

Seniors have full range of activities at Center

By W.W. Edger
staff writer

There was a time when those entering their golden years had nothing to do but sit around home waiting for time to pass.

In the warmer months they could take a stroll or work in the garden or tend flowers. But even then, they had time on their hands.

That was before there were such places as the Cultural Center in Plymouth which now caters to the elderly in a manner that keeps them busy each day of the week.

THE CENTER HAS become a club house where all sorts of activities are available. And no one enjoys the place more than those who ordinarily would find time on their hands.

Most any afternoon, and often in the evenings, you will find them playing bridge or taking part in some arts and crafts class or a paint group.

"This is a cooperative effort between the city of Plymouth and the Continuing Education Department of the Plymouth-Canton school district," explained Chuck Skene, director of Parks and Recreation, "and in the few years it has been in existence, it has been a great success."

While he was speaking there was a group, many with gray or snow white hair, happily engaged in a game of bridge in the cafeteria section of the building.

Under the program, the week starts with the arts and crafts class Monday morning and is followed with current issues in the afternoon. Tuesday is de-

voted to an exercise class, with Happy Hour meeting on Wednesday. The paint class takes over Thursday morning and then the Party Bridge group plays in the afternoon.

"Aside from this series of classes," Skene said, "we have classes in square dancing for the seniors and a tax clinic from the American Association of Retired Persons (AARP) and the Council

on Aging. There also is a chore service and a homemaking service."

And, according to Skene, some 700 seniors took part in the classes last month.

"This has become the hub of senior citizen activities," Skene continued, "and this center has become a club for these elderly folks. They look forward with keen anticipation each week.

"Even when they are the 'dummy' in a bridge game, they step outside for a smoke but can't wait to get back into the struggle for points."

AS HE WALKED through the center Skene commented, "This is the major part of my job at the Cultural Center during the entire year."

He has cause to wonder how much these activities play in prolonging life

for these elderly because they enjoy every minute.

While the bridge games are attractive, the real fun comes in the square dance classes. There they "trip to the light fantastic" as the dances once were described. And no group enjoys the activity more than those who take real delight in "swinging their partners."

Attorney calls for policy on animal 'terminations'

Continued from Page 1

WHEN ATTEMPTS to catch the dog proved unsuccessful, Bokos said Berry shot at the dog four times.

"It appeared that physical damage

was caused by the spray of the shotgun to certain trailers within the park," Bokos said.

"When the shots did not cause instant death, the chief used other means to terminate the dog's life."

Berry killed the dog by strangling it. Bokos said after examining applicable ordinances and laws, he believes the decision to "terminate" the dog was valid.

However, the "procedures used by

the chief to terminate the dog's life were inappropriate," he said.

As far as disciplinary action, Bokos said the supervisor has reprimanded the chief and that such action was "certainly appropriate."



2 join bank board

K. Marianne Garber and Kal Jabara have been named to the board of directors of First of America Bank — Plymouth. Mrs. Garber, a member of the Civil Service Commission for Plymouth and the Board of Canvassers for Plymouth Township, is past president of the Plymouth Newcomers Club and a charter member and past president of the Plymouth Jaycettes. She has held a position in banking for Wabek State Bank and currently is a district sales manager for Avon Products. Jabara, who has lived in Plymouth since the early 1960s, owns and operates Wild Wings Wildlife Galleries in Plymouth and Grosse Pointe. He is an officer and director of many civic organizations and recently was appointed as a member of the Economic Development Corp. (EDC) of the city of Plymouth.

Seeks JA funds

Sandi Zywick, supervisor of AT&T Consumer Products, has been named Unit III chairman for the 1984 Fund Drive for Junior Achievement of Southeastern Michigan. The fund drive is under way and will run through April 24. Funds will be used to support the Plymouth Salem High and Northville locations at which 130 young people have formed 11 companies. Project Business is conducting classes at East Middle School, West Middle School, Our Lady of Victory and Meads Mill Junior High.

Law speaks of jail plans

Continued from Page 1

that double-bunking would be cruel and unusual punishment only if it led to deprivation of essential food, medical care, sanitation or created other conditions intolerable for prison confinement," he said.

"The design of Wayne County's new jail exceeds the current standards for jails.

"The spacious living areas are enhanced by large recreation areas adjacent to the cells, dining areas adjacent to the cells, an outdoor gymnasium, and indoor gymnasium, detoxification cells, visitor areas, and space for medical and reception-diagnostic functions.

"Based upon the design, this facility is suited to hold more than the originally planned 576 inmates," Ficano said.

A FAVORABLE decision on the double-bunking bill most likely would lead to the closing of DeHoCo. Detroit's at-

tempt to close DeHoCo's doors has been tied up in court for more than a year.

In 1982 the Wayne County Circuit Court ruled — in a summary judgment — that Detroit could proceed with plans to close the prison or turn it over to the county.

