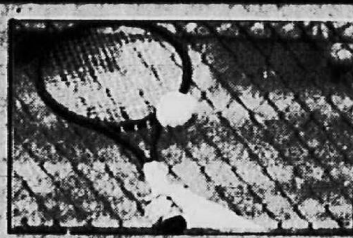


Area's students enjoy break from studies, 5B



Sibling rivalry, 1C

How our high schools came to be named, 10A

Plymouth Observer

Volume 100 Number 58

Monday, April 7, 1986

Plymouth, Michigan

52 Pages

Twenty-five cents

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plymouth pipeline

EXTRA MILERS: The Plymouth-Canton Board of Education, at its last meeting, honored two employees as Extra Milers — Laura Wiener and James Johnson.

Weiner, music teacher at Plymouth Canton High, holds a bachelor's and master's of music from Eastern Michigan University and has been with the district for 11 years. Her music duties include leadership of the CEP Swing Ensemble. In presenting the honor Trustee E.J. McClendon noted: "Her groups have performed throughout the community where they are recognized for their quality. She excites young people to do better than they think they can do."

Johnson, a special education teacher of emotionally impaired students at Central Middle School, began his work for Plymouth-Canton in a resource room at Pioneer Middle in 1980 and then moved to his present assignment at Central. He also serves outside the district as a captain in the U.S. Army Reserve. Lauding Johnson as a model of caring, McClendon said his service to the district is "constant, determined and committed to the youth with whom he works."

TALE TELLER:

Plymouth District Public Library will observe National Library Week this week by having Ruth Burr, a local storyteller, present "Folk Tales and Spoonerisms" at 11 a.m. and 2 p.m. April 12 at the library. The program is sponsored by Friends of the Library. Free tickets are available to students in grades K-5.

40TH ANNIVERSARY:

The Mayflower-Lt. Gamble Post 6695 of the Veterans of Foreign Wars will be celebrating its 40th anniversary with a dinner-dance on Saturday, April 19, at the post home, 1426 Mill just north of Ann Arbor Road in Plymouth. The Lt. Gamble Post 4626 was instituted on Dec. 2, 1945 and the Mayflower Post 6695 on April 11, 1946. The two posts merged July 13, 1983.

Please turn to Page 4

Cops watch speeders on Main

By Doug Funke
staff writer

If it seems that Plymouth city police have been unusually active on Main Street in recent weeks pulling over motorists for traffic violations, well, you're right.

Chief Richard Myers said he and his officers want to nip any potential trouble in the bud as the weather warms and more motorists and pedestrians are attracted to outdoor activities.

Also, Myers said, city residents are indicating in an on-going survey that they're concerned about traffic speeds and maintaining the peace in

Kellogg Park this summer.

Excessive speed, squealing tires and loud radios all violate traffic and noise laws.

"Most people agree Main Street is just too fast," Myers said. "You have to take into consideration density of traffic and turning cars and pedestrian traffic. I think 25 miles per hour is warranted for that reason."

"Any time you've got commercial development with high density of traffic you have potential for turning and rear-end accidents."

TICKETS GENERALLY aren't issued unless motorists travel at speeds of at least 35 miles per hour

in the 25 zone south on Main from Wing to Ann Arbor Road, said Officer Robert Henry, who spends a great deal of his time on traffic enforcement.

"Almost all are for 10 over."

Myers said his officers have no quotas on the number of tickets to write monthly. "If officers don't reach standards of other officers, we have a talk with them if necessary."

Non-traffic ordinances — especially relating to Kellogg Park — also will be enforced this spring and summer, Myers promises.

A measure approved last year by the City Commission closes the park at 10 p.m. and prohibits sports-relat-

ed activities there. "There were minor problems, nothing completely out of hand," Myers said.

"We recognize there are some drug violations and liquor violations in the park. We will do our best to stop that."

"We have met with the district court and the city attorney. We have made a commitment to the court through the attorney's office. We will write good tickets — not harassment — legitimate violations."

"THE COURT has responded there will be a price to pay," Myers said.

Perception problems — adults of youth and vice versa — can some-

times escalate a non-threatening situation into confrontation.

All people have the right to enjoy the park. "What our parks are for basically are for people to go to," the chief said.

"It's easy to get wrapped up in our own little worlds and forget how we're impacting other people out there," Myers said.

For example, there nothing wrong with congregating in the park in and of itself. Problems arise, though, when pedestrian traffic is blocked.

"If you come to town with the purpose of breaking rules, you will be talking to one of our officers," Myers maintains.

Hillside falls on hard times

By Doug Funke
staff writer

The historic Hillside Inn restaurant, a fixture in Plymouth Township since its founding by Jacob Stremich in 1934, apparently will be among properties up for delinquent tax sale next month by the Wayne County treasurer's office.

However, don't paint the current owners — brothers Salvatore and Stephen Messina — out of the picture quite yet.

The Messinas, in business together as Hillpointe Hospitality Corp., bought the property from Betty Stremich in March 1983 for about \$975,000.

Records in the township and county treasurer's offices indicate that the Messinas owe at least \$67,000 in property taxes dating back to their purchase.

Stremich has filed a lawsuit alleging that Hillpointe is \$57,000 in arrears on a land contract and promissory note payments to her relating to the purchase.

For now, Stremich is asking for immediate payment of \$650,163 plus interest or immediate surrender of the property back to her.

That case is pending in Wayne Circuit Court.

SALVATORE MESSINA conceded

that the business is currently operating at a loss even though it averages 600 diners on Saturdays and served 1,350 on Easter.

He attributed his woes in great part to "staggering overhead" since the purchase, especially energy and insurance costs.

Messina, concerned about the impact of negative publicity on the future of the Hillside, declined to discuss specifics of his financial difficulties.

"I'm not ready to throw in the towel," he said. "We have a huge investment there we're not willing to walk away from."

"Number two, I'm extremely confident in the performance of the present staff."

"Very honestly, we are gearing up and looking forward to an extremely prosperous and enjoyable summer on our deck."

The Messinas aren't the only persons with that hope.

"We are trying to work out an agreement and I hope it will be an amicable resolution," said Michael Pollard, Stremich's lawyer. "What I am looking for is that the purchasers will perform the agreement we signed in 1983."

BETTY STREMICH said she sold the restaurant because she was tired of the pressures and long hours of



BILL BRESLER/staff photographer

A current owner of the Hillside Inn says he hopes to hold on and reverse a losing situation at the historic restaurant.

running the business.

"I would hope, whatever happens to the Hillside, it regains the stature it should have in the community," she said.

The restaurant was making a profit when she sold to Hillpointe, Stremich said.

Just because the Hillside's overdue 1983 property taxes may be sold in May doesn't mean the purchaser of those taxes immediately obtains deed to the property.

Hillpointe still has 18 months to redeem the taxes — with interest — before foreclosure proceedings can

begin based on a tax lien, said Joseph Thompson, administrator in the county treasurer's office.

"I'm not going to speculate on the future of the restaurant," Pollard said. "I would hope the Hillside Inn would continue to do business as long as the community is here."

Tornado safety: A serious business

By Doug Funke
staff writer

A tornado has never touched down in Plymouth — at least to the knowledge of Charles VanVleck, director of emergency preparedness for the township.

Nor has VanVleck ever seen a tornado during his years as a volunteer weather skywatcher.

That's what has him worried.

"People have to realize it's not a question of if but when. It's going to happen some day. From a preparedness standpoint, you always work on the premise it's going to happen this year," he said.

Most tornadoes in Michigan will occur from April through July during late afternoon or evening hours, the state police emergency management division points out. Almost all tornadoes move in a westerly direction at average speeds of 20 to 45 miles per hour.

VanVleck, aware of human nature and how people react to years of uneventful warnings, expresses concern that many of us are letting down our guard.

"PEOPLE GET the impression we're in a safety zone and that they're going to go around us or over us," he said. "That's not the case. We've been very lucky up to now."

The standard advice still applies during a tornado warning.

Seek shelter immediately in basements — under heavy furniture, if possible. Avoid windows and glass doors. A warning means a tornado has actually been sighted or is strongly indicated by radar.

Persons who live in mobile homes are advised to go elsewhere during tornado warnings. VanVleck said he wouldn't even hang around that long.

"If I lived in a mobile home park and there was a tornado watch (opportunity for a storm to develop), I'd go then and visit a friend with a house," VanVleck said. "Go somewhere that has a good shelter."

It also pays to keep a battery-powered radio and a flashlight at hand for emergencies.

The Plymouth-Canton communities have mobilization plans in the event a tornado watch were called by the National Weather Service.

Volunteer skywatchers first take up positions along Napier from N. Territorial to Cherry Hill, then after

receiving delivery of radios, move further west.

IF A FUNNEL cloud were spotted, information would be sent to a command post at the Plymouth Hilton. From there, information is relayed to the city of Plymouth Police Department.

Plymouth Police would notify po-

lice departments in Plymouth Township, Canton, Northville and Northville Township by radio or telephone.

Plymouth Township public safety officials would then decide whether to activate a radio signal that alert all Plymouth-Canton schools and five key businesses in the area.

Those businesses would then begin a phone relay notification system of other businesses if the danger were to occur during working hours.

"If a tornado was imminent, students would be taken to pre-determined building safety areas," said Richard Egli, administrative assistant for community relations in the Plymouth-Canton schools.

"We'd certainly rather be safe than sorry," he said. "We take weather warnings seriously."

Sirens will sound a steady tone for three to five minutes when there is a tornado warning. To avoid confusion, there is no all-clear signal.

IF A TORNADO were to touch down in Plymouth, officials would mobilize at the township hall complex at Ann Arbor Road and Lilley. In Canton, a command post would be established at township hall at Canton Center Road and Proctor.

Mutual aid pacts with neighboring police and fire departments could be invoked, if necessary.

Persons are advised not to call regular police and fire numbers during a major storm unless an emergency actually exists. Tune to radio or television for updates on weather conditions, emergency preparedness officials advise.



FILE PHOTO

Ten years ago last month, a tornado slammed into West Bloomfield.

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Health FITNESS
SPECIAL SECTION

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obituaries

DONALD L. LIGHTFOOT

A memorial service for Mr. Lightfoot, 77, of Northville will be held at 11 a.m. tomorrow (Tuesday) in Schrader Funeral Home with burial at Rural Hill Cemetery, Northville. Visitation will be this evening at Schrader Funeral Home. Memorial contributions may be made to the Michigan Cancer Foundation.

Mr. Lightfoot, who died March 30 in Plymouth, was born in Morley, Mich. A retired independent contractor in heating and cooling, he moved to the Plymouth/Northville community from Belleville in 1928. He was a member of the Rotary Club of Plymouth and organized the club's first chicken barbecue which was the forerunner of the Plymouth Fall Festival. He was a charter member of the Plymouth Elks Lodge, and an officer in the Thompsonville Masonic Lodge, F & A.M.

Survivors include: wife, Ethel; daughters, Shirley Lightfoot of Melvindale, Joan Thompson of Alvarado, Texas, Susan Mullin of Silver Point, Tenn.; sons, Donald of Kalamazoo, Barrie of Indian Rocks Beach, Fla., John of Kalamazoo, and Jeff of Northville; 17 grandchildren and 4 great-grandchildren.

ANNA CHIMIENTI

Funeral services for Mrs. Chimienti, 100, of Canton Township were held recently in St. John Neumann Catholic Church in Canton with burial at St. Hedwig Cemetery, Dearborn Heights. Officiating was the Rev. Edward Baldwin with arrangements made by Schrader Funeral Home, Plymouth. Memorial contributions may be made in the form of Mass offerings or to the Salvation Army.

Mrs. Chimienti, who died April 3 in Ann Arbor, was born in Italy and moved to Canton in 1981 from Dearborn. She had come from Italy to Dearborn 65 years ago.

Survivors include: son, Gus of

Dearborn Heights, Sandal and Paul, both of Dearborn; daughters, Lenore Kurth of Canton, Rose Bonk of California, Lena Scanlon of California, Jessie Sdao of Southfield, and Phyllis Hornbuckle of Detroit; sister, Juliet Peroco of New York; 29 grandchildren and 28 great-grandchildren.

JOHN MIGDA

A memorial service for Mr. Migda, 38, of Safety Harbor, Fla., is planned for 11 a.m. April 12 in the First United Methodist Church of Plymouth.

Mr. Migda, who died April 1 in Safety Harbor, Fla., was a Plymouth resident for some 33 years. He was self-employed with J.M. Excavating Co. Survivors include: wife, Debbie; daughter, Emily; sons, Johnny and Matthew; mother, Virginia; and sisters, Jackie, Nancy and Jeri.

GEORGE L. O'CONNOR

Funeral services for Mr. O'Connor, 88, of Plymouth were held recently in Schrader Funeral Home with burial at Riverside Cemetery, Plymouth. Officiating was Lt. Larry Manzella. Memorial contributions may be made to the Canton Lions Club.

Mr. O'Connor, who died March 25 in Ann Arbor, was born in Chicago Ridge, Ill., and moved to Plymouth more than 50 years ago. An avid hunter and fisherman, O'Connor was a guard for the railroad who was retired.

Survivors include: sons, Roger Kiser of Canton and Howard Kiser of Fremont, Ind.; daughter, Ireatta Ruch of Flat Rock; and 10 grandchildren.

RICHARD L. RANGE

Funeral services for Mr. Range, 58, of Plymouth Township were held recently in Schrader Funeral Home with burial at Parkview Memorial Cemetery, Livonia. Officiating was

Pastor Neil G. Morse.

Mr. Range, who died April 2 in Ann Arbor, was born in Detroit. He was retired as a manager of a Secretary of State's office. Survivors include: daughters, Susan Murrah of Detroit and Janet Atkins of Golden, Colo.; step-daughters, Bonnie McWatters of Ann Arbor, Deborah Thams of Farmington, Sheryl Kerner of Keokuk, Iowa, Gwen Rippee of Petoskey, Christine Puckett of Livonia; brothers, Carroll Range of Livonia and Arthur Range of Utica; mother, Freda Range of Utica; and seven grandchildren.

EARL H. HOWE

Funeral services for Mr. Howe, 87, of Plymouth were held recently at Hendry Convalescent Center in Plymouth with burial at Knollwood Cemetery, Canton. Officiating was Lt. Larry Manzella with arrangements made by Schrader Funeral Home.

Mr. Howe, who died March 24 in Plymouth, was a retired railroad lineman.

FINBAR P. O'LEARY

Funeral services for Mr. O'Leary, 76, of Northville were held recently in Ross B. Northrop & Son Funeral Home with burial at Rural Hill. Officiating was the Rev. Leo Sheltreau.

Mr. O'Leary, who died March 30 in Middlebelt Hope Center, Westland,

was born in Detroit and had lived 60 years in Northville. He was a retired stock checker for Ford Motor Co. and was a member of the UAW. Survivors include: wife, Frieda; daughter, Anne White of Plymouth; son, Michael of Westland; brother, Jerry of Redford; four grandchildren and one great-grandchild.

AXEL H. JOHNSON

Services for Mr. Johnson, 60, of Lapeer were held recently at Glen Eden Cemetery with Pastor Jerry Yarnell officiating. Memorial contributions may be made to the American Diabetes Association.

Mr. Johnson, who died March 24 in Flint, was born in Detroit. He was a carpenter. Survivors include: wife, Hazel; daughter, Barbara Meyers of Plymouth; sisters, Alice and Esther; and two grand-daughters.

JOHN PETERSEN

Funeral services for Mr. Petersen, 51, of Westland were held recently at Schrader Funeral Home with the Rev. Ted Grotjohn officiating.

Mr. Petersen, who died March 31 in Wayne, was born in Copenhagen, Denmark, and moved to the Westland/Ypsilanti communities in 1960 from Denmark. He was a member of the Danish Club of Detroit, the St. Clair Yacht Club, and was a member of the Danish Brotherhood. He is survived by wife Winnie and father Kristian of Denmark.

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U-M alumni club organizes locally

A local chapter of the Alumni Club of the University of Michigan has been formed and is seeking to expand its membership among the estimated 2,000 alumni living in the Plymouth, Northville, Canton, and Westland area.

The club — officially designated the University of Michigan Club of the Plymouth Community — received a rebirth at the Plymouth Cultural Center on Jan. 20. (A Plymouth-Northville predecessor club disbanded some 20 years ago).

At the initial meeting, officers and board members were elected to serve until the annual meeting which will be held on Monday, June 2.

The officers are: Tom Turner, president; Jeff Lipschaw, treasurer; Robbin Lenardon, secretary; Pat Danna, vice president; and Marty Gargaro, district rep. Board members include Linda Brown, Bob Ev-

ans, David Keahl, Emily Lawrence.

A chance to learn more about the club (persons need not be a graduate of the university to become a member) is scheduled for 7:30 to 11 p.m. Friday, April 25, with "F-Bell Night" at the Box Bar in Plymouth.

No formal program is planned. The evening is planned as a chance to get acquainted with other alumni, learn about the club and reminisce.

The annual meeting will be held in the Plymouth Cultural Center in June. Other events planned include an outing to a U-M athletic contest and a family picnic this summer.

Interested persons may sign up for the P-Bell event by sending a check for \$10 per person (15 of which goes to provide scholarships to deserving local students) to Jeff Lipschaw, 480 Auburn, Plymouth MI 48170.


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Godfathers transform office on the Trail

By Penny Wright
special writer

Looks like fairy godmothers (in this case, godfathers) really do exist.

The Cinderella-type transformation of the old Michigan Bell building at Ann Arbor Trail and Deer in Plymouth is convincing testimony.

The Wade-Trim Group, an engineering and architectural design firm, has turned the 60-year-old building into a well-equipped, up-to-date office. The renovated building is headquarters for the firm's five subsidiaries. (The firm does consulting engineering work for Canton and for the proposed Son of Supersewer.)

THE TRANSFORMATION of the thick-walled structure took more than "wand waving."

The restoration, begun in the fall of 1981, turned out to be costly and full of surprises for company executives Bob Wade and Don Trim.

"We were too anxious to make everything original. The more we restored, in some cases the bigger the box we put ourselves into," said Trim, the firm's president. "We should have known better."

The two-story beige brick office is opposite Kellogg Park in downtown Plymouth. Visitors enter the building through an entrance hall bedecked with chandeliers and reddish tile floors.

Broad stairs to the second floor are lined with the original oak banister refinished to a natural hue. Tiny lights outline the banister giving the stairs an elegant appearance along with functional lighting.

