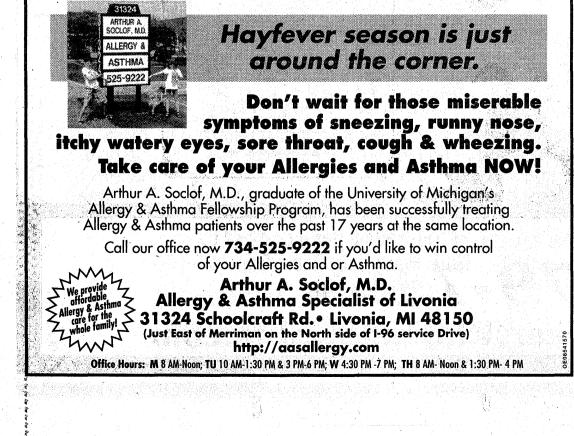
## End of story.

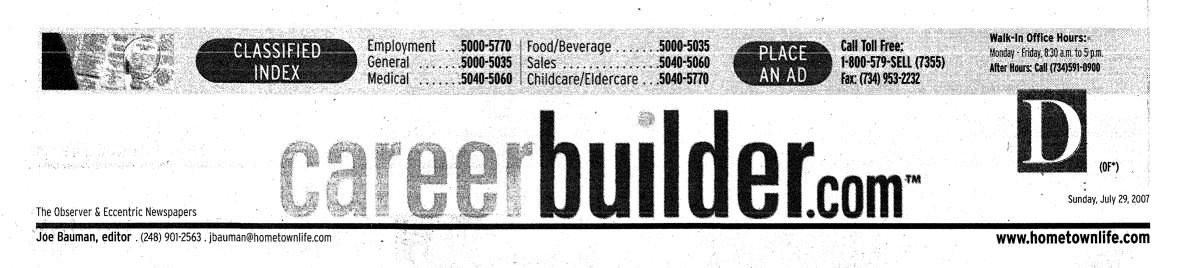
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## To the future: No Worker Left Behind aims to upgrade workforce

BY JULIE BROWN STAFF WRITER

Michigan Gov. Jennifer Granholm announced her No Worker Left Behind program in early February 2007 at her State of the State address. Workers are expected to benefit soon from its provisions.

"Here we are in this very difficult time in Michigan where a lot of people are losing their jobs," said Andy Levin, deputy director for the Michigan Department of Labor & Economic Growth. The program's aim is to offer career training to make Michigan competitive and "ready to compete for any job that's out there.'

Workers will receive up to two years of training through a community college or other institution in a high-demand or entrepreneurial field. Workers will be screened at Michigan Works! agencies throughout the state for suitability in highdemand, growing fields such as health care.

Those fields will vary in different parts of the state, Levin noted. "Many health care jobs are universally in demand across the state." Hospitality, advanced manufacturing and biotechnology are other sectors that con-



tribute to Michigan's economy.

In the program, workers will receive up to \$5,000 per year for two years, with additional time allowed to accommodate working people but no more money than the \$10,000.

Some workers are expected to complete bachelor's or master's degrees, Levin said, if that's appropriate for job needs in the state. "The point is to get everybody up to speed on the jobs that are in demand in Michigan."

The NWLB program is planned to start enrollment this week, Aug. 1, and workers can enroll through the end of July 2010. Work can be done after that enrollment cutoff, and Levin noted the new governor and Legislature could make changes.



"Gov. Granholm's very serious about this," he said. She and others had noted so much churning in the Michigan workforce, with many concentrated in low-income jobs or unemployed.

"We can really come out of this very strong," Levin said. Michigan has a great manufacturing base still, he added, but those jobs now require computer skills. Levin dislikes the phrase of moving to a knowledgebased economy, noting "the knowledge economy includes manufacturing."

The state's 28 community colleges have been heavily involved in No Worker Left Behind as part of their mission/tradition of working with

adults. "They are a major participant in this program," he said. "They helped design it." Proprietary schools that have programs meeting NWLB rules are also eligible, as are universities.

It's mostly federal money supporting NWLB, and Levin said it's not really a partisan issue with lawmakers and businesspeople agreeing on the need for a trained workforce. "This is really a program that is supported by everyone." Many well-paying jobs in our state can't be filled due to lack of qualified candidates, he said.

The state's goal is to train 100,000 people over three years, adult workers but with a broad definition of that term. "It's aimed at anybody who needs new skills, new credentials," Levin said. The unemployed and families earning \$40,000 or less (regardless of family size) are eligible.

To learn more, visit www.michigan.gov/nwlb online or call Michigan Works! at (800) 285-9675 (WORKS).

"It really is a tall order," said Levin, who's nevertheless confident about NWLB. The challenge is "to inspire and empower people to take a chance on themselves," he said.

Some workers believe they can't learn new skills, but Levin disagrees with that mindset. "Really, it's sort of a myth you have to be some sort of brainiac" to change careers. The program doesn't offer income support, which is why planners extended its timeframe to allow people to work.

NWLB is intended to cover tuition, books, fees and lab fees. There's also separate additional help planned with child care and transportation costs to encourage people to get off public assistance.

State Sen. Glenn Anderson, D-Westland, is supportive of NWLB. There is \$37 million in federal money for workforce training, Anderson said, adding that local school districts that offer such training will likely be included, such as Wayne-Westland's William D. Ford Career Technical Center.

"If we're going to turn Michigan around, we do have to invest in our capital," said Anderson, who represents Livonia, Westland, Garden City and Redford, of the program.

Some people displaced by the auto industry are not trained properly to fill jobs such as nursing, he noted.

"We have to be a stimulus." Anderson agrees with the need to train the state workforce, "hopefully diversifying it even further."







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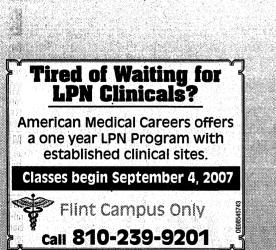
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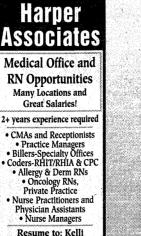
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zak CNC Lathe, CNC I, Die Assembly & Die	teed work Monday-Friday that you will make at least \$1200.00/wk if you have	ers are hereby informed that all dwellings advertised in this newspaper are available on an	<b>RECEPTIONIST</b> Gilson Construction a growing	SHEET METAL WORKER Commercial roofing firm seeks exp. fabricator &	an experineced driver to transport patients. This indi- vidual must posses chauffeurs	re-sume@fipfinancial.com ADMINISTRATIVE ASSISTANT For fast growing Livonia firm.	hometownlife.com	RECORDING SECRETARY
APPLY IN	a 24 ft. truck with a lift gate. You must have good people skills & good knowledge of Michigan.	equal housing opportunity basis. (FR Doc, 724983 3-31- 72) Classified ads may be placed according to the dead-	construction company seeks an experienced receptionist. Qualified parties please call Mark at 734-787-8749	installer for roofing related work. Apply in person: 1055 Manufacturers Dr., Westland.	license, flexibility, clean driv- ing record and be a team play- er. Some office work maybe	Requires series 7 lic. Strong in planning, math, Excel & PC. Must be personable. Send	INSURANCE AGENCY Westland office seeks full	CHARTER TOWNS OF NORTHVILLI
RSON BTWN 2PM-5PM. 9495 Inkster Rd. Taylor, Mi 48180	Please call Craig at 734- 595-7700 ext 104 for an	lines. Advertisers are respon- sible for reading their ad(s) the first time it appears and	Call to place your ad at 1-800-579-SELL(7355)	STAFFING SUPERVISOR	required. You can fax your resume to (248) 888-7817	resumes to: Box 1576 Observer & Eccentric, 36251 Schoolcraft Rd. Livonia, MI	time clerical/sales support. Exp. preferred but will train. Good communication skills &	The Township is seel an individual for time, flexible emp
ASTER CARPENTER & GENERAL LABORERS	appointment. If you have a truck and are ready to go to work, call right	reporting any errors immedi- ately. The Observer and Eccentric Newspapers will not	RECEPTIONIST &	Action Associatres is seeking a proven Staffing Supervisor to oversee branch operations.	TRUCK DRIVER OTR Driver. 6 mo. exp.	48150 ADMINISTRATIVE ASSISTANT	some computer. Fax resume to 734-326-3672	ment as a recording s retary. Job responsi ties include: attenda
on Construction a growing struction company seeks experienced Carpenter and	away because these posi- tions will fill up quickly.	issue credit for errors in ads after THE FIRST INCORRECT INSERTION. Equal Housing	MASSAGE THERAPIST Apply in person, no phone calls please. 444 S. Main St.,	Required: 3-5 yrs supervisory, staffing & professional recruiting exp. BA or equiv.	Call 734-748-5940	General office duties. Answering phones, light typ- ing, filing, etc. Exp. with Word	LEGAL ASSISTANT PART TIME Email resume to:	at Planning Commiss Zoning Board of App and the Board
eral Laborers. Qualified les please call Chris at (734) 260-9242	It's	Opportunity Statement: We are pledged to the letter and spirit of U.S. policy for the achieve-	Plymouth MI 734-455-4407 Check us out at:	staffing and/or recruiting exp. in a supervisory capacity req. Comepetitive base salary &	Oh Yeah!	& Excel required. Exp'd only need apply. Full time with ben- efits. Westland Manufacturer.	graydace@aol.com MAIL CLERK	Trustees nightly m ings three times a mo to record/transcribe r
MECHANICS HEAVY EQUIPMENT higan's largest Taylor deal-	all here!	ment of equal housing oppor- tunity throughout the nation. We encourage and support an	Careerbuilder.com	lucrative commission struc- ture. E-mail resume & salary requirements to:	Make	Fax resume 734-595-0149.	City of Farmington Hills. Mon. thru Fri., 1-4:30pm.	utes. Applications available and retur completed to the Hui
is expanding. Gallo pment Co. is seeking el mechanics with welding,		affirmative ad-vertising and marketing pro-gram in which there are no barriers to obtain	Retail Parisian Department Store	tinaj@wskills.com or FAX 810-227-1344 www.wskills.com EOE	your life easier	<b>ASSISTANT</b> Male or female. Degree required. Neat appearance,	\$11/hr. Application & posting @ www.fhgov.com,	Resource Departm 44405 Six Mile Ro Northville, MI 48168
d and shop experience. t have own tools. Excellent Full time, Over Time,	Look in your	housing because of race, color, religion or national ori- gin. Equal Housing	The Mall at Partridge Creek Clinton Township, Ml - Opening October 2007 -	No matter what it is, I know I will find it in my	find it in 🔍	with superb written & oral communication skills, and knowledge of basic computer.	Human Resources, 31555 Eleven Mile., Farmington Hills, MI	on our website www.twp.northville.m This position will ren
ttion, Healthcare & 401K. Call 313-592-3952, Resume to 313-592-3957	Observer & Eccentric CLASSIFIEDS	Opportunity slogan: "Equal Housing Opportunity". Table III - Illustration of Publisher's	Job Fair Wed. Thurs. & Fri.	O&E Classifieds!	your classifieds!	Fax resume to: 248-553-5840	48336	open until filled. E.O.
MECHANICS aulics exp. preferred, but necessary. Out-of-state	It's all	Notice. ******	Aug. 8, 9 & 10 9am-7pm	C C C	CDL Class A license needed. Local & overnight routes. Immediate hiring. Fax resume	ADMINISTRATIVE ASSISTANT	Help Wanted-Sales	allensk anderlegti änstander sår det er staden uteren en sener Proprikanten til genomen fordel. Men som en so
l required. Pre-employ- drug screen required. Call: 248-446-9533	about	PORTER/MECHANIC HELPER Some mechanical aptitude & knowledge of minor auto	Hyatt Place Utica 45400 Park Ave.	STONE MASON APPRENTICE	to (734) 354-0310	Non-profit agency seeks administrative assistant with a degree preferred in	S	When
chanics	<i>results!</i> To Place An	repair. For auto dealership. Must be reliable and have valid driver's license. Call	Utica, MI 48315 ON-SITE INTERVIEWS Parisian is opening a brand	Landscape Laborer exp'd w/dry stacked/ dry laid. (313) 864-0008	ATTENTION WAREHOUSE/	human resources or at least 3 - 5 year's experience in HR. Computer skills, orga-	Sosso 5 Augus	Saturdays
vift Transportation as 2 Openings in New Boston Shop	Ad Call:	Eugene at 734-946-0011 for an immediate interview or fax resume to 734-946-0084	new department store at the Mall at Partridge Creek in Clinton Township. The	SURFACE & CNC	DISTRIBUTION WORKERS!!!	nizational skills, the ability to communicate well with employees, and a major	Se Augus	Saturdays t: 4, 11, 18, 25 ptember 8
PARTS ROOM MANAGER & AILER TECHNICIAN	800-579-SELL Fax:	PRESS HELPERS & DRIVERS	new store will be opening in October 2007 and we are currently looking for both	JIG GRINDER HANDS	Want to join a dynamic and growing team? The Harvard Drug Group in Livonia is	emphasis in payroll, train- ing, and personnel file man- agement will be the main	) J	<b>T</b> <sup>2</sup>
r <b>ts Manager-HR057813</b> fears Automotive Parts . & 6 Months Manage-	734-953-2232 www.homelownlife.com	Steel Industries Inc.	full-time and part-time associates for the following positions:	A Troy, MI based machining facility specializing in the Aerospace industry is in	seeking additional 2nd shift associates. Shift: 5 p.m9 p.m., M-F. Must be able to lift 40 lbs, pass criminal	function of this position. Full-time in Livonia office. Mail/FAX resume to:		<u>Time</u> M to 5 PM
nt Exp. Is a Plus. lified Candidates Must Proficient in Microsoft	PAINTERS - Sub Contractors	is currently looking for <b>Press Helpers &amp; Drivers</b> . Candidates should have man-	•Selling Specialists Brighton, Lauren, Polo •Sales	search of a Surface Grinder Hand for our day shift and a CNC Jig Grinder Hand for	background check/drug screen. Requires repetitive bending, squatting, lifting,	Attn: Jan Mack, Human Resources, Alternative Services, Inc. 32625 W. 7 Mile Suite 10,	lice	
dows, Word, Excel & e Basic Typing Skills. st be Motivated & Able	Paint apts. interior/exterior. Own equip. & car req. Btwn. 8-4, Mon-Fri. 248-557-7055	ufacturing experience. Must be able to read a tape measure and have basic math skills. Hi-	Customer Service/ Cash Office     Loss Prevention	our afternoon (night) shift. Each position requires a minimum of 5 years experi-	walking, etc. Knowledge of barcode scanners/previous exp. in distribution not	Livonia, MI. 48152. 248-471-5230 FAX	le l	<u>Where</u>
Multi-task. Exceptional nmunication & otiation Skills Req'd.	Plymouth Community Arts Council has immediate job openings	lo experience is a plus. We offer a competitive salary	•Visual •Receiving/Stock	ence working with close tolerances on a varied array of materials and part types.	required but favorable. Must have a desire to learn and follow directions easily.	CLERICAL/ADMINISTRATIVE ASSISTANT General office duties with	43155	e One Novi off Main Street
Trailer Technician- HR05709 Months Semi Trailer	for: •Program Administrator •Resident Multi-Media Art Instructor •Children's	and benefits. If interested, apply in person Mon Thurs., 9am-4pm @ 12600 Beech	We offer competitive wages and a benefit package to include; medical, dental, vision, prescription, 401K	Understanding GD&T, the ability to set-up and work independently and with oth- ers are additional require-	Must be able to work in a face-paced environment and meet production	emphasis on computer appli- cations. Full time with bene- fits. Livona office location.		uite 2300
ntenance Exp. Req'd. st Have HS Diploma/ D & A Valid Driver's ense. Swift Offers	Theatre Director •Bookkeeper •Administrative Assistant •Facilities/Grounds Keeper	Daly Road, Redford. No telephone calls. EOE Presser: Shirts, Pants, Tops	and associate discount.	ments. We offer a clean A/C facility, good benefits and competitive wages.	requirements. We offer \$10.10 to start with limited benefits starting the first of	Send resume with salary his- tory or expectations to Box 1578 Observer & Eccentric	FC	R MORE
dical, Dental, 401K, Paid ations & Holidays & A ellent Training Program.	Visit: www.plymoutharts.com for more details. Mail resume, cover letter &	Full/Part-Time. Plymouth Cleaners, 15149 Sheldon, 734-451-7257, 517-375-0031	Interested applicants should visit		the month following 90 days. Apply via email to sdodson@thdg.com	Newspapers, 36251 Schoolcraft, Livonia MI 48150		AATION CAL
(drug screen/ ackground check req'd) (eoe-m/f)	completed application to: Paula G. 774 N. Sheldon Rd. Plymouth, MI 48170 Email:	CLASSIFIEDS	www.bonton.com to fill out the online employment application	Email resume: info@trutron.com	or fax resume to (734) 743-6015. No phone calls please.	FILE CLERK For Southfield law firm. Light typing. Errands. Must have	n n n	an @ 248-348-64 OR 1- @ 248-425-22
ontact Pete Mueller at 734-753-2361	pgangopa@plymoutharts.com Deadline August 6, 2007. No phone calls.	WORK! 1-800-579-7355	prior to attending the job fair.	Human Resources Dept or FAX: 248-583-4750	Reference "DC Position". THDG is an EOE.	reliable automobile. Call Mrs. Raven 248-552-8500 or fax resume to 248-552-1249	Mary Nico	ole @ 248-437-38 OEO8