The county took the case to the Michigan Court of Appeals in late '82. The appeal court reportedly is waiting for a decision on the double-bunking issue before addressing the lawsuit.

The suit centers on the question of responsibility for DeHoCo prisoners.

The county argues the prisoners are the responsibility of the city under the DeHoCo enabling act of 1861 — and because many of the prisoners committed their offenses within the city limits.

Detroit argues the prisoners are the responsibility of the county because the great majority were convicted of state law violations.

Davis earns math prize

Mark A. Davis, a senior in Plymouth-Canton Community Schools, has been named an award winner by the Michigan Section of the Mathematical Association of America for placing in the top 100 of 23,000 high school students participating in the 27th annual Michigan Mathematics Prize Competition.

Davis is the son of Carl and Gary Davis of Parkview, Plymouth.

College scholarships will be awarded to about 50 of the winners. The scholarships and awards program are supported, in part, through contributions by the Burroughs Corporation, Michigan Bell, the Michigan Council of Teachers of Mathematics, and the Kuhlman Corporation.

Frederick Libbing, a counselor at Plymouth Centennial Educational Park (CEP), was the high school supervisor for students participating in the competition.

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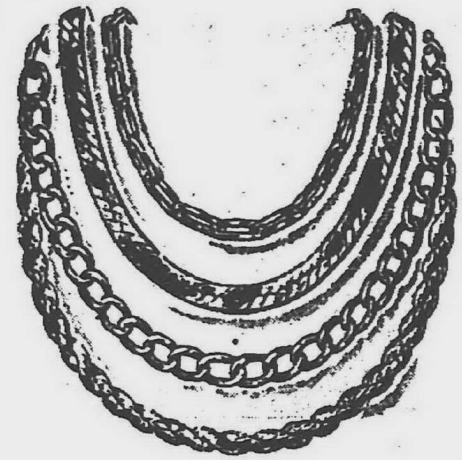


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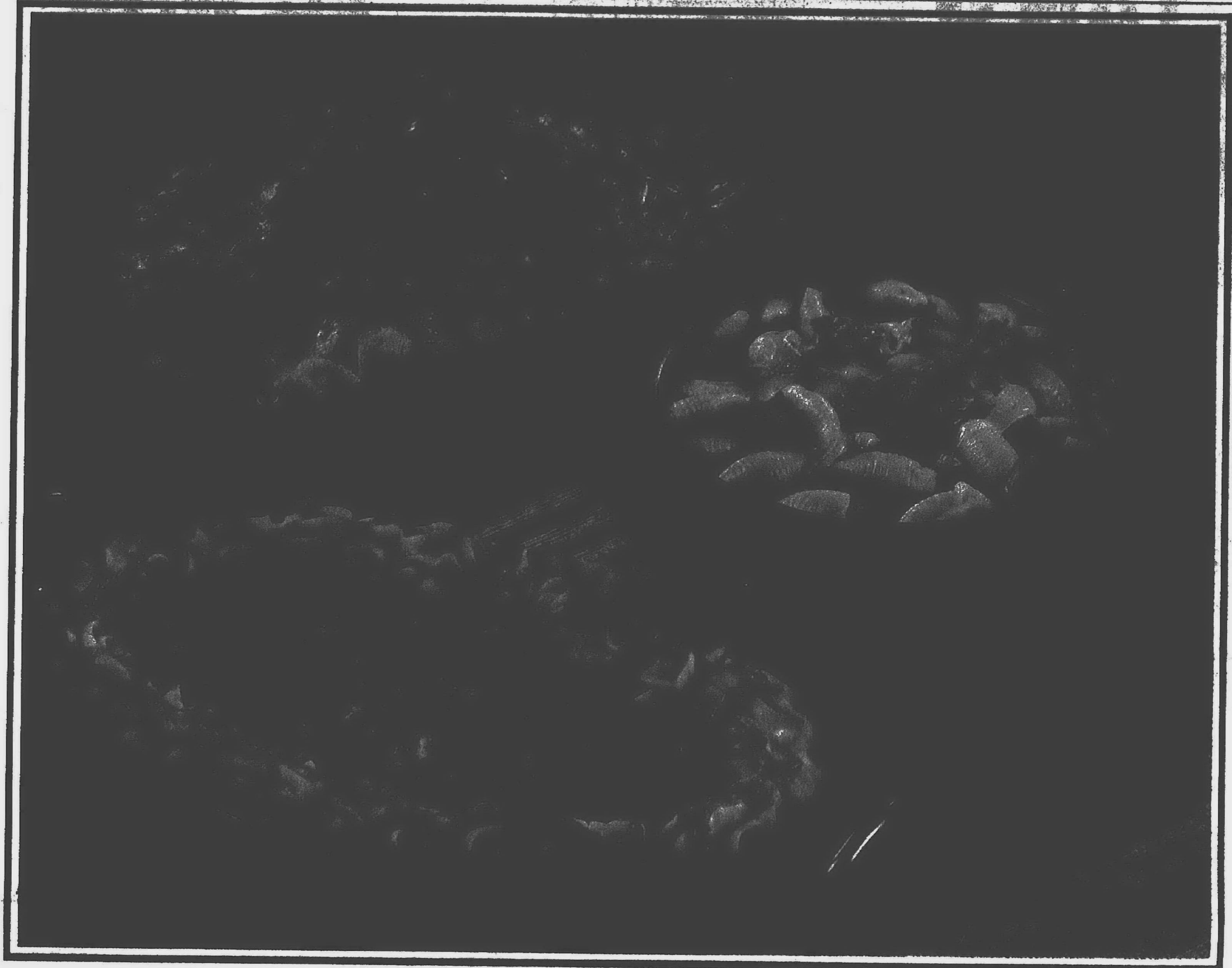
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Creative Casseroles Catch Compliments