Passing through the reception area and into the interior office spaces, a visitor is impressed by the roominess of the building. The 5,800-square-foot structure is divided efficiently into large offices, smaller work stations, meeting areas, centralized computing facilities and a small print shop.

"You are getting an atmosphere and a feeling here that you can't get with a new building. We are more comfortable than in a new building and it's not artificial," said Trim,

"What we have done is take the way things were done and made them compatible with today's work environment."

THE COMPANY'S centralized computing operation is a good example.

Placing a computer room in an office can be a problem. Such installations often require elevated floors to accommodate electrical cables and special air handling ducts to keep the computer operating at maximum efficiency.

Because of the Bell building's 12-foot-high ceilings, a false ceiling could be built between each floor. The 2 1/2-foot-wide false ceiling space makes equipment changes easy, said Trim. "In a new building we would have to design the changes special."

The Bell building has had a patchy past.

Originally the structure was used as a switching station in the years preceding the development of the dial telephone.

Wires from each telephone in the community passed through the basement of the building to the floors above. Calls were manually completed by operators. A wall pit with chimney on each floor was used by telephone personnel for soldering repairs.

Michigan Bell sold the building more than 20 years ago. By the time the Wade-Trim Group bought the building, the interior spaces had been used for many purposes including a coin shop and a beauty shop.

Trim explained the purchase. "Both Bob and I moved to this area in the late '60s. Our first office, an aluminum and glass building in Taylor, was out of the way, and entailed a long daily drive. This place was five minutes from home and better located for the geographical expansion of the business."

The group's other offices are in Taylor, Bay City, Cadillac, Rochester and Tampa, Fla.

WITH THE START of the restoration work the new owners got their first surprise.

The electrical wiring turned out to be brittle and unsafe, forcing the decision to completely gut the interior space.

"In the first two days we had three fires. When you touched the wall, the bare wires came together and caused a spark," said Trim.

The original budget for the entire remodeling job was \$80,000, and included an allotment for furnishings. Wade and Trim wound up spending \$40,000 for installation of the new electrical wiring before other renovations began.

More surprises followed. The building's old-style wooden windows proved disappointing. After devoting great effort to restoring the sashes to an operable condition, the windows turned out to be no match against winter winds. Unable to find storm windows to compliment the architectural style of the casements, the single-glazed windows were sealed shut.

Trim commented, "Heating bills are low despite the single-pane glass. The 16-inch to 18-inch masonry walls serve as heat storage for the building."

The "godfathers" encountered another surprise with the first-level flooring. Though the original flooring appeared to be oak, it turned out to be pine. Attempts to sand and restore the wood caused waves and ridges. A new wood floor was eventually installed.

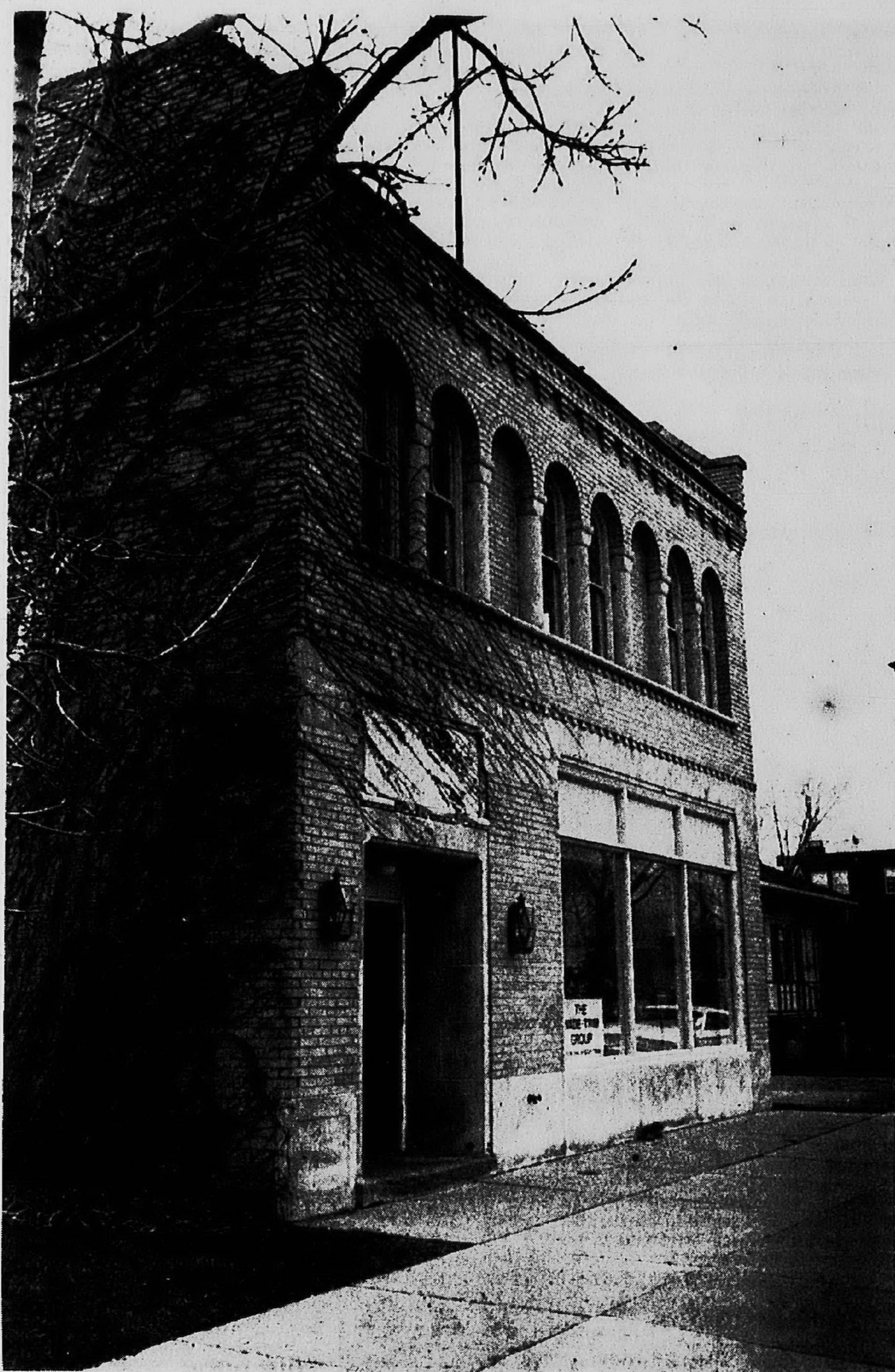
As the cost of the renovation exceeded \$200,000, Wade and Trim decided moving into the building was the only way to ease the financial drain.

CONTENDING THE restoration was a "real learning experience," Don Trim said the company would do it again.

Trim explained: "People are looking for roots these days. That's what this is. Modern office buildings don't have the stability and ambience of this building."

The engineer noted more businesses will probably look at converting older structures to fit their needs if the right building is available. "Renovating an old home wouldn't have worked for us. There aren't too many buildings you could do this to in our area. You would usually see more of this type of office renovation in large cities."

Current plans call for restoring the building's facade this summer. With a note of pride, Trim said company clients are already impressed with the transformation. "The building reflects the company philosophy. We aren't the typical firm, and the services we provide aren't typical."

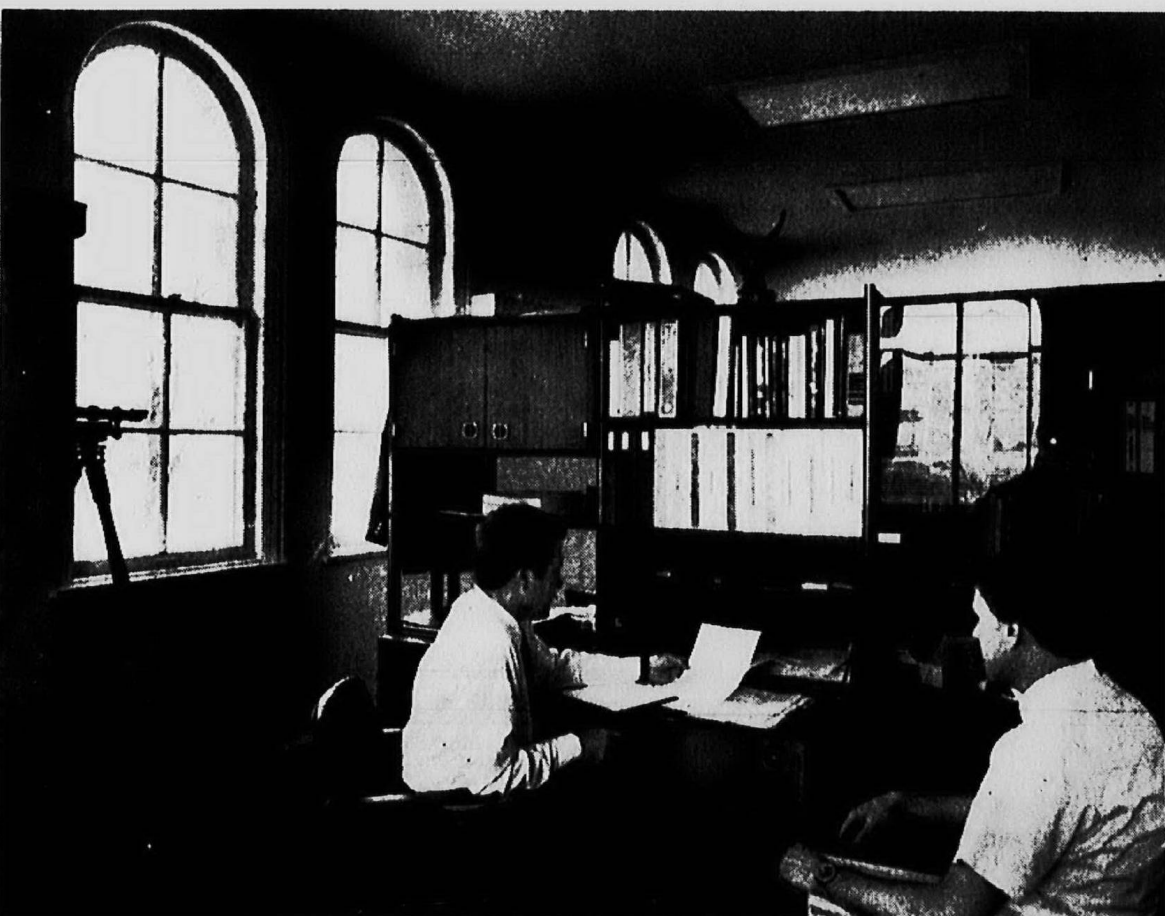


The former Michigan Bell building now is being renovated by The Wade-Trim Group.



The entrance hallway and stairs have been completely redone.

Staff photos
by
Bill Bresler



Bob Wade and Don Trim discuss the changes made and the mounting costs.

MEET TIFFANY BRISSETTE
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Pets appeal to all age groups

By W.W. Edgar
Staff writer

If you are growing old and suddenly get lonesome and in need of a friend — a dog, cat, bird or any sort of animal — or if you have children in need of pets, you won't have to travel far.

You will find many pets on South Main in Plymouth in the building which for many years housed the Early American Shop.

It is a modern pet shop operated by Leonard Henning of Detroit, who was born and raised in Brighton.

"All of my young life," he said while getting the old furniture store in order. "I studied birds and all sorts of pets."

HE SPENT most of the time with the birds. He made a study of them and then became affiliated with a bird club. "I also got acquainted with tropical fish and all the latest requirements to take care of them."

Aside from all these things, he has a good supply of snakes — pet snakes — and will have guinea pigs and all sorts of other pets within the next few weeks.

"We even will have spiders for all those who would like spiders. If there is any kind of pets desired, we will have them."

Why did he choose downtown Plymouth as a place to set up a modern pet shop? "Because I like the place. The streets are always clean and a person can drive around them with little, if any, trouble."

"So I thought this would be the sort of a place people wouldn't mind coming to for unusual shopping."

"I have longed for a place like this and now I expected to have it with a manager, Nicholas Keszetar.

"AND ASIDE from all the pets, we have all sorts of proper food and anything that is needed to keep pets healthy and pleasant, as you would like to have them."

He hesitated for a moment, then smiled and said: "We will have special foods and furniture that is needed. This will be especially true with the bunnies."

"I am playing a hunch, and I just hope I can help make old folks or even youngsters happy," he said, adding that he will offer discounts to senior citizens.

sentence was intended to read "now on sale" instead of "not on sale." For those who never acquired a copy of the first edition, or are looking for an unusual gift, the second edition is on sale at such places as Plymouth Book World, The Book Stall on Main in Northville, the Plymouth Historical Museum, Borders in Ann Arbor, and Little Professor's in Ann Arbor and Farmington.

OPAL BENEFIT: The Plymouth Theatre Guild is sponsoring a special matinee performance of "Everybody Loves Opal" to benefit the Muscular Dystrophy Association at 2 p.m. Sunday, April 27, at the Rackham Auditorium, Detroit. The box office opens at noon. Rackham Auditorium is in the Engineering Society Building near the Wayne State University

campus at 80 Farnsworth. Tickets are \$10 for adults and \$8 for children younger than 12 are available at all AAA locations and metropolitan J.C. Penney ticket outlets. Visa and Mastercard will be accepted. Tickets also can be obtained by mailing a self-addressed, stamped envelope and a check made payable to "MDA" to P.O. Box 451, Plymouth 48170. All proceeds are tax deductible and will go to the Muscular Dystrophy Association. Immediately after the performance prizes will be given away, including three hours of complimentary limousine service and a Happy Endings dessert. For ticket information, call the MDA office during business hours at 381-3838 or Cynthia Lewandowski at 459-0089 after 5 p.m.

OIL DEMONSTRATION: Lynne

Paquette, a painter who lives in Plymouth, will be giving a Painting & Oils Demonstration beginning at 7:30 p.m. April 10 at Northville City Hall. There will be a donation of \$2 accepted. Paquette will be participating in the 2nd Thursday Lecture Series of the Northville Arts Commission.

RELEASED: Dr. Sandra McClellan of Plymouth, associate professor of special education at Eastern Michigan University, will receive \$800 and one-quarter released time to complete field testing and prepare a program on teaching pre-mathematical skills to children and adults who are mentally retarded for publication. Dr. McClellan also was recently appointed field editor for Teaching Exceptional Children, a journal of the Council for Exceptional Children.

plymouth pipeline

Continued from Page 1

OOPS!: Typographical errors, the bane of editors, also strike columnists occasionally. The latest victim was Helen Gilbert, author of "Tonquish Tales," when an item in the Observer noted that the second edition of her book "is not on sale in many bookstores." While that may be true, the edited and revised second edition also is on sale in many bookstores. The

Tornado tips

Continued from Page 1

VanVleck said he's always looking for volunteers to train as Skywatchers and emergency shelter managers. He can be reached at 453-2548.

Everyone, though, can respect nature and take alarms seriously.

"I happened to be in West Bloomfield when they were blase and a tornado struck in 1974," said William Lenaghan, director of emergency services in Canton.

"I think the potential is always there. There is no safeguard I know of except taking cover. My family always goes to the basement."

Plymouth Observer

(USPS 436-360)

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Rouge 'friends' gird for big cleanup

By Teri Banas
staff writer

Facing a two-month deadline, the newly formed "Friends of the Rouge River" last week vowed to put the drive toward a June 7 cleanup program into overdrive.

"You are the ones that are going to play a critical role here," said James Murray, member of the state Water Resources Commission. The Rouge group met Thursday night in Livonia.

Washtenaw County's drain commissioner, Murray was one of the 11 directors elected to represent the diverse group of residents from Wayne, Oakland and Washtenaw counties.

A SELF-STYLED citizens advocacy group, Friends of the Rouge in

coming weeks will plan a joint cleanup work day and celebration event for June 7.

In addition, recreational activities will be hosted that afternoon by area parks and recreation departments.

Volunteer efforts will include removing logjams and debris, picking up litter, painting and repairing rest stations, docks and bridges, according to a staff report from the Southeast Michigan Council of Governments, a participating agency.

The SEMCOG report also advised that cleanup sites for volunteers be carefully selected taking into consideration locations near combined sewer overflow points, where raw sewage is routed.

RESPONDING TO concerns about health risks from polluted waters, Murray told the group of about 35

Thursday that the Wayne County Health Department has drafted a health advisory report. He said the department assured organizers that "the river is not that dangerous if you don't breathe it in or swallow it."

"It was encouraging to us," Murray added. "The risks are very minor. As long as you follow prudent health practices, there should be no risk at all."

That means people with an open wound or cut should avoid water contact because of the potential for bacterial infections.

Overall, added a SEMCOG source, short-term contact with Rouge water should not be hazardous.

OTHERS ELECTED to the board of directors included:

R. Eric Reickel, head of the Wayne County Parks and Recreation

Department; Ted Textor, WJBK-TV weatherman, whose station is co-sponsoring the event; Jack Smiley of University of Michigan-Dearborn.

Carla Worsham, Westland resident employed by the Army Corps of Engineers; Steve Marshal, Southfield Parks and Recreation director; Kay Cushman, Dearborn League of Women Voters; Milt Handorf, Oakland County Public Works director.

Grant Hyatt, Dearborn physician; Don Kirchbaum, Detroit Parks and Recreation director; and Judy Nelson, a Dearborn Heights former schoolteacher.

ORGANIZERS intend to raise money for the cleanup effort. They expected to announce tomorrow the inclusion of a major corporate sponsor.

Murray confirmed last week that

the sponsorship has enabled the group to pay for the full-time services of the director of the Rouge River Watershed Council, Bruce Monson, who previously worked 20 hours a week. Other "consulting" services will be made available with the grant money.

The corporate sponsor is expected to infuse some \$50,000 into the effort the first year, with some \$250,000 going into the total effort, sources said.

Classified by international concerns as the most polluted river in Michigan, the 125-mile waterway last October became the focus of a state-led long-term cleanup expected to take more than 20 years.

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Artists' love of wildlife on display

By Timothy Nowicki
special writer

Appreciation for the natural world takes on many forms for various people. Some find rocks and minerals interesting, others enjoy birds, plants or salamanders.

Everyone for centuries has enjoyed natural vistas like waterfalls, mountain ranges or glowing red sunsets.