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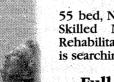
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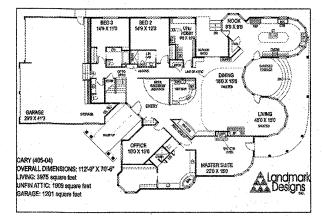
## Artistic and beautiful, the 3,975-square-foot Cary has it all

Some homes can only be described as "special, fantastic, artistic, unusual, and beautiful." The Cary (405-04) is truly one of those homes. It has an unusual shape, a beautiful exterior, a fantastic amount of windows, a special entry, and an artistic floor plan. The entry to the 3,975-square-foot Cary has a ramp.

Once inside, facing the door is a rock garden with aquatics. A wet bar backs up to this, complete with a dishwasher, refrigerator, and a sink. A uniquely shaped office has been provided. The master suite is a statement of luxury and spaciousness. The suite is curved with numerous windows. There is a gas fireplace with an entertainment center above.

The master bath has a walk-in shower and toilet with pocket doors, two sinks located in enormous counters surrounding an oval tub. The walk-in closet has been designed to include a curved sitting room lined with windows.

"Unique, luxurious, and innovative" only begins to describe this home. The living room and dining room is vaulted and very open. The two rooms form an "S" on the outside, which is encompassed by windows that overlook the yard and a covered round terrace.



The final oval area at the rear of this regal home is the kitchen. Windows line the counter space. There is a built-in dishwasher and oven. An island bar containing the stove is in the center of the kitchen. A nook sits at the rear of the kitchen, surrounded by windows looking out on the garden patio. There is a buffet running along the wall of the triangular walk-in pantry.

Clean clothes are a necessary item and this luxurious home has an innovative utility/hobby room. There is a workbench for doing crafts, along with the washer, dryer, ironing board, folding table, and storage area. In the hall is a large walk-in linen closet.

The two bedrooms each have their own baths and wall closets. One bath contains a shower and the othe bath contains a tub. Between the two rooms is an alcove that can be used any way imaginable. The stairs to the attic are located in this area. For the convenience of the outdoor type, there is a half bath situated by the back door leading to the garage. The garage is a four-car unit large enough for a shop.

For a study plan of the CARY (405-04), send \$15 to Landmark Designs, 33127 Saginaw Road E., Cottage Grove, OR 97424 or call (800) 562-1151. Be sure to specify plan name and number. Compact discs, with search functions, are free of charge to help you search our portfolio for your dream home (\$5 shipping and handling will apply). Or you may order or search online at www.ldiplans.com. Save 15 percent on construction plans using the code (LOE48) online, mailing, or calling (800) 562-1151.

#### **REAL ESTATE BRIEFS Real Estate Prelicense**

Classes

A Real Estate Prelicense Class will be held five Saturdays, Aug. 4, 11, 18, 25, and Sept. 8. Time is 9 a.m. to 5 p.m. at the Real Estate One Novi office, 43155 Main St., Suite 2300, Novi. For information, call Kathy Solan at (248) 348-6430 or Mary Nicole at (248) 437-3800.

#### Career information

The Keller Williams Plymouth Market Center will be hosting Real Estate Career Seminars 6:30 p.m. Aug. 9 and 21. The Keller Williams Market Place is located at 40600 Ann Arbor Road, Suite 100, in Plymouth, just west of I-275. Please call ahead to reserve a seat: (734) 459-4700.

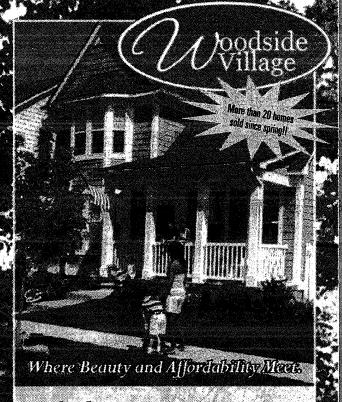
#### Bankruptcy

Attorney David Tarr will share with investors his knowledge of bankruptcy procedure and the secrets of buying properties when the time is ripe – during the bankruptcy of debtors. Sponsored by Real Estate Investors Association of Oakland 5:30-9:30 p.m. Thursday, Aug. 9, at MSU Management Education Center, 811 W. Square Lake Road, Troy. Seminar free to members, \$20 nonmembers. Call (800) 747-6742.

#### Golf outing

**Building Industry** Association of Southeastern Michigan (BIA) will host its 2007 golf outing, "North Oakland County Golf Classic" 8:30 a.m. to 5:30 p.m. Thursday, Aug. 23, at Beacon Hills Golf Course, 601 Majestic Oaks Drive in Commerce Township. For registration information, call (248) 862-1033.