Casseroles are an important part of family lifestyles, particularly when both Mom and Dad are working. Because time for shopping and cooking is at a premium, that means planning in advance, stocking non-perishable foods such as nonfat dry milk on pantry shelves and assembling dinner dishes beforehand, to heat for convenient, ready-made meals.

Dry milk in these casseroles makes it easy to enrich their flavor as well as to supplement nutritional values, especially with calcium, a mineral likely to be in short supply in most diets. Instant nonfat dry milk does not need to be reconstituted. It mixes readily when added to other ingredients.

Swiss Tomato Strata, a classic cheese-bread main dish, fortified with milk and eggs, offers proof you can make a nutritious entree with basic ingredients you probably have on hand. If you prefer a fish and pasta combo, Salmon Shell Casserole is the answer. It too needs only pantry shelf ingredients. Meat-and-potato fans will enjoy Hurrah for Hamburger. If you pipe mashed potatoes decoratively around the edge and sprinkle with cheese, you'll catch plenty of compliments.

The white sauce mix can be stored in your refrigerator ready to become a part of a casserole you create with your favorite vegetables, pasta, rice and meat, fish or chicken. Mix or layer the ingredients in a casserole, top with bread crumbs or crushed chips and bake long enough to heat through. Shredded cheese added as it comes from the oven will enhance the flavor.

Any casserole you refrigerate will need 15 to 20 extra minutes in the oven for thorough heating.

Swiss Tomato Strata

6 servings

- 1/4 cup (1/2 stick) butter, melted
- 1/2 teaspoon dry mustard
- 1/4 teaspoon garlic powder
- 1 loaf (1 pound) Italian bread, cut into 3/4-inch cubes
- 2 tablespoons minced green onion
- 1 jar (15 1/2 oz.) spaghetti sauce with mushrooms

- 3 cups (12 oz.) shredded Swiss cheese
- 1/4 cup (1/2 stick) butter
- 1/3 cup all-purpose flour
- 1 1/2 cups condensed chicken broth
- 1 cup instant nonfat dry milk
- 3 eggs, beaten

Combine 1/4 cup melted butter, mustard and garlic powder until well blended. Place bread cubes in a large mixing bowl. Drizzle butter over bread; toss lightly; set aside. Stir green onion into spaghetti sauce. Reserve 1/2 cup of the Swiss cheese; wrap tightly in plastic wrap and refrigerate. Layer 1/3 of the bread cubes, 1/3 of the sauce and 1/3 of the cheese in a buttered 2-quart rectangular baking dish. Repeat twice; set aside. Melt 1/4 cup butter in a small saucepan. Stir in flour until smooth. Remove from heat; gradually stir in condensed broth and dry milk. Bring to boiling, stirring constantly. Boil and stir 1 minute. Stir a small amount of sauce into eggs. Return egg mixture to saucepan. Cook over medium heat, stirring constantly, 1 minute. Pour sauce over mixture in casserole. Cover with plastic wrap. Refrigerate several hours or overnight. Bake in preheated 350°F. oven 40 minutes. Remove from oven and sprinkle with reserved Swiss cheese. Return to oven and bake 10 to 20 minutes, or until a knife inserted in center comes out clean.