Nature has been an inspiration and source of intrigue for thousands of years. Early expressions of man's contact with nature were his cave drawings.

ALTHOUGH THESE drawings are not as sophisticated as the wildlife art that will be on display April 10-13 in the Southfield Civic Center,

nature

26000 Evergreen, they do document man's first attempt to paint wildlife.

Wildlife artists in the third annual show, sponsored by the Michigan Wildlife Habitat Foundation, use various media to express their feelings toward wildlife.

Woodcarvers, bronze sculptors, oil, watercolor and acrylic painters all have shown their works at the show.

These artists are intimately familiar with the habitat of wildlife, structure of the animals and even their behavior.

THEY have prints and originals on display and for sale to help raise money to save the animals and habitats featured in their art.

Examining the various interpretations of each artist and their skills required to produce such works of art is another way of appreciating nature.

Each artist expresses his subject in a way different from the others. Nature's infinite variety allows an endless expression of its subjects.

Timothy Nowicki is a freelance writer who teaches evening courses on nature and biology.



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Treatment of shoulder arthritis differs from therapy used in the hands and knees. Many people with shoulder pain and immobility are in their 60's or 70's and are on multiple medications. Adding another medication to fight arthritis complicates their medical program and brings up the possibility of drug interactions. To avoid this problem, physicians often rely on shoulder injections to a greater extent than used in arthritis of other joints.

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Lucas aide defends his retirement moves

One of County Executive William Lucas' top aides believes he is being unnecessarily criticized for jumping from one of Wayne County's top jobs to a much less important job in order to qualify for a \$21,600-a-year pension at 45.

Jamil Akhtar last week left his post as one of three assistant county executives and became a claims department manager in the county's risk management department.

In his new slot, Akhtar is a union member of AFSCME (American Federation of State, County and Municipal Employees). The old job paid \$68,000 a year, the new

one, which was budgeted but not filled all year, pays \$37,000.

AHKTAR MAY not serve in the job but use vacation and leave time until May 2 when he retires. He plans on practicing law with a former assistant to Oakland County executive Dan Murphy from a Birmingham office.

Akhtar said he will actually save Wayne County some \$80,000 over his expected natural life when he takes the early retirement May 2.

County commissioner Richard Manning, D-Redford, one of those critical of Akhtar's

retirement, said, however: "It's what's called cronyism. It's the same thing they (Lucas staff) complained so virgously about in the road commission."

Akhtar's critics said that as an assistant county executive Akhtar helped design the 20-year-and-out pension plan that he is now taking using to retire.

Akhtar claims, however, there is nothing wrong his retirement, after 22-1/2 years of county service, and indicated he is unnecessarily being singled out.

SOME "450 county employees took early retirements — not just Jim Akhtar," he

said. Akhtar said his early retirement benefits to age 72 will amount to \$638,000. He said if he retired 2 1/2 years later as an assistant county executive he would get benefits of \$25,000 a year and a total of \$712,088, assuming he lived to be 72.

"My early retirement saves the pension system \$80,000," Akhtar said. "By actuarial tables, I'm dead at 72."

As a Lucas appointee Akhtar, however, may not have been reappointed under a new county executive to finish a 2 1/2-year stint. Lucas, running for governor, will leave the job of county executive at the end of this

year. Akhtar has worked for Wayne County for 22 1/2 years. For 19 1/2 years, he was in the Sheriff's Department and once headed the deputies' union, Local 502 of the Service Employees International.

He moved to the executive staff when Lucas was elected county executive in 1982.

According to a Detroit newspaper gossip column item, Akhtar was angry that his executive staff parking pass was lifted last week.

Akhtar's version: "Ron Chapman (Lucas' chief of staff) overreacted. I guess he was trying to assert himself as the boss."

April Shower of SAVINGS



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BREVITIES DEADLINES

Announcements for Brevities should be submitted by noon Monday for the Thursday issue and by noon Thursday for the Monday issue. Bring in or mail announcements to the Observer, 489 S. Main.

RED CROSS BLOODMOBILE

The American Red Cross Bloodmobile will be at the following locations:

Monday, April 7 — At St. John Episcopal Church Parish Hall, 574 S. Sheldon, Plymouth, from 2:30-8:30 p.m. For an appointment call Cindy White at 348-2630.

Wednesday, April 16 — Plymouth Elks Lodge, 41700 Ann Arbor Road east of Lilley, Plymouth, from 3-9 p.m. For an appointment call Boyd Shaffer at 459-2206.

HISTORICAL LECTURE SERIES

Tuesdays, April 8, 15, 22 — The Plymouth Historical Museum will be hold a series of lectures beginning

7:30 p.m. Tuesdays, April 8, 15, 22, in the Plymouth Historical Museum, 155 S. Main at Church. Dennis Jaworski will discuss "Native American Artifacts," David Jefferson's talk is "Light the Night with Kerosene Lamps," and Thomas Forshee's topic is "Chinese Export for the American Market." The series tickets are \$10 and singles are \$4. Tickets may be purchased at the Plymouth Historical Museum, at Old Village Country Store at 196 W. Liberty, or at the door.

BASEBALL LATE SIGNUP

Wednesday, April 9 — Late registration for the Plymouth-Canton Junior Baseball League will be held from 7:30 to 9 p.m. for boys and girls ages 7-18 in the cafeteria of Plymouth Canton High School. There will be a late charge of \$10 per family in addition to the regular registration fee. There are limited openings for boys 7-12 but many for girls age 13-18. Potential managers or umpires for the 1986 season are requested to sign up at this time.

S.T.E.P. TEEN

Wednesday, April 9 — Systematic Training for Effective Parents for teens offers a way to raise teenagers today. The class features group discussion to improve communication,

develop more responsible teen behavior, and enhance teen self-esteem and self-reliance. The sessions, sponsored by Plymouth-Canton Community Education, will be from 7-9 p.m. Wednesdays in the Viewing and Listening Room of the Plymouth Canton High Library. Charge is \$17 per person for the training which will run April 9 through May 4. For more information, call 451-6860.

CRIME PREVENTION

Monday, April 14 — A crime prevention class will be held beginning 8 p.m. on the second floor of the city of Plymouth Police Department. Learn how to prevent crime and/or be the "eyes and ears" for your local police department.

COFFEE WITH PRINCIPAL

Thursday, April 17 — The Coffee with the Principals for parents of students at the Centennial Educational Park will begin at 9:30 a.m. in the conference room of Plymouth Canton High. Participating will be principals Bill Brown, Tom Tattan and Ted Wybrecht.

CREATIVE WRITING CLINIC

Thursday, April 17 — Canton Public Library is sponsoring a creative-writing clinic beginning 7 p.m. in the library. Bill Linn, University of

Michigan-Dearborn professor, will examine writing samples of those planning to attend who submitted writing samples to the library. Dr. Linn, author of the current novel "Missing in Action" will give pointers to those seeking publication and discuss the samples he has received. Sign up to attend by calling 397-0999.

SUCCESS SEMINAR

Saturday, April 19 — "Highway to Success" will be sponsored by the Plymouth Jaycees from 9 a.m. to 4 p.m. in the Masonic Temple, Penniman Avenue between Main and Union in downtown Plymouth. The seminar will offer insight in the areas of real estate, investing, starting a business, time management, and the

legal system. The charge of \$7.50 includes a lunch. For reservations call 453-7252.

FOOTBALL SIGNUP

Saturday, April 19 — Plymouth-Canton Steelers Junior Football signups will be held from 10 a.m. to 2 p.m. Saturdays, April 19, May 3, 17, and June 7 in the lobby of Phase III adjacent to Plymouth Canton High School. Players and cheerleaders age 9-13 are eligible. The charge is \$50 per player, \$35 per cheerleader, \$125 family maximum. You must bring a copy of your birth certificate signed by your parent. For more information, call Sue Herman at 455-7299 or Linda Roushkolb at 459-9519.

WSDP / 88.1

WSDP-FM 88.1 is the student-operated radio station at Plymouth Centennial Educational Park.

PROGRAM HIGHLIGHTS FRIDAY-SUNDAY

- MONDAY (April 7)**
4:05 p.m. This Day In History.
5:05 p.m. Family Health — Herbal tea vs. regular tea.
- TUESDAY (April 8)**
4:05 p.m. This Day In History.
5:05 p.m. Family Health — Is preference for salt an acquired taste?
6:10 p.m. Family Report — Divorce mediation.
- WEDNESDAY (April 9)**
4:05 p.m. This Day In History.
5:05 p.m. Family Health — Cutting back on salt in your diet.
6:10 p.m. Community Focus — Host Noelle Torrance with an important person from the community.
- THURSDAY (April 10)**
4:05 p.m. This Day In History.
5:05 p.m. Family Health — Heart murmurs.

- 6:10 p.m. Chamber Chatter — Host Tani Secunda with Canton Chamber of Commerce news every other Thursday.
- FRIDAY (April 11)**
4:05 p.m. This Day In History.
5:05 p.m. Family Health — Immunizations against German measles.
6:10 p.m. CEP Sports Weekly — Host Dan Johnston with news of Plymouth Salem and Plymouth Canton High school sports.

- MONDAY (April 14)**
4:05 p.m. This Day In History.
5:05 p.m. Family Health.
6:10 p.m. Business Beat — Noelle Torrance hosts with Bernadette Strickland of John Casablanca's Modeling and Career Center.

- TUESDAY (April 15)**
4:05 p.m. This Day In History.
5:05 p.m. Family Health.
6:10 p.m. Family Report — Adopt-a-friend.

- WEDNESDAY (April 16)**
4:05 p.m. This Day In History.
5:06 p.m. Family Health.
6:10 p.m. Community Focus — Noelle Torrance hosts with an important person from Plymouth or Canton.

Pool cleared in case

Wayne County Prosecutor's office has decided Canton Supervisor James Poole did not violate the Open Meeting's Act as charged by Terry Chuhran.

Chuhran, Canton Township Clerk Linda Chuhran's husband, asked the prosecutor's office to bring charges against Poole for not calling on him during a board meeting.

At the Jan. 7 meeting Poole, chairman of the board, failed to recognize Chuhran and two other people in the audience, Terry Chuhran charged.

The last agenda item of the meeting — to amend the board rules to provide for a policy for the entire board on conflict of interest — also was bypassed. The item was placed on the agenda at Clerk Chuhran's request. An adjournment was called by Trustee Bob Padgett and supported

Chuhran guilty

Canton Township Clerk Linda Chuhran, who was ticketed following a Dec. 15 traffic accident in which she was driving a township car, was fined \$110 Tuesday for failure to use due care and caution.

The incident occurred in the midst of a controversy about Canton vehicles assigned to administrators. No injuries resulted from the accident.

Chuhran appeared before 35th District Court Judge James Garber. The civil infraction stemmed from a traffic mishap at Warren Road near Haggerty. According to a Canton Township Police report, Chuhran was driving west on Warren in the left lane when the car's brakes locked.

The car continued west into the right lane and into the intersection, crossing both lanes of northbound Haggerty. It then struck a car southbound on Haggerty. The report stated that the intersection was wet and salt-covered. The car Chuhran was driving skidded nearly 145 feet before impact, the report continued.

by Trustee Loren Bennett. Wiley Wilson, Wayne county prosecutor of civil and special litigation, said he reviewed letters from Terry Chuhran, the township attorney, as well as agenda and board proceedings of the meeting before making a decision.

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\$399.95 FISHER complete mini stereo system with AM/FM and dual cassette. DCS-W06.

4th. PRIZE:
\$169.95 SANYO car stereo cassette player with AM/FM tuner. Model FTE-10.

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<p>SAVE \$52.95 Sony 13" Trinitron Monitor/Receiver Trinitron one-gun-lens picture tube, square-cornered display, mirrorblack screen, direct video inputs, cable-compatible. KV-1365. Regular \$299.95. \$247 <small>LIMIT ONE</small></p>	<p>SAVE \$62.95 Admiral 15 Cubic Foot Freezer Textured steel cabinet and lid, adjustable temp. control, polyurethane foam insulation. CF-15 D3W. Regular \$359.95. \$297</p>	<p>SAVE \$62.95 G.E. 15 Cubic Foot Refrigerator 28" wide, huge vegetable bin, energy saver switch, auto defrosting, top-mount freezer section. TB-155GRW. Reg. \$459.95. \$397</p>	<p>SAVE \$42.95 Litton Little™ Microwave Oven 500 watts of microwave cooking power, mounts on a wall or under a kitchen cabinet, lightweight, only 33 lbs! 1110-LIT. Regular \$139.95. \$97</p>	<p>SAVE \$60.95 Whirlpool Under Counter Dishwasher Normal Heavy cycle, energy-saving Air Dry option, DURAPERM door liner. DU-1098. Regular \$249.95. \$189</p>
<p>SAVE \$32.95 Super Value 12-inch Diagonal Portable TV Separate VHF/UHF channel selectors, UHF loop antenna with VHF rod antenna. KT-1230. Regular \$79.95. \$47 <small>LIMIT ONE</small></p>	<p>SAVE \$36.95 RCA 19" Diagonal ColorTrak TV ColorTrak 127-ch. cable ready tuning, Quartz crystal tuner, auto color control. FLR-472. Regular \$329.95. \$293</p>	<p>SAVE \$62.95 Panasonic 25-inch Color Monitor TV 155-channel cable-compatible, quartz synthesizer tuner, audio/video jacks. CTG-2530. Reg. \$599.95. \$537</p>	<p>SAVE \$52.95 Tappan Gas Range with Lift 'N Lock Top Features decorative glass control panel, clock with four-hour timer, porcelain burner box, black glass oven door, glide-out broiler. Model 30-2024. Regular \$399.95. \$347</p>	<p>SAVE \$72.95 Whirlpool 3-Cycle Automatic Washer Features 3 automatic cycles, 3 water temp. settings, self-cleaning lint filter. LA-5430. Reg. \$369.95. \$297</p>
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<p>SAVE \$52.95 25 WATTS PER CH. Jet Sound 5-Band Graphic Equalizer 25 watts per channel, 4-way fader control, twin LED power level indicators. JSE-214. Regular \$119.95. \$67</p>	<p>FREE! \$25 VALUE DECK INSTALLATION (NORMAL INSTALLATION ONLY) PARTS AND EXTENSIVE WORK EXTRA</p> <p>SAVE \$20.95 DIGITAL PUSHBUTTON TUNING Audiovox AM/FM Stereo Cassette Electronically tuned radio with quartz clock, 12 station presets, auto seek tuning. AVX-932. Reg. \$99.95. \$79</p>	<p>SAVE \$50.95 AUTO REVERSE DOLBY NR Panasonic AM/FM Pushbutton Cassette FM Optimizer & Impulse noise quieting, fader control, locking fast forward/rewind. CQ-9530. Regular \$149.95. \$99</p>	<p>SAVE \$106.95 HQ CIRCUITRY WIRELESS REMOTE Panasonic VHS Video Deck with Remote 14-position 68-channel tuner, 11 function wireless remote, 14-day/2-event programmable, HQ circuitry, 1-touch recording, special effects playback. Model PV-1360. Regular \$379.95. \$273 <small>LIMIT ONE</small></p>	<p>SAVE \$17.95 DOLBY B & C NR Sanyo Cassette Deck with Dolby C Metal tape capability, dual 5-segment LED VU meters, auto stop, soft touch controls. RD-97. Reg. \$64.95. \$47</p>
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10A(P)

O&E Monday April 7, 1988

How 'Salem' High School got its name

Part 28

"Salem upsets Stevenson" the headline may read, referring to a victory of one of the local high school teams, or "Canton tops Northville."

The correct names, given by the board of education in the 1970s era, of course, are Plymouth-Salem and Plymouth-Canton high schools.

But students long ago, as well as teachers, administrators and even board members soon began to drop the prefix, eliminating the word "Plymouth."

So did those who write newspaper headlines, preferring "Salem" and "Canton" to the longer names — much to the chagrin of longtime residents.

"What happened to the Plymouth High I once attended?" they ask, complaining because "a little town like Salem gets all the publicity which by rights should go to Plymouth."

INITIALLY IT WAS proposed that four high schools be built at Centennial Educational Park.

At a meeting of the board in June 1968, the year voters authorized the borrowing of \$11 million for one high school and other purposes, one of the board members suggested that the four schools be named Plymouth High, Canton High, Superior High, and Salem High.

That proposal was not acted on but the board did decide to name the first school Plymouth High.

What circumstances led to the adoption of the names the schools bear today? First, a little background.

In July 1970, when the two schools were under construction, board minutes referred to them as Plymouth High and Canton High. A year later,

in August 1971, when dedication of the first of the schools was set for Dec. 5, it still was being called Plymouth High.

BECAUSE PLYMOUTH and Canton were the two largest communities in the school district, naming the schools after them did not appear to be controversial.

Yet at its October 1971 meeting, in a move that seemed to indicate a wavering in its position, the board decided to refer the matter of naming the proposed four high schools to students in the sixth to 12th grades.

There is no indication of what results this brought but, on Dec. 21, the board reiterated its decision to call the first new school Plymouth High and the second Canton High. It also directed that the term Plymouth Centennial Educational Park be used on diplomas for both school graduations. The motion passed by a 4-3 vote, an indication that other forces were at work.

Those forces came to the surface at a board meeting on March 13, 1972, when a large group of residents and teachers were in attendance. Among subjects discussed were school attendance boundaries, the division of the sophomore class then at old Plymouth High, the accreditation of Canton High, and the naming of the schools.

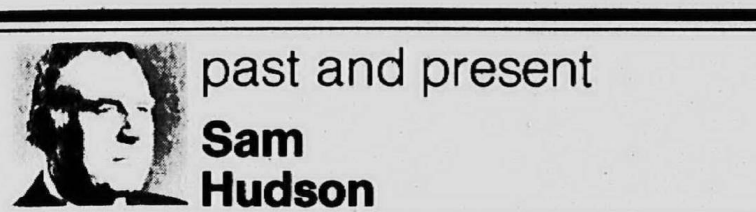
Opinions are to be shared

Opinions and ideas are most fertile when shared with others.

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While the Observer expresses its opinions on the editorial page, we always leave space open for our readers to express their ideas.

Submitting a letter to the editor



past and present

Sam Hudson

There was, apparently, a reluctance on the part of some parents to have their children attend a school called "Canton High" in spite of administration assurances that Canton High would be fully accredited. Residents from the Lake Pointe area, for example, said their children would have a feeling of being cut off from the Plymouth High School district by being assigned to Canton High. There also was a vague feeling at the time that the name "Canton" High would lack the status on a diploma that had long been associated with "Plymouth" High.