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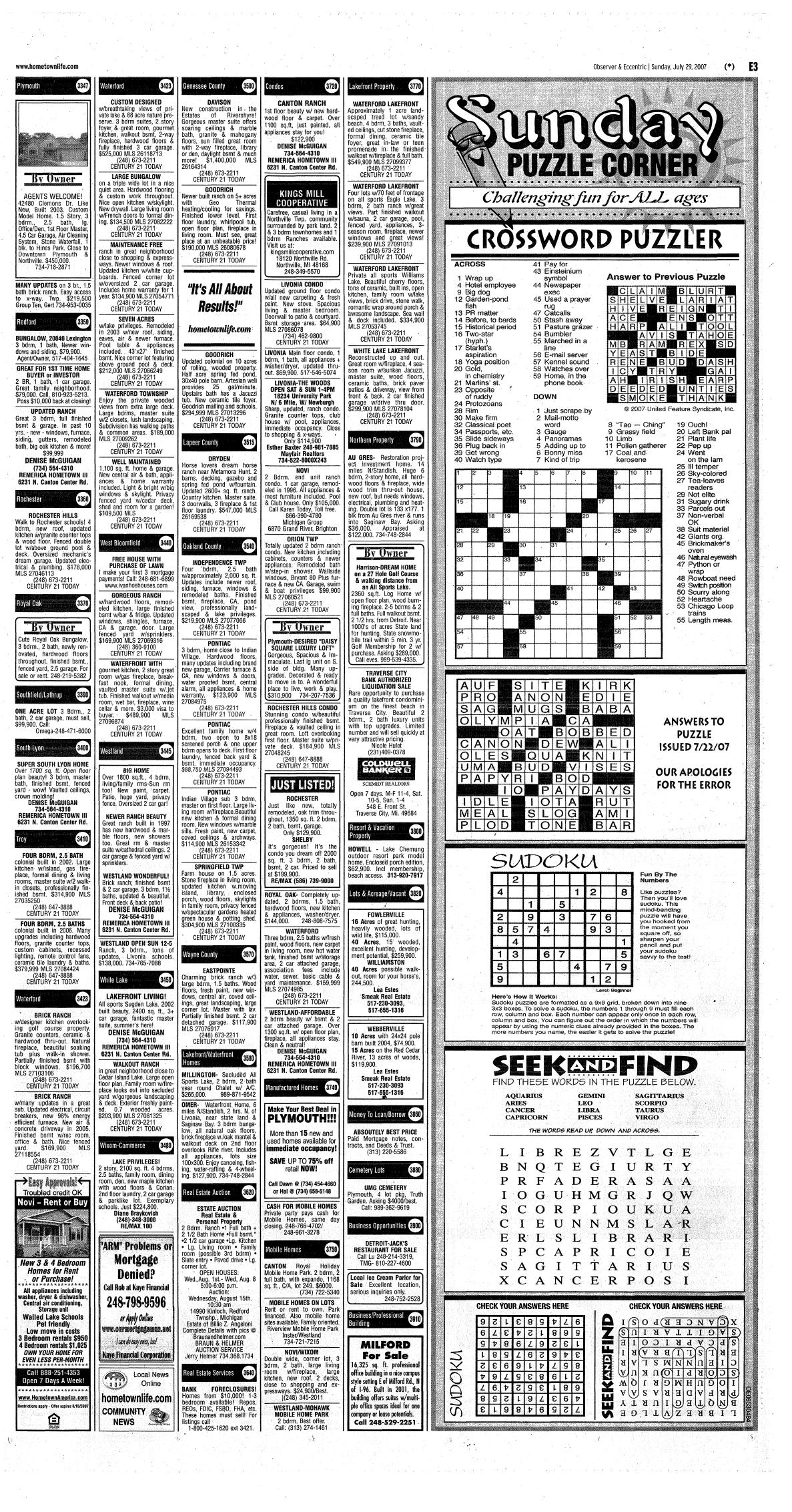
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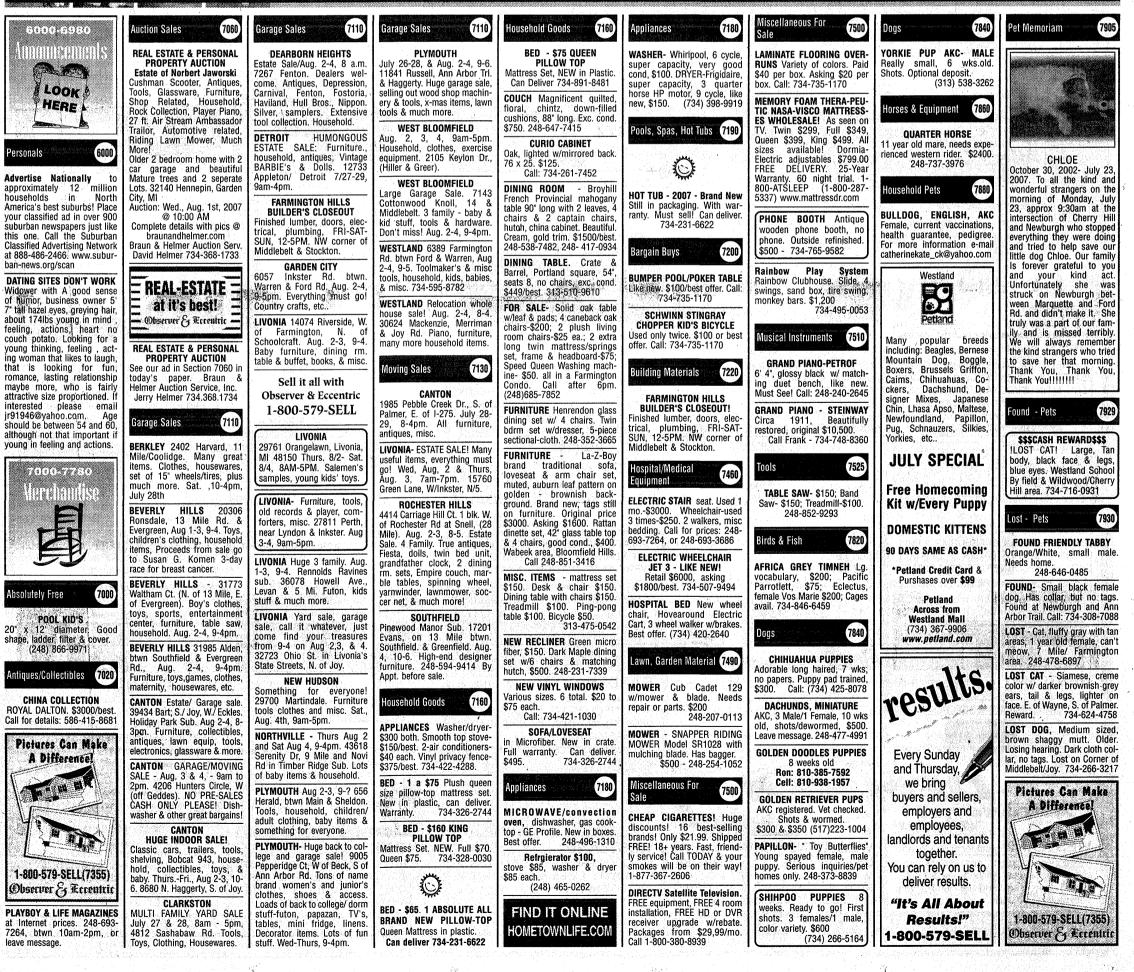