Hurrah For Hamburger

6 servings

CASSEROLE:

- 1 pound ground chuck
- 1/2 cup chopped onion
- 1/4 cup (1/2 stick) butter
- 1/4 cup all-purpose flour
- 1/2 teaspoon salt
- 1/8 teaspoon pepper
- 1 1/2 cups condensed chicken broth
- 3/4 cup instant nonfat dry milk
- 1 1/2 cups (6 oz.) shredded Cheddar cheese
- 1 package (10 oz.) frozen mixed vegetables, cooked and drained
- 1 can (4 oz.) mushroom stems and pieces, drained
- 1/2 teaspoon Worcestershire sauce

MASHED POTATOES:

- 4 medium potatoes, peeled and quartered
- 2 cups water
- 1 teaspoon salt
- 1/2 cup instant nonfat dry milk
- 3 tablespoons butter
- Salt and pepper to taste

For casserole, cook ground chuck and onion in skillet until meat is brown and crumbly; drain; set aside. Preheat oven to 375°F. Melt butter in medium-sized saucepan. Stir in flour and seasonings until smooth. Remove from heat. Gradually stir in condensed broth and dry milk. Bring to boiling, stirring constantly. Boil and stir 1 minute. Remove from heat; stir in 1 cup cheese until melted. If necessary, return to low heat to finish melting cheese. (Do not boil). Stir in mixed vegetables, beef mixture, mushrooms and Worcestershire sauce. Spoon into 1 1/2-quart shallow casserole. Bake 20 minutes, or until hot and bubbly. Meanwhile, for mashed potatoes, boil potatoes in salted water in a covered pan until tender, 10 to 15 minutes. Drain, reserving cooking liquid. Add nonfat dry milk to 1/2 cup cooking liquid. Stir until dissolved. Mash potatoes, then add milk mixture and butter. Beat until fluffy. Season to taste. Pipe potatoes through a fluted pastry tube around edges of casserole. (Or spoon around edge). Sprinkle with remaining 1/2 cup cheese. Return to oven 5 minutes, or until cheese is melted.

Salmon Shell Casserole

4 servings

- 4 ounces uncooked pasta shells
- 1 can (7 3/4 oz.) salmon
- 1 can (10 3/4 oz.) condensed cream of mushroom soup
- 1/2 cup instant nonfat dry milk
- 1/3 cup dairy sour cream
- 1 teaspoon Worcestershire sauce
- 1/2 teaspoon dry mustard
- 1/4 teaspoon salt

- 1/8 teaspoon pepper
- 1 1/2 cups (6 oz.) shredded Swiss cheese
- 1 cup cooked peas
- 1 jar (2 1/2 oz.) chopped pimiento, drained
- 1 can (2.6 oz.) french fried onions, if desired

Preheat oven to 350°F. Cook pasta according to package directions; rinse, drain and set aside. Meanwhile, drain salmon, reserving liquid. Add enough water to liquid to make 1/3 cup; set aside. Bone, skin and flake salmon; set aside. Combine condensed soup, dry milk, sour cream, salmon liquid and seasonings; mix well. Stir in pasta, 1 cup cheese, peas, salmon and pimiento. Spoon into buttered 1 1/2-quart casserole. Bake 20 minutes. Remove from oven and sprinkle with onions and remaining cheese. Bake about 10 minutes longer, or until cheese is melted and mixture is hot and bubbly. Serve immediately.

For additional information on nonfat dry milk and its use in delicious, easily prepared casseroles, send a stamped, self-addressed long envelope (No.10) to American Dry Milk Institute, 130 North Franklin Street, Chicago, Illinois 60606.

White Sauce Mix

Yield: 1 1/2 cups
 1 cup (8 fl. oz.) instant nonfat dry milk
 1/2 cup (4 fl. oz.) water
 1/4 cup (2 fl. oz.) butter
 1/4 cup (2 fl. oz.) all-purpose flour
 1/2 teaspoon salt
 1/8 teaspoon pepper

Combine all ingredients in a medium-sized saucepan. Bring to a boil, stirring constantly. Reduce heat to a simmer. Cook for 10 to 15 minutes. Use with casseroles, soups, and dips.

Water Yield
 1 cup 1 1/4 cups
 1/2 cup 1 1/8 cups
 1/4 cup 1 1/2 cups

White Sauce Mix is a non-fat dry milk product. It is a convenient, ready-to-use mix for casseroles, soups, and dips. Use with casseroles, soups, and dips. For more information, contact the American Dry Milk Institute, 130 North Franklin Street, Chicago, Illinois 60606.

Nutrition Information				
Approximately 1 1/3 cups (3.2 oz.) instant nonfat dry milk + 3 3/4 cups cold water = 1 qt. liquid nonfat milk.				
	Per Serving (8 fl. oz.)	Per day (1 qt.)	Per Serving (8 fl. oz.)	Per day (1 qt.)
Calories:	80	320	Carbohydrates:	12 gr. 48 gr.
Protein:	8 gr.	32 gr.	Fat:	
Percentage of U.S. Recommended Daily Allowance (U.S. RDA)				
	Per Serving (8 fl. oz.)	Per day (1 qt.)	Per Serving (8 fl. oz.)	Per day (1 qt.)
Protein	20	80	Iron	**
Vitamin A	10	40	Vitamin D	25 100
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Niacin	**	4	Magnesium	6 25
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* Contains less than 1 gram (1 gr.).
 ** Contains less than 2% of the U.S. RDA for these nutrients.