IN AN ATTEMPT to solve that problem, board member John E. Hanskat proposed a one high school concept, using both schools for different types of courses so that students would be in both buildings but identified with one school. His motion was defeated.

Other board members wanted to adhere to the two-school plan that

had been adopted in 1967. One board member pointed out that the one-school concept would mean single athletic teams and a single band, limiting athletic and other extracurricular opportunities.

Finally, board member George Lawton, seconded by board member Wilson Sick, moved to rename the buildings. From then on the first was to be called Plymouth-Salem High School. The second building was to be renamed Plymouth-Canton High

School. Members Lawton, Sick, John Graves, John Ohno, Esther Hulsing and Frederick Penar voted yes. Only John Hanskat voted no.

It wasn't long before the students began calling the two schools Salem and Canton. Even the board minutes began to drop the prefix when referring to the schools.

SOME MIGHT place the responsibility for this unforeseen occurrence on the board.

But others might say that the fault was with the parents who were reluctant to send their children to a school that did not bear the name Plymouth. It was they who badgered the board until it came up with a compromise that appeared to settle the questions at the time but has since caused irritation on the part of many Plymouth residents.

The board's intention, of course, was that the name Plymouth, applied to both schools as a prefix, would act as an umbrella over the other two names, thus appeasing those who demanded its retention.

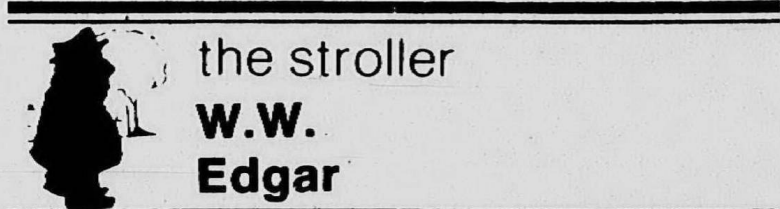
As events have shown, the opposite happened — the name Plymouth now is rarely used in conversation or in the media to describe either of the schools.

At this late date, could the board decision, made over a decade ago, be reversed and the two schools be called Plymouth High and Canton High as the board originally intended?

Why not? All it would take is a board resolution.

To be continued

Opening day 62 years ago recalled



the stroller

W.W. Edgar

Another major league baseball season is underway and the opening ceremonies at Tiger Stadium proved how times have changed.

To those in that stadium lucky enough to be there when the stadium was Navin Field and there were no double deck stands in left and center fields, there was a parade from downtown to the stadium with music from Bill Finzel's Band.

Back in those days when Navin still was with us on opening day, Bill Finzel and his band in white uniforms always were a fixture.

The parade, now only a memory, was quite colorful. It started at Washington Boulevard and Michigan Avenue with Bill Finzel and his band in the lead.

THEN CAME the players in tally ho's. For those who can't recall the tally ho, it was a fancy automobile with the top off. It usually had chairs of red and was very colorful with the players in their uniforms.

Of course, there no longer are many residents on Michigan Avenue,

so the parade became only a memory.

But the band made up for it inside the field before the game began. With the players lined up for a march, the band took them to the center field flagpole. That was quite a sight, but the Star Banged Banner also was played from that space. It was quite an opening.

Of course, those who can recall the old days at the opener in 1924 when The Stroller made his first appearance, Ty Cobb was in center field and swinging three bats instead of two when it was his turn at the plate.

Another colorful memory is the small wooden stand in right field. It held only about 1,000 fans and was

called Harry Heilmann's stand. It was this group that turned out most regularly that helped Harry win the batting title three times — in odd years in the 1920s.

ANOTHER MEMORY for the old-timers is Johnny Bassler with the catcher's mitt and "Hookie" Dauss on the pitching mound.

The press box was an oddity too. To get there, one had to climb a ladder and then master a cat walk. It was a task and strange compared to the changes that have taken place. But they have left some fond memories.

And when The Stroller sat there for the 62nd consecutive year, these scenes all came back to him. He just wishes some could be relived.

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CHANNEL 8
MONDAY (April 7)
5 p.m. ... Tell Me A Story — Gina talks about the letter "T" and the numeral "7," and reads the story "The Little Engine That Could."
5:30 p.m. ... Healthcize — A program about exercising your arms, legs, and other parts to get in shape.
6 p.m. ... Masters of Dance — This week's program takes a look at baton and cheerleading.
6:30 p.m. ... The Food Chain — Debi Silverman talks about dealing with depression symptoms, signs, various types of depression, the role of a therapist, and techniques of relaxation.
7 p.m. ... Come Craft With Me — Host Kay Micallef welcomes Melissa Smith, a Plymouth youngster who makes Prairie Dolls.
7:30 p.m. ... High School Sports — The best of the 1986 winter sports season continues with a look at boys basketball.
9:30 p.m. ... Single Touch LIVE — J.P. McCarthy takes calls and talks about upcoming events for singles in the area.
10 p.m. ... Videotunes LIVE — Hosts Jimi Ray and Dr. Z with a special hour of videotunes of local bands.

TUESDAY (April 8)
5 p.m. ... Cinematique — Hosts David Daniele and John Martin review movies to be shown on Family Home Theater: "Meet John Doe," and "The Man Who Died Twice."
5:30 p.m. ... Economic Club of Detroit — Don Peterson, chairman and chief executive officer of Ford Motor Company, talks about the automotive business.
6:30 p.m. ... Investor News — Host Jim Lanzi of Prescott, Ball & Turben discusses various investment possibilities.
7 p.m. ... Beyond the Moon — Host Mike Best talks about Mars, the red planet.
7:30 p.m. ... Our Government: From A Fifth Grade Perspective — Students from fifth grade class at Allen Elementary dramatize the three branches of government.
8 p.m. ... The Soaring Kites — Third annual kite flying contest, part of the Mayflower Hot Air Balloon Festival in Canton.
9:30 p.m. ... Single Touch — J.P. McCarthy and co-host talk with area singles about issues of concern.

WEDNESDAY (April 9)
(Programming today is the same as shown on Channel 8 on Monday.)

CHANNEL 15
MONDAY (April 7)
Noon ... Total Fitness — Jackie Starr works with aerobics.
12:30 p.m. ... For Your Health — Host Pat Scibberas talks with Jeanne Vogt, president of the accounting aide society of metro Detroit.
1 p.m. ... Cooking With Cas — Cas cooks "paprika-less" chicken with guest cook Diane Uchalik of the Polish Muslims rock band.
1:30 p.m. ... Michelle's Craft Show.
2 p.m. ... Looking Back at Olde Dearie Days — Interviews with Plymouth merchants and residents in Old Village.
3 p.m. ... Human Images — Students at Plymouth Centennial Educational Park discuss Euthanasia (mercy killing) with professionals.
3:30 p.m. ... The Sandy Show — Host Sandy Preblich talks with Norm Compton, Omnicon Sports Director.
4 p.m. ... Tornado Preparedness — Three films are featured.
5 p.m. ... 1st Presbyterian Church of Northville Presents: A Celebration. Sermon title is "Prodigal Comes Home."
6 p.m. ... MESOC Job Show — Lo-

cal job listings with Jeff Treasurer of the Canton MESOC follows job hunting information.
6:30 p.m. ... A Commitment to Caring — The McDonald's House of Ann Arbor provides a helping hand to the world.
7 p.m. ... Legislative Floor Debate — Information about what's going on in Lansing as it relates to Plymouth and Canton. This week State Sen. Robert Geake, R-Northville, talks about the income tax rollback and other topics.
7:30 p.m. ... The Governor's Report — Gov. James Blanchard talks about the income tax rollback and other issues before the state government.
8 p.m. ... Why Us, the Larkens?
8:30 p.m. ... The American Way of Taxes.
9 p.m. ... Money Talks.
9:30 p.m. ... Taking Care of Business.

TUESDAY (April 8)
Noon ... Hamtramck Rotary.
12:30 p.m. ... Psychic Sciences — Ellie's guest is Joanne Songer, astrologist.
1 p.m. ... Teen Rap.
1:30 p.m. ... Canton Update — Canton Township Supervisor James Poole and Sandy Preblich talk about what's happening in Canton.
2 p.m. ... Canton Easter Egg Hunt — Canton children scramble for Easter eggs. The third annual kite flying contest follows.
2:30 p.m. ... Optimism, "A Way of Life" — Plymouth Optimists Club presents an oratorical contest for area students.
3:30 p.m. ... Omnicon Game of Week.
5 p.m. ... Canton Sesquicentennial Ball.
7:30 p.m. ... Live Call-In with Youth For Understanding — Two students and a host mother, along with public relations person Barb Krick, explain the foreign exchange student exchange program in this area.
8:30 p.m. ... Laureate Prizes for Literature — Fifth annual ceremony of Plymouth-Canton Community Schools to honor budding writers. Repeated by request.
9:30 p.m. ... Youth View — Scott Wesley Brown talks about performing in eastern Europe and Michelle Pillar discusses her songs for singles.

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Noon ... 1st Presbyterian Church of Northville Presents: A Celebration.
1 p.m. ... MESOC Job Show.
1:30 p.m. ... A Commitment to Caring.
2 p.m. ... Legislative Floor Debate.
2:30 p.m. ... Governor's Report.
3 p.m. ... Why Us, the Larkens?
3:30 p.m. ... The American Way of Taxes.
4 p.m. ... Money Talks.
4:30 p.m. ... Taking Care of Business.
5 p.m. ... Total Fitness — Exercise with Jackie Starr.
5:30 p.m. ... For Your Health — Host Pat Scibberas.
6 p.m. ... Cooking With Cas.
6:30 p.m. ... Michelle's Craft Show.
7 p.m. ... Plymouth Olde Dearie Days.
8 p.m. ... Human Images.
8:30 p.m. ... Sandy Show.
9 p.m. ... Tornado Preparedness.

CHANNEL 10
CANTON TOWNSHIP
FRIDAYS
6-10:30 p.m. ... Canton Township Board meeting.

SATURDAYS
Noon to 4:30 p.m. ... Canton Township Board meeting.

CHANNEL 11
PLYMOUTH-CANTON SCHOOLS

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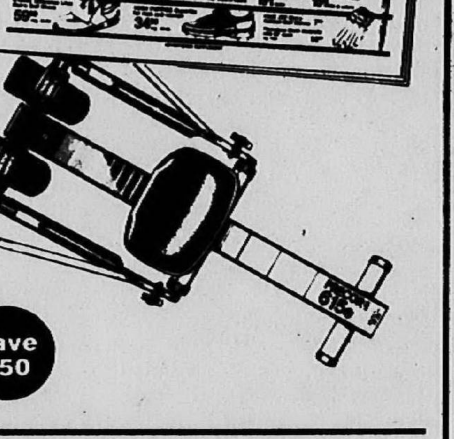
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medical briefs/helpline

HEALTH-O-RAMA
An effort to alert residents of possible health problems and heighten good health awareness is being made by the Oakwood Hospital Canton Center staff from 10 a.m. to 7 p.m. Tuesday, April 15, at St. John Neumann Catholic Church at 44900 Warren, Canton, as part of "Project Health-O-Rama." Free tests offered, for anyone older than 18, include those for height and weight, blood pressure, vision, glaucoma, pulmonary function, hearing, a health hazard appraisal, a health history, counseling, and referral, nutrition counseling, and pharmacy counseling. Colorectal cancer screening kits will be available for \$3. In addition, optional blood chemistry for cholesterol, diabetes, kidney disease, liver disease, bone disease, and gout will be available at a cost of \$8. Persons should know their Social Security number at registration time.

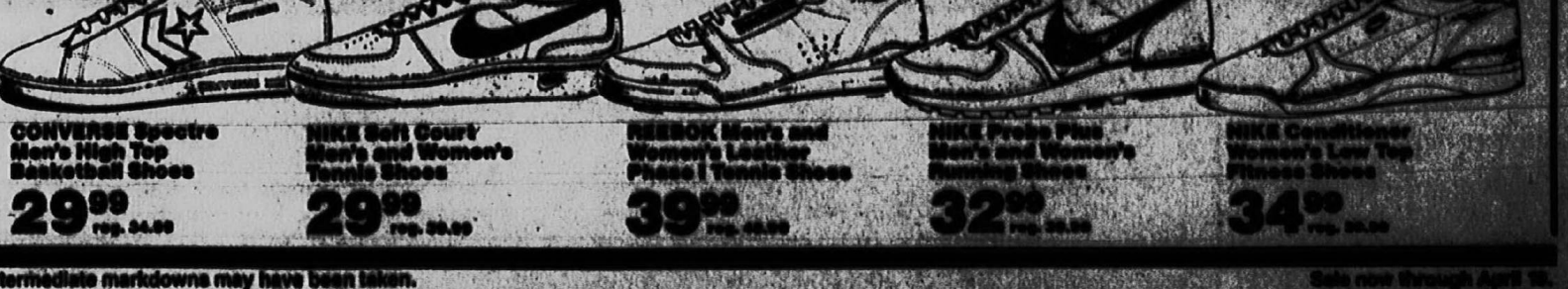
GETTING IT TOGETHER
Catherine McAuley Health Center

will offer a free program called "Hospital Services You Should Know About" from 1-3 p.m. Friday, April 18, at Canton Recreation Building, 44237 Michigan Avenue at Sheldon in Canton. The Rev. Tim Dombrowski, chaplain at St. Joseph Mercy Hospital, and Cheryl Makolla, medical social worker, will discuss with senior citizens how spiritual and social attitudes impact on health and who can help make difficult decisions about health.

THE BACK SCHOOL
Free introductory sessions are offered to persons who are sufferers or potential sufferers of low back pain at Canton Physical Therapy & Rehabilitation Services, 6006 Sheldon. For information, on times and days of sessions call 451-0211.

DIABETIC SUPPORT
A Diabetic Support Group will begin meeting 7-8 p.m. the third Monday of each month at Oakwood Hospital Canton Center at Warren and Canton Center roads in Canton.

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• HARPER WOODS: Eastland Center
• STERLING HEIGHTS: Lakeside Mall
• FLINT: Genesee Valley Mall
• DEARBORN: Fairlane Town Center
• NOVI: Twelve Oaks Mall
• LANSING: Lansing Mall
• ANN ARBOR: Briarwood Mall
• Toledo Ohio: Talmadge Plaza
VISIT OUR 2 NEW STORES: WESTLAND Across from Westland Mall SOUTHGATE Eureka Rd. & Dix Toledo Rd.

Jobless rate stays steady at 9%

Michigan's seasonally adjusted unemployment rate remained at 8.9 percent according to March figures.

There was no change in the rate from February, said Richard Simmons Jr., director of the Michigan Employment Security Commission.

The number of jobless workers across the state rose only by 3,000 in

March to 387,000.

In March of 1985, the unemployment rate was 9.7 percent with 428,000 out of work.

"Normally, there is very little change in Michigan's labor force from February to March," Simmons said.

"This year, there was a marginal

increase in the number of jobseekers entering the labor force. Most of these jobseekers did find employment.

"As a result, there was no change in Michigan's March unemployment rate."

Michigan's labor force grew in March by 11,000 to 4,349,000, and total employment climbed by 8,000 to 3,962,000.

Job gains were scattered, occurring primarily in nonmanufacturing industries such as services and wholesale trade.

The current seasonally adjusted rate is the lowest for any March since 1979 when the rate was 7.1 percent.

Figures for major market areas show that unemployment remained about the same in metropolitan Detroit in February.

The unadjusted jobless rate edged down to 9.3 percent from 9.4 percent in January.

In the major labor market areas, the jobless rates for February:

- Declined in Battle Creek, Benton Harbor, Grand Rapids, Muskegon and the Upper Peninsula.
 - Remained unchanged in the Detroit and Kalamazoo areas.
 - Rose in the Ann Arbor, Flint, Jackson, Lansing and Saginaw areas.
- The Upper Peninsula had the highest rate for the month at 16.4 percent, down slightly from January's 16.6.

Mental health hearing set

A public hearing is scheduled at the Northville Regional Psychiatric Hospital at 9 a.m. Wednesday to discuss the state mental health budget for 1987-88.

The hearing will take place inside the complex's administration building auditorium. The hospital is on Seven Mile west of Haggerty Road.

Information gathered at the hearing will be used by the Mental Health Advisory Council in suggested policy decisions to the state Mental Health Department.

The council is expected to submit its recommendations to the depart-

ment director in May.

This is one of four hearings scheduled across Michigan this month.

According to council chairman David Neal, the council is looking for public comment on these issues:

- What are the problems with availability and quality in local mental health services?
- What local groups need special mental health services?
- In case of funding cuts, which services should be saved? If additional funds are made available, how should they be spent?

'Star Wars' expert at UM-D

A technical director for the Reagan Administration's Strategic Defense Initiative — the so-called "Star Wars" — will speak at 5 p.m. Monday, April 14, at the University of Michigan-Dearborn in a lecture series co-sponsored by Ford Motor Co.

James A. Ineson, director of the innovative science and technology office, will speak in the UM-D Recreation and Organizations Center. Admission is free.

UM-D is on Evergreen south of Ford Road, Dearborn.

Ineson has degrees in mathematics, physics and astronomy from UM and a Ph.D. in physics from the University of Maryland.

Ineson's office is charged with identifying and nurturing critical technologies — novel sensing, innovations in burst-mode space power and advanced materials and propellants.

S'craft registration still on

Mail-in registration runs through April 18 for continuing education and community service courses at Schoolcraft College.

For more information on

course offerings, call 591-6400, ext. 409 and ext. 410. Schoolcraft is located at 18600 Haggerty Road, between Six and Seven Mile Roads, in Livonia.