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Apartments/ Unfurnished	Apartments/ Unfurnished' 4000	Apartments/ 4000	Duplexes 4030	Homes For Rent 4050	Homes For Rent 4050	Homes For Rent 4050	Homes For Rent 4050	Rooms For Rent 4140
westland Blue Garden Apartments	Westland Park Apts. HOLY COW! New	WESTLAND WOODCREST VILLA Immediate Occupancy Great Special on 2 Bedrooms Call for Info	NORWAYNE- 3 bdrm, updated kitchen and bath. Utility room, newer carpeting, freshly painted, \$659. 313-475-8309 ROCHESTER - 3 bdrm, 2 bath,	DEARBORN HTS. \$1050/MO. REDFORD - \$890/MO-9/1/07. 3 bdrm, bsmt, garage, fenced, a/c, appliances. 313-570-3700 DEARBORN - Remodeled 3	LIVONIA - Lease or lease w/ option. Private ranch, com- pletely remodeled. 3 bdrm, 2 bath, 2 car attached garage. \$1495/mo. Cal: 248-909-5010	REDFORD- 3 bdrm ranch with bsmt and garage. \$950/mo could be zero down or rent to own. Call: (734) 521-0198 REDFORD- Adorable 1300 sq.	WESTLAND- Super 3 Bed, 2 bath, 2+ car garage, fenced, appliances, 35720 Hazelwood. \$1,100/mo; \$1500 sec. dep. Completely remodeled! Tour at: www.MiHormsSeller.com.	TRIPLE A DELUXE MOTEL A/C, Jacuzzi in rooms, maid service, HBO. Low daily/wkly rates. Sunrise Inn 734-427-1300 Tel-96 Inn 313-535-4100
Apts from \$520*	Reduced	1 Bedroom-\$630 2 Bedroom \$680	dining room, eat-in kitchen, a/c, washer, dryer, garage,	bdrm ranch, bsmt, garage, dining room, C/A. Option, \$800. Call: 248-788-1823	LIVONIA Lg. 3 bdrm, 1.5 bath, 1600 sq.ft, 2 car attached, several amenities, \$1200/mo.	ft. 3 bdrm, 1.5 bath, newer kitchen, garage. Appliances. \$1095. 810-599-3452	Agent, 734-216-1206	Royal Inn 248-544-1575 Fairlane 248-347-9999 Relax.Inn 734-595-9990
MOVE IN SPECIAL DELUXE UNITS FOR	Rate	Wavied application fee \$100 security deposit	\$995/mo. 248-656-3465 WESTLAND	DETROIT -2 Bedroom, base-	+ sec. Brian: 313-443-4855	REDFORD (OLD)	WHITE LAKE Lakefront Home 3 Bedrooms, 1	Office/Retail Space For 4220
BASIC UNIT PRICE SECURITY	1-Bdrm \$495	Fitness Center Indoor/outoor pool	3 bdrm, newly renovated, fenced yd. \$725/mo.+ dep.	ment, 6 Mile & Telegraph, 16580 Woodbine, \$600/mo. 248-476-6498	LIVONIA Merriman & Joy area. 4 Bdrm, 2 baths, fin-	17725 Salem, 2 Bedrooms, Basement. Family Room,	Master Bedroom/private bath, 2 baths, 2 garage, Central air. Beautifiul	neillyLease
DEPOSIT \$200	2-Bdrm.	Fireplace in every unit Livonia Schools	734-728-0292 WESTLAND - NORWAYNE	FARMINGTON HILLS- 2 bdrm.	ished bsmt., 2 car garage, nat- ural fireplace, C/A, hardwood, appliances, fenced yard.	Garage, Extra Clean! No pets! \$750 + Deposit. 734.326.5992	Lakefront ranch in Lake- wood Village sub. Corner	FARMINGTON HILLS Hamilton Business Center
HEAT/ WATER INCL.     CLUBHOUSE	\$565 PLUS 2	734-261-8010	3 bdrm. Updated, new carpet. 2024 Dryden Ct. \$700/mo.	1 bath, approx. 1000 sq.ft., 4 car garage, Immediate occu-	\$1400/ mo. 313-805-2679	<b>ROYAL OAK</b> 3 Bedrooms, bath, laundry	lot, private beach on prop- erty, children's placescape,	Executive suites starting at \$350/mo. T-1 internet availal- ble, Flexible lease terms.
PET WELCOME     MODEL UNIT	MONTHS FREE	Apartments/ Furnished	Section 8 OK. 734-522-9007	pancy. \$750. 248-626-5889 FARMINGTON HILLS 3 bdrm,	LIVONIA- Nice 3 bed ranch with garage and bsmt.	facilities, basement. \$900 + utilities. 248-761-0584	dog run (pets welcome), Jet ski lift. ensuite jaccuzi.	248-324-3600
Spacious 1 and 2	Spec. \$200 Sec.Dep. New resident only	Westland Private entrance, Lg., nice decor, util., non-	WESTLAND- NORWAYNE AREA 2 & 3 bdrm. duplex, \$595 &	2 baths, 2.5 car garage, c/a, \$975/mo. + utilities & sec. No	\$1000/mo. Could be 0 down or rent to own. 734-521-0235	SOUTHFIELD - Remodeled 3 bdrm brick ranch, bsmt, C/A,	Immediate Occupancy. \$1650. Cell (248) 755 4321.	FARMINGTON HILLS Office for rent in professional suite. Orchard Lake Road.
bdrm apartments with Balcony.	with credit Inclues heat, air &	smoking. No pets. I-275/Ford. \$420. Eves. 734-634-0542	\$675. Call 734-968-2636	bsmt. (248) 672-2200 FARMINGTON HILLS- 3 bdrm	LIVONIA- Prime area, 3 bdrm ranch, 2 bath, a/c, all appli-	immediate occupancy, option to buy. \$900, 248-788-1823	Mobile Home Rentals 4070	\$450/mo. 248-855-6111
Cherry Hill near Merriman	dishwasher. No Pets		Flats (4040)	ranch, 2 1/2 attached car. Appliances incl. Secluded home.	ances, deck, 2.5 car, no pets. \$1050/mo. 313-565-6215	TAYLOR 3 bdrm ranch. All remodeled. \$800/mo.+ sec.		FARMINGTON HILLS Retail Space
Call for Details*	MonFri. 9-6, Sat. 12-4	Condos/Townhouses 4020	PLYMOUTH- Attractive, stain-	\$1500/mo. 248-361-7703 FARMINGTON HILLS- 3 bdrm	MELVINDALE, Cute & remod- eled 2 bdrm ranch, immediate	Option/buy, land contract pos- sible. 313-779-4732	FARMINGTON HILLS 1 & 2 bdrm. \$75/wk. & up. Appli- ances. Seniors welcome. No	Great Exposure. Last Available Space
734-729-2242	(734) 729-6636	BIRMINGHAM - 1 bdrm, near town, sharp, \$625/mo. Heat,	ed woodwork, up-to-date, 2 bdrm lower. All residential	ranch, newly remodeled, 2 car garage, all appliances, \$1100.	occupancy, option to buy avail. \$550. 248-788-1823	WAYNE 3 Bedrooms, laundry hookup.	pets. Dep. req. 248-473-5535	1716 sq.ft. Excellent Rate.
Westland EHO		water, air, appliances incl. Immediate occupancy. Call: (248) 855-9655	neighborhood, town center 4 blocks. Appliances, good stor- age, winterized sunny porch,	1st & last mo. 248-684-1713 FARMINGTON HILLS, 4 bdrm,	NORTHVILLE-Walk to Town! Ranch in the trees, 1500 sq.	Some Pets allowed. Immediate Occupancy. \$700/mo.	Time Share Rentals 4100	CERTIFIED REALTY INC. 248-471-7100
HUNTINGTON ON THE HILL	"It's All About Results" Observer & Eccentric	CANTON- Cherryhill Village, 2	bsmt, patio, 1 car garage, 1 parking space, washer/dryer.	2.5 bath colonial, updated, \$1650. CANTON: 3 bdrm, 1.5	ft. 3 bdrms, 1.5 bath. All wood floors, Dining rm, base-	734-216-7954 /734-878-1338 WEST BLOOMFIELD HOME	RedWeek.com #1 timeshare	PLYMOUTH- Beautiful Historic
\$250 OFF	1-800-579-SELL	bdrm 2 bath, fireplace, bsmt, 2 car, all appliances. 1575 sq.ft. \$1500/mo. 734-354-6886	NO PĒTS, SMOKING. Aug. 15th, \$1100. 248-349-4972	bath, \$1400. (248) 872-2298 FERNDALE 2 Bedrooms, bath,	ment, & attach garage. Deck overlooks forgeous wooded	Furnished, 2 bdrm, lakefront, Avail Sept-June, \$900/mo.	marketplace. Rent, buy, sell, reviews. NEW full-service	home in Old Town Plymouth, individual offices. Call: 248-546-5686 for more info.
1st Month's Rent	Westland	FARMINGTON - 1 bdrm,	PLYMOUTH - Downtown, 1 bdrm upper. Utilities &	Central air. Lg mstr bdr,dishw- shr, all appl, Lg yard w/deck	lot. Only \$1695, a must see. RE/MAX 100 248-348-3000 call Sherry 248-982-2888 cell	260-615-1532, 248-417-7700 WESTLAND	exchange! Compare prices at 5000+ resorts. B4U do any- thing timeshare, visit	Plymouth Downtown
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Central Air Pool	At \$549 ORCHARDS OF	heat, \$525/mo. 248-932-1798 LIVONIA (6 & Newburgh area)	Call: (734) 451-5961 WESTLAND/ CANTON 2 bdrm	bath, bsmt partially finished, garage, extra deep lot. No	3 bdrm, 2.5 bath, first floor laundry. \$1450/per mo. Option to buy available. Day 248-437-	utilities. 313-207-8837 WESTLAND - 2 bdrm, bsmt.,	Living Quarters To 4120	(734) 455-7373
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Free Heat & Water	<ul> <li>1 &amp; 2 Bedroom Apt's.</li> <li>Excellence in Service</li> <li>Pool &amp; Clubhouse</li> </ul>	garage, all appliances, no pets. \$995/mo. 248-719-5680	area. \$725/mo. 734-341-6203	No pets, 3 bdrm. brick ranch, appliances, garage, bsmt.,	NOVI-NEWLY UPDATED! 10 & Taft. Beautiful 2 story! 3 BD	Section 8 OK. 734-397-8187 WESTLAND 3 bdrm, 1 bath	CANTON 2400 sq.ft. & lots of ameni-	Office Suites 400 sq. ft1670 sq. ft. Beautifully redecorated.
(866) 413-1672 On Ann Arbor Trail	• Carport Included (734) 729-5090	LIVONIA Luxury Laurel Park - Lg. 2 bdrm, 2.5 bath, 2 car.,	Homes For Rent 4050	A/C. Sec. ref. 734-459-8268	1.5 baths full basement, 1 st floor laundry, FP & 2 car attached gar! Lovely sun	with garage and bsmt \$950/mo. could be zero down	ties. Room w/access to house. \$425/mo. 734-262-5500	Great Rates
Between Middlebelt & Inkster Rds.	www.yorkcommunities.com	Great location! \$1500/mo. Water incl. 313-657-8730	AFFORDABLE HUD HOMES! 4 bdrm, 1 bath only \$250/mo!	HOMES	room & deck. ONLY \$ 1395. RE/MAX 100 248-348-3000	or rent to own. 734-521-0198 WESTLAND 3 bdrm duplex.	Rooms For Rent 4140	CERTIFIED REALTY INC. (248) 471-7100
www.cmiproperties.net	Westland	LIVONIA Sharp 1 bdrm, neu- tral condo overlooking pond.	5 bdrm, 2 bath only \$220/mo! More Homes from \$199/mo!	FOR RENT	call Sherry 248-982-2888 cell PLYMOUTH	Venoy/ Palmer. Newer win- dows, kitchen, carpet. Fenced	CANTON - Near I-275. Non-	Commercial/Industrial
WESTLAND - EXTREME MAKEOVER SUITES from \$550/mo!	THE "NEW"	All appliances \$700/mo. D & H Properties. 248-888-9133	For BNI Listings 800-366- 0142 ext T252	Located In Canton Starting at \$749/mo	3 bdrm, 1 1/2 bath Ranch	yd. \$650. (248) 344-2822 WESTLAND - 3 bdrm ranch. 2	smoking & non-drinking male. Quiet, \$295/mo.	For Rent/Lease
Heat & Water Included, Pets Welcome.	WESTERN HILLS \$399	PLYMOUTH CRESTWOOD CONDOS - Quaint 1 bdrm, 55+	Affordable Lease Options Livonia, Plymouth,	\$0 Application Fee	garage, fenced yard, all appli- ances including washer/dryer	car garage, convenient loca- tion. Livonia schools. Available	New. No lease. 734-394-1557 LIVONIA clean 3 bdrm. home,	STORAGE YARD - 75'x200' Inkster & I-96, \$650/month.
Tons of amenities! 734-721-2500	MOVES YOU IN	only, washer, dryer. No pets. \$625/mo. 734-216-4891	Dearborn Heights, South Lyon (734) 915-1016	Sharp 3 Bdrm, 2 Bath homes from 924 sq.ft.	& dishwasher, completely redone including new carpet	now. Call (734) 427-1160 WESTLAND - 3 bdrm ranch,	total house priviledges, unfur- nished. Professional. Non	Call 8-5pm. 313-937-7933 DESPERATE 3000 sq ft
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CHECK US OUT Rent starting at just \$393.00	(734) 729-6520	deck, patio, garage, a/c, bsmt., pool. \$1100. 248-477-2643	BRIGHTON - Executive home.	Ask about our specials!	734-455-5566 PLYMOUTH - 3 bdrm, 1 bath,	\$895 or less. 734-837-7355 WESTLAND DUPLEX	NORTHVILLE or PLYMOUTH Downtown. 1st week with full	month. Call: 734-673-6428 GARDEN CITY
At Westgate Tower, we have YOU in mind. We have Activities planned every	WESTLAND - Up to 3 mos free rent! 1 & 2 bdrm, 2	ROYAL OAK TOWNHOUSE 2 bdrm, must see! Granite tops	No lease reg. 4 br., 2.5 bath, fireplaces, 3,600sg.ft. 3 mo. minimum. \$2,250/mo. Rent	Call Sandy at Sun Homes	utility room, new carpet/fresh paint, attached garage, \$1000	3 bdrm, 1.5 bath, fenced yard \$630/mo. \$1675 move in. No	deposit. Furnished sleeping rooms. Newly decorated. \$85 weekly. Security deposit.	500 sq.ft. office, heat, electric, water included.
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ortation! • Air Conditioning •24 Hr. Laundry rooms • Lounge	734-459-1711 EHO	SOUTHFIELD All new! 2 bdrm, 2 bath ranch condo. Carport,	CANTON Custom 2300 sq. ft. brick ranch. 3 car garage.	*Offer expires 7/31/07 Exclusive Skyline/Clayton Retailer	washer/dryer, 2 car garage ranch on 2 acres. Lawn serv-	bdrm, 1 bath condo. New car-	<b>REDFORD - Private Entrance</b> Share kitchen, bath, laundry. Furnished. Utilities. Cable.	COMMONS Inkster & I-96, 1200-2600 sq.ft, 14' high w/overhead
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Small Pet Allowed. Call 734-729-2900	Rent Starting At \$549	SOUTHFIELD / FRANKLIN	Cute 2 bedroom. \$850/mo. LIVONIA Brick, 3 bdrm., bsmt. 2 car	3 bdrm., 1 bath, lg. backyard, A/C. Call: 313-717-4520	NO BANKS TO QUALIFY! Owner financing. Low down.	WESTLAND/INKSTER, \$950-	REDFORD ROOM FOR RENT With house privileges. 7 Mile & Inkster area. \$125 weekly.	Garage/Mini Storage 4300
*Must be 62 or Older, Income Limits Appl E.O.H.	NEWLY RENOVATED	WEATHERSTONE	garage. \$1195/mo. NORTHVILLE	LEASE OR BUY 6811 Whitepine Dr. 4 bdrm	Problem credit ok. 3 bdrm. Call: (734) 667-1906	\$1050. 3 bdrm, completely remodeled. No pets/smoking. Sec. 8 Okay. (734) 927-4314	Call: 313-283-1185	LIVONIA STORAGE
	<ul> <li>KITCHENS &amp; BATHS</li> <li>1 &amp; 2 bedroom apts. some with fireplace</li> </ul>	TOWNHOMES	Almost new, 2 bdrm., 2 car garage. \$1395/mo.	quad, 3 bath, 2,450 sq. ft. \$20,000 down on land con-	Plymouth/Livonia/Northville Rent/ Sale. Beautiful 3 bdrm,	WESTLAND Joy-Merriman	<b>ROMULUS</b> - Furnished, clean 1 bdrm, share kitchen & bath, private entrance, \$75/weekly +	SPACE AVAILABLE Alarmed, sprinkled, heated,
- DHY	• Clubhouse (734) 261-7394	Secluded Wooded Setting Spacious	<b>NOVI</b> Colonial, 3400 sq. ft., Short Term, \$2400/mo.	tract. Or LEASE at \$2100/best offer. 517-351-5993, Keller Williams Beatly 828, 821, 1200	2 bath, garage & more. \$1175/\$875. 734-674-3152	area. Livonia schools, 3 bdrm. brick ranch, garage, C/A, fenced, appliances. \$925/Mo.	\$225 security. 734-718-3577	500 to 11,000 sq. ft. Loading docks, bay doors.
T DOESN'T GET ANY T DOESN'T GET ANY BETTER THAN THIS BETTER THAN & Eccentric Better a secontric	www.yorkcommunities.com	2 & 3 bedroom	AAA Leasing 248-471-7368	Williams Realty 888-881-1200	PLYMOUTH New 2004, 4 bdrm, custom brick colonial,	734-905-2644	SUNRISE STUDIOS \$25 OFF	<ul> <li>Monthly rate - \$0.50 sq. ft;</li> <li>Annuai rate - \$4.25 sq. ft.</li> <li>Call: (248) 284-0587</li> </ul>
	Westland WILLOW CREEK APT.	townhomes 2 car attached garage	<b>DEARBORN HEIGHTS</b> 3 bdrm, finished bsmt, \$750; 3 bdrm ranch, garage, \$600. Option	3 Bedrooms, Basement, Immediate Occupancy.	2.5 bath, oak floors, stainless steel appliances, inground pool, 3 car . \$2500/mo. D & H	WESTLAND Large 2 bdrm, garage, beautiful country set- ting, quiet, \$1050/mo. Livonia	With This Ad Brand NEW A/C Rooms	When seeking out the best
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1-800-	Incl Gas and Water	\$1395/mo. (248) 350-1296	<b>DEARBORN HEIGHTS-</b> 3 bed 1 bath ranch with garage. \$900/mo could be zero down	LIVONIA Beautiful area, nice large clean 3 bdrm, many extras. \$1100/mo. + security.	REDFORD - 3 bdrm, 1 bath, bsmt, garage, fenced yard, immediate occupancy,	WESTLAND Livonia schools, 4 bdrm., 2 bath, 1,400 sq. ft., finished bsmt., 2 car. Option.	734-427-1300	the Observer & Eccentric Classifieds!
	(734) 728-0630		or rent to own. 734-521-0236	248-761-9161		\$1,295/Mo. 517-375-0031.		1-800-579-7355
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Sunday, July 29, 2007

# Plymouth's in the PINK!

Boot Camp Basics 10 Tips to Better Health Petite Shopping Pointers Style Profile: Shani Inge

Plus ... Last Chance To Win \$500 Shopping Spree! ;

PINK • July 2007 •

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#### Dr. Baran Invites You To Experience The Most Relaxing, Soothing Dental Spa In Michigan

Waterfalls in every room, a relaxing massage chair, soothing paraffin dips for your hands, aromatherapy. It sounds like a luxurious spa, but it's not. They're just a few of the amenities that greet patients at the new dental office of Dr. Dolores Baran.

Dr. Baran and her staff believe a visit to the dentist should be as relaxing, comfortable and enjoyable as possible. At Dr. Baran's office, even sitting in the dental chair can be entertaining rather than uncomfortable. Flat screen TV's were added to every room so patients could have the opportunity to watch television or DVD's during procedures. In addition to offering patient relaxation and comfort, Dr. Baran also utilizes all of the latest technology that can make a striking difference in your smile.



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If your teeth need to be straightened, Dr. Baran offers Invisalign invisible braces. Replacing the traditional bulky metal braces that can irritate your lips or cheeks, you can straighten your smile with Invisalign's clear plastic aligners. This procedure takes six months to a year to complete, about half the time of traditional braces, and most people won't even know you are straightening your teeth unless you tell them. The procedure works for teenagers and adults.