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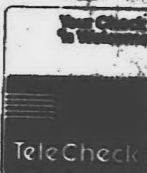


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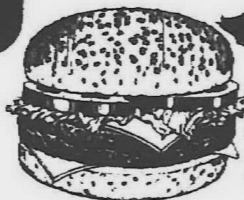
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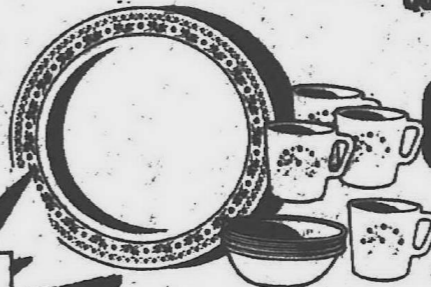
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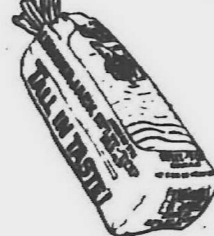
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Suburban Life

Ellie Graham editor/459-2700



Monday, March 6, 1984 O&E

(P)58



the view

Ellie Graham

THE MUCH-MALIGNED "Good Old Days" weren't all that bad. Two top news stories last week brought those good old days to mind. One was the snow storm and the other was the New Hampshire primaries.

Elections and the elements remind me of my grandfather in pre-radio, pre-television times. Grandpa had a vital interest in both. As a farmer, his livelihood was dependent on the weather. As a man of strong political preference, his peace of mind, his disposition, were dependent on the outcome of elections. The whole family suffered his anguish when the wrong party won at the polls, for he did not suffer in silence.

Grandpa was a great reader of newspapers and subscribed to dailies and weeklies all over the country, delivered by Billy the Mailman in a horse-drawn buggy. One of the first things the family did after Grandpa died was cancel about 80 percent of his subscriptions.

In his day, he read them all, reading aloud items that caught his fancy. As a 7- or 8-year-old, I found this extremely boring and I'm sure grandpa, the three uncles, one aunt and assorted visitors were as bored as I. But rapt attention was expected and we listened politely.

ONE OF THE FIRST things Grandpa checked out was the weather in Chicago.

In the absence of forecasts, Grandpa knew Chicago weather was heading our way.

His reactions would vary with the reports and the seasons. Rain in Chicago would trigger getting the hay in, speeding up the planting or not spraying the orchard. A thaw in Chicago would bring about the annual chore of washing all the sap buckets and preparing for the maple syrup season.

A snowstorm in Chicago elicited the suggestion, "You boys had better bring in some extra firewood for your mother — and fill up the reservoir."

I wonder how he would have responded to full-screen "STORM WATCH" or "WEATHER WATCH" announcements on television.

It seems we over-react. People dash to the supermarkets to stock up on food, drink and cigarettes; office managers tell their employees to leave early because the storm is coming. With everyone in a mad, off-schedule rush, we're like lemmings rushing to the sea. The result is traffic pileups, confusion and utter havoc.

ELECTION YEARS were full of excitement.

Everyone knew everyone's political leanings so the best of friends and neighbors became enemies in an election year. Even the farmers' dogs, normally on friendly terms, snarled at each other along political lines. All you had to do was mention the name, Mike, to Grandpa's dog, Rex, and he'd go running to the fence to make sure Mike was staying on his own property.

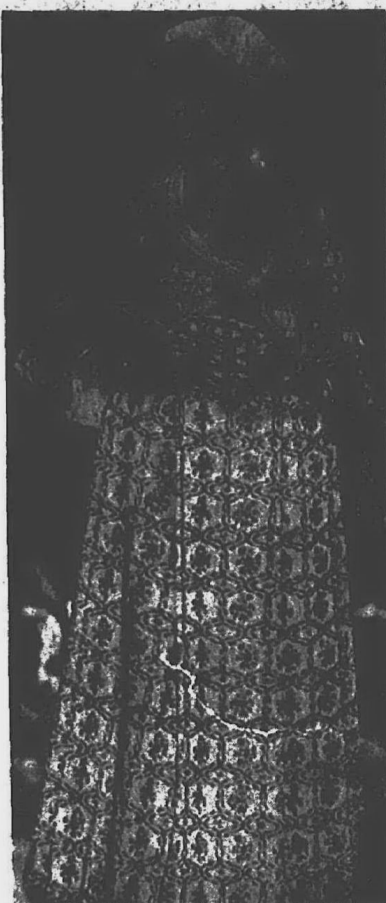
The excitement simmered and grew, peaking on election day. All the good guys in the neighborhood assembled at Grandpa's house election night. The bad guys were down the road at Sherk's. Results were relayed by friends in town via telephone.

It was a party line so when the long and a short, long and a short, rang to give Grandpa results, he knew they were eavesdropping at the Sherk's. He listened in on their calls. When it was good news for Grandpa's party, he would shout, "What do you think of that, Frank Sherk?"