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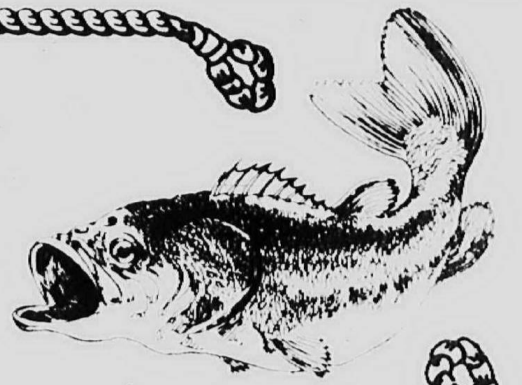


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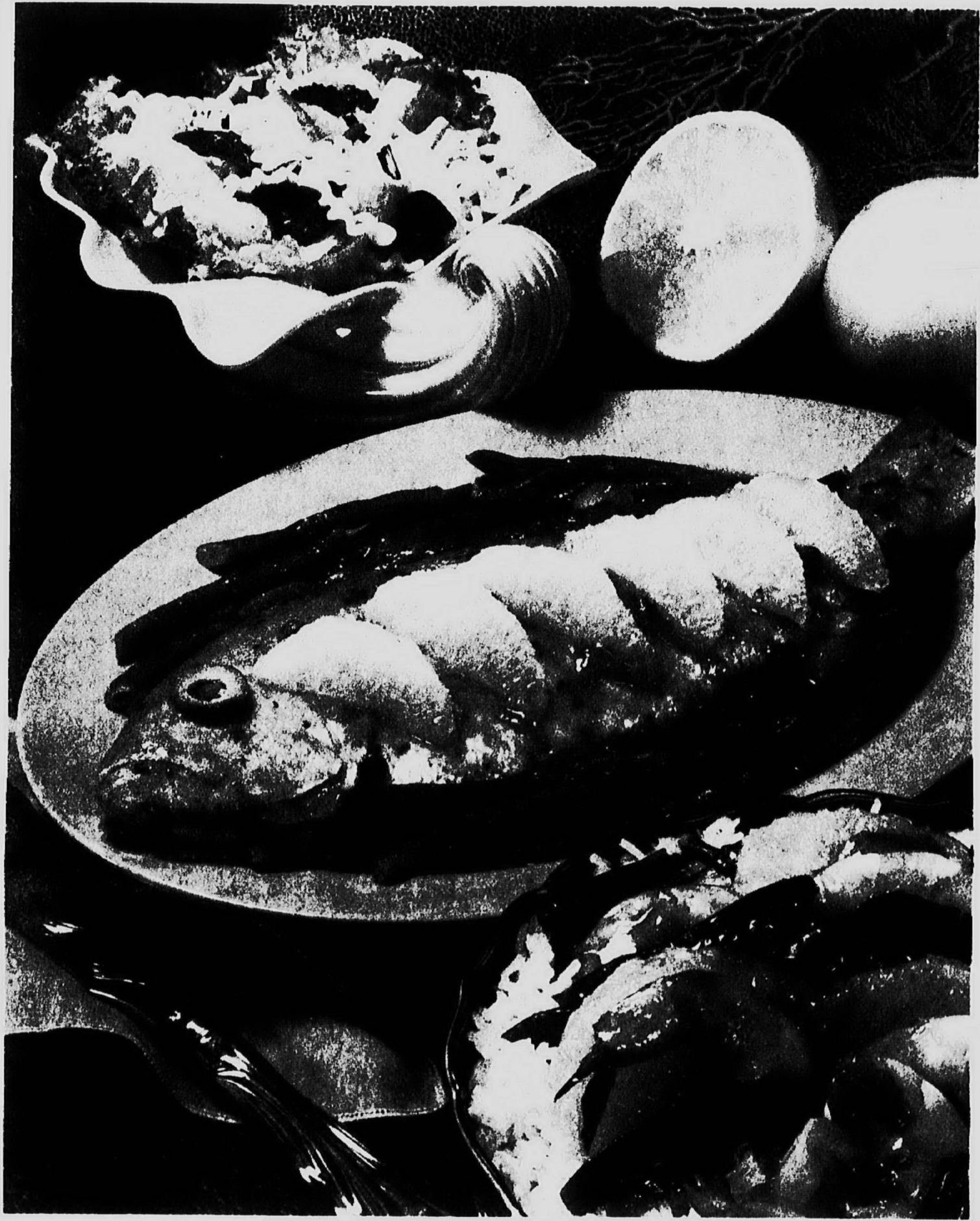
Shopping Cart

classifieds inside

Monday, April 7, 1986 1A-F



THE SEA



The fish market of today displays an array of items that is wondrous to behold. The American consumer is eating more fish and seafood—it is the “in” food of the Eighties, with marketing and shipping techniques that have improved dramatically to bring us varieties unavailable before.

The result is a bonanza for the cook. Most fish can be prepared in a half-hour or less, the texture is delicate, the flavor is superb, and the health benefits are many.

Fish teamed with grapefruit is a marvelous choice. Grapefruit's sweet-tart flavor complements the delicacy of fish and seafood and adds piquance.

Use a gentle hand when preparing fish and, for most varieties, combine it with other fresh ingredients while being careful not to overwhelm the subtle flavor.

Here are some suggestions on how to enjoy the bounty from the sea with its fruit accompaniment.

Pasta Salad Neptune calls for the new “imitation” crab meat. Made mostly from pollock, it is a tender, delicate fish that does, indeed, taste like crab and costs about one-fifth of the genuine article's price. The salad contains a perfect contrast in taste and texture, and the dressing is superb—a sparkling melange of flavors.

Hot Shrimp Oriental stars shrimp—the most popular seafood in America—and gives it a delightful, hot-spicy sauce that sings with flavor. Or for drama, serve a whole red snapper or sea bass in the Mediterranean style. On another occasion, try Poached Fish with Fennel. Poached steaks are served with a fennel-scented grapefruit sauce, demonstrating the amazing variety of flavors that can be enjoyed when serving fish.

Make your meals fresh from the sea and fresh from the market—for results that are nutritious, delicious and inspired.

- 1 can (6 ounces) tomato paste
- 1/4 cup grapefruit juice
- 3 tablespoons cold pressed sesame oil, divided
- 3 tablespoons oyster sauce
- 2 tablespoons dry sherry
- 2 tablespoons soy sauce
- 1 green chili pepper, charred and finely chopped
- 2 cloves garlic, finely minced
- 1 tablespoon freshly grated ginger root
- 24 large shrimp, peeled and deveined
- 1 head bok choy, coarsely chopped
- 1/2 pound snow peas, stems and strings removed
- 2 grapefruit, peeled and sectioned
- Hot, cooked rice

In a small bowl combine tomato paste, grapefruit juice, 1 tablespoon sesame oil, oyster sauce, sherry and soy sauce, set aside. To char the chili pepper, place on the end of a long fork. Hold chili over flame until skins are blackened. Peel skin off and discard. Remove seeds. Chop chili in large skillet or wok over medium high heat. Heat remaining 2 tablespoons sesame oil. Stir in garlic, cloves, ginger root and chopped chili pepper. Add shrimp, bok choy and snow peas. Cook, stirring until shrimp are done and vegetables are tender-crisp, about 10-14 minutes. Add reserved tomato paste mixture. Stir in grapefruit sections. Heat through. Serve over hot rice. Yield: 6 to 8 servings.

- 1 1/2 pounds fish, cut into 4 steaks (swordfish, tile fish, halibut)
- 1/2 cup grapefruit juice
- 3/4 teaspoon crushed fennel seeds
- 1/4 teaspoon salt
- 1/8 teaspoon pepper
- 1 1/2 teaspoons cornstarch
- 1 tablespoon water
- 1/4 cup chopped parsley
- 1 grapefruit, peeled and sectioned

In large skillet arrange fish in a single layer. Combine grapefruit juice, fennel seeds, salt and pepper, pour over fish. Bring to a boil. Reduce heat. Cover. Simmer 6 to 8 minutes or until fish flakes easily when tested with a fork. Remove fish to a serving platter, keep warm. Combine cornstarch with water. Bring pan liquids to a boil. Stir in cornstarch mixture. Cook, stirring constantly, until mixture boils, boil 1 minute. Stir in chopped parsley. Spoon sauce over fish. Garnish with grapefruit sections. Yield: 4 servings.

- 1/2 pound fusilli (pasta), broken in 2-inch pieces or rotelle
- 2 tablespoons olive oil
- 1 tablespoon white wine vinegar
- 1/3 cup grapefruit juice, divided
- 1 pound frozen imitation crab meat, thawed and cut into 1-inch pieces
- 3 cups broccoli florets, steamed tender-crisp
- 2 cups fresh spinach leaves, in coarse pieces
- 1 cup cherry tomatoes, halved
- 2 green onions, sliced
- 2 grapefruit, peeled and sectioned
- 2/3 cup mayonnaise
- 1/4 cup coarsely chopped fresh basil leaves, or 1 tablespoon dried leaf basil
- 1/2 cup fresh parsley leaves
- 2 tablespoons Dijon-style mustard

Prepare pasta according to package directions, drain. Turn into a large bowl. Add oil, vinegar and 1 tablespoon grapefruit juice, mix well. Gently fold in imitation crab meat, broccoli, spinach, cherry tomatoes, green onions and grapefruit sections. In food processor or container of electric blender combine remaining grapefruit juice (about 1/4 cup), mayonnaise, basil, parsley and mustard; process until smooth. Pour over pasta mixture. Toss lightly to coat well. Yield: 6 servings.

- 2 cups (one 15 ounce can) tomato sauce
- 1/2 cup grapefruit juice
- 1/4 cup dry white wine
- 1/2 teaspoon dried leaf oregano, crumbled
- 1/2 teaspoon dried leaf thyme, crumbled
- 1 whole red snapper or sea bass (2 1/2 to 3 pounds), dressed
- 1/2 pound whole green beans, trimmed
- 1/4 cup sliced, pimiento-stuffed green olives
- 2 tablespoons capers, well-drained
- 1/8 teaspoon hot pepper sauce
- 2 grapefruit, peeled and sectioned

In medium saucepan combine tomato sauce, grapefruit juice, wine, oregano and thyme. Bring to boiling. Place fish in shallow baking dish. Pour sauce over fish. Cover dish. Bake in a preheated 350°F oven 25 minutes or until fish flakes easily when tested with a fork. Meanwhile, in a medium saucepan, combine green beans with 1-inch, boiling salted water. Cover. Reduce heat, simmer 12 to 15 minutes or until tender. Drain. Stir in olives, capers and hot pepper sauce. Remove fish from baking dish to heated platter. Stir grapefruit sections into sauce in dish. Spoon sauce and grapefruit sections over fish. Arrange beans on platter. Yield: 4 servings.

Berries top off easy shortcake

Has there ever been a more blissful dessert than strawberry shortcake? Tender, warm and flaky biscuits, filled with red, juicy berries then served with a generous helping of rich tasting whipped topping; it's a lure that's hard to resist.

Though beautiful to behold, home-baked shortcake is also fast and easy to prepare with an all-purpose baking mix. Follow the step-by-step directions for Cinnamon Sugar Topped Shortcake to bake a perfect biscuit in less than 20 minutes. At serving time, assembly is quick — with strawberries sliced and sugared in advance — and convenient with whipped topping to spoon over the glorious dessert.

CINNAMON SUGAR TOPPED SHORTCAKE

- 2 1/2 cups all-purpose baking mix
- 5 Tbsp. sugar
- 1/2 cup milk
- 1/4 cup margarine, melted
- 1/4 tsp. cinnamon

- 2 pts. strawberries, sliced
- 2 Tbsp. sugar
- 1 8-oz. container (3 cups) whipped topping, thawed

Combine baking mix and 3 table-spoons sugar. Add milk and 3 table-spoons margarine, mixing until soft dough forms. On surface lightly covered with baking mix, knead dough 8 to 10 times; roll out 1/2-inch thick. Cut with 3-inch biscuit cutter. Place on ungreased cookie sheet. Brush with remaining margarine; sprinkle with combined remaining sugar and cinnamon. Bake at 425 degrees, 10 to 12 minutes or until golden brown. Remove from cookie sheet immediately; cool. Split.

Combine strawberries and sugar; let stand 10 minutes. For each serving, cover bottom half of shortcake with strawberry mixture and whipped topping. Cover with top half of shortcake and additional strawberry mixture and whipped topping. 6 servings.



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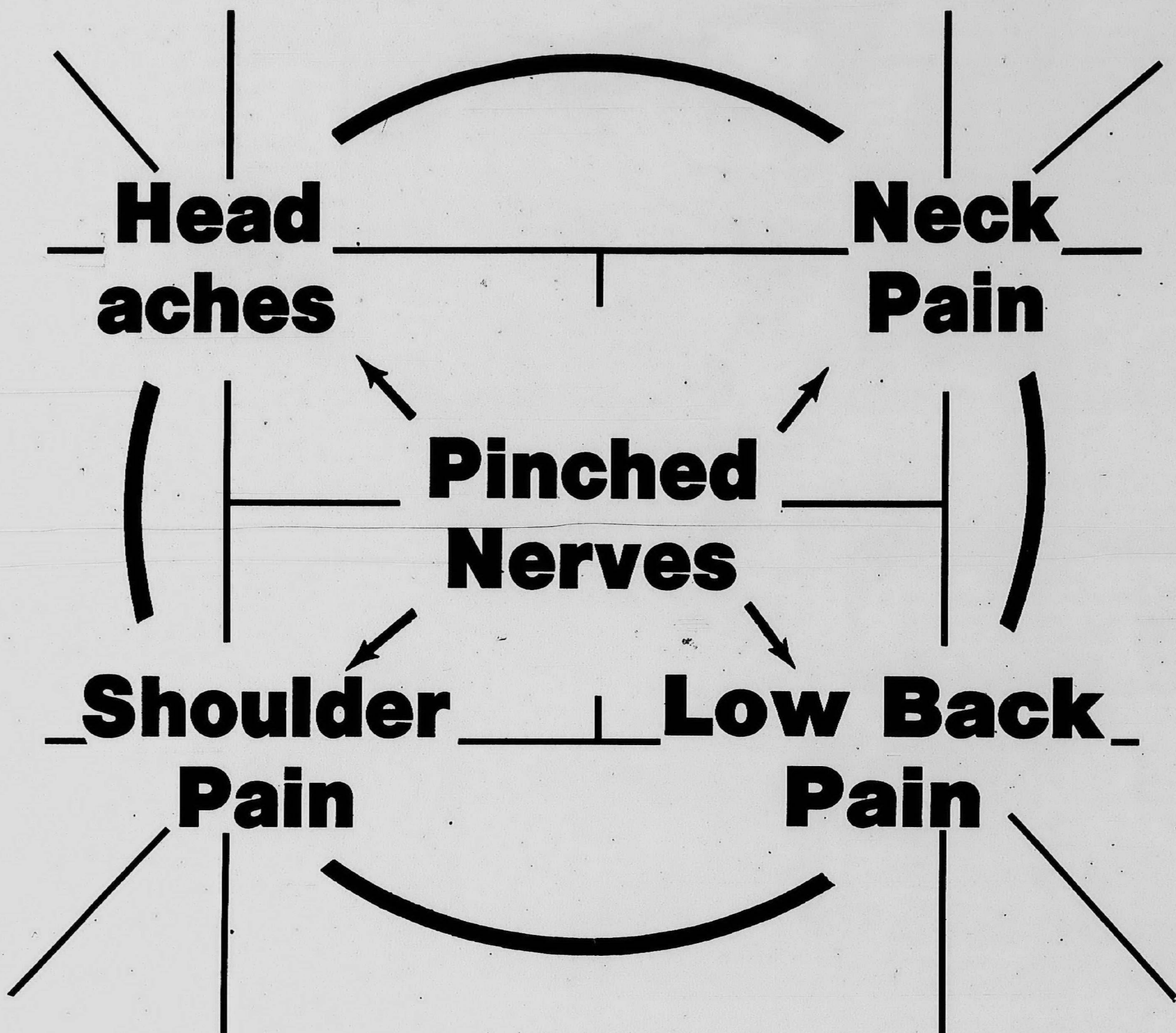
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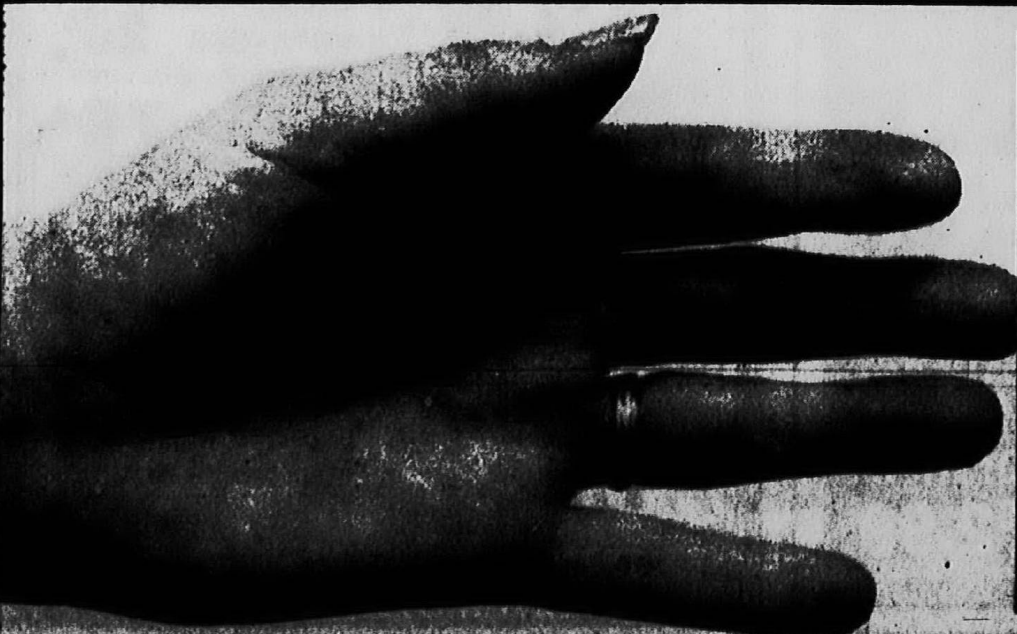
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Suburban Life

Ellie Graham editor/459-2700



Monday April 7, 1986 O&E

(P.056)

Sunny skies bring out student crowd

By Julie Brown
staff writer

Plymouth and Canton students didn't have to travel south last week to enjoy their Easter break.

Although the rain didn't stay away every day, warm temperatures and sunny skies on some days made the outdoors closer to home a great place to be.

Jeremy Johnson, a 9-year-old Plymouth resident, took to the roadway during his break.

"Just riding my minibike and playing with my friends," the Smith Elementary School student said in describing his Easter break activities.

The parks in Plymouth and Canton also proved to be popular gathering places for students on break.