If you like the shape of your teeth, but the color has yellowed with age or become stained. Dr. Baran offers an advanced whitening procedure developed in California using the latest technology which produces dramatic results better than the popular in-office procedures. Convenience and patient safety are emphasized by Dr. Baran. Patients who need crowns can have them made in about an hour right in the office by the CEREC, a state-of-the-art computer milling machine, and digital X-rays that use 95% less radiation than traditional X-rays.





## WHY LUMINEERS?

Lumineers, the latest advancement in porcelain veneers technology, uses a thin porcelain coating no thicker than a contact lens that can actually change the color and shape of your teeth without the severe tooth reduction necessary in traditional veneers, and in most cases, without the use of shots. Dr. Baran is one of the most experienced Lumineers dentists in the state. Her expertise in Lumineers can make a striking difference in your smile in just two office visits!

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### MOTOR CITY FASHION WEEK

Celebrate "7 Days of Fabulous" during the 3rd Annual Motor City Fashion Week, July 30-Aug. 5 at 4731 Grand River in Detroit. Produced by local fashion designers Dana Keaton and Sharryl Cross, MCFW includes an Opening VIP Party, a week-long Fashion Art Exhibit, Fashion Workshops, a Student Designer Contest and a fabulous Designer Trunk Show, noon to 5 p.m. Aug. 5 where you can purchase clothing seen on the runway. Student and indie designer runway shows at 8 p.m. Aug. 3-4 will take place at the "Model T Plex," 411 Piquette in Detroit. A portion of the proceeds will be donated to The Children's Center and DivaGroove Fashion Mentoring Program. Visit www.motorcitvfashionweek.com for complete details.

### NORTHVILLE SIDEWALK SALES

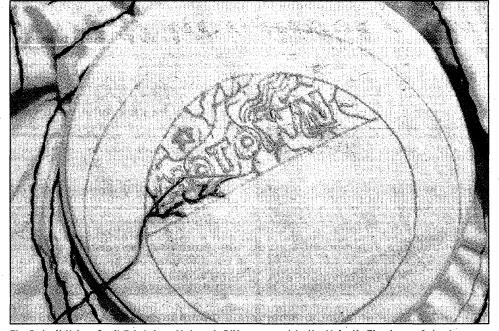
Visit Northville for great deals as downtown merchants, including fashionable boutiques La Corsetiere, Urban Blues, Dueto, Rococo and Rock on 3rd, host special sales 10 a.m. to 6 p.m. Friday, Aug. 3, and 10 a.m. to 5 p.m. Saturday, Aug. 4. Call at (248) 347-1642.

#### THE CHOPPER SHOW

Artists Gwen Joy and JR will bring art, fashion, motorcycles and mayhem to Corktown Tavern with their 3rd Annual Chopper Show at 5 p.m. Saturday, Aug. 4. The event includes live music by the Howling Diablos, Universal Temple of Divine Power and PB Army; 13 artists, including featured artists Mark Dancy; and a fashion show with Mother Fletchers, Lover's Lane, DS Bullock and Roller Derby Detroit. Meet Detroit's Roller Derby Girls and be entertained by Dawn-O-Mite, Fire Poi and M.C. Linda Lexy. Admission is \$15. Corktown Tavern is located at 1716 Michigan Avenue, Detroit. Call (248) 924-0298.

### DETROIT URBAN CRAFT FAIR

This isn't your grandma's craft fair - or even your mom's. You won't see country crafts, painted saws or jams n' jellies at the Detroit Urban Craft Fair, Saturday, Aug. 4 at the Majestic Theatre in Detroit. This alternative craft fair will feature more than 50 independent artists and crafters on the forefront of the Do-It-Yourself movement. Look for fun rock star night lights, recycled T-shirt totes and vegan lip gloss, along with clothing, accessories, bath and body products, stationery, 'zines, toys, baby stuff, art, household accessories, jewelry,



The Detroit Urban Craft Fair brings Motown's DIY movement to the Majestic Theatre on Saturday, Aug. 4.

recycled and sustainable crafts and more. Visit www.detroiturbancraftfair.com.

THE BRASSIERE BAZAAR

Sharing & Caring will host its first "Young Survivors" event 7-9 p.m. Thursday, Aug. 16 in Nordstrom Somerset's lingerie department. The event will include bra fittings, prosthesis options, complimentary skin analysis by Advanced Skin Care, make-up tips and refreshments. Reservations required. Call (248) 551-8585.

### METRO BRIDAL TASTING

Taste and tours will present its fifth annual strolling bridal brunch 11 a.m. to 5 p.m. Sunday, Aug. 26 at the Omni Detroit Hotel. The afternoon includes food, wine and dessert tastings from the area's finest caterers, along with a couture fashion show hosted by WDIV's Rhonda walker. Guests also can enjoy a cigar bar, live music, Salsa lessons, 'Best Man Match-Ups,' speed dating, and 'The Longest Kiss Contest.' Be present to win thousands in prizes. Advanced tickets, \$20, available at President Tuxedo Fairlane: Westborn Markets in Berkley, Dearborn and Livonia; Simply Wine in Birmingham; and the Omni Detroit Hotel, 1000 River Place. Call (810) 310-0-0-0-H or visit metrobridaltasting.com.

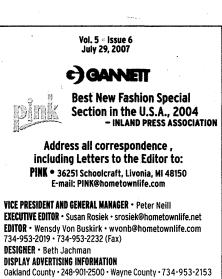
REMARKABLE WOMEN LUNCHEON Weight Watchers will host its 8th Annual Remarkable Women Live luncheon noon to

2 p.m. Thursday, Sept. 20 at the Ritz-Carlton

Dearborn. Doors open at 11:15 a.m., giving remarkable guests a chance to visit vendor booths. Special guests include Linda Kaplan Thalet, author of "Power of Nice"; Glinda Bridgforth, author of "Girl, Make your Money Straight!"; and Mireille Guiliano, author of "French Women Don't Get Fat: The Secrets of Eating With Pleasure." Plus, local media personalities will join Florine for a coffee-table discussion a la "The View." Tickets, \$60, \$55 for Weight Watchers members, benefit Beaumont Ministrelli's Women's Heart Center, Barbara Ann Karmanos Cancer Institute and the U-M Cardiovascular Center. Visit www.florineonline. com.

### NORDSTROM GRAND OPENING GALA

Nordstrom will kick off the opening of its second Detroit-area store with a fashionable fete starting at 7 p.m. Wednesday, Sept. 26. The new Nordstrom at Twelve Oaks Mall in Novi opens on Friday, Sept. 28. Guests at the gala will enjoy hors d'oeuvres, dinner and dessert buffets, cocktails, live entertainment and the opportunity to do some "sneak preview" shopping in the new 165,000-square-foot specialty store. The highlight of the evening will be a runway fashion show featuring fall designer collections, held in a tent adjacent to the store. Tickets, \$100, benefit the Detroit Symphony Orchestra and the metro Detroit chapter of The Links. Call (313) 576-5590.



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Fashion and fun meet downtown



## PINK Picks Read our top

picks, and enter

your own to win!

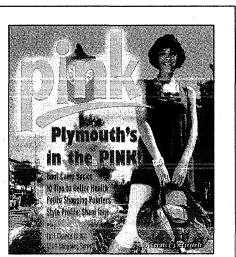


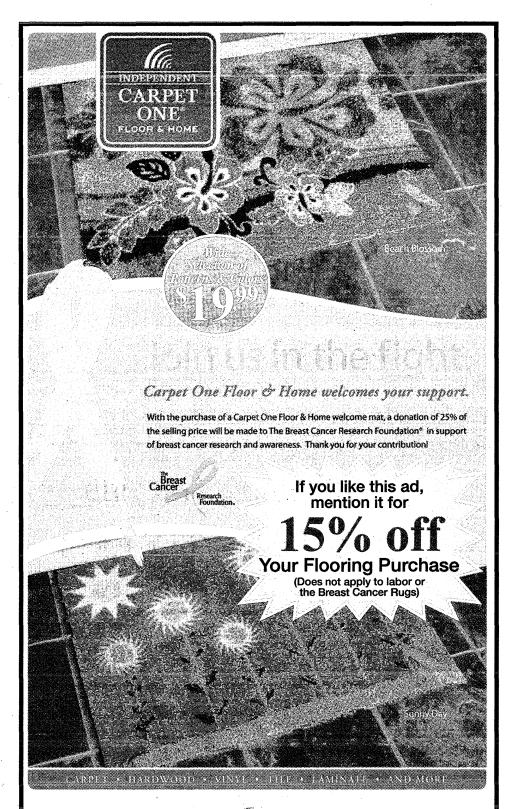
PINK • July 2007 • 3

### ON THE COVER

Model Erin Welsh goes nautical in downtown Plymouth, wearing a tunic dress by Topin (\$52) and white leggings by T Party (\$16), accessorized with a red spy bag (\$54) and crochet cherry pendant (\$12). All clothing from Bella Mia Boutique in Plymouth. Hair and makeup by Mary Alice Stotler of Spa Julianna, Plymouth.

> PHOTO BY BILL BRESLER COVER DESIGNED BY DAN DEAN





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#### 4 • Pink • July 2007

## Team PINK Bootcampers enter home stretch!

I can hardly believe it, but we are entering our last week of PINK Mommy Boot Camp!

For the most part, I have been sticking to the 1,400 calorie a day diet plan and making much healthier choices. OK, I cheated a little (it was just a SMALL piece of carrot cake ...), a minor meltdown. The weekends have been particularly tough. It was hard to find foods that fit my new lifestyle at the countless graduation parties, weddings and holiday gettogethers I attended. I have found that if I either eat before, or bring a great dish to pass that I can enjoy, it helps a lot.

As much as I moan before the beginning of each class (have I mentioned I hate exercise?), I truly feel great after each workout. The painful burn I once felt after a few minutes of boxing has now turned into a good burn - the kind of burn you know is taking away the fat! I can now keep up with the class, where before I would continually stop and start again. Exercising has been my greatest boot camp challenge. I have never been a very coordinated or athletic person, and sometimes I feel like a complete clod trying to follow the choreography. By no means do I take that as an "I can't" though. I am determined to finish strong!

My weight has gone down a little - I have lost 5 pounds in five weeks. I'm trying not to pay too much attention to the scale now as I would rather judge my success on how I feel and look in my clothes. My pants are getting loose and I am starting to get the "have you lost weight" comments I love to hear. There is nothing better than that to keep you on track! My goal is to lose 10 pounds, but if I can fit into the AG jeans I bought before I got pregnant I will be happy! I checked in with some of the other

I checked in with some of the other girls to see how they were doing as we near the end of our six week challenge.

"My family schedule has proven very difficult as both my husband and I work and my husband travels. The energy involved in organizing my time, kids, work, etc. to fit in a workout has been tough for me," says Jen Schrader of Bloomfield Hills. "My husband says he sees a difference in my face, and I was finally able to actually button my pre-pregnancy shorts without cutting off my circulation!"

Autumn Moricz of Redford has lost 4 pounds and gone down one dress size since weigh-in 6 weeks ago.

"The diet has been challenging but I did it slowly by first eliminating





**MACY'S MOMMY MAKEOVER!** 

The winner of the PINK Mommy Boot Camp challenge will receive a \$1,000 gift card from Macy's, along with the services of a Macy's By Appointment personal shopper, to purchase Fall fashions for her new figure!

### **PINK MOMMY BOOT CAMP STATS**

Led by: Jennifer Gray,

Body Beautiful Boot Camps Members: PINK Editor Wensdy Von Buskirk, 'PINK Mommy' Wendie DeLano, and five PINK readers chosen to participate:

Jill King, Redford; Autumn Moricz, Livonia; Michele Parzuchowski, Livonia;

Jenifer Schrader, Bloomfield Hills; Tamika Whitmore, Madison Heights

Duration: Six weeks

**Requirements:** At least four days of cardio each week (including three Boot Camp classes); 1,200-1,600 calorie-a-day diet; keeping daily food and cardio logs; at least 64 oz. of water each day

**Possible Weight Loss**: Two pounds per week, or a total of about 10 pounds in six weeks

**Top Prize:** Announced in the August 29 edition of PINK

Details: www.bodybyjenn.com; www.hometownlife.com (click on PINK)

foods I could do without like pop and fast food and adding what I needed more of - vegetables," she said. "This program has opened my eyes to the importance of water and healthy food."

All the ladies have faced their own set of challenges and triumphs during boot camp, and they all seem to be on target with their weight loss goals so far. One thing is certain - all the mommies have their eyes on the prize - a \$1,000 Macy's gift card.

Who will win? Check out the August 26th issue of PINK for the big reveal!

## Not All Boot Camps are Created Equal

Exercise boot camps have become a buzzword in the fitness industry. If you're looking for a good boot camp, you need to do your homework.