WHEN THE FINAL results were learned the next day, or the day after that, Grandpa was ready to "live and let live," if his party won. All of them had expended so much energy that calm returned, eventually. Rex and Mike discovered they could go back and forth as usual. The feud was suspended, until next time.

Memories of those election days in the '20s must be responsible for my reaction to the results of New Hampshire primaries. The political pundits, those know-it-all predictors, were wrong.

Those experts with their polls and computers are not infallible and I rejoice in their confusion. They have been taking the excitement out of elections for years by declaring winners a few hours after the polls open in the east.



Patricia Centofanti in satin and lace was Martha Washington (1789).



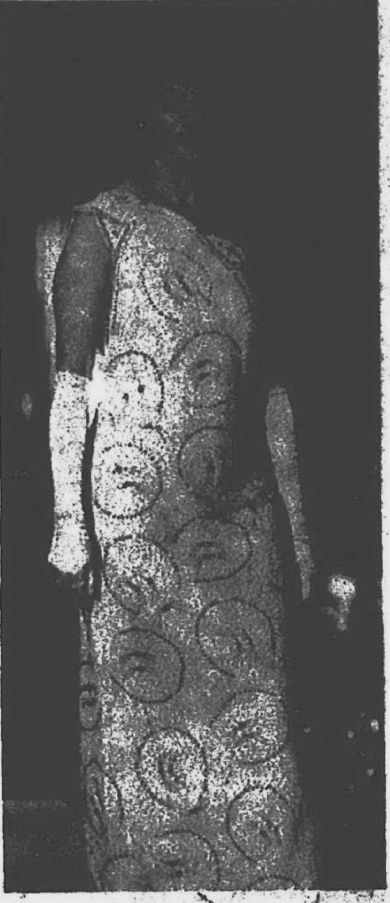
Nancy Tanger models Elizabeth Monroe's floral satin gown (1817).



Pat McCombs is Louisa, wife of John Quincy Adams, inaugurated in 1825.



Betty Curran in red velvet was a charming Grace Coolidge (1923).



Carole Hackett wears Nancy Reagan's beaded inaugural gown.



Arlene Robinson in black sequins and jet beads is Edith Wilson, the second Mrs. Wilson (1913).

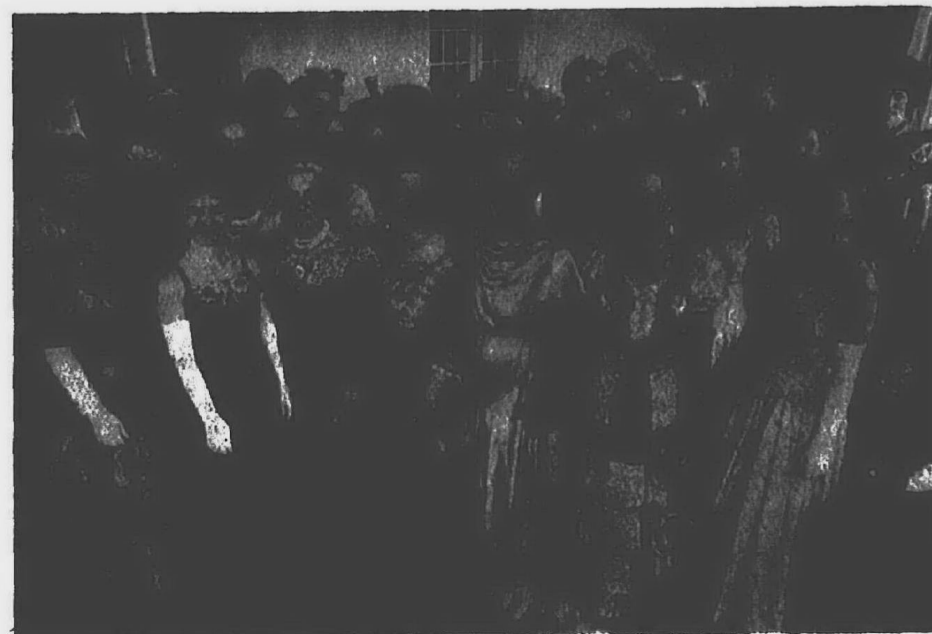


Ruth Rossano wears Abigail Adams elaborate inaugural gown (1797).



Pat Thomas models Angelica Van Buren's blue velvet gown (1837).

Staff photos by Bill Bresler



All 28 of the First Ladies inaugural ball gowns are modeled.