FOR MIKE GLOBKE, a 16-year-old Canton resident, and Kevin Zielke, a 13-year-old Canton resident, the area around Kellogg Park in Plymouth provided the ideal spot to perfect their skateboard techniques. Mike is a student at Plymouth Canton High School and Kevin attends Central Middle School.

Jeremy Shaft and James McDonald, both 8-year-old Canton residents, were enjoying being outdoors last week.

"I've been spending the night at people's house and just going outside and playing, flying a kite, stuff like that," Jeremy said. Both he and James attend Plymouth Christian Academy in Canton.

Although Easter break had to come to an end this week, Plymouth-Canton students will have summer vacation to look forward to before too long.

"I wish it was summer vacation," Jeremy said.



Staff photos by Bill Bresler

Randy White, 9, swings at the ball during a game in Plymouth. Brian Kuhns, 11, is the catcher with the watchful eye. Randy and Brian were among Plym-

outh and Canton students who were enjoying some time away from their studies last week. Sunshine

and warm temperatures brought many of those students outdoors.



The area around Kellogg Park in Plymouth provided a spot for 16-year-old Mike Globke to use his skateboard.



For Jeremy Shaft (left) and James McDonald, both 8, ice cream is the picnic that retreated.



Julie Oldham, 12, and her cousins enjoyed a picnic with their moms Friday at Plymouth.

Yummy Park, the break was a perfect picnic.

clubs in action

● NURSERY OPENINGS

The Plymouth Children's Nursery Inc., a cooperative nursery school, has a limited number of openings for 3-year-old girls and boys and 4-year-old girls for the fall term, beginning in September. The school is at Warren and Haggerty roads in Canton Township. For additional information, call Linda at 981-1707 or Gail at 455-5298.

● FARM AND GARDEN

The Lake Pointe Women's National Farm and Garden Association has two cookbooks available from group members. A number of salads from the Spring Salad Luncheon are included, along with other recipes submitted by the members. The price is \$5. For additional information, call Jean Pink at 453-2802.

● CAESAREAN PROGRAM

The Plymouth Childbirth Education Association will offer a Caesarean orientation at 7:30 p.m. Monday, April 7, at the Newburgh Methodist Church, 36500 Ann Arbor Trail, Livonia. This will be an introduction to Caesarean preparation classes. Couples anticipating a Caesarean birth, as well as Lamaze-prepared couples, may attend. There is a \$1 per person charge at the door. For additional information, or to register, call 459-7477.

● PLYMOUTH SENIORS

The Plymouth Township Seniors meet at the Friendship Station Club Hall, 42375 Schoolcraft, on the following days: Mondays from 10 a.m. to noon for euchre and pool, Tuesdays from 6:30 to 9:30 p.m. for pinocle, Fridays from 11:30 a.m. to 3:30 p.m. and 6:30 to 9:30 p.m. for bridge and pinocle. Seniors living in Plymouth Township or the city of Plymouth may attend. For additional information, call Helen Krupa at 459-6259.

● DANCERS' COOKBOOK

The Polish Centennial Dancers of Plymouth cookbook, "Secrets from Centennial Cupboards," is available from group members. It features a number of Polish recipes, along with American recipes. The price is \$5. For additional information, call Kathy Floied at 459-7255.

● FAMILIES ANONYMOUS

Families Anonymous, a self-help program for relatives and friends concerned with drug abuse or behavioral problems, will meet at 8 p.m. Thursdays in St. John Neumann Catholic Church, 44800 Warren in Canton.

● THREE CITIES

The Three Cities Art Club will meet at 7:30 p.m. Monday, April 7, at the Plymouth Township Hall Meeting Room, 42350 Ann Arbor Road at Lilley. The meeting will include a video painting demonstration and a members' critique (not more than two pictures per person). Plans for the club's spring judged show will be discussed. The public may attend. For additional information, call Jean Bologna, club president, at 455-4995.

● BOTANICAL GARDENS

The Friends of the Matthaei Bo-

tanical Gardens will sponsor a program at 7:30 p.m. Monday, April 7, in the Botanical Gardens auditorium, 1800 Dixboro, Ann Arbor. The program will be presented by Susan and Tony Reznick. It will cover garden construction, soil and moisture requirements, planting times, appropriate plants, and other topics. The grounds are open from 8 a.m. to sunset. The inside exhibits are open from 10 a.m. to 4:30 p.m., and the Gift Shop is open from 11 a.m. to 3 p.m. Tuesday through Friday and from 10 a.m. to 4 p.m. Saturday and Sunday. There is no admission charge for the outdoor trails and lobby exhibits. For the Conservatory, there is a \$1 fee (75 cents for senior citizens, 50 cents for children). For additional information, call the Botanical Gardens at 763-7060.

● ROSE SOCIETY

The Huron Valley Rose Society will meet at 7:30 p.m. Tuesday, April 8, in the auditorium at the Matthaei Botanical Gardens, 1800 Dixboro Road, Ann Arbor. The program will cover the best use of roses in landscaping, with an overview of landscape design and fundamental design principles. The speaker will be Mike Hommel, landscape planner, who will answer individual questions for those who bring yard plans.

● WISER

WISER-Widowed in Service will meet at 8 p.m. Tuesday, April 8, in Room B 200 of the Liberal Arts Building at Schoolcraft College, 18600 Haggerty Road, Livonia. Speaker Mark Rogers of Prudential-Bache will present an investment workshop. The organization provides self-help and information sharing for widowed persons. For additional information, call the Women's Resource Center at Schoolcraft College, 591-6400 Ext. 430.

● DIVORCE GROUP

The Women's Divorce Support Group will meet at 8-10 p.m. Tuesday, April 8, in Room F 100 of the Forum Building at Schoolcraft College, 18600 Haggerty Road, Livonia. Irene Picone, an attorney, will discuss the legal aspects of divorce. For additional information, call the Women's Resource Center at Schoolcraft College, 591-6400 Ext. 430.

● SPRING CLASSES

The spring series of enrichment classes at New Morning School, Plymouth Township, begins the week of Wednesday, April 9. New sessions of the "Me and My Shadow" parent and toddler class will begin, including an evening session scheduled to begin from 6 to 7 p.m. Wednesday, April 9. Daytime "Me and My Shadow" classes will also be held, along with a number of other classes. Pre-school classes will begin Tuesday, April 15. The school is at 14501 Haggerty. For additional information on any of the classes, call the school at 420-3331 between 8:30 a.m. and 2:30 p.m. weekdays.

● SPRING FASHIONS

The St. John Neumann Women's Guild will present a Spring Fashion Show at 7:30 p.m. Wednesday, April 9. St. John Neumann Church is at

44800 Warren Road, Canton. Fashion will be by The Willow Tree, Plymouth. Makeup will be by "That's My Color." All women of the parish may attend. Refreshments will be served.

● SUPPORT GROUP

A Support Group for those with Parkinson's disease, their friends and relatives will meet at 7 p.m. Thursday, April 10, at Hull Elementary School, 34715 Lyndon, Livonia. The speaker, Barbara Kellom, will discuss "The Telephone and You as a Parkinson's Patient." For additional information, call 459-0216.

● WESTERN WAYNE NOW

The Western Wayne County chapter of the National Organization for Women will meet at 7:30 p.m. Thursday, April 10, in the I.M.C. Room at Emerson Junior High School, 29100 W. Chicago, Livonia. Barbara Bilge will present the program, which will examine portrayal of women in the media. For additional information, call 591-9344.

● PLYMOUTH-CANTON PWP

Plymouth-Canton Parents Without Partners will meet at 7:30 p.m. Thursday, April 10, and Wednesday, April 23. The meetings will provide an orientation for new members. For additional information, call Pat at 721-2202 or Ellen at 455-3851.

● LA LECHE LEAGUE

The La Leche League will meet at 7:30 p.m. Thursday, April 10, at 44032 Yorkshire, Canton. Advantages and disadvantages of breastfeeding will be discussed, along with information on establishing a happy nursing relationship. For additional information, call Johanne at 453-9171.

● HISTORICAL SOCIETY

The Plymouth Historical Society will meet at 7:30 p.m. Thursday, April 10, at the Plymouth Historical Museum, 155 S. Main St., Plymouth.

The April meeting will be a joint meeting including the Plymouth Historical Society, the Plymouth Branch National Farm and Garden Club, the Lake Pointe Garden Club, the Trailwood Garden Club, and the Tonquish Creek Garden Club. The program will be "Antique Gardens: Period Landscaping for Restored Homes, 1830-1930." It will be presented by Scott Kunst, historic landscape designer. The slide lecture will outline the changing styles of gardening through the 19th and early 20th centuries, and will include suggestions on how to develop an "old-fashioned" garden to fit the style of a house. For additional information, call the Plymouth Historical Museum at 455-8940.

● COMMUNITY CHORUS

The Plymouth Community Chorus spring dinner will feature choral director Dr. Kenneth Jewell. It will be Thursday, April 10, at the Mayflower Meeting House. Tickets are available through the co-sponsors, the Plymouth Community Chorus members and from the Plymouth Community Arts Council office, 332 S. Main St., above John Smith's. For additional information, call 455-4080 or 455-5260.

● ART AUCTION

An Art Auction will be given by the Plymouth Newcomers Club at 7 p.m. Saturday, April 12, at the Northville Recreation Center, 303 W. Main St., Northville. Original signed etchings, lithographs, paintings and sculpture will be among the items featured. Starting prices will range from \$5 to \$1,000. The Plymouth Newcomers will contribute all proceeds to the Plymouth Community Fund. Tickets, at \$2.50 each, may be purchased from club members or by calling 455-8971. Tickets are also available at The Country Charm shop in Plymouth.

● ARTS AND CRAFTS

A Spring Arts and Crafts Show

will be held from 10 a.m. to 5 p.m. Saturday and Sunday, April 12-13, at the Eddie Edgar Sports Arena, 33841 Lyndon, Livonia. The annual event is sponsored by the Michigan Cultural Association. Admission will be free for children, \$1 for adults.

● FARM AND GARDEN

The Plymouth Branch, Women's National Farm and Garden Association, will meet at 12:30 p.m. Monday, April 14, at St. John's Episcopal Church, 574 S. Sheldon Road, Plymouth. Judy Cornellier will speak.

● ROCKS AND MINERALS

The Plymouth Rock and Mineral Society will meet at 7:30 p.m. Monday, April 14, at the Plymouth Cultural Center. The program, "How to Set Up a Showcase," will be presented by Joyce Hanschu. The public may attend.

● ANTIQUE CLINIC

Ernest DuMochelle will be at the Plymouth Historical Museum for an Antique Appraisal Clinic from 11 a.m. to 4 p.m. Wednesday, April 16. The cost will be \$4 for each item, with a limit of four items. For reservations, call the museum at 455-8940.

● EXERCISE CLASSES

A six-week class of exercises for pregnant women will be held Wednesday, beginning 7:30-9 p.m. Wednesday, April 16, at the Before and After Shoppe in Plymouth. A daytime class will also be held, beginning 1-2:30 p.m. Wednesday, April 23, in Plymouth. The class is recom-

mended for early pregnancy. It will cover relaxation techniques, gentle stretches to help keep flexibility and muscle tone, and specific exercises to strengthen abdominal muscles. For additional information, call the instructors at 459-2678 or 455-0215. Childbirth and Family Resources will also offer a post-natal exercise class for mothers and infants at 10 a.m. Saturday, April 26, at Faith Community Moravian Church, 46001 Warren Road in Canton. The class will cover exercises for mother and baby, relaxation and breathing techniques and baby massage. For additional information, call the instructor at 459-2678 or Childbirth and Family Resources at 459-2360.

● GENEALOGY

The Western Wayne County Genealogical Society will meet at 8 p.m. Wednesday, April 16, in the Carl Sandburg Library Branch, 30100 Seven Mile Road, Livonia. The speaker will be Margaret Ward of the Burton Historical Collection, who will discuss oral history.

● CANTON WOMEN

The Canton Women's Club will meet 1-3 p.m. Thursday, April 17, at the Faith Community Moravian Church, 46001 Warren Road, Canton. The Canton Women's Club is co-sponsored by the YWCA of Western Wayne County, and will meet on the first and third Thursday of every month. The club is for women who are interested in participating in cultural events, group discussions and

Please turn to Page 7

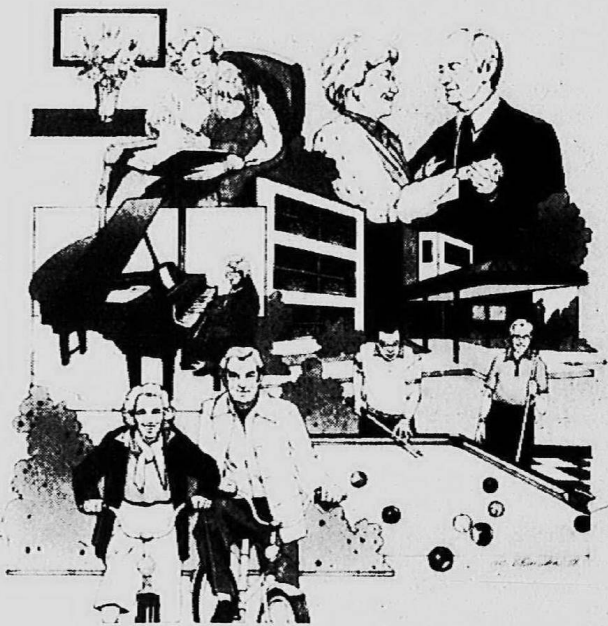
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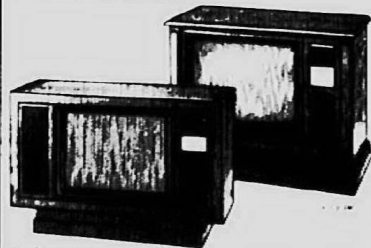
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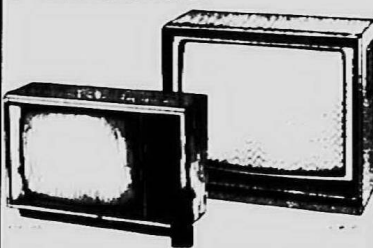
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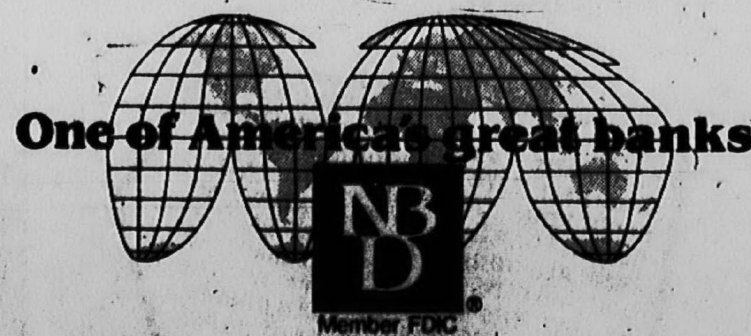
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graphology

Lorene
Green

Handwriting analysis
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Young writer lives in the here and now

Dear Lorene:

I would appreciate a handwriting analysis by you very much. I just started reading your column. I had one done once and it was interesting and mostly right.

I write with my right hand and I'm 21 years old.

L.O.,
Southfield

Dear L.O.:

At this particular time, you are experiencing an inordinate concern for self. Your own wants and needs often assume top priority. This desire for recognition is evident in your behavior and mannerisms.

On the job or in the home, you dislike being confined to small quarters. You like freedom of activity and space.

Most of your goals are set at a practical level. You live in the here and the now with much concern for daily activities. But there are so many things you want and you want them now. To gain them, you can be aggressive and possibly manipulative. A tendency to cling to what you have is also evident.

MOOD SWINGS cause you to feel optimistic at times, but also can allow negative feelings to take over. When this happens, you can become

careless and operate in a slapdash fashion, not taking time to exercise caution. A bit of laziness also can creep into the picture as does the temper that often waits just below the surface.

There is concealment in your handwriting. This causes you to color the picture to put yourself in a better light. You want so much to have others see you as more sophisticated than you inwardly feel that you will overcompensate in your talk and actions for the inferior feelings.

You are a bright young lady. Your mind is active with good thought association. However, you often find it difficult to keep an open mind to new ideas and concepts. It might be helpful to think about this bit of wisdom I once heard a speaker offer. "A good mind is like a good motel, open all year long".

As a public service, our readers are invited to have their handwriting analyzed through this newspaper. Write to Lorene C. Green, a certified graphologist. Use a full sheet of white paper writing in the first person singular. Age and handedness are helpful and feedback is always welcome.

WISER investing is workshop topic

The WISER (Widowed in Service) group will meet at 8 p.m. Tuesday in Room B200 of the Liberal Arts Building at Schoolcraft College, 18600 Haggerty, just north of Six Mile.

Mark Rogers, an investment coun-

selor with Prudential Bache, will conduct an investment workshop.

The group is sponsored by the college's Women's Resource Center. For more information, call the center at 591-6400 Ext. 430 or 432.

Church to be site of rummage sale

The Association of Our Lady of the Rosary is sponsoring a rummage sale from 11 a.m. to 3 p.m. Saturday. The sale will be in the basement of

St. Pius X Church, 23310 Joy, seven blocks east of Telegraph.

The proceeds will benefit the parish fund.