Why is it called a Boot Camp? In a boot camp, fitness is a group effort with everyone working toward the same goal. Everyone has to follow certain rules. The other key is structure. For instance, Body Beautiful Boot Camps have a specific beginning and an end, so that there are true measurable results.

What I've found over 15 years as a fitness expert is that people succeed when in a structured setting with trainers who give one-on-one attention. The group setting offers support and a common goal – and at the end of the camp, you can see where you've come from.

It is important to look for a boot camp that takes into account what level you are at in your training. While boot camp conjures up a marine drill sergeant barking "drop and give me 50," a good camp works with you to determine your fitness level then adds intensity and discipline. Ideally, make sure your camp starts out with a full fitness valuation, which includes your health history.

Above all, don't get into a camp that makes you afraid or intimidated to work at your own pace and fitness level. This can be extremely detrimental in achieving your goals and can even compromise your health. I suggest my campers wear a heart monitor when they start. That way, we can monitor their pace. A good trainer should be able to tell you if you are pushing too hard too fast.

### **BOOT CAMP CHECKLIST**

Here is a checklist before plunking down your hard-earned cash for a boot camp.

1. Look for a camp that can show you measurable results. Find a camp that has a program focused on a period of time with a start and a finish. BBB camps, for example, offer 6- and 12-week programs.

2. Accountability is the key to success. We have attendance rules and food charts as some ways to track your progress.

3. Find a camp that is concerned about putting your personal goals first. If you're



looking to tone up and lose weight in time for your wedding, you may be better served in a Bridal Boot Camp with other women who share your goals. If you're a new mom, who wants to lose some of that baby fat, your goals will probably be slightly different than the bride-to-be. Rule of thumb: Not every camp is created equal because no two people are exactly alike. 回 ③

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4. Make sure the instructor is willing to modify the program for you. If your trainer is good, they will pace you to let you know if you should work harder or slow down.

5. Before you start any exercise program, you should have a full evaluation, including a health history.

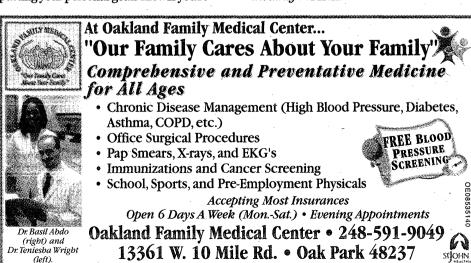
6. A boot camp should allow you to be yourself and, most of all, allow you to have fun while getting fit.

### **READY, SET, GO!**

Once you have chosen a good boot camp should you prepare physically? No. A good camp works with you at your fitness level. The best preparation is to mentally prepare to create new structure in your life. You may get off track on any given day but the camp will get you back on track. Constant communication with your trainer keeps everyone focused on your long-term goal.

Remember, weight-loss fads come and go. The benefits of boot camp create a lifealtering health and lifestyle experience, both emotionally and physically, that can last for the rest of your life.

Jennifer Gray is a fitness expert and founder of Body Beautiful Boot Camps. Contact her online at www.bodybyjenn.com or by phone at 248-761-2321 and look for her column monthly in PINK.



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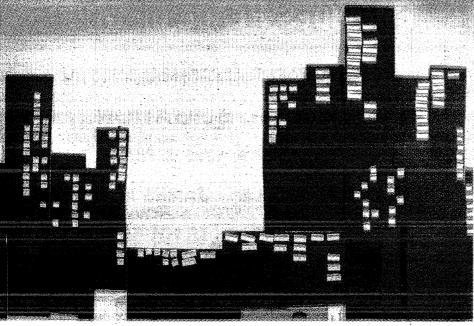
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beyond the window with lainey

## Oakland Mall blends sass with sentiment

My first 'single girl' apartment was a hop, skip and jump from Oakland Mall. The Troy mainstay was like my second home, and although I've moved westward, I always enjoy visiting my former stomping grounds.

Let's take a gander beyond some Oakland Mall windows, where nostalgic meets edgy, and the shops are as colorful, diverse and fun as the shoppers.

### **ANCHORS AWAY!**

The Macy\*s at Oakland Mall is reminiscent of a true city department store. Its main-floor corridors emit striking pink lighting complemented by red-shaded chandeliers. The MAC counter there is great, and I'm thrilled with my new purchase - shimmering Chromeglass Lip Gloss.

Check out Macy\*s own popular brands such as Alfani, Charter Club, I.N.C., Style & Co. and the hip duds by American Rag.

While JC Penney boasts Nicole Miller designs, Sears offers First Issue (a division of Liz Claiborne), as well as lines by Rena Rowan and Lands End.

### **JEWELS ON EVERY CORNER**

Where the two main mall passageways intersect, jewelry shops dot each corner - from Elias Diamonds to Kay Jewelers to Helzberg Diamonds to Rogers & Hollands. And sprinkled throughout are many other shops boasting high-end or faux 'sparklies.' Pick up a pretty 'journey necklace' at one of many choices.

### EDGY FASHIONS FLOURISH

From the hip-hop threads at d.e.m.o. to the skull and cross-bone motifs at Hot Topic, Oakland Mall boasts fashion with an urban chic edge.

Hit Lids Ultimate Head Gear for a 'way cool' variety of caps or the huge Steve & Barry's University Sportswear. Leather shops abound, and check out the funky C'est La Vie for Joe's, Seven and True Religion jeans. Also, find a touch of Beyonce through her House of Dereon line, and suss out Isabella Fiore handbags and haute Sky tops.

Other trendy stops are Charlotte Russe, Gadzooks 21, owned by Forever 21 (new to the Oakland Mall family), New York & Company and Via Roma.

### PAMPER THY SELF

Victoria Secret awaits, while Perfumania offers top brands. Trade Secret carries great products from Tigi to Matrix to Sebastian, and hit Capello Salon for a new 'do.'

#### **HOOKED ON CLASSICS?**

Travel down memory lane to such retro haunts as Spencer's Gift's, the 5-7-9 shop, Corey's Jewel Box, DEB and Clair's (updated with lines by Mariah Carey, Mary Kate & Ashley, Hilary Duff and more.)

Reminisce with a quaff of A & W root beer (a.k.a 'A & Dub!') or enjoy a tangy Orange Julius.

### **AN INDOOR FAIR**

Kiosks pepper the mall with lots of goodies from happenin' Status Buckles to timepieces at Dakota Watch Company. Or, create a new set of keys from a rainbow of adorable blank key designs at MAQ Custom Engravers, then stop at Jenuine's Sweet Shop for balloons or stuffed animals.

Enliven your home game room with a slot machine from Corner Creations, and how about a kitschy neon sign to decorate in full Vegas fashion?

Or, cuddle and buy a real live puppy at Family of Pets!

Elaine "Lainey" Perlin Crossley confesses she can't resist a stop at Krispy Kreme outside the Sears entrance! She can be reached at 586.612.7177.

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## 10 Tips for Health

Want to lose weight, or just improve your health? Here are some nutrition and lifestyle tips from local expert **Denise Neis:** 

**Open Your Eyes.** Take stock of all your bad habits. You can't change them unless you know what they are

Any Exercise Counts. You've heard it before, but it's true. Take the stairs. Walk during your lunch break. Play with your kids in the park. Purchase a pedometer and strive for 10,000 steps a day. It all adds up to better health.

Be Mindful at Mealtimes. All too often, we eat mindlessly. Don't eat at your desk, in front of the TV, or for heaven's sake, while driving. Slowly savor each bite and you won't be as likely to binge.

Treat Yourself Better. Book a manicure or pedicure. Schedule me-time. Honor your value and reward yourself for accomplishments - with something other than food! Plan to Fail. You're going to veer off the road to your fitness and food goals, but steer back on course as quickly as possible - not the next day or the next month, but the next meal.

Carry an "Umbrella." Just as you prepare for rain, pack healthy snacks so you don't get stuck in a storm of junk food. If you always have nutritious foods on hand, you're more likely to make a better choice when hunger strikes.

**Eat Naked.** Choose foods as close to their natural, unprocessed state as possible like raw fruits and veggies, and whole grains. Avoid processed, prepackaged foods, preservatives, trans fats and long lists of ingredients with complicated names. Cook at home and eat out less. That way, you know what you're getting. Mind the 2/100 Rule. Choose foods

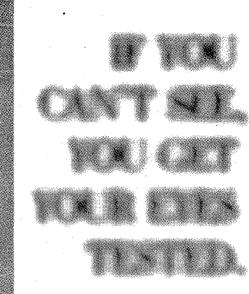
with at least two grams of fiber per 100 calories. Fiber not only helps you feel full, but helps prevent spikes in blood glucose levels. Consult the Glycemic Index to find the latest research on high-fiber carbs.

**Omit Empty Beverages.** There's more sugar in a glass of orange juice than a Snickers bar. Reduce the juice, and forego the soda. Switch to diet pop, or better yet give it up entirely. It only takes 3-4 days to break the habit.

Make it Protein. Curb your appetite with three small, high-protein snacks a day.

Try a piece of string cheese, hard-boiled egg, 1/2 a protein bar, cottage cheese, a small handful of nuts or a slice of high-quality lunch meat like Boar's Head lean roast beef, turkey or ham. If you do snack on carbs, pair them with a protein - a cube of cheese with half an apple, or some natural peanut butter on a few whole wheat crackers.

Denise B. Neis RN MSN MSW, of Northville, specializes in personalized health programs. Reach her at (248) 345-4535 or DBDiamond@twmi. rr.com.



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Practice iPod Prevention

Yes, you're in love with listening to Fergie on your brand new iPhone."

And you won't even think about stepping on the Stairmaster without Gwen playing on your adorable pink iPod nano.

But the next time you tune in, turn down the volume for heaven's sake. You're precious hearing could be at stake.

iPods can be cranked up to 120 decibels, louder than a chainsaw and equivalent to a jet taking off. Even minimal exposure to noise at this level can cause permanent damage, and there's nothing hip about hearing loss

More than 22 million Americans own iPods, and recent studies show iPod users have experienced significant hearing loss. Here are some tips from HearUSA to minimize damage:

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• Listen to your iPod or iPhone no more than one hour a day.

• Switch to over-the-ear headphones instead of buds that insert into the ear.

• Reduce volume to "6" or lower - twothirds of the maximum. • Take advantage of free downloads

Apple offers for various iPods that contain settings to limit the volume.

• If you are experiencing tinnitus (ringing in the ears), muffled sound after listening to your iPod, or are having difficulty hearing conversations, visit a physician and take a hearing test.

The professionals at HearUŠA conduct free hearing screenings at more than 150 hearing care centers in

the United States and Ontario. For the location nearest you call 800-698-6767 or visit www.hearusa.com.

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# New York on a dime, in a New York minute

with lana

The average American uses less than half the vacation time she earns at work - unlike Europeans who take all their earned time.

Vacations in the second half of the year, not during the holidays, are a great time for deals. Let's try autumn in New York; one of the most expensive cities in the world, doesn't need to be.

Since Americans take short trips, here's advice about a quick getaway in a New York Minute:

### **GETTING THERE**

Spirit airlines, www.spiritairlines.com, constantly has major sales where fares can be as low as \$8 each way - with taxes it's still under \$100.

### **WEEKEND WARRIOR**

Hotels are often reduced on weekends. After all, it's a big business city, so weekday stays are traditionally higher.

From a Tuesday to Wednesday in June, I paid \$375 for one night in small room at the artsy Edison Hotel. We loved the bustling Theater District. Parking was a reasonable \$30 across the street, for 24 hours. 228 W. 47th, www.edisonhotelnyc.com.

However, in November, from a Friday to Saturday, on priceline.com I nailed a night's stay at the posh Millennium Hilton Hotel (in the Financial District) for

under \$125 per night. If you go in the summer, it may cost \$195 on a weekend, but expect \$400 on a weekday.

The luxurious Millennium just outside Soho has huge modern rooms. The noise level was low even though it's located directly across from Ground Zero. Some people found that hard to take, but others retain New York resilience, and stay where they please. 55 Church Street, www1.hilton.com.

### CAB OR CAR?

If you're going for a short stint and are unfamiliar with the city, don't waste time learning the subway. Car rental is about \$30 a day, but driving the streets is intense. New York is a walking town - this isn't Los Angeles or Detroit! Save money by exploring your hotel area during the day on foot. Take cabs at night.

### **DO WHAT IN 24 HOURS?**

**Plenty!** 

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Visit us on the web at: www.rmami.com

If you're at the Edison, Times Square is around the block. Say hello to owner Rupert (and buy something) at the famous Hello Deli. Shopping is everywhere. The Museum of Modern Art is within blocks.

At the Millennium, walk trendy Tribeca, Little Italy, China Town - all less than a mile away.