Inaugural ball gowns at benefit

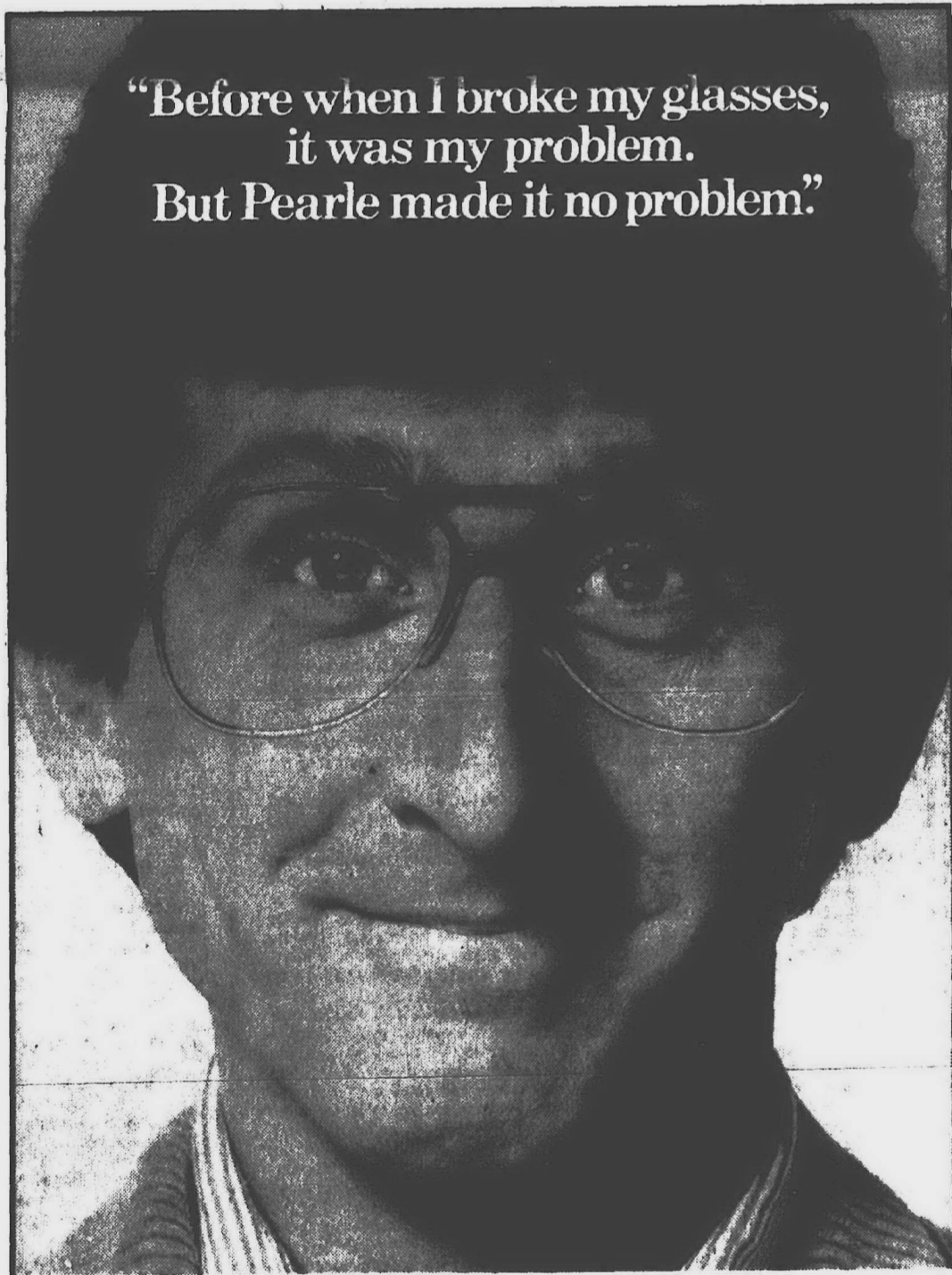
The Woman's Club of Plymouth presented a benefit luncheon and fashion show with the fashions dating back to 1789. Guests dined on "Chicken a la President" and "Cherry Streudel Fit for a First Lady." They contributed to the Woman's Club scholarship fund and had a lesson in American history and fashion.

Mary Childs and Judge Dunbar Davis, as narrators, added historical background as reproductions of 28 First Ladies' inaugural gowns were modeled. Fran Lang provided background music on the piano, playing each President's favorite melody as his lady's gown was shown. The gowns were from the Seely Deer Collection of Birmingham.

THE MODELS critiqued the gowns as they dressed for the show. Everybody liked the deep purple velvet Mary Todd Lincoln dress with its hooped petticoat and pantaloons, worn by Lillian Payne. Wilna Rinder Knecht, in Lou Hoover's grey satin, claimed hers was the plainest of the lot. Plymouth librar-

ian Patricia Thomas in Angelica Van Buren's blue velvet hoop skirted gown and a white ostrich plume in her hair was a favorite.

And they all loved Martha Washington's lace mob cap, worn by Pat Centofanti.