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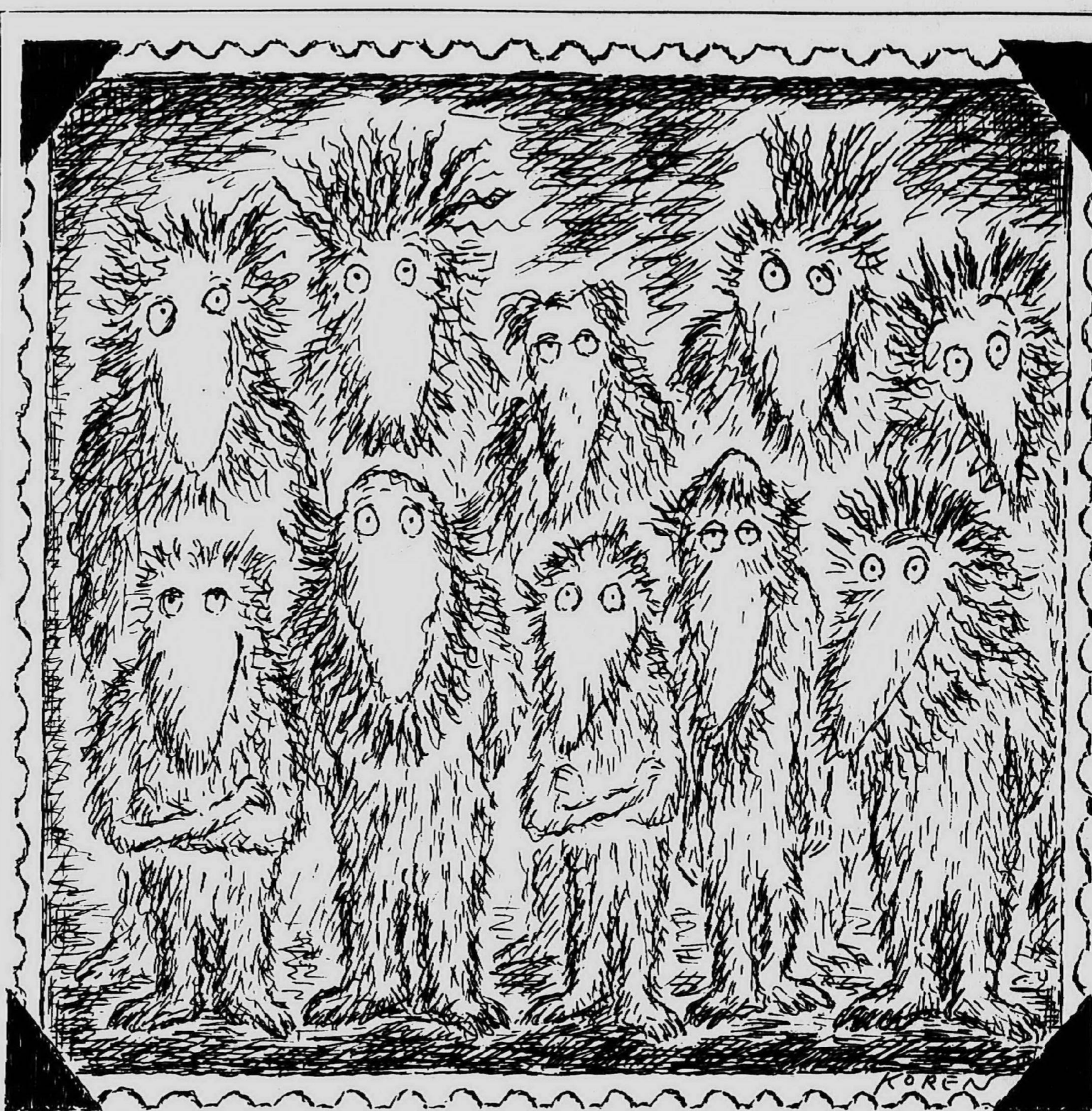
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Sports

Chris McCosky, Brad Emons editors/591-2312



Monday April 7, 1986 O&E

(P.C.)1C

Rocks seek respect, title defense in '86

By Chris McCosky
staff writer

You have to wonder what members of the Plymouth Salem baseball team thought when they first glanced at the state's preseason rankings.

The state's baseball coaches listed Plymouth Canton among its top 10 teams. No mention was made of Plymouth Salem. You might figure that Salem deserved a bit more respect than that.

After all, the Rocks won the Western Lakes baseball title last season (the Observer incorrectly awarded the title to Walled Lake Western in last Thursday's edition) and return with a strong contingent of players.

"I just can't believe everyone thinks Canton is so great," said Salem assistant coach Jim Gee. Head coach John Gravin was in Florida and unavailable for comment. "We have our entire pitching staff back

baseball

We've 14 juniors up off the JV team and that JV team had a team batting average of .370."

Gee's JV team also won its third straight Western Lakes title last year with a 13-4 record. Join those players with eight players off last year's 16-7 varsity unit and you have the makings of a solid baseball team.

SENIOR CHRIS DAVIS established himself as the Rocks No. 1 hurler last year with a 6-1 record. He'll anchor a six-man pitching rotation for the Rocks. Senior Brian Tiller and junior Shane Smith, both used extensively a year ago, return along with senior John Storm.

The Rocks coaching staff is ex-

pecting big things from sophomore Fidell Cashero, a hulking left-hander who may be the hardest thrower on the squad. Junior Craig Hawley, another lefty, should also see considerable work.

Bolstering the pitching staff will be experienced catcher Steve Dawson. The senior, a three-year varsity performer, will also provide the Rocks with valuable on-the-field leadership.

With the exception of shortstop, the infield appears set. Curt White, a senior, will play first. Paul Makara, who missed all of last year with a shoulder injury, will play second. Mike Kesson, who led the Rocks in hitting for much of last season and was a first-team All-Area choice, will play third.

A trio of juniors are battling for the shortstop role: Sean Hunter, Todd Robinson and Jerry Sumner.

IN THE OUTFIELD, Rob Adams is the lone returning starter. Senior Brian Drewry, juniors Tim Dowd, Dale DeYoung and Rick Genrich are all vying for playing time. Tiller may also see action in the outfield.

As good as this Salem team looks on paper, there remains a nagging question mark. The team graduated a host of standout players from last year's edition, including starters Tom Moore (two-time All-Area), Dom BeBello, Doug Kirkpatrick, Tim Robinson and Pat Walsh.

That is an awful lot of hits to replace. True, there are a host of .300 hitters coming up from the JV. But, not every .300 JV hitter hits .300 at the varsity level.

Regardless, though, the Rocks should be very much in the chase for the Western Lakes crown.

The team opens Wednesday at home against Redford Thurston.

THURSDAY: A look at the 1986 Plymouth Canton softball team.



file photo

Chris Davis was 6-1 last season and will be expected to anchor a deep Salem pitching staff this season. The Rocks are seeking to defend their Western Lakes championship.



BILL BRESLER/staff photographer

Salem grad Wendy Gilles, the No. 1 singles player in Michigan last fall, has made a quick and smooth jump into Big 10 college tennis.

Springtime conjures up a bitterly sweet memory

I CAN'T believe he's been dead for nine years.

I forget sometimes that he is dead, probably because the memory of his short, beautiful life comes back to me every spring. Temperatures warm up, kids wearing mitts and carrying baseball bats begin hunting the playgrounds for some dry earth.

It never fails to take me back.

The summer of 1971 — one of the happiest summers of my life. I was 15 years old, playing baseball for several teams while helping my father coach a little league team (kids between the ages of 11 and 13). Baseball was my life, how could I not be happy?

About an hour into our first practice — I was hitting fly balls to the outfielders while my father worked over the infielders — a frail-looking boy approached my father and asked if he could try out for the team.

Frail-looking might be an understatement. He looked sick, anorexic even. He spoke with a lisp. You had to wonder if the kid could pick up a baseball, let alone throw one.

NEVERTHELESS, my father gave him a tryout. To this day, I can see the look of utter joy that spread across the little kid's face. His expression was such that you'd have thought my father said: "Sure, and here's a million dollars to spend as you wish."

I think my father saved the boys' life by giving him a tryout — at the



Chris McCosky

very least, he gave the boy a reason to live.

What he lacked in ability, he more than made up for with heart and hustle. After virtually every practice, I would, at his constant begging, stay an extra hour to hit him ground balls or throw extra rounds of batting practice.

"Come on Chrich, jucht a few more." I can still hear him saying that to me with his characteristic, endearing lisp.

His enthusiasm for the game of baseball was unbridled and infectious. The whole team got caught up in his spirit. We had a powerhouse team.

THE SKINNY little kid was our starting second baseman that year and our leadoff hitter. What a fireplug he was! He loved playing the game so much that he had trouble containing his emotions on the field.

He chattered non-stop (even though I doubt anyone on either team could fully grasp what he was trying to say). He bounced around the infield the same way a waterbug skims the surface of a pond.

When he got a hit or made a good

play in the field, he would applaud himself. Imagine, throwing a guy out, taking off your glove and giving yourself a nice ovation. It was the cutest thing I have ever seen, but only this little guy could pull it off.

I remember one time, he made the final out of the game. I think he left the tying run at third base. He seemed shocked that he failed, but he didn't cry or throw a fit. He simply came back to the bench and apologized to the whole team.

"I'm chorry guys, won't happen again."

What a great kid. You just felt great being around him.

AS HE GREW older, he matured both physically and mentally, but his enthusiasm never waned. He was a first-string player in junior high school, first-team junior varsity his freshman year in high school.

But the biggest thrill of his life came during the spring of his sophomore year. He made the varsity baseball team. I remember calling him and congratulating him from my college dormitory. He told me he was so excited that he almost started crying, "right there in front of the guys." He said he had to run into the shower to keep from being seen.

The young man was killed that summer in a head-on car crash. The guy who so prematurely ended my friend's life was stone drunk at the time.

Ah spring, what a splendid and sorrowful time of year.

Swinging siblings

Wendy Gilles blends nicely while older sister struggles

By Chris McCosky
staff writer

What adjustment? Wendy Gilles went from the No. 1 high school player in the state to the No. 1 singles player at the University of Wisconsin without skipping a beat — although she did skip her final semester at Plymouth Salem.

"Wendy has been just fine," said Wisconsin coach Kelly Ferguson. "She plays like a senior. She's adapted great."

Wendy graduated from Salem in January after winning the state Class A singles championship in October. She immediately enrolled at Wisconsin and joined the tennis team.

While the rest of her Salem classmates are preparing for the prom, Wendy Gilles has busied herself at U-W winning four straight matches at No. 2 singles, then posting a 3-5 record at No. 1. She also plays No. 1 doubles for the Badgers, she and partner Lisa Fortman are 8-4.

IRONICALLY, Wendy's arrival has somewhat pushed her sister, sophomore Chris Gilles, into the background. As a freshman last year, Chris qualified for the NCAA nationals at No. 1 singles.

Since Wendy's arrival, Chris has played primarily at No. 3 singles.

"Chris has lost some confidence in her game," Ferguson said. "It's nothing drastic, and we're hoping for her to come out of it. Before she would stand on the baseline and never miss. Lately she's been more erratic. With her style of play, she can't afford to be that way."

Chris, who could not be reached for comment, was 6-6 at No. 1 before moving down. She's 10-2 at No. 3. Chris and Cathy Van Pelt are 13-4 at No. 2 doubles.

"It's not that I am any better than Chris or that she's better than

'Chris (Gilles, right) has lost some confidence in her game. It's nothing drastic, and we're hoping for her to come out of it. Before she would stand on the baseline and never miss. Lately she's been more erratic. With her style of play, she can't afford to be that way.'

— Kelly Ferguson
Wisconsin coach



me," said Wendy. "We're both pretty equal. I think that Kelly just saw that Chris was having some problems and put me at No. 1."

Although it hasn't affected her play, the fast leap into college life hasn't exactly been a breeze for Wendy.

"THE BIGGEST difference is getting used to a team concept," she said. "I have to get used to playing for a team and not just for myself. It's weird, everyone is playing for the same goals. You don't have time to get down on yourself. Like if you lose a singles match, you have to forget it because in 10 minutes you have to play doubles."

Then of course there's the academic adjustment. "I don't want to discuss it," she said with a laugh. "I was hit hard by the first exam. I've been in the library a lot since."

Helping ease the pressure, though, is the fact that Wendy spent a lot of time with the Badger

team last season, watching her sister play.

"I knew four of the girls really well before I came here," she said. "It's been super. They've helped me a lot."

AND WENDY'S emergence, as well as the return of a healthy Lisa Fortman, has boosted the Badger's stock in the Big 10 title chase.

Wisconsin is 13-8 and 2-0 in the Big 10. Ferguson said she plans on rotating the Gilles sisters and Fortman in the top three singles spots. For example, last weekend Chris played No. 1 against Northern Illinois, Wendy played No. 2 and Fortman played No. 3.

"I'm switching them for two reasons," Ferguson said. "For the competition, and we're trying to get all three of them into nationals."

Right now, all three are ranked in the top eight in the region. Ferguson wants to see all three within the top six.

A highly probable expectation.

Mann gets 1st, 2nd at invite

The Plymouth Canton girls track team made a strong showing at the eight-team Spring Break Invitational at Ann Arbor Huron last weekend. Rachel Mann took first place in the 2-mile run with a 12:22.1. She placed second in the mile with a 5:44.1.

Karen Boluch was second in the

880-yard run (2:38.2). She also anchored Canton's third-place 2-mile relay, teaming with Marie Jarosz, Jennifer Gansler and Anne Marquard on a 10:52.1.

Tory Barger was third in the open 2-mile (13:33.0).

JANET ARMSTRONG took a

fourth in the high jump (4-9) and Tanya Walaskay was fourth in the 110-yard high hurdles (17.9). Jarosz was fourth in the open mile (5:55.1).

Yolanda Horton, Walaskay, Kim Davis and Sherry Figurski placed fourth in the 880 relay (1:58.0) and

Please turn to Page 2

Oh Henry!

Dan Henry gets Borgess job

By Brad Emons
staff writer

Dan Henry was so excited about being named the head football coach at Bishop Borgess High School that he almost cancelled his family vacation last week.

"I didn't want to go to Florida," he said. "I wanted to get going right away. There's work to be done."

Henry, a physical education teacher in the Wayne-Westland Schools, was hired March 28 by Borgess High principal Dr. Don Bradley after being interviewed by the school's athletic director and former head coach Fred Mushinski.

Mushinski and Henry worked together on Gary Humphrey's staff at Garden City High in 1983.

"Fred will be coaching my defense," Henry said. "He's a good coach and he's going to have a lot of responsibility. When Fred got the AD's job, I really went after it. We've kept in close contact over the years."

Henry has held a variety of football and basketball coaching positions around the area.

HE SERVED as a football assist-

football

ant at Dearborn Divine Child, Westland John Glenn and Wayne Memorial, where he was JV coach last season.

In basketball, Henry led John Glenn to a district and league championship in 1981. Last season he served as JV basketball coach at Wayne High, where his brother Chuck, has built a successful varsity program. (To devote full-time to the Borgess job, Henry will not return as Wayne's JV basketball coach).

A native of Riverview, Henry got recommendations for the Borgess job from University of Colorado head coach Bill McCartney, University of Missouri head coach Woody Widenhofer along with University of Michigan assistant and former Glenn coach Lloyd Carr.

"I liked his real eagerness and the way Dan motivates kids," said Mushinski. "He has a sound working knowledge of the game. He's a guy who instills pride, discipline and a sense of achievement."

The fiery Henry is replacing Gary Cook, who posted a 22-32 overall record in six seasons at Borgess. Last year the Spartans finished 2-7.

HENRY REALIZES he has been thrust into a tough assignment. Borgess has never finished first in one of the state's most rugged conferences, the Catholic League's Central Division, which includes three-time state Class A champion Birmingham Brother Rice and 1979 state champion and neighbor Redford Catholic Central.

"We're going to go all out in the off-season," Henry said. "It's going to have to be a 110 percent commitment from the coaches and the players."

"We're in the toughest division. The first thing we've got to do is get good linemen. We have the skill position players, but we have to get competitive linemen."

Henry, whose forte is defense, said the Spartans may try the veer-option attack offensively.

"We'll try to throw 30 to 35 percent of the time," he said. "But you've got to be able to run the ball to win football games."

Canton tracksters start fast

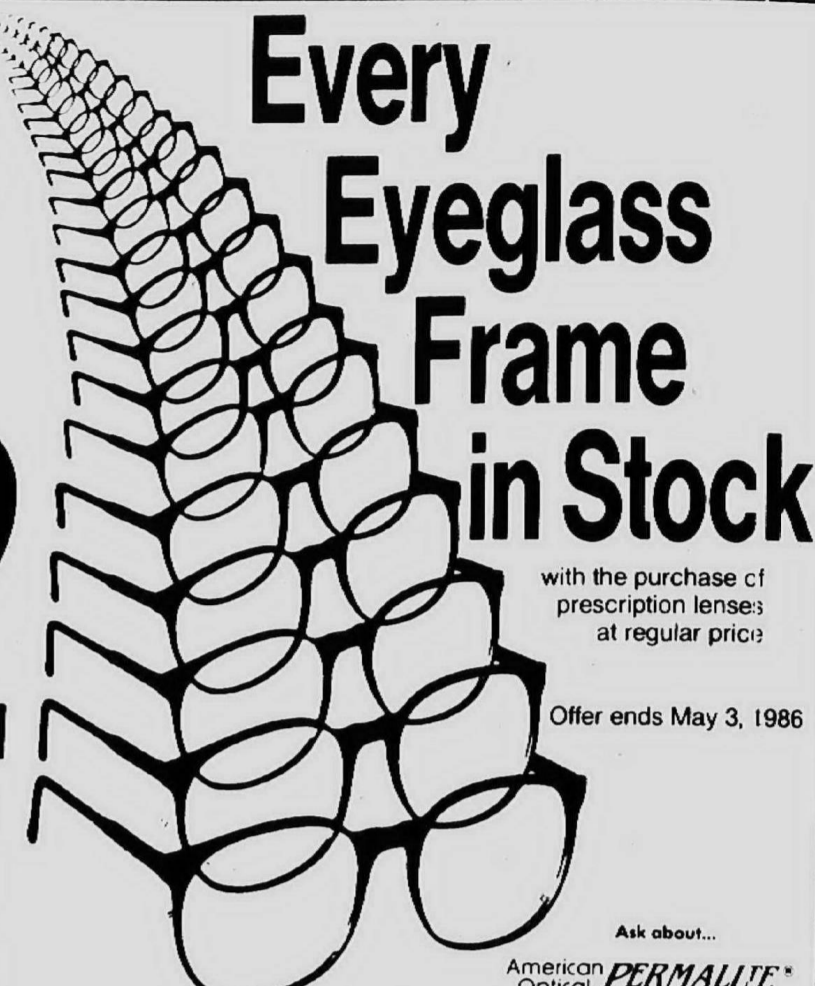
Continued from Page 1

fifth in the 440-relay (57.9). Jarosz, Gansler, Davis and Boluch placed sixth in the mile relay (4:39.4).

Other teams competing were Huron, Ypsilanti, Ypsi Lincoln, Ann Arbor Greenhills, Detroit Cooley, Detroit Central and Plymouth Salem. Team scores were not recorded.