Selected

No matter where you stay, dine at my favorite restaurant in the world: the fashionable Pure Food & Wine (celebrity sightings every time). It's expensive, but where else can you get aged cashew cheese or a macadamia nut sauce over mushroom ravioli? Gourmet. And here's the twist: everything is raw. A meal for two ran us about \$150 without wine, but we also had appetizers and dessert. The outdoor garden seating is lovely. The indoor area is very Sex And The City. Visit www.purefoodandwine.com. Reservations highly encouraged.

Later, have drinks at the friendly and low-key Lafavette Grille. Depending on the night, you'll see live Romanian, Bulgarian or Turkish gypsy music - or some Tango. It doesn't get jumping until late and goes until the wee hours. www.lafayettegrillandbar.net.

If you want a wild, high-energy dance club, visit Pacha, www.pachanyc.com.

In the morning, hail a cab to quieter Upper Manhattan for breakfast at a popular Jewish deli like Zabar's - the famous, huge, gourmet market that exemplifies everything wonderful about New York. Then walk to Central Park and visit the Strawberry

Fields area dedicated to John Lennon.

By now, you should be ready to sleep on your bargain flight home!

Lana Mini manages to travel the world on a reporter's salary, so you have no excuses! Reach her at Imini@hometownlife.com.

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### Sunny J's Offers Bras for Breast Augmentation

PLYMOUTH - Sunny J's is proud to announce the arrival of Le Mystere No. 9 bras, the first collection of innovative, designer bras for women with breast implants. After breast augmentation, a woman's shape as well as breast size changes - rounder and fuller on top with wider cleavage. Traditional bras are designed with a more oval-shaped underwire which does not conform easily to a implant's rounder shape. No. 9 garments take into account all of the anatomic changes that occur after breast enhancement - plus they're tres chic! Sunny J's Lingerie and Leisure Wear, Professional Bra and Swimwear Fitters, is located at 550 Forest Ave. in Plymouth, and recently held the grand opening for its a new location, 117 W. Grand River in Howell. Call (734) 453-8584 or visit www.sunnyjs.com for more information.

can be found on

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William Keye, MD

Plymouth Casual

hether you prefer to keep it casual in a Tshirt and jeans, or dress it up in cocktail chic, downtown Plymouth can cater to your summer style. Grab the girls for boutique shopping, salon treatments and lunch in this quaint burgh. Stroll in with the family for Kid's Concerts in Kellogg Park every Wednesday, or for Music in the Air each Friday night. Or, make a date for an elegant dinner and \$3 movie at Penn Theatre. For a complete listing of things to do (dress codes not included), visit www.downtownplymouth.org.



"Magpie" wears Parisian Pet's East Side Collection pink gingham dress (\$8.99) from Specialty Pet Supplies in Plymouth.

### CREDITS

Models: Erin Welsh and Lauren Kozak Photographer: Bill Bresler Location: Downtown Plymouth Clothing and Accessories: Bella Mia, 535 Forest Ave., Plymouth, (734) 656-0057 Hair and Makeup: Mary Alice Stotler and Martha Brissette for Spa Julianna. All Bare Escentuals and Redkin products available at Spa Julianna, 444 S. Main St., Plymouth. (734) 455-4445 Styling: Arlette and Sarah Stobbe, Bella Mia

**Styling:** Arlette and Sarah Stobbe, Bella Mia **Producers**: Lisa Walker and Wensdy Von Buskirk, Observer & Eccentric Newspapers Fashion is a walk in the park - Kellogg Park to be exact - for friends Erin Welsh and Lauren Kozak, who are ready for a casual day of boutique shopping in red, white and blue. Lauren rocks Silver jeans (\$68), a Kenzie Girl seaport embroidered tank (\$48), and Zenana Outfitters red cap sleeve tee (\$9). Her makeup is by Martha Brissette at Spa Julianna in Plymouth.



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**The Bare Essentials** If you hate the look and feel of traditional makeup, but you want to cover imperfections, redness, or other skin conditions, this makeup performs like a skincare treatment. Made of pure crushed minerals from the earth, Bare Minerals SPF 15 Foundation looks like a powder, feels like a cream, and buffs on like silk, giving the skin a natural luminosity. It's makeup so pure you can sleep in it. The Get Started Kit Shown and the entire Bare Minerals line can be purchased at *Spa Julianna*, 444 S. Main, Downtown Plymouth 734-455-4445.

id

Haute Handbag. Don't worry that you can't get Tano Handbags in a department store, because you CAN get them at Gigi's Mode in downtown Plymouth. Tano Handbags turn heads with their distinctive, high-quality leathers and unique designs of these well-crafted, well-designed leather handbags, offered at a reasonable price. Gigi's Mode carries a huge selection of handbags – including hot designs from Mary Francis, Loop and even some local designers. Gigi's Mode is located at 960 Ann Arbor Trail in downtown Plymouth. Call (734) 254-9774.

"Homegrown" Goodies You can find a wide assortment of all that is made in Michigan at Michigan Made and More. Shown are just a few of the delicious items that can be purchased individually or added together to make a wonderful gift basket. Shown are Cherry/Blueberry preserves, Detroit Meat Rub, Fireside Chai Tea and Mackinac Marinara pasta sauce. Find these and many more locally made treasures at *Michigan Made & More, 830 W. Ann Arbor Trail, Downtown Plymouth 734-207-8794.* 

The Trail of Painted Ponies Figurines are inspired by original, life-sized ponies beginning as a New Mexicobased public art project. Each Painted Pony is crafted with exquisite attention to detail making it a miniature work of art in its own right. They are all sequentially numbered and accompanied by a "story tag" which tells the tale of the Pony and information about the artist. This pony as well a many other designs can be purchased at *Native West, 863 W. Ann Arbor Trail, Downtown Plymouth, 734-455-8838.* 

All That Glitters. Anyone looking for the perfect accessory will find it at Plymouth Jewelry & Gifts. Circle your wrist in a stunning array of colors with this 14-carat, two-tone custom-made bracelet, which features amethyst, peridot and citrine stones accentuated with diamonds. Bracelets, earrings, necklaces and one-of-a-kind rings with designs to fit your style can be found at *Plymouth Jewelry & Gifts, 620 Starkweather in Plymouth's Old Village 734-453-1860*.

The IPot, the best selling tea pot at TranquiliTea, comes in three different sizes; 17, 24 and 40 ounces. The top can be removed for easy cleaning or heating water in the microwave. Well balanced for ease of pouring, each IPot comes complete with its own loose tea strainer and in a variety of colors, making it both beautiful and functional. This and many other teapots as well as a wide variety of unique teas can be purchased at *TranquiliTea*, 580-3A Forest Ave., Downtown Plymouth, 734-459-9686.

Where the Sun Always Shines. Sunny J's carries a variety of swimwear all year long from top designers like this empire waist halter tank top with flattering apron by Tara Grinna. Other styles are available in one piece tank suits, maillots, tankinis and two piece separates with a variety of tops and bottoms. Professional fitters

are on hand to help you find swimwear that will not only fit your body but will flatter your figure. Sunny J's Lingerie is located at 550 Forest Avenue, Downtown Plymouth 734-453-8584

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Melon Delight Summer Party is the perfect gift for any occasion and it also makes a great party centerpiece. This fruit bouquet of juicy watermelon, pineapple daisies, cantaloupe, honeydew and grapes is a perfect compliment for summer picnics and barbeques and can be purchased at Edible Arrangements, 873 W. Ann Arbor Trail, Downtown Plymouth 734-459-9620

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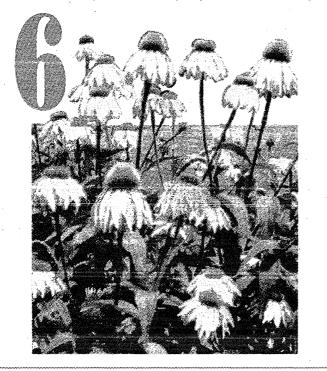
An Oprah Pick in Plymouth. Havianas, "the best rubber sandal in the world," are made from a secret rubber formula. These flip flops are butter-soft, bouncy, flexible and durable. Not only are they gracing the runways at New York fashion week, they are available at Bella Mia, right here in downtown Plymouth. An 'Oprah's Pick,' the flip-flops are available in assorted colors and are dishwasher safe. *Bella Mia is located at 535 Forest Avenue. Call* (734) 656-0057.

**Fragrance That LOOKS Beautiful.** Beautiful fragrance lamps...a high quality, simple styling offered in a wide range of colors and filled with unique scented oils, these glass lamps transform every room into a luxurious, tranquil setting. With many scents to choose from, the perfect scent is available. They make great gifts for showers and birthdays and can be purchased at *Beau Chic, A Salon & Boutique, 47233 Five Mile, Plymouth 734-451-2442.* 

This twist on the classic little black dress is one example of the many trendy fashions being sold at a fraction of their original prices at Second Time Around. Featuring fashions for different tastes and different occasions, this quaint boutique sells clothing which is current, clean and in great condition. Every item in the store is unique and the selection changes daily, so shoppers can stop in often and find fabulous fashions for less. Stop in and see for yourself at *Second Time Around, 445 Ann Arbor Trail in Plymouth. Call (734) 737-9133.* 

Beauty is Art. Permanent cosmetic make-up application takes skill and being artistic is the key. Body proportions and facial features come into play in choosing custom colors and shaping for a very natural and soft look. Jacqui at Permanent Make-Up will apply eyebrows for a youthful look, eyeliner making lashes look fuller and lips for around the clock beauty enhancement. For those individuals with scarring, camouflage color is matched to the skin and the marks seem to disappear. Jacqui has been in the field of beauty for 36 years and applying permanent make-up for 17 years. For more information contact Artistic Permanent Make-Up, located at 1257 S. Main Street, Plymouth. 734-455-6980.

**Kim's Knee High Coneflower,** Clear pink, fragrant daisy-like flowers bloom July to October. A butterfly magnet and good cut flower. Reddish gold centers turn black in fall to provide seed for Goldfinches. At 24" tall, this dwarf selection is great for smaller gardens, patios or the front border. Also well suited for native and wild gardens. Performs best in full sun and well drained soil. A sweet addition to any girly-girl garden, this perennial is available at *Plymouth Nursery, Plymoutb Road at Gotfredson Road, Plymouth Township, 734-453-5500.* 



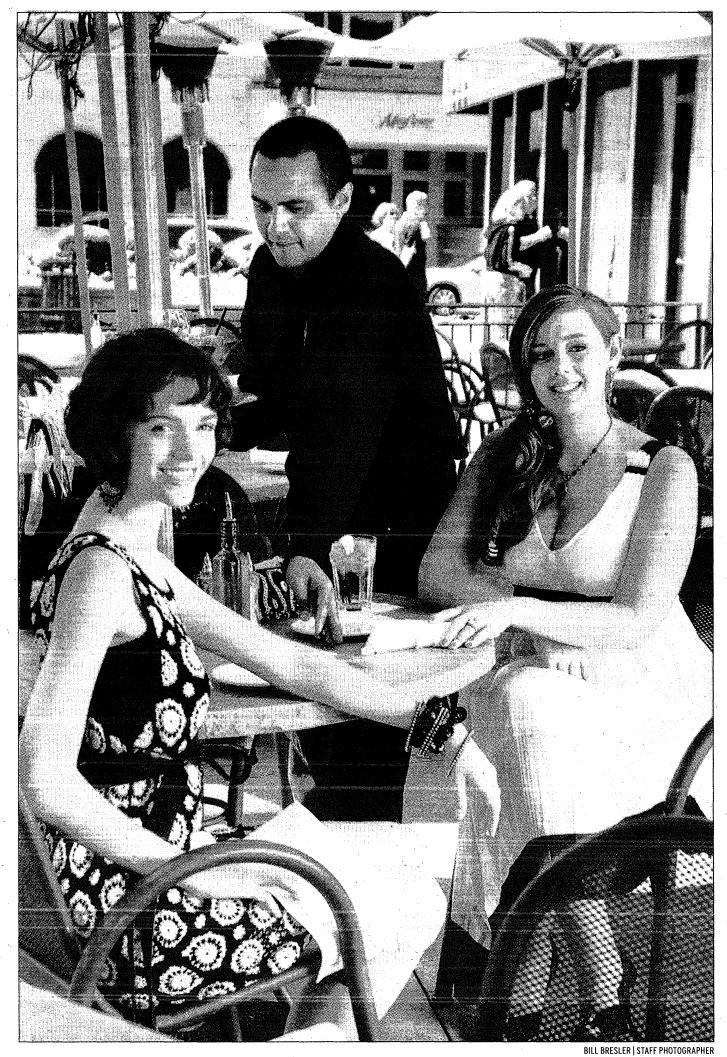


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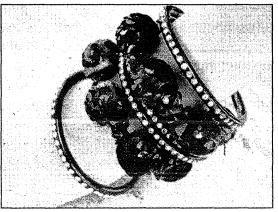
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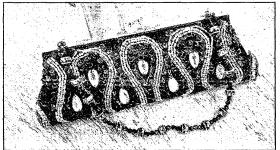




Erin leans through an archway at the Mayflower Building in downtown Plymouth, which houses Spa Juliana.