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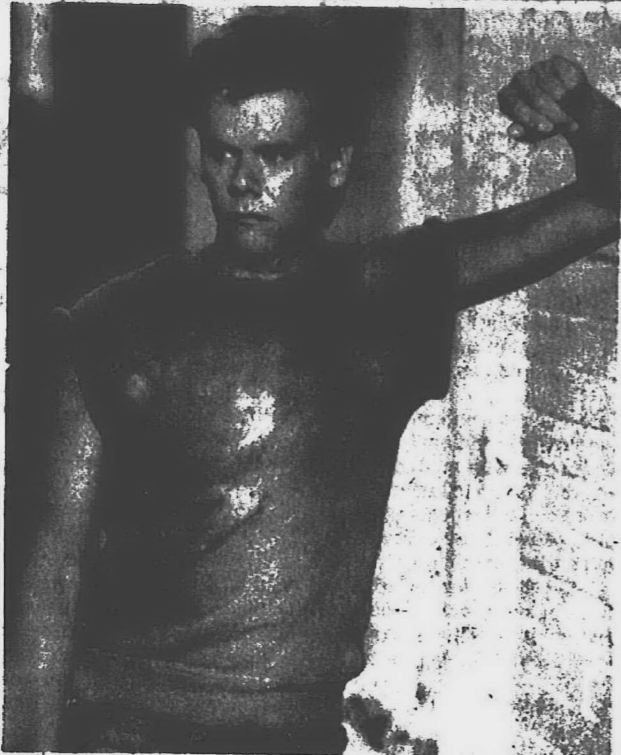
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Kevin Bacon plays a big-city teen who arrives in the setting of a repressed small town.

the movies
Dan Greenberg

Dance-crazed teens dominate nonsense of box-office smash

"Footloose" has been playing to successful box-office all around town, as well as all around the country. Viewing it leaves one big, unanswered question: "Why?"

Perhaps it's spring, harbinger of summer rock-'n'-roll movies for the vast teen-age audience.

Last week's storm cured me of that misconception. "Footloose's" success may result from a promotional music-video spinoff on MTV. Last spring Paramount successfully set a new movie merchandising trend with its music video of Michael Sembello's "Maniac" from "Flashdance." Most box office is generated by 12 to 25 year olds, MTV's most faithful viewers. Ergo, big box-office.

"Footloose" advances the theory that rock music and dancing are the keys to salvation. If you believe that, you'll probably like this film.

IF YOU HAVE some other idea about what's important in life, you may not be overwhelmed by this latest entry in the teen movie sweepstakes. If you expect a sensible story (even by musical comedy standards) you're in for a major disappointment.

Scriptwriter Dean Pitchford obviously flunked Logic and Dramatic Credibility while studying in the Whatever-Sticks-to-the-Wall School of Writing. Imagine a story as ridiculous as this:

Chicago teen-ager Ren McCormack (Kevin Bacon) moves to a small Midwestern town (Bomont) with his mother, Ethel (Frances Lee McCaj). (Things are so bad that the moviemakers had to truck out to Utah to find a small, Midwestern town where much of "Footloose" was filmed).

The town is "run" by the local minister, the Rev. Shaw Moore (John Lithgow), who prohibits dancing because his son was killed five years earlier in a drunken auto accident after a school dance.

In his ministerial zeal to ban dancing, the Rev. Moore somehow missed cigarette smoking, beer drinking and motorbiking as sources of moral contamination. Nor does he seem aware that his daughter Ariel (Lori Singer) is kissing boys and riding two motor vehicles at once (a neat but dangerous trick) and is involved in other wild stuff, including — promise you won't tell — S-e-x!

NATURALLY THIS free-spirited girl quickly falls in love with our hero, who is rapidly ostracized by the town because of his dancing compulsion. Frankly, if that's all he had on his mind, they should have tarred and feathered him. And don't tell me his urge to dance represents youth's progressive spirit.

Ren is preoccupied with staging a school dance. By some mystical legerdemain, screenwriter Pitchford equates banning dancing with burning books and invokes the First Amendment. For once I was glad that the forces of bigotry had the upper hand.

The town's over-reaction to Ren's dancing proposal includes book-burning, midnight lynch-mob bricks through the window, a "stacked" town meeting and the minister's daughter, Ariel, beaten by her ex-boyfriend, while she smashes his truck headlights.

All that drama, some intense, some silly, is interspersed with stagey but energetic musical numbers. These are entertaining but just don't mix well in the film's mish-mash of styles, ideas and stories.

But in the end, have no fear. Having written himself into a dramatic corner, Pitchford stages a dance across the town boundary in a grain warehouse the kids have decorated. Ren beats up the town bullies just before the dance and — with hardly a hair mussed — leads grateful, well-dressed teen-agers in a rousing finale.

THEY SURE HAD a lot of formal clothes in that small town. Remarkable how well they danced the latest Break and Wave steps after a five-year layoff.

Hard to believe? Yep! But the first four days' national box-office exceeded \$8.5 million. You figure it out.



Lori Singer is the minister's daughter who wants to break dance — and dance.

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