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the week ahead

PREP BASEBALL
Tuesday, April 8
Romulus at Garden City, 3:30 p.m.
Bishop Borgess vs. M.H. Bishop Foley at Redford's Capitol Park (2), 3:30 p.m.
Wednesday, April 9
Clarenceville at D.H. Annapolis, 4 p.m.
Red. Thurston at Ply. Salem, 3:30 p.m.
Catholic Cent. vs. Ypsi (Capitol), 4 p.m.
Thursday, April 10
Garden City at Liv. Churchill, 4 p.m.
Redford Union at Liv. Stevenson, 4 p.m.
N. Farmington at S'field (Civic), 3:30 p.m.
Bishop Borgess vs. Red. St. Mary's at Redford's Capitol Park (2), 4 p.m.
Friday, April 11
Liv. Stevenson at Red. Thurston, 3:30 p.m.
Farmington at Redford Union, 4 p.m.
W. Bloomfield at Farm. Harrison, 4 p.m.
Clarenceville at D.H. Crestwood, 4 p.m.
Saturday, April 12
(All double-headers)
Wayne Memorial at Garden City, 11 a.m.
Redford St. Agatha vs. St. Clement at Redford's Capitol Park, 11 a.m.

Sunday, April 13
CC vs. Borgess (Capitol Pk.), 1 p.m.
GIRLS SOFTBALL
Monday, April 7
Taylor Center at Red. Thurston, 4 p.m.
Tuesday, April 8
Romulus at Garden City, 3:30 p.m.
Farm. Mercy at Dear. Divine Child, 4 p.m.
Wednesday, April 9
Red. Thurston at Taylor Truman, 4 p.m.
D.H. Annapolis at Clarenceville, 4 p.m.
Thursday, April 10
Liv. Churchill at Garden City, 4 p.m.
Redford Union at Liv. Stevenson, 4 p.m.
Southfield at Farmington, 3:30 p.m.
Farm. Mercy at Waterford Our Lady (2), 4 p.m.
St. Agatha at St. Alphonsus (2), 4 p.m.
Friday, April 11
D.H. Crestwood at Clarenceville, 4 p.m.
Farm. Harrison at W. Bloomfield, 3:30 p.m.
Saturday, April 12
(All double-headers)
Red. Thurston at N. Farmington, 10 a.m.
Wayne Memorial at Garden City, 11 a.m.
Farm. Mercy at St. Agatha, 11 a.m.

Garden City at Wayne Memorial, 4 p.m.
Ypsilanti at Wsld. John Glenn, 4 p.m.
Thursday, April 10
Bish. Borgess at Liv. Churchill, 3:30 p.m.
Liv. Stevenson at Redford Union, 4 p.m.
Garden City at Wsld. John Glenn, 4 p.m.
Ferndale at Farmington, 4 p.m.
Farm. Harrison at Nov., 4 p.m.
Clarenceville at Red. Thurston, 4 p.m.
GIRLS SOCCER
Monday, April 7
Farm. Mercy at Liv. Churchill, 7 p.m.
Tuesday, April 8
Liv. Churchill at Edsel Ford, 4 p.m.
Wednesday, April 9
Farm. Harrison at Liv. Stevenson, 7 p.m.
Liv. Churchill at Farmington, 4 p.m.
W.L. Central at Liv. Franklin, 4:30 p.m.
W.L. Western at N. Farmington, 4 p.m.
Ply. Salem at Northville, 7 p.m.
Thursday, April 10
Belleville at Garden City, 4 p.m.
Friday, April 11
Liv. Franklin at Farm. Harrison, 4 p.m.
Northville at Liv. Churchill, 7 p.m.
W.L. Central at Farmington, 4 p.m.
W.L. Western at Ply. Canton, 7 p.m.
Plainwell at Liv. Stevenson, 7 p.m.
Saturday, April 12
N. Farmington at Ply. Salem, 2 p.m.
Plainwell at Farm. Mercy, 1:30 p.m.

GIRLS TRACK
Tuesday, April 8
Bish. Borgess at Liv. Churchill, 3:30 p.m.
Garden City at Wayne Memorial, 4 p.m.
Ypsilanti at Wsld. John Glenn, 4 p.m.
D.H. Annapolis at Clarenceville, 3:30 p.m.
Thursday, April 10
Bish. Borgess at Liv. Franklin, 3:30 p.m.
Redford Union at Liv. Stevenson, 4 p.m.
Red. Thurston at Clarenceville, 4 p.m.
Birm. Marian at Garden City, 3:30 p.m.
Ferndale at Farm. Harrison, 4 p.m.
Friday, April 11
Farm. Mercy at A.A. Huron, 4 p.m.
BOYS TRACK
Tuesday, April 8
D.H. Annapolis at Clarenceville, 3:30 p.m.

sports shorts

COED SOFTBALL

The Canton and Plymouth parks and recreation departments are sponsoring a coed softball league beginning June 1.

Registration for all returning teams will take place April 21-25 at either parks and rec office. New teams can register from April 28 to May 16.

The fee is \$80 per team. Each team must supply a restricted-flight game ball and \$6 umpire fee prior to each game. Games will be played Sunday and Monday evenings.

55-AND-OVER SOFTBALL

Practice has begun for the Canton Township senior citizen softball team. Men and women from the Canton area (or surrounding communities) are welcome to attend practices from 10:30 a.m. to noon on Thursdays at the Plymouth Salvation Army field.

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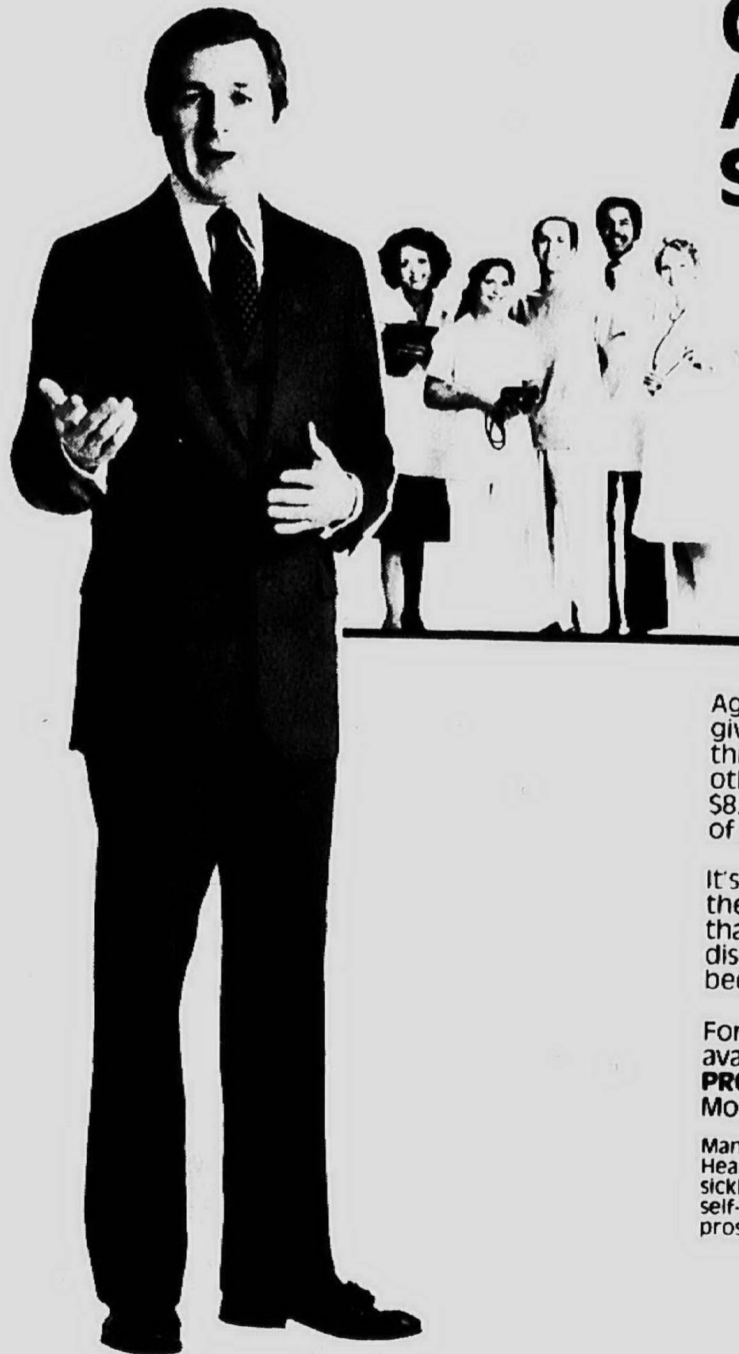
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CHANNEL 7 ACTION NEWS
Science Editor Jerry Hodak

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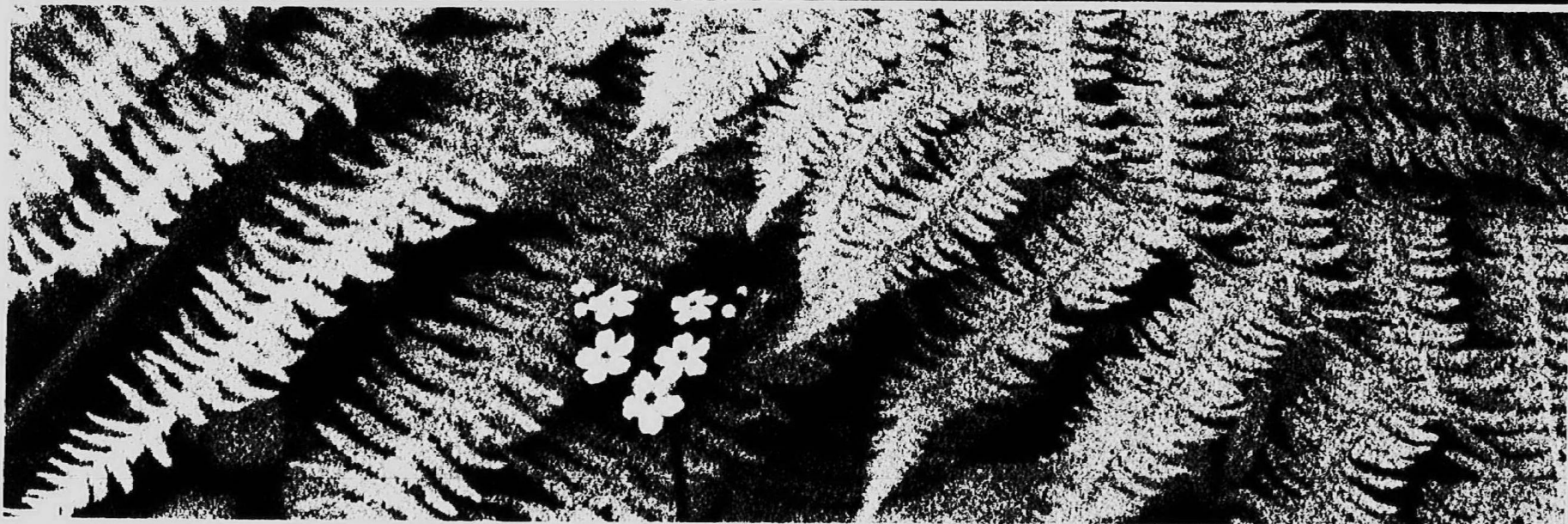


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Healthy eating: a new passion

America has built health and fitness into its lifestyle. The evidence is all around us — from the number of health clubs springing up across the country — to the new "lighter" food choices in supermarkets and restaurants.

Restaurants have made great strides in giving the health-conscious customer food that he wants. Fast food chains, in fact, are in the forefront of responding to our changing eating habits.

At a restaurant salad buffet, it's fun to see how creative you can be. If you're on a diet, there's no need to eat the standard diet plate of cottage cheese, jello and tomato wedges on a bed of lettuce.

Now healthy salads don't have to be boring. Try a "crunch" salad with fresh veggies like red cabbage, broccoli, sunflower seeds, cucumbers and crackers. Top with a classic Thousand Island or reduced calorie cucumber dressing.

Fitness-conscious diners with big appetites can build a hearty smorgasbord salad with a little bit of everything — from mushrooms, carrots, shredded cheese and garbanzo beans to watermelon and macaroni salad.

With restaurants offering lighter options to keep pace with our changing tastes, you can still eat out and stay on the fitness track.

— CREDITS —

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Mona Grigg
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Mike Rankin

Thanks to all the individuals and businesses who contributed to this section.

Exercise is medicine: take it properly

The following column discusses various aspects of getting in shape for spring. It is written by Dr. Ronald S. Cirone, an emergency physician at Kingswood Urgent Medical Center in Bloomfield Hills. He has been practicing emergency medicine in the great Detroit area for eight years.

Exercise is America's favorite pastime and spring is a time when many try to reacquire themselves with a favorite sport or trim down to fit into last year's bathing suit.

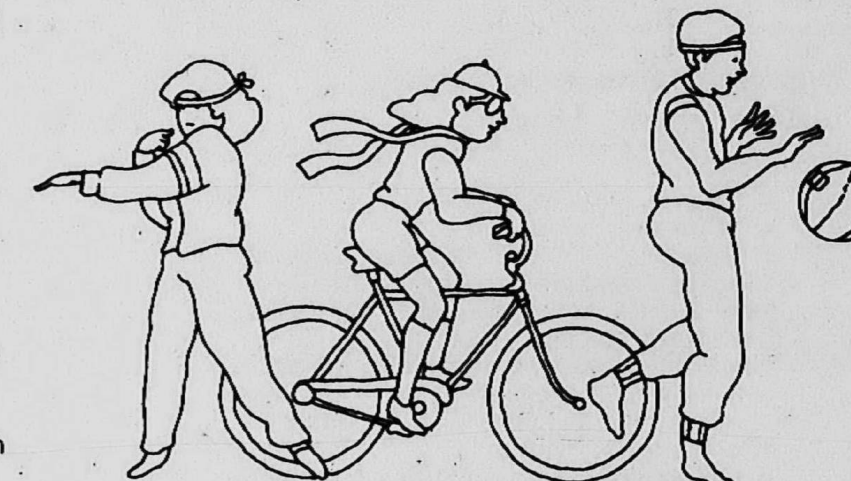
Whatever reason, do it wisely and you can reap the benefits without undue pain and suffering. If done properly, regular exercise will increase muscle strength, help you lose weight, increase your breathing capacity, increase your heart strength, lower your cholesterol level, and decrease the likelihood of developing osteoporosis. It also improves sleeping habits, gives you a better psychological outlook, reduces stress and tension, and increase energy.

PREPARATIONS AND PRECAUTIONS:

- Get medical clearance if necessary. Anyone over 35 and sedentary should consult a physician, as should anyone with past heart problems or several risk factors (i.e. smoking, hypertension, high cholesterol etc.).
- Use proper gear and clothing. Wear the correct type of shoes; clothing should be non-restrictive and comfortable. As you complete a workout, cover up and cool down gradually.
- Stretch out and warm up all the necessary muscle groups before you start to work out. Do not bounce; this creates sudden tensions and can be injurious to muscles.
- Know your limitations. Miracles don't happen overnight; even experienced athletes should be aware of overexertion. Be attuned to your body; it will be the best gauge of your limitations. Don't try to "keep up" with others when your body says "slow down."

- Know your training heart rate (70 percent of your maximal heart rate), learn to take your pulse, and try to maintain this rate for about 20-30 minutes during the peak of your exercise. This rate is calculated by subtracting your age from 220 and multiplying by 70 percent. Thus, the training heart rate for a 40-year-old

- person is (220-40) x 70 percent equal 126.
- Cool down gradually. Don't stop exercising instantly. Let your heart rate slowly come back to normal.
- Rest. Ideally you should work out every other day, three times a week. This gives your body a day to recuperate.



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	September 8th & 9th		
	November 3rd & 4th		
Stress Stoppers (stress management)	April 7th	7:00 p.m.	HFH Fairlane Center MI. Clemens General Hospital
	May 15th September 11th November 6th		
Be Trim (eating management)	May 14th September 10th November 5th	7:00 p.m.	HFH West Bloomfield Center HFH Lakeside Center
	April 16th September 17th		
	April 15th		

Henry Ford Hospital Fairlane Center 19401 Hubbard Drive Dearborn, MI 48126
 Henry Ford Hospital West Bloomfield Center 6777 W. Maple Road W. Bloomfield, MI 48033
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Easing backaches

Contrary to public opinion, backaches are not normal to the aging process.

There are a myriad of causes for backaches. One cause of backache may be the furniture in your house or apartment — particularly the bed. A soft mattress that "gives" a great deal is a likely source of back trouble. Without proper support, the spine may become unaligned. Soft chairs can cause the same result. If your mattress is too soft, buy a new one. If you can't afford it, stick a board between the mattress and bedsprings.

One major cause of backache among women is high heels or platform shoes. Such shoes distort the posture and the spine, putting strain on lower back muscles.

Some people with backaches discover — after paying huge medical bills — that one leg may be shorter than another, causing strain to back muscles. Lie on the floor and see if your feet touch each other in perfect alignment. If one leg is shorter, spinal adjustment often can eliminate the disparity.

DON'T ENGAGE in a lot of

unnecessary bending. Stoves, counters and tables that are too low should be replaced.

Bending and lifting result in a large percentage of backaches. People should keep the burden of weight in front of them, bend their knees, and lift with their arms and legs — not with their lower back.

Many people have thrown out their backs carrying the laundry or groceries off to one side. Keep the spine straight. Carry the burden in front of you.

The two most important causes of backache, according to some experts, are a lack of exercise and an improper diet. It may be hard to believe that an unbalanced diet may cause such a problem, but scientific tests have proved that the addition of a nutritional balance often can eliminate backache quickly and completely.

It must come as no surprise that exercise can eliminate back problems. Healthy back muscles and the spine, helping to keep it straight and in place. Sit-ups are recommended for strengthening back muscles.



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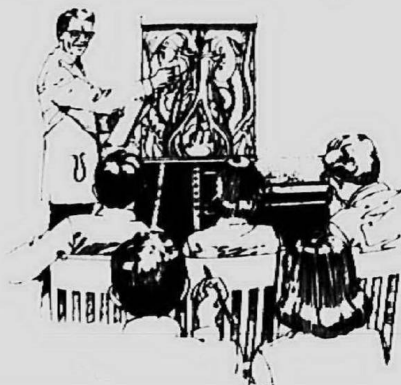
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Our Community Classes:

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- FreshStart® stop-smoking class
- Cardiac care
- C.P.R. (certification in basic cardiac life support)
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- High blood pressure management
- Focus on Living (for cancer patients and families)
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- Lamaze natural childbirth
- Infant and child care



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