Stacked bangles, with sequined beads and rhinestones, \$8 each at Bella Mia.



Embellished evening bag with beaded handle, \$34 at Bella Mia.

Erin and Lauren relax at Fiamma's outdoor cafe, served by waiter Sean Spencer of Canton. Erin wears a Free People crochet dress (\$128), Obi belt (\$22) and black heart flip flops (\$58). Lauren wears a Beaubois lightweight silk and satin dress (\$158), accessorized with rhinestone earrings, a cocktail ring, black satin pumps and a beaded bag.

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### Petite Problems

### BY WENDY PIERMAN MITZEL SPECIAL TO PINK

It's no small problem being small in stature. For some women considered petite in size, finding clothes that fit their tiny frames is a chore.

"It's exhausting," says Nancy Gies of Sterling Heights. The events coordinator for FanClub Arts Foundation dreads the petite section, but is often directed there by store personnel because of her height.

"I'm 5 feet tall with a 30-inch inseam," she explains. "Trying to find a pair of pants that fit is a joke."

So it should come as no surprise that Saks Fifth Avenue at Somerset Collection recently reintroduced its petite section.

According to Fashion Director Cheryl Hall at the Somerset store, Saks had exited petites in 2005 to broaden its other sections that served size 2s and 0s.

However, says Hall, "petite customers let us know that's not how they wanted to shop."

And so without much further ado petite lines were back in the store by November of last year.

"The response has been phenomenal," Hall says.

The Saks petite area features merchandise from a variety of American and international designers including Lafayette 148, Eileen Fisher, Ellen Tracey and Dana Buchman.

Petite clothing is tailored to fit the proportions of women 5"4' or shorter. The trend began in the early 80s when designers started to tailor clothes to fit the shorter woman in sizes 2-14. According to Hall, the silhouette features shorter rises in the waist, shorter hems and sleeves, narrow shoulders and shorter lengths in shirts and jackets.

"A petite shape can be all sizes," she says. 'But can it fit all styles?' is what some women want to know.

We definitely started with what you

would call a more classic selection," explains Hall. "Yet staying on trend is something we are proud of."

She adds that many of the younger petites that gravitate toward edgier fashions find their styles and sizes in the junior sections where fashions are designed with a leaner, more modern fit.

Still some are skeptical that expanding petite lines will mean better and more fashionable selection. In fact, Nancy Gies

often leaves clothing stores with nothing to show for her time.

"I feel like I'm shopping for my mom," she explains. "I have a hard time finding things in style. Most of it tends

### **PETITE SHOPPING POINTERS**

Many women who are actually petite are really only smaller either on the top or bottom. Mixing and matching from different departments is the key to getting a good fit. Try these tips available with more detail on the Web site.

• Scale down accessories. Choose slightly narrower belts, shorter scarves.

• Stay away from big, bold prints.

• Long body, short legs? Dress to emphasize your top half. Stay away from very wide leg trousers. Especially wide leg, cropped trousers.

• Short body, long legs? Stay with one color, wear low waist trousers and short fitted jackets.

Top heavy with narrow hips? Wear v-neck tops, no turtlenecks or sleeveless shirts. Three-quarter length sleeves flatter. Wide leg trousers work well with this shape.
Slightly smaller on the top than the bottom? Avoid pleats that draw interest to the waist and hips. Do wear sleeveless and strappy tops.

Source: www.petitepersonalshopper.com

#### Where to Shop: Talbots/Talbots Petites

Ann Taylor Loft JJill Nordstrom Banana Republic Petite Sophisticate at Birch Run Bloomingdales.com Thepetitewardrobe.com

to be for grandmas and a lot of it has elastic waists or polyester."

Most often Gies buys misses sizes and has them professionally altered, but occasionally a stop at Banana Republic or special orders from the Gap will net her an outfit. At American Eagle she can sometimes find a top that fits her proportions. Most regular tops are simply too long. And coats and cocktail dresses? Forget about it. "Evening wear is really a hassle," she explains.

Hall understands that it can be difficult to find the right fit as a petite, but suggests exploring the possibilities in other sections is a good way to find your style.

"What I would encourage any petite client to do is start in the petite department, find what line and what size fits you and you can translate that into misses sizes. The sales associates are great at this. You just need to figure out the formula," she adds.



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Zeta Tau Alpha

# Tigers wife goes up to bat for kids

#### BY WENSDY VON BUSKIRK

Shani Inge knows firsthand the impact illness has on a family.

Growing up in Cape Cod, Massachusetts, her 5-year-old brother had a near-fatal bout with spinal meningitis. It was a dark time, Inge recalls, and as a child she was often left to deal with her fear and uncertainty alone.

"I remember as a sibling feeling very disconnected," she recalls. "I was always left at home. I didn't understand - as much as (my brother) didn't understand - what was going on. He just wasn't there, and nobody could really tell me what was going on. I wasn't really welcome at the hospital."

Thankfully, Inge's brother made a full recovery, but the experience hasn't left her.

Now the wife of Detroit Tigers third baseman Brandon Inge, Shani is dedicated to helping children - and their brothers and sisters - face life-threatening conditions.

Since 2003, Shani and her husband have made regular visits to the C.S. Mott Children's Hospital pediatric cancer ward. There, they meet with patients, and hand out special baseball caps to children who reach milestones at the hospital.

"Whether they're starting their first day of chemo, or finishing their treatment, they'll get one of these hats that will be signed by Brandon," Inge said.

The University of Michigan Health System is in the process of building a new C.S. Mott Children's Hospital and Women's Hospital, and the Inges have taken a lead role in the fund-raising campaign, which has so far brought in more than \$50 million. They host special fund-raising events, and recently donated \$100,000 to fund an activity center for the Pediatric Cancer Infusion Area within the new hospital.

"Kids are having these awful procedures done, hopefully they can forget about it for a minute and play Xbox or listen to music or do whatever they want to do," Inge said.

Activity centers will be located on every floor of the new hospital, to house the hospital's Child and Family Life Activities, according to U-M Health Systems spokeswoman Krista Hopson. They will be places where patients and their families can do crafts, access computers, celebrate birthdays, and learn about medical tests and procedures in an age-appropriate way.

Although the new center isn't set to open until 2011, the Inge's recently launched a contest, "Up to Bat with the Inges," that invites children to name the activity center they are sponsoring.

"We've offered the naming of the room back to the kids, not just patients, but all children. They have to 16 • Pink • July 2007



### **STYLE PROFILE: SHANI INGE**

Favorite shop: Saks Fifth Avenue Favorite designer: Tory Burch Signature scent: Trish McEvoy '9' Must-have in your beauty bag: Kiehl's Lip Balm #1

Best place for power lunch: The upstairs deck at Palio in Ann Arbor Favorite date with hubby: Dinner and the bookstore for coffee and conversation

Top way to de-stress: Having my hair done

Key to your health: Consistent workouts with a trainer Guilty pleasure: The quiche at

Afternoon Delight in Ann Arbor **Good luck charm**: A ring from Brandon with our son Tyler's birthstone in it

**Mantra**: Seize every opportunity to enjoy this life, be a great mother and wife

submit a 100-word essay or illustration, and Brandon and I will choose the best name," Inge said.

Shani met Brandon Inge, who is from Lynchburg, Va., in 1997 when he played in the Cape Cod League, an exclusive collegiate wooden bat league that feeds the Majors. He was drafted by the Detroit Tigers the following year.

Once the couple moved to Michigan, Shani, who earned a bachelor's degree from Wheaton College and a master's from Suffolk University, both in Massachusetts, worked as a legislative liaison in the Office of Government Relations at U-M.

She became acquainted with C.S. Mott Children's Hospital four years ago, when the Detroit Tigers Wives Association held a community picnic "Up to Bat with the Inges!"

Brandon and Shani Inge invite children to name the pediatric cancer clinic activity area at the new C.S. Mott Children's and Women's Hospital.

**To enter**: Send suggested name, along with a 100-word paragraph or illustration, and a donation in any amount to:

Up to Bat with the Inges! 301 East Liberty St., Suite 400 Ann Arbor, Mich. 48104 **Deadline**: Sept. 1, 2007 Five finalists will be chosen, and the public will be invited to vote online for their favorite. The winner will have their room name displayed on the center, and enjoy a night out with the Inges. **For complete rules**: Call (734) 998-7702 or visit our www. mottchildrenshospital.org

fund-raiser there. She brought her husband back, and soon the couple was hooked.

"Brandon does a lot of visits and really connected with a lot of the patients. He leaves with so many personal connections. We really felt we wanted to do something," she said. Shani said she loves the hospital's

Shani said she loves the hospital's family-friendly environment, a far cry from her experience as a girl.

"We were just at Mott the other day and the siblings are right there with the patients. This one little boy was in there and educating me about medical procedures. He had a backpack doctor's kit they gave him so he would know what was going on. They're just amazing over there." she said.

Brandon signed a four-year contract with the Tigers in December, 2006, so the Inges are committed to the area for some time. But Shani, now a stay-athome mom to son, Tyler, and expecting another baby, doesn't have much time to go to games.

"It's hard getting home at 11 or 12 at night, but we watch every game on TV. As long as we're watching baseball he seems pretty happy," Inge said.

### Meet Plymouth's New ShopGirl

PLYMOUTH - Second-hand clothing fans will love ShopGirl Vintage, new to Plymouth's Old Town neighborhood. Owner Kelly Chance opened her little pink-walled store this summer, and carries a fabulously edited selection of second-hand merchandise. ShopGirl clothing ranges from dresses and tops to a wall of already-broken-in jeans in virtually every size. Accessories include scarves (predicted to be THE fashion accessory for Fall), earrings, rings, bracelets, antique mirrors and more. Don't miss charming little necklaces Chance makes by sealing glittery photos of Hollywood icons like Maralyn Monroe in recycled bottle caps (\$12). One recent visit revealed a mint condition Prada bag, a great selection of '80s pumps and newly-arrived coats for Fall. The stock is always changing, depending what Kelly stumbles upon by pure chance. ShopGirl takes consignments, and gives customers 50 percent of what the merchandise sells for, which is a good rate in the world of resale. All unsold items are donated to women's charities if they're not sold or picked up within 90 days. You never know what you're going to find at ShopGirl, and isn't that the fun of resale shopping anyway?

ShopGirl Vintage is located at 640 N. Starkweather in Plymouth. Hours are Tuesday-Saturday. Call (734) 927-1249. Mention PINK and get 15 percent off your first purchase!

### Mariposa Opens for Business

ROCHESTER - Mariposa means butterfly, and metro Detroiters are invited to spread their wings and indulge in the area's newest fashion and beauty boutique. Owner Monique Zafarana has filled Mariposa Beauty Boutique & Studio with a collection of specialty products representing her favorite finds from around the world. Products include makeup from Paula Dorf and Senna Cosmetics, doctor and chemist-developed cosmecutical skincare lines, specialty fragrances and luxe candles from Voluspa, Seda France, Nouvelle, and more. Comfy clothing and jeans, modern handmade jewelry and unique gift items complete the boutique. Monique's background as a local and national makeup artist, along with her reputation as a knowledgeable brow specialist, guarantee a beautiful experience in Mariposa's makeup studio. She and her team offer services such as special event makeup, lessons and eyebrow arching by appointment. Don't miss Mariposa's "Girls' Night In" parties, where bridal parties or girl-friends can gather for expert beauty tips and services with food, drinks, and lots of laughs. Mariposa is located at 6814 N. Rochester Road in Rochester Hills. Hours are 10 a.m. to 7 p.m. Monday-Saturday. Call (248) 656-3400 or visit www.mariposabeautyboutique.com.



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You must submit at least <b>12 PINK picks</b> to be eligible. Use this issue's PINK Picks as an example.	Edy's Dibs
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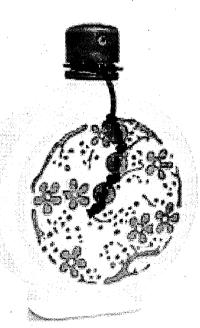
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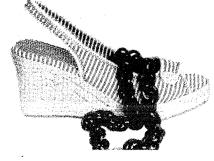
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